

Pilot program covers certain child care costs after PCS move **A7**



Photo by Scott Darling, Fort Cavazos Public Affairs

Command Sgt. Maj. Loyd Rhoades, incoming command sergeant major for U.S. Army Garrison-Fort Cavazos, receives the guidon from Col. Laticia Stokes, U.S. Army Garrison-Fort Cavazos commander, during an assumption of responsibility ceremony Friday at III Armored Corps headquarters at Fort Cavazos.

Garrison welcomes new CSM

BY AYUMI DAVIS
 Sentinel Editor

U.S. Army Garrison-Fort Cavazos welcomed Command Sgt. Maj. Loyd Rhoades as the new garrison command sergeant major in an assumption of responsibility ceremony Friday at III Armored Corps headquarters.

An assumption of responsibility is a tradition signaling the arrival of the senior non-commissioned officer to the unit commander to take on command responsibility, which is symbolized through the passing of a guidon with unit colors.

“This ceremony is a powerful reminder of our commitment to our Soldiers, civilians, families, retirees, veterans and survivors who we support here at The Great Place,” said Col. Laticia Stokes, U.S. Army Garrison-Fort Cavazos commander, during her remarks.

Stokes took the time to welcome community partners and commanders from around the installation to the event, speaking of its meaning to the partnership between Fort Cavazos and the community.

“I would like to extend a heartfelt welcome

to all of you who have joined us today,” Stokes said. “Your presence reflects the strong minds we share and unwavering support we provide one another. It is a true testament to the spirit of our Central Texas family.”

Rhoades is no stranger to Fort Cavazos, as his most recent position prior to his new role was as the command sergeant major for 1st Cavalry Division Artillery.

“With an impressive record of service and a wealth of experience, Command Sergeant Major Rhodes is well-prepared to take on

this vital position,” Stokes expressed. “I have full confidence in his ability to lead and support our Soldiers, civilians and families.”

Stokes, addressing the crowd, charged Rhoades with the duty to lead by example, stressing upon him the necessity to impart Army values onto others.

“Remember that your responsibility extends beyond the title,” Stokes said. “(It) represents a profound commitment to serve and uplift our community. Lead by example. Your actions will continue to enhance our organization (and) inspire others to uphold our Army values of loyalty, duty, respect, selfless service, honor, integrity and personal courage.”

“Embrace the opportunity to lead with integrity and compassion,” Stokes continued. “Foster an environment where everyone feels valued, supported and respected. Be a mentor, a confidant and advocate for everyone. Your commitment to their development and well-being will create a

See CSM, A6

NEWS BRIEFS

North Clarke Gate TIF closes

Be advised North Clarke Gate’s truck inspection facility will close Oct. 16 until December. It will relocate operations to South Clarke Gate at West Fort Cavazos.

Register for CYS winter sports

Friday is the last day military families can register their children for basketball, wrestling and cheer with Child and Youth Services’ Youth Sports and Fitness. Participants must be registered with CYS and have a valid sports physical on file. For more information, call 254-288-2214 or 254-288-3770, or enroll online at webtrac.mwr.army.mil/webtrac103/cavazoscyms.html.

Road closes Oct. 18

Fort Cavazos’ Tedesco Way within the 69th Air Defense Artillery Brigade Lightning Ranch area will be closed 6:25-7:30 a.m. Oct. 18. Please plan accordingly.

Fort Cavazos holds Cowboys 4 Heroes Bumpers, BBQ

Fort Cavazos; the Directorate of Family and Morale, Welfare and Recreation; and Cowboys 4 Heroes, a nonprofit organization, will hold the Cowboys 4 Heroes Bumpers and BBQ event from 10:30 a.m.-2 p.m. Oct. 19 at the Phantom Warrior Center. The event is free to all and includes free chuckwagon barbecue, arts and crafts, and a pumpkin patch. For more information, visit cavazos.armymwr.com/calendar/event/cowboys-4-heroes-bumpers-and-bbq/6585896/93024.

DFMWR hosts bingo for youths

The Community Events and Bingo Center will host a “Ghostbuster”-themed bingo for children ages 2-17 11 a.m. Oct. 26. The cost is \$7.50, with lunch included. Doors will open at 10 a.m., and goodie bags will be given to all children. Better Opportunities for Single Soldiers will also have a trunk-or-treat in the parking lot for attendees. Costumes are encouraged. For more information, call the center at 254-532-9253.

Save with Commissary CLICK2GO

Eligible first-time Commissary CLICK2GO customers can get \$15 off their first \$75 pickup or delivery purchase at Fort Cavazos now through Oct. 27. Commissary CLICK2GO is the Defense Commissary Agency’s online ordering, payment and curbside delivery service. Patrons can sign up online at corp.commissaries.com/sign-up or at demonstrations tables at the Clear Creek and Warrior Way Commissaries.

Residents turn lights on, crime off during National Night Out

BY BLAIR DUPRE
 Sentinel News Editor

The Fort Cavazos Directorate of Emergency Services and Cavalry Family Housing hosted National Night Out Tuesday at Phantom Warrior Stadium at Fort Cavazos.

Over 1,500 Soldiers and family members came out to participate in the nationwide, annual event that aims to heighten crime-prevention awareness, reinforce neighborhood spirit and strengthen police-community partnerships. In addition to the celebration at Phantom Warrior Stadium, communities participated in National Night Out by turning on their porch lights and spending time with their neighbors to show unity against crime in the community.

“I really love this event,” said Lt. Andrew Samarripa, team chief for military police investigations and public affairs officers for the Directorate of Emergency Services.

“It’s a good way to bring the community together and form a partnership with the community members. We want citizens to simply turn on their porch light, and they’re participating in National Night Out. That’s kind of how it all got started ... was

See National Night Out, A6



Photos by Blair Dupre, Sentinel News Editor

Sgt. 1st Class Austin West, 1st Cavalry Division Band, plays guitar while Sparky the Fire Dog dances alongside him during National Night Out Tuesday at Phantom Warrior Stadium at Fort Cavazos.



Fort Cavazos community members slide down the “fun slide” during National Night Out Tuesday at Phantom Warrior Stadium at Fort Cavazos. Many activities, including rock climbing and carnival-style games, were available for the community to participate in during the event.

Garrison commander invites retirees to appreciation days

BY COL. LAKICIA R. STOKES

U.S. Army Garrison-Fort Cavazos Commander

We are excited to invite you to the 49th Annual Retiree Appreciation Days at Fort Cavazos on Oct. 25-26. This special event is our way of honoring the commitment, service and sacrifices of our military retirees, their families and survivors. It's a chance for all of us to come together, reconnect and ensure our retirees receive the support they deserve.

The event begins on Oct. 25, with the Retiree Golf Tournament at The Courses of Clear Creek. Whether you're an experienced golfer or just looking for a day of fun, this event promises friendly competition and camaraderie. Following the tournament, we'll host the Friday Night Bingo Social at the Phantom Warrior Center, an excellent opportunity to relax and enjoy the company of fellow retirees.

On Oct. 26, join us at 9 a.m. the Carl R. Darnall Army Medical Center for the opening ceremony. Afterward, take part in our County and Health Fair, where you'll find a range of health screenings and informational displays, including flu shots and pneumonia vaccines. Our Legal and ID Card Services will also be available throughout the day to help you with important updates and documentation.

We are particularly excited about the lunch at the Theodore Roosevelt Warrior Restaurant, where you can dine with our Soldiers, followed by a demonstration from the 1st Cavalry Division Horse Cavalry Detachment — an event sure to delight the entire family.

Throughout these two days, our focus

is on celebrating you — our retirees. Your contributions to the Army, your dedication and your ongoing role in our community are invaluable. Fort Cavazos remains committed to ensuring you feel supported, respected and connected.

Thank you for your service, and we look forward to seeing you at Retiree Appreciation Days.

For more information, please contact the Fort Cavazos Retiree Services Office at 254-287-8761 or email us at usary.cavazos.usag.mbx.dhr-iagretsvcs@army.mil.

For details on the itinerary, visit our Facebook posting at www.facebook.com/fortcavazosarmy/posts/the-2024-retiree-appreciation-days-is-will-be-here-before-you-know-it-the-49th-an/890467143128155.



Lakicia R. Stokes



Sentinel file photo by Blair Dupre, Sentinel News Editor

Active-duty Soldiers conduct a special presentation with current and historical uniforms, showcasing the history of the Army during the opening ceremony for Retiree Appreciation Day Oct. 28, 2023, at Carl R. Darnall Army Medical Center at Fort Cavazos.

GREAT PEOPLE AT THE GREAT PLACE

BY SPC. NATHAN MORSE

7th MPAD

Nearly two years ago Staff Sgt. Cynthia Ramirez became the first active-duty woman to graduate from the M1A2 Abrams Master Gunner course. Since then, she has inspired others and led the way in 1st Squadron, 12th Cavalry Regiment, 3rd Brigade Combat Team, 1st Cavalry Division, as the battalion master gunner.

She enlisted in the Army immediately out of high school at the age of 18, becoming the first person in her family to join the military.

"I didn't want my parents to pay for college," Ramirez said. "I joined for the benefits and to do something no one has done in my family."

