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LAW DAY

BRINGING DEMOCRACY TO C.C. PINCKNEY



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F GARRISON: www.facebook.com/USArmyGarrisonFortJackson









Courtesy photos

(Above) Sgt. Malinda Crummitt, former vice president of the Fort Jackson BOSS program gives thumbs up as she and other volunteers pose in the Solomon Center with bags of donated items. The program hosts clothing and shoe drives every spring and fall in order to help the needy throughout the Midlands.

(Left) Volunteers with the Fort Jackson Better Opportunities for Single Soldiers program help package donated shoes and clothing. The spring clothing drive netted roughly 520 lbs of donations.

Local charities receive 'BOSS' donations

Leader Staff Reports

A local church and homeless shelter received clothing and shoes from the Fort Jackson's Better Opportunities for Single Soldiers' program spring clothing drive.

The drive started Feb. 1 and ended May 4.

The drives are held in the spring and fall each year.

"BOSS collects clothes and shoe donations to help support our Columbia churches, shelters, social services and more," said Sgt. Malinda Crummitt, former BOSS vice president. "For this clothing drive, BOSS collected 520lbs of clothes and shoes." She gave a shout out to families and Soldiers who donated and volunteered to make the drive a success.

"Our volunteers helped for a total of 10 hours between both days of collection, sorting, weighing the clothes and delivering," Crummitt said. "Keep on the lookout for the next clothing drive running from September-November 2023."

According to the Army Morale, Welfare and Recreation website: "The mission of the BOSS program is to enhance the morale and welfare of single Soldiers, increase retention and sustain combat readiness. BOSS is the collective voice of single Soldiers through the chain of command, which serves as a tool for commanders to gauge the morale of single Soldiers regarding quality of life issues. Additionally, BOSS also sponsors a variety of activities before, during and after deployment to maintain the morale of single Soldiers affected by increased operational tempo and deployment stress."

The program is used by the command as a tool to help address the concerns and issues single Soldiers face each day. These issues include the prevention of suicide and sexual assault and harassment. One of the pillars of the program is making a difference through volunteering and commuity service.

Contact your unit BOSS representative for more information.

ON THE COVER

C.C. Pinckney Elementary School students raise their hands when answering a question from Capt. Missi Fredette, military justice advisor during Law Day, May 1.



Photo by NATHAN CLINEBELLE

THE FORT JACKSON LEADER

Fort Jackson, South Carolina 29207

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Commanding General	Brig. Gen.Jason E. Kelly	
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South Carolina Attorney General Alan Wilson speaks to fifth and sixth grade students on Law Day at C.C. Pinckney Elementary School, May 1. Each year the American Bar Association releases a new theme for Law Day. This year, students learned about the Cornerstones of Democracy. Wilson discussed freedoms and rights guaranteed under the Constitution with students.

Attorney General Alan Wilson, Fort Jackson legal team bring 'democracy' to Pinckney

Story by EMILY HILEMAN Photos by NATHAN CLINEBELLE Fort Jackson Public Affairs

Second through fourth grade students at C.C. Pinckney Elementary School were able to partake in a vital part of the American justice system valued by many Americans– voting. They were presented both options and voted on the question of the century in modern American politics – Which is better, cookies or ice cream? With an overwhelming majority, students showed their support for ice cream during the Law Day presentation by the Fort Jackson Office of the Staff Judge Advocate, May 1.

Law Day, held May 1 every year, was created by the American Bar Association to cultivate a deeper understanding and appreciation of various aspects of law and the legal processes that take place in the U.S.

"The American Bar Association releases a new theme every year for Law Day," said 1st Lt. Chelsea Corby, an administrative law attorney with the Fort Jackson Office of the Staff Judge Advocate. "They thoroughly encourage different sectors of attorneys to educate schools and anyone that's willing to listen on whatever the theme is for the year."

Due to the theme Cornerstones of Democracy, Corby thought the perfect cornerstone of democracy topic to teach to second through fourth grades would be voting. Corby said she really hopes students keep in mind their civic responsibilities as they grow older. "Voting is just the first step," she said. "Hopefully, this can open some of their eyes to paths in government, because we always need more leaders."

