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Otis conducts no-notice deployment exercise

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Cpl. Bryan S. Giddens, a loadmaster with Marine Aerial Refueler Transport Squadron 252, prepares for 2nd MLG Marines to load a KC-130J Hercules at Marine Corps Air Station New River Oct. 14. VMGR-252 conducted a deployment exercise within a few hours after getting the orders.

LANCE CPL. TYLER J. BOLKEN

The Marine Corps is a force in readiness, and Marines are trained to expect the unexpected.

At 6 a.m., Oct. 14, an aircrew with Marine Aerial Refueler Transport Squadron 252 arrived at the hangar for a typical day - only to find out minutes later they'd be transporting 86 Marines on a last-minute KC-130J Hercules flight.

"We were in a time crunch," said Cpl. Christopher L. Ad-

ams, a loadmaster with VMGR-252.

Adams and the other crewmembers quickly got to work to ensure the aircraft was ready for the 9 a.m. takeoff, in route to Marine Corps Air Station New River to pick up the 86 Marines from 2nd Marine Logistics Group.

"The thing that takes the longest to plan for is for the loadmasters to reconfigure the cargo compartment for that many personnel," said Capt. Justin P. Betz, a squadron Hercules pilot and the mission's pilot. "It was a lot of work for those

guys to put all those seats down.'

Adams said the number of seats they were going to need was the first thing that went through his mind.

"These exercises keep us on our toes," Adams said, "And for the junior guys who have only been flying for a couple months, it gets their brains thinking more."

The flight to New River took under 15 minutes and after a short taxi across the flight line, the Hercules was in front of the formation of 86 Marines waiting to load.

Adams said that's when things can start to get chaotic.

"It seems like people don't like to sit next to each other," explained Adams. "We're always making them squeeze in to get each seat filled properly."

Once the Marines were seated in, the aircrew secured the back hatch and prepared for takeoff to Marine Corps Auxiliary Landing Field Bogue - about 20 miles east of New River.

'We landed at Bogue with an estimated total aircraft weight of 135,000 pounds at about 106 mph," Betz explained. "It's a narrow, short strip at Bogue, and that's what we have to train for because it's what we're expected to land on.'

The 2nd MLG Marines quickly offloaded and the VMGR-252 aircrew headed back to Cherry Point, landing at 10:30 a.m. - 90 minutes after departing

Betz said the no-notice aspect of the exercise showed how quickly they're capable of supporting the ground units.

"We do this so often, and we've become very good at it," he said.



Firefighters heat up chili fest Top leaders meet wing troops

Senior officials check MALS-14 procedures at grass-roots level PFC. SCOTT L. TOMASZYCKI

Senior military and civilian officials toured the facilities of Marine Aviation Logistics Squadron 14 and Fleet Readiness Center East in a "Boots on the Ground" event Oct. 14-15 to observe how continuous process improvements are benefiting Marines, Sailors and civilians at Cherry Point.

Continuous process improvement is a concept adopted by the military to make work smoother, more cost effective and require fewer man hours.

"It is in our nation's best interest to extract every ounce of capability of every machine, devil dog and Sailor we have," said Maj. Gen. Jon M. Davis, commanding general of the 2nd Marine Aircraft Wing.

Davis said the process can help improve the effectiveness of the Marine Corps in many missions. The system is meant to be applied by all Marines across the board to bring the most out of the Corps' resourc-

Davis led Rear Adm. Rich O'Hanlon, commander of Naval Air Forces Atlantic and Brig. Gen. Gary Thomas, assistant deputy commandant of aviation, through the unit's facilities as they looked for the



Rear Adm. Rich O'Hanlon, left, listens to Cpl. Gabriel A. Cruz, right, as part of the 'Boots on the Ground' event at Marine Aviation Logistics Squadron 14 Oct. 14. O'Hanlon and other senior officials visited MALS-14 to learn about their operational efficiency. O'Hanlon is the commander of Naval Forces Atlantic Cruz is a parachute rigger at MALS-14.

merits of the process that could be exported to other units throughout the Navy and Marine Corps.

"They're coming from all over the world, all parts of the Naval air enterprise," said Col. Russell A. Sanborn, commanding officer of Marine Aircraft Group 14. "What they're hoping to do is learn from the grass-roots level. They ask, 'What did you do in MALS-14 that was so spectacular and so special?""

The Marines have used the system to reach a new level of productivity. Lt. Col. Clarence T. Harper III, commanding officer of MALS-14, said he believes the continuous process improvement mindset has been taken to heart by his Marines.

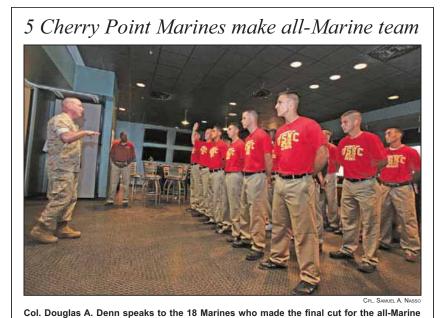


Sgt. Lance C. Risley, left, helps Yaliya Shubina try on equipment worn by aircraft rescue firefighters. The Marines took part in the festivities at Havelock's 29th annual Chili Festival at Walter B. Jones Park in Havelock this past weekend to help raise awareness about the air station. The aircraft rescue firefighters brought one of the station's neon-yellow P-19 firetrucks along with equipment to show to the public - or in case the chili got too hot.

"I wanted to see if it was uncomfortable and heavy," Shubina said of the equipment. "Definitely felt like it would be hard to work

"Events like this allow the community to see the assets we have," said Risley, a P-19 operator and a Cherry Point aircraft rescue firefighter.

Cherry Point.



team that will compete in the Armed Forces Soccer Tournament at Fort Walton Beach, Fla., Oct. 18-25. Denn presented trophies to the Marines and spoke to them about their opportunity. "You come from units all over the Marine Corps, and by making this team you have the opportunity to prove what we are all about," Denn said.

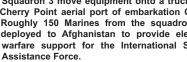
Five players from the Cherry Point squad made the team and are listed as follows: Joseph

VMAQ-3 deploys to Afghanistan





Marines with Marine Tactical Electronic Warfare Squadron 3 move equipment onto a truck at the Cherry Point aerial port of embarkation Oct. 13. Roughly 150 Marines from the squadron were deployed to Afghanistan to provide electronic warfare support for the International Security Assistance Force.



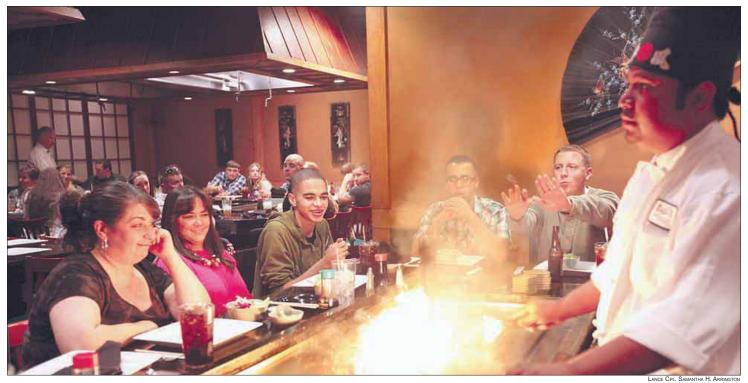




Ohoro with the Center for Naval Aviation Technical Training, Jesse Coffey with Marine Aviation Logistics Squadron 14, Alberto Reategui and Irving Tamayo with Marine Wing Support Squadron 271, and Juan Torres with Marine Wing Communications Squadron 28.

The Windsock

Wounded Marine reunites with friends, fellow Marines



Lance Cpl. Nicholas L. Green, center, reunites with friends and fellow Marines Oct. 16 for the first time since being critically wounded by an armed robber while on leave Aug. 6. "It's really good to see everyone again," said Green. "I'm really glad everyone is here."

