

## New boss at Health Clinic helm



LANCE CPL. CORY D. POLOM

Navy Capt. John B. Burgess Jr., former commanding officer of Cherry Point's Naval Health Clinic; Rear Adm. William R. Kiser, Navy Medicine East commander; Capt. Edgardo Perez-Lugo, the new Naval Health Clinic commanding officer; and Capt. William J. Leonard, the master of ceremonies for the change of command, stand and salute while the National Anthem is played at the Naval Health Clinic's change of command ceremony, April 30.

## Perez-Lugo returns to lead air station care-giving team

LANCE CPL. CORY D. POLOM  
MCAS CHERRY POINT

As a chapter closes for the Cherry Point Naval Health Clinic another begins with command changing hands.

Navy Capt. John B. Burgess Jr., former Naval Health Clinic commander, relinquished his authority to Navy Capt. Edgardo Perez-Lugo, Naval Health Clinic commander, at a change of command ceremony in the air station theater, April 30.

The guest speaker for the change of command was Rear Adm. William R. Kiser, Navy Medicine East commander.

"As a commanding officer we have to take the jewel that we are given, whether that is a hospital or a platoon of Marines or Sailors, and nurture and repair it,"

said Kiser. "Capt. Burgess has done that very thing."

The master of ceremonies, Navy Capt. William J. Leonard echoed Burgess' praises.

"Burgess leaves behind a greatly polished jewel," said Leonard. "He has done many great things along with creating a great physical therapy clinic that has helped prevent the early separation of many Sailors and Marines alike."

According to Kiser, Perez-Lugo will not only fill the shoes of the outgoing commander, but expand them to better the Naval Health Clinic for Cherry Point's Marines and Sailors.

"I am honored to be passing the reins on to Capt. Perez-Lugo," said Burgess.

See CLINIC page A3

## 7 Day Troop Store under construction

SPECIAL TO THE WINDSOCK  
MARINE CORPS COMMUNITY SERVICES

As part of Marine Corps culture, 7 Day Troop Stores have continuously served as a convenient retail outlet in locations of both peace and war.

These stores have always been practical, stocked with the basic necessities, and located where Marines and Sailors have easy access.

The Troop Store aboard Cherry Point is certainly no exception and recently began a four-month renovation.

According to Elizabeth Ross, director of retail for Marine Corps Community Services, it's been a while since the troop store has had any updates.

"Despite the practicality of our troop store, the building in which it sits was first constructed in 1942, and the last renovation was in 1995," said Ross. "We've recently received the necessary funding from the Marine Corps Exchange system, and we're

See STORE page A3

## Workhorses donate time

### MWSS-271 volunteers at school fair

LANCE CPL. CORY D. POLOM  
MCAS CHERRY POINT

The sounds of laughter and smell of cotton candy could be found at one local Havelock elementary school, April 30.

Twenty-seven Marines with Marine Wing Support Squadron 271 volunteered to run games and serve food at the "Awesomeville Fair" at Arthur W. Edwards elementary school.

"MWSS-271 has participated in the adopt-a-school program for about five years," said Staff Sgt. Douglas A. Sholl, the adopt-a-school coordinator for MWSS-271.

"This is the second event I have been the coordinator for and, like the first, my Marines volunteered and had fun doing it."

MWSS-271, known as the workhorses of the Marine air wing, demonstrated



LANCE CPL. CORY D. POLOM

Cpl. Jose M. Diaz, along with 27 other Marine Wing Support Squadron 271 Marines, volunteer at the Arthur W. Edwards Awesomeville Fair, April 30. Diaz was a good sport during a wet-sponge throw, where the students got to practice their pitching skills by throwing sponges at Marines.

it's hard work ethic during the four-hour event.

"I volunteered for this event because it's a way to give back and help the kids," said Pfc. Eric R. Laue, an embarkation Marine with MWSS-271.

Sholl says he feels that donating their

time to the community is a great way to show what the Marine Corps is all about.

"Volunteering at the local schools gives us a way to get our footprint in society

See FAIR page A3

## MAG-26 FRO receives Military Motherhood Award

LANCE CPL. CORY D. POLOM  
MCAS CHERRY POINT

Marine Aircraft Group 26's family readiness officer has been awarded the Military Motherhood Award.

Robin L. Schoolfield was given the accolade and presented with a letter of congratulations and a military coin presented by the 2nd Marine Aircraft Wing com-

manding general, Maj. Gen. James F. Flock, at the 2nd MAW headquarters building, April 28.

This nationwide contest started with about 600 mothers and was cut down to a final five before announcing the winner.

"There were 20 of us in the semifinals," said Schoolfield. "It was humbling to

be in the presence of these other women. All their stories were amazing and inspiring."

The 20 semifinalist all voted for which story was the most touching, and the top five were sent to the finals.

"After reading all these

See MOTHER page A3

## HMLA-467 changes hands



LANCE CPL. CHANCE KISER

Lt. Col. Ryan S. Rideout, left, receives Marine Light/Attack Helicopter Squadron 467's squadron colors from Lt. Col. Craig H. Streeter, April 30 at the squadron's hangar. Prior to assuming command of HMLA-467, Rideout was the current operations officer with 2nd Marine Aircraft Wing.

## Making music in Kentucky



LANCE CPL. BRIAN ADAM JONES

Sgt. Jerry M. Williams, a musician with the 2nd Marine Aircraft Wing Band, performs a trumpet solo during a concert band performance at Indiana University Southeast in New Albany, Ind., April 27. The band was in the Louisville, Ky., region performing at events surrounding the Kentucky Derby. Williams' solo was a tribute to those who have sacrificed their lives in defense of their nation. See page A5 for more photos and story.

# One mind, any weapon



LANCE CPL. NICHOLAS L. GREEN

## Cherry Point Marines attack MCMAP instructor course

(Above) Cherry Point Marines perform a combat conditioning exercise called the centipede during the Martial Arts Instructor Course, April 21. The Marines attending the course learned the knowledge and skills necessary to become instructors for the Marine Corps Martial Arts Program.

(Right) Marines find a way to get a simulated casualty over an obstacle during the Martial Arts Instructor Course, April 21. The Marines had to work together to safely get the casualty through the obstacle course for a medical evacuation.



LANCE CPL. NICHOLAS L. GREEN

## From the Chaplain: Mother's Day

LT. EVAN D. ADAMS  
MWSS-274

An English professor at a prestigious university gave his students an assignment on the first day of an English Composition class.

Each student was directed to take out a blank piece of paper and write on it the most beautiful single word in the English language. A few of the students rapidly scratched down their word and quickly turned their papers over with an authoritative slam. Impatiently they waited.

With arms crossed tightly and feet tapping intolerantly they waited as the other students pondered their responses. Within a few minutes all of the students completed the assignment.

The professor collected the papers and tallied the responses. Of the 612 students, 486 of them – that is 79 percent – had written the same word: Mother.

Mother's Day this year is Sunday. Make this Mother's Day special by honoring her

for her beauty and love.

She spent many months enduring physical commotion to her body as she carried you around within herself. She endured everything from weight gain to hormonal chaos and pain of childbirth to bring you into this world.

Honor her for the beauty of her unconditional love. She knew you before you took your first breath. She cared for you when you could do nothing for yourself. She cleaned up after you when you made a mess of things.

She prayed for you when you thought she didn't understand. Yes, she really does understand.

Also, honor the mother of your children. She gave you her most intimate embrace and brought into this world your flesh and blood.

For couples that do not have children yet, honor the woman you love. Remind her why you want her to be the mother of your children.

"Honor thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee (Exodus 20:12)."

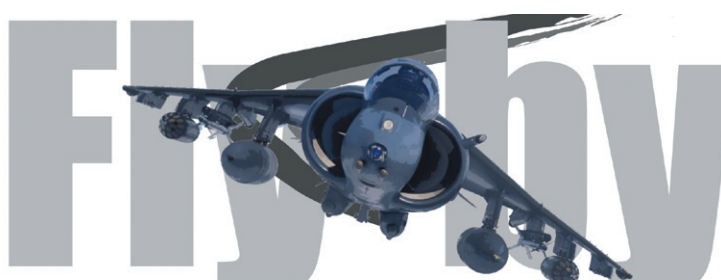
Remember, Sunday is Mother's Day. Honor her for the all the beauty which makes her who she is.



CPL. DANIEL NEGRETE

## Students at work

Navy Chief Robert P.K. Craig, a Hospital Corpsman Chief assigned to the Cherry Point Aviation Survival Training Center, shows Skylar E. Kowalski and Jared G. Kopecky, both 8th graders from H.J. MacDonald Middle School of New Bern, samples of survival training gear used by pilots and aircrew who undergo training at ASTC, during an April 27 Student at Work Initiative project. A total of 20 students from H.J. MacDonald Middle School and Grover C. Fields Middle School of New Bern, visited the air station to shadow Marines, Sailors and Department of Defense civilians who maintain individual work-centers throughout the air station.



## Highlighting Cherry Point's Warriors

### What's your job?

I am a tuba/sousaphone player in the 2nd Marine Aircraft Wing Band. I perform with several ensembles including the party band, ceremonial band and concert band.

### What's your favorite part?

It's a rare privilege to get paid for playing music. It's a lot of fun to be able to go out and entertain people and show them another side to the Marine Corps.

### What's the most challenging part?

I've been playing the tuba since it was bigger than I. The most challenging part of my job is trying to constantly improve my musical ability.

### How does your job support the mission of the Marine Corps?

The band strengthens the reputation of the Marine Corps with the public. We preserve the history of the Corps and help to be its face for the outside world.

### CPL. KYLE R.P. RILEY

Job Title: Tuba/ Sousaphone Player

Unit: 2nd Marine Aircraft Wing Band

Age: 19

Hometown: Lowell, Mich.

Date Joined: Sept. 2, 2008



LANCE CPL. BRIAN ADAM JONES

## The Windsock

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Have a Marine, Sailor or civilian you would like to highlight? Let the Windsock know. E-mail us at [cherry.point.windsock@gmail.com](mailto:cherry.point.windsock@gmail.com) or call 466-3542.

**CLINIC** from page A1

"He is a great leader and will make our clinic better than ever."

With his final words as the commanding officer of the Naval Health Clinic, Burgess thanked the clinic workers and passed on a piece of advice.

"I tell my fellow Sailors, it doesn't matter how big of a building you are in," said Burgess. "Besides its not the size of the dog in the fight, its about the size of the fight in the dog."

**MOTHER** from page A1

stories, I didn't want to submit mine for the other 19 women to vote for because I thought that I couldn't win," said Schoolfield.

Schoolfield's story was submitted initially by her father.

"My father was a retired Army officer, so I moved around a lot before being married," said Schoolfield. "I have been through five deployments and nine permanent change of station moves with my husband, and two of those moves were done at eight months pregnant."

Schoolfield has done many things for

her community while balancing her family requirements.

Not only does Schoolfield work as a FRO and help Marines and families of MAG-26, but she also has four kids, one of which was adopted from Russia, and two who are autistic.

"When I found out that I had made the cut for the semifinals, I laughed," said Schoolfield. "They called me at work, and I sat there and giggled. I am honored to represent all military moms and to receive this award."



LANCE CPL. CORY D. POLOM

Maj. Gen. James F. Flock, commanding general for 2nd Marine Aircraft Wing, awards Robin L. Schoolfield, Marine Aircraft Group 26 family readiness officer, a letter of congratulations for a job well done as the Military Motherhood Award winner, April 29. Schoolfield said she was honored and humbled to be representing all military mothers by winning this award.

**STORE** from page A1

now geared up to implement a series of improvements we think our patrons will certainly benefit from."

The revamp is scheduled to be completed around the end of summer.

When the renovation is complete, the venue is planned to bring a new shopping experience with wider aisles, better lighting and new fixtures and décor.

"We'll also have a complete selection of foods that are focused on Marines on the move, such as our line of 'Grab-N-Go' foods plus a healthier selection of 'Flight-line Fresh' foods, including salads," said Pat Beck, MCX Operations Manager.

Other improvements will be a new "beer cave," additional microwaves, a roller grill for hot dogs, plus a bigger selection of pizzas.

"The convenience and food assortment will be expanded with a cappuccino machine, Icee machine and an expanded menu of hot foods," added Beck.

Even though the store will occupy the same amount of floor space, the layout will drastically change to improve overall efficiency. The register area will be totally reconfigured for faster checkouts plus

stainless steel counters. Better freezer capacities will be added as well.

While the renovation is taking place, the troop store won't close but will experience a temporary move to the wing behind the current store, which is located behind the barber shop.

"Even with the inevitable challenges of construction and restricted space, our intent is to make the temporary store seamless in nature for our Marines," said Ross. "We'll be setting up the short-term store in less than half of our current floor space, but we'll certainly take into account what our best selling items are to ensure that we make them available for purchase."

All the basic military uniform items, tactical gear, video games, CDs, food bars and drinks will still be available in the temporary facility.

Parking entry and exit will be available by the barber shop. The current ATM and barber shop will not be affected by the renovation.

For more information visit the MCCS Web site at <http://www.mccscherrypoint.com>.

**FAIR** from page A1

to build a rapport," said Sholl. "I think they choose to volunteer at an elementary school because at that age the kids are very impressionable. That gives our junior Marines a chance to be good role models and shows the kids that we are not just here to defend our nation but to help our community as a whole."

The fair had many things for the children to do, such as jump in bounce houses and play various games and win prizes.

The workhorses helped collect tickets and some Marines even served as human targets for the sponge throw game.

"The sponges hold a lot of water and it's cold," said Cpl. Jose M. Diaz, a motor transportation operator with MWSS-271. "It's worth getting completely soaked. Doing this gives these kids a way to have fun and just seeing their smiling faces, well that makes the cold all worth while."

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# New River Ospreys fly high, fast in support of war in Afghanistan



GUNNERY SGT. STEVEN WILLIAMS

An MV-22 Osprey flies over the barren landscape of the Afghanistan desert delivering personnel and cargo, April 24. The North Carolina-based Osprey is with Marine Medium Tiltrotor Squadron 261 and deployed to Camp Bastion, Afghanistan, 3rd Marine Aircraft Wing (Forward).

## GUNNERY SGT. STEVEN WILLIAMS

3RD MARINE AIRCRAFT WING (FORWARD)

**CAMP BASTION, Afghanistan** – “You guys ready to go fast?”

Those are the words the pilot yells to his crew seconds before the MV-22 Osprey catapults in midair and, in one fluid movement, switches from a vertical-lift aircraft to a horizontally-propelled airplane. You’re strapped in with shoulder harnesses and a lap belt, but you can’t help but hold on to your seat as the aircraft jettisons out on its next mission.