Although fifth and sixth graders didn't get to vote during the monumental election, they did have a special treat in the form of a guest speaker. South Carolina Attorney General Alan Wilson attended and spoke to the older students. He began by introducing himself and explained what he does and that he doesn't represent individual clients, but the entire state of South Carolina. "I don't work for any one person," he said. "I don't have a boss. My boss is the people of South Carolina."

Wilson went on to discuss freedoms and rights guaranteed under the Constitution and the importance of protecting those rights. Students discussed various rights such as: the freedom of religion and the right to be judged by a jury of peers. Some students even mentioned more creative freedoms such as the freedom to dress how they choose, be what they want to be as long as they work hard and the freedom to travel.

"I hope you walk away today with a better appreciation for why our democracy is so amazing and so wonderful," Wilson said. "Just remember, the things you're doing today ... are going to unlock so many opportunities for all of you to do so many amazing things when you grow up."



Capt. Missi Fredette, military justice advisor teaches second, third, and fourth grade students about the importance of voting on Law Day, May 1.

Community Updates

ANNOUNCEMENTS

Correction:

The presenters name in the article on Page 9 of last week's Leader was misspelled. It should have been Dr. Diandra Poe.

Personal Property Announcement

U.S. Transportation Command personal property pre-peak season began in February and will last through September. Once service members receive orders for Permanent Change of Station, they are required to access Military Once-Source for customer support resources to arrange household goods shipment. https://www.militaryonesource.mil/moving-housing/moving/pcs-and-militarymoves/. For more information. contact the Fort Jackson Personal Property Office 751-5137/5138. Soldiers and Families can find personal property programs overview information and TSP ratings on the customer facing dashboard, https://www.ustranscom.mil/dp3/index. cfm#overview.

Employment Readiness Seminar

The Directorate of Family and Morale, Welfare and Recreation/Army Community Service invites military spouses to an employment readiness seminar. The seminar includes classes on interviewing skills and resume writing. Come meet AAFES and the Civilian Personnel Advisory Center representatives, who are looking to hire military spouses. The seminar takes place the last Thursday of every month from 9:30-11:30 a.m. at 9810 Lee Road. For more information or to reserve a seat, call 751-5256.

248th Army Birthday Ball Tickets

Tickets for the Association of the U.S. Army's 248th Army and 106th Fort Jackson Birthday Ball, scheduled for June 10, are available through *https://ausafjpcarmybdayball2023.eventbrite.com.*

Equal Employement Opportunity

Looking for Equal Employment Opportunity information? Can't find the latest EEO newsletter? You can find the information you need at: *home.army.mil/jackson/index.php/eeo.*

Retiree Appreciation Days

Fort Jackson will host the annual Retiree Appreciation Days, May 18-20. The threeday event will begin May 18 with the garrison commander's message to retirees shown on Facebook along with the Basic Combat Training graduation ceremony and salute to retirees. The 19th Annual Retiree Appreciation Day Golf Tournament starts at 9 a.m. May 19. The Retiree Health and Benefits Expo will be held from 9 a.m. to 1 p.m. in the Solomon Center. Mark Overberg, director, Army Retirement Services is the keynote speaker. For more information or to download the registration form, visit: https://home.army. mil/jackson/index.php/about/Garrison/ directorate-human-resources/military-personnel-division/sfl-rso.

Retirement Services Office relocation

The Fort Jackson Retirement Services Office has moved to Room 117 in the Strom Thurmond Building. Walk-in hours are: 8-9:30 a.m. and 3-4:30 p.m. Monday through Friday.

New Golf Club phone numbers

The Fort Jackson Golf Club has new numbers: Administration Number (803) 562-4344 and Golf Shop Number (803) 562-4437.

COMMUNITY EVENTS

TOMORROW Military Spouse Appreciation Day

9 a.m. to 2:30 p.m., NCO Club. The Directorate of Family and Morale, Welfare and Recreation/Army Community Service invites military spouses for an "Own Your Wellness" seminar. The seminar includes classes on Yoga, resiliency training, and getting a better night's sleep. All classes are free. For more information, call 751-5256.

