

TIMES OF AMERICA

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TIMES OF AMERICA is an official publication of USS AMERICA (LHA 6)
Public Affairs Team

CAPTAIN'S CORNER

Team America,

Wow! Only AMERICA can continue to excel in the face of so many challenges. I want to express my gratitude for this crew. We would simply not be where we are without the dedicated and hardworking Sailors and Marines on this warship. Last month we experienced unpredictable equipment challenges and typhoon avoidance that ultimately forced a return trip back to Sasebo and a delayed on-load. Despite the challenges, we gained time by rapidly and safely on-loading our 31st Marine Expeditionary Unit brothers and sisters, and supplies in less than 24-hours. I was in the hangar bay watching it all get done and could not be more impressed with this team — in standard AMERICA fashion, people of all rates and ranks were teaming up to get the job done. Make sure to welcome our 31st MEU brothers and sisters in true AMERICA fashion!



I want to call out the Engineering Department for the around the clock work you did to get AMERICA operational and back on Patrol. For days the team was in the hottest part of the ship diagnosing issues and repairing our high pressure air compressors. It did not go unnoticed how the rest of the departments took advantage of the additional time to effect repairs, conduct maintenance, and plan forward mitigating additional challenges keeping the ship operating with clocklike precision. This crew has shown incredible resilience and flexibility. I could not be more proud to lead this team.

August is an exciting month with new port visits and Exercise Ssang Yong. Let's continue to make smart choices so we can ALL enjoy the new ports. Make sure you know what you're putting in your body. Our operational tempo will be increasingly busy, so keep your focus and be sure you are getting rest, working out, and hydrating. Take care of yourselves and take care of each other. A quick public service announcement the Post Patrol Leave and Liberty notice has been released for all to start planning with four 16 day leave blocks to choose from.

Thank you to the whole crew for showing me how great team AMERICA is. WE ARE THE AMERICA FAMILY!



Very respectfully,

CAPT Manny Pardo
Commanding Officer, USS AMERICA
Faith – Family – Fun

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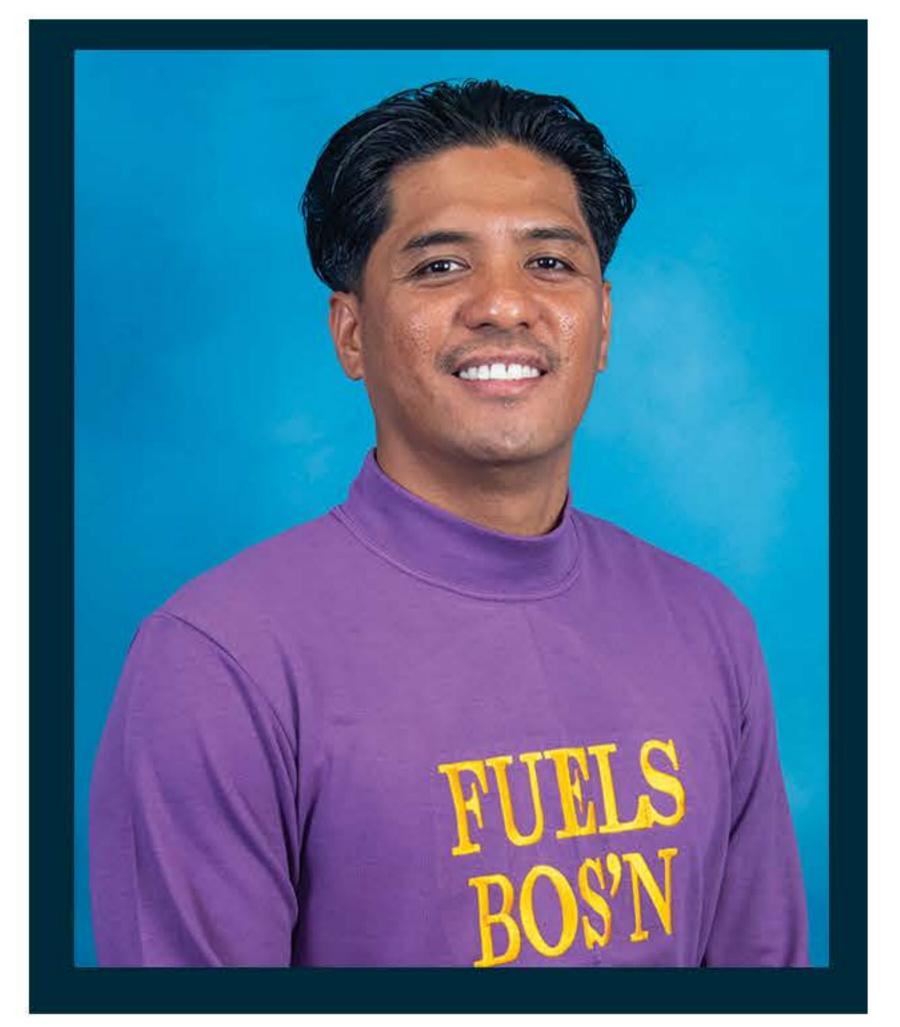
WHY WE STAY



Chief Aviation Boatswain's Mate (handling) Shawneequa Joyner joined the Navy in 2006 with the goal of completing her education. 18 years and two bachelor's degrees later, she is now pursuing a Master's in Counseling and Mental Health. Her job as the V-3 leading chief petty officer entails supporting flight operations by receiving aircraft in the hangar bay, ensuring spaces are FOD-free and overall assisting aircraft directors.

This area of responsibility does not come without challenges. However, Joyner is living proof that tough times are only temporary and provide the necessary experience to help guide others. Even after ranking up to E-6, Joyner noticed she did not see many other females in the rate and lacked the experience of working under female leadership. She took note, but remained undeterred and motivated to become the change she wanted to see. She works to ensure that Sailors know that their presence is necessary to complete the mission. "You are valued and add value to the team," says Joyner.

Joyner believes overcoming trials, mastering the craft and making the most of the Aviation Boatswain experience requires work-life balance with an emphasis on prioritizing family. "If you're always working on self, then the improved self is going to make you improve the Navy." As an ABHC onboard USS America, Chief's days are driven by the idea of leaving a legacy and building others along the way.



Chief Warrant Officer 2 Alan June Libungan, AMERICA's Fuels Bos'n, joined the Navy in 2003 as an Aviation Boatswain's mate (fuels), fulfilling his childhood dream of pursuing a Naval career. He was inspired by his uncle, who was also in the Navy. Today, his daily routine as the V-4 division officer includes providing oversight to all operations that deliver clear, clean and bright JP-5 fuel to aircraft, GSE gears and other equipment onboard the ship. However, he describes his most important role as ensuring the well-being of all his Sailors is taken care of.

