

# THE PROSPECTOR



Vol. 13, No. 17

Serving the Corps since 1943  
Marine Corps Logistics Base Barstow

October 12, 2023



**Domestic Violence Awareness Month**  
**United Against Violence**  
**Fire Prevention BBQ**





## EVENTS

### Find the Purple Ribbon

Mon, Oct 2 - Fri, Oct 27

Throughout Oct, find the Purple ribbon and bring it to Behavioral Health at Bldg. 218 for a special prize. This event is for Service Members & Dependents.



@MCCSBarstowBehavioralHealth



### Survivor 5k Zombie Walk/Run & Trunk or Treat

Weds, Oct 25, 5:30 - 9 p.m  
Parfede deck.

For more information, call: (760) 577-6533



barstow.usmc-mccs.org

## On The Cover:

Cover photo by: Sgt. Anika Lewis

Michelle Bledsoe, Fire Prevention chief and Corey Sierra, Fire Prevention officer, tend an educational booth at the annual Fire Prevention Week's Safety Stand Down BBQ aboard Marine Corps Logistics Base Barstow, California, October 12. Representatives from Safety, Personal and Professional Development, and Fire Prevention offered safety and fire prevention items and information, as attendees donated funds toward the Marine Corps Ball. The food for the event was cooked and served by members of the Single Marine Program.



THE PROSPECTOR

Marine Corps Logistics Base Barstow, California  
Colonel Gregory B. Pace, commanding officer  
Sgt. Maj. Miller Daceus, base sergeant major

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## On the web

Links in this publication are interactive in the online version

Website: <http://www.mclbbarstow.marines.mil>

<http://www.facebook.com/pages/Marine-Corps-Logistics-Base-MCLB-Barstow/116845431679314>



## Marine Corps Logistics Base Barstow

Barstow, California



### SOCIAL MEDIA RESOURCES

- » School L
- » EFMP
- » FOIA
- » Sexual A
- » Voting A

### COMMAND



*Christian Eldridge, Behavioral Health Administrative Assistant, tosses a bag of trash into a dumpster during the annual Base Wide Clean-Up held aboard Marine Corps Logistics Base Barstow, California, 12 October. Employees spent two hours cleaning trash, dead tumbleweeds and debris from their functional work areas during the event.*

Photo by: Sgt. Anika Lewis

## Contents



**Domestic  
Violence  
Awareness  
Month**

**4**



**Zombie  
5K  
Walk**

**8**



**Hostile  
Work  
Environment**

**5**



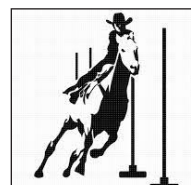
**Trunk  
Or  
Treat**

**9**



**United  
Against  
Abuse**

**6-7**



**Riders of  
the West:  
Showdown at  
MCLBB**

**11**

**3**





DOMESTIC VIOLENCE PREVENTION MONTH

# FIND THE PURPLE RIBBON

Throughout the month of Oct, find the Purple Ribbon hidden on MCLB Barstow and bring it to Behavioral Health, bldg. 218 for a prize!

Weekly clues will be posted on our Facebook,  
**@MCCSBarstowBehavioralHealth**

For more information, call: (760) 577-6533



**[barstow.usmc-mccs.org](http://barstow.usmc-mccs.org)**



# Preventing a hostile work environment

Submitted by: XXXXXXXXXX  
Equal Employment Opportunity Division

**M**arine Corps Logistics Base Barstow takes all cases of Hostile Work Environment seriously by proactively educating service members and government employees to better understand how to recognize and prevent hostile work environments.

As one of his main focuses of providing a safe and healthy workplace, Col. Gregory Pace, MCLBB Commanding Officer, mandates annual HWE training to all MCLBB service members and Department of Defense employees. Working in a harassment free environment is a fundamental right of all employees and crucial to an employee's productivity and morale.

The HWE annual training is targeted to the identification of bullying, various types of harassment, and elements of a toxic environment that can be perpetuated by employees and supervisors. Military members and other employees can report such behavior to leadership or the Labor and Employee Relations branch within the Human Resources Office, as the initial step to the reporting process.

To reduce occurrences of HWE, the Department of Navy issued SECNAVINST 12735.1 on 14 June 2023, Department of the Navy Civilian Harassment Prevention and Response Program clearly defining what harassment is

“...behavior that is unwelcome or offensive to a reasonable person and that creates conditions that unreasonably interfere with work performance or creates an

intimidating, hostile, or offensive environment.”

