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Aug. 11, 2023

CFAY Security Forces/CNRJ Fire & Emergency **Services Hold Active Shooter Drill**



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The Silent Defenders: An Inside Look at the Fleet Anti-Terrorism Security Team Company Pacific

Story and photos by Garrett Nicholas Cole, CFAY Public Affairs

ommander, Fleet Activities Yokosuka is a bustling microcosm in constant movement contributing to the base's functionality and surrounding communities. Unbeknownst to many, CFAY houses an elite Marine Corps unit that stands ever-vigilant, ready to respond to threats and emergencies at a moment's notice. The Fleet Anti-Terrorism Security Team Company Pacific (FASTPAC) serves as the first line of defense for the U.S. 7th Fleet and its area of responsibility by providing critical security services and bridging the gap between crisis and the arrival of the Marine Expeditionary Unit (MEU).

"We are Fleet Anti-Terrorism Security Team Pacific. We belong to the Marine Corps security force regiment back in Norfolk, Virginia," said 1st Sqt. Daniel Martensson, Company First Sergeant of FASTPAC. "Out here, we have a permanent personnel base of about 20 people. We rotate a platoon from Yorktown every six months, depending on rotation times that can often change. They typically get a summer and a winter here, and we support the U.S. 7th Fleet. Anything and everything of National or Naval interest from an installation standpoint, we provide security. We have the ability to launch guys out in small teams up to the company size, and the whole company can deploy if necessary. We're the bridging point between a 'incident' and the Marine Expeditionary Unit (MEU) is coming in to help provide security and take over the situation we are the guys that can get there quickly and bridge that gap."

Martensson also shed light on the unit's mission, capabilities, and unique position within the military's broader security apparatus.

"We do a little bit of everything," said Martensson. "So when people think of Marine FAST team, for the most part, they think of the FAST of the early 80s and late 90s, which was mainly embassy support. We do all of that and more. All of our marines here at trained infantry Marines, and they haven't lost that baseline. So we can provide defensive capabilities to whoever needs it, whether U.S. Pacific Fleet (USPACFLT) or the U.S. 7th Fleet. We're not just embassy support. We provide security for anything."

Despite their integral role, Martensson describes the unit as often unknown to many on the base.

"Obviously, we have interactions with the U.S. 7th Fleet," said Martensson. "We also have interactions with individual installations. However, it's always interesting to walk around, and many people still do not know that there are Marines permanently stationed here, and we've been permanently stationed here for years. This whole building used to be Marine Corps barracks."

Due to its long-standing history onboard CFAY, FASTPAC Marine personnel forge relationships with the U.S. 7th Fleet and other installations while maintaining a low profile. The unit's presence dates back years, with lineage photos displayed at the base's Tavern telling the story of its long-standing history.

FASTPAC operates under U.S. 7th Fleet to support

embarked security teams with naval assets while providing anti-terrorism and security operations primarily focused on embassy reinforcement. FASTPAC stands on call for action and is prepared to deploy forces to defend and secure vital national assets.

The unit's Marines maintain their sharpness through regular training in-country and have developed a strong relationship with the 3rd Marine Expeditionary Force (MEF).

"We are always training and do a lot of our training at Camp Fuji and in Okinawa for the most part, and that's when we're not actively doing any of the missions for the 7th Fleet," said Martensson. "So, a lot of our individual sustainment training and things like that take place at Camp Fuji or on the ranges in Okinawa."

Martensson explains that the reach of FASTPAC extends beyond Japan, with deployments throughout the Pacific. "For any of the Marine Expeditionary Unit certification exercises,

we have the ability to go down and do some embassy reinforcement work for those guys," said Martensson. "We did a couple of exercises with the JDSF up in the Fuji area as well. But we've been everywhere, from Guam to Thailand to the Philippines. We just recently opened the door for us to take part in some of the Karat exercises that are taking place with Seventh Fleet, Korea. Etc. We've bounced all over the place."

