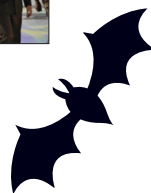


- Military World Games 5A
- Stroll and Roll 1B
- Bullying Prevention Month 5B



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THURSDAY, OCTOBER 31, 2019

2nd Marine Division to conduct largest warfighting exercise in three decades



Photo by Gunnery Sgt. Leon Branchaud

U.S. Marine Corps Gen. David H. Berger, right, commandant of the Marine Corps, walks with Maj. Gen. David Furness, second from left, commanding general of 2nd Marine Division (2DMARDIV), Brig. Gen. Roger B. Turner, second from right, commanding general of Marine Air Ground Task Force Training Command (MAGTF-TC), and members of the 2d MARDIV and MAGTF-TC staff after landing in an MV-22 Osprey at an undisclosed location at Marine Corps Air Ground Combat Center, Twentynine Palms, California, Oct. 23.

BY 2ND MARINE DIVISION COMMSTRAT

In the Mojave Desert plains of Twentynine Palms, California, a disparate collection of Marine-centric, sibling-service and NATO-ally forces — more than 10,000 strong — are preparing to conduct the first Marine Corps division-level, unscripted, force-on-force exercise in more than 30 years.

Dubbed MWX 1-20, short for Marine Air-Ground Task Force (MAGTF) Warfighting Exercise 1-20, it is a multi-regimental exercise in which 2nd Marine Division

(2DMARDIV), commanded by Maj. Gen. David Furness, will serve as the Ground Combat Element (GCE) for a notional Joint Task Force (JTF) higher headquarters, represented by MAGTF Training Command (MAGTF-TC).

All elements of the MAGTF will participate in MWX across the sprawling ranges of Twentynine Palms. The exercise will include significant numbers of troop transport vehicles, ordinance and small-arms. It will provide 2dMARDIV an opportunity to better understand and modulate its signature whether that

be physical or across the electromagnetic spectrum as well as measure and better understand our own signature, how it looks from an adversary's perspective and how we can effectively command and control while minimizing our footprint.

According to Maj. Gen. Furness, while MWX 1-20 is both large and complex, improving the Division's warfighting competencies against peer- and near-peer competitors is paramount. So too is testing the Division's logistical reach by moving a division's worth of manpower and materiel from coast to coast. Achieving these

goals reinforces key elements in both the National Military Strategy- and Commandant of the Marine Corps-mandated objectives to improve warfighting readiness for major conventional operations.

"MAGTF Warfighting Exercise 1-20 is aligned with priorities at every level of the chain of command, up to and beyond the Department of Defense, to prepare for the future fight, to improve combat readiness and to modernize the force," said Furness.

"Because of our Global Force Management commitments, and to a lesser degree the limited nature

of the training space at Camp Lejeune to support division-level force-on-force training, we are long overdue for an exercise like MWX 1-20. It's been more than 30 years in the making. In the exercise design, we will encounter a free-thinking 'adversary force' with tactics and capabilities as good as our own. We will employ and test some technologically advanced equipment, such as a much more accurate laser acquisition and targeting equipment set designed to make force-on-force training more realistic, all with an eye on modernizing our force. We will also conduct complex

maneuver warfare training on a plethora of disparate and geographically-dispersed ranges in order to challenge and improve our command and control (C2) capabilities." MWX 1-20 will unfold in early November, and while there are sure to be lessons learned at the operational and tactical levels, success may well be defined by getting the division, and all the personnel and material that entails, the 3,000 miles required to prosecute the battle. The rest is Marines and Sailors doing what they do — overcoming all obstacles to accomplish the mission.



Photo by Sgt. Stormy Mendez

U.S. Marine Corps Lt. Gen. Brian Beaudreault, II Marine Expeditionary Force commanding general, speaks to Marines with 2nd Marine Division (2d MARDIV), Oct. 25.



Photo by Sgt. Stormy Mendez

U.S. Marines with Bravo Company, 1st Battalion, 2nd Marine Regiment, Second Marine Division (2d MARDIV) depart an aircraft at March Air Reserve Base, Riverside County, California, Oct. 21.

Beirut Memorial Observance- Remembering lives lost

BY CPL. DOMINIQUE OSTHOFF

Marine Corps Installations East

On Oct. 23, 1983, retired Marine Kevin Jiggetts survived one of the deadliest terrorist attacks on Americans. A bomb detonated at the U.S. Marine barracks in Beirut, Lebanon, killing 241 service members. The bombing would mark the largest loss of life for Marines since the Vietnam War and the worst overall since the Battle of Iwo Jima.

Jiggetts, who was assigned to 1st Battalion, 8th

Marines, remembers his fellow Marines and friends.

"The whole tragedy gives a greater respect for life because in a matter of seconds all my guys were gone," Jiggetts said. "Just like that, 241 of my best friends gone in an instant. You respect life, and the possibilities of life. Their youthful faces, that's all I remember. They never got a chance to be 56 like me and grow up."

Each year on Oct. 23, hundreds of Marines, Sailors and family members attend a memorial observance at the Lejeune Memorial Gardens to remem-

ber the lives lost at Beirut, Lebanon and Grenada, and this year was no exception. More than 1,200 people came to the 2019 ceremony.

"I come here, because I know 90 percent of the men on that wall," said Jiggetts. "I served with those guys. I come here to pay respects to them. On their shoulders, proudly I stand."

Jiggetts hasn't attended every observance in the last 36 years.

"I don't come every time," Jiggetts said. "The first time I came that was really hard for me, it's probably 15 years ago. I just lost

my [composure] and everything. I've been here about 10 times now over the last 36 years. I think it's important to remember every now and again that life is valuable and precious."

Retired Marine Gen. Al Gray, 29th Commandant of the Marine Corps, talked about the indifference felt between Camp Lejeune and the surrounding community prior to the bombing and how that eventually changed.

"Jacksonville was just another town or city, and the Marines were just another base," he said. "After [Beirut], we're as one."



Photo by Cpl. Dominique Osthoff

Retired Marine Kevin Jiggetts poses for a photo after the 36th Beirut Memorial Observance Ceremony at Lejeune Memorial Gardens in Jacksonville, Oct. 23. Jiggetts was assigned to 1st Battalion, 8th Marine Regiment at the U.S. Marine barracks in Beirut, Lebanon when the building was bombed. The memorial observance is held annually on Oct. 23 to remember the lives lost due to terrorist attacks at U.S. Marine Barracks in Beirut, Lebanon, and Grenada.

II MEF hosts members of Norwegian Armed Forces



COURTESY STORY

II MEF

II Marine Expeditionary Force hosted planning alongside service members from the Norwegian armed forces on Marine Corps Base Camp Lejeune, Oct. 25.

The meeting served to strengthen the relationship between Norway's military, the U.S. Marine Corps and U.S. Navy.

"We have to be agile, and that is what the Marine Corps provides, the Marine Air-Ground Task Force," said Maj. Gen. Stephen M. Neary, II MEF deputy commanding general.

II MEF hosted the bi-lateral event with Norwegian Army and Navy representatives to conduct detailed planning while developing and iterating Norwegian defense procedures.



Photo by Lance Cpl. Paige M. Verry

U.S. Marine Corps Maj. Gen. Stephen M. Neary, II Marine Expeditionary Force deputy commanding general, speaks with Norwegian Army Lt. Col. Geir Husby, chief of operational planning with the Norwegian Army, during bilateral planning on Marine Corps Base Camp Lejeune, Oct. 25.

Annual marathon showcases Marine Corps



Photo by Lance Cpl. Paige M. Verry

Participants from around the world take part in the 44th annual running of the Marine Corps Marathon, traveling on a monumental course through Washington, D.C., and finishing at the Marine Corps War Memorial, Arlington, Virginia, Oct. 27. Also known as "The People's Marathon," the 26.2 mile race drew roughly 30,000 participants to promote physical fitness, generate goodwill in the community and showcase the organizational skills of the Marine Corps.

OFF-LIMITS

The following businesses are designated by the base commander as "off-limits"

CAMP LEJEUNE REGION:

Atheas Attics at 420 Eastwood Rd., Wilmington.
 Bell Auto Salvage II at 136 Abbots Branch Rd., Hubert.
 Best Exxon at 2945 Richlands Highway, Jacksonville.
 Club Phoenix at 209 East 5th St., Greenville.
 Dash-In at 1316 Hargett St., Jacksonville.
 Drive Thru Mini Mart at 2729 Commerce Road, Jacksonville.
 D's Drive Thru (AKA: Raul's Drive Thru) at 226 Wilmington Highway, Jacksonville.
 D's Quick Mart at 2840 Highway 258 West, Richlands.
 Expressions at 419 South College Rd., #39, Wilmington.
 Express Way at 1261 Gum Branch Rd., Jacksonville.
 Golden Dragon (AKA) Tokyo Asian House at 1850 Wilmington Highway, Jacksonville.
 Highlands Tobacco aka Piney Green
 Tobacco at 835 Piney Green Road, Jacksonville.
 Highway 24 Tobacco at 1448 West Corbet Ave. Jacksonville.
 Hubert Tobacco at 393 Hubert Blvd., Hubert.
 J&N Grocery at 1142 Beulaville Highway, Richlands.
 Karen Huffman's Cleaning Jacksonville.
 King's Tobacco Drive Thru at 1796 Gum Branch Rd., Jacksonville.
 Laird's Auto and Truck Repair (U-Haul Rental) at 1197 Piney Green Rd., Jacksonville.
 MB Super Discount at 800 Shipyard Blvd., Wilmington.
 Moe's Mart at 2105 Belgrade-Swansboro Rd., Maysville.
 Nash Market at 237 New River Drive, Jacksonville.
 OJ's Tobacco and Vapor at 8900 Richlands Highway, Richlands.
 One Stop Shop at 501 Corbin St., Jacksonville.
 *Precision Motor Sports at 1321 Lake Cole Road, Jacksonville.
 Price is Right Lawn Design in Jacksonville.
 Reid's Mart at 461 Hubert Blvd., Hubert.
 Sahara Hookah Lounge at 917 North Marine Blvd., Jacksonville.
 Saint Thomas Custom Homes at 3560 McArthur Rd., Broadway.

