

A NEWSLETTER PUBLISHED BY

#### U.S. ARMY MEDICAL LOGISTICS COMMAND

## Navy vet-turned-Army Civilian participates in second

**Invictus Games** 

FORT DETRICK, Md. – Although he literally no longer has a stomach, Carlos Valerio remains as hungry as ever for competition.

Valerio, a retired 21-year Navy hospital corpsman and current civilian employee at U.S. Army Medical Logistics Command, participated and medaled as a member of Team U.S. at the 2025 Invictus Games, held Feb. 8-16 in Vancouver and Whistler, Canada.

Valerio was one of 50 active-duty military and veterans who represented Team U.S., part of the 500-athlete field representing 25 different countries. Team U.S. earned gold, silver or bronze in nine of the 11 events during the international adaptive sporting competition, created for wounded, injured and sick current or former service members.

It marked the second time Valerio, a 48-year-old gastric cancer survivor, competed at the games. He first participated in the 2018 Sydney games in Australia.

"At Invictus, you see it on a global scale. You see that there's so much need for recovery," Valerio said. "And I think one of the best ways to do it is through sport."

Valerio's events included the



Carlos Valerio, right, a gastric cancer survivor, Navy veteran and current civilian employee at U.S. Army Medical Logistics Command, is pictured at Whistler with his commander, Col. Marc Welde, during some downtime between events at the 2025 Invictus Games. Valerio participated in his second games and earned a bronze medal with a mixed-nation "Unconquered" team, a first for the 11-year history of the international event. (Courtesy photos)

biathlon and wheelchair basketball, earning a bronze medal as a member of a mixed-nation group called Team Unconquered. It was the first time an Unconquered team has medaled at Invictus, Valerio said, adding that his impromptu participation on the basketball team

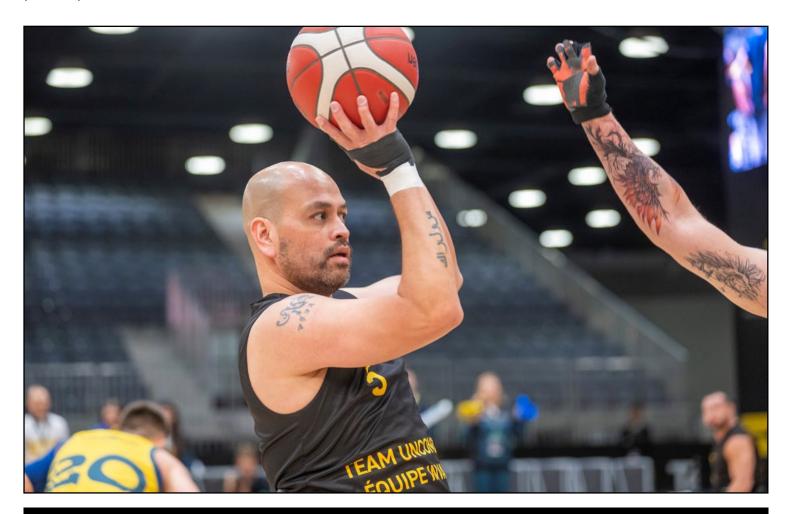
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Carlos Valerio, a gastric cancer survivor, Navy veteran and current Army civilian at U.S. Army Medical Logistics Command, looks to shoot during a wheelchair basketball match during the 2025 Invictus Games, held Feb. 8-16 in Vancouver and Whistler, Canada.

was the best part of the experience. He initially planned to participate on the seated volleyball team, but a roster snafu kept him out of that competition. "It ended up being six Americans and two Ukrainians," he said of the Unconquered team, recounting the team's preliminary games, including a last-second shot that allowed them to advance to the medal rounds.

"There was a lot of buzz about that and toward the last two games there was a lot of interviews, a lot of media," Valerio said. "It was fun to see that and to provide that opportunity to the guys. It's hard to medal at Invictus. For them to go for the first time and go home with a medal, it's special."

This year also marked a first for the games to feature winter-specific events, including six adaptive winter sports.

First held in 2014 and inspired by the Department of Defense's Warrior Games, the Invictus Games promote the power of sport to support recovery, rehabilitation and generate a wider understanding and respect for those who serve their country.

#### 'I'm blessed'

Valerio's personal road to recovery started in 2017, following a routine physical while still on active duty that led to some bad news. Doctors found a tumor on the upper part of his stomach and diagnosed him with stage two gastric cancer.