From the **Chaplain:**

Bitter roots CMDR. ROB BEEDE

It was a mess! Laundry water flowed up through the toilet on to our hardwood floor in the hall. My wife acted quickly and shut off the washing machine. After mopping up the water, I tried using a plunger to clear up the problem, but it didn't work. The problem was in the sewer line and we would have to call a plumber.

It took four days and more than \$500 to find and clear out the roots that were blocking the line. It seems that many years ago a pipe had cracked, and tree roots found their way into the line. Over the years the roots grew and eventually clogged the sewer line until nothing could pass through.

This expensive and messy experience brought to mind a Bible verse which warns of something similar which can happen in our lives. We are warned to "Look carefully lest any root of bitterness spring up and cause trouble" in us (Hebrews 12:15).

Bitterness can grow deep down in us and strangle a relationship. What seems like small and petty things can build up until bitterness and resentment against the person are so strong it spills over into a big mess. There is the old saying that couples even argue over where to squeeze the toothpaste tube!

I believe people get in trouble as they allow little things to strangle their relationship over time. Bitterness can strangle relationships with your family, friends or in your marriage. While helping people through divorce, I ran across this poem by Edna St. Vincent Millay (1923). She wrote, " 'Tis not love's going hurt my days. But that it went in little ways."

Little resentments can strangle a relationship and cause the root of bitterness to grow. Don't allow the root of bitterness to clog your life.

The author of Hebrews tells us how to keep bitterness from growing: live in peace with other people and with God. Learn to forgive, and not hold things against others. This will keep the root of bitterness from growing inside of you.

PETTY OFFICER 1ST CLASS JOSEPH A. PUFFER

Job Title: Religious Programs Combat Specialist Unit: 2nd MAW Hometown: Sacramento, Calif. Date Joined: January 1992

What's your job?

I support the 2nd MAW chaplain by doing administrative work like typing correspondence and planning for special events.

Legal Assistance:

Child support

CAPT. ZACHARY D SPILMAN

All parents have a legal and moral obligation to support their children. In a typical situation, mother and father live together and share the responsibility of providing for the children's needs. However, other situations require support arrangements.

Generally, child support is a question of money. The custodial parent is the one buying food, clothes and other necessities for the child on a regular basis. The non-custodial parent contributes to these costs, usually with a monthly cash payment directly to the custodial parent for the benefit of the child.

Other arrangements are possible, but as a practical matter there will be some form of cash payment because it is very difficult to balance out all costs.

This article is not a substitute for the advice of a competent attorney. If you have a child custody issue, seek legal help immediately. Just talking to a lawyer can answer a lot of your questions, and waiting only makes the problem worse.

Every state has calculations to determine the appropriate amount of child support owed by the noncustodial parent. These calculators are usually fairly complex, and consider factors like the incomes of the parents and the amount of time the child spends with each parent. The result is a guideline to set the appropriate amount of child support. The guideline may then be adjusted higher or lower by the court, depending on the unique situation of the family.

However, child support doesn't have to turn into a fight over money between parents. Many families are able to work together to determine a fair and appropriate amount of support, without ever getting the state or the courts involved. Child support agreements are routinely included in marital separation agreements and parenting plans. Consent decrees add the formality of a court order without leaving the decision entirely up to a judge. These are just some strategies for parents that are able to work together to provide for their children.

Another source of child support obligations is Chapter 15 of Marine Corps Order P5800.16A. This provision requires Marines to support their dependents by providing support on a monthly basis. Failure to provide adequate support could cause the Marine to lose basic allowance for housing entitlements or be subject to disciplinary or legal action.

When the parents are unable to agree on an appropriate amount of support, a court order for child support is required. Along with support guidelines and calculations, every state has an agency that helps parents get and enforce child support orders. These agencies provide free child support assistance services to parents living in the state.

Once a court issues an order for child support, the order is enforceable in every state. It can also include an assessment of costs paid by the state, such as requiring reimbursement for low-income health insurance. Additionally, the IRS will seize tax returns and economic stimulus payments to satisfy child support debts. Like so many other things, so-called "deadbeat parents" can run, but they can't hide.

See LEGAL page A7







The editorial content is edited, prepared and approved by the Public Affairs Office at Cherry Point. Correspondence should be addressed to: Commanding Officer. Public Affairs Office, (Attn: Individual concerned), PSC Box 8013, MCAS Cherry Point, N.C. 28533-0013. To provide comments or suggestions call (252) 466-4241 or e-mail: cherry.point.windsock@gmail.com. Windsock is a registered ess any distribut contact the distribution manager at Ellis Publishing at 444-1999. This Department of Defense newspaper is an authorized publication for members of the DoD. Contents of the Windsock are not necessarily the official views of or endorsed by the U.S. Government, the Department of Defense, United States Marine Corps, Marine Corps Air Station Cherry Point, or the Public Affairs Office, Cherry Point, N.C. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Marine Corps, or Ellis Publishing Co., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. The Windsock is published by Ellis Publishing Co., a private firm in no way connected with the Department of Defense or the U.S. Marine Corps under exclusive written contract with Marine Corps Air Station. Cherry Point, N.C. The editorial content of this publication is the responsibility of the PAO.

What's your favorite aspect of your job?

I like helping mentor young Marines through various life issues like financial planning, grieving or spiritual quests.

What's the most challenging part?

Preparing for deployment can be challenging. Also some of the field training we do is challenging because it is physically demanding.

How does your job support the mission of 2nd MAW?

My job supports the commanding general's intent of spiritual fitness and moral courage. We keep Marines ready for the fight by preventing or responding to suicide attempts and providing counseling. Overall this enhances force readiness.

How does your job in garrison differ from your job in the field?

In the field everything is a lot more difficult because we don't have easy access to resources, and planning is much more important. But no matter what we're always ready to counsel Marines.

Highlight Your Superstar Have a Marine, Sailor or civilian you would like to highlight? Let the Windsock know. E-mail us at cherry.point.windsock@gmail.com or call 466-2536. COMMANDING OFFICER MCAS CHERRY POINT COL. DOUGLAS A. DENN

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PFC, SCOTT L

ANCE CPL. BRIAN ADAM JONES



Sgt. Ryan C. Butts, right, a training noncommissioned officer with Headquarters and Headquarters Squadron, monitors a Marine conducting the maneuver under fire portion of the combat fitness test at Cherry Point, Oct. 15. The deadline for all CFTs to be conducted and scored is December 31.

LANCE CPL. TYLER J. BOLKEN

In the combat fitness test, every second counts.

"It's nonstop, so many different things hit you at once," said Cpl. Eric T. Petry, who recently ran a perfect 300 CFT. Petry is an aviation precision measurement equipment technician with Marine Aviation Logistics Squadron 14.

Even though the test has only been run for score since 2009, it already impacts composite scores and promotions, directly reflecting every Marine's career.

According to the Marine Corps Training and Education Command, the purpose of the CFT is to test a Marine's ability in high-powered, short burst events that reflect operational demands.

The CFT begins with an 880-yard movement to contact, followed by an ammunition can lift and finishes with a maneuver under fire. Scores listed are for 1 -26 age groups.

880 vard movement to contact

The goal of this event is for Marines to complete the measured course as quickly as possible with maximum effort.

Being familiar with the course will help Marines keep a good pace explained Sgt. Layne B. Ashby, a training noncommissioned officer with Headquarters and Headquarters Squadron.

Ashby added that a little competitiveness never hurts, and said he encourages his Marines to race each other to keep their motivation down the stretch.

"Endurance and running preparation pay dividends as well," Petry added.

Perfect Score for a male 2 min. 45 sec.

Perfect score for a female 3 min. 23 sec. Ammo can lift

The goal of this event is to lift a 30-pound ammo can as many times as possible. Repetitions are only counted if the can is below chin-level at the lowest point, and elbows are locked at the highest point.

The ammo can lift is comparable to the sit-ups in the physical fitness test in the sense that it is has a two-minute time limit, explained Sgt. Matthew J. Skala, training CO with H HS.

Skala added, " ou have time to pace yourself, but everybody should shoot for 100 to be safe."

