



My

# CFAY

Weekly

週刊

Volume 8, Issue 19

令和7年5月23日

May 23, 2025

## CNRJ/CFAY/USS Higgins Participate in the 86th Annual Shimoda Black Ship Festival.



Photos by MC1 James R. Mitchell and MC3 Quinton A. Lee, CFAY Public Affairs

IN THIS  
ISSUE:

Memorial Day:  
Holiday Hours

MWR Events

Beyond the Gate

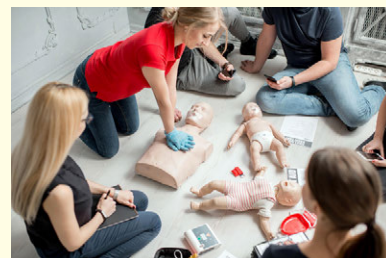


**American  
Red Cross**

# American Red Cross Spring Classes

## **CPR/AED/First Aid Course (\$18)**

- Thursday May 29, 1 to 4 p.m.
- Saturday May 31, 8:30 to 11:30 a.m.
- Thursday June 5, 1 to 4 p.m.
- Saturday June 7, 10 a.m. to 1 p.m.
- Thursday June 12, 1 to 4 p.m.
- Thursday June 26, 1 to 4 p.m.
- Thursday July 10, 1 to 4 p.m.
- Thursday July 17, 1 to 4 p.m.
- Thursday July 31, 1 to 4 p.m.



## **Basic Life Support (\$12)**

- Thursday June 19, 1 to 4 p.m.
- Thursday July 24, 1 to 4 p.m.

## **Mindful Movement - Family and Adult only class (Free class. No referral needed)**

Learn movement, breathing and relaxation techniques.

- Email your class request at least two weeks in advance. [Yokosuka@redcross.org](mailto:Yokosuka@redcross.org)



**Classes may be added based on community need and instructor availability. All classes are Blended Learning Courses with an online and an instructor led classroom skills session**

**To register, email: [Yokosuka@redcross.org](mailto:Yokosuka@redcross.org) with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.**

# FFSC WEEKLY

More details on CFAY FFSC YOKOSUKA FB page



### **AOB/ICR**

May 27-29 at 8:00 A.M.

### **Daisuki Japan!**

May 27 at 10:00 A.M.

### **Ikego Japanese Language Series**

May 27 at 12:00 P.M.

### **Volunteer Orientation**

May 28 at 11:00 A.M.

### **Home Based Business 101**

May 28 at 1:00 P.M. (Virtual)

### **Planning for Retirement**

May 28 at 1:00 P.M. (Virtual)

### **SAPR VA Refresher Training**

May 28 at 1:00 P.M.

### **Active Japanese Language**

May 28 at 3:00 P.M.

### **Money on the Move (PCS)**

May 29 at 9:00 A.M.

### **Resiliency Bootcamp**

May 29 at 11:30 A.M.

### **Supporting Children During Deployment**

May 30 at 9:00 A.M. (Virtual)

See something you like? Sign up via email: [ffscinfo@us.navy.mil](mailto:ffscinfo@us.navy.mil)

COMMANDER, FLEET ACTIVITIES YOKOSUKA

# TOWN HALL



## May 28, 2025

Ikego Heights Housing Area  
Nikko Tower Community Room | 8 a.m.

Community Readiness Center

AOB / ICR Classroom | 6 p.m.



### HOME BASED BUSINESS 101

May 28th  
1300  
Virtual

LEARN THE NECESSARY STEPS TO BECOME A CFAY APPROVED  
BUSINESS FROM THE EXPERTS.

REGISTRATION: 243-3372 OR FFSCinfo@us.navy.mil



## WIC OVERSEAS

WOMEN, INFANTS AND CHILDREN OVERSEAS  
YOKOSUKA OFFICE

The WIC Overseas Program provides several important benefits to help you and your family lead healthier lives.

