

Vol. 13, No. 22

Serving the Corps since 1943 Marine Corps Logistics Base Barstow

November 22, 2023





MCLB BARSTOW COMMISSARY NEW HOURS OF OPERATION STARTING NOVEMBER 27, 2023

SUNDAY - CLOSED

MONDAY - 1000 - 1630

TUESDAY - 0930 - 1730

WEDNESDAY - 0930 - 1730

THURSDAY - 0930 - 1730

FRIDAY - 0930 - 1730

SATURDAY - 0830 - 1730

FOR MORE INFORMATION,
PLEASE CALL:
760-256-6760 EXT. 3004

On The Cover:

Cover photo by: Sgt. Anika Lewis

Marines wearing historical United States Marine Corps uniforms march off the arena after a the historical uniform pageant, at the finale of the Riders of the West: Showdown at Barstow event held at the stables, Marine Corps Logistics Base Barstow, California, November 18. The uniforms represented all of the official USMC uniforms from 1775, Revolutionary War, to present.



Marine Corps Logistics Base Barstow, California Colonel Gregory B. Pace, commanding officer Sgt. Maj. Miller Daceus, base sergeant major

Communication Strategy and Operations Office

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On the web

Links in this publication are interactive in the online version

Website: http://www.mclbbarstow.marines.mil

http://www.facebook.com/pages/ Marine-Corps-Logistics-Base-MCLB-Barstow/116845431679314





Marine Corps Logistics Base Barstow







Photo by: Anthony Plummer, Jr.

Children and their families joined the staff to celebrate Thanksgiving at the Child Development Center, aboard Marine Corps Logistics Base Barstow, California, November 20. The event included the traditional Thanksgiving dinner and desserts with loved ones, as they embraced the holiday spirit. This event is an annual event at the CDC.

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Veterans Day: Paying respect to service members

Photos by: Sgt. Anika Lewis COMMSTRAT Journalist









Colonel Gregory Pace, Marine Corps Logistics Base Barstow, commanding officer, addressed military personnel and civilians during Veterans Day event hosted by Disabled American Veterans, and held at Mountain View Memorial Park and Cemetery, Barstow, California, November 11. The annual event honors all who have served in the military, past and present, and even acknowledges those who will be future military service members. As part of the ceremony, the laying of the wreaths is a somber nod to those who have passed.









Marine Corps Logistics Base Barstow Safety Gram



Thanksgiving Holiday Safety

Most Americans look forward to a long holiday weekend as a chance to take off work and enjoy time with friends and family. We associate these holidays with warm feelings of tradition from preparing our holiday meals to reconnecting with loved ones we don't see often enough.

Unfortunately, these holiday periods are also associated with an uptick in car crashes resulting in serious injury and death, as well as accidents in the household. Take your time to read these tips to help keep you and your family safe this holiday.

Household safety and cooking tips:

- Stay in the kitchen when you are cooking on the stovetop so you can keep an eye on the food.
- Stay in the home when cooking your turkey and check on it frequently.
- Keep children away from the stove. The stove will be hot, kids should stay 3 feet away.
- Make sure kids stay away from hot food and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- Keep the floor clear so you don't trip over kids, toys, pocketbooks, or bags. Keep knives out of the reach of children.
- Be sure electric cords from an electric knife, coffeemaker, plate warmer or mixer are not dangling off the counter within easy reach of a child.
- Never leave children alone in room with a lit candle.
- Make sure your smoke alarms are working.



HAVE A HAPPY AND SAFE HOLIDAY!!

Base Safety Office (760) 577-6266

SA-003 6 November 2023

Driving Safety:

- Plan a safe ride home Use rideshares, public transportation or designate a sober driver. Think about your best option before you head out to celebrate.
- Report drunk drivers If you see a drunk driver on the road, report it to local law enforcement. You could save lives.
- Click-it Always wear your seat belt. Even if you're doing everything right, you could still be involved in a crash. Wearing your seat belt will increase your chance of survival.



Have activities that keep kids out of the kitchen during this busy time. Games, puzzles, or books can keep them busy. Kids can get involved in Thanksgiving preparations with recipes that can be done outside the kitchen.