Spouse Federal Resume Workshop

9:30-11:30 a.m., Army Community Service Building, 9810 Lee Road. Are you seeking federal employment? Come learn everything you need to know about: transitioning from private industry to the federal government; writing a correct federal resume; creating effective Knowledge Skills and Abilities; answering "Self-Assessment Questionnaires; "formatting your resume to be noticed by reviewers; interviewing; and tracking the progress of your application. Topics covered are: USAJobs account, position clasification standards and functional guides: breaking down the vacancy announcementl adjusting your experience to the vacancy; self assessment questionairre: and military spouse preference. Registration is required. Call 751-5256 to reserve a seat.

THE FORT JACKSON

SEND ALL SUBMISSIONS TO usarmy.jackson.93-sigbde.mbx.atzj-pao@army.mil

Deadline for events to be included in the Community Updates is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will we be able to accept an article for publication the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible.

With any photo you submit, include IDs — rank, unit, and first and last names. Questions? Call 751-6739.

SUNDAY

Mother's Day Brunch

11 a.m., noon and 1 p.m., NCO Club. Celebrate Mom the way she deserves ... Enjoy a special Mothers' Day brunch featuring specialty food and beverage. Cash bar will be open. Choose from seatings at 11 a.m., 12 p.m. and 1 p.m. Seating is very limited. Make your prepaid reservations early. Tickets are \$25 for adults and \$12 for children ages 4-10.

TUESDAY Education and Career Fair

9 a.m. to noon, NCO Club. Fort Jackson Directorate of Human Resources, Army Continuing Education System, Transition Assistance Program and Army Community Service will host an Education and Career Fair at the NCO



Fort Jackson Movie Schedule 3319 Jackson Blvd, Phone: 751-7488

FRIDAY

■ Guardians of the Galaxy Vol. 3 (PG-13) 6 p.m.

SATURDAY

■ Big George Foreman (PG-13) 2 p.m.

WEDNESDAY

Guardians of the Galaxy Vol. 3 (PG-13) 2 p.m.

• Ticket sales open 30 minutes before each movie.

• Movie times and schedule are subject to change without notice.

Club. This fair will provide a platform to assist our community in reaching their educational and career goals. Educational institutions will present their academic/training programs and services. Employers will have the opportunity to market their employment openings and conduct interviews. More than 50 educational institutions, organizations and companies are expected to participate

Jackson shows appreciation with Expo, Bunco

Story by EMILY HILEMAN Photos by NATHAN CLINEBELLE Fort Jackson Public Affairs

They weren't just shooting dice at the NCO Club May 9. It was a part of Fort Jackson's Military Spouse Appreciation Day.

More than 400,000 Soldiers are currently serving on active duty. These Soldiers endure harsh training environments, spend weeks and months away from their Families and miss countless milestones and family events due to their love and devotion to the U.S. What is commonly not seen is a driving factor that keeps them going daily – their spouses.

Spouses are the ones that hold the home together and keep the Family stable, so Soldiers feel confident and capable of performing their duties away from home. They are often a silent force and their efforts can feel underappreciated by the general population because many of them are not in uniform. Army Community Service set aside time on May 9 to host a Wellness Expo and Bunco Night as part of Military Spouse Appreciation Day to show how much they're appreciated.

"Military Spouse Appreciation Day is a day where we recognize the contributions of military spouses across the Army who continue to inspire their families to prevail over impossible obstacles to be all they can be," said Lt. Gen. Kevin Vereen, Deputy Chief of Staff, G-9, Department of the Army.

Events like the one that took place May 9 not only allow spouses to connect with one another and become part of their community, but it is also a way



to showcase some of the resources available to them. Some resources include resume writing and federal employment courses, reimbursement of qualified occupational licensing costs, scholarships, and wellness opportunities, just to name a few.

Even if you're a seasoned spouse with several moves and unique experiences, there's still something new for you to learn said Krista Parker, Army spouse and attendee. Not only can you learn something new, but you can also meet new people and strengthen your local community.