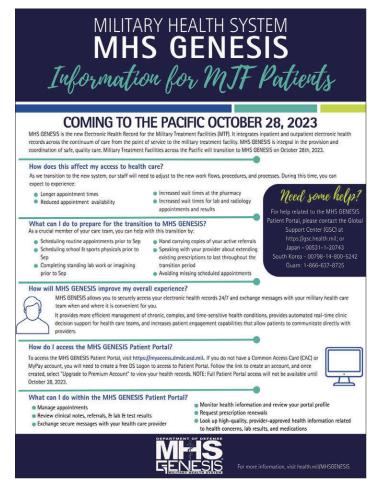
The Fleet Anti-Terrorism Security Team Company Pacific is an essential but often overlooked component of the United States military presence in the region. As the silent defenders of the 7th Fleet, their readiness and adaptability ensure the security and stability of the region in the face of emerging threats and crises.

For more than 75 years, CFAY has provided, maintained, and operated base facilities and services in support of the U.S. 7th Fleet's forward deployed naval forces, tenant commands, and thousands of military and civilian personnel and their families.

Out and About



Members from Commander, Fleet Activities Yokosuka (CFAY) take part in at the ground breaking ceremony for the new Ikego Detachment Youth Center. This project is one of many scheduled between Main Base and Ikego over the next five to seven years set to improve the quality of life at CFAY. (Photos by Garrett Cole, CFAY Public Affairs)



TCCOR Tropical Cyclone Conditions of Readiness and What they Mean to You Destructive winds of 50 knots or greater are TCCOR 5 possible within 96 hours. Destructive winds of 50 knots or greater are TCCOR 4 possible within 72 hours. Destructive winds of 50 knots or greater are TCCOR 3 possible within 48 hours. Destructive winds of 50 knots or greater are TCCOR 2 anticipated within 24 hours. Destructive winds of 50 knots or greater are TCCOR 1 anticipated within 12 hours. Winds of 35-49 knots sustained are occurring at **TCCOR 1: CAUTION** a particular installation. Winds of 50 knots sustained or greater occur at **TCCOR 1: EMERGENCY** a particular installation. ALL DESCRIPTION OF THE PROPERTY OF THE PROPERT Destructive winds of 50 knots or greater have **TCCOR 1: RECOVERY** subsided. Survey and work crews are sent out to determine the extent of the damage. The storm is over, and recovery efforts are **ALL CLEAR** considered complete by the installation

commander.



American Red Cross Summer Classes

- Adult and Pediatric First Aid/CPR/AED
- Babysitter's Training with Pediatric First Aid/CPR
- Basic Life Support

All classes are blended learning courses including an online portion, and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.





CPR/AED/First Aid Course (\$55)

- Monday, Aug. 21, 9 a.m. to 12 p.m.
- Monday, Sept. 4, 9 a.m. to 12 p.m.
- Sunday, Sept. 24, 9 a.m. to 12 p.m.

Basic Life Support Course (\$55)

• Wednesday, Sept. 6, 1 to 4 p.m.

Babysitting Basics (\$70) Recommended for ages 11-15)

- Saturday, Sept. 9, 9 a.m. to 12 p.m.
- Friday, Sept. 22, 9 a.m. to 12 p.m.

Additional classes available by request for group of plus three.

To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.