His options were a partial or complete removal of his stomach, plus several rounds of chemotherapy.

Valerio and his doctors agreed that a full removal would be best.

"Most of your stomach function and absorption happens in the upper portion, so all I would have had left was the bottom," he explained. "Now, it's basically like I had gastric bypass."

After a weeklong stay at Walter Reed National Military Medical Center in Bethesda, Maryland, to complete his surgery and subsequent treatments, Valerio began living out his "new normal," like millions of other wounded, injured or sick service members and veterans.

Doctors told him he would likely have dietary restrictions, considering his stomach was essentially replaced by an elongated esophagus connected directly to his small intestine. But Valerio said he's had nearly no issues



Carlos Valerio, fourth from left, and several of his Team U.S. teammates are pictured with Prince Harry, Duke of Sussex, and his wife, Meghan Markle, during a reception at the 2025 Invictus Games, held Feb. 8-16 in Vancouver and Whistler, Canada. Prince Harry founded the international games in 2014, geared toward wounded, injured and sick military service personnel, active duty or veterans.

since the procedure about eight years ago.

"I'm blessed," he said. "I'm not really supposed to eat sugar, steak, milk, things that the body struggles to digest. But I have a really normal life. I eat what I want for the most part. The only thing I really have to balance is hydration versus nutrition. If I drink too much, I'm full and can't eat. And vice versa. That's the one big thing I still battle."

Returning to battle after a significant injury, trauma or illness can often be a challenge for service members. The DOD Warrior Games was initially an outlet for Valerio as he started his recovery through sport, he said.

Valerio went to Chicago in the summer of 2018 to participate on the Navy's team in cycling and air pistol/air rifle, earning a medal in the air pistol event.

"Based on my performance there, they nominated me to be a member of

Team USA for Invictus," said Valerio, who competed in cycling and sitting volleyball at the Sydney games in October 2018.

#### 'Not really about winning medals'

Valerio said his first experience at Invictus really opened his eyes to the need for healing through sport, not just in the U.S. but on a global scale.

"It was awesome, just knowing all these people from different branches, different nations who experienced terrible things and are here to move forward and learn a new normal, a new way to function," he said. "Sometimes people can fall into depression, this dark world (following a severe injury or illness) ... and then you see people realize there's still functionality and things you can do, and it's really amazing.

"It's not really about winning

medals," Valerio said. "It's about realizing, 'hey, I can do this.' That's the best thing that comes out of these programs."

Valerio, a native of El Paso, Texas, and an operations and training specialist at AMLC headquarters at Fort Detrick, reflected on the experience at his second Invictus after returning home. Of course, the competition was fun, he said, but it's the relationships and camaraderie with fellow participants that will stick with him.

"It gives people the hope, a way to reach out and get help," Valerio said. "It just becomes a community, and part of that community is to look out for one another. It's a great program and I hope to continue supporting in any way that I can."

By C.J. Lovelace



# **USAMMC-K** conducts sling load training with 2nd CAB



Soldiers at the U.S. Army Medical Materiel Cetner-Korea take part in joint sling load training Feb. 13 with the 2nd Combat Aviation Brigade at Camp Carroll, Republic of Korea. The Army Sling Load Program provides the skills to rig and securely attach various loads to a helicopter, ensuring rapid transport of supplies, equipment and vehicles. (Courtesy photos)

CAMP CARROLL, Republic of Korea – Soldiers at the U.S. Army Medical Materiel Center-Korea conducted a joint sling load training Feb. 13 with the 2nd Combat Aviation Battalion to allow both units to enhance proficiency in this essential task.

Sling load operations are a critical component of military logistics, enabling the rapid transport of supplies, equipment and vehicles using helicopters.

The Army Sling Load Training Program ensures that Soldiers acquire the necessary skills to rig, inspect and securely attach loads. This training is vital for supporting both combat and humanitarian missions, especially in scenarios where traditional ground transportation may not be feasible.

The ability to transport heavy or

oversized supplies by helicopter gives USAMMC-K a significant tactical advantage in contingency situations. Sling load operations allow units to move supplies across rugged terrain, bypass obstacles and respond quickly to battlefield needs.

However, improper rigging or failure to follow safety protocols can lead to mission failure, equipment loss or even serious injury.

Eleven Soldiers at USAMMC-K took part in the quarterly training. Of those Soldiers, four are members of the Korean military supporting USAMMC-K through the Korean Augmentation to the United States Army, or KATUSA, program.

