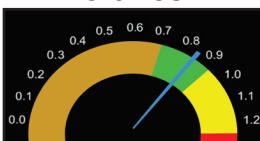




**Pine Bluff  
Arsenal  
24/7 SHARP  
Hotline  
870-209-4093**

## PBA Safety Glance



**Safety Element for  
fiscal year 2025  
Lost Day Case Rate:  
0.87 Award Goal: 0.95**

**\*Lost time injuries for fiscal year 2025 are three. There are zero lost time injuries for April 2025.**

**\*Recordable injuries for fiscal year 2025 are nine. Recordable injuries is one for April 2025.**

**\*Pine Bluff Arsenal days without a lost time injury is 91.**

**\*Pine Bluff Arsenal days without a recordable injury is 68.**

**\*Estimated hours worked without a lost time injury: 273,270.**



## Duncan takes over as JMC leader

*By Matthew Wheaton, Joint Munitions Command, Public and Congressional Affairs*

ROCK ISLAND ARSENAL, Ill. — Brig. Gen. Daniel Duncan has taken over as the commander of the Joint Munitions Command.

The Missoula, Montana, native assumed control from Brig. Gen. Ronnie Anderson Jr. on April 25 in a change of command ceremony held inside Heritage Hall at the Rock Island Arsenal.

Lt. Gen. Chris Mohan, the deputy commanding general and acting commander of the Army Materiel Command (JMC's higher headquarters), officiated the event and praised Duncan, who was commissioned as an ordnance officer from the Army ROTC program at Washington State University, Pullman, Washington, in April 1994.

"There's no better person for this next phase in this next chapter than Dan Duncan," Mohan said. "He understands the requirements and the needs of the warfighter. He understands how complex the environment is. Dan, you are inheriting a team of dedicated professionals who are committed to delivering excellence, and who embody the best of our nation."

Duncan, the 15th commander of JMC, thanked his friends, mentors, and loved ones for their support throughout his life.

"To my family and loved ones, thank you for standing by me through every challenge



**Brig Gen. Daniel Duncan, the Joint Munitions Command's newest commander, prepares to hand off the command flag to conclude the ceremonial handoff while his wife looks on during a change of command ceremony at Rock Island Arsenal April 25. U.S. ARMY PHOTO BY SHAWN ELDRIDGE, JMC**

and every triumph. Your love and encouragement mean the world to me," Duncan said. "Supporting the warfighter will always be our ultimate priority. With the dedication of our commanders in the field, the talent of our workforce, and the strength of our industry partners, we will ensure JMC remains a cornerstone of readiness for our Army."

Duncan also mentioned he is honored to serve the people who make up JMC.

"The heart and passion you put into this mission precedes you across our Army," Duncan said. "I have heard incredible stories of loyalty

and determination in meeting the needs of the joint force. At the heart of the plants and depots are generations of families whose dedication has turned this mission into a legacy of hard work, innovation, and shared family purpose."

Like Duncan, Mohan also paid tribute to those who make up JMC's workforce.

"This is not just a job, and JMC is not just a normal command," Mohan said. "This is a critical command that is intimately involved in support to our warfighter, from all the way down at the very tactical level to the very strategic, and all the way from issue to production."

"Just let me say to men and

women in JMC, you are the heart and soul of this community, and your dedication and hard work are what makes JMC so vital to our nation's defense," Mohan added.

JMC is a tenant organization headquartered on RIA. JMC provides the joint forces with ready, reliable, and lethal munitions at the speed of war, sustaining global readiness. JMC is the logistics integrator for life-cycle management of ammunition and provides a global presence of technical support to combat units wherever they are stationed or deployed.

## Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

## Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.



# Commander's Column

## Memorial Day: A Time to Honor, Reflect, and Continue the Mission

As the commander of a workforce of 550 dedicated Department of the Army Civilians, I have the privilege of leading a team whose efforts directly support the mission of the United States Army. Earlier this week, we celebrated Memorial Day. I am reminded our work is not just about operational readiness or logistics — it is about honoring the ultimate sacrifice made by those who came before us.



Col. Collin K. Keenan

Memorial Day stands as one of the most solemn and important observances in American history. Established in the years following the Civil War, this day was originally known as Decoration Day, a time when communities would gather to place flowers on the graves of fallen Soldiers. Over time, it evolved into a national day of remembrance, officially becoming Memorial Day in 1971.

