



My

# CFAY

Volume 8, Issue 10

Weekly  
週刊

令和7年3月14日

March 14, 2025

## Spring Festival, Saturday March 22



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# 2025 Road Tax Season

Effective June 1, all Vehicles **MUST** display the 2025 (Reiwa 7) USFJ Decal. Displaying 2024 decals after June 1 will result in denial of access and possible impoundment. Pay the Japanese road tax to receive your new decal(s).

## One Stop Shop

### When?

- March 17, 18 and April 10, 11 from 9 to 11:45 a.m./1 to 3:15 p.m. and for 100, 300 through 529 plates only. Pay Road Tax and get USFJ decal at Fleet Theater.
- This event is **NOT** for yellow plate car and motorcycle. Road Tax for yellow plate cars and motorcycles must be paid off base at Yokosuka City Hall starting April 1
- If you have a yellow plate car or motorcycle as an additional vehicle, you must wait until April 1 to receive decals.
- If you miss the events, pay your Road Tax at the Kanagawa Tax Office for normal and large vehicles, or pay your Road Tax at the Yokosuka City Hall for mini cars and motorcycles 125cc and above. Bring your documents to receive decal at VRO.

### What to bring to pay road tax?

- 2024 Road Tax Receipt (last years)
- Japanese Vehicle Title
- Applicable Fees in YEN
- **2025 USFJ Decal is required by June 1, 2025.**

### What to bring to get decal?

- ID Card
- 2025 road tax receipt
- Japanese Vehicle Title
- Base Inspection Sheet (if applicable)
- JCI Insurance

- Liability Insurance
- Parking Certificate with current residence (must be re-registered at LTO with the current address)
- Valid Drivers license (if you own more than one vehicle, bring all additional driver's license)
- Other than Spouse are required a Power of Attorney (POA)

### How much am I going to pay?

- Mini Car (Yellow plate): ¥3,000
- Motorcycle, 126cc and above: ¥1,000
- 125cc and above: ¥500
- 400/500/501/529: ¥7,500
- Y300/301/329 (Less than 4.5L): ¥19,000
- 300/301/329 (More than 4.5L): ¥22,000
- 100: ¥32,000
- **CASH ONLY FOR PAYMENT (Yen)**

**Notes:** Representatives other than Spouse are required to present a Power of Attorney (POA) to receive decals. If member owns more than one vehicle, all vehicles **MUST** be registered at the **SAME TIME** to receive decals.

• **License plate from other prefectures as Sasebo, Iwakuni, Misawa, Yokota, Fuji, etc... need to be changed to Yokohama plate before March 31, 2025. You can't pay Road tax at Kanagawa prefecture after April 1, 2025.**



# End of Heating/Start of Cooling

- In support of preventive maintenance, CFAY maintains an HVAC changeover period between the heating and cooling seasons.
- March 24, heating will start to be turned off sequentially, as required for PWD to perform maintenance and convert the systems.
- Dates of specific community interest:

## **Unaccompanied, Family Housing, DoDEA cooling turned on no later than April 14**

- Some areas may experience minor gaps in heating and cooling due to maintenance and system changeovers
- The preventive maintenance reduces the need for repairs during the cooling season, when air conditioning is most valuable. We appreciate everyone's patience during this period.

- During changeover, if your area is too hot before PWD has reached your facility, please turn your thermostat to "off" and open doors and windows to maximize natural ventilation.
- Once in use, cooling must be set no lower than 78°F/25.5°C [Housing 76°F / 24.5°C]





**American Red Cross**

# American Red Cross Spring Classes

## CPR/AED/First Aid Course (\$18)

- Thursday March 20, 10 a.m. to 1 p.m.
- Saturday March 22, 10 a.m. to 1 p.m.
- Friday April 4, 10 a.m. to 1 p.m.
- Monday April 7, 3 to 6 p.m.
- Thursday April 10, 1 p.m. to 4 p.m.
- Thursday April 17, 1 p.m. to 4 p.m.
- Thursday April 24, 8 to 11 a.m.
- Saturday April 26, 8:30 to 11:30 a.m.