Also referred to as "fuelies," V-4 Sailors are known to work in a wide range of weather conditions, so it comes as no surprise that CWO2 Libungan prioritizes their welfare. "Work with a passion," he says. "You're going to have to love what you do to stay in this rate!"

As the years went by, CWO2 Libungan's determination to make a career out of the military did not waiver. In addition to enjoying the job, he chose to stay in the Navy to support his family. He wants to provide a better future for his son than what he experienced growing up. While his goal to retire from the Navy was always at the forefront, he encourages others who may have different goals to practice good decision making, be adaptable and make positive changes that benefit both themselves and others around them.

AMA HIGHLIGHTS

Uniform Policy Update

USS AMERICA (LHA 6) is transitioning from the TYPE III to the 2 POC uniform. Supply has enough sets of 2 POCs to ensure that every Sailor aboard has two sets. Please work with your divisional leadership to obtain two sets of the 2 POC Uniform by the end of patrol 24.2.



Enlisted Leader Development Courses



Want these?



The intermediate, advanced, and Chief Petty Officer Leader Development courses are mandatory for advancement!

Scheduled August Courses in Troop Training

AUG. 7-9: Foundational Leader Development Course AUG. 12-14: Intermediate Leader Development Course AUG. 29-31: Foundational Leader Development Course

Exercise Ssang Yong



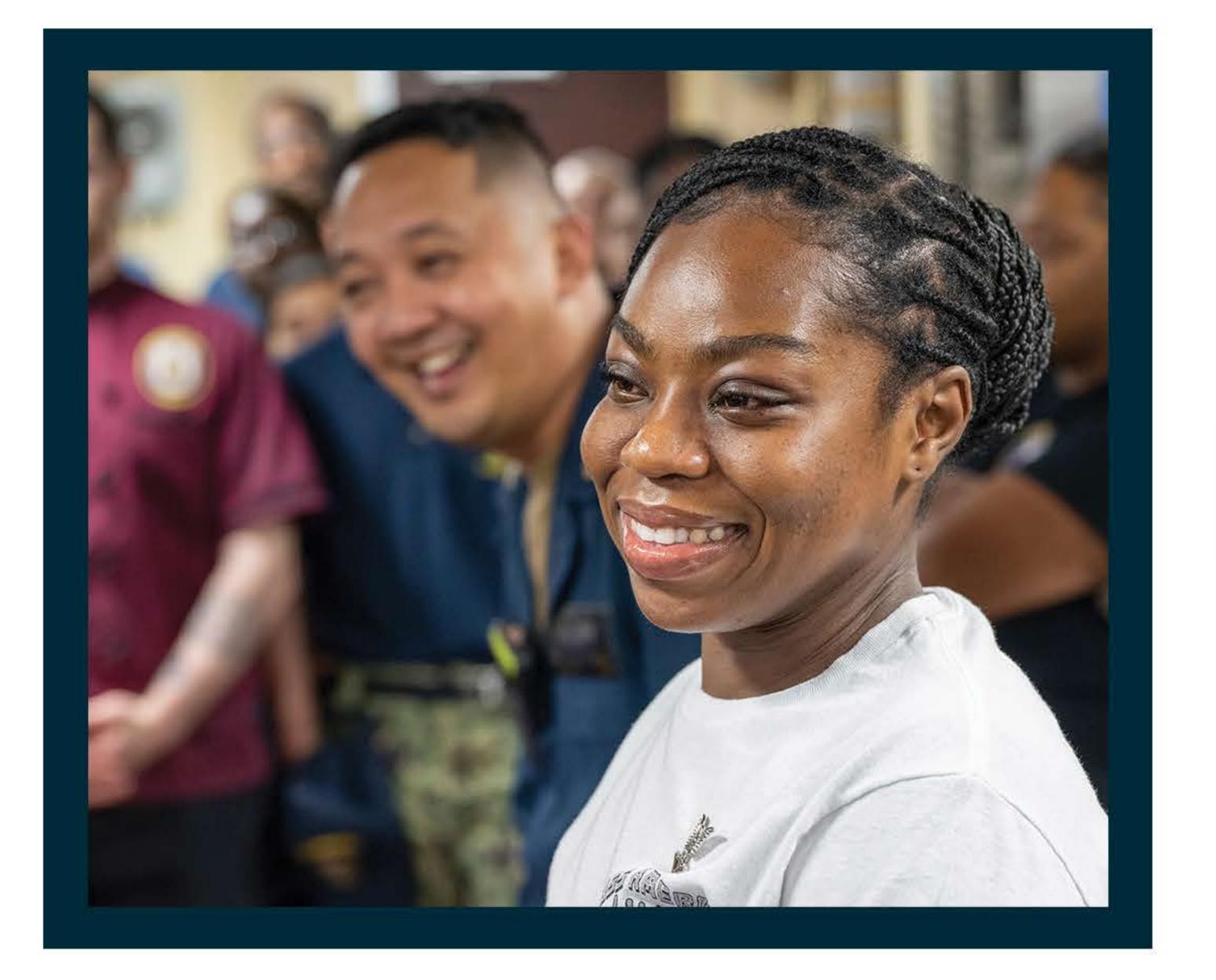
This month, every Marine and Sailor embarked on the AMERICA ARG will play a role in facilitating exercise Ssang Yong (SY24). This iteration of training activities between ROK and U.S. forces continues the regularly scheduled series of exercises to improve naval and Marine forces' amphibious capabilities.

Ssang Yong, meaning "twin dragons" representing the U.S. and Republic of Korea forces, is intended to strengthen ROK-U.S. combat readiness and combined interoperability, advancing the ROKMC Marine and open Indo-Pacific.

Task Force and command and control capabilities through combined training and amphibious operations.

