



Cedar fever returns — causing major problems for many Central Texans A4

NEWS BRIEFS

CRDAMC mask mandate

Due to the Bell County COVID-19 transmission levels, and in line with DHA policy, patients and visitors entering Carl R. Darnall Army Medical Center and all its medical facilities will be required to wear masks effective immediately.

This is to maintain the safety of our patients and staff. Masks are available at clinics if needed.

At this point in time, this only extends to the CRDAMC medical facilities. A decision by Lt. Gen. Bernabe has not been made yet whether to extend this to the entire installation.

Phantom Warrior Scramble

The Courses of Clear Creek will be hosting a Phantom Warrior Scramble tomorrow.

This is a four-person scramble that will begin at 12 p.m. The cost is \$45 per person with optional \$5 mulligan.

For more information, visit <https://hood.armymwr.com/calendar/event/phantom-warrior-scramble/5857405/75731> or call the Courses of Clear Creek at 254-287-4130.

Karaoke Night

Samuel Adams Brewhouse will be hosting karaoke nights on Jan. 20, Feb. 24 and March 24 from 7 to 10 p.m.

For more information, visit <https://www.facebook.com/fort-hoodfmwr>.

Culinary outpost kiosk

The Fort Hood Culinary Outpost Kiosk has now reopened in front of Building 34002.

Weekday operating hours:

Breakfast: 8 – 11 a.m.
Lunch: 11 a.m. – 3 p.m.
Dinner: 3 – 8 p.m.

Weekend operating hours:

Breakfast: 9 – 11 a.m.
Lunch: 11 a.m. – 3 p.m.
Dinner: 3 – 6 p.m.



ABOVE, Retired Staff Sgt. John Footman recognizes members of the community and fellow service members at an award ceremony Jan. 11 where he was presented a Purple Heart and Bronze Star with V-Device for his service

BELOW, Retired Staff Sgt. John Footman speaks with Col. Chad R. Foster, U.S. Army Garrison - Fort Hood, commander, before the award ceremony Jan. 11.

Vietnam veteran honored

Soldier recognized with Purple Heart, Bronze Star for Valor

STAFF SGT. EVAN RUCHOTZKE
III Armored Corps Public Affairs

III Armored Corps and U.S. Army Garrison-Fort Hood leadership formally recognized a retired Soldier for his gallantry during the Vietnam War.

Lt. Gen. Sean Bernabe, commanding general, III Armored Corps and Fort Hood, presented retired Staff Sgt. John Footman

the Purple Heart and the Bronze Star Medal with Valor in a ceremony Jan. 11 at Fort Hood.

Footman was formally presented his awards 33 years after his retirement from the Army.

Footman, who retired from active-duty service after 20 years, was deployed to Vietnam twice in his career. Footman was never

See **Veteran**, A6



Photo by Janecze Wright, Sentinel News Editor

Spc. Keonna Richardson, Spc. Jose Torres and Sgt. Christine Kenagy, Soldiers in the BOSS program, collect trash in downtown Killeen Jan. 11. Nearly 40 Soldiers came out to support the beautification efforts. Clean-up efforts are scheduled monthly.

BOSS helps revitalize downtown Killeen

BY JANECZE WRIGHT
Sentinel News Editor

Soldiers with the Better Opportunities for Single Soldiers program pulled up their sleeves and got their hands dirty to help revitalize downtown Killeen Jan. 11.

The BOSS program partnered

with the City of Killeen to perform area beautification throughout the historic downtown area.

The city has been organizing what they call a “blitz” downtown for the past few months: performing litter pick up, street sweeping and anything else that helps to make the area more appealing.

Kate Kizito, downtown revitalization director for the city of Killeen, explained that she felt the BOSS partnership was a great opportunity to get Soldiers involved and make Killeen a better place for everybody.

She noted that the downtown

See **BOSS**, A7

Career counselors of the year crowned

BY CPL. KYRA PEARL

III Armored Corps Public Affairs

Dozens of swinging arms slice through the crisp morning air, as Soldiers run around the track. Completing these two miles marks the end of the first event for those competing in the III Armored Corps' Career Counselor of the Year Competition, which took place at Fort Hood Jan. 9-12, 2023.

The competition tested the best of III Armored Corps' career counselors through a series of events, beginning with an Army Combat Fitness Test, followed by a written exam and ending in a career counselor formal board.

In the end, only one Soldier from each component would prevail as the III Armored Corps' Fiscal Year 2023 Career Counselor of the Year. From the active-duty component, that designation belonged to Sgt. 1st Class Quinn Kearsley, 1st Battalion, 6th Infantry Regiment, 2nd Brigade, 1st Armored Division. Taking the title from the reserve component was Sgt. 1st Class Heron Perez, reserve component career counselor for 1st Cavalry Division.

Kearsley drove over eight hours to compete against 12 other representatives from across III

See **Counselor**, A6



Photo by Staff Sgt. Yesenia Barajas, III Armored Corps Public Affairs

Sgt. 1st Class Quinn Kearsley from 1st Bn., 6th Infantry Regt., 2nd BCT, 1st Armored Div., assigned to Fort Bliss, shares a few laughs with board members during the board appearance event Jan. 11 at the III Armored Corps Career Counselor of the Year Competition. The board appearance was one of three events.

THANK YOU FOR ATTENDING



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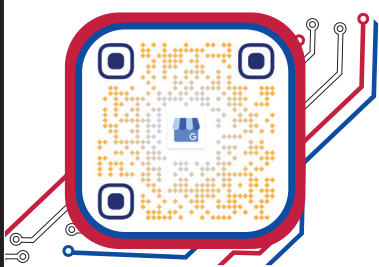
Let's Talk About Your Next Career Opportunity!

Join Samsung Austin Semiconductor representatives for a hiring information session. We hire veterans and transitioning military with a range of experience. All current and transitioning service members and civilians are encouraged to attend, connect and learn more.

Tuesday, January 31 at 12:00 p.m.
Copeland Soldier Service Center, Room B114
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Be sure to check our our current job opportunities:
samsung.com/us/sas/career/jobopportunity



Fort Hood Sentinel Archives

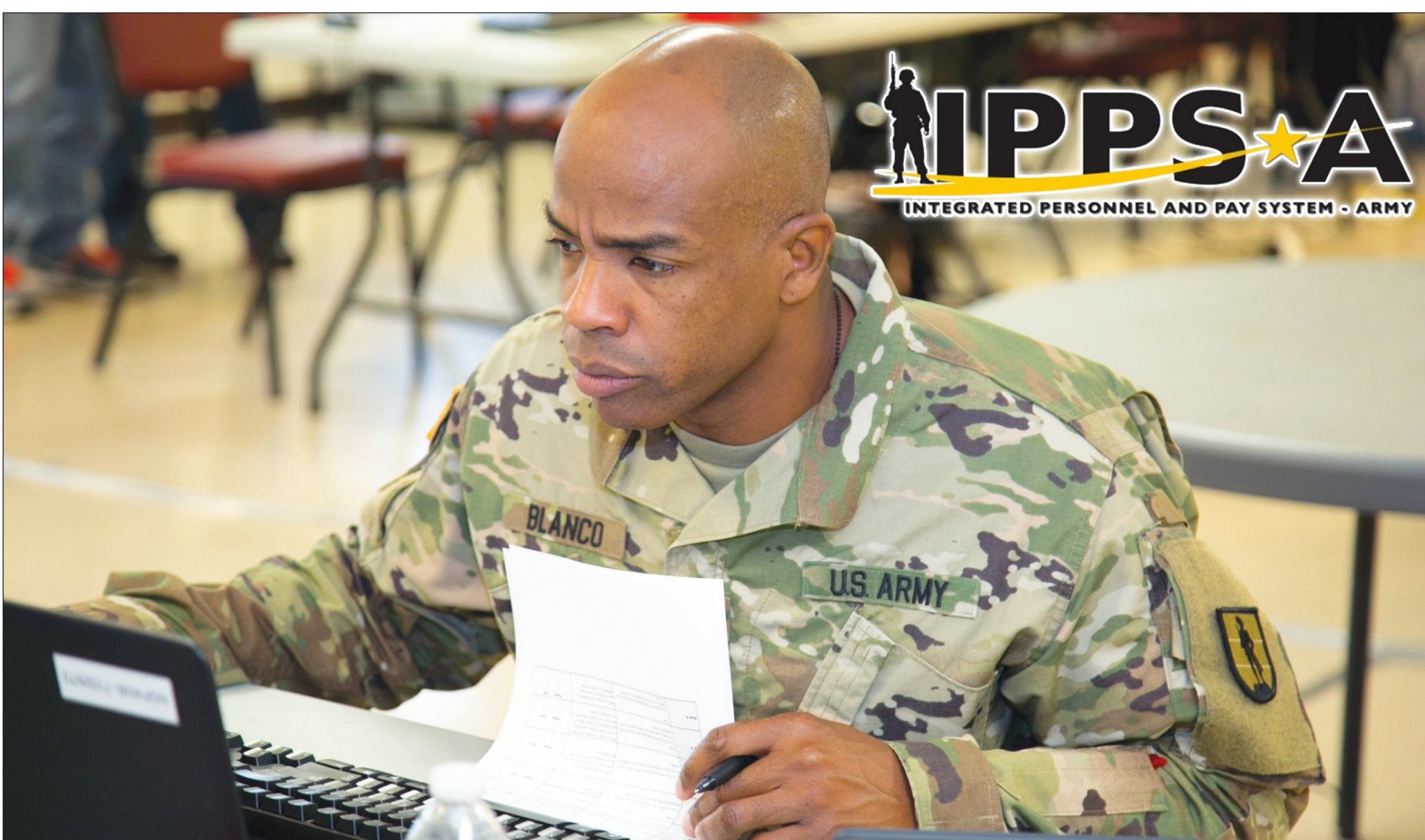
Since 1942

The Fort Hood Sentinel is the post newspaper for the Army base at Fort Hood, Texas, which was established in 1942 as Camp Hood. The digital newspaper collection starts in 1953, as no copies of the earlier editions have been located. The Fort Hood Sentinel describes the life and events happening at Fort Hood, including information from the Department of the Army on issues relevant to the Soldiers. Advertisements are included, giving an interesting perspective on life in a military settlement over the years.

Casey Memorial Library
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IPPS-A
INTEGRATED PERSONNEL AND PAY SYSTEM - ARMY

Courtesy photo

The U.S. Army announced that the Integrated Personnel and Pay System-Army – the Army's top human-resources modernization effort – is now available for Soldiers from all three components. IPPS-A Release 3 will improve the Army's ability to manage Soldier talent, reduce pay discrepancies and allow Soldiers to track actions to their personnel sections.

Digital HR and talent-management system expanded

BY U.S. ARMY PUBLIC AFFAIRS

WASHINGTON — The U.S. Army announced that the Integrated Personnel and Pay System-Army – the Army's top human-resources modernization effort – is now available for Soldiers from all three components (active-duty, Army Reserve and Army National Guard). IPPS-A capabilities will enhance financial stability and readiness for Soldiers and their families and will offer meaningful improvements over the previously used legacy HR systems.

“The Army is committed to providing a system that is transparent, efficient and comprehensive to meet the needs of our Soldiers and the Army of the future,” said Lt. Gen. Douglas Stitt, deputy chief of staff for Army G-1.

IPPS-A Release 3 will improve the Army's ability to manage Soldier talent, reduce pay discrepancies and allow Soldiers to track actions to their personnel sections – from the initial activity all the way through the approval process, even from their cell phones.

IPPS-A already has a proven

track record with the Army National Guard, who have been using IPPS-A Release 2 since March 2020. Since then, pay transactions have remained over 99.2% accurate for more than two years, and extensive testing – which included user feedback – has matured the system and ensured the accuracy of data as it was transferred from legacy systems.

“IPPS-A has made significant progress, and we are excited to deliver Release 3 to our 1.1 million Soldiers across the Total Force,” said Young Bang, principal deputy

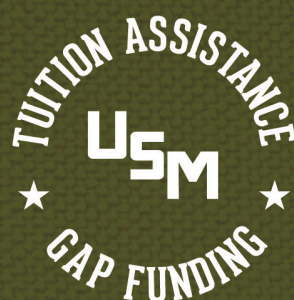
assistant secretary of the Army for Acquisition, Logistics and Technology. “However, we will remain flexible and outcome-based during the Go-Live launch and beyond, in order to ensure that our units and data users are ready, and the system continues to operate as needed.”

As part of the transition plan, it was a requirement that Soldier promotions were not to be disrupted, Soldiers are recognized for their hard work and dedication. Soldier records will be updated to show the correct date of promotion and

they will receive their back pay now that IPPS-A is online. Additionally, essential human resource systems like Defense Finance and Accounting Services and Interactive Personnel Electronic Records Management System were online during the transition to IPPS-A and will remain online after IPPS-A goes live.

For more information about IPPS-A, please visit the website at <https://ipps-a.army.mil>.

For support, please contact the help desk at (1-844-HR-IPPS-A) or <https://ipps-a.army.mil/contact/>.