## Basic Life Support (\$12)

- Thursday April 24, 1 to 4 p.m.

## Babysitting Basics and First Aid/CPR (\$15)

Recommended for ages 12-17

- Thursday April 3, 10 a.m. to 1 p.m.



**Classes may be added based on community need and instructor availability. All classes are Blended Learning Courses with an online and an instructor led classroom skills session**  
**To register, email: [Yokosuka@redcross.org](mailto:Yokosuka@redcross.org) with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.**

# FFSC WEEKLY

More details on CFAY FFSC YOKOSUKA FB page



### TAP Core Curriculum

Mar 17-19 at 0800

### AOB/ICR

Mar 18-20 at 0800

### ICE Club (Shiori Workshop)

Mar 18 at 1000

### 4th Trimester Group

Mar 18 at 1030

### Ikego Japanese Language Series

Mar 18 at 1200

### Japanese Spouse Group

Mar 19 at 1030 (Hybrid)

### Volunteer Orientation

Mar 19 at 1100

### Ombudsman Advanced Training

Mar 19 at 1600

### Make Tomodachi

Mar 19 at 1630 (Intermediate)

### Ombudsman Assembly

Mar 19 at 1730

### My Education Track

Mar 20-21 at 0800

### Sponsorship On-Demand

Mar 20 at 0800 (Virtual)

### Baby Sign Language

Mar 20 at 1030

### Sponsorship Training

Mar 20 at 1300

### EFMP Command POC

Mar 21 at 1000 (Virtual)

### SAPR VA Resident Advisor

Mar 21 at 1300

See something you like? Sign up via email: [ffscinfo@us.navy.mil](mailto:ffscinfo@us.navy.mil)

**BREAKING THE**



**WITH THE CO**

**MARCH 24**

**12 PM**

**C-2 BUILDING**



**MARCH 26 AT 8 A.M.**

**IKEGO HEIGHTS NIKKO TOWER**



## EDUCATION ASSISTANCE

Grants & interest-free loans for Navy-Marine Corps dependents & Active Duty students with MECEP/MECP orders so they can reach their education goals with **less financial stress.**



**Josiah Aldave**  
Washington State University  
Information Systems & Accounting

### HOW IT WORKS

- Apply during open window
- Grants & Loans awarded once per year
- Funds sent to schools
- Split between Fall & Spring semesters

### AWARDS

- Range between \$500-\$3,000
- Needs-based determined by FAFSA SAI and school's Cost of Attendance

This scholarship is important to my schooling because it is allowing me to continue my education without needing to take out excessive high interest loans to pay my tuition. It is also allowing me to be financially responsible, and pay my tuition bills on time.



**ESMERALDA CARRANZA**  
Marine Corps Spouse  
University of Houston I Psychology

### ELIGIBILITY

Spouses & children of active duty, retired or deceased Sailors & Marines may apply. Children must be DEERS eligible & under age 23 by September 30, 2025. Surviving dependents are eligible if the service member passed on active duty or once retired. Active Duty on MECEP or MECP orders are eligible for loans only.

### AREAS OF STUDY

NMCRS Scholars may use funds for full or part-time programs working toward career & technical programs, associate's or bachelor's degrees. Spouses are eligible while completing first undergraduate or master's degree.

### 2025 TIMELINE

#### March 10 - May 15

Open window to create student NMCRS account, upload qualifying documents & complete application.

#### Late June 2025

Award announcements sent to all applicants via email and decisions also available on NMCRS account.

#### Early July 2025

Scholarship and loan acceptance deadline.

#### Late July 2025

Funds dispersed to Scholar's schools.



SCAN TO VISIT OUR WEBSITE OR  
EMAIL US AT [EDUCATION@NMCRS.ORG](mailto:EDUCATION@NMCRS.ORG)



# Multiple Intelligence & Me MIME DAY 2025

**Thursday, May 22, 2025**

**8:00 - 2:10 PM**

The Sullivans Elementary School is seeking Volunteer Presenters to share their skills and talents with our students on MIME Day!

