

THE Bluejacket

NAVAL SUPPORT ACTIVITY MID SOUTH

MARCH 2024: VOLUME 82, NO.3



EMPOWERMENT & EXCELLENCE:
THE WOMEN OF NSA MID-SOUTH



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EXECUTIVE OFFICER
CDR JEREMY WOODALL

COMMAND MASTER CHIEF
CMDCM CHRIS BYARD

INSTALLATION PROGRAM DIRECTORS



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NAVY.MIL

NORMAL OPERATING HOURS

Willis Gate @Navy Rd.
24/7

Automated Vehicle Gate
Closed until further notice

NEX Main Store
(Includes Uniform Shop)
Mon-Fri 0900-1800
Sat 0900-1800
Sun 1000-1800

Subway
Mon-Thu 0900-1800
Fri 0700-1800
Sat 1000-1800
Sun 1000-1600

NEX Mini-Mart
Mon-Fri 0600-1800
Sat 0900-1700
Sun 0900-1700
Gas 24/7

NEX Package Store
Mon-Fri 0900-1800
Sat 0900-1800
Sun 1000-1800

Post Office
Mon-Fri 1000-1400

**24/7 Non-Emergency
Security Dispatch**
(904) 542-3109

Commissary
Sun 1000-1700
Mon 1000-1700
Limited Services - Deli
Closed, Only Self Check Out
Tue-Fri 0900-1830
Sat 0900-1800

ID Card Office
Mon-Fri 0730-1600



Captain Michael Mosbrugger
Commanding Officer
(901) 874-5102
michael.c.mosbrugger.mil@us.navy.mil

Commander Jeremy Woodall
Executive Officer
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jeremy.d.woodall.mil@us.navy.mil

Command Master Chief Chris Byard
(901) 874-5412
christopher.a.byard2.mil@us.navy.mil

Mrs. Pamela Martin
Command Executive Assistant
(901) 874-5102
pamela.l.martin4.civ@us.navy.mil

Notable upcoming events:
Supported Commands Monthly Meeting
(formerly known as Host Tenant Meeting)
**** 27 March 2024 @ 1300** Location: Pat**
Thompson
5700 Attu Street—Bldg. 767

INSTALLATION NEWS

GENERAL INFORMATION

- For all reservation and ceremony inquiries regarding Pat Thompson Bldg. 767, please contact NSA Mid-South Command Services, NSAMIDSOUTH_PTCONFCENTER@US.NAVY.MIL
- Check out the CO Suggestion Box Answers weekly in the CNRSE App.
- Legal Office updated email address: LegalOffice@us.navy.mil

UPCOMING MWR EVENTS

- www.navywmrmaidsouth.com/events or check out our Facebook "NSA Mid-South Morale, Welfare and Recreation Department"

UPCOMING FFSC EVENTS

- Check us out on Facebook "Fleet and Family Support Center NSA Mid-South" and our calendar on page 8!
- Fleet and Family Support Center on-the-go is coming soon to a quarterdeck near you!

UPCOMING CHAPEL EVENTS

- The Chapel Sanctuary is open for silent individual prayer every Tuesday and Thursday 1100 - 1130. Chapel Worship Schedule: Protestant Worship - 1000 Sunday
- Jewish service assistance and materials are available at the Chapel.

CLINIC NOTES

OPERATIONAL & OVERSEAS SCREENINGS

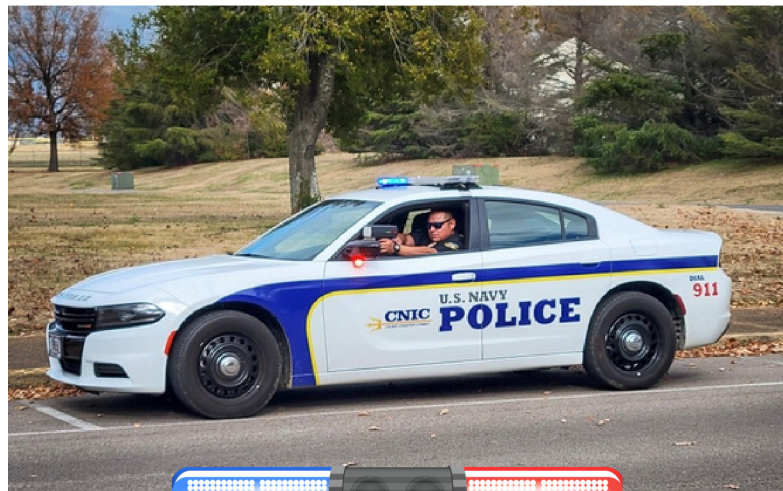
- Upon receipt of overseas orders, report directly to the Operational Readiness Clinic.
- Members and dependents (if applicable) will be tracked through completion of Overseas Suitability.

PHARMACY ELECTRONIC PRESCRIPTIONS

- A reminder that you may call the Pharmacy to activate your prescription (901) 874-6121.

INSTALLATION TRAINING DATES & INFO

- Interested in being a role-player for our training exercises? Please email our Training Dept: NSAMidsouth_ITO@us.navy.mil



Please note that our law enforcement is actively monitoring speed on the installation for everyone's safety!

Help for victims of sexual assault in the DoD community is a call, click or text away. The Safe Helpline provides live, one-on-one crisis support and information by trained staff; Call: (877) 995-5247; click: www.SafeHelpline.org text: 55-247 CONUS or (202) 470-5546 OCONUS (may be extra charges for OCONUS).

CHAPLAIN TAKEOVER

Having been onboard for a few months now, I am truly thrilled to be here and honored to serve as your Command Chaplain. Hailing originally from Memphis, I am committed to completing my 25-year journey in uniform right here. It is both an honor and a privilege to serve alongside some of our nation's finest men and women.

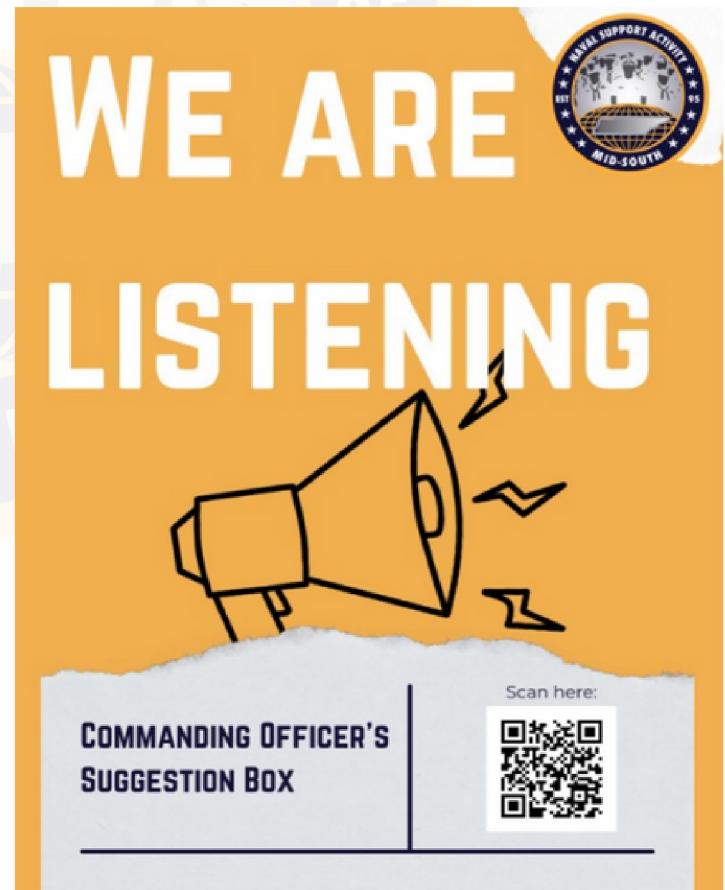
My foremost goal is to immerse myself within the fabric of this installation. Caring for others is not just my duty but my passion, the very essence of why I wear this uniform. So, don't be surprised if you find me walking the halls of your building, stopping by to check in and offer support.

