

THE Bluejacket

NAVAL SUPPORT ACTIVITY MID SOUTH

DECEMBER 2023: VOLUME 81, NO.8

Join us for our Tree
Lighting Event on
December 2.
Details on p. 16!



NAVAL SUPPORT ACTIVITY MID-SOUTH LEADERSHIP



COMMANDING
OFFICER
CAPT MICHAEL
MOSBRUGER



EXECUTIVE
OFFICER
CDR JEREMY
WOODALL



COMMAND MASTER
CHIEF
CMDCM CHRIS BYARD

INSTALLATION PROGRAM DIRECTORS



ADMIN
CWO5 D. BURSON
NSAMIDSOUTH_ADMI
N@US.NAVY.MIL



PUBLIC AFFAIRS
KENDRA LAWLER
NSAMIDSOUTH_PA
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SAFETY & ACTING
HOUSING
ROBERT NELSON
NSAMIDSOUTH_HO
USINGDIRECTOR@U
S.NAVY.MIL



FFSC
SCARLETT COOK
NSAMIDSOUTH_FFS
CDIRECTOR@US.NA
VY.MIL



FIRE CHIEF
LEO HENDRICKS
NSAMIDSOUTH_FIR
ECHIEF@US.NAVY.
MIL



TRAINING
RICK JANIS
NSAMIDSOUTH_IT
O@US.NAVY.MIL



PUBLIC WORKS
LT ZACHARY ESKEW
NSAMIDSOUTH_PW
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PROGRAM
INTEGRATOR
DONALD BARKER
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IT
JAKE DOSS
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MWR
DAVE ATKINS
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EMERGENCY
MANAGEMENT
ROBERT MARTIN
NSAMIDSOUTH_EM
O@US.NAVY.MIL

Bluejacket Editor: MC2 Austin Collins

Public Affairs Officer: Kendra Lawler

Send submissions to: NSAMidsouth_PAO@us.navy.mil

NORMAL OPERATING HOURS

Willis Gate @Navy Rd.
24/7

Automated Vehicle Gate
Closed until further notice

NEX Main Store
(Includes Uniform Shop)
Mon-Fri 0900-1800
Sat 0900-1800
Sun 1000-1800

Subway
Mon-Thu 0900-1800
Fri 0700-1800
Sat 1000-1800
Sun 1000-1600

NEX Mini-Mart
Mon-Fri 0600-1800
Sat 0900-1700
Sun 0900-1700
Gas 24/7

NEX Package Store
Mon-Fri 0900-1800
Sat 0900-1800
Sun 1000-1800

Post Office
Mon-Fri 1000-1400

**24/7 Non-Emergency
Security Dispatch**
(904) 542-3109

Commissary
Sun 1000-1700
Mon 1000-1700
Limited Services - Deli
Closed, Only Self Check Out
Tue-Fri 0900-1830
Sat 0900-1800

Eagle Peak Grille
Mon-Fri 0700-1330

Eagle Peak Bar
Mon-Fri 1100-1700
Sat/Sun 0900-1700

Park Field Café
Mon-Fri 0700-1330
Mon-Thu 1800-2200
Sun 1800-2200

ID Card Office
Mon-Fri 0730-1600



Captain Michael Mosbruger
Commanding Officer
(901) 874-5102
michael.c.mosbruger.mil@us.navy.mil

Commander Jeremy Woodall
Executive Officer
(901)874-5103
jeremy.d.woodall.mil@us.navy.mil

Command Master Chief Chris Byard
(901) 874-5412
christopher.a.byard2.mil@us.navy.mil

Mrs. Pamela Martin
Command Executive Assistant
(901) 874-5102
pamela.l.martin4.civ@us.navy.mil

Notable upcoming events:

No Host Tenant Meeting for December
**** 24 January 2024 @ 1300** Location: Pat
Thompson**
5700 Attu Street—Bldg. 767

INSTALLATION NEWS

GENERAL INFORMATION

- For all reservation and ceremony inquiries regarding Pat Thompson Bldg. 767, please contact NSA Mid-South Command Services, NSAMIDSOUTH_PTCONFCENTER@US.NAVY.MIL
- Check out the CO Suggestion Box Answers weekly in the CNRSE App.

UPCOMING MWR EVENTS

- www.navymwrmaidsouth.com/events or check out our Facebook "NSA Mid-South Morale, Welfare and Recreation Department"

UPCOMING FFSC EVENTS

- Check us out on Facebook "Fleet and Family Support Center NSA Mid-South" and our calendar on page 9!
- Fleet and Family Support Center on-the-go is coming soon to a quarterdeck near you! Look for more information in the January 2024 edition!

UPCOMING CHAPEL EVENTS

- The Chapel Sanctuary is open for silent individual prayer every Tuesday and Thursday 1100 - 1130. Chapel Worship Schedule: Protestant Worship - 1000 Sunday
- Dec. 24 Christmas Eve Candlelight Service at 1800.
- Jewish service assistance and materials are available at the Chapel.

CLINIC NOTES

OPERATIONAL & OVERSEAS SCREENINGS

- Upon receipt of overseas orders, report directly to the Operational Readiness Clinic.
- Members and dependents (if applicable) will be tracked through completion of Overseas Suitability.

PHARMACY ELECTRONIC PRESCRIPTIONS

- A reminder that you may call the Pharmacy to activate your prescription (901) 874-6121.

VET CLINIC

- The Vet Clinic will host a walk-in vaccine clinic on Dec. 12 from 0900-1600. Find them on Facebook at NSA Mid-South Veterinary Clinic for all of the details.

LEGAL OFFICE

- The Legal Office will not take new clients for non-time sensitive routine legal issues from Dec. 14-Jan. 12.