Program services are provided to eligible participants living overseas:

- Active Duty Military & their Dependents
- DoD Civilian Employees & their Family Members
- DoD Contractors & their Family Members

Those who may be eligible for the WIC Overseas Services include:

- Pregnant women—during pregnancy & throughout the first 6 weeks after giving birth
- Mothers—until the infant is 6 months if bottle feeding or age 1 if breastfeeding
- Infants & children—until the end of the month in which they turn age 5 years

The WIC Overseas Program provides participants & their families with important benefits, including:

- Nutrition & health screenings
- Nutritious foods- Redeemable food checks called "drafts," which can be redeemed for specific foods and quantities in overseas commissaries
  - Tips on how to prepare balanced meals
- Access to other resources that help families lead healthier lives

Contact your local WIC Overseas office to determine if you and your children are eligible for the WIC Overseas Program!

*\*Families who did not qualify in the U.S. might qualify overseas!*

YOKOSUKA OFFICE HOURS:  
MON - FRI 0730-1600

DSN: 243-9426  
JPN Phone: 046-816-9426  
US Phone: 011-81-46-816-9426

## Money on the Move



MAY 29 AT 0900 - 1100

CRC BLDG 4<sup>TH</sup> FL/HARU

Learn the necessary steps to plan and prepare your finances for your move.

Optimize your resources and strategize ways to complete your upcoming move without breaking your budget.



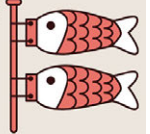
To register, please call 243-3372 or email FFSCinfo@us.navy.mil



# JAPAN DAISUKI



BY SENSEI  
NOBUKO



GAIN A DEEPER UNDERSTANDING  
OF JAPAN.

MAY 27TH AT 1000  
CRC BLDG, HARU RM. 443A

Learn Japanese, explore the art and history of origami, and master kanji with stroke order and meanings.



243-3372 / 046-816-3372 | FFSCinfo@us.navy.mil



# PLANNING FOR RETIREMENT

## Learn how to:

- Estimate retirement needs
- Understand military retirement plans
- Evaluate retirement account options
- Build personal savings & investments



**MAY 28TH**



**1300**



**VIRTUAL**



**ONE ON ONE FINANCIAL COUNSELING AVAILABLE FOR APPOINTMENTS:**

FFSCinfo@us.navy.mil  
243-3372/046-816-3372



# New Parent Support

**PRESENTS:**

# BABY



## Sign Language

Learn to communicate with your baby using a modified version of American Sign Language! Signing enhances a baby's language development, builds expressive language skills, and reduces frustrations.

**\*Main Base \***

**June 5th  
10:30-12pm**

**REGISTRATION REQUIRED**

**Contact:**

FFSCinfo@us.navy.mil  
DSN: 243-7878

**\*For expecting parents  
and families with children 3 and under \***



# ikego Japanese Language Series

**Apr 8 - Jun 10  
1200-1300**

**Ikego-Nikko Tower**

Get to know Japan by learning how to speak, read and write in Japanese.

This is a ten week course.

To register please call 243-3372/246-8052 or email FFSCinfo@us.navy.mil



# Become a Family Child Care (FCC) Provider

## Some advantages of being a FCC Provider are:

- Independent work environment; work from your own home
- Great source of income while saving you the expense of childcare
- Free promotion, advertising and referrals
- Free monthly training and CPR / First Aid training
- Low cost liability insurance & on-site assistance and advice
- Assistance with Child Development Associate Credential
- A job that moves with you and certification that is transferable
- Take the next step! Complete an FCC Provider interest form at <https://militarychildcare.csd.disa.mil/sms/registration/register#>



For more information call 241-2978 or 046-896-2978 or 070-1201-7944 or contact MWR\_YOKOSUKA\_FCC@us.navy.mil



# NAVY EXCHANGE IN STORE SPECIAL EVENT!



**Saturday, June 7, 2025**

**14:00 to 16:00**

Think you've got what it takes to be the ultimate gamer?  
Join us for an epic Nintendo Switch Gaming Competition!