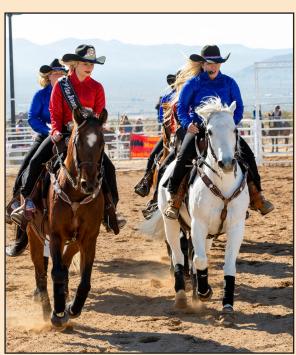
Riders of the West: Showd











Marine Corp Base Barston riders and pet to entertain a at the Riders West: Showd Barstow, at t aboard Mari Logistics Bas California, N 18. Performe included vau ropers, steer to barrel race highlighted j performance. Marine Corp Color Guard Army's 11th Detachment Fort Irwin's Training Cen





own at Barstow



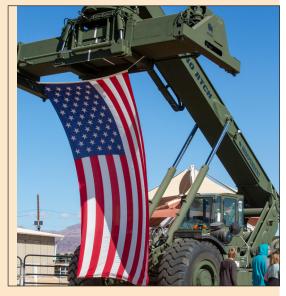




s Logistics welcomed erformers attendees of the own at he stables ne Corps e Barstow, lovember lters, wrestlers ers, and oint s with the s Mounted and the ACR Horse our of

National ter.









Toys for Tots: Collecting toys in the High Desert

Story by: Laurie Pearson COMMSTRAT Planner

The annual Toys for Tots campaign is in full swing aboard Marine Corps Logistics Base Barstow, California.

"The goal is to serve as many families within our communty as possible, every year," said GySgt Nicholas Eatherton, Retail Operations chief and Toys for Tots coordinator. "If we have the ability, we will help every family that could use the assistance."

Between the donations and assistance from the Toys for Tots foundation, this campaign was able to distribute 32,458 toys to 31,454 families in 2023, from Bakersfield, to Needles, all the way down to Fontana.

"There are dop boxes at more than 45 locations across the area we serve," Eatherton said.
"Families can request toys through the website at Barstow-CA.toysfortots.org/. They click 'request a toy' then scroll down to find a non-profit organization in their local community and request toys through that non-profit. We distribute the toys to the non-profit and then the non-profit does the actual distribution to the families."

There are a few events taking place over the next couple of weeks, where people can get involved. For instance, toys can be donated this week, November 25, 2023, 9 a.m. - 1 p.m. at the Ride Aid in Barstow. Marines, Firefighters and Paramedics will be collecting toys at the main gates to MCLB Barstow on Tuesdays through mid



December, 5:30 a.m. - 8 a.m.

"Or, you can scan the QR code on the widest email sent to base personnel, for the Toys for Tots Tuesdays, to make a monetary donation online, that will stay within the local community," Eatherton said.

Toys for Tots began in 1947, by Maj. Bill Hendricks, who was inspired by his wife Diane. She created dolls and asked her husband to

She created dolls and asked her husband to deliver them to an agency that supported



Photo by: Kristyn Galvan

Firefighters, Paramedics, and emergency other first responders gather the first round of toys donated for Toys for Tots, at front gate of Marine Corps Logistics Base Barstow, California, November 21, 2023. The Toys for Tots campaign began in 1947 and although it is typical ran by United States Marine Corps Reserve units, in the High Desert, the campaign is conducted by Marines, and Fire and Emergency Services Personnel aboard MCLB Barstow. The toys gathered will benefit all of the High Desert and beyond.

children in need.

"When Hendricks reported back to his wife that he could not find such an organization, she instructed him to 'start on'," Eatherton said. "Hendricks and the Marines in his reserve unit in Los Angeles collected and distributed 5,000 toys that year. Seeing such a successful community engagement in 1947, the Commandant of the Marine Corps directed all Marine Corps Reserve units to implement the Toys for Tots campaign, transforming it into a national community action program in 1948."

Since this High Desert Community does not have a Marine Corps Reserve unit in the local area, the task is completed each year by Marines and Fire personnel aboard MCLB Barstow.

"This campaign is amazing and it is near and dear to my heart," Eatherton said. "There are countless stories and pictures throughout history, since 1947, of families receiving toys from the Marines. Every toy counts. We cannot put the smiles on their faces without the blessings we get from the community each and every year. Thank you to all who have supported and continue to support the Toys for Tots campaign."