Furthermore, I am determined to lead our installation towards one of its greatest strengths: service to our community. The significance of community service cannot be overstated, as it profoundly shapes our Navy's role as a good neighbor. With our remarkable team, we possess the opportunity to represent the Navy with distinction, potentially inspiring others to consider this path for their own lives.

Engaging in community service not only enriches our surroundings but also nurtures our own well-being and resilience. It grants us a clearer perspective, allowing us to realize our challenges are navigable and not insurmountable.

I am eager to dive into this work, and I look forward to crossing paths with each of you.

-Cmdr. Paul Smith





UH Room of the Month!

HM3 Kuch of NMRTU! Enjoy the parking spot and no room inspection for March!



IN SUPPORT OF
NAVY-MARINE CORPS RELIEF SOCIETY

ACTIVE DUTY
FUND DRIVE

BY OUR OWN — FOR OUR OWN
DONATE TODAY



NAVY-MARINE CORPS
RELIEF SOCIETY

www.nmcrs.org/adfd



Starting Saturday, February 3rd, United Way will be at Millington Public Library every Saturday, (except March 30th) offering free tax preparation for low to moderate-income households.

February 3rd - April 6th
10am-3pm



This month at the Millington Public Library

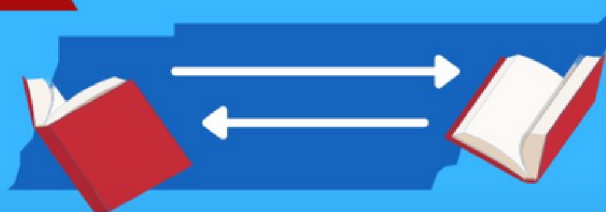


Did you know with your Millington Public Library card, you can borrow library materials statewide FOR FREE? You can search the statewide catalog and request items by going here:

<https://tenn.agshareit.com/home?cid=TENN&lid=MLT>

You can borrow books and DVDs FOR FREE from over 200 hundred libraries across Tennessee! All you need is a library card!

Borrow Statewide with
Shareit!



Literacy Gym



Thursdays at 11:00 am

Bring your toddlers to this fun and educational playtime!

Each week focuses on a skill that helps kids be ready for kindergarten (sorting items, recognizing letters, etc.).

Visit our website or stop by the library for more information!

Morning Storytime

Wednesdays at 11:00 am



2024 March Workshops

Stop by the Fleet & Family
Support Center, Building 456,
3rd Fl. For more information
about our workshops
or call us at
901-874-5075 to register.

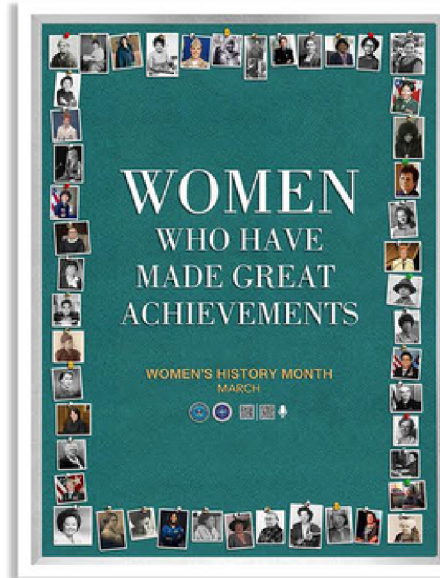
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 0800–1600 TAP	5 0800–1600 TAP	6 0800–1600 TAP 1300-1500 MBTI Personality Assessment	7 0800–1600 TAP 1000–1100 Report/Respond to Intimate Partner Violence	8	9
10 Daylight Savings Time... Spring Forward 1 Hour	11 1600–1700 Ombudsman Advanced Training	12 0800–1600 Million Dollar Sailor 1400–1530 Resume Writing (Virtual)	13 0800–1600 Million Dollar Sailor 0800–1600 SBA My Entrepreneurship 1300–1430 Innovative Interviews (Virtual)	14 0800–1600 SBA My Entrepreneurship 0900–1200 Resume Writing (In-Person)	15	16
17 	18	19  1300–1400 Effective Communication 1400–1500 CFS Advanced Training	20 0800–1600 My Employment	21 0800–1600 My Employment 1400–1500 EFMP New Enrollment Workshop	22	23
24	25	26 0900–1100 Innovative Interviews (In-Person)	27 1400–1500 Start Planning For Retirement	28 1300–1400 Anger Management 1430–1530 Prevent/Respon. to Child Abuse/Neglect	29	30
31 						

CULTURAL
AWARENESS



OBERVANCE

WOMEN'S HISTORY MONTH



Each year, the Department of Defense honors the women who have shaped U.S. history and made contributions to pave the way forward.

Women's History Month has taken place each March since 1987 when Congress passed Public Law 100-9, which authorizes the President to proclaim the observation every year. Before this, the event began as "Women's History Week" in 1981.

This year's theme, *"Women Who Have Made Great Achievements,"* celebrates the women who left an impact on the United States through their sacrifices, public service, and inspirational work.

One of those women was Claudette Colvin. Nine months before Rosa Parks made her famous stand for civil rights, there was Claudette Colvin, a 15-year-old Black girl who challenged segregationist bus policies.

In 1955, Colvin refused to give up her seat for a White woman after the "Whites only" section was full. When asked why she would not give her seat up for the woman, she replied, *"because it is my constitutional right."*

The bus driver alerted the police, who forced her off and jailed her. She was the first person arrested for challenging Montgomery's bus segregation laws. After being mistreated by the officers, she was charged with disobeying segregation laws, resisting arrest, and assaulting an officer, which stayed on her record into adulthood.

In 2021, Colvin, then 82 years old, finally had her record expunged of the criminal charges.

Women have played a crucial role in moving progress forward throughout American history.

The innumerable accomplishments of women have shattered obstacles, warranting commemoration during Women's History Month and year-round recognition.

"I just couldn't move. History had me glued to the seat."

- Claudette Colvin

Every Sailor a Recruiter: Turning Experiences into Opportunities

Story by Petty Officer 2nd Class Jose Madrigal



Courtesy Photo | Hospital Corpsman 3rd Class Roache bio photo. Courtesy photo by Hospital Corpsman Colin Roache)

MILLINGTON, Tenn. - Every Sailor is a recruiter even if they don't know it. For any sea story that a Sailor shares with people outside the Navy, is an opportunity to influence their opinion.

The goal of Navy Recruiting Command's Every Sailor a Recruiter program is to incentivize Sailors, whom are not on recruiting duty, to refer candidates to the Navy for recruitment. If the person referred joins the Navy, the referring Sailor earns a Flag Letter of Commendation (FLOC), which also counts a point toward advancement. Every Sailor is an ambassador for the Navy and their stories and experiences hold weight and influence within their social circles. This influence could be the reason someone chooses military service.

