

# NAVIGATOR



A Monthly Publication of NSA Naples Public Affairs Office Serving the Naples Community in Italy

NSA'S MISSION STATEMENT: TO SUSTAIN THE FLEET, ENABLE THE FIGHTER AND SUPPORT THE FAMILY IN OUR GEOGRAPHIC AREA OF RESPONSIBILITY



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March Events & Activities



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## NSA Naples Deepens Ties with Gricignano Community in Italy



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## CNREURAFCENT Commander Recognizes Naples Area Sailors at USO Luncheon

By USO Naples

Sailors from various commands in the Naples Area were recognized for their hard work and dedication during a USO Sailor of the Quarter Recognition Event.

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Capt. John Randazzo	Commanding Officer
Cmdr. Brian Koch	Executive Officer
CMDCM Darin Vasquez	Command Master Chief
LTJG Valentine Mulango	Public Affairs Officer
Teresa Merola	PA/COMREL Specialist
Josephine Schneider	Writer/Editor

### Naples NAVIGATOR

<b>Editorial Staff:</b>	
Capt. John Randazzo	Publisher
LTJG Valentine Mulango	Editor-in-Chief
Josephine Schneider	Writer/Editor
Teresa Merola	Writer/Translator
Krista Stevens	Housing Bits Editor

<b>Issue Contributors:</b>	
Benjamin Farone	CTF-63 MSC
Security Department	NSA Naples Security
Dennis D. Holm	Naples Commissary
Child & Youth Programs	CYP Naples
Paolo Cutillo	Contributing Writer

**Editorial Office:**  
 NSA Naples Public Affairs Office  
 DSN: 314-626-5912  
 Commercial: +39 081-568-5912  
[nsanaplespao@us.navy.mil](mailto:nsanaplespao@us.navy.mil)

# From Installation CO

By Capt. John Randazzo  
NSA Naples Commanding Officer

Team Naples,

In February, the Campi Flegrei area experienced a series of seismic events. While this is not new to us knowing that Naples is susceptible to earthquakes, I want to emphasize preparedness. Emergency preparedness is not a one-time drill, but a constant state of readiness. While we hope for the best, we must always be prepared for the worst.

I encourage each of you to review your earthquake preparedness plans. Refresh your knowledge. Know what to do during an earthquake, whether you're at home, in the office, or out in the community.

Please visit the [NSA Naples Emergency Management](#) for preparedness information.

Attend the NSA Naples Emergency Preparedness Briefings to help you stay informed and ready for any situation. All personnel and dependents are encouraged to attend. [Check out the dates of these briefings on page 9.](#)



The few minutes you spend preparing today could make all the difference when it matters most.

**Naples Navigator**  
Our monthly digital newspaper serves as a valuable resource to our community. I encourage you to explore [previous editions here](#), as they contain useful guidance and relevant information. Staying informed helps us all stay connected and prepared.

**ICE Feedback**  
My team continues to listen and act on your feedback through ICE and other feedback channels. [See details about submitting an ICE comment, response and shout-outs on page 9.](#)

# Navy Celebrates 250 Years

America's Navy has promoted prosperity and security, deterred aggression, and protected the American way of life for 250 years.

NSA Naples is proud to be a part of this journey since creation in 1951, providing a forward-deployed operational platform to the Fleet, enabling the warfighter, and supporting the family. We will continue to support U.S. Naval Forces Europe-Africa, U.S. SIXTH Fleet, NATO, and Combatant Commander's strategic priorities by providing air and port operations, force protection, emergency services, logistical and administrative capabilities, and essential quality of life products and services to the Fleet, joint and allied forces to ensure stability in the European, African, and Central Command areas of responsibility.

*From seabed to space, the Navy delivers power for peace – always ready to fight and win alongside our Allies and partners.*



## NSA Naples Observes Teen Dating Violence Awareness and Prevention Month



By Josephine Schneider

Throughout February, NSA Naples observed National Teen Dating Violence Awareness Month (TDVAM) with a series of engaging and educational events. Capt. John Randazzo kicked off the month with a proclamation signing, declaring that NSA Naples will join in the observation of this campaign and take a united stand against teen dating violence. It is estimated that 1/3 of U.S. teens will experience some type of abuse from someone they are in a relationship.

As part of TDVAM, Naples Fleet and Family Support Center (FFSC), along with Naples Middle High School, held several events to raise awareness, teach what healthy relationships are, and ensure our youth know their resources.

One of the events, a Teen Pledge Signing, offered students the opportunity to pledge their commitment to maintaining healthy behaviors in their relationships. The pledge lists several examples on healthy behaviors in relationships, encouraging and reminding teens what are healthy relationships.

Other events, like the FFSC Adolescent Counselor Brief and the NMHS Parent Coffee Engagement, focused on providing tools to both parents and teens in fostering positive relationships. Lastly, the Junior/Senior Seminar included teens in a discussion on how to establish dating boundaries and recognize signs of abusive behavior in a relationship.

For teen resources, see the Mental Health Resource list from MWR here: [Mental Health Resources](#)

## NAVFAC Leaders Across EURAFCENT Gather for 2025 Public Works Symposium in Naples, Italy



By NAVFAC EURAFCENT Public Affairs

Public Works Officers and Deputy Public Works Officers from across NAVAC Europe, Africa, and Central (EURAFCENT) came together in Naples, Italy for the 2025 Public Works Officers Symposium.

The event focused on tackling challenges, driving innovation, and ensuring mission readiness through expert-led training, networking opportunities, and insightful discussions with senior leaders like Rear Adm. Brad Collins, commander, Navy Region EURAFCENT; Rear Adm. Dean VanderLey, commander, NAVFAC/Chief of Civil Engineers; and Rear Adm. Jorge Cuadros, commander, NAVFAC Atlantic.

From cybersecurity to streamlining operations, and alternate construction methods, these dedicated professionals are building a stronger future for our Navy forces.



# News in Brief: Around the Installation



**USO Naples Cookies, Cocoa, and Community:** USO Naples brought some sweet excitement to JFC Naples, bringing together service members from across our NATO alliance. These moments are more than just fun and games - they're about strengthening the bonds between our allied forces and creating that home-away-from-home feeling that the USO is known for.



**USS Mount Whitney (LCC 20) Crew Hones Damage Control in Firefighting Drill:** "Team20" Sailors and Military Sealift Command civil service mariners aboard USS Mount Whitney hone their damage control skills during a firefighting drill. As the flagship of U.S. Sixth Fleet, this combat-ready force stands prepared to deter aggression, project power, and execute critical missions worldwide.



**Captain's Cup Winners:** A total of 16 participants made this year's Captain's Cup racquetball season an exciting competition. The season ran Jan. 30 - Feb. 13 at Support Site Fitness Forum. Winners of divisions A, B and C received trophies.



**NATO Unity:** Commander JFC Naples Admiral Munsch, recently hosted a press conference with General Vlad, Chief of Defence (Romania) and General D'Addario, Commander ARF, at the Smârdan training area in Romania, where he spoke about NATO's commitment to Defence: "Through exercises like STEADFAST DART, NATO reinforces its commitment to regional stability and security, showcasing our readiness to respond to evolving threats," he continued. NATO's Allied Reaction Force is a clear demonstration of our resolve to defend our territory and uphold peace in the region. Together, we stand united in our mission to protect every inch of our territory."



**Another 365 days of adventures await:** U.S. 6th Fleet held a joint celebration of its 75th anniversary and the Navy's 250th birthday onboard its flagship, the Blue Ridge-Class Command and Control ship USS MOUNT WHITNEY LCC 20, Feb. 12, 2025.



**Wildcat Wins:** Congratulations to the WILDCAT CHEER team for their outstanding achievements at EUROS. They were the DII Game day champs and finished in second place at the Cheer Competition. Shout-out to Marin S. for being named a part of the "All-Tournament" team. Another congratulations to our WILDCAT BOYS BASKETBALL team for their third place DII finish at EUROS. Shout-out to Jett J. for being named part of the "All-Tournament" team.



**Teen Orientation:** CYP kicked off Teen Orientation with ceramics painting. Teens started small with lemons, then moved on to some creative masterpieces. Added in lunch, some fun get-to-know you games, and plenty of laughs. A great start to what's ahead!



### Off-Base Housing:

# Security Deposits Transitioning to Electronic Payments

*This higher headquarter directed security deposit policy change aligns NSA Naples with all other DoD bases across the world and will enable personnel to experience the convenience of electronic payments.*

*By NSA Naples Public Affairs*

At the direction of higher headquarters, Commander, Navy Region Europe, Africa, Central (CNREURAFCENT), NSA Naples is transitioning to electronic fund transfer (EFT) for off-base housing security deposit to ensure that our personnel living off-base can expect the same processes and standards they would experience at all other DoD bases across the world.

If you're stationed in the Naples area, residing off-base, and paid your security deposit in cash, it will be returned to you electronically and you will pay it back to your landlord electronically. The housing office will contact you to sign two acknowledgement forms and a lease amendment to complete the process and go electronic.

This higher headquarter directed security deposit policy change aligns NSA Naples with all other DoD bases across the world and will enable our personnel to experience the convenience of electronic payments.

Electronic payment removes a layer of bureaucracy allowing tenants to receive their security deposit directly from the landlord instead of going through NSA Naples housing office. Quick and easy.

Furthermore, electronic payment is more convenient than taking a trip to the ATM to get cash and more secure than carrying cash around. Going electronic will also reduce and/or eliminate the potential for cash drain at installation ATMs.

In the modern era, electronic payments are the preferred method of monetary transactions for every other overseas station and keeps an electronic transaction history, vice dependence on paper payment receipts.

[CLICK HERE](#) for the new Off-base Housing Security Deposit Process Fact Sheet and Issue Resolution Fact Sheet.

For questions regarding the new security deposit process, contact the housing office at:

[Naples\\_Housing@us.navy.mil](mailto:Naples_Housing@us.navy.mil)

DSN: 629-4466

Commercial: +39-081-629-4466

**This change will ONLY affect tenant personnel residing off-base that have executed private lease agreements through the NSA Naples Housing Service Center (HSC) prior to 10 June 2024.**

**Personnel PCSing out of Italy by December 2025 will be grandfathered in and not be affected by this new policy.**

**The housing office will contact all concerned to sign two acknowledgement forms and a lease amendment to complete the process and go electronic.**

## Your Questions Answered

**What if the landlord refuses to return the deposit?**

A landlord who fails to return the deposit to a tenant would be subject to immediate removal from the NSA Naples housing program. It is an extremely rare occurrence to see a landlord who fails to return a security deposit back to tenant here in Naples. Per the lease agreement, and in rare instances where security deposit dispute between tenant and landlord cannot be resolved through informal meeting with the housing office, either party will have all remedies available to them under the law. As a DoD personnel, if you are not getting the legal help you need, you should always engage your chain of command to escalate the issue through appropriate channels.

**Will the security deposit be returned in Euros?**

Deposits are electronically returned in Euros if you provide account information that includes an IBAN number linked to a Euro bank account. If a tenant has a U.S. bank account, they will receive the money in dollars. Most personnel that own a community bank account have reported that it makes security deposit, rent, and bill payments to Italian landlords much easier. Other personnel are known to use the wire transfer service known as Wise. As for the exchange rate, this fluctuates on a daily basis and each tenant may realize a positive or negative difference between transactions depending on when the transaction occurs.

