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## **Community relations chief reflects on** 18 years of service at 'America's Post'

#### By Leah Rubalcaba **JBM-HH Public Affairs**

How do you say goodbye after nearly 18 years? It really isn't easy!

I retired from my duties as the Joint Base Myer-Henderson Hall Community Relations Officer June 30. I was honored to work for the U.S. Army for nearly 22 years. The Army was my second career – I spent nearly 20 years working marketing and advertising for a public company before I began working for the Army.

I began in MWR Marketing in 2000 at Fort Bliss, Texas, and then joined the ranks of Public Affairs in August of 2003 at White Sands Missile Range. I spent four months at the Pentagon on a developmental assignment in 2004

and began my duties at Fort Myer in January of 2005.

I served with some amazing commanders -Col. Thomas Allmon, Col. Laura Richardson (the installation's 100th and first female commander and now four-star general), Col. Carl Coffman, Col. Fern Sumpter (our first African American female commander), Col. Michael Henderson, Col. Patrick Duggan, Col. Kimberly Peeples (who will be receiving her first star this month of July), and now, of course, Col. David Bowling. I wanted to take a moment to say thank you to each of you – it was my absolute honor to serve under your command!

There were amazing events I worked on. The most memorable was working with regional community partners and organizations and other brought out Virginia branches of the military to prepare for the Centennial of Military Aviation in 2008, a celebration of the Wright Brothers' 1908 flight trials at



ribbon cutting and dedication among the highlights.

An unforgettable event was the June 2006 implosion of Tencza Terrace, a 12-story high rise built in the 1970's for enlisted families located in the vicinity of the Hatfield Gate search lanes. Every media outlet in the region was there that Sunday morning for the 6 a.m. implosion that went off without a hitch.

I wrote remarks for the members of the command teams and event moderator scripts and developed the printed programs in support of countless events - to include over 60 JBM-HH virtual town halls since the start of the pandemic. I also loved conducting historical tours of the Joint Base for both internal and

Joint Base Myer-Henderson Hall community relations chief Leah Rubalcaba retires after 18 years June 24 in a ceremony at the joint base headquarters.

> its, as the opening ceremony proceeded inside Conmy Hall with the ceremony centerpiece -aworking reproduction of the 1908 Wright Flyer - starting up with propellers spinning to the

thunderous roar of the attendees. It was breathtaking – as the flyer was back at Fort Myer for the first time in 100 years!

Great community events included the Community Covenant signings with Arlington County and Washington D.C. that state and District government leaders to-

gether with Army leaders in a show of solidari-

external audiences.

A favorite accomplishment was setting up the battle rhythm for the Grant Hall Courtroom Public Open Houses that began in May of 2014,

> following the threeyear renovation of the building and the restoration of the historic courtroom where the 1865 military tribunal took place of those thought responsible for plotting to assassinate President Abraham Lincoln. It was a case of "if you build it, they will come."

Each of the quarterly open houses since the first attracted hundreds of guests – thanks, in part, to the dedication of a handful of local historians, docents and re-enactors who volunteer their time to support the open houses and share their wealth of historical knowledge. Another important event was when Fort Myer and Fort McNair, known as the Fort Myer Military Community at the time, joined with Henderson Hall to become Joint Base Myer-Henderson Hall on Oct. 1, 2009. It was a pivotal time in the history of the installation and required a lot of adjustments. Countless Public Affairs teammates have come and gone through the years as have installation co-workers. Yes, after nearly 18 years and so many amazing experiences with so many individuals, it really is impossible to say goodbye. Borrowing from part of Dr. Seuss' famous quote, I can honestly say that I can't be sad because it's over. I am filled with memories, satisfaction and happiness because it happened!

Photos by Sherry Kuiper, JBM-HH Public Affairs

Fort Myer as the U.S. Army was poised to purty.



chase its first airplane pending on the successful completion of the trials. Hundreds of people worked on this event for over a year, an event that was expected to attract tens of thousands of attendees.