She has served in the Army for seven years and spent all seven of those years at Fort Cavazos. After earning the rank of sergeant, she realized she needed to start setting goals for herself in the Army and was inspired by other non-commissioned officers and leaders in her organization.

"My first platoon sergeant was a master gunner, and he inspired me to become one once I fully understood what a MG was," she said. "Once I became an NCO, one of my fellow platoon sergeants had just returned from the course and said I would be a perfect candidate."

A MG has a wide array of duties outside of a normal tank crewman. They are considered subject matter experts on the weapon system and vehicle platforms, and play a critical role in Army's overall mission. They are also responsible for all aspects of gunnery training, developing training materials, overseeing live-fire ranges and ensuring all safety standards are followed. MGs also have the duty of advising commanders and being part of the planning, development, execution and evaluation of all combat and gunnery-related training.

After graduating from the MG course, Ramirez's role and work life changed completely with her new MG duties and responsibilities.

"We work all the time, especially

when it comes to prepping for field problems and exercises," she said. "We have late nights constantly getting work done. I've learned that MGs are very knowledgeable, and everyone goes to them for the expertise they have. Gunnery is something we take great pride in, and it allows us to use everything we've learned and put it to use."

Ramirez hopes her story inspires all Soldiers, and not just females, who are headed to the MG course or any Army school.

"Get ready for stressful nights, long study nights and a lot of knowledge thrown your way," she said. "But once you graduate or pass each test block, it's all worth it. You meet the best instructors who stay in your life even afterward, and maybe even the best friendships and maybe even the best friend-family, and we always will be."

When asked what advice she would give to any Soldier, male or female, Hispanic or not, Ramirez said to always try.

"If you don't know what you want to do in your career, that's okay," she expressed. "Try everything out — schools, promotions, boards, anything. Don't be afraid to pursue something outside of the norm. If you don't succeed, at least you tried. Try again if you want, but don't let failure scare you; don't let the influence of leadership dictate how you pursue your career. We are all human. We choose this job, so choose what you do with it."



Photo by Maj. Brian Sutherland, 7th MPAD

Staff Sgt. Cynthia Ramirez, battalion master gunner, 1st Battalion, 12th Cavalry Regiment, poses on the range tower during the M2A3 Bradley Fighting Vehicle Gunnery Table IV Sept. 18 at Fort Cavazos.



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Photos by Shawn Davis, Fort Cavazos Public Affairs

TOP, Walkers make their way around Sadowski field during the annual Domestic Violence Awareness Month 3k walk/run event Wednesday at Fort Cavazos. **LEFT**, Participants walk with their friends around Sadowski field during the annual Domestic Violence Awareness Month 3k Walk/Run event Wednesday at Fort Cavazos. **RIGHT**, Participants head towards the start of the annual Domestic Violence Awareness Month 3k Walk/Run event Wednesday at Sadowski Field at Fort Cavazos. Each October, the military community at The Great Place unites to bring awareness to domestic violence.



The Great Place takes great strides for Domestic Violence Awareness Month

BY JANECE WRIGHT
Sentinel Living Editor

Purple was the theme as walkers and runners donned commemorative t-shirts and other attire of the same hue for the annual Domestic Violence Awareness Month 3k Walk/Run event Wednesday at Sadowski Field on Fort Cavazos.

“We all have on the same thing at the same time, and it builds a rapport,” said Rhonda Shabazz, program manager, Family Advocacy Victim Advocate Program. “It lets people who are not being seen know that somebody really cares.”

Each October, the military community at The Great Place unites to bring awareness to domestic violence, and this year Army Community Service partnered with the Family Advocacy Program, the Victim Advocate Program and Mission Installation Contracting to host the event.

Staff from FAP and VAP, Soldiers, family members and community participants walked and ran just over three miles as a symbol of solidarity in taking a stand against domestic violence.

The crew of the Great Big Podcast took to the field for the festivities to find out more about how The Great Place supports the cause.

“This is our way of getting out in the open so we can show people you’re not alone,” Shabazz said. “There are people who are dealing with some of the same things that you’re dealing with. No matter what age, no matter what race, the ethnicity — none of that really matters. It affects everybody. So, this walk is really for us to show that we are a part of this team as much as anybody else is.”

Shabazz went on to explain the impact of domestic violence within the military and beyond.

“It affects every part of what we do, in every part of our working life, our personal life, our military life,” she expressed. “We always say that in order for Soldiers to effectively deploy and be in their right minds, their families have to be intact. And so, to bring awareness, to assist those families on the prevention side as much as the intervention side, is really important for us.”

Sharon Jones, FAP specialist with ACS, agreed.

“Prevention is important, but intervention is as well,” she said. “Because families do choose to stay together, equipping them with the tools to help them prevent a future incident from happening is going to be important as well.”

Shabazz stressed the importance

of ensuring the community knows there is help available.

“You can imagine that when a domestic violence incident happens, it shakes up a person’s individual world, and they don’t know where to turn,” she said. “We’re that resource to help them navigate those uncharted waters of being in an abusive relationship.”

Lt. Col. Steven Vandezande, 901st Contracting Battalion commander, shared similar sentiments about the significance of resources.

“Bringing that awareness and bringing the resources that are available on the installation and off the installation for people that are affected by (domestic violence), understanding where those resources are, who can help them, and, just as importantly, for the leaders, people and friends, to understand what the signs are and to intervene when it’s appropriate to make sure that everybody gets the care that they need (is vital),” he said.

Shabazz noted that in addition to the event, ACS organizes resource fairs, resource tables throughout the community and military police officer-escorted visits in housing to ensure people feel safe.

She reassured those who are experiencing domestic violence



Dressed in a Domestic Violence Awareness Month T-shirt and purple tutu, Rhonda Shabazz, program manager, Family Advocacy Victim Advocate Program, jogs toward the finish line at the annual Domestic Violence Awareness Month 3k Walk/Run event Wednesday at Sadowski Field at Fort Cavazos.

there is help and encouraged them to seek assistance.

“You are not alone,” Shabazz said. “There are individuals who specialize in assisting victims of domestic violence, of sexual assault in intimate partner relationships. That is why we are here.”

“Education is the key,” she continued. “And once a person takes that first step to seek out a resource,

we can help guide them from there.”

Victims of domestic violence can call the 24/7 crisis line at 254-702-4953. Those concerned someone they know is experiencing domestic abuse can call 254-287-2273 for assistance 24/7.

Watch the podcast Monday at fortcavazos.podbean.com or on YouTube at youtube.com/@fortcavazosarmy.

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Army civilians look forward to new careers

BY SHAWN DAVIS
Fort Cavazos Public Affairs

New beginnings are happening all around Fort Cavazos as Army civilians finish their new-hire orientation and shuffle into their respective roles.

Fort Cavazos civilians serve in a variety of roles across the installation, from food service to nuclear medicine. The installation offers more than 100 open positions at any given time and is a major employer for the Central Texas area, directly employing around 14,000 civilians, having an economic impact of more than \$39 billion, according to the most recent Fort Cavazos fact sheet.

“I was a contractor when I retired, back in 2020,” said Jose Lopez, a recently hired technical engineering technician for the Directorate of Public Works. “I did that for two years, then I moved to building the new homes at Chaffee Village, and I always came in contact with the guys over in DPW.”

Before he started contracting, Lopez was a construction engineering technician, or 120A, in the Army, a career spanning over 25 years.

Lopez initially didn't plan to continue working for the Army as a civilian but chose to keep himself busy, as his wife still serves in uniform.

“Don't get me wrong,” Lopez said. “I love that I'm still working with the military community, but that wasn't my intent when I retired. It's either me working right now or doing nothing, so I prefer to make myself useful.”

Lopez's favorite perk of his new job, compared to his time in service, has been the more flexible hours, allowing him to have a healthier work-life balance.

Janica Hatcher, a general engineer for DPW, agreed.

“I'm currently working toward my Principles and Practice of Engineering exam; I'm a civil engineer,” Hatcher said. “Before working for the federal government, I worked at the state level, and



Jose Lopez, a Directorate of Public Works engineering technician, and Melissa Burgess, DPW lead facilities management specialist, discuss the heating and ventilation units during a barracks walkthrough Sept. 11 at Fort Cavazos.



Jose Lopez and Tasha Torres, engineering technicians with the Directorate of Public Works, compare notes during a barracks room inspection Sept. 11 at Fort Cavazos.

before that, I worked in the private sector. So, I can confidently say that private doesn't have too much work-life balance.

“I feel like, on the government side, they push you to learn and

develop professionally,” she continued. “Like, ‘Hey, take classes. Do this training. Do that.’ I really like that part. Private employment is more, ‘These are your billable hours, and there's not a lot of

frequently to better meet the needs of service members and employees. She also considers the opportunity a blessing because her job has given her the space she needs to study for the Principles and Practice

of Engineering exam, which she likens to the bar exam for lawyers.

“You have autonomy of what to do,” Hatcher said. “I remember asking, and they're like, ‘Yeah of course, this is part of your career development.’”

U.S. Army Garrison-Fort Cavazos has more than a dozen departments and directorates overseeing the management of the installation, including DPW. It seeks employees in various fields, including administration, finance and emergency services, and provides numerous benefits that come with being a federal employee.

