



My

CFAY

Weekly

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This Week at Fleet Activities Yokosuka



Photos by James Kimber, CFAY Public Affairs



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CFAY Prepares for Annual Typhoon Season

Story by James Kimber, CFAY Public Affairs
Photos by CFAY Public Affairs

Commander, Fleet Activities Yokosuka (CFAY) is preparing for the typhoon season that officially begins Sunday, June 1.

Typhoons can bring intense winds, heavy rainfall and flooding.

CFAY follows the Tropical Cyclone Conditions of Readiness, or TCCOR, system to guide the community through preparation and response.

"The TCCOR system is designed to protect lives and property by providing a clear, shared response plan for our base community," said Reggie Toledo, CFAY's Emergency Management Officer. "By understanding each TCCOR level and acting early, we can reduce risks, strengthen preparedness, and ensure everyone stays safe when severe weather approaches."

TCCOR is a readiness scale used to predict the timing and likelihood of destructive winds. Destructive winds are defined as winds that are sustained at 50 knots, or about 58 mph or 93 km/h.



Workers assigned to Naval Facilities Engineering Command (NAVFAC) Far East work to clear a tree brought down by the winds of Typhoon Faxai, a storm with winds of more than 124 miles per hour that made landfall over Commander, Fleet Activities Yokosuka (CFAY).

CFAY typically starts the typhoon season at TCCOR 5. If a typhoon forms and approaches the Kanto Plain, the TCCOR level increases to trigger base-wide precautions.

The TCCOR levels at CFAY are:

- **TCCOR 5:** Possible destructive winds within 96 hours.
- **TCCOR 4:** Possible destructive winds within 72 hours.
- **TCCOR 3:** Possible destructive winds within 48 hours.
- **TCCOR 2:** Anticipated destructive winds within 24 hours.
- **TCCOR 1:** Anticipated destructive winds within 12 hours.
- **TCCOR 1 Emergency:** Destructive winds occurring – stay indoors.
- **TCCOR 1 Recovery:** Winds have passed – remain indoors unless authorized.
- **All Clear:** Typhoon threat has ended – resume normal activity with caution.

CFAY may also enter TCCOR Storm Watch when a storm passes nearby but isn't expected to bring destructive winds directly.

"CFAY might shift to Storm Watch after a typhoon passes as a precaution before lowering back to a normal readiness level," Toledo said. "Storm Watch signals heightened awareness in case conditions change."

The appropriate TCCOR level is decided by the installation commander with Naval Oceanography Anti-Submarine Warfare Center (NOAC) Yokosuka playing a critical role. NOAC Yokosuka provides regional storm forecasts and provides the information necessary to keep the base community safe.

As the TCCOR level rises, CFAY and other Yokosuka-area commands take action. Ships may sortie. Facilities brace for high winds. Outdoor items are secured. For base community members and personnel living off-base, TCCOR serves as a timeline to finalize storm preparations.

Have a plan.

"Typhoons can escalate quickly, and preparedness is key to minimizing risks," Toledo said. "If you're in an area affected by TCCOR, having a well-thought-out plan can make all the difference. You can find more details on the CFAY Emergency Management official webpage."



Bleachers from Commander, Fleet Activities Yokosuka's (CFAY) Berkey Field are turned upside down by Typhoon Faxai, a storm with winds of more than 124 miles per hour that made landfall over CFAY.

The link is available here: <https://cnrj.cnmc.navy.mil/Installations/CFA-Yokosuka/Operations-and-Management/Emergency-Management/Tropical-Cyclone-Condition-of-Readiness/>.

Though outside the TCCOR program, United States Forces Japan's (USFJ) Emergency Evacuation Program (EEP) is an essential part of a well-established plan.

The EEP packet is a requirement for all SOFA-sponsored personnel to have completed, submitted and held on file with each unit's designated Command EEP Warden.

"The EEP also provides peace of mind," Damage Controlman Second Class Joshua Roman of CFAY Emergency Management said. "If the order ever occurs, military families will be safely relocated and their property protected."