Then the unthinkable – a hurricane blew through the day of the event, forcing us to take whatever elements of the celebration we could indoors. The weather never dampened our spir-

The continued support of our neighboring communities never ceased to amaze me - working with them on events such as the annual Thanksgiving Luncheon Cruise for single service members and veterans and the annual Patriot's Picnic along the waterfront.

I worked with both Arlington County and Washington D.C. partners on events supported by our commanders and service members, such as Arlington's annual parade and Neighborhood Day and the Cherry Blossom Fireworks Festival and Holiday Boat Parade along the waterfront. While events have come and gone, the support and friendships of our neighboring communities have always been there. I was fortunate to have been a part of that and blessed to have made some amazing friendships.

There were countless installation events I worked on, such as change of commands, community receptions, ground breakings and ribbon cuttings, with the Cody CDC ground breaking,

## JBM-HH celebrates 4th of July



Photos by Chris Lynch, Defense Logistics Agency Soldiers with the 3d U.S. Infantry Regiment (The Old Guard) participate in the 50-gun salute July 4 on Whipple Field. Later in the evening, DoD ID card holders watched the Washington D.C. 4th of July fireworks from Whipple Field.



## **EFMP reforms to improve transparency, trust for Army Families**

#### By Douglas Holl Army Public Health Center

new Enterprise Exceptional Family Member Program, or E-EFMP, online enrollment process to improve the assignment research and selection process for EFMP participants. ate an online community.

Mobile capability with 24/7 access to the E-EFMP, compatible with both the iPhone and Android.

management.

cessible.

Centralized content

DS Login, multi-factor

Common Access Card ac-

The Army established

an EFMP Board of Direc-

six months with two- and

three-star leaders to evalu-

ate the EFMP performance

and address critical issues

Legal assistance is an-

with the program.

other focus area for

EFMP. Since 2020, the

cate General has sent 47

practitioners to the Col-

trained in special educa-

tion law. This training pre-

School of Law to be

lege of William and Mary

Office of the Judge Advo-

tors, which meets every

authentication and/or

Army life has many rewards, but navigating the unique demands of that accompany it can sometimes be challenging.

Frequent moves, family separations, school changes and work-life balance are part of every Army Family's life. For the roughly 9 percent of active-duty Soldiers who have family members with special needs — these demands can be uniquely challenging.

There are approximately 46,000 activeduty Soldiers and nearly



Ariana Oregel, USAG Rheinland-Pfalz Exceptional Family Member Program director, left, and Kelley Hood, US-AG Rheinland-Pfalz EFMP program systems navigator, discuss EFMP programs with a military family member at a recent outreach event at the Kaiserslautern Military Community Center.

55,000 family members enrolled in the Exceptional Family Member Program, or EFMP, which helps families with special medical/ educational needs.

EFMP is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated community support, housing, educational and medical services to families with special needs. Additionally, these special needs are considered when the Army assigns them a new post.

The inaugural Health of the Army Family report released in December 2021 by the Army Public Health Center and Army research conducted by G-9 identified some of the pressing issues for Army families with special needs such as ease of program enrollment, legal support, assignments and access to care after a permanent change of station move.

"The Army has listened to these concerns and recognizes the challenges families with special needs face, especially during a move," said Lt. Gen. Jason Evans, deputy Army Chief of Staff for Installations, G-9, and Army Quality of Life Task Force lead. "We are aggressively reforming the program to improve transparency, coordination, access to resources and services and build trust in the program."

The new digital platform is expected to streamline enrollment, make assignment coordination and family support access easier and synchronize all aspects of care for families with special needs. The system is being rolled out in two phases. Phase one, released April 2022, established the online enrollment process. Phase two integrates assignment coordination and family support access.

pares Army practitioners to assist EFMP families with complex legal issues.