“Don't sell yourself short, don't water yourself down,” said Melissa Burgess, lead facilities management and maintenance specialist for DPW. “Come in with your skill set, be proud of what you do and give your best.”

Col. Lakicia Stokes, U.S. Army Garrison-Fort Cavazos commander, said the civilian workforce works hard to support the Soldiers in their mission in protecting the nation.

“Our civilian workforce is diverse and dedicated,” Stokes said. “They work tirelessly to support our Soldiers, families, retirees and veterans. Their commitment and dedication allow our warfighters to focus on training and preparing to fight and win anywhere in the world.”

“I'm proud of the work our Army civilians do,” Stokes continued. “We work closely together to ensure we're constantly improving, finding new and innovative ways to enhance the quality of life at The Great Place. Recently, we won the 2024 Commander in Chief's Award for Installation Excellence and the IMCOM (U.S. Army Installation Management Command) Best Garrison Award for fiscal year 2023, which reflects our effort to push our benchmark further each day.”

To see available positions at Fort Cavazos, visit www.usajobs.gov/Search/Results?l=Fort%20Cavazos%2C%20Texas&k=.

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Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday Food Advisor: CW2 Rogers: 931-378-2957									
<table border="1"> <tr> <td>(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.</td> <td>(BRUNCH/SUPPER): 5-6:30 p.m.</td> <td>HOLIDAY: 11 a.m.-3 p.m.</td> </tr> </table>							(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.	(BRUNCH/SUPPER): 5-6:30 p.m.	HOLIDAY: 11 a.m.-3 p.m.
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CULINARY OUTPOST FOOD TRUCK 1 The Lonestarc Conference Center									
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Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: Closed NCOIC: SSG Lopez: 787-414-1259									
Patriot Inn Building #12007 Old Ironside & 33rd St.									
Closed due to renovation. Tentatively scheduled to reopen Nov. 30									
Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday Food Advisor: W01 Greene: 843-901-0260									
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ALWAYS READY Building #91226 HQ Ave., West Fort Cavazos									
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Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30-1 p.m. Monday-Friday Dinner: 5-6:30 p.m. Monday-Friday Manager: 254-288-9538									
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NORTH FORT CAVAZOS Building #56320									
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Breakfast: 5:30-8:30 a.m. Sunday-Saturday Lunch: 11:30 a.m.-1:30 p.m. Sunday-Saturday Dinner: 5-7:30 p.m. Sunday-Saturday COR: Richard Johnson: 254-535-6845									
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THEODORE ROOSEVELT Building #9205 Battalion & 21st St.									
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BRK, LUN, DIN: 8 a.m.-8 p.m. Monday-Friday (WNC): 8 a.m.-6 p.m.									
Food Advisor: CW2 Rogers: 931-378-2957									
CULINARY OUTPOST FOOD TRUCK 2 1-44/4-5 ADA BN area parking Lot									
SUN	MON	TUES	WEDS	THUR	FRI	SAT			
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Breakfast: 7:30-9 a.m. Monday-Friday Lunch: 11:30 a.m.-1 p.m. Monday-Friday Dinner: Closed Food Advisor: W01 Greene: 843-901-0260									
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Culinary Outpost Food Truck 3 has the same hours of operation as Food Trucks 1 & 2, operating on an installation rotation

Installation Food Service: 287-6595 III Armored Corps Food Service: 287-0573 Division Food Service: 287-3134

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PRESS 1

New garrison CSM looks forward to role



CSM: Continued from A1

lasting impact and shape the future of our organization.”
After, Rhoades greeted and thanked members of the Central Texas community and Fort Cavazos for attending the ceremony.
“I stand here today grateful and humbled to be able to wear this uniform and continue to serve our great nation,” Rhoades said. “To the civilian workforce, thank you all for welcoming me to the team as I transition, and I look forward to all future engagements.”
At the end of the ceremony, he spoke of his excitement for the future of The Great Place as he assumes his new position.
“We must understand that there are people out there that dream of what we do on a daily basis to be able to serve, either in uniform or outside,” Rhoades said. “I am excited for the future. I am about taken part in understanding how to treat people matters. There is nothing more important than you (the garrison), what you will be to this organization and the impacts you all make, no matter if you know it or not.”

Command Sgt. Maj. Loyd Rhoades, U.S. Army Garrison-Fort Cavazos command sergeant major, gives remarks during an assumption of responsibility ceremony Friday at III Armored Corps headquarters at Fort Cavazos.

Photo by Ayumi Davis, Sentinel Editor

Event fosters community, fun, crime prevention



Photos by Blair Dupre, Sentinel News Editor

Col. Laticia Stokes, U.S. Army Garrison-Fort Cavazos commander, celebrates with Waylon Cochran, 3, after he successfully dunked her at the dunking tank during National Night Out Tuesday at Phantom Warrior Stadium at Fort Cavazos.

National Night Out: Continued from A1
participating by turning on your light and leaving it on so that way it can light up a neighborhood, and it makes crime easier to detect.”
Attendees were able to participate in a plethora of activities, including rock climbing, sliding down the giant “fun slide” as well as meeting and speaking with local law enforcement and first responders while learning about the vehicles and equipment.
Samarripa stressed he wants the community to be familiarized

with the police, which will allow for better safety.
“We’re people too,” he said. “Underneath this uniform I have a heart as well. I experience emotions as well, just like anybody else in the world. We want people to be able to come to us, for us to assist them and help them with whatever problems they may have.”
Chris Albus, Cavalry Family Housing project manager, has attended National Night Out at Fort Cavazos since he began working at the installation and said National Night Out brings

together Fort Cavazos residents with their first responders.
“We’re all about a sense of community, bringing people together for a common purpose in order to build communities at the cul-de-sac level,” he said. “If we can do that, we’ll give these people friends that they’ll have for the rest of their lives.”
Ashley Floader, secretary of the Resident Advisory Board, agreed, saying National Night Out is all about helping residents meet each other and put a face to their local first responders.
“We really want (residents)

to meet each other, a lot of our MPs because there is definitely a gap between thinking they’re the bad guys, or we don’t know how to reach out to them,” she said. “This definitely closes that gap. You learn that they’re cool people, they’re nice people, and they’re here for your best interest.
“I love meeting people from different communities because Fort Cavazos is one of the biggest

bases in America,” she continued. “We’re spread out, and it’s nice to find people from each neighborhood, make those connections and build that sense of community. If you missed it this year, definitely come out next year because National Night Out is the place to be, and it’s the fun place to be.”
To learn more about the National Night Out campaign, visit natw.org.



Families interact with military police during National Night Out Tuesday at Phantom Warrior Stadium at Fort Cavazos. National Night Out is a nationwide event that promotes heightened crime-prevention awareness, reinforces neighborhood spirit and strengthens police-community partnerships.

Darth Vader (Chris Albus, project director for Cavalry Family Housing), left, fights Darth Vader (Spc. Ali Jaffrey, 1st Armored Brigade Combat Team, 1st Cavalry Division) during National Night Out Tuesday at Phantom Warrior Stadium at Fort Cavazos.

Pilot program covers certain child care costs after PCS move

BY C. TODD LOPEZ
DOD News

WASHINGTON — Last month, the Department of Defense kicked off a three-year pilot program meant to reimburse service members up to \$1,500 for travel-related expenses incurred for a temporary child care provider following a permanent-change-of-station move.

When an active-duty service member makes a PCS move to a new duty location and finds child care at the local child development center won't be available within 30 days of their report date, they can hire their own provider, typically a relative or family friend, and then later file for reimbursement of transportation-related expenses.

The process begins with a service member visiting the military child care website to apply for child care at their new duty location, said Christopher Woods, chief of the policy branch within the Defense Travel Management Office.

"If the scheduling shows that care could not be provided within 30 days of the

member's report date, then the member would become eligible to bring a child care provider to their permanent duty station to look after the child while the member reports to work and their spouse begins to do things like unpacking or finding their next job," Woods said.

The military child care website is the DOD's official tool to sign up for child care. Now that the program has begun, the website will provide instructions to affected service members and generate the necessary forms that allow service members to obtain the needed child care.

"What would happen at that point is the member takes the documentation that they have from *MilitaryChildCare.com* ... and they begin to coordinate with their local travel office to treat that child care provider much like they would treat a dependent to begin to make the commercial travel reservations," Woods said.

Reimbursement is limited to commercial transportation expenses, including flights, rail tickets, transportation to or from an airport and an en route and departure rental car. Reimbursement for privately owned vehicle mileage is not authorized, while reimbursement for fuel used in a privately owned vehicle is.

For a PCS move between locations within the continental United States, reimbursement is limited to \$500. For a move to or from a duty station outside the continental United States, the reimbursement is limited to \$1,500.

Typically, a child care provider in these situations would be a relative or family friend, but it could also be an au pair. Woods said reimbursement is for transportation only — both at the start of the period needed for child care and at the end, to send the child care provider home. There is no reimbursement to pay a child care provider a

salary or to provide for room and board.

As part of the program, only one child care provider is authorized per military family, and only one service member in a military-to-military couple can request reimbursement.

The pilot program, which lasts three years and runs Oct. 1 through Sept. 30, 2027, comes after direction by Congress in the 2023 National Defense Authorization Act, Woods said.