The MCLBB Commanding Officer supports the Hostile Work Environment inquiry into all situations that are reported, as no such acts are tolerable.

The MCLBB Barstow Equal Employment Opportunity Office has two Equal Employment Specialists, supporting all tenant commands, who process Informal Complaints and Reasonable Accommodation requests, including referral to HRO for a Hostile Work Environment concern. The Civil Rights Laws that govern discrimination or harassment against all protected class on the following basis (i.e., race, color, national origin, gender (both sexual and non-sexual), age (over 40), Genetic Information Nondiscrimination Act of 2008 (Gina), disability, religion, and reprisal) make such acts illegal. EEO training for DoD employees and supervisors is an annual requirement as the dissemination of information to all who work on base further educates and challenges everyone to eliminate all barriers which prohibit equity

within the workplace. Applicants are extended the same protection as current DoD employees, being treated with dignity and respect throughout the process of applying, interviewing, selection, to include the onboarding process. The process to report any potential violation would follow the Informal and Formal Complaint process set forth by the EEO Commission and tasked through the MCLBB EEO Office.

Marine Corps Logistics Base Barstow in a collaborative effort with offices such as the EEO, HRO, and Office of General Council (OGC), endeavor to sustain a positive environment, free of harassment and discrimination across the installation. For a copy of the most recent Equal Employment Opportunity and anti-harassment policy letter, please see your department's employee bulletin boards. The MCLBB HRO can be contacted at (760) 577-7473/7559 and the MCLBB EEO at (760) 577-6599/6022.





# Domestic Violence Awareness

Story by: Laurie Pearson  
COMMSTRAT Planner

According to the National Coalition Against Domestic Violence, one in four women, and one in seven men have been victims of severe physical violence by an intimate partner in their lifetime. This equates to approximately 10 million people every year!

With this in mind, and as we proceed into October, Domestic Violence Prevention and Awareness Month, the Behavioral Health team and Command are encouraging everyone aboard Marine Corps Logistics Base Barstow, to embrace this year's theme: United Against Abuse.

"According to the last Department of Defense Report on Child Abuse and Neglect and Domestic Abuse in the Military in Fiscal Year 2021, there were more than 14,000 reports of abuse, with over half meeting the criteria for abuse. Physical abuse was the most prevalent," said Michelle Adams, Family Advocacy Program Prevention & Education specialist and victim advocate.

"The intent of the campaign is to come together, united against domestic abuse," said Gunnery Sgt. Richard McGriff, Family Assistance specialist. "This can be done in many ways such as knowing what resources there are for yourself or to give to someone who may need them. People can also take a stand by reporting domestic and child abuse. They can also attend prevention campaigns or even volunteer at a local shelter."

Prevention and awareness are proactive methods of tackling an issue of such vast proportions. Together, civilians and military personnel can help eradicate domestic abuse by taking action to promote social change. It is also helpful to acknowledge that if you are a victim of abuse, you are not alone.

"We all deserve relationships that are free from abuse and violence," said Jennifer Grunwald, Prevention and Education specialist and victim advocate. "It is important to know that if your partner's actions make you feel uncomfortable or hurt you in any way, you are not alone and there are resources in place that can help you escape from the cycle of abuse when you are ready."

One way to help is by knowing what resources are available and letting people know they have options.

"Awareness is also important because it lets people know the signs to look for regarding abuse," Grunwald said. "Abuse can happen to anyone regardless of age, gender, economic level, religion, and backgrounds."

6 Throughout the month of October, Domestic Violence Prevention Month informational bags and flyers are being delivered to housing,

explained McGriff. There's also an ongoing "Find The Purple Ribbon" campaign. So keep your eyes open for the large purple ribbons hidden around base. This will run through October 27. If you find a ribbon, you can take it to Behavioral Health in building 218 for a prize.

Victor Rivers was a guest speaker, October 5, and shared his story of growing up in an abusive household as a child, to engaging in violence by joining a gang in Miami, Florida, to then embracing his community's support and changing the direction of his life. He became a successful athlete, actor, activist and author, pursuing opportunities to support victims of domestic abuse, and share awareness in hopes of helping in the push against violence.

"Ironically, throughout my acting career, I've often played violent roles as gang members, and worse," Rivers said. "In my real life though, I encourage kindness, and avoiding violence."