Smart Buy at 375 Jacksonville Mall, Jacksonville. (currently not open, but has history of reappearing)
 Speedy's Drive Thru at 357 Henderson Drive, Jacksonville.
 Sun House Vapor and Tobacco at 2840 Richlands Highway, Jacksonville.
 Super-Fast Drive Thru Mini Mart at 1005 North Marine Blvd., Jacksonville.
 Tobacco at 521 Yopp Rd., Unit 106, Jacksonville.
 Tobacco Leaf at 343K Western Blvd., Jacksonville.
 Triple C Diesel Performance and Mobile Repair
 602 Richlands Highway, Jacksonville
 Veterans Affairs Service Jacksonville. (This is a private organization not affiliated with the Department of Veterans Affairs, VA Outpatient Clinic, nor Onslow County Veteran Services.)

MCAS CHERRY POINT AREA:

98 Cent Only Store
 (Big Daddy) Wesley's Grocery
 Coastal Smoke Shop
 Expressions
 Friday's Night Club (AKA: Club Insomnia, Club Classics, Infinity Lounge)
 Flyers at 400 Fontana Blvd., Havelock.
 H&D Express (AKA: Citgo)
 Nadine's Food Mart
 Tobacco Outlet (Havelock and New Bern)
 Tobacco Shop & Gifts (Beaufort and New Bern)
 Tobacco Town
 Tobacco Shop (Newport and New Bern)
 Twin Rivers (Not the mall)
 White Sands Convenience Store

OFF-LIMITS ROADS:

Catfish Lake Road

* Identifies a new business added since the last update of the Bulletin.

Hotline numbers to report fraud, waste, abuse and corruption

II MEF Hotline - 451-5555 www.iimef.marines.mil/UnitHome/CommandInspectorGeneral.aspx
 MCIEAST Hotline - 451-3928 www.mcieast.marines.mil/StaffOffices/CommandInspectorGeneral/CommandingGeneralsInspectionProgram.aspx
 TECOM Hotline - (703) 432-1650 www.tecom.usmc.mil/pages/ig.aspx
 Naval Hospital Hotlines - (910) 450-4240 NHCL-IGHotline@med.navy.mil
 MARSOC Hotlines - 440-1045/0941 www.marsoc.marines.mil/UnitHome/InspectorGeneral.aspx
 New River Hotline - 449-6029.

To report crimes on and off base

To report crimes on and off base, you can call the Crime Stoppers anonymous hotline at 938-3273 or text your tip to TIP4CSJAX + your tip to 274637.

- Cash rewards up to \$2,500 for information deemed of assistance to law enforcement.
 - Caller never reveals his/her identity
 - Reward is collected through code system

Help keep Marine Corps bases and Onslow County safe!

The
Globe

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Wounded Warrior Battalion promotes camaraderie with allied partners

BY CPL. KARINA LOPEZMATA

Marine Corps Installations East

Wounded Warrior Battalion-East (WWBn-E) conducted an exchange of ideas to enhance the recovery and rehabilitation of ill and injured service members with allied partners from the British army on Marine Corps Base Camp Lejeune, Oct. 21-24. Events were held each day for recovering service members, both active duty and veterans, by showcasing their abilities and discipline.

"These events are for our allied partners from the British army to experience what our service members go through as far as their physical and psychological recovery," said Brandon Shephard, the Warrior Athlete Reconditioning Program manager. "We want to show them how we take care of our most [catastrophically injured] service members when it comes to their physical and psychological needs. We want to share the best prac-

tices with them."

WWBn-E provides continuous, far-reaching leadership to wounded, ill and injured Marines and designated Sailors worldwide in order to ensure all recovering service members successfully transition back to full duty or civilian life.

Exercises such as shooting an air rifle, indoor cycling and honing archery skills were new techniques introduced to the British soldiers to improve their athletic capabilities.

According to Shephard, these events serve an important role for the Marines by giving them confidence and promote camaraderie between Marines from WWBn-E and soldiers from the British Army.

"When you become ill or wounded, you don't realize what is available to you," said British Army Warrant Officer 2 Julia Venning, a recovering soldier. "It is wonderful for us to come out to different countries and see the differences between our programs and the American programs."

According to Shephard, when service members join, they do so with the purpose of being a warfighter. These events give the service members the opportunity to showcase the hard work and dedications they put into their own recovery.

"We share victories out in the battlefield," Shephard said. "We might as well share our victories in the recovery of those injuries."

Certified athletic trainers and strength coaches are available to assist the wounded warriors in establishing exercise goals and routines to best suit their recoveries. With a lot of Marines and Sailors across the U.S. on the mend from wounds, illness and injuries, it is important for them to understand there are services that will assist them to get back into the fight.

"Even though we are from different countries and wear different uniforms, it is nice to see we still serve alongside each other and are considered as one," Venning said.



Photos by Cpl. Karina Lopezmata

British Army Warrant Officer 2 Julia Venning, a recovering soldier, takes aim at a target during an archery exercise hosted by Wounded Warrior Battalion-East at the archery range on Marine Corps Base Camp Lejeune, Oct. 23. Events were held each day to enhance the recovery and rehabilitation of ill and injured service members, both active duty and veterans, by showcasing their abilities and discipline.



U.S. Marines with Wounded Warrior Battalion-East and recovering soldiers with the British Army, retrieve arrows from their targets.



Julie Clark, a Warrior Athlete Reconditioning Program archery coach, center, assists a British soldier with building an archery bow.



Innovation is the road to energy resilience

BY MELISSA ATLEE

Energy Ethos Coordinator

October is Energy Action Month and this year Marine Corps Installations East is focusing on innovative ways to improve our energy security.

Energy Security is separated into three pillars: Reliability, Resilience and Efficiency.

Reliable Energy

Warfighters abroad and at home require a cyber secure source of reliable energy. This means having quality, diversified energy resources and infrastructure for continuity of pow-

er. It also involves eliminating single points-of-failure that could jeopardize our energy supply. Reliable energy is also cyber secure.

Marine Corps Base Camp Lejeune and Marine Corps Air Station Cherry Point are doing their part to improve our energy reliability through an array of energy projects including new sub-stations at MCB Camp Lejeune and updating switching stations at MCAS Cherry Point.

Energy Resilience

As our nation's elite fighting force, we are resilient, and our energy resources should be too.

This means having energy infrastructure and resources that can outlast the various threats to our electrical grid, such as natural disasters, destructive weather and physical threats.

MCIEAST is making strides toward energy resilience by PV optimization and potential battery storage at MCB Camp Lejeune and advanced metering systems at MCAS Cherry Point.

Energy Efficiency

Marines are no stranger to doing more with less. This same warrior spirit can be translated to the way we consume energy

both at home and on the battlefield. Continued use of innovative energy performance management practices and efficient technologies will maximize funding available for future operational capabilities.

Our installations are always finding new ways to improve energy efficiency through technology and infrastructure upgrades. Take action this Energy Action Month and do your part to make our installations energy secure. For more information, visit <https://www.mcieast.marines.mil/Energy/>

You can also do your part to improve energy security by contributing to energy efficiency in your day-to-day activities on our installations and while deployed:

- Turn off lights and unplug electronics when they are not in use.
- Use daylight whenever possible.
- Ensure that windows and doors remain closed.
- Reduce your thermostat use before you leave work each day.
- Be vigilant and report energy discrepancies to your facilities section for maintenance.
- Don't leave water running and watch for leaks in pipes or faucets.
- When doing laundry, select the appropriate load size and only wash with cold water. Use the ECO settings on the dryer when possible.

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MCAS Cherry Point holds annual All-Terrain Unit Competition



Service members low crawl during an obstacle of the annual All-Terrain Unit Competition hosted by Cherry Point Marine Corps Community Services, Oct. 25.

COURTESY STORY

MCAS Cherry Point

17 groups of 10 Marines and Sailors raced against time to place in the All-Terrain Unit Competition at Marine Corps Air Station (MCAS) Cherry Point, Oct. 25.

The All-Terrain Unit Competition is a way for individual units to build

camaraderie and teamwork. The winning teams won money for their unit's recreation fund with third place receiving \$200, second place receiving \$400 and the first place team winning \$600.

The competition is hosted annually on the air station by Cherry Point Marine Corps Community Services. Teams of

10 service members competed in five grueling obstacles, testing their physical fitness, Marine Corps knowledge and hand-eye coordination. The winning team, "Bad Company," was comprised of Marines from Force Readiness Center-East and Center of Naval Aviation Technical Training.



Photo by Cpl. Andrew King

"Bad Company," the winners of the 2019 All-Terrain Unit Competition, pose for a group photo after a day of physical feats.

