



July 24, 2025

CFAY FFSC Celebrates 46th Anniversary





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Story by James Kimber, CFAY Public Affairs

ommander, Fleet Activities Yokosuka Fleet and Family Support Center (CFAY FFSC) celebrated the organization's 46th anniversary July 16 in the installation's Community Readiness Center, or CRC, in Yokosuka, Japan.

The event included a cake-cutting ceremony, performances by the U.S. 7th Fleet Band and an information fair with family activities and games for all base community members. The open house showcased the wide range of support services CFAY FFSC offers.

For CFAY FFSC staff, the anniversary celebrates their mission.

"We're not just marking another year; we're celebrating 46 years of helping Sailors and families," said Amy Trotto, CFAY FFSC director. "Our team is proud to serve this community every day."

The FFSC concept was born in the late 1970s as the Navy recognized "the need to better support its people at home." The first Navy Family Service Center (FSC) opened in Norfolk, Virginia, on July 16, 1979. Throughout the early 1980s, the Navy established similar centers focusing first on major fleet concentration areas like San Diego and Yokosuka before expanding to less concentrated installations.

On December 19, 1980, an FFSC was established onboard CFAY at the corner of 3rd Ave. and A Street. The facility would be the temporary home to the newly established Yokosuka Family Service Center as well as the Navy Marine Corps Relief Society, American Red Cross, and the Officer Wives Club according to a December 26, 1980 article in formerly known the Seahawk by Dave Garrison.

This era of CFAY saw significant modernization. Carney Gate was well into a three-year project requiring it to physically move and make way for the new Club Alliance. Tenants at Nagai Heights Housing Area – an area at what is modern-day Soleil Park – began moving out of the U.S.-suburban-style wood-frame single-story houses in preparation to turn the land over to the Government of Japan. And negotiations began to construct several Navy Housing towers and hundreds of town homes where the recently inactivated Navy ammunition detachment was located at the foot of Ikego Forest.

The Yokosuka FSC operated out of their temporary facility until July 1984 when the new Personnel Support Facility – now the Transaction Support Center – held its grand opening. This building opened just days after the Jewel of the East Enlisted Dining Facility held their own ribbon-cutting ceremony and a little more than a week before the Unaccompanied Officer Personnel Housing (a

building that is now part of Navy Gateway Inns) had its first tenants move in. Yokosuka FSC staff remained in their permanent location even after the program's fleet-wide 2001 reorganization to Fleet and Family Support Center. In 2009, CFAY FFSC staff moved to their current location immediately after the CRC opened.

Today, CFAY FFSC has more than 30 staff members including spouses of active-duty personnel alongside U.S. and Japanese civilian specialists delivering its programs. CFAY FFSC services are available free of charge to all active-duty personnel, their family members, and Department of Defense civilian employees stationed in Yokosuka. Similar counseling or classes off base could cost hundreds of dollars per session.

"CFAY FFSC embodies our Navy's deepest commitment and caring for our people," said Capt. Les Sobol, Commander, Fleet Activities Yokosuka. "When we invest in our Sailors well-being, providing the support they need to thrive, we not only build stronger families, we create a stronger Navy. Our FFSC team ensures that Sailors and their families can confidently navigate the challenges of service overseas, allowing our people to remain mission-focused and resilient."

Every Sailor and civilian here has gone through the CFAY FFSC Area Orientation Brief / Intercultural Relations (AOB/ICR) course. This mandatory three-day orientation introduces incoming Sailors, civilians and families to base facilities, local customs, and basic Japanese language, and serves as a prerequisite for obtaining a driver's license on base.

But CFAY FFSC services go far beyond that Welcome Aboard brief.

CFAY FFSC staff offers workshops and classes with wide-ranging topics from the Transition Assistance Program (TAP) for those moving from military to civilian life, credit management and home-buying seminars to stress management, parenting skills and spouse employment seminars like résumé-writing courses and job fairs. Beyond the classroom, CFAY FFSC staff and volunteers organize cultural exchange events and local tours to help families feel at home in Japan and adjust to life overseas.