FFSC WEEKLY



More details on FFSC YOKOSUKA FB page

MBMF Stress Resilience

Aug 14 at 0900

Everyday Japanese

Aug 14 at 1000

Active Parenting 5-12

Aug 14 at 1000

Basics of Japanese

Aug 14 at 1030 (Ikego)

AOB/ICR

Aug 15-17 at 0800

MBMF Mindfulness & Meditation

Aug 15 at 0900

Basics of Japanese

Aug 15 at 1030

Ikego Cultural Exchange Club

Aug 15 at 1000

Million Dollar Sailor

Aug 16-17 at 0830

MBMF Living Core Values

Aug 16 at 0900

Active Parenting Teens

Aug 16 at 1030

MBMF Flexibility

Aug 17 at 0900

Volunteer Orientation

Aug 17 at 1100 (Virtual)

Resiliency Bootcamp

Aug 17 at 1130

Sponsorship Training

Aug 17 at 1300

MBMF Problem Solving

Aug 18 at 0900

EFMP Command POC

Aug 18 at 1000 (Virtual)

MBMF Connection

Aug 18 at 1300

See something you like? Sign up via email: ffscinfo@us.navy.mil



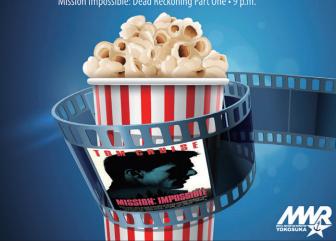


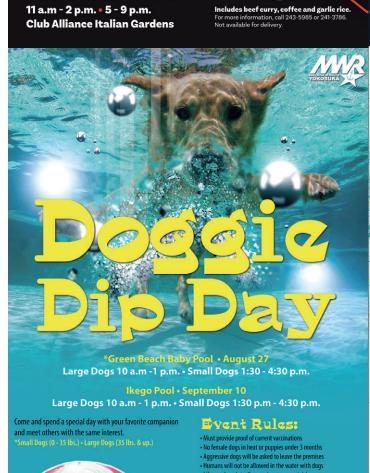


FRIDAY, AUGUST 25 • FLEET THEATER • 3 P.M.

Join us as we watch movies from the Mission Impossible series! First 30 sailors receive free admission. Free pizza and wings, while supplies last. \$3 for 3 Movies • Music • Giveaways • Beverages • Trailer Trivia

Mission Impossible: Ghost Protocol • 3 p.m. • Mission Impossible: Fall Out • 6 p.m. Mission Impossible: Dead Reckoning Part One • 9 p.m.





Lifeguard on duty. Dogs swim at owners' risk
 An adult (18 years and up) must accompany their dogs at all times
 Owners responsible for cleaning up after their dogs

11 a.m - 2 p.m. • 5 - 9 p.m. Club Alliance Italian Gardens



September 1

Purdy Fitness Center

Run Begins • 7 p.m.

Concert Begins • 8 p.m.

Registration Begins • August 14 • 9 a.m.

Join us for an exciting Glow Run and concert! Register via myFFR or in person at Purdy Gym or Fleet Recreation Center. Free t-shirts while supplies last. All ages are welcome



Scan here to register at MyFFR

For more information, visit us on the web.







Sunday, August 20th • 6:30 AM − 6:30 PM \$28 - Blue Jacket & \$85 - E6 & Up

Price includes: Transportation, Pirate Boat & Ropeway Admissions, and Guide

Liberty is heading up to Hakone for an unforgettable one-day adventure. Hakone is an internationally known vacation spot, it is part of Fuji Hakone Izu National Park. We will be driving up to visit our first stop at Owakudani (volcanic valley), crater created during the last eruption of Mt. Hakone 3,000 years ago. This area is an active volcanic zone where you can experience sulfurous fumes, hot springs and hot rivers. Next, we will do some water sightseeing with a Pirate Ship cruise to enjoy the views of Lake Ashinoko. After Lake Ashinoko, we will be visiting Hakone Shrine, which was originally formed in 757 A.D. Hakone Shrine is one of the most visited shrine by Japanese and visitors from all over the world.

Signup Deadline: Tuesday, August 15th



PRICE:
Tokyo Disneyland
Tour

Date: Monday, September 4th
Time: 6:30 AM-10:00 PM

PRICE:
\$60.00

E6&UP:
\$120.00

Disney is known as the home for children's dreams and fantasies.