Past Sessions included Woodworking, Hula Dance, Juggling, Zumba, Kids Yoga, Mindfulness and more! Volunteers will have choice of 5 different sessions to share with our students in Kinder-5th. Each session is 35-40 minutes.

Please pick up a Form today @Sullivans Elementary Main Office, or scan code if you would like to Volunteer!

POC: Ms. Tamara Choate  
([tamara.choate@dodea.edu](mailto:tamara.choate@dodea.edu)) for details



**UNITED STATES NAVAL COMMUNITY COLLEGE**

"Victoria Per Educationem"...Victory through Education

## The United States Naval Community College will be at your command on

Date: 27 MARCH 2025 (BENNY DECKER THEATER) 0830-0930 & 1300-1400

Learn about accredited degree programs from



### Top Five Things You Should Know About USNCC

- All Mandatory Costs Covered**  
USNCC covers the cost of tuition, course materials, and course fees for each class taken with USNCC.
- No Minimum Time in Service Requirement**  
There is no minimum time in service for Sailors to be eligible for USNCC. In fact, Sailors who are in their first enlistment are prioritized for USNCC's degree programs. Sailors must have at least 180 days left on active duty from the first day of class to be eligible.
- Does Not Affect TA's Lifetime Credit Limits**  
USNCC is not a TA-funded degree program, this means Sailors can attend USNCC to finish their associate degree, and still have 120 lifetime TA credits to complete their bachelor's degree, master's degree or a certificate.
- All Degrees Have a Pre-Established Pathway to a Four-Year Degree**  
As part of the consortium agreement with each partner institution, every degree has a pre-established pathway to a four-year degree with little to no loss of credit. This means the associate degree will transfer fully into a bachelor's program identified before beginning your educational journey.
- Every USNCC Student has Two Student Success Coaches**  
Each USNCC student will be assigned two student success coaches upon enrollment into the program. One of the student success coaches will be a staff member of USNCC and the other student success coach will be a staff member of the partner institution to help keep you on a path to success.

**Command POC**

NCC (AW/SW) James R. Evans  
COMSEVENTHFLT

Our mission is to advance warfighting advantage and enhance operational readiness by providing world-class, naval-relevant education to a globally deployed force.

Learn more about USNCC at <https://www.usncc.edu/s/>



# IKEGO CULTURAL EXCHANGE CLUB



CONNECT, LEARN, AND EXPLORE TOGETHER!

Mar 18th  
1000  
Ikego Nikko Tower



## SHIORI WORKSHOP (KIMONO BOOKMARK)

Bookmark your creativity:  
A Japanese origami workshop!



For more information or to register,  
please call 243-3372 or email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)



## Million Dollar You

A personal wealth building program for sailors and family members

- Strengthen Career
- Manage Money
- Build Wealth

March 25-26, 0800-1630  
Fleet Rec, 3rd Floor, Rm 336

For more information or to register,  
call 243-3372/046-816-3372 or email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)

SCAN TO REGISTER



## ZUSHI-HAYAMA TOUR

Tour Guided by: Jazmin Zeman & Darlene Hernandez-Purvis

Registration Required!

March 28th 1000-1400  
Meet at Ikego-FFSC Office

- Intro to local transportation
- Explore Morito-Damyojin Shrine
- Discover Zushi area shops & groceries
- Shop Kamegaoka Shrine flea market



For more information, please call 243-3372 or email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)



## Make Tomodachi

ともだちを作る



WITH SENSEI KOI:

MAR 12 & 26 (BEGINNER)  
MAR 5 & 19 (INTERMEDIATE)  
FLEET REC CENTER, 3RD FL  
TIME: 1630 - 1715



"I am born and raised in Yokosuka. I have been teaching English to the Japanese people and Japanese to the foreign people in Yokosuka.

I am excited to teach Japanese as a volunteer and I want everyone to make Japanese friends."

Please register by email: [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)  
or call 243-3372.



