

The Windsock

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April 1, 2010

Rescue Marines perform fuel fire training



Two Marines with Marine Wing Support Squadron 271 fight the giant flames and intense heat to put out a fuel fire that was started for training purposes at the station aircraft rescue and firefighting training pit, March 19.

Aircraft rescue firefighters enhance abilities to extinguish jet fuel fires

LANCE CPL. CORY D. POLOM
MCAS Cherry Point

The heat rises as the fuel spill ignites into flames. Flames rise and begin to surround the structure, and only the aircraft rescue firefighting team can bring this nightmare to an end.

"When you first step into the pit your mask is all fogged up," said Cpl. Rodney J. Couch, a rescuer with Marine Wing Support Squadron 271. "As you move closer to the fire your mask clears up and you realize how big and hot the fire actually is."

Aircraft rescue firefighters with Marine Wing Support Squadron 271 conducted training to help prepare them for fighting fuel fires in case of an accident or fuel spill

at the air station's aircraft rescue firefighting training pit, March 19.

"This type of training is conducted to teach our Marines how to safely rescue pilots and extinguish fuel fires," said Gunnery Sgt. David A. Stone, the training chief with Station Aircraft Rescue and Firefighting. "The training also teaches them how to deal with the large amounts of fuel on the ground that will occur during an aircraft crash."

Stone said the fire pit contains 3,000 gallons of water. Then the air station's fuels section supplies a tanker of JP-5 jet fuel for the firefighters to train with.

"After the pit is ablaze we have two,

See FIRE page A4

Marine Corps lifts ban on social networking sites

STAFF SGT. CHRISTOPHER E. FLURRY

MCAS Cherry Point

Facebook and other social networking sites have something new to tweet about.

The Marine Corps has changed its policy on Internet use and loosened restrictions on visiting some of the Internet's most popular sites on government computers.

Marine Administrative Message 181/10, published Monday, repeals previous bans on social networking sites, provides guidance on responsible and effective use of Internet capabilities, and gives basic guidance on the use of non-Department of Defense sites in an official capacity. More detailed guidance on official use will be published by Headquarters Marine Corps' Division of Public Affairs.

The MarAdmin emphasizes the newly allowed

See SITES page A3

Corporal receives medal for saving fellow Marine's life

PFC. TYLER J. BOLKEN

MCAS Cherry Point

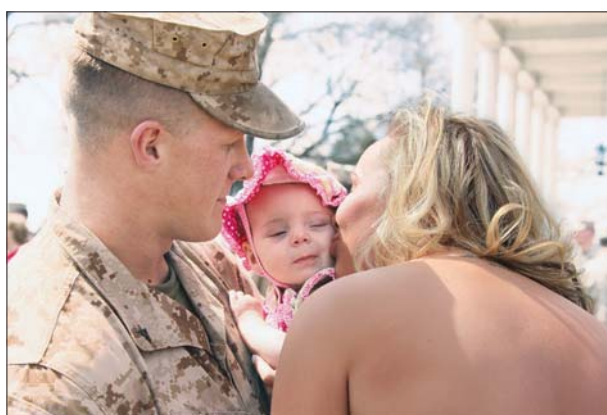
Cpl. Courtney R. Smiling, the 2nd Marine Aircraft Wing assistant staff secretary, received a Navy and Marine Corps Achievement Medal, March 19, for immediately assisting a fellow Marine in need.

Smiling said Oct. 6 began like any other day at the 2nd MAW headquarters. She sat at her desk across from Sgt. Jonathan M. Bogseth, Smiling's former supervisor and started on her work.

Then, Bogseth turned in his chair, and Smiling saw him starting to shake uncontrollably.

Rushing to Bogseth's side, Smiling knew exactly what was happening and alerted a nearby Marine that Bogseth was having a seizure. Smiling said she then

See LIFE page A3



LANCE CPL. CORY D. POLOM



LANCE CPL. CORY D. POLOM

MALS-40 Marines, Sailors return from Afghanistan

(Above) Sinead Politz kisses her daughter, Lorelai, upon the return of Lance Cpl. Ryan L. Politz, a mobile facility technician with Marine Aviation Logistics Squadron 40, March 26. Politz was one of nearly 100 MALS-40 Marines who returned home from their deployment to Afghanistan.

Some MALS-40 Marines and Sailors have been deployed to Afghanistan for nearly a year. MALS-40, a composite unit of logistics squadrons from East Coast Marine Corps air stations, was created to support operations in Afghanistan.

(Left) Maggie LeBlanc, wife of Chief Warrant Officer 4 Arthur LeBlanc II, an avionics officer with MALS-40, hugs her granddaughter Chloe Banks, while waiting for her husband to return at the Cherry Point chapel, March 26.

2nd LAAD aims in on base security

SGT. DORIAN GARDNER

RCT-2

CAMP DELARAM II, Afghanistan

While the sun rises and sets over Camp Delaram II, Marines, Sailors and civilians rest assured the facility is under the watchful eye of a Marine on post.



SGT. DORIAN GARDNER

Lance Cpl. Bryan Bobish, an infantryman with 1st Tank Battalion, surveys an area in front of his security tower, on the perimeter of Camp Delaram II, March 18.

Capt. Geoffrey Englund, Camp Delaram II Security Forces commanding officer, has continued to increase security conditions with a wide spectrum of interior, exterior and quick reaction forces on hand.

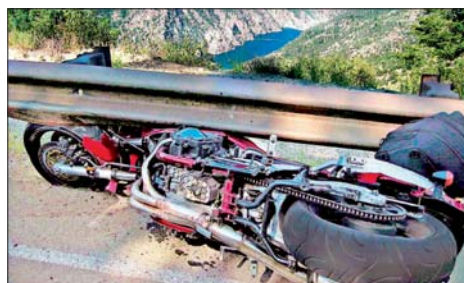
2nd Low Altitude Air Defense Battalion has comprised the majority of this security unit, but many Marines from surrounding units, such as Regimental Combat Team 2 and 1st Tank Battalion have lent a hand when able.

According to Englund, his primary job is to organize the security force, setting up entry control points, multiple posts staggered around the perimeter, mobile patrolling units throughout the exterior, and to maintain constant liaison with the reaction forces patiently standing by.

While preparing for this deployment, 2nd LAAD's original mission detailed multiple security units to be positioned among the numerous bases in RCT-2's area of operation. After changes were made, the mission focused solely on the security of newly developed Camp Delaram II.

"The overall mission remained the same," said Englund, who is also the commanding officer of 2nd LAAD's A Battery.

See SECURITY page A3



Official USMC Photo

Motorcycle-related deaths and injuries have been a continuing concern for Marines and Sailors. Wearing proper protective equipment, like helmets, and adhering to safety guidelines and laws can help prevent Marines from becoming a statistic.

Motorcycle helmets can save lives

SPECIAL TO THE WINDSOCK

NAVAL SAFETY CENTER

It's clear, helmets save lives. According to the National Highway Traffic Safety Administration, motorcycle riders who do not wear helmets are 40 percent more likely to incur fatal head injuries than riders who do.

To help protect the lives of motorcycle riders, the Department of Transportation requires all motorcycle helmets sold in the United States meet Federal Motor Vehicle Safety Standard 218.

Each year, DOT conducts compliance testing on a variety of motorcycle helmets

to determine whether helmets being sold meet the federal safety standard.

Because helmets add such a critical margin of safety for motorcycle riders, many states now have laws requiring the use of helmets that meet federal requirements.

Increasingly though, motorcycle riders are violating these state laws by wearing cheap and unsafe helmets that do not meet federal requirements. Most of these helmets are sold as novelty items by unscrupulous merchants to circumvent the requirements.

See HELMETS page A4



PHOTO: TERRY J. BOURKE

Aerial refueling keeps aircraft flying high

(Above) A CH-53E Super Stallion helicopter with Marine Heavy Helicopter Squadron 366 approaches the fueling arm of a KC-130J Hercules from Marine Aerial Refueler Transport Squadron 252 thousands of feet over North Carolina coastal waters during an aerial refueling training exercise, March 18. "Refueling is our primary mission when we're deployed to Iraq and Afghanistan," explained Maj. Walter J. Butter Jr., a KC-130J Hercules co-pilot.

(Right) Maj. Walter J. Butter Jr., left, a KC-130J Hercules co-pilot, and Capt. Robert P. Hurst, an aircraft commander, both with VMGR-252, fly over North Carolina coastal waters during a day and night aerial refueling training exercise, March 18. The exercise is performed weekly to enhance the squadron's proficiency training and provide initial qualification for crew members.



PHOTO: TERRY J. BOURKE

From the *Chaplain:* An apple a day

LT. PHILIP J. NIETO
MCAS Cherry Point

As we approach Good Friday and Easter, I want to encourage you not to miss the good parts of worship. I was thinking today, of all things, apples. I really love apples, but since I have gotten my braces, apple eating has been rare.

"An apple a day keeps the doctor away." That old saying reminds us how nutritious an apple is to one's body. Eating an apple each day helps us stay strong and healthy. If we are not sick, then it is logical that the doctor stays away from us.

Songs of Solomon 2:5 is a curious passage of scripture in that it mentions an apple and sickness. But it's not about regular sickness or fever, but an enchanting illness called love. There are some that say that falling in love is very much like being ill.