Perfect score for a male 91 lifts

Perfect score for a female 61 lifts Maneuver under fire

The maneuver under fire is a 300-yard timed course that tests Marines on a variety of combat-related skills, including crawls, simulated casualty drags and carries, ammunition resupply, grenade throw and agility running.

"Maintain proper technique throughout," advised Skala. "Marines can end up getting winded, and they end up wasting more energy than they need to."

Petry advised to not watch your grenade toss, saying, "The small things can make you or break you," and when running with the ammo cans, "It's all about keeping control of the ammo cans. Don't let them control you.



Cpl. Eric T. Petry, an aviation precision measurement equipment technician with Marine Aviation Logistics Squadron 14, carries a Marine while conducting a combat fitness test at Cherry Point, Oct. 6. Petry scored a perfect 300 on his CFT.





Perfect score for a male 2 min. 14 sec. Perfect score for a female 3 min. 1 sec. The deadline for all CFTs to be conducted and scored

is December 31.

For more information, reference Marine Corps Order 6100.13 or the Marine Corps Physical Fitness Program.

Maneuver under fire tips:

Don't focus on the grenade toss once it has left your hand.

Maintain technique during carries and drags.

Be competitive with others.

eep ammo cans tight to body while running.

Finish strong with maximum effort, every second counts.

Staff Sqt. Allan R. Lindsley, a food service specialist with Headquarters and Headquarters Squadron, conducts the ammunition can lift portion of his combat fitness test at Cherry Point, Oct. 15. Repetitions are only counted if the can is below chin-level at the lowest point, and elbows are locked at the highest point.

LANCE CPL. TYLER J. BOLK



Prowlers visit Yuma, fire unique missiles at floating targets

CPL. JOSUE AGUIRRE

In a rare training opportunity, Cherry Point's own Marine Tactical Electronic Warfare Squadron 4 visited Marine Corps Air Station Yuma, Ariz. Oct. 7-8 to launch 14 unique radar-seeking missiles at targets in the Pacific Ocean.

The high-speed, anti-radiation missile, or HARM, is the only weapon fired by the Marine Corps' EA-6B Prowler jet and a pilot might only get to shoot one in training every few years.

By firing the missiles, VMAQ-4 took advantage of the excellent training opportunity.

"This provides valuable training not only for the ground personnel, the maintenance personnel, but also for the aircrew to exercise the full capability of the electronic warfare platform," said Chief Warrant Officer 2 Daniel Schwanke, VMAQ-4 ordnance officer in charge.

The HARM detects electromagnetic radiation given off by enemy radars or antiaircraft weapons and targets them for destruction.

Outside of combat, Yuma's Weapons and Tactics Instructor course offers Prowler crews one of their only chances to fire live HARMs. Organizing a shoot poses numerous logistical challenges, including building mock radar sites on barges and placing them in the ocean.

Typically, electronic warfare squadrons practice using inert missiles with seekers, but lack a propulsion system and don't actually leave the Prowler's wing, said Maj. Paul K. Johnson, VMAQ-4 operations officer.

In addition to the officers flying in the four-seater Prowlers, five of the squadron's enlisted ordnance technicians gained new experience when they mounted the HARMs on the aircraft.

Aviation ordnance Marines all attend the same basic schools, but the weapons they work with on a routine basis depend on the aircraft used by the squadrons they are assigned to. For these squadrons, ordnance technicians usually load HARM simulators and electronic jamming pods, rarely live missiles.

"It was brand new for every one of the guys that was out there today." said Staff Sgt. Robert Farmer, VMAQ-4 ordnance chief. "We've got one guy that's been with us for three years and hadn't touched a live HARM, and we've got another guy, who has only been with us for about a month and got lucky. So, the training was definitely important."

The training is part of the preparation for the squadron's slated 2011 deployment to Afghanistan.

Marines used HARMs in combat during Operation Desert Storm in 1991 and Operation Iraqi Freedom in 2003, according to the U.S. Navy's website. More than 400 missiles were fired to eliminate Iraqi radar threats in 2003, states the Raytheon website, the HARM's manufacturer.

VMAQ-4 is one of four electronic warare stationed at Cherry Point.



Staff Sgt. Robert Farmer, Marine Tactical Electronic Warfare Squadron 4 ordnance fare squadrons in the Marine Corps. All chief, prepares a high-speed, anti-radiation missile after mounting it on an EA-6B Prowler at Marine Corps Air Station Yuma, Ariz., Oct. 8.



Lance Cpl. Adam Conley, Marine Tactical Electronic Warfare Squadron 4 ordnance technician, operates a short airfield tactical site loader to postition a high-speed, anti-radiation missile so the ordnance team can sercure it on an EA-6B Prowler at Marine Corps Air Station Yuma, Ariz, Oct. 8. The Cherry Point-based squadron fired a total of 14 HARMs at targets in the Pacific Ocean as part of the weapons and tactics instructor course



Join fair fun at Craven County Fairgrounds





Avalon Rose Strickland catches a toy shark with the help of her dad, Warrant Officer Brian T. Strickland, winning a stuffed frog at the Coastal Carolina Agricultural Fair Saturday. The Craven County Fair offers more than two dozen rides, games, food, farm animals, professional bull riding and vendors selling unique crafts. The fair features an "Eastern Nights and Carnival Lights" theme and will be open through Oct. 23.



(Above) 1st Lt. Bill Robison and his son, Timmy Robison, ride together on the carousel at the Coastal Carolina Agricultural Fair Saturday. The Marine Air Support Squadron 1 officer accompanied his two-year-old on multiplerides at the Craven County Fairgrounds. As night falls, all the rides, including the carousel, light up the grounds and can be seen from Highway 70.

(Left) The Coastal Carolina Agricultural Fair has lit up the city of New Bern, N.C., for a week and will continue through Oct. 23. Sponsored by the Craven County Jaycees and the Cooperative Extension offices in Craven, Pamlico, Jones and Carteret counties, the fair themed, "Eastern Nights and Carnival Lights," offers dozens of rides including a Ferris wheel and bumper boats, an array of food and fried treats, blue ribbon 4-H farm animals, games, a mechanical bull and vendors selling original crafts, like chainsaw wood carvings. Admission into the Craven County Fairgrounds costs \$5 for adults, \$3 for children ages 5 to 12 and children age 4 and under enter free.

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Flood relief



Cpl. Edward C. Deguisto, Marine Medium Tilt Rotor Squadron 266 (Reinforced), 26th Marine Expeditionary Unit, unloads food off of a CH-53E Super Stallion in a flood affected area of Pano Aqil, Pakistan, Oct. 12, during flood relief operations



We Give You More.





LEGAL from page A4

However, an order isn't necessarily the last word. Child support orders are often modified. One common reason is when there is a substantial change in the circumstances of a child or a parent. Some examples are a serious illness or injury, or signifi cant financial change. Another common reason for a modification is if it would be in the best interests of the child. A third is simply because the child is older and more expensive to care for. The laws of the state that issued the original child support order usually control what circumstances justify changing the amount of child support.

Child support obligations continue until the child is at least 18 and, in many cases, beyond, so long as the child is still in school. Moreover, unpaid support accumulates as a debt owed by the parent ordered to pay. This debt can follow the parent to the grave, taking his or her property at death to satisfy the obligation.

The only sure way to eliminate a child support obligation is an adoption. When a child is adopted, the natural parent steps aside and is replaced by someone else. The new parent has the obligation of child support starting on the date of the adoption. Any back support owed for the period before the adoption is still the responsibility of the natural parent, though many states allow the custodial parent to waive the obligation.

However, it is certainly the goal of the system that the parent paying support welcomes the obligation and is an active participant in the child's development and life. As with all things, your experience may vary. Legal assistance can help you with non-criminal legal matters. Walk-ins are accepted weekdays at 7:30 a.m. in the Joint Law Center, Bldg. 219, and appointments can be made by calling 466-2311.

BOOTS from page A1

"Everybody wants to learn, they want to get better, and they want to get smarter," said Harper. "This process is the next logical step. CPI is a mindset that helps us become more efficient and more effective."

The Marines implementing CPI on a daily basis said they appreciated the opportunity to show senior officials what they do for the mission of the 2nd MAW and the Marine Corps itself.