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Photos by NCRMB volunteer Gil Eckrich

ABOVE, Male cedar trees produce and release pollen against a clear blue sky at Belton Lake Outdoor Recreation Area. **LEFT,** Cones on female cedar trees resemble blueberries. These fleshy cones are edible. They also provide birds and wildlife food, and are spread by those that eat them, keeping the cedars, also known as junipers well-distributed in suitable soils.

Cedar allergy sufferers beware

BY SCOTT SUMMERS
DPW-NCRMB

I came to understand why my sinuses closed for effective breathing each January way back in 1987.

Growing up here in the 1980s, like other teenagers, I thought I knew everything.

I learned a lot more.

With enthusiasm, I explored local woods, fields and creeks of the area. Though I explored Fort Hood too, most of my experiences were on my family's 400 acre open space, along House Creek, right beside Fort Hood, which is now a subdivision and school. I fished and hunted, checked our crows/water gaps/fences, and became a passionate outdoorsman.

One mild January 1987 day, preceding a cold front, I drove with windows rolled down along a two-track, making contact with some brush. Then, some cedar limbs got inside the cab, sending pollen everywhere. My allergic reaction was immediate, beginning with severe nasal congestion and watery eyes so bad I couldn't see. It stopped me in my tracks! It took a while but I recovered and returned home feeling horrible.

The after effects of that exasperating exposure, coupled with high cedar pollen counts that month, resulted in poor sleep, if I slept at all.

Today, I am fortunate to work in support of our Army, alongside my talented colleagues with the Fort Hood Natural and Cultural Resources Branch. Here, we balance the needs of natural and cultural resources with the needs of Army training.

Because of my work, I still spend many hours in the field, but not so much in January because I know better.

January is THE peak month of cedar pollen season here in central Texas. I limit or avoid outdoor activity whenever possible.

Local weather reporters share the "mountain cedar" allergy update because many people like me suffer "cedar fever."

The pollen count for cedar varies, but is often very high at times beginning in late December, through January and sometimes into early February.

If you are allergic, consult your doctor for treatment options.

Cedars release pollen in excess because this plant is wind-pollinated. Wind pollination is a strategy used by some plant species, and in this case, produce copious amounts of pollen in their cones, then send it blowing into the sky for cross-pollination.

Nights can be the worst for cedar fever allergies. After a night of intense pollen release, careful observers can sometimes see the pollen releasing into the early morning hour at first light when the sun's rays help illuminate this amazing natural phenomenon. Though it is windy sometimes during morning hours, it does not have to be windy to see pollen releasing from a tree.

Indeed, local firefighters acknowledge that citizens sometimes report false alarm fires because they see smoke, which isn't smoke at all, but rather cedar pollen floating and settling in canyons.

Though our weather varies, high wind days result in elevated pollen counts as it travels many miles. Fort Hood is situated in the 35 county limestone hill country region that makes up most of this cedar's entire Texas distribution.

Clarification: Our cedar is not really a cedar at all like red cedars grown as timber and used

to make lumber and fence pickets. Our cedar is actually a juniper.

Though it is referred to as cedar by almost every Texan, our cedar's official common name is Ashe juniper (*Juniperus asheii*). The species is native and well-distributed at Fort Hood plus the surrounding area. The trees are either male or female. Males bear the amber pollen fronds that cause the allergy problems. Females produce the blueberry cones which are fertilized by the pollen. Then the blueish cones are consumed and spread by birds and wildlife to start new plants.

From a distance, you can see the amber-green contrast in dense closed-canopy stands, especially those at BLORA.

Closed-canopy woodlands are old-growth, late-succession and mature. When protected, some stands exceed 100 years old. These time-tested woodlands give rise to quality habitat for wildlife, but also provide an important part of a varied native plant landscape and ecosystem needed for sustained, realistic, and effective military training.

Juniper or cedar pollen does not have a smell. Thus, it should not be confused with the fragrant smell of a fresh cut specimen. This fragrance is oil resin that does not cause sinus allergies.

Though it has no smell, the settling pollen coats our cars, and other shiny outdoor surfaces this month, prompting the need for more frequent washing.

My knowledge is much more than it was during the 1980s. Experience has taught me to take allergy meds and stay indoors more often during January. If you are allergic to cedar pollen, you should too.

Working dogs meets students at school

BY ERIC FRANKLIN
Fort Hood Public Affairs

Killeen Independent School District partnered with the Fort Hood Directorate of Emergency Services and several other agencies for the community for their annual safety week, Jan. 9-13, which aims to educate students on a variety of safe practices.

"We've always been big on building relationships with our kids and our staff and our parents because that just helps you to increase the security and safety of our campus," says Chief Ralph Disher, Killeen ISD Police Chief.

The school district is different than most; it not only has schools in the neighboring community, it also has eight schools on Fort Hood, including Clear Creek Elementary School.

During the two safety presentations Friday afternoon, students from the elementary school had a chance to meet Rambo and Teddy and their Military Working Dog handlers, Sgt. David Smith and Sgt. Miguel Martinez, 720th Military Police Battalion, 89th Military Police Brigade.

"For us to be able to come out to the community and put on a demonstration for them and for them to have such excitement and joy for it puts a smile on our face," Smith explained. "It's not just for us, but really like we'd love to show what our dogs are capable of and to show their amazing capabilities."

MWD are trained in narcotics detection and apprehension, and Rambo and Teddy are also tracking dogs and can help track down someone who is lost or "help catch



Photo by Eric Franklin, Fort Hood Public Affairs

Sgt. David Smith and Sgt. Miguel Martinez, 720th MP Bn., 89th MP Bde., show students a suspect take down during the district annual safety week at Clear Creek Elementary School.

the bad guys," Martinez shared.

The K9 officer runs between 30 and 40 miles per hour and can follow someone's scent for miles.

During the safety presentations, the students had a chance to see how a K9 team would stop someone trying to run from them or track a missing person.

"Whether it be a bad guy, or whether it's one of your guys who's lost on your bike, our dogs can find you," Smith said.

During the event, students asked questions about what work looks like at a military police station. More important-

ly, students wondered where Rambo and Teddy slept and about their favorite treats. Although the four-legged officers were very watchful and looked at all the kids, they didn't have much to say. Smith and Martinez spoke about their furry partners' behavior, telling students that they live in a kennel with other dogs, and they love their black rubber ball for completing a mission.

The school district hopes to give students of all ages more information on when to call 911, being aware of their surroundings and knowing how to react in unsafe situations.



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Port operations showcase joint force interoperability

BY ELEANOR PROHASKA

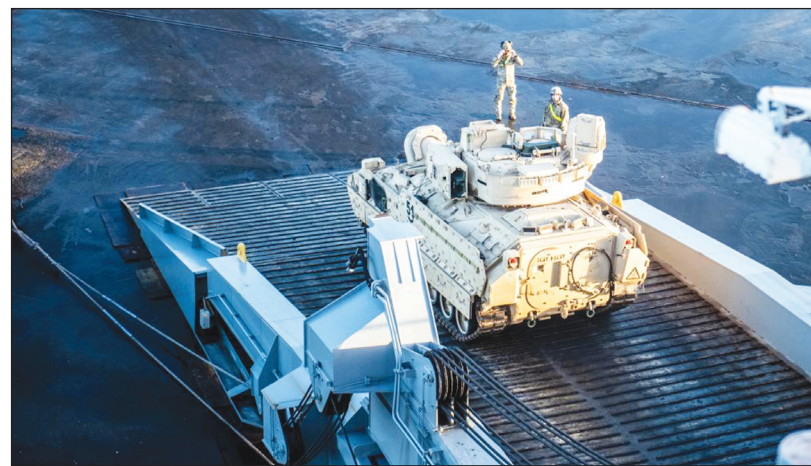
21st Theater Sustainment Command

VLISSINGEN, Netherlands — The USNS Mendonca delivered more than 1,200 vehicles and pieces of equipment, including M1 Abrams main battle tanks, Bradley infantry fighting vehicles and a range of wheeled vehicles belonging to the 2nd Armored Brigade Combat Team, 1st Cavalry Division, deployed to Europe, this week at the port in Vlissingen, Netherlands.

The 2nd ABCT, stationed in Fort Hood, Texas, replaces the 3rd Armored Brigade Combat Team, 1st Cavalry Division, as part of a regular rotation of forces to support the United States' commitment to Atlantic Resolve. Additional equipment is scheduled to arrive during the coming weeks at ports in Aarhus, Denmark, and Riga, Latvia, for onward movement to Eastern Europe.

"We appreciate the Netherlands' strong dedication to enhancing military mobility," said 21st Theater Sustainment Command Commanding General Maj. Gen. James Smith. "A strong NATO ally with excellent port facilities and infrastructure, today's operation once again demonstrates our ability, with host nation support, to rapidly deploy equipment and personnel into and across the European continent."

Soldiers from 21st TSC's 260th Movement Control Team, in coordination with the 598th Surface Deployment and Distribution Command, hosted nation support and commercial organizations



Photos by Staff Sgt. Daniel Yeadon, 16th Sustainment Brigade

Soldiers from the 16th Sustainment Brigade assigned to the 260th Movement Control Team assist the 838th Transportation Battalion Surface Deployment and Distribution Command (SDDC) as they transport, offload and process over 1,250 equipment items assigned to the 2nd ABCT, 1st Cav. Div., at the port of Vlissingen, Netherlands, on Jan. 11.

and discharged the vehicles and equipment, efficiently executing its reception, staging and onward movement.

According to 260th MCT Commander Capt. Karl Bliven, Vlissingen's facilities and the Netherlands' infrastructure make it possible to rapidly download an entire brigade's worth of equipment and quickly stage it for transport throughout the European theater. The Army's use of cutting-edge technology enhances safety, speed and in-transit visibility.

"Once the vehicle gets offloaded from the ship, we as an MCT use what is called a DRAM (Distribution Retrograde Adaptive Planning and Execution Management) tablet to scan the military shipping labels on these vehicles," said Bliven. "This will ensure that we know all the information relating to the

vehicle and that it gets on the correct truck, barge or train to get to the final location.

"It's important that we do this smoothly and safely to allow for the equipment to arrive ready, in terms of maintenance and in the most efficient way possible."

Dutch Sea Port of Debarkation Commander, Lt. Col. Peter van Dorst, said experience working with the U.S. Army at Vlissingen is paying dividends, as this is the fourth time the port has supported an Atlantic Resolve rotation.

"As a representative of the 13th Light Brigade from the Netherlands, we enjoy working together," said van Dorst. "Cooperation with (598th) SDDC, 21st TSC and members of the 2nd Armored Combat Brigade is going very well. The Dutch military are already showing their experience in an

operation like this and it is going better each time."

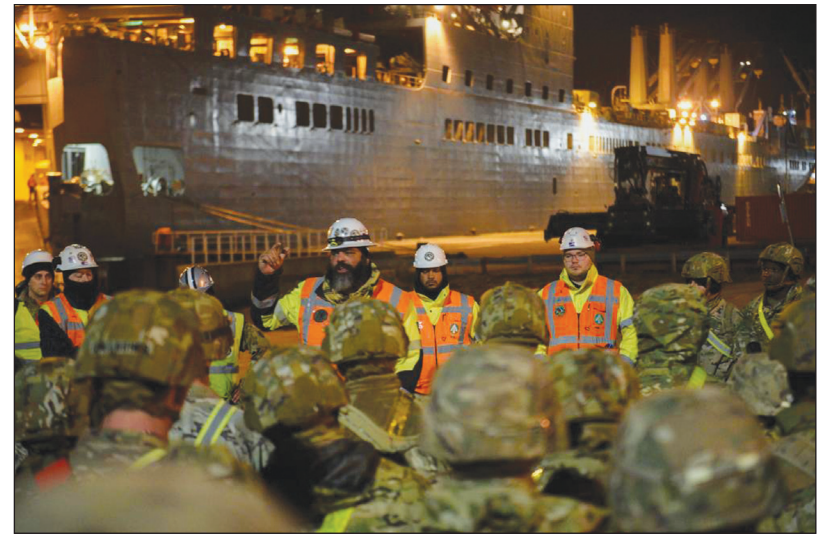
598th SDDC Commander Col. Robert Kellam said the Vlissingen port operation was an opportunity to exercise multiple capabilities. "We're building partnerships with the Dutch military, working with our partner organizations like 21st TSC and the 16th sustainment brigade ... to get all of the equipment on multiple modes of transportation, as well as establishing the LSA (logistics support area)."

The Vlissingen port operation also demonstrated U.S. joint forces providing proactive and scalable options for priority missions. The USNS Mendonca is a U.S. Navy Military Sealift Command asset in support of DoD sealift missions worldwide.

The 2nd ABCT "Black Jack Brigade" will fall under the command of U.S. Army V Corps. Also known

as "Victory Corps," V Corps is America's forward deployed corps in Europe and works alongside NATO Allies and regional security partners to provide combat-ready forces, execute joint and multinational training exercises, and retain command and control for all rotational and assigned units in the European theater.

