

# My Weekly 週刊。

Sept. 6, 2024

## U.S. Ambassador to Japan Visits CFAY



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# AROUND CFAY



# CFAY Hosts Safety Fair to Kick Off National Preparedness Month

Story and photos by MC3 Quinton A. Lee, CFAY Public Affairs

ommander, Fleet Activities Yokosuka (CFAY) hosted its annual National Preparedness Month Safety Fair on Aug. 30, 2024, to boost awareness about emergency readiness and equip service members, their families, and dependents with essential resources.

"Our goal with this safety fair is to stress the importance of being prepared for any kind of emergency," said Damage Controlman 2nd Class Joshua Roman, assigned to CFAY's emergency management department. "We're providing key resources like checklists and hands-on training to ensure everyone in our community knows what to do in a crisis – whether it's a natural disaster or something unexpected."

The event brought together various departments, including CFAY's emergency management and safety teams, Ship Repair Facility (SRF), Japanese police, and



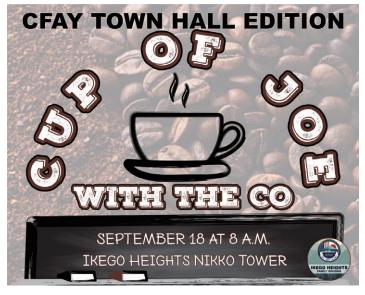
Cmdr. Patrick Gutierrez, Commander, Fleet Activities Yokosuka's chief staff officer, signs the proclamation during the National Preparedness Month safety fair at CFAY, Aug. 30, 2024. National Preparedness Month is observed each September to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time.



Navy Medical Readiness and Training Command (NMRTC). Each offered their unique perspective on safety.

"This isn't just a CFAY initiative," said Miki Komesu, assigned to CFAY's safety department. "We've partnered with other agencies to bring a range of safety awareness to the community. From disaster response to personal safety, attendees had the chance to learn from experts across different fields."

The fair featured booths providing brochures, guidelines, equipment demonstrations, and contact details to help





Maryam Rajaei and Edith Stickley pose for a photo during the National Preparedness Month safety fair at CFAY, Aug. 30, 2024. individuals better prepare for potential emergencies.

Kirstie Ellis, a volunteer for the American Red Cross, spoke about the personal significance of the event. "This fair plays a crucial role in ensuring everyone is ready for any disaster. We provide essential resources for service members and their families. National Preparedness Month is about raising awareness of what might be missing in your emergency plans, whether a checklist or knowing who to contact in a crisis. It encourages everyone to bridge those gaps."

For Ellis, being prepared holds special meaning. "Coming from Arizona, where disasters are rare, I had to learn a lot when I arrived here – how to deal with earthquakes, tsunamis, and typhoons. Volunteering with the Red Cross and helping others who may have similar experiences brings me joy, knowing I'm contributing to the safety of the community."

Komesu also highlighted the fair's role in promoting safety across all aspects of life. "We're not just focused

WEDNESDAY
SEPTEMBER 18
8 a.m. Ikego Heights Family Housing Nikko Tower

WEDNESDAY

WEDNESDAY

WEDNESDAY

WEDNESDAY

SEPTEMBER 18
6 p.m. Community Readiness Center AOB/ICR Classroom

on workplace safety. This fair is designed to educate people on staying safe at home and in schools. It's all about making sure everyone is equipped with the right information."

As National Preparedness Month progresses, CFAY's safety fair serves as a timely reminder of the need to be ready for any emergency and work towards building a more resilient community.



Karina Cohen gives Damage Controlman 2nd Class Joshua Roman, assigned to CFAY emergency management department, resource information during the National Preparedness Month safety fair at CFAY, Aug. 30, 2024.

# Out and About



Cmdr. Patrick Gutierrez, Commander Fleet Activities Yokosuka (CFAY) chief staff officer, conducts an office call with Dr. Jacqueline Ferguson, DoDEA Pacific East District Superintendent, left, and Ms. Lois J. Rapp, DoDEA Pacific Director for Student Excellence, middle, in CFAY Headquarters Building. (Photo by Tetsuya Morita, CFAY Public Affairs)

# TCCOR

# Tropical Cyclone Conditions of Readiness and What they Mean to You

TCCOR 5

Destructive winds of 50 knots or greater are possible within 96 hours.

