



Staff board the Cavazos Connector during the ribbon-cutting ceremony for the transportation resource March 2. The ceremony marked the official launch of the service on the installation.

Since its launch March 2, the Cavazos Connector, a free transportation resource at The Great Place, has been doing exponentially well. “It’s really surpassed our expectations,” said Darrell Burtner, assistant general manager of the Hill Country Transit District. “Fort Cavazos is on track to surpass last year’s urban regional ridership. We were just a little under 300,000 in the region and you guys are already at 100,000 in five months time, but it’s still growing. Your ridership is still accelerating.” Derek Czanik, director of urban operations for the HCTD, said the statistics help to determine the success of the transit system. “We look at things like wait times, overall rider satisfaction, cancellation rates, boardings per hour,” he said. “Those are some major, major ways we can tell whether

Changes coming to Cavazos Connector

BLAIR DUPRE
Sentinel News Editor

we are successful or not. The Cavazos Connector is doing exceptionally well.” Since its inception, the Cavazos Connector is quickly approaching 100,000 riders. According to the Hill Country Transit District, no other public transportation system in the U.S. has had the ridership the Cavazos Connector has had so quickly. The growth curve of service acceptance and ridership is approximately two times the national average, indicating the high demand for the service. “Through last week we have been averaging just a little bit over 10 riders per service hour; whereas the national average is somewhere around 5-and-a-half, 6,” Czanik said. “As well as average wait times — when we launched the system our goal was to go 30 minutes

See **Connector**, A6

Partnership builds strong community

CHRISTINE LUCIANO
DPW Environmental

Throughout the year, Fort Cavazos Soldiers, surrounding school districts’ staff and the Child and Youth Services School Liaison Office engage, connect and collaborate to foster support for military and transitioning students. Serving as a vessel for successful partnerships, positive impacts and meaningful experiences is the Fort Cavazos Adopt-A-School program. “The Adopt-A-School program gives Soldiers a chance to mentor, teach and act as role models to students across Central Texas,” said Kristine Caparco, a school liaison officer for CYS and the lead AAS liaison. “The program also helps build an alliance between the military, schools and neighboring communities and provides resources to educate our youth and help military families as they transition to the area.” To strengthen ties between Fort Cavazos and neighboring school districts, the CYS School Liaison Office hosts meet and greets at the beginning of the school year for 83 military units and 122 schools across ten school districts. “The meet and greet sessions are a great opportunity for

See **Adopt-A-School**, A6



Kristine Caparco and Terri Jones, school liaison officers for Child and Youth Services, host a meet and greet session for Lampasas Independent School District and their Adopt-A-School units Friday at the Lampasas ISD Administration Facility.

Holiday season arrives early

BLAIR DUPRE
Sentinel News Editor

Families July 25 formed a line that wrapped around the Clear Creek Commissary and eagerly waited for the doors of Santa’s Workshop at The Great Place to open for their annual Christmas in July event. Santa’s Workshop at The Great Place is a nonprofit dedicated to serving the Fort Cavazos community by providing toys to active duty families with children ages 6 months to 12 years old during the holiday season. Once the doors opened, families stepped out of the Texas summer heat and into a winter wonderland where parents could learn about other nonprofit organizations on post, and take home different holiday supplies. Children were able to take home a large toy, a book and a few smaller toys, as well as speak to and take a photo with Santa himself. Alyssa Jastremski attended the

event with her two children and said the event can bring some holiday cheer to families whose Soldier was gone during the season. “Plus, it brings people together,” she added. Kismet Canady, president of Santa’s Workshop at The Great Place, said the event is not only a great way to make space for the new toys and items the organization will receive for this year’s holiday season, but a great way to serve even more of the community. “I just love the idea of giving these free items out to the families,” she said. “It’s a lot different than the shop days because that’s specific to active duty military families, and this is open to all the military families.” The organization receives donations year-round, and not all of the items they receive are Christmas related. Halloween and Easter decor and items were available for families to take home during the event.

See **Christmas**, A6



Alistair Burton, 4, and Gabriel Baysden, 6, pose with Santa Claus while holding the gift baskets they chose July 25 during the Christmas in July event hosted by Santa’s Workshop at The Great Place.

NEWS BRIEFS

Participate in Community Strengths & Themes Assessment

The Fort Cavazos Department of Public Health is conducting a comprehensive Community Strengths and Themes Assessment now through Sept. 30. CSTA is an assessment of military communities for health risk factors and needs. It is open to all who interact at Fort Cavazos — including, but not limited to, service members, retirees, family members, Department of Defense beneficiaries, DOD civilians and contractors. Responses to the survey are confidential and private. To participate, visit <https://phpubapps.health.mil/Survey/se/2511374548575240>.

CRDAMC to offer school, sports physicals at Kidz Fest

The Carl R. Darnall Army Medical Center will offer school and sports physicals during its Kidz Fest from 9 a.m.-3 p.m. Saturday in the hospital atrium. It will offer games, arts and crafts, prizes and a backpack raffle. Family members enrolled at any CRDAMC clinic can get their child’s physicals at the Pediatric or Family Medicine Residency Clinics at the main hospital during the event. The FMRC will be open for walk-ins only

from 8 a.m.-2 p.m. The Pediatric Clinic will be open for children ages 4 and up by appointment only from 8 a.m.-3:40 p.m. Beneficiaries can skip the line by calling 254-288-8888 or use the MHS Genesis Patient Portal at <https://patientportal.mhsgenesis.health.mil/> to book appointments.

Spouses Club to hold sign-up

The Fort Cavazos Spouses Club will hold a “Super Sign-up” 11 a.m.-2 p.m. Aug. 29 at the Samuel Adams Brewhouse located at 5782 24th St. The sign-up is an opportunity to mingle, meet other spouses, shop and learn about the club. Member-

ship is \$30. For more information, visit <https://www.facebook.com/FCSpousesClub>.

Copperas Cove Medical Home temporarily closes

Copperas Cove Medical Home is temporarily closed. All CCMH patient care will relocate to Russell Collier Health Clinic, located at 2515 South Clark Rd., Bldg. 94043. Carl R. Darnall Army Medical Center will notify all CCMH patients who have a scheduled appointment with further instructions. For more information, call Patient Appointing Services at 254-288-8888 or the RCHC front

desk at 254-553-3146 or 254-553-3147.

Save big with Commissary CLICK2GO

Eligible first-time Commissary CLICK2GO customers can get \$15 off their first \$75 pickup or delivery purchase at Fort Cavazos July 29-Oct. 27. Commissary CLICK2Go is the Defense Commissary Agency’s online ordering, payment and curbside delivery service. Patrons can sign up online at <https://corp.commissaries.com/sign-up> or at demonstrations tables at the Clear Creek and Warrior Way Commissaries.

69th ADA honors Purple Heart Day



Photo by Thomas Mort, TSAE

A Purple Heart Medal lies in a case Oct. 25, 2023. The Purple Heart is one of the oldest commendations in American military history, dating back to the later years of the Revolutionary War and was originally designed as the Badge of Military Merit.

COL. BRIAN CAMPBELL
69th ADA Bde. Commander

A quick look at a person's face can reveal many different stories. As one looks into the eyes and overall face of an active service member or a veteran, there is more unseen that quick glimpses can never unveil.

Each story ranges from all over the world and contains only a fraction of what service members have achieved. Sometimes, there are details left out of the story: the sacrifice, the wounds, the pain and the commitment the country has called upon a service member.

I've dedicated 30-plus years of my life to the military, to serving and to standing next to those willing to give the ultimate sacrifice on behalf of the nation. It is a humbling experience, so I absolutely cherish those willing to stand shoulder to shoulder for this nation.

