

COASTLINE

August 24, 2023 / Volume 33, Issue 16



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Performance to
close out Summer
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Spain
during FEET Event**

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Leadership Corner



Randy Lambert
School Liaison

and mutually beneficial relationship between schools and the military community. All for the sake of the military child! Here in Rota as the SL, I also keep the community updated with school and CYP information on the weekly "SLO Down" radio show which takes place 8-9 a.m. every Thursday morning on AFN Rota (102.5 FM).

The School Liaison assists families with inbound and outbound transfers. For inbound, the SL connects families with information about DoDEA schools on the installation, host nation schools, and supports homeschool families. Families also learn about Child & Youth Programs (CYP) and other community child and youth focused resources, clubs and support.

When incoming families reach out early, I provide a "Welcome to Rota" letter which contains a link to the installation registration process, student meal program, student

A Wealth of Knowledge for all Stages of Schooling

The School Liaison (SL) helps military families transition into the school district and is the primary contact between the military installation and the local schools and school district. We understand the difficulty that families face through frequent transitions and extended deployments, and work closely with school administrators to foster a positive

transportation, health and immunization requirements, school calendars and supply lists by grade level as well as other valuable resources. Linking incoming families early before they arrive in Rota is important, and sponsors should connect the SL with families.

Military Family Life Counseling (MFLC) support at Rota Elementary and Middle/High Schools and the CYP programs also falls under SLP. One important area the MFLCs focus on is deployment support to students, usually in a group setting during lunch. They also support guidance counselors by offering social skills activities in classrooms.

Another key program between SL and CYP is youth sponsorship. Here in Rota there are two key programs which assist children and youth to adjust to their new home. The first is the Anchored4Life (A4L) program which is sponsored by the Navy. A4L was founded by Trevor Romain who supports the U.S. military branches. A4L is affiliated with the School Age Care (SAC) program, and after January 2024, A4L will be partnering with Rota Elementary School. The SL serves as the primary point of contact for the A4L program.

The Friends Exploring España Together, or FEET, program connects incoming middle and high school students with youth sponsors. The SLP hosts at least three FEET events each year. Newcomers learn about the resources youth might find useful, and they get to tour the middle/high school campus with current DGF students who provide valuable information to help new students feel comfortable in their new school. New students also get the meet school administrators and other key school personnel. They also get an introduction to Spanish culture, history and food with a trip to the provincial capital of Cádiz. After the trip returns from Cádiz, the new students visit and tour the youth center to learn about all of the opportunities the center offers.

The SLP supports also provides resources to homeschool families. Each quarter, the SLP hosts a Homeschool Meet

See LEADERSHIP page 3

On The Front Cover



Students at Naval Station (NAVSTA) Rota, Spain close out summer and prepare to return to school. Check out this Coastline for information on back to school events and activities (pg. 12-13), FEET tour and trip (pg. 18), Vacation Bible School (pg. 10-11), World Youth Day in Lisbon (pg. 4) and school liaison notes (pg. 2-3 & pg. 18). (Photo by MCC Nathan Carpenter)

Do You Like to Write or Take Photos?

The Coastline is looking for guest writers and story ideas. Are you traveling some place fun, attending a sporting event, participating in a workshop or cooking class or leading special training in your office or community? Is there something you heard about or do you have a story idea? If so, we want to hear from you! Please send story and photo submissions or story ideas to The Coastline at rotacoastline@gmail.com. You don't have to be a professional writer. Let's get the word out about the community we live in.

Publication is subject to approval.

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LEADERSHIP*Continued from page 2*

& Greet to help families to connect with one another. Often times, there are community partners like the Red Cross, the Fire Department and Health Promotion and Wellness, to offer activities for homeschool children and youth. Some of the activities students participated in the past couple years include the Pillow Case Project which focuses on disaster preparedness, healthy cooking, and fire safety. I also host movie matinees and bowling events for homeschool children and youth.

I help recruit volunteers for both schools to assist with special events. This function is called Partner in Education (PIE) and some volunteer events are Read Across DoDEA, STEAM Expo, Field Day, and numerous other behind-the-scene events.

An upcoming large event on the M/HS campus

is the annual College & Career Fair, and the fair would not be successful without all of the volunteers who represent alma maters and share information about their career field to spark students' interests.

Lastly, several times during the year, I provide several workshops for students. In recent years, I have provided workshops on preparing for college life, teen resume writing and interviewing, and Spanish schools workshops. I have even been invited to offer information about the American higher education system at local host nation college and career expos as well as invited to participate in other events at several host nation private schools.

If you are sponsoring a family in the future, please contact the School Liaison. If you are planning to PCS, call the SL before you GO!

SL contact information can be found on page 18 of this Coastline along with upcoming events/programs.

Naval Hospital Rota Beneficiaries Please be advised:

Due to our pending transition to the new electronic health record (MHS GENESIS), patients will not be able to book new appointments on Tricare On-line Patient Portal (TOLPP) starting 15 September 2023.

TOLLPP prescription refills and secure messaging will be disabled 21 September 2023.

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Thank you for your understanding!



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Pilgrims from NAVSTA Rota: A Joint Spanish-American Journey to World Youth Day in Lisbon

By Father Mark Bristol
NAVSTA Rota Chapel

Have you ever been on a pilgrimage? Well Lisbon, the vibrant capital of Portugal, recently became a global melting pot of faith, Aug. 1-6, 2023, as it hosted the 37th World Youth Day Pilgrimage. This event witnessed a record-breaking gathering of 1.5 million young people from over 190 different nations. Among these diverse groups of pilgrims, a unique blend stood out: 22 pilgrims from Naval Station (NAVSTA) Rota, Spain, representing both the Spanish and American military, united by their shared Catholic faith.

Through the partnership of the Spanish and American Chaplains, World Youth Day provided Rota families an opportunity to connect with fellow service members from other nations and reflect on the journey and challenges that young people continue to face throughout their lives in the context of the military and faith.

What is a World Youth Day Pilgrimage?

Initiated by Pope John Paul II in 1985, World Youth Day (WYD) is a significant event in the Catholic Church that invites young people from all over the world to come together and celebrate their faith. The pilgrimage experience is targeted at those aged 16 to 35. This event is hosted by a different city every two to five years and has taken place in cities such as Panama City, Rio De Janeiro, Krakow, Cologne, Toronto, and Denver, Colorado.