March 1 - 31 • 8 a.m. - 5 p.m. • Fleet Gym

# LUCKY LADDER

## WORKOUT CHALLENGE

### Fitness Challenge:

Climb your way to new fitness heights in a high-energy event that's as exciting as it is challenging!

Whether you are aiming to improve endurance, build strength, or simply enjoy a dynamic workout with others, this ladder-style routine will keep you moving and motivated.

Suitable for all fitness levels!

- 1 - Minute Wall Sit
- 15 High Knees (each leg)
- 20 Sit-Ups
- Fireman Sandbag Carry
- 10 Lunges (each leg)
- 30-Second Plank Hold
- 10 Mountain Climbers (each leg)
- 15 Front Squats w/ Sand Bag
- 5 Push-ups
- 10 Jumping Jacks

### Instructions:

Start at the bottom of the ladder and work your way up, and then back down again.

You must have a MWR Fitness Specialist monitor you to complete the challenge.

Register at the Fleet Fitness office to lock in the day and time you want to complete this challenge.

For more information, call 241-4486 or email [mwr\\_yokosuka\\_fitness@us.navy.mil](mailto:mwr_yokosuka_fitness@us.navy.mil)

Yokosuka

# SPRING

## Festival

SATURDAY, MARCH 22  
9 A.M. - 5 P.M.

OPEN BASE EVENT

CARNIVAL • LIVE MUSIC • VENDORS  
AMERICAN FOOD • BEVERAGES • SHIP VISITS

Enjoy the sights and sounds during Commander Fleet Activities Yokosuka's Spring Festival. For more information please, email [MWR\\_Yokosuka\\_Special\\_Events@us.navy.mil](mailto:MWR_Yokosuka_Special_Events@us.navy.mil).

Visit us on the web.

# SPRING CELEBRATION

### CPO CLUB

**MARCH 14**  
11 a.m. - 2 p.m.  
CPO Club Dining Room  
Call 243-5506 for details.  
**\$15 / Adult**  
**\$10 / Children (ages 6 - 11)**  
**Free / Children (ages 5 & under)**

**LUNCH BUFFET**  
Featuring Bangers & Mash, Stobhach Stew, Corned Beef & Cabbage and Pan-fried Guinness Chicken.  
Wear something green and get a complimentary green beverage.



### OFFICERS' CLUB

**MARCH 14**  
11 a.m. - 2 p.m.  
Kosano Dining Room Call 243-5030 for details.  
**\$19.95 / Person**

**LUNCH BUFFET**  
Featuring Soup, Tossed Salad w/ assorted dressing, Spicy Green Bean Salad, Corned Beef & Cabbage, Shepherd's Pie, Beef & Guinness Stew, Soda Bread, Peas & Carrots, Mashed Potatoes and assorted Desserts.



### CLUB TAKEMIYA

**MARCH 14**  
4 - 9 p.m.  
Club Takemiya Dining Room  
Call 246-8077 for details.  
**\$20 / Plate**

**SPECIAL PLATE**  
Featuring Creamy Reuben Soup, Spinach Salad with your choice of dressing, Corned Beef & Cabbage and Savory Zucchini Cake.  
Comes with Colcannon and Green Beans.



# SPRING SPECIAL CELEBRATION

**MARCH 29**  
Club Alliance Ballroom @ 5 p.m.

Featuring Live Entertainment:



**Special Beverages:**





Green Smasher      Emerald Isle      Green Monster

**Buffet Menu:**

- Smoked Salmon & Cucumber on Rye Bread
- Green Salad
- Butter Carrots
- Bangers & Mash
- Guinness Battered Fish & Chips
- Grilled Lamb Chop
- Corned Beef & Cabbage
- Mint Oreo Parfaits
- Bread Pudding
- Apple Cake

Tickets can be purchased at 2F Club Alliance cash cage.  
Ticket includes live entertainment, buffet and one raffle ticket.