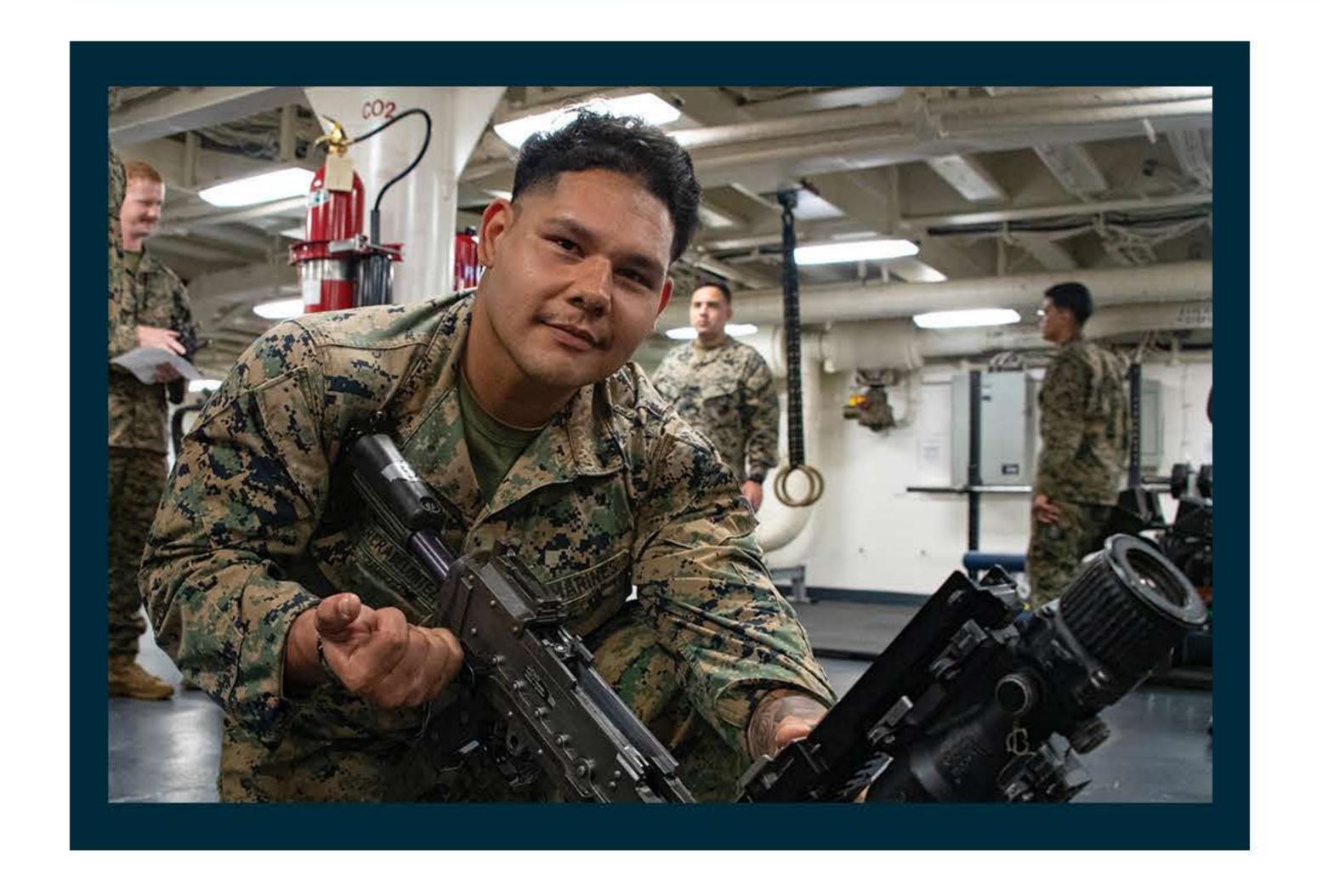
For more than 70 years, the ROK-U.S. alliance has been the foundation of peace and security on the Korean peninsula. SY24 builds upon this alliance by exercising capabilities crucial to both nations' national defense.

Whether you're a Marine executing tactical missions, or a Sailor on the deck plates, take pride in the role you play in supporting the ROK-U.S. Alliance and reassuring regional audiences of our commitment to upholding a free



CS3 Nyagbe leads a team of 15 Sailors in the galley during night check, serving more than 200 nutritious meals during Midrats. As Bulk Storeroom Custodian, she is responsible for 11 food storeroom spaces and an inventory of over 900 line items.

CS3 Precious Nyagbe



Lance Corporal Cezar Herrera Belmontez from Pittsburgh, California. MOS/Job Title: 0331 Machine Gunner (Team Leader)

After completing the Advanced Machine Gunner course, he can now share knowledge with junior Marines and train his relief. As a team leader, he will be assisting his squad leader in leading junior Marines during the 24.2 patrol.

Lance Corporal Cezar Herrera Belmontez

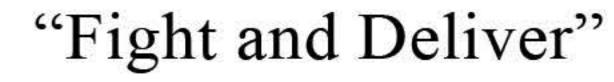
IS2 Timothy Rackley

IS2 Timothy Rackley, a Hartsville, SC native assigned to CPR 11, has served in the Navy for three years. He was recently awarded the Navy and Marine Corps Achievement Medal for providing intelligence support to CPR 11 staff.



OIT IT TAT

As the only forward deployed and permanently embarked PHIBRON, the staff of COMPHIBRON ELEVEN (CPR-11) are responsible for the command, support, and readiness of the AMERICA AMPHIBIOUS READINESS GROUP (ARG). CPR-11 is the unifying force behind four forward deployed amphibious ships including the USS AMERICA, USS GREEN BAY, USS NEW ORLEANS, and USS RUSHMORE.





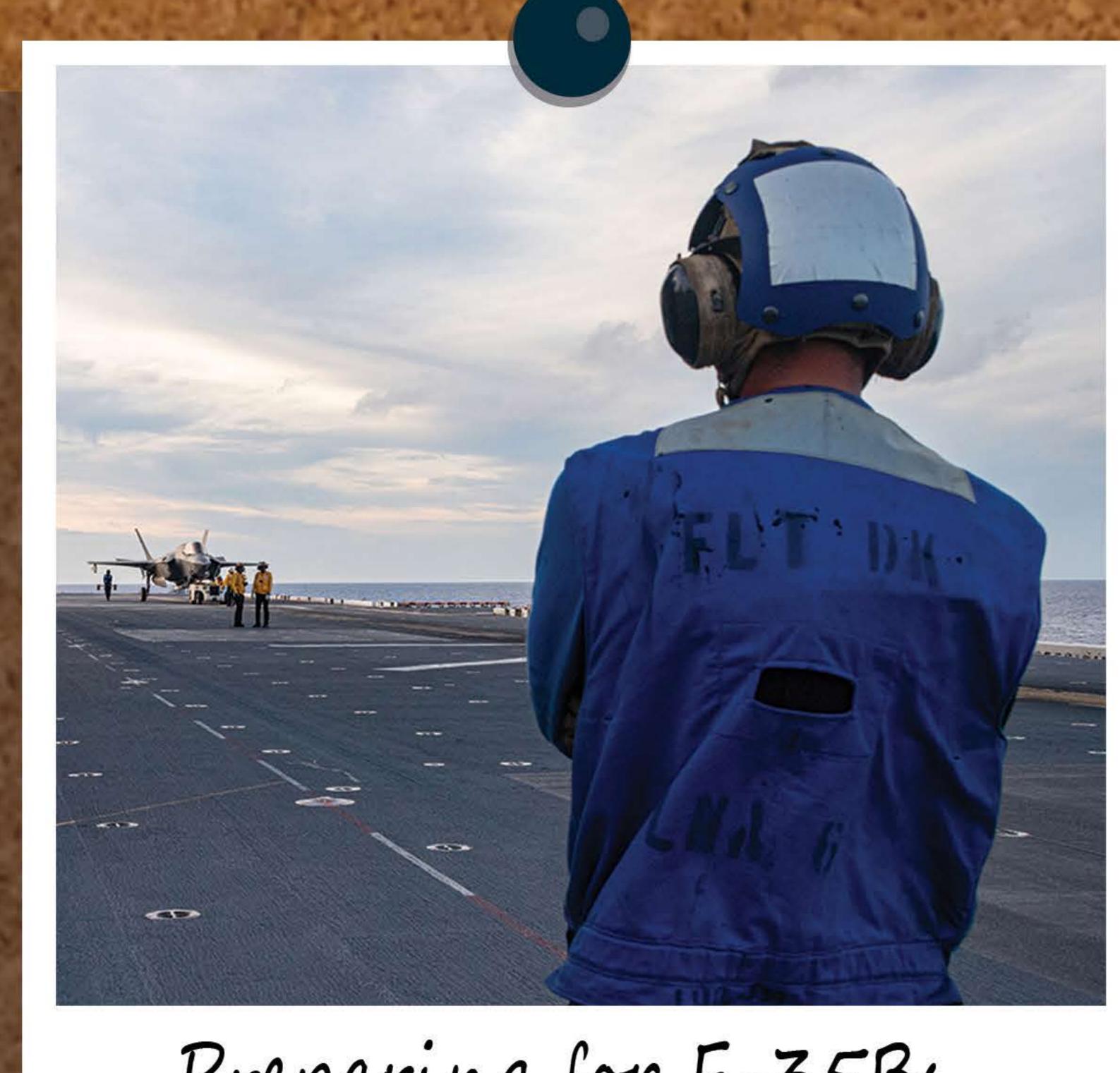
DIVISION OF THE ISSUE, V-1!