Father Mark Bristol, a Catholic priest for Naval Station (NAVSTA) Rota, poses with several youth pilgrims during World Youth Day in Lisbon, Portugal.

Experiences of unity, renewal, and peace in Portugal

Portugal boasts many culturally and spiritually significant sites, such as Fatima. In 1917, the Virgin Mary appeared to three shepherd children in Fatima, calling all Christians to pray for world peace and to bring an end to war. For military personnel, visiting Fatima offered a chance to reflect on themes of sacrifice and divine intervention. The sanctuary, with its calming atmosphere and historical significance, provided a backdrop for spiritual renewal.

In the military, we often operate in a world defined by borders, allegiances, and geopolitics. In contrast, WYD celebrates a faith that transcends nationalities and cultures. For the pilgrims from Rota, this event was an opportunity to experience the universal church, to connect with fellow believers beyond their own ranks, service branches, and nationalities, and even catch a close glimpse of the Pope. During the pilgrimage, we had the chance to participate in a prayer service with other U.S. military pilgrims from Ramstein Air Force Base, Fort Liberty Base, and the Air Force Military Academy, and exchange military coins and pins with pilgrims from Korea, Ukraine, Tanzania, and many other nations.

Interacting with fellow pilgrims as we walked through the streets of Lisbon broadened our global perspective, emphasizing our shared human experience. The Pope's words resonated with us when he said, "in the church, there is room for everyone, everyone, everyone." Pope Francis later encouraged young people by saying, "Do you believe that those who fall in life, who have experienced failure, or who have even committed grave mistakes believe their lives are over? No! So, what are they to do? They need to get back up!... 'In the art of climbing a mountain, what matters is not falling, but not staying fallen.'"

World Youth Day was a testament to the global nature of Catholicism and a beacon of hope, rejuvenation, and a reminder of the unwavering strength that faith provides. Amid the tumult of military life, this event stood as a testament to the enduring power of faith to heal, inspire, and unite.

The NAVSTA Rota Chapel community is looking forward to the next WYD, scheduled to take place in Seoul, Korea, in 2027. However, don't wait until 2027 to embark on a pilgrimage. There are two



Courtesy photos

A group of Spanish and American pilgrims from Rota, Spain, pose for a photo at World Youth Day in Lisbon, Portugal. The group traveled to Lisbon in early August to participate in the week long event with pilgrims from all over the world.

great opportunities to go on a pilgrimage this coming year: the Warrior to Lourdes International Military Pilgrimage and the Camino de Santiago.

Upcoming International Military Pilgrimage to Lourdes: Healing and Hope

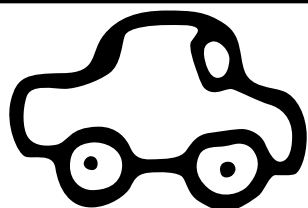
The annual International Military Pilgrimage to Lourdes is held in the month of May. Since World War II, military service members have gathered in Lourdes, France, with their chaplains to pray for peace. Lourdes, renowned for its miraculous water, attracts military personnel from around the globe seeking both physical and spiritual healing, the chance to share their experiences of service, and find a collective sense of hope amidst the challenges of military life. For more information about the International Military Pilgrimage in Lourdes, France, visit www.warriorstolourdes.com.

The Camino de Santiago Pilgrimage: A Journey of Reflection

Here in Spain, we have the Camino de Santiago, or the Way of Saint James, a network of ancient pilgrimage routes stretching across Europe and culminating at the tomb of St. James in Santiago de Compostela, Spain. For military pilgrims, walking the Camino offers introspection, healing, and understanding. To learn more about the Camino de Santiago, visit our base MWR recreational center or library.

Expand Your Horizons of Faith

A pilgrimage is a timeless act, a quest for spiritual depth and connection. For military personnel, these journeys — be it to World Youth Day, Lourdes, or the Camino — offer a unique blend of solace, understanding, and rejuvenation. In a profession marked by duty and sacrifice, these spiritual retreats serve as beacons of hope, resilience, strength, and unity.



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Health Promotion Corner: Alcohol Use Disorder and Where to Get Help

By Lt. Cmdr. Jenny Paul
U.S. Naval Hospital Rota

The stresses of deployments, frequent duty changes, and the unique culture of the military offer both risks and protective factors related to substance use among active duty personnel and family members. Deployment and operational work environments increase susceptibility to smoking initiation, unhealthy drinking, drug use and high-risk behaviors. While rates of tobacco use, misuse of prescription drug, and illicit drug use have declined in recent years for active duty personnel, binge drinking rates continue to be high compared to the general population.

Alcohol use disorders are the most prevalent form of substance use disorders (SUD) among military personnel. It is challenging to compare overall rates to the non-military population because service personnel tend to be younger and have a higher percentage of males, putting them at greater risk in general. However, increased combat exposure involving

violence and trauma experienced by those who serve result in an increased risk of problematic drinking. In most recent survey data, one in three of service members identify as binge drinkers, comparable to a 2014 estimate of one in four in the general population. More than one in three service personnel met criteria for hazardous drinking or possible alcohol use disorder, with rates higher among men than women. Within the veteran population, alcohol use and heavy alcohol use is nearly double the rate for the general population.

Support Services:

If you or a member you know is struggling with an alcohol substance use disorder, a wide range of services are available locally and through external programs. Remember it is a sign of strength to ask for help! One of the most important steps in making a healthy change is identifying the issue and feeling empowered to take positive steps to address it.

Tricare often covers a range of services to treat substance use disorders. A listing of these services can be found at the following link: <https://www.tricare.mil/CoveredServices/IsItCovered/SubstanceUseDisorderTreatment>.

U.S. Naval Hospital Rota is able to provide SUD evaluation, early intervention/education and Level 1 treatment for substance use disorders (other levels will be referred out as needed), and

medication management for alcohol use disorder. Eligible beneficiaries can receive a referral from their primary care manager, drug and alcohol program advisor (DAPA), or by self-referral. To schedule support or inquire about more information, please call DSN 727-3408/3409 or commercial, +34 956 82 3408/3409. See the local resource QR code at left for more details.

Naval Station (NAVSTA) Rota supports Alcoholics Anonymous, which has both in person and online meetings available on Thursdays and Saturdays. For information about times and locations, visit: <https://alcoholics-anonymous.eu/meetings/?tsml-region=rota> or see the postings within the NAVSTA Rota Community Resources page at the end of this Coastline issue (pg. 21). Support is also available for friends and family through Al-Anon every Wednesday at 4 p.m. at the base chapel nursery.