Commissary: Your hub for Thanksgiving

Story by: Kevin L. Robinson DeCA Public Affairs Specialist

FORT GREGG-ADAMS, Va. - The Commissary is your hub for all your Thanksgiving preparations with many more money-saving deals featured in the Savvy Shopper Sales Flyer for Nov. 20 through Dec. 3.

Fresh meat for this period includes pork crown roast at \$2.14/lb. and USDA choice beef chuck roast at \$5.21/lb. while supplies last. Select turkeys are on sale for 69 cents per pound with no minimum purchase, through Dec. 31, while supplies last.

Customers also can further their commissary savings with the Your Everyday Savings (YES!) Program. YES! offers extra savings and value on products customers buy most. Look for the orange YES! label on store shelves.

DeCA's "Thinking Outside the Box" recipe for the period is Vegan Scrambled Tofu on Toast. Thinking Outside the Box recipes are dietitian-approved, offering quick and economical solutions for home-cooked meals. Customers can save even more on the items listed in these recipes.

More opportunities to save are available through the Pathway to Savings – "Instant Savings, Buy One, Get One Free" deals, and Commissary Rewards Card digital coupons. Customers can save over \$55 through these deals. Many more digital coupons are available at https://shop.commissaries. com/digital-coupons. Pathway to Savings "BOGO Free" is not available at overseas stores; however, overseas customers can still enjoy instant savings by visiting their stores for specific selection and pricing.

DeCA has also made shopping even easier with its Commissary CLICK2GO mobile app. Customers can access the online payment/curbside pickup service, digital coupons, the sales flyer, dietitian-approved recipes and



much more. The mobile app is free for download through the Google Play and IOS app stores.

Other savings opportunities include:

"Settle into the Season with Traditions." No minimum purchase. No gimmicks. Select frozen turkeys: Shady Brook Farms, Honeysuckle or Valchris Farms are on sale (69 cents per pound) through Dec. 31. While supplies last. For more holiday resources, download DeCA's Interactive Holiday Guide or visit https://shop.commissaries.com/ settle-into-the-season to view additional holiday item specials.

"Buy a Box, Give a Breakfast." In honor of Family Appreciation Month and Veterans Day, Kellogg's teams up with the Military Family Advisory Network (MFAN) and the Military Child's Education Coalition to drive awareness around food insecurities in military families. For every Kellogg's participating product purchased from Oct. 22 through

Dec. 3, Kellogg's will match and donate to MFAN. Donations benefit military families through a variety of food outreach programs during the holiday season and beyond.

"Nabisco Holiday Instant Win." Through Dec. 15, patrons can spin the holiday wheel daily for a chance to win a \$25, \$50 or \$100 Commissary Gift Card. Participating brands include Oreo, Honey Maid, Sour Patch Kids and Swedish Fish. To learn more, go to https://NabiscoHoliday.com.

• Del Monte Supports "Leashes for Valor." Every Del Monte purchase at the commissary helps support wounded and disabled veterans in receiving a service dog. Leashes of Valor provides highly trained service dogs at no cost to wounded and disabled post-9/11 veterans. To learn more about Leashes of Valor, please visit https://leashesofvalor. org/.

Native American Heritage Month Continues

Did you know there are Six different types of Totem Poles?

NATIONAL AMERICAN INDIAN

CULTURAL AWARENESS

HERITAGE MONTH

I. Storytelling poles - Native Alaskans used symbols to preserve stories and legends passing them down from one generation to the

poles Served to
highlight
the life of
an important
tribal member.

3. House poles - Told

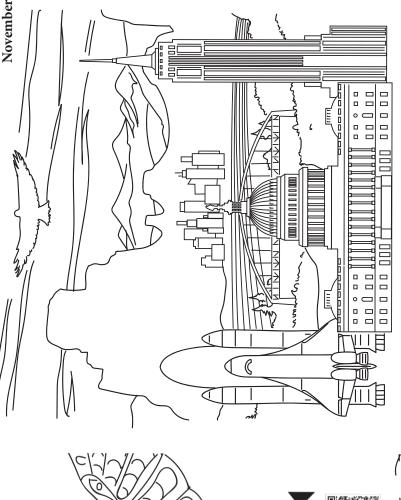
and lineage.