During training, Soldiers learn about various types of sling load equipment, including apex fittings, which attach

the load to the helicopter's cargo hook; slings, clevises and straps for securing loads; and breakaway ties that prevent components from interfering with the aircraft's movement.

Before any lift, it is crucial to inspect the loads to ensure they are secure and balanced. The Army follows strict inspection guidelines to prevent inflight failures. Soldiers learn to identify deficiencies in sling load equipment and properly rig cargo nets with a triwall of medical supplies. They also use breakaway ties and padding to prevent shifting during flight.

One of the most challenging aspects of sling load training is the hookup phase, where a Soldier connects the load to the aircraft while it hovers overhead. This process requires implementing safety

measures to prevent electric shock from static buildup on the rotor blades, including the use of a grounding rod for static discharge.

Clear hand signals are critical for coordinating with the crew chief and pilots to ensure smooth execution. Precision and speed are essential for quickly connecting the load while maintaining control in high-wind conditions.

Once the load is airborne, pilots and ground crews must monitor its stability. Soldiers need to communicate effectively with flight crews to ensure safe transport and proper load release at the drop zone. A miscalculated release or an unbalanced load can create dangerous flight conditions. Sling load training prioritizes safety at every stage.

Soldiers must remain vigilant about potential hazards, such as equipment failure due to improper rigging, static electricity discharge, load shifting during flight and adverse weather conditions that can affect stability. This training is a crucial skill set that enhances USAMMC-K's logistical capabilities.

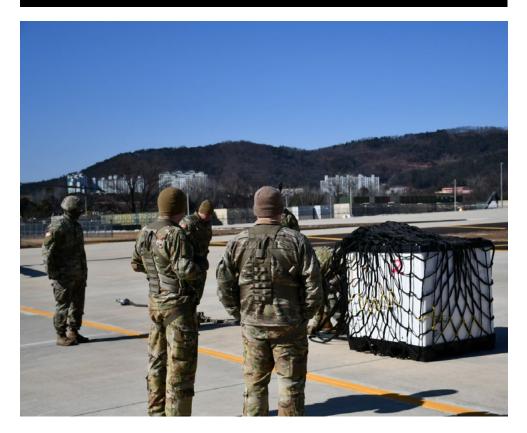
By ensuring that loads are rigged, inspected and transported safely, Soldiers contribute to mission success and operational efficiency. The training emphasizes attention to detail, teamwork and a commitment to safety – key attributes that embody military excellence.

By Maj. Myong "Mike" Pak ( Deputy commander, USAMMC-K





"Do it right the first time." Sometimes, you'll never have the luxury of a second opportunity to do it right; and if you do, it will be at the expense of your time, effort, finances and sanity.



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# Medical maintainer: Joining Army Esports Team 'a dream come true'

HILL AIR FORCE BASE, Utah – Growing up, Sgt. Nicholas McKinley always enjoyed video games. He thought maybe one day it could be more than just a hobby.

Those dreams were largely put on hold as he entered adulthood, but the Army is offering him the opportunity to revive some of those childhood dreams while improving his skillsets as a Soldier and showcasing what service has to offer.

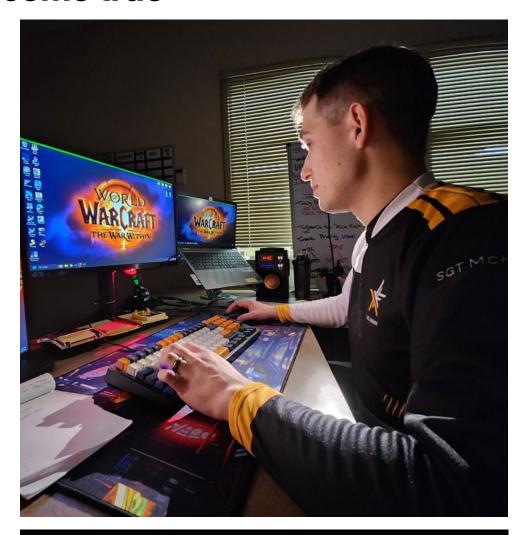
McKinley, a biomedical equipment specialist with the U.S. Army Medical Materiel Agency, recently earned a spot on the Army Esports Team, and he competed in his first tournament as a member of the World of Warcraft dungeons team in late January.

The team of five placed 23rd out of about 200 total competing teams, coming up just short of the top 16 needed to advance to the next round of play, McKinley said.

