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Meet the CMC

Randy Swanson assumes command.



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Sailors of the Year

Outstanding GW Sailors.



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DRC What I Mean?

Ms. Sandy Webber is here to talk.





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Lt. j.g. Caroline Leya

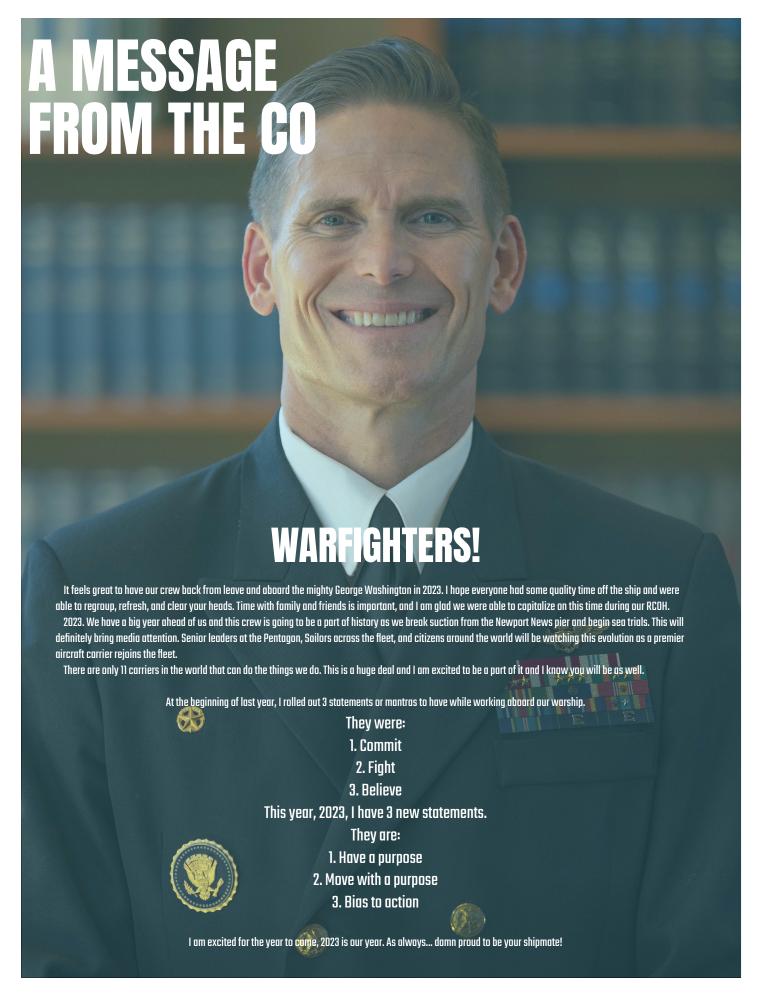
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Twenty six years later, he continues that legacy. A prior hospital corpsman, his rate and subsequent CMC postings allowed hin to experience a variety of what the Navy has to offer. He's worked in communities ranging from medical, air, submarine, and surface billets. He said this range of experience leaves him particularly suited to be the Command Master Chief of USS George Washington.

"It just gave me different experiences," Swanson said. "I think bringing that to George Washington, having that diverse background, not just centered on one community, will be able to help the team."

Swanson discusses his vision, talent, and passion for helping GW Sailors get ready to go out to sea.

"Every Sailor aboard this ship is a leader. Every Sailor has responsibility. My message is to be genuine, care about each other, care about your team."



WHAT MADE YOU WANT TO BECOME A CMC?

My father was a CMC, he started off as a yeoman and became a command master chief. I was very fortunate to make rank fairly quickly for my rate- I'm a prior hospital corpsman.

Instead of being specific to a rate I wanted to make an impact at a bigger level, one that wasn't focused on one group or rate.

The progression for that was to work at the command level. If you're a leader, you should want to step into different positions. You should want to continue to grow as a leader, and have a larger impact. To me, the natural progression would be going into the CMC program to have the biggest impact that I can.

WHAT ARE SOME CHALLENGES YOU FACE AS A CMC, AND HOW DO YOU OVERCOME THEM?

There is no playbook on how to be a CMC. Every day is different, you don't know what you're going to walk into. The honor and privilege of being a CMC is the reward of seeing the accomplishments of your Sailors, the accomplishments of your team.

You're only worried about your most important asset, which is the Sailors at that command.