Later this month, there will be another event base patrons are encouraged to enjoy. The Zombie Survivor Run and Walk, immediately followed by the annual Trunk O' Treat, will be held October 25. These festivities begin at 5:30 p.m. on the Parade Deck.

Although October is the month officially focusing on awareness and prevention of domestic abuse, it is important to understand that this can happen to anyone, at any time. So, if you, or someone you know, ever need help and are not sure what to do, you can always call the Family Advocacy Program, 24/7 at 760-577-6484.

"You can stay anonymous by calling the 24/7 Domestic Violence Helpline and decide how much of your story to share, to see what your options are, or to decide if you want to make a restricted or unrestricted report," Adams said. "Restricted reporting (also known as private and confidential reporting), preserves the privacy of victims and limits who is involved, except under certain circumstances, letting them still receive services such as advocacy and counseling." Unrestricted reporting, includes contacting the alleged abuser and enables an investigation by law enforcement."

Family Advocacy Program staff members are always available to support victims and others affected by domestic abuse. They work with victims to develop a safety plan and can connect them to emergency services, counseling and emotional support, housing and shelter, and financial and legal services. If needed, they can also help get a military or civilian protection order.

"Abusive and unhealthy relationships are not limited to spouses of military members and may include intimate partners such as those who are dating, living together or who have children in common," Adams



# Month: United Against Abuse

said.

Some important guidelines to acknowledge are as follows:

- Beneficiaries have confidential options for reporting domestic abuse, and the military community has services and resources to support you. All it takes is one call to an advocate, who is standing by to help.
- You do not have to be married to report, and if you are not a beneficiary, FAP can still connect you to safety and advocacy resources.
- Whether you fear for your own safety, want to protect your children, or want to get help for your partner, know that support is available, and that you are not alone.
- Your nearest FAP staff can help you understand your options for reporting, document your domestic abuse, create a safety plan, and connect you to a network of support.
- You don't have to be experiencing a crisis to meet or speak with a victim advocate — they can support you regardless of the status of your relationship.
- Connect with a victim advocate through your FAP office in building 218 or by calling the 24/7 Help line at: 760-577-6484. You can also call Military OneSource at 800-342-9647 at any time, no matter where you are in the world, to get connected to a domestic abuse victim advocate. If you are concerned about your safety and need immediate support, call the National Domestic Violence Hotline at 800-799-7233, or live chat with an advocate at [thehotline.org](http://thehotline.org).

“You can volunteer or attend some of our events this October such as the Survivor Walk and participate in looking for the Purple Ribbon all month long,”



Grunwald said. “You can also come visit the Behavioral Health Office at building 218 and check out the resources for yourself or others to take part in. You can sign up for one of our prevention healthy relationship classes like Within My Reach, Married and Loving It, PREP and Anger Management. In addition, you can meet with a victim advocate or even visit the local agencies that address domestic abuse.”

Military OneSource has a great deal of information on domestic abuse as well.

“The most important thing you can do is know what resources are out there and help share them to those in need!” Grunwald said.

“If you would like to volunteer, please reach out to the volunteer coordinator, Beth Simpson at 760-577-6675,” McGriff said.

As always, if you or someone you know needs support, call Behavioral Health at 760-577-6533.







DOMESTIC VIOLENCE PREVENTION MONTH

# *SURVIVOR* **5K ZOMBIE WALK/RUN** *& TRUNK OR TREAT*

Wed, Oct 25 • 5:30pm-9pm

## **Parade Deck**

Join us as we celebrate 9 years for continuing to supporting survivors of domestic violence in the Survivor 5k walk/run event. This year we have added a twist by including the flag football sport, and zombie zones for those who think they can outrun, outwit, and outplay the zombies.

Following the Survivor Walk there will be Trunks and Treats, a children and pet's costume contest, and much more.

Bring some cash to purchase food and help support the Marine Corps Ball Committee!

For more information, please call  
(760) 577-6533/6733.