Since April 2014, U.S. Army Europe and Africa has led the Department of Defense's Atlantic Resolve land efforts by bringing units based in the U.S. to Europe on a rotational basis. Deployed units are ready, combat-capable forces able to conduct extensive bilateral, joint, and multilateral training throughout its deployments to more than a dozen countries in Europe. Moreover, Atlantic Resolve enables the U.S. to enhance deterrence, increase readiness and support NATO.



2nd ABCT, 1st Cav. Div., will go throughout Europe to support Atlantic Resolve and includes M-1 Abrams tanks and Bradley infantry fighting vehicles.

Dining Facility Operations Schedule January 2022

Legend: **OPEN (Breakfast, Lunch & Dinner)** | **OPEN (Holiday, Weekend)** | **OPEN (Breakfast & Lunch only) / CLOSED (Dinner)** | **CLOSED** | **HOLIDAY (HOURS BELOW)**

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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Breakfast: 7:30-9 a.m. Monday-Friday (WKND, HOL): 9:30 a.m.-11 a.m.
Lunch: 11:30 a.m.-1 p.m. Monday-Friday (WKND, HOL): 11:30 a.m.-1 p.m.
Dinner: 5-6:30 p.m. Monday-Friday (WKND, HOL): 5-6:30 p.m.
BDE Food Service/MSG Chambers: 286-5004 DFAC/SFC Johnson: 618-8914

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29	30	31				

Breakfast: 5:30-8:30 a.m. Sunday-Saturday
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W01 Synder or MSG Warren: 285-6928 Flex feeding available

NORTH FORT HOOD Building #56447

SUN	MON	TUES	WEDS	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Breakfast: 6:30-8:30 a.m. Sunday-Saturday
Lunch: 11:30 a.m.-1:30 p.m. Sunday-Saturday
Dinner: 5-7:30 p.m. Sunday-Saturday
DFAC/Ms. Holton: 288-9089

BLACK JACK Building #34002
Old Ironsides Ave. & Pyongyang Dr.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Breakfast: 7:30-9 a.m. Monday-Friday (WKND, HOL): 9:30-11 a.m.
Lunch: 11:30 a.m.-1 p.m. Monday-Friday (WKND, HOL): 11:30 a.m.-1 p.m.
Dinner: 5-6:30 p.m. Monday-Thursday, 4-5:30 p.m. Friday (WKND, HOL): 5-6:30 p.m.
CW2 Sturdivant: 931-378-3681 DFAC Mgr.: 254-813-1791

THEODORE ROOSEVELT Building #9205
Battalion & 21st St.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Breakfast: 7:30-9 a.m. Monday-Friday (WKND, HOL): 9:30 a.m.-11 a.m.
Lunch: 11:30 a.m.-1 p.m. Monday-Friday (WKND, HOL): 11:30 a.m.-1 p.m.
Dinner: 5-6:30 p.m. Monday-Thursday, 4-5:30 p.m. Friday (WKND, HOL): 4-5:30 p.m.
BDE Food Service/W01 Bowers: 286-6853 DFAC/SFC Virostek: 288-2292

OPERATION IRAQI FREEDOM Building #21020
Battalion & 58th St.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Breakfast: 7:30-9 a.m. Monday-Friday (WKND, HOL): 9:30-11 a.m.
Lunch: 11:30-1 p.m. Monday-Friday (WKND, HOL): 11:30 a.m.-1 p.m.
Dinner: 5-6:30 p.m. Monday-Thursday, 4-5:30 p.m. Friday (WKND, HOL): 5-6:30 p.m.
BDE Food Service/W01 Arroyo: 286-6603 or DFAC SFC Maciel: 287-8930

ALWAYS READY Building #91226
HQ Ave., West Fort Hood

SUN	MON	TUES	WEDS	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Breakfast: 7:30-9 a.m. Monday-Friday (WKND, HOL): 9:30-11 a.m.
Lunch: 11:30-1 p.m. Monday-Friday (WKND, HOL): 11:30 a.m.-1 p.m.
Dinner: 5-6:30 p.m. Monday-Thursday, 4-5:30 p.m. Friday (WKND, HOL): 4-5:30 p.m.
BDE Food Service/MSG Perry or DFAC/SFC Miller: 288-2143

CULINARY OUTPOST KIOSK Building #34002 Old Ironside
and 75th St. Fort Hood

SUN	MON	TUES	WEDS	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Breakfast: 8-11 a.m. Monday-Friday (WKND, HOL): 9-11 a.m.
Lunch: 11:01-3 p.m. Monday-Friday (WKND, HOL): 11:01 a.m.-3 p.m.
Dinner: 3:01-8 p.m. Monday-Friday (WKND, HOL): 3:01-6 p.m.
BDE Food Service/W01 Wallace: 289-0063 or DFAC SGT Kraat: 912-655-2007

CULINARY OUTPOST FOOD TRUCK Support Ave.
and 62nd St.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Breakfast: 7:30-9 a.m. Monday-Friday
Lunch: 11:30-1 p.m. Monday-Friday
Dinner: Closed
Food Advisor/W01 Ayala/CE: 910-574-7102 or NCOIC: SFC Santos/ CE 804-299-6292

Installation Food Service: 287-6595 | III Corps Food Service: 287-0573 | Division Food Service: 287-3134

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PRESS 1



Photos by Staff Sgt. Yesenia Barajas, III Armored Corps Public Affairs

Sgt. 1st Class Heron Perez, reserve component career counselor for 1st Cav. Div., introduces himself to the members of the board during the III Armored Corps Career Counselor of the Year Competition Jan. 11. Perez shared his passion for his career and he said he sees himself retiring and starting his own transportation business in the future.

Counselor: Work pays off

Continued from A1

Armored Corps' units. The competition's non-commissioned officer in charge, Sgt. 1st Class Alisa Licata, III Armored Corps Headquarters, explained the importance of the Corps' outlying units traveling to compete.

"We talk to them on a daily basis, whether it be by phone or on a computer, but that's the only way we know them," Licata said. "When they come, we get to meet each other essentially."

The sound of pens scratching against paper marked the beginning of the second event. The demanding written exam consisted of 50 questions.

When reflecting on the exam, competition winner Kearsley shared why it was the most difficult event.

"The written exam was very in-depth; it had a lot of challenging questions that to answer correctly, you really had to study," Kearsley said.

In spite of this sentiment, out of all the competitors, Kearsley's written exam scored the highest. As the final event com-

menced, well-dressed competitors, adorned in their formal uniform, awaited their turn to enter the board room.

Kearsley's senior leader, Sgt. 1st Class Brian Blackmore, 1st Bn., 6th Infantry Regt., 2nd BCT, 1st Armored Div., shared the secret to Kearsley's win.

"It's his desire to want to study and look into things," Blackmore said. "When we were preparing for strategic level questions, he likes to think outside the box and is extremely passionate about his job."

Applause erupted from the atrium as Kearsley was officially named III Armored Corps' Active Component Career Counselor of the Year for 2023.

"When I get selected for something like this," Kearsley said, "it just makes me feel like all the extra hard work does pay off. It's not just for me, it's for my unit and my Soldiers."

Following this victory, Kearsley and Perez will represent III Armored Corps in the United States Army Forces Command competition in early February.



Staff Sgt. Morgan Alexander, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, Fort Riley, Kansas, answers questions during the board appearance.

Veteran: Honor past service

Continued from A1

formally presented his awards for his service and gallantry during combat.

Upon hearing the story, Fort Hood leadership stepped in to change that.

The Bronze Star Medal with Valor was presented to Footman for distinguishing himself with outstanding meritorious service in connection with ground operations against a hostile force on July 15, 1970, in the Republic of Vietnam.

"I feel really great right now," Footman said following the ceremony. "This was a great ceremony, a great event and something that I wanted for longer than I thought."

The ceremony was hosted by U.S. Army Garrison-Fort Hood Commander Col. Chad R. Foster. The awards were presented by Bernabe.

Footman is a native of Tallahassee, Florida. He was drafted

into the Army in June 1967 as an infantryman and served as a cavalry scout throughout the remainder of his military career.

Footman's assignments included serving in Germany, Vietnam and various U.S. stations. He retired in July 1987 at Fort Benning, Georgia.

"Military service relates to the past," Foster shared. "We stand on the shoulders of those military families that served in the past."

Retired Sergeant Maj. Joe Gainey, the first senior enlisted advisor to the Chairman of the Joint Chiefs of staff, was also in attendance and echoed Foster's sentiment after the ceremony.

"When they handed him that Purple Heart and that Bronze Star, it let me know for a fact that this general, and his command, cares about his troops," Gainey said. "I know that because he showed us that he takes care of his people whether they're former or currently serving Soldiers."



Photo by Staff Sgt. Evan Ruchotzke, III Armored Corps Public Affairs

Members of the audience applaud Sgt. James Footman as he is presented a Purple Heart and Bronze Star with V-Device for his service in the Vietnam War. Footman has been honorably retired from the Army for 33 years.

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Photo by Janecze Wright, Sentinel News Editor

Soldiers in the BOSS program pose in front of the "Killeen" sign in downtown Killeen Jan. 11. The group partnered with the City of Killeen to clean up the area and make it a place everyone wants to visit.

BOSS: Soldiers give back

Continued from A1

area is rich with history. It is the first registered mid-century modern historic district in the state of Texas, and the "King" himself, Elvis Presley, once called the area home.

"Our historic district is truly the heart of Killeen. It's where our city started back in the 1800s and when a lot of these buildings were built up to the 1950s and it's important for us to preserve it. A lot of our culture is in these walls, our memories are in these walls and to make sure that this area is brought along to the future is important," Kizito expressed. "The historic district is just steps away from the Rancier gate and I think it's so important that Soldiers feel at home when they come down here, that they know there's great restaurants, great places to go on the weekend to hang out, fun places for their families to visit. So, it's important for us to get the BOSS program down here so

that way they feel a part of this community and that we show to Fort Hood that partnership that we all want," she said.

Soldiers equipped with trash pickers and large black trash bags picked up litter on Avenue D, from Fourth Street down to 10th Street and surrounding blocks.

Though only a handful of Soldiers were scheduled to participate, nearly 40 were on hand to support the efforts. Cpl. Jasmine Tcha, Fort Hood BOSS vice president, was grateful for the turnout and excited to give back to the community.

"Killeen is our city too," Tcha declared. She explained that it's great to give Soldiers a break and let them see their city and get out and socialize with other soldiers who want to volunteer.

"More than half the Soldiers that are here today haven't even seen the downtown Killeen area and that there's more to do," Tcha said. "We want to let them know that we care and the city cares about us as well as Soldiers."

The city council recently started a downtown advisory committee and extended an invitation to the BOSS program "to partner together and ensure downtown Killeen is a place where everyone in our community wants to be," Kizito said.

Clean-up efforts are scheduled monthly, and Tcha and Kizito are both excited for the BOSS program to be part of the revitalization efforts going forward.

Cpl. Kandice Harmon, BOSS unit representative, was excited to be part of the volunteer efforts to clean up the community and has no problem rolling up her sleeves.

"Volunteering is a big part of a Soldier's life but it's also a big part of personal life as well," she said. "There's so much to do to give back to the community, and if it's just offering a little bit of your time out of your day to do something such as beautification and picking up trash, then there's no reason why we can't get out of bed, get dressed and get out here and get some work done."

Soldier honored for his recruiting efforts

BY STAFF SGT. EVAN RUCHOTZKE

III Armored Corps Public Affairs

A Soldier with the III Armored Corps National Guard and Reserve Component Career Counselor team earned recognition for his work as the nation's top Army Reserve Drill Sergeant Career Counselor during a ceremony at Fort Hood, Jan. 9.

Sgt. 1st Class Louis Bravo received a Meritorious Service Medal and a commemorative trophy from Brig. Gen. Jeff Farris, the deputy commanding general of the 108th Training Command (Initial Entry Program), for his work in recruiting the most transitioning active-duty Soldiers into the Army Reserve Drill Sergeant ranks.

"It's great to be here to recognize a Soldier who has done a magnificent job," Farris said, who flew in to recognize Bravo and visit with the retention team.

Bravo transitioned 24 reserve component drill sergeants, which led him to be named the most prolific drill-sergeant career counselor in the entire Army. He beat out his nearest competitor by 10.

The office he works for serves a unique role in the III Armored Corps, as it gives Soldiers transitioning from the active-duty component a chance to continue serving in the Army Reserve or Army National Guard. For certain Soldiers with the interest, they can attend the Drill Sergeant Academy and Basic Leader's Course after leaving the

Army's active component. That's where Bravo's work comes in, as the Army Reserve employs a larger number of drill sergeants than the active component and offers a flexible schedule to accommodate a variety of lifestyles.

"It advances the Soldier's career, it saves the Army money and it retains talent," Bravo said. "Everybody wins in this situation."

Bravo said his adherence to the Army Values was critical to his success.

"What I offer is honesty," Bravo said. "I don't sugar coat it, and I don't try to sell this program. The benefits speak

for themselves. What I offer is an opportunity, and whether a Soldier takes it is up to them."