Prior to enlisting, Hospital Corpsman 3rd Class Colin Roache had his family encourage and reinforce his decision to join the Navy the same way he is currently doing for others.

Roache knew he wanted the education benefits the Navy offers, but it was the experiences of his

-retired aunt and uncle, as well as his active-duty sister who gave him the final push.

"I decided to join the Navy mainly because of the education benefits of the GI bill," said Roache. "I was fresh out of high school and could not afford to pay for college. My Navy-retired aunt and uncle and active-duty older sister all served as a positive reinforcement to support my decision to join the Navy. After seeing how successful their lives and careers have become ... I was convinced that joining the Navy was the best option for me."

Through accelerated programs in the Navy, as well as hard work and perseverance, Roache was meritoriously advanced to petty officer 3rd class within his first year of being a U.S. Navy Sailor. He also took advantage of the VA home loan program and purchased his first home at 21 years of age.

If that wasn't enough, Roache also turned his experiences at boot camp, "A" school and "C" school into college credits and received his Associates Degree in Health Science/Health Administration from American Military University within two years of being in the Navy.

Roache's successes in his short time in the Navy has reinforced the notion that joining the Navy was absolutely the right choice. He feels so adamantly about it, that he even encourages others to do so by simply sharing his story.

"I helped two good friends from high school join the Navy," said Roache. "Neither thought that the Navy lifestyle was for them. However, after seeing how the Navy positively impacted my life, they both decided that it would make a positive impact on their lives also. A piece of advice I gave to them was to take advantage of the education benefits such as the navy tuition assistance program when eligible and attend college as soon as possible. A college education is still good to have and having

a degree will go towards points on their advancement.”

In addition to helping out friends join the Navy and improve their situations, he is also helping progress his career.

“After referring my two close friends to join the world’s greatest Navy, I was awarded a Flag Letter of Commendation from Rear Admiral Walker,” said Roache. “The Floc letter of commendation is worth one point on my advancement exam for petty officer second class.”

Sailors like Roache are both helping themselves and the Navy by sharing genuine and real experiences to their friends and family and then bringing in quality and hungry future Sailors.

“I commend Petty Officer Roache for both his outstanding service and for helping bring in future Sailors to our Navy,” said Rear Adm. Alexis “Lex” Walker, Commander, Navy Recruiting Command. “Through the Every Sailor a Recruiter program, we are empowering Sailors like Roache to help bring us closer to meeting our recruiting goal, which provides critical manpower to the fleet.”

Before FLOCs were awarded for helping bring in new Sailors, Roache was already sharing his experiences with his local community.

“Prior to this program being created, I aided others in their process to join the Navy,” said Roache. “I assisted with Armed Services Vocational Aptitude Battery (ASVAB) preparations at Blue Cypress Park Community center in Jacksonville, Florida. At this community center, I aided adults, teenagers, and children to prepare for the ASVAB test and GED preparation. I genuinely like helping people and I’m constantly telling people about the Navy and the process they would go through to join. In such a short period of time, the Navy changed my life! I would love for others to have a similar experience. So, for Sailors like myself, Every Sailor a Recruiter program is used to show appreciation to us for being ambassadors for the Navy in our spare time.”

For more information on the program, visit NAVADMIN 290/22 or text FLOC to 764764.

Navy Recruiting Command consists of a command headquarters, two Navy Recruiting Regions and 26 Navy Talent Acquisition Groups that serve more than 815 recruiting stations across the world. Their combined goal is to attract the highest quality candidates to assure the ongoing success of America’s Navy.

U.S. Navy Band Sea Chanters is Coming to Memphis!

March 13 University of Memphis
March 14 West Memphis, AR

Get tickets at
<https://usnavyband.ticketleap.com>



FFSC Virtual Clinical Counseling **CONNECT to GET CARE**

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day.

www.ffsp.navy.mil



JOIN US FOR A **BUDGET FOR BABY® WORKSHOP**

March 7th
1000-1200



April 11th
1000-1200

Call (901) 874-7350 or email
millington@nmcrs.org to register!



Jacob Poczekaj: From MA1 to NSA Mid-South Training Officer

A Transition Tale of Skill, Service, and Success

Story by Mass Communication Specialist 2nd Class Austin G. Collins, NSA Mid-South Public Affairs



Photo by: Mass Communications Specialist 2nd Class Jason Waite

Jacob Poczekaj's career transition from an enlisted Master-at-Arms (MA), to a government civilian training officer is an account of adaptation and professional evolution. One filled with challenges, and achievements, providing insights into the seamless application of military skills in a civilian role.

"I joined the Navy in August of 2011," said Poczekaj, tracing his career from MA "A-school" in San Antonio, to deployments in Bahrain and assignments in Yokosuka, Japan, and San Diego. His experience across various locales equipped him with foundational skills in law enforcement, leadership, and management within Navy security departments.

"The transition to go from active duty to government civilian was motivated by my marriage here in Tennessee." His decision was influenced by personal commitments and the opportunity to continue his career in a stable location, which led him to a role at NSA Mid-South as a training officer.

Addressing transition challenges, Poczekaj emphasized the learning curve associated with civilian policies and benefits.

"You have to learn a lot about the new policies that apply to civilians and the post-service benefits that you have as an active duty member," he stated, highlighting the importance of resources like the Transition Assistance Program (TAP) for a smooth transition.

(Continued on next page)

In his role as a training officer, Poczekaj is responsible for coordinating training drills and managing yearly General Military Training (GMT) requirements.

"I'm tracking and coordinating training drills on the installation," he said, detailing his efforts to ensure all required training is conducted efficiently across departments.

Poczekaj discussed the execution of large-scale drills, particularly an Installation Training Team (ITT) drill recently executed as a part of Citadel Shield-Solid Curtain 2024, as a significant achievement in his civilian role.

"That's the largest scale ITT drill we've done with the largest tenant command, and it went really well," he shared, attributing the success to his Navy-acquired skills in management and coordination.

For service members transitioning to civilian roles, Poczekaj advises financial preparation and utilization of support services.

"Make sure that financially, you're set up," he recommended, "If you plan on separating, plan on being unemployed for possibly 3 to 6 months. Make sure you have a good nest egg to sit on."

Looking ahead, Poczekaj aims to enhance the realism and effectiveness of training exercises at NSA Mid South.

"My goals are to make training as realistic and effective as possible," he said, aspiring to improve processes and policies across departments through comprehensive training initiatives, "I want large scale-



-exercises that give the most beneficial outcome to all the departments, not just one".

Jacob Poczekaj's journey from a Master-at-Arms to the Training Officer aboard NSA Mid-South exemplifies the practical application of military experience in civilian service roles. His story offers a blueprint for service members seeking to navigate the transition to civilian careers, underscoring the value of preparation, adaptation, and the strategic use of available resources.



MAKING A DIFFERENCE FOR SAILORS, MARINES AND THEIR FAMILIES

2023

*Statistics inclusive Jan-Dec 2023

NMCRS Millington

Chelsea Crowell - Director

5722 Integrity Drive

Chapel Building 777

Millington, TN 38054-5028

(901) 874-7350

Monday-Thursday: 0900-1400

\$25,774



NSA Mid-South
ADFD Fund Drive

\$161,939



Total Assistance
Rendered

1,849



Hours
Volunteered

PROGRAMS



Financial Assistance

133 service members were assisted to meet living expenses and other unexpected needs. NMCRS works to meet your need and develop a plan for a long-term solution. The Quick Assist Loan program is available to active-duty service members.