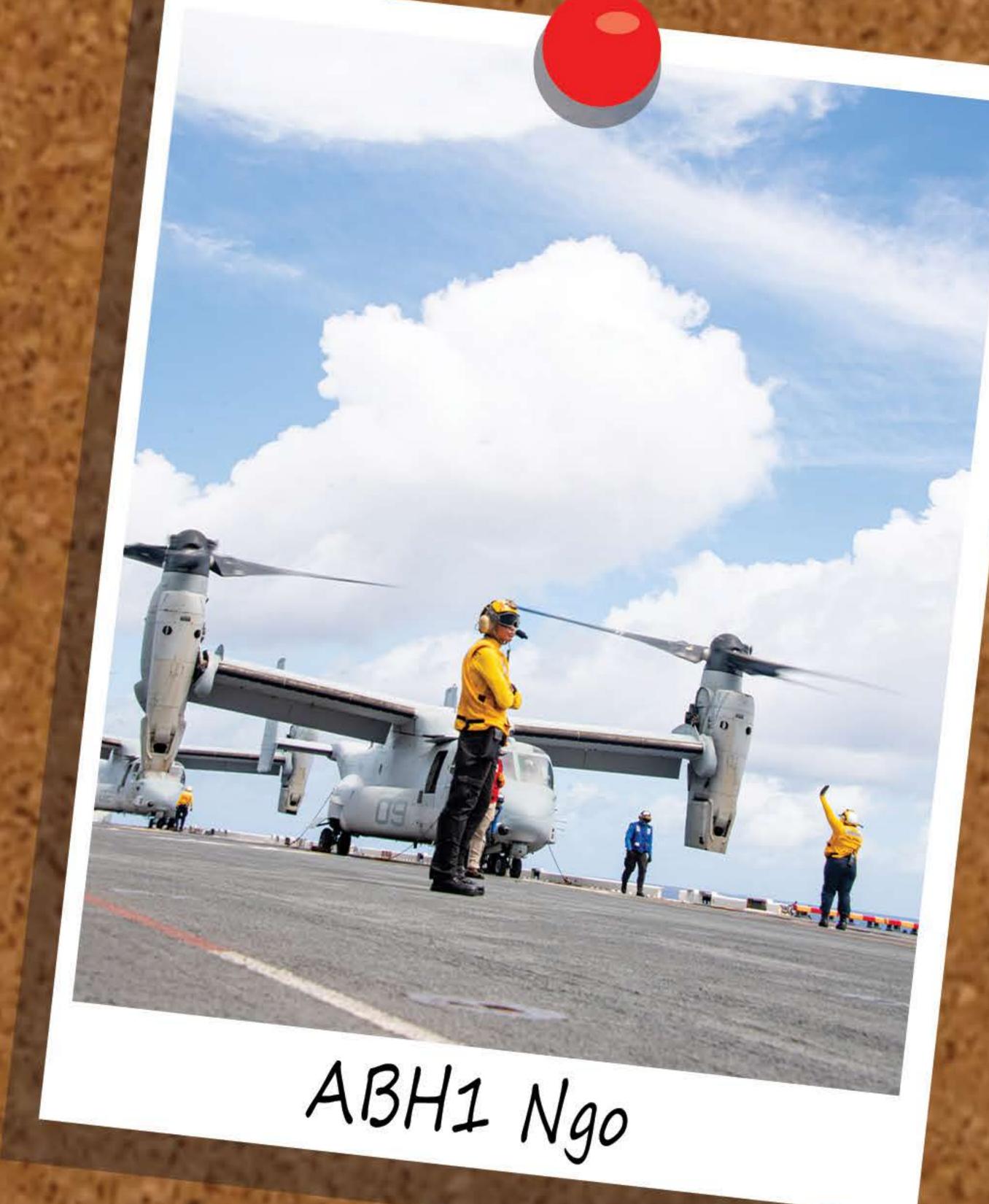


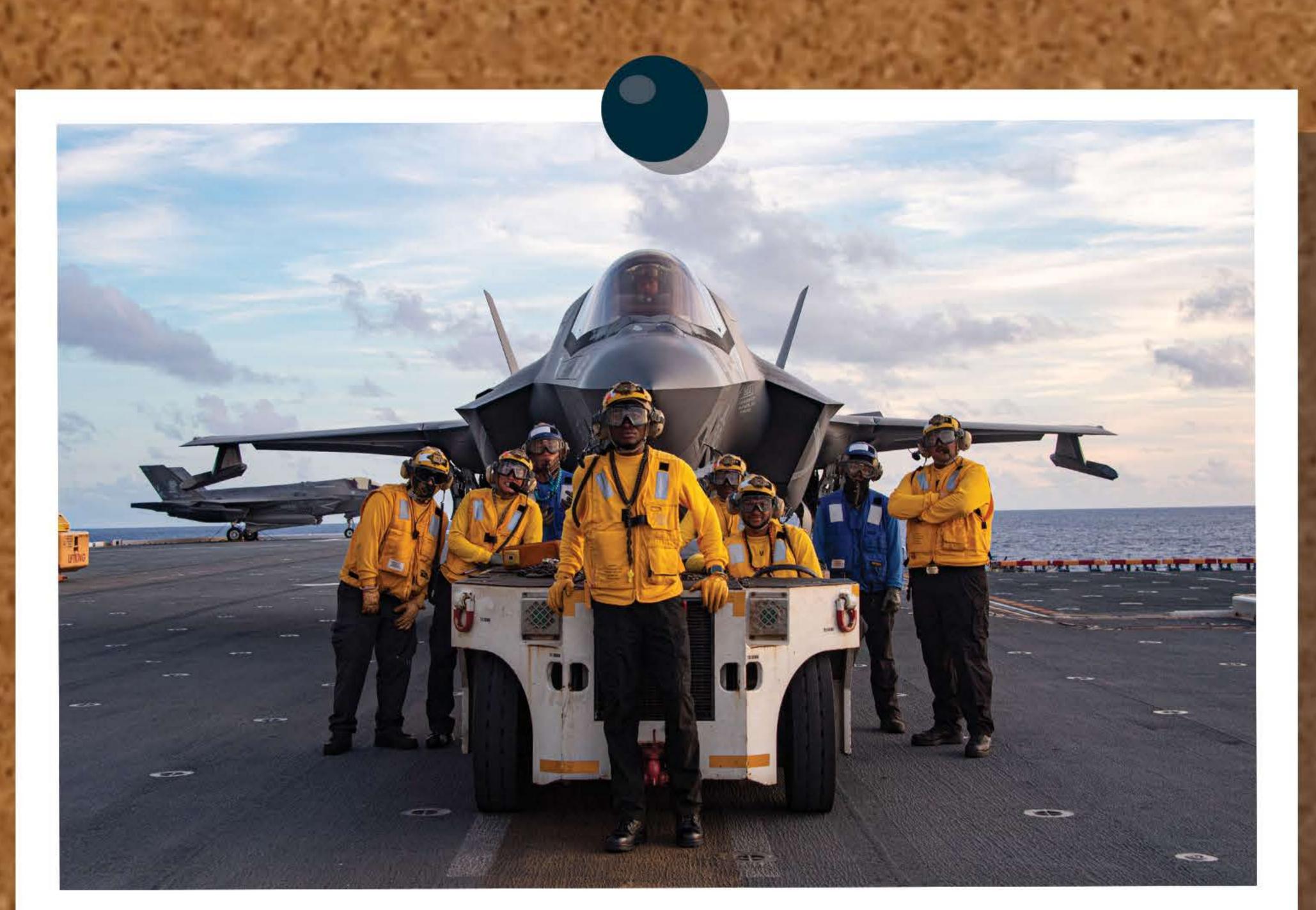












Group Photo

To be a V-1 Airman aboard AMERICA, you have to demonstrate flexibility, adaptability and the willingness to commit to hard work.
V-1 exemplifies those qualities on the flight deck, day or night!



FACES OF AMERICA





CMDCM McQueen and HTCM Mays

Sailors in the Hangar Bay



Wardroom Culinary Specialists and Food Service Attendents



Admin Group Photo



Master at Arms Group Photo

CWO2 Sherman in the Pilot House



WELCOME ABOARD!

MON-SAT

0900-1000

1230-1500

1800-2000

SUNDAY

1230-1630

[2-25-0-A]

CHAPLAIN SERVICES

CDR JOE ROBBINS IVN-2736

RP1 CLANCY HOPPER IVN-2894

LT JAMES HARPER IVN-2737

SHIP'S CHAPEL + LIBRARY 2-30-0-L

SHIP CHAPLAIN'S OFFICE 1-66.5-4-Q J-DIAL: 4050