**Is it my responsibility to inform my landlord about this policy change?**

No. The housing service center will explain the policy change to each landlord.

## Radon Awareness: How Radon Enters Homes

*On-base residential and non-residential units, including off-base Government leased units are in compliance with the Navy Radon Management Program.*

### Radon can enter your home in many ways:

- Cracks in solid floors
- Construction joints
- Cracks in walls
- Gaps in suspended floors
- Gaps around service pipes
- Cavities inside walls
- The water supply



[www.epa.gov/radon](http://www.epa.gov/radon)

*By NSA Naples Public Affairs*

Radon is a naturally occurring, radioactive gas that is odorless, colorless, and tasteless. Radon gas is released from rocks and soil and can move to air, groundwater, and surface water. It is normally found at very low levels in outdoor air and can be found in water used for cooking and drinking.

In compliance with the Navy Radon Assessment and Mitigation Program (NAVRAMP), NSA Naples on-base residential and non-residential units, including off-base Government leased units are either tested or mitigated or currently being tested.

Personnel that live off-base have entered into a private contract with their landlord, therefore limiting the scope with which the U.S. government may intervene or have control over said contract. However, DoD personnel living off-base can work with their landlord to test for and mitigate radon, if desired, at their own expense. The lessee may work with the lessor to address any identified issues, as outlined in Section 19 of the NSA Naples housing lease.

Information about finding an at-home radon test kit is available through the Environmental Protection Agency: [Link Here](#)

If you have specific questions about your home or your options, please contact our housing office for assistance at:  
DSN: 629-4466  
Commercial: +39-081-629-4466  
Email: [Naples\\_Housing@us.navy.mil](mailto:Naples_Housing@us.navy.mil)

**While NSA Naples has a known overall potential for elevated radon levels, classifying the installation as a Radon Potential Category (RPC) 1 according to the NAVRAMP, the installation is complying with NAVRAMP testing and mitigation policies at government owned/controlled units. RPC1 is simply the level assigned when even one unit or building is found on the installation with a radon level over the minimum threshold of 4.0 picocuries per liter (pCi/L).**

## Naples Child and Youth Programs Host In-Service Day



*By Josephine Schneider, Photos by Naples CYP*

The Naples Child and Youth Programs (CYP) recently held a successful In-Service Day, focused on professional development, strengthening team dynamics and enhancing the quality of programs offered to children and families.

Staff members engaged in interactive workshops, team-building exercises, and group discussions to explore new approaches to refining programs. These activities fostered a renewed focus on providing the best care for families and children.

A key focus of the In-Service Day was professional growth and program enhancement, ensuring that Naples CYP continues to offer high-quality support for children and youth in the community.

The next In-Service Day is scheduled for March 27, allowing staff another opportunity to further their skills and strengthen their bond as a team.



# Naples Public Health Evaluation

## In-Focus: Air Quality in Naples



*By Todd Folts and Josephine Schneider*

### Checking Air Quality Outdoor

The website hyperlink below provides real-time data on Naples' Air Quality Index (AQI) to help residents understand pollution levels and potential health implications. AQI is a measure of air pollution on a scale where higher numbers indicate poorer air quality. The AQI levels are divided into categories: Good (0-50), Moderate (51-100), Poor (101-200), Unhealthy (201-300), Severe (301-400), and Hazardous (401-500).

[Naples Air Quality Index \(AQI\) and Italy Air Pollution | IQAir](#)

The dashboard displays AQI readings across various locations in Naples, showing areas with higher pollution. Additional insights like health recommendations (e.g., wearing masks, using air purifiers) and historical AQI trends are also included, helping residents make informed decisions about outdoor activities. This is not an endorsement of this website, but an effort to keep our community here in Naples informed on the environmental conditions where we live.

### Air Quality in Naples – Sources

Vehicle emissions are among the primary contributors to Naples' air pollution. The city's dense traffic and reliance on cars and motorbikes result in high levels of NO<sub>2</sub> and other harmful pollutants that affect air quality, especially during peak travel times.

In addition, less frequent, natural events, like wildfires in Naples, contribute to air pollution and environmental damage.

Addressing these issues requires coordinated efforts between local authorities, industries, and the community to reduce pollution and to mitigate its long-term environmental impacts. It is also important to note the U.S. Naval Hospital Naples does not test or monitor the outdoor air quality across the region.

If at any point you feel your health is being or may be impacted by the environment, please contact your primary care physician. If you have questions about any of NPHE enduring processes, or any other environmental life, health or safety issue, send an email to [Naples\\_LHS\\_questions@us.navy.mil](mailto:Naples_LHS_questions@us.navy.mil)

### What Is Naples Public Health Evaluation (NPHE)?

The Naples Public Health Evaluation is a comprehensive study of the health risks associated with potential exposure to chemicals in the environment resulting from the area's waste disposal practices. The Campania region of Italy has experienced numerous challenges associated with trash collection, open burning of uncollected trash and illegal waste disposal practices. In response to health concerns expressed by U.S. Navy personnel in 2007, the Commander, Navy Region Europe, Africa, Central (CNREURAFCENT) contacted the Navy and Marine Corps Force Health Protection Command (NMCFHPC) to conduct a comprehensive public health evaluation to assess the potential health risks for U.S. personnel living in the Naples area. The NPHE was conducted from January 2008 to June 2011.

### What did the Navy learn from NPHE?

Through the Public Health Evaluation, the Navy has been able to identify and address public health risks for U.S. personnel living in the Campania region. The Navy established new health-protective policies and took immediate action to protect the health of U.S. personnel and their families. **Many of these health-protective policies remain in place, as enduring processes, to ensure continued health protection beyond the life of the study.**

### Where are the results of NPHE and where can I read more about this evaluation?

The NPHE results are located on the Health Awareness section at NSA Naples website: [Read More About NPHE](#)

### Naples Public Health Evaluation Enduring Processes Focuses on:

- Air Quality
- Water Safety
- Food Safety



## Your Health: Facts for Families in Naples

About: Navigating the Italian Ambient Air Quality Website

The U.S. Navy conducted a Public Health Evaluation from 2008-2011 to assess potential health risks for Navy personnel and their families while living in Naples, Italy. In line with our commitment to continually share important health information, we are providing the following information related to the Public Health Evaluation. We encourage you to review this information and other fact sheets which can be found at the [Naples Health Awareness website](#).

### Introduction

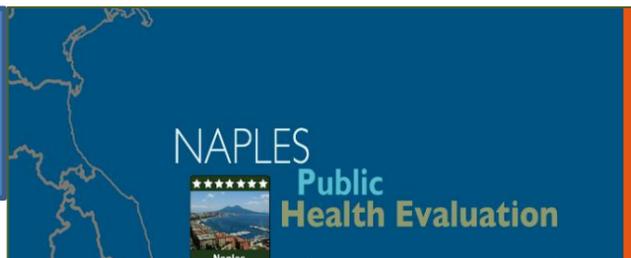
ARPAC, or Agenzia Regionale per la Protezione Ambientale della Campania, is the environmental protection agency for the Campania region. The U.S. Navy worked with ARPAC throughout the Naples Public Health Evaluation (Naples PHE) to share information and testing results. This fact sheet provides information on how to navigate ARPAC's website to access the ambient air quality data the Italian agency has collected.

### Step 1: Access the Website

Type "[arpacampania.it](https://www.arpacampania.it)" (<https://www.arpacampania.it>) into your internet browser address bar or into your preferred search engine.



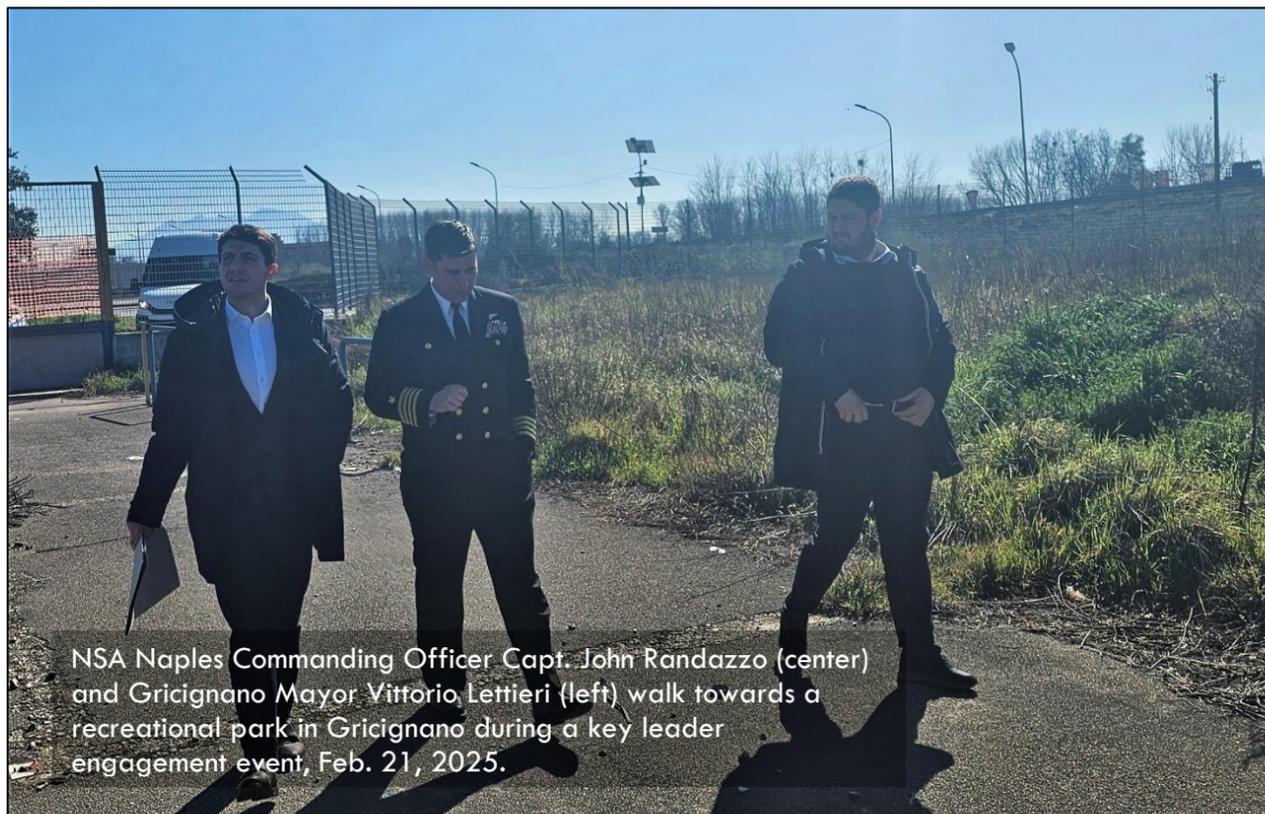
Picture 1: ARPA Campania homepage



[READ THE FULL FACT SHEET HERE](#)



# NSA Naples Deepens Ties with Gricignano di Aversa Community, Campania Region of Italy



NSA Naples Commanding Officer Capt. John Randazzo (center) and Gricignano Mayor Vittorio Lettieri (left) walk towards a recreational park in Gricignano during a key leader engagement event, Feb. 21, 2025.



Capt. Randazzo (center) and Mayor Lettieri (right) hold talks at a potential city bus stop in front of NSA Naples Support Site in Gricignano during a key leader engagement event, Feb. 21, 2025.