The CFAY Fleet and Family Support Center also provides free workshops on the EEP and other Emergency and Disaster Preparedness programs to help make sense and clarify the two programs.

Build a kit.

Ready Navy's official website (<https://www.ready.navy.mil/>) provides the foundation for what any emergency kit should include.

Some recommendations to start an emergency kit include having at least three days of non-perishable food, a gallon of water per person per day, flashlights, batteries, a radio, cash in a waterproof bag, as well as critical medications and pet supplies.

"In an emergency situation, everything is moving fast and things can get overwhelming quickly," said Stephanie Soliz, the regional program specialist at American Red Cross Yokosuka. "Having a go-bag prepared can really help."

Soliz also encourages Sailors to fill out an American Red Cross Contact Card before deploying in case their families on land need to reach out in an emergency.

She recommends Sailors write down their information exactly as the Red Cross will ask for it – with all of the military acronyms and unit identification codes – and take a photo of it to give to their family.

"It's hard to remember all of that information even on normal days when there's no emergency," Soliz said.

Stay informed.

First, register for the CFAY Emergency Management AtHoc Notification System. This system reaches all registered personnel through text message, email and the AtHoc app, providing updates on storm conditions, gate closures and other pertinent emergency information.

Personnel living off base might also want to consider registering for emergency notification systems operated by local Japanese government officials. A full list of city-operated emergency notification systems is available in the CFAY Welcome Aboard guide at: <https://cnrj.cnmc.navy.mil/Installations/CFA-Yokosuka/Welcome-Aboard/>.

Personnel with a radio tucked away in a closet, consider taping a note to it reminding whoever picks it up that AFN's AM station is Eagle 810. Eagle 810 serves emergency communications and allows AFN personnel and base officials to reach community members even during power outages.

Bookmark the NOAC Yokosuka website (https://www.metoc.navy.mil/noac/fiveday_yoko.htm) for updated forecasts and current storm tracking.

Follow CFAY Public Affairs' main social media channels on Facebook and Instagram, @cfayokosuka. Facebook provides more in-depth updates while Instagram Stories delivers short alerts.

"Use the TCCOR timeline as a guide: check supplies at TCCOR 4, secure property by TCCOR 3, finish errands by TCCOR 2, and stay indoors from TCCOR 1 until the All Clear is given," Toledo said.

As unpredictable as typhoons can be, they are a part of life in Japan. CFAY's TCCOR system provides structure and early warning.

With preparation and attention to alerts, families can weather the storm safely and confidently.

For more information, visit the official festival website at <https://miurahantou.jp/kanrinmaru-fes>.



**American
Red Cross**

American Red Cross Summer Classes

CPR/AED/First Aid Course (\$18)

- Thursday May 29, 1 to 4 p.m.
- Saturday May 31, 8:30 to 11:30 a.m.
- Thursday June 5, 1 to 4 p.m.
- Saturday June 7, 10 a.m. to 1 p.m.
- Thursday June 12, 1 to 4 p.m.
- Saturday June 14, 10 a.m. to 1 p.m.
- Thursday June 26, 1 to 4 p.m.

Basic Life Support (\$12)

- Thursday June 19, 1 to 4 p.m.
- Thursday July 24, 1 to 4 p.m.

Mindful Movement - Family and Adult only class (Free class. No referral needed)

Learn movement, breathing and relaxation techniques.

- Email your class request at least two weeks in advance. Yokosuka@redcross.org



**Classes may be added based on community need and instructor availability.
All classes are Blended Learning Courses with an online and an instructor led
classroom skills session**

**To register, email: Yokosuka@redcross.org with the class and preferred date/time. You
will receive a payment link and be asked to send your receipt in order to guarantee a
spot in the course.**

FFSC WEEKLY

More details on CFAY FFSC YOKOSUKA FB page



Navigating Your New Normal

June 2 at 1:00 P.M. (Virtual)

AOB/ICR

June 3-5 at 8:00 A.M.