CHOW TIMES

BREAKFAST: 0530-0700

LUNCH: 1100-1300

DINNER: 1630-1830

BRUNCH: 1030-1230

FOR FIRE, MEDICAL OR SECURITY SERVICES

LAUNDRY

HAZMAT HOURS

MON-SUN

0900-1100 1300-1600 1800-1900 2000-2300

0100-0500

FITNESS FOR EVERYONE

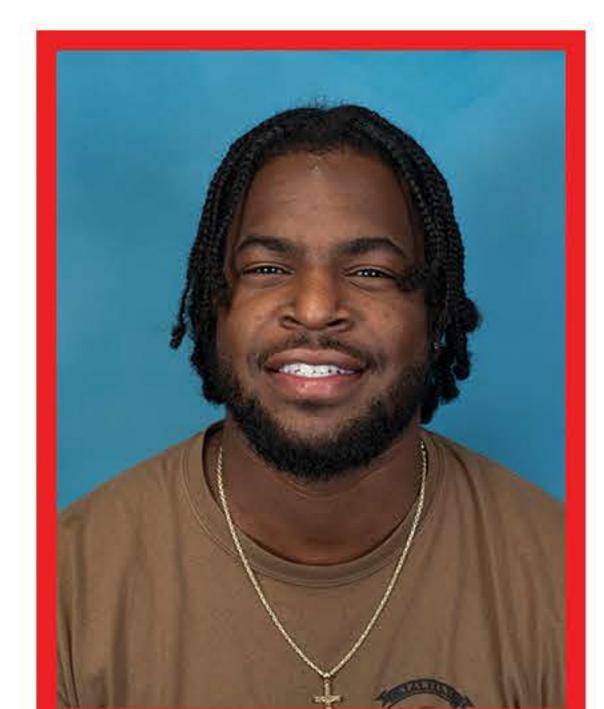
Gym Hours

0500-0845 Stripes All Hands 0845-0945 Secured for Cleaning Stations 0900-1530 Stripes All Hands

1530-1730 Stars E-7 and Above Only

1730-0500 Stripes All Hands

Fitboss



Diquan Williams grew up in New Orleans before moving to Virginia Beach. Williams studied Exercise Science at Old Dominion University. He has been on two previous Navy deployments aboard USS G. R. Ford (CVN 78) and spent the last six years working with people of all ages, from military, to civillians, and even sports teams.