"The camaraderie and fun that flowed out of the Bunco portion of the evening served as a reminder of the importance of spending time with those who have shared experiences and unique perspectives," Parker said. "We all have different stories, but we can create a strong bond through our shared experiences."

If you missed this opportunity, ACS is also hosting a Military Spouse Appreciation Day "Own Your Wellness" seminar at 9 a.m., May 12 at the NCO Club. The seminar includes classes on Yoga, resiliency training and getting a better night's sleep.

(Top right) Esperanza Romero, a financial specialist with Army Community Service, discusses information with an attendee at the Fort Jackson Military Spouse Appreciation Wellness Exp and Bunco night, May 9.

(Middle right) Danielle Hanson, with Fort Jackson's Army Community Service speaks to attendees about the rules of the game during exposition.

(Bottom right) Attendees visit various booths to learn about ways they can improve their health and fitness. The Wellness Expo and Bunco night are part of the post's military spouse appreciation.







Prayer Breakfast

Helping Soldiers, Families 'kit up'

The National Day of Prayer has been held since April 17, 1952 when President Harry S. Truman signed it into law. It has been observed ever since with each president signing a proclamation each year.

Story, photos by EMILY HILEMAN Fort Jackson Public Affairs

Many Soldiers are prepared for battle both physically and mentally. After all, it's what they joined and have trained for here at Fort Jackson and around the world. They can assemble their rucksacks, properly wear their Kevlar, and handle their weapons almost in their sleep, but are they spiritually prepared for battle?

"I think many of us are like, 'Yeah, I'm kitted up, I'm ready for battle," said Chaplain (Col.) Steven Peck during Fort Jackson's National Prayer Breakfast, May 3. "Paul says, 'Hey, now that you've got all that on ... Pray. Pray. Pray. Pray, with perseverance. Pray ... and Pray."

And that's just what the Chaplains, Soldiers, civilians, Family and friends did during the National Prayer Breakfast and in observance of the National Day of Praver on May 4.

Although the National Prayer Breakfast is an annual event held in Washington, D.C. in February, Fort Jackson held another prayer breakfast on May 3, the day before the National Day of Prayer "to bring together the Fort Jackson communities to recognize the importance of prayer and spiritual readiness," said Chaplain (Maj.) Ronnie Irwin. "So that not only would we be physically and mentally ready, but also spiritually ready to accomplish any mission that we're assigned to here at Fort Jackson and around the world."

National days of prayer have been called for

since 1775. However, the National Day of Prayer was signed into law by President Harry S. Truman on April 17, 1952. Since then, every president has signed a National Day of Prayer proclamation.

> After spiri

tual music was performed by members of the 282nd Army Band and Chaplain (Maj.) Ken May, chaplains Capt. Jonathan Stephens and Capt. Christopher Erickson delivered prayers for the nation as well as for the cadre and their Families.

THE INTENT OF

PRAYER IS NOT THE

WANT TO TRY AND

GET GOD TO DO ...

- Chaplain (Col.)

Steven Peck Installation Chaplain

LAUNDRY LIST OF

THE THINGS WE

Following a series of morning prayers, Peck delivered a religious message, emphasizing the importance of being spiritually prepared for battle and the true intent of prayer.

"The intent of prayer is not the laundry list of the things we want to try and get God to do," Peck said. "The intent of prayer is for God to move our heart to His desire and purpose."

Brig. Gen. Jason E. Kelly, Fort Jackson commander concluded the breakfast and messages by saying, "In whichever way an individual prefers to cultivate and maintain spiritual fitness, the U.S. Army maintains a stable of capable, able, and willing chaplains to help. Chaplains stand ready to shepherd the flock, us, through the tough times and reinforce our spirits for the challenges we might face."

The National Day of Prayer encourages Americans to pray in accordance with their own religious traditions and consciences and the goal is to unite us as a nation, as we honor our diverse religious beliefs and cultural practices.

Chaplain (Mai.) Ken May sings, 'Be Still and Know' as attendees gathered their breakfast and found their seats during Fort Jackson's Prayer Breakfast and National Day of Prayer, May 3.