Uniform Locker

Over 600 Service Members utilized the uniform locker in 2023. The uniform locker contains new and lightly used uniform items.



Budget for Baby®

Join our Budget for Baby workshop to effectively plan for an expanding family. Eligible attendees receive a \$50 Amazon gift card and handmade blanket.



Emergency Travel

Expediated travel assistance in the event of an illness or death.



Disaster Relief

NMCRS stands ready to help when a disaster strikes.

FINANCIAL ASSISTANCE

Interest-free Loans and Grants



Basic Living Expenses (Food, Lodging, Utilities, Etc.)

\$103,199

Family Emergency

\$6,000

Command-Verified Pay Problem

\$6,719

Medical/Dental (Non-Military Medical Facilities)

\$1,000

Transportation Due to Family Member Illness/Death

\$3,197

Personal Transportation Expenses (PCS, Gas, Local Moves)

\$150

Transportation (Car Repairs, Insurance, Car Payment, Rental)

\$29,261

Funeral

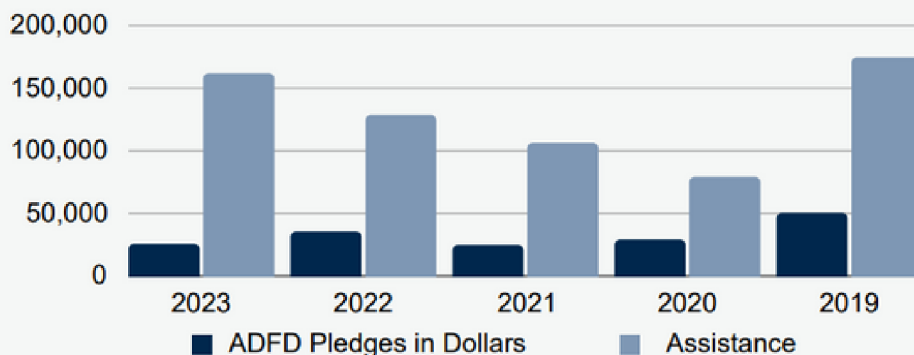
\$11,620

Other (Other Military Pay Issues, Gov't Travel Card, Overdraft)

\$793

133 clients received financial assistance

Active-Duty Fund Drive - Millington



UNIFORM POLICY UPDATE

- **HANDS IN POCKETS:** SAILORS ARE NOW AUTHORIZED TO PUT THEIR HANDS IN THEIR POCKETS WHEN IT DOES NOT COMPROMISE SAFETY OR PROHIBIT PROPER RENDERING OF HONORS AND COURTESIES.



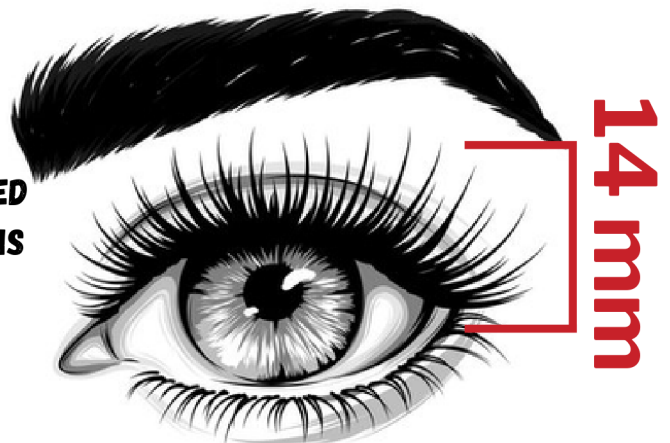
- **FEMALE COMBINATION COVER:** THE FEMALE COMBINATION COVER, OR BUCKET COVER, HAS BEEN REINSTATED AS AN OPTIONAL COMPONENT FOR FEMALE SAILORS WHEN WEARING SERVICE DRESS AND DINNER DRESS UNIFORMS. IT IS ALSO OPTIONAL FOR FEMALE OFFICERS AND CHIEF PETTY OFFICERS WHEN WEARING SERVICE KHAKI AND SUMMER WHITE UNIFORMS.



- **TIARA AS OPTIONAL UNIFORM COMPONENT:** FEMALE SAILORS CAN WEAR THE TIARA WITH DINNER DRESS BLUE AND WHITE JACKET UNIFORMS, AVAILABLE FOR PURCHASE VIA SPECIAL ORDER FROM THE NAVY EXCHANGE ONLINE CUSTOMER SERVICE.



- **FALSE EYELASHES:** FEMALE SAILORS ARE AUTHORIZED TO WEAR FALSE EYELASHES OR EYELASH EXTENSIONS THAT ARE NO LONGER THAN 14 MILLIMETERS IN LENGTH AND MATCH THE COLOR OF THE NATURAL EYELASH.



MORE UNIFORM POLICY UPDATES

- **LEGGINGS/TIGHTS WITH PT UNIFORM:** BLACK OR NAVY-BLUE LEGGINGS/TIGHTS ARE AUTHORIZED FOR OPTIONAL WEAR WITH THE PHYSICAL TRAINING UNIFORM SHORTS AND FITNESS SUIT PANTS.
- **OFFICER HEADGEAR CAP INSIGNIA:** UPDATES TO THE OFFICER CAP INSIGNIA TO STANDARDIZE ACROSS RANKS, EFFECTIVE OCTOBER 1, 2024.
- **FEMALE T-SHIRTS:** INTRODUCTION OF T-SHIRTS DESIGNED SPECIFICALLY FOR FEMALE BODIES AS AN OPTIONAL WEAR FOR ALL UNIFORMS.
- **BACKPACK POLICY:** COYOTE BROWN BACKPACKS ARE NOW AUTHORIZED FOR WEAR WITH THE NWU TYPE II AND III.
- **MATERNITY PILOT PROGRAM:** CONTINUATION OF PROVIDING FREE UNIFORMS TO PARTICIPATING PREGNANT SAILORS.
- **SIZE MODERNIZATION PROGRAM:** A MULTI-PHASE PROGRAM AIMED AT IMPROVING UNIFORM FIT AND SIZING, WITH AN INITIAL FOCUS ON FEMALE UNIFORM IMPROVEMENTS.
- **SUMMER WHITE OVERBLOUSE AND SERVICE UNIFORM SLACKS FOR FEMALES:** INTRODUCTION OF A NEW OVERBLOUSE FOR THE FEMALE OFFICER AND CPO SUMMER WHITE UNIFORM, AND EVALUATION OF SERVICE UNIFORM SLACKS WITH BACK POCKETS FOR FEMALES.
- **UNIFORM SURVEYS AND HAT LINERS:** THE NAVY WILL DISTRIBUTE UNIFORM SURVEYS FOR FEEDBACK AND INTRODUCE SYNTHETIC HAT LINERS FOR THE NWU EIGHT-POINT COVER TO ADDRESS CONCERNS REGARDING HAIR LOSS.
- **CHAPLAIN RELIGIOUS FAITH EMBLEM AND SURFACE CHAPLAIN OFFICER QUALIFICATION INSIGNIA:** SPECIFIC UPDATES TO CHAPLAIN INSIGNIA AND QUALIFICATIONS.
- **AERIAL VEHICLE PILOT WARFARE QUALIFICATION INSIGNIA:** FOR CERTAIN WARRANT OFFICERS, INTRODUCING A NEW INSIGNIA REFLECTING THEIR SPECIALIZED TRAINING.