Private Organization

June 3 at 9:00 A.M. (Virtual)

Ikego Japanese Language Series

June 3 at 12:00 P.M.

Emergency Financial Preparedness

June 3 at 1:00 P.M. (Virtual)

Symptom Reduction Group

June 3 at 2:00 P.M.

Youth ICR

June 3 at 2:30 P.M. (ELEM)

Pre-Marriage Seminar

June 4 at 9:30 A.M. (Virtual)

Sponsorship On Demand

June 5 at 8:00 A.M. (Virtual)

Smooth Move

June 6 at 9:00 A.M.

Military Spouse 101

June 6 at 1:00 PM

Enjoying Japanese Food At Home

June 6 at 1:30 P.M.

See something you like? Sign up via email: ffscinfo@us.navy.mil



WIC OVERSEAS

WOMEN, INFANTS AND CHILDREN OVERSEAS
YOKOSUKA OFFICE

The WIC Overseas Program provides several important benefits to help you and your family lead healthier lives.

Program services are provided to eligible participants living overseas:

- Active Duty Military & their Dependents
- DoD Civilian Employees & their Family Members
- DoD Contractors & their Family Members

Those who may be eligible for the WIC Overseas Services include:

- Pregnant women—during pregnancy & throughout the first 6 weeks after giving birth
- Mothers—until the infant is 6 months if bottle feeding or age 1 if breastfeeding
- Infants & children—until the end of the month in which they turn age 5 years

The WIC Overseas Program provides participants & their families with important benefits, including:

- Nutrition & health screenings
- Nutritious foods- Redeemable food checks called "drafts," which can be redeemed for specific foods and quantities in overseas commissaries
 - Tips on how to prepare balanced meals
- Access to other resources that help families lead healthier lives

Contact your local WIC Overseas office to determine if you and your children are eligible for the WIC Overseas Program!

**Families who did not qualify in the U.S. might qualify overseas!*

YOKOSUKA OFFICE HOURS:
MON - FRI 0730-1600

DSN: 243-9426
JPN Phone: 046-816-9426
US Phone: 011-81-46-816-9426

New Parent Support

PRESENTS:
BABY



Sign Language

Learn to communicate with your baby using a modified version of American Sign Language! Signing enhances a baby's language development, builds expressive language skills, and reduces frustrations.

***Main Base ***

June 5th
10:30-12pm

REGISTRATION REQUIRED

Contact:
FFSCinfo@us.navy.mil
DSN: 243-7878

***For expecting parents
and families with children 3 and under ***



PRIVATE ORGANIZATION TREASURER TRAINING



**JUNE 3
AT 9 A.M.
VIRTUAL**

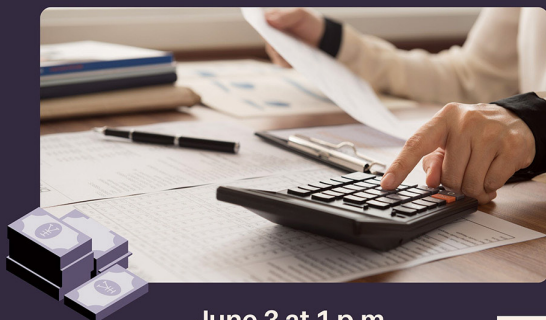
A mandatory training for elected Treasurers of Private Organizations onboard CFAY.

This class will provide an understanding of the COMFLEACT Yokosuka Instruction on:

- Treasurer Responsibilities
- Audit Requirements
- Financial Policy
- Fundraising Activities

EMERGENCY FINANCIAL PREPAREDNESS

Prepare, prevent, and recover your financial future.



June 3 at 1 p.m.
Virtual

Registration is Required!

REGISTER AT:

ffscinfo@us.navy.mil or DSN: 243-3372



To register please call 243-3372
or email FFSCinfo@us.navy.mil

Taught by an Accredited Financial Counselor



SMOOTH MOVE RESOURCE FAIR/ PCS BINDER INFO

June 6
9 - 11 a.m.
CRC Bldg. 4 FL, HARU RM

Are you moving within the next 6 months?