This verse comes from some poems of love which King Solomon and his beloved wrote to each other.

"Refresh me with apples; for I am sick with love," the verse reads. This is a very unusual way to say that an apple a day keeps the doctor away. His lover wanted him to bring her an apple. In this way she could see him again and feel better.

Now this is really all we know about King Solomon and apples. However, I am sure apples are very

nutritious and can make us feel good. Apples contain vitamins, minerals and other food values that are excellent for the body.

Surprisingly, one the most nutritious parts of an apple is its peel. If you take a knife and remove the peel, then you have lost out on some of its best nutritional value.

Similarly, a lot of people quit eating the apple too soon. We throw away the last part which is the core. Did you know that an apple core can be good for you?

But you might ask how does this relate to people in the church today? Well, we come to the church to stay spiritually well. You know, reading the Bible, singing, praying and listening to the sermon are like food for your soul. Worship in church helps keep you spiritually fit instead of being sickly and ill.

But some people miss the best parts of worship. Just like peeling the skin from the apple, if you come late you miss the beginning. You miss the quiet prayer time right before worship. And there are others who throw away the last part. They act uninterested in the altar call, the decisions publicly shared, or the benediction and the wonderful time of fellowship as people are leaving.

Safety net for service members

SPECIAL TO THE WINDSOCK
MCAS Cherry Point

The Navy-Marine Corps Relief Society provides a safety net to help active duty and retired Marines, Sailors and their families in times of need.

NMCRS was founded Jan. 23, 1904, by 19 volunteers with only \$9,000. The Navy's share of gate receipts from the 1903 Army-Navy football game.

The society remains true to its founding principles of those who serve, though its mission has grown through the decades in response to the evolving needs of Marine Corps and Navy clients.

For 106 years, NMCRS has supported Marine Corps and Navy families in times of war, peace, natural disaster and personal tragedy.

It helps take care of the essential needs of our warriors, their families and survivors, which in-turn helps those in uniform remain focused on their mission.

Today, the work of this private, non-profit charity is accomplished by 3,600 volunteers supported by a small professional staff at offices afloat and ashore around the world.

During 2009, the society provided \$47.4 million in financial relief in response to 91,374 cries for help – the most clients and the greatest amount of assistance since 1993.

That means that one out of every six Marines and Sailors on active duty sought help from NMCRS during the past 12 months.

See SOCIETY page A3



Highlighting Cherry Point's Warriors



CPL. MIKE THOMAS JANES

Job Title: Air traffic controller
Unit: H&HS
Age: 21
Hometown: Milton, Wis.
Date Joined: Sept. 2, 2007

What's your job?

I separate the aircraft when they are flying to avoid crashes and tell them where to go and how to get there. I also issue safety alerts.

What's your favorite part?

It's a rush when it gets busy. It's great when the planes start to fly and you have to help them.

What's the most challenging part?

There is so much knowledge in this job and there's always something else to learn. You can always advance and build your knowledge.

How do you support the missions of 2nd MAW and MCAS Cherry Point?

We help the pilots so they can train and fly safely.

Highlight Your Superstar

Have a Marine, Sailor or civilian you would like to highlight? Let the Windsock know. E-mail us at cherry.point.windsock@gmail.com or call 466-3542.

The Windsock

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LIFE from page A1

called the police and focused on keeping Bogseth calm.

"To see somebody's body in that condition, of course you're going to be scared," said Smiling. "But I had to put that aside and make sure he was OK and that he wouldn't hurt himself."

She continued to stay by Bogseth's side until the seizure passed and medical personnel arrived.

"Her strongest asset is her maturity and having the ability to perform with little or no supervision," said Master Gunnery Sgt. David J. Slater, a mentor of Smiling, who served with the corporal from June 2007 through January 2009. "Cpl. Smiling's initiative and leadership does not surprise me at all."

"She's not only a great Marine, but a great friend too," said Bogseth.

SITES from page A1

Internet capabilities are authorized only for official use and limited personal use.

Official use includes the creation of content on non-DoD Web sites in a public affairs capacity, for example, Marine Corps Recruiting Command's use of Facebook for recruiting purposes, or a Headquarters Marine Corps' creation of the official Marine Corps YouTube channel.

Under limited personal use, Marines are allowed to visit social networking sites for reasonable durations and frequency, based on the determination of a supervisor. Marines in all positions of leadership are reminded to ensure use of the Internet does not adversely affect performance of official duties, overburden systems or reflect adversely on the Marine Corps or Department of Defense.

Additionally, under limited personal use, Marines may not use Marine Corps symbols, logos or other materials, including the Eagle, Globe and Anchor, in manners in which endorsement may be implied or discredit would be brought upon the service.

Types of media now allowed according to the new guidance are tools like social networking sites, user-generated content, non-government e-mail and more. The MarAdmin specifically lists Facebook, MySpace, YouTube, Twitter and Google applications as content that is now allowed.

Internet-based activity that involves prohibited content will continue to be restricted. Activities not allowed on the Marine Corps Enterprise Network include visiting sites which contain or condone adult content, sexually oriented material, illegal weapons, terrorist activities, gambling, or any other illegal or inappropriate material, or that which may be offensive to other users or the public at large.

Marines are reminded to remain especially mindful of operational security. Information that is classified, for official use only, controlled unclassified and critical may not be transmitted or posted on any publicly accessible site, whether the site is owned by the Marine Corps or is a commercial site.

For more information on the new Internet policies, please refer to Marine Administrative Message 181/10, available online at <http://www.marines.mil/news/messages>.

SOCIETY from page A2

The Cherry Point Office, directed by Vicki Wilson, helped more than 1,550 clients last year, disbursing \$643,014 in interest-free loans and grants.

Last year, contributions at Cherry Point totaled \$52,000.

The 2010 fundraiser begins today and will run through April 30. This year's fundraising theme is, "It Takes All Hands: It's not about Marines and Sailors giving more; it's about MORE Marines and Sailors giving."

For more information on donating to support the Navy-Marine Corps Relief Society, contact your unit representative.

To find out more about the society and how the staff can help in a time of need, please visit <http://www.nmcers.org>, call 466-2797 or visit the Cherry Point NMCERS in Building 232.

SECURITY from page A1

"A number of my Marines have done multiple security force missions in Iraq, but this is our first security mission in Afghanistan."

The security of this base is comprised of many different components. While interior security includes tower security, as well as entry-control points, exterior security includes roving security patrols outside the perimeter, patrols through neighboring areas and a quick reaction force.

Unlike most of the security positions, the quick reaction force has a variety of expectations set before them.

According to Sgt. Jarred Bluecoat, the noncommissioned officer in charge of the quick reaction force, his group responds to any disturbance or call within a set parameter of the base.

"If the ECP needs manpower, if someone is spotted in the perimeter, we respond," said Bluecoat, who serves as a section leader for 2nd LAAD in garrison.

Rotating on a 12-hour shift, the QRF is always on stand-by awaiting any needs of the security unit or base.

"As QRF, you need to know everything," said Bluecoat.

In the past, the quick reaction force has assisted in a variety of situations. Though needs may vary from detainee transportation, providing security for Marines in the battle space, or transporting local nationals in dire need of medical assistance, the force is ready to respond.

According to Bluecoat, the best part of QRF is simply being a part of it.

"It wasn't what I trained for initially, but I am able to help," said Bluecoat. "I feel like I am contributing."

With an excess of previous experience in this department, 2nd LAAD has brought in Marines from supporting units and trained them in security tactics.

"As soon as we received augments, we did initial training," said Englund. "Every Marine is a rifleman, so the basics were there. We just had to get them thinking a little different."

According to Englund, his augments quickly understood the mission requirements, but leadership was a key factor.

"It really came down to NCO leadership," said Englund. "Their leadership is really what makes or breaks a mission."

With a steady increase in base personnel and an expanding perimeter, security continues to enhance as time goes on. Englund and his men have accepted the task of securing the base and look forward to months to come.

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libertync.org

Middle East brief

The Training Support Department will host a presentation by Dr. David Gray, former foreign service/CIA officer and an expert in national and global security, terrorism, and U.S. foreign policy, April 16 at the Training and Education building. The presentation, "Afghanistan, Pakistan and Central Asia: Staring into the Abyss?" will begin at 9 a.m. in room 171.

The purpose of this brief is to provide a current and future assessment of the political and security situation.

Admission is free but will be limited to the first 240 people.

For more information, call 466-3964.

Marine Corps Community Services Education Center Program Assessment for patrons

Headquarters Marine Corps has requested Marines, family members and civilian employees to participate in an online survey, beginning Monday through April 25.

This study will help Marine Corps leadership better understand and assess Marines, family members and civilian employee's needs and satisfaction with the programs and services offered at the Marine Corps Community Services education centers.

The participants will also have an opportunity to suggest improvements for education center program and services. Results of this survey will be briefed at a week-long functionality assessment, June 21-25, to develop program improvements.

To participate in this web-based survey go to <http://www.usmc-mccs.org/survey/>. For more information about the survey, please contact your local MCCS education center or the HQMC research team at (703) 784-9517 or futureoperations@usmc.mil.