"All too often, Marines on the ground don't have a chance to talk about what they're doing," said Sgt. Nathaniel Crowley, an assistant work center supervisor at MALS-14. "To have the opportunity to present what we do on a day-to-day basis to a higher echelon is a great opportunity. It's evidence that what we do down here is recognized at a much more senior level."

O'Hanlon has been to four other "Boots-on-the- Ground" events and was impressed by what MALS-14 had to offer.

"It's very clear to me that the NCOs are very engaged in trying to streamline their maintenance practices and be able to produce ready-for-issue equipment that will help the warfighters better do their mission," said O'Hanlon.



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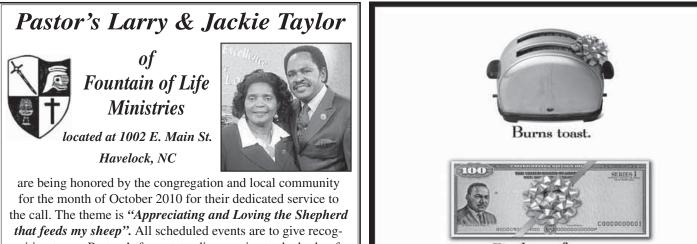


Vehicle readiness



Cpl. Josh Mapes, an organizational automotive mechanic with Headquarters Company, 3rd Battalion, 3rd Marine Regiment, works on a vehicle at the motor transportation lot at Forward Operating Base Geronimo, Afghanistan, Oct. 7. According to Staff Sgt. Justin Johnson, the 3rd Bn., 3rd Marines, motor transportation maintenance chief, the regiment's vehicle readiness is currently at 93 percent, which is the highest vehicle readiness percentage of any infantry battalion in southern Afghanistan.





nition to our Pastors's for outstanding service to the body of Christ and the outlining communities as Pastor and Leader. 31 October has been designated Pastor Appreciation Sunday with festivities commencing at 10:00 A.M.

Fountain of Life Ministries was established in Havelock, September 1998 at 30 A Park Lane and relocated to it's present location, April 2000. Pastor Taylor has since earned the love and respect from the community as a dedicated leader by providing annual Minister-in-Training, Prayer and Teaching Seminars, and our annual back to school festivities for our youths, the future leaders of tomorrow.

The public is cordially invited to worship and help us celebrate God's gift to Havelock and the surrounding communities. For more information, please contact Elder Joseph Cogburn, or Cindy Latham at Fountain of Life Ministries (252) 447-6596. Brightens tutures.

Some Gifts Just Do More Than Others.

Most gifts are pretty unimaginative. A toaster makes toast. A blender just blends. And some gifts, no one knows what they're supposed to do.

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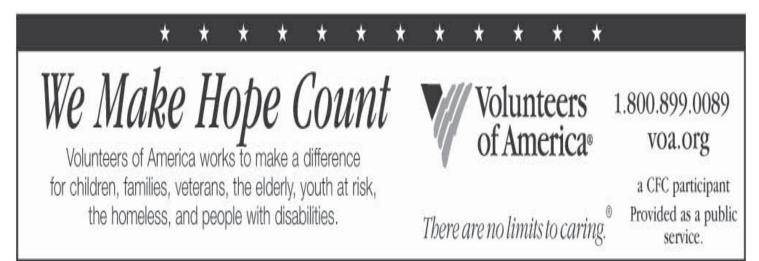


Training in the Philippines



A Marine assigned to Cherry Point's Marine Attack Squadron 542 assists the pilot of an AV-8B Harrier preparing to take off from Clark Air Base in the Philippines. VMA-542 and the 31st Marine Expeditionary Unit are currently conducting bilateral training exercises in the Philippines with the goal of increasing cooperation between the armed services of both countries, ensuring the partner nations are always ready to respond when needed.





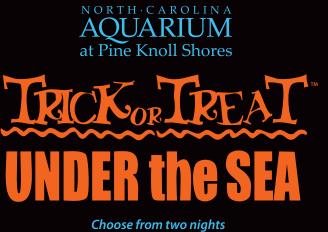
Shared experience



U.S. and Philippine Marines enter a CH-53E Sea Stallion at the end of a bilateral beach landing in San Miguel, Philippines, Oct. 10. The U.S. Marines are assigned to Company A, Battalion Landing Team, 1st Battalion, 7th Marine Regiment, 31st Marine Expeditionary Unit, which conducted a bilateral mechanized amphibious landing with the Philippine Marine Corps, allowing both Marine forces to share experiences.







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itex'l'im Section B October 21, 2010

Safety is key this Halloween

SPECIAL TO THE WINDSOCK

Cherry Point youngsters will have several opportunities to trick-or-treat this month in venues throughout the air station.

Regular door-to-door trick-or-treating is scheduled in the housing areas from 5-7 p.m. on Halloween Night, Oct. 31, which will coincide with the trick-or-treating schedule in Havelock.

To provide additional safety for the little ghosts and goblins, the Provost Marshal will have McGruff the Crime Dog at Grant's Landing at the corner of Wilson and Arthur Drive next to the playground, and in Nugent Cove at Alexander Road and Gates Drive, in the fitness connection parking lot. McGruff will pass out candy along with Officer Friendly, and a table will be set up and wands will be made available for any parent wishing to have candy scanned for any metal objects. Law enforcement and fire department personnel will also be at those locations. There will be an increased presence of patrols in each housing area throughout the evening as well.

Cherry Point Halloween Events

Station Library Spooky Halloween Tales!

- The station library will host a Halloween story show Oct. 28 from 6-7:30 p.m. at the community center on Stanley Road in Nugent Cove.
- Dress in costume and join library staff and mystery guests as they share stories, poems, and more!
- For more information on this free event, call 466-3552

Haunted House/Fall Festival

- The Naval Health Clinic Recreation Committee and Junior Enlisted Association will host a haunted house/fall festival at Hancock Lodge Oct. 30 from 6-11 p.m.
- The price for admission is \$5 for adults, \$3 for children and free for children under the age of two

Special activities include a haunted house, hotdogs, bobbing for apples, moon bounce, face painting and much more.

ECU Pirates Women's Volleyball Halloween Game

- Single and unaccompanied Marines and Sailors are invited to an ECU Pirates women's volleyball game Oct. 31 in Greenville, N.C., departing at 10:30 a.m. and returning to Cherry Point at 7 p.m.
- Costumes are optional. The game starts at 1 p.m., and participants will have the opportunity to meet the team!
- Sign-up by Oct. 27 at the Single Marine Program desk in Cunningham's. For more information, call 466-3027

Spook Fest

Atlantic Marine Corps Communities is hosting a Spook Fest Oct. 29 from 4-6 p.m. at the Slocum Village Community Center on 102 Bern Street for AMCC residents. The witch is brewing up her favorite stew in the lobby, the bats have created their own cave where they can flap their wings in darkness, and the dungeon has been filled to the brim with lost travelers. Tour the Haunted Community Center, then head outside for games, a pumpkin patch, a petting zoo and more! Those who wish to attend are asked to RSVP at http://www.atlanticmcc.com/ rsvp/1533.

McGruff offers tips for a safe Halloween



Halloween is a festive and exciting time for children all over the world. Kids of all ages can trick-or-treat and enjoy the spooky holiday.

- To avoid any cruel "tricks" and ensure this Halloween is a real "treat," follow a few simple suggestions from McGruff the Crime Dog:
- Ensure young children are accompanied by responsible adults or parents when they trick-or-treat door-to-door.

• Instruct children to never eat anything until they get home and all treats have been examined by parents.

· Check the wrapper on all treats for signs of tampering. Throw away anything that is not wrapped

· Know where children are going to trick-or-treat, and tell them to trick-or-treat only in well-lit areas. If children go without their parents, know the names of the friends they will be with.

• If the children will be out after dark, have them carry a flashlight, glow stick or reflective gear on their costumes

- Leave porch lights on so children will know which houses to visit.
- Instruct children to NEVER go inside anyone's house, even if invited.