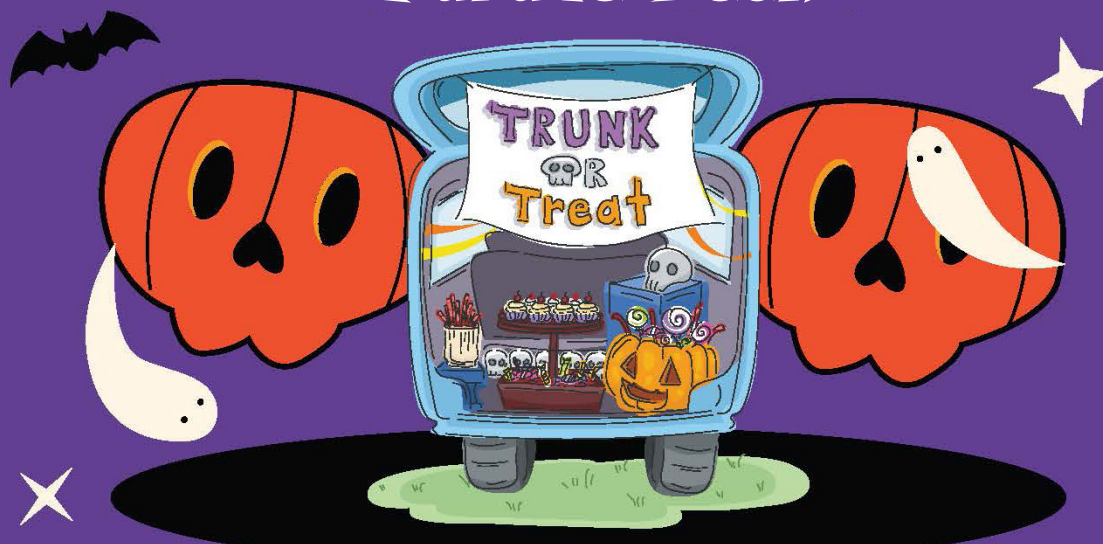
**barstow.usmc-mccs.org**





# Trunk or Treat

Parade Deck



Weds. Oct 25, 6:30 - 9 p.m.

Costume Contest, Music, Candy, Prizes  
(Age Grp: 0-3, 4-9, 10-17)

RSVP

@ <https://23TrunkorTreat.eventbrite.com>

760-577-6733 for Costume Contest



# Commissary wishes Navy a happy birthday

**Story by: Tamara Eastman**  
DeCA Historian

FORT GREGG-ADAMS, Va. – On Oct. 13, the Defense Commissary Agency (DeCA) salutes the U.S. Navy on the 248th anniversary of their establishment by the Continental Congress in 1775.

"We salute the Navy's 248 years of service as we deliver their commissary benefit," said Marine Sgt. Maj. Michael R. Saucedo, senior enlisted advisor to the DeCA director. "And we encourage sailors and their families to use their benefit to boost their financial and food security with at least 25 percent savings on their purchases."

Before the Navy established commissary operations, sailors had to find ways to procure their food while they were at sea. In the 18th century, sailors' diets consisted of salt pork or beef, hardtack, salted fish, hard cheese, and usually ale or grog, because the water was not fit to drink.

The meat had to be packed in brine and salt to help prevent it from spoiling, then it had to be soaked in water before cooking it. Some ships' captains allowed the crew to cast fishing nets to collect fish to be cooked and served to the crew.

During the American Revolution (1775-83), sailors received a weekly ration that included 3 pounds of salted pork or beef, a pound of flour, some hard cheese, hardtack biscuits, and a daily ration of a half pint of distilled spirits or beer. The quality of the food began to deteriorate quickly at sea because of storage problems, poor drainage, and a lack of ventilation and refrigeration.

Meals were cooked down in the galley on a huge iron stove called a fire hearth. Wood was used as fuel and sand was placed around the stove in order to protect the deck from catching fire. Some galleys had a spit for barbecuing meats and cooks sometimes acquired the nickname "Barbecue" for this reason. Ovens were heated by burning wood and breads and other baked goods were baked in them. A lack of

refrigeration required that the ships' food be consumed quickly before it spoiled. Pickling was also a way of preserving vegetables.

Sailors would often purchase fresh fruit and vegetables when they traveled to a foreign port. Bumboat operators would also pull alongside ships to sell an array of exotic fruits, vegetables and baked goods, but they charged exorbitant prices and many times their foods were not of the best quality. When the Navy reduced the rations in 1801, bumboats became even more important.