Fleet and Family Support Center (FFSC) Rota offers programming to help decrease the stressors and challenges that contribute to substance use disorders. Check out the monthly VAMOS magazine or their Facebook page for offerings, or call them at DSN 727-3232 or commercial, +34 956-82-3232.



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HOTEL DUQUE DE NÁJERA Y PLAYA DE LA LUZ

Temporary lodging in Rota for visitors—or during transition—in the summer and early fall can be of interest for some. This is the second of various publisher corners with this focus.

Hotel Playa de la Luz has been helping visitors to Rota for 25 years in a beautiful setting by the beach, nestled behind the sand dunes and near the pine forest.

Great pools, top service and fun activities-- as well as gourmet restaurants --are all to be found there and in their sister hotel Duque de Nájera by the Port of Rota and its historic stone city wall gate.

To celebrate their 25th anniversary there is a gala event Friday September 15th. A famous Cuban band will be playing as a gourmet meal is served (a selection of the most requested client menu choices will be offered accompanied by sherry, local and Rioja wines. A fun event for all and a great introduction to their hotels for those who have not yet been.

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MHS GENESIS

The Military Health System's new Electronic Health Record
goes live at Naval Hospital Rota on 23 September

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<https://www.dmdc.osd.mil/identitymanagement/app/login>
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NAVSTA Rota Chapel Closes out the Summer with a Stellar Vacation Bible School

Photos by MCC Nathan Carpenter

The Protestant community of Naval Station (NAVSTA) Rota Chapel held a week long "Stellar" Vacation Bible School at the base chapel, Aug. 7-11, 2023. The 31 volunteers put together a week of activities that were truly out-of-this-world. Thank you to all the volunteers who made this week possible!





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"Oh What Joy it Must Be!" A Poem to Start the New School Year

Third grade teacher at Rota Elementary School, Marla Echols, shared this poem to kick off the new school year. She's hoping all students have a wonderful, JOYful year!

Oh What Joy it Must Be!

*Oh what a JOY it must be! You're starting a new school year...
YIPPEE!!*

*Your teachers will shower you with love and care. And hope you
know they'll always be there.*

*They will help you as you learn and grow. You'll be confident to
take risks and show what you know!*

*As the year goes along, hold on to your seats. You're in for a
year full of great feats!*

*You'll explore new ideas and try new things. But always
remember kindness is first thing.*

*Go on your way and blossom as you should. Be your authentic
self as only you could.*

*Make JOY your choice and be sincere. Have the most amazing
year.*

*Oh what a JOY it must be! You're starting a new school year...
YIPPEE!!*





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Summer Reading Program Ends with a Dazzling Circus Performance

By Courtney Pollock
NAVSTA Rota Public Affairs

Naval Station (NAVSTA) Rota's summer reading program came to a close in a dazzling performance of circus tricks, skills and theatrics at the Rota Library, Aug. 8, 2023. More than 45 friends and family showed up to cheer on the young performers.

The annual summer reading program kicked off mid-June with the theme of "Find Your Voice." This year, over 224 readers – from children to adults – signed up to read and log minutes. For the weekly story time event, Head Librarian Agar Fernandez-Palomero and staff wanted to come up with a fun and creative twist to this year's theme. The team decided

to incorporate a theatrical element and had Jose Maria Franco Rodriguez come to the weekly story time to teach circus skills and stage presence.

Franco Rodriguez, known as "Franco" to the children, taught the children a series of circus skills from juggling and spinning plates to "tight rope walking" and balance beam. These circus practices drew over 20 children each week. The kids arrived excited to practice and learn new skills.

"It was just all the people that I trained with that were very helpful," said Daniel K., nine years old, on what he enjoyed about the weekly session. "They helped me a lot and I'm just so glad to be here."

Franco Rodriguez said the weekly sessions was two-way instruction where he learned from the children as well.

"It was really nice to work with the kids because they not only learn but they also give creative ideas, new tricks, and show up each day ready to learn," he said.

By giving the children space to learn and be creative, they were able to grow and develop confidence throughout the summer. This all worked to create a wonderful and fun performance for family and friends.

"I think it was fun when we all did the performance together," explained Lilliana



Photos by MC2 Drace Wilson

Jose Maria Franco Rodriguez, center, smiles at the children showing off their skills during the performance to conclude this year's summer reading program, Aug. 8, 2023. Franco Rodriguez worked with the children each week to teach them circus skills during "Find Your Voice" story times and this performance was the culmination of the weeks' of practice.

N., 11 years old. "Everyone was having fun collaborating together!"

According to the staff at Rota Library, the response from parents and children has been overwhelming positive.

"The parents loved it and the children

seemed to have lots of fun," said Janell Selvera, recreation aide at the library. "The kids put in a lot of effort during the summer and the performance was a success!"



School's Back in Session! NAVSTA Rota Children Return to School

Photos by MC2 Drace Wilson

Naval Station (NAVSTA) Rota military leadership and parents joined school administrators, teachers and students at Rota Elementary School for the annual ringing in ceremony for the first day of school, Aug. 21, 2023. This ceremony mimics the naval tradition of ringing aboard high ranking officials to ships or during important naval ceremonies.

Rota Elementary School Principal Kenneth Kirk and NAVSTA Rota Commanding Officer Capt. Teague Suarez gave opening remarks before a student ambassador led everyone in the pledge of allegiance. Three students then took turns ringing the bell and welcoming in school year 2023-2024. Hope all students have a great school year!



Back 2 School Resource Fair

Photos by MCC Nathan Carpenter

Departments, organizations and clubs from around Naval Station (NAVSTA) Rota gathered for the annual Back 2 School Resource Fair at the main Navy Exchange, Aug. 18, 2023.

The event, coordinated by School Liaison Randy Lambert and hosted by Navy Exchange, aims to let community members - new and returning - know about resources for school age children. Parents and students were encouraged to walk the floor to learn about available programs, resources and clubs to get involved with during the coming school year.



Horse Races on the Beach (Sanlúcar de Barrameda)

From Turismo Sanlúcar

Upcoming Dates: August 25, 26 and 27

"The greatest show on the southern beaches" is a magnificent slogan that convincingly explains the image that this important sporting activity prints.

Horse racing is held every year during the month of August. They are arranged in two cycles of three days each, always at sunset and taking advantage of the wide space left by the low tide on the beach.