Military leaders engage industry to help expedite military construction

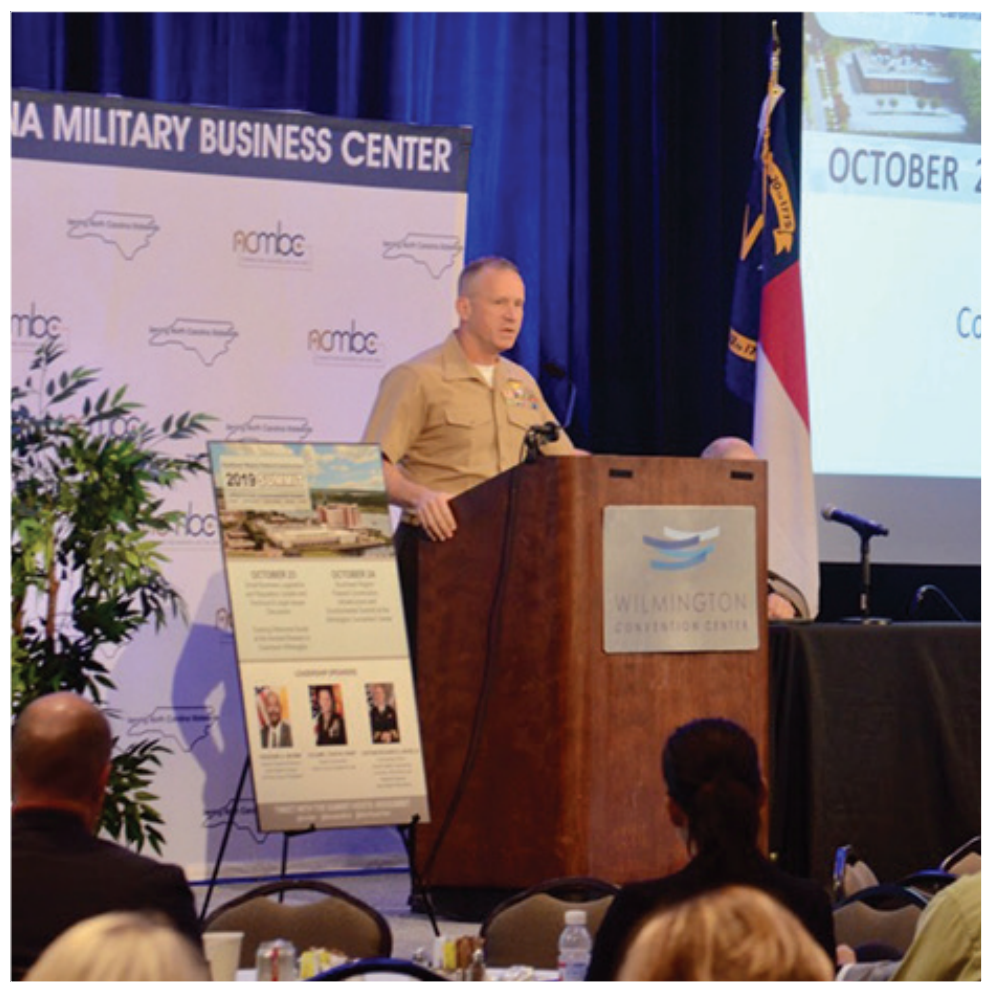


Photo by Nat Fahy

Col. Todd Ferry, deputy commander, MCIEAST-MCB Camp Lejeune addresses audience members at the 2019 Southeast Region Federal Construction Summit in Wilmington, North Carolina, Oct. 29. Col. Ferry was invited to discuss the progress of Hurricane Florence recovery and reconstruction efforts across Marine Corps installations in Eastern North Carolina.

BY NAT FAHY

Marine Corps Installations East

As the saying goes, "If you build it, they will come." With nearly \$1.8B in military construction scheduled over the next five years at Marine Corps installations in Eastern North Carolina following Hurricane Florence, a small delegation of military leaders and 800 representatives from 130 companies came together at the Wilmington Convention Center Oct. 24, eager to learn from each other what it will take to build resilient infrastructure for the next generation of Marines and Sailors.

"We are on the precipice of executing a tremendous amount of money in a relatively short period of time," said Col. Todd Ferry, deputy commander of Marine Corps Installations East—Marine Corps Base Camp Lejeune, delivering remarks to those in attendance at the 2019 Southeast Region Federal Construction, Infrastructure and Environmental Summit. "But we can't do it without some very creative thinking from you guys, the professionals."

The summit was the third such event hosted by the North Carolina Military

Business Center and designed to get the military and the construction industry talking about how to execute 31 construction projects combined into seven separate packages to replace aging infrastructure damaged during Florence.

Scott Dorney, executive director of the NCMBC, acknowledged the potential opportunities such a large scope of work will bring to this area and expressed faith in the vendors on hand. "It is an amazing amount of work and the expectation that this will be awarded in FY20 is a huge challenge," he said. "Whether you are a military rep or a government rep, I hope it'll make a great impression on you the capability we have in small businesses around North Carolina."

To assist the bases and stations in coordinating recovery work and efficiently managing the projected military construction, U.S. Navy Capt. Scott Hayes, commanding officer of Naval Facilities Engineering Command Mid Atlantic announced the standup of a satellite command based at MCB Camp Lejeune known as NAVFAC Florence.

The establishment of this separate command "sets in place a more ef-

ficient path to the restoration of facilities on MCB Camp Lejeune and MCAS Cherry Point," according to Mike Andrews, spokesman for NAVFAC MID-LANT. Hayes said the command's priorities will include a particular focus on performing to plan and meeting the mission-needed date. "Together with industry, we want to jointly produce that quality and those best-value solutions in support of our warfighters."

Ferry also recognized the challenges that lie ahead for the bases and especially the vendors seeking access. "We haven't been the easiest to work with; our rules and security regulations can be cumbersome. People are eager to work with us but there are issues with gate access; given the number of contractors coming here, we have to be open to thinking differently, because contracting success is our success."

Ultimately, Dorney says he is confident in abilities of industry to make these military construction projects a success. "Businesses are going to step in and they're going to be able to accomplish this work, on a timeline, with quality and deliver the facilities that our Marines and our installations really need and deserve."

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Team USA nets silver in men's basketball at Military World Games

BY GARY SHEFTICK
U.S. Armed Forces Sports

WUHAN, China – Going into the gold-medal game, USA men's basketball coach Micah Bonner knew the Lithuania team was "fundamentally strong" and attacked the baskets hard. They had beat host China the night before.

"It's going to take heart," he said. "We're going to have to dig deep." The plan was to wear the opponents down through fast breaks after securing the rebounds and take advantage of a deep bench to keep the pace going.

Problem was the Lithuanians seemed to have the same strategy, Bonner said after the game, and they executed it well. USA ended up with the silver medal after Lithuania edged them 91-83 for the gold.

USA jumped out to a strong start, ending the first quarter in the lead 20-14, thanks to the inside strength of Derrell Henderson, the ball-handling of Tilman Dunbar and shooting of Worth Smith, who hit one outside the paint to end the period.

Henderson had a total of 26 points in the game, Smith 20, and Dunbar 19. Ronald Rhea was 2 for 2 on three-pointers, Bryan Baptiste netted 7 points and Jacob Van had 5.

Lithuania's Ignas Lukosius had 16 of his 20 points during the first half, and was their only scorer of note during the first



Marine Corps Sgt. Jurmond Cattenhead runs the offense for Team USA at the 7th CISM Military World Games that were held in Wuhan, China, Oct. 18-27. Photo by Mass Communication Specialist 1st Class Ian Carver

quarter. But Mindaugas Susinskas came in strong the second half, scoring 28 of his 35 points the last two quarters, along with three other Lithuanians who ended the game in double digits.

The USA players battled hard to the end though, Bonner said, adding he was proud they never gave up.

"You played your guts out – played your hearts

out," USA assistant coach Rodnic Ward told the players after the game, adding they even played through injuries. For instance, Smith injured his finger and had to be pulled for a while, but went back in fighting hard.

USA bested the Lithuanians in free throws, netting 88% of their foul shots, compared to Lithuania's 73%. But USA brought down 45 rebounds

to Lithuania's 55 and the opponents made it count.

In the end, USA's speed couldn't beat Lithuania's height, Ward said, but added taking home silver was something to be proud about. The team had started the tournament with a tough loss against China, but bounced back to win four straight and make it to the championship game.

Team USA's notable medals at the Military World Games:

Men's basketball: Silver

Women's basketball: Bronze

Men's golf: Bronze

Women's golf: Silver

Lejeune cross country team going for fifth straight regional title on Saturday

Devil Pups focused on running for one another

BY CALVIN SHOMAKER
Sports Writer

The Lejeune High School cross country team is set to compete for their fifth straight 1A East Regional title this Saturday, Nov. 2 at Northside High School in Pinetown.

The Lejeune boys and girls both finished second at the Coastal 8 Conference (1A/2A) meet at Croatan on Oct. 22.

Taylor Pound, Elizabeth Schwend and Lucy Pound led the way for the girls with sub 24:00 times on the 5k course. All three runners made all-conference, a distinction earned by finishing in the top 14 at the conference meet.

Tyler Shelton finished sixth overall for the boys at the conference meet with a time of 18:06. Nicholas Presley, Niklas Cooper, Preston Berthold and Noah Tungett all finished in the top 20. Shelton, Presley, Cooper and Berthold were all-conference. Only Croatan, the conference champion, had more make all-conference.