For those of us in military service — whether in uniform or Civilian capacity, Memorial Day is more than just a day off or the unofficial start of summer. It is a call to pause and reflect on the sacrifices of the men and women who laid down their lives in service to our nation. From the beaches of Normandy to the moun-

tains of Afghanistan, from the trenches of World War I to the jungles of Vietnam, every battlefield holds a story of bravery, commitment, and loss.

As a leader of our great Army Civilian Workforce, I see first-hand the dedication of those who work tirelessly to support our Soldiers. Our men and women ensure critical operations run smoothly, providing essential services, technological expertise, and logistical support. While you may not wear a uniform, your commitment to the Army's mission is unwavering. Memorial Day is an opportunity for all of us — military or civilian — to reaffirm our dedication to the values of service, honor, and remembrance.

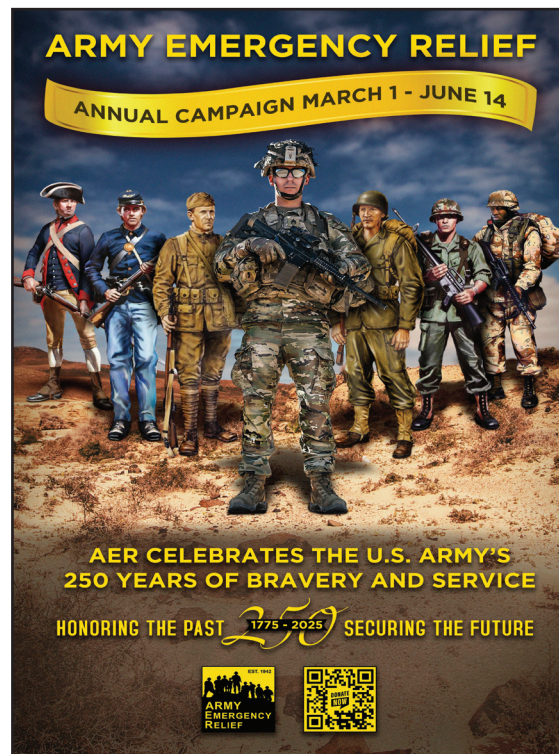
I hope everyone took a moment away from barbecues and gatherings to reflect on the true meaning of Memorial Day. Whether you visited a cemetery, attended a remembrance ceremony, or simply paused to consider the sacrifices of the fallen, their courage and selflessness made possible the freedoms we enjoy today.

For our Workforce, Memorial Day is not only a time of remembrance but a reminder of our purpose. Every logistical effort, every administrative decision, and every technical innovation we contribute plays a role in ensuring those in uniform have the resources they need. In honoring the fallen, we also honor our responsibility—to continue the mission with integrity, excellence, and dedication.

As we bow our heads for a moment of silence, let us not only remember the past but recommit ourselves to building a future worthy of their sacrifice. Today, and every day, we strive to uphold their legacy.

Thank you for all you do here at PBA and Be All You Can Be!

Col. Collin K. Keenan  
41st Commander of PBA



## Army Regulation 360-1

AR 360-1 is the regulation that governs the release of public information.

This includes what to release and how to release it to the public, non-releaseable subjects, and items that need to be cleared through public affairs channels prior to release. The Public Affairs Program is the overall responsibility of the Arsenal commander.

Only the commander and his designated representatives are authorized to speak for the Pine Bluff Arsenal. The PAO acts as the liaison between the media and the installation.

However, employees are encouraged to speak to civilian professional groups on matter in which the individual has personal knowledge and expertise. This should be coordinated with PAO. They shouldn't comment on military matters that are beyond their knowledge. Classified information won't be discussed.



If you have a submission for the monthly Arsenal Sentinel, please send it to Rachel Selby at [rachel.c.selby.civ@army.mil](mailto:rachel.c.selby.civ@army.mil)

The Sentinel comes out the last Thursday of every month.

## Arsenal Sentinel



Col. Collin K. Keenan, Commander  
Roch Byrne, Deputy to the Commander  
Cheryl Avery, Public Affairs Officer  
Rachel Selby, Sentinel Editor/Social Media  
Hugh Morgan, Photographer  
Kevin Wilson, Webmaster

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## Hails and Farewells

### Retirements

**Andrew S. Wood**, Lead Security Guard, has retired from the Directorate of Emergency Services. Wood retires with 26 years of service.