I look forward to the challenges that come along with that because I don't handle those challenges alone. I have a team of extremely talented people, deckplate leaders and LPOs, to help me out with that.

HOW WOULD YOU DESCRIBE YOUR LEADERSHIP STYLE?

I am a humble servant leader. I like to be engaged with my team and be on the deckplate with them. I truly try to understand what their issues are, what the pulse of the crew is. I think it's very important as a CMC to not lead from behind a desk, but to be out there engaging with Sailors

To me, the best part of my day is walking out and meeting Sailors, finding out where they're from, why they joined the Navy, to hear their story. That connection means the world to me.

WHY DID YOU CHOOSE THE GW?

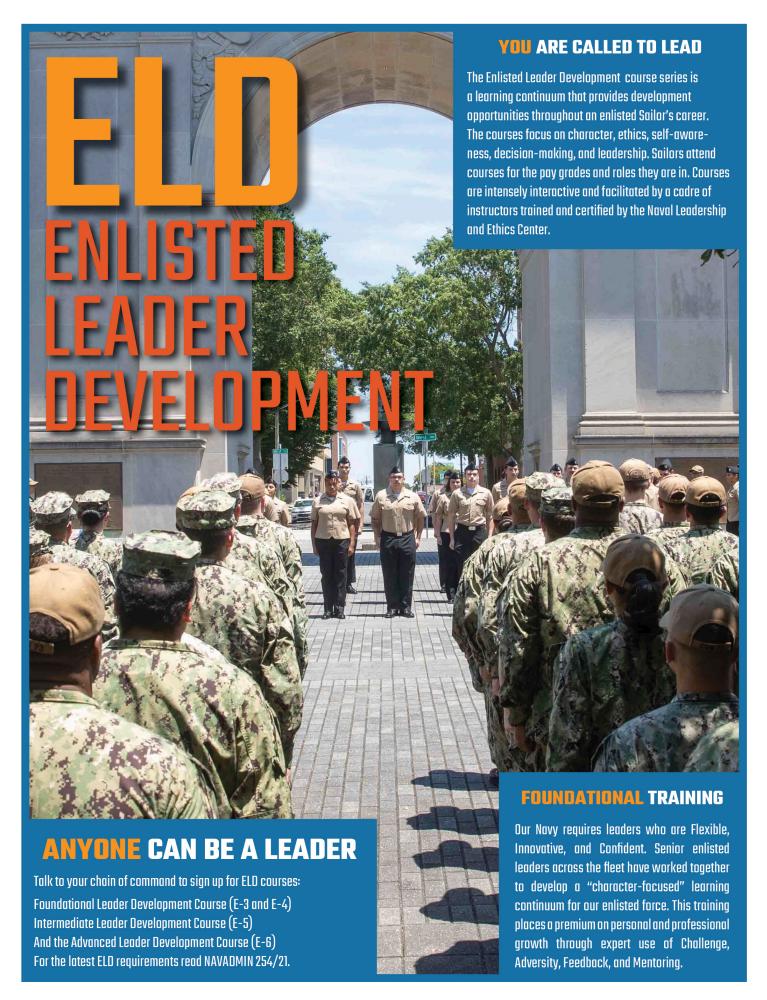
To me, the epitome of being a CMC at sea is being aboard an aircraft carrier. With the adversity that this carrier has had, I think this will be the most challenging and rewarding tour of my career. Having the opportunity to be part of this team, to be a positive influence, to help the team get to that goal... there's no better job, no better opportunity.

I wasn't expecting to be selected, but I'm extremely fortunate. Every day I walk in here, I'm just amazed by the Sailors, their motivation. Knowing where the ship came from, where we are now, and knowing where we're going to be in the future, and knowing I'm going to be part of that legacy for this ship is really inspiring to me. I am really proud to be a GW Sailor.

ANY ADVICE FOR SAILORS ABOARD THIS SHIP?

Every Sailor aboard this ship is a leader. Every Sailor has a responsibility. My message is to be genuine, care about each other, and care about your team. If you're authentic about these things, and your shipmates know that, then even if you're telling them to do a hard job, they know you're telling them for a reason.

It's just like the old adage of 'treat others like you would want to be treated'. I think we have a responsibility to treat each other with respect and dignity, and for all on board to be empowered to be leaders. With that, be authentic and genuine. I think that if every Sailor on board comes with that mindset, respect and support each other, there's nothing we can't accomplish together.