TCCOR 4

Destructive winds of 50 knots or greater are possible within 72 hours.

TCCOR 3

Destructive winds of 50 knots or greater are possible within 48 hours.

TCCOR 2

Destructive winds of 50 knots or greater are anticipated within 24 hours.

TCCOR 1

COLUMN

Destructive winds of 50 knots or greater are anticipated within 12 hours.

**TCCOR 1: CAUTION** 

Winds of 35-49 knots sustained are occurring at a particular installation.

**TCCOR 1: EMERGENCY** 

Winds of 50 knots sustained or greater occur at a particular installation.

TCCOR 1: RECOVERY

Destructive winds of 50 knots or greater have subsided. Survey and work crews are sent out to determine the extent of the damage.

**ALL CLEAR** 

The storm is over, and recovery efforts are considered complete by the installation commander.



## American Red Cross Summer Classes

All classes are blended learning courses including an online portion, and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.

#### **CPR/AED/First Aid Course (\$55)**

- Monday, Sept. 9, 3 to 6 p.m.
- Sunday, Sept. 15, 9 a.m. to 12 p.m.

#### **Basic Life Support Course (\$55)**

- Wednesday, Sept. 18, 1 to 4 p.m.
- Wednesday, Sept. 25, 1 to 4 p.m.



**Babysitting Basics (\$70) Recommended for ages 11-17)** 

Classes will be updated based on community need with a minimum of 3

To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.

## FFSC WEEKLY





More details on CFAY FFSC YOKOSUKA FB page

#### **SAPR VA Initial**

Sept 9-13 at 0800

**TAP Core Curriculum** 

Sept 9-11 at 0800 (Retiree)

**Everyday Japanese** 

Sept 9 at 1000

Space A/EML Flights Brief

Sept 9 at 1100

AOB/ICR

Sept 10-12 at 0800

Daisuki

Sept 10 at 1000

**Ikego Japanese Language Series** 

Sept 10 at 1200

Youth ICR (MS/HS)

Sept 10 at 1430

4th Trimester

Sept 11 at 1200

ESL/EFL

Sept 11 at 1300 (Ikego)

Make Tomodachi

Sept 11 at 1630 (Beginner)

**Ombudsman Assembly** 

Sept 11 at 1730

**My Vocational** 

Sept 12-13 at 0800

**Effective Resume Writing** 

Sept 12 at 0900 (Civilian) (Virtual)

**Volunteer Orientation** 

Sept 12 at 1100

**Sponsorship Training** 

Sept 12 at 1300 (Virtual)

**Navigating Your New Normal** 

Sept 13 at 0900 (Virtual)

**Ombudsman Appreciation Lunch** 

Sept 13 at 1100

ESL/EFL

Sept 13 at 1300

See something you like? Sign up via email: ffscinfo@us.navy.mil



## **Consolidated Battery Recycling**

**PILOT PROGRAM AT NEX Bldg H-20** 



Sort batteries in designated container marked by:

BRAND (e.g. Duracell) &

TYPE (e.g. Alkaline)

For more information contact CFAY Qualified Recycling Program DSN: 243-3817/5806 (046-816-xxxx)



#### ALKALINE

DURACELL

**ENERGIZER** 



RAYOVAC BUTTON-TYPE



LITHIUM ION (COMPUTER & CELL PHONE)



NICKEL METAL HYDRIDE (RECHARGEABLE)



The
Fleet & Family Support
Center

SUPPORT OUR ENVIRONMENT AND OUR SOFA RESPONSIBILITIES!

QRP PROFITS ARE RE-INVESTED INTO INSTALLATION'S IMPROVEMENT PROJECTS.

## Make Tomodachi

ともだちを作る



#### **WITH SENSEI KOI:**

1ST & 3RD WEDNESDAY (ADVANCED)
2ND & 4TH WEDNESDAY (BEGINNER)
FLEET REC CENTER
TIME: 1630 - 1715



I am born and raised in Yokosuka. I have been teaching English to the Japanese people and English to the foreign people in Yokosuka.