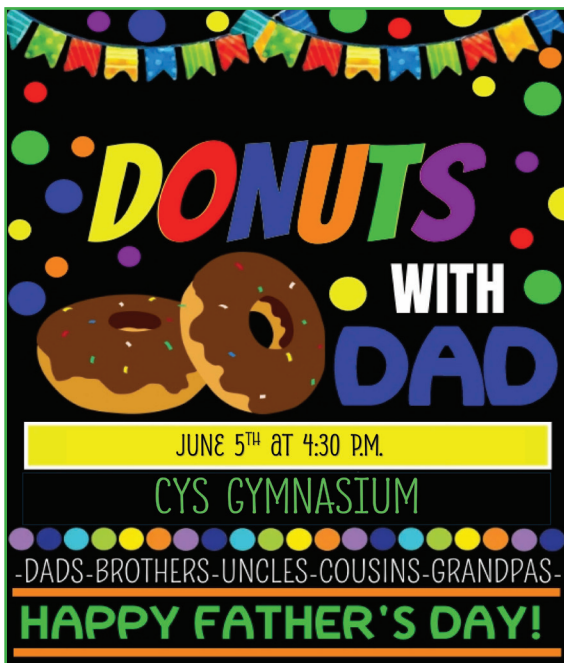
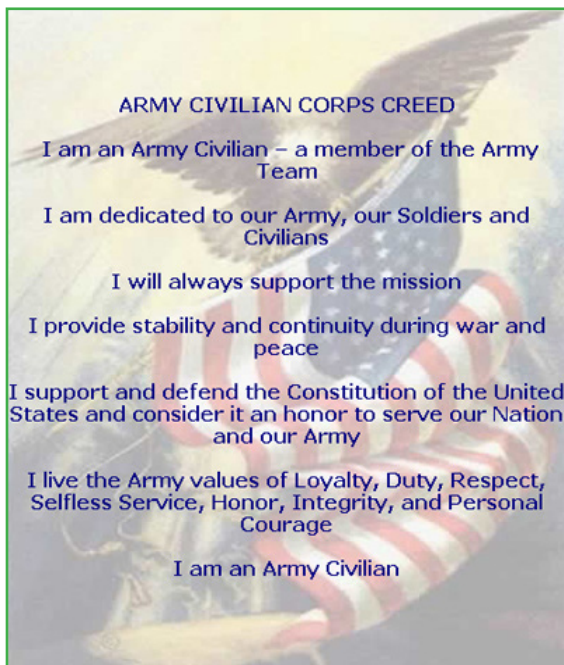
**Reginald K. Freeman**, Security Guard, has retired from the Directorate of Emergency Services. Freeman retires with 17 years of service.

**Kenneth R. Maddox**, Industrial Worker, has retired from the Directorate of Ammunition Operations. Maddox retires with 16 years of service.

### Farewells

**James C. Culwell, IV**, Security Guard, has left the Directorate of Emergency Services.

**Haddon T. Hodge**, Equipment Specialist, has left the Directorate of Public Works.



Pine Bluff Arsenal's Army Substance Abuse/Employee Assistance Program Office sponsored a Drug Take Back event in the parking lot of the Arsenal's Health Clinic April 24. More than 10 pounds of medication was collected. Pictured are Yohance Brunson and Marcia Oliver with the Jefferson County Sheriff's Office. Kevin Bradley with PBA's ASAP/EAP, Molly Moore with PBA's Chemical and Biological Defense Directorate and Jahan Montazari with PBA's Health Clinic are also pictured. U.S. ARMY PHOTO BY HUGH MORGAN

**U.S. ARMY**

# Pine Bluff Arsenal

## “America’s Arsenal”

## celebrates the

## U.S. Army’s

# 250th Birthday

## THURSDAY, JUNE 12

**250**

U.S. ARMY

THIS WE'LL DEFEND

**Cake Cuttings will take place throughout the installation at the following times/locations:**

- \* AO Cafeteria - 11:30 a.m.
- \* CB - Bldg. 63-100-conference room - 12:30 p.m.
- Second cake will be at 57-01 for CB
- \* Creasy Auditorium (outside Plainview Gate) - 1:30 p.m.

**U.S. ARMY**
BE ALL YOU CAN BE.



# Arsenal's Emergency Operations Center gets reorganized

By Rachel Selby

When Clay Bewley, emergency management specialist with Pine Bluff Arsenal's Directorate of Emergency Services, came to work for the installation, he knew he wanted to focus on building the emergency management program. He also knew he wanted to make some changes to the Arsenal's Emergency Operations Center.

"Since I came on board, I've wanted to change up the EOC's format and model it on the National Incident Management System. This is not new, and is the standard," he said. "I'm trying to bring us in line with the incident command structure."