INSTALLATION TRAINING DATES & INFO

- **Dec. 13- Giant Voice Testing (loudspeakers across the installation) will be conducted with various pre-recorded sounds and phrases at 1500. Upon conclusion, a notification will be announced stating "testing complete." For any real world emergencies, please dial 911.**
- Interested in being a role-player for our training exercises? Please email our Training Dept: NSAMidsouth_ITO@us.navy.mil

Help for victims of sexual assault in the DoD community is a call, click or text away. The Safe Helpline provides live, one-on-one crisis support and information by trained staff; Call: (877) 995-5247; click: www.SafeHelpline.org text: 55-247 CONUS or (202) 470-5546 OCONUS (may be extra charges for OCONUS).

Holiday Hours and Gate Closures

Christmas Eve, Sunday, Dec.24

NEX: 0900-1800

Commissary: 0900-1600

Christmas Day, Monday, Dec.25

Singleton Gate: Closed

NEX: Closed

Navy Rd Gate: Open 24/7

Commissary: Closed

New Years Day, Monday, Jan. 1

Singleton Gate: Closed

NEX: 1000-1600

Navy Rd Gate: Open 24/7

Commissary: Closed

DEPARTMENT OF DEFENSE/DEPARTMENT OF THE NAVY

FINAL NOTICE OF A PROPOSED ACTIVITY IN A FLOODPLAIN

Pursuant to Executive Order 11988, Floodplain Management, the United States Department of the Navy (Navy) gives notice that the Navy has conducted an evaluation of a Proposed Action, which involves construction in a floodplain to determine the potential effects that its activity in the floodplain would have on the human environment. The Navy identified that there are no practicable alternatives to locating the action in the floodplain and that the Proposed Action includes all practicable measures to minimize harm to the floodplain environment.

The proposed action is to repair fencing around former landfill on the southeast corner of the installation. Because the action is to repair the existing fencing, not to move it from its original location, no other alternatives other than a "no action" alternative were considered. The Navy is proposing this action to prevent entry into the closed landfill area for safety concerns and maintain permit requirements. A more detailed description of the proposed action, including a map of the project's proposed location, is included in the Record of Categorical Exclusion, which is available in the Public Works Department and can be provided upon request.

Interested parties may submit written comments no later than 4:00 PM Central Time on 30 December 2023 by email to john.a.ewer3.civ@us.navy.mil.

CO'S CORNER

Shipmates,

As we approach the end of the year, I want to take a moment to express my gratitude for the incredible dedication and hard work each of you has demonstrated throughout the past twelve months. From winter storms in February, to unexpected straight line winds in June, the commitment this group has shown to continue our mission has been nothing short of inspiring. We also achieved remarkable success this year, as was shown in our outstanding score during our CNIC Final Evaluation Problem certification and countless successful MWR and FFSC events. We have proven that no matter the obstacle, our staff pulls together to get the mission done.

In the spirit of the holidays, I challenge each of you to embrace this break as an opportunity to rejuvenate and reconnect with what matters most to you. Whether it's spending quality time with family and friends or simply enjoying well-deserved rest, make the most of this time for yourselves. MWR has many great holiday events scheduled throughout this month and I encourage you to take advantage of these with your families.

Let's come back next year refreshed, energized, and ready to take on the challenges and opportunities 2024 has in store for NSA Mid-South. Thank you for your hard work and commitment. Wishing you all a safe, happy, and relaxing holiday season!





UH Room of the Month!

**HM3 Hickman of NMRTU
Memphis! Enjoy the parking
spot and no room inspection
for December!**



Installation Winter Weather Procedures

- In the event winter weather impacts the installation, an AtHoc message will be released notifying all personnel of the installation operating status: operations normal/delayed reporting/early release/or closed to non-essential personnel.
- If the conditions are deemed unsafe the base will be limited to mission essential personnel only.
- Installation information phone line will be updated accordingly 901-874-7474 as well as local media outlets.
- Check with your parent command for specific reporting instructions as each command may have separate requirements.
- Follow the installation app and Facebook page for additional base services updates (i.e. FFSC, NEX, MWR, etc).



DECEMBER 2023

SUN	MON	TUE	WED	THUR	FRI	SAT
					1	2
3	4 3:30 LEGO CLUB	5 3:00 TEEN TIME	6 11:00 STORYTIME 3:30 CODING CLUB	7 11:00 LITERACY GYM	8	9 Santa at the Library 10:30-12:30
10	11 3:30 LEGO CLUB	12 3:00 TEEN TIME	13 11:00 STORYTIME 3:30 STEM CLUB	14 11:00 LITERACY GYM	15	16
17 NO PROGRAMS THIS WEEK →	18	19	20	21	22	23 LIBRARY CLOSED
24 31	25 LIBRARY CLOSED <i>Merry CHRISTMAS</i>	26 LIBRARY CLOSED	27 11:00 STORYTIME	28 11:00 LITERACY GYM	29	30 LIBRARY CLOSED

Millington Public Library | 4858 Navy Rd, Millington, TN 38053 | 901-872-1585
millingtonpubliclibrary.org

THIS MONTH @ THE MILLINGTON PUBLIC LIBRARY!

SANTA AT THE LIBRARY

Saturday, December 9
10:30- 12:30

Join us for festive
stories, treats, and activities!



4858 Navy Rd. Millington, TN
(901-872-1585)
millingtonpubliclibrary.org



Letters to Santa

Can't make it to see Santa in person?
Not a problem! We're sending a daily
reindeer to the North Pole with your
LETTERS TO SANTA!

Stop in and drop your letter
in our magical mailbox on or BEFORE
December 21 to ensure the get delivered
to the North Pole on time!