FIRE from page A1



LANCE OHL, CORV D. PROZEM

Aircraft rescue firefighters with Marine Wing Support Squadron 271 battle the training blaze during fuel-pit training, March 19. The training helps Marines become more accustomed to how jet fuel fires behave.

two-man teams move in, along with a training noncommissioned officer, and extinguish the fire," said Stone. "ARFF Marines are required to conduct two training exercises per month."

According to Stone, ARFF Marines train constantly for the possibility of a major aircraft incident.

"The fuel-pit fires we run are a great way of training," said Couch.

"The Marines that just checked in to ARFF or have never done fuel fires before get to see how jet fuel fires act and how to properly extinguish one."

With the air show quickly approaching, the ARFF section must be especially prepared. ARFF will deploy a fleet of P-19, firetrucks and other rescue vehicles at different locations around the air station. A P-19 with a four-man team will also deploy to the Havelock fire department in the case of an off-station incident.

Staff Sgt. Abdullah I. Ali, the ARFF section leader with MWSS-271, said the focus of the evolution was to reinforce techniques, awareness and teamwork.

"The Marines did an outstanding job," said Ali. "The Marines always enjoy conducting training fires because it helps maintain our readiness to fight fires, protect property, and save lives. After all, that's what our job is all about."

HELMETS from page A1

In some cases, people purchase these helmets with the mistaken belief that they offer protection. However, many people who wear these novelty helmets know that they are unsafe – but wear them anyway.

The following information will tell you how to spot these unsafe novelty helmets and how to distinguish them from helmets that meet the federal safety standard.

Here's What to Check For:

DOT Sticker

Helmets that meet federal requirements must have a sticker on the outside back of the helmet with the letters "DOT" placed there, certifying the helmet meets or exceeds FMVSS 218. It is important to note that some sellers of novelty helmets provide DOT stickers separately for motorcyclists to place on non-complying helmets. In this case, the DOT sticker is invalid and does not certify compliance.

An interpretation letter from the National Highway Traffic Safety Administration states the requirement that helmets be permanently labeled prohibits the use of labels that can be removed by hand, without tools or chemicals. Therefore, a sticker that falls off the helmet would not be in compliance within the meaning of Standard No. 218.

The symbol "DOT" constitutes the manufacturer's certification that the helmet conforms to the applicable Federal Motor Vehicle Safety Standards. This symbol shall appear on the outer surface, in a color that contrasts with the background, in letters at least 3/8 inch high, centered laterally approximately 1 1/4 inches from the bottom edge of the posterior portion of the helmet.

Snell Sticker

In addition to the DOT sticker, a label located inside the helmet showing that a helmet meets the standards of a private organization like Snell is a good indicator that the helmet meets or exceeds the federal safety standard.

Manufacturer's Labeling

Manufacturers are required by Federal Motor Vehicle Safety Standard 218 to place a label on or inside the helmet stating the manufacturer's name, model, size, month and year of manufacture, construction materials and owner information. A cheap helmet that does not meet the federal safety standard usually does not have such a label.

Thick Inner Liner

Helmets meeting the minimum federal safety standard have an inner liner, usually about an inch thick, of firm polystyrene foam. Sometimes the inner liner will not be visible, but you should still be able to feel its thickness.

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Deployment training



On: MICHAEL A. BUONICCONTI

Marines with Battalion Landing Team 2nd Battalion, 7th Marine Regiment, 31st Marine Expeditionary Unit, rapidly disembark a CH-46E Sea Knight helicopter during a simulated helicopter raid at landing zone Dodo in Okinawa, Japan, March 24. The MEU conducted a tactical offload consisting of a mechanized raid, boat raid, helicopter raid, and a humanitarian assistance and disaster relief exercise. This is the first time the 31st MEU has conducted a tactical offload in Okinawa.



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Marines display versatility in every clime, place



LANCE CPL. THOMAS W. PROVOST

Marines participating in Exercise Key Resolve 2010 assess the situation after a night of heavy snowfall in Camp Mujak, South Korea, March 10. The winter weather provided a unique training opportunity for the III Marine Expeditionary Force Marines, permanently based at Okinawa, Japan.

LANCE CPL. THOMAS W. PROVOST
MARINE CORPS BASES JAPAN

CAMP MUJUK, POHANG, South Korea – Marines participating in Exercise Key Resolve 2010 woke up to heavy snowfall at Camp Mujuk, South Korea, March 9.

Overnight, the camp received more than 6 inches of powder that continued into the morning.

But the Marines from subtropical Okinawa, Japan, had prepared themselves for the weather and took action.

The Marines immediately put on layers of clothes to protect them from the cold.

“The layer system of dressing for the cold

is the best to use, especially for prolonged exposure,” said Cpl. Tyler P. Fleetwood, a reconnaissance Marine with 3rd Marine Division, III Marine Expeditionary Force.

A benefit of the layer system is the ability to remove layers if it gets too hot or add layers if it gets too cold, allowing personnel to easily control body temperature.

Once protected from the cold, Marines also had to contend with another challenge: snow build up.

“The word was passed in the morning that all the tents needed to be cleaned off before they caved in,” said Fleetwood.

“The snow was heavy and needed to be

removed,” said Sgt. Justin D. Hullett, a reconnaissance Marine with 3rd Marine Division.

After Hullett organized his Marines from the G-3 platoon, they collected shovels, E-tools, brooms and other tools to remove snow from the tents.

But the snow created another hazard for the Marines.

That evening and the next morning, melting snow froze on the roads and paths, making them very slippery. Some Marines used Marine Corps training to overcome this hazard.

“If Marines were to slip, head injuries

could become a problem,” said Fleetwood. “That’s where the Marine Corps Martial Arts Program comes in. If a Marine were to slip, he or she should execute a proper break fall to avoid injury.”

“That’s what happened to me,” he added. “When I slipped on the road this morning, I did a break fall and didn’t get hurt at all.”

During Exercise Key Resolve 2010, Marines, more used to the subtropics of Okinawa, showed their adaptability by staying warm and safe during the harsh winter weather of the Korean Peninsula.

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NOTICE OF UNITED STATES NAVY'S INVITATION FOR PUBLIC COMMENT ON THE Proposed Plan Operable Unit 1, Sites 14, 15, 17, 18 and 40 Marine Corps Air Station, Cherry Point, North Carolina

The Proposed Plan identifies the Preferred Alternative Remedy for past environmental concerns at Sites 14, 15, 17, 18 and 40 at Operable Unit (OU) 1 at Marine Corps Air Station (MCAS) Cherry Point, and provides the rationale for this preference. The United States Department of the Navy (Navy) proposes No Further Action (NFA) as the appropriate remedy because there is no unacceptable risk to human health or the environment at these sites under the Comprehensive Environmental Response, Compensation, and Liability Act (CERCLA).

The Navy, the lead agency for site activities, and the support agencies, the United States Environmental Protection Agency (USEPA) Region 4, and the North Carolina Department of Environment and Natural Resources (NCDENR) issues this document. The Navy and the USEPA, in consultation with NCDENR, will make the final decision on the Preferred Alternative for Sites 14, 15, 17, 18, and 40 after reviewing and considering all information submitted during the 45-day public comment period from April 6 to May 21, 2010. The Navy and USEPA, in consultation with NCDENR, may modify the Preferred Alternative or select another remedial action for the OU1 Sites based on new information or public comments; therefore, public comments on the Preferred Alternative are invited and encouraged. Interested parties may submit written comments to:

Mr. Jason Williams, Code OPNCEV
Naval Facilities Engineering Command Mid-Atlantic
6506 Hampton Blvd, Norfolk, VA 23508-1278
Phone: (757) 322-4793

The Proposed Plan is based upon the findings of previous site-related documents contained in the Navy's Administrative Record for MCAS Cherry Point. The Administrative Record can provide important background and site investigation information about the Sites. The Proposed Plan and specific Administrative Record reference documents associated with Sites 14, 15, 17, 18, and 40 are available via the MCAS Cherry Point Environmental Restoration Program (ERP) public web site and can be accessed as follows:

1. Enter web site address: <https://portal.navy.mil>
2. Click on "Environmental" (on left) under the "Business Lines" heading
3. Click on "Environmental Restoration" (tab)
4. Select North Carolina on the interactive map
5. Select Cherry Point from the drop-down menu
6. Click on "Links"

Note: Some internet browsers do not include Department of Defense (DoD) digital security certificates, which may result in a security warning recommending the user not proceed. Though there is no harm in proceeding, to avoid such security alerts, first download the DoD Root CA Certificates by following the instructions at the following web site:

<http://dodpki.c3pki.chamb.diss.mil/rootca.html>

If you do not have personal access to the internet, access to the MCAS Cherry Point ERP public web site may be obtained at the Havelock-Craven County Library (301 Cunningham Boulevard, Havelock, North Carolina 28532) during normal business hours. The library can be contacted at (252) 447-7509.