Bewley, originally from Perryville, Ark., came to PBA from the Arkansas Department of Emergency Management, where he worked for 15 years. His most recent job with ADEM was an areas coordinator where he worked with approximately 15 counties in the central part of the state.

Jim Walter, DES director, said Bewley has made continuous improvements to PBA's Emergency Management program since assuming his position in January 2024.

"Clay's latest project, rearranging and updating the Arsenal's EOC, will positively affect communications and help streamline support provided to Incident Command, internal and external messaging to the community, and information provided to our command for decision making and reporting during emergencies," he said. "He brings a wealth of knowledge to the table, which has greatly enhanced our preparedness for response and recovery."

One of the biggest changes made has been to move all the emergency support function stations into one room. The room was previously broken up into two separate areas which made communications difficult.

"We moved the desks in April. Electrical boxes even had to be moved to make everything realign," said Bewley. "It was a mess when they moved everything. Wires everywhere."

He said there are a few more changes to be made like getting new chairs and adding another television to the wall. "I'm trying



Pine Bluff Arsenal's Emergency Operations Center responders check out the new layout of the room during a soft opening in May. More changes are coming according to Clay Bewley, emergency management specialist with the Directorate of Emergency Services. The facility is used during exercises and real-emergencies on the installation. U.S. ARMY PHOTO BY RACHEL SELBY

to make it easier to get situational awareness in a timely manner," said Bewley. "The main TVs in the front of the room will still be dedicated to PSIF (Physical Security Integrated Framework) system."

Bewley said he has been working with PSIF a bit more and has figured out how to better integrate it into PBA's program. "I have figured out how to do some things within the

system now," he said.

One of the after-actions from the last quarterly Chemical Incident or Mishap Response and Assistance (CIM-RA) exercise was having a standardized template of information about the incident or accident, said Bewley.

"Every time, it's a similar scenario. So, I have built a template into PSIF. I figured

out how to do that and hopefully will be expanding it," he said. "I am hoping to have different pages, and to be able to build some different templates. Right now, it is just a text box being filled out. The templates will help take a lot of the guess work out of it."

A soft opening of the EOC was held for responders in May.

## Special Guest Speaker



Pine Bluff Arsenal Commander Col. Collin K. Keenan speaks May 8 during a Career Day at East End Elementary School. The colonel spoke at the school to second graders. U.S. ARMY PHOTO BY HUGH MORGAN

**FATHER'S DAY  
STRONGMAN  
COMPETITION**

**PINE BLUFF ARSENAL MWR**

**3 AGE DIVISIONS  
WINNERS RECEIVE A TROPHY**  
\*OVERALL COMBINED TOTAL WEIGHT\*

JUNE 13TH 2025 16-310 SIBERT RD.  
1:00 PM WHITE HALL, AR 71602  
ENTRY FEE \$10 870.540.3778



# EAP Corner

## National Employee Wellness Month

*Courtesy of Pine Bluff Arsenal Army Substance Abuse/Employee Assistance Program Office*

Every year, the National Employee Wellness Month is celebrated throughout the month of June. This month provides an opportunity for employers and organizations to enhance existing wellness programs and encourage their employees to adopt proactive strategies for improved physical, mental, and emotional wellbeing in the workplace.

Together, participating organizations in the United States will raise awareness about the benefits of a healthy workforce, emphasizing the relationship between employee health, employee productivity, and organizational success.

This association between employee health and workplace productivity should continue to be emphasized in a bid to encourage other employers and companies to think in the direction of wellness.

### Why workplace wellness?

Adults spend most of their active life working and most of the active part of the day is spent at work. Therefore, there is a close link between work and an individual's health and wellbeing.

Chronic disease is one of the biggest challenges facing employee health and productivity at work: More than 150 million American adults in the workforce have at least one chronic disease; including heart disease, arthritis, diabetes, and mental health disorders.

Chronic disease, financial stress, and psychosocial stressors at work limit a worker's input at work, impair their ability to carry out or complete tasks, and promote absenteeism and presenteeism, all which costs employers more than they would imagine.

A recent survey revealed that approximately 69 million workers reported missing workdays due to illness last year, resulting in a total of 407 million days of work time lost. According to the Wellness Council of America, more than 100 million of these workdays are lost to low back pain.