Gym Classes

Monday 1100: Circuit Core, 1600: H.I.I.T.-Cardio gym

Tuesday 1100: America Theory, 1600: Spin-Cardio Gym, 1500-1900: Personal Training

Wednesday 1100: Circuit Core, 1600: H.I.I.T.-Cardio gym

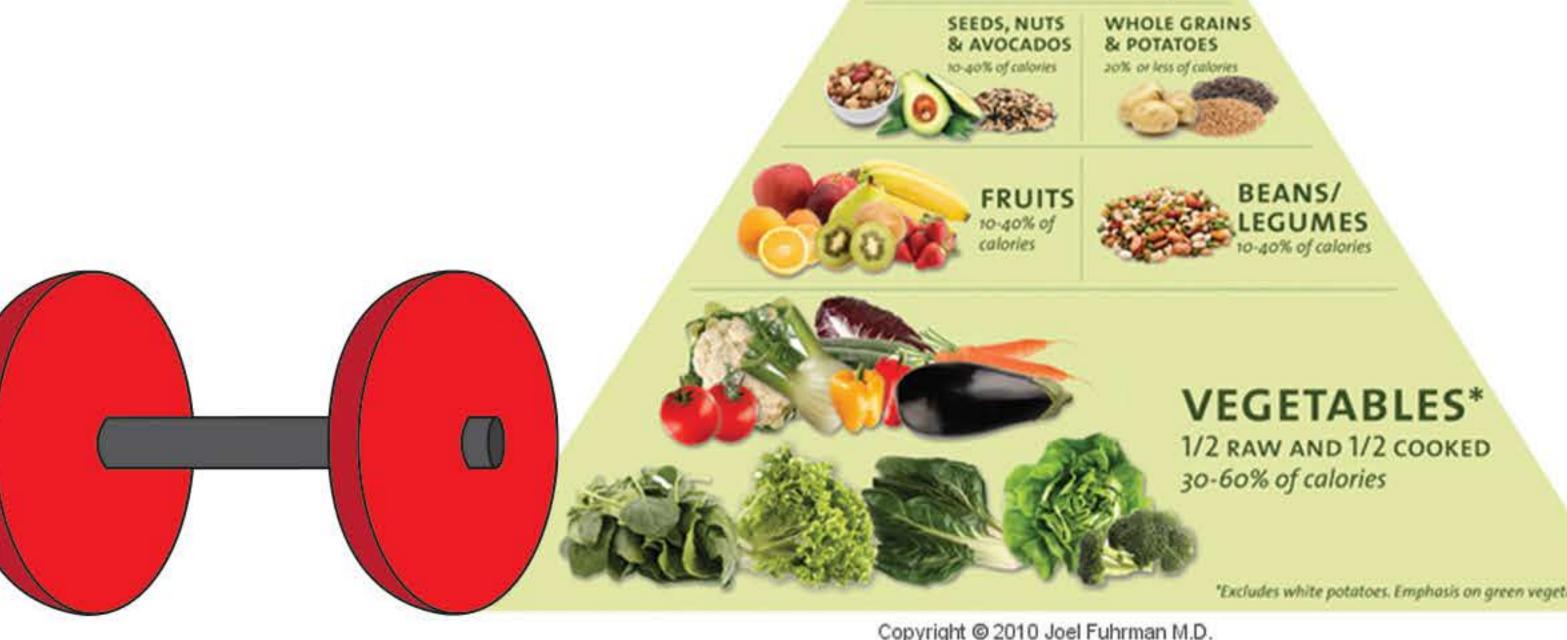
Thursday 1100: America Theory, 1600: Spin-Cardio Gym, 1500-1900: Personal Training

Friday 1100: Circuit Core, 1600: H.I.I.T.-Cardio gym

Saturday 1200: Regen-Cardio Gym, 1600 Strength & Conditioning-Strength Gym

Fitboss Events

Ski-Erg Challenge Sports Tournaments 5k on the flight deck Run, Row, Push Challenge



America's Biggest Winner - Weight Loss Challenge

ACROSS

- 1 Group of cards in hearts or bridge
- 6 Drawn-out tales
- 11 Rise and shine

12 Counts on

- 14 1959 Marilyr Monroe film ... or what can be said of the drink featured i
- today's puzzle? 16 Like the losers of a water balloon
- 17 Architectural
- 18 Canyon's edge
- 20 London-based cosmetics giant **22** "Blue ___,"
- Berlin tune 23 Tucker (out)
- 24 Herr : German : **26** Pronoun