The Marines of Marine Medium Tiltrotor Squadron 261, 3rd Marine Aircraft Wing (Forward), are used to it now. While other Marines onboard, especially first-timers, are in for a wild ride, the Osprey crew is focused on the mission at hand.

“We fly all over Helmand province, and sometimes further, in support of ground operations, taking people to and from the fight, and fast,” said Staff Sgt. John Godwin, a Loxley, Ala., native serving as a flight equipment technician and aerial observer with VMM-261.

That’s more than 260 knots, or nearly 300 mph. The Osprey can move troops and gear much faster than the CH-53E Super Stallion – the Corps’ 29-year-old, war-tested veteran, for some of the same tasks.

“This aircraft obviously brings the speed and distance that no other assault support aircraft has,” explained Godwin.

The Osprey’s impressive capabilities “shrink the battle space” according to many leaders here – a valuable attribute when dealing with the expanse of the barren and rugged terrain the birds fly over.

It’s a mission Godwin and the other VMM-261 Marines say they take a lot of pride in.

“It feels good to get back off a seven-hour flight knowing that all of our tasking for that day was completed. There are so many moving parts and setbacks that come into play in a day’s worth of tasking, but we somehow manage to work through them on a daily basis and get the job done. That’s what I like.”

It seems almost wrong to call this “hard work” as the Marines enjoy the job so much and have the opportunity to fly on an aerial roller coaster of sorts. But the effort the VMM-261 Marines put into getting the Marines, supplies and gear delivered across the region is undeniable. It’s just an added workplace benefit when the Marines can give the pilot the thumbs up when he asks “you guys ready to go fast?”

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## Run for the Roses

LANCE CPL. BRIAN ADAM JONES

Members of the 2nd Marine Aircraft Wing Band march down Broadway in downtown Louisville, Ky., as part of the 55th annual Pegasus Parade, April 29. The band performed in seven events over six days in celebration of Kentucky Derby Week. Every year, the Pegasus Parade garners hundreds of thousands of spectators.

### *2nd MAW Band visits Louisville, Ky., supports Kentucky Derby events*

LANCE CPL. BRIAN ADAM JONES

MCAS CHERRY POINT

Thousands of spectators cheered as a few dozen Marines marched down Broadway in Louisville, Ky., April 29.

The 2nd Marine Aircraft Wing band performed at the 55th annual Pegasus Parade in downtown Louisville, one out of seven events they participated in to celebrate Kentucky Derby Week.

As the Marines played their cherished anthem, "The Marine's Hymn," from their sparkling instruments, nothing could distract them; not spectators, parade floats, or high school marching bands.

"Trips like these give us an opportunity to give people a face to the Marine Corps," said Sgt. Jerry M. Williams, a trumpet player for the band. "I love being a Marine and I cherish the opportunity to be an ambassador for the Marines."

The trip featured two concert band performances, one at Larry A. Ryle High School in Union, Ky., and the other just across the Ohio River from Louisville at Indiana University Southeast in New Albany, Ind.

The performances had an emphasis on patriotism.

"The public expects a certain amount of duty and responsibility to portray patriotism," said Gunnery Sgt. Victor D. Miranda, the drum major for the band.

The concert band featured pieces composed by John Philip Sousa, the legendary Marine composer, a trumpet solo by Williams, and a vocal solo by Gunnery Sgt. Jeremy Frank to honor those who gave their lives for their country.

Marine veteran and Union, Ky. resident, Darren W. Millson, was in attendance at the concert band performance at Larry A. Ryle High School, April 26. The former drill instructor said it was important for his son to see the band play.

"I want to bolster his sense of patriotism," Millson said, "to show him things about the Marines that I didn't even know existed when I was in."

Millson's son wasn't the only person in the Louisville region who learned new things about the Marine Corps from the band's trip.

The 2nd MAW party band performed on the waterfront in downtown Louisville, April 28, at the Fest-a-ville, a festival part of the Kentucky Derby celebrations.

The party band played near Lauren N. Hendricks, a women sitting at a picnic table enjoying the festivities.

Hendricks quickly found herself the recipient of a personal concert by nine Marines wearing sunglasses and blue dress "D" uniforms.

"This is great," Hendricks said. "I had no idea the Marines did stuff like this."

The 55th annual Pegasus Parade marked the end of a six-day trip to the region, featuring seven performances. The 2nd Marine Aircraft Wing Band left May 1, and bid farewell to Kentucky for another year.



LANCE CPL. BRIAN ADAM JONES

Cpl. Miles D. Ledbetter, a musician with the 2nd Marine Aircraft Wing Band, plays the trumpet during a performance by the party band on the waterfront in downtown Louisville, Ky., April 28. The 2nd MAW Band played at a variety of events in celebration of the Kentucky Derby.



LANCE CPL. BRIAN ADAM JONES

Members of the 2nd Marine Aircraft Wing Band march down Broadway in downtown Louisville, Ky., April 29. The band was participating in the 55th annual Pegasus Parade, an event associated with the Kentucky Derby.



LANCE CPL. BRIAN ADAM JONES

Members of the 2nd Marine Aircraft Wing Band keep the rhythm during a march down Broadway at the 55th annual Pegasus Parade in downtown Louisville, Ky., April 29. The parade marked the last of seven performances by the band in the Louisville region during a week-long trip to support Kentucky Derby festivities.

# "Lady Ace 09" unveiled at aviation museum

FLIGHT JACKET STAFF  
MARINE CORPS AIR STATION MIRAMAR

**MARINE CORPS AIR STATION MIRAMAR, Calif.** – Marine Medium Helicopter Squadron 165 (Reinforced), the Flying Leatherneck Aviation Museum and Marine Corps Air Station Miramar joined forces to commemorate the 35th anniversary of Operation Frequent Wind. There they unveiled "Lady Ace 09," the CH-46E Sea Knight helicopter that evacuated Ambassador Graham Martin from the South Vietnamese Embassy in 1975.

April 30, hundreds of Marines, their families, local veterans and other guests gathered at the Flying Leatherneck Aviation Museum to view the aircraft that flew the historic

mission exactly 35 years ago to the date. The pilot who flew the mission in 1975, retired Marine Col. Gerald L. Berry, was also on hand to celebrate the event.

The aircraft, bureau number 154803, entered service in February 1968 and flew with several squadrons until April 2004 when it was retired and given to the Leatherneck Museum. There it sat with its traditional paint and last squadron's markings.

Lieutenant Col. Todd J. Oneto, commanding officer of HMM-165, noticed the aircraft and its markings in the museum, and decided that the aircraft needed to be restored to its Vietnam-era appearance to commemorate the historic mission. Four HMM-165 airframers were commissioned to

repaint and restore the aircraft to its current condition. All paint and markings are exactly the way the aircraft flew in 1975.

After being unveiled, Lady Ace 09 goes back on display in the museum, surrounded by more than 30 other historic Marine Corps aircraft.

HMM-165, part of the 15th Marine Expeditionary Unit, will complete its final deployment with the CH-46E airframe. Upon its return, Oneto will personally oversee the squadron's transition to a Marine Medium Tiltrotor Squadron with the MV-22 Osprey airframe.



CPL AUBRY L. BUZEK

"Lady Ace 09," a CH-46E Sea Knight helicopter at the Flying Leatherneck Aviation Museum, was repainted and remarked in March by Marine Medium Helicopter Squadron 165 airframes Marines. The restoration updated the helicopter to look as it did during the evacuation of the Vietnam ambassador during the fall of Saigon in 1975.

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# Red Eagle

May 21-23



CONTRIBUTED PHOTO

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# Thundering Third trains for Afghanistan challenges

LANCE CPL. BENJAMIN CRILLY  
REGIMENTAL COMBAT TEAM 7

**CAMP DWYER, HELMAND PROVINCE, Afghanistan** – Marines and Sailors of 3rd Battalion, 1st Marine Regiment hit the ground running with reception, staging, onward movement and integration training, April 24-25.

Throughout the training, elements of the Thundering Third received an array of classes and conducted practical application directly related to their area of operations.

According to the U.S. Army Transportation School Web site, "RSO&I consists inter-related processes required to transform arriving personnel and materiel into forces capable of meeting operational requirements."

Despite the fact that the Marines may have had similar training while stateside as part of their predeployment training package, these classes are derived from operations conducted by the Marines they will relieve. With this core foundation, Marines learned what worked or didn't work for their predecessors and how to conduct future operations.

With the knowledge from these classes, the Thundering Third becomes a force both equipped and capable of overcoming the demanding challenges they face in Garmsir District, Helmand province, Afghanistan, said 1st Lt. Eric V. Kjono, the commanding officer of Headquarters and Service Company, 3rd Battalion, 1st Marines.

Since this training is current and area specific, Marines need these classes so they will be able to develop new tactics, techniques and procedures for their Afghanistan mission, said Sgt. Chase P. Sheda, the noncommissioned officer in charge of the Camp Dehli detainee facility with H&S Co., 3rd Battalion, 1st Marines.

The battalion will conduct combined operations with the Afghan National Army as much as possible to strengthen the local infrastructure. It's important that Marines safely employ TTPs to protect themselves, their Afghan counterparts and minimize collateral damage, said Kjono from Ramona, Calif.

"Knowing the material from RSO&I will save lives," said Sheda.

Armed with this newly acquired knowledge, the Thundering Third is more prepared to roll into their area of operations being both safe and successful while working with Afghan forces to help keep the Afghan people safe.



LANCE CPL. BENJAMIN CRILLY

Lance Cpl. Vernon K. Akina, food service specialist with 3rd Battalion, 1st Marine Regiment, marks a notional improvised explosive device while Lance Cpl. Nicholas A. Weissgerber, compact metal detector instructor with 3rd Combat Engineer Battalion, watches during IED lane training at Camp Dwyer, Helmand province, Afghanistan, April 24. Akina located the notional IED with a compact metal detector during the practical application portion of reception staging, onward movement and integration training.

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LANCE CPL. J. NAVA

Pilots of a CH-46E Sea Knight from Marine Medium Helicopter Squadron 262, Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force, wait for the go ahead to launch from Marine Corps Air Station Futenma, Okinawa, Japan, April 15.

# MAG-36 units flock to skies

LANCE CPL. J. NAVA  
MARINE CORPS BASES JAPAN

## MARINE CORPS AIR STATION FUTENMA, OKINAWA

A flock of gray, metallic birds emblazoned with the word Marines recently spread their wings and exercised their capabilities in Okinawa, April 15.

"Very rarely do we see this many birds in the air at one time, so it was a pretty big event," said Sgt. Adam Kary, Marine Medium Helicopter Squadron 262 non-commissioned officer in charge of operations, Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force.

The training was conducted by the pilots and crews of six CH-46E Sea Knight helicopters from HMM-262, one CH-53E Super Stallion helicopter and one UH-1N Huey helicopter from HMM-265 (Reinforced), currently assigned to 31st Marine Expeditionary Unit, and one KC-130J Hercules from Marine Aerial Refueler Transport Squadron 152.

The CH-46E's and the CH-53E provided the assault platform for the exercise. The Huey provided the command and control for the training, while the KC-130J acted as both a rapid ground refueling element and the direct air support center.

The training, including a heliborne assault, casualty evacuation, and a tactical recovery of aircraft and personnel, was to prepare HMM-262 for an upcoming deployment with the 31st MEU, according to Lt. Col. John Mee, commanding officer of HMM-262.

HMM-262 will perform as the 31st MEU's Aviation Combat Element during their upcoming deployment.

"This sort of training allows us to hone our individual skills as well as our squadron skills," said Mee. "It also gave our pilots experience in large-scale exercises."

The training qualified some of the pilots for large-scale exercise leadership positions within the

squadron, including a division lead, which is able to command flights of four aircraft or less, an assault flight lead that can control flights of four aircraft or more and an aviation mission commander which coordinates large heliborne assaults.

"The leads did everything we expected them to do," Mee said. "They were able to adjust to every scenario we gave them and succeed."

The day of the training was plagued with bad weather and gave thoughts of possibly cancelling the mission. The adverse Okinawan weather proved insignificant as the pilots and crews were able to adjust and conquer each aspect of the mission.

"They were able to overcome the weather and perform very well," Mee said. "I believe my

Marines' performance was outstanding."

This training offered more than just training for an upcoming MEU deployment, Kary said.

"This sort of training will help

keep Marines alive during combat," Kary explained. "They all performed superbly."



LANCE CPL. J. NAVA

Aircraft from various 1st Marine Aircraft Wing squadrons conducted training exercises throughout the local skies April 15. These CH-46E Sea Knights were from Marine Medium Helicopter Squadron 262, Marine Aircraft Group 36, 1st MAW, III Marine Expeditionary Force.

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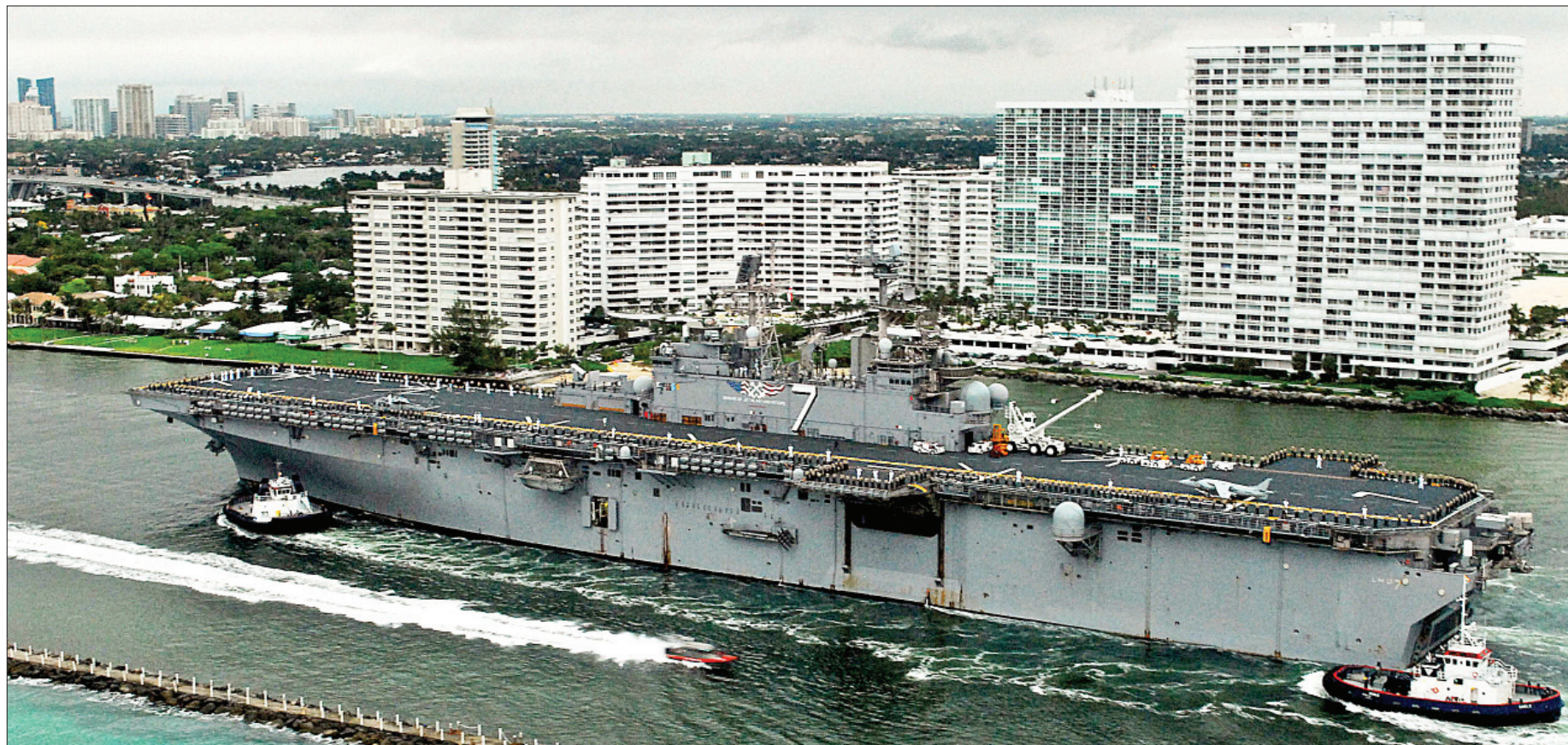
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The multi-purpose amphibious assault ship USS Iwo Jima arrives at Port Everglades, Fla., for the start of Navy Week Port Everglades, April 26. This is the twentieth Navy week in Port Everglades for South Florida's annual celebration of the maritime services. Navy Week Port Everglades is one of 20 Navy weeks planned across America this year.