*By Josephine Schneider*

NAPLES, Italy — Leaders from U.S. Naval Support Activity (NSA) Naples and the City of Gricignano di Aversa, Italy, met during a key leader engagement on February 21. The visit underscored the ongoing efforts to foster positive relations between the base and its Italian neighbors.

NSA Naples Commanding Officer Capt. John Randazzo and Gricignano Mayor Vittorio Lettieri, along with senior staff from both organizations, participated in the engagement. The visit included tours of the Gricignano-Teverola train station, a recreational park and a bus stop located just outside the main entrance of NSA Naples's Support Site.

"This engagement builds on the strong foundation of collaboration we established earlier this year," said Randazzo, referencing Mayor Lettieri's visit to NSA Naples in December 2024. "Strengthening the connection between our communities is vital to supporting the families of our personnel."

Discussions centered on how the base and the city could collaborate to leverage the train station, bus stop and recreational park for the benefit of both communities.

Mayor Lettieri expressed his appreciation for the continued partnership. "Our community thrives when we work together," he remarked. "These exchanges are essential to the shared prosperity of both our citizens and the American personnel who contribute to our region. Deeper understanding and cooperation benefit everyone."

The February meeting built upon the December 2024 engagement, when Mayor Lettieri attended NSA Naples' annual holiday tree lighting ceremony. During that visit, he toured base facilities, including the fitness center, bowling alley, and Fleet and Family Support Center, engaging with local Italian employees, base residents, and staff."



Mayor Lettieri (center) points to and describes an industrial area in Gricignano during a key leader engagement event with NSA Naples, Feb. 21, 2025.



## CNREURAFCENT Commander Recognizes Naples Area Sailors at Luncheon

*By USO Naples*

Sailors from various commands in the Naples Area were recognized for their hard work and dedication during a USO-led Sailor of the Quarter Recognition Event.

Rear Admiral Brad J. Collins, Commander, Navy Region Europe, Africa, Central, served as the guest speaker, with Fleet Master Chief Lateef Compton, U.S. Naval Forces Europe-Africa, and other military leaders in attendance.

During the event, awardees received plaques and challenge coins from USAA in appreciation of their performance. EAT TF, a local on-base restaurant provided an Italian meal for the event, bringing Sailors and leadership together in recognition of their achievements.





# Housing Bits

By Krista Stevens



## Cleaning Your Oven Hood Grease Traps

Grease filters are designed to capture grease particles from the air and can become clogged depending on appliance usage. To reduce fire risk, filters should be cleaned at least every two months. This can be done manually using non-abrasive, neutral liquid detergents or in the dishwasher on low temperatures and short cycles. If you use acrylic anti-grease filters, they should be hand-washed every two months with neutral, non-abrasive detergents and replaced after every six washes. Please note that color changes may occur after multiple washes, but this does not qualify for replacement.

Ensure the filters are completely dry before reinstalling them. Additionally, clean the hood regularly, both inside and outside, with a cloth dampened with denatured alcohol or non-abrasive liquid detergents.

Failure to follow these cleaning and replacement guidelines increases the risk of fire. Therefore, we highly recommend adhering to these instructions.

Please note that hood maintenance is the responsibility of residents, as it is not currently included in the semi-annual preventative maintenance inspections by Mirabella. However, filters will be replaced by Mirabella during changes in occupancy.

## >>>TOPICS<<<

- Cleaning Your Oven Hood Grease Traps
- Terminating Economy Lease
- Terminating Lease Checklist
- UH NEWS
- Advancing to E-5 and requesting to reside in the Economy
- BEQ Refresh
- Energy Conservation



## Terminating Your Lease in the Economy

Getting ready to check out of economy housing, whether it's for a move onto base, another economy home, or leaving Naples altogether, we've got your back. Understanding the guidelines is crucial. Remember, you're required to give your landlord at least a 15-day notice if you're PCSing with orders in hand or moving onto base.

### Preparing To Check Out

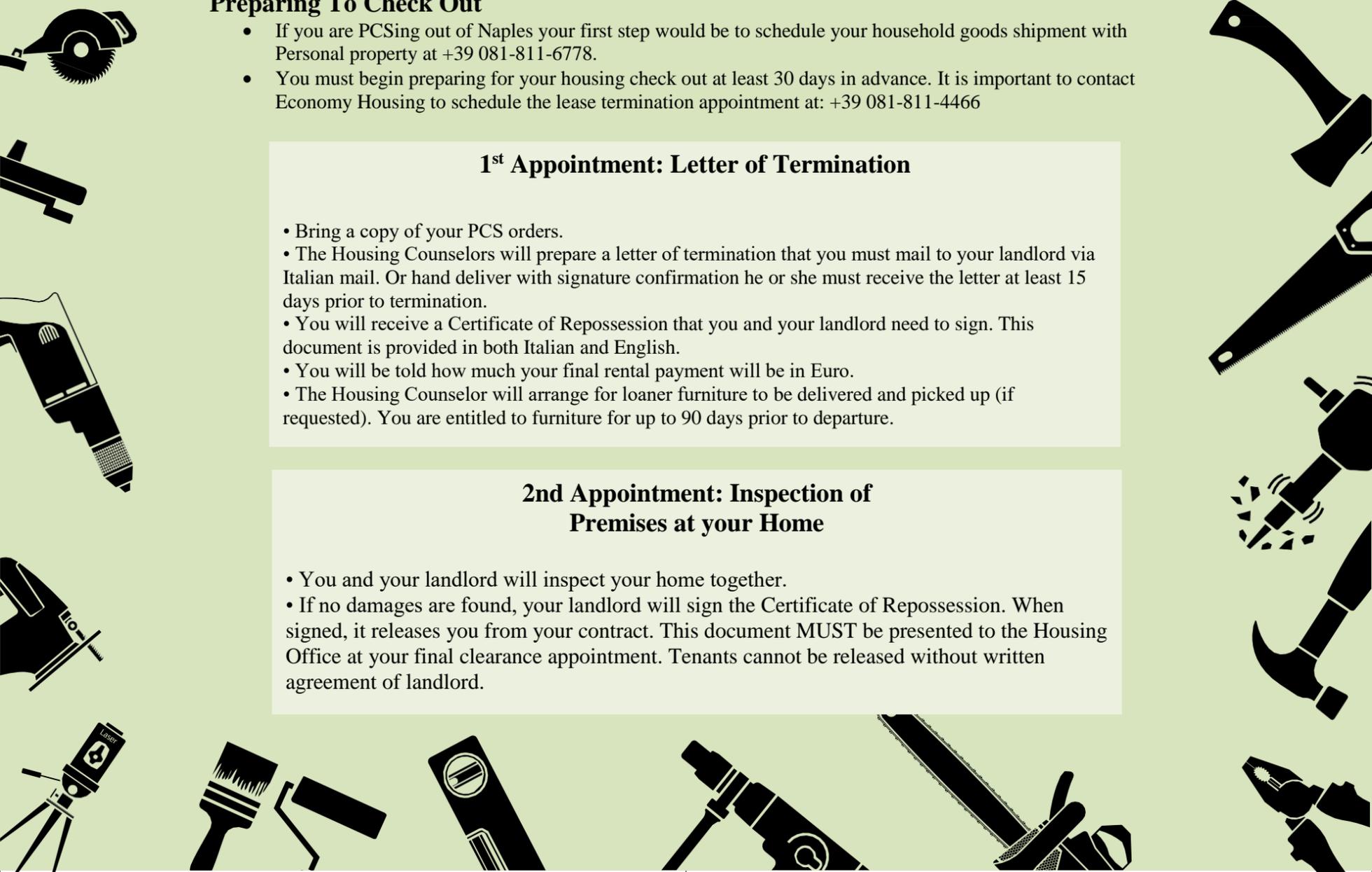
- If you are PCSing out of Naples your first step would be to schedule your household goods shipment with Personal property at +39 081-811-6778.
- You must begin preparing for your housing check out at least 30 days in advance. It is important to contact Economy Housing to schedule the lease termination appointment at: +39 081-811-4466

### 1<sup>st</sup> Appointment: Letter of Termination

- Bring a copy of your PCS orders.
- The Housing Counselors will prepare a letter of termination that you must mail to your landlord via Italian mail. Or hand deliver with signature confirmation he or she must receive the letter at least 15 days prior to termination.
- You will receive a Certificate of Repossession that you and your landlord need to sign. This document is provided in both Italian and English.
- You will be told how much your final rental payment will be in Euro.
- The Housing Counselor will arrange for loaner furniture to be delivered and picked up (if requested). You are entitled to furniture for up to 90 days prior to departure.

### 2<sup>nd</sup> Appointment: Inspection of Premises at your Home

- You and your landlord will inspect your home together.
- If no damages are found, your landlord will sign the Certificate of Repossession. When signed, it releases you from your contract. This document **MUST** be presented to the Housing Office at your final clearance appointment. Tenants cannot be released without written agreement of landlord.



### 3<sup>rd</sup> Appointment Final Clearance

- Bring the signed Certificate of Repossession. If the landlord did not sign the Certificate, he or she must come to this appointment.
- Your counselor will terminate your contract and negotiate damage reparation (if necessary). If you and your landlord cannot reach an agreement, Housing will arrange an inspection of the home.
- Ensure shut off of your electric is completed thru NEX or JFC effective your vacate date. Bring your final ENEL meter reading and all of your bills.
- Ensure termination of your Telecom contract is completed thru NEX or JFC effective your vacate date.
- Final utility consumption and damage costs, if any, can be deducted from your housing deposit. The balance will be refunded to you in Euro.
- If damages are determined to be the result of your tenancy, you are liable for the repair costs. If the costs exceed the amount of your deposit you are responsible for the difference.

### Checklist to Terminate Lease

- Contact the Housing Service Center 45 days in advance and schedule an appointment for lease termination.
- Meet with the housing counselor who will write your lease termination.
- Deliver lease termination to your landlord. **IMPORTANT:** You **MUST** give your landlord 30 days' notice to terminate the lease.
- Prior to moving out, shut off your electric through the Navy Exchange or JFC, effective your vacate date.
- Schedule a final clearance with your landlord.

### Final Thoughts.....

Your comfort and satisfaction are a top priority for us. If you require any further assistance or have additional concerns, feel free to scan our QR code or contact our dedicated trouble desk (to submit service requests):

DSN: 629-4285/ 4286; COMM: +39 081-811-4285/ 4286

Building Managers: [NSANaplesHousing@facilities@us.navy.mil](mailto:NSANaplesHousing@facilities@us.navy.mil)



# Unaccompanied Housing Bits

## 178 BEQ Furniture Upgrades Kicks-Off

Get ready for a fresh look! We are pleased to announce the commencement of long-awaited furniture upgrades of 178 Bachelor Enlisted Quarters (BEQ). The upgrades kicked off on February 11, 2025. Upgrades include new dining tables and chairs, bed frames, dressers, desks and chairs, and bedside lamps and nightstands. The project is expected to be completed by March 2025.

*Please note that if you are on leave, we will still refresh your furniture!*



## Congratulations! You advanced to E-5?

1. Route a special request chit through your chain of command asking to move to the economy.
2. Bring the special request chit along with your LES showing E-5 status a NSIPS/MMPA printout with the expected pay date to the Unaccompanied Housing Office in BLDG 2038.
3. UH staff will Verify documents and provide you with a letter of intent.
4. Take the letter of intent to the Housing Service Center and receive a brief on economy housing.
5. Schedule a checkout Pre-Inspection at least 2 weeks prior to your move-out date. A final inspection will be scheduled for the move-out day, and an E-6 or above from your command will need to be present.