While the program is active, Heidi E. Welch, the associate director for child and youth programs operations, said it's expected to relieve a burden on military families.

"Coming from the child care perspective, this is going to help families, so they have less strain," Welch said. "PCSing is a challenge and it's very difficult. I think this is going to relieve some of the strain and burden that families have as they're making those PCS transitions."



PCSing is a challenge and it's very difficult. I think this is going to relieve some of the strain and burden that families have as they're making those PCS transitions.

— Heidi E. Welch, associate director, child and youth programs operations



Lenese Rogers, Peterson Space Force Base Main Child Development Center lead education technician, reads a story to a group of children Nov. 9, 2023, Peterson Space Force Base, Colorado.

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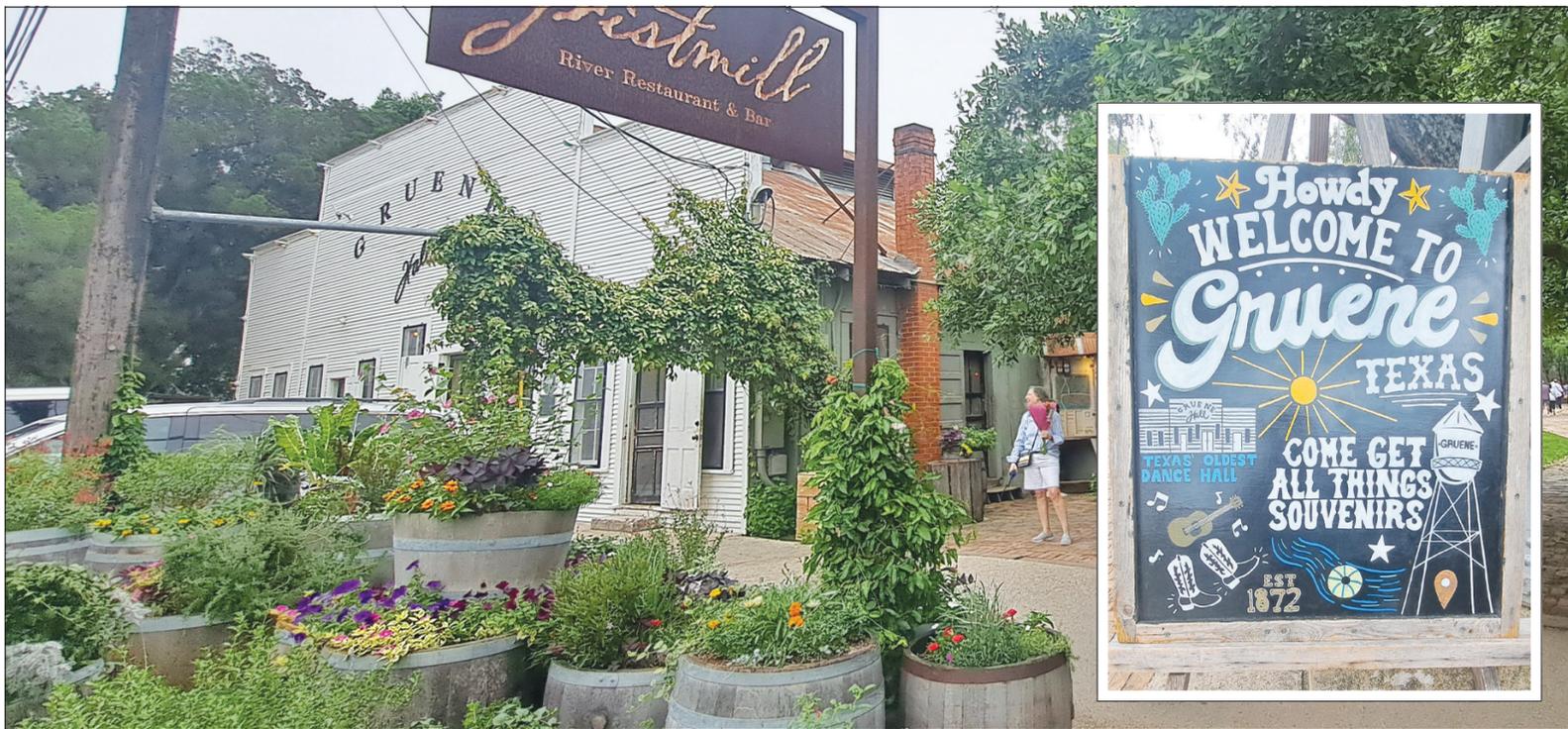
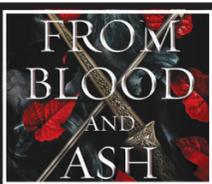
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Photos by Janecze Wright, Sentinel Living Editor

ABOVE, Though I didn't partake during this visit, I remember my first meal at the popular Gristmill River Restaurant and Bar at Gruene, Texas, several years ago was amazing. The structure has humble beginnings as a cotton gin powered by the Guadalupe River. **INSET**, The city of Gruene boasts live music seven days a week and the best food and shopping in the Texas Hill Country. **BELOW RIGHT**, Gruene Hall in the city of Gruene, stands as Texas' oldest continually operating and most famous dance hall. Artists like Waylon Jennings and Lyle Lovett have performed at the historic venue.

City of Gruene, small in size, big on Texas history

BY JANECZE WRIGHT
Sentinel Living Editor

GRUENE, Texas — The first time I ever visited here was several years ago with coworkers from a previous job during our Christmas training trip.

We stayed at an adorable bed and breakfast with silos converted to rooms.

It was by far the most unique venue I had ever experienced, and I left with fond memories of my stay.

During a more recent trip to New Braunfels, I decided to revisit Gruene, just ten minutes down the road and just over two hours from The Great Place.

While the silos are now popular Airbnb rentals, I discovered not much else about the quaint city has changed.

Small in stature at just 25 acres — but big on personality, Gruene, pronounced “green,” is still a Texas tourist favorite, boasting live music

seven days a week and the best food and shopping in the Texas Hill Country.

But even more fascinating than the city's entertainment appeal, is its storied history that has captivated visitors for more than a century.

Developed by the German-born Gruene family in the late 1800s, Henry Gruene was responsible for constructing several buildings that still stand today, many of which I glimpsed as I took in the sights.

The Victorian-style home he built is now the Gruene Mansion Inn, an elegant eatery with an inviting wraparound porch.

An A-frame house built for his farm foreman now houses The Gruene Haus, which sells a variety of eclectic decor.

Before the well-known Gristmill River Restaurant and Bar bustled with patrons, the building was a cotton gin powered by the Guadalupe River.

And most notably, Gruene Hall, built in 1878, still stands

as Texas' oldest continually operating and most famous dance hall.

Notable names, such as Willie Nelson and George Strait, have graced the historic 6,000-square-foot hall, with its high-pitched tin roof and original layout, patrons are often the first to hear unknown artists before they make it big.

I was equally impressed by the mint-condition vintage police car parked right out front of the hall, and I enjoyed imagining a time when vehicles like it roamed the streets.

As I strolled, I took in the antique shops and the historic buildings, as well as the eccentric storefronts and structures.

On my way back to my car, I waited for the kind police officer to stop traffic for me and other visitors to cross the street.

And I couldn't leave without visiting a rustic shop that sold wine and beer options and advertised live music.

Much like the city, the gesture from the officer left an impression that makes me want to return — and thanks to a few upcoming events, I just might.

The city of Gruene is hosting Market Days the third weekend of every month through the first weekend of December. Stroll through nearly 100 booths selling handmade goods from Central Texas artisans.

The remaining dates for visitation are from 10 a.m. to 5 p.m. Oct. 19-20, Nov. 16-17 and Dec. 7-8 at 1724 Hunter Road, Gruene Historic District. Visit gruenemarketdays.com for more information.



The picturesque Gruene Mansion Inn, a quaint eatery with a charming wrap-around porch, was originally built as a home for Henry Gruene, whose family established the historic city in the late 1800s.

Once a home built for his farm foreman, The Gruene Haus now houses a variety of decor, gifts and souvenirs. Many of the establishments still stand more than a century after they were built.



ABOVE, I wasn't the only one taken by the pristine police cruiser parked in front of Gruene Hall in the city of Gruene, Texas. The car lends a nostalgic quality to its surroundings. **RIGHT**, The sidewalks of Gruene were lined with quaint antique shops, and I enjoyed peering through the picture glass windows to see inside.



Sam's (Book) Club

Find comfortable seat for six book series

BY SAMANTHA HARMS
Command Information Chief

Each night as I climb into bed, I lean over to my nightstand to decide what book to read for the evening. While the stack of books feels like it continues to grow larger every day, I keep finding myself reaching for fantasy romance novels. There is something comforting about the different worlds available to me — they have everything from dragon riding to evil princes and vampires to werewolves. There isn't a stone unturned, and I love every second of it.

Even better is when a book is part of a series. I can read quickly knowing that while this book may end, there is another in my story going. So, when I stumbled on the "From Blood and Ash" series, it felt like a perfect fit for me.