In addition, you are invited to a public meeting regarding the investigations and the Preferred Alternative for OU1 Sites 14, 15, 17, 18 and 40 at MCAS Cherry Point. The meeting is scheduled for:

Tuesday, April 20, 2010
6:00 PM to 7:00 PM
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201 Tourist Center Drive
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Phone: (252) 444-4348

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Marine Corps Systems Command studies effects of protective equipment on Marines in Afghanistan

LANCE CPL. DWIGHT A. HENDERSON
RC17

HELMAND PROVINCE, Afghanistan – A three-man team from the Program Management Marine Expeditionary Rifle Squad, Marine Corps Systems Command, visited the Marines of F Company, 2nd Battalion, 2nd Marine Regiment, at Combat Outpost Sharp, March 18.

The purpose of the visit was to test the effects of Marines' personal protective equipment on their bodies, to see how Marines are wearing their equipment, and to get anthropometrics, or body measurements, both with and without gear.

This is the first time the tests have been done on Marines in Afghanistan.

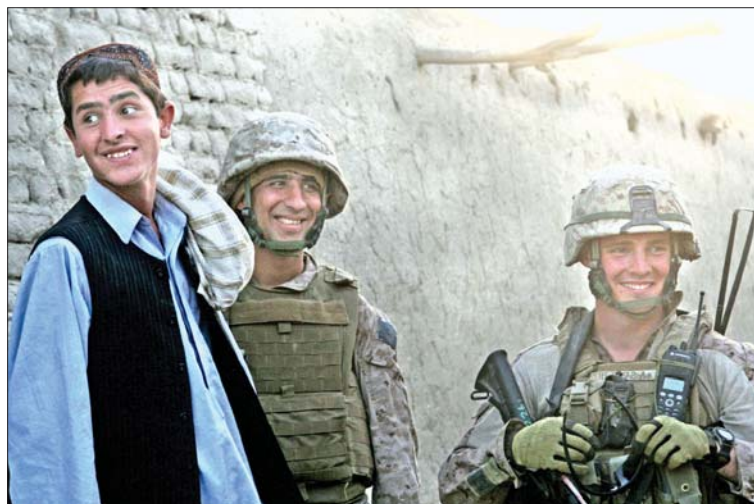
The team took pictures of all the gear the Marines were wearing and how they were wearing it. They kept track of what gear was issued and what was purchased by the Marine.

Using tools from an anthropometric measurement kit, the team measured things such as chest size, waist size and arm length with and without gear on.

"It was weird being measured with your gear on, but it goes back to helping future Marines," said Lance Cpl. Bruce M. Roberts, a rifleman with Co. F 2nd Bn., 2nd Marines.

Marine Corps Systems Command will use the information to build a Marine Corps database of anthropometrics.

"Then we can give it to the guy who builds trucks and say, don't build it for a guy not wearing gear, build it for a guy who's this size," said Lt. Col. Jeff J. Stower, the deputy program manager for Program Management Marine Expeditionary Rifle



2nd Lt. Joshua Bales, a platoon commander with F Company, 2nd Battalion, 2nd Marine Regiment, laughs with an Afghan civilian during a patrol through a village in Mian Poshteh, Afghanistan, while wearing a vital signs monitor, March 19. A three-man team from Program Management Marine Expeditionary Rifle Squad, Marine Corps Systems Command, visited the Marines at Combat Outpost Sharp to conduct tests on how the Marines' gear affects them in a deployed environment.

Squad.

The team conducted a thermal heat-strain study. Marines volunteered to wear a vital signs monitor underneath their clothing and swallow a thermometer pill to track their skin temperature, respiratory rate, heart rate and core temperature.

This allowed the systems command to gather a better understanding of what is going on inside Marines in a deployed environment.

"I volunteered to help refine some of the gear and hopefully make a difference, if any, in the gear selection that systems command puts out," said Sgt. Zebulon L. Enright, a section leader with Weapons Company, 2nd Bn., 2nd Marines.

Those who volunteered to wear the vital signs monitors went on patrol with them underneath their gear.

"It wasn't really uncomfortable," said Roberts. "It was more awkward underneath

my flak. How uncomfortable it was didn't matter because it's going to help future Marines."

The information the team gathered will aid in developing lighter, more breathable and overall better equipment along with techniques to ensure Marines are not at a greater risk of heat injury or illness.

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The Marines have landed



Marines with Company I, Battalion Landing Team, 3rd Battalion, 8th Marine Regiment, 26th Marine Expeditionary Unit, offload an MV-22B Osprey at Fort Pickett, Va., March 24. Approximately 1,500 Marines from the MEU will train at Fort Pickett, through April 6. This will be the first unit-wide field exercise for its deployment training period. The exercise is the first in a series for the MEU that will culminate in its deployment aboard the ships of the Kearsarge Amphibious Ready Group in the fall.

Crn. Jesse J. Johnson

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Life & Times

Section B

April 1, 2010



Steamy Competition

PHOTO BY TYLER J. BOLKEN

Lance Cpl. Bradley R. Lewis, a food service Marine with Headquarters and Headquarters Squadron, steams a vegetable dish for the chef of the quarter competition at the Cherry Point mess hall, March 18. Three Cherry Point chefs squared off to see who would take top honors in the competition.

Cherry Point chefs express culinary skills

PHOTO BY TYLER J. BOLKEN
MCAS Cherry Point

Like many honors in the Marine Corps, the title of chef of the quarter isn't given away; it has to be earned.

A trio of lance corporals, Timothy J. Hoffman, Ashley G. Carson and Bradley R. Lewis, were selected to square off for the competition, March 18, at Cherry Point's mess hall.

The Marines, all food service specialists, were chosen because of their every day performance on the job, said Sgt. Joseph V. Mahon Jr., the training noncommissioned officer for the mess hall.

Preparation for the competition began more than two weeks prior when the Marines chose what they would prepare from the Armed Forces recipe index, explained Mahon. The index is the official listing of meals that may be prepared by military chefs. Limiting the competitors to the index allows them to practice and become more proficient at their military occupational specialty, he added.

The contestants were required to prepare a meat, vegetable, starch and dessert dish, with the choice to add a drink.

On the day of competition, the Marines arrived to the mess hall in the early morning with intentions of getting off to a fast start. The competitors worked in separate areas of the kitchen, with business-like mindsets.

Following recipes was made extra challenging, as the chefs had to convert from a quantity of 100 portions as listed in the index, to 40 to suit the competition.

"We did the math all the way to the teaspoon," said Mahon. Mahon said cooking is all about timing, especially when preparing multiple dishes at a time. Time management skills were definitely in play as the clock neared the chef's deadline.

As the minutes melted away, oven doors began opening, steam escaped pots and last-minute preparations were made.

After hours of preparation, the dishes were finished. The Marines rolled their gourmet chow out of the kitchen one at a time, in an inspection-style format, greeted the judges and served them the results of their efforts.

"Today's food compared with some of the best I've had in the service," said Navy Capt. John B. Burgess, the commanding officer of Cherry Point's Naval health clinic, who was in attendance to present the awards.

Hoffman's German-themed meal took home first place with a menu consisting of jaeger schnitzel, potato griddle cakes, fried cabbage and gingerbread cake with lemon sauce.

Hoffman will move on to compete in the annual chef of the year competition, with a chance to win a trip to an 8-week culinary course in New York.

"Feels awesome to win first place, because it was unexpected," said Hoffman.



PHOTO BY TYLER J. BOLKEN

Lance Cpl. Timothy J. Hoffman, a food service Marine with Headquarters and Headquarters Squadron, serves a judge his German-style meal at the chef of the quarter competition, March 18.



PHOTO BY TYLER J. BOLKEN

Lance Cpl. Ashley G. Carson, a food service Marine with Headquarters and Headquarters Squadron, prepares a Southern-style dish for the chef of the quarter competition, March 18.



PHOTO BY TYLER J. BOLKEN

Navy Capt. John B. Burgess, the Naval health clinic commanding officer, presents the chef of the quarter trophy to Hoffman.

THE LOCAL BUZZ

Announcements

► Indicates new announcement

► Craven County Clean Sweep

The Craven County Agricultural Building will accept household electronics for recycling, April 17 from 10 a.m. – 2 p.m. The agricultural building is located at 300 Industrial Dr., New Bern.

The event will accept items such as TV's, computers monitors, microwaves, stereos, batteries, surge suppressors and other small electronics.

For more information, call 633-1477.

► Whistle Stop Thrift Store Donations

The Whistle Stop Thrift Store is now accepting quality donations like spring and summer clothes and shoes, household goods, home items, small electronics, furniture in good condition, uniforms and more.

The Whistle Stop is located on E Street in Building 1691, and open Tuesdays and Thursdays from 10 a.m. – 2 p.m.

Call 444-0949 or visit <http://www.cherrypointosc.org> for more information or to sign up and volunteer.

PMO Speed Crackdown

The Provost Marshal's Office participation in the North Carolina governor's highway safety campaign, "No Need 2 Speed, Obey or Pay," will end Sunday.

This campaign is specifically targeting speed-related violations with the intent of enhancing traffic safety aboard the air station.

NMCRS Bowling Tournament

The Navy Marine Corps Relief Society bowling tournament is scheduled for noon at April 16, the Stars and Stripes Bowling Center.

The tournament format is two-man teams with a nine-pin no tap, scotch doubles tournament. The cost is \$10 per person.

For more information, contact Gunnery Sgt. Morgan at 466-6230 or david.p.morgan@usmc.mil.

NMCRS Golf Tournament

The NMCRS Golf Tournament is scheduled for April 20, at 10:30 a.m., at the Sound of Freedom Golf Course.