With a history of more than 175 editions, these races are currently the oldest in Spain and one of the oldest equestrian activities in Europe. They have been declared of International Tourist Interest since 1997.

The organizing entity of the horse racing on the beach is the Royal Horse Racing Society of Sanlúcar de Barrameda.

PRACTICAL INFORMATION

Horse races on the beach are held all along the beach of Sanlúcar. Although it is a single beach, each section receives a different name depending on the urban area where it is located. In other words, the Bajo de Guía beach is the one next to said neighborhood, and it is the area close to where the races start. La Calzada beach is close to where the Calzada Duquesa Isabel promenade is located, and Las Piletas beach is where the races finish line. In total it is a continuous beach of approximately 2,000 meters.

Access to all this beach is free and free at all times, being able to accommodate on the beach as usual. Before the first race, a safety mesh is installed between the dry and wet sand areas. Between this fence and the sea shore the horses will run and people will watch the races from the dry sand. In the area closest to Calzada Duquesa Isabel the beach is narrower, so many people watch the races in that area from the promenade itself.

The atmosphere on the entire beach is very familiar and the races are enjoyed like a normal afternoon at the beach, with many people carrying the usual objects, such as umbrellas and beach chairs.

The Sociedad de Carreras de Caballos, which is the organizing entity of the horse races on the beach, installs an area at the finish line with

various services, such as points for official bets, a bar and stands where you can sit to watch the races, as well as several screens that broadcast the races live. You can also see the horses that are going to run during the moment before each race. Access to this venue is by payment, and you can buy tickets at the time you are going to access it at the ticket offices installed at the entrance of the venue for this purpose, and you can also purchase tickets in advance through the website of the Horse Racing Society, www.carrerassanlucar.es.

Every afternoon between three and four races are held, with a difference of approximately half an hour between each other. The race schedule for each day is made public either the afternoon before or the morning of the day of the races.



Grape Harvest Festival (Jerez de la Frontera)

From Turismo Jerez

Dates: September 2-17

Jerez celebrates one of its most representative and singular festivals on the occasion of birth of the new wine of the year, the Grape Harvest Festival, declared of International Tourist Interest, including numerous activities and events directly related to the wine-growing culture of the Jerez region.

The Grape Harvest Festival presents the perfect opportunity to enjoy the city of Jerez and the culture of its wines, its main identifying features, and the attractions that make these lands so unique.

Activities such as the treading of the grapes, masterclass tastings, from glass to glass, commented tastings, venencia serving competitions, concerts and exhibitions all go to make up a program of activities that introduce us to a series of cultural traits that captivate all who come across them.

To learn more about the activities offered during the festival, visit: <https://www.jerez.es/ciudad/fiestas-vendimia-jerez-2023>.



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NAVSTA ROTA OMBUDSMAN ROSTER



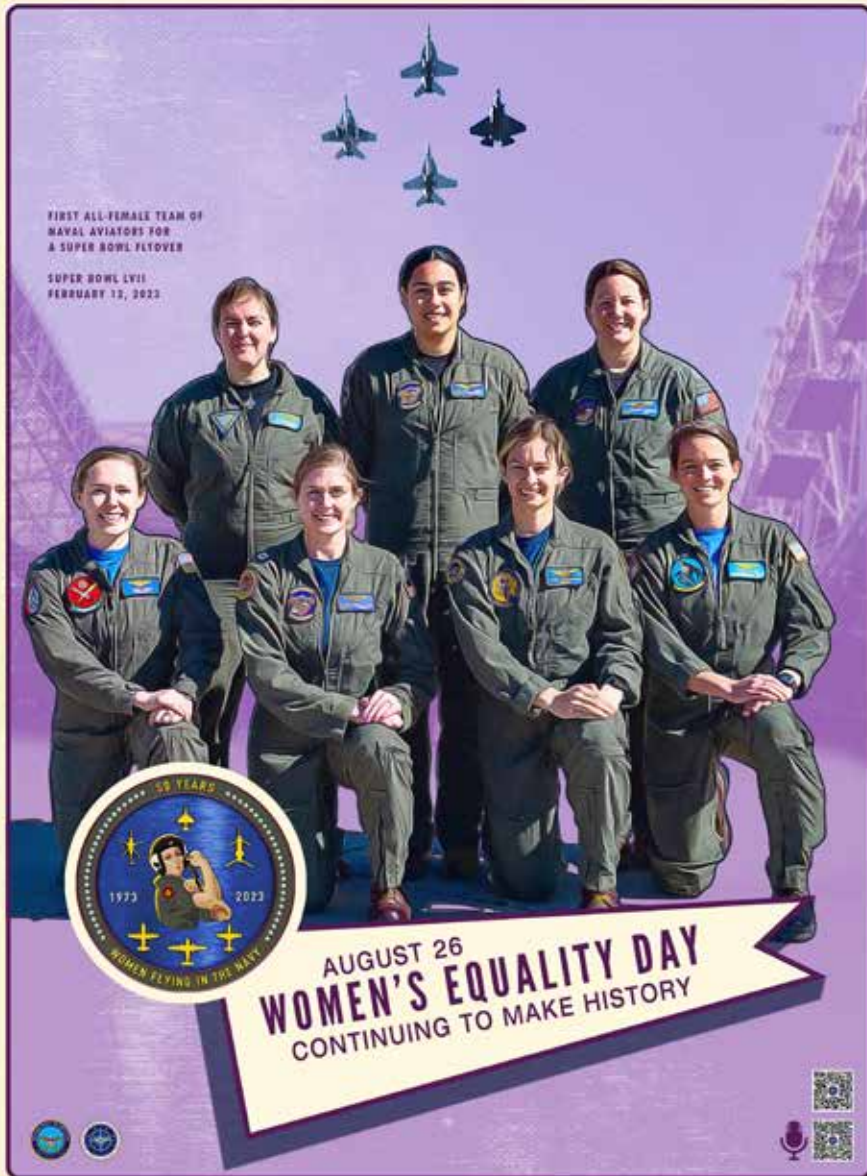
NAVY FAMILY OMBUDSMAN PROGRAM



The **Navy Family Ombudsman Program** is designed to provide better and faster communication between Navy families and Navy leadership. Navy commands and all deploying units, including the reserves have an Ombudsman, typically a spouse of or of the command's active duty members. **Ombudsmen** are official, appointed, liaisons between commanding officers and families. They can expedite communication between the command and families. In addition, Ombudsmen provide information services, upcoming events, and/or help in crisis situations. **Air Force Key Spouses & Family Readiness Assistants** are similar to Ombudsmen, support service members, their families, and command leadership. Contact your command's representative to be added to their distribution list.