Heading into the regional, Shelton and the

other Lejeune runners aren't downplaying the winning tradition that the program has established over the years.

"It's big pressure to feel like you're carrying on a legacy that people coming in their freshman year might have to carry on to their senior year, like people did when they were starting out five years ago," Shelton said.

Though running is an individual sport, Lejeune is focused on getting the job done together and running for one another. For Shelton and his teammates, that has been a major focus leading up to the regional.

"You are doing it for the team, not yourself," Shelton said of Lejeune's mentality. "It doesn't matter if you're not feeling it that day; you've got to put forth your best so that we can keep this going."

According to Bronwyn Schwend, the team's head coach, this year's group is a special one. Both the boys and the girls are ranked in the top five 1A schools in the state.

The team's key to success?



Lejeune's Nicholas Presley does a warmup jog during the team's practice at LHS, Oct. 28. Presley finished 8th out of 60 runners at the Coastal 8 Conference (1A/2A) meet on Oct. 22. Photo by Calvin Shomaker

"The kids," Schwend said.

"It always goes back to the culture these kids cultivate," Schwend said. "They love to have fun and they love to play, but when it's time to work, you won't find a group who works harder. In the classroom and in running, these truly are the best of the best."

The boys' regional race begins at 11 a.m. on Saturday. The girls' race is scheduled for noon. The meet's results will be posted at www.nc.milesplit.com/results.

Lejeune's Coastal 8 Conference Meet Times:

Girls

Taylor Pound – 23:19 (9th)
Elizabeth Schwend – 23:34 (11th)
Lucy Pound – 23:55 (13th)
Madilyne Blanton – 24:32 (20th)
Abigail Paquin – 24:34 (21st)
Emalee Reynolds – 25:14 (25th)
Hailey Lamb – 25:26 (27th)
(Out of 51 female runners)

Boys

Tyler Shelton – 18:06 (6th)
Nicholas Presley – 18:23 (8th)
Niklas Cooper – 19:01 (13th)
Preston Berthold – 19:03 (14th)
Noah Tungett – 19:33 (20th)
Dylan Presson – 19:36 (21st)
Tyler Gilman – 19:39 (23rd)
Kamrin Wisherd – 20:18 (27th)
Ryan Miller – 20:23 (29th)
(Out of 60 male runners)

One-on-One

with Capt. Daniel Miller of the All-Marine Wrestling Team



BY CALVIN SHOMAKER
Sports Writer

Each day, Capt. Daniel Miller makes an effort to improve his life in at least one of three areas – professionally, athletically and personally. If he is able to make strides in two of those areas, “it’s a good day,” he said. A great day is where he strengthens all three of those facets of life.

Miller has certainly made major improvements in all three areas during his time in the Marine Corps. Since commissioning into the Marines following four years at the Naval Academy, Miller found his way to the All-Marine Wrestling Team on Marine Corps Base Camp Lejeune. He’s been on back-to-back United States National Teams, and he wrestled at the Military World Games in Wuhan, China this October.

At the Military World Games, Miller won 6-0 in the round of 16 before losing to a former world silver medalist 2-1 in the round of eight. For Miller, who credits the Marine Corps and the All-Marine Wrestling team for spurring his personal, athletic and professional growth, wrestling is just one part of his life. It’s not his whole life.



All-Marine Wrestling Team coach Jason Loukides, left, and 1st Lt. Jamel Johnson, right, talk to Capt. Daniel Miller during the 2019 Armed Forces Championship.

“The All-Marine Wrestling Team has provided me with opportunities not just in my athletic career, but in my professional development that I don’t think I would have gotten anywhere else, not only within the Marine Corps, but probably with any other organization,” Miller said.

The All-Marine Wrestling Team has also given Miller the chance to be more involved as a leader,

something he has embraced and is thankful for.

“Being here is also a great opportunity for me because I’m a captain,” Miller said. “A lot of times when you pick up that rank as an O-3, you’d be separated from small level leadership. It becomes a lot less personal, and you’re not in as many Marines’ lives as much as you are with small unit leadership.”

Miller also went to the

World Wrestling Championships in Kazakhstan this September to serve as a training partner for Team USA. While at Worlds, Miller got to watch fellow All-Marine wrestlers Sgt. John Stefanowicz and Sgt. Raymond Bunker wrestle for a shot at a world title. Though they weren’t able to get to a medal match, Miller was pleased with their performance.

“I couldn’t be more proud of our Marines and

the way that they competed out there,” Miller said. “They brought the fight to the enemy. That’s exactly what the Marine Corps looks for, and they are doing it through sport.”

Now, Miller is gearing up for the chance to compete again on the world stage, this time with an Olympic Team roster spot on the line. He hopes to finish in the top five at the Olympic Team Trials Qualifier in December in

order to earn a berth into the Olympic Team Trials where he could wrestle his way into the 2020 Olympics in Tokyo, Japan this summer.

Whether or not Miller makes the Olympic team or wins a world medal, as long as he is improving those three pillars of his professional, athletic and personal life, he says he feels as though he has been successful.

Upcoming Local Sports Schedule

Lejeune-New River Sports Intramural Flag Football Championship

Nov. 5 (Round One)

6 p.m. II Marine Support Bn. (6-1) vs. 2nd ANGLICO (5-2)
7 p.m. 2nd Maintenance Bn. (5-1-1) vs. NMC Camp Lejeune (4-2-1)

Nov. 6 (Semifinals)

6 p.m. 2nd Supply Bn. (6-0-1) vs. [II MSB/2nd ANGLICO]
7 p.m. H&S Bn. (7-0) vs. [2nd Main. Bn./NMCCL]

Nov. 7 (Championship)

6 p.m. TBD vs. TBD

Games are played at the intramural sports complex behind Goettge Memorial Fieldhouse on Marine Corps Base Camp Lejeune.

High School Football

Nov. 1:

East Carteret at Lejeune
Richlands at Dixon
Heide Trask at Southwest Onslow
White Oak at Jacksonville
West Carteret at Northside
Havelock at Swansboro

Nov. 8:

Lejeune at Pender
Dixon at Heide Trask
Southwest Onslow at Richlands
Jacksonville at Havelock
Northside at White Oak
Swansboro at West Carteret

Kickoff: 7 p.m.

FOOTBALL PICK 'EMS: WEEK 11

WEEK 11 GAMES

Follow along all season at www.camplejeuneglobe.com/sports/football_picks.

College Game of the Week: **#8 Georgia vs. #6 Florida** (11/2, 3:30 p.m., CBS)

N.C. State @ #23 Wake Forest (11/2)

Virginia @ North Carolina (11/2)

Miami @ Florida State (11/2)

NFL Game of the Week: **Vikings @ Chiefs** (11/3, 1 p.m., FOX)

High School Game of the Week: **Richlands @ Dixon** (11/3)



Calvin Shomaker
Sports Writer

Points: **58**
Overall record: **39-21**

Florida

Wake Forest

Virginia

Miami

Vikings

Richlands



1st Lt. Andrew Martino
Media and Digital Engagement Officer in Charge

Points: **67**
Overall record: **44-16**

Georgia

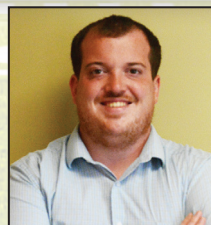
Wake Forest

Virginia

Florida State

Vikings

Dixon



Pat Gruner
Managing Editor

Points: **51**
Overall record: **35-25**

Georgia

Wake Forest

North Carolina

Miami

Chiefs

Dixon



Danny Dowling
Digital Marketing Specialist

Points: **55**
Overall record: **35-19**

Florida

Wake Forest

North Carolina

Florida State

Vikings

Dixon



Yolanda Mayo
MCCS Deputy Operations Officer

Points: **42**
Overall record: **26-28**

Florida

Wake Forest

Virginia

Miami

Vikings

Richlands

Lejeune volleyball bids farewell to seniors

BY CALVIN SHOMAKER
Sports Writer

The Lejeune High School volleyball team took the Pender Patriots to four sets on senior night, Oct. 22, but were unable to extend the match to a fifth, falling by a score of 3-1 in the team's season finale.

After dropping the first two sets, the Devil Pups won the third 25-16 before pushing Pender in the fourth set. The team ultimately came up just short with a final score of 25-21.

Lejeune's Jameela Rod led the team in assists with 19 as Maddie Tibbett led the Devil Pups in kills with eight, followed by Jael Walzer with five, Tori Scarborough with four and Pricilla Esparza with three. Amayah White recorded a pair of kills to go along with two aces and a couple blocks.

Lejeune honored five seniors prior to the match:

White, Scarborough, Walzer, Kayla Lazaro and Bella Stone all played their final volleyball match in scarlet and gold.

After the match, Karen Walzer, Lejeune's head coach, said she hopes her players will be able to take what they learned in the program with them moving forward.

"When I tell them my philosophies, it's not just about volleyball," Walzer said. "I hope they can take this to the real world. A lot of the stuff (I teach) I want them to use outside of the gym."

Namely, Walzer mentioned wanting her players to take away virtues such as good teamwork, sportsmanship and integrity.

Lejeune finished the season with two wins over Southwest Onslow and Wilmington's Cape Fear Academy.



Lejeune's Amayah White attempts a block at home against Pender, Oct. 22.