• If any candy is suspected to have been tampered with, notify police and fire department personnel. If you discover a suspicious item after trick-or-treating hours and wish to have it checked, please call 466-3616/3615.

Remember, Halloween is a fun and exciting holiday for children of all ages. Let's all do our part to also keep it a safe holiday for everyone. And as McGruff would say, before you take a bite out of candy, take a bite out of crime and follow these safety tips.

How to: Carve a pumpkin

Рнотоѕ ву AMY A. TRAIL







stem. Angle the knife so that the lid and hole will be pumpkin. somewhat cone shaped. This will help prevent the lid from falling into the hole.



Step one: Cut out the top of the pumpkin around the Step two: Remove the portion you just cut out of the



Step three: Use a large spoon to scrape the inside walls of the pumpkin clean.



pumpkin, making sure the stencil is secure enough to pumpkin. be cut on

Step four: Pin the stencil you have chosen onto the Step five: Cut or mark through the stencil onto the

Step six: Carefully cut out the pattern following the markings you made on the pumpkin. Then insert one or more glow sticks or other source of light





FRC-East offers opportunity for disabled warrior

DAVE MARRIOTT

Tools and parts attendant Teddy Cardenas can tell you everything he did during his two tours in Iraq in 2005 and 2007, but there's a 10-day stretch in 2008 Cardenas doesn't remember at all – he was laying in a coma.

"I was hit by a drunk driver," the prior Marine sergeant said. "I was in a Chevy Malibu and he was in a truck with a lift kit. He pretty much just ran over my car and crushed it. I remember him coming at me and he didn't even have his headlights on, the next thing I remember was 10 days later when I woke up in the hospital."

The accident left Cardenas with a swollen brain, a metal plate, an "L"-shaped scar that ran the length of his head and a long period of rehabilitation – so long, in fact, the Marine Corps deemed him "not able to get in the fight" and transferred him to the Wounded Warrior Battalion - East on Marine Corps Base Camp Lejeune.

It was during his stay there that he met Human Resource Specialist Tanya Schultz, and heard about Fleet Readiness Center East and its efforts to recruit wounded warriors.

The FRC-East recruitment team has been teaming up with Human Resource Service Center Northeast on quarterly visits to the Wounded Warrior Battalion for about a year. Sometimes it takes a while for Marines to get to the point in recovery to even think about a future job outside of the Marine Corps.

"Although many of the Marines have appointments during the day and aren't able to talk with us first thing, we do stay pretty busy fielding questions about local employment opportunities, explaining the various hiring programs that are out there, and helping Marines write resumes," said Schultz.

During a HRSC visit to the Wounded Warrior Battalion Schultz met Cardenas and helped him with his federal resume.

"I knew we didn't have any positions that were directly related to his military occupation, but I also knew he had enough skills to get him an entry-level position at FRC-East," Schultz said.

Schultz explained shortly after she returned to work at Cherry Point, Cardenas sent her his updated resume.

"Teddy started in mid-May and was hired under a Veterans Recruitment Appointment, which allowed us to hire him 'by name' and expedite the process," said Schultz.

Cardenas was the first wounded warrior FRC-East hired, but won't be the last.

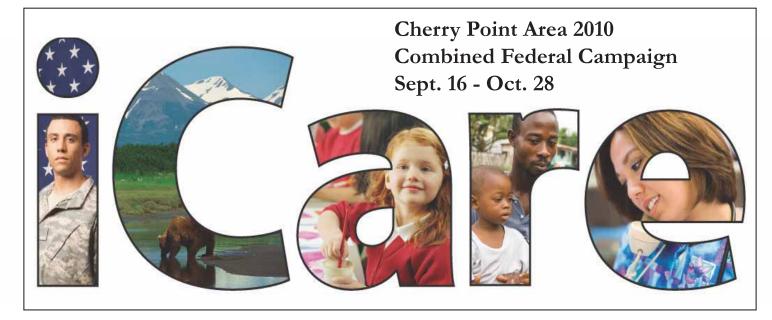
"Our recruitment team set a goal of one wounded warrior this year, and we met that goal," Schultz said. "Many of these guys are still undergoing surgery or physical therapy and have no idea when they will be getting out. We plan to keep in touch with a number of them, and help them keep their resumes up to date."

Cardenas said he appreciates the opportunity and enjoys his job. He said he plans to stay at FRC-East for a long time.

"These people have served our country and paid a price for it," said Schultz. "We owe it to them to do our best to find them a job."



Tools and parts attendant Teddy Cardenas conducts a thorough toolbox inventory prior to issuing the kit to an artisan. Cardenas, who was recruited from the Wounded Warrior Battalion by Fleet Readiness Center East, said he enjoys his job and added he plans to be at FRC-East "for the long run."



Now playing: These films are playing at local theaters

REINHILD MOLDENHAUER HUNEYCUTT

"TAKERS" (PG-13)

- "Takers" is a crime caper about a notorious group of criminals who continuously baffle police by pulling off perfectly executed bank robberies.
- The group is well organized and is in and out like clockwork, leaving no evidence behind and laying low after each heist.
- However, the crew runs into trouble when attempting to pull off one last job with more money at stake than ever before.
- They find their plans interrupted by a hardened detective who is determined on solving the case.
- Starring among the high tech bank robbing crew are:

Idris Elba ("Obsessed"), who plays Gordon Jennings, the brains behind the crew out to get one last score; and Paul Walker ("Fast and Furious") who plays John, Gordon's best buddy. Costarring are Dylan Walsh ("The Stepfather") as Jack Tweedy and Dylan Baker ("Revolutionary Road") as Hollis Chenery, Penny's brother.

Also appearing is James Cromwell ("W.") as Ogden Phipps, the racing executive.

Randall Wallace ("We Were Soldiers," "The Man in the Iron Mask") directed this feel good Disney film from a screenplay by Michael Rich, based on the book "Secretariat: The Making of a Champion" by William Nack.

"Secretariat" is a remarkable true and fascinating horse-racing story and a wholesome family experience about an American legend and its horse-whispering owner.

"LIFE AS WE KNOW IT" (PG-13)



Hayden Christensen ("Jumper") is A.J.; and Michael Ealy ("Seven Pounds") and Christ Brown ("Stomp the Yard") appear as two brothers, Jake and Jesse.

Matt Dillon ("Armored," "Old Dogs") stars as Jack Welles, the Los Angeles Police Detective who has his own personal problems and who often breaks the rules. He obsessively pursues the bank robbers with Jay Hernandez ("Lakeview Terrace") as his partner.

Zoe Saldana ("Avatar") costars as the girlfriend of ex-con Ghost, played by Rapper Tip 'T.I.' Harris ("American Gangster"), a former member of the gang, who is fresh out of prison.

Also appearing is Marianne Jean-Baptiste ("City of Ember") as Jennings' drug-addicted sister.

Director John Luessenhop ("Lockdown") is trying to take aim at the classic "Heat" by Michael Mann.

"Takers" is a slick thrill ride with little substance that is having much success at the box office.

"SECRETARIAT" (PG)

"Secretariat" is the true story of the record-breaking Triple Crown winning horse, and the suburban housewife who ushered him to greatness.

The movie chronicles the spectacular journey of the legendary 1973 Triple Crown winner, a horse that at the time, made the covers of Time, Newsweek, and Sports Illustrated, all in one week.

Diane Lane ("Unfaithful," "Nights in Rodanthe," "Under the Tuscan Sun") stars as Penny Chenery Tweedy, the spirited horsewoman and real life housewife and mother, who had the good sense to know that a colt named Secretariat was worth nurturing.

She takes over her father's rural Virginia horse farm, Meadow Stables, despite her lack of horse racing knowledge.

The strong-willed owner oversees the training of the thoroughbred champion, and against all odds, follows her dream.

With the help of her veteran trainer Lucien Laurin, played by John Malkovich ("Jonah Hex," "Changeling"), Penny challenges the male-dominated sport of horse racing, with the ultimate gain of owning the first Triple Crown winner in 25 years.

"Life as We Know It" is a romantic comedy about two mismatched single people who are thrust into raising a child.