On Aug. 7, the U.S. recognizes National Purple Heart Day to honor members of the U.S. Armed Forces who are Purple Heart recipients.

The Purple Heart is a symbol of those who are willing to make the ultimate sacrifice. It is tremendously important to honor those who have demonstrated their commitment and sacrifice to the nation. The award is one of the military's oldest decorations and is presented to service members who have been wounded or killed in service to the nation.

The nation recognizes its importance and raises awareness about the impact of wars and battles on service members and their loved ones.

The nation's service members are volunteers who do something the majority of the nation is not willing to do, and some, unfortunately, are wounded in the line of duty. National Purple Heart Day is an opportunity for the nation to recognize these highly esteemed

individuals, share their stories and be inspired by them.

I remember when I first encountered a Purple Heart recipient back in 1995. I was deployed to Bosnia as a specialist in Sarajevo.

One day, our lieutenant got hit with a round that just barely grazed him. The lieutenant was evacuated back to Germany, and at his bedside, the lieutenant was given a Purple Heart. It was a moment of clarity for the rest of us that, hey, this is real.

I recall it reminded my fellow Soldiers that anyone could get injured while serving in the military. It became a point of pride for us that one of our leaders was awarded the Purple Heart for his unwavering dedication and sacrifice.

This guy, our lieutenant, was willing to give the ultimate sacrifice, and we had a Purple Heart recipient in our ranks. This inspired the rest of us as well. It taught me three important lessons.

First, you better care for what you're doing and those around you. It's deadly serious, so swallow in your chest a little bit more and look at the people to your left or right. Those are the people that are going to save your life in combat, or they're relying on you in combat; they'll get you through it, so take care of one another.

Second, learn your trade and be good at it so that when you have to utilize these skills, you'll come back alive.

Third, build those relationships with your family; their support is critical to our mission and to any recovery.

The armed services' responsibilities are deadly severe. Any time someone deploys, there is a chance an individual can be injured or killed.

Service members need to train hard and be

ready for that instance so that they can survive when on the battlefield; that is what is ultimately important for the service members and their families.

There is an old saying, "The strength of the nation is not just the Army, the strength of the Army is our Soldiers and the strength of our Soldiers is their families."

It is essential for this country to recognize all the recipients of the Purple Heart. This honor is given to those who either laid down their lives or were injured in the nation's call to duty.

The nation owes a deep debt of gratitude to these brave individuals.

It is a rare trait to serve in the military, evidenced by the 1% of the nation's population willing to volunteer so the other 99% of citizens do not have to. The nation should be proud and grateful for all of them.

To all the veterans, Soldiers and families who have served this country, my message is this:

thank you.

Thank you to all who have served before, who are currently serving and those who will take up the mantle and serve in the future. Thank you for your willingness to defend our freedoms. Finally, thank you to those who have been injured or who gave up their lives in the name of duty to protect the freedoms of this country.

Now, as we look at the faces of those who put on the uniform or keep it folded as memorabilia, perhaps we can take a moment to listen to their stories, listen to their experiences and understand what they have sacrificed.

These are the faces that have laughed, cried and smiled with pride knowing they have traded so much of their life to protect this great country so others will never have to.



Brian Campbell

Retirement ceremony recognizes recent retirees



Photo by Janecz Wright, Sentinel Living Editor

III Armored Corps and Fort Cavazos recognized twelve military retirees during the July 2024 Retirement Ceremony Friday at the Lone Star Conference Center. Retirees included Chief Warrant Officer 4 Andre L. Griffin, Chief Warrant Officer 4 Justin D. Johnston, Chief Warrant Officer 3 Daniel A. Miller, Chief Warrant Officer 3 Keith T. Bonner Jr., 1st Sgt. Maria L. Muniz, Sgt. 1st Class James P. Welsh, Sgt. 1st Class Christopher Silvas, Sgt. 1st Class Ramiro G. Pando, Sgt. 1st Class Ariana Vargas (not pictured), Sgt. 1st Class Ashley R. Wilder, Sgt. 1st Class Mory L. Walker and Staff Sgt. De'Marce L. Neal.



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The Editorial office is located in U.S. Army Garrison Public Affairs Office, Fort Cavazos, Texas, 76544. The Advertising office is located at 1805 Florence Rd., Herald Plaza, Ste. 1, Killeen, Texas, 76541.

Leaders tour motor pool, assess compliance



Photo by Christine Luciano, DPW Environmental
Brian Dosa, director of Public Works, kicks off the quarterly environmental quality control committee meeting July 24 at the motor pool of 720th Military Police Battalion, 89th Military Police Brigade.

BY CHRISTINE LUCIANO
DPW Environmental

Commanders, civilian leaders and environmental compliance officers joined Brig. Gen. Geoff R. Van Epps, deputy commanding general-maneuver for III Armored Corps and Fort Cavazos, and Fort Cavazos and Directorate of Public Works team members for the quarterly Environmental Quality Control Committee meeting July 24 hosted by the 720th Military Police Battalion, 89th Military Police Brigade.

“DPW, military units and stakeholders meet quarterly to discuss environmentally related issues that affect and impact military training and readiness, which

is our number one priority,” said Brian Dosa, director of DPW. “Today, we look at what would be considered the highest risk for compliance violations on the installation.”

Dosa explained how DPW Environmental manages permits with the Environmental Protection Agency and the state’s environmental agency — Texas Commission on Environmental Quality while also ensuring compliance for air, water, solid waste and hazardous waste.

“The number one area with the biggest risks is motor pools,” he said. “This field trip is an opportunity for 720th MP Battalion to show and tell us their best management practices. Our goal is for you to be better informed on how you can run a good program in your motor pool so that we

can take care of compliance and you all can focus on readiness.”

Away from the conference room and outdoors in the motor pool, the battalion highlighted lessons learned to meet the installation’s environmental requirements, while maintaining a high operations tempo.

“What you are going to see today is about raising the bar beyond doing the bare minimum and show you about what a high-performing unit does well and what best practices that you can take away and adopt,” Van Epps said.

Attendees transitioned to five different stations within the motor pool footprint: the oil-water separator; petroleum, oils and lubricant, or POL, storage; maintenance bay; aboveground storage tanks and nonhazardous waste accumulation point; and solid waste and recycle dumpsters.

Some of the best management practices highlighted included conducting daily visual inspections of the oil-water separator and never dumping POL products directly into it; inventorying regularly, ensuring hazardous material inventories are updated and rotating products using a first-in, first-out method; ensuring containers in the waste accumulation area are used appropriately, labeled and properly dated; keeping aboveground storage tank lids closed when not in use to avoid stormwater collection; and disposing of items properly in either the trash or recycle dumpster, as appropriate.

The tour also provided attendees an opportunity to learn about the support and guidance the Environmental Compliance Assessment Team provides to every unit and activity across the installation.

“Each unit has an ECAT member that is assigned to your team and conducts your

semiannual inspections,” Dosa said. “If you do well on your semiannual (inspection) three times in a row, you can get to an annual inspection cycle. If you have issues or need assistance, talk to your ECAT because they are here to help you be successful.”

The three-person team, known as ECAT, goes through steps to help units and activities to identify deficiencies, help correct them and then set procedures and policies in place to prevent further occurrences. To help units develop or improve their environmental programs, ECAT provides assistance visits and courtesy assessments.

The assistance visit is an opportunity for an activity to get assistance on a particular area and the courtesy assessment is a rehearsal of the formal assessment. It gives the unit an internal look at the environmental program, identifying strengths and areas for improvement.

The EQCC meeting concluded with Van Epps sharing the installation’s environmental scorecard and compliance status of 93% and encouraging units to do their part by investing in the right equipment, people and processes.

