



My

CFAY

Weekly

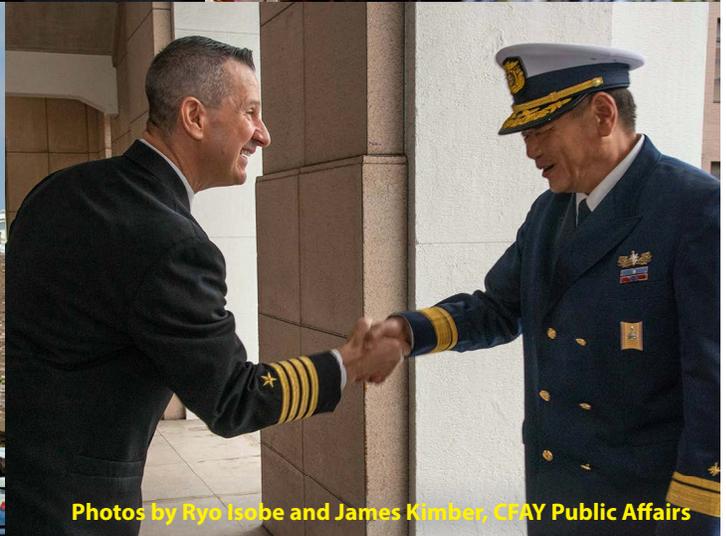
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Volume 8, Issue 13

令和7年4月11日

April 11, 2025

This Week at Fleet Activities Yokosuka



Photos by Ryo Isobe and James Kimber, CFAY Public Affairs

IN THIS ISSUE:

U.S. Embassy Event

MWR Events

Beyond the Gate



I-130 Petitions with U.S. Embassy Event on May 22



Appointment required and I-130 Petition acceptance is only available for Active Duty Members

- **Step 1:** Print out the I-130 checklist and I-130, I-130A, 1-864. Try to prepare documents and fill out those forms.
- **Step 2:** Attend the Virtual Seminar for filing tips and Q&A.
Where: It will be held via Microsoft Teams
When: Every Thursday on April 3, 10, 17, 24, May 1 and 8, from 1 to 3 p.m.
How: Please email us to yokosukalegalassistance@us.navy.mil with the subject "I-130 Virtual Seminar Request".



After attending the seminar, you'll make an appointment for Step 3.

- **Step 3:** Attend in-person for I-130 application screening with a Legal Advisor, after the screening, you'll receive an appointment for the Outreach Event.
- **Step 4:** Attend your scheduled appointment.

***** We have only 26 slots available on a first come, first serve basis!*****

U.S. Embassy Tokyo Outreach Thursday, May 22

Admiralty Room, 2nd floor of Officer's Club, Commander Fleet Activities Yokosuka
Accepting: CRBA // First-Time Passport and Minor Passport Renewal// I-130 Petitions

Please refer to the CRBA, first-time tourist passport, minor tourist passport renewal, and I-130 checklists using the QR codes below to ensure you meet the requirements and are able to submit complete applications for CRBAs, passports, and/or I-130s.

Note: At this time, the U.S. Embassy is not accepting adult passport renewals during this event. You are encouraged to renew by mail with an online payment if you meet all criteria to renew by mail. For more details please scan the QR code below.

- For I-130 Petitions, eligible petitioners are U.S. citizen, Active Duty Service Members assigned to a unit in Japan. Petitions must be for a spouse, child(ren), or parent(s) who is currently in Japan and able to remain in country for the time it normally takes to process the visa.
- For I-130 Petition screening, you must first attend the virtual I-130 info seminar. Email yokosukalegalassistance@us.navy.mil to sign up for the seminar link.

Individuals must have their applications screened by the RLSO WESTPAC Yokosuka Legal Assistance by Thursday, May 15 to obtain an appointment.

After your application is screened, the Legal Assistance team will schedule you for a time slot for the U.S. Embassy Outreach.