Pender 3, Lejeune 1

Set One: Pender, 25-9

Set Two: Pender, 25-14

Set Three: Lejeune, 25-16

Set Four: Pender, 25-21



Lejeune's Tori Scarborough makes an attack at home against Pender.



Lejeune's Jael Walzer makes an attack at home against Pender.

Photos by Calvin Shomaker

Xtreme Family Fun Night

Thursdays through December, New River Bowling Center, MCAS New River

Black light bowling cost is \$20 per lane for two hours with up to five bowlers per lane. Shoes are included in price. Event is open to all authorized patrons and their guests. To learn more, call (910) 449-4921.

Slammin' Sundays

Sundays, 1 to 6 p.m., Bonnyman Bowling Center, MCB Camp Lejeune

Save some money and get a free shoe rental on Sundays from 1 to 6 p.m. Special is open to all authorized patrons and their guests. To learn more, call (910) 451-5121 or visit www.mccslejeune-newriver.com/bowling.

2020 Grand Prix Series Registration

Dates continuous through February of 2020, MCB Camp Lejeune, MCAS New River

Registration for the 2020 Grand Prix Series is now open. The TRIFECTA returns in 2020, consisting of the X-Treme Endurance 12K+ Challenge, St. Paddy's Engineer 5-Mile Challenge and the Mud, Sweat & Tears 5-Mile Run. Series events take place on Marine Corps Base Camp Lejeune, Marine Corps Air Station New River and Stone Bay. To register or to learn more, visit www.mccslejeune-newriver.com/grand-prix or call (910) 451-0025.

Snowball Softball Tournament Registration

Oct. 28 through Nov. 29, Harry Agganis Softball and Intramural Fields, MCB Camp Lejeune

Register at MCAS New River Sports Center, AS-4000 or Goettge Memorial Field House, Camp Lejeune Sports Office. Tournament is double elimination and is played by Amateur Softball Association Rules. There will be three divisions (men's open, men's recreational and coed) unless there are less than six team per division. Tournament is open to all active duty military, authorized DoD civilians, spouses and family members 18 years of age or older and retirees. Cost is \$300 per team. Space is limited. To learn more, call (910) 451-2710 or visit www.mccslejeune-newriver.com/sports.

Sports on TAP

For more information on games, tryouts, special events and exercise classes around Marine Corps Base Camp Lejeune, check out Sports on Tap each week. To add your activity, call (910) 451-7421.

Availability is limited to space. To add your event to our website calendar, visit www.camplejeuneglobe.com.



After School Archery (Ages 7-15)

Tuesday, Nov. 5 through Thursday, Nov. 7, 4:30 to 6 p.m., Tarawa Terrace Community Center

This class is four sessions, Tuesday through Thursday, from 4:40 to 6 p.m. Archery helps to increase focus, self-discipline and awareness. Learn to shoot a bow and arrow, range safety, proper shooting techniques, shooting proficiently from varying distances and much more. Cost is \$30 per person and includes archery equipment and an instructor. For more information, call (910) 451-1440.

Fencing Class

Friday, Nov. 8, 7 p.m. to 9 p.m., Wallace Creek Fitness Center, Room 132AB

Beginner class meets at 7 p.m. to 8 p.m. Intermediate class and open fencing goes from 8 p.m. to 9 p.m. Cost for the eight session class is \$40 plus a \$10 USA Fencing membership. Session dates are Fridays beginning Nov. 8 with dates off for Thanksgiving and Christmas. Class concludes Jan. and is taught by Greg Spahr, head coach of the Cape Fear Fencing Association. For more information, visit capefearfencing.com or call (910) 799-8642.

Nitegolf

Friday, Nov. 15, 5 p.m. to 8 p.m., Paradise Point Golf Course, MCB Camp Lejeune

Friday Night Lights on the golf course. Price is \$35

per person and includes greens fee, cart fee, cookout and prizes depending on the size of the field. Teams are made of four. Event's format is nine par-3 holes. Register by 5 p.m. on Fri., Nov. 1. Open to the public. To register or learn more, call (910) 451-5445.

Family Fun Run – Magic Mouse Parade

Saturday, Nov. 16, 8:30 a.m., Tarawa Terrace Community Center, MCB Camp Lejeune

This run is free and fun for the entire family. Come dressed as your favorite Disney character and have fun running within your community with your neighbors. Choose either a one or three mile course. Register on site at 8 a.m. This event is pet friendly and strollers are welcome as well. MCCS encourages and supports the participation of individuals of all abilities in its programs and facilities. To learn more, call (910) 450-1687 or visit www.mccslejeune-newriver.com/community.

Free Archery Day Pass

Saturday, Nov. 16, 10 a.m., McIntyre-Parks Recreational Shooting Complex (R-100, Old Sawmill Road), MCB Camp Lejeune

Free Archery Day Pass valid from 10 a.m. to 2 p.m. for all authorized patrons and guests. Bow rental not included. To learn more, call (910) 451-3889 or visit www.mccslejeune-newriver.com/shoot.

High school soccer playoff brackets to be released Nov. 4, first round Nov. 6



Photo by Calvin Shomaker

Heide Trask's Justin Eaves (#10) takes a free kick against the Lejeune defense, Oct. 23. Trask won 4-3. Peter Sullivan, Robbie Morgan and Jordan Dooley all scored goals for Lejeune in the loss.

Dixon, Jacksonville expecting high seeds

BY CALVIN SHOMAKER
Sports Writer

The regular season for high school boys' soccer teams are coming to a close this week. Playoff brackets will be released by the NCHSAA on Monday, Nov. 4 ahead of the first round on Nov. 6.

The Dixon Bulldogs are likely to be one of the 2A East Region's top seeds thanks to their dominating performances both in the Coastal 8 Confer-

ence (1A/2A) and out of conference this fall. In the 3A class, the Jacksonville Cardinals should host a first round match after handling their competition in and out of the Coastal Conference (3A) this season. Both teams have winning streaks of nine matches going.

Other area teams anticipating a playoff berth next week are the Richlands Wildcats in 2A and the White Oak Vikings in 3A. Both teams, who have

winning records, have also done well against their conference opponents. The Swansboro Pirates also have a good shot of making the 3A playoffs with a record of right around .500.

Among the local area teams whose playoff chances are not quite as certain are the Northside - Jacksonville Monarchs, who have won only one of their 3A conference matches. Southwest Onslow's chances of making the 2A

playoffs are also slim as their completion in conference did not do them any favors.

The Lejeune Devil Pups put themselves in a bind down the final stretch of the season by dropping 12 out of 13 matches before winning at Southwest Onslow 2-1 on Oct. 24. Despite having a down year following last year's Final Four appearance in the 1A class, Lejeune could still sneak into the playoffs by finishing the season strong.

Local Teams' Records as of Oct. 30

1A	Lejeune: 4-15
2A	Dixon: 18-1-1
	Richlands: 11-7-1
	Southwest Onslow: 4-13
3A	Jacksonville: 15-1-1
	White Oak: 9-6-2
	Swansboro: 9-9-2
	Northside: 5-13-1

ATHLETE OF THE WEEK **Q&A** Michayla "MK" Wittner



Photo and Q&A by Calvin Shomaker

Sport: Golf

School: Southwest Onslow High

Grade: 11th

Quick facts:

- Helped establish a girls golf team at Southwest Onslow
- Has been a member of the Paradise Point Eastern NC Junior Golf League team for five years
- Competed in the Intercollegiate Championship on Camp Lejeune
- Plays soccer and runs cross country
- Finished 2nd in the Junior Base Championship
- Previously lived in Okinawa
- Finished 9th at the 1A/2A East Regional

Q: WHAT IS ONE OF YOUR GOALS MOVING FORWARD?

A: I want to be a sports trainer or a mechanical engineer.

Q: WOULD YOU RATHER CONTINUE TO PLAY GOLF OR SOCCER IN COLLEGE?

A: I want to keep playing golf, because golf can get you a lot more college scholarships.

Q: WHAT ARE SOME OF THE STRENGTHS IN YOUR GOLF GAME?

A: Strengths in my golf game I would say are my drives and my irons.

Q: WHAT IS YOUR FAVORITE THING ABOUT PLAYING GOLF?

A: I like making new friends during a golf match.

Q: WHAT DO YOU LIKE TO DO WHEN YOU AREN'T PLAYING SPORTS?

A: I like to paint, draw and jam out to music.

Q: HOW DO YOU LIKE PLAYING AT PARADISE POINT GOLF COURSE ON BASE?

A: I love their course. It's nice. I love playing in all the tournaments they have.

Q: DO YOU HAVE ANY ADVICE FOR OTHER ATHLETES?

A: Don't be scared to try your hardest. Go for it. If it's not for you, then finish out the season strong and find a new sport. If you love it, keep practicing, practice hard and don't give up on yourself.

If you'd like to nominate an area athlete for Athlete of the Week, email cshomaker@campjeuneglobe.com.



New Parent Support Program hosts first Stroll and Roll



Photos by Erin Vance

Members of Marine Corps Community Services' New Parent Support Program got dressed up for the Stroll and Roll in Nature at Marine Corps Base Camp Lejeune's Masrton Pavilion, Oct. 24.

BY ERIN VANCE
Lifestyles Writer

Marine Corps Community Services' New Parent Support Program (NPSP) hosted their first Stroll and Roll in Nature at Marine Corps Base Camp Lejeune's Masrton Pavilion, Oct. 24.