### APPLY TO BE A RESIDENT ADVISOR

#### MUST BE:

- Single or Unaccompanied service member living in Unaccompanied Housing
- E5 --E9. Exceptional E-4 and E-5 may be eligible with special approval.
- One year remaining on orders

Please send inquiries or requests to volunteer to:

Shanell.E.Bailey.civ@us.navy.mil or Brian.C.McAllister.mil@us.navy.mil

DO SOMETHING

**EXTRA**  
ORDINARY

REWARDS

- 1 FREE MOVIE PASS PER MONTH
- 1 FREE ROUND OF BOWLING PER MONTH
- 1 FREE ROUND OF GOLF AT CARNEY PARK
- BASEMENT STORAGE AT BEQ OR TRIANGLE

## Energy Conservation

Energy conservation is essential for reducing environmental impact and preserving natural resources. By using energy more efficiently, such as turning off lights when not in use, opting for energy-efficient appliances, and minimizing water and heating consumption we can reduce our environmental footprint.



### Final Thoughts...

Your comfort and satisfaction are a top priority for us. If you require any further assistance or have additional concerns, feel free to scan our QR code or contact our dedicated UH staff.



# NSA Naples: Interactive Customer Evaluation (ICE) System

Every feedback is welcomed, good or bad, that's the surest way to help the installation improve services and quality of life in the community



By NSA Naples Public Affairs

The Interactive Customer Evaluation (ICE) system is a web-based tool that collects feedback on services provided by various organizations throughout the Department of Defense (DoD) including here at NSA Naples. Feedback can be positive (give a shout-out) or negative (report an issue). A combination of both is what helps us improve our services to better serve you.

### Benefits of ICE:

- Allows community members to quickly and easily provide feedback to service provider managers on the installation.
- Gives NSA Naples leadership timely data on service quality.
- Allows service provider managers to benchmark their performance against like services in other DoD organizations.
- Saves money by providing an enterprise-wide capability to manage the resources necessary to collect and report on customer feedback and satisfaction ratings.

### Do I get a response after submission?

Generally, if you provided contact information at the time of submitting an ICE Comment, it will be responded to within two weeks.

## Response to your ICE Comment

### COMMENT:

Why is the post office the only customer service office allowed to randomly close during the day for "official functions?"

### RESPONSE:

The post office hours for the entire month are always posted on NSA Naples Facebook and also in the community newspaper Naples Navigator under the public service announcement page. It includes training days, DONSA days and any command function day to help you plan in advance and not make a trip to the post office in vain.

### Best way to submit an ICE comment?

- Visit the [ICE](#) website
- Navigate to the appropriate service provider managers link
- Input your comments and be specific
- Recommendations are welcomed
- Provide contact info if you require a response



## Your ICE Comment Shout-outs!

### Fit Forum Support Site

The new fitness equipment at the Fitness Forum is AWESOME. It is starting to feel more like a strength and conditioning facility and not a Planet Fitness. MWR is putting a lot of effort in to improving their facilities and programs base-wide.

### Youth Sports

My son played in MWR youth U11 basketball game at 1130 on Saturday, Feb 8th and I wanted to give my compliments to the referee, Mr. Caraballo. He was the only referee for the game and a couple of boys from the opposing team were constantly fouling and not playing appropriately. One boy was the son of the coach and the coach kept arguing with the referee over the calls. The referee did a great job keeping his composure and calling an overall fair game considering how rough the opposing team was playing. Thank you!

### Post Office

I just wanted to acknowledge the outstanding customer service of RS3 Macants. Every single time she has provided service I've watched her provide the same stellar greeting to everyone in line. Often time military service members in these types of positions forget the customer service aspect of the job, but she clearly does not. Keep up the great work.

### MWR Special/Community Events

I just wanted to give a huge thank you to the outdoor rental at Carney Park. The team there was so helpful in meeting my needs to rent some equipment. They went above and beyond and I will be using them again!!

### MVRO

I had all my answers according to technical special features, and I appreciated the availability of the person (Luca del Grosso) in charge of my folder.

## Emergency Preparedness Awareness and 2025 Briefing Schedule



**Emergency preparedness helps you prepare your household for any situation.**

**Have a Plan, Build a Kit, and Stay Informed.**

### 2025 NSA Naples Emergency Preparedness Briefing & Discussion Forum Schedule:

- 13 Jan, 0930 at Support Site Theater
- 3 Feb, 0930 at Support Site Theater
- 3 Mar, 0930 at Support Site Theater
- 7 Apr, 0930 at Support Site Theater
- 5 May, 0930 at Support Site Theater
- 2 Jun, 0930 at Support Site Theater
- 14 Jul, 0930 at Support Site Theater
- 4 Aug, 0930 at Support Site Theater
- 8 Sep, 0930 at Support Site Theater
- 6 Oct, 0930 at Support Site Theater

**CHOOSE YOUR DATE, GET INFORMED, STAY READY!**

Always stay ready in the case of an emergency by checking out the resources on our Emergency Management website at: [Emergency Management Webpage](#)

These resources exist to help your households construct an emergency kit and plan and learn how to respond and react to earthquakes (Drop, Cover, and Hold).

Additionally, you can stay informed about local earthquakes through the Italian Istituto Nazionale di Geofisica e Vulcanologia (Italian National Institute of Geophysics & Volcanology) link here: [Italian National Institute of Geophysics and Volcanology Website](#)

For more resources on staying informed as a household, see Federal Emergency Management Agency (FEMA) link here: [FEMA Website](#)

**Remember that emergency preparedness helps you prepare your household for any situation. Have a Plan, Build a Kit, and Stay Informed.**



# Community Entertainment & Leisure Activities

## Local Lens: Unveiling Campania's Hidden Gems



The Sansevero Chapel

By Paolo Cutillo, Contributing Writer

Naples is a city of contrasts, where beauty and mystery intertwine. Two sculptures, often overlooked as a pair, embody this duality: the Veiled Christ and the Revealed Christ.

The Veiled Christ, housed in the Sansevero Chapel, is a masterpiece of illusion. Created in 1753 by Giuseppe Sanmartino, it depicts Christ's lifeless body beneath a marble veil so delicate that legend attributes it to alchemy. The reality, however, lies in Sanmartino's extraordinary skill, capable of transforming stone into something ethereal.

A short walk away, inside the Pappacoda Chapel, stands the Revealed Christ, a modern work by Domenico Sepe. Here, Christ emerges from stone in an act of resurrection, exuding strength and renewal. Where the Veiled Christ invites silent reflection, the Revealed Christ speaks of rebirth—two sides of the same spiritual journey.

Beyond the sculptures Naples hides and hidden itinerary, visiting both offers a unique perspective on Naples, but the journey doesn't end there. Nearby, a few hidden gems reveal more of the city's soul:

- Santa Luciella ai Librai – A tiny church home to a mysterious skull with ears, tied to ancient Neapolitan beliefs.
- The Hypogeum of Purgatorio ad Arco – An underground site linked to Naples' devotion to abandoned souls.
- Palazzo Venezia – A Venetian-style palace with a hidden rooftop garden, perfect for a quiet pause.

The Veiled Christ and the Revealed Christ are more than sculptures—they reflect Naples itself: a city that unveils its secrets only to those who take the time to look deeper.



## MARCH Liberty Activities

For E1-E6 single and unaccompanied service members



Your off-duty connection to fun and recreation

<b>ONE-DAY TRIPS</b>	 <b>Paintball and Pizza</b> Saturday, March 1 9:30 a.m.-4:30 p.m. Ladies of Liberty, round up your gal friends for this fun Girl's Day Out playing paintball and enjoying some of Italy's finest pizza.	<b>Pillows &amp; Popcorn</b> Monday, March 3 and 24 5:30-7:30 p.m. Bring your favorite pillow and enjoy freshly popped popcorn as we enjoy some amazing films.
	 <b>Sailor Adventure Quest: Public Transportation 101</b> Saturday, March 8 9:30 a.m.-4 p.m. Go on this step-by-step adventure as you learn to navigate local public transportation from Support Site to downtown, including the main train station and Afragola station. Learn the ropes to be able to travel on your own to destinations outside of Naples. Bring euro for trip transportation tickets and lunch.	<b>Lunch 'n Learn Italian</b> Wednesday, March 5, 12, 19 and 26 Noon-2 p.m. Bring your lunch in the Liberty Center and have a conversation in Italian with a Liberty Local National employee. Learn the language while eating your lunch.
	 <b>Fast and Furious Go-Karts</b> Friday, March 14 5:30-7:30 p.m. Bring your friends for some fast and fun go-kart action! Bring euro to pay at the venue.	<b>Birthday Bash</b> Monday, March 10 5:30-7:30 p.m. Liberty celebrates March birthdays! Everyone is welcome to attend and celebrate.
	 <b>Tiberius Grotto, Sperlonga</b> Saturday, March 15 8 a.m.-4 p.m. Take a Roman Empire adventure to the beautiful coastal town. Explore the grounds of the former villa of the Emperor Tiberius including a museum and the gorgeous waterside. Bring euro for entrance fee and lunch.	<b>Wheels 'n Deals</b> Tuesday, March 11, 18 and 25 5:30-7:30 p.m. Do you need to go off base to shop, but no car? Let Liberty do the driving! Liberty swings by local markets and shopping areas. Meet at the van outside the Liberty Center.
	 <b>Sailor Adventure Quest: Fishing</b> Saturday, March 22 9:30 a.m.-4:30 p.m. Learn all you need to know to be out on the lake, reeling in the big one! Bring euro for fishing fee and lunch.	<b>Italian Culture Night</b> Thursday, March 13 and 27 5:30-7:30 p.m. Learn useful everyday phrases and greetings. Discuss and explore Italian traditions. Sample some amazing Italian food as you learn to make the recipe. Don't miss this great opportunity to make new friends while learning more about our host country.
	 <b>Horseback Riding</b> Saturday, March 29 9:30 a.m.-4 p.m. Spend the afternoon atop a horse in Caserta Vecchia Park. The tour is guided by a professional horseback riding company and includes all you need to enjoy the day. Bring snacks, camera and euro to pay at the venue for the ride.	<b>Bracket Busters</b> Monday and Tuesday, March 17 and 18 Noon-7:30 p.m. Cast your bracket selections for the men's and women's NCAA Basketball Tournaments.
		<b>St. Patrick's Day</b> Monday, March 17 5:30-7:30 p.m. Wear your favorite clothes 'o green and join Liberty for some shamrock fun!

• Trips leave from Support Site Liberty BEQ Bldg. 2087 parking lot.  
 • \$5 trip fee per trip

All events are at the Support Site Liberty Center unless specified.

For more information, call 081-811-4705 / DSN 629-4705 or email: [mwrnaples\\_liberty@eu.navy.mil](mailto:mwrnaples_liberty@eu.navy.mil)

#MeetMeAtLiberty [www.navy.mwrnaples.com](http://www.navy.mwrnaples.com)  
[www.facebook.com/libertynaples](https://www.facebook.com/libertynaples)  
[instagram.com/nsanaplesliberty](https://www.instagram.com/nsanaplesliberty)




**Live Music**  
by the  
**Jonathan Baptiste Band**

Let the good times roll with music and merriment!\*

# MARDI GRAS party

**March 4**  
7-10 p.m.  
**O'Rhys Irish Pub**

Dress in your Mardi Gras outfit and mask for the contest. Prize awarded for the best Mardi Gras-themed outfit!