Ombudsman Coordinator Monica Mullins 727-3232 (Monica.K.Mullins2.naf@us.navy.mil)

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Shelby Hayes



Shelby Hayes is the regional program specialist and station manager for the American Red Cross program at Naval Station (NAVSTA) Rota, Spain.

"Daily duties include emergency communication messages, ensuring all messages have been properly followed up, and being available at all times to create, verify or deliver Red Cross messages," explained Hayes. "I also conduct community outreach through events and tables, and coordinate CPR/First Aid/AED trainings."

Additionally, she liaisons with leadership and installation departments/commands, oversees the local Red Cross volunteer program, and manages financials and reports for local office.

Originally from Fort Sill, Oklahoma, Hayes recently arrived to Rota from Yokota Air Base in Japan. As a Navy veteran herself, she loves that she is able to continue working with the military but in a different capacity.

"Being able to help service members and their families get home in stressful and emotional times of need is powerful," she said. "As someone who once received a Red Cross message while out to sea, I understand the difference the Red Cross messages can

make in getting someone home."

Another part of her duties is providing assistance during crises such as the Afghanistan relief operations or Ukraine response. She deployed to Bulgaria to establish a new Red Cross office for military and evacuee support.

As an employee for five years within the organization, Hayes serves as a subject matter expert in multiple areas of the Red Cross, mentors new deployed team members, and oversees Red Cross's volunteer and training services programs.

One of her immediate goals is re-energizing the local American Red Cross program, particularly the volunteers.

"Coming to a station that took a big hit and hasn't recovered since COVID, I am down and out of the volunteer game," said Hayes. "The Red Cross is always looking for volunteers and has a lot of exciting and new opportunities for those interested."

She emphasized that volunteers are essential to the organization and account for up to 96% of Red Cross's workforce. She encourages any community member looking for volunteer opportunities to stop by the American Red Cross office!



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NAVFAC EURAFCENT Holds Change of Command Ceremony

By Anthony Cage

NAVFAC EURAFCENT Public Affairs

Naval Facilities Engineering Command (NAVFAC) Europe Africa Central (EURAFCENT) held a change of command ceremony aboard Naval Support Activity, Naples, Italy, August 11.

Capt. Rafael A. Miranda relieved Capt. Joseph D. Harder III, commanding officer NAVFAC EURAFCENT. The ceremony was officiated by Rear Adm. Lore Aguayo, commander, NAVFAC Atlantic.

Harder served as commanding officer

from May 12, 2021. During his leadership, NAVFAC EURAFCENT executed a \$1 billion volume of work annually, supporting routine and contingency operations as the world recovered from the COVID-19 pandemic.

"What an honor it has been to command NAVFAC EURAFCENT. Thank you all for sharing that journey with me," Harder said. "Team NAVFAC EURAFCENT has the technical expertise and commitment to the mission required to deliver success. I am excited to see the direction you [Capt. Miranda] lead this fantastic command."

Harder was awarded the Legion of Merit by Aguayo. During her remarks, Aguayo praised Harder for his phenomenal command tour and for being the right leader at the right time.

"Captain Harder is a phenomenal leader – an energetic and inspirational officer; a role model in every sense, completely focused on his people and the success of the team," Aguayo said. "He distinguished himself with exceptionally meritorious service and inspiring leadership. He made a lasting impact on this command first as the operations officer and then fleeting up as the commanding officer."

Miranda, previously served



Photos by MC1 Andrew Taylor

Capt. Rafael A. Miranda, commanding officer, Naval Facilities Engineering Systems Command (NAVFAC) Europe Africa Central (EURAFCENT) relieves Capt. Joseph Harder III during a change of command ceremony onboard Naval Support Activity Naples, Italy August 11, 2023.

as Commanding Officer Amphibious Construction Battalion I, and said he is looking forward to assuming command of one of the finest organizations with the NAVFAC enterprise.

"To the men and women of NAVFAC EURAFCENT, I pledge to you, all of you, that I will pour my heart and soul

into this command," Miranda said. "I will dedicate my energy, my passion, loyalty and advocacy in your professional and personal development as we, together, strive for best performance ever as a technical savvy lethal organization as we, 'sustain the fleet, enable the fighter and support the family.'"



Rear Adm. Lore Aguayo, commander, Naval Facilities Engineering Systems Command (NAVFAC) Atlantic, awards Capt. Joseph Harder III, commanding officer, Naval Facilities Engineering Systems Command (NAVFAC) Europe Africa Central (EURAFCENT) the Legion of Merit for his exceptional level of meritorious conduct. During the ceremony, Capt. Rafael A. Miranda relieved Capt. Joseph D. Harder III as commanding officer, NAVFAC EURAFCENT.

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Friends Exploring España Together (FEET) Youth Sponsorship Program

By Randy Lambert

NAVSTA Rota School Liaison

New youth and rising sixth graders at Naval Station (NAVSTA) Rota participated in the Friends Exploring España Together or FEET, youth sponsorship event on Aug. 8, 2023. The event is a partnership between the School Liaison Office and the Teen Program and supported new students arriving from Japan, Florida, Tennessee, Georgia, Bahrain, Italy, and Virginia.

The program began with introductions and an ice breaker before youth are briefed from various school and installation personnel. The group then boarded a bus to visit Rota David Glasgow Farragut (DGF) Middle/High School. Students got to tour the campus with a two youth sponsor who provided a lot of great information. Newcomers learned the layout of the campus, visited the Multi-Purpose Building where school lunches are served and learned where classes are located. They also got to see the counseling offices, school nurse, AVID, JROTC, and school information center are located. The students even had the opportunity to meet school principal, Dr. Wanda Bradley, and assistant principal, Mr. Edwin Caballero.

Bradley was excited to see the new Admirals on the campus, and she shared she was entering her second year at DGF. She emphasized the school community is like a family, and encouraged all students to get involved in clubs and sports to complement their academics while at the school. She also encouraged students to come back for the new student orientation

and back 2 school bash at the school.