CFAY FFSC maintains three locations. The main office is on the fourth floor of the CRC. CRC is located directly across the street from the Yokosuka Commissary. A second office dedicated to transition classes is located in the Fleet Recreation Center within the Navy College Wing on the third floor. A satellite CFAY FFSC branch is staffed twice a week in CFAY lkego Heights Family Housing Area and is open to assist families on Wednesdays and Fridays.

For more information, please contact the CFAY FFSC at 046-816-3372 or FFSCinfo@us.navy.mil.



DEFINITIONS RESPONSES GUIDELINES

TCCOR 4

DESTRUCTIVE WINDS POSSIBLE WITHIN

72 hours





- water
- food
- supplies

TCCOR 3

DESTRUCTIVE WINDS POSSIBLE WITHIN

48 hours



CONDUCT general clean up

CHECK emergency kits and fuel

TCCOR 2

DESTRUCTIVE WINDS POSSIBLE WITHIN

24 hours



SECURE outside items



TCCOR 1

DESTRUCTIVE WINDS ANTICIPATED WITHIN

12 hours



All nonessential activities SHOULD be discontinued.
Commanders may curtail activities.
DODEA close

FINAL CHECK food and emergency supplies

TCCOR 1 EMERGENCY

DESTRUCTIVE WINDS ARE OCCURRING





All but emergency personnel remain in quarters.

> DODEA REMAIN CLOSED

TCCOR 1



Destructive winds are no longer occurring or forecasted to occur but hazards may exist from typhoon aftermath. Nonessential functions remain closed, until All Clear is established. All but emergency personnel remain in quarters.

DODEA REMAIN CLOSED

TCCOR STORM WATCH



High winds may include gusts exceeding 50 knots and/or sustained winds meeting TCCOR-1 C criteria. The storm is also close enough to the area that a heightened alert status is necessary in order to rapidly establish elevated TCCOR conditions.

Nonessential functions remain closed, until All Clear

DODEA REMAIN CLOSED

TCCOR ALL CLEAR

THE STORM IS OVER

The storm is over and not forecasted to return and recovery efforts are



RESUME normal activities

BEGIN general clean up

CPR Training, Basic Life Support, Baby Sitting Basics, and Mindful Movement

CPR/AED/First Aid Course

- Thursday July 31, 1 to 4 p.m.
- Thursday Aug. 7, 1 to 4 p.m.
- Thursday Aug. 21, 1 to 4 p.m.

Basic Life Support

- Thursday July 24, 1 to 4 p.m.
- Thursday Aug. 14, 1 to 4 p.m.

Baby Sitting Basics

- Sunday July 13, 10 a.m. to 1 p.m.
- Monday Aug. 4, 10 a.m. to 1 p.m.

Mindful Movement - Family and Adult only class (Free class. No referral needed)

Learn movement, breathing and relaxation techniques.

• Email your class request at least two weeks in advance. Yokosuka@redcross.org

Classes may be added based on community need and instructor availability.

All classes are Blended Learning Courses with an online and an instructor led classroom skills session. To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to quarantee a spot in the course. Enroll today!





PCS-ING TO YOKOSUKA?

Ask the Experts!

CFAY representatives will be available to answer your questions!

MORE INFORMATION

- 243-3372/046-816-3372
- FFSCinfo@us.navy.mil
- facebook.com/ffscyokosukajapan

EVERY 1ST & 3RD THURSDAY

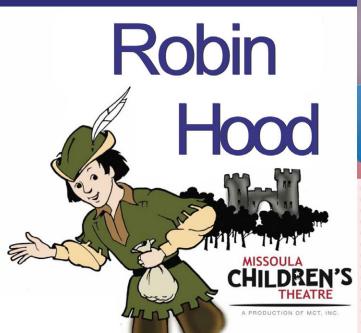
0800-0900 JST



JOIN HERE!