### Some ideas to celebrate the month

Here are a few simple tips to help reinforce wellness in your workplace:

- 1. Encourage walking meetings:** Get your workers up and active as they brainstorm ideas and create solutions for the company. Discourage long meetings around a conference table and have your workers walk around the office or in the park for their scheduled meetings. This not only improves their energy levels and blood pressure, but it also builds a stronger interpersonal connection.
- 2. Encourage naps and sleep time:** Stress is one of the biggest risk factors of chronic disease, and work-related stress is the major contributor to this. Allow your workers to take scheduled breaks for sleep or mindfulness exercises to help them relax. You can also create napping rooms for workers that need them.
- 3. Encourage fitness breaks:** Provide discounted gym memberships, allow workers to take some minutes off work to stretch, or provide on-site physical activity courses.
- 4. Create a challenge:** Races, walk challenges, cycling events, etc., are fun ways of getting your workers to work together and stay fit. Place workers in different teams to boost their participation and enthusiasm.
- 5. Promote goal setting:** Encourage all employees to set a health and wellness goal for this month. Goals should be measurable, specific, and achievable: for instance, walk 20 minutes every day; burn 1,200 calories every day, exercise four times a week to lose a specific amount of weight every week etc.

In the end, whatever you do to promote health and wellness is fair game! In this National Employee Wellness Month, re-evaluate

NAME \_\_\_\_\_

OFF SYM \_\_\_\_\_

### June is National Employee Wellness Month

F X U Q C A X D O S S E N L L E W P P B  
S O H X B Y K Z E I E V F J U G M D L I  
U B O X N H K V U L Y Y V O J I E P Q M  
M W R W R P W B B U G E M P L O Y E E X  
K C I G I Z I O O W A O E D Q D U Z N G  
O V T B N X E P R O A C T I V E G K U I  
I R W S O E C R L K Y M R D F P W I Z R  
L C G Y K X A E U T I H T M O X M H L T  
O Y N P Z J L S G X N Z R X T Z B W N Y  
X C I R O O P E A T B K B E N E F I T S  
H H E O X D K N H E A L T H N X B U U C  
J E B D Z A R T D N J V J G K Q J A Q Q  
L F L U T I O E B W O R K F O R C E U T  
X L L C O M W E F O O G F P D K A G M H  
Q C E T O C R I M G X M M G F I Z A I W  
E O W I M R W S R J N T D C N N U G P B  
G K O V F F E M S R W Q D F B S A A Q A  
U M S I E E T N E S B A J Y C W C L U E  
J J T T G Q R S S E N E R A W A V P Z B  
F K K Y U Y M J W Q G M J G Q D J O Y Q

WELLNESS  
HEALTH  
WORKFORCE  
BENEFITS  
PRESENTTEEISM

EMPLOYEE  
WELLBEING  
WORKPLACE  
PROACTIVE

WORK  
PRODUCTIVITY  
AWARENESS  
ABSENTEEISM

your wellness programs, reignite the passion for wellness in your company, and reinforce proven strategies to maintain a healthy work environment. Remember, healthy workers make a healthy and productive workforce (*Corporate Well-*

*ness Magazine*, 2025).

Pine Bluff Arsenal's Army Substance Abuse Program/Employee Assistance Program staff is here to help. We offer the Walk for Life Program and the Work, Life, and Wellness program.

We also offer you a safe and confidential place to discuss concerns, challenges, and strategies for managing difficulties in your life.

We are located in Building 13-040, and can be reached at 870-540-3094. The Care line number is (870) 550-2653.



## MAMMOGRAM & PROSTATE SCREENING EVENT

"Screen Smart. Live Well."



EARLY DETECTION SAVES LIVES

**WHEN:** Thu, June 12, 2025 – 8:00 AM– 1:00 PM

**WHERE:** 17-120 DAYTON RD., WHITE HALL, AR

**SERVICES OFFERED:**

- ✓ **Mammograms** (By appointment only. Call 1-800-259-8794 to schedule.)
- ✓ **Free Prostate Screenings.**
- ✓ **On site health education and resources.**

\*STOP BY FOR YOUR SCREENING AND SIGN UP FOR AN OPPORTUNITY TO WIN A FREE PRIZE!!!!

ASAP

FOR MORE INFORMATION CONTACT THE PBA ASAP/EAP TEAM 870-540-3094

EAP





# EAD provides training, competition for Workforce

By Rachel Selby

Pine Bluff Arsenal's Workforce gathered May 1 at the White Hall Community Center for a morning of awards and mandatory training, and an afternoon of competitive games, for the annual Employee Appreciation Day.