Starting Tuesday, April 1, walk-in hours to screen CRBA and Passport applications are Monday - Thursday, 12:30 to 3:30 p.m. at the Yokosuka Legal Assistance office located on the 2nd deck of building 1555.



Adult passport renew by mail



CRBA Checklist



1st time adult passport checklist



I-130 Visa petition checklist



Minor passport checklist



American Red Cross

American Red Cross Spring Classes

CPR/AED/First Aid Course (\$18)

- Thursday April 17, 1 p.m. to 4 p.m.
- Thursday April 24, 8 to 11 a.m.
- Saturday April 26, 8:30 to 11:30 a.m.

Basic Life Support (\$12)

- Thursday April 24, 1 to 4 p.m.



Classes may be added based on community need and instructor availability.



All classes are Blended Learning Courses with an online and an instructor led classroom skills session

To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.

Annual CFAY VOLUNTEER APPRECIATION EVENT

APRIL 30, 2025
1130 - 1330
PURDY PAVILION

JOIN US FOR LIVE ENTERTAINMENT,
FOOD & BEVERAGES, GAMES AND MORE!

PLEASE RSVP



RSVP BY [CLICKING HERE](#)
EMAIL FFSCINFO@US.NAVY.MIL,
OR SCAN THE QR CODE.



TOGETHER, WE BUILD A BETTER COMMUNITY



NAVY TENANT SATISFACTION SURVEY

BEGINS 3 MARCH ENDS 1 MAY



Embrace the JOY of parenting.



An Active Parenting group is starting soon!

We are proud to bring the acclaimed **Active Parenting** program directly to you! This workshop will show you effective ways to...

- use nonviolent discipline that really works
- open up lines of communication—before they get clogged
- teach responsibility, courage, and other important character traits
- encourage school success in 7 steps
- prevent future problems with drugs, alcohol, and sex
- defuse power struggles with your children
- stimulate independence as your child grows older
- stop scolding and start smiling with your kids again!

Active Parenting will give you skills to achieve a fuller, more satisfying family life... and help your children achieve greater happiness and success. Written by Dr. Michael Popkin, one of the nation's foremost experts on parenting education, this course will show you a proven-effective approach to parenting that will lead to more harmony and happiness for you and your children. You'll learn 7 strategies for school success, along with positive discipline and communication techniques to help your family run more smoothly.

But the heart of the matter is the increased JOY you will experience as a family. Since 1983 over three million parents have learned from this dynamic, entertaining, and fun-filled video and discussion program—and now, so can you!



A video & discussion program for parents of children ages 5 to 12

For more information and sample videos, go to www.ActiveParenting.com/AP4-parents.

CLASS SCHEDULE

REGISTRATION REQUIRED

6 CONSECUTIVE SESSIONS TUESDAYS @ 10:00-11:30am

APRIL 15, 22, 29

May 6, 13 and June 3

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil

Multiple Intelligence & Me MIME DAY 2025

Thursday, May 22, 2025
8:00 - 2:10 PM

The Sullivans Elementary School is seeking Volunteer Presenters to share their skills and talents with our students on MIME Day!

Past Sessions included Woodworking, Hula Dance, Juggling, Zumba, Kids Yoga, Mindfulness and more!

Volunteers will have choice of 5 different sessions to share with our students in Kinder-5th. Each session is 35-40 minutes.

Please pick up a Form today @Sullivans Elementary Main Office, or scan code if you would like to Volunteer!

POC: Ms. Tamara Choate
(tamara.choate@dodea.edu) for details



You're invited to attend

Active Parenting of Teens :)

For Parents of Teens and Tweens

The challenge of successfully ushering children through their teen years has always been among parents' hardest-won achievements. But in today's society where children seem to become adults overnight, and where they often make decisions about drugs, sexuality, and violence before they understand the consequences, a parent's job is more important than ever. So how can you ensure that your teens develop the skills and character they need to not only survive but to thrive as they gain independence?