“Part of that overhead is having an environmental program that is always compliant,” he said. “Then it is easy because you are doing things routinely and well. Units have to invest and have the right equipment, find the right people and put them in charge, have the right processes in place.

“All these things, when in place, become routine,” he continued. “And the most important ingredient is leader emphasis. If it is important to leaders, it will be important to the entire formation ... then your unit will adopt that approach and you will be in compliance.”

“

What you are going to see today is about raising the bar beyond doing the bare minimum and show you about what a high-performing unit does well and what best practices that you can take away and adopt.

– Brig. Gen. Geoff R. Van Epps, deputy commanding general-maneuver of III Armored Corps and Fort Cavazos

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Photos by Sgt. Jacob Nunnenkamp, 1st Cav. Div. Public Affairs

LEFT, Maj. Gen. Kevin D. Admiral, 1st Cavalry Division commanding general, pins Chief Warrant Officer 4 Jose C. Garcia with the Meritorious Service Medal during a ceremony July 10 at Forward Operating Site Powidz, Poland. Garcia earned this award for his exceptional service under circumstances other than combat while assigned to the 1st Air Cavalry Brigade, 1st Cav. Div., as the air mission commander. **RIGHT**, Col. John R. Gunter, 1st Air Cav. Bde. commander, 1st Cav. Div., expresses his gratitude for Chief Warrant Officer 4 Jose C. Garcia's meritorious service while assigned mission commander during a ceremony July 10 at Forward Operating Site Powidz, Poland.

Soldier receives Meritorious Service Medal

BY PFC. JULIAN WINSTON
1st Cav. Div. Public Affairs

FORWARD OPERATING SITE POWIDZ, Poland — Chief Warrant Officer 4 Jose C. Garcia was awarded the Meritorious Service Medal during a ceremony preceding the official transfer of authority between the 1st Infantry Division's Combat Aviation Brigade and the 1st Air Cavalry Brigade, 1st Cavalry Division, July 10.

Garcia earned the award for successfully repairing an aircraft. He was the air mission commander for four AH-64 Apache helicopters on a flight to an intermediate staging base when a tire fell off the third helicopter's main landing gear. Its landing gear wheel fell off just as the helicopter was set to land.

Garcia successfully refit the landing gear wheel on the AH-64 Apache helicopter mid-flight, allowing the crew to land without the aircraft experiencing a dynamic rollover and potential loss of life.

Under normal circumstances, the ground crew would have gathered items to construct an improvised landing system for the aircraft. In this case, however, they only had about 15 minutes of fuel remaining — not enough time for the usual procedures.

Despite these constraints, Garcia was able

to work with the intermediate staging base team to retrieve the missing tire and reattach it mid-flight. The incident could have ended tragically without Garcia's calm and focus on the most critical task.

"I couldn't have done it by myself," Garcia said. "It was a team effort between us and the crash-and-rescue team, so we need to acknowledge them as well."

Maj. Gen. Kevin D. Admiral, 1st Cav. Div. commanding general, presented the award while hundreds of Task Force Pegasus troopers stood by to hear Garcia's exceptional story.

"I want to thank Mr. Garcia for his expertise, for his leadership, for his dedication and for ensuring that we saved the aircraft and, more importantly, saved the crew," Admiral said. "Thanks for being 'Cav Ready!'"

This is Garcia's second tour in the 1st Cav. Div., having served with the "First Team" for a total of eight years. He is currently the AH-64 Apache helicopter senior maintenance test pilot for Task Force Pale Horse, 7th Air Cavalry Squadron, 17th Cavalry Regiment.

"This is the way I was trained," Garcia said. "It is the way everyone is trained in Task Force Pale Horse, to react quickly, and that's what everyone did that day. The crew's calmness and poise under pressure will help me remain the same going forward."



Maj. Gen. Kevin D. Admiral, right, commanding general of the 1st Cavalry Division, presents the Meritorious Service Medal to Chief Warrant Officer 4 Jose C. Garcia on July 10 at Forward Operating Site Powidz, Poland. Garcia was honored for his outstanding service as the air mission commander during a mid-flight incident. His commendable actions, along with those of the Task Force Pegasus troopers, exemplify the 1st Cavalry Division's commitment to excellence, dedication and professionalism.

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PRESS 1

Dining Facility Operations Schedule

Aug. 2024

For the most updated schedule, visit home.army.mil/cavazos

OPEN (Breakfast, Lunch & Dinner)

OPEN (Brunch & Supper)

CLOSED

HOLIDAY

IRONHORSE

Building #41018
Old Ironside & 77th St.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
WR Manager: SFC Philpott

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

OPERATION IRAQI FREEDOM

Building #21020
Battalion & 58th St.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
COR: Richard Johnson: 254-535-6845

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

BLACK JACK

Building #34002
Old Ironsides Ave. & Pyongyang Dr.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
Food Advisor: CW2 Rogers: 931-378-2957

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

CULINARY OUTPOST FOOD TRUCK 1

The Lonestar Conference Center

SUN	MON	TUES	WEDS	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: Closed
NCOIC: SSG Lopez: 787-414-1259

PATRIOT INN

Building #12007
Old Ironside & 33rd St.

Closed due to renovation. Tentatively scheduled to open Aug. 15.

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
Food Advisor: WO1 Greene: 843-901-0260

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.

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Building #91226
HQ Ave., West Fort Cavazos

SUN	MON	TUES	WEDS	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1:30 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
Manager: 254-288-9538

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.
(HOLIDAY): 11 a.m.-3 p.m.

NORTH FORT CAVAZOS

Building #56320

SUN	MON	TUES	WEDS	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Breakfast: 5:30-8:30 a.m. Sunday-Saturday
Lunch: 11:30 a.m.-1:30 p.m. Sunday-Saturday
Dinner: 5-7:30 p.m. Sunday-Saturday
COR: Richard Johnson: 254-535-6845

Building #56447 is only for overflow.
(HOLIDAY): 11 a.m.-3 p.m.

THEODORE ROOSEVELT

Building #9205
Battalion & 21st St.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: 5-6:30 p.m. Monday-Friday
COR: Richard Johnson: 254-535-6845

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.
(BRUNCH/SUPPER): 5-6:30 p.m.

CULINARY OUTPOST FOOD KIOSK

Old Ironsides and Pyongyang Drive

SUN	MON	TUES	WEDS	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

BRK, LUN, DIN: 8 a.m.-8 p.m. Monday-Friday
(WNL): 8 a.m.-6 p.m.

Food Advisor: CW2 Rogers: 931-378-2957

CULINARY OUTPOST FOOD TRUCK 2

1-44/4-5 ADA BN area parking Lot

SUN	MON	TUES	WEDS	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30 a.m.-1 p.m. Monday-Friday
Dinner: Closed
Food Advisor: WO1 Greene: 843-901-0260

Installation Food Service: 287-6595

III Armored Corps Food Service: 287-0573

Division Food Service: 287-3134

DOD provides additional security assistance to Ukraine

BY JOSEPH CLARK
DOD News

WASHINGTON — The Department of Defense announced Monday a security assistance package for Ukraine as it continues its fight to counter Russia’s invasion.

The package includes up to \$200 million of equipment drawn from DOD inventories under the presidential drawdown authority and approximately \$1.5 billion in assistance authorized under the Ukraine Security Assistance Initiative.

The package marks the 62nd drawdown of military equipment for Ukraine from DOD inventories and 20th tranche authorized under USAI.

It includes air defense interceptors, munitions for rocket and artillery systems

and antitank weapons. The USAI package also includes funding to sustain equipment previously provided by the U.S.

The U.S. has provided more than \$55.4 billion in security assistance to Ukraine since Russia launched its unprovoked invasion in February 2022.