(Above) Col. Kent Solheim, 165th Infantry Brigade commander, prays during the prayer breakfast. (Right) Chaplain (Col.) Steven Peck, installation chaplain, speaks during the Fort Jackson Prayer Breakfast. He emphasized the importance of being spiritually prepared for battle. 'Pray. Pray with perserverence,' he said.







(Above) Brig. Gen. Jason E. Kelly, Fort Jackson commander, concludes the prayer breakfast with a few words. The post celebrated the National Day of Prayer with the breakfast. (Right) Lt. Col. Beniamin Bower bows his head in prayer during Fort Jackson's Prayer Breakfast and National Day of Prayer, May 3.





Attendees smile while listening to the sermon of Chaplain (Col.) Steven Peck.

WHY I SERVE

1ST BATTALION, 13TH INFANTRY REGIMENT

SPC. LATIFA JANVIER, 31 Port of Spain, Trinidad & Tobago

"The limitless opportunities and educational advancements are what led me to join the Army. As a military spouse of 10 years, I gained knowledge of the many benefits of being a Soldier."



"Truthfully, I thought Basic Combat Training was one of the toughest trainings I would experience. However, despite hearing from everyone's experience, once you prepare yourself prior and develop a positive mindset, you will succeed at BCT."

"My MOS is 09S - Commissioned Officer Candidate. I chose this MOS because I am an excellent leader, whose intent is to look out for the best interest of my Soldiers. I plan to branch off in the Adjutant General Corps to ensure the welfare of my Soldiers and meet the needs of the Army."

PVT. CODY ROILAND, 18 Lake Zurich, Illinois

"I read a book about Special Forces when I was in elementary school and have been interested in joining the Army ever since.

"I imagined Basic Combat Training would be fairly similar to how it actually was, but I thought it was going

to be more intense. As for marksmanship training and field training exercises, I did research before coming here. So, I had a pretty good idea of what I was getting myself into."

"The most challenging part of BCT for me was the lack of contact with my friends and family. I have been away from home before, but I've never had the contact cut off the way it is in BCT."

"My MOS is 88M - Motor Vehicle Operator. I chose this MOS because ever since a young age, I've loved vehicles of all kinds and this is a great opportunity to experience some cool vehicles that you can't in civilian life."



SPC. SUZY KIM, 28 Boston

"My love for country and desire to join the Army originated from a conversation I had with my mother when I was eight years old. She explained that our family immigrated from South Korea to the U.S. and that this land is our home and where we will stay."



"I imagined Basic Combat Training to be very physically intense and that it would be very strict."

"The most challenging part of BCT was the mentally tough aspect that I did not expect. Resilience is key and can get you to push your body past where you thought your limits were."

"My MOS is 09S - Commissioned Officer Candidate Chemical branch for the Massachusetts National Guard. I chose this route because my educational background is closely related to this branch and this is the best way I can personally serve my country."

PFC. ALEXANDER BRACKEE, 23

Bloomington, Indiana

"My parents and my brother influenced me to join the Army."

"I imagined Basic Combat Training to be difficult, but motivating. I envisioned a tough, self-developing, character-building adventure."

"The most challenging

part of BCT was dealing with more difficult battle buddies."

"Advice I would give someone planning to start BCT is to just relax and keep moving forward. Always keep hope even when it seems like there is no point. It will be over soon. "

"My MOS is 15T - Black Hawk Helicopter Repairer. I have always been fascinated with aviation and based on my research, there are a lot of good opportunities in this MOS."

PFC. HANNAH BARNES, 22

Charlotte, North Carolina

"Marine Corps Junior Reserve Officer Training Corps opened my eyes to the military as a career option. I decided to join the Army to better myself and my future due to my past mistakes and become a better influence for my younger sister."

"I never really 'imagined' how Basic Combat Training would be."

"Advice I would give someone planning to start BCT is don't go in expecting to still act like an individual. You are now part of a bigger picture. Listen to orders, follow them, and consider everyone around you at times."