You *can* create harmony and stability in your family while raising your teens to be responsible, courageous and prepared for independent life. *Active Parenting of Teens*, a video and discussion program by parenting expert Dr. Michael Popkin, will show you how. In six sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to parenting, plus indispensable techniques and insights for overcoming obstacles, that will bring happiness and harmony into your home. You'll leave each session energized and motivated to make positive and realistic changes in your own family's daily life.

Since 1983, millions of families have learned the benefits of Active Parenting. Now it's your turn.

Join us at the next session and see the difference!

Narrated by TV mom Daphne Maxwell Reid ("The Fresh Prince of Bel-Air") and by the author, Dr. Michael Popkin

Active Parenting of Teens will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth. You'll learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent

... and much more, plus insight into important issues such as teens online, bullying, and depression.



SIGN UP NOW!

CLASS SCHEDULE

REGISTRATION REQUIRED

6 Consecutive Sessions Wednesdays @ 10:30-12:00pm

April 16, 23, 30

May 7, 14 and June 4

For more information & to sign up contact: DSN 243-7878 or

FFSCinfo@us.navy.mil

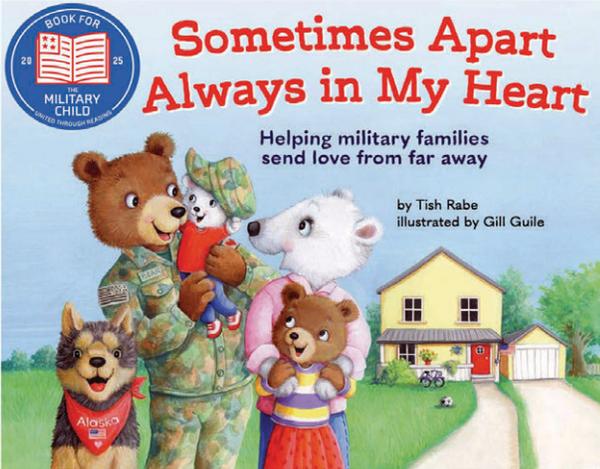




2025 Book for the Military Child

One Book. One Mission. One Community.

Because military kids serve, too!



Scan the code to learn more about United Through Reading and how your family can get FREE books!



The Department of the Defense does not endorse any company, sponsor or their products or services.