The cost is \$25 per person and pre-registration is encouraged.

For more information, contact Gunnery Sgt. Morgan at 466-6230 or david.p.morgan@usmc.mil.

Free Deployment Support Group

Marine Corps Family Team Building deployment support and Marine and Family Services will host a free

deployment support group, April 13 and May 18, from 10-11 a.m., at the MCFTB building.

The support group is designed to help its members with issues that may arise during a deployment.

Childcare is provided during the group at the air station's Child Development Center. To reserve childcare, call 466-3491.

For more information on the group, call 466-4637.

'Egg'stravaganza at the N.C. Aquarium

Explore the world of aquatic eggs Saturday, with the annual 'Egg'stravaganza at the North Carolina Aquarium at Pine Knoll Shores.

'Egg'stravaganza activities will be held throughout the day, and are free with admission or membership.

Visit the Web site at <http://www.ncaquariums.com> or call 247-4003 for more information.

Spouse and Teen Job and Education Fair

The spouse and teen job and education fair is scheduled for April 28, from 3–5 p.m., at the air station theater.

For additional information about the spouse and teen job and education fair, contact Warren B. Culbreth Jr., at 466-5836.

Semper Fit Grand Prix Series

The Grand Prix Series continues its test of physical endurance with the Marine Special Operations Command Mud Run, Saturday at 8 a.m.

The MARSOC Mud Run is a challenging off-road run measuring 4-miles. The open-to-the-public race will begin and end at the Stone Bay rifle range.

Runners may register for late registration, and the cost is \$25.

Runners may pick up their packet the day of the event from 6:30–7:30 a.m. Those who have preregistered can pickup their race packet at the French Creek Fitness Center from 8 a.m. – 1 p.m., Friday.

For more information about the MARSOC Mud Run, call (910) 451-0092 or (910) 451-5430.

Kindergarten Registration 2010

Kindergarten registration for Craven County schools is scheduled throughout March, April and May.

Parents or legal guardians should present the following directly to Craven County schools:

- Proof of residency in the form of a tax statement, rental or lease agreement, residence contract with closing date or occupation of dwelling date, or a current utility bill
- A picture identification
- Certified copy of the child's birth certificate
- Up-to-date immunization records.

• Custody documentation (if applicable)

For specific dates and times, contact your child's school.

U.S. Census Bureau

The U.S. Census Bureau is recruiting temporary, part-time census takers for the 2010 census, including positions for Cherry Point base housing.

These short-term jobs offer good pay, flexible hours, paid training and reimbursement for authorized work-related expenses, such as mileage incurred while conducting census work.

The bureau will hold a workshop Friday at the Havelock campus of Craven Community College from 9:15 a.m. – 3:30 p.m. to screen and prepare applicants.

Apply today by calling (866) 861-2010 to schedule an appointment.

Marine and Family Services

Marine, Family Services Office Numbers

The Family Member Employment Assistance Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4401.

- The Exceptional Family Member Program can be reached at 466-7547.
- The Family Counseling Program at 466-3264
- Retirees can contact the Retired Activities Office at 466-5548.
- The Substance Abuse Counseling line at 466-7568
- New parents can call the New Parent Support Program at 466-3651.

Budget For Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes.

Learn about and plan for new expenses. Call 466-2031 for information or to register.

Veterans' Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 232. Call 466-4401 for assistance.

Monthly and Weekly Events

Courage to Change

Cherry Point and Havelock Courage to Change Al-Anon Family Group offers support for friends and family of alcoholics.

Meetings are at St. Paul's Lutheran Church in Havelock, Tuesdays at 8 p.m.

For more information call 241-6155 or 670-6236.

Together For Life

The "Together for Life" one-day premarital seminar is held for active duty personnel age 26 and under, within 90 days of marriage.

Please call the chapel at 466-4000 for more information.

Disabled Veterans

Chapter 26 of the Disabled American Veterans meets on the third Tuesday of each month at the Veterans of Foreign Wars Post 7315 in Havelock at 7 p.m.

For information, contact Doug Matthers at 447-2761.

Al-Anon Family Group Meet

There are Al-Anon family group meetings Tuesdays at 8 p.m., for family members and friends of individuals who may have alcohol problems in their lives.

The meetings are held at Havelock First Baptist Church. For more information, call 447-8063 or 447-2109.

Domestic Violence Victims

A support group for victims of domestic violence is provided by the Carteret County Domestic Violence Program.

The group meetings are held every Wednesday at 6 p.m.

For more information, call 728-3788.

School Volunteers

Mentors are needed for individual students in schools. Several schools have also requested volunteers for their reading programs.

For more information call Donna Bagley at 466-4196.

This week in Marine Corps History

April 5, 1947

Communist Chinese raiders killed five Marine guards and wounded eight others near the Hsin Ho ammunition depot in northern China. The clash between Marines with 1st Marine Division and communist forces occurred shortly after withdrawal and redeployment plans from China were issued to 1st Marine Division and 1st Marine Aircraft Wing.

April 10, 1959

Lt. Col. John H. Glenn Jr. was named as one of the original seven Project Mercury astronauts selected for space training. The astronauts, all volunteers, were selected by NASA from an initial group of 110 leading military test pilots. Nearly three years later, on Feb. 20, 1962, Glenn became the first American to orbit the Earth.

Operation Eagle Eyes

Tests of security

Are you aware of any attempts to penetrate or test physical security or procedures at the military facility?

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Severe weather and force protection information

Military personnel call 466-3093.
FRC East personnel call 464-8333.
DDCN personnel call 466-4083.

Fraud, Waste and Abuse

If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016. This line's automated answering service is available 24 hours a day.

Engineer, logistics battalions work together to fortify infantry battalion positions in Marjah

LANCE CPL. WALTER D. MARINO
Resident, Combat Team 7

HELMAND PROVINCE, Afghanistan – The heat of Marjah has turned Cpl. Alton S. Floyd's truck into a sauna. Already sweating, Floyd, a wrecker operator with 2nd Combat Engineer Battalion, flips the air conditioning on only to have hot, dusty, brown air blow into his vehicle. Nevertheless, Floyd appears motivated as he pulls his vehicle into his unit's convoy.

"My fellow Marines were counting on me to do my part," said Floyd. "I didn't want to let them down by letting something like that bother me."

For nearly a month during his deployment, Floyd convoyed fortification supplies such as concertina wire, guard towers, and dirt to 1st Battalion, 6th Marine Regiment's Forward Operating Base Marjah.

Among the supplies, dirt was what was needed most for the fortification of FOB Marjah. Dirt was used to build a perimeter of berms around the base and other 1/6 positions.

By combining their resources, 2nd CEB and Combat Logistics Battalion 1, were able to run convoys of dirt 24 hours a day to 1st Bn., 6th Marines.

"We had to ensure 1st Bn., 6th Marines had the fuel they needed for force protection," said Sgt. Joshua Buckner, the operations platoon sergeant for 2nd CEB. "So we had 24-hour operations to make sure we did it quickly and safely. The Marines did a good job and didn't sleep until the job was done."

Throughout the day, the two battalions continued their efforts. Although fatigued, Marines persevered knowing what they were doing was helping their fellow Marines.

"This is what I came here to do," said Lance Cpl. Oscar Osorio, a combat engineer with CLB-1. "I like supporting the grunts by building guard towers and helping them become more reinforced. At first the FOB didn't look like much, but at the end it's a place where grunts can come back to after a firefight and relax."

As the two battalions' mission came to a close, it appeared the residents of Marjah had become increasingly familiar with the Marines' presence in their city.

Marines selflessly shared what little personal provisions they had, such as energy drinks and Pop Tarts. When convoying through route Victoria, Marjah, it became commonplace to see children on both sides of the route waving thumbs up, like a parade event.

"I just felt like being nice," said Lance Cpl. Brandon D. Meeks, a motor transport operator with 2nd CEB. "It changed from when I first got here. I noticed more people were out and about towards the end. It became safer for the people to come out."



Marines at Forward Operating Base Marjah stand under the protection of a guard tower built by Combat Logistics Battalion 1, in Marjah, Afghanistan.

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MCAS Cherry Point STATION THEATER E Street

Movie Hotline: 466-3884
Visit us at www.mccscherrypoint.com

Adults \$2 • Children (2-12) \$1

NOW SHOWING

Thursday, April 1	Runtime
5:00pm - Percy Jackson and the Olympians PG	2:00
7:15pm - Valentine's Day PG 13	1:57
Friday, April 2	
5:00pm - Percy Jackson and the Olympians PG	2:00
7:15pm - Valentine's Day PG 13	1:57
9:45pm - From Paris with Love R	1:35
Saturday, April 3	
5:00pm - Percy Jackson and the Olympians PG	2:00
7:15pm - Valentine's Day PG 13	1:57
9:45pm - From Paris with Love R	1:35
Sunday, April 4	
3:00pm - Percy Jackson and the Olympians PG	2:00
5:15pm - Valentine's Day PG 13	1:57
7:45pm - From Paris with Love R	1:35

MOVIE SYNOPSIS

Percy Jackson and the Olympians - Starring: Logan Lerman, Brandon T. Jackson, Alexandra Daddario, Sean Bean, Pierce Brosnan. It's the 21st century, but the gods of Mount Olympus and assorted monsters have walked out of the pages of high school student Percy Jackson's Greek mythology texts and into his life. And they're not happy: Zeus' lightning bolt has been stolen, and Percy is the prime suspect. Even more troubling is the sudden disappearance of Percy's mother. As Percy adapts to his newly discovered status as a demi-god (his father is Poseidon), he finds himself caught between the battling titans of Mt. Olympus.