"My MOS is 92R - Parachute Rigger. I chose this because I wanted something that would be mentally and physically challenging and also to be able to have fun. I didn't join for money, I joined for a challenge and for the experience."



SPC. DARIIA LESHCHUK, 35 *Phoenix*

"My previous work experience and Russia attacking Ukraine influenced me to join the Army."

"I expected Basic Combat Training to be a little bit more complicated, but it has been pretty much what I expected."

"The most challenging part of BCT was learning to work with people of vairous backgrounds, without being picky and just accepting them for what they are and learn how to move forward with them."

"Advice I would give someone planning to start BCT is to learn to play the role of trainee. Obey orders without discussing the reasons why and obey orders from direct chain of command."

"My MOS is 09S - Commissioned Officer Candidate. I chose it to be a part of the decision-making process."



To read more why Soldiers serve visit: home.army.mil/jackson

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Garrison Org Day



Photos by ROBERT TIMMONS

Jason Pieri, chief of Plans and Operations with the Directorate of Plans, Training, Mobilization and Security, shoots a basket during the garrison organization day held May 5 at Twin Lakes on post.



Garrison commander, Col. Ryan Hanson gives the 'peace' sign during the unit's organization day, May 5. Organization days are traditionally held to honor Soldiers and civilians with a time off from work to eat, play games and enjoy the company of fellow employees.

SALUTING THIS BCT CYCLE'S HONOREES 1st Battalion, 13th Infantry Regiment

ALPHA COMPANY SOLDIER LEADER OF THE CYCLE Spc. Jeffrey Hook

SOLDIER OF THE CYCLE Spc. Abby Su BRAVO COMPANY SOLDIER LEADER OF THE CYCLE Spc. Latifa Janvier

SOLDIER OF THE CYCLE Pvt. Cody Roiland

CHARLIE COMPANY SOLDIER LEADER OF THE CYCLE Pfc. Anna Herbert SOLDIER OF THE CYCLE Spc. Kara Andrew

DELTA COMPANY SOLDIER LEADER OF THE CYCLE Spc. Suzy Kim

SOLDIER OF THE CYCLE Pfc. Alexander Brackee

ECHO COMPANY SOLDIER LEADER OF THE CYCLE Pfc. Hannah Barnes

SOLDIER OF THE CYCLE Spc. Dariia Leshchuk



DRILL SERGEANT OF THE CYCLE



Taking Aim

A trainee takes careful aim as he prepares to engage targets with his M4 carbine. Trainees going through Basic Combat Training are taught how to fire using both optics and back up iron sights.



in this community event. The Fort Jackson Education and Career Fair is open to Fort Jackson Soldiers, spouses, veterans, adult Family members and civilians.

MAY 18

Strongman/Strongwoman Competition

5 p.m., Hilton Field. Competitors vie for the honor of being the strongest man and strongest woman on post. Come out and compete in feats of strength such as the tire flip and stone carry.

Sportsman Club Meeting

6 p.m. Alpine Lodge. The Fort Jackson Sportsman Club hosts its monthly meeting where there will a panel to discuss hunting and trapping coyotes on Fort Jackson. If you are interested in predator control or the challenges of hunting the wiley coyote, this is the meeting for you. The club will also discuss its May 20 work day.

MAY 19

193rd Change of Responsibility

9 a.m., Victory Field. Command Sgt. Maj. Travis Wirth will relinquish responsibility for the 193rd Infantry Brigade to Command Sgt. Maj. Jonathan M. Duncan during a ceremony at Victory Field.

MAY 20 Summer Kick-off 1-6 p.m., Weston Lake. This free event celebrates the opening of the beach at Weston Lake. Patrons can enjoy swimming along with other water activities. Weston Lake also will have food and beverage sales available. Canoes, kayaks, stand up paddle boards and pedal boats will be available for rent. Outdoor Recreation is partnering with the Department of Public Works to conduct a Recycle Regatta event on the same day.

JUNE 3

Powerlifting Clinic

10-11:30 a.m., Vanguard Gym. Want to get stronger? Want to maximize your weightlifting prowess? Come to a Powerlifting Clinic at Vanguard Gym. For more information, call 751-5839.