Katherine Heigl ("The Ugly Truth," "Knocked Up," "27 Dresses") stars as Holly Berenson, an up-and-coming restaurateur, who drives a Prius and is a workaholic.

Josh Duhamel ("When in Rome," "Transformers") stars as Eric Messer, a handsome and promising network sports director, who rides a motorcycle and likes playing the field.

Holly and Eric are set up by their best friends, happily married couple Alison and Peter Novak, played by Christina Hendricks ("Mad Men") and Hayes MacArthur ("She's Out of My League").

The two go on a disastrous blind date where they find out that the only thing they have in common besides their friends is their dislike for each other.

Even so, their friends choose the two headstrong singletons to be 'parents' to their new baby, Sophie, in case anything extreme would happen to them.

When tragedy strikes the parents, Holly and Eric suddenly become all Sophie has in this world and are forced to put their differences aside in order to raise Sophie together.

Juggling career ambitions and competing social calendars, the two must now find some common ground while living under one roof.

Josh Lucas ("Sweet Home Alabama," "Glory Road") plays Sam, the adorable pediatrician who is perfect for Holly and who would like to get a closer relationship with her.

Director Greg Berlanti ("The Broken Heart Club") takes this tale about sworn enemies who are forced to raise a baby together a little further and gives it a lot of heart.

Heigl and Dushamel have an easy going chemistry and, along with the three adorable babies playing Sophie, contribute greatly to the success of this charming little movie.

"Life as We Know It" is a little more than just a romantic comedy. The endearing movie is about taking it one step at a time and will make you cry and laugh all at once.

THE LOCAL BUZZ

Announcements

Indicates new announcement

Remembrance Ceremony

The 27th Beirut remembrance ceremony will be observed at 10:30 a.m, Saturday, at the Beirut Memorial in the Memorial Gardens in Jacksonville, N.C.

Lt. Gen. Dennis Hejlik, commander of Marine Forces Command, is scheduled to deliver the memorial address. The special ceremony will honor the fallen service

members and survivors who served in Lebanon from 1958 to 1984 and Grenada. The general public is welcome to attend. Parking for

this event will be at the Veterans Cemetery. In the event of inclement weather, the ceremony will take place in the Trinity United Methodist Church.

► Ghostwalk 2010

Spend up to three evenings with dozens of spirited characters in the midst of their historic haunts during the New Bern Historical Society's Ghostwalk.

Oct. 28-30 brings the ghosts of New Bern's past to life as the 20th annual Ghostwalk coincides with New Bern's 300th anniversary.

Hauntings begin Oct. 28 from 6-9 p.m. with ghosts of New Bern's past at Cedar Grove Cemetery and spirited entertainment at the Athens and Masonic Theatres.

Tickets for adults are \$15 in advance and \$20 days of the event. Active duty military and students with identification are \$10, children 3-12 \$5, under 3 are free. New Bern Historical Society members are \$13. Tickets are available online at http://www.newbernhistorical.org.

For more information, call 638-8558.

Orthodox Fellowship

The MCAS Cherry Point Orthodox Fellowship is holding a celebration of the orthodox divine lithurgy at Cherry Point's St. Michael's Chapel, the wing closest to the post office, Sunday, Nov. 21 and Dec. 20, starting at 9 a.m.

For more information, call 466-4000.

► Basketball Officials Clinic

The Crystal Coast Officials Association has started their clinics for basketball officials.

The clinic is available to those who have experience as a referee or would like to get started.

Help your local community and make a few extra

dollars in the process.

Clinics are held at Havelock High School in trailer 101 every Monday and Tuesday at 6 p.m. For more information, call 617-9079

► See What's Cookin' at the Chapel Learn to make great seafood chowder from chef Shawn

Pratt who will host a cooking class at Cherry Point's main chapel Sunday starting at 10 a.m. The event is free with no registration needed.

The event will include a cooking class as well as recipes and samples to try.

Station Library Spooky Halloween Tales! The station library will host a Halloween story show Oct. 28 from 6-7:30 p.m. at the community center on Stanley Road in Nugent Cove.

Dress in costume and join library staff and mystery

guests as they share stories, poems, and more! For more information on this free event, call 466-3552

Operation Safe Halloween

The Havelock Police Department and Havelock Parks and Recreation present "Operation Safe Halloween," an event that will involve fun, music, movies, concessions and a costume contest.

The free event will be held at the Havelock Recreation Center Oct. 31 from 1-4 p.m.

Candy will be given to children and costume contests are available by age group.

For more information, call the Havelock Police Department at 447-3212 or Havelock Parks and Recreation at 444-6429.

Haunted House/ Fall Festival

The Naval Health Clinic Recreation Committee and Junior Enlisted Association will host a haunted house/fall festival at Hancock Lodge Oct. 30 from 6-11 p.m.

The price for admission is \$5 for adults, \$3 for children and free for children under the age of two.

Activities include a haunted house, hotdogs, bobbing for apples, moon bounce, face painting and more.

Salute Our Military Women

A Salute to our military women, hosted by the Carteret County Council for Women, will be Saturday from 2-3:30 p.m.

The guest speaker will be Col. MaryJo J. MacGregor, assistant chief of staff for logistics, 2nd Marine Aircraft Wing.

To make reservations, contact Juli Cosgrove at 241-8074, or Adele Collins at 723-8782.

Marine and Family Programs

Marine, Family Programs Office Numbers

The Family Member Employment Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4401. • Child Development Resource & Referral - 466-3595.

• Exceptional Family Member Program - 466-7547.

- Family Advocacy Program 466-3264.
- Library 466-3552.
- LifeLong Learning 466-4500.
- Military Family Life Consultant 876-8016.

New Parent Support Program – 466-3651.

Retired Activities – 466-5548.

 Sexual Assault Prevention & Response Program - 466-5490.

Substance Abuse Counseling - 466-7568.

24-Hour Victim Advocate for Confidential Services relating to Sexual Assault or Domestic Violence - 665-4713.

Budget for Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes To register call 466-2031.

Breast Feeding Class

The Navy-Marine Corps Relief Society offers free breastfeeding classes to expectant mothers. The purpose of the class is to help prepare the mother to be ready and confident to breastfeed once the baby arrives. To register call 466-2031.

Veterans' Assistance

FF

MCAS CHERRY POINT AREA

Friday's Night Club (aka Club Insomnia

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 232. Call 466-4401 for assistance

Monthly and Weekly Events

Courage to Change

Cherry Point and Havelock Courage to Change is a support group for friends and family of alcoholics. Meetings are held at St. Paul's

Lutheran Church in Havelock, Tuesdays at 8 p.m. For more information, call 241-

6155 or 670-6236.

Al-Anon Family Group Meet

There are alcoholics anonymous family group meetings Tuesdays at 8 p.m. for family members and friends of individuals who may have alcohol problems.

The meetings are held at Havelock 3788. First Baptist Church.

For more information, call 447-8063 or 447-2109.

Together For Life

The "Together for Life" one-day premarital seminar is held for active duty personnel age 26 and under, within 90 days of marriage. Please call the chapel at 466-4000

for more information

Domestic Violence Victims A support group for victims of domestic violence is provided by the Carteret County Domestic Violence Program.

The group meetings are held ev-

ery Wednesday at 6 p.m. For more information, call 728-

Marine Corps League Meetings The Cherry Point Detachment of the Marine Corps League meets the

third Tuesday of each month at the Veterans of Foreign Wars Post 7315 in Havelock, at 7 p.m.

Owen Smith at 444-5420.

American Veterans meets on the third Tuesday of each month at the



2nd MAW Command Inspector General

At 6:22 a.m. an explosive-laden truck slammed into the battalion landing team headquarters building in Beirut, Lebanon, where more than 300 men were billeted. The massive explosion collapsed the building in seconds, and took the

Veterans of Foreign Wars Post 7315 in Havelock at 7 p.m.