A BULL'S EYE VIEW

how to read a compartment's bullseye

DECK THE SPACE IS LOCATED

DECKS ABOVE THE HANGAR BAY ARE PRECEDED BY A 0 (01, 02, 03, ETC) ENTRANCE TO COMPARTMENT IS LOCATED ON THIS FRAME

SPECIFIES WHICH SIDE OF THE SHIP THE SPACE IS LOCATED

EVEN NUMBERS: PORT ODD NUMBERS: STARBOARD 0: CENTERLINE

WHAT THE COMPARTMENT IS USED FOR

A: SUPPLY AND STOWAGE
E: ENGINEERING
L: LIVING SPACES
Q: MISCELLANEOUS SPACES
V: VOID

3-180-0-Q

180-190

GM

MCCS Washington
J: 5615

DEPARTMENT
THAT OWNS THE
SPACE

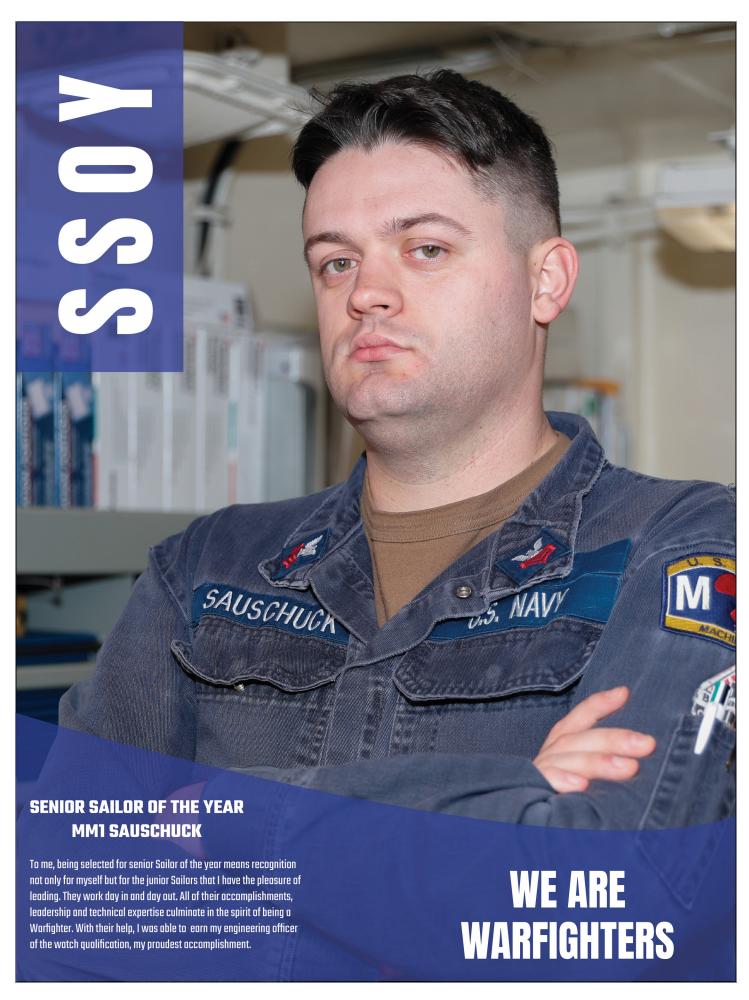
SPACE OWNER AND CONTACT INFORMATION

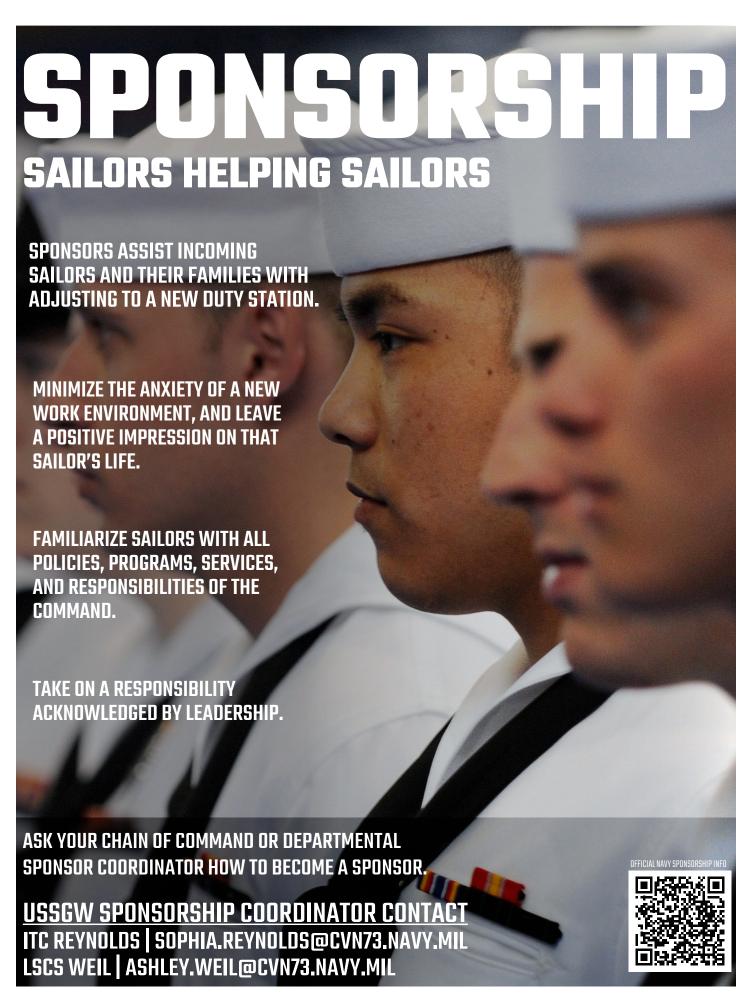
THE AFT AND
FORE-MOST FRAMES
LOCATED IN THE
SPACE











JAN. 16, 2022

COMMEMORATING THE LIFE AND WORK OF DR. KING, BAPTIST MINISTER AND PROMINENT LEADER IN THE AMERICAN CIVIL RIGHTS MOVEMENT.

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DRC WHAT I MEAN?

PHOTOGRAPH AND STORY: AN TYLER T. CROWLEY

ay breaks over Newport News Shipbuilding and Sandra B. Webber, the Deployment Resiliency Counselor (DRC) aboard the Nimitz-class aircraft carrier USS George Washington (CVN 73), starts her day ready to help Sailors.

Serving aboard since April 2022, Webber, a Dallas native, has supported Sailors who have needed help, those who have struggled, or those who just wanted somebody to talk to.

"Taking care of all the normal stresses of life is important, whether you're deployed or on shore" said Webber, "Anything that could give you a hard time, we'll work on it and get you mission ready."

Webber has been a licensed counselor since 2012, and holds a master's degree in counseling. She came across the opportunity to become a DRC, and was assigned to the ship.

"This was my chance to give back," said Webber "It's my chance to serve those who served us."