"It was an amazing experience to be able to do something I'm passionate about in video games, while representing the Army at the same time," he said. "I've never really had an opportunity to combine the two before. And I just felt a really great sense of pride."

Created in 2018, the Army Esports Team is a competitive gaming team with members across all components, including active duty, Army Reserve and National Guard. In addition to World of Warcraft, the team competes in tournaments on numerous other titles, such as Call of Duty, Fortnite, Counterstrike, League of Legends and more.

The team, a public outreach initiative under U.S. Army Recruiting Command's marketing and engagement efforts, helps raise awareness about the Army and opportunities it offers, simultaneously connecting with the public and showcasing the various roles Soldiers can have in the military.



Sgt. Nicholas McKinley, a biomedical equipment specialist at the U.S. Army Medical Materiel Agency, recently joined the Army's Esports Team as a member of its World of Warcraft team, fulfilling a dream of representing his country and becoming a professional on one of the games he grew up playing. (U.S. Army photo by Tony Cruz/Released)

McKinley, a 29-year-old from Oklahoma, surely didn't have "become a professional gamer" on his personal goal list when he started his Army story about five years ago, deciding to enlist after working as a math teacher.

"I just woke up one day and felt like I had a greater calling, and it gravitated toward serving," he said. "I made a trip to my recruiting office and that's when my journey started."

After completing basic training at Fort Sill, just a short 40-minute

ride from home, McKinley shipped out to Fort Sam Houston in Texas to complete his 68A advanced individual training.

From there, he joined the team of medical maintenance experts at USAMMA's Medical Maintenance Operations Division at Hill Air Force Base, or MMOD-UT, which serves as a technical center of excellence for pulmonary, anesthesia and oxygenconcentrating equipment.

MMOD-UT is one of three stateside



Sgt. Nicholas McKinley, a biomedical equipment specialist, inspects a C-Arm machine, a mobile imaging devices that uses X-rays to provide real-time images during surgical procedures, at the U.S. Army Medical Materiel Agency's Medical Maintenance Operations Division at Hill Air Force Base, Utah. While medical maintenance is McKinley's regular job, he also recently joined the Army Esports Team, competing as a member of the World of Warcraft dungeons team. (U.S. Army photo by Staff Sgt. Nora Martinez/Released)

medical maintenance facilities under USAMMA, a direct reporting unit to Army Medical Logistics Command.

While his day-to-day job takes precedence, McKinley and his teammates regularly work in practice time to maintain their gaming chops. The team is made up of 12 total members, with two full competition teams of five and two team managers.

They compete in tournaments hosted by the game developer or by the Armed Forces Dungeon League, or AFDL, which is hosting an event in April just for armed forces teams around the world, McKinley said.

"They had another event in late December, and they had Air Force, Navy, the Norwegian army, French air force" and others, he said. "All the proceeds and winnings go to a charity of the winners choice."

The management team at MMOD-UT expressed pride in McKinley's accomplishments, both as a highly skilled technician but also as he represents the Army and follows his dreams as a professional gamer.

"We are behind him 100% and are excited to see what he accomplishes in the future," MMOD-UT leaders said in a joint statement.

Making the esports team is a highly competitive process. McKinley said he was denied the first time he applied, but after building up his "resume" a bit over the past year, he earned his shot. And while some could argue that they're just playing computer games, McKinley said there's many similarities to the teamwork that goes into mission success in an operational environment.

"It may not be as critical as on a battlefield, but the same principles apply," he explained. "You have leaders you look to and have to trust their calls. Everyone has a role to play, and communication is so important when you are forced to adjust gameplans on the fly."

McKinley admitted the team struggled at times in their most recent tournament, afflicted by the "randomness" of the game at times, but they started to gel and get more comfortable with each other as the competition went on.

"It's just a dream come true for a kid who dreamed of being a really good gamer someday," McKinley said. "And it's just another way the Army is connecting with the next generation and showcasing its talents."

By C.J. Lovelace



# **USAMMA** holds detachment change of command ceremony

FORT DETRICK, Md. – The U.S. Army Medical Materiel Agency held a Headquarters and Headquarters Detachment change of command ceremony Feb. 21, recognizing outgoing commander, Capt. Andrew Whittenbarger, and welcoming the unit's new commander, Capt. Paul Abucher.

Reflecting on his first foray into command, Whittenbarger characterized his time leading the USAMMA detachment as humbling and a great learning experience.