I am excited to teach Japanese as a volunteer and I want everyone to make Japanese friends.

Please register by email: FFSCinfo@us.navy.mil or call 243-3372.





Effective Resume Writing: Civilian

09. 12. 2024 0900 VIRTUAL This Civilian Resume Workshop will include an overview of resumes used for the private sector and contractor positions.

There will be a review of various resume styles and how to tailor your resume when applying for jobs.

Registration Required:

**L** 243-3372

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FESCinfo@us naw mil





JOIN US FOR THE

AWARD PRESENTATION

SEPTEMBER

4 P M

YOKOSUKA NAVAL BASE OFFICERS CLUB YOKOSUKA NAVAL BASE

\*SERVICE DRESS\*

JAPANOFFICE@USO.ORG

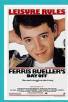
# IKEGO

## **SEPTEMBER 6** 6:30 P.M. • KYOTO TOWER GARAGE

Bring your own blanket and chairs and enjoy an outdoor movie under the stars! Food orders accepted from Club Takemiya for delivery. Garage available for setup as early as 5:30 p.m. on a first come, first serve basis.

Vote on the movie you would like to see (via MWR Facebook page). th the most votes will be announced via Facebook on Tuesday, Septe













## **CPO Club**



Ages 6-11 \$10.50

Ages 5 & under Free

## Kamayan Feast

Wednesday, September 18 • 4 - 8 p.m.

Kamayan feast is a traditional family style feast where your table is covered in banana leaves and pilled with rice, various meats, vegetables and more.

Tickets are available at the CPO Club.



**YOUTH SPORTS & FITNESS** 

Sign-up Dates: September 9 - 27

Registration forms due by: August 30

Season Dates:

October 14 - November 30

Ages & Cost:

- 18 (\$25 per child)

**Practice Schedule:** 

Twice-a-week from 4:30 - 5:30 p.m. Yokosuka - Mon/Wed at the Purdy Field Complex Ikego - Tues/Thurs at Field 3 (Ikego Track)

#### **Fall Fitness Club**

Sign-up Dates:

September 9 - 27 Registration forms due by: August 30

Season Dates:

October 16 - November 8

Ages & Cost:

Ages: 10-14 (\$25 per child) 10 participants maximum

**Practice Schedule:** 

Wednesdays and Fridays from 3 - 4 p.m. Location: Fleet Recreation Aerobics Room

Children must have a current CYP Registration packet to include a PAYS membership to sign-up. Sign-ups must be made online at https://myffr.navyaims.com/yokosukacyp.html Will go live at 10 a.m. for Yokosuka and noon for Ikego Volunteer coaches are needed!

Contact us for more information at 241-2952 or email us at CFAYYOUTHSPORTS@US.NAVY.MIL

























## Saturday - Sunday • September 14 - 15 • 4 p.m. - 9 a.m. Ikego Campgrounds • Sign-ups Start August 31

In 2015 Navy MWR Community Recreation partnered with Great American Campout which is a part of the National Wildlife Federation. They have been on the front lines for wildlife since 1936, fighting for the conservation values that are woven into the fabric of our nations collective heritage. Fast forward to this year, Navy MWR Recreation is hostling their 9th annual Great Navy Campout. The Great Navy Campout provides a unique way to explore the outdoors and nature this summer. We encouraged everyone to discover their adventure within Navy MWR and we look forward to another successful year! Fighting for the conservation values that are woven into the fabric of our nation's collective heritage

Pledge to Camp 2024!

To pledge your camping trip, go to https://www.narymwr.org/great-navy-campout

Enter your name, email, telephone number, installation, MWR affiliation and rank

Every month - two winners will be drawn from the pledges (The more a customer pledges (camps) the more chances they have to win)

-hower the following questions when pledging: Where did you camp? (state park, national park, getaways location, backyard, great navy campout event, other location How many children and adults camped with you?, What outdoor activities did you do? and How did you hear about the Great Navy Campout?