The award is part of a broader trend at Fort Hood that saw a rise in active-duty Soldiers transitioning into the Army Reserve and Army National Guard, making Fort Hood one of the leading installations in the Department of Defense. Soldiers qualifying for the Drill Sergeant program will receive a seat in the Basic Leader's Course, as well as accommodation, to the best of the Army Reserve's ability, in placement for duty assignment. The Army Reserve Drill Sergeant program is open to all Military Occupational Specialties for Soldiers in the grade E-4 to E-7 within 180 days of their Expiration Term of Service date. Those interested can visit the III Armored Corps Army Reserve and National Guard Career Counselor Office at building 3201 on post, or call or text 760-255-6618.



Photo by Staff Sgt. Evan Ruchotzke

Retired Master Sgt. April Bravo poses with her husband, Sgt. 1st Class Louis Bravo, after he received a Meritorious Service Medal at a ceremony Jan. 9.

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Living

SECTION B

Football.....B2

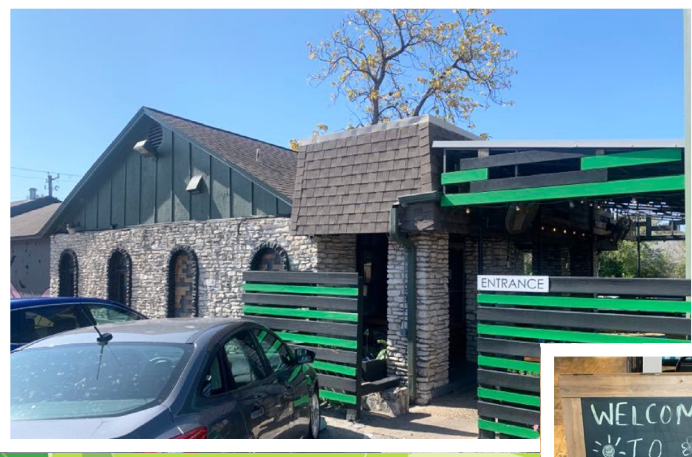
Spinning.....B3

Health Works.....B5



Thursday, January 19, 2023

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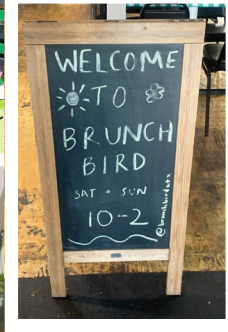
Photos by Chris Hawkes, Sentinel Design Editor



Photo by Navina Bhatkar, Sentinel contributor



Photo by Chris Hawkes, Sentinel Design Editor



Photos by Chris Hawkes, Sentinel Design Editor

LEFT, Brunch Bird has become one of our traditional stops now after my girlfriend, Navina Bhatkar, introduced me to their vegan bacon. **ABOVE**, Meanwhile Brewery Company seems much more of a family place because of a large outdoor area, including a pretty solid playground for kids.



Photo by Chris Hawkes, Sentinel Design Editor

TOP, Navina continues her tradition of snapping photos of me taking photos before we make our way into Meanwhile Brewery Company. **ABOVE**, After visiting Brunch Bird (for the second time in a week), my girlfriend and I made a pit stop at Zilker Brewing Company, a relatively short walk away.

Brunch & Brewery tour

BY CHRIS HAWKES
Sentinel Design Editor

AUSTIN — When my girlfriend, Navina Bhatkar, lived up in Colorado, she loved going to brunch on the weekends. For the longest time, she wanted to have a full brunch experience, but now, living in Austin, she faced the Texas-sized dilemma we all struggle with — bumper-to-bumper traffic. Despite one's best efforts, there never seems a good time to venture out because everyone is everywhere.

Brunch and vegan bacon

So, once things got mostly back to normal after the holidays, I made it clear that we would alleviate her brunch fixation. Of course, the first place we drove to was so packed that we couldn't even find a parking spot. So, we went to the next place on her list, Brunch Bird, closer to downtown Austin. After nabbing a parking spot pretty close to the diner, we headed in to a moderate line. We got there pretty late and business seemed booming inside. We only waited a few minutes, and since I hadn't had French toast in an eternity, I went with that. Navina, on the other hand, ordered a bit of everything: pancakes, eggs, bacon, sausage and potatoes. I didn't realize it at first, but the entire menu consists of strictly vegan items. Per my girlfriend's description, I "scarfed" my French toast down immediately. Navina, either feeling extremely nice or thinking I might still want

more food, offered me some of her vegan bacon. Because of diet issues, I haven't really eaten bacon in a long time, maybe months or years. So, she seemed quite bewildered when I started lauding the taste. I praised it all day and through the week and started to crave it more and more. So, with very little persuasion, she agreed to go back to Brunch Bird with me next week so I could get my own helping of vegan bacon. Satisfied and full, we both needed to walk and roam around after both helpings. As a result, we decided to check out some nearby breweries.

Meanwhile Brewing Company

Spontaneously, when we finished our first outing at Brunch Bird, Navina changed her plans and asked if we could go to a brewery she heard about a few miles away. I think she wanted to explore the place because she heard about a particular coffee drink. So within a matter of minutes, we found a parking spot and took a really long walk to Meanwhile Brewing Company. Soon, Navina had her new coffee and we found a place to sit down. Clearly, this brewery catered much more to families and kids in the large outdoor area outside. A massive playground invited kids to play, food trucks offered meals to hungry patrons, and plenty of TV screens allowed sports fans to tune into the game. The brewery always seemed busy, lines required long wait times and both Navina and I spent much of



Photo by Chris Hawkes, Sentinel Design Editor

Patrons line up to order drinks inside Zilker Brewing Company. Although the lines seem long, we never had to wait very long to get orders.

our time saving seats. If we got up they would be gone or occupied within minutes. Despite how chaotic things got, I'd still recommend this for large families or groups. After the game started, most of the crowds cleared out, so I think we might have just gone at a peak time.

Zilker Brewing Company

My girlfriend and I often frequent a particular pizza place called Aviator Pizza in Austin. Sometimes, she orders a drink from Zilker Brewing Company, which she really enjoys. On our second trip to Brunch Bird, I conducted preliminary research and discovered we could literally walk to the Zilker brewery after Brunch Bird. After fighting typical game day traffic, we ended up just parking close to Brunch Bird. We only had to walk a few blocks and got to see how they

reinvigorated this portion of downtown Austin on the way over there. Zilker provided a much more intimate experience than Meanwhile. More young professionals, singles and football fans frequented this spot. We could really sit back, relax and do a bit of people-watching. Despite a line forming inside, we never waited long for orders. Staff members acted friendly, offered advice and worked very efficiently. Overall, the atmosphere felt very laid-back and welcoming in a very nice spot in Austin.

Jester King Brewery

Following Zilker, we stopped by World Market, and then took a short detour to Jester King Brewery. A handful of people frequented the venue and after a few minutes, I could see why. One of the staff members made snarky remarks, which just felt rude.

Their menu had very few food options. The vibe seemed way off from previous visits. I used to enjoy this place, but it seems to have gone completely downhill.

Turning Point Brewery

For Thanksgiving, my brother Greg discovered a brewery near my parents when he visited them for the holiday. Since then, he raved about the awesomeness of Turning Point Brewery. Minutes from the place we used to get our haircut as kids, he made it seem like some sort of hidden gem. Recently, Navina and I finally got to take the drive up north to visit my parents for the holidays and celebrate my mom's birthday. I suggested checking the place out with my other brother Matt and his wife on Saturday night, but we were unable to go.

After packing everything up and heading out, Navina astonished me by suggesting we stop there before heading back. Before I could answer, she already had the brewery on the phone clarifying some details. So, we investigated this brewery and soon agreed with my brother Greg. The staff seemed very helpful, energetic and friendly as they answered whatever questions we had. What we expected to be a few minutes turned into a few enjoyable hours and eventually, we headed back to Killeen. Of all the breweries we toured, we liked Turning Point the most. At least we know one of the mandatory stops to visit the next time we head up to Dallas-Fort Worth.



Photo by Chris Hawkes, Sentinel Design Editor

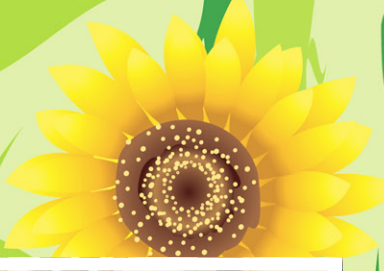
LEFT, Zilker Brewing Company feels like a revitalized area of downtown Austin. The setting offers a nice place to chill out or people watch before a football game or day out. **ABOVE**, Turning Point Beer, a brewery in Bedford, located between Fort Worth and Dallas, impressed my girlfriend so much that I'm positive it's now her favorite brewery in Texas. **RIGHT**, Stacked barrels highlight some of the flavors used in Turning Point Beer's brews.



Photo by Navina Bhatkar, Sentinel contributor



Photo by Navina Bhatkar, Sentinel contributor



Donation is touchdown for Fort Hood

BY SAMANTHA HARMS
Sentinel Editor

A piece of Fort Hood history was donated to the installation on Jan. 9 by retired Brig. Gen. Bill Weber.

This donation came in the form of a scrapbook, which belonged to and was put together by retired Lt. Col. Robert E. Weber, Bill's father. The scrapbook was originally created as a keepsake of the Fort Hood Tankers, the installation's football team in the 1950s and 60s, and to tell the story of what Robert accomplished as the coach in 1959.

The scrapbook is now a valuable piece which helps to tell the installation's history.

"This donation contributes to our ability to remain connected to our installation's history. So many have come before us and served our nation with distinction right here at the Great Place. But it has always been important to not just work hard but also to play hard," shared Col. Chad R. Foster, commander, U.S. Army Garrison - Fort Hood. "The 'Fort Hood Tankers' are a fantastic example of how the Soldiers of the past did so. I am personally grateful to retired Brig. Gen. Weber and his family for this piece of Fort Hood history."

The Fort Hood Tankers football team was announced in the Armored Sentinel, the name of the



Col. Chad R. Foster, commander, U.S. Army Garrison - Fort Hood, and retired Brig. Gen. Bill Weber pose with the scrapbook Jan. 9. The scrapbook was originally created as a keepsake of the Fort Hood Tankers.

installation's newspaper at the time, July 9, 1953. That season opened on Sept. 19 and featured a 10-game schedule, including all major Army bases in the area and one college.

It was the first time since the onset of the Korean War, which began in 1950, that Fort Hood had an installation team. During the war, Fort Hood only offered intramural football.

That first season, the Fort Hood

Tankers finished fourth in the final standings of the Fourth Army Football league with a record of 1-3-4.

The coaching staff and players were all on detached service to the Division Trains Headquarters to participate on the team. Overall, there were 46 players and coaches, who came from a variety of units within 1st Armored Division, including, but not limited to, the 47th Armored Medical Battalion,

702nd Armored Infantry Battalion and 317th Tank Battalion.

Robert was assigned from 1959-1960 to the 13th Tank Regiment, 1st Armored Div., when the Division was stationed at Fort Hood. He commanded Headquarters and Headquarters Company, 13th Tank Regt., for a short time before he was assigned as the head football coach for the Fort Hood Tankers in August 1959.

"This was an era when the Army and Air Force fielded teams in the major sports and competed against other major installations and/or Divisions. He had previously been an assistant coach for the Supreme Headquarters, Allied Powers Europe team in Paris from 1955-1958," Bill shared. "The Army had these programs until the late 1960's when it ended because it could no longer be justified in terms of money spent, Soldier injuries and taking Soldiers away from what they should have been doing."

Today, Soldiers can get involved in sports through All-Army Sports - which Soldiers from active duty, reserve and National Guard compete in a variety of sports at the highest levels, to include Armed Forces, USA Nationals and Military World Games, limited varsity sports and intramurals found on the installation, conducted year-round.

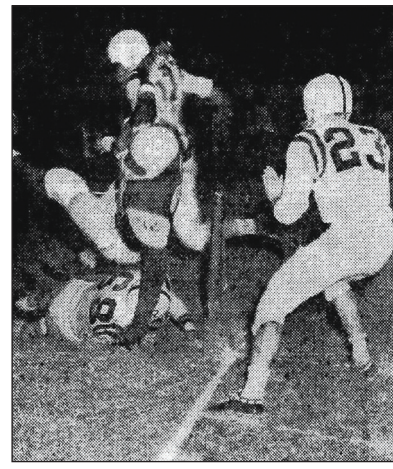


Photo by James Robinson, Armored Sentinel
John Fort, (32) Tanker fullback is knocked out of bounds on the Abilene Christian College one-yard line by Glen Willingham (68). Fort Hood won the game 29-14.

"It's part of our culture. It's important for organizations if you want to have a team building opportunity for organizations, we look at something that generates teamwork," Bill shared. "Athletics is that for a lot of installations, and All-Army teams and that sort of stuff. It also gives an outlet for the Soldiers in this case to vent their frustrations and to turn their attention somewhere else besides what they're doing and relax a bit."

Overall, the Fort Hood Tankers did have a winning season the year that Robert coached them, closing out the season with a 6-4-2 record.