frequently

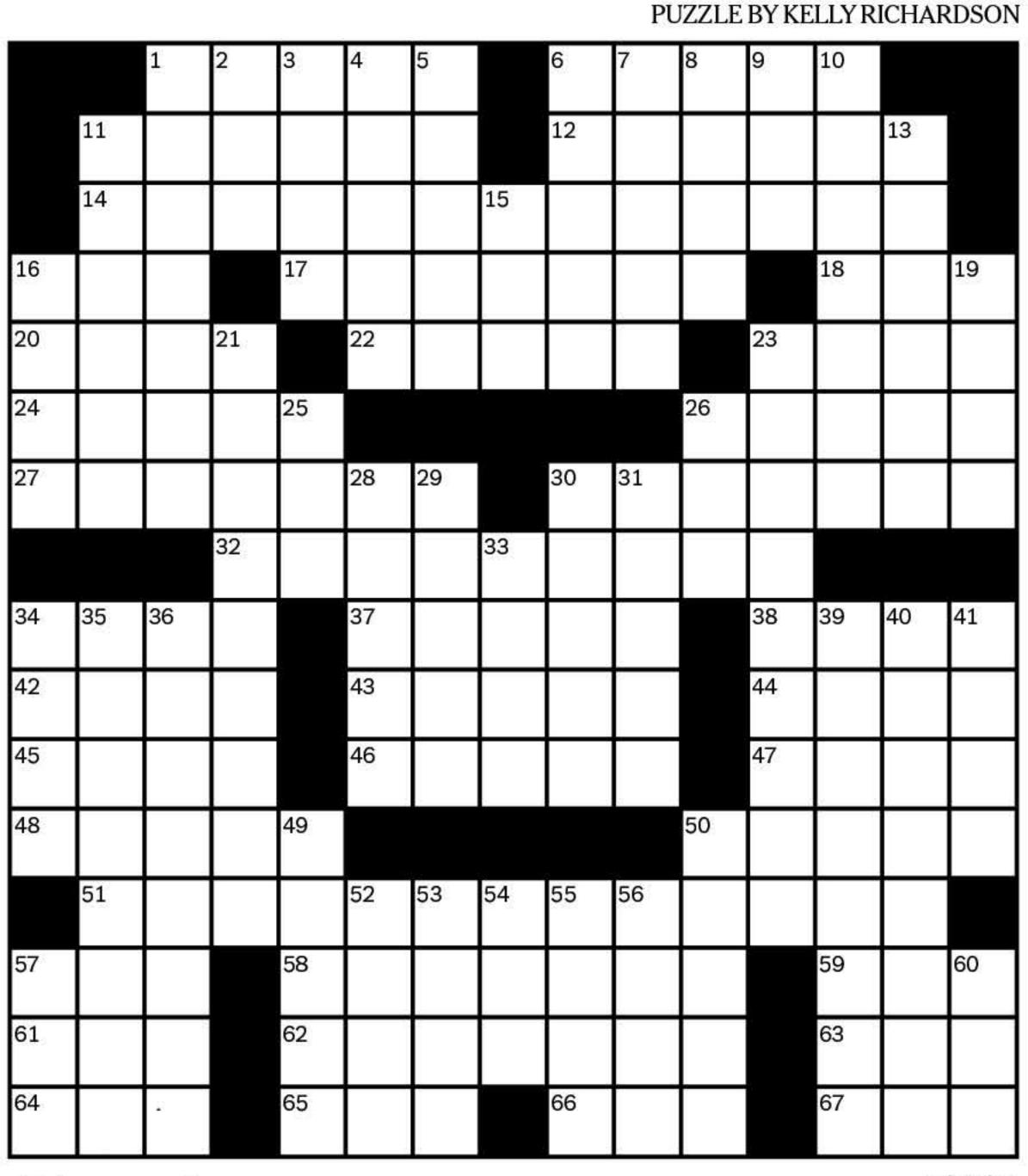
homophones 27 Tenet

- - popular in the

37 Variety #1,

- pillowcase 42 Came down to earth
- 43 Variety #2, a major export o
- 44 Weighty book 45 Shout from a
- 47 Central points
- 48 Smart society 50 Desert haven
- 51 What someone might remark the blend at the heart of this
- puzzle? **57** Furry foot **58** Feudal farmer
- 59 "United Shades
- 61 Noshed 62 Gift set for a newborn

Crossword Puzzle



escape the

- 63 King topper 64 Visibly
- 32 Didn't wake up in 34 Lowly chess
- piece
- 65 Canadian exclamations 66 Babe

13 Add, as to a **35** Estrange 36 Slowly whittled 15 Fish in a DOWN

16 Yellow jacket,

21 Plea that waives

discussion!'

28 Pig of children's

25 Gun, as an

29 Arboretum

assortment

30 Major metals

31 Shorten again

34 Coconut

producer

manufacturer

23 "End of

26 Gratuity

Colored like

2 Los Angeles

3 Store selling

Smedstorp

4 Spreadsheet

basketball player

6 Martin of "Only

Murders in the

sofas

boxes

5 New York

Building"

7 Springtime

8 Courage,

10 Legendary

11 Invariably

colloquially

saddle shoes

football player

39 Purring pet

40 Factor in a

50 More than

sporadically

53 Many Caribbean

54 Take advantage

55 Trail through the

56 Not fooled by

57 3, for most disc

60 Formerly known

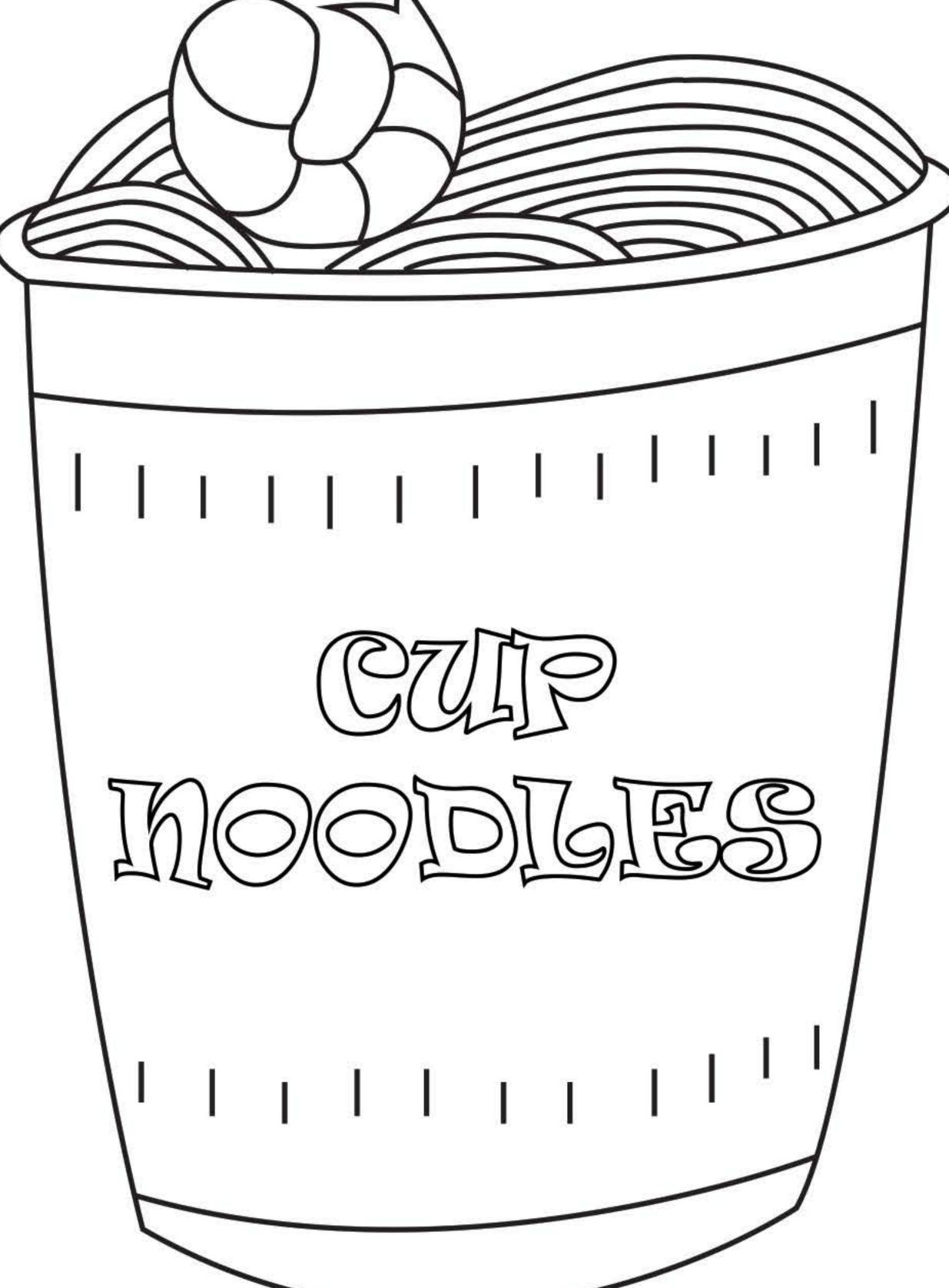
41 Jumble

restaurant review

Brooklyn of ____

hills was mine":

Walt Whitman



Naval Trivia 1. What navy outside of the United States owns a nuclear powered aircraft carrier?

- a. The Chinese navy.
- b. The Russian navy. c. The British navy.
- d. The French navy.

2. During what year was the U.S. Navy at its largest?

- a. 1941, before the attack on Pearl Hardor.
- b. 1945, at the end of World War II.
- c. 1991, during the Gulf War. d. 1812, during the war of 1812.