\*For customers 18 years and older.  
For more information, call 081-811-6976 | DSN 629-6976.



# Community Entertainment & Leisure Activities

## Start Smart BASEBALL

Ages 3 and 4 years old ★ ★ ★

**\$25 per child**

**Mondays, March 31-May 12**  
Support Site sports fields

**Parent Meet and Greet**  
Friday, March 28  
5 p.m.  
Youth Center, Support Site

Start Smart Baseball is a six-week series that prepares boys and girls for organized T-ball in a fun environment without the threat of competition or the fear of getting hurt. Parents work with their child to learn the basic skills—fielding, pitching, batting and agility. Players practice one day a week. There are no games.

Register and pay by March 13. Scan here for registration form and instructions. Form must be typed and delivered to the Youth Center front desk. Parent/guardian MUST receive a confirmation email from Youth Sports and Fitness Coordinator before their child is eligible to participate.





For more information, email [NaplesYSF@us.navy.mil](mailto:NaplesYSF@us.navy.mil)



## Youth Sports Baseball and Softball

**Practices begin March 31**  
on Support Site  
**Games on Saturdays, April 12-June 7**  
at Carney Park

**Opening Day ceremony**  
Saturday, April 12 • 11:30 a.m. • Carney Park

Age-appropriate baseball divisions for 5-15 years old and softball divisions for 9-15 years old.

**Mandatory assessment for all players 9 years and older**  
Tuesday-Thursday, March 18-20  
See Website for age bracket day/time/location

**Parent Meet and Greet**  
Thursday, March 27  
5 p.m.  
Youth Center, Support Site

**Register by March 13**  
For registration forms/information and player assessment information, scan here: Parent/guardian MUST receive a confirmation email from Youth Sports and Fitness Coordinator before their child is eligible to participate.

**\$60**




For more information, call 081-811-4722 / DSN 629-4722.



## See a movie at Reel Times 2 Cinema

New stadium seating!

Scan here for a weekly schedule





Reel Times 2 cinema



**CLICK FOR MORE EVENTS**



**U.S. NAVAL SUPPORT ACTIVITY, NAPLES**

**BASEWIDE MONTHLY EVENTS & ACTIVITIES**



## MARCH FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated.

<p><b>AREA ORIENTATION</b></p> <p><b>Area Orientation</b> (mandatory for newcomers) March 5 and 6, March 19 and 20 Wednesday, 7:45 a.m.-2 p.m. Thursday, 7:45 a.m.-3 p.m. Reel Times 2 Cinema, Support Site</p> <p><b>Cultural Assimilation trips to downtown Naples</b> Friday, March 7 and 21   7:45 a.m.-2:30 p.m. Monday, March 31   7:45 a.m.-2:30 p.m. (all ages)</p> <p><b>FAMILY READINESS</b></p> <p><b>Ombudsman Assembly Meeting</b> Tuesday, March 18   5:30-6:30 p.m. Reel Times 2 Cinema, Support Site</p> <p><b>TRANSITION ASSISTANCE PROGRAM</b></p> <p><b>Pre-Separation Workshop</b> Monday-Wednesday, March 3-5 8 a.m.-4 p.m.</p> <p><b>Department of Labor Employment Workshop</b> Thursday and Friday, March 6 and 7 and March 20 and 21 8 a.m.-4 p.m.</p> <p><b>Career and Credential Exploration (C2E, Vocational Track)</b> Monday and Tuesday, March 10 and 11 8 a.m.-4 p.m.</p> <p><b>Executive TAP</b> Monday-Wednesday, March 17-19 8 a.m.-4 p.m.</p> <p><b>Capstone Event</b> Tuesday, March 25 1-4 p.m.</p>	<p><b>INTERCULTURAL RELATIONS (ICR)</b></p> <p><b>Italian at Luncheon</b> (Basic Italian for beginners) Monday, March 3 and 17 11 a.m.-12:30 p.m. Capodichino</p> <p><b>Easy Italian</b> (Beginners) Tuesday, March 4, 11 and 18 10:30 a.m.-12:30 p.m.</p> <p><b>Advanced Italian</b> Thursday, March 6 11 a.m.-12:30 p.m.</p> <p><b>Intermediate Italian at Luncheon</b> Monday, March 24 11 a.m.-12:30 p.m. Capodichino</p> <p><b>EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)</b></p> <p><b>Navigating EFMP*</b> Tuesday, March 4   9-10 a.m.</p> <p><b>Selective Service Information Session</b> Thursday, March 13   10-11 a.m.</p> <p><b>EFMP POC Training</b> Wednesday, March 19   11 a.m.-Noon</p> <p><b>EFMP Leadership Brief*</b> Thursday, March 20   3-4 p.m. Capodichino</p> <p><b>Managing Your Moments: An EFMP Productivity Workshop</b> Tuesday, March 25 10-11 a.m.</p>	<p><b>Limoncello Making Class</b> Wednesday, March 26 10 a.m.-12:30 p.m.</p> <p><b>Intercultural Relations Trip: Spring Break Kids Activity Little Archaeologist</b> Thursday, March 27 9 a.m.-2:30 p.m.</p> <p><b>RELOCATION</b></p> <p><b>Sponsorship Training</b> Tuesday, March 4 9 a.m.-Noon Capodichino</p>
<p><b>SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)</b></p> <p><b>Victim Advocate Refresher Training</b> Monday, March 10 1-3 p.m. CEU provided for recertification</p> <p><b>Administrative Unit Victim Advocate Training</b> Thursday, March 13 1-3 p.m. Capodichino</p> <p><b>Resident Advisor Training</b> Wednesday, March 19 1-3 p.m. Capodichino</p>	<p><b>FAMILY EMPLOYMENT READINESS PROGRAM* LIFE SKILLS*</b></p> <p><b>PERSONAL FINANCE MANAGEMENT*</b></p> <p>*Virtual Class. Please create an account at <a href="https://mynavyfamily.com">https://mynavyfamily.com</a> or visit the Virtual Work and Family Life web page at <a href="https://ffr.cnic.navy.mil/Family-Readiness/Fleet-and-Family-Support-Program/Work-and-Family-Life/virtual-work-and-family-life">https://ffr.cnic.navy.mil/Family-Readiness/Fleet-and-Family-Support-Program/Work-and-Family-Life/virtual-work-and-family-life</a> to access virtual classes and online resources.</p>	

To register for a class:  
• Call 081-811-6372 | DSN 629-6372  
• Email [NSANaplesFFSC@us.navy.mil](mailto:NSANaplesFFSC@us.navy.mil) and include the class title, your name, email address, phone number, sponsor's rank and command



## Community Engagements

### NSA Naples Area Orientation

Next: 5-7 Mar-25, 19-21 Mar-25 (Bi-Weekly)

POC: NSA Naples AO Coordinators / nsanaplesao@us.navy.mil

Chair: NSA Naples XO/NSA Naples AO Coordinators

Regular Schedule: Every other week / 3 days

Location: Support Site Liberty Theater

Instruction: In draft

Participants: New Arrivals

### Pizza with the CMC

Next: TBD-2025, 15-Jul-2025, 21-Oct-2025 (Quarterly)

POC: NSA Naples MWR Director / donald.r.wells71.naf@us.navy.mil

Chair: NSA Naples CO

Regular Schedule: 2nd Tu / 3rd Mo/QTR / 1130-1230

Location: Bella Napoli Conference Room, Capodichino

Instruction: NA

Participants: All Single Sailors

### NSA Naples Town Hall

Next: 13-May-25 (Quarterly)

POC: NSA Naples PAO / valentine.k.mulango.mil@us.navy.mil

Chair: NSA Naples CO

Regular Schedule: 2nd Tu / 2nd Mo / QTR / 1800-1900

Location: Support Site Theater & Facebook live

Instruction: NA

Participants: All NSA Naples Active Duty, GS, NAF, Local Nationals Dependents and TAD Personnel

### Coffee with the Skipper

Next: 11-Apr-25 (Quarterly)

POC: NSA Naples USO Coordinator / spullido@uso.org  
lmazzella@uso.org

Chair: NSA Naples CO

Regular Schedule: 2nd Fri/1st Mo/Qtr / 1000-1100

Location: Support Site USO Spaces

Instruction: NA

Participants: All Spouses/dependents

## Functional Meetings & Working Groups

### Naples Elementary School (NES) School Advisory Committee (SAC)

Next: 1-May-25 (Quarterly)

POC: NSA Naples School Liaison / sarah.t.dastrup.naf@us.navy.mil

Chair: NES SAC Chair (by vote--TBD)

Regular Schedule: SY24-25, TBD / 1600-1700

Location: Library, Naples Elementary School, Building 2057, Support Site

Instruction: DoDI 1342.15 (April 2020)

Participants: IXO, Principal, SAC Committee (parents and professional school employees), DoDEA bargaining unit representative, school and military communities

### NSA Naples Installation Advisory Committee (IAC)

Next: 9-Apr-25, 28-May-25 (Quarterly)

POC: NSA Naples School Liaison / sarah.t.dastrup.naf@us.navy.mil

Chair: IAC Chair (by vote--TBD)

Regular Schedule: SY24-25, TBD / 1600-1700

Location: Support Site - NES/NMHS & TEAMS

Instruction: DoDI 1342.15 (April 2020)

Participants: Installation Commander, NES and NMHS Principals, IAC Committee (NES and NMHS SAC designees), school and military communities

### Unaccompanied Housing Advisory Review Board (UHARB)

Next: 19-Mar-25 (Quarterly)

POC: NSA Naples UH Manager/ shanell.e.bailey.cic@us.navy.mil

Chair: NSA Naples CMC

Regular Schedule: 3rd Wednesday of the last Month of the QTR / 1400

Location: NSA Naples UH Conference Room (Support Site BLDG 2038)

Instruction: CNICINST 11103.14A

Participants: CMC, UH Manager, Senior RA, PFM Manager, EFMP Manager. RAs, Command UH Coordinator Inspectors.