"That's what happens when you're surrounded by people who have spent decades perfecting their craft, and the microwave across the hall from your office is older than you are," Whittenbarger said, prompting laughter from members of the workforce.

USAMMA Commander Joselito "Joe" Lim presided over the ceremony, featuring the passing of the unit colors to symbolize the changeout of command and the senior leader's confidence in the new commander.

"Over the past two years, Andrew has led this company with dedication, professionalism and steadfast commitment to excellence," Lim said of Whittenbarger. "Your leadership has strengthened this unit – this unit's readiness, cohesiveness and effectiveness."

USAMMA's HHD command provides administrative management, enforcement and accountability of all military personnel for the organization of roughly 300 Soldiers, civilians and contractors. The detachment commander implements unit policies, oversees the health and welfare of the agency's Soldiers and provides leader development to the organization's service members.

USAMMA is one of three direct reporting units to Army Medical Logistics Command, the Army's life cycle management command



Col. Joselito "Joe" Lim, commander of the U.S. Army Medical Materiel Agency, passes the colors to Capt. Paul Abucher, signifying his trust in him to lead as USAMMA's new Headquarters and Headquarters Detachment commander during a change of command ceremony Feb. 21 at Fort Detrick, Maryland. The ceremony also recognized outgoing commander Capt. Andrew Whittenbarger. (U.S. Army photos by C.J. Lovelace/Released)

for medical materiel. Both units are headquartered at Fort Detrick.

Whittenbarger, who hails from Kingston, Tennessee, said he was thankful for the opportunity to lead the HHD, even though he was an "inexperienced and relatively unknown" first lieutenant when he first arrived at USAMMA in 2023.

"Getting to serve as your commander has been the honor and privilege of a lifetime," he told his colleagues. "... I'm proud to have served alongside each and every one of you during my time at USAMMA."

Whittenbarger's next assignment will be the Program Management Acquisition Internship Program, a structured internship designed to develop future acquisition management professionals.

In welcoming Abucher, Lim expressed full confidence in the incoming captain to hit the ground

runnina.

"You bring a wealth of experience, a strong sense of purpose and a commitment to both mission and Soldiers under your charge," Lim said. "I have no doubt that you will continue to build on the strong foundation that's been set before you."

A Haitian immigrant who came to the U.S. in 2014, Abucher joined the Army in September 2015 as an enlisted health care specialist (68W). He later direct commissioned as a health care administrator (70B) in 2019.

He most recently served as the brigade medical logistics adviser with 1st Security Force Assistance Brigade from October 2022 to December 2024 at Fort Moore, Georgia.

Abucher reminded the workforce that "medical care starts with vou."

"It's true you are not behind the weapon systems down range (or) applying the tourniquet or packing a wound ... however, you are present everywhere a piece of medical equipment or medical supply is used," he said.

"You are present throughout the continuum of care," Abucher added. "Without what you do, the sharpest medical skills will be useless. This is why we cannot afford to become complacent."





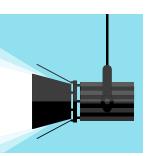
Capt. Paul Abucher speaks after taking command of the U.S. Army Medical Materiel Agency's Headquarters and Headquarters Detachment, or HHD, during a ceremony Feb. 21 at Fort Detrick, Maryland. Abucher most recently served as the brigade medical logistics adviser with the 1st Security Force Assistance Brigade at Fort Moore, Georgia.



Capt. Andrew Whittenbarger speaks during a change of command ceremony Feb. 21 at Fort Detrick, Maryland. Whittenbarger passed command of the U.S. Army Medical Materiel Agency's Headquarters and Headquarters Detachment, or HHD, to Capt. Paul Abucher.



# AMLC Staff Section Spotlight: Senior Warrant Officer Advisor



What is the Senior Warrant Officer Advisor (SWOA) at AMLC?

The SWOA within the Army Medical Logistics Command headquarters command team serves as the subject-matter expert (SME) for medical maintenance in overseeing and coordinating the organization's operations and strategic initiatives.

