

Soldier Systems Center

SPOTLIGHT

Issue 15

February 2025



U.S. ARMY



Upcoming Events & Opportunities

February

5 Feb - Hygge Series: Yin Yoga - 11:30 a.m.

Carney Hall (Bldg 1) Hunter Auditorium

12 Feb - NSSC Assumption of Responsibility - 1 p.m.

Carney Hall (Bldg 1) Hunter Auditorium

13 Feb - Sip, Chat, and Connection: 20/20 Vision - 12 p.m.

Carney Hall (Bldg 1) A121

1 March - Army Emergency Relief Campaign Begins



NATICK SHARP 24/7 Hotline: ☎ (508)395-9141
DOD SAFE HELPLINE: 877-995-5247
www.safehelpline.org



MWR Resources



At Natick Family and MWR, we strive to continuously improve the quality and ease of access to MWR services and information. When planning your next event, please visit our website where you can easily request rental equipment, request dates for facility use, or send a message to one of our representatives.

Equipment Rental

Visit www.natick.armymwr.com and click on the 'Equipment Checkout Center' banner.

Items Available:

- Leaf Blowers
- Chainsaws
- Hydraulic Log Splitter
- Landscape Trailer
- Pop-Up Camper
- Snow blowers! \$200 for the entire season!
- Party and tailgate equipment!



Open to all authorized patrons. Prices subject to change.

Hero WOD

February 2025

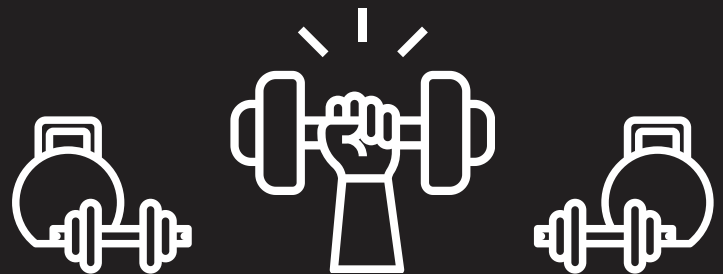
JACK

U.S. Army Staff Sgt. Jack M. Martin III, 26, died Sept. 29, 2009, in the Philippines, from the detonation of an IED.

AMRAP 20

10 reps, 115-pound push presses
10 reps, 1.5-pood kettlebell swings
10 box jumps using a 24-inch box

A Hero WOD, also known as a Hero Workout, is a challenging and intense CrossFit workout that is named after a fallen hero. These workouts are created to pay tribute to those who have made the ultimate sacrifice in service to their country or community.



Do you and your team participate in the monthly Hero WODs? Send us your photos completing the workouts and we'll share them here in the Spotlight!



Around NSSC - DPW



Peter Kirk, the newly trained Garrison Locksmith gets up to speed cutting keys. Kirk is a long time employee of the garrison that was promoted from within and trained to meet the needs of the installation.



Jose Castro, a Maintenance Worker with the Garrison DPW ice proofs the front of Carney Hall (Bldg 1) keeping the entrances safe during recent winter conditions.



Members of the Garrison DPW team consolidate snow piles following recent winter storms, keeping the parking lots clear and the roads safe from unnecessary hazards.



Natick Army Community Service Program

February 2025



ACS Community Needs Assessment

The ACS Community Needs Assessment is now open! This is your opportunity to share your feedback and help us shape future programs and services.

Scan the QR code to share your input! We want to hear from you.



Sip, Chat, and Connection: 20/20 Vision I Thursday, 13 February @ 1200-1300

Join us as we create vision boards, discuss future goals, and hear from our guest speaker Mrs. Joana Ballow, Fellow Military Spouse. Lunch will be provided and registration is required. Scan the QR code to secure your spot.

This will be an in-person event, located in Carney Hall (building 1) RM. A-121.



Federal Careers Seminar I Virtual I Tuesday, 7 February 0900– 1300

Join Fort Carson for a Federal Careers Seminar featuring guest speaker Kim Rodriguez, an IMCOM HR Specialist. The seminar will cover key topics such as navigating USA Jobs, building a strong federal resume, and a Q&A session with federal hiring managers. Scan the QR code to join.