JUNE 7, 14 Pre-driver's Life Skills Class

5-7 p.m., Auto Crafts Center. Prepare first-time driver's to properly care for a vehicle. Basic automotive skills will be covered in this two-part course. Limited space available, ages 14 and older, \$30 per class, class includes oil change on students' family vehicle. For more information or to register, call 751-5755/ 7061.

JUNE 9 Spouse Federal Resume Workshop

9:30-11:30 a.m., Army Community Service Building, 9810 Lee Road. Are you seeking federal employment? Come learn everything you need to know about: transitioning from private industry to the federal government; writing a correct federal resume; creating effective Knowledge Skills and Abilities; answer-

ing "Self-Assessment Questionnaires; "formatting your resume to be noticed by reviewers; interviewing; and tracking the progress of your application.Topics covered are: USAJobs account, position clasification standards and functional guides; breaking down the vacancy announcementl adjusting your experience to the vacancy; self assessment questionairre; and military spouse preference. Registration is required. Call 751-5256 to reserve a seat.

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5-7 p.m., Auto Crafts Center. Prepare firsttime driver's to properly care for a vehicle. Basic automotive skills will be covered in this two-part course. Limited space available, ages 14 and older, \$30 per class, class includes oil change on students' family vehicle. For more information or to register, call 751-5755/ 7061.

JUNE 15

Garrison Change of Command

9 a.m., Victory Field. Col. Ryan Hanson will relinquish command of the Fort Jackson garrison in a ceremony on Victory Field.

JUNE 17 Army Birthday Relay Race

7 a.m., U.S. Army Drill Sergeant Academy. Celebrate the Army's Birthday with a tradition relay race with teams of four. This is a Commander's Cup event. For more information, call 751-5869/3096.

JUNE 24

ORT JACKSON LEADER

1,000 lbs. Club competition

8 a.m., Vanguard Gym. Test your strength levels. If you love to lift, why not compete in the sport of weightlifting in the 1,000 lbs. Club competition?

JULY 1

Independence Day Celebration

Hilton Field. Gates open at 4 p.m. Enjoy an exciting variety of food trucks and children's carnival rides, live music, beer tents and of course, fireworks.

JULY 29

Natural Body Building Competition

6 p.m., Solomon Center. You've worked hard through proper diet and exercise to sculpt your body. Reap the rewards of your hard work. Divisions available for competition are Men's Natural Builder, Men's Natural Physique, Women's Natural Builder, Women's Natural Physique, Women's Bikini, Masters' Natural 41-49, and Grand Master Natural 50+. Cost to compete is \$75. Register by June 15. For more information, call 751-3700.

AUG. 11, SEPT. 8 Spouse Federal Resume Workshop

9:30-11:30 a.m., Army Community Service Building, 9810 Lee Road. Are you seeking federal employment? Come learn everything you need to know about: transitioning from private industry to the federal government; writing a correct federal resume; creating effective Knowledge Skills and Abilities; answering "Self-Assessment Questionnaires; "formatting your resume to be noticed by reviewers; interviewing; and tracking the progress of your application.

FAITH GROUP	DAY	TIME	PLACE
CATHOLIC MASS	SUNDAY	9:30-10:30 A.M.	MAIN POST CHAPEL
CATHOLIC MASS	MON-FRI	NOON	MAIN POST CHAPEL
GOSPEL SERVICE	SUNDAY	10:30 A.M.	DANIEL CIRCLE CHAPEL
GENERAL PROTESTANT	SUNDAY	11 A.M. TO NOON	MAIN POST CHAPEL
 INITIAL ENTRY TRAINING ANGLICAN CATHOLIC MASS PROTESTANT CONSOLIDATED SERVICE THE BRIDGE (PROTESTANT) CHURCH OF CHRIST HISPANIC PROTESTANT SERVICE ISLAMIC SERVICE JEWISH SERVICE JEWISH SERVICE THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS 	DAY SUNDAY SUNDAY SUNDAY SUNDAY SUNDAY SUNDAY SUNDAY	TIME 9-10 A.M. 8-9 A.M. 9:30-10:30 A.M. 8:30-9:30 A.M. 10:30-11:30 A.M. 8:30-10 A.M. 8:30-10 A.M. 10:15-11:30 A.M. 10:30 A.M NOON	PLACE LIGHTNING CHAPEL SOLOMON CENTER SOLOMON CENTER ANDERSON CHAPEL MAGRUDER CHAPEL DANIEL CIRCLE CHAPEL LIGHTNING CHAPEL