DECEMBER WORKSHOPS

Stop by the Fleet & Family
Support Center, Building 456,
3rd Fl. for more information
about our workshops or call us
at 901-874-5075 to register

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 0800 - 1600 TAP	5 0800 - 1600 TAP	6 0800 - 1600 TAP 0900 - 1000 FAP Overview: Prevent Abuse in the Navy 0900 - 1000 Stress Management	7 0800 - 1600 TAP 1300 - 1400 Time Management Happy Hanukkah 	8	9
10	11	12 0900 - 1030 Resume Writing & Cover Letters (Virtual) 1000 - 1100 FAP: Prevent/Respond to Child Abuse/Neglect 1400 - 1500 Maximizing Your TSP	13	14 0900 - 1100 Innovative Interviewing (In-Person) 1400 - 1500 Sponsor Training 1430 - 1530 FAP: Resp. to Prob. Sexual Beh. in Child/Youth	15 0800 - 0930 Innovative Interviewing (Virtual)	16
17	18	19 0800 - 1600 Million Dollar Sailor 1500 - 1600 College Bound	20 0800 - 1600 Million Dollar Sailor	21 hello. Winter. 	22	23
24	25 Merry Christmas 	26	27	28	29	30
31 New Year's Eve 	1 * HAPPY * New Year 					

CNRC Sailor Serves Veterans in a Unique Way

Story by Mass Communications Specialist 2nd Class Austin G. Collins



Machinist's Mate 2nd Class Kaleb Cruse, currently serving as an E-talent recruiter at United States Navy Recruiting Command, has found a unique way to honor veterans by delving into genealogy research and collecting military memorabilia.

Cruse's interest in genealogy research stems from a personal connection; he began exploring the wartime history of his great grandfather, a member of the 17th Airborne during World War 2.

"I started doing genealogy research on my own family and I was able to discover more information about my great grandfather's service," said Cruse.

This experience fueled his passion for uncovering the stories of other veterans, particularly those from World War 2 and earlier conflicts.

"I focus on researching veterans, primarily from World War 2 and prior. Finding muster rolls allows me to trace their service history based on the ships or units they were attached to," Cruse explained, highlighting his method of creating timelines to understand veterans' experiences.

While Cruse's interest in military history stems from personal ties, his foray into collecting military memorabilia started casually at a San Diego flea market.

"I realized there were military antiques available from estate cleanouts and vendors. Since then, I've been researching items dating back to the mid-1800s, observing changes in design and construction, such as the evolution of rating badges," Cruse shared.

Cruse encourages connecting with older veterans and capturing their stories.

"Record their story if you can because one day someone will want to learn about that time in our history," he emphasized, recognizing the diminishing number of World War 2 veterans.

In a world where the stories of veterans risks fading away, MM2 Kaleb Cruse's efforts stand as a testament to preserving the invaluable history of those who served.

Check out some of MM2's most notable finds on the next page.

FOR MORE INFORMATION CONTACT ROBYN BURKE AT (901) 874-6195 OR ROBYN.M.BURKE2.NAF@US.NAVY.MIL

HOLIDAY party

JOIN US!

1630 -1830 **08** DECEMBER

JOIN EFMP AT THE BASE CHAPEL IN YOUR FAVORITE PJS FOR SOME HOLIDAY FUN!

PHOTO OP WITH SANTA

GAMES, CRAFTS AND THE POLAR EXPRESS

HOT COCOA AND SWEET TREATS

RSVP NLT DEC. 6TH



1938 US Navy Good Conduct Medal Named to Joseph Witkowski. Chief Fire Controlman Witkowski was serving aboard the USS Hazelwood (DD531) when the ship was hit by a Japanese kamikaze off the coast of Okinawa. Sadly Chief Witkowski's Battlestation suffered a direct hit and he was killed in action.



1886-1893 Oiler 3rd Class Rating Badge



The City of Millington Presents



CANDY CANE LANE



CHRISTMAS PARADE

SATURDAY, DECEMBER 02, 2023 AT 1:00 PM

PARADE WILL BEGIN AT 1:00 PM AND LINEUP WILL BEGIN AT 12:00 PM.
THE PARADE WILL TRAVEL DOWN NAVY RD FROM NEWPORT TO LEROY BOATWRIGHT.

TO BE A PARTICIPANT IN THE CHRISTMAS PARADE REGISTER ONLINE AT MILLINGTON.TN.GOV
FOR MORE INFORMATION CALL
PARKS AND RECREATION (901)873-5770





PERSpectives

Brought to you by



THANKSGIVING FEAST



HOOYAH COMMAND PT -STAY FIT DURING HOLIDAY SEASON



Community Contribution



Junior Enlisted Association supports MoSH with numerous events. Reach out for future opportunities.
POC: HM2 Oluwabenga Folarin
OLUWABENGA.FOLARIN1@NAVY.MIL



To help local families build or improve places they can call home.
POC: CM1 Richard Campos
RICHARD.B.CAMPOS@NAVY.MIL



Career Transition Office (CTO) has officially changed to Reserve Processing & Affiliation Center (RPAC)

<https://www.facebook.com/profile.php?id=100075248632779&mibextid=LOQJ4d>

Follow PERS-97 FB page and stay tuned for our new logo

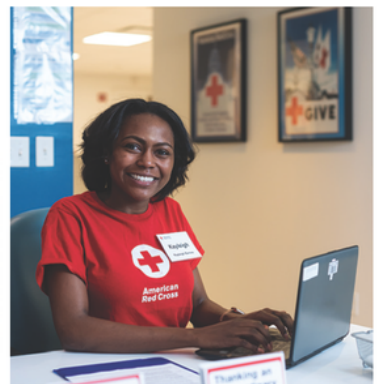




Turn Compassion Into Action!

Become a SAF Casework Volunteer Today!

Volunteers carry out 90% of the humanitarian work of the Red Cross. Whether providing care and comfort to an ill or injured service member or veteran, or helping a family member in crisis, it's through the efforts of ordinary people that we can do extraordinary things. Service to the Armed Forces (SAF) region casework programs offer various opportunities to support military families across the globe.



