

CFAY

Weekly

週刊

July 31, 2025

This Week at Fleet Activities Yokosuka





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CFAY CYP Trailblazer Internship Program

Story and photos by Eryn Navarro, CFAY Public Affairs

ommander, Fleet Activities Yokosuka (CFAY) Child and Youth Programs (CYP) recently welcomed 16 academic interns from Utah Tech University as part of the Trailblazer Internship Program to address unexpected CYP staffing shortages. Installation Director Debra Fuselier discussed how this innovative partnership has benefited the community.

CFAY CYP provides high-quality childcare and recreational programming for military families, including Child Development Centers (CDCs), School Age Care (SAC) programs, teen centers and youth sports. Maintaining consistent staffing across these programs can be challenging due to frequent turnover associated with overseas assignments.





An unexpected shortage of qualified candidates early this summer temporarily paused day-to-day operations at the teen center. "Due to the shortage, we had to make tough decisions about our programming" said Debra Fuselier, CFAY CYP Director.

"We understand wholeheartedly that the teen center is a safe space for many teens," Fuselier said. "The decision to pause didn't come lightly. But in order to sustain custodial care required at our CDCs (Child Development Centers), we had to shift teen center staff elsewhere."

In response, CFAY coordinated active-duty service members who stepped up to volunteer at the teen center, allowing it to remain open with reduced hours.

"We're lucky to have both a command and community that are truly willing to support us the way they do" Fuselier added.

While this short-term, volunteer solution was still being coordinated, CFAY continued searching for a sustainable staffing solution – Their solution arrived in the form of the Utah Tech Trailblazer internship program.

The Trailblazer CYP initiative is a paid academic internship that places university students in Navy CYP programs around the globe. CFAY CYP initiated the request for 16 interns, and within just four weeks received approvals, interviewed candidates, and flew them to Yokosuka, Japan. CFAY became the first naval base in the Pacific to launch the program.

"The interns go through the same application, interview and background-check process just as with any new hire," Fuselier



said. "We onboard them like regular employees - they really become part of the team and get the full CYP experience."

Once onboarded, the Utah Tech interns had to go through 40 hours of training and observation. After the successful completion of training, the interns were placed across four CYP locations including: Gridley CDC, Duncan CDC, Third Avenue SAC, and Green Street SAC. This placement allowed the previously relocated full-time staff back to their positions at the Teen Center.

"Our welcome was super warm," said Kenai Dain, an intern working at the Third Avenue SAC. "You could tell we were needed, and they were really happy we were here."

Over 12 weeks, the interns will help bridge staffing gaps while full-time employees are hired. That additional support has allowed CYP to avoid closing classrooms or limiting hourly care. SAC summer field trips are continuing -and most notably, both teen centers reopened with regular business hours a month ahead of schedule.

At the six-week mark, several interns shared their reflections.

For some, it was their first time abroad.

"The language barrier was a little tough at first," said Gerry Lopez. "But everyone's so friendly. I've always loved Japanese culture, so stepping off the plane and seeing signs in Japanese was so cool."

Others are seasoned participants, like Abby Farish, who is on her fourth CYP contract.

"I'm studying education, and this has been such a great opportunity to travel while earning credits and gaining experience working with kids," she said. Her past internships include San Diego, Hawaii and Sigonella, Italy.

While the intern's fields of study range from education and child development to aviation and exercise science, they all expressed an appreciation for the CYP program and its mission.

"Everything is super organized," Gerry noted. "You can tell the staff really care about the kids and follow through with their

programming. I think that's awesome."

Despite working full-time hours, the interns are making the most of their weekends. They've explored local temples, visited aquariums, attended baseball games, learned to rock climb, and even hiked Mt. Fuji.

"We like to do something fun together on the weekends," said Kate Myers, an intern at Third Avenue SAC. "It's important we appreciate the time we have here."

When asked if they'd return, the answer was unanimous: "Yes!"

"It's cool to travel," said Aimee Dayberry, who previously interned in Lemoore, California. "But what's really rewarding is serving military families and helping the kids."

Looking ahead, CFAY CYP is considering making the Trailblazer program a recurring summer initiative. With more advanced planning and budgeting, they hope to expand it in the future.

"We are beyond grateful for these summer interns," Fuselier remarked. "They've brought fresh eyes, great energy and new ideas."