Dressed in their holiday costumes, parents brought their children under five out to the nature trail for some fun in the sun. The NPSP's mission is to help one-on-one with service members children from birth to five years old. They help parents gain confidence, strengthen their parenting skills and give resources. The program also provides a support system to those whose natural supports and extended families may be states away.

"NPSP is not just for first time parents," said Sheri Borton, a nurse with NPSP. "Whether it is your first kid or your tenth, we are there to provide support."

The Stroll and Roll in Nature event offered

parents the opportunity to come out and learn more about the program while children got to play outside, stopping at booths to play games and craft. A scavenger hunt was over the length of the course and children were given homemade binoculars to help them 'spy' the things on their list.

"The booths have different sensory games," said Felicia Zambrano, licensed professional counsellor with NPSP. "Each station is set up to encourage development in things like language, fine motor skills, gross motor skills and more. We also promote an interaction of Parents as Teachers, in which parents get to complete arts and crafts with the kids using common household items to promote learning, like the binoculars they are all wearing. It combines play time with learning time and helps with development and growth."

As the children went from station to station, they stopped to admire one another's costumes.

"I am Spiderman," said

Brett Foreman, 4. "I have seen three other 'Spidermans' here today. That is too many Spidermans."

"I am Elsa and my mommy is Anna," said Emma Norris, 3. "My brother is a pumpkin. I wanted him to be Olaf, but mom said he is cuter as a pumpkin; I think snow men are cuter than pumpkins."

With over 60 participants, the Stroll and Roll in Nature was a success.

"I am so glad that the weather cooperated today," said Melissa Kenwood, marketing specialist with MCCC. "This was a great way for parents to get out with their babies and meet other parents, while learning about the resources available to them. That is what is great about being on a Marine Corps base, there are resources that can be there to help you from the beginning since many people are so far away from their families or spouses. Parenthood is not for the faint of heart. We have to support one another."



Attendees show off their costumes as they stroll the trail where fun and games had been set up in booths.



While some children were pushed in strollers, one young man arrived with his own remote control car, which played music as he danced and clapped his way down the trail.



Super Heroes and their parents walk along the trail.

Joaquin Phoenix and Todd Phillips make 'Joker' a winner

ED SYMKUS
More Content Now

Let's get some unavoidable Oscar business out of the way, specifically how history will be repeated next February. With his "Joker" performance, Joaquin Phoenix is going to win for Actor in a Leading Role, marking the second time the character gets the gold. The first was when Heath Ledger won for Actor in a Supporting Role in "The Dark Knight." Former "Jeopardy!" contestants will know that this sort of thing has happened only once before: Marlon Brando nabbed Best Actor for playing Vito Corleone on "The Godfather," and Robert De Niro won Supporting Actor for the younger version of the character in "The Godfather Part II."

Joaquin Phoenix, the dark heart and soul of "Joker," is only one reason the film has become the first official entry on my 2019 Top 10 list. It might have been enough to see what he's done with the character of Arthur Fleck - a down-on-his-luck clown for hire whose appearance and behavior regularly earn him beatings, who lives with his mother, has no social skills, can barely hide constant anguish behind the smile painted on his face, has a mental condition that causes him to break out into uncontrollable laughter when stressed and has an imagination so active he finds it hard to

differentiate between fantasy and dark reality. That would have been plenty for a fascinating character study.

But the script from Todd Phillips and Scott Silver, which weaves an origin story around the initially unbalanced Arthur, who is on his way to becoming the unhinged Joker, also takes a look at the world or at least the city - Gotham City - and some of the people around him. And it's not a very pleasant sight.

An ongoing garbage strike has led to the existence of "super rats" in the city's dirty streets, and a fed-up public is ready to revolt against the wealthy folks who are doing nothing to help them with life's daily grind. The relentlessly downbeat atmosphere created here comes partly from the dire situations, as well as from the bleak, sometimes lurid cinematography by Todd Phillips regular Lawrence Sher and the grim string score by Hildur Guonadottir (which should at least grab an Oscar nomination).

It's into this arena that Phoenix takes a seemingly effortless stroll, giving a physically graceful, emotionally shattering performance that fits comfortably into the twisted fabric of the film. He obviously lost a lot of weight for the part, as he's emaciated and, when his shirt comes off, you can see his ribs trying to poke through his skin. His Arthur is per-



Joker (Joaquin Phoenix) can't comprehend the meaning of "happy."

Photo courtesy of Warner Bros. Pictures

fectly capable of having a normal conversation, but he almost always wears a lost look in his eyes. Little bits of his character are slowly revealed - he spent some time locked up in a hospital, he's been ordered to see a therapist, he's on seven medications - and it's clear that he's one unhappy guy. His two dreams are to become a stand-up comic and, in his words, "I just don't want to feel so bad anymore."

But there's no help to be found. His overworked therapist is useless, his

favorite talk show host Murray Franklin (Robert De Niro, summoning the ghost of Rupert Pupkin) derides him on television, budget cuts cancel his meds, a mugging leads to a coworker giving him a gun, which in turn leads to an unnerving subway scene and the film's first real outburst of terrifying violence and he discovers that mom has been hiding a rather important secret from him.

Todd Phillips' direction confidently veers back and forth between being

smooth and jarring and he expertly keeps the film's mood on track of building to a fever pitch. This is not a superhero movie or even a super villain movie. It's a character study of a troubled person stuck in a troubled world. It's probably not what hardcore fans of the DC universe are expecting and some of them will be disappointed, but it stands as a fierce, brave, riveting movie. When it's over, you may feel exhausted, maybe even a little dirty. But you'll know that you've been through an

intense, no-holds-barred cinematic experience.

Editor's note: Content Now, is a media news service providing a variety of lifestyle, opinion, niche and partner content for GateHouse publications. The opinion of the writer, does not constitute the views or endorsement of the Department of Defense, the U.S. Marine Corps, or Gate House Media.

MOVIE SCHEDULES

CAMP LEJEUNE Bldg. 19 McHugh Blvd.	MIDWAY PARK Bldg. 4014A in Midway Park	NEW RIVER Bldg. AS240 Curtis Rd., Air Station
FRIDAY "Abominable" PG, 6:30 p.m. "Joker" R, 9:20 p.m.	FRIDAY "Judy" PG-13 7 p.m.	FRIDAY "Downton Abbey" PG, 6 p.m. "Ad Astra" PG-13, 8:30 p.m.
SATURDAY "Judy" PG-13, 3:30 p.m. Free Advanced Screening "Midway", PG-13, doors open at 6 p.m.	SATURDAY <i>Half Price Matinee</i> "Downton Abbey" PG, 11 a.m. "Abominable" PG, 2 p.m.	SATURDAY "Abominable" PG, 6 p.m. "Joker" R, 8:30 p.m.
SUNDAY "Abominable" PG, 3:30 p.m. "Downton Abbey" PG, 6:30 p.m.	SUNDAY "Joker" R, 2 p.m.	SUNDAY "Judy" PG-13, 2 p.m. "Hustlers" R, 5 p.m.

MCCS WE'RE PROUD TO SERVE YOU
*Movies are subject to change without notice. For movie times, call 449-9344.

Tickets and concessions open 30 minutes prior to movie time.
Pricing: \$4 Adults, \$3 Children
For 3D movies: \$5 Adults, \$4 Children

What's happenin' CAROLINA

For information on concerts, festivals, special events and classes up and down the Carolina coast, check out What's happenin' CAROLINA each week.

To add your event, email pgruner@camplejeuneglobe.com or call 451-7421. Space is limited to availability.

To submit your event for our online calendar, visit www.camplejeuneglobe.com/calendar.

Official Halloween Trick or Treat Hours
Oct. 31, 5 p.m. to 9 p.m. on MCAS New River and MCB Camp Lejeune

Board at the Library Game Day
Oct. 31, 9 a.m. to 5 p.m.

Stop by the Marine Corps Air Station New River Library to enjoy a variety of board games for all ages. For more information, visit <https://www.mccslejeune-newriver.com/libraries>.

MCCS Family Ball
Nov. 2, 5 p.m. to 7 p.m. and Nov. 3, 2 p.m. to 4 p.m.

A family-friendly Birthday Ball will take place at the Tarawa Terrace Community Center. Events will include a color guard, cake cutting, light dinner and dancing. Tickets are \$5 per person age 3 and over. Children 2 and under are free. Registration required. For more information, visit <https://www.mccslejeune-newriver.com/community> or call (910) 450-1687.

POW Remembrance Ceremony
Nov. 2, 12 p.m.

Rolling Thunder NC-5 reads the 38 names of the North Carolina POW/MIAs still unaccounted for at the Vietnam Memorial in the Lejeune Memorial Gardens on the first Saturday of each month. All authorized patrons are invited to participate.

Veterans Day Parade
Nov. 9, 10 a.m.

The annual Onslow County Veterans Day Parade will take place beginning at Coastal Carolina Community College. The event is hosted by Rolling Thunder N.C. Chapter 5. For more information, visit <https://www.rollingthundernc5.com>.

Save-A-Pet

Adopt a new friend today, save a life

Photos by Onslow County Animal Shelter



My name is Valerie, and I am a female, black and white, border collie/labrador retriever mix. The shelter thinks I am about 2 years old.

Pet ID# 42792182



My name is Sylvia, and I am a female, black and brown domestic shorthair mix. The shelter thinks I am about 4 months old.