MilTax I Available Now

MilTax e-filing software is free for Service Members, eligible family members, survivors, and recent veterans up to 365 days from their separation or retirement date. Military Tax Consultants are available 24/7 to schedule.

Visit the website below for more information:

<https://www.militaryonesource.mil/financial-legal/taxes/miltax-military-tax-services/>



2025 AER Campaign I 1 March – 14 June 2025

The AER Campaign kicks off on March 1, 2025! Stay tuned and get ready to make a difference. This is a great opportunity to provide financial support to our Soldiers and their Families. Let's come together to make an impact!



For more information contact: Natick Army Community Service

Phone: 508-206-4035

Email: usarmy.natick.id-training.list.nati-accs@army.mil

Natick Soldier Systems Center

2025 Community Needs Assessment

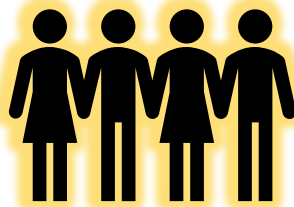


We want to hear from you.



Scan
QR Code
to get
started!

Let your voice be heard!



For more information reach out to
Yolanda Kennedy, ACS Division Chief
usarmy.natick.id-training.list.nati-ac@army.mil
508-206-4035

The 2025 Army Emergency Relief (AER) Campaign March 1-June 14

Story by Keith Jackson, Deputy to the Garrison Commander

Team,

Did you know, next month we kick off the 2025 AER Campaign? Last year the installation had a total of 213 Donors and raised \$25,999.00. In 2024 we provided over \$70,383.68 in both loans and grants. This is not just for Army soldiers and retirees. We can assist all branches of the Armed Forces in Title 10 status. Yes, DA Civilians can contribute. There are two ways, either online as a onetime gift or as a monthly gift and DFAS allotment through payroll deduction as a monthly donation.

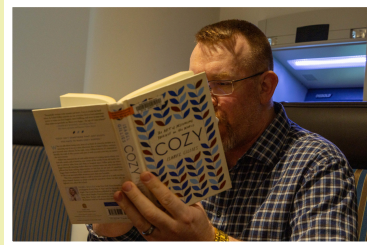
I am asking that you consider supporting AER this year. For more than 80 years, AER has been the conduit through which Soldiers provide financial support to their fellow Soldiers. The Annual Campaign's purpose is to fully inform 100 percent of all active-duty and retired Soldiers and their Family members (including spouses and children of deceased Soldiers) about the types of financial assistance available from AER and provide the opportunity for Soldiers, retirees, and civilians to donate.



NSSC Health and Wellness Committee

Hygge Series

Tea + Cocoa



Yoga

February 5, 11:30 a.m. - 12:30 p.m.

Carney Hall (Building 1) Hunter Auditorium



Cooking Recipe Session

Details to Come



Poetry Reading

Details to Come

Questions?

Want to get involved in the committee?

Reach out to

Brian Balough | brian.j.balough.civ@army.mil | (508) 206-4017

Lynn Valcourt | lynn.m.valcourt.civ@army.mil | (508) 206-4051

NSSC Online

Follow us on the web



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Webpage: <https://home.army.mil/natick/>

News: <https://www.army.mil/natick>

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DEVCOM Soldier Center Online:

Webpage: <https://sc.devcom.army.mil>

Facebook: <https://www.facebook.com/devcom.SoldierCenter>

LinkedIn: <https://www.linkedin.com/company/us-army-ccdc-soldier-center/>

X: https://x.com/DEVCOM_SC

YouTube: <https://www.youtube.com/@USArmyCCDCSoldierCenter>

U.S. Army Research Institute of Environmental Medicine:

Webpage: <https://usariem.health.mil/>

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- **Review Process:** Once submitted, you'll be notified that your content is under review.
- **Approval Notification:** When content is approved, you'll receive an automatic email confirmation.
- **Newsletter Inclusion:** Approved content received by the 4th Monday of the month, will be included in the next issue of the newsletter.
- **Final Edits:** The newsletter is edited for AP style.
- **Newsletter Publication:** The newsletter will be released on the first Monday of the new month.