Volunteers Urgently Needed for the Following Positions in Your Community:

HCN Family Contact Card Caseworker

As part of the Hero Care Network, Family Contact Card Caseworkers provide emergency preparedness information to families ensuring access to Red Cross services.

HCN Family Follow-up Caseworker

Following delivery of an emergency communication message, Family Follow-up Caseworkers check in with service members and their families to ensure needs are met.

Critical Community Services Caseworker

HCN Critical Community Services Caseworkers provide military-connected clients access to local resources and partner agencies to meet a specific need.

HCN Casework Management Lead

Casework Management Leads are experienced caseworkers who support region and division staff to select, train and mentor caseworkers to meet program goals.

Training is provided in a variety of settings (online, virtual instructor-led and in-person). Volunteers who prefer in-person assignments must meet current vaccination requirements. All training and casework may be conducted 100% virtually.

To learn more, visit [redcross.org](https://www.redcross.org).

Select "Volunteer" to explore opportunities with your Red Cross Service to the Armed Forces region.



Scan with cell phone camera to apply.



Health & Wellness News from NMRTU Memphis



DEC.- ALCOHOL AND DRUG MISUSE PREVENTION

Week 1 - Make safe choices about drinking and driving during the holiday season to avoid negative outcomes. Holiday parties and family gatherings are events that many look forward to at the end of the year, but these environments may increase the risk for Sailors and Marines to engage in unhealthy alcohol behavior. You may think that having a few drinks to take the edge off isn't enough to cause you to make bad decisions behind the wheel. But it only takes one time to hurt yourself, others, or your career. You can use the following tips to make safe choices about getting home:

- Make arrangements to have a non-drinking designated driver.
- Have a family member or friend pick you up.
- Call a taxi or use a ride share program. Program the number in your phone or download the app before the night begins so you have it available when needed.
- Plan to stay overnight.

Week 2 - Check medications you take to see how they react with alcohol.

Are you brewing a recipe for disaster without realizing it? Alcohol and medicines may create a harmful reaction even if they are not taken at the exact same time. When mixed with alcohol, over-the-counter cold medicine can intensify drowsiness and ibuprofen can create a rapid heartbeat in some people. Many medications have more than one ingredient that can react with alcohol, so know the facts about your medications and whether it is safe to consume alcohol while you take these medications. Be sure you are aware of side effects and interactions of all over-the-counter and prescription medications by talking to your health care provider or pharmacist, especially before getting behind the wheel. Medications can have similar negative effects to alcohol such as impaired judgment, perception, and motor skills. Take a taxi or use a ride share if needed.

(Continued on next page)

Holiday Hours

****NMRTU Memphis and Pharmacy will be closed on 8 DECEMBER 2023 from 1200-1600 for Command Morale/Holiday Function.****

****NMRTU Memphis and Pharmacy will be closed on 25 DECEMBER 2023 (Christmas Day). ****

Week 3 - Tips for a Healthier Holiday

- Take Inventory: Identify those situations which make it difficult for you to eat healthy during the holiday. Make a plan for staying on track in each situation.
- Stay active: Don't mistake being "busy" for being "active". Aim for the recommended 30 minutes of activity every day. Break it up into a 10-15 minute sessions if you are pressed for time.
- Try Healthier recipes: Think more fruits and veggies, less fat in cooking is less calories. Focus on portion size.
- Budget wisely: Watch your intake during the day if you are going to a party that night. Make healthy filling choices early in the day to budget a few more calories for the party. Again focus on portion size!
- Enjoy your food - focus on small portions of those special holiday foods, eat mindfully.
- Focus on family and friends!

Have a Happy and Healthy Christmas and New Year and consider this - the holidays can be a time of joy and gratitude without drinking at all!

Please note the Pharmacy will close at 1300 every 4th Wednesday of the month for training beginning 24 Jan.



Week 4 - End your year on a high note by drinking responsibly.

Planning ahead is key to making safe and healthy decisions about drinking and driving during the holiday season. Many people mistakenly think that you can calculate your blood alcohol concentration (BAC) based upon how many drinks you've consumed. BAC is actually based on many factors including body weight, amount of food eaten, how fast you drink, and your gender. A BAC as low as .02% can create a loss of judgment and trouble multitasking, and a BAC of .05% impairs coordination, tracking moving objects visually, and steering a vehicle. Even drinking one or two drinks can have an effect on your ability to judge and react. If someone you know is drinking, do not let that person get behind the wheel. If you plan on drinking, decide how you will get home before you start drinking.



Happening @



WINTER Wonderland & TREE LIGHTING

Saturday, Dec. 2

1700-1900 at the Ellison Rec. Center.
(Bldg. S-499 | 5671 Intrepid)

1700-1715 Welcome
Holiday Card Winners
Tree Lighting

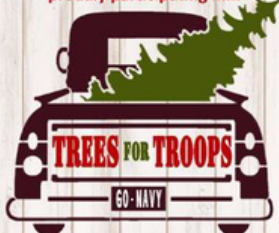
1715-1900 Santa meet & Greet
Hot Chocolate & Treats
Arts/Crafts/Games
Ugly Sweater Contest
family appropriate attire only

No pets allowed.
Children must be supervised at all times.



The Department of the Navy does not endorse any company, sponsor or their products or services.

Navy MWR Mid-South is
proudly participating in...



to provide complimentary live trees
to our Active Duty families.

Limited number of trees available for pick up will be
distributed first-come, first serve (limit one per family).

MONDAY, DEC. 11
ACTIVE DUTY PICK-UP

Active Duty E-6 and below (0900 - 1300)
Any Active Duty (1300 - 1500)

TUESDAY, DEC. 12
ALL-HANDS PICK-UP

Any authorized MWR patron (0900 - 1500)

Outdoor Recreation Center (5671 Intrepid Drive | Bldg. S-797).
For more information call (901) 874-5163



No federal endorsement implied.