Pet ID# 42944368

The Onslow County Animal Shelter is open Tuesday through Friday from noon to 6:30 p.m. and Saturday from 10 a.m. to 4 p.m.

To see more photographs of pets available for adoption, visit www.onslowcountync.gov/AnimalServices. For more information, call 455-0182.

Single Marine Program offering free Thanksgiving meals Nov. 28

BY PAT GRÜNER
Managing Editor

Being on duty or otherwise unable to return home for the holidays can be difficult. For single service members, or those who are bachelors due to their current duty location, a full Thanksgiving spread will be available at various locations through the Single Marine Program, Nov. 28.

In addition to holiday favorites like turkey, potatoes, pie and others the event will have a slew of recreational activities. Attendees can watch Thanksgiving football, play pool, ping pong or video games and enjoy some down time among their fellow service members.

For more information visit <https://www.mccslejeune-newriver.com/smp>.

Thanksgiving Meal Serving Schedule:

- 2 p.m. Camp Geiger, The Rally Point Rec Center.....(G560) (Students Only)
- 2:30 p.m. New River, Holmes Rec Center(AS4038)
- 2:30 p.m. Central Area Rec Center..... (Bldg 62)
- 3:00 p.m. French Creek Rec Center(FC330)
- 3:00 p.m. Camp Johnson, Four Corners Rec Center.....(M424)
- 3:30 p.m. Courthouse Bay, The Sandbar Rec Center.....(BB27)



Courtesy photo
Marines are served turkey, dressing and other holiday favorites during the Single Marine Program's Thanksgiving Dinner, Nov. 22, 2018.

Have faith in others

Believe



CHAPLAIN'S COLUMN

BY LT. CMDR. THOMAS PERDUE
2nd Maintenance Battalion

An accomplished artist living in New York City regularly contributed to the donation can of a homeless person as she made her way home from work each evening. When Christmas time came, instead of her normal contribution, she stopped and handed him a wrapped present. As he peeled the paper off, he saw an exquisite painting of himself... only much different than his current reality. Clean shaven. In a business suit. Confident and with a sparkle in his eye. She said, "This is how I see you! Merry Christmas." Weeks passed. Then months. The following summer, as she was walking home, she saw him. He had become, in actuality, the man reflected in her painting six months before. He confessed to her his motivation for change. "I could not stop staring at the paint-

ing. I wanted to be that man that you saw." He went on to describe how he sought out support to overcome his problems and set out on his new journey to be the man in the painting.

Everyone needs encouragement. We need to be lifted up when we are feeling low and inspired to rise above the hardships of this journey through life. To be an encourager, you need to believe the best in people, to have faith in them. So many people have grown up in homes where they were not given a reservoir of affirmation, words spoken over them that can be drawn upon in later years when the going gets tough.

As leaders, as people made in the image of God, you need to remember the words of author John Maxwell who said, "your goal is not to get people to think more highly of

you. It's to get them to think more highly of themselves. Have faith in them." Try to start believing more in the people around you. Praise and encourage them before they have proven themselves. Everyone loves a winner. It is easy to have faith in people who have already arrived. Speak words of life to those who aren't as far along in their journey. To again quote Maxwell, "Every person has seeds of greatness within, even though they may currently be dormant. But when you believe in people, you water the seeds and give them the chance to grow."

This week, try to "paint" hope in the lives of those around you through your words! Be aggressive for their success! You have no idea how many lives you will change directly or indirectly if you do so!

Retired Marine, Jacksonville resident, honored



Courtesy Photo
From left, Gary Sinise, retired U.S. Marine Col. Barney Barnum Jr., retired U.S. Marine Chief Warrant Officer 4 Chris Hedgorth and Robin Kelleher pose for a photo at the Hope For The Warriors Got Heart Give Hope Gala in Washington DC, Oct. 23.

COURTESY STORY

Jacksonville resident and retired U.S. Marine Chief Warrant Officer 4 Chris Hedgorth was named a recipient of the Vigiano Family Hope and Courage award at the 10th annual Hope For The Warriors Got Heart Give Hope Gala in Washington, DC, Oct. 23.

Hedgorth was one of three Vigiano Family Hope and Courage award winners, presented by award-winning actor/humanitarian Gary Sinise and retired U.S. Marine Col. Barney Barnum Jr. Hedgorth was recognized for his service and leadership to Hope For The Warriors and his fellow wounded service members.

"I'm honored to be counted among the people who have helped Hope For The Warriors help (service members)," said Hedgorth. "Having had the pleasure of meeting John Vigiano Sr., in New

York, near the site of the World Trade Center Twin Towers, it's an even greater honor to receive this award. John and the Vigiano Family have left a legacy of sacrifice for this country that I hope to continue to honor by advising Hope For The Warriors and pushing for critical accountability, structure and purpose for wounded service members.

Named in honor of the Vigiano family, who lost both of their sons in the September 11th attacks, the Hope and Courage Awards are presented to service members and military family members who have demonstrated both hope and courage in the face of extraordinary circumstances.

Hedgorth grew up in a military family in Rhode Island native. He enlisted after high school and would go on to serve for 26 years, with deployments in Panama, Operation Desert Storm, the Balkans and

Iraq. Sidelined from combat in 2004 by a shrapnel injury to his knee, he continued to use this injury as a catalyst for his passion of providing the best possible care to wounded service members by working as the operations officer for the Wounded Warrior Battalion East and as an advisor to Hope For The Warriors.

"When Hope For The Warriors first formed aboard Marine Corps Base Camp Lejeune, Chief Warrant Officer 4 Hedgorth played a huge role in advising us on exactly what wounded service members and their families needed," said Robin Kelleher, Hope For The Warriors co-founder and CEO. "On top of that critical advice, he was also there to assist and support as we launched our first fundraising event, Run For The Warriors, and continues to provide support and advice more than 13 years later."



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HM2 Sabrina Tyson named September Service Member of the Month



BY PAT GRÜNER
Managing Editor

HM2 Sabrina Tyson, Field Medical Training Battalion East (FMTB-E), has been named the Jacksonville – Onslow Military Affairs Committee Service Member of the Month (SMOM) for October 2019. The award recognizes a local service member, nominated by their command, for their contributions and performance in carrying out their duties.

Tyson, a Manhattan, New York native, enlisted in 2005. Following recruit training command, she attended Corpsman school and dental technician school. Her first duty station was the 2nd Dental Battalion on Marine Corps Base Camp Lejeune. Following a tour of duty in 2012, wherein she conducted hundreds of evaluations and cleanings in support of Operation Enduring Freedom, Tyson attended more schooling and did a stint at Naval Medical Center Portsmouth before returning to MCB Camp Lejeune in 2017. With FMTB-E, Tyson serves as the Leading Petty Officer for Students Awaiting Training or Transfer (SAT/T) Platoon.

"As the SAT/T leading Petty Officer, HM2 Tyson is an exemplary mentor," said U.S. Navy Capt. Cameron Waggoner, commanding officer, FMTB-E. "Her daily interactions

with the SAT/T personnel are crucial to the individual success of personal and professional goals. She has truly shined during this time period by preparing 15 students to reclass, working diligently to improve each Sailor's academic and physical performance. She assisted seven Sailors in the arduous transition to the civilian sector ensuring each prerequisite was complete and (that) member was fully prepared to move on the next chapter in their life. As a member of the command's Force Preservation Counsel, Petty Officer Tyson advocated on the behalf of our most junior Sailors with highly challenging and professional issues. She directly mentored 23 Sailors, often serving as the sole lifeline. Her efforts resulted in communication up and down the chain of command and were instrumental in assisting each one in receiving invaluable resources and guidance."

Tyson has seen a 75 percent graduation rate in her tenure remediating Sailors. She also spends "countless hours" providing upkeep to facilities. She also saw through the logistics of a graduating class, handled the logistics for this year's Chief Petty Officer Pinning Ceremony and conducts health related duties.

"Her meticulous attention to detail ensured 100 percent accountability of 18 staff

members and 78 students during inclement weather, completion of dental and audiogram readiness and the smooth transfer of 29 (temporary additional duty) personnel to three outlying commands," Waggoner said.

FMTB-E command sees Tyson as a positive role model for the young personnel she works with.

"Petty Officer Tyson is the definition of leadership through the command and the heart and soul of the S-4 section," Waggoner said. "Petty Officer Tyson consistently seeks positions of increased responsibility where she produces outstanding results and is performing well above her paygrade. She is most deserving of the honor and privilege of being SMOM."

Tyson is a mother of six with an associate degree in Health Science. She is currently pursuing her bachelor's degree and hopes to someday complete a physician assistant program. Her personal awards include Navy and Marine Corps Achievement Medals, Good Conduct Medals and various unit and campaign awards.

Tyson is now eligible for the Service Member of the Year Award.

Congratulations to September's SMOM, HM2 Sabrina Tyson.

Night of Fright with White Oak High School Seniors



Photo by Erin Vance

White Oak High School seniors Kaitlynn Herbert, Gabriel Holland, Michael Kaufhold and Joshua Bender (front) show off their Haunted House senior project in Jacksonville, Oct. 28. The seniors, along with fellow senior Tres Perry, coordinated the seasonal scare as part of the annual senior graduation project.

BY ERIN VANCE
Lifestyles Writer

Senior graduation projects can be a pretty scary assignment for many high school seniors annually. However, the class of 2020 at White Oak High School is ready and excited.