For details, call 243-3000.  
**\$30 / Person**  
(Open to 20 years old and above)

# NEWS AND NOTICES

## 2025 ROAD TAX RODEO

Attention CFAY community! Don't miss the annual Road Tax Rodeo at the Fleet Theater! Join us on March 17 and 18, and again on April 10 and 11. Doors open at 9 a.m. Enjoy the convenience of sorting your road taxes with the support of the City of Yokosuka. Just bring last year's road tax receipt, your Japanese vehicle title, and remember, it's cash only. Make tax time a breeze at the Road Tax Rodeo. See page 2 for details.

## U.S. EMBASSY TOKYO REDUCED SERVICE NOTICE

Due to infrastructure improvement projects at the U.S. Embassy Tokyo, the following Embassy services will be unavailable during the listed dates.

- April 25 - May 6: No routine passport, Consular Report of Birth Abroad (CRBA), and notary services.
- May 2 - 13: No routine immigration petition and visa processing.

For more info, please visit their Facebook at "American Citizen Services, U.S. Embassy Tokyo" or website: <https://jp.usembassy.gov/services/>

## USNH YOKOSUKA PATIENT FAMILY PARTNERSHIP COUNCIL

Want to effect change and be a part of healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY. Join us at the upcoming meetings.

- April 1 from 9 to 10 a.m. at Community Resource Center 4<sup>th</sup> floor Haru Room.
- May 6 from 4 to 5 p.m. at Community Resource Center AOB Auditorium.
- June 3 from 11:45 a.m. to 12:45 p.m. at USNH Yokosuka Command Auditorium 3<sup>rd</sup> floor.

To learn more, please email: [dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil](mailto:dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil), visit <https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council>

## VOLUNTEER NOW FOR THE AMERICAN RED CROSS

### Disaster Action Team

Help provide immediate assistance on scene of an emergency, and participate in base exercises. Help with emergency messages and during large scale emergencies.

### Also available:

- Youth Preparedness Team
- MTF Professional and Admin Help
- CPR/BLS/Babysitting Instructor
- Library
- PAWS
- Vet Clinic
- Post Office
- Youth Clubs

How to volunteer:

1. Use a desktop or laptop computer.
2. Search and go to Red Cross Volunteer Connection.
3. Use the Yokosuka FPO zip code 96349.
4. Complete the on-line training.
5. If you have any problems, email: [yokosuka@redcross.org](mailto:yokosuka@redcross.org), or call 243-7490.

## PREPARE TODAY! COMPLETE A RED CROSS CONTACT CARD

One of the main Red Cross missions OCONUS is to provide the Emergency Communication Message, AKA "Red Cross Message". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your emergency leave. Fill

out a contact card today to ensure your contact information is ready before an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.

## RED CROSS MONTH

Help us make origami cranes for the Peace Memorial outside the NEX Barbershop.

- March 19, 10 a.m. to 1 p.m.
- March 26, 11 a.m. to 2 p.m.

## OFF BASE TRAFFIC CONTROL

The roads between Yokosuka City Hall Kitashitaura Branch and Kurihama Pier will be controlled from 8 a.m. to 12 p.m. on Sunday, March 16 due to Kitashitaura Hometown Marathon.

## CONSTRUCTION AND CLOSURES

**Yokosuka:** Vandegrift Lane: Full road closure until October 2025.

- The parking lot immediately in front of ATG is secured through 2027 in support of the NSST Shiphandling Trainer construction. Additionally, half of the 12-hour parking lot is also secured to support NSST construction material laydown and management.

- Vandegrift Lane: Full road closure until October 2025.

**Ikego:** A Government of Japan Contractor will perform excavation work on Shisagi Street until Aug. 31, 2025. Working hours will be between 8 a.m. and 6 p.m., Monday through Friday. Excavation site will be controlled as one-way alternating traffic control road during the daytime work. After daily working hours, road should be re-opened.

- 50 percent of Ikego NEX/MWR Parking Lot secured until the end of February 2025.

 Commander Fleet Activities Yokosuka

 @CFAY\_Japan

 [yokosukareport@gmail.com](mailto:yokosukareport@gmail.com)

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