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9:15pm - Repo Man R	1:51
<b>Saturday, May 8</b>	
3:00pm - How To Train Your Dragon PG	1:30
5:00pm - How To Train Your Dragon PG	1:30
7:00pm - Remember Me PG 13	1:53
9:15pm - Repo Man R	1:51
<b>Sunday, May 9</b>	
3:00pm - How To Train Your Dragon PG	1:30
5:00pm - Remember Me PG 13	1:53

**MOVIE SYNOPSIS**

**Remember Me** - Starring: Robert Pattinson, Emilie de Ravin, Chris Cooper, Lena Olin, Tate Ellington. Tyler, a rebellious young man in New York City, has a strained relationship with his father ever since tragedy separated their family. Tyler didn't think anyone could possibly understand what he was going through until the day he met Ally through an unusual twist of fate. Love was the last thing on his mind, but as her spirit unexpectedly heals and inspires him, he begins to fall for her. Through their love, he begins to find happiness and meaning in his life. But soon, hidden secrets are revealed, and the circumstances that brought them together slowly threaten to tear them apart.

**How To Train Your Dragon** (Animated) - Starring the voices of: Jay Baruchel, Gerard Butler, America Ferrera, Jonah Hill, Craig Ferguson. A Viking teenager named Hiccup lives on the island of Berk, where fighting dragons is a way of life. The teen's smarts and offbeat sense of humor don't sit too well with his tribe or its chief... who just happens to be Hiccup's father. However, when Hiccup is included in Dragon Training with the other Viking teens, he sees his chance to prove he has what it takes to be a fighter. But when he encounters (and ultimately befriends) an injured dragon, his world is flipped upside down, and what started out as Hiccup's one shot to prove himself turns into an opportunity to set a new course for the future of the entire tribe.

**Repo Man** - Starring: Jude Law, Forest Whitaker, Alice Braga, Liev Schreiber, Carice van Houten. Humans have extended and improved our lives through highly sophisticated and expensive mechanical organs created by a company called The Union. The dark side of these medical breakthroughs is that if you don't pay your bill, The Union sends its highly skilled repo men to take back its property... with no concern for your comfort or survival. Remy is one of the best organ repo men in the business. But when he suffers a cardiac failure on the job, he awakens to find himself fitted with the company's top-of-the-line heart-replacement... as well as a hefty debt. But a side effect of the procedure is that his heart's no longer in the job. When he can't make the payments, The Union sends its toughest enforcer to track him down.

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# Life & Times

Section B

May 6, 2010



LANCE CPL. AMY A. TRAIL

The Pelican Point Marina is nestled in the woods of Cherry Point on Pelican Point Road, off Monroe Drive. The marina is open Wednesday through Sunday, 8 a.m. to 5 p.m. It offers an array of picnic areas that have fishing ponds, barbecue grills, playgrounds, horseshoe pits and overnight camping. For more information about Pelican Point Marina, visit <http://www.mccscherrypoint.com> and click on the tab for marinas.



CONTRIBUTED PHOTO

A Cherry Point family launches a canoe into the water at the Pelican Point Marina aboard the air station, April 15. Pelican Point Marina offers many recreational activities for Cherry Point Marines and Sailors.

## Cherry Point's oasis

*Pelican Point Marina offers Marines, Sailors recreational opportunities*

PFC. TYLER J. BOLKEN

MCAS CHERRY POINT

Warmth and sunshine are making their return to Cherry Point's weather forecasts. What better way to enjoy the summer weather than spending the day on the inland waterways right here aboard the air station?

The Pelican Point Marina is an outdoor oasis and offers that opportunity.

The marina features about 20 kayaks (12 brand new) and 13 canoes.

"We're working hard on getting more," said Matt Houde, manager of the marina. "It's first come, first served."

Canoeists and kayakers are required to wear life vests and are given a quick safety brief prior to hitting the water.

Canoes and kayaks rent for \$4 an hour, \$20 a day or \$30 for an entire weekend. The marina is open Wednesday through Sunday, 8 a.m. to 5 p.m.

"The water is about 65 degrees right now and feels great," said Houde.

Anchors for the watercraft can also be checked out for those who fish. A North Carolina state fishing license and base permit are required for fishing aboard the air station, which can be purchased at the Marine Corps Exchange.

Lori A. Johnson, assistant manager at the marina, suggests visitors call the marina ahead of time to check for rental availability and possible weather warnings.

Pelican Point Marina also offers an array of picnic areas with fishing ponds, barbecue grills, playgrounds, horseshoe pits and overnight camping.

Johnson said there are some great areas where people can really get away and have some outdoor fun.

Flipper may even stop by for a visit. With the water continually washing in and out of the Neuse River at Mother Nature's discretion, people can see dolphins right here in Slocum Creek, said Houde.

With 10 different sites available, each offering its own amenities, people can choose from a variety of areas.

For larger groups, lodges are available and may be used for weddings, meetings and parties.

Reservations must be made for each site, whether it's a family outing or unit barbecue.

The marina accepts reservations seven days a week.

For more information about Pelican Point Marina, visit <http://www.mccscherrypoint.com>, or call 466-2762.



LANCE CPL. AMY A. TRAIL

Pelican Point Marina offers kayaks and canoes for rent. It has 20 kayaks (12 brand new) and 13 canoes. Canoeists and kayakers are required to wear a life vest and are given a quick safety brief before hitting the water. The canoes and kayaks rent for \$4 an hour, \$20 a day or \$30 for an entire weekend.



LANCE CPL. AMY A. TRAIL

Pelican Point Marina has 10 different recreational sites available to air station personnel, each offering its own amenities. People can choose from a variety of areas, such as covered picnic pavilions, fishing ponds and seven different campsites. Reservations must be made for each site, whether it's a family outing or a unit barbecue. The marina accepts reservations weekly. Contact Pelican Point at 466-2762.

# Open for play



CPL. SAMUEL A. NASSO

Col. Douglas A. Denn, commanding officer of Marine Corps Air Station Cherry Point, speaks at the ribbon cutting ceremony for the grand opening of the Exceptional Family Member Program playground, here April 29. The new playground is designed to allow special needs children to have greater accessibility and for wounded warriors to play with their children. It has a wheelchair accessible swing, two infant-toddler swings and wheelchair accessible ramps to the elevated areas of the playground. The playground is part of a \$10 million effort to improve access for people with special needs at 39 military installations, and this one is one of the firsts. Located in front of Lawson Village, the playground is open from dawn to dusk with parental supervision and is free to all families.

## Census takers hit North Carolina streets

SPECIAL TO THE WINDSOCK  
U.S. CENSUS BUREAU

If you haven't mailed back your 2010 Census questionnaire or you did not receive one, you can expect a knock at your door sometime between May 1 and mid-July. Nearly 19,000 census takers began to fan out across North Carolina, Saturday, going door-to-door to collect information from households that have not answered the census.

On Cherry Point, there are seven census takers tracking down missing data. They are all family members of active duty personnel or retired DOD personnel who possess DOD IDs and census stickers on their vehicles. They will go door-to-door during the daytime and early evenings to addresses that are identified as not having mailed the required forms to the Census Bureau.

"I congratulate North Carolina because happily, 72 percent of households have mailed back the census questionnaire," said William W. Hatcher, regional director of the U.S. Census Bureau. "Now, we must knock on doors where our records indicate we have not received a completed census form for whatever reason. We hope people

will cooperate with census takers in this nonresponse follow-up because the census is so important to the state. We are constitutionally mandated to count everyone, and that's what we plan to do."

North Carolina was among the first four states in the nation to exceed its mail participation rate from Census 2000 (66 percent). All five states in the Charlotte census region surpassed their Census 2000 mail participation rates by the April 16 mail-return deadline. The Charlotte Regional Census Center supports 2010 Census operations in Kentucky, the Carolinas, Tennessee and Virginia.

Hatcher noted that some households might not have received a census form for a variety of reasons. For instance, people might live in an area where the forms weren't deliverable to a geographical address, the address might be incomplete, households might be part of a special census operation, or the residence might be a newly constructed.

"Every phase of the census has the potential for problems, but we have subsequent operations designed to correct the problem and get the best count possible," Hatcher said. "If you did not get a census form, you will be visited

in our follow-up operation. You will be counted."

Census takers are hired to work in their own neighborhoods. They are sworn to secrecy for life and face a fine of up to \$250,000 and/or five years imprisonment for violating the oath. Title 13 of the U.S. Code prohibits sharing of personal data and requires census participation.

Hatcher said the 18,589 census takers who will comb North Carolina streets will wear official identification badges with the words "U.S. Department of Commerce," the census taker's name, and the words "U.S. Bureau of the Census." An employee should have a black workbag with "U.S. Census Bureau" on it and an official seal.

"Anyone who is worried should ask the census taker for identification," Hatcher said. "You can ask for the local census office phone number and call to verify employment. We want people to feel safe so that census workers can safely do their jobs."

For more information about how to identify an official census taker, go to <http://www.census2010.gov>.

## Experts stress sleep is paramount

SPECIAL TO THE WINDSOCK  
MARINE CORPS CENTER FOR LESSONS LEARNED

Too little sleep could be more dangerous than you may think. Slipping by on six hours of sleep is not healthy. Military sleep experts say not getting a full eight hours can put you and your battle buddies at the same risk as having a few beers before driving, shooting an Mk-19 grenade launcher or trying to determine whether a target is friend or foe.

Commanders who don't have plans to ensure their troops get eight hours of sleep are misusing resources and begging for trouble.

"We are giving our troops the best uniforms, and weapons are a priority," said Nancy Wesensten, a sleep scientist at Walter Reed Army Medical Center in Washington, D.C. "But the one thing they really need for operational readiness is as much sleep as possible."

### Bad Old Days

In the old days, military training involved sending troops to the field for three days and expecting them to perform well with no sleep.

"After three days, you'd collapse," said retired Army Col. Greg Belenky, director of the Sleep and Performance Research Center at Washington State University. "You wouldn't be good for anything."

Such exercises gave little consideration to what would happen in a sustained conflict that lasted, say, six years. That began to change when the military began longer pre-deployment training, such as the two weeks many units now spend at the National Training Center at Fort Irwin, Calif.

Commanders came to realize that their troops were not performing up to standards, and sleep became as important as fuel, food and ammunition to a battle plan.

Anecdotal, researchers have found lack of sleep contributed to friendly fire incidents in the 1991 Persian Gulf War, as well as to a navigational error that led to the capture of Army Pfc. Jessica Lynch in Iraq in 2003. But as sleep scientists delved deeper into dreamland, they found those anecdotes were based in a nightmare. Just 24 hours without sleep impairs someone in the same way as a blood-alcohol content of 0.10, legally drunk in all 50 states.

An Oregon Health and Science University study found chronic sleep loss makes it impossible to think clearly, handle complex mental tasks, form memories and solve problems. According to the National Highway Traffic Safety Administration, sleepiness is the main cause of more than 100,000 vehicle accidents each year, resulting in 76,000 injuries and 1,500 deaths.

### Cultural Shifts

Wesensten said military culture must change so that leaders realize troops need eight hours of sleep in every 24-hour period.

"The older generation seems to think that if a person needs sleep, he's weak or unmotivated," Wesensten said.

Most people need eight hours daily, and commanders should plan for that, she added. That can include naps as long as each person gets eight hours total in a day.

Belenky said the lab at Walter Reed Army Medical Center developed the actograph, a device that tracks sleeping habits by measuring arm movements.

He said this could be a good way for commanders to know who is fresh enough for duty, who is pulling too many shifts and who is staying up late playing video games.

Commanders should manage sleep just as they do fuel, Belenky said. Service members should also watch their own habits.

Retired Cmdr. Beverly Dexter, a psychologist at Camp Pendleton, Calif., noticed while serving in Iraq that the biggest problem was troops staying up late to play video games.

Not only should they be sleeping, but video games can be so stimulating that they prevent people from sleeping later, she said.

Kerry Kuehl, a co-author of the Oregon report, said there are long-term considerations as well.

"Sleep is when you repair your immune system and your cardiovascular system," Kuehl said. "Without sleep, it's harder to combat disease and illness."

There is evidence that lack of sleep also may contribute to mental health problems, including post-traumatic stress disorder, Wesensten said.

Not sleeping may mean that the brain doesn't get a chance to repair itself, which may increase vulnerability to stress or even post-concussive symptoms.

Wesensten said research has found that troops who get the least sleep also have the highest rates of mental health problems, though that may be because the high-operational tempo units are seeing the most trauma. Studies have shown a link between lack of sleep and depression, a condition often connected to PTSD.

However, Pigeon said sleeping problems might prove to be an inroad to addressing mental health issues. If a person has a hard time sleeping because he can't turn his mind off or because he fears nightmares, he should see a doctor.