School helps service members enhance careers



Photo by STAFF SGT. DUSTIN BEVIN

Airborne students hold their static line as they prepare for the third jump during the Basic Airborne Course at Fort Benning, Georgia, March 30. The three-week course teaches service members from every military branch how to safely conduct airborne operations.

By CHRISTOPHER HURD Army News Service

The call goes out, "hook up!" The airborne students all repeat in unison, "hook up!" as they attach the static line to the anchor line cable in the C-130 aircraft. They check the line and then their equipment before shuffling to the door and waiting for the light to turn green.

"There is something (scary) about seeing that door open, going about 130 knots, and knowing you're about to leave," said Capt. Michael Bouchard, airborne student.

One by one they file out of the aircraft and descend the 1,250 feet to the ground. This is the second of five jumps they need to complete the Basic Airborne Course and receive their jump wings.

Just two and half weeks prior, these ser-

vice members were starting their journey.

The three-week course at the Army Airborne School in Fort Benning teaches members from every military branch, including the reserves and National Guard, how to safely conduct airborne operations. This allows them to potentially pursue a passion while also increasing their job performance and furthering their careers.

"It would be weird if all

my Marines jumped out of the plane, and I just waved goodbye, which is what I did the first time I went up with them," said Marine 2nd Lt. Olivia Dicarlo, airborne student and

THERE IS SOMETHING (SCARY) **ABOUT SEEING** THAT DOOR OPEN, **GOING ABOUT** 130 KNOTS AND KNOWING YOU'RE ABOUT TO LEAVE.

Capt. Michael Bouchard

logistics officer.

Determined not to let that happen again, Dicarlo signed up for the course. She was also interested in skydiving, and this allowed her to have that experience while also getting paid to do it.

In the first phase of training, called ground week, students focus airborne student on the fundamentals of completing a successful jump. They learn how to

properly wear the equipment and practice mock door exercises.

During these drills, they meticulously go over the in-flight procedure of grabbing the static line, shuffling their feet and exiting the aircraft. They do this on the ground 20 to 30 times to help build confidence for the challenges to come.

That leads the students to the 34-foot tower where they put that practice to the test. Here they work on conquering any fear of heights as they hook up to a line and make the jump.

Finally, the students work to perfect their landings. All this training is on top of the physical conditioning that takes place throughout the week.

"We instill the basics of airborne training so that paratroopers can safely exit the aircraft and land on the ground," said Sgt. 1st Class Rob Bloomer, airborne school noncommissioned officer in charge. "It's important to enforce the standards and basic discipline because this is a high-risk training environment."

Students who complete ground week move to the next phase of training known as tower week. Throughout this phase, they refine their skills by working on body position and exiting the aircraft quickly.

They practice mass exits through the mock door, as well as jumps from the 34foot tower and the 250-foot tower.

During each phase, the students repeatedly go over each step in the jump process to get as comfortable as possible.

"You've done it so many times that it's all just muscle memory," Bouchard said. "You can really just focus on the steps, and it kind of takes away a lot of those nerves."

Students who master all aspects of the first two phases move on to jump week, where they complete the necessary five jumps for graduation. Two of these jumps are completed wearing combat equipment, including the last jump which is done at night to give the students the full spectrum of training.

"I loved it way more than I expected to," Dicarlo said. "I felt the instructors put a lot of energy into it, which was really nice. They were super enthusiastic, which might sound small, but it made us laugh, and I think that kept people more engaged."

After graduating with their jump wings, the paratroopers head back to their units to supply the joint force with the capable members they need to complete their airborne mission.

VICTORY... STARTS HERE