In addition to serving in the shipyard, the DRC deploys with the command. She will participate in man overboard, general quarters, and other drills and events as a part of the George Washington team.

"It's good having a civilian on board, it gives another perspective out at sea when all you have is

"THIS WAS MY CHANCE TO GIVE BACK, MY CHANCE TO SERVE THOSE WHO SERVED US."

each other," said Webber. "It's not just Sailors talking to Sailors, and I feel that's important for the command."

Through collaboration in the DRC community Webber has even provided her services aboard other ships. "This ship has been unique being in the yards. With others entering the shipyard I can offer my experience if anyone is struggling," said Webber.

She also keeps in touch with other communities aboard the ship including the Morale Welfare and Recreation (MWR) team, Chaplains, and Medical.

"This year I want to involve myself more in MWR and get more events going for Sailors. I've seen a lot of changes in my time on board the ship," said Webber. "Morale has increased exponentially and that is wonderful to see."

Webber said she wants to provide Sailors a safe place to talk whenever they need to.

"Be open to getting help," said Webber. "If you don't want to call it help, be open to just talking. No matter what you're going through, it's not better or worse than someone else's, it's yours."

Webber looks forward to traveling and seeing the world with George Washington as it prepares to close out its time in the yards.

George Washington is undergoing refueling and complex overhaul (RCOH) at Newport News Shipyard. RCOH is a multi-year project performed only once during a carrier's 50-year service life that includes refueling the ship's two nuclear reactors, as well as significant repairs, upgrades, and modernization.