"We should jump on it," Pigeon said. "Left untreated, poor sleep seldom resolves on its own. And it's more acceptable to have a sleep problem than to have PTSD, so sleep is a perfect entrée for people to access services. Sleep could be a red flag that other things are coming, so it's a great place to intervene."

A doctor can recommend a short-term fix such as antihistamines to help a person sleep, but the drug's effectiveness will quickly dissipate as a person builds tolerance.

Wesensten said the best plan is to find a good place to sleep. It's best to try to sleep at the same time every day, invest in earplugs and face masks and, for commanders, air conditioners; and use black-out paint on windows in sleeping rooms in combat zones.

"Sleep whenever you can for as long as you can," she said.

# THE LOCAL BUZZ

## Announcements

► *Indicates new announcement*

### ► Cherry Point Stray Animal Facility Closure

The MCAS Cherry Point Stray Animal Facility has closed. All stray animals impounded have been transported to the Craven-Pamlico Animal Services Center for further disposition.

For information on claiming or adoption of stray animals found, call 637-4606 or visit the Web site: <http://www.petfinder.com/shelters/cpasc.html>.

### ► Swimming Lessons

A new program for city residents, "First Dip," is a basic water skills program with four four-day sessions beginning June 1. The cost of the program will be \$10 per session. First Dip is designed for ages 3-10.

For more information, call Jody Corum at 639-2980 or visit the Web site: <http://www.newbern-nc.org>

### ► Adult Summer Basketball League Registration

The New Bern Parks and Recreation Department is beginning registration for adult summer basketball league.

League games will be held on Sundays at the West New Bern Recreation Center.

Any interested teams should contact Gus Hill at 639-2908 for more information.

### ► Free Computer Classes in New Bern

New Bern Parks and Recreation Department will be offering free Microsoft Word, PowerPoint and Publisher computer classes on creating a resume and cover letter.

Lessons will be held at West New Bern Recreation Center and Stanley White Recreation Center.

Classes will be each Tuesday and Thursday, beginning Tuesday through June 4.

Register before tomorrow at either Stanley White Recreation Center or West New Bern Recreation Center.

### Capt. MAC Beach Run

Carteret County Military Affairs Committee is hosting its first Capt. MAC 5-kilometer beach run, Saturday, at Atlantic Beach.

Each participant for the 5-km run will receive a T-shirt. Families are encouraged to participate or attend as spectators. There will also be a 1-mile fun run.

Awards will be given for the 5-km run including the first three overall, first active duty military and the first three places in different age groups.

For additional information regarding the Capt. MAC Beach Run, call the Carteret Chamber at 726-6350 or visit its Web site at <http://www.carteretchambermac.com>.

### New Bern Bike Rodeo

Keep Kids Safe organization invites elementary school age children to join its bike rodeo on May 15 from 10 a.m. to 1 p.m. in the New Bern Mall parking lot behind JC Penny.

This free rodeo will teach bicycle safety, the rules of the road and proper helmet fit. Rotations will begin at 10 a.m. and will take place every 30 minutes. Bring a bike and helmet. Children must be accompanied by a parent or guardian.

For more information, call Amanda Haskett at 224-1174.

### Cheerleading Camp

New Bern Parks and Recreation Department will host two cheerleading summer camps, first session June 14-18 and the second session Aug. 2-6.

Both session times are 9 a.m. – 2 p.m. The cost for each session is \$25.

The registration deadline is June 10 for session one and June 30 for session two. Registration is at Stanley White and West New Bern recreation centers.

### Beat the Heat Campaign

Give2thetroops is now collecting items for care packages for deployed troops in its Beat the Heat campaign.

A complete list of items can be found at the Web site, <http://www.give2thetroops.org> or by contacting the North Carolina branch of Give2thetroops.

For more information, call 321-8227.

### Cannon Firing at Fort Macon State Park

Cannon firings are scheduled for several dates throughout the spring and summer.

A cannon crew of volunteers wear period attire and educate the public on the loading and firing of a typical Civil War artillery piece.

The crew uses an original 6-pound cannon in the demonstration and fires it with a blank gunpowder charge at the conclusion of the program.

The cannon firings will take place at Fort Macon State Park, May 29, June 19, July 4 and Aug. 21.

For times and more information, call 726-3775.

### Motorcycle Helmet Recall

Advanced Carbon Composites is recalling all models and sizes of its EXT-001, EXT-002 and EXT-003 Half Shell Motorcycle Helmets, regardless of date manufactured.

The standard requires that motorcycle helmets meet the minimum performance requirements of penetration tests and impact attenuation tests, as well as labeling requirements.

Advanced Carbon Composites' helmets do not comply with FMVSS No. 218 in the areas of impact attenuation, penetration and labeling.

After you contact the company and your information is recorded, Advanced Carbon Composite will send a prepaid shipping label for the helmet.

Upon its receipt of the helmet and documentation regarding the price paid for the helmet, Advanced Carbon Composite will send a check in the full amount of the purchase price, which should be received within 7-10 business days.

Contact Advanced Carbon Composites at (800) 300-9813, or by mail at Advanced Carbon Composites, 6127 Anno Ave., Orlando, Fla., to begin the refund process.

## Marine and Family Services

### Marine, Family Services Office Numbers

The Family Member Employment Assistance Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4401.

- The Exceptional Family Member Program can be reached at 466-7547.
- The Family Counseling Program can be reached at 466-3264
- Retirees can contact the Retired Activities Office at 466-5548.
- The Substance Abuse Counseling line can be reached at 466-7568
- New parents can call the New Parent Support Program at 466-3651.

### Budget For Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes.

Call 466-2031 for information or to register.

### Veterans' Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 232. Call 466-4401 for assistance.

## Monthly and Weekly Events

### Courage to Change

Cherry Point and Havelock Courage to Change is a support group for friends and family of alcoholics.

Meetings are at St. Paul's Lutheran Church in Havelock, Tuesdays at 8 p.m.

For more information, call 241-6155 or 670-6236.

### Al-Anon Family Group Meet

There are alcoholics anonymous family group meetings Tuesdays at 8 p.m., for family members and friends of individuals who may have alcohol problems in their lives.

The meetings are held at Havelock First Baptist Church.

For more information, call 447-8063 or 447-2109.

### Together For Life

The "Together for Life" one-day premarital seminar is held for active duty personnel age 26 and under, within 90 days of marriage.

Please call the chapel at 466-4000 for more information.

### Disabled Veterans

Chapter 26 of the Disabled American Veterans meets on the third Tuesday of each month at the Veterans of Foreign Wars Post 7315 in Havelock at 7 p.m.

For information, contact Doug Matthers at 447-2761.

### Domestic Violence Victims

A support group for victims of domestic violence is provided by the Carteret County Domestic Violence Program.

The group meetings are held every Wednesday at 6 p.m.

For more information, call 728-3788.

### Chili Festival Committee

The 29th Annual Havelock Chili Festival Committee meets on the second Tuesday of each month at 5:30 p.m. at the Havelock Tourist and Event Center conference room. For more information, contact the Havelock Chamber of Commerce at 447-1101.

## This week in Marine Corps History

May 8, 1995

In the wake of the most devastating storm to hit the New Orleans area in more than 200 years, a group of Marines and Sailors from Marine Forces Reserve demonstrated the quick response synonymous with the Navy and Marine Corps team. Within 24 hours of being called, Marines assisted in the evacuation of 2,500 civilians, and Navy corpsmen treated scores of flood victims.

May 10, 1945

The 22nd Marines, 6th Marine Division, executed a pre-dawn attack south across the Asa River Estuary and seized a bridgehead from which to continue the attack toward Naha, the capital of Okinawa.

## Operation Eagle Eyes

### Suspicious Questioning

Are you aware of anyone attempting to gain information in person, by phone, mail, e-mail, etc., regarding deployment status on a military facility or its' personnel?

*If you observe this or other suspicious incidents,  
call 466-3616 or 466-3617 immediately.  
MCAS Cherry Point Emergency Dispatch*

## Off Limits

MCAS CHERRY POINT AREA  
FRIDAY'S NIGHT CLUB (AKA CLUB INSOMNIA)

MCB CAMP LEJEUNE AREA  
BELL AUTO SALVAGE II  
BOTTA BOOMS  
CARLAND  
CENTENNIAL ENTERPRISES, INC.  
DOLL HOUSE  
EASY MONEY CATALOG SALES  
FANTASIES  
ILLUSIONS  
JACKSONVILLE SPEEDWAY AUTO PARTS  
JOSHUA EXPERIENCE/ CLUB ACCESS  
LAIRDS AUTO & TRUCK CENTER  
MILITARY CIRCUIT OF JACKSONVILLE  
PAR TECH  
PLAYHOUSE  
PLEASURE PALACE  
PRIVATE PLEASURES (AKA CARRIAGE HOUSE)  
RACEWAY AUTO PARTS  
REFLECTION PHOTO  
SOUTHERN COMFORT  
STUDENT ASSISTANCE COMPANY  
TALK OF THE TOWN II  
TENDER TOUCH (AKA BABY DOLLS)  
TY'S R&R  
VETERANS AFFAIRS SERVICES

Got MCIs?  
[www.mci.usmc.mil](http://www.mci.usmc.mil)

## Hotlines

2nd MAW Command Inspector General  
466-5038

### If you are a victim of sexual assault

Immediately call 466-3264 during working hours or (800) 208-8086 after hours and on weekends. The person answering the call will help you decide the next steps to take. You may remain anonymous. This procedure is not to replace calling 911 if you are in immediate danger. Remember, it's not your fault. Support is available.

### Severe weather and force protection information

Military personnel call 466-3093.  
FRC East personnel call 464-8333.  
DDCN personnel call 466-4083.

### Fraud, Waste and Abuse

If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016. This line's automated answering service is available 24 hours a day.

# Marines, Moroccans prepare for Exercise Phoenix Express 2010

MASS COMMUNICATION SPECIALIST 1ST CLASS (SW) PAUL CAGE  
MARINE FORCES EUROPE

**ROTA, Spain** – A Maritime Interdiction Operations team from Morocco, along with U.S. Marines from Fleet Anti-

terrorism Security Team Company, Europe and Spanish Marines conducted Helicopter Rope Suspension Training from a Spanish navy helicopter in preparation for Exercise Phoenix Express 2010 at Naval Station Rota, Spain, April 27.

Following the HRST, the Moroccans and U.S. Marines continued with Close Quarters Battle training.

Phoenix Express is a multinational annual exercise that includes more than a dozen European and African nations and is designed to strengthen maritime partnerships among participating nations.

The goals of the exercise are to increase participating countries' knowledge base and experience level with FAST unit core capabilities, and highlight common safety and security concerns in the maritime environment, such as illegal immigration, criminal activity, narcotics trafficking, and weapons trafficking.

"Multilateral exercises like Phoenix Express are an important part of the Naval Forces Africa Maritime Supporting Plans and the International Military Partnering Lines of Operations" said Capt. Martin Beck, Commander, Naval Expeditionary Task Force Europe and Africa, Commander Task Force 68. "The FAST Marines work-

ing with our Spanish host to help train and prepare our North African partners for maritime security operations are key in our combined readiness to address the security challenges we face at sea."

Moroccan Maritime Interdiction Operations Teams are training primarily on tactics, techniques and procedures associated with MIO.

Rappelling is an insertion method used by armed forces to place troops in areas where a safe landing zone is not present, the terrain makes vehicle passage difficult or there is a need for speed and simplicity.

"Rappelling is always fun," said Lance Cpl. Greg Tackett. "There was a little bit of competition between us and the Spanish Marines. They are good, but my team had one of the fastest times coming down."

Following the HRST, the training moved into basic CQB where Marines showed the Moroccans how to enter a house and clear it out with minimal risk. Tackett and the other instructors first showed the Moroccans how to properly clear the room with a four-man team, step by step, then at actual speed.

"We have been able to look at the small things as we go through this," said Tackett. "It helps the team to prepare for any mission we might have in the future."

The Marines let the Moroccans go through at a crawl, then a walk, then a run. This allowed U.S. Marines to correct any deficiencies on the spot.

"They are pretty good," said Tackett, who was one of the lead instructors. "Training like this is important because Morocco is our partner. It is also a good chance for us to learn how to be better instructors, not just for our Marines, but for other countries."

Training and combat facilities at NAVSTA Rota enable training exercises, such as Phoenix Express, to promote all countries' maritime strategies, said Capt. Bill Mosk, NAVSTA commanding officer.

"Rota plays a crucial role in supporting our nation's Maritime Strategy by providing the facilities and opportunities for evolutions such as this," said Mosk. "We want to ensure we are providing exceptional support to our warfighters."

FAST Company Europe is a tenant command of Commander, Naval Expeditionary Task Force Europe and Africa. The task force is responsible for exercising tactical control and functional component command over assigned forces for the direction, control and approval of movements, maneuvers and operations necessary to accomplish Commander, 6th Fleet assigned missions and tasks.

Naval Station Rota, Spain is strategically located near the Strait of Gibraltar and at the halfway point between the United States and Southwest Asia. Because of this ideal location, the base is able to provide invaluable support to both U.S. Sixth Fleet units in the Mediterranean and to U.S. Air Force Air Mobility Command units transiting into or through the theater.



MASS COMMUNICATION SPECIALIST 1ST CLASS PAUL CAGE

A Marine assigned to Fleet Anti-terrorism Security Team (FAST), Company Europe at Naval Station Rota, Spain repels from a Spanish navy Augusta Bell 212 Helicopter during Helicopter Rope Suspension Technique training in preparation for Exercise Phoenix Express 2010, April 27.



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Visit your preferred dealership today for more information.

# Red flag



Lance Cpl. Rachele Carl, Marine Attack Squadron 211, performs preflight inspections on an AV-8B Harrier during Red Flag-Alaska, April 19. Red Flag is a Pacific Air Forces-directed field training exercise for U.S. and coalition forces under simulated combat conditions.

AIR FORCE STAFF SGT. CHRISTOPHER BOITZ

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# MCCS HAPPENINGS

QUALITY OF LIFE PROGRAMS FOR OUR MARINES & SAILORS & THEIR FAMILIES

## Sports

**Now thru Wednesday, May 12**

Come watch all branches of the military compete for bragging rights in Beach & Indoor Volleyball!

Beach Volleyball at Cunningham's Extreme Outdoor Park, off "E" Street  
Indoor Volleyball at Marine Dome, off "E" Street

Call 466-2390 for more details.



## Travel

### 8th & I Tour

Friday - Sunday, August 6 - 8



**Washington, DC**  
**"The Evening Parade"**

This parade features the Marine Drum & Bugle Corps with their "Music in Motion" and the precision rifle handling of the Silent Drill Platoon. It's a spectacular show of patriotism and pageantry that shouldn't be missed!