Enjoy Yard Games • Outdoor Movie • Meal Packages with S'mores • \$1 Equipment Rentals & Free Campsite (while supplies last) at the Outdoor Recreation Center In-person registration at the Outdoor Recreation Center is required.











UP TO \$5000 COVERALL JACKPOT

Saturday September 14 & 28 Officers' Club Admiralty Room Doors Open at 4:30 p.m. • Games Starts at 6 p.m.

Game packages are \$30 and includes special game. Additional packages are available for purchase. Must be 18 years or older to play. Seating is on a first come, first served basis and cannot be reserved. Food and drinks are available for purchase.







## Yokosuka Friendship Day (October 6)

**Vendor Registration Brief** Thursday, September 12 @ 1 p.m. or Friday, September 13 @ 9 a.m.

**Vendor Participation Brief** 

Thursday, September 26 @ 1 p.m. or Friday, September 27 @ 9 a.m.

Location: MWR Bldg. Room 224 (above Starbucks)

All participants must be CFAY approved to register. Please contact CFAY Legal for more information on vendor approval process. Dates, location or times subject to change.



Email: MWR\_Yokosuka\_Special\_Events@us.navy.mil



# BEYOND THE GATE



# Tokyo Game Show 2024 Sept. 28 (Saturday) and 29 (Sunday)

10 a.m. to 5 p.m. (Sept. 28)/9:30 a.m. to 4:30 p.m. (Sept. 29) | Makuhari Messe (10-minute walk from JR Keiyo Line Kaihin Makuhari Station, JE-14)

More than 300 exhibitors from almost 40 countries and regions gather for this annual gaming convention. Japanese game makers make up a significant number of those present, but many other international developers also join to exhibit the latest technology in areas ranging from artificial intelligence to smartphone gaming. One day ticket ¥3,000 (tax included) for each day. Free admission for elementary school students and younger. https://tgs.nikkeibp.co.jp/tgs/2024/en/ticket/publicday/



## Yokosuka Seaside Marathon Nov. 17 (Sunday)

8:30 a.m. | Mikasa Park (5-minute walk from Womble Gate) Yokosuka Seaside Marathon is accepting applications for entry until Sept. 15. For more information, http://yokosuka-seaside.jp/. For entry, https://runnet.jp/entry/runtes/user/pc/competitionDetailAction. do?raceId=359836&div=1



## Vietnam Festa in Kanagawa

Sept. 7 (Saturday) and 8 (Sunday)

10 a.m. to 6 p.m. | Nihon Odori, Kanagawa Prefectural Government Building, Zou-no-Hana Park, Zou-no-Hana Terrace (12-minute walk from JR Kannai Station, JK-10) Vietnam Festa is a festival to deepen relationships between Kanagawa Prefecture and Vietnam. Come feel the culture and the charm of Vietnam. The program features a range of activities, including Vietnamese music, dances and cooking.



# licha-icha Okinawan Festival Sept. 7 (Saturday) and 8 (Sunday)

10 a.m. to 8 p.m. (Saturday), 10 a.m. to 6 p.m. (Sunday) |
Yokosuka City Hall Park, Lidre Yokosuka (10 a.m. to 4 p.m.),
Ichigo Port Market (10 a.m. to 6 p.m.), Yokosuka Chuo
Station Y-Deck (10 a.m. to 2 p.m.) (10-minute walk from
Womble Gate)

Yokosuka will be filled with the delicious smells of the food of Japan's southern islands! Okinawan pop and rock bands as well as Eisa dancers perform for the crowd. The event is free but bring yen for food vendors.

## Yokosuka Umikaze Carnival Sept. 8 (Sunday)

9:30 a.m. to 3:30 p.m. | Umikaza Park (10-minute drive from Yokosuka Main Base, 14-minute walk from Keikyu Kenritsu-Daigaku Station, KK-60)

There will be various marine sport activities, musical events, stage performance and food trucks. Also BMX performance will be held.

# **NEWS AND NOTICES**

#### NOTICE FROM DECA YOKOSUKA COMMISSARY

We are limiting customers to two bags of rice per purchase until further notice.