CFAY CYP remains in need of volunteers - especially for youth sports - and encourages community members to consider joining the team.

"There are so many ways to give back," Fuselier said. "We always have openings, and there's a place for everyone - whether it's working with infants or teens. If you're interested in CYP, there's a place for you."

For more information visit https://www.navymwryokosuka.com/child-youth

For more than 75 years, CFAY has provided, maintained, and operated base facilities and services in support of the U.S. 7th Fleet's forward-deployed naval forces, tenant commands, and thousands of military and civilian personnel and their families.





DEFINITIONS RESPONSES **GUIDELINES**





- water
- food
- supplies

TCCOR 3

DESTRUCTIVE WINDS POSSIBLE WITHIN

48 hours



general clean up

CHECK emergency kits

TCCOR 2

DESTRUCTIVE WINDS POSSIBLE WITHIN

24 hours





TCCOR 1

DESTRUCTIVE WINDS ANTICIPATED WITHIN

12 hours



All nonessential activities SHOULD be discontinued. Commanders may curtail activities. **DODEA** close

FINAL CHECK food and emergency supplies



DESTRUCTIVE WINDS ARE OCCURRING



in quarters. DODEA REMAIN CLOSED

TCCOR 1 RECOVERY



Destructive winds are no longer occurring or forecasted to occur but hazards may exist from typhoon aftermath. Nonessential functions remain closed, until All Clear is established. All but emergency personnel remain in quarters.

DODEA REMAIN CLOSED

TCCOR STORM WATCH



High winds may include gusts exceeding 50 knots and/or sustained winds meeting TCCOR-1 C criteria. The storm is also close enough to the area that a heightened alert status is necessary in order to rapidly establish elevated TCCOR conditions. Nonessential functions remain closed, until All Clear

> emergency personnel remain in quarters. DODEA REMAIN CLOSED

TCCOR ALL CLEAR

THE STORM IS OVER

The storm is over and not



RESUME normal activities

BEGIN

GPR Training, Basic Life Support, Baby Sitting Basics, and Mindful Movement

CPR/AED/First Aid Course

- Thursday July 31, 1 to 4 p.m.
- Thursday Aug. 7, 1 to 4 p.m.
- Thursday Aug. 21, 1 to 4 p.m.

Basic Life Support

• Thursday Aug. 14, 1 to 4 p.m.

Baby Sitting Basics

• Monday Aug. 4, 10 a.m. to 1 p.m.

Mindful Movement - Family and Adult only class (Free class. No referral needed)

Learn movement, breathing and relaxation techniques.

• Email your class request at least two weeks in advance. Yokosuka@redcross.org

Classes may be added based on community need and instructor availability.

All classes are Blended Learning Courses with an online and an instructor led classroom skills session. To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course. Enroll today!



FFSC WEEKLY





More details on CFAY FFSC YOKOSUKA FB page

TAP Core Curriculum
August 4-6 at 8:00 A.M.
SAPR VA Refresher Training
August 4 at 1:00 P.M.
Supporting Children
During Deployment
August 4 at 1:00 P.M. (Virtual)
AOB/ICR
August 5-7 at 8:00 A.M.
Symptom Reduction Group

August 5 at 2:00 P.M.

Youth ICR (Elem)
August 5 at 2:30 P.M.
Pre-Marriage Seminar
August 6 at 9:30 A.M. (Virtual)
Active Japanese
August 6 at 3:00 P.M.
My Employment Track
August 7-8 at 8:00 A.M.
Sponsorship On-Demand
August 7 at 8:00 A.M. (Virtual)

Resiliency Bootcamp
August 7 at 11:30 A.M.
Smooth Move
August 8 at 9:00 A.M.
Anger Management
August 8 at 10:00 A.M. (Japanese)
ESL/EFL
August 8 at 1:00 P.M.
Military Spouse 101
August 8 at 1:00 P.M.