There is still time to register your child (ages 2-12) to receive a
personal phone call from Santa!

Santa's Calling!

All Santa calls will be scheduled December 18 & 19
between the hours of 1800-2000.

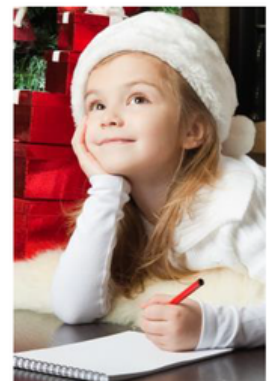
Register to receive call:
navymwrnmidouth.com/SANTASCALLING

LETTERS TO SANTA

Stop by Ellison Recreation Center,
the CDC, or Youth Center
Dec. 1 - 18 and
write your letter to Santa.

Then drop them in Santa's mailbox
next to our giant Tree on Essex Street.

If you would like a reply to your letter please
include a return postal address. Reply card and/or letters
from Santa will be placed in mail no later than Dec. 19.



Single Santa Golf Scramble

Saturday, Dec. 16

Deadline to enter is Thursday, Dec. 14.

Sign-Up sheets will be available at the
Glen Eagle Golf Course Pro Shop.

To sign up or for more information stop by the
Glen Eagle Golf Course (6168 Attu Street Millington, TN 38054).



Scan code above to register

Home Cooked Holiday
FREE DINNER TO-GO!
FOR ACTIVE DUTY

AND THEIR IMMEDIATE FAMILY MEMBERS!

Pickup times available:

Thursday, Dec. 21: 1600-1730

at the Glen Eagle Golf Course 6168 Attu St., Millington, TN.



Go to www.navymwrnmidouth.com/holidaymeal
no later than Dec. 17 to reserve and schedule
pick up time for your free holiday dinner on Dec. 21.





5 Days of Fitmas (Dec. 11-15)

The Joe Dugger Fitness Center NOFFS Zone challenges you to fight through a high-intensity 5 days of Fitmas workout! All fitness levels are welcome. Complete all 5 days worth of challenges, and earn the grand prize!

Grand Prize- 10NM training shirt & free entry for the 5NM or 10NM race!
Earn prizes as you go through each daily challenge.

Day 1: Sleigh bells Ring

Day 2: On the Turf we can build a snowman

Day 3: 12 stations of Christmas

Day 4: Jingle all the way

Day 5: Run, Run, Rudolph

For more information call the 874-5497 or stop by the Joe Dugger Fitness Center (5671 McCain (bldg. S-499) Millington, TN 38054.)

Park Field Café

Mornings and Afternoons
Monday - Thursday: 0700 - 2200
Friday: 0700 - 1700
Saturday: Closed
Sunday: Closed

Evenings
Monday - Thursday: 0700 - 2200
Friday: 0700 - 1700
Saturday: Closed
Sunday: 1800 - 2200

Park Field Café | (901) 874-5821
728 Wasp Ave. (Bldg. S-449)
Millington, TN 38054

FRESH HOT COFFEE!

Coffee available at 0700 and served all day.

BREAKFAST BLONDE 2.25 (12oz) / 2.75 (16oz)
ESPRESSO SHOT 0.75
ESPRESSO DOUBLE SHOT 1.50

HIGHLANDER GROGG 2.25 (12oz) / 2.75 (16oz)
Our specialty coffee is made of sun-spiced, vanilla, and butterscotch.

AMERICANO 3.00 (16oz)
Combines freshly pulled shots of espresso with hot water to achieve the taste of a standard cup of brewed coffee.

CAPPUCCINO 3.75 (16oz)
The perfect balance of espresso, steamed milk and foam.

LATTE 3.75 (16oz)
A rich coffee that is made up of one or two shots of espresso, steamed milk and a hint, then layer of foamed milk on top.

HOT CHOCOLATE 2.75 (16oz)
Hand made.

ADD INS & EXTRAS
Vanilla Syrup 0.50 Chocolate Syrup 0.75
Caramel Syrup 0.50 Whipped Topping 0.50
Fruit 0.50

BREAKFAST GRAB N GO!

ICED CINNAMON ROLL 4.25
BAGEL 1.00
(with cream cheese or jam)
CREAM CHEESE 0.50
MUFFIN 1.00

BREAKFAST PIZZA 6.25
Topped with mozzarella cheese, brown oven baked eggs, slices of ham (diced, sausage or ham), blue cheese with choice of cheese (mozzarella or American).

FRESH HOT FOOD!
Lunch and dinner options start at \$6.00

CHICKEN WINGS 7.50
CHICKEN TENDERS (8PCS) 5.50
Waffle Fries 7.50
CHICKEN WRAP 7.50

Smart with lettuce, mayo and tomatoes, shredded cheese and grilled or fried chicken in a flour tortilla.

CHICKEN SALAD
GRILLED 5.50 / **FRIED** 10.00
Green chicken, shredded carrots, fresh red tomatoes, shredded cheese, red onion and grilled or fried chicken.

HONEY SALAD 6.00 (16oz) / 2.50 (8oz)
Salad made up of green so ad mix, shredded carrots, fresh red tomatoes, shredded cheese and red onion.

Dressings and sauces available:
Ranch, Cilantro, Italian, vinaigrette, raspberry vinaigrette, blue cheese, honey dijon, honey mustard, buffalo sauce and more.

Variety of soft drinks and water available.

FRESH HOT PIZZA!

and bar available starting at 1030

	SMALL	LARGE
Cheese	3.75	12.50
Pepperoni	4.25	12.50
Italian Sausage	5.00	15.00
Supreme	7.50	22.00

Topped with mozzarella cheese, pepperoni, Italian sausage, red onions, fresh mushrooms, black olives, green peppers and red bell peppers.