Secretary of Defense Lloyd J. Austin III has continued to reaffirm the U.S. unwavering support for Ukraine and has led an international coalition of dozens of allies committed to Ukraine’s immediate and long-term security.

“Make no mistake, Ukraine is not alone,” Austin said during a meeting with Ukrainian Defense Minister Rustem Umerov at the Pentagon earlier this month. “The United States will never waver, and our support alongside some 50 allies and partners will

continue to provide the critical capabilities that Ukraine needs to push back Russian aggression today and to deter Russian aggression tomorrow.”

That same commitment to Ukraine’s success was echoed among NATO allies as the alliance marked its 75th anniversary at the NATO Summit in Washington earlier this month.

During the summit, member states advanced a range of initiatives to further strengthen the alliance and take steps to advance the support of Ukraine’s defense against Russian aggression, as well as Ukraine’s long-term bridge to membership in the alliance.

Those initiatives include the standup of the NATO Security Assistance and Training for Ukraine initiative which will coordinate

equipment, training and force development for Ukraine as it advances on its path to full interoperability with NATO. The effort will be based in Germany and carried out in countries throughout the alliance.

President Joe Biden also announced during the summit that more than 20 countries, together with the European Council and European Union, further affirmed their commitment to Ukraine’s long-term defense and security by endorsing the Ukraine Compact.

“What happens to Ukraine matters,” Biden said in announcing the compact. “It matters to all of Europe. It matters to NATO. Quite frankly, (it) matters to the whole world. We’re united against Putin’s senseless brutal war. We are united behind Ukraine as it fights to defend its freedom and its future.”



Photo by Air Force Staff Sgt. Marco A. Gomez, 436th Airlift Wing Public Affairs
An airman, attached to the 436th Aerial Port Squadron, loads cargo during a Ukraine security assistance mission Jan. 13, 2023, at Dover Air Force Base, Delaware.





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BUD LIGHT



BUD LIGHT



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ABOVE, The Last Drive-In Picture Show in Gatesville, Texas, is marked by is giant marquee by the road, featuring the movies playing. It's located at 2912 TX-36. **INSERT,** There were plenty of affordable sweet and salty treats to snack on during the movie. I chose a medium popcorn for just \$3, which was plenty for my mother and I.

Drive-in puts fun twist on summer movies

BY AYUMI DAVIS
Sentinel Editor

GATESVILLE, Texas — When I heard there was going to be a sequel for “Twister,” I was moderately excited. When I heard that sequel was going to play at a drive-in theater near me, I was really excited. And when I heard my vacationing mother had never been to a drive-in theater, it became a burning necessity to go to The Last Drive-In Picture Show here.

Just about 40 minutes away from Fort Cavazos, The Last Drive-In Picture Show is the perfect place to watch a double feature, especially like the one they had playing when my mother and I went — “Twisters” and “A Quiet Place: Day One.”

It has an old-time feel with its large, standalone marquee by the road, complete with the drive-in name lit up. As we drove in, we could see it had a putt-putt course you could play on while waiting for the movie to start.

When we got to the lot, we had to pay before entering. And at only \$10 a car, it’s absolutely a steal, even more so if you come with your family or a group of friends.

The lot is large and wide, so there’s

plenty of spaces to choose from. My mother and I chose to park near middle-front of the lot, close enough to clearly see the screen but not too close to have to crane your neck up to look. The screen itself is decently-sized, but I imagined it would be a bit small if you were all the way in the back of the lot.

We settled in, reclined and moved our seats for comfort. Other people brought blankets and chairs to sit in, with their cars reverse-parked so they could lay or sit in the trunk while watching. I even saw a family bring a blow-up mattress to fill the bed of their truck, which I thought was a genius move.

Once settled, my mother and I stopped by the snack bar. It offered quite the selection and cheap prices. It had all the classic movie-watching treats as well as Southern favorites, including candies, pickles, popcorn, hot dogs, sweet tea, lemonade and pizza. I got a medium popcorn for \$3, and that was plenty.

We also opted to bring snacks and drinks, which many other people did as well. I brought some chocolate and sour gummies to round out my movie-snack trifecta, and I was good to go.

The audio of the movie plays through your car radio, which makes it easy to

hear. I recommend turning your car on every once in a while to avoid killing the battery, or you could bring a portable radio to tune into the audio. While there is audio playing out loud for the lot, it can be a bit echoey and distant, making it hard to hear.

The movie started at 8:45 p.m., just dark enough for a drive-in feature. “Twisters” was great, and I am ardently wishing for another sequel to see the continuance of Tyler and Kate’s story.

My mother also enjoyed the experience and liked the fact we could talk without

worry of bothering other patrons, which is also my favorite aspect of drive-ins.

There’s something about the atmosphere of a drive-in that makes movie-watching more memorable for me, and The Last Drive-In Picture Show did not disappoint.

If you’re looking for a new outing or a way to spice up your movie-watching, give The Last Drive-In Picture Show a shot.

For more information and the movie schedule, visit <https://facebook.com/TheLastDriveInPictureShowGatesville>.



TOP, Rows and stacks of candies sit in a display case at the snack bar at the The Last Drive-In Picture Show at Gatesville, Texas. From classic movie snacks, like popcorn and chocolate, to Southern favorites, such as sweet tea and pickles, the drive-in had a plethora of delights to choose from. **ABOVE,** My mother and I decided to park our car toward the middle-front of the lot, giving us a pretty clear view of the screen.

SPORTSCORNER

Olympic Games kick off in Paris

BY AYUMI DAVIS
Sentinel Editor

The Olympic Games are in full swing, with the eyes of even the most sport-watching-averse people like me, glued to the screen and bursting with more patriotism than ever as we all watch and ardently cheer on Team USA in Paris.

The Olympic Games officially started Friday and will run through Aug. 11.

While I will try to watch any sports I can, I will make sure to tune in to the popular sport gymnastics today, featuring the ever dependable and increasingly decorated Simone Biles. I'll also be watching volleyball, as fast-paced sports will always have me more entertained than a slow one like golf; badminton because the sport is more intense that I initially thought (I saw a snippet of a game on YouTube once and was astounded by the speed at which the shuttlecock flies); and the Olympic Games' newest sport: breakdancing, or breaking.

I am one for the arts (and the "Step Up" movies) and love watching clips of dance battles on YouTube; the crowd huddled around the stage hyping up the dancers as they bust out their best moves. I'm excited to see what moves these new Olympians will bring to the games' large, international stage.

Another thing I'm watching with joy is the return of Snoop Dogg to Olympic Games commentary. His commentary at the Tokyo Olympic Games with Kevin Hart had me laughing so hard, especially with the crip-walking horse.

I'll definitely be tuning in to see what other interesting, hilarious comments Snoop Dogg will have for the games.

In addition, this is the first Olympics I will watch since starting to work for the Army. Having since learned about the U.S. Army World Class Athlete Program, I'm looking forward to seeing how well the Soldier-athlete-Olympians will do.

WCAP has five Soldier-athletes competing in the Olympic Games and the Paralympics.

Competing are Capt. Sam Sullivan for women's rugby, Spc. Kamal Bey for Greco-Roman wrestling, Staff Sgt. Leonard Korir for marathon, Sgt. 1st Class Elizabeth Marks for swimming and Sgt. 1st Class John W. Joss III for parachuting.

Sullivan has already won big as the U.S. women's rugby sevens team won its first ever Olympic medal, a bronze.

I can't speak for anyone else, but I'm pumped to not only rep red, white and blue for these athletes, but Army black and yellow as well from my couch (and, occasionally, standing in my living room in particularly impassioned moments).

The Olympics are always a fun time, and who knows, maybe (probably) I'll come away with a new appreciation and obsession for several sports.