Battle it out for a chance to  
win a \$300 NEX Gift Card

**Sign Up at the NEX Main Store  
Electronics Counter**



JEWEL OF THE EAST  
OPEN TO ALL CIVILIANS AND  
DEPENDENTS

**MAY 29** **11 00-1300**

**JOIN US FOR OUR**  
**B B Q**

**LUNCH 1100 - 1300 \$7.10**  
**(NO CASH, CARD ONLY)**

\* Southern Style Catfish \* Bulgogi Korean Style Grilled Chicken \*  
Memphis Style Dry Rub Ribs \* Easy Oven-Cooked Pulled Pork \* Classic  
Burger \* Bratwurst \* Creamy Mac and Cheese \* Seasoned French Fries \*  
Baked Beans \* Grilled Corn on the Cob \* Assorted Chips \* Creamy Macaroni  
Salad \* Japanese Style potato Salad \* Classic Homemade Coleslaw \*

Made with PosterMyWall.com

# MEMORIAL DAY

REMEMBER & HONOR  
HOLIDAY HOURS: MONDAY MAY 26

## ATHLETICS

Fitness, Sports, DFS Office	CLOSED
Fleet Gym Weight Room	24/7
Hawk's Nest	8 a.m. - 4 p.m.
Ikego Fitness Center	24/7
Purdy Fitness Center & Pool	CLOSED
Single Sailor Liberty Center	10 a.m. - 10 p.m.

## CHILD & YOUTH PROGRAMS

FCC*	24/7 Open for Mission Critical Only
*Call 080-4203-5629 for availability	
Duncan CDC	CLOSED
Gridley CDC	CLOSED
Ikego CDC	CLOSED
Ikego SAC	CLOSED
Green Street SAC	CLOSED
Third Avenue SAC	CLOSED
Ikego Teen Center	CLOSED
Yokosuka Teen Center	CLOSED
Youth Sports Office	CLOSED

## DINING

Bowling Center	9 a.m. - 9 p.m.
Club Alliance Italian Gardens	5 - 9 p.m.
Club Alliance Bayou Burgers	11 a.m. - 4 p.m.
Club Alliance Delivery Service	5 - 9 p.m.
Club Alliance Sharky's Killer Wings	4 - 11 p.m.
Club Alliance Sharky's Roadhouse	CLOSED
Club Alliance Game Room	11 a.m. - 11 p.m.
Club Takemiya Bar & Lounge	CLOSED
Club Takemiya Dining	11 a.m. - 9 p.m.
Club Takemiya Game Room	11 a.m. - 9 p.m.
CPO Club Cove Bar	CLOSED
CPO Club Dining Room	CLOSED
CPO Game Room	CLOSED
CPO Cruise Inn	CLOSED
Food Court Better Burger	6 a.m. - 9 p.m.
Food Court Bombers	10 a.m. - 9 p.m.
Food Court Uptown Pizza	10 a.m. - 9 p.m.
Galley - Jewel of The East	B 7 - 8:30 a.m. L 10:30 a.m. - 12:30 p.m. D 4:30 - 6 p.m.
O'Club Courtyard / Bistro	CLOSED
O'Club Chopsticks	CLOSED
O'Club Kosano Dining Room	CLOSED
O'Club Kurofune Lounge	CLOSED
Chili's Grill & Bar	11 a.m. - 9 p.m.
Seaside Game Room	11 a.m. - 9 p.m.
Starbucks	7 a.m. - 9 p.m.

## RECREATION

Auto Skills Center	CLOSED
Benny Decker Theater	1 & 5:30 p.m.
Fleet Theater	CLOSED
Community Center - Ikego Office	CLOSED
Community Center - Yokosuka	CLOSED
Green Bay Marina	10 a.m. - 2 p.m.
Library - Yokosuka	CLOSED
Outdoor Recreation Center	10 a.m. - 2 p.m.
Paintball Office	CLOSED
Plaque & T-Shirt Shop	CLOSED
Tickets & Travel	10 a.m. - 2 p.m.
Wood Hobby Shop	CLOSED

## FFSC • HOUSING

Fleet & Family Support Center	CLOSED
Main Housing Service Center	CLOSED
Ikego Housing Office	CLOSED
Unaccompanied Housing (3333)	24/7





# PRIME RIB *Night*

**CPO Club**      **Club Alliance**  
Tuesdays • 4 - 8 p.m.      Thursdays • 5 - 9 p.m.  
**Officers' Club**  
Last Thursday of each month • 4 - 8 p.m.