FFSC CALENDAR April 2025

- Area Orientation Brief**
APR 1-3, 8-10, 15-17, 22-24, 29-May 1
- Deployment**
General Pre-Deployment Brief
APR 7 at 1300 (Virtual)
Preparing Children for Deployment
APR 25 at 0900 (Virtual)
- Exceptional Family Member**
EFMP Command POC Training
APR 18 at 1300 (Virtual)
- Family Employment**
Effective Resume Writing
APR 10 at 0900 (Civilian)
APR 15 at 0900 (Federal) (Virtual)
- Modeling In Japan**
APR 11 at 1300
- Navy Spouse In Transition**
APR 22 at 1000
- Volunteer Orientation**
APR 16 at 1100 (Virtual)
- Family Readiness**
Emergency and Disaster Preparedness
APR 28 at 1130
- Emergency Evacuation Program (EEP) Overview**
APR 28 at 1000
- Intercultural Relations**
Active Japanese Language
APR 9 and 23 at 1500
Enjoying Japanese Food at Home
APR 25 at 0930
- Everyday Japanese**
APR 14 and 28 at 1000
- (CE Club (Ohanami))**
APR 3 at 1000
- Ikego Japanese Language Series**
APR 8, 15, 22 and 29 at 1200
- Shogi Workshop**
APR 16, 23, 30 at 1730
- Youth ICR**
APR 1 (ELEM), 8 (MS/HS) at 1430
- Zushi-Hayama Tour**
APR 23 at 1000
- Life Skills**
Communication Skills
APR 11 at 1000 (Japanese)
- English as a Second/Foreign Language (ESL/FFL)**
APR 9 at 1300 (Virtual)
APR 11, 25 at 1300
APR 30 at 1300 (Ikego)
- Japanese Spouse Group**
APR 9 at 1030 (Hybrid)
- Pre-Marriage Seminar**
APR 2 at 1030 (Virtual)
- Resiliency Bootcamp**
APR 17 at 1130
- Symptom Reduction Group**
APR 1 at 1400
- Ombudsman**
Ombudsman Advanced Training
APR 9 at 1600, 24 at 1000
Ombudsman Basic Training
APR 30 - MAY 2 at 0900 (Virtual)
- Parenting**
Active Parenting 5-12
APR 15 at 1000
Active Parenting Teens
APR 16 at 1030
- Infant Massage**
APR 14, 16, 21, and 23 at 1030
- Prenatal Families**
APR 19 at 1000
- Personal Finance**
CFS Training
APR 14-18 at 0800
- Debt Destroyer**
APR 24 at 0900
- First Duty Station**
APR 8 at 1300 (Virtual)
- Home Buying**
APR 2 at 1300
- Private Organization**
APR 1 at 0900 (Virtual)
- Raising Financially Fit Kids**
APR 23 at 0900 (Virtual)
- Survivor Benefit Plan**
APR 8 at 0900
- Relocation Assistance**
Military Spouse 101
APR 4 at 1300
Smooth Move
APR 4 at 0900
Space A/EML Flights Brief
APR 14 at 1100 (Virtual)
Sponsorship On-Demand
APR 3, 17 at 0800 (Virtual)
Sponsorship Training
APR 9 at 1300 (Virtual)
APR 24 at 0900 (Virtual)
- SAPP**
SAPR VA Resident Advisor
APR 23 at 1300
- Transition Assistance**
My Education Track
APR 24-25 at 0800
My Employment Track
APR 10-11 at 0800
My Entrepreneurship Track
APR 4-4 at 0800
TAP Core Curriculum
APR 7-9 at 0800
APR 21-23 at 0800
- April Events**
Modeling Fair
APR 12 at 1000
Retirement Symposium
APR 28 at 0800
Strike Out Child Abuse
APR 24 at 1600
Volunteer Appreciation
APR 30 at 1130



243-3372 | 046-816-3372 | FFSCinfo@us.navy.mil

1° OF SEPARATION

A Look at Depression, Funny and Suicide

1 Degree of Separation is a comedy show and suicide prevention effort aimed at ending the stigma of mental illness through discussion, laughter and straight talk.

Join us for laughter with a message of healing.
All shows are free.



APRIL 16, 17 & 18 • 2 P.M. • FLEET THEATER
USS GEORGE WASHINGTON PERSONNEL ONLY

APRIL 16 • 6 P.M. • FLEET THEATER
APRIL 17 & 18 • 10 A.M. & 6 P.M. • FLEET THEATER
OPEN TO ALL HANDS AGES 12 & UP



For more information!



Modeling Fair

12 APRIL 2025
10AM - 12PM & 1PM - 4PM
YOKOSUKA MIDDLE SCHOOL

ALWAYS WANTED TO BE A MODEL?
NOW'S YOUR CHANCE!

Come meet up to 10 different agencies in one location.
Email FFSCinfo@us.navy.mil to receive a copy of the talent registration form or if you have questions.