Five White Oak High School seniors, Kaitlynn Herbert, Gabriel Holland, Michael Kaufhold, Joshua Bender and Tres Perry, built a haunted house for their senior project. Admission was solely donations; the seniors put their best talents together to create a truly unique project. With proceeds going to Breast Cancer awareness and treat bags for kids, the students coordinated a night of thrills and spine-tingling chills.

Designed to scare each guest this Halloween season, the haunted house features fan favorites including graveyards, a killer clown and other creatures

lurking around every corner.

"We wanted to do something really unique and this is our favorite time of year" said Holland. "We are doing a Trunk or Treat on Wednesday for the kids. It's been a lot of hard work, but it has really paid off."

"It is for a great cause," said Herbert. "Mrs. Noyes, our teacher, let us plan out everything our self and we really got to control the outcome."

Completely run by teenagers, with some family members joining in to assist with the costumed scares, fun was had by all who attended.

"It took us about two weeks to set up everything," said Bender. "We spent longer planning everything out, but we are really happy with the finished project."

"My family had so much fun helping, we plan to continue next year and

make it even bigger," said Kaufhold. "It is always great to do something we love for a cause we can stand behind."

Several willing victims were lined up to experience the teens' haunted house. The students were looking forward to giving service members, their families and Jacksonville locals a chance to support their cause and get into the Halloween spirit.

"I was really impressed with the amount of work these kids put into this project," said William Strand, a U.S. Army veteran.

"I have been to a lot of haunted houses this year and these kids gave some of these adults a run for their money," said Mike Jenkins, a U.S. Marine Corps veteran. "They got me a few times, especially at the end when they had a little kid hidden in there. It was great."

NMCCL hosts STEM Fair



Photos by Mass Communications Specialist Michael Molina

Middle school students from schools across Marine Corps Base Camp Lejeune ask questions following a Tactical Combat Casualty Care demonstration performed as part of the STEM Fair at Naval Medical Center Camp Lejeune, Oct. 25. Nearly 200 students participated in the event, which aimed to give hands-on experience to science, technology, engineering and mathematics elements within the medical field, as well as show potential careers in military medicine.

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Congratulations to our top pumpkin artist



BY PAT GRUNER
Managing Editor

Over the past couple weeks we asked for submissions of your finest (or spookiest) pumpkin art which, in some way, reflected the U.S. Marine Corps or Navy. Among the submissions we received, one by Caren Eri soared on high. Depicting the flag raising on Iwo Jima, Eri's painted pumpkin was creative and perfectly reflected the theme.

Eri is the wife of Gunnery Sgt. Adam Eri, SNCO in charge at

Recruiting Station Springfield. Having recently gone on recruiting duty after spending time with 3rd Battalion 6th Marines, Gunnery Sgt. Eri's children decided he should have a pumpkin for his office.

"We figured it wouldn't be good to carve it so he wanted me to paint the (flag raising on) Iwo Jima on it."

Thank you to Eri and the rest of those who submitted photos. On behalf of the Globe's editorial staff, have a happy and safe Halloween.

MCAS Cherry Point hosts Trunk or Treat



Photos by Lance Cpl. Michael Neuenhoff

U.S. Marines Corps Sgt. Jason Watts, an aircraft rescue and firefighting specialist with Headquarters and Headquarters Squadron, hands out candy during the Trunk or Treat event at Marine Corps Air Station Cherry Point, Oct. 25. The Trunk or Treat event was hosted by Marine Corps Community Services and featured several military vehicle displays, food vendors, music, face painting and free candy for the trick-or-treaters. Decorated trunks were judged and the highest-rated contestants received door prizes.



The TALON, a remotely operated vehicle, controlled by Headquarters and Headquarters Squadron Explosive Ordnance Disposal (EOD), gives a piece of candy to a patron. TALON is a lightweight, unmanned, tracked military robot designed to protect warfighters and first responders against explosive threats.

October marks Bullying Prevention Month

BY ERIN VANCE
Lifestyles Writer

National Bullying Prevention is recognized annually during the month of October.

Started in 2006 by the Parent Advocate Coalition for Educational Rights (PACER) National Bullying Prevention Center, the event unites communities nationwide to educate and raise awareness about bullying prevention.

Previously held the first week in October, the event was expanded in 2010 to the entire month in order to improve on activities, education and awareness building.

The event is also a pet project of the National Parent Teacher Association, National Coalition for Parent Involvement in

Education and National Education Association. Teachers, parents and children were encouraged to use bullying prevention activities and materials at PACER's interactive, animated website for elementary school students to help end bullying.

Childhood bullying can cause school absenteeism, mental and physical stress, poor school performance and poor self-esteem. Statistics from PACER Center's research show that 160,000 children in the United States miss school each day as a result of being bullied. They believe that teachers and parents can play a critical role in creating a climate where bullying is not tolerated and when adults and children stand together, bullying ends.

According to the Department of Defense Education Activity (DoDEA) website, bullying prevention remains one of DoDEA's top priorities. Multiple events were featured throughout the month including a social media campaign.

National Bullying Prevention Month is recognized in communities across the United States, with thousands of schools and organizations participating in the campaign. Many schools have adapted a strict zero-tolerance policy against bullying in an effort to make schools a safer environment for all who attend.

More information and resources on school bullying can be found at americanspcc.org/bullying-and-schools/.

STOP BULLYING!



WHAT IS BULLYING?

Bullying is intentional, aggressive, hurtful behavior to harm, humiliate, manipulate, or exclude someone or a group. There are several types of bullying, including verbal and social. Bullying can happen anywhere (at school, on the bus, on social media, etc.).

TYPES OF BULLYING

PHYSICAL BULLYING

- Hitting / Kicking / Pinching
- Taking or Breaking Someone's Things

VERBAL BULLYING

- Teasing
- Name-Calling
- Threatening Others

SOCIAL BULLYING

- Excluding Someone on Purpose
- Telling Others to not be Friends with Someone

In 2017, **19%** of U.S. students reported they were **bullied** at school and **14.9%** were **electronically bullied***

CYBERBULLYING

Bullying does not always happen in person. **Cyberbullying** is a type of bullying that happens online or through electronic modes such as **phone calls, text messages, instant Messages, emails, websites, pictures/video clips, social media and networks** (e.g., Facebook, Snapchat, Twitter), and **online games** in which another person cannot easily defend him/herself.

HOW TO PROTECT YOURSELF AGAINST CYBERBULLYING

THINK BEFORE YOU POST!

Don't post anything you don't want to share with everyone. You never know what someone else will forward.

DON'T SHARE! Keep your password a secret from other students and friends.

TALK TO ADULTS! 1) Keep your parents in the loop. Listen to what they have to say about what is and isn't okay to do. 2) Talk to an adult you trust about any messages you get or things you see happening to others online that are hurtful, embarrassing, or harmful.



Photo by Lance Cpl. Jorden Wells

Marines with Marine Light Attack Helicopter Squadron (HMLA) 167 return home to awaiting families and friends at the squadron's hangar aboard Marine Corps Air Station New River, Dec. 5, 2013. The Marines were deployed for more than three months to Okinawa, Japan, as part of the Unit Deployment Program.

National Day of the Deployed

BY ERIN VANCE
Lifestyles Writer

Being in a military family can be difficult for service members, spouses and children alike. Extended periods of time away and frequently moves are just a few of the stressors for military families. Whether on float, in a conflict area or in a foreign nation for training, service members often have to leave for six months to a year. The National Day of the Deployed on Oct. 26 honors that commitment.

National Day of the Deployed recognizes all military personnel who have been deployed, are deployed or have sacrificed

their lives to defend our country. It also acknowledges their families who are separated from them during deployment and the sacrifices they make in order for their family members to serve our country and keep their country secure.

Shelle Michaels Aberle founded National Day of the Deployed in 2006. Aberle approached then North Dakota Gov. John Hoeven for support of a North Dakota Proclamation for the day. Gov. Hoeven was the first governor in the United States to recognize deployed troops in a formal proclamation. Aberle's cousin, U.S. Army Lt. Col. David Hosna, was

asked to select the day for the holiday. Hosna, who was deployed to Iraq from Kaiserslautern, Germany, chose Oct. 26 to recognize troops; it also happened to be his birthday.

Grand Forks, N.D., hosted the first event. In 2011, Senator John Hoeven led the efforts for a national day of honor. On Oct. 18, 2011, the resolution passed unanimously for the first national day honoring deployed troops and their families. While Day of the Deployed is not recognized as a state holiday with facility closures or time off from work, it is celebrated with ceremonies by private and public institutions to honor those in uniform.

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17 G CO MCT 1000-1500	18 MCX CL 0900-1400	19	20 D CO ITB 0700-1000	21	22 FMTE 0800-1400	23
24 H CO MCT 1000-1500	25 IPAC CP 0900-1300	26	27	28 THANKSGIVING	29 NO DRIVE	30

Influenza vaccinations for DoDEA students required by Dec. 17

WHEN & WHERE

- Nov. 6** - Brewster Middle School, 12 a.m. to 2 p.m. and Bitz Intermediate School 1 p.m. to 3 p.m. in the multi-purpose room.
- Nov. 13** - Johnson Primary School, 1 p.m. to 3 p.m. and Heroes Elementary School, 1 p.m. to 3 p.m.
- Nov. 20** - Delalio Elementary School, 1 p.m. to 3 p.m. in the gym and Tarawa Terrace Elementary School, 1 p.m. to 3 p.m.

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