Jennifer Armentrout

'From Blood and Ash' by Jennifer Armentrout

According to the book description, "chosen from birth to usher in a new era, Poppy's life has never been her own. The life of the Maiden is solitary. Never to be touched. Never to be looked upon. Never to be spoken to. Never to experience pleasure. Waiting for the day of her Ascension, she would rather be with the guards, fighting back the evil that took her family, than preparing to be found worthy by the gods. But the choice has never been hers."

And then enters Hawke, "a golden-eyed guard honor bound to ensure her Ascension. He incites her anger, makes her question everything she believes in and tempts her with the forbidden.

"A fallen kingdom is rising once more, determined to take back

what they believe is theirs through violence and vengeance. And as the shadow of those cursed draws closer, the line between what is forbidden and what is right becomes blurred."

Poppy is a complicated, yet incredibly kind-hearted person. She finds herself pushing back against the constraints placed on her at every turn, unable to understand why she resists. Hawke doesn't help the situation at all, often encouraging her to be herself when he knows that isn't the right answer in the eyes of others. And, of course, the rising threat of this shadow kingdom seems to intensify everything around Poppy.

I felt this was written quite well, with a mostly fast pace and heavy dialogue. Armentrout is an incredibly talented author, having written more than 30 novels and won awards for at least five different books, including the 2020 Goodreads Choice Awards for Best Romance for "From Blood and Ash." Out of those 30 novels, she also has five different series. It is clear while she may have more than a few different characters to remember at any given time, the dedication she has for writing is felt deeply in this novel.

While I did love most of this book, I found the plot twists were predictable and felt as though Armentrout didn't consult her own map on the locations of different cities. I was often flipping back to the front of the book, asking myself, "Where is that city again? Why would they be going there when that path doesn't make any logistical sense of where they actually want to go?"

Poppy comes across as a typical, stubborn heroine. She often is told

to behave, which she immediately does the opposite of whatever is being asked her. It can be really annoying, but I have found this trope novel I have read thus far, so it seems this is something readers just have to live with.

I also found myself asking, "What is happening? What is the Ascension? Why hasn't Poppy asked more questions about this already? When is Poppy going to realize

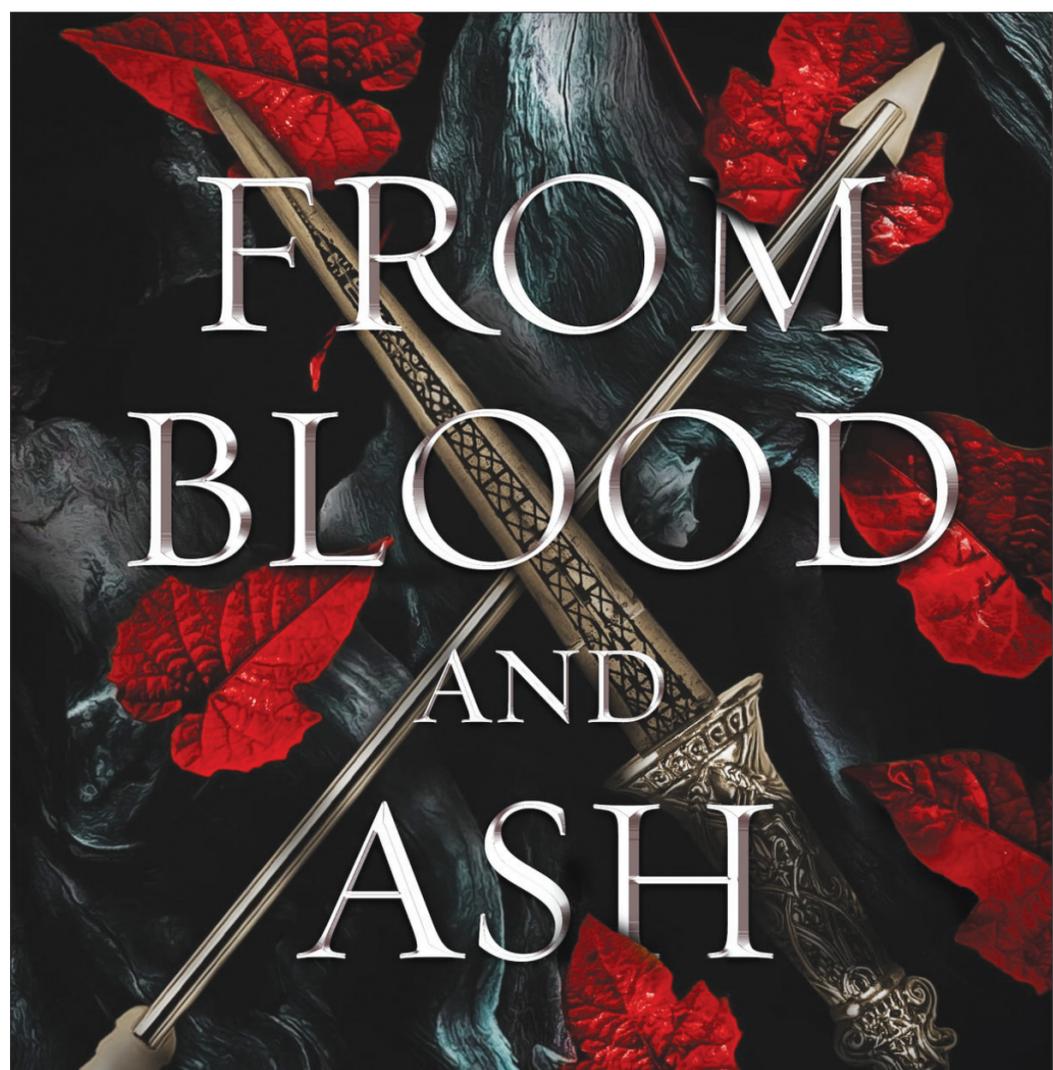
this?" quite a bit. After finishing this first novel, and even the second in the series, I feel Armentrout wrote things to be a little vague because she wants you to keep reading the series. Even after finishing the second, I still have some of the original questions I had from the first. So, if you decide to read this novel, find a comfortable chair, prepare to have a lot of questions stay with you, and simply dig in.

Despite this, I did order the third

novel and am looking forward to continuing learning about Poppy and her path forward.

For people who are interested in giving fantasy or romance novels a try, I recommend this series. Readers should note there is mature content, so this novel may not be for everyone.

Four out of five stars. Available at various Department of Defense libraries, including electronically on Libby, and major booksellers.



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Freddy
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Michael
3-mo-old, domestic short hair, black & white, male.



Anabelle
3-mo-old, domestic short-haired tabby, brown & white, female.



Faith
1-yr-old, domestic short-haired tortoise-shell, tricolor, female.



Drusilla
1-yr-old, domestic short-haired tortoise-shell, tricolor, female.



M3gan
4-mo-old, domestic short-haired tortoise-shell, tricolor, female.



Dexter
3-mo-old, domestic short hair, gray, male.



Blair
1-yr, 2-mo-old, domestic short hair, black, female.



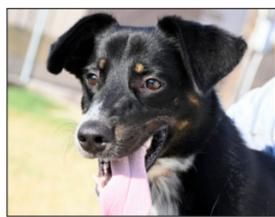
Minerva
12-yr-old, domestic medium hair, brown & black, female.



Haliwell
1-yr, 1-mo-old, domestic short-haired tiger, gray & black, female.



Chico
7-mo-old, Australian cattle dog mix, tricolor, male.



Chucky
2-yr, 1-mo-old, Australian shepherd mix, male.



Elvira
5-yr-old, German shepherd, tan & black, female.



Spooky
2-yr, 1-mo-old, short-haired Chihuahua, brown, male.



Sirius
1-yr, 2-mo-old, German shepherd mix, black, male.



Daisy
1-yr-old, short-haired Chihuahua mix, chocolate & white, female.



Sentinel file photo by Janecze Wright, Sentinel Living Editor

The Kerfoot family, Claire, 14; JJ, 9; twins Sarah and Jane, 7; and Kate, 11, poses for a photo during the United Service Organizations at Fort Cavazos trunk-or-treat with H-E-B Operation Appreciation event Oct. 27, 2023, at Killeen Special Events Center at Killeen, Texas.



Sentinel file photo by Samantha Harms, Command Information Chief

Children line up to say those magic words, "Trick or treat!" at a Cavalry Family Housing residence Oct 31, 2023. The home was decorated with a plethora of inflatables.

Housing, DES talk Halloween safety tips

BY AYUMI DAVIS
Sentinel Editor

The Great Big Podcast recently sat down with Chris Albus, project director for Cavalry Family Housing, and Lt. Andrew Samarippa, team chief for military police investigations and public affairs office for Directorate of Emergency Services, to talk about safety tips for Halloween.

The culminating event for October, trick-or-treating, will be from 6-8 p.m. Oct. 31 on post. Military police and DES personnel will be there to watch over and keep the community safe.

"We'll be out there with our patrol officers," Samarippa said. "In fact, I'll be even working out there myself, so I'll be out there just contributing to the overall safety and fun factor for what Halloween is. We want to make this a very memorable event for both parents and kids."

"We (Cavalry Family Housing) are always in close partnership with the Directorate of Emergency Services, the fire and police forces, and we have a very close relationship with them when we execute these events, and they are always out in the neighborhoods doing a great job, especially monitoring traffic and making sure that there's safe conduct of ... all of our celebrations we do in these communities," Albus said.