	SMALL	LARGE
Veggie	6.50	17.00

Topped with mozzarella cheese and onions. Fresh mushrooms, black olives, green peppers and red bell peppers.

	SMALL	LARGE
Pizza Sauce	0.50	1.00
Cheese	0.75	1.50
Pepperoni	1.00	2.00
Bacon	0.75	1.50
Ham	0.75	1.50
Italian Sausage	0.25	0.50
Fresh Mushrooms	0.75	1.50
Black Olives	0.75	1.50
Green Peppers	0.50	1.00
Red Peppers	0.50	1.00
Jalapenos	0.50	1.00

Sauces & Extras:
Marinara sauce 0.50
All dipping sauces 0.50
Garlic Butter 0.75

Variety of domestic and imported beer, wine and liquor available.



THE NAVY TEN NAUTICAL MILER WEEKEND

1st weekend of June 2024!

#NAVY10NM EXPO >> June 1 and 2

1NM >> Saturday, June 1

10NM >> Sunday, June 2

5NM >> Sunday, June 2

REGULAR RATE

Nov. 2nd - May 15th

\$65 - 10NM ACTIVE DUTY

\$85 - 10NM ALL OTHERS

\$65 - 5NM | MINI MILER is FREE!



To sign up or for more information

visit: www.thenavy10nm.com or

<https://thenavy10nm.raceroster.com/page/event-details1>

The Navy Ten Nautical Miler

Follow Us on Facebook, Instagram, @Navy10nm.

ONLINE REGISTRATION IS OPEN!

NAVY10NM 2024

NEW COURSE! MINI MILER! 5NM & 10NM! NEW MEDAL! MORE SWAG! FLYOVER!



No federal endorsement implied.

www.navymwr-midsouth.com APP

Take NavyMWR Mid-South with you everywhere you go. It's your one-stop for everything NSA Mid-South! This app will allow you to view information on all services, programs, and activities for NSA Mid-South including hours of operations, locations and GPS, description of services, and even call the facilities directly from your iPhone.

Need more info ...touch base with the Marketing Manager (MWRWizard@gmail.com).





NavyMWRMidsouth.com



ABOUT EVENTS CHILD & YOUTH FITNESS FOOD & BEV JOBS RECREATION LODGING SUPPORT SERVICES



GLEN EAGLE



FITNESS CENTER



RECREATION CENTER



NAVY YOUTH CENTER



CHILD DEV. CENTER



MIDWAY RV PARK



AUTO SKILLS



The latest on upcoming events, job openings and more.

COMMUNITY RECREATION PROGRAMS

AUTO SKILLS

(901) 874-5675

Monday: Closed

Tuesday: 1000 - 1730

Wednesday: 1000 - 1730

Thursday: 1000 - 1730

Friday: 1000 - 1730

Saturday: 0800 - 1530

Sunday: Closed

Federal holidays: Closed

ELLISON COMMUNITY RECREATION CENTER

(901) 874-5652

Monday: 1100 - 1900

Tuesday: 1100 - 1900

Wednesday: 1100 - 1900

Thursday: 1100 - 1900

Friday: 1200 - 2000

Saturday: 1200 - 2000

Sunday: 1100 - 1900

Federal holidays: Closed

LIBERTY OFFICE

(901) 874-5437

Monday: 1100 - 1900

Tuesday: 1100 - 1900

Wednesday: 1100 - 1900

Thursday: 1100 - 1900

Friday: 1200 - 2000

Saturday: 1200 - 2000

Sunday: 1100 - 1900

Federal holidays: Closed

OUTDOOR RECREATION

(901) 874-5163

Monday: 0900 - 1630

Tuesday: 0900 - 1630

Wednesday: Closed

Thursday: 0900 - 1630

Friday: 0900 - 1630

Saturday: 0800 - 1530

Sunday: Closed

Federal holidays: Closed

POV RESALE & STORAGE

(901) 874-5496

Monday - Friday:

0800 - 1600

Federal holidays: Closed

RECREATIONAL LODGING

(901) 874-5496

Monday: 0930 - 1800

Tuesday: 0930 - 1800

Wednesday: 0930 - 1800

Thursday: 0930 - 1800

Friday: 0930 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

TICKET AND TRAVEL OFFICE

(901) 874-5652

Monday: 1100 - 1900

Tuesday: 1100 - 1900

Wednesday: 1100 - 1900

Thursday: 1100 - 1900

Friday: 1200 - 2000

Saturday: 1200 - 2000

Sunday: 1100 - 1900

Federal holidays: Closed

FITNESS & SPORTS

FITNESS CENTER

(901) 874-5497

Monday - Friday: 0500 - 2000

Locker room cleaning closures

Women: 0900 - 0930

Men: 0930 - 1000

Saturday: 0800 - 1600

Sunday: 1000 - 1600

Federal holidays: 0800 - 1400

NOFFS ZONE

Monday - Friday: 0500 - 2000

Saturday and Sunday: Closed

N-82 GYMNASIUM

Monday - Friday: 1030 - 1300

Federal holidays: Closed

SPLASH PARK

May - October:

Tuesday - Sunday:

0800 - 2000

Mondays: Closed

Federal holidays: Open

CHILD AND YOUTH PROGRAMS

CHILD DEVELOPMENT CENTER

(901) 874-5745

Monday: 0600 - 1800

Tuesday: 0600 - 1800

Wednesday: 0600 - 1800

Thursday: 0600 - 1800

Friday: 0600 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

SCHOOL LIAISON OFFICE

(901) 874-5343

Monday: 0700 - 1400

Tuesday: 0700 - 1400

Wednesday: 0700 - 1400

Thursday: 0700 - 1400

Friday: 0700 - 1400

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

GOLF PROGRAM

GOLF COURSE PRO SHOP

(901) 874-5168

WINTER HOURS

Effective of 12/1/2023

Sunday - Saturday 0730-1600

Tee time start 0800

FOOD AND BEVERAGE

PARK FIELD CAFE

(901) 874-5841

Monday: 0700 - 2200

Tuesday: 0700 - 2200

Wednesday: 0700 - 2200

Thursday: 0700 - 2200

Friday: 0700 - 1730

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

TEEN CENTER

(901) 874-5494

Hours vary, please call for current hours.