Indias Brown Career Achievement Recognized with Bronze de Fleury Medal

From US Army Corps of Engineers Logistics Activity Public Affairs



Courtesy Photo | Todd Heuser (right) presents Indias Brown with the Bronze de Fleury Medal for his achievements spanning three decades.

MILLINGTON, Tenn. - Throughout more than three decades of service, in and out of uniform, Indias Brown epitomizes the concept of professional engineer.

That's the opening of the citation for his Bronze de Fleury Medal, which was presented to Brown on January 9.

The Bronze de Fleury Medal recognizes those who have provided significant contributions to the world of engineering while emphasizing the history, customs and traditions of the US Army Corps of Engineers (USACE).

The medal recognizes Brown's career achievements, but recently Todd Heuser, Resource Integration Division Chief at the USACE Logistics Activity (ULA), spoke to Brown's superior performance as the interim chief of the Logistics Assessment Branch (LAB). Brown began working at ULA in November of 2019, and served as LAB Chief for 120 days from Sept. 15, 2023 until Jan. 7, 2024.

Indias volunteered to fill a critical gap as the LAB Chief," said Heuser. "This position is the ambassador for ULA to the supported garrisons as he is the senior ULA person most will see. Rather than taking a 'caretaker' approach he immediately owned the program. He assessed where we were at and began implementing solutions to fill the gaps. He absolutely set his successor up for success."

Heuser said that this level of performance is the standard which Brown seeks to maintain across any mission.

"He is a consummate professional who cares deeply about the mission and the people we support," said Heuser. "His focus is on the mission and his team, not himself. His professionalism is coupled with his vast experience, determination and skills. He owns his lane, looks for gaps and then works diligently to fill them."

While Brown had previously worked in the Facilities Maintenance Division (FMD) at ULA, he said he enjoyed the different experiences that his duty with the LAB brought him.

“My favorite part of the job was getting out to the division and districts and meeting the people who execute USACE numerous missions,” said Brown. “Listening to the people in the field and helping to resolve their logistical issues was definitely another satisfying part of the job.”

Whether working for the LAB or FMD, Brown enjoys that he can help a wide array of personnel supporting the Corps mission across the nation.

“What I really like about ULA is that we provide guidance and reach back support to the logistics personnel working all across the Corps of Engineers,” said Brown. “Personnel in the field turn to ULA when they need assistance and answers to logistical challenges.”

The Bronze de Fleury Medal recognizes the achievements of the recipient across their entire career.

The award cites:

His military career was equally distinguished, culminating as the deputy assistant to the 412th Theater Engineer Command (TEC) G4 Maintenance Section Chief Warrant Officer. He supported 96 subordinate Army Reserve Units maintenance personnel and over 5,000 pieces of engineer/ground support equipment. He identified faults/malfunctions of support facilities, vehicles, engineer/ground support equipment to determine repair and rebuild requirements. He ensured the quality and accuracy of repairs and modifications. He identified program deficiencies through monitoring subordinate units' maintenance metrics and implemented mitigating controls. His distinguished military career includes multiple deployments to include one in support of Operation Iraqi Freedom in 2005.

Brown says that one challenge he has overcome during his decades of service is shifting from an applied technical role to one of leadership.

“One of the biggest challenges for me has been transitioning into a support role from a hands-on role,” said Brown. “For the greater part of my federal career, I have been the guy on the ground planning and executing but now I support those guys and gals who execute the work.”



Volunteers
needed



**Scan the QR code to
join our team!**



PERSpectives

Brought to you by



WELCOME TO PERS-9 INDOC



PERS-9B MS. SMITH



PERS-91 CDR REMILLARD
RESERVE OFFICER STATUS BRANCH
RESERVE PERSONNEL SERVICES BRANCH (RETIREMENTS)
RESERVE ENLISTED STATUS BRANCH



PERS-92 LCDR WADDLE
AFFILIATION & REDESIGNATION



PERS-9 CAPT BUSH



RESPECTED

VALUED

HEARD



PERS-93 PSC SWEENEY
INDIVIDUAL READY RESERVE MANAGEMENT



PERS-94 CDR SWEENEY
FUNCTIONAL INTEGRATION DIVISION



PERS-95 CDR HENDERSON
MEDHOLD / LOD / MRR & TDRL / PDRL



PERS-97 LCDR JAMSHIDIPOUR
RESERVE PROCESSING & AFFILIATION CENTER (RPAC)

VALUED RESPECTED HEARD VALUED RESPECTED HEARD VALUED RESPECTED HEARD VALUED RESPECTED HEARD VALUED RESPECTED HEARD VALUED RESPECTED HEARD VALUED RESPECTED HEARD

STAY CONNECTED FOR PERS-9 SEMI-ANNUAL NEWSLETTERS



Career Transition Office (CTO) has officially changed to
Reserve Processing & Affiliation Center (RPAC)

FOLLOW US ON FACEBOOK
<https://www.facebook.com/profile.php?id=100075248632779&mibextid=LQQJ4d>



The Fleet and Family Support Center wants to come to your space!



MARCH FFSC
ON THE GO

**NTAG
NASHVILLE
MARCH 30**

**EFMP
EASTER
EGG HUNT**

MARCH 30 | STARTS AT 0930

Come join us in helping the Easter Bunny find his missing eggs and redeem them for a goodie bag!

Games, Crafts, and a Sweet Treat to enjoy after the Easter Egg Hunt!

Ellison Community Recreation Center
RSVP NLT March 27th to Robyn Burke at (901)874 6195 or robyn.m.burke2.naf@us.navy.mil



Health & Wellness News from NMRTU Memphis



MARCH - NATIONAL NUTRITION MONTH

Week 1 - March is National Nutrition Month ®, an annual public education campaign created and sponsored by the Academy of Nutrition and Dietetics. This year's theme is "Beyond the Table." "Beyond the Table" is referencing the "farm to fork" movement. Think about fresh food when evaluating your health and the environment. The life choices that we make daily can make a big difference now and in the future. Making healthy choices goes beyond the foods we eat and drink. Our food choices can affect the health of our planet. It's estimated that Americans throw away billions of pounds of food each year while eating out or at home. This amount does not include food that is uneaten in the grocery stores or the crops that are left in the fields. It has been proven that a lot of food waste can be prevented. A good place to start is at home in your kitchen. Plan meals based on the foods you already have on hand.

Week 2 - Develop healthy eating habits by consuming proper portions and using healthy cooking techniques. Start simple with MyPlate App to calculate the number of calories and the amount of each food group that you should consume every day. Then size up your usual servings and start estimating your healthy serving portions. Remember, fruits and vegetables have great nutritional value, can be satisfying and filling, and are low in calories. To increase your vitamin and mineral intake, eat a variety of colorful fruits and veggies every day. Finally, add flavor to your food by using spices and mastering different cooking methods. It can not only improve the taste of your food but increase the nutritional quality as well.