With a few weeks left, both Albus and Samarippa shared safety tips to ensure children and parents enjoy the candy-filled night.

- Wear light-colored and reflective costumes for visibility.
- Wear beards and wigs that don't cover the mouth, nose or eyes.
- Ensure masks, helmets and/or headgear allow for 180 degrees of vision.
- Ensure swords, wands and other attachments or accessories are short and flexible.
- Have children wear a parent's name and phone number in case of an emergency.
- Drive slow during Halloween.
- After trick-or-treating, check the candy before children eat it.

Samarippa especially urged motorists to slow down.

"Slow it down to about that 10-15 mile-per-hour range because kids will pop out of nowhere, and it's very hard to spot them," he said. "I just ask the motorists to just be more cognizant, and be aware about what's going on."

Samarippa also asked people to stray away from props that could cause panic, such as a chainsaw without a chain.

"People get really into Halloween, and they really get into their props," he explained. "One thing that we want to be cognizant of is that if you're going to throw a scare factor there, the natural tendency to people is to run away ... and what we don't want is the props or the person to be so scary that it creates a panic."

"We want to be able to be smart about your decorations and be smart about what kind of props that we use now," he added.

Leading up to Halloween, Cavalry Family Housing is hosting several events, including a pumpkin carving contest Oct. 22, a pet costume contest Oct. 29 and a house decorating contest Oct. 18-25.

For the decorating contest, Albus noted residents should ensure they are following housing and Army regulations when putting up decorations, and they are in good taste. He also said to be mindful of lights and noises, as the post has quiet hours between 10 p.m. and 5 a.m.

"We encourage residents to put up decorations," Albus said. "Decorations can go up 45 days before the celebration, and they have to come down 30 days after the holidays, so

that's the big one.

"The second thing

I would like to mention, is if you're hanging lights, make sure that they're safety-approved lights," Albus continued. "Do not climb up of the roof, and do not nail into the house, into the roof, into the fascia, into the siding. There are clips, and there's approved tape that you can use in order to put those lights up."

With these events, seeing interactions in the community lead to friendships and camaraderie is what Cavalry Family Housing enjoys, Albus said.

"For Cavalry Family Housing and our housing office, we enjoy seeing the community come together," Albus expressed. "We enjoy seeing the community that started each cul-de-sac at a time. We want to see our neighbors develop these lifelong friendships that I mentioned before that they can carry on for the rest of their Army career and really have a great impression of Cavalry Family Housing and Fort Cavazos and their time here in Central Texas because it is a great place for a reason, and this is one of the reasons why it's called The Great Place."

"Most importantly, though," Albus added, "we want to keep people safe, and we want to make sure our residents, our employees, all the Army employees all get home safely to their families every night."

For more information, call Cavalry Family Housing at 254-220-4779.

Watch the podcast at fortcavazospao.podbean.com or on YouTube at youtube.com/@fortcavazosarmy.

I'll be out there just contributing to the overall safety and fun factor for what Halloween is. We want to make this a very memorable event for both parents and kids.

- Lt. Andrew Samarippa, MPI team chief and DES PAO



FORT CAVAZOS CHAPEL SERVICES



CATHOLIC
Sunday Mass, 9 a.m., Main Chapel, www.facebook.com/FtCavazosRomanCatholic
Noon Mass, Monday through Friday, Main Chapel
Confession after Mass or by appointment, call 254-286-6749, Main Chapel

PROTESTANT
St. George Parish (Anglican, Lutheran, Episcopalian), Sunday, 9 a.m., Old Post Chapel, <http://www.facebook.com/SaintGeorgeFortCavazos>

SPANISH PROTESTANT
Alcance, Sunday, 1:30 p.m., Veterans OIF Chapel.

GOSPEL CONGREGATION
Gospel Service, Sunday, 11 a.m., Memorial Chapel, <http://www.facebook.com/ComancheHappeningsNow>

TRADITIONS
Traditions Service, Sunday, 10 a.m., Ironhorse Chapel, www.facebook.com/groups/fhtpws/

CHAPEL NEXT
Contemporary Service, Sunday, 11:15 a.m., Main Chapel, <http://www.facebook.com/FortCavazosChapelNext>

OPEN TABLE
All-Inclusive Christian Chapel, www.facebook.com/OpenTableChapel

WFC PROTESTANT
Non-Denominational Protestant, Sunday, 10:30 a.m., West Fort Cavazos Chapel, <https://www.facebook.com/profile.php?id=100064944031364>

JEWISH
Shabbat Service, Friday, 6 p.m., Lucky 16 Chapel

MUSLIM
Friday Jumma Prayers at 1:30 p.m., 25th Street Chapel

OPEN CIRCLE
Camp Finlayson, contact Linn Vodisek, vodiseklinn@gmail.com

BUDDHIST
Soku Gakkai International (SGI) Nichiren, Online, contact Martin Bonner, 254-258-0844
Theravada, Thursday, 11:45 a.m., Memorial Chapel

NORTH FORT CAVAZOS
Call 254-286-5223 for service schedule and Bible study

ADDITIONAL SERVICES/STUDY
Children in the Middle, call 254-288-1913 to reserve, Family Life Chaplain Training Center
Men of Honor, Contact Ken Wooten, 254-466-6254

Protestant Women of the Chapel (PWOC), Tuesday, 9-11:30 a.m., Main Chapel, www.facebook.com/FortHoodPWOC
Mothers of Preschoolers (MOPS), www.Facebook.com/FortHoodMOPS
Club Beyond-High School, Contact Frank Ayala, fayala@clubbeyond.org
Club Beyond-Middle School, Contact Frank Ayala, fayala@clubbeyond.org
Catholic Women of the Chapel (CWOC),

Tuesdays from 9:30-11:30 a.m., bimonthly
Thursday 5-7 p.m., Main Chapel. Facebook: Fort Cavazos CWOC (Catholic Women of the Chapel)
Catholic Youth Ministry-Crusaders, 8-12 grades, Contact Maria Fuavia, 573-842-8181
Catholic Religious Education-CCE, Wednesday, 5:30-7:30 p.m., Main Chapel, Contact Maria Fuavia, 254-287-0241
Church of Jesus Christ of Latter Day Saints, Institute of Religion Classes, Tuesday from 7:30-8:30 p.m. at 13th ACSC Chapel, Contact Chap. Seth Porter, 281-235-7841

* Holiday hours and events are posted on the Garrison Chaplain's Facebook page, facebook.com/FortCavazosChaplain*

If you have any questions or concerns, please contact our Religious Support Operations office at 254-288-6545.

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This research study is run by the Institute for Military & Veteran Family Wellness at The University of Texas at Austin

imvfw.utexas.edu/research/reach

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HEALTH

CRDAMC promotes Breast Cancer Awareness Month with advocacy

BY RODNEY JACKSON
CRDAMC Public Affairs

Every October, Breast Cancer Awareness Month shines a light on the importance of early detection and the ongoing battle against one of the most common cancers affecting women. At Carl R. Darnall Army Medical Center, this month holds particular significance, as it serves as a time to honor survivors, support those currently facing the disease and spread crucial awareness. Within CRDAMC, dedicated professionals and survivors alike work tirelessly to advance breast cancer education and provide compassionate care.

Lacy Kirkes, CRDAMC chief nurse, family and community medicine, is a strong advocate for early detection and preventive care.

“Monthly self-checks are important and our beneficiaries, women ages 40 and up, are eligible for a mammogram at CRDAMC,” Kirkes said. “Beneficiaries can contact their clinic via the patient portal, by phone with the patient appointing service at 254-288-8888 or walk into the hospital to schedule an appointment with the mammogram department.”

The department urges women with breast concerns or any symptoms of breast cancer to see their medical provider first,



Carl R. Darnall Army Medical Center employees and breast cancer survivors, who now advocate for awareness, pose for a photo Tuesday at the hospital during Breast Cancer Awareness Month.

Photos by Rodney Jackson, CRDAMC Public Affairs

because it requires a different type of mammogram. Transgender females who have been on hormone therapy for over five years should speak to their providers about the need for a mammogram.

“Hormones feed breast cancer,” said Tara Quill, CRDAMC population health nurse. “The one thing we know for sure is that breast tissue plus hormones equals a risk

for breast cancer, so just to be on the safe side, it is encouraged that our transgender population speak to a provider about whether it’s needed.

“Know your schedules,” Quill continued. “Beneficiaries should start getting a mammogram at 40 and, if not high risk, have one every other year ... I tell ladies make it your birth month.”

Dr. Jimmy Spakes, CRDAMC

family nurse practitioner at the Killeen Medical Home, recommends starting even earlier.

“I think the conversation about breast exams should, at the very least, be discussed at the patient’s first Pap test which starts at age 21,” Spakes said. “If there is a family history of breast cancer, even earlier than that.”

It’s recommended high-risk beneficiaries should have a mammogram every year.

Spakes recommends women who are high risk due to obesity, smoking, dense breast tissue or those who have a family history of cancer, should have a breast MRI in addition to a mammogram if recommended by their doctor.

According to Spakes, women can mitigate the risk of breast cancer by not smoking, losing weight and being aware of any changes in their breasts.

“If a woman notices a change in her breast in between exams or mammograms, don’t ignore those changes,” Spakes said.