For more information contact

Disabled Veterans

Chapter 26 of the Disabled

For information, contact Doug

BELL AUTO SALVAGE II BOTTA BOOMS CARLAND CENTENNIAL ENTERPRISES, INC DOLL HOUSE EASY MONEY CATALOG SALES

> ILLUSIONS JACKSONVILLE SPEEDWAY AUTO PARTS JOSHUA EXPERIENCE/ CLUB ACCESS LAIRDS AUTO & TRUCK CENTER MILITARY CIRCUIT OF JACKSONVILLE PAR TECH PLAYHOUSE Pleasure Palace Private Pleasures (aka Carriage House)

> > VETERANS AFEAIRS SERVICE

RACEWAY AUTO PARTS **REFLECTION PHOTO** SOUTHERN COMFORT STUDENT ASSISTANCE COMPANY TALK OF THE TOWN II

TENDER TOUCH (AKA BABY DOLLS)

Matthers at 447-2761.

MCB CAMP LEJEUNE AREA FANTASIES

Oct. 26, 1962

in a single day for Marines since D-Day on Iwo Jima in 1945

5th Marine Expeditionary Brigade, with 11,000 Marines, left Camp Pendleton by sea for the Caribbean during the Cuban Missile Crisis. One week earlier, the entire 189,000-man Marine Corps had been put on alert and elements of the 1st and 2nd Marine Divisions were sent to Guantanamo Bay to reinforce the defenders of the U.S. Naval Base.

lives of 241 Americans, including 220 Marines. This was the highest loss of life

Operation Eagle Eyes Suspicious People

Are you aware of anyone who does not appear to belong in the workplace, neighborhood or business establishment near the military facility?

> If you observe this or other suspicious incidents, call 466-3616 or 466-3617 immediately. MCAS Cherry Point Emergency Dispatch

466-5038

Ty's R&R

If you are a victim of sexual assault Immediately call 665-4713, which is monitored 24/7. The person answering the call will help you decide the next steps to take. You may remain anonymous. This procedure is not to replace calling 911 if you are in immediate danger. Remember, it's not your fault. Support is available.

Severe weather and force protection information Military personnel call 466-3093. FRC East personnel call 464-8333. DDCN personnel call 466-4083.

Fraud, Waste and Abuse If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016. This line's automated answering service is available 24 hours a day.

Interactive Customer Evaluation

Put your thoughts on I.C.E. You can use I.C.E. to comment about quality, timeliness and overall



satisfaction of products and services available at MCAS Cherry Point.

For more information, visit the website at http://www.ice.disa.mil.

The Windsock



SPRINT CUP Race: Tums Fast Relief 500 Where: Martinsville Speedway When: Sunday, 1:00 p.m. (ET) TV: ESPN 2009 winner: Denny Hamlin (right)

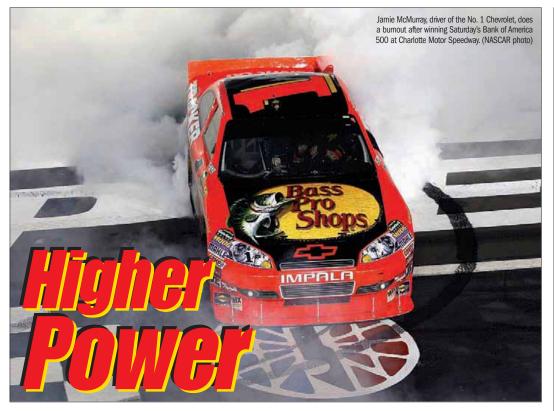


NATIONWIDE SERIES Race: 5-Hour Energy 250 Where: Gateway International Raceway When: Saturday, 3:00 p.m. (ET) TV: ESPN2 **Inaugural Race**

CAMPING WORLD TRUCKS

Race: Kroger 200 Where: Martinsville Speedway When: October 23, 12:30 p.m. (ET) TV: SPEED 2009 winner: Timothy Peters





McMurray wins again, inspired by father and faith

ight in the middle of a Chase that Reduces the interference of a contact that doesn't seem to be exciting fans as much as the NASCAR powers that be had hoped for, along comes a heart-warming story involving a popular non-Chase driver.

Jamie McMurray, the odd man out at Roush Fenway Racing last year, sped away from Chasers Kyle Busch and Jimmie Johnson Saturday night at Charlotte Motor Speedway and grabbed his third Sprint Cup victory of an improbable comeback season. He's already won the sport's two biggest races, the Daytona 500 and the Brickyard 400, plus a Nationwide Series race at Atlanta Motor Speedway in Dale Earnhardt Jr.'s car.

In Victory Lane, McMurray took time to talk about what winning races means to him these days, and to explain more about why he was in tears and almost unable to speak after winning the Daytona 500 back in February. But first he talked about how much it

meant for him that his dad Jim McMurray, a regular fixture around the tracks who somehow missed seeing his son take two checkered flags this year, was finally able to see his son take the checkered flag.

"It's very special," McMurray said. "My dad and I are really good friends, and he is certainly what got me involved in racing. We still race go carts together, we fish together, we do all kinds of stuff together and he is really one of my best friends. It's important to have him here." He also talked about being able to dedi-

cate his win to the family of Shane Hmiel, gravely injured in a dirt-track race the week before. Hmiel's father Steve, a longtime NASCAR crew chief and team manager, is one of the key players on McMurray's Chip Ganassi-owned team.

"Shane Hmiel had a terrible racing acci-

dent, and our team is thinking about him," McMurray said. "We'd certainly like to dedi-cate our win tonight to him and the whole Hmiel family. I wish Steve could've been here; he is a huge part of our success." And then he talked about his emotions back at Daytona in February.

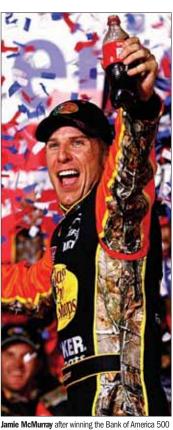
"I don't think I ever really got to explain that and why I cried and what was going on there," he said. "I had a tough year last year; I found out the power of prayer and what that can do for you. When you get to Victory Lane and you get to experience this, it just makes you a believer. And it's something that is obviously very important to me

and my family." Later, in his post-race session with the media, McMurray, who is now married and expecting a child, expanded even more on his faith and what it means to have prayers answered. He also said that he considers it selfish to pray for success on the race track ahead of other things in life.

"Certainly it's not the first thing that I pray about every day," he said. "But everyone wants to be successful and you want to do well in life, so when you feel like that's been answered, it's emotional."

He said he was pondering those com ments as the laps wound down at Charlotte. "I was like, 'If I win this race, Lord, if you don't throw a caution ... and I win this race, I'm going to explain to people my feelings and why I felt that way," he said.

"And I think that's important. "I watch other professional athletes whether it's bull riders or basketball players or motorcycle riders - you hear them get out, and you hear them thank God and talk about the power of prayer, and I just think that that's important for people to understand, and understand why my feelings were the way they were.



at Charlotte Motor Speedway Oct. 16. (NASCAR photo)

NOTEBOOK

2010 CHASE CONTENDERS

Points standings, race results from Saturday's Bank of America 500 at Charlotte Speedway and commentary by Rick Minter

1. Jimmie Johnson 5,843 (finished third)

He overcame an ill-handling car and an early race spin to lead the race at one point and pad his points lead heading into his best track, Martinsville Speedway.

2. Denny Hamlin -41 (finished fourth) His solid finish keeps him right in the title hunt heading to Martinsville, where he has three wins in the past five races and no finishes worse than sixth since the spring of 2006.

3. Kevin Harvick -77 (finished eighth)

The points leader for much of the 26-race regular season had a strong run at one of his worst tracks and remains within striking distance of the Chase points lead. "Hopefully that is something we can build on going forward.

4. Jeff Gordon -156 (finished 23rd)

After winning the pole and looking like a winner in the early going, he had alternator and battery problems, got caught speeding on pit road and had a loose wheel. "We had about everything go wrong that could go wrong.

5. Kyle Busch -177 (finished second) He led a race-high 217 laps, but had his

late-race lead erased by a caution flag for debris. "It's very, very disappointing. Had the best car all night and gave it up.'