(Continued on next page)

Week 3 - Learn how to practice mindful eating so you can achieve a long-term healthy eating lifestyle. A healthy eating plan limits foods with added fats, sugar, and sodium while emphasizing nutrient-rich foods and beverages, such as vegetables, fruits, whole grains, and fat-free or low-fat milk and milk products. It also encourages eating lean meats and poultry, seafood, eggs, beans and peas, and nuts and seeds for protein. These foods also reduce your risk of developing heart disease, high blood pressure, diabetes, and several types of cancer, as well as help you maintain a healthy body weight. Plan your meals before you go to the grocery store and choose foods that provide you with quality energy for the least number of calories. Stay attentive to your behavior while eating and only eat when you are hungry.

Week 4 - Include regular exercise in your daily routine to complement healthy eating for an active life. Paired with proper nutrition, exercise helps you maintain a healthy lifestyle. If you don't work out regularly, it's not too late to start! Try brisk walking, swimming, or bicycling. Aim for 150-250 minutes of moderate intensity exercise every week to reduce chronic disease factors and prevent weight gain, or 250-300 minutes of moderate intensity exercise every week to lose weight and keep it off. Prepare to eat right for peak performance before and after you exercise and be informed on supplement use. Check out these healthy eating tips for an active lifestyle to incrementally develop new habits. If you already live an active lifestyle, you may be looking for an additional challenge. Whether it is strength training, building endurance, or rehabilitating, **Navy Operational Fitness and Fueling System (NOFFS)** has programs you can use today.

**Reminder! The Pharmacy
will close every 4th
Wednesday of the month
for training.**





NSA Mid-South Junior Enlisted Association

"Unity: Building connections one Junior Sailor at a time"

NSA Mid-South JEA Junior Sailor of The Month



MILLINGTON, Tenn. (Feb 22, 2024) AE2 Kristal LaMotta pictured with her Triad: Commanding Officer CPT Tyrone Bush, Deputy Robin Smith, and Command Master Chief PSCM Anton Barte after being announced NSA Mid-South JEA Junior Sailor of the Month for March 2024.

Aviation Electrician's Mate Second Class Kristal LaMotta was born in St. Thomas, U.S. Virgin Islands and moved to Jacksonville, Florida where she graduated from Paxton School for Advanced Studies in 2015. After graduating, she attended Florida Agricultural and Mechanical University in Tallahassee, Florida. In 2018, she enlisted in the Navy Reserve and afterwards, returned to Florida A&M University to complete her Bachelor of Science. Throughout her career AE2 LaMotta has served as a member of the Navy Security Force at Isa Air Base, Bahrain to being hand selected as Operations Leading Petty Officer with MSRON-1 where she provided port security for Navy and Coast Guard vessels.

She currently serves as a Canvasser Recruiter Program Manager in PERS-92. As a Canvasser Recruiter Program

Manager she has completed 150 Commander, Navy Recruiting Command billet screenings that directly affected mission readiness for the fleet. She also serves as a PERS-9 Command Fitness Leader, Navy Personnel SAPR Unit Victim Advocate, and Navy Personnel Command Advanced Warrior Toughness personnel. Her exceptional dedication and passionate work ethic resulted in four command Sailor 360 Physical Training events for 138 Sailors, 192 hours of SAPR UVA watch, and Warrior Toughness training for NRC Memphis personnel. These are just a fraction of accomplishments that inspired and motivated her peers. Bravo Zulu, AE2 LaMotta!

EVERY SAILOR A RECRUITER

TEXT **ESAR** TO **764764**



March 2024

Happening @



E-News! **What's** **inside**

- Event calendar highlights
- Activity schedules
- Ticket and Travel specials
- Program information
- Facility Map
- and more!

EGGSTRAVGANZA
Saturday, March 30
All the details
inside!



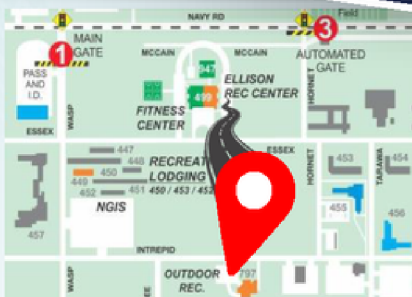
navymwrmidsouth.com APP
Take NavyMWR Mid-South with you
everywhere you go. It's your one-stop
for everything NSA Mid-South!

Ticket & Travel

Outdoor Rec. Center 5671
Intrepid (Bldg. 797)

Discount tickets

Tennessee Florida
California MWR Picks!



www.navymwrmidsouth.com/Tickets



Activities for the whole family to enjoy!

EGGSTRAVAGANZA

Saturday, March 30
1000 – 1200

Ellison Community Recreation Center
5671 McCain Street | Rain location will be N82.

Help the bunny collect his missing eggs
and he will reward you with a treat bag!

Find a golden egg and win an extra prize!

Egg hunt times

1015 - 0-4 year olds
1045 - 5-10 year olds
1115 - 11-16 year olds
1145- 16+

Event activities

- Photo opportunity
- Free movie
- Crafts
- Coloring
- Snacks



VOLUNTEER



MAP



www.navymwrmidsouth.com/EaglesPeak

BREAKFAST & LUNCH SERVED!
MONDAY - FRIDAY!



Eagle's Peak Grill
6168 Attu Street
Millington, TN 38054
(901) 874-5415



GROUP EXERCISE SCHEDULE

CLASS TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0600						
0630						
0700	CYCLE 0630 - 0730		CYCLE 0630 - 0730		CYCLE 0630 - 0730	
0730						
0800						
0830						
0900						
0930	FIT MOBILE 0900 - 1000		FIT MOBILE 0900 - 1000			STEP 0900 - 1000
1000						
1030						
1100						
1130						
1200	NOFFS HIT 1130-1230	STRENGTH & CORE 1130-1230	NOFFS HIT 1130-1230	CYCLE 1130-1230	NOFFS HIT 1130-1230	
1230						
1300						
1330						
1400						
1430						
1500						
1530						
1600						
1630						
1700	STEP 1630-1730	YOGA 1630-1730	BOXING & BARRELLAS 1630-1730	STEP 1630-1730	YOGA 1630-1730	BOXING & BARRELLAS 1630-1730
1730						
1800						
1830						
1900						

View group ex class schedule online at www.navymwrnmidssouth.com/groupexschedule



COMMAND PT/ FEP AVAILABLE M-F (by appointment)



JOE DUGGER FITNESS CENTER | (901) 874-5497
5671 MCCAIN ST. (BLDG. 5-499) MILLINGTON, TN
www.navymwrnmidssouth.com/fitness



NOFFS ZONE & FITNESS CENTER HAPPENINGS!

**Press your Luck
Fitness Challenge!**

Wednesday, March 13

Males will bench Press 70% of their bodyweight for reps, Females will bench press 50% of their bodyweight for reps. Challenge shirts while supplies last.

LOOK OUT FOR THE NEXT NAVY10NM OUTREACH!



THE NAVY TEN NAUTICAL MILER WEEKEND

1st weekend of June 2024!

#NAVY10NM EXPO >> June 1 and 2

1NM >> Saturday, June 1

10NM >> Sunday, June 2

5NM >> Sunday, June 2



REGULAR RATE

Nov. 2nd - May 15th

\$65 – 10NM ACTIVE DUTY

\$85 – 10NM ALL OTHERS

\$65 – 5NM | MINI MILER is FREE!