### Sponsorship Training

Next: 13-Mar-25 (Bi-Monthly)

POC: nsanaplesffsc@us.navy.mil

Chair: CMC/Command Sponsor Coordinator

Regular Schedule: bi-monthly with annual schedule/0900-1200

Location: Support Site Liberty Theater

Instruction: NSA Naples INST 1740.2E

Participants: Sponsors for all commands

### OPSEC Working Group

Next: 15-Mar-25 (Quarterly)

POC: NSA Naples OPSEC Coordinator / adam.m.tucker5.mil@us.navy.mil

Chair: NSA Naples OPSECO

Regular Schedule: Quarterly

Location: Precinct Conference Room

Instruction: NAVSUPPACTNAPLESINST 3100.2G

Participants: OPSEC O, SECO, N6, Security Manager, PAO, Operations

### Antiterrorism Working Group (ATWG)

Next: 9-Apr-25 (Semi-Annual)

POC: NSA Naples ASECO / charissa.m.white.mil@us.navy.mil

Chair: NSA Naples XO

Regular Schedule: Quarterly / 1300

Location: Security Building 403, Capo

Instruction: NAVSUPPACTNAPLESINST S3300.1

Participants: XO, SECO, ATO, NCIS, EMO, DHs, Tenant Command AT Reps

### NSA Naples Fire Warden Working Group

Next: 23-Apr-25 (English) 24-Apr-25 (Italian) (Quarterly)

POC: NSA Naples Fire Chief / jason.c.kinlaw.civ@us.navy.mil

Chair: Fire Chief

Regular Schedule: Semi-Annual

Location: Support Site Fire Station / 0830-1330

Instruction: OPNAVINST 11320.23G / NSANAPLESINST 11320.2G

Participants: NSA / Supported Command Fire Wardens

### NSA Naples Safety Council

Next: 11-Mar-2025 (Quarterly)

POC: NSA Naples Safety Officer / james.f.mcallister2.civ@us.navy.mil

Chair: NSA Naples XO

Regular Schedule: 2nd Tues, 3rd month of qtr/1300

Location: Tentative – Base Safety Classroom, rm G053 Admin II CAPO

Instruction: OPNAVINST 5100.23H/CNICINST 5100.1

Participants: Triad, Program Leads, Supported Command Safety Officers

### Naples Middle High School Advisory Committee (SAC)

Next: 24-Apr-25 (Quarterly)

POC: NSA Naples School Liaison / sarah.t.dastrup.naf@us.navy.mil

Chair: NMHS SAC Chair (by vote--TBD)

Regular Schedule: SY24-25, TBD / 1600-1700

Location: Library, Naples Middle High School, Building 2058, Support Site

Instruction: DoDI 1342.15 (April 2020)

Participants: IXO, Principal, SAC Committee (parents and professional school employees), DoDEA bargaining unit representative, school and military communities

### NSA Naples Building Manager

Next: 20-Mar-25 (Monthly)

POC: PWD Naples Requirement Branch Head/ caleb.d.loscar.civ@us.navy.mil

Chair: NSA Naples PWO

Regular Schedule: 3rd Th of the month/ 1000-1100

Location: Capodichino - PWD Large Conference Room (TBD)

Location: Support Site - Chapel (TBD)

Instruction: 11000.1F

Participants: Building Managers, FOS, APWO, and tenants.

### NSA Naples Family Advocacy Committee

Next: 5-Mar-25 (Quarterly)

POC: NSA Naples Family Advocacy Coordinator / karen.e.kershaw.naf@us.navy.mil

Chair: NSA Naples CO

Regular Schedule: 1st W / 3rd Mo / QTR / 1400-1500

Location: Support Site Chapel Conf Room

Instruction: OPNAVINST 1752.3C

Participants: Installation commander or designee; FFSC director; FFSC clinical service provider; FAP educator; SJA; NCIS (or military criminal investigation organization); Chaplain; MTF representative; DoDEA school representative

### NSA Naples PB4T

Next: 6-Mar-25 (Monthly)

POC: NSA Naples ITO/madison.d.link.civ@us.navy.mil

Chair: NSA Naples ITO

Regular Schedule: 1st Th of the month / 1300-1400

Location: MS Teams

Instruction: CNIC M-3501.1A Shore Training Manual

Participants: NSA / Supported Commands

### NSA Naples Emergency Management WG

Next: 8-Apr-25 (Quarterly)

POC: NSA Naples EMO / sean.m.quinn16.civ@us.navy.mil

Chair: NSA Naples XO

Regular Schedule: Quarterly, 1500

Location: TEAMS

Instruction: NAVSUPPACTNAPLESINST 3440.1A

Participants: Triad, DHs, MEF Supported Command Reps (EM Coordinators)

### Threat Working Group (TWG)

Next: 5-Mar-25 (Quarterly)

POC: NSA Naples ASECO / charissa.m.white.mil@us.navy.mil

Chair: NSA Naples SECO

Regular Schedule: Quarterly / 1230

Location: Security Building 403, Capo

Instruction: NAVSUPPACTNAPLESINST S3300.1

Participants: ATO, NCIS, EMO, DHs, Tenant Command AT Reps

### NSA Naples HAZMAT Working Group

Next: 27-May-25 (Quarterly)

POC: NSA Naples Safety / paolo.dalterio.ln@us.navy.mil

Chair: NSA Naples Safety Officer

Regular Schedule: 2nd month of quarter / 0800-1200

Location: Base Safety Classroom, rm G053 Admin II CAPO

Instruction: OPNAVINST 5100.23H/CNICINST 5100.1

Participants: Safety Officer, Supported Command HAZMAT Coordinators

### NSA Naples Collateral Duty Safety Officer Working Group

Trng Next: 28-Apr-25 (Quarterly)

POC: NSA Naples Safety / paolo.dalterio.ln@us.navy.mil

Chair: NSA Naples Safety Officer

Regular Schedule: 2nd month of qtr / 0800-1200

Location: Base Safety Classroom, rm G053 Admin II CAPO

Instruction: OPNAVINST 5100.23H/CNICINST 5100.1

Participants: Safety Officer, Supported Command Safety Officers

## Command-Level Meetings

### NSA Naples Supported Command Triad Meeting

Next: 25-Mar-25 (Monthly)

POC: NSA Naples CO Secretary / marcella.r.zappia.civ@us.navy.mil

Chair: NSA Naples CO

Regular Schedule: 4th Tu / Mo / 1400-1500

Location: Command Conference RM Bldg. 449 Capo

Instruction: NA

Participants: Triad, Supported Commands Triad-level leadership, EAs, COSSs, as required \*\*\* goal is to have 1 member from the Triad attend

### NSA Naples CMC Meeting

Next: Every Tuesday (Weekly)

POC: NSA Naples CMC

/ darin.vazquez.mil@us.navy.mil

Chair: NSA Naples CMC

Regular Schedule: Tuesdays/ Weekly / 1300

Location: Naples Area CPO Mess

Instruction: NA

Participants: All NSA Naples Area CMCs

### NSA Naples Navy Drug and Alcohol Advisory Committee

Next: 15-Apr-25 (Quarterly)

POC: NSA Naples NDAAC PM / diona.k.browne.mil@us.navy.mil

Chair: NSA Naples CO

Regular Schedule: 3rd Tu / 1 Mo / QTR / 1400-1500

Location: NGIS Conference Room / Various

Instruction: OPNAVINST 5350.4 (series)

Participants: Triad, DAPA, Region ADCO, Program Directors, Supported Command Triads, Supported Command DAPAs

### NSA Naples Ombudsman Assembly

Next: 18-Mar-25 (Monthly)

POC: NSA Naples Ombudsman Coordinator

/ tonya.m.douce.naf@us.navy.mil

NSANaplesFFSC@us.navy.mil

Chair: NSA Naples CO

Regular Schedule: 3rd Tu / Mo / 1730-1830

Location: Support Site Base Theater

Instruction: OPNAVINST 1750.1F

Participants: Triad, Ombudsman Coordinator, Ombudsman Assembly Chair, Program Directors, Supported Command Triads, Supported Command Ombudsmen

### NSA Naples Military Family Readiness Coordinating Committee

Next: 8-Apr-25 (Quarterly)

POC: NSA Naples MFRCC PM

/ joshua.hernandez30.mil@us.navy.mil

Chair: NSA Naples XO

Regular Schedule: 2nd Tuesday of the QTR / 1300-

1400

Location: Capo Chaplain's Fellowship Hall

Instruction: DoDI 1342.22

Participants: XO, MFLCC SEL Coordinator, WFLS, Select Program Directors, Supported Command Triads

### NSA Naples Antiterrorism Executive Committee (ATEC)

Next: TBD-Jul-25 (Semi-Annual)

POC: NSA Naples ASECO /

charissa.m.white.mil@us.navy.mil

Chair: NSA Naples CO

Regular Schedule: January and July / TBD

Location: NSA Naples EOC

Instruction: NAVSUPPACTNAPLESINST S3300.1

Participants: CO, SECO, ATO, NCTS, NCIS, EMO,

DHs, Tenant Command AT Reps

Be the change  
that you wish to  
see in the world.