DEPLOYMENT RESILIENCY CGUINS ELOR

COLLABORATES WITH SHIP'S PSYCHOLOGISTS AND CHAPLAINS TO PROVIDE SAILORS WITH THE BEST CARE TO MEET THEIR NEEDS

TRAINED CLINICAL COUNSELOR

PROVIDES
EMOTIONAL
SUPPORT
AND A
SAFE SPACE
FOR SAILORS

OFFERS MENTAL HEALTH SERVICES ABOARD NAVAL VESSELS IN-PORT AND UNDERWAY

TALK TO YOUR DRC TODAY

For more information go to: (2-111-1-Q), Email sandra.webber@cvn73.navy.mil, Or Call (757)-613-2734, (J-Dial 3250).

GAMES & PUZZLES

THE GW **CROSSWORD**

ANSWERS IN NEXT MONTH'S **SURVEYOR**

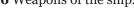
ACROSS

- 8 A corridor used for interior horizontal movement aboard a ship.
- 11 What does CNO stand for?
- 12 Bathroom.
- **13** Abbreviation for commander.
- **14** Where the buttons of a shirt line with the belt buckle.

DOWN

- 1 Space where food is prepared.
- 2 Interior space of the ship.
- 3 What does WO stand for?
- 4 What does CMC stand for?
- **5** Vertical distance between
- **6** Weapons of the ship.
- 9 Food.
- 10 Abbreviation for Chief Petty Officer.

the waterline to the deck.



7 The designation used to define level of pay for enlisted members.

GEORGE'S JOKE CORNER



WHY SHOULDN'T YOU MAKE FUN OF WHERE A SHIP IS MOORED?

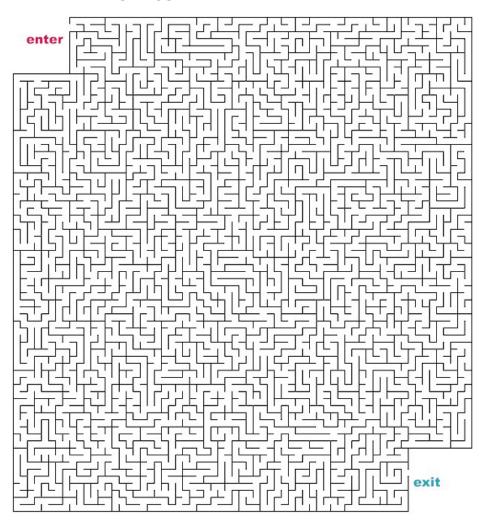
YOU WOULDN'T WANT TO **DIS-A-PIER**

Think you've got a better joke? Make a submission to MC3 Fines at david.fines@cvn73.navy.mil

SUDOKU

		9	8					6
			4	9			3	
	6				5			7
				4		2		1
3	4	2 5				6	7	5
		5		7				
5			7				6	
	3			5	1			
8					4	1		

EXTREME EGRESS

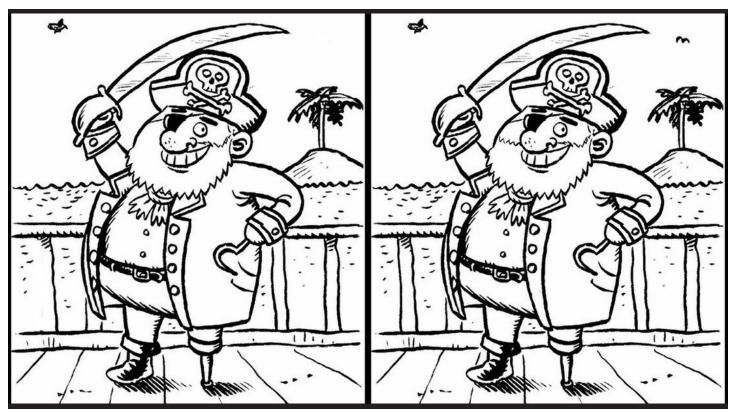


COMMONLY USED ACRONYMS FOR NAVAL OFFICERS

CO COMMANDING OFFICER XO **EXECUTIVE OFFICER** PAO PUBLIC AFFAIRS OFFICER **TRAINO** TRAINING OFFICER **SUPPO** SUPPLY OFFICER FS0 FOOD SERVICE OFFICER SECURITY OFFICER **CHENG CHIEF ENGINEER** RO REACTOR OFFICER SMO

SHIP'S MEDICAL OFFICER

WHAT'S THE DIFFERENCE? SPOT ALL 5.

















FOR MEDIA REQUESTS MEDIAPHOTOREQUEST@CVN73.NAVY.MIL MEDIAPRINTREQUESTS@CVN73.NAVY.MIL

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