Follow us on Facebook for more details: @cfayokosuka.ffsc



The Fleet & Family Support Center

ZUSHI-HAYAMA TOUR

Tour Guided by: Jazmin Zeman & Darlene Hernandez-Purvis

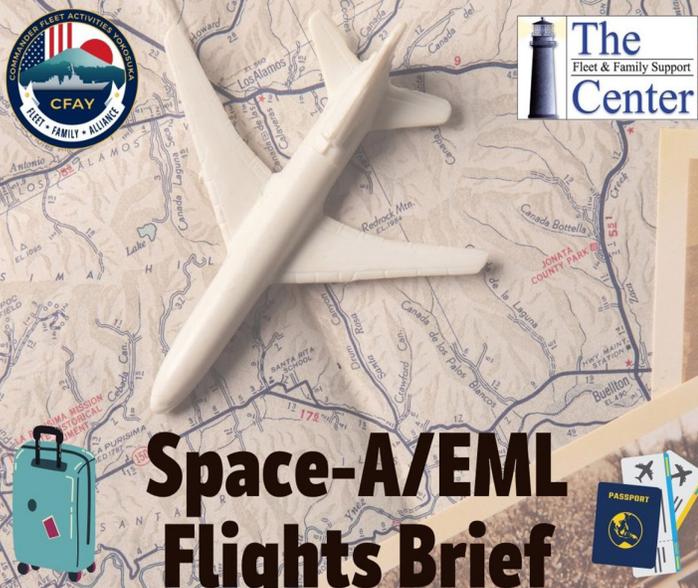
Registration Required!

April 23rd 1000-1400
Meet at Ikego-FFSC Office

- Intro to local transportation
- Explore Morito-Damyojin Shrine
- Discover Zushi area shops & groceries
- Shop Kamegaoka Shrine flea market



For more information, please call 243-3372 or email FFSCinfo@us.navy.mil



The Fleet & Family Support Center

Space-A/EML Flights Brief




VIRTUAL

EVERY 2ND MONDAY OF THE MONTH AT 1100

IN-PERSON ONCE PER QUARTER

(MUST HAVE 10+ PARTICIPANTS OR WILL TURN TO VIRTUAL)

REGISTRATION REQUIRED:

Please call us 243-3372 or email us at FFSCinfo@us.navy.mil



SCAN HERE TO REGISTER VIA E-MAIL



The Fleet & Family Support Center

COMMAND SPONSORSHIP TRAINING

FFSC provides training and guidance for Command sponsors, so they can offer incoming personnel meaningful pre-arrival communication, adequate support upon arrival, and relocation assistance to meet the Sailor's needs. The training is directed by OPNAVINST 1740.3(Series), the Command Sponsor and Indoctrination Programs.

EVERY 2ND, 3RD & 4TH THURSDAY OF THE MONTH (VIRTUAL/IN-PERSON/VIRTUAL)



NOTE: SUBJECT TO CHANGE DUE TO HOLIDAYS OR COMMAND FUNCTIONS

FOR MORE INFORMATION AND TO REGISTER, PLEASE CONTACT US AT 243-3372 OR VIA E-MAIL AT FFSCINFO@US.NAVY.MIL




The Fleet & Family Support Center

SURVIVING IN JAPAN

GROCERY SHOPPING

ORDERING

YOUR GUIDE TO SURVIVING AND THRIVING IN JAPAN

NAVIGATING

LANGUAGE

TO REGISTER

243-3372 / 046-816-3372 | FFSCinfo@us.navy.mil



STRIKE OUT CHILD ABUSE

Join FFSC for a free bowling event & raise awareness with us!



FREE SHOE AND LANE RENTAL!

April 24, 2025
4-6pm

CFAY Bowling Center



- FUN CRAFTS
- EDUCATION
- RESOURCES



FOR INFO EMAIL
FFSCINFO@US.NAVY.MIL
CALL DSN: 243-7878



EGG'STRAVAGANZA

Ikego Campgrounds • Saturday, April 19 • 10 a.m. - 2 p.m.
Egg Hunts Begin • 10:30 a.m.
Yokosuka Berkey Field • Sunday, April 20 • 10 a.m. - 2 p.m.
Egg Hunts Begin • 10:30 a.m. & Magic Show • 2 - 3:30 p.m. • Benny Decker Theater

Crafts • Face Painting • Egg Hunts
Inflatables • Food Available for Purchase

Celebrate the arrival of spring with our annual Egg'stravaganza event!



Visit us on the web for more information.



PURPLE UP

for the Military Child



Military Child Carnival
April 26 • 2 - 5 p.m. • Bowling Center Parking Lot
Come out and show your support for our children. Enjoy arts & crafts activities, vendors market, games, free bowling and pizza.

Bowling Center
April 26 • 11 a.m. & 5 p.m.
Kids up to 18 yrs old in high school can enjoy two free hours of bowling, shoe rental, one cheese or pepperoni personal pizza and a fountain drink all for free!