Tap into your inner child and throw yourself back to the classics
you grew up with and loved, as well as see new characters from
recent years. Also enjoy the fireworks and parade at the end of
the night. Signup in advance, space is limited.

Signup Deadline: Tuesday, August 29th

BLUE JACKET: \$100 E6&UP: \$180

We are combining the thrill of canyoning and white water rafting in one hit. If you are up to for the challenge sign up at the Liberty Center and reserve your spot.

Only 9 spots available, so don't wait and miss out.

Price Includes: Transportation, Admission Fee, Gear Rentals, Lunch, Guides, and Group Photos/Videos.

SIGNUP DEADLINE: Thursday, August 17th

BEYOND THE GATE



Miura Night Market Aug. 13 (Sunday) - 14 (Monday)

4 to 9 p.m. | Misaki Downtown Shopping District (Take a bus from Keikyu Misakiguchi Station bound for Misaki Port or Jogashima. 20-minute bus ride to Misaki Port Bus Stop) Misaki Downtown Shopping District to serve as a venue has built-in buildings with a total length of 500 meters, and it has a sense of humanity, an atmosphere unique to the port city Miura. In restaurants, you can also enjoy unique foods such as Misaki's Tuna and Miura's Watermelon. There are also experiential events such as dancing and songs.



Minato Mirai Bon Dance Festival

Aug. 18 (Friday) - 19 (Saturday)

4:30 to 8:30 p.m. (Aug. 18)/3 to 8:30 p.m. (Aug. 19) | Rinko Park South Square (5-minute walk from Minato Mirai Line Minato Mirai Station Keyaki-dori Exit 5)

Looking out over the evening waters of Yokohama Bay, Rinko Park provides one of the most pleasant locations for one of Japan's most-loved summer traditions.



Jingu-Gaien Fireworks Festival

Aug. 12 (Saturday)

3 to 3:15 p.m./4:45 to 5 p.m. (Until Aug. 13); 1 to 1:15 p.m./3 to 3:15 p.m. (Aug. 14) | Chichibunomiya Rugby Studium (3-minute walk from Tokyo Metro Gaienmae Station)/Jingu Studium (5-minute walk from Tokyo Metro Gaienmae Station)

The Jingu-Gaien Fireworks Festival is one of the few firework events to be held in central Tokyo. Spectators can watch from the surrounding streets, but there is also the option to purchase seating for the rugby stadium, softball ground, main baseball stadium (Jingu Stadium). https://www.jinguhanabi.com/ticket.html. Attendees can enjoy performances from established or up-and-coming artists, along with the fireworks.



Uraga Port Festival Aug. 19 (Saturday)

12 to 8 p.m.(Fireworks: 7:35 to 8 p.m.) | Uraga Historic Port Area (10-minute walk from Keikyu Uraga station)
Uraga, the famous place where diplomacy between
Japan and the U.S. began, hosts its traditional festival in the historic port area. A dedication opens the festival.
Traditional attractions lend entertainment to the evening and fireworks over the lantern festooned port conclude the evening.

NEWS AND NOTICES

ATTENTION CUSTOMERS

- Purdy's free weight room and racquetball courts will be closed due to the installatioon of new fitness equipment from Aug. 15 to 18.
- Purdy Gym will be closed due to the installation of new fitness equipment from on Aug. 19.

IKEGO DETACHMENT LEGAL ASSISTANCE SERVICES

JAG services has been moved to bi-weekly starting Aug. 16.

When: Every other Wednesday **Where:** Ikego Command Liaison Office, first floor, building #831 (door to the left of Security)

Walk-in notary services offered 8 a.m. to 12 p.m.

- Please bring two forms of ID
- Special powers of attorney may be created at: https://www.jag.navy.mil/legal services/ SPOA.htm

Civil Law Attorney Services offered by appointment, 1 to 4:30 p.m.