The morning session included trainings by Jewel Loving, with Joint Munitions Command, on the Army's Sexual Harassment/Assault Prevention Program (SHARP); a safety overview about the Army's Safety and Occupational Health Management System by PBA's Jada Gray; a suicide prevention presentation by guest speaker, Susie Reece, director of Lived Experience Initiatives for the Suicide Prevention Resource Center; a substance abuse presentation by guest speaker, Jacob Smith, a drug intelligence officer for the Gulf Coast High Intensity Drug Trafficking Area, which is a program under the Office of National Drug Control Policy; and a financial planning presentation by Ben Moore with Edward Jones. This is the second year Moore has presented during EAD.

The training kicked off with announcements by Justin Lieber, director of Business Operations and Planning, who recognized the community



Pine Bluff Arsenal Commander Col. Collin K. Keenan, and Deputy to the Commander Roch Byrne pose with members of the PBA Workforce honored for their service in the community. Awards were presented to: Brandy Aaron, Michael Armstrong, Matthew Batson, Tyler Berry, Gregory Bishop III, Samuel Brannan, Chris Broughton, Sarah Devries, Clay Ferrell, Vivian Finney, Johnetta Ford, Frank Gonzales, Shonda Gonzalez, Laverne Graham, Steven Gray, Jeremy Haire, Celena Harbison, Anthony Henderson, Jonathan Hoover, Denita Kindrick, Rodney Mays, Brandon McNeese, Robert Monk, Jr., Will Moore, Ben Morse, Shawneeka Mosby, Debbie Paylor, Brian Pugh, Jennifer Reynolds, Mark Ronney, Teddy Spivey, Thomas Stanfield, Ricky Strain, Phillip Tallent, Paul Wade, Marcia Wayland, and George Whale. Not pictured: Nick Garrison, Michael Harrington, Judge Parker, Chris Phillips, Jason Shaw, David Weiss, and Jerry West. U.S. ARMY PHOTO BY HUGH MORGAN

center employees who helped set up for the event.

PBA Commander Col. Collin K. Keenan said one of his guilty pleasures was watching wrestling and experiencing all the excitement in the room. This was Keenan's last EAD before his Change of Command in July.

"Let's get the energy up today," he said. "I want to hear some woos out there in the crowd."

Before the training began, awards were presented to 45 members of the PBA Workforce who have provided ex-

ceptional public service to their communities.

"These employees have done some absolutely amazing volunteer work," said the commander. "This is important. I have been here in this area for a little more than two years now – about 25 months in command, which is crazy to think about. When I'm out and about in the community, I always run into folks from the Arsenal."

Keenan said he wasn't going to read each individual volunteer accomplishment, but he wanted to read a few of them.

"We have youth leaders and mentors, volunteer fire fighters, deacons, mentors with Boy Scouts, school system representatives, board of directors for local organizations, part-time police officers, and volunteers with the local food pantry and arts center," he said.

"It goes on and on. I wanted to make sure to recognize these folks in front of everyone."

After the morning training, lunch was served under tents near PBA's Recreation Services Center. A health fair,

organized by PBA's Army Substance Abuse/Employee Assistance Program Office, was held at the Army Reserve Center, outside Plainview Gate.

Various competitive competitions were also held throughout the afternoon, including Baggo, karaoke, and a fire department obstacle course.

An awards ceremony for winners of the competitive competitions was held at the conclusion of the day's activities.



Tiffany Penister and Crystal Gaddy provide information about Pine Bluff Arsenal's Army Community Service programs during the Employee Appreciation Health Fair. The fair was held May 1 at the Army Reserve Center outside Plainview Gate. There were numerous informational booths at the fair.



Photo above, Pine Bluff Arsenal employees make their way to various booths during the health fair held May 1 at the Army Reserve Center.



Photo left, Kevin Bradley with PBA's Army Substance Abuse/Employee Assistance Program office gets his blood pressure taken during the health fair.

U.S. ARMY PHOTOS BY  
HUGH MORGAN

**Employee Appreciation Day  
Health Fair  
Sponsored by ASAP/EAP**



# Employee Appreciation Day 2025



Left top, Caleb Walker with Risk Management and Regulatory Affairs and David Hoots with Emergency Services, won the Baggo tournament.

Right top, Ron Rucker with Emergency Services was the winner of the Fire Department's Obstacle Course.

Left middle, Pine Bluff Arsenal Commander Col. Collin K. Keenan entertained the large crowd during Karaoke at the Arsenal's Training Center.