Good luck to all the athletes and happy watching! Go Team USA!



Photos by Maj. Nate Garcia, WCAP Public Affairs

Sgt. 1st Class Elizabeth Marks, a Soldier-athlete in the U.S. Army World Class Athlete Program, broke two American records at the Paralympic Swimming Trials June 17-21 while qualifying for the Summer Games.

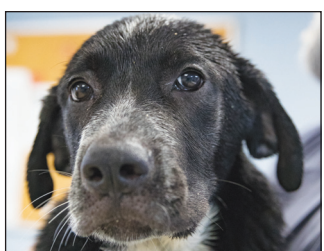


LEFT, First. Lt. Sam Sullivan of the U.S. Army World Class Athlete Program runs upfield during the U.S. Women's Rugby 7s team's gold medal match against Canada Nov. 4, 2023, in the Pan American Games in Santiago, Chile. Sullivan helped the U.S. team win the gold medal. **RIGHT**, Spc. Kamal Bey of the U.S. Army World Class Athlete Program, celebrates after he pinned Brazil's Joilson De Brito to win the 77kg gold medal in Greco-Roman wrestling at the Pan American Games in Santiago, Chile.

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Sage
4-mo-old, Great Dane mix, tan & white, female.



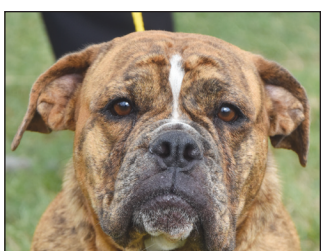
Jack
4-mo-old, Bernese Mountain Dog, black, & white, male.



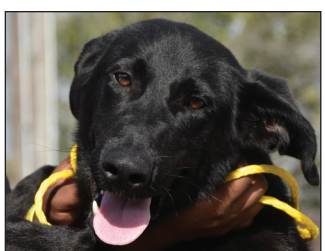
Blondie
2-yr-old, short-haired Chihuahua, tan & white, female.



Cutie Pie
bulldog mix, gray & white, female.



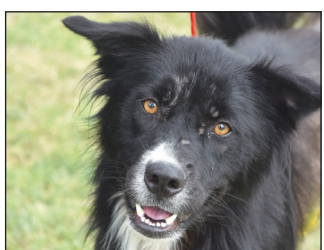
Debbie
1-yr-old, boxer mix, brown brindle, female.



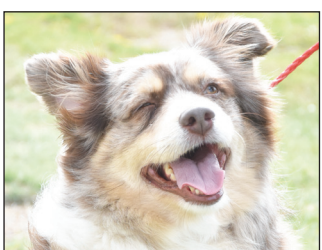
Ezell
2-yr-old, German shepherd mix, black, male.



Henry
2-yr-old, Labrador retriever mix, black, male.



Salem
2-yr, 10-mo-old, border collie, black & white, female.



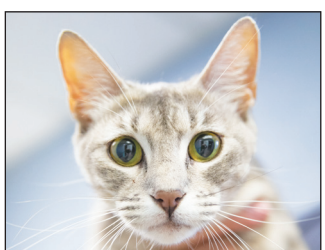
Socket
age unk., Australian shepherd, red merle & tricolor, male.



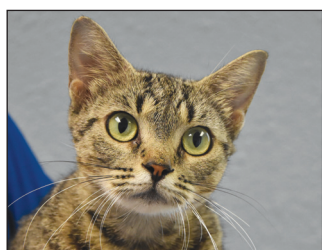
Suzie
2-yr-old, standard schnauzer, black, female.



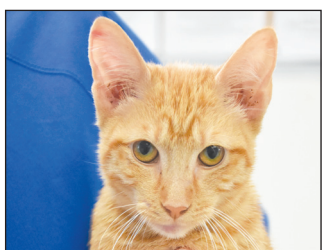
Zues
6-yr-old, Alaskan husky, tan & red, male.



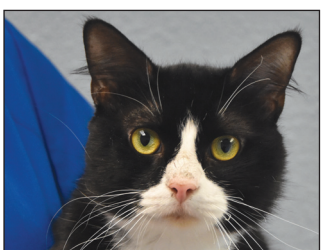
Gracie
1-yr-old, domestic short-haired tabby, gray, female.



Evie
2-yr, 2-mo-old, domestic short-haired tabby, brown, female.



Felicia
6-mo-old, domestic short hair, red, female.



Hubert
age unk., domestic medium hair, black & white, male.



Scooter
3-yr-old, short-haired Chihuahua, brown & white, male.



Lily
4-mo-old, Great Dane mix, tan & white, female.



Sebastian
10-yr-old, domestic short-haired tabby, brown & white, male.

Student graduates from ARCDAP

BY SHAWN DAVIS

Fort Cavazos Public Affairs

The 2024 American Red Cross Dental Assisting Program, or ARCDAP, graduated another prospective dental assistant on July 24 at the Bill Johnson Education Building, as Miran Kim received her certificate for finishing the 900-hour program.

“We have one graduate, but it doesn’t matter if we have one or fifteen,” said Gail Pierce, the Red Cross dental chairman. “(Kim) has worked really hard from January to July ... the program was started in the 70’s by some dentists in Germany on behalf of the Red Cross because they wanted to give military spouses a profession that they can take with them wherever they go whenever they go.

“This program has evolved to not just military spouses, but to active-duty (service members), retirees and basically anybody that holds a valid military ID card,” Pierce continued. “We’ve had active-duty (service members), as long as they have a letter from their commander releasing them for six months — however long the class takes, but it’s been a fantastic program.”

Kim joined the program because she had an interest in maintaining dental hygiene for her children. As a result, she has received a comprehensive education in restorative dentistry, prosthodontics, dental anatomy and more. Attending the ceremony with her were her parents-in-law, three children, instructors and friends.

Her husband, Chief Warrant Officer 2 Tommy Kim, 1st Cavalry Division, is currently serving in Poland with 4,500 Soldiers from the 1st Cav. Div. as Task Force Pegasus, serving alongside NATO allies and regional security partners to provide combat-credible forces to V Corps, the United States’ forward deployed corps in Europe.

“It’s a lot of pressure,” Kim said, speaking on the challenges of being the sole student in the program. “It felt like everybody was looking

at me.”

Kim then went on to say as the program continued, things became easier for her as she received more instruction because of her commitment to the program.

“It doesn’t really matter how many people were in the class because she still put in the individual work throughout the program, which is pretty rigorous,” said Maj. Daniel Adam DiPirro, the Dental Health Activity Clinic operations officer for Fort Cavazos. “If you’re familiar with the DENTAC team here, we’re pretty short on staff, so any one person that we can (graduate) is very valuable.”

Adding to the praise of Kim’s tenacity, Capt. Caylin Levin, the ARCDAP officer in charge, said that Kim made her job easier as a first-time instructor and was “very flexible, very easygoing, very dependable and always showed up on time.”

The ceremony ended with an

afternoon with family and friends partaking in cake and japchae, a Korean noodle stir-fry, as well as kimbap, a Korean seaweed rice roll.

The Fort Cavazos American Red Cross is currently accepting applications for their next dental assistant program and will run from Oct. 21 to May 9, 2025. Applications are due by Aug. 16 and the program is open to anyone ages 18 and older of whom are enrolled in TRICARE, a U.S. citizen, possesses a valid military ID card, and will be in the Fort Cavazos or Killeen area over the duration of the course.

For more information on application requirements or to learn more about the dental assistant program, email fort.cavazos@redcross.org or call 254-287-0403.



Photos by Shawn Davis, Fort Cavazos Public Affairs

The Kim family poses together for a group photo on July 24 after Miran Kim, left, graduated the American Red Cross Dental Assistant Program in a ceremony at the Bill Johnson Education Building.