To sign up or for more information visit: www.thenavy10nm.com or <https://thenavy10nm.raceroster.com/page/event-details1>

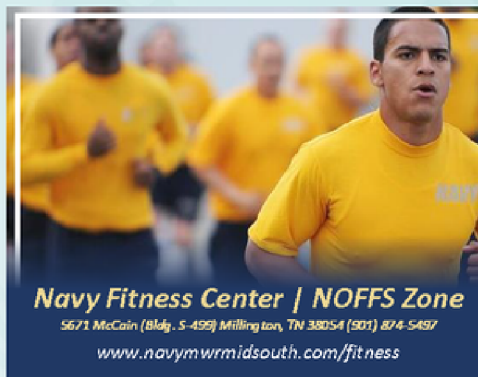
The Navy Ten Nautical Miler
Follow Us on Facebook, Instagram,
@Navy10nm.



Facility closures and holiday hours
for all MWR/CYP operations
are posted at facilities and online at
navymwrnmidssouth.com/holidayhours



N-82 Gymnasium
Open Monday-Friday 1000-1330
www.navymwrnmidssouth.com/sports



Navy Fitness Center | NOFFS Zone
5671 McCain (Bldg. 5-499) Millington, TN 38054 (901) 874-5497
www.navymwrnmidssouth.com/fitness

**Thank you to everyone that participated in our
Ladies Night Feb. 23! Be on the look out for more great events!**



MARCH Liberty Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
BQ Egg Hunt March 1 - 31			FEB - 28 Regular hours Liberty Lunch 1130-1300 Baja style chicken bowl	FEB - 29 Regular hours OPEN 1100-1900	MAR - 1 Regular hours 301 Darts Tournament 1630-1800	MAR - 2 Regular hours OPEN 1200-2000
MAR - 3 Regular hours OPEN 1100-1900	MAR - 4 Regular hours Art with Liberty 1630-1800	MAR - 5 Regular hours OPEN 1100-1900	MAR - 6 Regular hours Liberty Lunch 1100-1300 Taco pie	MAR - 7 Regular hours OPEN 1100-1900	MAR - 8 Regular hours Art with Liberty 1530-1700	MAR - 9 Regular hours OPEN 1200-2000
MAR - 10 Regular hours OPEN 1100-1900	MAR - 11 Regular hours OPEN 1100-1900	MAR - 12 Regular hours OPEN 1100-1900	MAR - 13 Regular hours Liberty Lunch 1100-1300 Bagel cold cut sandwich	MAR - 14 Regular hours OPEN 1100-1900	MAR - 15 Regular hours St. Patrick Shakes 1100-1300	MAR - 16 Regular hours OPEN 1200-2000
MAR - 17 Regular hours OPEN 1100-1900	MAR - 18 Regular hours OPEN 1100-1900	MAR - 19 Regular hours GAME NIGHT 1630-1700	MAR - 20 Regular hours Liberty Lunch 1100-1300 Mini burgers	MAR - 21 Regular hours OPEN 1100-1900	MAR - 22 Regular hours Corn Hole Tournament 1630-1800	MAR - 23 Regular hours Taste of Tennessee Green Bamboo Noodle House
MAR - 24 Regular hours OPEN 1100-1900	MAR - 25 Regular hours GENERATION TRIVIA NIGHT 1630-1800	MAR - 26 Regular hours OPEN 1100-1900	MAR - 27 Regular hours Liberty Lunch 1130-1300 Pierogis classic onion & classic cheese	MAR - 28 Regular hours Art with Liberty 1630-1800	MAR - 29 Regular hours OPEN 1200-2000	MAR - 30 ELLISON REC CLOSED See you at the EGGSTRAGANZA!

All events are free to and held in the BQ Bldg. S-454, unless otherwise specified.
Open to single or unaccompanied active duty personnel only.

Liberty Lunch

Every Wednesday!
BQ (Bldg. 454), 1st Floor

March 6 1130-1300 Taco Pie	March 13 1100-1300 Bagel cold cut sandwich	March 20 1100-1300 Mini burgers	March 27 1130-1300 Pierogis classic onion and classic cheese
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Free activity. Open to single or unaccompanied active duty personnel only.

Taste of Tennessee

Liberty Shuttle Bus Trip

Saturday, March 23

Deadline to sign up Thursday, March 21.
Call (901)-874-5437 to reserve your seat for trip.

CORN HOLE TOURNAMENT!

BQ (Bldg. 454)
Winner will receive a prize!

Open to single or unaccompanied active duty personnel only.

View calendar online to see event details...

Uh oh! It looks like somebody's upset the groundskeeper again.

New Date!

Glen Eagle's Superintendent Revenge

2-Person Scramble | Saturday, March 16

Sign up at the golf course Pro-Shop today!

MORE UPCOMING EVENTS:

- * CYP: Youth Summer Day Camp enrollment on MilitaryChildCare.com (ongoing)
- * FITNESS: Navy10NM Outreach - Little Rock (March 1 & 2)
- * FITNESS: Navy10NM Training Club Start (March 5)
- * SPORTS: interest meeting (March 5)
- * FITNESS: Navy10NM outreach at Fleet Feet Memphis (March 9)
- * COMREC: Storytime (March 9)
- * FITNESS: Navy10NM outreach at Joe Dugger (March 11)
- * CYP: Shelby Co./Millington Schools Spring Break | 11-15 March
- * FITNESS: Press your Luck Fitness Challenge (March 13)
- * SPORTS: Pre-Season Basketball (March 11-15)
- * GOLF: Superintendent Revenge 2-Person Scramble (March 16)
- * FITNESS: Navy10NM outreach at Joe Dugger (March 25)
- * CYP: Youth Play Day - Good Friday (March 29)
- * COMREC: EGGSTRAVAGANZA (March 30)

www.navymwrnmidsouth.com APP

Take NavyMWR Mid-South with you everywhere you go. It's your one-stop for everything NSA Mid-South! This app will allow you to view information on all services, programs, and activities for NSA Mid-South including hours of operations, locations and GPS, description of services, and even call the facilities directly from your iPhone.

Need more info ...touch base with the Marketing (nsamidsouth_marketing@us.navy.mil).





NAVY YOUTH CENTER



CHILD DEV. CENTER



GLEN EAGLE



FITNESS CENTER



RECREATION CENTER



MIDWAY RV PARK



AUTO SKILLS

NAVY CHILD & YOUTH PROGRAMS



Child Care Before & After School Teens

When military personnel are confident that their children are safe and in good care, they can better concentrate on fulfilling their military responsibilities. Child and Youth Programs are here to make sure high quality and affordable child care is readily available for military families worldwide. Find out more here <https://www.navyccyp.org/>

Important links for CYP Program:

<https://militarychildcare.com> - visit to get on the waiting list for military child care.

<https://usa.childcareaware.org> - valuable to parents who cannot find care within our CYP.

Youth Summer Day Camp enrollment begins on MilitaryChildCare.com.