# MONGOLIAN BBQ

**Club Takemiya**  
Tuesdays • 11 a.m. - 9 p.m.

**Officers' Club**  
Tuesdays • 5 - 8 p.m.

**CPO Club**  
Wednesdays • 4 - 8 p.m.

**SATISFY your HUNGER!**



Indulge your appetite at one of our

# BRUNCHES

**Club Takemiya**  
Sundays • 9 a.m. - 2 p.m.

**Officers' Club**  
Sundays • 9 a.m. - 2 p.m.

**CPO Club**  
Saturdays • 9 a.m. - 2 p.m.

# SUMMER POOL HOURS



## Green Beach Pool

May 19 - Aug 17

### Lap Swim Only

Monday, Tuesday & Friday • 6 - 9:30 a.m.  
Wednesday & Thursday • 6 a.m. - 2 p.m.

### Recreation & Lap Swim

Monday, Tuesday, Friday, Saturday & Sunday  
9:30 a.m. - 5:30 p.m.  
Wednesday & Thursday • Closed

## Ikego Pool

June 16 - Aug 17

### Recreation Swim

Wednesday, Thursday, Friday, Saturday & Sunday  
9:30 a.m. - 5:30 p.m.  
Monday & Tuesday • Closed

## Purdy Pool

Closed for maintenance • May 19 - Aug 17

Swimmers will be open Labor Day weekend.  
Look for the pool hours after August 17 in the June issue of Ahoy.  
The schedule is subject to change.

# CHEF'S SPECIAL PASTA NIGHT



**Wednesdays • 5 - 9 p.m.**

**Club Alliance 2F Italian Gardens Restaurant**  
Enjoy delicious chef's pasta with side salad  
(your choice of dressing) garlic bread,  
iced tea or a soft drink. **\$12 / person**

# IG After Dark



**FRIDAYS • 5 - 9 p.m.**

**Club Alliance 2F Italian Gardens Restaurant**  
Enjoy dining in the dark with the ambience of live  
piano music in the background, and free chef's  
choice specialty appetizers.



**May 30**

**Club Alliance 1F Sharky's Roadhouse**  
Doors open @ 6 p.m.  
Event starts @ 6:30 p.m.

Yoko Jam Sessions is an audience participation  
event where we provide the instruments,  
you provide the talent! Food and Drinks are  
available to purchase. Open to all hands  
ages 20 and older.



# COUPLE'S NIGHT OUT - with - WINE TASTING

**June 27 • 5 p.m.**  
**Club Alliance 3F Ballroom**

Get out of the house and enjoy  
a night with other couples,  
bring friends or make new  
ones. Enjoy tasting five  
kinds of wine, appetizers,  
food, a live DJ, and fun!  
Tickets available for  
purchase at the Club  
Alliance 2nd floor cash  
cage or Bayou Burger  
on May 27

**\$30**



## Yokosuka Outdoor Movie Night

# KUNG FU PANDA 4

**May 30 • 7:30 p.m. • Berkey Field**

Bring your own blanket and enjoy an outdoor movie under the  
stars. Concessions available for purchase (cash only).

# BEYOND THE GATE



## Spring Rose Festa May 24 (Saturday)

10 a.m. to 4 p.m. | Verny Park (1-minute walk from Yokosuka Main Base Coaska Gate)

Verny Park allows visitors to enjoy scenic walking areas with great views of the surrounding water. There are also approximately 1,400 colorful roses that visitors can appreciate. You can purchase various rose plants during the festival. Also, there will be food trucks and musical performance. You can take photos with holding a rose bouquet at Thibaudie museum.



## Iris Festival

**May 24 (Saturday) - June 22 (Sunday)**

9 a.m. to 7 p.m. | Yokosuka Shobuen Iris Garden (Direct bus from Keikyu Shioiri Station, KK-60, or #25 bus from JR Yokosuka station, JO-03)

Yokosuka Shobuen is one of Japan's renowned iris gardens in Japan. It boasts 140,000 irises of 412 varieties covering approximately 9 acres.