Moana & Moana 2
April 27 • Noon & 3 p.m. • Benny Decker Theater.
Spend time with your children and enjoy watching Moana & Moana 2. (Free for all kids).



***Home Based Business Vendors Market**
Are you a home based business and interested in being a vendor?
Visit navymwryokosuka.com and email
MWR_Yokosuka_special_events@us.navy.mil
for all the details on how to sign up.
Participation Fee \$100, limited space available.



SPRING STRIDE HALF MARATHON

Saturday, April 26 • 9 a.m. • Purdy Pavilion

Spring into action at the Spring Stride Half Marathon! Whether aiming for a personal best or taking on your first half marathon, this is your chance to challenge yourself. Don't miss out - Register today and be part of an unforgettable experience!

Register at the Fleet Recreation Center Fitness Office • Registration Fee: \$15 (Spring Stride t-shirt included)



For more information!

BEYOND THE GATE



67th Kamakura Festival

April 13 (Sun), 19 (Sat) and 20 (Sunday)

10 a.m. to 3 p.m. | *Tsurugaoka Hachimangū Shrine (10-minute walk from JR Kamakura Station, JO-07)*
The festival features a parade with mikoshi carried down the famous Wakamiya Ōji Street towards Tsurugaoka Hachimangū Shrine (From 10 a.m., April 13). Also expect performances such as traditional dancing. The shrine invites tourists to an outdoor tea ceremony to try matcha, as well as a display of yabusame (horseback archery, from 1 p.m., April 20).



Ootawa Azalea Festa

April 12 (Saturday) - 20 (Sunday)

10 a.m. to 3 p.m. | *Ootawa Azalea Hill (35-minute bus ride from JR Yokosuka Station/25-minute bus ride from Keikyu Yokosuka Chuo Station, KK-59. 30-minute drive from Yokosuka Main Base.)*

More than 50,000 azalea will be in peak bloom between mid-April and May. There will be a farmer's market and Japanese sweets sale during the festival.



Kurihama Flower Park Historic Car Day

April 19 (Saturday)

10 a.m. to 3 p.m. | *Kurihama Flower Park (30-minute drive from Yokosuka main base/20-minute walk from JR Kurihama, JO-01 or Keikyu Kurihama Station, KK-67)*
10 year anniversary this year! Famous, popular historical cars gather in the square in front of Poppy Garden! Please look forward to seeing these cool cars. This luxurious park utilizes the natural terrain and features seasonal flowers throughout the year. The park also offers playgrounds for children. Poppy and Nemophila Festival is now held until May 25.



Automobile Council 2025

April 12 (Sunday) - 13 (Sunday)

10 a.m. to 6 p.m. (April 12)/10 a.m. to 5 p.m. (April 13) | *Makuhari Messe (3-minute walk from the north exit of JR Kaihin Makuhari Station, JE-14)*

The theme for this year's event is "Classic Meets Modern and Future," celebrating the evolution of automobiles over the years. This will be the largest event in its 10-year history, showcasing a variety of vehicles and experiences for attendees. Advance ticket, ¥6,500. Same-day ticket, ¥7,000. <https://automobile-council.com/ticket/>

NEWS AND NOTICES

U.S. EMBASSY TOKYO REDUCED SERVICE NOTICE

Due to infrastructure improvement projects at the U.S. Embassy Tokyo, the following Embassy services will be unavailable during the listed dates.

- April 25 - May 6: No routine passport, Consular Report of Birth Abroad (CRBA), and notary services.
- May 2 - 13: No routine immigration petition and visa processing.

For more info, please visit their Facebook at "American Citizen Services, U.S. Embassy Tokyo" or website: <https://jp.usembassy.gov/services/>

RLSO WESTPAC LEGAL ASSISTANCE REDUCED SERVICES NOTICE

The Yokosuka Legal Assistance Office will be closed on Friday, April 18 in recognition of a Family Day 72-Hour Special Liberty period. We will resume office hours on Monday, April 21. We can be reached at: yokusukalegalassistance@us.navy.mil or Duty Phone: Local: 090-6181-4375 or From U.S.: 011-81-90-6181-4375

We apologize for any inconvenience.
V/R, Legal Assistance Department Staff .