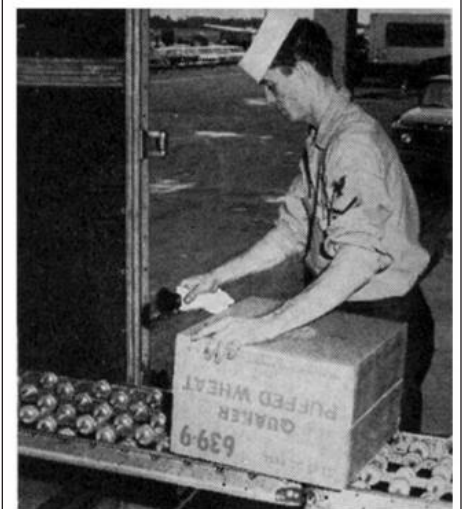
During the voyage of the Great White Fleet, which began on Dec. 16, 1907, the Navy began to realize that the bumboats were not sufficient to serve the needs of the crew onboard a modern warship. Congress had already started taking steps to eliminate the bumboats by establishing ships' stores aboard each ship and ships' stores ashore which were similar to Army commissaries that had been established in 1867.

In 1910, the first Navy sales commissary opened in the Washington, D.C., Navy Yard and operated similarly to a warehouse. A clerk stood at a counter and pulled items from the shelves for the customers. Self-service stores started becoming popular by the late 1920s and became widespread by World War II.

In 1946, Navy commissaries fell under the authority of the Navy Ships' Store Office, later under the Navy Resale System Office (NRSO) in 1969 and finally the Navy Resale and Services Support Office (NAVRESSO) in 1979.

On Oct. 1, 1991, the Defense Commissary Agency assumed control of all U.S. military commissaries worldwide. Today, members of the Navy community may shop at any of DeCA's 235 commissaries. There are 60 such stores at Navy bases, plus one at the Joint Reserve Base at Naval Air Station Fort Worth, Texas.

Today, commissaries boast



**A sailor unloads breakfast cereal in 1967 for the Naval Air Station Jacksonville Commissary in Florida. (DeCA historical archives)**

conveniences like internet ordering/ curbside pickup services, self-checkouts, digital coupons, dietitian-approved resources to identify nutrient dense foods, sushi bars, hot foods, deli-bakeries, credit and debit card acceptance, gift cards and much more.

As the Navy continues to protect the freedom of the seas, the Defense Commissary Agency will continue to offer them superior customer service and the items they want for them and their families at the best possible savings.

"As the Navy continues to build on its legacy, we will keep providing them a commissary benefit that gives them value and convenience, while delivering superior customer service and the items they want at the best possible savings," Saucedo said. "DeCA is committed to being THE grocery provider of choice for sailors and all our eligible patrons – soldiers, airmen, Marines, Guardians and Coast Guardsmen – delivering an exclusive benefit they've earned."





# RIDERS OF THE WEST



## Showdown at Barstow

**MCLB Base Stables**  
**572 Agate Rd.**  
**Daggett, CA 92327**

**November 18, 2023**

**11 a.m. - 2 p.m.**

Special appearances by  
**The Marine Corps Mounted Color Guard**  
**11TH ACR**

### Events



**Children's Dummy Roping**



**Pole bending**



**Rescue racing**

**Beer tent**

**Food trucks**

**Craft tables**



**Team roping**



**Speed Barrel**



Join MCLB Barstow for the 248th

# MARINE CORPS

## Birthday Ball

November 3rd  
-At-

Planet Hollywood, Las Vegas

Scan ME For Lodging  
Reservations



LODGING  
THE HORSESHOE RESORT & CASINO, SCAN QR CODE OR  
CALL (800) 358-8777, USE CODE SBMCL3

### EVENTS

1700 COCKTAIL HOUR  
1800 CEREMONY  
1830 GUEST OF HONOR  
1900 DINNER  
2000 DANCING

### UNIFORMS

MARINES - SENIOR DRESS UNIFORMS  
CIVILIANS - FORMAL EVENING ATTIRE

### MENU

CHICKEN & BEEF COMBINATION PLATES OR  
VEGETARIAN PLATES

\* FOR VEGETARIAN PLATE PLEASE ADD VEGETARIAN  
OPTION BEFORE TICKET CHECKOUT

### TICKETS:

- \*LCpl & Below - \$65.00
- \*NCOs, GS9 & Below / Contractors, NAF 1-4 - \$75.00
- \*O1-O3 & E6 - \$85.00
- \*O4 & Above, GS10 & Above, E7 & Above, NAF 5 & Above - \$90.00
- \*ARTSY Nannies - \$85.00 per child

Scan Me For Tickets