See something you like? Sign up via email: ffscinfo@us.navy.mil

SYMPTOM REDUCTION GROUP



- ✓ Reduce triggers from past events into more manageable levels
 ✓ Increase resiliency
- Learn new stress management skills
- ✓ Led by an FFSC clinical counselor

Learn how to use EMD (eye movement desensitization) techniques for reducing stressful symptoms from recent or past events. No speaking or sharing of experiences is required. Must be 18 or older.**

August 5 @ 2:00 - 4:00 p.m. CRC Bldg., 4th Floor, Counseling Office



For more information or to register, please call 243-7878 or email FFSCinfo@us.navy.mil



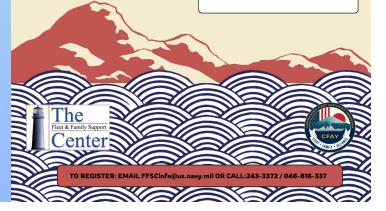


ACTIVE JAPANESE LANGUAGE

JAPANESE LANGUAGE FOR BEGINNERS

FROM GRAMMER TO EASY JAPANESE CONVERSATION

CRC BLDG. 4/F AUGUST 6TH @3:00 P.M.



Yokosuka Child & Youth Programs Present *the* Missoula Children's Theatre in . . .

Robin Hood MISSOULA CHILDREN'S THEATRE A PRODUCTION OF MCT, INC.

August 4 - 8 Auditions are Monday August 4 at KHSLittle Theater. Open to students that are entering first grade (completed kindergarten) through 12th grade. Performances will be Friday, August 8 at KHSLittle Theater. For more information call the CYPOffice at DSN:243-4079 or 046-816-4079 or contact the School Liaison Officer at MWR_Yokosuka_School_Liaison@us.navy.mil









Become a Family Child Care (FCC) Provider

Some advantages of being a FCC Provider are:

- Independent work environment; work from your own home
- Great source of income while saving you the expense of childcare
- Free promotion, advertising and referrals
- Free monthly training and CPR / First Aid training
- Low cost liability insurance & on-site assistance and advice
- Assistance with Child Development Associate Credential
- A job that moves with you and certification that is transferable
 Take the next step! Complete an FCC Provider interest form at
- Take the next step! Complete an FCC Provider interest form at https://militarychildcare.csd.disa.mil/sms/registration/register#



For more information call 241-2978 or 046-896-2978 or 070-1201-7944 or contact MWR_YOKOSUKA_FCC@us.navy.mil





WIC OVERSEAS

WOMEN, INFANTS AND CHILDREN OVERSEAS YOKOSUKA OFFICE

The WIC Overseas Program provides several important benefits to help you and your family lead healthier lives.

Program services are provided to eligible participants living overseas:

- Active Duty Military & their Dependents
- DoD Civilian Employees & their Family Members
- DoD Contractors & their Family Members

Those who may be eligible for the WIC Overseas Services include:

- Pregnant women—during pregnancy & throughout the first 6 weeks after giving birth
 - Mothers—until the infant is 6 months if bottle feeding or age 1 if breastfeeding
 - Infants & children—until the end of the month in which they turn age 5 years

The WIC Overseas Program provides participants & their families with important benefits, including:

- Nutrition & health screenings
- Nutritious foods- Redeemable food checks called "drafts," which can be redeemed for specific foods and quantities in overseas commissaries
 - Tips on how to prepare balanced meals
 - Access to other resources that help families lead healthier lives

Contact your local WIC Overseas office to determine if you and your children are eligible for the WIC Overseas Program!

*Families who did not qualify in the U.S. might qualify overseas!

YOKOSUKA OFFICE HOURS: MON - FRI 0730-1600

DSN: 243-9426 JPN Phone: 046-816-9426 US Phone: 011-81-46-816-9426





Green Beach Pool*

Now - Aug 17

Lap Swim Only

Monday, Tuesday & Friday • 6 - 9:30 a.m. Wednesday & Thursday • 6 a.m. - 2 p.m.

Recreation & Lap Swim

Monday, Tuesday, Friday, Saturday & Sunday 9:30 a.m. - 5:30 p.m. Wednesday & Thursday • Closed

Ikego Pool*

Now - Aug 17

Recreation Swim

Wednesday, Thursday, Friday, Saturday & Sunday 9:30 a.m. - 5:30 p.m. Monday & Tuesday • Closed

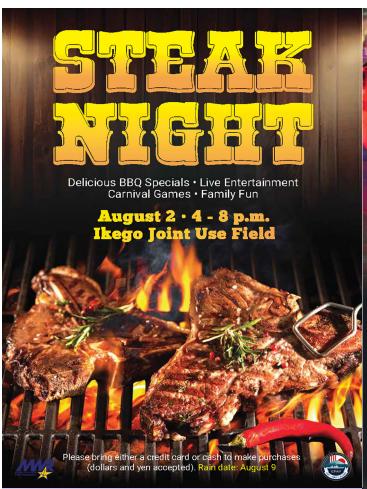
Purdy Pool

Closed for maintenance until August 17.