**ONLY \$204<sup>50</sup> Per Person**



**Price Includes:** Transportation, 2 Nights Lodging at the Liaison Capital Hill & Tickets to the Parade



466-6625/2197

## Info & Education

# Military Spouse Appreciation Day



## Friday, May 7


### 10:00am - 2:00pm

Visit Marine Corps Family Team Building on Military Spouse Appreciation Day to discover the MCCS programs that give back to military spouses and families!

MCFTB Building 294, Wing 7 "C" Street. For more info







### American Red Cross

#### Lifeguarding Course

at the Combat Pool, off "F" Street  
Sat May 15 - Sat, May 22  
Call for times.  
Only \$175 Per Student (Ages 15 and up)

Register at the Aquatics Office (located inside the Marine Dome)  
Learn life saving skills to help keep swimmers safe in and around the water!  
For more info call 466-2510

### Start Smart SOCCER

At the Championship Field (Located next to the MCCS Auto Resale lot, on Roosevelt Blvd.)

Session 1:  
Tuesday & Thursday, May 11-27,  
5:30pm-6:45pm • Register by Monday, May 3

Session 2:  
Tuesday & Thursday, June 8-24  
5:30pm-6:45pm • Register by Tuesday, June 1

**only \$50 per child ages 3-5**

**Call 466-5493/4825 for more info.**

### CONSEIL INTERNATIONAL DU SPORT MILITAIRE

Come see the best Women's International Military Volleyball players from around the world!

## Wednesday, May 26 - Tuesday, June 1

at the Marine Dome, Bldg 287, off of "E" Street

**Free to Spectators! Open to the Public!**

For more information call 466-2390 or visit [www.mccscherrypoint.com/cismindex.htm](http://www.mccscherrypoint.com/cismindex.htm)





## The Piranha Pit Bike Challenge

This race is a 5 mile mountain bike course on all types of terrain.

**Sponsored by:** at&t, First Flight

**Saturday, June 19**

**Check-In at 6:30-7:30am, Race begins at 8:00am**

**Rain Date: Sunday, June 20**

at the Piranha Pit (Shady Grove Lane, located off Roosevelt Blvd.)

Register at the Devil Dog Gym, Special Events Coordinator or [www.active.com](http://www.active.com)

**Registration Deadlines:**  
Early Registration: (Until May 29) • All Hands: \$25, Active Duty: \$10  
(May 30 - June 5) • All Hands \$40, Active Duty: \$20

**Registration by Saturday, June 5**


For more info contact: Berna Crosby at 466-2208 or Email: [bernadine.crosby@usmc-mccs.org](mailto:bernadine.crosby@usmc-mccs.org)

**FREE!**

### BASIC BUDGETING CLASS

9-11:30am  
**Friday, May 7**

Learn basic financial management skills & how to maximize your spending ability.



**MARINE & FAMILY SERVICES**  
Classroom #166 Bldg 232 on E Street  
Call: Walt Goding 466-4401 for registration and information

### Family Scavenger Hunt

Bring your family and join us in celebrating a North Carolina city's 300th birthday with a family scavenger hunt.

## Saturday, May 8

This event is only \$15.00 for adults and \$10.00 for children.

Call the ITT office to sign up, we will meet at the office Saturday morning



466-2197/2172



Parker Car Automotive Group are proud sponsors of your MCCS Events.



is a proud sponsor of your MCCS Events.

# Events for May 6 - 13



...and beyond

QUALITY OF LIFE PROGRAMS FOR OUR MARINES & SAILORS & THEIR FAMILIES

## Kids & Teens

**teens!**  
we value your creativity!

### Teen Art Contest

At the Community/Teen Center  
(Staff Capehart, Stanley Rd.)

Wednesday, May 5 - **FREE!**  
Wednesday, May 19  
Teens 12-18

A Free trip to the NC Museum of Art, in Raleigh, NC, will be awarded for the best art work!

Deadline for entries: Wednesday, May 19

For more info call 466-4831

### KIDS "CAST-A-WAY" FISHING TOURNAMENT

**Saturday, June 5**  
Check In 7:00am Fishing 8:00-10:00am

All Cherry Point kids, bring your luck, fishing poles, tackle & bait to come catch some fish!

**FREE!**  
For children ages 3-17

Register by Wednesday, June 2 (limited to the first 250)  
A parent or legal guardian must accompany each child.

**WIN GREAT PRIZES!!**

**Call 466-2762 for info!**  
At Carfish Pond, located off Rifle Range Road.  
Rain Date: Saturday, June 12  
No USMC or Federal Endorsement Implied

## 123 SESAME STREET

### USO Experience for Military Families

Bring your children out to see Zoe, Elmo, Rosita, Cookie Monster and Grover so they can help your children cope with the deployment of their loved ones!

Wednesday & Thursday, May 19 & 20 - 3:00pm & 6:00pm  
Station Theater - "E" Street  
Doors open 30 minutes prior to show starting

**FREE!**

Call 466-4401 for more info.

**MARINE AND FAMILY SERVICES**  
Located in Bldg. 232.

No USMC or Federal Endorsement Implied

## \$\$\$ MCX Savings!

It's All About..

# MOM!

Now thru Sunday, May 9

at your **MCX**

Find additional savings at your MCX for Mother's Day!  
20% off select brands of apparel

For more information call 463-1692, Woodside Drive

### MAY AUTO CARE SPECIAL!

Are You Ready For the Summer?

### Tune Up Your Air Conditioning System!

We will check your air conditioning system's pressures and temperatures according to manufacturer's specifications plus, fill your system with up to one pound of Freon!

**NOW ONLY \$32.95**  
("Evac & Recharge extra if needed")  
For the month of May only!

Includes:  
• Dye  
• Up to One Pound of Freon  
• Check pressures and temperatures

**MCCS Auto Care Center**  
Carteret Dr. • 463-1639/1640

In a hurry? No time for lunch?

Zip in to the Marine Mart for our **Monday Grab & Go Special!**  
All Day Every Monday!

Regular Hotdog, cup of chili & any size fountain drink

For only **\$3.99**

Call 463-1639 for more info.

**Marine Mart**  
Next to McDonald's, Bldg 4472

Featuring Flight Line Fresh Foods & Grab & Go Menus

## Entertainment & Fun Stuff

MCCS NASCAR SMP Trip to...

### SHOWTIME SOUTHERN 500

DARLINGTON RACEWAY  
MAY 8, 2010

at Darlington, SC

**Saturday - Sunday, May 8-9**

only \$195.00 per person  
(price includes ticket, transportation and lodging)

Meet at Cunningham's Saturday at 8:00am, returns Sunday at 4:00pm

Register at Cunningham's ("E" Street), pay at Bldg 400, cash office.

Come see Nascar's stars return to battle the track in the Spirit Cup Series "Showtime Southern 500"!

Single and Unaccompanied Marines & Sailors only

Call 466-3027 for more info.

## UFC 113

### ULTIMATE FIGHTING CHAMPIONSHIP

at CUNNINGHAM'S "E" Street

**Saturday, May 8 10:00pm**

Come experience the UFC fight on the 12 foot screen while enjoying Food and Beverage Specials!

Call 466-3027 for more info.

### SMP Commissary Awareness Tour

at the MCAS Cherry Point Commissary (Woodside Dr.)

**Monday, May 17 9:30am - 12:30pm**

Enjoy a fun morning of games and prizes followed by a free cookout for lunch!

**FREE!**

Single & unaccompanied Marines only.

For more info call 466-3027

### Indians

SMP Baseball Trip at Grainger Stadium, Kinston, NC

**Wednesday, May 19**

Bus departs at 5:30pm  
Game begins at 7:00pm

Register at Cunningham's ("E" Street)

Single and Unaccompanied Marines come take a ride with us to see the Kinston Indians take on the Salem Red Sox.

Call 466-3027 for more information.

## MCCS Phone Numbers

- DINING**
- 11th Frame 466-9309
  - Andy's 466-9010
  - Bonsai Express 652-7351
  - Catering 670-7156
  - Clausen's Pizza, Wings & More 466-5555
  - Dunkin' Donuts 444-3665
  - McDonald's 444-2269
  - New City Deli 463-7358/7361
  - Pappy's Bar & Grill 463-7356
  - Subway 444-1864
  - The Pit 466-9561
  - Wings Grill 466-9306
- FAMILY TEAM BUILDING**
- Key Volunteers 466-5779
  - L.I.N.K.S. 466-5588
- MARINE & FAMILY SERVICES**
- Cherry Tree House/Youth Activities 466-3861
  - Child Development Center 466-3595
  - Counseling - Personal & Marital 466-3264
  - Employment Assistance 466-4401
  - Exceptional Family Member Assistance 466-4401
  - Family Advocacy 466-3264
  - Family Child Care 466-4867
  - Family & Parenting Education 466-3264
  - Financial Management 466-4401
  - Human Resources 466-2301
  - Library 466-3552
  - New Parent Support 466-3651
  - Relocation Assistance 466-4401
  - Retired Activities 466-5548
  - Substance Abuse Counseling 466-7568
  - Transition Assistance 466-4401
  - Victim Advocacy 466-3264
- MCCS COORDINATORS**
- Donnie Koontz 466-6453
  - Jean Ray 466-5071
  - Wayne Simmerman 466-5206
  - Sandra Zimmerman 466-4846
- RECREATIONAL FUN**
- Bowling Center & Pro Shop 466-3910
  - Golf Course & Pro Shop 466-3044
  - Marinas, Lodges & Parks
  - Hancock Marina & Lodge 466-3620
  - Pelican Point Marina & Ship's Store 466-2762/4874
  - Slocum Lodge 466-5812
- RECREATIONAL FUN Contd.**
- Information Tickets & Travel 466-2197/2172
  - Outdoor Connection 466-4058
  - Cunningham's Recreation Center 466-3027
  - Theater 466-3850
  - Extreme Outdoor Park 466-3027
- RETAIL**
- 7-Day Troop Store 463-1693
  - Auto Care Center 670-1995
  - Auto Skills Center 466-2352
  - Barber Shop (in MCX Mall) 463-1654
  - Barber Shop (near 7-Day Store) 466-9263
  - Cherry Point Video 444-0702
  - Convenience Store 463-1626
  - Dry Cleaner 447-2130
  - Flower Shop 447-2425
  - Furniture Store 463-1692
  - Hammond's Plaque Shop 444-1288
  - Main Exchange Mall 447-7041
  - Marine Mart 463-1639
  - Massage Therapy 444-0829
  - Military Clothing Store 463-1608/1623
  - Package Store 463-1638
  - Safety Store 466-9063
  - Sprint 464-0007
  - Beauty Shop 447-1857
- SEMPER FIT**
- Aquatics 466-2510
  - Swimming Pools
    - Cedar Creek Pool 466-2277
    - Combat Indoor Pool 466-2209
    - Hancock Pool 466-2168
  - Athletics Department 466-2390
  - Devil Dog Gym 466-2713
  - Hancock Fitness Center 466-4018
  - Health Promotions 466-6467/7201
  - Marine Dome 466-2566
  - Semper Fit Department 466-4232
  - Single Marine Program 466-3027
  - Community Center 466-4824
- CLUBS**
- Cunningham's Recreation Center 466-3027
  - The Pit 466-9561
- EDUCATION**
- Education Office 466-3500
  - Colleges & Universities
    - Boston University 466-2491
    - Craven Community College 466-5020, 444-6000
    - Park University 466-2655
    - Southern Illinois University 466-2779

## MCCS Cherry Point Commemorative Brick Campaign

Your Legacy...  
A Lifetime Impression!

Order your customized brick TODAY!

Take advantage of this opportunity to memorialize and salute a fellow Marine or Sailor, a fallen comrade, or a family member!

**THREE EASY WAYS TO ORDER YOUR COMMEMORATIVE BRICKS!**

- 1) **Online** - visit [www.bricksrus.com/order/cherrypoint](http://www.bricksrus.com/order/cherrypoint) and follow the simple instructions!
- 2) **Mall In** - your order by picking up your order form here!
- 3) **Turn In** - your order at your three Convenience Stores, MCX Customer Service Center, Bowling Center, Cunninghams, The Pit

For more info, visit [mccscherrypoint.com](http://mccscherrypoint.com)

# YOU'RE CLEARED FOR TAKE OFF!

## MAY 21-23

# MCAS CHERRY POINT AIR SHOW

*"Semper Fi Over The Carolina Sky"*



★ **ADMISSION & PARKING ARE FREE!** ★

You and your family will be astonished and astounded when you experience the Carolinas' largest air show, the upcoming "MCAS Cherry Point Air Show", May 21-23, highlighting a variety of the world's finest aviation demonstrations to include the US Navy Blue Angels! Get ready for mach speeds with the ultimate in aerial entertainment in the sky and on the ground highlighting a spectacular "Night Show" on Friday evening and two full weekend "Day Shows". Featuring a variety of high speed modern military flybys, historic static aircraft and entertaining on-the-ground events and activities, this is a phenomenal family experience!

### Performers & Highlights Include:

- ★ US Navy Blue Angels
- ★ Marine Air Ground Task Force Demo
- ★ Canadian Skyhawks Jump Team
- ★ Shock Wave Jet Truck
- ★ Numerous Civilian & Military Flight Demos
- ★ Historic & Modern Static Aircraft

★ **Simulators, Children's Activities & Much More!** ★

### WANT PREMIUM SEATS?

- ~ Chalet Seating
- ~ Box Seat Sections
- ~ Bleacher Seats

All are available at [cherrypointairshow.com](http://cherrypointairshow.com)



### FRIDAY "NIGHT SHOW"

Friday, May 21 • Gates Open at 5pm

You'll be awestruck at the amazing night oriented aerobatics and display of military firepower!

- ★ Supersonic military jets with afterburner flybys
- ★ Super Rocket Truck zooming down the flight line
- ★ Huge "Wall of Flame" explosive ordnance demo
- ★ Variety of aerobatic demos with dazzling pyrotechnics
- ★ Incredible fireworks display



### WEEKEND "DAY SHOWS"

Saturday, May 22 & Sunday, May 23

• Gates open at 8am •

- ★ Flying begins at 10:30am
- ★ Featured performers on both days include US Navy Blue Angels, plus, a variety of Marine Corps aviation and military demonstrations and flybys; civilian barnstormers, historic flybys and statics and so much more! Visit our website for all the details.



~ Special Thanks to our Corporate & Media Partners! ~



No USMC or Federal Endorsement Implied

[cherrypointairshow.com](http://cherrypointairshow.com) • 1-866-WINGS-NC



# Now Partnered with Monster.com!

## How Do I Place An Ad?

By Phone: 888-328-4802  
 By Fax: 888-328-8261  
 Online: encclassifieds.com

In Person: Mon-Fri 8am-5pm  
 3200 Wellons Blvd, New Bern, NC 28562

By Mail: ENC Classifieds  
 1300 Gum Branch Road, Jacksonville, NC 28540



## Cool Cheap Stuff:

Items under \$500 run free for 7 days. Some restrictions apply.