Valentine's Day - Starring: Jessica Alba, Kathy Bates, Jessica Biel, Bradley Cooper, Eric Dane, Patrick Dempsey, Hector Elizondo, Jamie Foxx. A diverse group of Los Angeles navigate their way through romance and heartbreak over the course of one Valentine's Day. Couples and singles experience the pinacles and pitfalls of finding, keeping or ending relationships in a day in the life of love.

From Paris with Love - Starring: John Travolta, Jonathan Rhys Meyers, Kasia Smutniak, Richard Durden. A low-ranking intelligence operative working in the office of the U.S. Ambassador in France takes on more than he bargained for when he partners with a wisecracking, fast-shooting, high-ranking U.S. agent who's been sent to Paris to stop a terrorist attack.

Movies are subject to change without notice • No cell phones permitted

Stationed in North Carolina at MCAS Cherry Point or MCB Camp Lejeune?

Boston University introduces the Master of Science in Leadership

Whether you are in command of a mission or in charge of personnel in a government organization, leadership is an essential quality in building loyalty, trust, and teamwork.

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FURNITURE DISTRIBUTORS

Spring Savings

\$1699

3PC Reclining Sectional
Features plush pillow top arms with a bustle back design.

Includes reclining sofa, ottoman, and reclining loveseat with console. Dual-reclining sofa or loveseat \$699.

NO Interest until 2013!

Queen Bed
This collection uses a deep fresh and unique design to create an exciting contemporary collection.
Dresser & Mirror \$599

\$299
Available in King.

Zebra Striped Accent Chair

\$199

Queen Bed
Enhance your bedroom's décor with a rich contemporary design.

\$399

Dresser & Mirror \$499

Available in King.
Also available in cherry.

5 PC Dinette
Includes: 42" Round Wood and Metal Table and 4 Padded Dining Chairs

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Queen Bed
Feel welcomed every time you enter your Master Bedroom with warm, inviting furniture.

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Also available in Twin, Full or King.

5 PC Dinette
Includes: Table and 4 chairs with FREE BENCH.

\$399

Queen Sleigh Bed
Ornate detail enhances the rich traditional design to create an atmosphere of sophistication.

\$599

Dresser & Mirror \$999

Also available in King.

5 PC Pub Set
Includes: Pub Table, 4 bar stools and 2 FREE BAR STOOLS.

\$499

Queen Sleigh Storage Bed
This contemporary bed offers a simple style yet an abundance of storage.

\$799

Dresser & Mirror \$999

Also available in King.

5 PC Dining Room
Includes: Rectangular Table and 4 Chairs, WITH 2 FREE CHAIRS.

\$849

Buffet & Hutch \$999

Queen Sleigh Bed
This contemporary bed offers a simple style yet an abundance of storage.

\$999

Dresser & Mirror \$1199

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5 PC Pub Set
Includes: Pub Table with Drop Leaves & built-in lazy Susan, 4 Bar Stools & 2 FREE BAR STOOLS.

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*WITH APPROVED CREDIT. SEE STORE FOR DETAILS. ALTHOUGH EVERY PRECAUTION IS TAKEN, ERRORS IN PRICES AND/OR SPECIFICATIONS MAY OCCUR IN PRINT. WE RESERVE THE RIGHT TO CORRECT ANY SUCH ERRORS. ADVERTISEMENT MAY NOT BE USED WITH ANY OTHER PROMOTION. SOME ITEMS MAY NOT BE ON DISPLAY BUT MAY BE AVAILABLE VIA OUR SPECIAL ORDER PROGRAM.

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By Phone: 888-328-4802
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Online: encclassifieds.com

In Person: Mon-Fri 9am-5pm
3200 Wellons Blvd, New Bern, NC 28562

By Mail: ENC Classifieds
1300 Gum Branch Road, Jacksonville, NC 28540

What Are The Deadlines?

Publication Day	Deadline
Sunday	1pm Friday
Monday	2pm Friday
Tuesday	1pm Monday
Wednesday	1pm Tuesday
Thursday	1pm Wednesday
Friday	1pm Thursday
Saturday	Noon Friday



Cool Cheap Stuff:

Items under \$500 run free for 7 days. Some restrictions apply.

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Cool Cheap Stuff

GUITAR OSCAR SCHMIDT with case. \$375. 252-633-4723.

Services Directory

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BULLDOZER, excavator, grading, demolition work. Fill dirt, topsoil & sand. (252)659-6932

Compost/Topsoil
CERTIFIED CLASS A Compost or screened organic soil. \$15 per ton. Will deliver. No order too large or too small. (252)633-5334

Drywall Repair
NEW WORK or repair to existing walls and ceilings. Free estimates. Call (252)633-4909

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Fill Dirt & Concrete "Free Dumping" National Avenue area in New Bern. 252-633-2868/626-3151

Family Tree
Did You ever wonder where you came from? Have your family tree researched. Reasonable rates. (252) 269-2174

Flooring
Hardwood Floors Sanding, refinishing, staining, repairs & install. Old floors made new! Free estimates. Call (252) 286-2295

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DAD & THE BOYS LLC Seamless gutters, 5" Gutters \$3.50 per foot 1 story. \$4.50 per foot 2 story plus downspouts. We specialize in flooring & remodeling. We do all phases of residential construction. 252-656-2224

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A QUICK SERVICE Install or Repair anything Painting, Remodeling, Tile, Roofing, etc. 30 years experience. Quality Work guaranteed. Member of Better Business Bureau We accept Visa, Mastercard, Debit. 252-633-6673 Dependable

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A-1 HANDYMAN SERVICE No job too small. Reasonable rates! (252)229-7016

Handyman
BOB'S HANDYMAN SERVICE 25 years experience. No job too small. (252)288-1511

Handyman
EASTERN CAROLINA'S HANDYMAN We do it all! A level ahead of the rest! Where quality counts. 1 year warranty. References. Fully insured. 252-670-7981/514-3013

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Services Directory

Hauling/Tractor Service
ECONOMY 1/2 LOADS available. All materials spreaded. Mulch, rock, sand, etc. Tractor for road, driveways, gardens, flower beds, etc. Quick Service 252-633-6675

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Home Improvement
CANNON VINYL PAINT & Remodeling 25 years experience. Call Joel (252) 634-8078 for estimate.

Home Improvement
MCR Remodeling Kitchens, baths, hardwood, tile, laminate, painting, Insured. 252-626-5340

Home Improvement
Painting, Carpentry, Garages. Additions... Reasonable rates and quality work! (252) 671-6606.

Landscaping
RANDY'S BED MAINTENANCE & LANDSCAPING Spring is coming. Planting, mulch, sodding, pine straw, and irrigation repairs. Call 910-743-2951 or 252-474-4491

Lawn Care
ALS LAWN CARE Cutting, trimming & cleanups. A great job at low price. 252-447-1265

Lawn Care
SPRING CLEANUP! Raking yards, pressure washing, mulching flower beds, removing small trees, landscaping. Campbell's Lawn Care (252)342-1984 or 342-4488

Lawn Service
Spring Garden Lawn Service Total lawn care, bushhogging, insured. *FREE* estimates! (252)670-8599

Music Lessons
PIANO LESSONS (252)447-4086

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A-1 HIGH QUALITY PAINTING & PRESSURE WASHING Where quality counts. We care about your home and business. References. 252-670-7981 or 571-7551

Retaining Walls
ROCK, BLOCK & P.T. TIMBER, retaining walls. Call (252)637-ROCK www.rockyards.com

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J&L ROOFING CO. Free estimates. Fully Insured. 24 hour patch repair 252-626-2740

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WE REPAIR JOISTS, seals, girders, water/termites damage. All home repairs! (252)756-2915

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BATHROOM REMODELING and granite/marble countertops. Free estimates! (252)463-3700

Tractor Work
FOOTINGS, BUSHHOGGING, BACKHOE and tractor work. Call (252)670-0555

Services Directory

Tree Service
A-1 TREE Tree removal and trimming, stump grinder, up to 95' bucket truck. Mastercard/Visa accepted Earl Temple (252)638-0611

Instruction & Training

J.Y. Monk Real Estate School Get your Real Estate License **FAST** Raleigh, Wilmington & Greenville Courses. 1-800-849-0932 www.jymonk.com

Help Wanted

FULL-TIME DRIVER & PART-TIME TRUCK HELPER Must be able to pass DOT. Apply in person Salvation Army Family Store 9:30-4:30p to Store Manager 310 Queen Street New Bern No phone calls please

Ignition Interlock Installer Entry level position for ignition interlock installer in the Havelock and surrounding area. Travel required. Car, alarm/stereo work and basic computer experience a plus. Career-oriented company with full insurance and retirement. Valid Driver's License Required Clean Driving Record Required (NO DWI's) Clean Background Required Email Cole Andrews at pjandrews@montitecnc.com

Now Taking Applications For: FRONT DESK CLERK 2nd & 3rd shift. APPLY IN PERSON BETWEEN 5PM & 8PM! Holiday Inn Express, New Bern

FREE PHOTO SHOOT if accepted. Local Agency Interviewing Expressive Babies and Kids for commercials & print. Bookings pay well. www.cbgroup.com for info (252)670-0464

Help Wanted

Service provider for Delta Airlines now hiring employees for the **New Bern Airport**. Starting pay \$8.00 per hour. Candidates must be able to pass a pre-employment drug test, be able to lift 50 lbs over your head, and be available for training in Atlanta. For an interview, please email resume to: amy.leuschke@usgroundservices.com

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Help Wanted

NEW TODAY

Human Services

RHA Health Services Inc.