Stop by our resource fair and meet with subject matter experts from several organizations to include Household Goods, Housing, Tricare, NFCU, Navy Lodge, EFMP, Veterinary, NAVPTO, and our Personal Finance Manager.

Registration Required

Please call 243-3372 or email
FFSCinfo@us.navy.mil to sign up!



ikego Japanese Language Series

Apr 8 - Jun 10
1200-1300

Ikego-Nikko Tower

Get to know Japan by learning how to speak, read
and write in Japanese.
This is a ten week course.

To register please call 243-3372/246-8052 or email FFSCinfo@us.navy.mil

NAVY EXCHANGE IN STORE SPECIAL EVENT!



Saturday, June 7, 2025

14:00 to 16:00

Think you've got what it takes to be the ultimate gamer?
Join us for an epic Nintendo Switch Gaming Competition!

Battle it out for a chance to
win a \$300 NEX Gift Card

Sign Up at the NEX Main Store
Electronics Counter



Become a Family Child Care (FCC) Provider

Some advantages of being a FCC Provider are:

- Independent work environment; work from your own home
- Great source of income while saving you the expense of childcare
- Free promotion, advertising and referrals
- Free monthly training and CPR / First Aid training
- Low cost liability insurance & on-site assistance and advice
- Assistance with Child Development Associate Credential
- A job that moves with you and certification that is transferable
- Take the next step! Complete an FCC Provider interest form at
<https://militarychildcare.csd.disa.mil/sms/registration/register#>



For more information call 241-2978 or 046-896-2978 or
070-1201-7944 or contact MWR_YOKOSUKA_FCC@us.navy.mil





PRIME RIB *Night*

CPO Club **Club Alliance**
Tuesdays • 4 - 8 p.m. Thursdays • 5 - 9 p.m.
Officers' Club
Last Thursday of each month • 4 - 8 p.m.

MONGOLIAN BBQ

Club Takemiya
Tuesdays • 11 a.m. - 9 p.m.

Officers' Club
Tuesdays • 5 - 8 p.m.

CPO Club
Wednesdays • 4 - 8 p.m.

SATISFY your HUNGER!



Indulge your appetite at one of our

BRUNCHES

Club Takemiya
Sundays • 9 a.m. - 2 p.m.

Officers' Club
Sundays • 9 a.m. - 2 p.m.

CPO Club
Saturdays • 9 a.m. - 2 p.m.

CHEF'S SPECIAL PASTA NIGHT



Wednesdays • 5 - 9 p.m.

Club Alliance 2F Italian Gardens Restaurant
Enjoy delicious chef's pasta with side salad (your choice of dressing) garlic bread, iced tea or a soft drink. **\$12 / person**

IG After Dark



FRIDAYS • 5 - 9 p.m.

Club Alliance 2F Italian Gardens Restaurant
Enjoy dining in the dark with the ambience of live piano music in the background, and free chef's choice specialty appetizers.



May 30

Club Alliance 1F Sharky's Roadhouse
Doors open @ 6 p.m.
Event starts @ 6:30 p.m.

Yoko Jam Sessions is an audience participation event where we provide the instruments, you provide the talent! Food and Drinks are available to purchase. Open to all hands ages 20 and older.



COUPLE'S NIGHT OUT - with - WINE TASTING

June 27 • 5 p.m.
Club Alliance 3F Ballroom

Get out of the house and enjoy a night with other couples, bring friends or make new ones. Enjoy tasting five kinds of wine, appetizers, food, a live DJ, and fun! Tickets available for purchase at the Club Alliance 2nd floor cash cage or Bayou Burger on May 27.

\$30

SUMMER POOL HOURS



Green Beach Pool

May 19 - Aug 17

Lap Swim Only

Monday, Tuesday & Friday • 6 - 9:30 a.m.
Wednesday & Thursday • 6 a.m. - 2 p.m.