## Specials are available for the following classifications:

Pets For Sale, Autos For Sale, Boats For Sale, Garage Sales, Items For Sale under \$2,500.

Call a Classified Ad-Visor at 888-328-4802 for information.

## What Are The Deadlines?

Publication Day	Deadline
Sunday	1pm Friday
Monday	2pm Friday
Tuesday	1pm Monday
Wednesday	1pm Tuesday
Thursday	1pm Wednesday
Friday	1pm Thursday
Saturday	Noon Friday



## Publication Policy

To ensure the best response to your ad, please take time to be sure your ad is correct the first time it appears. If you see an error, please call us immediately to have it changed. However, the publisher is responsible for one incorrect day only. Liability shall not exceed the portion of the space occupied by the error and is limited to the copy submitted for publication. We reserve the right to classify and index any advertising based on the policies of this newspaper. The publisher will not be liable for any advertisement omitted for any reason. Ad position is not guaranteed. Rates are based on consecutive insertions. For information about lower contract rates, please contact an Ad-Visor at 888-328-4802.

### 005 Services Directory

**Clearing/Gravel**  
**BULLDOZER**, excavator, grading, demolition work. Fill dirt, topsoil & sand. (252)559-6932

**Compost/Topsoil**  
**CERTIFIED CLASS A** Compost or screened organic soil, \$15 per ton. Will deliver. No order too large or too small. (252)633-5334



**Concrete**  
**DISCOUNT PRICES** Driveways, patios sidewalks No one can beat my price Daugherty's (910)389-8575

**Drywall Repair**  
**NEW WORK** or repair to existing walls and ceilings. Free estimates. Call 252-633-4909

**Electrical Service**  
**W.C. ROUSE ELECTRICAL INC.**  
 Lic.#4843U fully insured residential contractor. 252-939-1661

**Gutters/Construction**  
**DAD & THE BOYS LLC**  
 Seamless gutters. 5" Gutters \$3.50 per foot 1 story. \$4.50 per foot 2 story plus downspouts. We specialize in flooring & remodeling. We do all phases of residential construction. 252-659-2224

**Handyman**  
**A QUICK SERVICE.** Can Install or Repair anything **Remodeling, Painting, Tile, Roofing**, etc. 30 years experience. Quality Work guaranteed. **Member of Better Business Bureau** We accept Visa, Mastercard, Debit. 252-633-6675.

**Handyman**  
**A-1 HANDYMAN SERVICE** No job too small. Reasonable rates! (252)229-7016

**Handyman**  
**BOB'S HANDYMAN SERVICE** 25 years experience. No job too small. (252)288-1511

**Home Improvement**  
**FJ CURRAN CO.** Remodeling, home repairs, handyman services. Free estimates! (252)723-5123

### 005 Services Directory

**Handyman**  
**COASTAL INSTALLATION AND REPAIR!** Painting, roofing, plumbing, electrical, pressure washing, tree removal and tractor work. All work with warranty. Call (252)474-5676

**Handyman**  
**EASTERN CAROLINA'S Handyman**  
 Painting, roofing, plumbing, electrical, landscaping, flooring, tractor work, porches & decks. Warranty. 252-670-7981 or 514-3013



**Hauling**  
 Fill dirt, topsoil, sand, rock backhoe, grading, debris removal, demolition, drainage tile **Reid Avery** (252)638-2801



**Home Improvement**  
**ATLANTIC BUILDERS** Room additions, remodeling & repairs, garages, decks, sheet rock, painting & roofing. Ability with dependability. "FREE" estimates! (252)447-2394

**Home Improvement**  
**A-1 IMPROVEMENT** All your home improvements needs. Where quality counts. References available. 1 year warranty. 252-670-7981 or 571-7551

**Home Improvement**  
**Painting, Carpentry, Garages, Additions...** Reasonable rates and quality work! (252) 671-6606.

**Home Improvement**  
**LANDSCAPING** Spring is coming. Planting, mulch, sodding, pine straw, and irrigation repairs. Call 910-743-2951 or 252-474-4491

**Landscaping**  
**RANDY'S BED MAINTENANCE & LANDSCAPING** Spring is coming. Planting, mulch, sodding, pine straw, and irrigation repairs. Call 910-743-2951 or 252-474-4491

**Lawn Care**  
**AL'S LAWN CARE** Cutting, trimming & cleanups. A great job at low price. 252-447-1265

### 005 Services Directory

**Lawn Care**  
**BROOKS LAWN CARE** We do it all! Free estimates! Military Discounts! (252)244-1200 or (910)300-0076

**Lawn Care Service**  
**LEE'S LAWN SERVICE** Residential/Commercial. Complete lawn care! "FREE" estimates! (252)342-1789

**Lawn Care**  
**SPRING CLEANUP!** Pressure washing, mulching flower beds, removing small trees, landscaping and painting. **Campbell's Lawn Care** (252)342-1984 or 342-4488

**Lawn Care**  
**SUNSHINE LAWN CARE & LANDSCAPING** Military discounts. Free Estimates. (252)342-6335

**Lawn Service**  
 Lawn Care & Home Maintenance. Good rates, better monthly rates. Call Dennis, (252) 670-8548

**Lawn Service**  
**Spring Garden Lawn Service** Total lawn care, bushhogging, insured. "FREE" estimates! (252)670-8599

**Music Lessons**  
**PIANO LESSONS**  
 (252)447-4086

**Painting**  
**A QUALITY PAINTING SERVICE**  
 Paint, stain, seal decks, pressure washing. We do windows. Member of BBB. Visa & Mastercard accepted. 252-633-6675

**Patios and Walkways**  
**WIDE SELECTION OF** pavers and flagstone. Installation available. **Stone Craft** (252)633-4956

**Pine Straw**  
**CLEAN LONG LEAF PINE STRAW**  
 \$4 or \$4.25 Delivered Green Giant Nursery, Pollocksville (252) 671-3804

**Retaining Walls**  
**ROCK, BLOCK & P.T. TIMBER,** retaining walls. Call (252)637-ROCK [www.rocknyards.com](http://www.rocknyards.com)

### 005 Services Directory

**Roofing**  
**REPLACEMENTS AND REPAIRS!**  
 All types, fully insured, reasonable rates. Call (252)670-5573

**Stone**  
**FLAGSTONE, BOULDERS,** Veneer, River Rock. Installation available. **Stone Craft** (252)633-4956

**Structural repairs**  
**WE REPAIR JOISTS,** seals, girders, water/termite damage. All home repairs! (252)756-2915

**Tile Installation**  
**BATH/KITCHEN REMODELING** and granite/marble countertops. Free estimates! (252)463-3700

**Tile Installation**  
**Bathroom Remodeling,** Handicap Specialist. Free Estimates. (252)249-0381

**Tractor Work**  
**FOOTINGS, BUSHHOGGING, BACKHOE** and tractor work. Call (252)670-0555

**Tree Service**  
**A-1 TREE**  
 Tree removal and trimming, stump grinder, up to 95' bucket truck. Mastercard/Visa accepted **Earl Temple** (252)636-0611

**Wiring**  
**Residential Wiring** Telephone/cable outlets, installation/repair, wall fish. Low rates! 252-227-2514

### 010 Announcements

**Baby Girl Born April, 1974.** Birth Mother/Sibling contact Jenny, 719 671-4188 [jenny13446@yahoo.com](mailto:jenny13446@yahoo.com)

### 030 Instruction & Training

**J.Y. Monk**  
**Real Estate School**  
 Get your Real Estate License **FAST**  
 Raleigh, Wilmington & Greenville Courses  
 Free Brochure & Schedule  
**1-800-849-0932**  
[www.jymonk.com](http://www.jymonk.com)

**NEW TODAY**  
**CONCEAL CARRY CLASS**  
 JUNE 5TH & 6TH, 2010  
 For information and application go to: [www.hdnconsulting.com](http://www.hdnconsulting.com) or call **Phil Inman** at 252-635-1228 for a seat!  
 Cost is \$75 for firearms training and conceal carry class.

**NEW TODAY**  
**PIANO LESSONS!** Several openings available, Newport area! Call (252)223-5687

### 050 Help Wanted

**NEW TODAY**  
 General  
**Now Taking Applications For: FRONT DESK CLERK**  
 All shifts. Experience preferred. **PLEASE APPLY IN PERSON!**  
 Candlewood Suites, New Bern BETWEEN 5PM-6PM

**NEW TODAY**

*Bayview Nursing & Rehabilitation Center*

**IS NOW ACCEPTING APPLICATIONS FOR:**

**LPN**

**PART TIME, PRN**

**PLEASE APPLY IN PERSON:**  
 3003 Kensington Park Drive  
 New Bern, NC 28560  
**EOE**

**NEW TODAY**

*Bayview Nursing & Rehabilitation Center*

**IS NOW ACCEPTING APPLICATIONS FOR:**

**CNAs**

**\*7PM-7PM WEEKENDS\***  
**\*7AM-7PM WEEKENDS\***  
**\*7AM-3PM & 3PM-11PM\***

**FULL TIME SHIFTS AVAILABLE**

**PLEASE APPLY IN PERSON:**  
 3003 Kensington Park Drive  
 New Bern, NC 28560  
**EOE**

**NEW TODAY**

**We want YOU to be part of OUR family 12 years and still growing!**

**Clinical Vacancies:**  
**HOME HEALTH RN - Full or Flexible Part-Time, And/or Weekend Option**  
**HOSPICE RN - Full Time Jacksonville**  
**HOSPICE RN - Full Time Hampstead**  
**HOSPICE RN - FT or PT Kinston or Greenville**  
**HOSPICE RN - Weekend Option**  
 Acute care experience beneficial; home health/hospice experience not required due to individualized training through preceptor program.

**Now accepting LPN applications also and CNA'S ALWAYS WELCOME (Prior applicants welcome to reapply)**

**Administrative Vacancies:**  
**Jacksonville, Hampstead, Morehead City, Greenville**  
 Minimum typing speed of 60 wpm, Health care, management or marketing experience a plus.

*Continuum Home Care & Hospice*

**Call: 888-814-8904, Fax: 910-989-2693**  
**Or Email Resume to: [info@continuumhch.com](mailto:info@continuumhch.com)**

**What Continuum employees say about our workplace:**

"It feels like family."  
 "We really care about what we're doing, about our patients, and about each other"  
 "It's not the easiest job, but it's the best job I've ever had."  
 "I plan to retire from Continuum."

## The Windsock Free Classifieds

### How to Place a Windsock Free Classified Ad

Active duty, retired military personnel and their dependents may place classified ads in *The Windsock* at no charge. You must go to the Joint Public Affairs Office in Bldg. 4817 and fill out an ad request form.

There is a 20-word limit on military free ads and a two-ad (separate category) per household maximum per week.

### Policy for Free Classified Ads

Providing free advertising for business ventures is prohibited by government printing regulations and conflicts with the civilian publisher's advertising (which pays for the entire Windsock.) Therefore, as stated on the free ad request form, free classified ads "...must not be of a commercial or business nature."

This includes baby-sitting, property for rent, and yard work. Such advertisements may only be run as paid ads. Likewise, ads promoting fund raising activities sponsored by any organization, or events for which a fee is charged, are also not authorized under the free ad provision.

*The Windsock* will only publish free ads for animals which the owner is giving away. Real estate for sale must be exclusively "By Owner."

Failure of an ad to appear in *The Windsock* usually indicates the submission did not meet the criteria for free publication.

► **Deadline for submitting free classified ads is noon, Monday** ◀

► **When Monday is a Federal holiday, ads must be submitted by noon, Friday** ◀

► **To re-run, free ads must be resubmitted** ◀

**050 Help Wanted**

NEW TODAY

General

**THE EMERGENCY PET HOSPITAL OF CRAVEN-CARTERET** is now accepting applications for: **WEEKEND ASSISTANTS**

Veterinary experience is required. Applications can be picked up between 6pm-9pm at 1301-A East Main Street in Havelock. **NO PHONE CALLS!**

NEW TODAY



**Performance Team Leader Openings**

Insource is currently hiring for Performance Team Leaders on both 1st and 2nd shift. These Team Leaders will supervise a team of performance associates, possibly in multiple work cells, in a New Bern assembly and production plant. Team Leader candidates must have at least 1 year of supervisory experience and be able to work alongside of their team supplying product and driving a light assembly and packaging team.

Compensation is \$10.00/hr to \$13.00/hr depending on experience, plus generous incentives for work performed, along with available benefits including health, dental insurance, holiday and vacation pay, and more. Overtime is available!

To apply, please email your resume to [careers@insourceperformance.com](mailto:careers@insourceperformance.com) or fax it to (704) 643-9908. EOE

NEW TODAY

Sales

**Hiring Now! TELE-SALES**

34 years proven! Fundraising for Shriners Org.! B2B experience a must! \$10-\$25 hr + bonuses! Only top closers wanted! (252)639-9937

NEW TODAY

Trades

**GENERAL CONTRACTOR IS SEEKING A: SUPERINTENDENT**

to oversee construction sites. Must be able to complete punch lists, close out procedures and construction requirements. On site work experience and knowledge of building codes is required. Person must be hands-on, motivated, able to work flexible hours, have transportation and a valid drivers license. CALL (252)514-5938 AND REFERENCE AD.

NEW TODAY

General

**FREE PHOTO SHOOT** if accepted. Local Agency Interviewing Expressive Babies and Kids for commercials & print. Bookings pay well. [www.cbgroup.com](http://www.cbgroup.com) for info (252)670-0464

**050 Help Wanted**

NEW TODAY

Driver

**CLASS A BOAT HAULERS NEEDED** Great pay and benefits package. Must have 2 years CDL experience. Call Mon.-Fri. (252)974-2444

NEW TODAY

Drivers

**DRIVERS CDL-A TEAMS & O/O'S** Earn Top Dollar Running Specialty Cargo for Midwest Carrier. Apply: [www.RandRtruck.com](http://www.RandRtruck.com) (866)204-8006

**050 Help Wanted**

NEW TODAY

Education/Medical

**ASSOCIATE DEGREE NURSING INSTRUCTOR**

9 month and 10.5 month alternating years. The person in this position is responsible for providing instruction in an integrated, conceptual curriculum with emphasis on Fundamentals of Nursing and Medical Surgical Nursing. Applicant must have unrestricted NC RN license with two calendar years of full-time clinical practice or equivalent as a registered nurse; BSN required. Nursing experience caring for mental health and pediatric patients, MSN, teaching experience and computer literacy skills preferred. Minimum Salary: \$4113.00 per month (based on education and experience. Closing date: May 21, 2010 or until filled. Approximate start date: August 12, 2010.