Two members of the CRDAMC family, Connie Martin and Sharon Newton, are breast cancer survivors who now advocate for awareness. Martin, a clinical social worker in behavioral health, shares her personal story to inspire others.

Martin and her mother, Hazel Lynch, a two-time breast cancer survivor, had different types of breast cancer. Martin’s cancer was diagnosed and treated at CRDAMC. After discovery and consulting with providers, Martin opted to have a double mastectomy. Before surgery began, she recalled her provider walked into her room and said, “The Lord gave me these hands to work on you, and if you let me, we’re going to beat this together.”

“That statement alone gave me the strength to stand and fight,” Martin said.

Martin is dedicated to raising awareness of early detection and comprehensive support for women facing this disease.

“Keep the faith, hope in your heart, and a loving support team will be there to help during the good and bad days,” Martin said. “Keep your spirits up, stay positive in your thoughts and treatment — enjoy life.”

Newton, a logistics administrative assistant for CRDAMC and Army veteran unit supply specialist, is in her fifth year post-surgery and of treatment.

“I find myself telling my story more because it’s so important for us to get checkups, because the earlier they catch it the better the chance of your survival,” she said.

She urges beneficiaries diagnosed with breast cancer and going through or planning to go through the treatments to be positive. Acceptance is key to starting that positive process.

“Any negative thoughts that come, and they will come, you have to let go and continue to focus on your treatment,” Newton said. “Surround yourself with family and friends, as well as people who have gone through it, because the more positive you are going through the treatment, the better it is for you.”

Beneficiaries can find out more information on breast cancer treatment by logging on to the new Defense Health Agency Virtual Education Center at vec.health.mil. The center is an online educational platform with more than 50,000 resources covering 60 medical topics, including breast cancer and treatment.



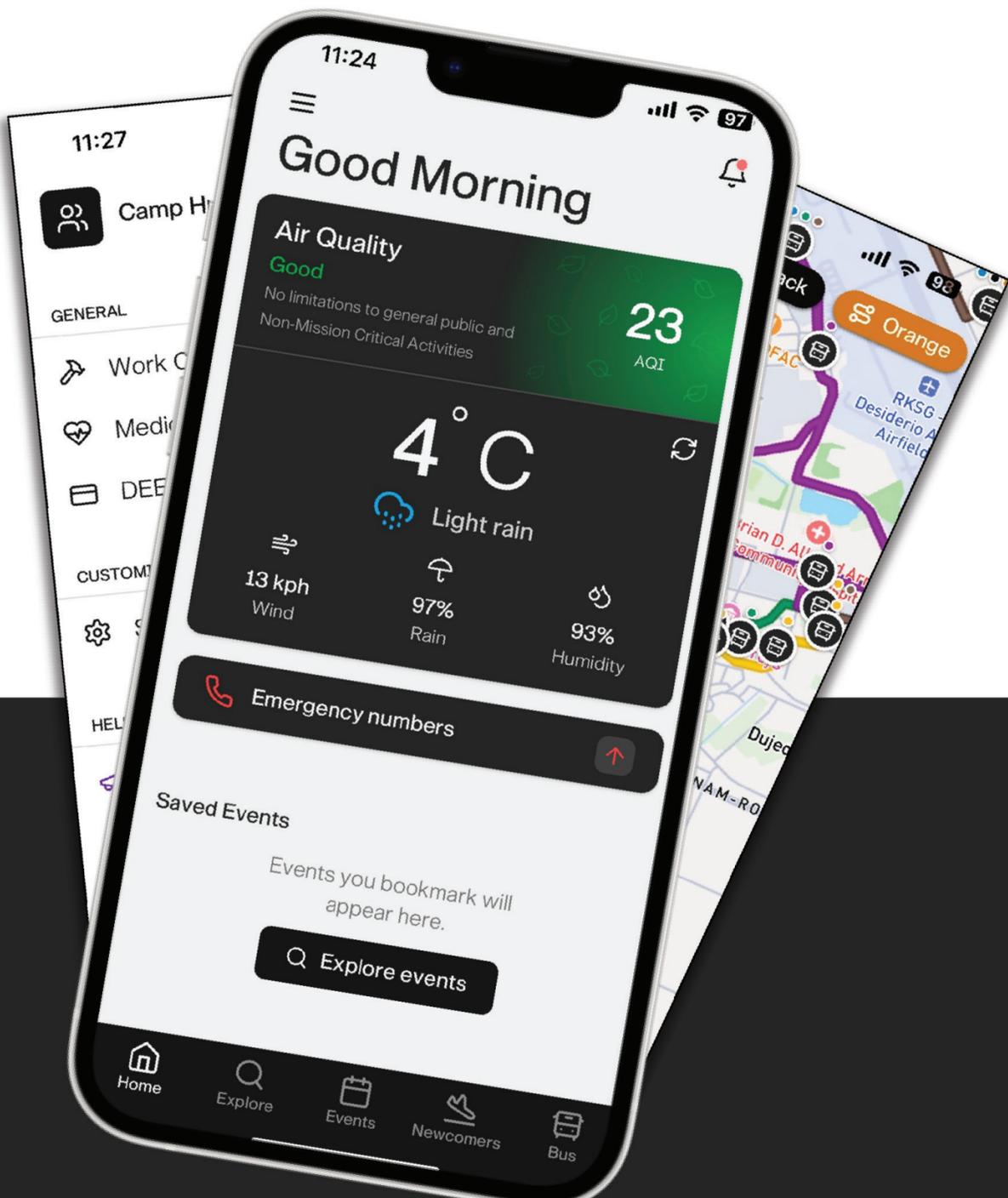
Sharon Newton, left, logistics administrative assistant for Carl R. Darnall Army Medical Center and Army veteran unit supply specialist, and Connie Martin, clinical social worker in behavioral health at CRDAMC, both breast cancer survivors who now advocate for awareness, pose for a photo Tuesday at the hospital during Breast Cancer Awareness Month.

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Eagle Scout installs flag disposal boxes around Fort Cavazos

BY JANECEZ WRIGHT
Sentinel Living Editor

Thanks to 17-year-old Ewan Choy, Eagle Scout Troop 229, flag disposal boxes are now available at each of the five community centers on post. Anyone with access to the installation can dispose of an American flag in these boxes.

Chris Albus, project manager for Cavalry Housing, explained the project recognizes the service of Soldiers, the service of the community and benefits Cavalry Housing residents, calling it a “win-win for everyone.”

Choy explained designing the flag disposal box helps him advance as an Eagle Scout, but the project holds much more significance.

“A lot of friends, family are military, we need to be involved in some sort of way, and this is something that I could share,” he said.

The community centers are open 8 a.m. to 5 p.m. For questions regarding the flag disposal boxes call any of the five community centers. The information can be found at www.cavalryfh.com/fort-cavazos-fort-hood/cavalry-family-housing-family-housing/guest-card/contact-us.



Photos by Janecz Wright, Sentinel Living Editor

BJ and Sandy Choy, local business owners, assist their son Ewan, 17, a recent high school graduate and member of Eagle Scout Troop 229, in placing retired flags inside the new flag disposal box Oct. 3 at the Neighborhood Community Center at Fort Cavazos.



Ewan Choy, 17, poses for a picture next to a new flag disposal box he placed Oct. 3 at the Neighborhood Community Center at Fort Cavazos. Choy designed five flag disposal boxes to place at community centers around the installation.

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LAST WEEK'S CROSSWORD ANSWERS

AUTOMOTIVE
FOR SALE: 1929 Ford roadster hot rod new motor/transmission radiator chromed accessories etc for sale/interesting trades or will trade down for Harley panhead.. local car near post Cavazos call for appointment to view mark, Call (254) 370 7973.

MISCELLANEOUS
FOR SALE: Used machine shop anvil \$400. Georgetown. 512-970-0003.

FOR SALE: Black, Oval, all wood, dining room table with 4 chairs. \$100, Pink, Girls Dresser w/ attached Mirror & Chest of Drawers. \$150, Misc. Womans Clothing; small yard. Must have your own equipment & lawn mower w/ a bag. \$45.00 every other week. (254) 213-2112.

FOR SALE: Ashley King size Mattress, practically brand new, comes with Mattress Protector \$100 Queen for \$50.00 Call 254-238-2112.

FOR SALE: Collectibles: sports cards, albums, toys, pottery, racing magazines. Miscellaneous: tools, weights equipment. More collectibles: Elvis, Princess Diana, Beanie Babies, and Star Wars. Please TEXT 254.479.8471.