Glenda Panzieri, left, the Fort Cavazos American Red Cross Dental Assistant Program program instructor; Gail Pierce, dental chairman for the Fort Cavazos American Red Cross; Miran Kim, student from ARCDAP; and Capt. Caylin Levin, ARCDAP instructor, 9th Hospital Center, pose for a group photo July 24 at the American Red Cross Dental Assisting Program graduation ceremony for Kim. Kim credits her instructors, family and friends for their support during the extensive training she received in the program.

Houses of Worship

FORT CAVAZOS CHAPEL SERVICES



CATHOLIC

Sunday Mass, 9 a.m., Main Chapel, [www.https://www.facebook.com/FtCavazosRomanCatholic](https://www.facebook.com/FtCavazosRomanCatholic)

Noon Mass, Monday through Friday, Main Chapel

Confession after Mass or by appointment, call 254-286-6749, Main Chapel

PROTESTANT

St. George Parish (Anglican, Lutheran, Episcopalian), Sunday, 9 a.m., Old Post Chapel, <https://www.facebook.com/SaintGeorgeFortCavazos>

SPANISH PROTESTANT

Alcance, Sunday, 1:30 p.m., Veterans OIF Chapel.

GOSPEL CONGREGATION

Gospel Service, Sunday, 11 a.m., Comanche Chapel, <https://www.facebook.com/ComancheHappeningsNow>

TRADITIONS

Traditions Service, Sunday, 10 a.m., Ironhorse Chapel, www.facebook.com/groups/fhtpws/

CHAPEL NEXT

Contemporary Service, Sunday, 11:15 a.m., Main Chapel, <https://www.facebook.com/FortCavazosChapelNext>

OPEN TABLE

All-Inclusive Christian Chapel, www.facebook.com/OpenTableChapel

WFC PROTESTANT

Non-Denominational Protestant, Sunday, 10:30 a.m., West Fort Cavazos Chapel, <https://www.facebook.com/profile.php?id=100064944031364>

JEWISH

Shabbat Service, Friday, 6 p.m., Lucky 16 Chapel

MUSLIM

Friday Jumma Prayers at 1:30 p.m., 25th Street Chapel

OPEN CIRCLE

Camp Finlayson, contact Linn Vodisek, vodiseklinn@gmail.com

BUDDHIST

Soku Gakkai International (SGI) Nichiren, Online, contact Martin Bonner, 254-258-0844
Theraveda, Thursday, 11:45 a.m., Memorial Chapel

NORTH FORT CAVAZOS

Call 254-286-5223 for service schedule and Bible study

ADDITIONAL SERVICES/STUDY

Children in the Middle, call 254-288-1913 to reserve, Family Life Chaplain Training Center
Men of Honor, Contact Ken Wooten, 254-466-6254

Protestant Women of the Chapel (PWOC), Tuesday, 9-11:30 a.m., Main Chapel, www.facebook.com/FortHoodPWOC

Mothers of Preschoolers (MOPS), [www.Facebook.com/FortHoodMOPS](https://www.facebook.com/FortHoodMOPS)

Club Beyond-High School, Contact Frank Ayala, fayala@clubbeyond.org

Club Beyond-Middle School, Contact Frank Ayala, fayala@clubbeyond.org

Catholic Women of the Chapel (CWOC),

Tuesdays from 9:30-11:30 a.m., bimonthly
Thursday 5-7 p.m., Main Chapel. Facebook: Fort Cavazos CWOC (Catholic Women of the Chapel)

Catholic Youth Ministry-Crusaders, 8-12 grades, Contact Maria Fuavia, 573-842-8181

Catholic Religious Education-CCE, Wednesday, 5:30-7:30 p.m., Main Chapel, Contact Maria Fuavia, 254-287-0241

Church of Jesus Christ of Latter Day Saints, Institute of Religion Classes, Tuesday from 7:30-8:30 p.m. at 13th ACSC Chapel, Contact Chap. Seth Porter, 281-235-7841

*** Holiday hours and events are posted on the Garrison Chaplain's Facebook page, [facebook.com/FortCavazosChaplain](https://www.facebook.com/FortCavazosChaplain)**

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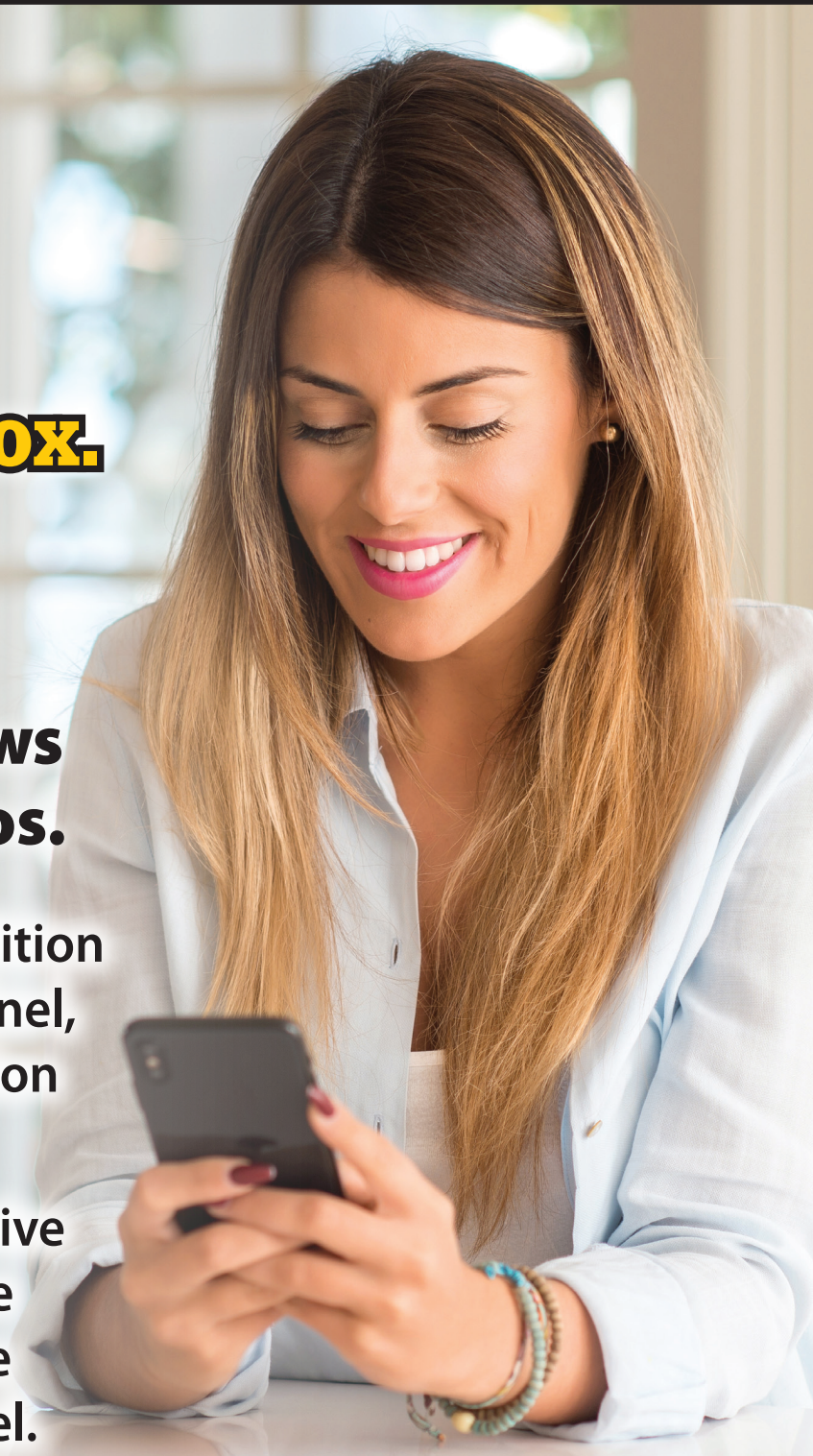
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HEALTH

People First Center revamps suicide prevention training



Sgt. Amari Smith, a behavioral health specialist, teaches a class April 15 at the People First Center at Fort Cavazos.