MICROSOFT TEAMS MEETING
GO TO: https://tinyurl.com/2297PM75

Yokosuka Child & Youth Programs Present the Missoula Children's Theatre in ...



August 4 - 8 Auditions are Monday August 4 at KHSLittle Theater. Open to students that are entering first grade (completed kindergarten) through 12th grade. Performances will be Friday, August 8 at KHSLittle Theater. For more information call the CYPOffice at DSN:243-4079 or 046-816-4079 or contact the School Liaison Officer at MWR_Yokosuka_School_Liaison@us.navy.mil





CHILDREN'S
THEATRE



July 25th 1000-1400 Meet at Ikego-FFSC Office

- Intro to local transportation
- · Explore Morito-Damyojin Shrine
- · Discover Zushi area shops & groceries
- Shop Kamegaoka Shrine flea market



For more information, please call 243-3372 or email FFSCinfo@us.navy.mil



Become a Family Child Care (FCC) Provider

Some advantages of being a FCC Provider are:

- Independent work environment; work from your own home
- Great source of income while saving you the expense of childcare
- Free promotion, advertising and referrals
- Free monthly training and CPR / First Aid training
- Low cost liability insurance & on-site assistance and advice
- Assistance with Child Development Associate Credential
- A job that moves with you and certification that is transferable
- Take the next step! Complete an FCC Provider interest form at https://militarychildcare.csd.disa.mil/sms/registration/register#



For more information call 241-2978 or 046-896-2978 or 070-1201-7944 or contact MWR_YOKOSUKA_FCC@us.navy.mil





WIC OVERSEA

WOMEN, INFANTS AND CHILDREN OVERSEAS YOKOSUKA OFFICE

The WIC Overseas Program provides several important benefits to help you and your family lead healthier lives.

Program services are provided to eligible participants living overseas:

- · Active Duty Military & their Dependents
- DoD Civilian Employees & their Family Members
- . DoD Contractors & their Family Members

Those who may be eligible for the WIC Overseas Services include:

- Pregnant women—during pregnancy & throughout the first 6 weeks after giving birth
- . Mothers—until the infant is 6 months if bottle feeding or age 1 if breastfeeding . Infants & children-until the end of the month in which they turn age 5 years

The WIC Overseas Program provides participants & their families with important benefits, including:

- Nutrition & health screenings
- Nutritious foods- Redeemable food checks called "drafts." which can be redeemed for specific foods and quantities in overseas commissaries
 - Tips on how to prepare balanced meals
 - · Access to other resources that help families lead healthier lives

Contact your local WIC Overseas office to determine if you and your children are eligible for the WIC Overseas Program!

*Families who did not qualify in the U.S. might qualify overseas!

YOKOSUKA OFFICE HOURS:

MON - FRI 0730-1600

DSN: 243-9426 JPN Phone: 046-816-9426 US Phone: 011-81-46-816-9426



Club Alliance Thursdays • 5 - 9 p.m.

Officers' Club
Last Thursday of each month • 4 - 8 p.m.

MONGOLIAN BBQ

Officers' Club

Tuesdays • 5 - 8 p.m.

CPO Club Wednesdays • 4 - 8 p.m.

SATISFY your HUNGER!





Indulge your appetite at one of our

BRUNCHES

CPO Club

Saturdays • 9 a.m. - 2 p.m.

Officers' Club

Sundays • 9 a.m. - 2 p.m.

Club Takemiya

Sundays • 9 a.m. - 2 p.m.

Online Safety Brief

https://www.navymwryokosuka.com/recreation/mt-fuji-climbing-season

Interested in climbing Mt. Fuji? Our Mt. Fuji online safety briefing is designed to prepare you, and make your hike up Japan's highest mourtain a memorable experienced. After completing this mandatory safety brief, print out the certificate and bring it to Outdoor Recreation Center to sign up for Mt. Fuji trips.