Prior to the beginning of the season, Robert shared this with the Armored Sentinel staff, "With a few breaks I think we can do a good job of representing Fort Hood against all comers on the football field this year."

At the moment, it is unclear where the scrapbook will live but it is something that Foster is working hard to sort out.

"We're still working on finalizing a location. One possibility is working with the Mounted Warrior Museum to have it on display to give visitors yet another glimpse into the legacy of Fort Hood. However, we are also considering how our Directorate of Family, Morale, Welfare and Recreation might display it at one of their locations," Foster shared. "In any case, this scrapbook will have a place of honor where Soldiers, family members and anyone else who is interested in the history of Fort Hood can view it."



Courtesy photo

Fort Hood Tankers played against Bolling Air Force Base, Washington, D.C., at the old Hood Stadium. The stadium was located at the time just east of Carl R. Darnall Army Medical Center and was demolished to accommodate the hospital and parking.



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PRESS 1



Photos by Blair Dupre, Sentinel Living Editor

Spin instructor Pat Brown leads the class on the first day back to regular classes on Jan. 9. "Come out and enjoy some amazing music and people at Abrams," Brown said. "I promise you will not regret it."

Many spin enthusiasts made their way to the Abrams Spin Zone behind Abrams Physical Fitness Center Jan. 9. This is the first time since March of 2020 that twice weekly spinning classes are being offered again at Fort Hood.

Spinning comes back around again

BY BLAIR DUPRE
Sentinel Living Editor

After a long hiatus, twice weekly spinning classes have returned at the Abrams Spin Zone, behind Abrams Physical Fitness Center.

In March of 2020, classes were canceled due to safety concerns during the pandemic. Once it was safe to do so, there were some themed spinning classes offered occasionally, but now, almost three years later, the regular classes are picking up where they left off.

Many eager spinning enthusiasts attended the first class on Jan. 9, including Sgt. Claudia Mathame and Capt. Rose Njoroge, 7244th Medical Support Unit.

"I have done (spinning) before for a year," Njoroge said. "I'm excited (to be back)."

Many enjoy spinning because it is a workout that has less of a negative impact on different parts of the body, but is still as challenging as more traditional workouts like running.



Capt. Rose Njoroge and Sgt. Claudia Mathame, 7244th Medical Support Unit, focus as the workout becomes more intense at the Abrams Spin Zone Jan. 9.

"I think it's a full body workout. Spin is almost the same as run-

ning, not quite, but pretty close," Njoroge said.

"It's intense but, it's low impact," Mathame said.

To have the spinning class on post is important to Mathame and Njoroge because it's incredibly convenient.

"I feel safe coming out here ... and it's nice because I can be at work and come (straight) here," Njoroge said.

Instructor Pat Brown was excited to see new and familiar faces and feed off of their energy. She puts a lot of thought into the playlists she creates for the class to make sure it is a fun, upbeat environment, and she hopes that more will come to attend the classes in the future.

"Come out and enjoy some amazing music and people at Abrams," Brown said. "I promise you will not regret it."

Classes are on Mondays and Wednesdays from 5:30 to 6:30 p.m. Cost is \$3 at the door per person. For more information visit the Directorate of Family Morale, Welfare and Recreation website <https://hood.armymwr.com/calendar/event/spin-classes/5858646/75800>.

Houses of Worship

FORT HOOD CHAPEL SERVICES



ROMAN CATHOLIC

Sunday Mass, 9 a.m., Spirit of Fort Hood Chapel, www.facebook.com/FtHoodRomanCatholic
Noon Mass, Monday through Friday, noon, Spirit of Fort Hood Chapel
Confession after Mass, or by appointment call 286-6749, Spirit of Fort Hood Chapel

PROTESTANT

A.L.E. (Anglican, Lutheran, Episcopalian), Sunday, 9 a.m., Spiritual Fitness Center, www.facebook.com/Ft-Hood-Liturgical-Chapel-Service
Spanish Protestant, Alcance, Sunday, 1:30 p.m., Spirit of Fort Hood Chapel, www.facebook.com/AlcanceFortHoodTX

GOSPEL CONGREGATION

Gospel Service, Sunday, 11 a.m., Comanche Chapel, www.facebook.com/ComancheChapel

TRADITIONS

Traditions Service, Sunday, 10 a.m., Ironhorse Chapel, www.facebook.com/groups/fhtpwsl
Samoan Traditional Service, 1st and 4th Sunday, 12 p.m., Ironhorse Chapel

CHAPEL NEXT

Contemporary Service, Sunday, 11:15 a.m., Spirit of Fort Hood Chapel, www.facebook.com/

ChapelNextFortHood

OPEN TABLE

All Inclusive Christian Chapel, Sunday, 11 a.m., Memorial Chapel, www.facebook.com/OpenTableChapel

WFH PROTESTANT

Non-Denominational Protestant, Sunday, 10:30 a.m., West Fort Hood Chapel, www.facebook.com/West-Fort-Hood-Chapel

JEWISH

Shabbat Service, Friday, 6 p.m., Spirit of Fort Hood Chapel Annex

MUSLIM

Daily prayers at 1 p.m. and 3:30 p.m. at 13th ESC Chapel
Friday Jummah Prayers at 1:30 p.m. at 13th ESC Chapel

OPEN CIRCLE

Sabbats and Esbats, for dates and service times, call Micholle Morris at 254-368-8553

BUDDHIST

Online only, <https://www.facebook.com/Fort-Hood-Buddhist-Community-584249815010090/>

NORTH FORT HOOD

Sunday at 9 a.m.

ADDITIONAL SERVICES/STUDY

Marriage 101, 1st Wednesday of month, 1 p.m., Family Life Chaplain Training Center. 254-288-1913

Men of Honor, Contact Ken Wooten, 254-466-6254

Protestant Women of the Chapel (PWOC), on summer break until the fall semester, www.facebook.com/FortHoodPWOC

Mothers of Preschoolers (MOPS), www.facebook.com/FortHoodMOPS

Club Beyond-High School, Contact Hope Mango, 412-519-9574

Club Beyond-Middle School, Contact Hope Mango, 412-519-9574

Catholic Women of the Chapel (CWOC), Tuesdays from 9:30-11:30 a.m. at Spirit of Fort Hood Chapel. Facebook: Fort Hood CWOC

Chapel tithes and offerings may be sent to www.armydigitalgiving.com or <https://webtrac.mwr.army.mil/digitalgiving>

(Catholic Women of the Chapel)

Gospel Chapel Children and Youth Services, Children, 3rd and 5th Sunday at 9:45 a.m.; youth, Sunday school in person at 9:45 a.m., Contact Stacy Wilson, 254-288-6549

Catholic Youth Ministry-Crusaders, 8-12 grades, Contact Maria Fuavia, 573-842-8181

Catholic Religious Education-CCE, Wednesday and Sunday, Contact Donna Hilley, 706-392-0144

Church of Jesus Christ of Latter Day Saints, Institute of Religion Classes, Tuesday from 7:30-8:30 p.m. at 13th ESC Chapel, Contact Chap. Unsworth at 210-827-4198 or Seth Porter, 254-681-0112

* Holiday hours and events are posted on the Garrison Chaplain's Facebook page, facebook.com/FortHoodGarrisonChaplainsOffice

If you have any questions or concerns, please contact our Religious Support Operations office at 254-288-6545.

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Nest parasitic birds trapped for cause

BY SCOTT SUMMERS DPW
Natural and Cultural Resources

Early one spring morning, many years ago, somewhere on top of Shell Mount in the West Range of Fort Hood, a female brown-headed cowbird flies into a shin oak shrub. She is returning to the small cup-shaped nest she discovered a few days ago.

With her sharp bill, she impales and discards the four small eggs inside, lays her own egg, then flies off. As she disappears, she vocalizes her harsh chatter call — typical, and one that sounds like a suppressed machine gun.

She has just parasitized a black-capped vireo (BCVI) nest. Scientists call this phenomenon obligate brood parasitism, meaning cowbirds do not nest themselves, but must use other species to raise theirs — 220 host species, to be more exact, are victimized across North America.

The BCVI is a preferred species in central Texas. It is a small songbird (smaller than the cowbird) that was declared endangered in 1987, but now considered recovered since its delisting by the U.S. Fish and Wildlife Service in 2018. The BCVI's entire distribution is in parts of northern Mexico, central and west Texas and central-western Oklahoma.

Fort Hood Natural and Cultural Resources Management Branch employs a team of scientists that monitor the BCVI, led by program manager Virginia Sanders.

"The cowbird trapping was essential to our success in recovering the

black-capped vireo," Sanders stated.

One would think BCVI females would abandon nests once they noticed eggs that aren't theirs. However, they usually do not abandon. Most times, they instinctively accept the foreign egg then fledge a single cowbird at the expense of their own vireos. It happens at the expense of host eggs because cowbird eggs are slightly larger, intercepting relatively more of the host's incubation heat than what the host's eggs receive. Further, the incubation period for cowbird eggs is shorter by a couple days. Parasitism used to happen to nine in ten nests on the installation in the late 1980s. Today, this happens in less than one in ten nests.

How did nest parasitism become a problem? During and after European settlement of North America, settlers altered the landscape, transforming numerous bison, aka buffalo, and many wild grassland habitats into a more modern agriculture landscape with beef cattle and crops to favor human expansion. Cowbirds altered their foraging during and after these landscape changes, trading bison for domestic livestock to acquire insects and seeds stirred up by the large hooved grazers. Hence the name trade from "buffalo bird" to cowbird. Cowbird wintering grounds were also once dominated by open expansive grasslands. Today, many of those former grasslands are now intense croplands used to grow grains to feed people and domestic beef cattle. The landscape is also more fragmented with varying agricultural management plans. Cowbirds exploit these areas too to survive during the non-



Photo by Scott Summers, DPW NCRMB
Brown-headed cowbird trap at Henry Lake roost site, with many male cowbirds foraging outside and some perched on top.

breeding season.

NCRMB began trapping in 1989, and by 1997 they had cowbirds under control. The NCRMB team traps within installation cattle pastures interspersed across the landscape. Between the first surveys and now, the Fort Hood vireo population grew from an estimated 200 to 8,000. Just as important, the vireo recovery was successful because of availability of good habitat.

"Management of the black-capped vireo is quite compatible with military training. The disturbances such as tracked vehicle maneuvers and fires promote new habitat," Sanders said.

Thus coincidentally, the BCVI habitat is maintained by the Army. Shin oak "motts" or patches and other shrub motts are maintained with patchy grass areas in a mosaic pattern that allow sunlight to penetrate to the ground in parts of

the areas. The result is shin oak and other natives with outside mott perimeters that are fully leafed with a closed semi-vertical canopy. Most nests of a vireo tend to be within the height of 3-5 feet up in these shrubs, where they stay concealed because of the dense leafy vegetation.

In addition to the cowbird team, a seasonal biologist crew is dedicated to finding and monitoring the nests of the vireos across six study sites that represent all sides of Fort Hood.

"The field biology team gathers data to determine if the trapping is actually working," Sanders said. "They ambitiously find over 100 nests a year to give us an estimate of population viability that we provide to the USFWS, our regulatory agency partner."

The cowbird biologists run the traps daily to ensure adequate care of the cowbirds held inside. Most are left inside, kept as audio-visual

cues, also known as live decoys, to attract more from the outside. Cowbirds fit through a slot in a drop on the roof of the trap, which works similar to minnow traps. Should too many cowbirds accumulate, the team catches and releases excess males. Males obviously do not lay eggs. Rather, they seek a return to the wilds of the training areas to find other females.

Trapping season begins in late January near large cattail roosts such as those at East, Cantonment B, Henry, and Birdbath lakes. Cowbirds caught at these sites are the redistributed into traps in the West Ranges, East Ranges, and North Fort Hood areas March-May.

By the end of May, all the cowbirds inside are released for the year. By then a large part of the nesting season is completed, and the threat of nest parasitism has waned.

If you see a trap with cowbirds inside, do not tamper with the trap or disturb the birds inside. The water and food inside the cowbird traps are tended to daily. This is federal property. Violations are punishable by Federal Statutes or UCMJ, with monetary fines and up to a felony charge.

The team's goal is not to trap all cowbirds, but to trap enough so that the vireos raise enough of their own young to stay recovered. This self-imposed goal allows the NCRMB to ensure military training is sustained into the future and serves as a model for other military land managers.

For more information about the Endangered Species Program call NCRMB at 254-535-6249.



Photo by Gil Eckrich, DPW NCRMB volunteer



Photo by Gil Eckrich, DPW NCRMB volunteer

ABOVE, A female black-capped vireo feeds a large cowbird nestling in a cup-shaped nest, hanging in a shin oak limb. The shin oak is the most common nest substrate used by vireos. Cowbirds are obligate brood parasites to vireos. **LEFT,** A parasitized nest containing three immaculate vireo eggs and a slightly larger speckled cowbird egg.