MASS CASUALTY DRILL

To strength U.S. Naval Hospital (USNH) Yokosuka's capabilities in responding to a catastrophic emergency, USNH Yokosuka will conduct an all-day Mass Casualty Drill on April 22. During this drill, routine Lab, Pharmacy, and Clinical services will be limited. Please plan accordingly. Normal services will resume on April 23. The Emergency Department will remain open.

USNH YOKOSUKA PATIENT FAMILY PARTNERSHIP COUNCIL

Want to effect change and be a part of healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY. Join us at the upcoming meetings.

- May 6 from 4 to 5 p.m. at Community Resource Center AOB Auditorium.

• June 3 from 11:45 a.m. to 12:45 p.m. at USNH Yokosuka Command Auditorium 3rd floor. To learn more, please email: dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil, visit <https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council>

SPRING CLEANING POISON PREVENTION

- Keep household cleaners in their original containers.
- Do not mix household cleaners with one another.
- Turn on fans and open windows for ventilation.
- Store somewhere children and pets cannot access.

VOLUNTEER NOW FOR THE AMERICAN RED CROSS

Disaster Action Team

Help provide immediate assistance on scene of an emergency, and participate in base exercises. Help with emergency messages and during large scale emergencies.

Also available:

- Youth Preparedness Team
- MTF Professional and Admin Help
- CPR/BLS/Babysitting Instructor
- Library
- PAWS
- Vet Clinic
- Post Office
- Youth Clubs

How to volunteer:

1. Use a desktop or laptop computer.
2. Search and go to Red Cross Volunteer Connection.
3. Use the Yokosuka FPO zip code 96349.
4. Complete the on-line training.
5. If you have any problems, email: yokosuka@atredcross.org, or call 243-7490.

PREPARE TODAY! COMPLETE A RED CROSS CONTACT CARD

One of the main Red Cross missions OCONUS is to provide the Emergency Communication Message, AKA "Red Cross Message". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify

that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your emergency leave. Fill out a contact card today to ensure your contact information is ready before an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.

CONSTRUCTION AND CLOSURES

Yokosuka: Carney Gate road closure. Due to construction, all vehicular traffic at Carney Gate will be secured from 8 p.m. to 5 a.m. with the exception of Sundays. Gate open for daily operations from 5 a.m. to 8 p.m. Pedestrian traffic will not be affected. Please utilize Womble Gate for vehicular traffic.

- Carney Gate water line replacement. Construction period March 24 to Nov. 26. Expect detours and periodic closures for waterline replacement construction. Two-way trafficto be maintained. Most of the work will occur overnight.

- Nimitz Boulevard and Gridley Lane partial road closure. Closure period from March 24 to April 19 and Sept. 20 to Nov. 26, 8 p.m. to 5 a.m. Two-way traffic will be maintained with flagmen.

- Vandegrift Lane full road closure until October 2025.

- The parking lot immediately in front of ATG is secured through 2027 in support of the NSST Shiphhandling Trainer construction. Additionally, half of the 12-hour parking lot is also secured to support NSST construction material laydown and management.

- Vandegrift Lane: Full road closure until October 2025.

Ikego: Ikego CDC parking lot partial closure, from April 1 to Sept. 30. 14 additional parking spots and 5 parallel spots will be closed for the new CDC construction area.

- A Government of Japan Contractor will perform excavation work on Shisagi Street until Aug. 31, 2025. Working hours will be between 8 a.m. and 6 p.m., Monday through Friday. Excavation site will be controlled as one-way alternating traffic control road during the daytime work. After daily working hours, road should be re-opened.

 Commander Fleet Activities Yokosuka

 @CFAY_Japan

 yokusukareport@gmail.com

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