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SCAN HERE

WORD SLEUTH SHE'S IN THE MIDDLE

D U R P N K I G D B Z E X V S
S R E H S U Q O M K K Y S R R
I G S F E T C A O I Y E E Y E
W U S L I Q E S V L A H S P H
N L J H L S H E D S S S L N S
F E C A Y E H E H I X I E E A
V U S (C A S H E W S) Q F H H W
P N M K L S L S R J D S S S H
F E C O A L B Z G Y A E U A Y
X V B B S U T R Q G P O B M L
K I A H R E N E H S E R F G E

unlisted clue: USHER

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.
Friday's unlisted clue hint: GUIDES YOU TO YOUR SEAT

Abashedly	Bolshevik	Fishery	Seashells
Ashen	Bushels	Fisheye	Washers
Ashes	Cashews	Freshener	Wishers
Bedsheets	Eggshells	O'Shea	

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PREMIER CROSSWORD/ By Frank A. Longo

ACROSS

1 Reserves of stock	9 Person applying a mail stick-on	16 Understands	20 Actress Palicki of "Friday Night Lights"	21 Popcorn personage Redenbacher	22 Out of the wind, nautically	23 Start of a riddle	25 Watson of "Little Women"	26 Was bested	27 Rug threads	28 Emo of zany comedy	30 Crafty plans	34 Arnaz of "I Love Lucy"	35 Have in mind	36 King, in Paris	37 Riddle, part 2	41 Unhappy	44 Almonds, e.g.	45 See	46 Jamaican music genre	47 Alpine climber's tool	49 Extra NFL periods	51 Actress Long of "Missing" tiger!	53 Nobelist Bohr	54 Riddle, part 3	60 "The Taking of — 123"	61 Check casher, e.g.	62 Pre-2001 space station	63 With 45-Across, informed on the latest	67 Lacking living organisms	69 Shampoo brand	71 Vidal — (shampoo brand)	73 Some till bills	74 Helium, e.g.	76 Dot in the ocean	78 Fife sound	79 Riddle, part 4	82 Pong producer	86 Tart's cousin	87 Capote, to his pals	88 "The First 48" network	89 Ricky Martin's old boy band	91 "Sir," in colonial India	95 "Hey there, tiger!"	97 Wee child	98 End of the riddle	102 Yoga chants	103 Loosen up	104 Tolkien trilogy initials	105 To some degree	109 Popular rum brand	111 Swindling guy	113 Really ruin	114 Scraped (out)	115 Riddle's answer	120 Give for a while	121 Determines the sum of	122 Thief's activity	123 Uno + dos	124 Some tax cheats	125 Lays out for proofing	6 "Warzone" singer Yoko	7 Wildebeest	8 Narcissist's love	9 People crying loudly	10 Maple fluid	11 Greed for wealth	12 Russian-built fighter jets	13 Arafat's gp., once	14 Formed a secret union?	15 Ginger's trait	16 Scottish Celt	17 Suburb of Phoenix	18 Pertaining to time	19 Ocean coasts	24 "White Flag" singer of 2003	29 Have in mind	31 Tailless feline breed	32 Aussie bird	33 New Jersey's — Hall	35 Smaller than large	38 Lens aperture setting	39 Russo of "The Intern"	40 Hi-tech movie effects	41 Hold to one's decision	42 Novelist Chinua	43 Buy and sell	48 Eldest of the Musketeers	50 Suddenly lose patience	52 Warts and all	55 Pal, in Peru	56 Song line	57 Kin of "Oyl"	58 Beautiful, in Bologna	59 Poetic Muse	63 Old Glory's land, informally	64 Really strong	65 City in Spain or Ohio	66 A short round of tennis	68 Al who drew the Yokums	70 For fear that	72 To the extent that	75 Bern's land, to the French	77 Australia Zoo owner Irwin	79 Not as messy	80 Harvest	81 "The Flight Attendant" star Kaley	82 Bandleader, informally	83 Drink infusing device	84 Cutoff cry from a film director	85 Long to undo	90 Out with one's sweetie	92 Hint-providing columnist	93 "My thoughts exactly"	94 Alternatives to GIFs or JPEGs	96 Hulk Hogan's 1980s org.	99 Isaac of sci-fi	100 Actress Drescher	101 Sings in the Alps, perhaps	106 Perez of film	107 Quaint reply of denial	108 Canoodles, in Cambridge	110 Determines the sum of	111 Street rep	112 Hawk's home	116 Plato's "H"	117 Hog's home	118 Vivacity	119 "Little" actress Issa
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DOWN

1 Cries loudly	2 Like a one-off committee	3 Fall suddenly	4 Purring baby	5 Precept
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#2,215 Average time of solution: 67 minutes

JUMBLE THAT SCRAMBLED WORD GAME
By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

PTIOV
NJAOB
TLILTE
GNRELO

Well, like it or not, you're going to have to take your time and heal. No more rounds for now.

You could still bring me charts to look at.

THE DOCTOR WOULD RECOVER FROM HIS INJURIES BUT WAS HAVING A PROBLEM ---

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

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Jumbles: PIVOT BANJO LITTLE LONGER
Answer: The doctor would recover from his injuries but was having a problem --- BEING PATIENT

HOCUS-FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Arm is lower 2. Boy is shorter 3. Ball is missing 4. Stripe is added to catcher's pants 5. Bush is moved 6. Glove is different.

SLYLOCK FOX

Slick Smitty demands a refund for an expensive exotic fish he bought from this aquatic pet shop yesterday. He claims that the shop sold him a fish that his veterinarian says has pneumonia. Why does Slylock Fox advise the shop manager not to give Smitty a refund?

Solution: -- Pneumonia is an infection that affects an animal's lungs. Fish do not have lungs.

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YOUR DRAWING
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Pong, a table tennis game with two-dimensional graphics, was the first commercially successful video game. It was originally released in ...

a) 1959
b) 1967
c) 1972

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BY BOB WEBER JR.

Spot six differences between these panels.

Answer -- Game screen, hippo, jacket, Max's hat, game and reward poster.

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STK#42266A
Sale Price \$20,800

2024 NISSAN VERSA S CVT
STK#Z20130
Sale Price \$20,999

2020 FORD FUSION SE FWD
STK#Z20092
Sale Price \$20,999

2020 HYUNDAI PALISADE SE FWD
STK#54778B
Sale Price \$21,500

2019 VOLVO XC40 T5 AWD MOMENTUM
STK#70303A
Sale Price \$21,895

2021 SUBARU CROSSTREK PREMIUM CVT
STK#54871A
Sale Price \$21,995

2018 NISSAN FRONTIER KING CAB 4X2 SV
STK#55064A
Sale Price \$21,995

2022 MAZDA CX-30 2.5 S SELECT PKG AWD
STK#61286A
Sale Price \$22,169

2024 VOLKSWAGEN JETTA SPORT MANUAL
STK#61276A
Sale Price \$22,495

2021 NISSAN KICKS SR FWD
STK#Z20124
Sale Price \$22,500

2020 CHEVROLET MALIBU LS
STK#Z20117
Sale Price \$22,999

2024 NISSAN SENTRA SV CVT
STK#Z20131
Sale Price \$23,300

2022 CHEVROLET TRAILBLAZER FWD 4DR LT
STK#31330B
Sale Price \$23,499

2017 JEEP WRANGLER RUBICON 4X4
STK#55203B
Sale Price \$23,995

2023 NISSAN VERSA SR CVT
STK#Z20132
Sale Price \$23,999

2021 MAZDA3 HATCHBACK 2.5 TURBO PREMIUM + AWD
STK#31453A
Sale Price \$24,599

2020 FORD MUSTANG ECOBOOST FASTBACK
STK#54668A
Sale Price \$24,995

2022 NISSAN ROGUE FWD SV
STK#P50207
Sale Price \$25,995

2022 VOLKSWAGEN PASSAT 2.0T LTD EDITION
STK#C20021
Sale Price \$25,999

2022 JEEP CHEROKEE LIMITED 4X4
STK#31261A
Sale Price \$26,399

2022 CHEVROLET BLAZER FWD 4DR LT W/1LT
STK#Z20120
Sale Price \$26,500

CERTIFIED 2021 VOLKSWAGEN ATLAS 2021.5 3.6L V6 SE
STK#61449A
Sale Price \$26,995

2022 MAZDA CX-5 2.5 S PREFERRED PACKAGE AWD
STK#31151A
Sale Price \$26,999

2020 CHEVROLET TAHOE 2WD LT
STK#31504A
Sale Price \$27,399

2022 CHEVROLET BLAZER FWD 4DR LT W/1LT
STK#Z20121
Sale Price \$27,999

2021 DODGE CHARGER GT RWD
STK#31427B
Sale Price \$28,999

2023 DODGE CHARGER SXT RWD
STK#315212
Sale Price \$29,750

2023 MAZDA MX-5 MIATA RF GRAND TOURING MANUAL
STK#31525C
Sale Price \$29,999

2022 FORD BRONCO SPORT OUTER BANKS 4X4
STK#Z20122A
Sale Price \$30,999

2021 FORD MUSTANG ECOBOOST PREMIUM FASTBACK
STK#Z20114
Sale Price \$31,500

2022 FORD RANGER XLT 4WD SUPERCREW 5' BOX
STK#Z20096
Sale Price \$32,500

2021 JEEP WRANGLER UNLIMITED WILLYS SPORT 4X4
STK#13045B
Sale Price \$33,999

2023 MAZDA CX-50 2.5 S PREMIUM PLUS
STK#31096A
Sale Price \$34,999

2019 CADILLAC ESCALADE RWD LUXURY
STK#42776B
Sale Price \$34,999

2023 AUDI Q5 S LINE PREMIUM + TFSI QUATTRO
STK#P20028
Sale Price \$35,500

2022 VOLVO XC90 T6 AWD MOMENTUM 7P
STK#61352A
Sale Price \$37,395



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