*After August 17

Green Beach and Ikego Pools will be open from 9:30 a.m. to 5:30 p.m. weekends only through Labor Day.

Schedule is subject to change.





Get ready to lace up and light up the night! Celebrate the end of summer and the start of a new school year with a community night run. Whether you're a student, parent, teacher, or just love a good evening jog - this one is for you. Bring your running shoes, your friends and your back-to-school spirit. Let's make it a night to remember!

Registration is required.

Please sign up at the Fitness Office on the 3rd floor of the Fleet Recreation Center or Purdy Gym.

All ages and fitness levels are welcome. Free event!





Online Safety Brief https://www.navymwryokosuka.com/recreation/mt-fuji-climbing-season

Interested in climbing Mt. Fuji? Our Mt. Fuji online safety briefing is designed to prepare you, and make your hike up Japan's highest mountain a memorable experience!

After completing this mandatory safety brief, print out the certificate and bring it to Outdoor Recreation Center to sign up for Mt. Fuji trips.

Mt. Fuji Day Hikes
What a story to tell back home! Trek, climb, and taste the victory of climbing Japan's tallest mountain, an absolute must-do when visiting Japan's they have been the fittest and most experienced hikers. Bring \$4000 for admission fee and extra yen to purchase a Fuji Stick and/or stamps for your stick. Minimum age is 10 years old.

August: 2, 9, 23, & 30 \$80 / person • \$60 / Blue Jacket

Mt. Fuji Sticks



For more information, please call 046-816-5732.



Named one of Japan's Three Most Unique Festivals, the Yoshida-no-Himatsuri has long mesmerized spectators who come from far and wide to witness the towering torches set ablaze along the main thoroughfare in the heart of the city.

It is an autumnal festival held on August 26 & 27 every year at Kitaguchi Hongu Fuji Sengen Shrine and Suwa Jinja Shrine to mark the end of Mt. Fuji climbing season.

BEYOND THE GATE



Kurihama Perry Festival Aug. 2 (Saturday)

10 a.m. to 8 p.m. | Throughout the Kurihama Area (1-minute walk from Keikyu Kurihama Station, KK-67, 5-minute walk from JR Kurihama Station, JO-01)
There will be 7,000 shots of fireworks and a wide variety of festivities such as Yokosuka Kaikoku Bazaar (Kurihama Shopping Street), and Commodore Perry's Landing Ceremony (Perry Park, 10:30 to 11:30 a.m.).



Southern Beach Chigasaki Fireworks Display

Aug. 2 (Saturday)

7:30 to 8:10 p.m. | Southern Beach Chigasaki (20-minute walk from JR Chigasaki Station, JT-10)
The fireworks display has become a summer tradition in Chigasaki. Approximately 2,000 fireworks will be launched during the event.



Sakawa River Fireworks

Aug. 2 (Saturday)

11 a.m. to 6 p.m. | Sakawa River Sports Field (15-minute walk from JR Kamonomiya Station, JT-15)

This fireworks display is held every summer in the area along the banks of the Sakawa River in Odawara. More than 6,000 colorful star mines, small burst fireworks and trick fireworks light up the night sky, captivating a large number of spectators. The highlight of the show comes with a 300-meter long and 30-meter tall Niagara display that spans the Sakawa River.



Miura Beach Fireworks Aug. 7 (Thursday)

7:30 to 8 p.m. | Miura Beach (5-minute walk from Keikyu Miura-kaigan Station, KK-71)

There will be 3,000 fireworks, including unique water fireworks. Because the launching point of the fireworks is in Tokyo Bay, you can sit on the sandy beach and look up at the fireworks in a relaxing and open setting and enjoy the show at great spots all over the Miura Beach area.

Yokosuka Seaside Marathon is accepting applications for entry until Sept. 14. For more information, http://yokosuka-seaside.jp/. For entry, https://runnet.jp/entry/runtes/user/pc/competitionDetailAction.do?raceld=377862&div=1

NEWS AND NOTICES

USNH YOKOSUKA PATIENT FAMILY PARTNERSHIP COUNCIL

Want to effect change and be a part of healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY. Join us at the upcoming meetings.