Right middle, Todd Snyder with Public Works and Reggie Brown with Chemical Biological Defense Operations, won Karaoke.

Right bottom, a little 3-on-3 basketball action took place at the Arsenal's Recreation Services Center during the afternoon on May 1. Team winners were Ben Malone, Brent Webber, Kevin Bradley and Steven Gray.



U.S. ARMY PHOTOS BY HUGH MORGAN



## DPW Spotlight



Wes Hoffman and Ryan Garrett with Pine Bluff Arsenal's Directorate of Public Works-Electric Shop repair high-voltage power lines following recent storms. U.S. ARMY PHOTO BY CAITLIN THOMAS-DPW

## CYS Muffins with Mom



Pine Bluff Arsenal's Child and Youth Services Center hosted a Muffins with Moms event May 8. The event was held in recognition of the special impact mothers, grandmothers, aunts, sisters, etc., have not only on the children in their lives but to everyone they meet. More than 141 people were in attendance for the event. U.S. ARMY PHOTO BY HUGH MORGAN

## Hough to take command June 5

Radford Army Ammunition Plant will hold a Change of Command Ceremony June 5. Lt. Col. Adrien G. Humphreys will relinquish command to Lt. Col. Marie J. Hough. Pine Bluff Arsenal Commander Col. Collin K. Keenan will preside over the change of command ceremony.



BIOGRAPHY  
WWW.JMC.ARMY.MIL

### LIEUTENANT COLONEL MARIE J. HOUGH COMMANDER, RADFORD ARMY AMMUNITION PLANT



Lt. Col. Marie J. Hough will assume command of the Radford Army Ammunition Plant on June 5, 2025. RFAAP provides America's Warfighters with superior performing propellants, energetics, and munitions to enable engagement and destruction of targets with total confidence.

Lt. Col. Hough began her Army career in 1997. Following basic training at Fort Leonard Wood in Missouri, and advanced individual training at Fort Sam Houston in Texas, she was assigned to the 261st Area Medical Support Battalion, Fort Bragg, North Carolina. Subsequent enlisted assignments included Fort Sam Houston, Schofield Barracks, Hawaii, and Landstuhl Regional Medical Command, Germany. Rising to the rank of Sergeant First Class, she was selected for Officer Candidate School.

In 2007, Hough commissioned through OCS at Fort Benning, Georgia, and her initial assignment as a Chemical Officer was with the 2-17th Cavalry Regiment at Fort Campbell, Kentucky, where she deployed as the Squadron Chemical Officer in support of OEF from 2007-08. She subsequently served as the Brigade Chemical Officer for the 18th Military Police Brigade in Mannheim, Germany.

She has earned a Master of Science in environmental management from Webster University, St. Louis, Missouri, and a Bachelor of Arts in political science from Chaminade University of Honolulu, Hawaii.

Her previous assignments include Commander, Intelligence and Sustainment Company, U.S. Army Europe, Heidelberg, Germany; Commander Direct Commission Course, 3-11 Infantry Battalion, OCS, Fort Benning, Georgia; Deputy Chemical, Biological, Radiological, and Nuclear (CBRN) Chief for the 7th Infantry Division at Joint Base Lewis-McChord, Washington; Action Officer, CBRN Response Enterprise Cell, U.S. Army North, Fort Sam Houston, Texas; Action Officer, Army Talent Management Task Force, Pentagon, Virginia; Operations Officer and Executive Officer for the Headquarters Battalion, U.S. Army, Joint Base Myer-Henderson Hall, Virginia; Chief of Operations, 20th CBRNE Command, Aberdeen Proving Ground, Maryland.

Lt. Col. Hough's military education includes Battle Staff, Basic Instructor Course, Combatives Levels I and II, Officer Candidate School, Basic Officer Leader Course, Chemical Officer Basic Course, Chemical Officer Career Course, Company Commander and First Sergeant Course, Lean Six Sigma (Green Belt), Defense Support to Civil Authorities, and Intermediate Level Education.

Her awards and achievements include Meritorious Service Medal (2 Oak Leaf Clusters), Joint Service Commendation Medal (2 Oak Leaf Clusters), Army Commendation Medal (7 Oak Leaf Clusters), Army Achievement Medal (9 Oak Leaf Clusters), Joint Meritorious Unit Award, Good Conduct Medal (4 Oak Leaf Clusters), National Defense Service Medal (2 Oak Leaf Clusters), Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service, Humanitarian Service Medal (3 Oak Leaf Clusters), NATO Medal (3 Oak Leaf Clusters), Non-Commissioned Officer Professional Development Ribbon (3 numerals), Army Service Ribbon (2 numerals), Overseas Service Ribbon (2 numerals), Expert Field Medical Badge, and German Armed Forces Badge for Military Proficiency (Silver).