Afterwards, the group boarded a bus to beautiful and historic city of Cádiz. Cádiz is considered one of the oldest (if not the oldest city in Europe) and dates back over 3,000 years. Phoenicians, Greeks, Moors and Romans were all involved in Cádiz over the years. I pointed out the importance of the city due to its strategic location along the Iberian Peninsula. It was the port where goods and other items the Spanish brought back from the Americas, and items moved their way through Europe from its port.

I then led the group on a tour through the compact, historic city center of Cádiz. Starting at the Plaza de San Juan de Dios where the beautiful Ayuntamiento de Cádiz (city hall) is located, the group made their way to Plaza de la Catedral. This plaza is home to the Catedral de Cádiz which was built using baroque-style architecture with its two towers. From there, we made their way to the Mercado Central Cádiz to look around before continuing to the Gran Teatro Falla. The Falla Theater is steeped in history and hosts a variety of concerts throughout the year, including the famous songs during carnival season. We then walked towards the beach area a visited the famous Ficus Trees brought from the Americas over 200 years ago. Across the street from the trees is the Playa de La Caleta the smallest beach in Cádiz but also very popular, and was featured in the 2002 film "Die Another Day" with Halle Berry and Pierce Brosnan. From the beach, one can see two fortifications, San Sebastián castle and Santa Catalina castle. We made our way to Castillo de Santa Catalina which



Courtesy photos

Randy Lambert, school liaison, takes a selfie photo with the students during a tour of the city of Cadiz for the Friends Exploring Espana Together (FEET) event. FEET, part of the youth sponsorship program, is a day orientation for new students that takes new students on orientation tours to David Glasgow Farragut (DGF) Middle/High School, youth center and Cadiz city.

was built in the 17th century and explored the complex.

After all that walking, we had worked up an appetite, so we headed back to the Mercado Central Cádiz where locals can purchase fresh fish, meats, poultry, fruits and vegetables. There are many eateries which offer fresh food choices. Youth had the opportunity to choose from freshly prepared paella, tacos, empanadas, pizza and seafood for lunch. Sushi was a huge hit! Many of them commented how cheap and tasty the food was.

the Mirador Campo del Sur which is a great spot to take photos of the Cádiz coastline. The city tour ended with a visit to an ice cream shop and time to purchase some souvenirs before boarding the bus for the return trip to Rota.

On the bus ride back to base, the students discussed their day and what they liked. The youth really liked the school visit, and it really helped put them at ease before the start of the school year. They also liked learning about the lunch schedule, where academic departments are located, and meeting the school administrators. Many commented that they liked learning about the school from youth sponsors, as it was really informative. They also liked learning about the base fitness center and Red Cross opportunities. The trip to Cádiz was a big hit especially all the different food options at the market.

Arriving back to base, the day concluded with a tour of the Youth Center where the students got to learn about all the things the center offers Rota youth. The FEET participants really enjoyed connecting with one another and to current youth sponsors. The School Liaison Program and Youth Center are planning to schedule another FEET event in the fall or winter.



Newly arrived teens to Naval Station (NAVSTA) Rota pose for a photo in front of the Cadiz Cathedral during a tour of the city during a Friends Exploring Espana Together (FEET) event in early August.



Dr. Wanda Bradley, center left, and Edwin Caballero, center right, both school administrators for David Glasgow Farragut (DGF) Middle/High School, show new students around campus.

SLP Notes

New to the Community?

Please visit <https://www.smores.com/vgemr> for Rota Education Welcome Information. You will find information on how to register with DoDEA schools, homeschooling, Spanish schools, Child & Youth Programs (CYP), and other community contact information.

Free & Reduced Meal Program: SY 23-24 Free- and Reduced-Meal (FARM) program applications

Students may qualify for free or reduced price meals. A meal application is required to be completed each school year in order to determine if a student qualifies

for free or reduced price meals.

Parents/guardians can fill out the application at: <https://linqconnect.com>.

Click Start New Meal Application. Choose school district 'DODEA - Navy Exchange (Alexandria, Virginia)' to get started.

Household income is used to determine eligibility based on the USDA Federal Income Eligibility Guidelines. These guidelines can be found at <https://www.fns.usda.gov/cn/fr-020923>.

Costs: Free: Your student will not receive any charges. Reduced: Your student will be charged \$0.30

for breakfast (if available) and \$0.40 for lunch. Paid: Your student will be required to pay for any meal they receive from the student meal program. Breakfast is \$2.00. Lunch (elementary) is \$3.50 and Lunch (Secondary) is \$3.75.

School Liaison Monthly Scholarships Link: <https://www.smores.com/36j0z>

Naval Station (NAVSTA) Rota School Liaison, Randy Lambert, is a wealth of knowledge related to on and off base schools as well as resources for all school age children. You can reach the school liaison by calling DSN 727-2425 or +34 956-82-2425, emailing SLPRota@us.navy.mil, or stopping by the School Age Care (SAC) building (Bldg. 41) for more information.

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Be it that you're looking to find a curated selection of Spain's best gourmet delicacies (i.e. fresh bluefin tuna from the local almadrabas, tapas, wines, cheeses, or cured meats), paellas for lunch on Sundays, or to have your Saturday and Sunday evenings amplified by local DJs playing funk, blues, jazz, and/or ambient electronic music, the plaza is perfect for date nights and/or gatherings between work colleagues, friends and family.

La Tasca Talaván is open for lunch and dinner Tuesday thru Sundays. Stop by and experience how time seems to stand still at La Tasca Talaván

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HMC (Sel) Christopher Dorsey

22nd Naval Construction Regiment

LSC (Sel) Jason Judson

EOD Mobile Unit 8

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EMC (Sel) Jonathan Kraus
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NAVAL STATION ROTA COMMUNITY RESOURCES

ALCOHOLICS ANONYMOUS MEETINGS

Alcoholics Anonymous (AA) meetings occur Tuesdays and Thursdays at 7-8 p.m. in the Chapel Fellowship Hall. Meetings are hybrid, offered in-person and Zoom and are for people with a desire to stop drinking or who have a problem with alcohol. Meetings are open; additionally, we are willing to visit tenant command DAPAs and/or triad leadership to explain the program, answer questions and offer our experience, strength and hope. For fellowship, meeting information or Zoom details, please contact Dean S. at +34 674-38-77-55 via phone, text, WhatsApp or Signal.

AA off base: "Rota Drydoker." Every Saturday, 4 p.m. by Zoom only. For information on how to join the Zoom session, contact Joe G. via WhatsApp at +34 603-84-15-59.