Intramural basketball bounces into action



Photo by Blair Dupre, Sentinel Living Editor

Soldiers gathered at Abrams Physical Fitness Center Jan. 11 to kick off the 5v5 Intramural Basketball season. Over 20 teams representing many of the units at Fort Hood are participating

in the season which will go on until March 9. Due to intramural basketball, the Abrams Physical Fitness Center courts will be closed on Mondays and Wednesdays from 6 to 9

p.m. For more information on upcoming intramural sports and other events, visit the Directorate of Family Morale, Welfare and Recreation website at <https://hood.armymwr.com/>.



Health Works



DoD aims to shield warfighters from biological agents

BY DAVID VERGUN

DoD News

WASHINGTON — The Department of Defense is modernizing its approach for developing medical countermeasures to protect warfighters from novel biological agents.

This is made clear in a new document, "Approach for Research, Development and Acquisition of Medical Countermeasures and Test Products," which was recently published by the Office of the Deputy Assistant Secretary of Defense for Chemical and Biological Defense. This office oversees the Department of Defense's Chemical and Biological Defense Program. The CBDP's mission is to anticipate future threats and deliver capabilities that enable the Joint Force to fight and win in CB-contested environments.

The CBDP has always prioritized medical countermeasures, which consist of vaccines, medical tests and drugs. "No matter how good

our boots, suits, gloves and masks perform, there's always going to be the risk that our warfighters don't necessarily have their equipment on when they need it. So having medical countermeasures as an added layer for protection makes sense," Dr. Kevin Wingerd, CBDP's medical director, said.

What has changed is the nature of the threat.

"The convergence of different sciences and technologies is transforming the biological threat landscape," Wingerd said. "In particular, it has created a nearly limitless number of potential threats we must defend against."

This contrasts to the past, when DoD developed medical countermeasures against a defined list of specific threats, typically ones adversaries had already weaponized. But this "one bug, one drug" approach isn't viable in the face of the exponentially larger number of potential threats, including novel ones.

Nor is the Department solely



Photo by Staff Sgt. Christopher Stewart, 3rd Cavalry Regiment

Soldiers assigned to Thunder Squadron, 3rd Cavalry Regiment, respond to a chemical attack during Exercise Rifle Forge at the Fort Hood Training Area Feb. 10, 2022.

focused on deliberate biological threats. In his Biodefense Vision Memo published in November 2021, Secretary of Defense Lloyd J. Austin III directed the Department to be postured against agents that

are naturally occurring as well as those that may have been released accidentally, alongside traditional deliberate ones. The new medical countermeasures approach provides a roadmap to address this more challenging problem set.

According to the document, non-specific medical countermeasures will enable warfighters to remain on the battlefield after being exposed to an agent. After that agent has been identified, rapid development of medical countermeasures that eliminate the specific threat will be given to all warfighters, including those newly entering the battle.

Nonspecific medical countermeasures are broad-spectrum acting and are designed to target a set of similar agents, diseases or symptoms. Nonspecific medical countermeasures are particularly vital for novel agents that have no medical countermeasures. Administering nonspecific medical countermeasures could alleviate symptoms, slow down disease progression and reduce transmission of the agent, allowing troops to remain in the battle with little impairment. While the agent may be suppressed for a given period, a medical countermeasure that targets and eliminates the novel agent is still required.

As Wingerd puts it, "Using non-specific medical countermeasures allows the agent's effects to be mitigated and the warfighter to remain operational and combat ready, while simultaneously allowing for rapid development of specific medical countermeasures that can be used to completely get rid of the agent and protect incoming warfighters."

To rapidly develop narrow-spectrum medical countermeasures, the CBDP will leverage cutting edge technology, including artificial intelligence and machine learning, and establish partnerships with known pharmaceutical manufacturers. The CBDP considers manufacturing capacity a strategic challenge, which the new approach addresses as a goal.

"In a response preparedness posture, we need to invest in unique medical infrastructure designed to rapidly produce new vaccines and drugs, and leverage existing medical infrastructure by adapting them to target new agents quickly," Wingerd explained.

"What COVID has certainly taught us is that if that industrial base isn't present, it doesn't matter how good your ideas are, they're just not going to go anywhere," he added, mentioning that partnerships with the interagency, academia and U.S. allies and partners are also critical.

Besides the U.S. Food and Drug Administration, which is the regulating agency for medical countermeasures, Wingerd mentioned the Biomedical Advanced Research and Development Authority and the White House Office of Science and Technology Policy as key CBDP interagency partners. Pointing to the recently updated National Biodefense Strategy, Wingerd said, "This effort is really a whole of government approach, and the CBDP's new approach aligns with and supports the NBS."

He added that he expects new advances in medical countermeasures to bear fruit beginning as early as next year, with more to follow.



Photo by Sgt. 1st Class Brent C. Powell, 76th Operational Response Command

A Soldier assigned to the 308th Chemical Company, 450th Chemical Battalion, 209th Regional Support Group, 76th Operational Response Command, sprays water on a "contaminated" Black Hawk helicopter during a decontamination operation at Fort McCoy, Wisconsin, Aug. 20, 2019.

Military pharmacists face unique challenges while deployed

BY ROBERT HAMMER

MHS Communications

FALLS CHURCH, Virginia

— Tasked with having to know about hundreds of types of drugs and their interactions, equipment, and much more, pharmacists are vital in keeping warfighters healthy and ensuring that the U.S. military maintains a medically ready force.

Deployed pharmacists face unique challenges, as they don't work in a traditional brick and mortar setting. Rather, they can be on a ship in the middle of the ocean, or in a makeshift building in the Middle East or Africa. The deployed pharmacy workforce may have to take care of warfighters in abnormal situations or locations.

A deployed pharmacist is, "a pharmacist forward, in a hostile environment, supporting a broad range of contingency operations in support of our nation's objectives," said U.S. Army Maj. Lance R. Murphy, chief of ambulatory care pharmacy services at Tripler Army Medical Center, in Honolulu, Hawaii.

Typically, it's the pharmacist's job to screen, package and distribute medication to patients, ensuring they are prescribed the correct dosage to treat their ailment. Yet, while on deployment, it can be much more than that.

"A deployed pharmacist is the primary drug/medication expert for the management, storage and acquisition of pharmaceuticals. Many times, you are the only pharmacist within your area of operation and will be expected to be always available," said Lt. Col. Norman Tuala, deputy chief of



Photo by Senior Airman Cameron Otte

U.S. Air Force Capt. Candace Parker, 332nd Expeditionary Medical Group pharmacist, pours pills into a pill counting machine July 17, 2021, in an undisclosed location somewhere in Southwest Asia. Deployed pharmacists often have to work in areas where supplies may not be readily available.

the department of pharmacy at Tripler Army Medical Center.

Tuala went on to explain that there are four positions for a deployed pharmacist: field hospital pharmacist, division pharmacist, medical logistics pharmacist and theater pharmacy consultant.

He said, "You need to be proficient as an outpatient and inpatient pharmacist; however, you'll need to be more familiar with logistics such as different ordering platforms, forward logistic elements."

Logistics and supply management can be one of the biggest challenges a deployed pharmacist may face, Tuala explained. "My biggest concerns were supply availability, controlled sub-

stance accountability and management of refrigerated items. I didn't always have what I needed, but I was able to pursue available logistics contacts to request what I needed. You cannot operate as you do while you are back in garrison and expect most pharmaceutical orders to arrive next day."

Yet the conditions are manageable if the pharmacist plans ahead.

He also mentioned, "manpower, logistics, formulary changes and varying missions," as some of the biggest challenges while on deployment.

He recalled a time when he was deployed where logistics played a key factor.

"There was an outbreak of

a gastro-intestinal parasite in Kuwait. I was responsible for ordering the medications to treat the infection and side effects. I was able to verify treatment and get the medications, as well as prevention medication, shipped out within two hours and delivered on site within 24 hours," Murphy said.

When deployed, everyone has a different experience, or way, that they prepare.

"Most of the preparation is mental. When preparing for a traditional deployment, brushing up on sterile compounding and critical care are top priority. For my job, it was more 'on the job' training and learning the logistics side of pharmacy and medicine,"

Murphy said. "I managed the U.S. Central Command formulary, ordered and shipped out all of the medications for the theater, developed and updated policies and procedures for the area of responsibility, and served as a clinical subject matter expert."

Sometimes when deployed, a pharmacist might come across certain medications that they might not stock in a typical pharmacy.

"This will depend on the environment, but when I was in Afghanistan, we had snake antivenom, which was something I normally had not stocked within my pharmacy," Tuala said. Murphy also mentioned that he was once responsible for procuring antivenoms to treat snake and scorpion bites, which was unique for him.

While serving on a deployed mission, you must prepare and plan for certain situations that you normally would, like "mass casualty, enemy fire, disrupted logistics channels and evacuations," Murphy said. "My largest concern was making sure units had enough medications and had all their requirements in a timely manner. The last thing I wanted was for a unit to realize they were short on a medication/treatment while they were handling a mass casualty or under fire."

A good understanding of not only one's capabilities, but also those of the pharmacy and staff is important for a successful deployment, Tuala said, "Having a good understanding of your capabilities and the medical support expectations and mission will assist with your strategy to bridge the gap."



Col. Shannon Horne, chief of public affairs, USARC, and Sgt. Maj. Marisol Walker, public affairs sergeant major, USARC, join Army Reserve soldiers with the 143d ESC and 451st ESC Dec. 14, 2022. Soldiers participated in a public affairs forum before deploying to the Middle East. The forum focused on the career field and the necessary steps to the rear focus on a 46 series.

USARC leadership visit deploying Soldiers

BY 1ST LT. JANEEN PHELPS
143rd Sustainment Command

Deploying U.S. Army Reserve Soldiers of the 143d Expeditionary Sustainment Command welcomed the Chief of Army Reserve Public Affairs, Col. Shannon Horne, and Army Reserve Public Affairs Sgt. Maj. Marisol Walker Dec. 14, 2022.

The Army Reserve public affairs

team flew in from their headquarters in Fort Bragg, North Carolina, to speak with over thirty Soldiers comprised of unit public affairs representatives and Soldiers interested in learning more about the career field and the necessary steps to become a public affairs officer, public affairs mass communications specialist, combat documentation/production specialist, multimedia illustrator and visual

information equipment operator-maintainer.

Horne began the discussion by urging UPARs "to get out there and tell the Army story." She went on to express her excitement about the role of a public affairs professional in the Army Reserve because each Soldier has a unique background and civilian job that may be different from their military occupation specialty.

Walker discussed the UPARs contributions to deployments. She explained that not every unit has a public affairs officer assigned, however, the Army Public Affairs is currently working on making an additional skill identifier for UPARs because of the importance of the role.

Walker encouraged Soldiers to "be creative and think outside the box" when going out and speaking, and to take photos of Soldiers doing interesting things during their downtime. She explained that if the photo is a great shot and approved to be uploaded to the Defense Visual Information Distribution Service, "you never know where that photo is going to end up."



Photo by Capt. Katherine Alegado, 143rd Sustainment Command
Sgt. Maj. Marisol Walker, public affairs sergeant major, U.S. Army Reserve Command, answers a question from a Soldier with the 143d Expeditionary Sustainment Command Dec. 14, 2022. Soldiers participate in a public affairs forum before deploying to the Middle East.

"Public Affairs has changed within the last ten years," Horne said, "there are no two days that are the same. It is constantly changing. If you are somebody that likes sitting behind a desk... PA is not for you." She candidly expressed that the field of public affairs is intellectually challenging and the school for all Department of Defense public affairs professionals, Defense Information School, in Fort Meade, Maryland, has rigorous coursework

for enlisted personnel and officers.

Horne and Walker closed out the forum answering questions about Army Reserve retention options, credentialing programs, reclassification and opportunities to provide active-duty operational support all over the world.

Horne said, "If social media, video or photography interests you... you really owe it to yourself and your Army career to think about reclassing to 46 series."



Photo by Sgt. 1st Class Justin Hardin, 143rd Sustainment Command

Col. Stephen Pazak (far left), chief of staff, 143d ESC, and Command Sgt. Maj. Ricardo Saunders (center left), command sergeant major, 143d ESC, pose with Col. Shannon Horne, chief of public affairs, USARC, and Sgt. Maj. Marisol Walker, public affairs sergeant major, USARC Dec. 14, 2022.

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PREMIER CROSSWORD/ By Frank A. Longo

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41 Sun Yat- -de Camp	93 Robert of "The Sopranos"	108 C.S. Lewis lion
42 Travel bags	95 Twin brother of Jacob	109 Foe
43 Nice scent	96 Clear mist from	110 Chevy Tahoe, e.g.
45 Government bigwig	97 Sci-fi writer L. — de Camp	115 Web mag
47 Deer — (street sign)	101 Place to get a mud wrap	118 Grassy tract
	104 To be, in Toulon	119 Spot
	106 Sahara-like	120 Spots
		121 Actress Issa
		122 52-wk. spans
		123 Lav, in Leeds

Buy 1 regular footlong, Get 1 regular footlong FREE with purchase of a drink

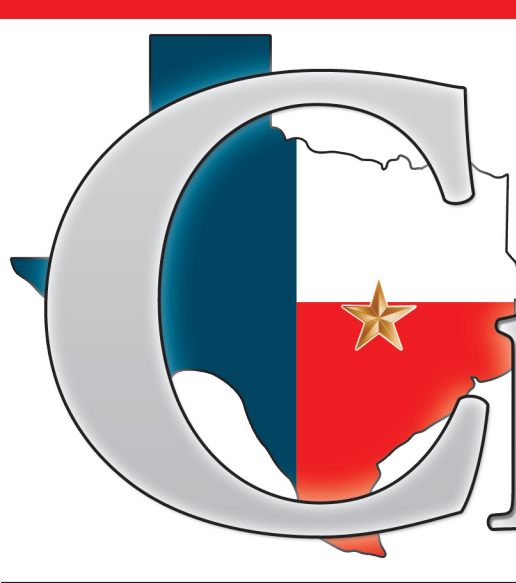
Coupon cannot be combined with any other coupons or discount offers.