6. Tony Stewart -177 (finished 21st)

The winner at Auto Club was never a contender at Charlotte. Twice, he had problems getting into his pits and was the last driver on the lead lap. "It was just a comedy of errors," crew chief Darian Grubb said. "We evidently just missed it on the setup ... We just weren't fast enough on restarts or anything.'

7. Carl Edwards -200 (finished 12th)

He wasn't nearly as fast as he felt he should be. "Fundamentally there's something wrong with the way we set our Fusion up for this place It's frustrating because I know we can run better than that.

8. Greg Biffle -225 (finished fifth)

As has been the case in recent weeks, he had the fastest Ford and had to work it hard in the end. "We made a pretty big change and had to restart all the way at the back and got all the way back into the top five."

9. Kurt Busch -237 (finished 30th)

He was trying to become the first driver ever to win the All-Star race and the two Cup races at Charlotte in the same season, but hit the wall on the 25th lap and wound up two laps in

10. Jeff Burton -239 (finished 20th)

After looking like a championship contender early in the Chase he's struggled to post good finishes in recent races.

11. Matt Kenseth -256 (finished sixth)

It took a late-race surge to finish as good as he did. "We started the race incredibly far off and had to make a lot of pit stops and adjustments. The guys did a really good job recovering from where we were.'

12. Clint Bowyer -300 (finished 17th)

Take away his 150-point penalty from New Hampshire and he'd be fourth in the standings despite a mediocre run at Charlotte. "We unloaded bad and just really never got it."

Why did the chicken suit cross the line?



ASK RICK!

"Where do NASCAR drivers draw the line between what they'll do to promote a sponsor's product and what they won't?"

A.: It depends on the driver - and what NASCAR will allow. For Carl Edwards the line is somewhere between pushing products for Avon and something akin to wearing the chick-en suit that the Burt Reynolds character wore in the 1983 racing movie "Stroker Ace." Edwards and a representative of Avon were in

the media center at Charlotte Motor Speedway last week to introduce a new cologne, Turn 4XT.

Some in the room wondered what some of the sport's tough old birds like the late Curtis Turner and Joe Weatherly might have thought of the idea of a NASCAR driver promoting products for a cosmetics company, but Edwards said he's comfortable doing the work, even if it's not exactly considered manly.

"It's truly an honor for them to approach me and to even begin to talk about it," he said. "There are guys in other sports that have been able to do these fragrance deals and make them work really well."

But he did admit it was a little different than representing a more masculine-type sponsor, especially the photo shoots.

"There were parts where I thought, Boy, that's a

little bit of a racy photo,' but it really came together well, and I'm proud that I did it," he said. As the interview rolled along, many in the

room, Edwards included, thought of the scene in "Stroker Ace" where Reynolds, playing a NASCAR driver, had to dress in a feathery chicken suit for a new sponsor. Edwards said fans will never see him in a chicken suit.

"We all know Stroker Ace dressing in the chicken suit and doing all that stuff," he said, "There are lines you have to draw, but I've not approached that line."

He said his decisions on which sponsors to take and which to reject are based mostly on his own personal values, just as some of the sport's pio neering families like the Pettys and the Woods have rejected beer sponsorships in the past.

"For instance, there are some consumable items that I've said I'd rather not participate with," he said, adding that he did lots of thinking before endorsing Kellogg's products. "When we first talked to them, they came and

gave me a whole presentation about what they do with marketing towards children and the way they evaluate if a food is too sugary to market in children's programming and things like that, and I was really impressed with that," he said, "Some of the drinks like Vitamin Water, for example, only use real sugar. There's not the high fructose corn syrup, so that made it a fit for me.

"I do take all of that into account, and so far I've been very fortunate to not have to endorse some thing that I personally wouldn't use.'

Got a question about NASCAR? Ask Rick! Email your question to rminter@racintoday.com

NASCAR to use ethanol fuel

NASCAR officials announced on Saturday that beginning next year, vehicles in the Sprint Cup, Nationwide and Camping World Truck series will run on E15 fuel, which is 15 percent ethanol and 85 percent gasoline. The ethanol will be produced from American-grown corn.

"NASCAR is committed to being an environ-mental leader," said Brian France, chairman and chief executive officer of NASCAR.

5 Hall inductees announced

The sophomore class of the NASCAR Hall of Fame was announced last week, and David Pearson leads the group of five. Also chosen were Bobby Allison, Ned Jarrett, Bud Moore and the late Lee Petty.

Pearson won 105 races on the circuit now known as Sprint Cup and won the championship three times. Amazingly, he won championships but never ran an entire season of races.

Petty, the founder of the Petty Enterprises team, won 54 races and three championships as a driver. He then steered his team as his son Richard took over the driving duties.

Allison, who claims 85 Cup victories and a championship, raced in numerous divisions with great success, much like Kyle Busch does today.

Moore, a World War II veteran, was a longtime car owner who fielded entries for some of the sport's top drivers including Dale Earnhardt. Jarrett, a 50-time Cup winner and two-time

champion as a driver, went on to become the sport's first driver to move on to a career as a professional broadcaster

Laps led by Clint Bowyer and Carl Edwards in the past 11 Sprint Cup races at Martinsville Speedway, the fewest among drivers in the Chase for the Sprint Cup

Points scored in the past 11 Cup races by Jimmie Johnson at Martinsville, tops among drivers



65 Points separating Kyle Busch, third in Nationwide Series points, from second-place Carl Edwards, who ran five more races this year than Busch

October 21, 2010 B7



- NEW TODAY **Coastal Community Action, Inc. CAREER OPPORTUNITIES**

CCA, Inc. is building a diverse workforce and encourages applications from candidates who enjoy making positive difference in people's lives. If you are a dedicated and hard working individual who values diversity economic justice and the ability to improve the quality of life for those living in poverty, we invite you to join our exceptional team. We offer full-time employees an excellent benefits package which includes health, dental, life and retirement. You can locate current information on careers and how to apply to CCA, Inc. on our website at www.coastalcommunityaction.com

CENTER MANAGER FULL-TIME

Manages, coordinates and directs staff and activities as sociated with running a Child Development Center. Responsible for ensuring goals for quality, curriculum im plementation, staff management, work standards, parent communication, record keeping, and facility operations are met. In addition ensures that the Center is run n accordance with all agency policies and procedure and is in compliance with all state licensing and federal standards. **Requirements**: Bachelors Degree in Early Childhood Education or a related field preferred with a minimum of three years supervisory experience; or an Associate Degree in Early Childhood with a minimum of five years supervisory experience. Early Childhood Administrative Credentials .Location: Newport, NC

EDUCATION SPECIALIST FULL-TIME

Responsible for monitoring classroom activities to en sure requirements under Head Start Performance Standards and North Carolina Child Care Regulations are being met; providing support and technical assis tance to the teaching staff through classroom visita tions, training, and one on one mentoring; monitoring home visits, parent teacher conferences and child as sessments to ensure they are being done in a timely and appropriate manner. **Requirements:** B.A. in ECE/D or related field with coursework equivalent to a major relating to early childhood education; minimum of 2 vears teaching experience in early childhood ages 3 to 5

TEACHERS HEAD START & MORE @ FOUR FULL-TIME

Responsibilities include: The overall operation of a preschool classroom in accordance with Head Start Perfor mance Standards and North Carolina Child Care Regula tions. This includes planning, coordinating, and supervising a classroom environment that promotes each child's total development (i.e. social, physical, emotional, cognitive and nutritional) while promoting positive, open communication with parents and children. Requirements: Must have an A.A. or B.A. in Early Child hood Education. M@ 4 Teachers must have a Pre K Add on or BK Licensure. SIGN-ON BONUS of \$1,000 for M@4 Lead Teachers and \$500 for M@4 Teacher Assist ants who meet the educational requirements.

BUS DRIVER- PART TIME

Responsible for transporting children to and from center. Position involves non-traditional work hours. **Re**quirements: MUST have North Carolina CDL, school bus and passenger endorsement, and an excellent driv ing record. Location: Craven.



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NURSE

PART TIME/FULL TIME

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