- Aug. 12 from 9 to 10 a.m. at Community Resource Center Fuyu Room.
- Sept. 9 from 11:45 a.m. to 12:45 p.m. at USNH Yokosuka 3rd floor Command Auditorium.

To learn more, please email: dha. yokosuka. Yokosuka-NH. list.pfpc athealth. mil, visit https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council

VOLUNTEER WITH US

Use the Yokosuka FPO zip code 96349.

- Military Treatment Facility
- Disaster Team
- Special Events
- Office Support
- Youth Preparedness
- Youth clubs

Email: <u>yokosuka@redcross.org</u>, or call 243-7490.

ANIMAL VISITATION PROGRAM

If you hava a dog, Red Cross Yokosuka needs you! For program requirements and questions, email jacee.maldonado@redcross.org or yokosuka@redcross.org. All participating dogs must successfully complete the AKC Canine Good Citizen Evaluation.

RED CROSS YOUTH CLUB

join us this summer to discover more about the Red Cross mission and contribute to your community. Mondays from 10 to 11 a.m., Community Resource Center 3rf floor room 331, American Red Cross training room. Ages 13-18, no preregistration required.

LOOKING FOR GIRL SCOUT VOLUNTEERS

Make new friends, have fun, and make a difference at Yokosuka! Email: amiller@girlscouts.org.

OFF BASE TRAFFIC CONTROL

There will be traffic regulations from 3 to 9 p.m. around Kurihama Beach on Aug. 2 due to Kurihama Perry Festival.

• The road one street inside Route 134 will be secured from 6:30 to 9 p.m. on Aug. 7 due to Miura Beach Fireworks Festival.

CONSTRUCTION AND CLOSURES

Yokosuka: Due to maintenance, all vehicular traffic at Womble Gate will be secured from 9 to 11 a.m. on Aug. 2. Pedestrian traffic will not be affected.

- Partial road closure for San Diego Street between 9 a.m. and 4 p.m. until July 25.
- Decatur Avenue full road closure from Aug. 4 to 9 for SRF-JRMC Command event "Bon-Odori 2025"
- Howard Street and Nimitz Boulevard partial closure from until Sept. 28. Closures will only be on the weekends. Two way traffic will be maintained. Flagmen will be posted around work areas.
- Vacant Lot full closure until Dec. 30. The vacant lot between the Post Office and NMCRS Thrift Shop will be used as a laydown area for contractors doing various work around base.
- C Street full closure until Sept. 25. The Yokopon bus will be re-routed down Leahy street, stops will remain the same. Pedestrian routes will be open on either side of the project.
- Gridley Tunnel road closure for vehicular traffic from Aug. 1 to July 31, 2028.

- Carney Gate water line replacement. Construction period until Nov. 26. Expect detours and periodic closures for waterline replacement construction. Two-way traffic to be maintained. Most of the work will occur overnight.
- Howard Street partial closure until Aug. 6. Five parking spots will be taken for the work. Pedestrian walkway will be set up around work area. Only one lane southbound will be affected, turning into a small merge.
- Nimitz Boulevard and Gridley Lane partial road closure. Closure period from Sept. 20 to Nov. 26, 8 p.m. to 5 a.m. Two-way traffic will be maintained with flagmen.
- Vandegrift Lane full road closure until October.
- The parking lot immediately in front of ATG is secured through 2027 in support of the NSST Shiphandling Trainer construction. Additionally, half of the 12-hour parking lot is also secured to support NSST construction material laydown and management.

Ikego: Yasakayato Street will be partially closed from 8 a.m. to 4:30 p.m. until Dec. 25. Installation of communication and electrical lines. Connect water main to new Child and Youth programs building. Flagmen will be posted on both sides to allow two-way traffic.

- Ikego CDC parking lot partial closure until Sept. 30. 14 additional parking spots and Five parallel spots will be closed for the new CDC construction area.
- A Government of Japan Contractor will perform excavation work on Shisagi Street until Aug. 31, 2025. Working hours will be between 8 a.m. and 6 p.m., Monday through Friday. Excavation site will be controlled as one-way alternating traffic control road during the daytime work. After daily working hours, road should be re-opened.

f Commander Fleet Activities Yokosuka



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