BY PFC. STANISLAV MITCHELL
7th MPAD

Amid a bustling auditorium, Soldiers gather for a session unlike any other. They put aside the usual military formality and wear civilian attire. Their interactions are marked by a chorus of banter and laughter rather than rigid protocols.

As the room settles into an attentive silence, it becomes clear this seminar is not just another routine exercise but a pivotal moment in their development. This shift in approach reflects a broader movement within the military to adopt more dynamic and impactful training methods. At the heart of this transformation is the People First Center, or PFC, which aims to streamline resources to combat harmful behaviors, enhance team cohesion and develop empathetic and engaged leaders. This initiative represents advancing holistic readiness and operational excellence in military training.

Spearheaded by collaborative efforts between the Secretary of the Army, Honorable Christine E. Wormuth, and Lt. Gen. Sean C. Bernabe, commander of III Armored Corps and Fort Cavazos, the installation's People First Center integrates innovative techniques to address suicide prevention and reduce harmful behaviors.

The PFC's suicide prevention program employs progressive methods to equip Soldiers with critical skills for addressing mental health crises.

"We provide immersive, experiential, vignette-based training that creates a shock and awe effect," said Capt. Avery D. Smith II, the commandant of the PFC. "This is done through exceptions (to the Army suicide prevention regulation) granted by the Secretary of the Army to the senior installation commander here at Fort Cavazos.

"Companies, batteries and troops are receiving training at the PFC by learning how to recognize harmful behaviors," Smith continued. "Next, they see our cadre conduct skits showing what those situations look like. After these skits, they engage in meaningful dialogue with their peers to talk about these experiences and how to navigate those challenges."

The immersive training scenarios aim to help Soldiers effectively understand and address harmful behaviors while also visualizing and developing techniques for their daily lives. The effectiveness of this course is further emphasized through the personal stories and reflections of those participating in the program.

Janny DeJesus, a suicide prevention program coordinator at the PFC, shares her experience with the Soldiers, using her hardships as a testimony to assist them.

"I can use the story that I was so ashamed of to help others get to new heights and live the life they want to in the Army," she said.

This concept extends beyond traditional training by incorporating innovative methods to foster a deeper understanding of Soldier life-cycle challenges. Part of the approach is providing them with someone to open up to, someone who will listen and empathize with them.

"Just being there to let them express themselves and help them release some of the pressure — to me, that is priceless," DeJesus said.

The PFC's Teaching and Listening Procedure allows Soldiers to release any emotions they may be holding in, which sets the PFC apart in its training method.

"What makes us different is that we are not sitting here continuously using slides," DeJesus said. "We are trying to get to the human and have the human connection be built in the actual class."

This innovative method used by the PFC moves beyond conventional learning, aiming to create authentic, emotional connections and practical applications of knowledge. Changing perceptions about the role of mental health care is also a crucial aspect of the PFC's mission.

"I think that we are starting to change the perspective on methods of care for suicide prevention," DeJesus expressed. "We are starting to

show and highlight the fact that there are other approaches."

Breaking the stigma around mental health is a significant mission for the PFC because it wants Soldiers to move past the stigma, be open-minded and be receptive to this new type of training. This openness is essential for Soldiers to truly learn from the program and incorporate it into their lives. Soldiers in the program aren't always receptive to the training; however, DeJesus welcomes and embraces those challenges.

"I like that many Soldiers are reluctant to come in for training; they come in with a sense that this wastes their time ... When they leave, you can see the camaraderie; they come together and experience joy," DeJesus said.

The transformation in each Soldiers' attitude is also evident in one-on-one sessions.

"When they come in, they're sad, have that wall up and don't necessarily want to share ... but then by the time they finish saying what they've been holding inside for so long, you can see that light come back, and you can see that joy," DeJesus said.

The program has yielded significant progress, evidenced by the PFC's achievements since its inception, a testament to the effectiveness and the potential for further positive change.

"As of (July 17), the People First Center has trained nearly 15,000 Soldiers," Smith said. "For this fiscal year alone, we've trained over 7,000 Soldiers, with over 2,000 classes conducted to date."

Through its innovative training methods and dedicated personnel, the PFC is redefining how Fort Cavazos addresses mental health and suicide prevention. It embodies a commitment to building resilient Soldiers, fostering a supportive environment and leading by example in an evolving Army.



Janny DeJesus, a suicide prevention program coordinator, poses in front of the Suicide Prevention Program banner on July 24 at the People First Center at Fort Cavazos.

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VBS weekend welcomes new Fort Cavazos families, families of deployed Soldiers with fun, fellowship

BY JANECEZ WRIGHT
Sentinel Living Editor

The Fort Cavazos Garrison Chaplain's Office welcomed families newly stationed at The Great Place with food, fun and fellowship during the Weekend Vacation Bible School event 5 to 8 p.m. Friday through Sunday at the Main Post Chapel.

Open to families who have been here since January and families of deployed Soldiers regardless of when they arrived, the three-day VBS event provided an opportunity for new families to socialize, become acclimated to their new home and learn about the services and resources the Fort Cavazos Garrison Chaplain's Office and the Religious Support Office provide.

"It's important to give them the opportunity to develop their spiritual readiness as a family," said Garrett Northway, director of Religious Education for the RSO. "With the demand that families have put on them, it's probably hard for them to be able to just take time together to develop their faith."

"The event introduces them to the RSO and the services that we provide and the chapel services we offer," he continued. "And then also, it introduces them to other military families."

The event was the first VBS for families, organized to support the command's initiative to help introduce new families to services and resources available to them upon arriving at The Great Place.

"We wanted to win the first 90 days, which is one of the (commanding general's) priorities — getting families and newly arriving Soldiers connected," Northway said.

The theme for the three-day event was "God's Rock-Solid Truth in a World of Shifting Sands," explained Chaplain (Col.) Luis Kruger, garrison chaplain.

"In a world where everyone's looking for truth, these next few days we're going to help parents and, more importantly, their kids find truth," he said of the event. "It brings our community together. That's important just to build relationships, and we're encouraging them in their faith."

Kruger conveyed the importance of starting each day with a meal.

"It's not just to get food in the belly, but it's a time where they sit with their family, with other neighbors, and get to know other

people," he shared. "So, that's a great way to build community."

The meal was an especially vital aspect of the event for Bethany Ruckman, who attended with her four children.

She shared that her spouse, Capt. Aaron Ruckman, 3rd Cavalry Regiment, had been deployed for almost three months and events like this help with the most basic necessities.

"It's very hard for me to eat with two small babies and two other children," she said candidly. "I am grateful be able to come here. It makes things easier."

After enjoying a feast of kalua pork with all the trimmings served by RSO staff and volunteers, families participated in an opening worship rally, followed by a rotation through three stations — games, Bible and crafts, before a closing worship rally to end the day.

Eva Shellabarger shared how excited her husband Lt. Col. Peter Shellabarger, Carl R. Darnall Army Medical Center, and their three children were to be at The Great Place.

"We just arrived here, and we're really grateful for this opportunity to be together as a family for VBS," she expressed. "We're excited for our kids to hear about Jesus, and we're excited to see what the future holds."