AL-ANON MEETINGS

Have you been affected by another person's drinking? If so, please join us every Wednesday at 4 p.m. at the base Chapel nursery for an Al-Anon meeting. The only requirement for Al-Anon membership is that there be a problem of alcoholism in a relative or friend. For info on meetings, please contact Amy at +34 624-28-5125.

AMERICAN RED CROSS

Mon - Fri, 8 a.m. - 4:30 p.m.

Volunteers are welcome and encouraged to stop by the office and CPR courses are now being offered. Days and times of the courses will be posted on our FB page. For more information, call us during business hours at DSN 727-2333 or commercial, +34 956-82-2333, or visit our Facebook page, @RedCrossRota.

AMERICAN RED CROSS EMERGENCY COMMUNICATIONS SERVICE

Red Cross Emergency Messages services operate 24/7. If you have a family emergency during business hours, call us immediately at DSN (314) 727-2333 or +34 956-82-2333. After hours or on weekends, our national call center can be reached at +1 (877) 272-7337. Messages can also be initiated online, at <https://www.redcross.org/military-emergency-communication.html>

ROTA EDUCATION CENTER

Embry-Riddle Aeronautical University and University of Maryland Global Campus offices are open and able to assist you in reaching your education goals. The Rota Education Center is located on the second floor of the Community Services Building (Bldg. 3293).

NAVY-MARINE CORPS RELIEF SOCIETY (NMCRS)

When you are having trouble meeting urgent financial needs, NMCRS may be able to provide an interest-free loan or grant. Through financial counseling, we will also help you plan for better financial stability. Our services are completely confidential. If you are approved for a loan or grant, you will receive funds immediately. There is no application fee and the appointment is completely free. If you need \$1,000 or less, you may be eligible for our Quick Assist Loan.

NMCRS Business Office

Monday-Friday; 8 a.m.- 4 p.m.

First floor, Community Support Building (Bldg. 3293)

Office: DSN 727-1614 or +34 956 821 614

After Hours Duty Cell: +34 660 984 511

After Hours Emergency Assistance: +1 (877) 272-7337

Email: rota@nmcrs.org

Facebook: www.facebook.com/nmcrsrota

NMCRS Lactation Room

The NMCRS Lactation Room is **OPEN** in the Community Support Building from 8 a.m. to 4 p.m., and is a first-come, first-serve room. If you are in need of a private space to nurse your child, pump, or just relax with your little ones, visit our office for access to the room.

NMCRS Thrift Shop

Hours of Operation

Monday: 10 a.m.-1 p.m.

Thursday: 3-6 p.m. (third Thursday - active duty only)

Third Saturday of Month 11 a.m.-2 p.m.

NMCRS Casework and Classes

Casework Appointment: For active duty Navy, Marines, retirees, and dependents, the NMCRS can help you with financial relief. This can be used for emergency travel, basic living expenses (BLE), pet OCONUS, auto, household set up, and more.

Budget for Baby Class: Are you a new or prospective parent? Join us in-person to learn important budgeting skills for your new addition! Parents will learn about military pay fluctuations, baby expenses, consumer pressures targeting new parents, and entitlements available through government and private sources. This class is now open to both active duty and government civilian families. All participants will receive a layette and a handmade baby blanket. Families will also receive a \$50 Amazon gift card. To register, visit <http://linktr.ee/nmcrsrota> and select the desired class and date.

Command Classes: We offer financial classes for groups and commands. Our caseworkers can come to

you, or we can hold the classes in our classroom. Call or email our office to schedule one of these classes.

UPCOMING NMCRS AND HOSPITAL MATERNAL PROGRAMS AND CLASSES:

The Visiting Nurse program includes home and virtual visits, classes, and community support groups for active duty, retirees, and their families. The Visiting Nurse provides health education, resource referral, and support for prenatal and postpartum, newborn care, breastfeeding, pediatric, adult, and geriatric health concerns. *Schedules for the Support Groups are currently be constructed. Please look to the future for additional add-ons and schedule changes.*

NMCRS: VOLUNTEER WITH US!

Are you interested in volunteering in the NMCRS office or Thrift Shop? We have several opportunities to grow your resume while contributing to our community! We also reimburse for childcare and mileage. Apply to volunteer online at <http://linktr.ee/nmcrsrota> and join us for a monthly volunteer orientation. NMCRS Rota is looking for blanket makers and Thrift Shop volunteers.

PRESCHOOL SERVICES FOR CHILDREN WITH DISABILITIES

Child Find for children three to five years of age is an ongoing outreach program that locates and identifies children who may have developmental delays or educational disabilities and need special services. If you have concerns regarding your child's development, please contact DSN 727-4185/4435 or commercial, +34 956-82-4185/4435.

USO ROTA

For all USO Rota events and more, follow "USO Rota" on Facebook at www.facebook.com/USORota

WIC OVERSEAS

Women, Infants and Children (WIC) Overseas is a nutrition education and supplemental food program that aims to improve the overall health and wellness of families for active duty service members and their dependents, DoD civilian employees and their dependents, DoD contractors and their dependents. Basic nutrition and health screenings, drafts to be redeemed for nutritious foods, access to resources & tips that help you and your family lead healthier lives, healthier birth weights for babies, reduced anemia rates for children, breastfeeding support, breast pump loan program, breastfeeding/pumping room open to everyone. Call DSN 727-2921 or commercial, +34 956-82-2921, for more information.

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El Mercado

To place a classified ad, submit information by the MONDAY prior to the desired publication date. Ads will run for one edition only. Free ads are available to TEI cardholders for non-commercial goods. Email submissions to coastline@eu.navy.mil. Non-TEI cardholders and/or ads of commercial nature (real estate, for-profit business) require payment and must be submitted to coastlineventas@gmail.com.

VEHICLES



Mercedes Benz E320. 2003. Automatic. Gasoline. V6 224CV. Sunroof. Leather seats. ITV OK. European specifications. Review just done. WhatsApp +34622218237, 5,980€.