Federal holidays: Closed

YOUTH CENTER

(901) 874-5155

Before and After School:

0600 - 0800 and 1545 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

Vacation Play Days and

Summer Day Camp:

Monday - Friday

0600 - 1800

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

EAGLE'S PEAK GRILL

(901) 874-5415

Monday: 0700 - 1330

Tuesday: 0700 - 1330

Wednesday: 0700 - 1330

Thursday: 0700 - 1330

Friday: 0700 - 1330

Saturday: Closed

Sunday: Closed

Federal holidays: Closed

EAGLE'S PEAK BAR

Monday: 1100-1700

Tuesday: 1100-1700

Wednesday: 1100-1700

Thursday: 1100-1700

Friday: 1100-1700

Saturday: 0900-1700

Sunday: 0900-1700

Federal holidays: Closed

<https://www.navywmrmidsouth.com/about/directory>

Need more info ...touch base with the Marketing Manager (MWRWzard@gmail.com).

**GRID # FACILITY**

- J 12 Auto Skills Shop (N-778/N-397)
- R 21 Bachelors Quarters (S-454)
- Y 13 Chapel (S-777)
- Y 28 Child Development Center (S-943)
- EE 27 Commissary (S-752)
- E 40 Cottages at Glen Eagle (N-345/N-347)
- BB 26 Dog Park (S-1840)
- H 39 Eagle's Peak Bar and Grill (N-939)
- O 15 Ellison Community Recreation Center (S-499)
- T 21 Fleet and Family Support Center (S-456)
- JJ 23 Gas Station Mini Mart (S-935)
- H 39 Glen Eagle Golf Course (N-939)
- H 21 Gymnasium (N-82)

GRID # FACILITY

- T 21 ID Office (S-456)
- O 14 Joe Dugger Fitness Center (S-499)
- O 15 Liberty Program (S-499)
- C 23 Memphis Navy Flying Club
- FF 30 Midway RV Park
- O 15 Movie Room (S-499)
- S 20 MWR Admin Office (S-455)
- X 20 Navy Exchange (S-752)
- L 07 Navy Federal
- J 26 Navy Lodge (N-931)
- S 11 NGIS (S-450/451/452)
- N 14 NOFF ZONE (S-947)
- V 16 Outdoor Recreation (S-797)

GRID # FACILITY

- X 20 Package Store (S-574)
- F 21 POV Storage Office (S-449)
- F 21 POV Sale Lot Office (S-449)
- S 10 Recreation Lodging Office (S-449)
- X 26 Softball Field
- V 28 Splash Park (1903A)
- R 10 Park Field Cafe (S-449)
- X 20 Subway (S-752)
- Z 31 Teen Center (S-770)
- O 15 Tickets and Travel Office (S-499)
- V 26 Turf Field
- P 08 Visitor Center / Gate Passes (S-938)
- Z 30 Youth Center (S-936)

Winter Holiday Safety

Winter holidays are a time for families and friends to get together. But that also means a greater risk for fire. Following a few simple tips will ensure a happy and fire-safe holiday season.



HOLIDAY DECORATING

- Be careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.
- Keep lit candles away from decorations and other things that can burn.
- Some lights are only for indoor or outdoor use, but not both.
- Replace any string of lights with worn or broken cords or loose bulb connections. Read manufacturer's instructions for number of light strands to connect.
- Use clips, not nails, to hang lights so the cords do not get damaged.
- Keep decorations away from windows and doors.



HOLIDAY ENTERTAINING

- Test your smoke alarms and tell guests about your home fire escape plan.
- Keep children and pets away from lit candles.
- Keep matches and lighters up high in a locked cabinet.
- Stay in the kitchen when cooking on the stovetop.
- Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.
- Provide large, deep ashtrays for smokers. Wet cigarette butts with water before discarding.



Before Heading Out or to Bed

Blow out lit candles when you leave the room or go to bed. **Turn off** all light strings and decorations before leaving home or going to bed.

FACTS

- ! More than **one-third** of home decoration fires are started by candles.
- ! More than **two of every five** decoration fires happen because decorations are placed too close to a heat source.



NATIONAL FIRE PROTECTION ASSOCIATION
The leading information and knowledge resource on fire, electrical and related hazards

NSA Mid-South



Fire and Emergency Services

Don't miss out on this amazing opportunity to help strengthen your relationship! This group will be beneficial and helpful for the newlywed to the seasoned empty nesters. It is completely free but requires an 8-week commitment.

RELATIONSHIP BOOTCAMP

WITH GREG HALE, LPC-MHSP

8-week Gottman inspired group. Start your New Year off with a New Spark in your relationship.

Starting Tuesday January 9th at 6pm-7pm and requires an 8-week commitment.

Dates: Tuesdays January 9, 16, 23, 30, February 6, 13, 20, 27

For a pre-screening session, book a slot on Greg Hale's schedule by December 27th

George.g.hale2.naf@us.navy.mil or call (901)874-7519



ACROSS THE INSTALLATION

Forklift Training Elevates Skills

From USACE Logistics Activity Public Affairs Office

At the US Army Corps of Engineers (USACE) Logistics Activity Center (LAC) in Millington, Tennessee, Charles Hickman, a seasoned logistics management specialist in the Sustainment Division, recently conducted an intensive forklift training program. This comprehensive course equipped employees D'Ondre Stockman and Cel Amaral with the skills and knowledge to operate forklifts safely and efficiently.