Military families are as diverse as their religious preferences, and the RSO works diligently to accommodate varying religions and faiths, Kruger conveyed.

"We try to serve the whole Fort Cavazos community," he said. "Whether their faith is Jewish, Christian, Muslim ... we're here to help the whole community, to help them to grow in their faith."

Northway agreed.

"We know that the Army is made up of diverse individuals who have different faith groups," he said. "The Army recognizes that the spiritual component of a person is vitally important to them being able to overcome the challenges of life. I want families to feel more connected to their faith and to each other. Even if they just meet one family and make a connection, then we've done our job."

For more information about Fort Cavazos Garrison Chaplain's Office events, visit the Facebook page at <https://www.facebook.com/FortCavazosRSO> or call the Religious Support Office at 254-288-6545.



Families play a game tossing water balloons during the Weekend VBS event Friday at the Main Post Chapel at Fort Cavazos.



Chaplain (Col.) Luis Kruger, garrison chaplain, welcomes families during the first of the three-day Weekend VBS event Friday at the Main Post Chapel at Fort Cavazos.



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LAST WEEK'S CROSSWORD ANSWERS

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MISCELLANEOUS

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WANTED: Senior Lady in Need of an honest, dependable person to take care of a

Set of Four Martha Stewart mixing bowls, like new. \$5 ** WestBend Slow Cooker, good condition. \$5 ** Martha Stewart enamel coated cast iron large dutch oven, never used. \$20 **Cuisinart large food processor with all attachments, good condition \$15 **Professional grade mandolin, new \$10 ** Call (254)-251-8627.

FOR SALE: Queen size Firm Sealy mattress like new \$300.00 OBO, Call 956-566-0966.

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Q O L J D T S H I E C A X V T
R P N L J E E H F B D B Y X V
T R P O G I L M K I O G Y S E
D B Z N N L E D Y L C R X S W
U G A R F U N K E L R T R E Q
O R E N A J N G R E T T U B L
O H J V I G G F J D W C A Y X
C W V T E S I U O L E T E R G

unlisted clue: ROBIN

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.
Tuesday's unlisted clue hint: THE BOY WONDER

Bess Eggs Gretel Louise
Butter Ernie Jane Oranges
Cher Eve Jerry Tweedledum
Clyde Garfunkel Juliet

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JUMBLE

THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

NYURN
OGTAL
SATEBK
OIDNWW

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“ ” THE

Answer: The skunk Olympic gymnast was doing well until she — — — — — “STUNK” THE LANDING

Jumbles: RUNNY GLOAT BASKET WINDOW

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SCAN HERE

PREMIER CROSSWORD/ By Frank A. Longo

REGRESSION ANALYSIS

ACROSS
1 Bourbon brand
8 Belly area
15 Girlfriend, in Genoa
20 Pertaining to the womb
21 Spiced Starbucks selection
22 Autos for test-driving
23 Food, clothes or money [actress Danes]
25 Greek market of old
26 DC-10, e.g.
27 Lariat feature
28 Rushes about wildly
30 Marketed
31 Grain tower
32 Like a skimpy swimsuit [actor Perry]
35 Church area
37 Powders mixed into liquids, e.g.
38 Research ctr. with tutus [designer McCartney]
44 Tenth mo.
46 Perjurer's confession
47 Fork prong
48 Pop singer
49 Mai — (drink)
52 Young morays, say
54 Huge Asian mammal [justice Kagan]
60 Tijuana-to Vegas dir.
61 Add- — (extras)
63 Olive — (military uniforms)
64 Small lakes
65 — Jima
67 Having supple arms and legs [jazzman Davis]
72 Nuptial vow
73 Moving spryly
75 Smoothly polite
76 Neighbor of TV's Homer
78 Surg. sites
80 Roomy place to house vehicles [actress Jones]
85 Vacation spot
87 Swallowed
88 Little fellow
89 Performs like Ice Cube
91 Initial venture
92 1040 info
93 Small, springy apparatus [director Scorsese]
98 Zenith
101 Almsgiving
103 Othello's false friend
104 Antipollution law [singer Grande]
106 — Alt-Del (butler)
108 Major- — approval
112 Gives one's approval
113 Persia, today
114 Showed anew
115 Ellipses
116 What the eight featured celebrities in this puzzle are doing?
121 Edit further, perhaps
122 State of joy
123 Bones near tibiae
124 Bottom-of-barrel residue
125 Fabray of Broadway
126 Greek Week guy
3 Lead or tin
4 "I'm Sorry" singer
5 The Emerald Isle
6 Singer DiFranco
7 Most soft, dry and crumbly
8 "Solid Gold" host Marilyn
9 Breakfast chain, for short
10 Flow barrier
11 Discharge from the military, informally
12 Skater Midori
13 Minks' kin
14 Femme —
15 Modify
16 #1 song, say
17 "The Father" actress Poots
18 Tools for fruit preparation
19 How bedding is often packaged
24 IM chuckle
29 City near Bangalore
31 Booming jet of old, in brief
32 Jazz genre
33 Bitter brew
34 Karel Capek sci-fi play
36 Actor Pascal
37 Floored it
39 Good, in Nice dawn
40 From dusk to dawn
41 Dynamo
42 52, to Flavius
43 Hotel cousin
45 L'il Abner creator Al
48 Ashley or Mary-Kate
49 Cooked in a clay oven, as naan
50 Neighbor of a Spaniard
51 Part of TGIF
53 NBC skit show, in brief
55 Lazy sort
56 Meyers of "Kate & Allie"
57 "Rambo" site, for short
58 Decline
59 — polloi
62 "What a pity!"
66 Bullfight yell
68 Your and my
69 Droop down
70 Mendes of movies
71 Berlin article
73 — discount
74 Long, thin fish
77 Clear of mist
79 Eye sore
81 High-kicking French dance
82 Dilettantish
83 Long, thin fish
84 Org., enforcing the 104-Across
86 First post-band album, perhaps
90 Vodka brand
92 Marine snail with no shell
93 Cooking wine
94 Lyricist Gershwin
95 Actor Cage, to friends
96 "Addams Family" cousin
97 Compadre
98 Harmony
99 Shamrock, e.g.
100 Threat
102 Guys contracted by the Mafia
105 Bird hangouts
106 Wading bird
107 Tic — (mint)
109 Toothbrush brand
110 Region of China
111 In tune
113 "— Rhythm"
114 Country's McEntire
117 Mo. neighbor
118 Native suffix
119 Tiny objection
120 Space station until 2001

#2.205 Average time of solution: 67 minutes

HOCUS-FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Wheel is larger 2. Table leg is moved 3. Cap is larger 4. Cushion is longer 5. Neighbor is moved 6. House is wider.

SLYLOCK FOX BY BOB WEBER JR.

Lady Lynx dropped her diamond ring through a crevice in the jetty. The ring is resting straight down on a dry rock, but it is just out of arm's reach. Without removing rocks, how will Slylock Fox retrieve the ring before the rising tide washes it away?

Solution: Slylock took the goat's cane. Then he and stuck it to the end of the rabbit's bubble gum and lifted it up. The cane down onto the ring and picked the sticky-tipped ring.

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Which of these is the biggest species in the cat family?
a) Bobcat
b) Lion
c) Cheetah
d) Tiger
e) Leopard

Answer: (d) LEMME AT 'EM!

Spot six differences between these panels.

Answer: 1. Chicken, cork, straw, fence and grass.

Have fun solving a new comic puzzle every day at www.slylockfox.com

GARLYN 50TH SHELTON

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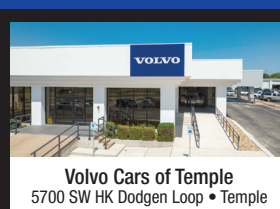
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