Mt. Fuji Day Hikes
What a story to tell back home! Trok, climb, and taste the victory of climbing Japan's tallest mountain, an absolute must-do when visiting Japan's The hike begins at Mt. Fuji's 5th station and challenges even the filtest and most experienced hikers. Bring \$4000 for admission fee and extra yen to purchase a Fuji Slick and/or stamps for your stick. Minimum age is 10 years old.

July: 26 August: 2, 9, 23, & 30

\$80 / person • \$60 / Blue Jacket

Mt. Fuji Sticks

Head over to Outdoor Recreation Center and purchase a Fuji Stick branded with our very own stamp to start your



For more information, please call 046-816-5732

FESTIVAL



Named one of Japan's Three Most Unique Festivals, the Yoshida-no-Himatsuri has long mesmerized spectators who come from far and wide to witness the towering torches set ablaze along the main thoroughfare in the heart of the city.

It is an autumnal festival held on August 26 & 27 every year at Kitaguchi Hongu Fuji Sengen Shrine and Suwa Jinja Shrine to mark the end of Mt. Fuji climbing season.

CPO CLUB



Monday | T-Bone Steak

4 - 8 p.m.

Premium choice T-bone steak charbroiled to your preference served with bread, choice of side and vegetables. \$45



Tuesday | Smoked Prime Rib Night

4 - 8 p.m.

Juicy hickory smoked prime rib seasoned to perfection,
cooked to your liking and served with hearty vegetables, soup,
baked potato and garden salad. \$19



Wednesday | Mongolian BBQ

4 - 8 p.m.
A huge variety of meats, vegetables, sauces, soup, pancit,



Thursday | Texas Style Smoked Brisket

4 - 8 p.m.

Juicy and tender, melt in your mouth brisket, slow cooked and smoked to perfection with our blend of spices. Served with pulled pork, white bread, and your choice of side. \$12.50



Friday | Garlic Shrimp w/ Coconut Rice

4 - 8 p.m.
Plump and juicy shrimp served in a delicious garlic butter sauce.
This Hawaiian staple is served with coconut rice and fresh
vegetables. \$8



Saturday Brunch

9 a.m. - 2 p.m. An all-you-can-eat buffet that includes a breakfast section, special carving stations and Japanese food station. Reservations not required but highly recommended.



Bartending Flair Show*

Daily • 7 - 9 p.m. • CPO Club Cove Bar (Authorized patrons only)
CPO bartender will be providing dynamic and exciting experiences while making cocktails.



Cruise Inn

Monday - Friday · 6 a.m. - 2 p.m.

Closed on Saturdays, Sundays & Holidays Fuel your day from our delicious breakfast menu on the go.

For details call 046-816-5506. Bon Appétit!

Officers' Club - CPO Club - Club Alliance* - Club Takemiya PER PLATE A delicious curry collaboration between our JMSDF partners and MWR featuring curry, vegetables and crispy chicken katsu over steamed rice. Available at all MWR clubs. *Not available for delivery

SUMMER POOL HOURS



Green Beach Pool*

Now - Aug 17

Lap Swim Only

Monday, Tuesday & Friday • 6 - 9:30 a.m. Wednesday & Thursday • 6 a.m. - 2 p.m.

Recreation & Lap Swim

Monday, Tuesday, Friday, Saturday & Sunday 9:30 a.m. - 5:30 p.m. Wednesday & Thursday • Closed

Ikego Pool* Now - Aug 17

Recreation Swim

Wednesday, Thursday, Friday, Saturday & Sunday 9:30 a.m. - 5:30 p.m. Monday & Tuesday • Closed

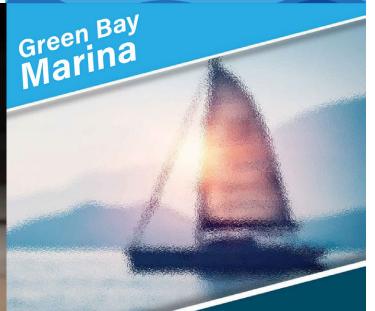
Purdy Pool

Closed for maintenance until August 17.