Not affiliated with the Fort Hood Location & May Not Be Redeemed at the Fort Hood Location.

Good at Killeen, Copperas Cove and Harker Heights locations.

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#2,125 Average time of solution: 67 minutes



Fort Hood Classifieds

When it comes to **Bigger is Better**... **ATDS TRUCK DRIVING SCHOOL**... **ARMY STRONG**... **ACE**... **I AM an American soldier**... **EFFORT**... **LIVES**

For Classified display advertising, call (254) 634-6666 <http://www.forthoodsentinel.com>

All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on color, race, religion, or national origin, or an intention to make such preference, limitation or discrimination. The Fort Hood SENTINEL will not knowingly accept any advertisement for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

AUTOMOTIVE **AUTOMOTIVE** **EMPLOYMENT** **HOUSEHOLD** **MISCELLANEOUS** **MISCELLANEOUS** **MISCELLANEOUS** **MISCELLANEOUS** **MISCELLANEOUS**

FOR SALE: 2021 Tesla Model Y used is Long Range AWD electric car SUV with good and perfect condition, no accident record, no mechanical fault, very clean like brand new car with warranty valid. Price: \$30,000 USD Contact email: alhmdismal@hotmail.com

FOR SALE: '94 Corvette, \$1600; '67-68 Camaro. Also want to buy sports cars, old records and antiques. (254) 295-6886.

FOR SALE: Cargo area liner mat for 2011-2022 Grand Cherokee WK2 weights 24lbs. like new condition. Asking \$75. (254) 392-3062.

FOR SALE: Rhino Rack Roof Vortex Aero Bars. Never used. They are really well built. I have all of the parts & instructions. Asking \$300 cash. I believe will fit 2011-2022 Grand Cherokee WK2 and may fit other vehicles. (254) 392-3062.

FOR SALE: Black Rhino Warlord Machined Dark Tint Lip Wheel. Set of 4 rim diameter 18"rim width 8" bolt pattern 5-127.0 offset 30 Hub bore size 71.6 weight 45lbs ea, 5 bolts, load capacity 2700lbs. They come in the original boxes & also will come with Bimecc lug nuts and 2 keys. Asking \$800 cash. (254) 392-3062.

FOR SALE: 2003 Acura CL Type-S Coupe. One owner, one of 60 made. 260hp V-6, 6 Spd manual trans, all options. 71,400 miles, excellent condition. \$16,900 OBO. (254) 518-2846.

FOR SALE: 2002 Ford Mustang convertible V6 eng, RWD, auto transmission, AC, leather interior. All original, except brakes and water pump. 179,300 miles. \$7,900

OBO. (254) 518-2846.

FOR SALE: 1977 BMW R100RS, broken fairings, missing lens & rubber shaft. \$4,000 OBO. Gatesville area. (254) 865-2302.

FOR SALE: 2012 Triumph Bonneville T100, like new with extras. \$6,200 OBO. Call (254) 865-2302 or see at 420 Beadle Road, Gatesville. Please call.

FOR SALE: 2012 Honda Goldwing Trike. ONLY 2,247 original miles. Blue/Silver. Includes 2 helmets w/blue tooth comms, gloves, leather pants and cover. Cost \$45,000 new. Asking \$30,000. Excellent condition. 972.689.4774.

FOR SALE: Camero FS06 MRR Wheels \$2,000 MRR Flow Forged Construction 245/40 R20 (tires included), (1) front tire have a nail, 275/35 R20 Gloss Black 5x120 23et 66.9B Gloss Black x 25x120 43et 66.9B Gloss Black x2 Call.(786) 531-9864

EMPLOYMENT: Senior Lady Needs an Honest and dependable Person to take care of her small yard in Killeen. Lawn mower with a grass catcher \$45 each time. (254) 213-1830.

EMPLOYMENT: Senior Lady in Need of a Honest, Mature, Dependable, Responsible Bilingual Hardworking Housekeeper, to come in and help with household clean up twice a month \$10/hr. (254) 213-1830.

EMPLOYMENT: Daycare teachers and teacher assistants with some experience working with children. Must have dependable transportation and a high school diploma or a GED and be able to get a Food Handler Card and CPR and first aid. 254-813-3583 for inquiries

HELP WANTED: RANCH HAND PART TIME, must have experience with horses. North Copperas Cove. Leave Message. (254)-290-2504.

FOR SALE: Military boots, woman's 6w, tan, \$20.00; mans 9.5R, black; \$20.00, Patio swing \$100.00, bathroom chair \$20.00, kids bike helmet \$7.00, swimming aid for small child, \$5.00. Please text 254-220-5264.

FOR SALE: Desk w/filing cabinet, light brown, wooden, lots of storage, approx. 59"x47"x25", \$100. Kitchen table, light brown, wooden w/4 chairs, approx 3'x6"x3"x6"x3", \$150 obo, med. 4 shelf unit, approx 30"x11"x42", dk brown, \$10.00, pics avail upon request. Please text (254) 220-5264.

FOR SALE: Upper & lower boxes full of tools \$1,500 (760) 590-4847.

FOR SALE: Various household/clothing items priced to sell fast! First come, first serve. Refrigerator, antiques, chainsaw, toys etc. Please call (512) 772-6737 for Cove address.

FOR SALE: Standard kitchen table with 6 chairs, wooden, med.brown, great condition,

254-220-5264.

FOR SALE: King or Queen size bed frame wood cherry and metal black with 4 large posts 7 feet height and Metal canopy \$400.00. (254) 289-4933

FOR SALE: Walnut dining room table with extension leaf & 4 chairs \$175.00, \$85 plus VHS Children's movies \$20.00. (512) 540-6179.

FOR SALE: Bed set, five piece fruitwood/maple French provincial, full/double head bored, night stand, five drawer chests, and vanity folding mirror with two drawers. \$450 Call 254-410-7597.

BUY/SELL/TRADE: Sports Cards, records, comic books (254)295-6886.

WE BUY: Old paintings, old books, old jewelry, antique furniture, old cars, trucks, old Indian motorcycles & parts, gold, silver, coins, old bicycles & old militia. Call Albert (254) 661-4377.

WANTED: Gold or silver coins or bars. Will pay above everyone else's buyer prices. Also wanted, used metal T-posts for fencing. Call 512-540-6179.

WANTED: Car or RV Covers. Call 254-289-1702.

PETS

FREE Golden Retriever Puppies to Forever Homes! 1 Male, 1 Female. Excellent temperament! House trained with very good trainable natures & perfect for families with children and other pets! I will not re-home to just any-one. Please email me first at: stacey.mcclelland8@gmail.com and text (305) 814-4331.

Mini Golden Doodle Pups, apricot to dusty brown. Great family dogs, kids especially. Email for pictures: gigilbertson@yahoo.com

REAL ESTATE

LODGING: Short-term rental furnished: Units are 3br 2ba and 2ba 1ba, Wifi, parking, fully equipped kitchen, laundry unit, close to Fort Hood and surrounding areas. To view all properties, visit: www.zroyalstay.com. For more details, please call 254-458-4882.

FOR SALE OR TRADE: 3

\$ 100.00. Large Treadmill, Pro-Form, excellent condition, \$ 350.00, Please text 254-220-5264 if interested.

FOR SALE: Will Negotiate. various household items: silver 2door refrigerator/freezer combination. Bed and dining room furniture: modern style youth bedroom set with light-blue metal frame bed, light natural wood colored closet and TV/Entertainment High Board, large desk. Elegant and high quality silver-brown Rattan 4-cushioned-chair. Real wood expandable oval dining table with 2 cushioned exotic pattern stools. Stored in Killeen storage facility. Call (254) 317-8654 or (245) 317-5286

FREE Classified ads

To Fort Hood personnel and retirees

LIMIT: Three ads per person per week. Each ad will only run once. **DUTY/WORK** phone number will not be printed in advertisement.

DEADLINE: Mondays at 5 P.M. before publication date.

If you are retired military or retired DA civilian, include current employer and work phone number on the application below. For more information, call **254-634-6666**.

The following advertising classification or categories **DO NOT QUALIFY AS FREE CLASSIFIED ADS:** residential or commercial real estate listed for sale or lease with a broker or agent; self-employment, such as childcare providers, food, jewelry, personal services, and message; commercial business or money making ventures that are not personal property; group, organizational, unit, or division garage sales, other than "Village-Wide" garage sales.

WE DO NOT ACCEPT the following advertising classification or categories: gambling, alcohol ads that promote over indulgence; gambling clubs; pawn shops, who do not fully disclose their terms; payday lending companies; tobacco ads of any kind; political ads; ads considered offensive or inappropriate for readers.

FREE TO ID HOLDERS

Check one of the following

ACTIVE DUTY RETIRED MILITARY

ACTIVE DUTY RESERVIST DA CIVILIAN

RESERVIST RETIRED DA CIVILIAN

PLACE ONLINE
www.forthoodsentinel.com/classifieds/submit.php

SUBMISSIONS!
HAND DELIVERY OR MAIL TO
Fort Hood Sentinel
1805 Florence Rd. • Herald Plaza Ste. 1
Killeen, TX 76541

HOUSEHOLD REAL ESTATE WANTED STORAGE MOTORCYCLES

LEGAL PETS & SUPPLIES EMPLOYMENT ELECTRONICS AUTOMOTIVE

MISCELLANEOUS GARAGE SALES CHILDCARE ANNOUNCEMENT BOATS

AD (20 WORDS OR LESS)

INFORMATION

PRINT SPONSOR'S NAME

PRINT SPONSOR'S UNIT/AGENCY / OFFICE

PRINT SPONSOR'S DUTY/WORK PHONE

I confirm that the items listed "are my personal property" and "are not" part of any form of commercial business or money making venture.

ALL INFORMATION ABOVE MUST BE COMPLETE OR THE AD WILL NOT RUN.

ALL ADS ARE SUBJECT TO VERIFICATION, PUBLIC AFFAIRS, AND REGULATION STANDARDS.

house lots or commercial lots on 57th St. in Temple. (254) 295-6886.

FOR RENT: Roommates needed. Available, 1 room \$440 and 2 rooms \$700. Water included and electric included. Call (512) 771-5370.

FOR RENT: Roommate wanted for an apartment in Harker Heights \$500.00. (254) 368-8355.

FOR RENT: Furnished Temporary Housing. modern and stylish 3BR 2BA or 2Bath 1.5BA townhouses close to Fort Hood gates. Ideal for TDY, contractors, students, travel nurses, homeowners waiting on the closing date, and professionals in need of temporary housing. Call 254-458-4882. properties at: www.Zroyalstay.com.

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IBIS ALL SALES ARE VINYL
TINE DREAMS MEDAL NERO
SASS DANSE YESES ESSO

DAY CARE

Young Achievers Learning Academy. Now Enrolling 0-5 years of age. 414 Ease Avenue D, Copperas Cove TX, 76522. Call 254-813-3583.

EMPLOYMENT

HELP WANTED: HOUSEKEEPER, 1 DAY A WEEK. PAY BASED OFF EXPERIENCE. General and deep cleaning. 2000 sq ft/ 5 bedroom/ 3 bath. 2 dogs in home. Email resume & references. Call for questions. irene @ 915-667-4236 sraguon@gmail.com.

EMPLOYMENT: Local home improvement company looking for PT and potential FT help. Must have basic knowledge of carpentry, painting,

FARM EQUIPMENT

FOR SALE: Powerhouse 4' Wood Chipper & Shredder. OHV 4-Stroke, electric start, 420cc engine. Like new, 0.1hr used. Ideal use during Burn-Ban seasons. US\$725.00. Call 512-932-2700.

FARM & RANCH

FOR SALE: 80 Acre Cattle Ranch. Located in Taylor, Texas, this property includes a 35 Acre private lake, 4900 sq ft main house, 2 guest houses, and 2 workshops. Fenced with livestock. Willing to sell or split land & will consider trades. (254) 295-6886.