- Forms for legal assistance appointments: https://www.jag.navy.mil/legal services/rlso/ rlso japan.htm
- Submit completed forms to: YokosukaLegalAssistance@us.navy.mil.

YOKOSUKA FRIENDSHIP DAY VENDOR MEETINGS

Thinking about participating as a vendor in the upcoming Friendship Day open base event in October? Come out to our Vendor Meetings in the MWR Admin Building's room 224 and learn what's needed to become an approved vendor for this event.

Meeting dates:

- Sept. 5 at 11 a.m.
- Aug. 22 and Sept. 19 at 1 p.m. Email: <u>MWR Yokosuka Special Events@us.navy.mil</u>.

SPORTS PHYSICALS PEDIATRICS CLINIC

Every Friday beginning on Aug. 4 and running through Sept. 15, the Pediatrics Clinic will have 10 appointments set aside for children's sports physicals. Due to scheduled training requirements, there will be no sports physical

appointments on Sept. 8. Parents must complete the sports physical form prior to the appointment. Forms are available at USNMRTC Clinics, school nurses' office or https://yokosuka.tricare.mil/Portals/133/PPE-History-Form-(English)-rev.pdf. To schedule one of these appointments, please call 243-5505 or 243-5352.

- Non-enrolled patients may schedule these appointments.
- No other health conditions will be discussed at these visits.



BOOT DONATION DRIVE

We are in need of old tattered boots for our Bells Across America Navy Gold Star event on Sept. 21, 2023. Please bring them to the Community Readiness Center building 4th Floor room 405, or call 243-3372 to arrange a pick up by Sept. 1. Monday, Wednesday, Thursday, Friday: 8 a.m. to 4:30 p.m., Tuesday: 8 a.m. to 2:30 p.m.

VOLUNTEER NOW FOR THE AMERICAN RED CROSS

- Volunteer Appreciation Lead (Help us show love to our volunteers)
- Preparedness Training (Youth K-5th Grade)
- Red Cross Message Management (Support service members who have initiated a Red Cross Emergency Message)
- Hospital Volunteers (Scheduling appointments/admin; Nursing or other medical volunteering)
- Youth Engagement (Pillowcase Project, International Humanitarian Law)
- Social and Print Media (FaceBook, Twitter, Flyers, Posters)
- · How to volunteer:
- 1. Use a desktop or laptop computer.
- 2. Search and go to Red Cross Volunteer Connection.
- 3. Use the Yokosuka FPO zip code 96349.
- 4. Complete the online training.

5. If you have any problems, email: <u>yokosuka@redcross.org</u>, or call 243-7490.

COMPLETE A CONTACT CARD

One of the Red Cross's main missions OCONUS is to provide the Emergency Communication Message, AKA "Red Cross Message". If you, or an immediate family member experience an emergency that requires you to request leave from your command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your emergency leave. Fill out a Contact Card today to ensure your contact information is in the correct system before an emergency arises. Filling out a card in advance helps you and your family save time in a crisis. Prepare today, complete a Contact Card!

CONSTRUCTION AND CLOSURES

Ikego Construction Update:

- New CDC building (formerly the Wellness Center and skate park) There will be partial closure of the main parking lot near the NEX and current CDC. Demo phase will conclude approximately Sept. 30, the parking lot will remain closed in preparation for construction phase of the new CDC. Construction will start shortly after demolition.
- Youth Center (formerly the Bubble Gym)
- Demo phase has been completed. Target completion date is January, 2025.
- New Public Works (Formerly the tennis courts) Project is currently in the survey phase. There is no specific construction start date at this time.

Community Center Parking: Half of the community support center parking will be occupied during the construction of new CDC facility from August to October 2025.

McCormick Street and Leahy Street: Full road closure for underground utility works until Feb. 28, 2025.

Sampson Avenue: Sidewalk will be closed partially until Nov. 30.

Vandegrift Lane: Full road closure until October 2025.

f Commander Fleet Activities Yokosuka



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