— MAHATMA GHANDI

BRIAN TRACY  
INTERNATIONAL

## NSA Naples Phone Directory

### Commercial Prefixes

JFCN  
081-721

Capodichino  
081-568

Carney Park (No DSN)  
081-526

Gricignano (S. Site)  
081-811

Gricignano (S. Site) (No DSN)  
081-813

Help Desk ONENET  
626-HELP

**Lodging**  
Navy Gateway  
626-5250

Navy Lodge Comm.  
+39-081-813-3433

Navy Lodge DSN  
629-6289

BEQ (S.Site)  
629-4123

**Housing**  
After-hours trouble calls  
626-5547

Assignments  
629-4468

On-Base Housing  
629-4930

Off-Base Housing  
629-4466

Unaccompanied On-Base  
629-4696/ 4143

Gricignano Warehouse  
629-4242

Housing Maintenance  
629-4246

Trouble Desk  
629-4285/ 4286

**Child and Youth Programs**  
CDC Capodichino  
626-5116

CDC (S. Site)  
629-4989

Youth Center/ SAC  
629-4722

Teen Center  
629-4395

Youth Sports  
629-4725

School Liaison Officer  
629-6549

**Religious Services**  
Chaplains (Capo)  
626-3539

Chaplains (S.Site)  
629-4608

Chaplain Duty Phone  
+39-366-680-5972

CREDO  
626-5255

Religious Education  
Coordinator  
629-4616/ 4617

### Emergency

DSN: 911  
+39 081-568-4911

Non-Emergency  
DSN: 626-5638/ 5639  
+39-081-5638/ 5639

Carabinieri  
112

Polizia  
113

Italian Fire Department  
115

Italian Ambulance  
118

NSA Naples Quarterdeck  
626-5547

**Medical Facilities**  
Appointments (S.Site)  
629-6000

Appointments (Capo)  
626-4786

UNSH Quarterdeck  
629-6006

Medical Homeport  
629-6271

USNH Chaplain  
629-6451

Dental Clinic (S. Site)  
629-6007

Dental Clinic (Capo)  
626-4644

EDIS Clinic  
629-4676

Emergency Room  
629-6150

Information Desk (S.Site)  
629-6155/ 6006

Information Desk (Capo)  
626-5311

Immunizations  
629-6867

Mental Health  
629-6306

MSU/ Inpatient Ward  
629-6471

OB/GYN  
629-6404

Patient Admin  
629-6293

Physical Therapy  
629-6183

Radiology  
629-6168

Tricare Admin Office  
629-6330/ 6331

Lab  
629-6190

EFMP Coordinator  
629-6332

Pharmacy  
629-6225

Optometry  
629-6386

Billing  
629-6510/ 6129

### Other Numbers

Region Legal Services  
(RLSO)  
626-4576

Region Support Center  
Naples  
626-2940

SATO (Capo)  
+39-081-599-2613/ 2616

India 7  
626-6649

India 7 Duty Cell  
+39 338-575-9514

Security Desk (S.Site)  
629-4269

Security Desk (Capo)  
626-2207

Tax Free Products Office  
626-5349

Thrift Shop  
629-4200

Traffic Safety Office  
626-3147/ 5594

TSC/ PSD ID Cards  
(Capo)  
626-4390/ 5825

USO (S.Site)  
629-4903

USO (Capo)  
626-5713

Veterinary Clinic  
629-7913

WIC Overseas  
629-4962

Navy Recruiting  
629-4087

Vehicle Processing Center  
629-6522/ 6768

Emergency Management  
626-5240/ 5057

Navy Passenger  
Transportation/ NAVPTO  
626-4321

Zurich Car Insurance  
629-6568

**Fleet and Family Support**  
Front Desk/ Class Sign-  
Up  
629-6372

VA Representative  
629-6997/ 6550

School Liaison Officer  
629-6549

Retiree Services  
629-6372

Sexual Assault Helpline  
+1-335-640-6621

FFSC (Gaeta)  
629-8354

Area Orientation  
629-6945

Relocation Manager/  
EFMP  
629-6372

### Other Numbers

Air Terminal  
626-5369

AFN (S.Site)  
629-6915

American Red Cross  
626-4788

CACO – Casualty  
Assistance  
626-8215

CMVRO (S.Site)  
629-6876/ 4050/ 6890

CMVRO (Capo)  
626-2831/ 2832/ 4454

Commissary  
629-4871/ 4879/ 4872

Community Bank (Capo)  
+39-081-635-5301

Defense Service Office  
626-3131

Fire Prevention (S.Site)  
629-4487

Fire Prevention (Capo)  
626-6627/ 6626

Hazmat/ Hazwaste  
626-6643

HRO (Capo)  
626-5409

Navy Federal Credit  
Union  
629-4887/ 4888/ 4889

Navy & Marine Corps  
Relief  
626-3913

NCIS  
626-6002

OPSEC Support Team  
626-4460

Pass & ID (S.Site)  
629-4264

Pass & ID (Capo)  
626-4955

Passport Office/ NAVPTO  
626-4155/ 4321

Personal Property  
629-6778/ 6819/ 6950

Post Office (S.Site)  
629-4336

Post Office (Capo)  
626-5371

POV Lot  
629-6522

RAPIDS (Capo)  
626-5632/ 2940

Victims' Legal Counsel  
629-6554

University of Maryland,  
Global Campus (Capo)  
626-6674

+39 081-568-6674

## NSA Departments

**Executive Officer**, CDR Brian Koch  
626-6289, [brian.d.koch.mil@us.navy.mil](mailto:brian.d.koch.mil@us.navy.mil)

**CO Secretary**, Ms. Marcella Zappia  
626-6289, [marcella.r.zappia.civ@us.navy.mil](mailto:marcella.r.zappia.civ@us.navy.mil)

**Gaeta OIC**, LCDR Karen Buchanan  
626-8301, [karen.i.buchanan2.mil@us.navy.mil](mailto:karen.i.buchanan2.mil@us.navy.mil)

**Support Element Naples (JFC)**, LCDR Massimo Ongaro  
628-4041, [massimo.ongaro.mil@us.navy.mil](mailto:massimo.ongaro.mil@us.navy.mil)

**Installation Business Manager (N5)**, Mr. Mark Weaver  
626-5100, [mark.d.weaver6.civ@us.navy.mil](mailto:mark.d.weaver6.civ@us.navy.mil)

**Public Affairs Officer**, LTJG Valentine Mulango  
626-5912, [valentine.k.mulango.mil@us.navy.mil](mailto:valentine.k.mulango.mil@us.navy.mil)

**Protocol**, Ms. Alicia Olson  
626-4313, [alicia.e.olsen.civ@us.navy.mil](mailto:alicia.e.olsen.civ@us.navy.mil)

**Community Liaison**, Ms. Maria De Blasio  
626-5176, [maria.t.deblasio.ln@us.navy.mil](mailto:maria.t.deblasio.ln@us.navy.mil)

**Community Relations**, Ms. Teresa Merola  
626-5856, [teresa.merola.ln@us.navy.mil](mailto:teresa.merola.ln@us.navy.mil)

**Writer/ Editor**, Ms. Josephine Schneider  
626-5335, [josephine.e.schneider.civ@us.navy.mil](mailto:josephine.e.schneider.civ@us.navy.mil)

**Installation Comptroller (N8)**, Ms. Giuseppa Campbell  
626-5501, [giuseppa.m.campbell.civ@us.navy.mil](mailto:giuseppa.m.campbell.civ@us.navy.mil)

**Deputy Comptroller (N8)**, Ms. Anna di Gregorio  
626-5611, [anna.p.digregorio.ln@us.navy.mil](mailto:anna.p.digregorio.ln@us.navy.mil)

**Training Department**, Ms. Madison Link  
626-5168, [madison.d.link.civ@us.navy.mil](mailto:madison.d.link.civ@us.navy.mil)

**Public Works Officer**, CDR John Michael Parizek  
626-4653, [john.m.parizek.mil@us.navy.mil](mailto:john.m.parizek.mil@us.navy.mil)

**CPI Officer**, LCDR Justic Felgar  
626-5620, [justin.m.felgar.mil@us.navy.mil](mailto:justin.m.felgar.mil@us.navy.mil)

**Information Systems Director**, Mr. Donald Barker  
626-5735, [donald.e.barker4.civ@us.navy.mil](mailto:donald.e.barker4.civ@us.navy.mil)

**Fleet and Family Readiness Director**, Mr. John Lenz  
629-6803, [john.m.lenz2.naf@us.navy.mil](mailto:john.m.lenz2.naf@us.navy.mil)

**FFSC Director**, Mr. Stephen Stutzman  
629-6543, 626-6711, [stephen.v.stutzman.naf@us.navy.mil](mailto:stephen.v.stutzman.naf@us.navy.mil)

**MWR Director**, Ms. Jennifer Bardoni  
629-4053, [jennifer.p.bardoni.naf@us.navy.mil](mailto:jennifer.p.bardoni.naf@us.navy.mil)

**Housing Director**, Mr. Lawrence Tubbs  
629-4410, [lawrence.l.tubbs.civ@us.navy.mil](mailto:lawrence.l.tubbs.civ@us.navy.mil)

**Unaccompanied Housing Manager**, Ms. Shanell Bailey  
(Temporal) 629-4346, [shanell.e.bailev.civ@us.navy.mil](mailto:shanell.e.bailev.civ@us.navy.mil)

**CYP Director**, Ms. Catherine Szymanski-Prestonise  
629-4729, [catherine.b.szymanski-prestonise.naf@us.navy.mil](mailto:catherine.b.szymanski-prestonise.naf@us.navy.mil)

**School Liaison Officer (SLO)**, Ms. Sarah Datstrup  
629-6549, [sarah.t.dastrup.naf@us.navy.mil](mailto:sarah.t.dastrup.naf@us.navy.mil)

**NSA Command Chaplain**, CDR Corey Thornton  
629-4610, [corev.t.thornton.mil@us.navy.mil](mailto:corev.t.thornton.mil@us.navy.mil)

**Admin Officer**, CWO3 Brian Curran  
626-5397, [brian.s.curran.mil@us.navy.mil](mailto:brian.s.curran.mil@us.navy.mil)

**Fire Department Chief**, Mr. Jason Kinlaw  
626-5222, [jason.c.kinlaw.civ@us.navy.mil](mailto:jason.c.kinlaw.civ@us.navy.mil)

**TSC CO**, CDR Emily Lapp  
626-5787, [emily.a.lapp2.mil@us.navy.mil](mailto:emily.a.lapp2.mil@us.navy.mil)

**Supply Officer**, CDR Kevin Clarida  
626-5428, [kevin.d.clarida.mil@us.navy.mil](mailto:kevin.d.clarida.mil@us.navy.mil)

**Air Operations Officer**, LCDR Joseph Swindel  
626-5216, [joseph.d.swindel.mil@us.navy.mil](mailto:joseph.d.swindel.mil@us.navy.mil)

**Air Terminal Manager**, Mr. Joseph Connolly  
626-5066, [joseph.p.connolly6.civ@us.navy.mil](mailto:joseph.p.connolly6.civ@us.navy.mil)

**Security Department**, LCDR Dary Sampy  
626-5411, [darv.r.sampv.mil@us.navy.mil](mailto:darv.r.sampv.mil@us.navy.mil)

**ASECO**, ENS Charissa White  
626-5525, [charissa.m.white.mil@us.navy.mil](mailto:charissa.m.white.mil@us.navy.mil)

**OSH/ Safety Officer**, Mr. Michael Miller  
626-4790, [michael.c.miller288.civ@us.navy.mil](mailto:michael.c.miller288.civ@us.navy.mil)

**Emergency Management Officer**, Mr. Sean Quinn  
626-3585, [sean.m.quinn16.civ@us.navy.mil](mailto:sean.m.quinn16.civ@us.navy.mil)

**PWD Service Desk:**  
[PWDNaplesTroubleDesk@us.navy.mil](mailto:PWDNaplesTroubleDesk@us.navy.mil)  
626-4981



## Security

### Reserved Parking Requirement

When parking in designated parking spaces onboard NSA Naples Support Site and Capodichino, personnel must display their associated parking placard.

*Failure to display the placard may result in ticketing and/or booting of your vehicle*

### General OPSEC Reminders

Assume that anyone can see information you post and share regarding your activities, whereabouts, and personal or professional life.

- Everyone should be careful with who they friend on social media and who follows them. Not everyone who wants to be a friend or follower is who they claim to be.
- Be mindful of others attempting to use social presence as a means of targeting individuals.
- Only establish and maintain connections with people you know and trust.

#### Security Resources:

Security Officer  
LCDR Dary Sampy  
[dary.r.sampy.mil@us.navy.mil](mailto:dary.r.sampy.mil@us.navy.mil)  
626-5411

Assistant Security Officer  
ENS Charissa White  
[charissa.m.white.mil@us.navy.mil](mailto:charissa.m.white.mil@us.navy.mil)  
626-5225

NSA Naples Security Website: [CLICK HERE](#)

#### FOR EMERGENCIES, CALL EMERGENCY DISPATCH AT:

DSN: Dial 9-1-1  
Commercial: +39 081-568-4911  
Capodichino Security Desk:  
DSN 626-2207, Comm: 081-568-2207  
Support Site Security Desk:  
DSN 629-4269, Comm: 081-811-4269

#### MVRO

POC: M-NA-NSAMVRO-GD@eu.navy.mil  
629-6876 (Support Site)  
626-1366/5434 (Capodichino)

Monday- Friday: 0745-1145 & 1245-1500

No walk-ins, appointments only due to customer volume.

## Public Works

### Shuttle Bus Schedule

To alleviate the parking situation at Capodichino, **two additional bus runs were added in September 2024** between Capodichino and Support Site during peak afternoon hours. New runs are highlighted in Red in the most recent bus schedule below. The new schedule was effective Sep 1, 2024. New schedules are posted at all bus stops.

### Shuttle Bus Schedule:

**\*[CLICK HERE](#)\***

Support Site Shuttle Bus Map: [Click Here](#)

#### Public Works Department Resources:

Public Works Officer  
CDR John Parizek  
[john.m.parizek.mil@us.navy.mil](mailto:john.m.parizek.mil@us.navy.mil)  
626-4653

Deputy Public Works Officer  
Chris J. Massari  
[christophe.j.massari.civ@us.navy.mil](mailto:christophe.j.massari.civ@us.navy.mil)  
626-4654

PWD Service Desk  
[PWDNaplesTroubleDesk@us.navy.mil](mailto:PWDNaplesTroubleDesk@us.navy.mil)  
626-4981

## Base Information

### Gate Hours

#### Capodichino

Front Gate – 24/7  
Back Gate –  
Mon-Fri: 0530-0900 / 1530-1730  
Weekends: Closed

#### Support Site

Front Gate – 24/7  
Back Gate – Mon-Fri: (POV) 0700-0800  
(Commercial Vehicle) Mon-Fri: 0800-1600

#### Carney Park

Park hours – 0600-2000

Holiday hours will be posted on Facebook.