HOUSEHOLD

FOR SALE: Kitchen table w/6 chairs, \$ 125.00, oblong coffee table, \$ 40.00, desk w/ filing cabinet, lots of storage, \$100.00, food service pans, for commercial kitchen, 12 pcs, \$ 80.00, several old TVs, some still working, free, pictures, upon request, please text, if interested

Commercial Roofing Project Manger

- Coordinate project activities to attain successful goals on all projects by focusing attention to on time and in budget project completion.
- Cultivate Customer relationships during management of projects.
- Conduct on site management of assigned projects including
- Coordination/supervision of Subcontractors and/or Crews.
- Communicate to foreman and crew daily production goals.
- Communicate to foreman and crew for adherence to safety programs.
- Communicate with the Director of Operations to maintain schedule and to Ensure optimal utilization of resources.
- Coordinate with the Yard/Facilities Manager to oversee maintenance of equipment.
- Bears overall responsibility for Quality Control of projects.
- Efficiently reading Plans/Specs for new/re-roof projects.
- Participate in Hand-Off from and Owner/General Contractor meetings on assigned projects.
- Review Project Purchase Orders for accuracy and material quantity sufficient for Project.
- Ensure inventory of materials received at project site conforms to approved submittals if required. Submit receivers to Accounts Payable.
- Bears responsible for Daily Reporting on Projects.
- Advise Sales of Extra Work/Change Orders for pricing to submit to Owner/General Contractor and Director of Operations.
- Bears responsibility for the completion of Project Punch list.
- Coordinate Final Inspections with Customer/Manufacturer and advise Sales of completion.
- Assist Sales on an as needed basis, on job walks, and small service projects Any other duties or job responsibilities as assigned by upper management

Email Resume to Lfuller@jroof.com or Call 254-662-5571 and ask for LeAnne

Commercial Roofing Production Manager

Supervise and train field foremen, helpers, and subcontractors Manage project process from initial scheduling through to completion

- Review all new project contracts for accuracy.
- Create project work orders for field crews and order necessary materials
- Schedule and coordinate any specific project equipment needed
- Work each roof repair or installation meets standards work, safety, efficiency, and according to manufacturer's specifications.
- Consistent and clear communication with customers throughout project process
- Ensure compliance with all company rules, policies, and procedures
- Resolve complaints and project issues in a timely manner
- Review completed project files and turn in for final billing
- Perform project close-out process
- Additional tasks as assigned

Email Resume to Lfuller@jroof.com or Call 254-662-5571 and ask for LeAnne

NOW HIRING!!!

Come be a part of our TEAM and build your Career with our outstanding 80 year old well established company!!!

SHEET METAL MECHANICS NEEDED, MUST HAVE AT LEAST 5 YEARS OF EXPERIENCE AND MUST HAVE EXPERIENCE IN SHEET METAL FABRICATION.

MUST HAVE VALID DRIVER'S LICENSE AND CLEAR DRIVING RECORD

Email Resume to Lfuller@jroof.com or Call 254-662-5571 and ask for LeAnne

NOW HIRING!!!

\$500 Hiring Bonus

We are hiring 20 + Experienced Commercial Roofers, Experienced Metal Framers and Immediately for full-time employment.

Experienced in multiple types of Commercial roofing systems.

\$500 Hiring Bonus after 1st week of employment!

Email Resume to Lfuller@jroof.com or Call 254-662-5571 and ask for LeAnne

Public Storage Notice Lockerfox.com

In accordance with the Texas property code, Chapter 59, RightSpace Storage - Killeen, 4601 E Rancier Ave, Killeen, TX, 76543, will conduct a public auction to satisfy a landlord's lien. Units will be sold to the highest bidder online at Lockerfox.com. A \$100 credit card deposit is required. Seller reserves the right to withdraw any unit or not accept any bid at time of sale. Sale will be held online at Lockerfox.com starting on or before Wednesday, February 01, 2023 at 10:00 am and bidding will close on or after Wednesday February 08, 2023 at 10:00 am. General description of content: General household/ personal goods/other contents. Names of tenants as they appear on the lease: **Samantha King, Debra Cruz, Rodney Pittman, Khyreona Vaughn, Aimee Harris, Debra Moore, Sharnise Sylvester, Carolyn Zoll, Whitney Bostic, Lisa Jones, Quincy Moon, Tionnie Stone.** Tenants may redeem their goods for full payment with a money order or cashier's check only up to time of auction. Call RightSpace Storage - Killeen at (254) 699-5464.

I AM an American Soldier.

WANTED WANTED

Wants to Buy Mr. Baseball

Coming to Texas Buying sports card memorabilia

(203) 767-2407

NOW HIRING!!!

\$500 Hiring Bonus

We are hiring 20 + Experienced Commercial Roofers, Experienced Metal Framers and Immediately for full-time employment.

Experienced in multiple types of Commercial roofing systems.

\$500 Hiring Bonus after 1st week of employment!

Email Resume to Lfuller@jroof.com or Call 254-662-5571 and ask for LeAnne

Public Storage Notice Lockerfox.com

In accordance with the Texas property code, Chapter 59, RightSpace Storage - Killeen 2, 5400 E Central Texas Expy Ext 200 , Killeen, TX, 76543, will conduct a public auction to satisfy a landlord's lien. Units will be sold to the highest bidder online. A \$100 credit card deposit is required. Seller reserves the right to withdraw any unit or not accept any bid at time of sale. Sale will be held online at www.LockerFox.com starting on or after Wednesday February 01, 2023 and bidding will close on or after after Wednesday February 08,2023 at 10am. General description of contents: household items/personal goods. Names of tenants as they appear on the lease are: **Kareem Richards, Reginald Rowlett Jr, Carol Benningfield, James Gifford, Reginald Rowlett Jr, Dorothy Crowder, Hope Trimble, and Kyle Wilson.** Tenants may redeem their goods for full payment in cashier check or money order only up to time of auction. Call RightSpace Storage - Killeen 2 at 254-833-5040.

GOT JOBS?

Advertise in the employment Section of The Fort Hood Sentinel Trading Post and let everyone know about your job opportunities

Call Us: 254-634-6666

For more news, sports, visit [Fort Hood Sentinel online at:](http://www.forthoodsentinel.com) www.forthoodsentinel.com

Wants to Buy Mr. Baseball

Coming to Texas Buying sports card memorabilia

(203) 767-2407

NOW HIRING!!!

\$500 Hiring Bonus

We are hiring 20 + Experienced Commercial Roofers, Experienced Metal Framers and Immediately for full-time employment.

Experienced in multiple types of Commercial roofing systems.

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ARMY STRONG

GARLYN SHELTON

AUTOMOTIVE SALES



\$35,995



**BIG EVENT
PRE-OWNED
SALE**



\$31,995

CERTIFIED 2020 NISSAN FRONTIER CREW CAB SV

2016 HYUNDAI ELANTRA SE SEDAN
STK#30716A
Sale Price **\$12,995**

2016 NISSAN PATHFINDER PLATINUM SUV
STK#41405B
Sale Price **\$15,995**

2018 TOYOTA CAMRY SE AUTO SEDAN
STK#41439B
Sale Price **\$19,995**

2019 HYUNDAI SONATA SEL 2.4L SEDAN
STK#52381B
Sale Price **\$19,995**

2020 CHEVROLET MALIBU LT SEDAN
STK#P70037
Sale Price **\$20,495**

2017 SUBARU OUTBACK 2.5I LIMITED
STK#P50152
Sale Price **\$20,749**

2019 HONDA HR-V LX CVT 2WD SUV
STK#60608B
Sale Price **\$21,289**

2019 MAZDA MAZDA3 4DR W/SELECT PKG
STK# 30697A
Sale Price **\$21,995**

2019 MAZDA CX-3 SPORT SUV FWD
STK#52462A
Sale Price **\$21,995**

CERTIFIED 2019 VOLKSWAGEN JETTA SEL PREMIUM AUTO
STK#41356B
Sale Price **\$22,495**

2016 CADILLAC SRX PREMIUM EDITION SUV
STK#30728A
Sale Price **\$22,995**

2018 TOYOTA RAV4 LIMITED AWD
STK#41114B
Sale Price **\$22,998**

2021 CHEVROLET EQUINOX FWD LS SUV
STK#52191B
Sale Price **\$23,695**

2020 VOLKSWAGEN PASSAT 2.0T SE AUTO 4DR
STK#11656C
Sale Price **\$24,995**

2018 TOYOTA RAV4 XLE FWD
STK#11604A
Sale Price **\$25,500**

CERTIFIED 2021 VOLKSWAGEN PASSAT 2.0T SE AUTO 4DR
STK#P60059
Sale Price **\$25,596**

CERTIFIED 2019 NISSAN MURANO S FWD
STK#52507A
Sale Price **\$25,995**

2017 TOYOTA 4RUNNER SR5 2WD SUV
STK#60633B
Sale Price **\$26,698**

2018 LEXUS IS 300 RWD SEDAN
STK#41359B
Sale Price **\$26,888**

2019 CHEVROLET TRAVERSE 1LS FWD
STK#52283B
Sale Price **\$26,994**

CERTIFIED 2019 NISSAN MURANO S FWD SUV
STK#52445A
Sale Price **\$26,995**

2020 KIA SPORTAGE EX FWD
STK#52125A
Sale Price **\$26,995**

2020 CHEVROLET BLAZER LT FWD
STK#411378A
Sale Price **\$26,997**

2017 TOYOTA HIGHLANDER XLE V6 FWD
STK#11577A
Sale Price **\$27,495**

2019 GMC TERRAIN FWD SLT
STK#11136B
Sale Price **\$27,548**

2018 MAZDA6 GRAND TOURING RESERVE
STK#52222B
Sale Price **\$27,706**

2018 DODGE DURANGO CITADEL RWD SUV
STK#11344A
Sale Price **\$27,994**

2020 MINI COOPER S HARDTOP 4DR
STK# 30635A
Sale Price **\$27,995**

2018 BUICK ENCLAVE ESSENCE FWD SUV
STK#P10398
Sale Price **\$27,995**

2016 AUDI A7 HB QUATTRO 3.0 PRESTIGE
STK#41525A
Sale Price **\$27,995**

2018 DODGE DURANGO CITADEL RWD
STK#52364A
Sale Price **\$28,495**

2020 FORD ESCAPE TITANIUM AWD SUV
STK#P10367
Sale Price **\$28,498**

2019 CHEVROLET TRAVERSE 1LT FWD SUV
STK#P60047A
Sale Price **\$28,795**

2020 HYUNDAI SANTA FE SEL 2.4L AUTO FWD
STK#11545B
Sale Price **\$28,995**

2019 GMC ACADIA SLE-1 FWD SUV
STK#P50159
Sale Price **\$28,995**

2018 CADILLAC XT5 LUXURY FWD
STK#11417B
Sale Price **\$28,995**

CERTIFIED 2021 NISSAN MURANO S FWD
STK#52299A
Sale Price **\$29,068**

2022 HONDA CIVIC SPORT SEDAN CVT
STK#P60086
Sale Price **\$29,495**

2021 CHEVROLET ACADIA SLE FWD
STK#P10375
Sale Price **\$29,695**

2018 JEEP WRANGLER JK UNLIMITED SPORT S 4X4
STK#41451B
Sale Price **\$29,995**

2018 JEEP GRAND CHEROKEE LIMITED
STK#41366B • 4X4
Sale Price **\$29,998**

2018 CHEVROLET CAMARO CONVERTIBLE 2LT
STK#11592A
Sale Price **\$29,998**

2019 TOYOTA RAV4 LIMITED FWD
STK#70037B
Sale Price **\$30,500**

2018 TOYOTA TACOMA SR5 DOUBLE CAB V6 4X2 AT
STK#430538E
Sale Price **\$30,998**

2020 BMW 330I SEDAN
STK#4125C
Sale Price **\$31,695**

2019 CADILLAC XT4 PREMIUM LUXURY FWD
STK#70068RA
Sale Price **\$31,795**

2020 MAZDA CX-5 GRAND TOURING RESERVE
STK#30735A
Sale Price **\$31,995**

CERTIFIED 2022 MAZDA MAZDA3 HATCHBACK
STK#30726A
Sale Price **\$31,995**

CERTIFIED 2020 BUICK ENVISION PREFERRED FWD
STK#P11368A
Sale Price **\$31,995**

2021 HONDA ACCORD EX-L SEDAN CVT
STK#11383A
Sale Price **\$32,903**

2019 AUDI Q5 PREMIUM PLUS 45 QUATTRO
STK#41150A
Sale Price **\$33,998**

CERTIFIED 2019 VOLVO XC60 T5 FWD R-DESIGN
STK#60638A
Sale Price **\$34,795**

2020 SUBARU WRX LIMITED MANUAL 4DR
STK#11424A
Sale Price **\$35,559**

2017 BMW X5 XDRIVE50I SAV
STK#70017A
Sale Price **\$35,995**

2019 TOYOTA AVALON XLE SEDAN
STK#52303A
Sale Price **\$36,590**

2018 MERCEDES-BENZ GLE 350 SUV
STK#P40087A
Sale Price **\$36,995**



Garlyn Shelton BMW
6006 S. General Bruce Drive • Temple

Garlyn Shelton Cadillac Buick GMC
5625 S. General Bruce Drive • Temple

Garlyn Shelton Mazda
5420 Midway Drive • Temple

Garlyn Shelton Nissan
5620 S. General Bruce Drive • Temple

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