*After August 17

Green Beach and Ikego Pools will be open from 9:30 a.m. to 5:30 p.m. weekends only through Labor Day.

Schedule is subject to change.



Hours of Operation Thurs. - Mon. • 9 a.m. - 6 p.m. Tues. & Wed. - Closed

Every Thursday & Sunday Stand-Up Paddle Board & Kayak rentals \$1 / 1hr.

JULY 26

\$300 / person (includes Powerboat Handling Book)

Boating license is required to rent Green Bay Marina boats. For more information, please call 046-816-4155.

BEYOND THE GATE

JGSDF Kurihama Garrison Summer Festival

July 24 (Thursday)

5 to 8:30 p.m. | JGSDF Kurihama Garrison (16-minute walk from JR Kurihama Station, JO-01/14-minute walk from Keikyu Kurihama Station, KK-67)

The Kurihama Garrison Summer Festival is scheduled Wednesday, July 24 at Japan Ground Self-Defense Force Kurihama Garrison, weather permitting. The garrison is set to open to the public beginning at 5 p.m. The summer festival will include food stalls, Bon Odori, and ends with a fireworks show.



Hayama Beach Hanabi (fireworks) 2025 July 25 (Friday)

7:30 to 7:40 p.m. | Morito Beach (July 25) (15-minute bus ride from Keikyu Zushi-Hayama Station, KK-53, Line11 or 12, or JR Zushi Station, JO-06, Line 3)

More than 610 fireworks will light up the night sky at Morito Beaches in Hayama.

Yokosuka Seaside Marathon Nov. 23 (Sunday)

8:30 a.m. | Mikasa Park (5-minute walk from Womble Gate) Yokosuka Seaside Marathon is accepting applications for entry until Sept. 14. For more information, http://yokosuka-seaside.jp/. For entry, https://runnet.jp/entry/runtes/user/pc/competitionDetailAction.do?raceld=377862&div=1



Sumidagawa Fireworks July 26 (Saturday)

7 to 8:30 p.m. | First Venue: Taito Riverside Sports Center (12-minute walk from Tokyo Metro, G-19 or Toei Asakusa Station, A-18); Second Venue: (1-minute walk from Tokyo Metro or Toei Asakusa Line Asakusa Station)
Sumidagawa Fireworks is Tokyo's biggest summer fire works, more than 10,000 fireworks in 90 minutes. Popular viewing spots are: Shiori Park (600 meter from JR Minamisenju Station, JJ-04, 8-minute walk) or the north part of Oyokogawa Water Park near Tokyo Skytree and Toei Asakusa Line Honjo-Azumabashi Station, A-19 (5-minute walk).



Haneda Summer Festival July 25 (Friday) - 27 (Sunday)

7 p.m. (Friday), 9 a.m. (Saturday), 8 a.m. to 6 p.m. (Sunday) | Haneda Shrine (10-minute walk from Keikyu Ootorii | Station, KK-13)

The festival ceremony will happen on Saturday at 9 a.m. Sunday is the most important day as this is when the main processions take place. More than 3,000 volunteers carry mikoshi in a unique way. This involves tilting the mikoshi to a 90-degree angle and passing it between the carriers who are jumping up and then crouching down. The Phoenix Mikoshi will be paraded through town in the morning for the first time in six years.

NEWS AND NOTICES

RLSO WESTPAC LEGAL ASSISTANCE REDUCED SERVICES NOTICE

The Yokosuka Legal Assistance Office will have reduced hours on Friday, July 25 from 9:30 a.m. to 12 p.m. due to mandatory Command Training. We will resume regular office hours on Monday, July 28. We can be reached at yokosukalegalassistance@us.navy.mil, or duty phone: Local: 090-6181-4375 or from U.S.: 011-81-90-6181-4375.

USNH YOKOSUKA PATIENT FAMILY PARTNERSHIP COUNCIL

Want to effect change and be a part of healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY. Join us at the upcoming meetings.