COMMUNITY RECREATION PROGRAMS

AUTO SKILLS

(901) 874-5675

Monday: Closed

Tuesday: 1000 - 1730

Wednesday: 1000 - 1730

Thursday: 1000 - 1730

Friday: 1000 - 1730

Saturday: 0800 - 1530

Sunday: Closed

Federal holidays: Closed

RECREATIONAL LODGING

(901) 874-5496

Monday: 0930 - 1800

Tuesday: 0930 - 1800

Wednesday: 0930 - 1800

Thursday: 0930 - 1800

Friday: 0930 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

ELLISON COMMUNITY RECREATION CENTER

(901) 874-5455

Monday: 1100 - 1900

Tuesday: 1100 - 1900

Wednesday: 1100 - 1900

Thursday: 1100 - 1900

Friday: 1200 - 2000

Saturday: 1200 - 2000

Sunday: 1100 - 1900

Federal holidays: Closed

TICKET AND TRAVEL OFFICE

(901) 874-5652

Monday - 0800-1700

Tuesday - 0800-1700

Wednesday - 0800-1700

Thursday - 0800-1700

Friday - 0800-1700

Saturday - 0800-1500

Sunday - Closed

Closed federal holidays

LIBERTY OFFICE

(901) 874-5437

Monday: 1100 - 1900

Tuesday: 1100 - 1900

Wednesday: 1100 - 1900

Thursday: 1100 - 1900

Friday: 1200 - 2000

Saturday: 1200 - 2000

Sunday: 1100 - 1900

Federal holidays: Closed

FITNESS & SPORTS**FITNESS CENTER**

(901) 874-5497

Monday - Friday: 0500 - 2000

Locker room cleaning closures

Women: 0900 - 0930

Men: 0930 - 1000

Saturday: 0800 - 1600

Sunday: 1000 - 1600

Federal holidays: 0800 - 1400

OUTDOOR RECREATION

(901) 874-5163

Monday: 0800 - 1700

Tuesday: 0800 - 1700

Wednesday: 0800 - 1700

Thursday: 0800 - 1700

Friday: 0800 - 1700

Saturday: 0800 - 1500

Sunday: Closed

Federal holidays: Closed

NOFFS ZONE

Monday - Friday: 0500 - 2000

Saturday and Sunday: Closed

N-82 GYMNASIUM

Monday - Friday: 1000 - 1330

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

SPLASH PARK

May - October:

Tuesday - Sunday:

0800 - 2000

Mondays: Closed

Federal holidays: Open

CHILD AND YOUTH PROGRAMS

CHILD DEVELOPMENT CENTER

(901) 874-5745

Monday: 0600 - 1800

Tuesday: 0600 - 1800

Wednesday: 0600 - 1800

Thursday: 0600 - 1800

Friday: 0600 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

TEEN CENTER

(901) 874-5494

Hours vary, please call for current hours.

Federal holidays: Closed

YOUTH CENTER

(901) 874-5155

Before and After School:

0600 - 0745 and 1545 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

Vacation Play Days and Summer Day Camp:

Monday - Friday

0600 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

SCHOOL LIAISON

(901) 874-5343

Monday: 0800 - 1600

Tuesday: 0800 - 1600

Wednesday: 0800 - 1600

Thursday: 0800 - 1600

Friday: 0800 - 1600

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

GOLF PROGRAM**GOLF COURSE PRO SHOP**

(901) 874-5168

WINTER HOURS

Sunday- Saturday

0730-1600

Tee times start 0800

EAGLE'S PEAK GRILL

(901) 874-5415

Monday: 0700 - 1330

Tuesday: 0700 - 1330

Wednesday: 0700 - 1330

Thursday: 0700 - 1330

Friday: 0700 - 1330

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

FOOD AND BEVERAGE**PARK FIELD CAFE**

(901) 874-5841

Mon: 0700-1400 / 1630-2200

Tue: 0700-1400 / 1630-2200

Wed: 0700-1400 / 1630-2200

Thu: 0700-1400 / 1630-2200

Friday: 0700-1400

Saturday: CLOSED

Sunday: 1630-2200

Federal holidays: Closed

EAGLE'S PEAK BAR

Monday: 1100-1600

Tuesday: 1100-1600

Wednesday: 1100-1600

Thursday: 1100-1600

Friday: 1100-1600

Saturday: 0900-1600

Sunday: 0900-1600

Federal holidays: Closed

<https://www.navywmrmidsouth.com/about/directory>

Need more info ...touch base with the Marketing
(nsamidsouth_marketing@us.navy.mil).

**GRID # FACILITY**

- J 12 Auto Skills Shop (N-778/N-397)
- R 21 Bachelors Quarters (S-454)
- Y 13 Chapel (S-777)
- Y 28 Child Development Center (S-943)
- EE 27 Commissary (S-752)
- E 40 Cottages at Glen Eagle (N-345/N-347)
- BB 26 Dog Park (S-1840)
- H 39 Eagle's Peak Bar and Grill (N-939)
- O 15 Ellison Community Recreation Center (S-499)
- T 21 Fleet and Family Support Center (S-456)
- JJ 23 Gas Station Mini Mart (S-935)
- H 39 Glen Eagle Golf Course (N-939)
- H 21 Gymnasium (N-82)

GRID # FACILITY

- T 21 ID Office (S-456)
- O 14 Joe Dugger Fitness Center (S-499)
- O 15 Liberty Program (S-499)
- C 23 Memphis Navy Flying Club
- FF 30 Midway RV Park
- O 15 Movie Room (S-499)
- S 20 MWR Admin Office (S-455)
- X 20 Navy Exchange (S-752)
- L 07 Navy Federal
- J 26 Navy Lodge (N-931)
- S 11 NGIS (S-450/451/452)
- N 14 NOFF ZONE (S-947)
- V 16 Outdoor Recreation (S-797)

GRID # FACILITY

- X 20 Package Store (S-574)
- F 21 POV Storage Office (S-449)
- F 21 POV Sale Lot Office (S-449)
- S 10 Recreation Lodging Office (S-449)
- X 26 Softball Field
- W 28 Splash Park (1903A)
- R 10 Park Field Cafe (S-449)
- X 20 Subway (S-752)
- Z 31 Teen Center (S-770)
- V 16 Ticket and Travel Office (S-797)
- V 26 Turf Field
- P 08 Visitor Center / Gate Passes (S-938)
- Z 30 Youth Center (S-936)

NSA Mid-South Legal Clinic

Come join
the NSA Legal team and learn
about Power of Attorney
and Wills
Monday, March 25 from
0900-1100 at the
Pat Thompson Center



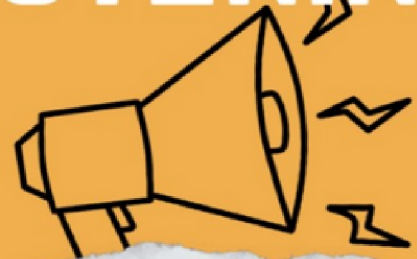
Safety Comment Box



Have a safety concern or question for the Safety
Department? Scan the QR code to drop us a
comment!



WE ARE LISTENING



COMMANDING OFFICER'S
SUGGESTION BOX

Scan here:





As part of Navy Region Southeast and Navy Installations Command, NSA Mid-South serves as the Navy's Human Resources Center of Excellence.

Have a story, event, personnel, or program you would like to see featured in The Bluejacket?

Email us at NSAMidsouth_PAO@us.navy.mil

Submission deadline is the 25th of each month!

The Bluejacket will publish the first Friday of each month.



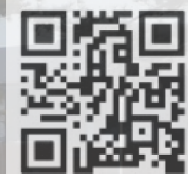
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Navy Region Southeast