#### What responsibilities does the SWOA have?

My primary responsibilities include:

- Strategic coordination: Ensuring alignment between the command's mission, vision and day-to-day activities. I coordinate efforts across different directorates and direct reporting units (DRUs) to achieve organizational goals.
- Operational oversight: Provide oversight to medical maintenance initiatives within AMLC. I review readiness challenges and provide solutions for command decision.
- Policy implementation: Review policies, procedures and guidance regarding medical maintenance from higher headquarters prior to implementation within AMLC.
- Adviser to the commander: Act as a senior adviser to the commander, providing recommendations and ensuring the command's priorities are communicated and achieved.
- Liaison role: Facilitating communication and collaboration between AMLC and external stakeholders regarding medical maintenance and equipment readiness.

Does the SWOA support the command or DRUs in any other ways?

In addition to providing technical advice to the commander, I also support AMLC staff by providing technical expertise and insight on how to improve readiness within AMLC DRUs and the operational force. I play a crucial role in ensuring the readiness and effectiveness of medical equipment and systems within the Army.

#### Why do we need a SWOA?

The SWOA helps influence command initiatives within and outside of the organization through collaboration and command engagements. I provide process improvement suggestions to increase organizational efficiency and readiness visibility.

Chief Warrant Officer 4 Jerry Schmaljohann, AMLC SWOA



CHECK OUT AMLC'S
G-6 SHAREPOINT SITE
FOR INFORMATION
TECHNOLOGY
RESOURCES



https://armyeitaas.sharepoint-mil.us/sites/CECOM-AMLC/SitePages/G6.aspx

## AMLC CELEBRATES FEBRUARY BIRTHDAYS



















#### AMLC CELEBRATES FEBRUARY BIRTHDAYS







Lots of February birthdays! The AMLC command team spent time wishing "Happy Birthday" to a dozen headquarters staff members this past month. Those with February birthdays included Derek Cooper, civilian deputy to the commander, Majs. Matthew Smith and Chris Wright, Capt. Tyler Sprunger, Sgt. 1st Class David Troxler, Kenneth Daniels, Geri Morrow, Mandy Burgos, Jeff Arjes, Stephanie Lindsey and Stephanie Hazleton (not pictured). Some overdue birthday cards also went out to Evan Alligood and Altonia Chatman, who both celebrated birthdays this past August. Better late than never! (U.S. Army photos by C.J. Lovelace/Released)

#### AMLC HOSTS LPD ON POM AND PPBE





Members of AMLC's resource management team held a Leader Professional Development session Feb. 19 at Fort Detrick, overviewing and explaining the Program Objective Memorandum (POM) and Planning, Programming, Budgeting and Execution (PPBE) processes for headquarters and direct reporting unit staff. The POM is a five-year plan that outlines the resource needs and requests for an organization, while the PPBE system is an annual process through which Department of Defense agencies make budgeting decisions and request appropriations from Congress. (U.S. Army photos by C.J. Lovelace/Released)

#### **COL COOPER RETIRES AFTER 37 YEARS OF SERVICE**





Former USAMMA Commander Col. Gary Cooper, who also served as the interim commander of AMLC, receives the Legion of Merit, recognizing his 37 years of honorable service to the U.S. Army. Lt. Col. Nikki Davis, current AMLC chief of staff and past USAMMA deputy commander under Cooper, presented her former boss with the award and presided over a retirement ceremony at Fort Detrick on behalf of AMLC Commander Col. Marc R. Welde. Cooper officially retired Feb 27 during a ceremony at Joint Base Myer-Henderson Hall. (U.S. photos by Ellen Crown/ Released)

## SOCIAL MEDIA HIGHLIGHT







### CECOM's CSM visits AMLC

Command Sgt. Maj. Jay High, who assumed responsibility at the Communications-Electronics Command on Feb. 5, visited AMLC headquarters Jan. 31 to receive a capabilities brief and engage with MEDLOG staff.

## SOCIAL MEDIA HIGHLIGHT





## Reenlistment at USAMMC-E

On Friday, Feb. 7, USAMMC-E had the honor of witnessing the reenlistment of one of our own, Spc. Deonte Crittenden. His commitment to service and dedication to the mission embody the values we uphold.







## USAMMCE HHD change of command

On Feb. 21, USAMMC-E held its change of command ceremony, marking an important transition in leadership. We extend our deepest gratitude to Capt. Titus Choi for his dedication, leadership, and commitment to this unit during his tenure as commander. Your contributions have left a lasting impact, and we sincerely appreciate your service.





## SOCIAL MEDIA HIGHLIGHT





#### USAMMC-K recognizes Soldiers at farewell event

USAMMC-K hosted a farewell event Feb. 6, recognizing the dedicated service of Staff Sgt. Alexander Campbell, Spc. Jasmine Agee and Sgt. Gun Hee Yoo. Their contributions and commitment have left a lasting impact on our team.