- Aug. 12 from 9 to 10 a.m. at Community Resource Center Fuyu Room.
- Sept. 9 from 11:45 a.m. to 12:45 p.m. at USNH Yokosuka 3rd floor Command Auditorium.

To learn more, please email: dha. yokosuka.Yokosuka-NH.list.pfpc athealth. mil, visit https://yokosuka.tricare.mil/ Patient-Resources/Patient-and-Family-Partnership-Council

VOLUNTEER WITH US

Use the Yokosuka FPO zip code 96349.

- Military Treatment Facility
- Disaster Team
- Special Events
- Office Support
- Youth Preparedness
- Youth clubs

Email: yokosuka@redcross.org, or call 243-7490.

LOOKING FOR GIRL SCOUT VOLUNTEERS

Make new friends, have fun, and make a

difference at Yokosuka! Email: <u>amiller@girlscouts.org</u>.

CONSTRUCTION AND CLOSURES

Yokosuka: Due to maintenance, all vehicular traffic at Womble Gate will be secured from 9 to 11 a.m. on Aug. 2. Pedestrian traffic will not be affected.

- Due to pause in construction, Carney Gate will be open for normal operations 24 hours for all traffic until July 27.
- Partial road closure for San Diego Street between 9 a.m. and 4 p.m. until July 25.
- Decatur Avenue full road closure from Aug. 4 to 9 for SRF-JRMC Command event "Bon-Odori 2025"
- Howard Street and Nimitz Boulevard partial closure from until Sept. 28. Closures will only be on the weekends. Two way traffic will be maintained. Flagmen will be posted around work areas.
- Vacant Lot full closure until Dec. 30. The vacant lot between the Post Office and NMCRS Thrift Shop will be used as a laydown area for contractors doing various work around base. This will not affect the parking lot at the NMCRS Thrift Shop.
- Nimitz Boulevard partial closure until July 31. Single lane alternating traffic. Flagmen will be posted. Will restore and release the site on daily basis by 4 p.m. for full 2-way traffic.
- C Street full closure until Sept. 25. The Yokopon bus will be re-routed down Leahy street, stops will remain the same. Pedestrian routes will be open on either side of the project.
- Gridley Tunnel full road closure. Closure period: First closure until July 31, second closure from Aug. 1 to July 31, 2028. First closure is for temporary high voltage power bypass. Second closure is for permanent high voltage power repairs. The second closure is only for vehicular traffic. Tunnel will be open for pedestrian and bicycle traffic.
- Carney Gate water line replacement.

Construction period until Nov. 26. Expect detours and periodic closures for waterline replacement construction. Two-way traffic to be maintained. Most of the work will occur overnight.

- Howard Street partial closure until Aug. 6. Five parking spots will be taken for the work. Pedestrian walkway will be set up around work area. Only one lane southbound will be affected, turning into a small merge. Exiting parking area onto Howard from Fleet Rec will not be affected.
- Nimitz Boulevard and Gridley Lane partial road closure. Closure period from Sept. 20 to Nov. 26, 8 p.m. to 5 a.m. Two-way traffic will be maintained with flagmen.
- Vandegrift Lane full road closure until October.
- The parking lot immediately in front of ATG is secured through 2027 in support of the NSST Shiphandling Trainer construction. Additionally, half of the 12-hour parking lot is also secured to support NSST construction material laydown and management.

Ikego: Yasakayato Street will be partially closed from 8 a.m. to 4:30 p.m. until Dec. 25. Installation of communication and electrical lines. Connect water main to new Child and Youth programs building. Flagmen will be posted on both sides to allow two-way traffic.

- Ikego CDC parking lot partial closure until Sept. 30. 14 additional parking spots and Five parallel spots will be closed for the new CDC construction area.
- A Government of Japan Contractor will perform excavation work on Shisagi Street until Aug. 31, 2025. Working hours will be between 8 a.m. and 6 p.m., Monday through Friday. Excavation site will be controlled as one-way alternating traffic control road during the daytime work. After daily working hours, road should be re-opened.

f Commander Fleet Activities Yokosuka





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