OFFERING A \$1,000 SIGN ON BONUS

LICENSED CLINICAL PROFESSIONALS NEEDED FOR I/H AND THERAPY: LPC, LPSW, LPA, LMFT, CSAC

Must be an individual who holds a license, provisional license, certificate, registration or permit issued by the governing board regulating a human service profession.

Job Descriptions Summary Serves as the primary team leader supporting individuals with MH/SA issues. Coordinates/monitors the array of services and supports identified in each person's PCP. These interventions are strength-based and focused on promoting recovery, symptom reduction, increased coping skills, and achievement of the highest level of functioning in the community. This position will be on the Intensive In-Home Team. Therapists needed to provide individual and group therapy to individuals with MH and SA issues for children and adult population. Will perform Clinical Comprehensive Assessments.

Benefits: In addition to a bright future in a growing and dynamic company, we offer a competitive salary, excellent benefits package, free training for CPR and first aid, tuition reimbursement and 403b plan

Job Requirements Supervision: May manage 2 or more employees. Education and/or Experience: Must hold a license, provisional license, certificate, registration or permit issued by the governing board regulating a human service profession. Four years of full-time accumulated experience in MH/DD/SA with the population

Contact: Carol Villarreal Email: [cvillarrea@rhanel.org](mailto:cvilarrae@rhanel.org) or call 252-638-9091

Help Wanted

NEW TODAY

Dental

DENTAL ASSISTANT CDA-II Seeking experienced dental assistant. Full time with benefits. Must be xray certified, 4 day work week. Send resume to: Stephen Hoard 1421 A S. Glenburnie Rd New Bern, NC 28562 Allin: Rae

NEW TODAY

Bayview Nursing & Rehabilitation Center

FULL TIME RN, MDS COORDINATOR \$5000 SIGN ON BONUS!!

Looking for experienced professional who loves to work for the elderly population in a small home like atmosphere. **60 BED FACILITY. EXPERIENCE REQUIRED. BENEFITS INCLUDE MAJOR MEDICAL, 401K, LIFE INSURANCE AND DENTAL INSURANCE.**

PLEASE APPLY IN PERSON: 3003 Kensington Park Drive New Bern, NC 28560 EOE

NEW TODAY

Bayview Nursing & Rehabilitation Center

IS NOW ACCEPTING APPLICATIONS FOR: LPN 3PM-11PM

FULL TIME & PART TIME PLEASE APPLY IN PERSON: 3003 Kensington Park Drive New Bern, NC 28560 EOE

NEW TODAY

Bayview Nursing & Rehabilitation Center

IS NOW ACCEPTING APPLICATIONS FOR: CNAs
7PM-7PM WEEKENDS
7AM-7PM WEEKENDS
7AM-3PM & 3PM-11PM
FULL TIME SHIFTS AVAILABLE

PLEASE APPLY IN PERSON: 3003 Kensington Park Drive New Bern, NC 28560 EOE

Help Wanted

NEW TODAY

Medical

Brithaven of Havelock is now hiring for:
•RN Weekend Supervisor-Day Shift
•CNAs-All Shifts
Please contact Meg Campbell, LPN/SDC at 110 McCotter Blvd Havelock NC 28532 (252)444-4631 EEO/AAP

NEW TODAY

Medical

MED TECH PART TIME

Must have CNA certification. Competitive wages & pleasant work environment.

PLEASE APPLY IN PERSON AT: Brook Stone Living Center Pollockville, NC

NEW TODAY

Medical

PRIVATE HOME CARE CNAs

Apply today and earn a \$450 bonus!

ALL SHIFTS/ FULL TIME PLACEMENT

Home Care for the Elderly. Hourly/24 hour care. Work 3-4 days & have off 3-4 days. New Bern, Havelock, Morehead, Jacksonville and Swansboro areas. Errands, Transportation, Meal Prep, Medication, Companionship, Reminders, Housekeeping, etc.

TOP PAY Call Today (252)634-9307

NEW TODAY

Medical

RN SUPERVISOR EVERY OTHER WEEKEND

Competitive wages & pleasant work environment.

PLEASE APPLY IN PERSON AT: Brook Stone Living Center Pollockville, NC

Help Wanted

NEW TODAY

Office

PART-TIME RECEPTIONIST

Monday-Friday 4pm-Close & Saturday 9:00am-3:00pm. Drug Testing Required. Apply in person. NO PHONE CALLS PLEASE! Trent Cadillac 1707 Hwy 70E New Bern

Help Wanted

NEW TODAY

Sales

SALES REP

Experienced sales pro to call on builders, architects, designers, etc... To market concrete products, stone veneer, countertops. Commission. Must have own car. Email resume to: stonerep@aol.com

Help Wanted

NEW TODAY

General

Innovation, sophistication, knowledge they're key traits in the team members at BSH Home Appliance Corporation, a Bosch-Siemens company known worldwide for inventive, reliable, high-performing products. We currently have the following career opportunity.

SUPERVISOR, DISHWASHER ASSEMBLY

You will supervise production hourly or indirect associates in the Dishwasher Assembly department to meet the production schedule and ensure that product produced conform to required specifications. Other responsibilities include developing/ coordinating training; developing and maintaining production reports and graphs; evaluating and reprimanding associates as necessary. Position requires 3-year Technical degree and good communication and organizational skills.

For the opportunity to join a growing industry leader as a member of our dynamic team, please send resume and any history to: Human Resources, 100 Bosch Blvd, New Bern, NC 28562. Fax: 252-636-4323. Email: hrrecruiter@bshg.com.

NEW TODAY

Trades

Blackwater Electric Co., Inc., a Chesapeake, Virginia based Electrical Contractor is seeking an experienced

CONSTRUCTION PROJECT MANAGER

in their New Bern, NC office. Candidates must be take charge individuals with prior Government contract, estimating and oversight experience. Candidates should be experienced in Government construction project management and experience in the negotiation of complex contract modifications, management of subcontractor work, and the ability to be able to drive projects to final completion is a must. Additionally, this individual must be experienced in managing multiple complex projects simultaneously, and demonstrate advanced computer skills. Blackwater Electric is an accomplished contractor requiring the candidate to have strong construction and renovation experience, which includes knowledge and demonstrated skills in all aspects of construction; architectural, civil, structural, electrical, mechanical, and fire protection. Advanced estimating experience for bidding work is mandatory. Ability to plan and facilitate work with owners, subcontractors and prime contractors and to solve problems desired. Travel is expected. Salary will be commensurate with experience.

PLEASE APPLY IN PERSON AT: Brook Stone Living Center Pollockville, NC

NEW TODAY

Trades

Drywall Hanger Finisher Drug screen and background. (252)288-9375

NEW TODAY

Lost & Found

LOST MALE NEUTERED GRAY cat. Large, friendly, Stonebridge subdivision, Havelock. If found call (252) 447-5197

NEW TODAY

Roommates/Shared Living

PROFESSIONAL SEEKING ROOMMATE for 1,900 sq. ft. home in Trent Woods. \$500 all inclusive! Pets negotiable. (252)634-8996

NEW TODAY

Antiques

At J.L. Kirkman's Antique Mall, voted "Best Place to Buy Antiques in New Bern", we purchase wholesale estates! We always have a wonderful array of furniture and goods on the floor for sale. In March alone we picked up 6 estates! Also, we have 48 different vendors! If you haven't visited our store yet, you have missed a treat! Come see us! "A short trip across the bridge to Bridgeton". 9-6 M-F, 10-6 Sat. 252-634-2745

Auction

NEW TODAY

Online Only GUN AUCTION

Bidding ends Thursday April 8th 11:00 AM 100 Guns from One Lifetime Collection:

BID ONLINE NOW AT: HouseAuctionCompany.com. Vintage Shotguns, Rifles, Handguns & Military Arms. Winchester, Remington, Colt, Springfield Armory, LeFevre, Fox Sterlingworth, Ithaca, Iver Johnson, Ruger, Beretta, Browning, Thompson, Center, Smith & Wesson & Much More. VISIT THE WEBSITE FOR TERMS, PHOTOS & BIDDING: This is an ONLINE AUCTION ONLY. All terms & conditions will be posted On Line. All firearms will be stored, shipped and transferred from Jerry T. Hardesty Guns in Morehead City, NC. ALL sales & transfers will be in accordance with Federal & State Firearms Regulations. HouseAuctionCompany.com (252)729-1162