## NSA Naples is Hiring!

Check out opportunities on USA Jobs: [CLICK HERE](#)

Local National Jobs:  
[CLICK HERE](#)

## Public Service Announcements

### Want to advertise an event to other Supported Commands?

Send the details of the event including the (Who, what, where, when, & why) or a flyer to:  
[nsanaplespao@us.navy.mil](mailto:nsanaplespao@us.navy.mil)

### Reservation Required To Use the Spine

This will help alleviate conflicts  
For all events and celebrations at The Spine, reserve the space with:  
Marcella R. Zappia, ICO Secretary  
U.S. Naval Support Activity Naples, Italy  
COMM: +39-081-568-6289  
DSN: 314-626-6289  
[Marcella.R.Zappia.Civ@us.navy.mil](mailto:Marcella.R.Zappia.Civ@us.navy.mil)



## Child and Youth Programs (CYP)

### CYP Is Hiring!

CYP staff members may be eligible for a \$500 sign-on bonus and up to \$1,750 in retention bonuses!

#### Benefits include:

- Medical, dental and life insurance
- Exciting work locations
- Career advancement
- Tuition assistance
- Retirement and 401k with three percent employer match
- Location flexibility when you or your family need to move
- Preferred child care for children with 50% discount.

*Please note: Benefits are for qualified or eligible employees.*

Check out open CYP positions here:  
[CYP Careers Page](#)

Opportunities for Coaches  
[CYP Volunteer to Coach Page](#)



# Public Service Announcements



**Naples Fleet and Family Readiness Is Hiring:** Follow the link here to see all current NAF and GS job openings: [Navy Fleet and Family Readiness Careers](#)

**USO Naples is Hiring:** Follow the link here to apply for the Center Operations Specialist Position in Naples: [USO Job Opening](#)

**WE ARE HIRING!**

Join our valued team at Fleet and Family Readiness!

Our group includes individuals entry level to senior management who provide quality-of-life services to military, DoD civilians and their families at NSA Naples.

Scan here for current NAF and GS job openings!

**WE'RE HIRING!**

USO Naples is seeking a passionate and motivated Center Operations Specialist to help create a home away from home and boost morale for our military community.

In this dynamic role, you'll plan and execute impactful programs, attend high-level briefings, manage daily center operations, and engage with service members and families.

You'll also collaborate with staff and volunteers to deliver exceptional support and foster a sense of belonging throughout our entire community.

**JOIN OUR TEAM**

Apply at [uso.org/jobs](https://uso.org/jobs)

To learn more, contact [lmazzella@uso.org](mailto:lmazzella@uso.org)

**University of Maryland, Global Campus is Hiring:** Follow the link here to apply for the Academic Advisor (Full-Time) position in Naples: [University of Maryland, Global Campus Careers](#)

**WE ARE HIRING**

Academic Advisor, Naples  
Full-Time

The Academic Advisor helps evaluate students' prior learning experience from both traditional and non-traditional sources to provide guidance to students pursuing UMGC Europe certificate and degree programs. Prepares tentative evaluations based upon students' specific degree goals and provide general advising and curriculum planning to UMGC Europe students.

For more information, please scan the QR code on the left.

**POSITION AVAILABLE**

**WHO MAY APPLY:**  
Local candidates with ILS preferred. Criteria under which applicants qualify for ILS are: must serve in the US Forces exclusively; are not stateless persons; are nationals of a NATO state, excluding the host nation; are not ordinarily resident in the host nation.

**MORE INFO**

**APPLY NOW**

UNIVERSITY OF MARYLAND GLOBAL CAMPUS | EUROPE



**FY26 AEV Offers Chiefs Mess Path to Master's Degree:**

Naval Education and Training Command (NETC) is accepting applications from senior enlisted personnel (E-7 to E-9) for the Fiscal Year 2026 (FY26) Advanced Education Voucher (AEV) program. The AEV program provides financial assistance to selected senior enlisted personnel to complete post-secondary, Navy-relevant degrees through off-duty education. Learn more at NCP's Additional Funding Programs section.



**Tuition Assistance FY25 Update:**

VOLUNTARY Education has received funds for Tuition Assistant applications with courses starting 01 OCT to the end of the current Continuing Resolution (CR) 14 March 2025. If you have questions regarding the status of your TA application, particularly due to early FY25 term start dates, please contact the Navy College Virtual Education Center (NCVEC) at 1-833-330-6622. When prompted, select option 3 for Education & Training Programs, then option 1 for Navy College Tuition Assistance. Support is available Monday to Friday, 0600 - 1800 EST





# JUDO classes

Judo, Japanese for gentle way, is a grappling martial art and an Olympic sport. Judo teaches you how to throw, how to pin and how to do submissions to control an opponent. Regular practice of judo helps with fitness, coordination, strength, agility and reaction speed.



**Wednesdays**  
Fitness Forum, Support Site

**Kids Judo**  
4-5 p.m.  
5-9 years old

**Adolescent Judo**  
5-6:15 p.m.  
10-14 years old

**Adult Judo**  
6:30-8 p.m.  
15 years and older

**\$60 per month**

Size is limited to 20 per class, so register now!  
Scan here to register and pay:



*Begins March 5*

Connect with MWR 24/7:  
navymwrnaples.com  
www.facebook.com/mwrnaples  
www.instagram.com/nsanaplesmwr

For more information, call 081-811-6721 | DSN 629-6721.



Are you interested in an overseas university or visiting a college campus?

## ROME COLLEGES TOUR TRIP

Friday, April 11  
8 a.m.-8 p.m. **\$35**

Take a trip to Rome to tour Temple University and St. John's University.

Pack and bring a lunch. Must bring €5 cash for the Metro in addition to money for dinner (suggest €40 cash or credit/debit card). Students in grades 9-12 are welcome to attend. Parents are welcome to attend if space is available.

Departs and returns at Teen Center, Support Site. To guarantee your spot, complete the CYP registration packet, field trip permission form and pay at the School Age Care front desk.

Trip registration deadline is March 28. For more information, email [NaplesSLP@us.navy.mil](mailto:NaplesSLP@us.navy.mil).



For more information call 081-811-6549/DSN 629-6549.



# JIU-JITSU CLASSES

Jiu-Jitsu focuses on the fundamentals of grappling, self-defense techniques and effective ground fighting strategies. You will learn a variety of positions, submissions and escapes, emphasizing technique control and situational awareness.

**\$60**

per month for one class per week

**Tuesday or Thursday**  
All skill levels  
6:30-7:30 p.m., ages 5-15 years old  
7:30-8:30 p.m., ages 16 and older.

**Friday**  
Adult Beginner  
6:30-7:30 p.m., ages 16 and older.  
Adult Advanced  
7:30-8:30 p.m., ages 16 and older.



*Begins March 4*

Size is limited to 20 per class, so register now!  
Scan here to register and pay:



Connect with MWR 24/7:  
navymwrnaples.com  
www.facebook.com/mwrnaples  
www.instagram.com/nsanaplesmwr

For more information, call 081-811-6721 | DSN 629-6721.



**CLICK FOR MORE EVENTS**

## Spring Fling

Saturday, April 12, 11 a.m.-1 p.m.  
Olde Mill Inn Park

Enjoy springtime at one of Gaeta MWR's most exciting community events!

FUN FOR EVERYONE!

Activities include:

- Arts and crafts
- Outdoor games
- Candy hunt
- Photos with the Bunny

Up to four guests per U.S. ID Card holder. \$5 per guest 5 years and older.

Register at the Customer Service Desk by April 9.

For more information, call the MWR Customer Service Desk at 081-568-8357 / DSN 626-8357 or email [MWR\\_Gaeta@eu.navy.mil](mailto:MWR_Gaeta@eu.navy.mil)



## Did You Know?

You can access all the previous issues of the Naples Navigator:

- ❖ Directly on the Navy Life Naples app under "new tab". Read on-the-go.
- ❖ Directly on NSA Naples DVIDS Page <https://www.dvidshub.net/publication/1527/naples-navigator>

NSA Naples Commissary

**EXPRESS LINE**

## With March being National Nutrition Month, look for healthy choices at big savings

By DeCA Marketing

FORT GREGG-ADAMS, Va. — With March being National Nutrition Month, eligible patrons who want to focus on healthy food choices while saving money can check out the Feb. 24 - March 9 Commissary [Sales Flyer](#).



## Recipe of the Month: Seafood lovers will enjoy this Spiced Salmon and Basmati Rice

Fatty fish such as salmon is a good source of omega-3 fatty acids, an anti-inflammatory micronutrient. To assist with meeting nutrient needs, aim for at least two servings a week.

### Ingredients:

- 1 ½ cups low-sodium chicken or vegetable broth
- 1 cup of basmati rice
- ½ cup golden raisins
- ½ cup cashew halves or sliced almonds
- 4 salmon fillets, 4 oz each, with skin (fresh or frozen\*)
- 2 tbsp. olive oil

To view the entire recipe, click [HERE](#).

## Store Director's Scoop:

Store Director | [Dennis.D.Holm.civ@mail.mil](mailto:Dennis.D.Holm.civ@mail.mil) | 081-811-4871

Here at the Commissary, we are working on being the grocery provider of choice for our eligible patrons. You will see daily savings throughout the store to reach our goal of saving you the patron on average 25% from your shopping experience. We understand how important this benefit is to you overseas. Getting the items, you know, is import to us. Our procurement team is working non-stop to get us all the products we can to keep our shelves full for you. When the supply chain issues come around, they find alternatives to help us get what we need.

### Find our store Web page:

Did you know our store has its own pages on the commissary website? Click here

<https://corp.commissaries.com/shopping/store-locations/naples-nsa> for the "NSA Naples Commissary" Web pages.

**Subscribe to Express Line:** If you would like to subscribe to Express Line, send an email to: [dennis.d.holm.civ@mail.mil](mailto:dennis.d.holm.civ@mail.mil) Include "Subscribe me to Express Line" in the subject line.

## Store Director's Scoop continued:

Store Director | [Dennis.D.Holm.civ@mail.mil](mailto:Dennis.D.Holm.civ@mail.mil) | 081-811-4871

### Career Opportunities available in DeCA

If you are interested in working at NSA Naples Commissary apply for a Store Associate position. When we have an opening, we will pull from the list of applicants that are found. If you would like to be a part of the DeCA team apply using this QRC code:



Store  
Associate

## Looking for nutrient-rich foods? Look for the DAT



Choosing nutrient-rich foods from your commissary just got a whole lot easier with the relaunch of the Nutrition Guide Program. The Dietitian Approved Thumb (DAT) is a point-of-purchase nutrition identification program that makes it easier for shoppers to find products based on many nutrition attributes. These products are identified by the DAT. It's a unique resource to us, no other retailer has this type of program. To learn more, click [HERE](#).

## Stay connected & subscribe:

To subscribe to Express Line, send an email to: [deca.ramstein.store-ops-grp.list.websitez21naples@mail.mil](mailto:deca.ramstein.store-ops-grp.list.websitez21naples@mail.mil)

Include "Subscribe me to Express Line" in the subject line.

### Store Hours

Sunday 0900 to 1800

Monday 0900 to 1900

Tuesday 0900 to 1900

Wednesday 0900 to 1900

Thursday 0900 to 1900

Friday 0900 to 1900

Saturday 0900 to 1900