## Yokosuka Downtown Summer Kickoff Festival May 24 (Saturday) - 25 (Sunday)

1 to 4 p.m. | Yokosuka Blue Street (7-minute walk from Yokosuka Main Base)

Yokosuka's seasonal festival, which marks the beginning of summer, will feature a mikoshi and float parade on Sunday. The festival is a joint event between the three shrines around Yokosuka Chuo station.



## Hanazono Shrine Grand Festival

**May 24 (Saturday) - May 26 (Monday)**

May 16, 1 to 3:30 p.m. / May 17, 10 a.m. to 4 p.m. / May 18 6:30 a.m. to 8 p.m. | Around Sensouji Temple (8-minute walk from JR Shinjuku Station East Exit B-12a, JY-17/5-minute walk from Marunouchi Line Shinjuku-sanchōme Station, M-9)

The main streets of Shinjuku get a whole lot busier during the Hanazono Shrine Grand Festival. The main event takes place on May 25. Large mikoshi will set off from the shrine in the morning and be carried through the streets of Shinjuku before returning in the evening. There will be many food stalls and festivities.

# NEWS AND NOTICES

## VOLUNTEERS NEEDED

Sullivans School is seeking enthusiastic volunteers to assist with two upcoming events. Your support will help make this event unforgettable while contributing to our school partnership!

• **3rd Grade Amazing Race Event:** Just like the TV show, 3rd grade students will use map skills to find locations around base. Needing up to 20 volunteers.

**Event Date:** Tuesday, May 27

**Time:** 8 to 11 a.m.

**Location:** Sullivans School

Roles include,

- Water Station Helpers: Keep our students hydrated and energized.
- Crossing Guards: Ensure safety and cheer on participants.

• **Field Day:** Join us for a fun-filled day of activities and teamwork at our Yokosuka Primary School and Sullivans Field Day event! Needing up to 30 volunteers.

**Event Date:** Friday, June 6

**Time:** 7:30 a.m. to 2:30 p.m.

**Location:** Sullivans School Field

Roles include,

- Assisting with game stations and activities.
  - Managing water stations.
  - Helping with event setup and cleanup.
- Your time and energy will create an unforgettable experience for everyone involved. Thank you in advance for making these events truly special!

## ATTENTION CUSTOMERS

Officers' Club will be closed until May 31 to install new carpeting. Kurofune Lounge will be temporarily relocated to the Bamboo Room (2nd floor) of the CPO Club.

• Tuesday - Thursday: 4 to 11 p.m.

• Friday and Saturday: 4 p.m. to midnight

• Sunday and Monday: Closed

Old School Bingo will be temporarily relocated to the Major Room (2nd floor) of the CPO Club. Doors open at 4:30 p.m. Game start at 6 p.m. on May 24.

## THE JPS MOTORCYCLE SAFETY MANEUVER DEMONSTRATION

Yokosuka Police Department motorcycle riders will provide installation personnel and sailors with an opportunity to acquire motorcycle riding knowledge through an interactive experience that covers a wide range of safe riding knowledge. Target Audience: Mentors, riders, and MSRs.

Date: May 29, from 10 a.m. to 12 p.m.

Location: Building H20 (NEX), West Side Parking Lot  
To sign up for this event, please contact the Safety Office at 243-6757.

## POST OFFICE SERVICES NOTICE

The Yokosuka and Ikego Post Offices will be closed from May 24 to 26 in observance of Memorial Day. Building G-59 and Ikego Pitney Bowes mail lockers will remain available 24/7. All services will resume on May 27. If you have any questions, call 243-6711, or send email to: yokosukamainpostoffice@us.navy.mil.

## WOMEN'S HEALTH DAY

USNH Yokosuka's OB/GYN Clinic will be hosting a walk-in Women's Health Day Clinic on June 3 from 8 to 11 a.m. and 1 to 3 p.m.

We will be offering:

- Full Contraception Services (IUD/Nexplanon Placement/Removal, OCPs, Depo Shots)

- PAP Smears

- STI Screenings

- HPV Vaccines

Open to all TRICARE beneficiaries and Space A personnel.

## USNH YOKOSUKA PATIENT FAMILY PARTNERSHIP COUNCIL

Want to effect change and be a part of healthcare solutions that affect our Sailors and their families?

Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY. Join us at the upcoming meetings.

- June 3 from 11:45 a.m. to 12:45 p.m. at USNH Yokosuka Command Auditorium 3<sup>rd</sup> floor.

- July 8 from 4 to 5 p.m. at Community Resource Center AOB Auditorium.

- Aug. 12 from 9 to 10 a.m. at Community Resource Center Fuyu Room.

To learn more, please email: dha.yokosuka.

Yokosuka-NH.list.pfpc@health.mil, visit <https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council>

## OFF BASE TRAFFIC CONTROL

Yokosuka Blue Street (between Keikyū Yokosuka Chuo Station and Honcho 1-chome) will be secured from 12:30 to 4 p.m. on Sunday, May 25 due to Yokosuka Downtown Summer Kickoff Festival

## CONSTRUCTION AND CLOSURES

**Yokosuka:** Gridley Tunnel full road closure.

Closure period: May 25 to July 31, Aug. 1 to July 31, 2028. First closure is for temporary high voltage power bypass. Second closure is for permanent high voltage power repairs. The second closure is only for vehicular traffic. Tunnel will be open for pedestrian and bicycle traffic.

- Building H20 parking lot will be closed from 8 p.m., on May 28 to 1 p.m. on May 29.

- Full road closure next to building J-10 until June 30. Sinkhole appeared in the middle of the road due to Damaged Sewer Pipe. No impact to Water Systems.

- Carney Gate inbound Lane closure from May 7 to 27. Due to construction, inbound vehicular traffic at Carney Gate will be secured from 8 p.m. to 5 a.m., with the exception of Sundays. Pedestrian traffic will not be affected. Gate open for daily operations from 5 a.m. to 8 p.m. Pedestrian traffic will not be affected. Please utilize Womble Gate for vehicular traffic from 8 p.m. to 5 a.m.

- Carney Gate water line replacement. Construction period March 24 to Nov. 26. Expect detours and periodic closures for waterline replacement construction. Two-way traffic to be maintained. Most of the work will occur overnight.

- Road closure behind Sanban Tower to facilitate work at Kinnick High School for four hours from May 5 to 23.

- Howard Street partial closure from April 28 to Aug. 6. Five parking spots will be taken for the work. Pedestrian walkway will be set up around work area. Only one lane southbound will be affected, turning into a small merge. Exiting parking area onto Howard from Fleet Rec will not be affected.

- Nimitz Boulevard and Gridley Lane partial road closure. Closure period from Sept. 20 to Nov. 26, 8 p.m. to 5 a.m. Two-way traffic will be maintained with flagmen.

- Vandegrift Lane full road closure until October.

- The parking lot immediately in front of ATG is secured through 2027 in support of the NSST Shiphandling Trainer construction. Additionally, half of the 12-hour parking lot is also secured to support NSST construction material laydown and management.

**Ikego:** Yasakayato Street will be partially closed from 8 a.m. to 6 p.m., June 2 to Dec. 25. Installation of communication and electrical lines.-Flagmen will be posted on both sides to allow two-way traffic.

- Ikego CDC parking lot partial closure until Sept. 30. 14 additional parking spots and Five parallel spots will be closed for the new CDC construction area.

- A Government of Japan Contractor will perform excavation work on Shisagi Street until Aug. 31, 2025. Working hours will be between 8 a.m. and 6 p.m., Monday through Friday. Excavation site will be controlled as one-way alternating traffic control road during the daytime work. After daily working hours, road should be re-opened.

 Commander Fleet Activities Yokosuka

 @CFAY\_Japan

 yokosukareport@gmail.com

Commanding Officer: Capt. Les Sobol

Chief Staff Officer: Cmdr. Patrick T. Gutierrez

Command Master Chief: CMDCM Dennis W. Hunt

Public Affairs Officer: Justin M. Keller

Editor: Justin M. Keller

Layout: Hideo Kaihatsu

Receive My CFAY Weekly by email! Subscribe at [cfay-information@us.navy.mil](mailto:cfay-information@us.navy.mil), subject line: Subscribe