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FACTORY DEALS-SAVE \$1,000'S 18x21-60x80 Can Erect & Deliver. www.walshyking.com Source#1G0 866-609-4321

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NEW TODAY

Pets & Supplies

"DOG SCHOOL" Basic/Advanced training for all breeds! wellerkennels.com New Bern, NC (252)636-5225

NEW TODAY

Furniture & Household

#1 ABSOLUTE BARGAIN! Brand new mattresses, still in factory plastic. Queen/Full \$89. Twin \$79. King \$139. With warranty, can deliver, layaway and financing available. Call (910) 325-7008

NEW TODAY

Miscellaneous

"ALL BRAND NEW" PILLOWTOP MATTRESS SETS Full \$100 QUEEN \$120 King \$200 5PC CHERRY Bedroom Set \$300 252.481.1411

NEW TODAY

Miscellaneous

5 PIECE QUEEN CHERRY BEDROOM SET. Brand new, still in box! Must sell, \$350, can deliver. Call Dren (910) 325-7088.

NEW TODAY

Miscellaneous

CLEAN LONG LEAF PINE STRAW \$4.25 per bale! Delivered! (252)244-1738

NEW TODAY

Miscellaneous

OFFICER UNIFORMS Evening dress whites, mess dress, rain-coat, greens, shirts, caps size 7, uniforms size 38. (252) 672-0031

NEW TODAY

Storage Rentals

YAMAHA HSS0M/2 HSI0W/1 active studio monitor system with XLR cables \$475. Gallien Krueger MB150S 112-111 micro-base combo amp, \$450. (252)349-6345

NEW TODAY

Storage Rentals

1ST MONTH FREE! 1000 & 2000 sqft spaces for lease in New Bern. Great for boats, RV's, campers... Maxi Storage (910)382-5674

NEW TODAY

Business Opportunities

2 CONVENIENT LOCATIONS Trent Rd, Glenburnie Rd, Tyson Mgmt 252-514-0188

NEW TODAY

Business Opportunities

Established Vending Route Turn key, very profitable bulk route in Jacksonville area. Will sell all or part. (800)854-2382

NEW TODAY

Homes for Sale

1,850SQ.FT. 3/2 Large closets, whirlpool, fireplace, heat pump, 2 car garage, landscaped on hill. By appointment (252)637-3868

Homes for Sale

NEW TODAY

Waterfront Ranch, 43, 1 Acres 2489 sett, 102 Oakridge Dr, Havelock. owners.com/44080

NEW TODAY

Homes for Rent

2 BEDROOM, 1 BATH DUPLEX in New Bern. HUD approved, \$465. (252)224-0872 or (252)259-1467

NEW TODAY

Homes for Rent

2 BEDROOM, 1 BATH, Vanceboro. Office, appliances and water, \$650 + deposit and background check no pets. Call (252)670-7980.

NEW TODAY

Homes for Rent

3/2 HISTORIC HOME Cozy front porch, picket fences, family & formal rooms, fenced yard, nice kitchen, \$995. 252-635-7052

NEW TODAY

AVAILABLE HOUSES

2 AND 3 BEDROOM HOUSES New Bern, James City & Weyerhaeuser areas. Fenced yard, \$700-\$1,000. No pets. Requires lease, deposit & credit check (252)636-1093

NEW TODAY

Homes for Rent

212 NEAL'S CREEK RD, BAYBORO 3/1, heat pump, appliances, \$500 per month, (252)432-3577

NEW TODAY

Homes for Rent

NEAR PALACE, 3 bedroom, 2 bath. No smoking, no pets, \$1000. (252) 670-2590 or 633-3140

NEW TODAY

Homes for Rent

NEWPORT RIVER Rent/Rent to own, large sun porch overlooking Newport River, 4 bedrooms, 2 baths, garden tub, permanent foundation, neighborhood boat ramp, trash pickup, no yard work, 12 miles to MCAS, 5 miles to Morehead City Walmart. Rent \$1100 (252) 725-1044

NEW TODAY

RENTALS

STRICTLY RENTALS : 2 bed rentals \$550-\$750 3/4 bed rentals \$750 & up. Call (252)447-0222

NEW TODAY

Rooms for Rent

CLEAN FURNISHED NO SMOKING near Tyson Plaza for single, \$130 week & up 252-249-2200

NEW TODAY

Apartments for Rent

1 BEDROOM APARTMENT Historic District Spacious! Washer & dryer. No pets \$525 mo. 919-851-9900

NEW TODAY

Apartments for Rent

1 BEDROOM Furnished Apartments Waterfront setting, weekly, monthly 910-578-5777

NEW TODAY

Apartments for Rent

2/1 DOWNSTAIRS APARTMENT Newport area, no pets, \$625 mo. Owner/Broker (252)646-2047

NEW TODAY

Homes for Sale

ALL NEW INSIDE! Living room, kitchen, bedroom. Washer/dryer, central AC & heat. Riverstone historic district. \$525. (252)670-9219

NEW TODAY

Homes for Sale

ALL THE BEST DEALS Apartments, Townhouses, Duplexes, Mobile home lots or mini storages. Section 8 accepted. (252) 637-5600 Mgmt Svcs

NEW TODAY

Homes for Sale

COPPERFIELD APTS. 1, 2, 3 bedroom \$425 to \$690. Best location & deals (252)633-3240

NEW TODAY

Homes for Sale

NEUSE WOODS APARTMENTS 2/1, 1000sq.ft., waterfront, beautiful, quiet location. OrsusMgmt.com (252)649-0410

NEW TODAY

Homes for Sale

REUNION POINT LANE 3/2'S Condo. Beautiful, modern with classic details, \$1050/mo. OrsusMgmt.com (252)649-0410

NEW TODAY

Homes for Sale

2 AND 3 BEDROOM HOUSES New Bern, James City & Weyerhaeuser areas. Fenced yard, \$700-\$1,000. No pets. Requires lease, deposit & credit check (252)636-1093

Apartments for Rent

NEW TODAY

Neuse Builders Property Management For Lease Homes & Apartments

New Bern Locations From the 50's to's •Arbor Green •Arcadia Village •Academy Common •Academy Green •Havelock Locations From the 50's to's •Croatan Forest •Christopher Downs •Tucker Creek 252-635-6800 neusebuildersrentals.com

NEW TODAY

Condos for Sale / Rent

APRIL/MAY SPECIAL!!!!!! MONTH-TO-MONTH RENTAL OCEANFRONT EMERALD ISLE 2 bedroom/2 bath condo, fully furnished, washer & dryer, No smoking, no pets \$1,275 month. \$675 deposit. Tons of amenities! Ready now! Weekly rates are \$675. Call 252-634-3550

NEW TODAY

Condos for Sale / Rent

CONDO FOR RENT at Turnberry Village in Trent Woods. 2 bedroom, 2 bath, washer, dryer, dishwasher, fridge and gas logs. Well maintained. \$800 per month. Call (252)670-9006

NEW TODAY

Business Property

7500 SOFT WAREHOUSE SPACE with 1 acre fenced area (2) 18' roll up doors, will consider upfit/partition. 424 Hwy 55 W. \$1600 month (252) 637-6667

NEW TODAY

Commercial Building for lease

1800 sqft, offices/shop, fenced, \$850 252 633-3633 or 637-3044

NEW TODAY

Soft Warehouse Space

10,000 SOFT WAREHOUSE space. 226 Kale Rd. \$4,000 per month. Will subdivide and/or up fit. Call Scott Davenport (252) 514-9269

NEW TODAY

Stores/Offices for Rent/Sale

1916 S. GLENBURNIE RD. Reception, 3 offices, handicap bath, tile room, \$775/mo. Chuck Tyson Tyson Mgmt. (252) 633-5766

NEW TODAY

Shopping Centers

CROSSROADS SHOPPING CENTER S. Glenburnie Road. Several spaces available for lease. Ideal for office or retail. Chuck Tyson (252)633-5766

NEW TODAY

Office Centers

Neuse Woods Office Center Nice professional corner office. 560sq.ft. \$400 month. OrsusMgmt.com (252)649-0410

NEW TODAY

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OFFICE SPACE for rent. 1400 Sq ft, downtown New Bern, ample off-street parking. (252) 633-2470

NEW TODAY

Manufactured Homes/Sale

28X76 DOUBLEWIDE Wyse Fork area, 4 bedroom, 2 bath, 1/2 acre, large covered front porch, \$39,900 (252)229-8593 or 229-9046

NEW TODAY

Manufactured Homes/Rent

2 & 3 BEDROOM Singles in Sandy Ridge MHP in Bridgeton. No pets allowed. (252)637-9321

NEW TODAY

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FOR RENT Clean well kept never 2 & 3 bedroom Mobile Homes in quiet country setting in Havelock. Close to base! \$500 and up! (252)447-3625

NEW TODAY

Homes for Sale

HOMECREST PARK 2 & 3 bedrooms, 2 baths, \$300 to \$550 plus deposit. Includes water, kitchen and laundry appliances, & parking. No pets. 252-637-5549

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Directions: 706 to W. Thurman Rd past Carolina Colours. Left into Longleaf Pines. TTE in Austin Ave.

MLS Johnnie Brantley 671-0414 New Bern Real Estate