MX5 Mazda (Miata) Convertible, 2015 (newest body type), pearl white, only 55,000K/34,200 miles, Spanish specs 1.6, ITV Nov/2023, always garaged, always dealer serviced, responsive and racy, heated seats, BOSE system, red race stitching & carbon fiber details, excellent condition. World Car of Year and World Car Design of Year, Blue book \$23-25K, asking \$20K, 650 66 48 26 Whatsapp

Mercedes C200 AUTOMATIC, 2011, European specs, excellent condition in and out, maintenance up to date, 10,900€, my personal car, tel 653780296

Chevrolet Aveo LT, 2011, European specs, 1 year guarantee, 79,000 miles, 4,990€, tel 653780296

Ford Focus, 2010, European specs, good condition, 2,990€, tel 653780296

Chrysler Crossfire, 2005, black, convertible, automatic, gasoline, 125,000 km, good condition, ITV ok, two seat, sport car, fast, 4,900 euro. Text Lou at 648 505 924.

1983 Talbot Horizon. Automatic, Left drive, collector to restore or part out. \$1500 negotiable. Contact David at 660 07 2189 or Gloria at 699 01 6639

Opel Corsa, Selective 1.3 CD ti eco FLEX, diesel, 2012. EU Specs. In mint condition. ITV good until 2021. 52500 KM. Asking 6300 Euros OBO. Phone 691165592

2006 Renault Espace, 7-seat, 4-door Sport Utility Vehicle. Diesel fuel. European Specs. Air conditioning. Just passed ITV inspection. Asking price 3,700 euros

or \$4,250 U.S. dollars. For more information, contact Duane at 625-08-2152.

RENTALS

200M2-house in 1200M2-plot. 3 bedrooms, 3 bathrooms, in Camino Reyerta, 5 minutes to Chipiona and Sanlucar, sheltered parking space, automatic gate, roof-terrace with sea-views, dog-house, large garden, mosquito nets, A/C & heating. Ceiling fans, extra detached summer-house with own kitchen, terrace, bar, bathroom & BBQ. 4Mx4M platform available for portable pool. 250M to the beach, 20 minutes to base. Inspected by housing with ref. 127072. Pictures on www.sweethomespain.es. Ref. No. 70037. Price 1600€ + gardening and utilities. Available 5th Sept. 2023. Directly from English-speaking landlord. Cell 667-58-68-39 / ANGELMARQUES@HOTMAIL.COM

COMMUNITY

Looking to start a road cycling group; peloton style. Riding group starts at 0800 from the dive-in and return to base for a 21-mile loop. If interested, WhatsApp me at +34 641 498 369.

Rota Roller (In-Line) Hockey players, looking for some hockey to play in Southern Spain? Contact Bryan Long (email: brylongster@gmail.com or WhatsApp at +1 805-669-8134). There is a "local" team at Chiclana, or if enough interest / players, NAVSTA Rota can form its own team and participate in the regional (Andalucian) league.

NOW HIRING

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For U.S. jobs, visit www.usajobs.gov


Morale, Welfare & Recreation (MWR)

www.navymwrrota.com/jobs

Navy Exchange (NEX) Rota

<http://www.NavyExchange.jobs>

Volunteer with Navy-Marine Corps Relief Society (NMCRS) Rota!



Find out how by scanning the QR code above!

ROTA SWIM CLUB IS LOOKING FOR Swim Coaches

Who we are:

The Rota Swim Club is a competitive school aged swim team at Naval Station Rota. Our team is affiliated with the European Forces Swim League competing all over Europe. The season goes from July 2023-Mar 2024



Qualifications

- Must have base access
- Over the age of 18 years old
- Advanced Experience & Knowledge of Swim Strokes
- CPR/First Aide Certification
- Motivated to work with school aged children

Benefits

- Lodging & Travel paid for official EFSL events
- Volunteer Hours
- Working with the American & Spanish Community

To Apply:

Please send resume to: rotaswimclubvp@gmail.com
Accepting applications until 30 AUG 2023



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ZOE TRAINER

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1530-1900

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15 AUGUST

TRYOUTS WILL BE HELD AT

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REGISTRATION





YOUTH AGE

6-18

YEARS OLD

REGISTRATION

WWW.COMMUNITASAPP.COM/TEAM/ROTA/PAGE/SYSTEM/CLASSES-SHOPPING

FOR MORE INFORMATION

ROTASWIMCLUBHC@GMAIL.COM
ROTASWIMCLUBVP@GMAIL.COM

FOLLOW ON FACEBOOK
[@ROTASWIMCLUB](https://www.facebook.com/ROTASWIMCLUB)

SLP NOTES*Continued from page 18***Kindergarten Open House**

Kindergarten Open house is Friday, Aug. 25 at 8:30 a.m. Parents and students will receive an orientation, meet teachers and tour facilities. The orientation will start in the MPB. Students can also drop of school supplies early.

Feeling Stressed and Need Someone to Just Listen or Talk to?

Military Family Life Counselors (MFLCs) are available to provide broad-ranging support to military family members, children, youth and other adults who support them. Counselors all hold Masters and Ph.D. degrees and are available to perform situational, short term, problem-solving support available at no cost, and it is dedicated to augment existing military support services.

CYB MFLCs are available for children or adults for in-person appointments via WhatsApp at:

CYB MFLC

Awaiting MFLC, +34-642-519-746

Rota ES

Doug Detwiler, +34-624-262-856
Nancy Pedagno, +34-641-482-865

DGF M/HS

Shana Vargas, +34-624-285-707

Adult MFLCs working with the DESRONS

Raymond Wei, +34-722-144-636
Zahira Diaz Lopez, +34-624-368-371
Joyce Evangelist, +34-643-509-600

Tutor.Com for Military Families

Tutor.com for U.S. Military Families (Tutor.com/military), funded by the U.S. Department of Defense (DoD) and Coast Guard Mutual Assistance (CGMA), is a program that allows eligible students in Kindergarten through college to connect to a live tutor online at any time (24/7/361) for one-to-one help with homework, studying, test prep and more, at no cost.

Call the School Liaison before You GO

If you are planning to PCS or change your duty station in the future, contact the School Liaison to help you with your transitions. Your School Liaison can also put you in contact with your gaining installation's SL.

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HEY!

Do you want to see **YOUR** work in the Coastline newspaper?

If yes, email coastline@eu.navy.mil to submit your work!

Remember, this will be seen by kids and adults, so keep it appropriate for all ages

WIC Overseas

The WIC Overseas Program provides several important benefits to help you and your family lead healthier lives.

Program services are provided to eligible participants overseas:

- Active Duty Military & their Dependents
- DoD Civilian Employees & their Family Members
- DoD Contractors & their Family Members

To see if you qualify for services, please contact our office:

Rota WIC Overseas Program
Building #1963 (CDC building)
DSN: 727-2921 (956-82-2921)

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