3. When was USS America commissioned?

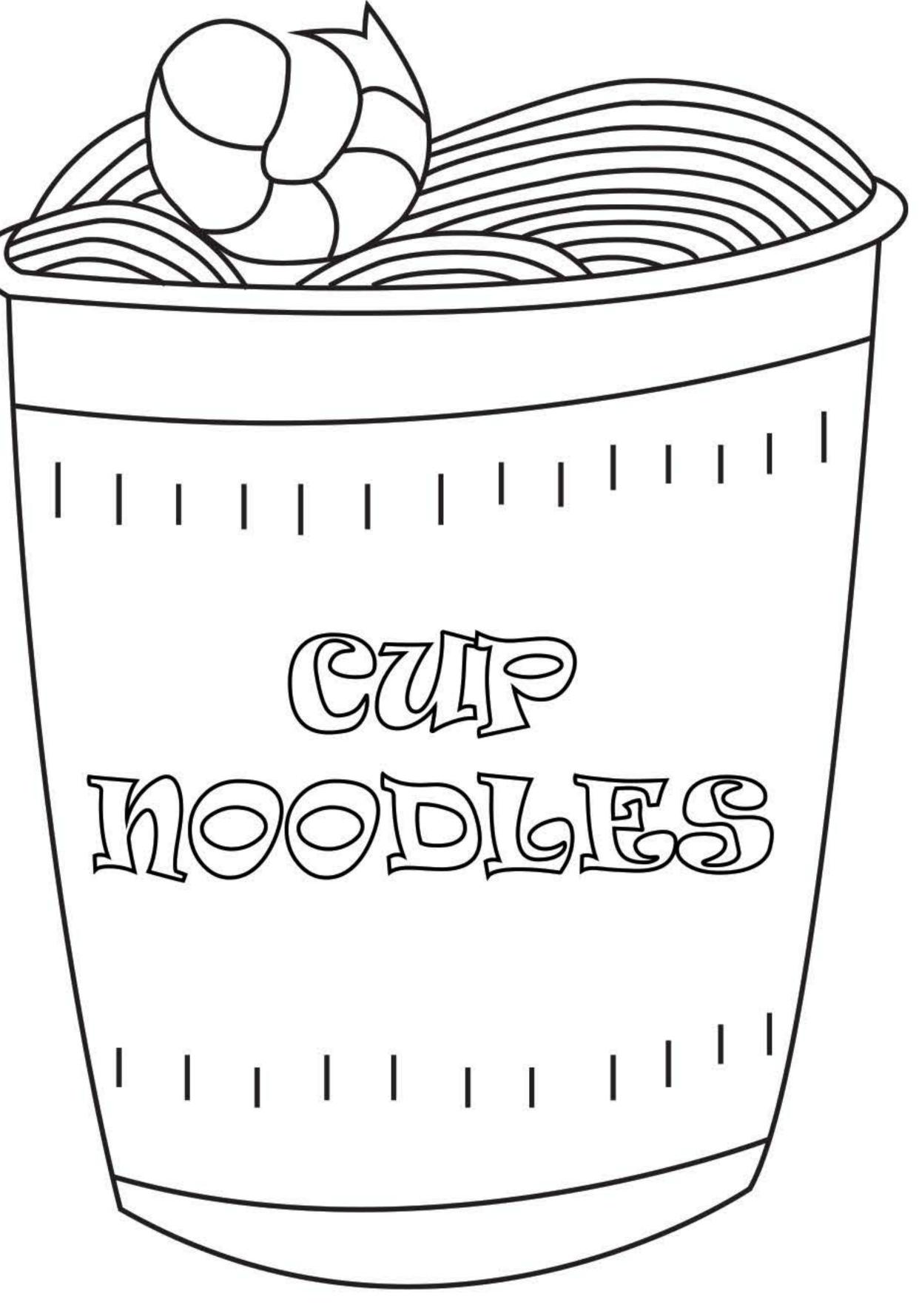
- a. July 17, 2009.
- b. June 4, 2012
- c. October 20, 2012
- d. October 11, 2014.

4. How many nautical miles does one swallow tattoo represent?

- a. 3620 b. 5280 c. 4000 d.5000

Crossword from New York Times 16JUL24

Colori





Empow-Her is USS AMERICA's Navy Women's Initiative Team that provides an open forum to assist women in navigating daily challenges at sea. In a challenging Empow-Her offers a hopeful alternative that brings connectedness, inclusion, a sense of belonging, and opportunity for mentorship. EMPOW-HER welcomes each and every female onboard, come out and join a session. Empower-Her is hosted by ABHC Joyner in the Ships Chapel every Friday while at sea 1830-1930.

Sailor 360 is a Navy leardership training program designed to enrich the professional development of its enlisted force and officer corps. Sailor 360 Develops operational and warfighting competence. We must continuously strengthen our ability to behave consistently with our core values of honor, courage, and commitment.

Sailor 360 Coordinator-John.Melendez@lha6.navy.mil



AMERICA's 2nd Class Petty Officer Association (SCPOA) is dedicated to shaping the next generation of warfighters. SCPOA provides a space for AMA's 2nd Class Petty Officers to demonstrate leadership and fellowship while also giving back to the command. Meetings are held on the 1st and 15th of every month in AMA's rec room at 1800. For more information, contact SCPOA_Cabinet_Members@LHA6.navy.mil

FRIENDS OF AMERICA



31st MEU

Corporal Hector Arevalo from Denton, TX. MOS/Job title: 6116 MV-22 Osprey Mechanic. As a vital part of the support readiness team for MV-22 Osprey aircraft, Arevalo serves as a plane captain. His job involves inspecting the aircraft for chaffing, security, corrosion, foreign object debris and overall ensuring pilots can safely operate the aircraft.

HSC-25

Naval Aircrewman (Helicopter) 3rd Class
Thomas Yandle from Auburn, Alabama.
As part of Helicopter Sea Combat Squadron (HSC)
25, AWS3 takes pride in being a plane guard on
the MH-60S Seahawk helicopters. While other
aircraft are completing take-offs and landings,
HSC-25's Island Knights patrol the skyline in the
event that a search and rescue retrieval is
necessary.



TACRON



Air Traffic Controller 1st Class Christopher Pearce, from Tustin, California.

After 18 years of service, AC1 takes pride in the learned ability to lead and listen. During the 24.2 patrol, he plans to learn more about tactical control and the amphibious lifestyle, while contributing vigilance, control and coordination to the overall mission.



To Look Out For!



J-Dial: 4054

Activity Page Answers



- 1) a. The French Navy
- 2) b. 1945, at the end of World War II
- 3) d. October 11, 2014
- 4) d 5000