## ATTENTION: PURPOSE OF TEMPORARY VEHICLE PLATES

Temporary license plates are only accepted for purposes such as vehicle inspection, registration, repair, export, and scrapped vehicles. Also for seal affixing of license plate. It may not be used for any other purpose. Temporary plates that have passed their expiration date must be returned immediately.

## FLEET AND FAMILY SUPPORT CENTER BOOT DONATION DRIVE

We are in need of old tattered boots for our Bells Across America Navy Gold Star event on Sept. 19. Please bring them to CRC building 4th Floor Room 405, or call 243-3372 to arrange a pick up by Sept. 13.

#### **WALK-IN WOMEN'S HEALTH DAY**

U.S. Naval Hospital Yokosuka will be hosting a Walk-In Women's Health Day on Oct. 1 from 8 to 11 a.m. and 1 to 3 p.m. Open to all beneficiaries and Space A personnel. The following Services will be offered in OB/GYN Clinic:

- PAP Smears
- STI Screenings
- Contraception Services:
- IUD & Nexplanon placement/ removal;
- Oral Contraception/Ring/Patch;
- Depo Shots
- HPV Vaccines by Immunization Clinic Walk-in Mammograms will also be offered at Radiology on Oct. 1 and 3.

## RLSO WESPAC LEGAL ASSISTANCE SERVICES NOTICE

The Yokosuka Legal Assistance Office's new hours of operation.

- Monday Thursday: 8 a.m. to 11:30 a.m./12:30 to 4 p.m.
- Friday: 9:30 a.m. to 2 p.m. For emergency or time-sensitive assistance, please contact us via email to: YokosukaLegalAssistance@us.navy. mil, or by phone at: Local: 090-6181-4375 or From U.S.: 011-81-90-6181-4375.

## PREPARE TODAY! COMPLETE A RED CROSS CONTACT CARD

One of the main Red Cross missions OCONUS is to provide the Emergency Communication Message, AKA "Red Cross Message". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your emergency leave. Fill out a contact card today to ensure your contact information is ready before an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.

## VOLUNTEER NOW FOR THE AMERICAN RED CROSS

#### **Disaster Action Team**

Help provide immediate assistance on scene of an emergency, and participate in base exercises. Help with emergency messages and during large scale emergencies.

#### Also available:

- Youth Preparedness Team
- MTF Professional and Admin Help

- CPR/BLS/Babysitting Instructor
- Library
- PAWS
- Vet Clinic
- Post Office
- Youth Clubs

How to volunteer:

- 1. Use a desktop or laptop computer.
- 2. Search and go to Red Cross Volunteer Connection.
- 3. Use the Yokosuka FPO zip code 96349.
- 4. Complete the on-line training.
- 5. If you have any problems, email: yokosuka@redcross.org, or call 243-7490.

#### **CONSTRUCTION AND CLOSURES**

Carney Gate Full Lane Closure: Due to barrier maintenance, vehicular traffic will be secured from 8 a.m. to 4 p.m. on Saturday, Sept. 7. Pedestrian traffic will not be affected. Please utilize Womble Gate for vehicular traffic as normal.

**Parking Lot Closures:** Closure period Sept. 1 until Sept. 30, 2027 due to new costruction of Ship Simulator Training Facility.

- Building 1997.
- Half of 12-hour Parking Lot (Adjacent to building 3000).
- All of Parking Lot east of DLA (Building 1907)

#### **Defense Logistics Agency Parking**

**Lot:** 50 perecent of DLA parking lot until February 2025.

**Ikego NEX/MWR Parking Lot:** 50 percent of NEX/MWR parking lot until October 2025.

**McCormick Street and Leahy Street:** 

Full road closure for underground utility works until Feb. 28, 2025.

**Vandegrift Lane:** Full road closure until October 2025.

**f** Commander Fleet Activities Yokosuka



Commanding Officer: Capt. Les Sobol Chief Staff Officer: Cmdr. Patrick T. Gutierrez Command Master Chief: CMDCM Dennis W. Hunt Public Affairs Officer: Justin M. Keller

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