Hickman, a retired 23-year Master Sergeant in the Army, brought a wealth of experience to the training program.

"I spent at least 18 years as an Army Master Driver Trainer in various units," Hickman shared. His extensive background in training on various military equipment laid the foundation for a robust forklift training program at the LAC.

"The keystone of any resilient training program always begins with Safety," Hickman said. "Since joining the Logistics Activity (ULA) team, myself and Stanley Pearson have established a robust Drivers Training Program with numerous pieces of equipment that we can Certify US Army Corps of Engineers (USACE) employees on. Using the United Academy program maintains a consistent training program across USACE."

The forklift certification course, typically spanning one day, consists of four hours of in-classroom training, followed by a practical hands-on exam. Additional time is allocated for inexperienced operators to practice and familiarize themselves with the equipment.

Hickman's approach to assessing trainee competency is rigorous. "Each student is provided a student guide, which will take them through the theory and principle of operating a forklift or any other piece of equipment we are training on," said Hickman. "The students take a written exam on the theory and principle of operation, and then move onto the physical assessment involving practice, familiarization, and the operation of the equipment as they bring the knowledge they gained during the classroom portion and transfer it to the operation of the equipment."

Common mistakes, such as failing to maintain three points of contact during mounting and dismounting or not ensuring a clear operational area, are addressed during the training.

"The purpose of this training is to be able to safely operate the equipment, minimize the risk associated with the forklift operation, identify hazards, follow best practices



Cel Amaral practices moving a load on the forklift in the Logistics Activity Center warehouse.

associated with the operation of Forklifts, and to understand the load limitations of your particular piece of equipment," said Hickman.

Operating a forklift can seem intimidating to someone who has never worked with this type of equipment before, but Hickman said the training allows for plenty of time for every student to become comfortable in an operating environment.

"If you have a trainee that is nervous or lacks confidence, you can allow them to watch the other trainees which helps them to calm down," said Hickman. "At that point the instructor will provide a more one-on-one approach, being right there and walking through each step allowing the trainee to calm down and be more confident going into the final exam."

D'Ondre Stockman, a general supply specialist with the Sustainment Division, attended the forklift certification training with a clear motivation - to enhance his skill set.

"I was heavily motivated to attend the forklift training because I do not have any prior experience using a forklift and as a young,



Before use of a forklift begins, personnel must conduct a thorough inspection of the forklift to ensure everything is in safe, working order.

energetic and inquisitive individual, I saw it as something that will only benefit me and add to my resume,” Stockman said. “This certification will allow me to use a forklift if needed in our warehouse, which ties to my role in my current position. I find myself going in the warehouse to account for, bar tag and scan property, and at times that involves moving pallets of equipment so having this certification can serve as an additional tool to use.”

From the training, Stockman gained essential knowledge about regulations, different types of forklifts, stability, center of gravity, and, most importantly, safety. He emphasized the significance of maintaining safety not just for the operator but for everyone present in the work environment.

“I believe one of the most vital lessons I took away from this training is maintaining safety, not only as the operator of the forklift but also maintaining safety for those in the work environment,” said Stockman. “We were shown videos of moments where workers using a forklift made a bad decision or didn’t do what they were supposed to and as a result, they ended up getting hurt or hurting others. Although these videos at times may seem funny, the reality is that if not taken seriously, a forklift incident can cause major injury or even cost someone their life.”

Property Book Officer Cel Amaral of the Sustainment Division also attended the training program.

He obtained certification to operate class 1 through 5 forklifts.

“The class covered the different types and classes of forklift trucks. The most valuable portion was the portion covering proper load handling, the ‘stability triangle’, and centers of gravity,” said Amaral. “I plan to seek hands-on operation on a quarterly basis.”

Hickman is able to provide forklift training to Logistics Activity personnel across the nation. The Logistics activity consists of the LAC and then Logistics Offices at USACE’s eight divisions and 45 districts across the country.

“My advice to any individuals considering the forklift certification training for the first time is to take full advantage of it,” said Stockman. “Whether you see yourself using a forklift or not, if you like to explore new things and are looking to add skills to your resume, this only does you good. We had a great instructor in Mr. Chuck Hickman who made the training not only fun and exciting but also provided the necessary points of emphasis needed to understand what we are to do when using a forklift. His instruction made me confident and feel like I took a lot from this training.”

BUDGET FOR BABY[®]

WORKSHOP



December 4th
10:00-12:00



Call (901) 874-7350 or email
millington@nmcrs.org to register!

Eligible attendees will receive an
Amazon gift card and handmade
blanket.



Volunteers needed



Scan the QR code to
join our team!



*Merry
Christmas
and a
Happy
New*



From "The Blue jacket" Staff

Enjoy this fun and
slightly creepy
throwback cover
from the Dec. 18,
1959 edition of the
Bluejacket.
The *Bluejacket* has
served NSA Mid-
South since 1942!

Giant Voice Testing

WEDNESDAY, DEC. 13



Giant Voice Testing (loudspeakers across the installation) will be conducted with various pre-recorded sounds and phrases at 1500.

Upon conclusion, a notification will be announced stating "testing complete." For any real world emergencies, please dial 911.

Safety Comment Box



Have a safety concern or question for the Safety Department? Scan the QR code to drop us a comment!



WE ARE LISTENING



COMMANDING OFFICER'S
SUGGESTION BOX

Scan here:





As part of Navy Region Southeast and Navy Installations Command, NSA Mid-South serves as the Navy's Human Resources Center of Excellence.

Have a story, event, personnel, or program you would like to see featured in The Bluejacket?

Email us at NSAMidsouth_PAO@us.navy.mil

Submission deadline is the 25th of each month!

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