JUNE 2025

**I AM  
AN ARMY CIVILIAN**

**BE ALL YOU CAN BE.**



1<sup>st</sup> Annual

# 5K Color Run & Walk



*Saturday*

**June 7**

For registration Stop into the  
gym 16-310 Sibert Rd.  
White Hall, AR 71602  
or Call 870-540-3778 after 1pm

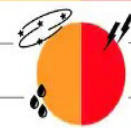

**Starts at the Pine Bluff Arsenal  
Fitness Center  
Finish at the same place.  
1000-1300**

**Volunteers needed  
to throw colors**

**Registration at the PBA Fitness Center  
\$10 Per Adult \$5 Per Child under 10  
includes Tee shirt registered by June 2**

For more information and to sign up  
for contact list email:  
[geraldine.robinson36.naf@army.mil](mailto:geraldine.robinson36.naf@army.mil)










HEAT EXHAUSTION	OR	HEAT STROKE
Faint or dizzy		Throbbing headache, confusion
Excessive sweating		No sweating
Cool, pale, clammy skin		Body temperature above 103° Red, hot, dry skin
Nausea or vomiting		Nausea or vomiting
Rapid, weak pulse		Rapid, strong pulse
Muscle cramps		May lose consciousness
<ul style="list-style-type: none"> <li>Get to a cooler, air conditioned place</li> <li>Drink water if fully conscious</li> <li>Take a cool shower or use cold compresses</li> </ul>		<p><b>CALL 9-1-1</b></p> <ul style="list-style-type: none"> <li>Move person to cooler place</li> <li>Cool using cool cloths or bath</li> <li>Do not give anything to drink</li> </ul>

Source: National Weather Service



## STAY SAFE THIS SUMMER!

 Use sunscreen	 Take a first aid kit
 Play in shaded areas	 Wear lightweight clothing
 Wear a helmet	 Use insect repellent
 Avoid intense activity on hot days	 Wear sunglasses
 Take breaks	 <b>HYDRATE!</b>

## SAFE BOATING TIPS



**HIGH WINDS/WAVES**  
**Know Your Action**  
Reduce speed  
Head to shore

**KNOW BEFORE YOU GO**  
Check the forecast at [weather.gov](https://www.weather.gov)  
Always wear a life jacket!



**COLD WATER**  
**Know Your Action**  
Remain calm and control your breathing  
Minimize time in the water  
Get dry and warm ASAP



**LIGHTNING**  
**Know Your Action**  
Remain weather-ready  
If you hear thunder, it's time to stay in the cabin or head to shore



## 5 SUMMER Safety Tips



### Be Sun Savvy

- 
  - Use a broad-spectrum sunscreen with an SPF of at least 15.
  - Wear a hat, sunglasses (with UV protection) and lightweight, light-colored clothing.
  - Seek shade under a tree, shelter or an umbrella.
  - Wear a protective sun shirt in the water.



### Stay Safe in the Surf

- Only swim where lifeguards are positioned, and never take your eyes off of swimming children.
  - Check the conditions of the current before heading out.
  - If you find yourself in a rip current, swim parallel to the shore until you are out of it.
  - Look for jellyfish. If you are stung, go to a lifeguard for first aid.
  - If you hear thunder, stay off the beach for at least 30 minutes after the last thunder clap.



### Be a Water Watcher

- Never take your eyes off of children in a pool or any body of water, even for a moment!
  - If you're in a group, appoint a designated "water watcher," taking turns with other adults.
  - Avoid distractions like your phone, books or magazines.
  - Use caution with water wings or other inflatable toys.



### Don't Get Bugged

- Wear an insect repellent with at least 20% DEET.
  - Cover exposed skin with long-sleeved shirts, long pants and hats.
  - If you've been in the woods, check your kids, your pets and yourself for ticks.
  - Stay inside at dusk and dawn, the most active times for bugs.
  - Avoid places with standing water, which attracts mosquitoes.



### Hot Car Reminder

- Never leave a child or a pet inside a parked car, even for a minute.
  - If you're not used to having a child in your car, put something you will need next to the car seat, such as a briefcase, purse or cell phone.
  - If you see a child alone in a car, call 911 immediately.