Recreation & Lap Swim

Monday, Tuesday, Friday, Saturday & Sunday
9:30 a.m. - 5:30 p.m.
Wednesday & Thursday • Closed

Ikego Pool

June 16 - Aug 17

Recreation Swim

Wednesday, Thursday, Friday, Saturday & Sunday
9:30 a.m. - 5:30 p.m.
Monday & Tuesday • Closed

Purdy Pool

Closed for maintenance • May 19 - Aug 17

Pools will be open Labor Day weekend.

Look for the pool hours after August 17 in the June issue of Ahoy.
The schedule is subject to change.



Yokosuka Outdoor Movie Night

KUNG FU PANDA 4

May 30 • 7:30 p.m. • Berkey Field

Bring your own blanket and enjoy an outdoor movie under the stars. Concessions available for purchase (cash only).

BEYOND THE GATE



Yokosuka Vehicle Festa

May 31 (Saturday) - June 1 (Sunday)

9:30 a.m. to 4 p.m. | Verna Park, JR Yokosuka Station, JMSDF Yokosuka Base, Coaska Bayside Stores

See all kinds of vehicles on display in Yokosuka. There will be a variety of automobiles, construction equipment, JMSDF ship tours, traffic safety events and more! There will also be many booths selling souvenirs and food. JMSDF Honor Guard demonstration will be conducted at the helo pad of JMSDF Yokosuka District only on Saturday, May 31 from 9:30 to 10 a.m. and 1 to 1:30 p.m.



Iris Festival

May 24 (Saturday) - June 22 (Sunday)

9 a.m. to 7 p.m. | Yokosuka Shobuen Iris Garden (Direct bus from Keikyu Shioiri Station, KK-60, or #25 bus from JR Yokosuka station, JO-03)

Yokosuka Shobuen is one of Japan's renowned iris gardens in Japan. It boasts 140,000 irises of 412 varieties covering approximately 9 acres.



Yokohama Port Festival 2025

May 31 (Saturday) - June 2 (Monday)

11 a.m. to 8 p.m. | Minato Mirai 21 Area,

The Yokohama Port Opening Festival is Yokohama's largest public event of the year and celebrates when Yokohama Port first opened. The main site of the festival is at Rinko Park (5-minute walk from Minatomirai Line Minatomirai Station, MM-03) in the Minato Mirai 21 area. You can enjoy a collaborative spectacle of 3,000 fireworks with sounds and laser as a wrap up of the festival on June 2, from 7:20 to 8 p.m.



Yokohama Dragon Boat Race

May 31 (Saturday) - June 1 (Sunday)

Yamashita Park (18-minute walk from JR Kannai Station, JK-10/ 5-minute walk from Minatomirai Line Motomachi-Chukagai Station, MM-06)

Dragon boat racing is an ancient Chinese sport. In its modern incarnation, teams of rowers climb into a long, low boat adorned with a dragon's head and tail on the front and back. Each dragon-shaped boat consists of a crew of 15 to 20 members. The race will take place in front of Yamashita Park.

NEWS AND NOTICES

VOLUNTEERS NEEDED

Sullivans School is seeking enthusiastic volunteers to assist with the upcoming events. Your support will help make this event unforgettable while contributing to our school partnership!

• **Field Day:** Join us for a fun-filled day of activities and teamwork at our Yokosuka Primary School and Sullivans Field Day event! Needing up to 30 volunteers.

Event Date: Friday, June 6

Time: 7:30 a.m. to 2:30 p.m.

Location: Sullivans School Field

Roles include,

- Assisting with game stations and activities.
- Managing water stations.
- Helping with event setup and cleanup.

Your time and energy will create an unforgettable experience for everyone involved. Thank you in advance for making these events truly special!

ATTENTION CUSTOMERS

Officers' Club will be closed until May 31 to install new carpeting. Kurofune Lounge will be temporarily relocated to the Bamboo Room (2nd floor) of the CPO Club.