Submit a completed Coastal Carolina Community College application to the Personnel Office, 444 Western Blvd., Jacksonville, NC 28546 or submit application via the web at [www.coastalcarolina.edu](http://www.coastalcarolina.edu) to [personnel@coastalcarolina.edu](mailto:personnel@coastalcarolina.edu) 910-938-6214/6777 Fax: 910-455-7027 EOE M/F/D/V

NEW TODAY

Help Wanted

**HEARTWORKS COMMUNITY YOUTH CENTER**

Seeking After School & Summer Staff. Hourly Positions NC Credentials, Childcare Admin. Cert. in Math & Reading teachers, Collage Students skilled in English & Math Volunteers to assist with Nutritional Summer Program & Creative Arts. Fax Resume to: 252-745-9706 or email [info@heartworksonline.org](mailto:info@heartworksonline.org)

**050 Help Wanted**

NEW TODAY

Human Services



A private company offering outpatient therapy, therapeutic foster care, day treatment, community support and intensive in-home services for children/youth with behavioral, emotional and other mental health problems is now hiring the following:

**LICENSED or PROVISIONALLY LICENSED MENTAL HEALTH CLINICIANS**

Full time or part time positions available to provide Outpatient Therapy and/or Intensive In-Home Services in the New Bern or Morehead City areas. Must be licensed in North Carolina. Prior experience necessary. Salary commensurate with education and experience.

Email resume to: [mbutler@carolinachoice.com](mailto:mbutler@carolinachoice.com) or Mail to: Carolina Choice, LLC, P.O. Box 12189, New Bern, NC 28561

NEW TODAY

Medical

**Britthaven of Havelock** is now hiring for:

- Nurses 7-3 & 3-11
  - PT Dietary Aide
  - CNAs All Shifts
- Please apply in person 110 McCotter Blvd Havelock NC 28532 or call (252)444-4631 EEO/AAP

**050 Help Wanted**

NEW TODAY

Medical

**Dental Hygienist**

Immediate opening for a Full Time Hygienist. Competitive benefits package to include health insurance. 4 day work week (Mon-Thur). Salaried and/or commission based compensation. SEND RESUME TO: [drseaforth@seaforthdental.com](mailto:drseaforth@seaforthdental.com) or Dr. Seaforth, 107 E. Vernon Ave., Kinston, NC 28501

NEW TODAY

Medical

**Licensed or Provisionally Licensed Therapists**

Private Mental Health provider seeking therapists to lead Intensive In-Home and Community Support Teams in any of our eastern NC locations. Great co-workers and salary; benefits and clinical supervision provided. Fax resume to Linda Weeks at: Le'Chris Health Systems, Inc. (252)514-6586

NEW TODAY

Medical



**PRIVATE HOME CARE CNAs**

Apply today and earn a \$450 bonus!

**ALL SHIFTS/ FULL TIME PLACEMENT**



Home Care for the Elderly. Hourly/24 hour care. Work 3-4 days & have off 3-4 days. New Bern, Havelock, Morehead, Jacksonville and Swansboro areas. Errands, Transportation, Meal Prep, Medication, Companionship, Reminders, Housekeeping, etc.

**TOP PAY Call Today (252)634-9307**



**050 Help Wanted**

NEW TODAY

**FURNITURE SALES Person Needed Full Time** For our Havelock Location Call 447-1191 Appointment

**050 Help Wanted**

NEW TODAY

Restaurant

**EXPERIENCED COOKS, CASHIERS & WAIT STAFF NEEDED**

Apply in Person: Famous Restaurant 2210 Neuse Blvd. No calls will be accepted.

NEW TODAY

Restaurant

**LINE COOK**

Must be neat & clean with the ability to work hard! Apply in person before 11am or after 2pm The Chelsea Restaurant 335 Middle Street

**\*\*\* NOW SELLING \*\*\***

**Affordable New Homes in New Bern CUSTOM FLOOR PLANS AVAILABLE**



**3-4 Bedroom, 2 Bath with 2 Car Garage**

Uniquely Designed Spacious Modern Homes Near Highway 70, Located off County Line Rd, New Bern

- Landscaped lots
- Presales Available
- Choose from several floor plans

Check Out Our Homes at [Kellerwilliams.com](http://Kellerwilliams.com)

Indian Woods, the friendly family neighborhood



**Keller Williams Realty**

**Christina Ward 252-637-2010**

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**TYLER PLACE LUXURY APARTMENTS**

- High efficiency heat pumps
- Water, sewer, trash pickup included • Large, open floor plans

Call or come by today for more information  
Email for Application: [tylerplace@embarqmail.com](mailto:tylerplace@embarqmail.com)

**AFFORDABLE ASK FOR SPECIALS**

No \$Money...No Problem...Move in Today w/approved credit\*

Call for Details  
\$525 2 Bedrooms  
\$565 3 Bedrooms

Office Hours: Monday-Wednesday 9-5 & Thursday 9-2  
**447-5160**  
Located off Lake Road in Havelock  
\*Limited time only. Some restrictions apply

**050 Help Wanted**

NEW TODAY

General

**CUSTOMER SERVICE POSITION**

Looking for an individual that is organized with the ability to multi-task in a fast paced work environment. Must be people oriented with proper telephone and computer skills. Sales ability is a must. Must be dependable, hard working, enthusiastic, & a team player. Insurance license is a plus. Satisfactory background check required.

Submit resumes to: [frank.amato@nationwide.com](mailto:frank.amato@nationwide.com) or call (252)447-8178 for an interview.

**050 Help Wanted**

NEW TODAY

Trades

**HVAC, MECHANICAL, SERVICE TECHNICIAN**

Residential HVAC Service Technician wanted for start up/tie in and warranty work for Craven, Lenoir & Surrounding counties.

Resumes can be emailed to: [jeff@jandjmech.com](mailto:jeff@jandjmech.com) or faxed to 252-527-2552

**075 Child Care**

**HOUR LITTLE HANGOUT** 10 week Summer Preschool Program Ages 2-4. Spaces limited. Register now. (252) 447-HOUR (4687) for info.

**080 Antiques**

NEW TODAY

At **JL Kirkman's Antique Mall** we've just picked up an estate of dark & light wood rattan furniture; also wicker. We have quality furniture for every room in your home! If you collect it, we've probably got it in the store! "A short trip across the bridge to Bridgeton". 9-6 M-F, 10-6 Sat. 252-634-2745

**085 Auction**

NEW TODAY

**C 2 SHORE Auction, Inc.** Harker's Island, NC. We are here to handle all your auction needs! Estates, property, liquidations, bankruptcy, storage! (252) 288-0049 / (336) 687-3639 NCAFL#8610

**090 Garage / Yard Sales**

**YARD SALE** 614 Fox Ridge Court Havelock. 8am-11am May 8th. Washer, dryer, lawnmower, etc. (252)626-7911

**095 Building Materials**

NEW TODAY

**REPO'D STEEL ARCH BUILDINGS** 16x24, 20X26 and 25x34. Doing DEALER AUCTION. Selling for balanced owed. Ask about or display program. 1-866-352-0469

NEW TODAY

**STEEL BUILDINGS DISCOUNTED** priced to sell! 24x30-120x250. Will deal. [www.scg-grp.com](http://www.scg-grp.com) Source#1HA. (919)827-8053

NEW TODAY

**YARD SALE - SLIGHTLY WEATHERED LUMBER!** Any size or length. \$3.00 Discount City Havelock (252)447-1880

**105 Musical Instruments**

**DRUM SET** Pearl snare, bass, 2 toms, 3 zildjians cymbals with stands, \$350. Terry or Cody 252-808-3510

**110 Pets & Supplies**

NEW TODAY

**"DOG SCHOOL"**

Basic/Advanced training for all breeds! [wellerkennels.com](http://wellerkennels.com) New Bern, NC (252)636-5225

**115 Appliances**

NEW TODAY

**WALL OR WINDOW MOUNT** 18,000 BTU Heat and Cool units. \$487 Discount City Havelock (252)447-1880

**120 Sporting Goods**

**RECURBENT BICYCLE** Very, very fast. \$200. Email [pkeys@ecr.com](mailto:pkeys@ecr.com) for photos and specifics.

**NEED A DOCTOR?**  
Check out [www.encMedical.com](http://www.encMedical.com)

**130 Furniture & Household**

NEW TODAY

**#1 ABSOLUTE BARGIN** Brand NEW In Plastic Queen/ Full Plush Mattress Sets \$99! Queen/Full PillowTop Sets \$159. WE'RE LOCAL, 8 miles from Main Gate. Better Quality and Will Beat Any AD Price Guaranteed! Can Deliver/ Layaway Available. Call Dion NOW! 910-325-7008 \*\*\*\*\*  
**5PC CHERRY BEDROOM SET!** Brand New-Still in the Box Queen/Full \$350! Will Beat Any AD Price Guaranteed! Call Dion NOW!(910)325-7008

**150 Miscellaneous**

**AFFORDABLE BARN!** 12X16 \$1,895; 12x20 \$2,395; 16x16 \$2,795. Other sizes available. Built on your lot. Call (252)531-0664 or 800-218-BARN, Ayden

NEW TODAY

**CLEAN LONG LEAF PINE STRAW**

\$4.25 per bale! Delivered! (252)244-1738

NEW TODAY

**GREENLEAF MEMORIAL.** 3 lots, \$1600 each. Save \$1200! Floral Garden #2, Lot #2 (276) 730-0020

**KENWOOD STEREO SYSTEM** Full surround, 5 amps, tuner, 5-CD deck and much more. \$200 Email [pkeys@ecr.com](mailto:pkeys@ecr.com) for photos and specifics.

**USMC DRESS BLUE** Uniform coat 41L, pants 32R, \$50. Poly coat 41L, pants 32L, \$50. Free Creighton shirts. 252-675-9887

**155 Lawn & Garden Equipment**

NEW TODAY

**BEAUTIFUL GREEN FRESH CUT CENTIPEDE SOD** Large 6' rolls. \$2.49 Discount City Havelock (252)447-1880

NEW TODAY

**CENTIPEDE SOD** Delivery or Pickup, Installation Available! (252) 229-2557

**165 Storage Rentals**

NEW TODAY

**2 CONVENIENT LOCATIONS** Trent Rd, Glenburnie Rd, Tyson Mgmt 252-514-0188

NEW TODAY

**BOAT & RV STORAGE** with security fence. Outdoor storage: \$60/month. Covered storage: \$80/month. Pollocksville. (252)671-1691

**190 Lots & Acreage**

NEW TODAY

**8/10 OF A ACRE** Cowpin Landing. Septic system & water. \$19,950 Whit Morgan 252-636-2200

NEW TODAY

**HOBBY FARM - 169.9 ACRES** Located on Hwy. 41 West, Trenton, NC. 47.10 acres crop land, 120.8 acres woodland. Roads have been cut through out the forest. Plenty of wildlife-Bears, Deer, Turkey & pond stocked with fish. Fully furnished, 1,648 sq. ft., 3 bedroom, 1 bath, older well-kept home. Several storage buildings totaling 3,066 sq. ft. Equipment includes; 85HP 4-wheel drive Branson Tractor with front end loader, less than 100 hours with Bush Hog, Cub Cadet 4x4 with less than 120 hours. \$615,000! (252)637-8009

NEW TODAY

**HUNTING LAND!** Cove City, 7.25 acres. Turkey, Deer & Bear. \$18K! (252)638-8571 or (252)675-7692

**190 Lots & Acreage**

NEW TODAY

**PITT COUNTY LAND AUCTION**

Thursday, May 20th 10:00 AM

**78 ACRES - DIVIDED & EIGHT HOME SITES AT BRADFORD CK. GOLF COURSE**

Old Pactolus Rd. & Sunnyside Rd., Greenville, NC. Greenville Water and Sewer On Site!! Exceptional Development Opportunity!!

**8 HOMESITES IN CHARLESTOWNE - ALSO AT AUCTION- 60 Acres-Divided-Stokes, NC 8 Mini-Farms & Country Home Sites.** Septic Permits Issued. Located at Oakley Rd., & Stokes Elementary School Rd.

**AUCTION LOCATION:** Next to Bradford Creek Golf Course, 4950 Old Pactolus Road, Greenville, NC.

**VISIT WEBSITE FOR DETAILS, PHOTOS & TERMS:** [www.HouseAuctionCompany.com](http://www.HouseAuctionCompany.com) (252)729-1162



**House Auction Co, Inc.** PO Box 220 Marshallberg, NC NCAL # 7889 & # 7435

**200 Business Opportunities**

NEW TODAY

**NAIL SALON OWNER RETIRING!** Equipment for sale! 2 identical pedicure spas, manicurist desk and lots more! Call Bobby (252) 670-2415

NEW TODAY

**VENDING BUSINESS** 5 year old established route. If you would like to work 1-2 days each month and make big profits call for details! 15K minimum investment. (800)854-2382

**205 Homes for Sale**

**1,850SQ.FT. 3/2** Large closets, Whirlpool, fireplace, heat pump, 2 car garage, landscaped on hill. By appointment (252)637-3868

NEW TODAY

**3 BEDROOM, 2 BATH** 1,008 sq. ft., built in 2009, includes fridge, stove & dishwasher. New Bern \$105,000 (252)671-1691

NEW TODAY

**FIXER UPPER!** 5 BEDROOM, 3.5 BATH (252)635-8588

**210 Homes for Rent**

NEW TODAY

**2 BEDROOM, 1 BATH** mobile home in Woodrow, off Oaks Road. Washer/dryer & heat pump. \$375! (252)633-0177

NEW TODAY

**2 BEDROOM, 1 BATH** on 1 plus acre in Oriental area. \$550 + deposit. No pets/smoking. More acres available. (252)670-7980

NEW TODAY

**3 BEDROOM, 2 BATH** with garage. Off Hwy. 43. Convenient to Weyerhaeuser & Bosch. \$1,000/month. No pets. Requires lease, deposit & credit check (252)636-1093

NEW TODAY

**3/2 2385 Temple's Point Rd.** off Hwy 101E. Country setting, fenced backyard. \$850! (252)447-8669

**3/2 HISTORIC HOME** Cozy front porch, picket fences, nice sized rooms, fenced yard, nice kitchen, \$1,050. 252-635-7052

NEW TODAY

**AVAILABLE HOUSES** 2 & 3 BEDROOMS New Bern & Brinson School District. Fenced yard. \$700-\$850. No pets. Requires lease, deposit & credit check (252)636-1093

NEW TODAY

**STRICTLY RENTALS** : 2 bed rentals \$550-\$750 3/4 bed houses \$750 & up. Call (252)447-0222

**215 Rooms for Rent**

**CLEAN FURNISHED NO SMOKING** near Tryon Palace, for single. \$100 week & up 252-249-2200

**220 Apartments for Rent**

NEW TODAY

**1 & 2 BEDROOM** Very nice, central A/C, washer/dryer, dishwasher, storage unit, quiet neighborhood, no pets. Call 252-447-1497 between Noon-8pm Mon.-Fri.