4. Shame poles - Served as a reminder to both groups and individuals that offensive behavior was unacceptable. Poor leadership, tribal quarrels, murders, and any unfulfilled obligations were reasons for a shame pole to be erected.

of a tribal clans ancestry

5. *Commemorative poles* - Usually the largest poles, they were carved to celebrate a specific occasion.

6. Mortuary poles - Poles were hollowed out in the back to serve as a holder for a deceased tribal member's ashes while some were used as grave markers.



Every November, the Department of Defense (DoD) joins the Nation in celebrating *National American Indian Heritage Month*. The event is also known in some circles as American Indian and Alaska Native Heritage Month.

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There are over 9 million American Indian and Alaska Natives living in the United States today.

With over 574 federally recognized tribes, there are hundreds of different cultures that are as unique as the people they represent.

Commissary continued from page 9

- Monster Energy. Commissary customers at participating stores can enter for a chance to win a Kawasaki motorcycle by scanning a QR code on in-store posters and displays. Contest ends Nov. 30.
- Purina Military Cat Club. The club offers high-value coupons (only valid at the commissary), welcome gifts, sweepstakes opportunities, pet tips and articles. Enter online at https://www.militarycatclub.com/contests and complete the designated entry form to enter the sweepstakes. During November, four winners can each win an automatic pet feeder.
- Purina Pro Plan
 Military Pet Club. Military Pet
 Club members receive highvalue coupons (only valid at
 the commissary), sweepstake
 opportunities, pet tips and articles.
 Throughout November, one
 Military Pet Club member can
 enter to win \$500 Commissary
 Gift Card. To participate go to
 https://www.militarypetclub.com/
 contests. For more information
 visit www.MilitaryPetClub.com.
- Purina Military PCS with Pets. Purina wants to give back to active-duty military pet owners. PCS with Pets is a communications and informational portal committed to educating and assisting activeduty military families with pets navigate the complex logistical and financial challenges of the military PCS process. Members receive information to help their PCS process and can ask questions in the forum. Also, members can enter a monthly sweepstakes for a chance to win \$500 toward their pet travel fees, plus a pet travel kit. The current sweepstakes ends Dec. 31. To enter go to https://www. militarypetpcs.com/contests.
- Commissary Store Brands. DeCA's private label inventory of Commissary Store Brands provide patrons with even further savings! Save big with an assortment of

- items spanning the entire store including: Freedom's Choice food, HomeBase non-food, TopCare health and beauty, Full Circle Market natural and organic food, Wide Awake ready-to-drink coffee products, Crav'n Flavor frozen appetizers and snacks, Tippy Toes baby products, Flock's Finest wild bird food and Pure Harmony pet food.
- Dietitian-Approved Fueling Stations. The commissaries' grabn-go Dietitian-Approved Fueling Stations are a great alternative to the drive-thru or as a quick way to stock office and barracks fridges with ready, on-the-go, snacks and meals. These stations are full of dietitian-approved snacks and meals that are nutritious and highperformance foods, conveniently located near the registers in select stores. View the Deli Fueling Station page for a list of dietitianapproved salads, sandwiches and wraps.
- "Box Tops for Education." General Mills is offering customers an opportunity to save money while supporting their local schools through the "Box Tops for Education" promotion. See store displays and high-value coupons for participating General Mills brands. This campaign is ongoing throughout the year.

-DeCA-

About DeCA: The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Commissaries provide a military benefit, saving authorized patrons thousands of dollars annually on their purchases compared to similar products at commercial retailers. The discounted prices include a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness,

enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.

Stay Connected to Your Commissary Benefit SHOP.COMMISSARIES.COM: Visit https://shop.commissaries. com to learn more about accessing and using Commissary CLICK2GO, DeCA's online ordering, payment and curbside pickup service, along with the sales flyers, Commissary Store Brands, recipes – all designed to improve the patron's shopping experience.

CORP.COMMISSARIES.COM: Visit https://corp.commissaries.com/ to learn more about the Defense Commissary Agency: check out the latest news, learn more about savings programs, healthy meal solutions and recipes, find a store near you, learn of food and product recalls, scan employment opportunities, read frequently asked questions, submit a customer comment form online through DeCA's Your Action Line and more.

FACEBOOK: Visit www.facebook. com/YourCommissary, DeCA's Facebook page, where you can post comments and share news, photos and videos.