- Tuesday - Thursday: 4 to 11 p.m.
- Friday and Saturday: 4 p.m. to midnight
- Sunday and Monday: Closed

WOMEN'S HEALTH DAY

USNH Yokosuka's OB/GYN Clinic will be hosting a walk-in Women's Health Day Clinic on June 3 from 8 to 11 a.m. and 1 to 3 p.m. We will be offering:

- Full Contraception Services (IUD/Nexplanon Placement/Removal, OCPs, Depo Shots)
- PAP Smears
- STI Screenings
- HPV Vaccines

Open to all TRICARE beneficiaries and Space A personnel.

USNH YOKOSUKA PATIENT FAMILY PARTNERSHIP COUNCIL

Want to effect change and be a part of healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in

matters that concern the health and welfare of CFAY. Join us at the upcoming meetings.

- June 3 from 11:45 a.m. to 12:45 p.m. at USNH Yokosuka Command Auditorium 3rd floor.
 - July 8 from 4 to 5 p.m. at Community Resource Center AOB Auditorium.
 - Aug. 12 from 9 to 10 a.m. at Community Resource Center Fuyu Room.
- To learn more, please email: dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil, visit <https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council>

ARE YOU PREPARED FOR EMERGENCIES?

Complete your Contact Card today. Make sure your contact information is prepared before an emergency occurs by filling out your contact card now. By completing your contact card ahead of time, you can help save valuable time for yourself and your family during a crisis.



VOLUNTEER WITH US

Use the Yokosuka FPO zip code 96349.

- Military Treatment Facility
- Disaster Team
- Special Events
- Office Support
- Youth Preparedness
- Youth clubs

Email: yokosuka.atredcross.org, or call 243-7490.

CONSTRUCTION AND CLOSURES

Yokosuka: Sanban Tower Parking full and partial closure from June 2 to June 13 due to installation of fire service water line. L Street will be partially closed with road guards from June 2 to 13. L Street will then be fully closed from June 14 or 21 depending on weather. During L Street full closure, traffic will be directed around work area. Both lanes open at end of work day.

- Gridley Tunnel full road closure. Closure period: May 25 to July 31, Aug. 1 to July 31,

2028. First closure is for temporary high voltage power bypass. Second closure is for permanent high voltage power repairs. The second closure is only for vehicular traffic. Tunnel will be open for pedestrian and bicycle traffic.

- Full road closure next to building J-10 until June 30. Sinkhole appeared in the middle of the road due to Damaged Sewer Pipe. No impact to Water Systems.
- Carney Gate water line replacement. Construction period March 24 to Nov. 26. Expect detours and periodic closures for waterline replacement construction. Two-way traffic to be maintained. Most of the work will occur overnight.
- Howard Street partial closure from April 28 to Aug. 6. Five parking spots will be taken for the work. Pedestrian walkway will be set up around work area. Only one lane southbound will be affected, turning into a small merge. Exiting parking area onto Howard from Fleet Rec will not be affected.
- Nimitz Boulevard and Gridley Lane partial road closure. Closure period from Sept. 20 to Nov. 26, 8 p.m. to 5 a.m. Two-way traffic will be maintained with flagmen.
- Vandegrift Lane full road closure until October.
- The parking lot immediately in front of ATG is secured through 2027 in support of the NSST Shiphandling Trainer construction. Additionally, half of the 12-hour parking lot is also secured to support NSST construction material laydown and management.
- Ikego:** Yasakayato Street will be partially closed from 8 a.m. to 6 p.m., June 2 to Dec. 25. Installation of communication and electrical lines. Flagmen will be posted on both sides to allow two-way traffic.
- Ikego CDC parking lot partial closure until Sept. 30. 14 additional parking spots and Five parallel spots will be closed for the new CDC construction area.
- A Government of Japan Contractor will perform excavation work on Shisagi Street until Aug. 31, 2025. Working hours will be between 8 a.m. and 6 p.m., Monday through Friday. Excavation site will be controlled as one-way alternating traffic control road during the daytime work. After daily working hours, road should be re-opened.

 Commander Fleet Activities Yokosuka

 @CFAY_Japan

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