**220 Apartments for Rent**

NEW TODAY

**1 BEDROOM** Furnished Apartments Waterfront setting, weekly, monthly 910-578-5777

NEW TODAY

**2/2 DUPLEX** New Bern Brinson School District. \$600/month plus deposit required. (252) 514-5180

NEW TODAY

**ALL NEW INSIDE!** Living room, kitchen, bedroom. Washer/dryer, central A/C & heat. Riverside historic district. \$525. (252)670-9219

NEW TODAY

**ALL THE BEST DEALS** Apartments, Townhouses, Duplexes, Mobile home lots or mini storages. Section 8 accepted. (252) 637-5600 Mgmt Svcs

NEW TODAY

**COPPERFIELD APTS.** 1, 2, 3 bedroom \$425 to \$690. Best location & deals (252)633-3240

NEW TODAY

**NEUSE WOODS APARTMENTS** 2/1, 1,080sq.ft., waterfront, beautiful, quiet location. [OrsusMgmt.com](http://OrsusMgmt.com) (252)649-0410

NEW TODAY

**NeuseBuilders Property Management For Lease Homes & Apartments** New Bern Locations From the \$675's  
•Arbor Green  
•Arcadia Village  
•Academy Common  
•Academy Green  
Havelock Locations From the \$595's  
•Croatian Forest  
•Christopher Downs  
•Tucker Creek  
252-635-6800 [neusebuildersrentals.com](http://neusebuildersrentals.com)

NEW TODAY

[www.neusebuildersrentals.com](http://www.neusebuildersrentals.com)

**225 Condos for Sale / Rent**

NEW TODAY

**NEW CONDO - 3 BEDROOM, 3 BATH** at "The Shores" in Morehead City. Waterfront, pool & Marina access. \$1,750/month + 1 month deposit. No pets. (252)240-1138

**235 Business Property**

NEW TODAY

**Commercial Building** for lease, 1800 sqft, offices/shop, fenced, \$850 252 633-3633 or 637-3044

NEW TODAY

**10,000 SQFT WAREHOUSE** space close to Airport! 226 Kale Rd. \$4000 per month. Will subdivide and/or up fit. Call (252)514-9269

**240 Stores/Offices for Rent/Sale**

NEW TODAY

**1916 S. GLENBURNIE RD.** Reception, 3 offices, handicap bath, file room, \$775/mo. Chuck Tyson Tyson Mgmt. (252) 633-5766

**240 Stores/Offices for Rent/Sale**

NEW TODAY

**COMMERCIAL OFFICE SPACE!** 2,600 sq. ft., 7 offices, 1 conference room, 1 full kitchen, 1 full bath, 2 half baths. Pollocksville. \$1,500 per month! (252)671-1691

NEW TODAY

**Neuse Woods Office Complex** Professional offices Neuse Blvd. 2,200sq.ft. \$1,425. 810sq.ft. \$400 [OrsusMgmt.com](http://OrsusMgmt.com) (252)649-0410

NEW TODAY

**OFFICE SPACE** for rent. 1400 Sq ft, downtown New Bern, Ample off-street parking. (252) 633-2470

**250 Manufactured Homes/Sale**

NEW TODAY

**LAND/HOME PACKAGES FOR SALE** \$69,900 to \$89,900. Quality today! Bad credit? We can help! 888-527-2760 Agent

NEW TODAY

**WE SPECIALIZE IN WIND ZONE II MANUFACTURED HOMES!** Save THOUSANDS! Call B4 you buy! 1ST Choice Homes of Kinston (252)523-2825

**255 Manufactured Homes/Rent**

NEW TODAY

**2/1 12X60 VANCEBORO** No pets. No smoking. References required. 252-229-6165

NEW TODAY

**FOR RENT** Clean well kept newer 2 & 3 bedroom Mobile Homes in quiet country setting in Havelock. Close to base! \$500 and up! (252)447-3625

NEW TODAY

**HOMECREST PARK** 2 & 3 bedrooms, 2 baths, \$300 to \$550 plus deposit. Includes water, kitchen and laundry appliances, & parking. No pets. 252-637-5549

NEW TODAY

**MOBILE HOMES** for rent in Newport area. Starting at \$285. Please call for availability. 252-223-6002

NEW TODAY

**NEWER 2 & 3 BEDROOM HOMES!** Sandy Ridge MHP in Bridgeton. No pets allowed. (252)637-9321

**270 Autos for Sale**

NEW TODAY

**CAR INSURANCE BEST PRICES IN TOWN! GRADY & GRADY** 3330 Neuse Blvd. New Bern (252)638-5433 Non-Owner Insurance BEST RATES FOR DWI Motorcycle Insurance

**SATURN 2000 STATION WAGON.** Leather interior, heated seats, 6 cylinder, 2 new tires, new brakes, A/C, power locks/window, non-smoking owner, 120k miles, \$3750. Call (252)269-2443

**270 Autos for Sale**

NEW TODAY

**TOP DOLLAR PAID** for your used car or truck! 24 years experience! (252)675-1400

**275 Vans for Sale**

**FORD 2003 WINDSTAR** 21,500 miles, extended warranty transfers, entertainment package, electric everything, like new. Orders to Okinawa, must sell. \$6500 (252)652-4564

**285 Motorcycles**



**1980 HONDA GOLDWING 1100.** Fully dressed, 40k miles. Trades considered. \$2100. Call (252) 665-1600 or (252)249-6511.

**HONDA 1983 650 Nighthawk.** 28K miles, dark blue, excellent condition, \$750 or best offer. (252) 626-2833

**KONCE GP-9 MOTOR scooter,** 2008, sporty, 4,600 miles, mounted truck, red, looks/run great, no plates/licenses required, \$725, retail \$1900. 252-808-3510

NEW TODAY

**MOTORCYCLES / BIKE TRAILER/ CAMPER!** 1995 HD Sportster Hugger \$2600, 1995 HD Heritage Softail Special \$7800, Air conditioned 7'x14' bike trailer that converts to 7'x20' camper \$4100. Many extras! Complete package \$14,000. All in excellent condition! Must see! Call (252)444-1777 or email: [grevegl@ecr.com](mailto:grevegl@ecr.com)

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# 40<sup>th</sup> ANNIVERSARY

# Spring

Into Action

# SALES EVENT!

OUR **LOWEST PRICES** AND **PAYMENTS EVER!**

## NEW 2010 FORD FUSION



**MOTOR TREND**  
2010 CAR OF THE YEAR

Stk #C8195, MSRP: \$20,345

Cella Price **\$17,945** or just **\$206** per mo.†

## NEW 2010 FORD ESCAPE XLS



Stk #T8309, MSRP: \$22,955

Cella Price **\$19,982** or just **\$236** per mo.†

# 0%

## APR FINANCING FOR 72 MONTHS!

AVAILABLE ON SELECT MODELS!\*

## NEW 2010 FORD FOCUS



Includes: **3 year/45,000 mile maintenance plan**

Stk #C8241, MSRP: \$17,700

Cella Price **\$14,489** or just **\$171** per mo.†

## NEW 2010 FORD F-150



2009 **MOTOR TREND**

Stk#T8294, MSRP: \$23,545

Cella Price **\$19,358** or just **\$224** per mo.†

PLUS YOU ALWAYS GET THE

**\* GUARANTEED LOWEST PRICES IN AMERICA**

**\$10,000**  
PRICE GUARANTEE

**OR WE'LL GIVE YOU \$10,000!**

\*Based on same new model vehicle, straight sale price only, with same options. Cella Ford reserves the right to make the final sale offer on vehicle. Guarantee ends once deal is made. Specialty Vehicles not included. Excludes escape hybrid & shelby kr.

## MAY PRE-OWNED BLOWOUT!

2002 FORD ESCORT SE P3018	\$5,988
1982 MERCEDES-BENZ 380-CLASS SL P2934A	\$7,988
1994 VOLVO 850 T8185A2	\$7,990
2003 MERCURY GRAND MARQUIS P2965A	\$8,990
2005 FORD TAURUS SE C8039A	\$8,998
2004 CHRYSLER SEBRING LIMITED P3044A	\$10,790
2006 FORD TAURUS C8313A	\$10,988
2008 KIA RIO C8175B	\$10,988
2007 FORD FOCUS SE P2978	\$10,988
2002 FORD F-250 SUPER DUTY LARIAT T8211A	\$12,988
2005 VOLKSWAGEN JETTA P2977	\$13,987
2004 DODGE DAKOTA QUAD CAB SLT P2960	\$14,987
2008 FORD ESCAPE P3034	\$14,988
2005 FORD EXPLORER XLT P3031	\$14,988
2007 FORD ESCAPE XLT T8098A	\$14,988
2006 SAAB 9-3 P3006	\$14,988
2004 MAZDA MX-5 MIATA P3008	\$14,988
2003 VOLVO XC70 T8185B1	\$15,988
2004 FORD F-150 SUPERCAB P3038	\$15,988
2009 HYUNDAI ELANTRA GLS P3001	\$16,325

2009 FORD FOCUS SE P3047	\$16,345
2006 CHEVROLET SILVERADO 1500 P2996	\$16,942
2007 FORD FUSION P3033	\$16,987
2006 JEEP GRAND CHEROKEE LAREDO P3023	\$16,987
2002 FORD F-150 P3003B	\$16,988
2004 FORD EXPEDITION P3053	\$16,988
2004 FORD F-150 XLT P3037	\$16,988
2009 CHEVROLET IMPALA LT P3022	\$16,988
2004 MERCEDES-BENZ C-CLASS P3007	\$16,988
2007 FORD FUSION SE SPORT P3042	\$17,850
2007 VOLKSWAGEN GTI P2983	\$17,960
2007 FORD FREESTYLE SEL P2985	\$17,980
2003 GMC YUKON SLT P3045A	\$17,988
2009 CHEVROLET HHR LT P3024	\$17,988
2006 FORD F-150 XLT T8266A	\$17,988
2004 FORD F-350 SUPER DUTY XLT P2839	\$17,988
2008 FORD MUSTANG P3021	\$18,797
2010 FORD FUSION SE P2943	\$18,874
2008 FORD RANGER T8337A	\$18,988
2003 DODGE RAM PICKUP 1500 P3052	\$18,988

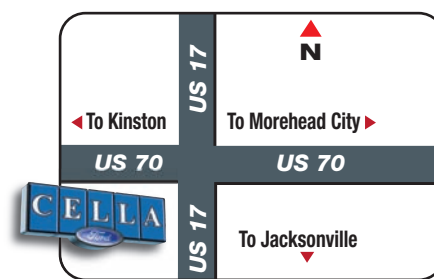
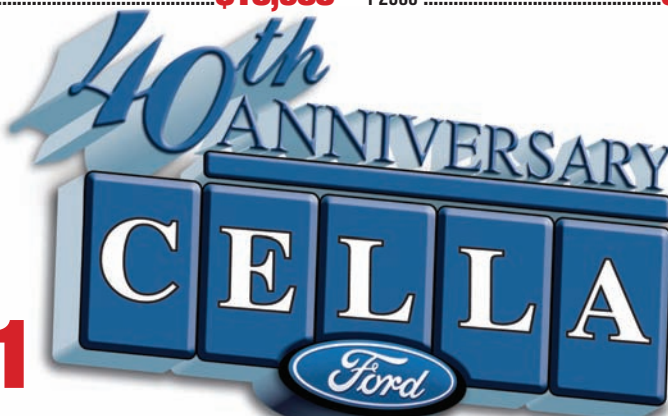
2008 MERCURY MARINER P3016	\$18,988
2010 FORD MUSTANG P2962	\$18,988
2007 CHEVROLET TRAILBLAZER P3049	\$19,988
2004 FORD F-250 SUPER DUTY XLT P3019A	\$19,988
2002 FORD THUNDERBIRD PREMIUM P3030	\$19,988
2009 FORD TAURUS X SEL P2964	\$20,987
2007 FORD EDGE SE P3041	\$20,988
2003 FORD F-250 SUPER DUTY FX4 P2966A	\$20,988
2008 FORD ESCAPE XLT P3028	\$20,988
2004 FORD THUNDERBIRD PREMIUM P2992	\$20,988
2007 FORD F-150 P2946	\$20,988
2006 JEEP WRANGLER UNLIMITED X P2970	\$21,879
2009 FORD ESCAPE XLT P2968	\$21,987
2008 HYUNDAI ENTOURAGE GLS P2951	\$21,987
2008 NISSAN ALTIMA SL T8247A	\$21,988
2009 FORD TAURUS SEL P3046	\$21,988
2007 DODGE NITRO R/T P3039	\$21,988
2008 NISSAN QUEST P3015	\$21,988
2009 SATURN VUE HYBRID P2989	\$21,988
2010 FORD MUSTANG P2963	\$21,988

2009 FORD ESCAPE XLT P3027	\$23,988
2007 FORD EDGE SEL P3020	\$23,988
2006 HUMMER H3 SUV P2982	\$23,988
2007 HONDA ODYSSEY P3014	\$25,988
2008 FORD EDGE SEL P3055	\$26,330
2009 FORD FLEX SE P2987	\$26,540
2007 CHEVROLET SUBURBAN LT P2991	\$26,980
2008 FORD EXPEDITION XLT P3043	\$26,988
2006 MERCEDES-BENZ SLK-CLASS P3032	\$26,988
2007 FORD EDGE SEL P3026	\$26,988
2007 FORD F-150 XLT P2980	\$27,878
2009 FORD FLEX SEL P2975	\$27,988
2006 FORD F-250 LARIAT P2947	\$28,988
2007 FORD EXPEDITION T7987A	\$29,988
2005 FORD F-250 SUPER DUTY T8331A1	\$29,988
2010 FORD FUSION HYBRID C8251A	\$29,988
2009 FORD EXPEDITION EL XLT P2986	\$31,450
2009 CADILAC CTS P2953	\$32,988
2009 ACURA TL P2959	\$35,987

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Prices include all applicable factory rebates (including factory military rebate), and do not include tax, tags, and \$389 administrative/processing fee. †Payments 25% down, 72 months at 4.25% APR WAC. \*With approved credit on select models only, not all will qualify, see dealer for details. Used vehicles subject to prior sale. Not responsible for typographical errors. See dealer for complete details. Offers end 5/31/10. ©2010 Sokal Media Group.