#### **CNA visits USAMMC-K**

Dr. Kara Mandell, an analyst from the Center for Naval Analysis, visited USAMMC-K on Feb. 21. During her visit, Mandell engaged with leadership and staff to understand challenges in medical supply chain support and equipment maintenance to inform CNA's broader study on TLAMMs in INDOPACOM.



## **USAMMC-K** presents certificate of appreciation

USAMMC-K presented a certificate of appreciation Feb. 11 to Chief Petty Officer Jan Mare Therese G. Voss as she departs the organization. She played a vital role in the Customer Support Division, including the development of standard operating procedures for the U.S. Naval Forces Korea liaison officer.



As AMLC's ISSO, I am responsible for information security and cyber security. My role includes the assessment and protection of classified and unclassified information, as set forth by Army policies. Other duties include access control and vulnerability management for our IT networks, and internal and external system security inspections and accreditations.

# What do you enjoy most about your job?

Learning something new every day.



Almost two years.



#### **SEYMOUR DAVIS**

Information system security officer (ISSO), AMLC HQ



# What's your favorite quote?

"When you want to succeed as bad as you want to breathe then, you will be successful."

- Eric Thomas

I like this quote because as your desire to breathe you must have that same urgency and drive to succeed in whatever goal(s) you're trying to reach. Success is very intentional and deliberate.

What do you do outside of work?

Working out, running and riding my bike.

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As the supervisory production controller at MMOD-CA, my role is to coordinate and manage production efforts, ensuring that our supply operations function seamlessly and efficiently. Beyond production, I serve as the government billing official, ensuring financial accountability, and oversee the National Guard TDA Maintenance Program, which ensures critical medical equipment remains operational. I see my role as a quiet professional, focused on removing obstacles, providing support, and ensuring my team has what they need to succeed. Their hard work is what makes this operation run, and I take great pride in being part of a group that consistently delivers excellence without seeking recognition.

What do you do outside of work?

l enjoy cooking and running.

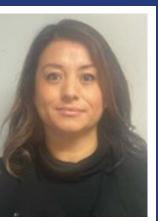
# How long have you worked here?

I've been with USAMMA for one year, making this my 20th year working as a federal employee.



#### **MARINA MONTES**

Supervisory production controller, USAMMA (MMOD-CA)



# What's your favorite quote?

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." — Maya Angelou

This quote encourages mindful communication, considering the impact of your words and actions.



## What do you enjoy most about your job?

The most enjoyable aspect of my job is the opportunity to collaborate with a highly motivated team that is consistently striving for excellence.

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I coordinate the daily inbound process and perform a variety of supply chain management duties related to creating, organizing, monitoring and controlling inbound processes to provide timely delivery to customers. I also support other employees on correct processes and procedures, and assist the receiving supervisor.

What do you enjoy most about your job?

Working with my team.

# What's your favorite quote?

"Wer kämpft, kann verlieren, Wer nicht kämpft, hat schon verloren!"

- Bertolt Brecht

English translation: "Whoever fights can lose, whoever doesn't fight has already lost!"



#### **NICOLE HERRMANN**

Inbound manager assistant, USAMMC-E



# What do you do outside of work?

Traveling and having fun with friends and family.

How long have you worked here?

Twenty years.

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I am responsible for fixing and maintaining field medical equipment. My work specifically focuses on equipment that outlying BMET shops are unable to repair or service due to limitations in Test, Measurement and Diagnostic Equipment (TMDE), specialized training or certification, and challenges in sourcing parts.

# What do you enjoy most about your job?

I enjoy repairing equipment and facing the associated challenges.
I feel particularly satisfied when I fix broken equipment in accordance with the manufacturer's specifications.

## How long have you worked here?

I have been with USAMMC-K for three years now.



#### **GARY JAMES E. BANGAOIL**

Biomedical electronics technician, USAMMC-K



# What's your favorite quote?

"Do it right the first time." Sometimes, you'll never have the luxury of a second opportunity to do it right; and if you do, it will be at the expense of your time, effort, finances and sanity.

# What do you do outside of work?

I have a passion for nature and wildlife photography, as well as architectural photography that showcases unique buildings and structures.

If you have an All-Star in YOUR organization, please email us at usarmy.detrick.amlc.mbx.pca@army.mil!

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