"All Army Legal Assistance Offices are available to provide EFMP Families legal counseling to assist with their personal legal issues," said Melissa Halsey, chief of the Legal Assistance Policy Division in the Office of the Judge Advocate General. "Legal counseling may be provided on legal topics ranging from estate planning, family law, consumer law, to tenants' rights and now special education law."

For more complex cases, Army military legal assistance services partner with the American Bar Association to provide pro bono legal assistance to eligible EFMP families.

"In terms of assignments, the Army Human Resources Command will not knowingly assign a Soldier, with their family, to a location that cannot support the family's medical needs," said Michael Slaven, chief, Special Actions Branch, HRC. "The best way to maximize assignment options is to ensure the Soldier's EFMP enrollment is up to date and accurate." Additionally, Soldiers should ask themselves, does anyone in my family:

"The takeaways from the issues identified in the Health of the Army Family report are that families with multiple EFMs, junior enlisted families and families in the continental U.S. may experience increased challenges during PCS moves," said Laura Mitvalsky, APHC director for Health Promotion and Wellness and a member of the Army's Quality of Life Task Force.

"We are hoping Army leadership considers our recommendations to provide more targeted support to these groups. We understand this is a complex program with lots of moving parts. Our goal with this report and future reports is to work with our partners at G-9 and other Army stakeholders to create a positive impact for Army Families."

Senior Army leadership is taking action to address these concerns. This includes piloting a

"So far, the feedback has been positive and we continue to fine tune the site based on Soldier, family member, and stakeholder feedback," said Cleo Green, E-EFMP project lead, Office of the Deputy Chief of Staff, G-9. Key features of the new E-EFMP system include:

- Automated DD Form 2792 (Family Member Medical Summary) enrollment and overseas family screening process.
- A case management component that allows Soldiers and families to initiate and monitor career long EFMP enrollment — including paperwork storage so no more carrying documents.
- A forum feature which allows EFMP families to connect, share information, and cre-
- Have a potentially life-threatening condition and/or chronic medical/physical condition, a current and/or chronic mental health condition, a diagnosis of asthma or other respiratory-related diagnosis, a diagnosis of attention deficit disorder and/or attention deficit hyperactivity disorder?
- Require adaptive equipment, assistive technology devices, and/or environmental and/ or architectural considerations?

#### See EFMP, Page 8



#### ACS services are virtual

To keep all safe and healthy, Joint Base Myer-Henderson Hall's Army Community Service is closed for general service, but providing services telephonically and digitally. To contact ACS, call 703-696-3510 or 3435. Online resources such as Army One Source, myarmyonesource.com and the community resource guide are linked to the JBM-HH homepage as well.

#### **Financial readiness training**

First term Soldiers must attend a financial readiness training upon arrival at JBM-HH, which is mandated by AR 608-1, 4-38, c. This training reviews how to develop a budget,

credit-building strategies, making sense of the Thrift Savings Plan and more. Soldiers may elect to attend a group session or a one-on-one appointment.

To schedule training or for information, contact Cheyanne.n.pace.civ@army.mil or call 703-696-3510.

#### Find support with JBM-HH ACS

At Army Community Service, people will find all kinds of programs and services that combine fun with self-improvement. The joint base ACS office continues to serve virtually. To learn about available opportunities, call 703 -696-3510. All JBM-HH ACS programs support Soldiers, civilian employees and Families in maintaining readiness by coordinating and delivering comprehensive, responsive services that promote self-reliance, resiliency and stability.

#### Army Emergency Relief is here for Soldiers, Families

Army Emergency Relief is an invaluable resource for Soldiers and Families. Financial help is given in the form of an interest free loan, grant, or combination of the two. If a Family has a financial need, the Soldier should call ACS at 70-696-3510. AER is open Monday through Friday from 7:30 a.m. to 4 p.m. Please note that documentation is required to justify the dollar amount for loans.

### Army eases tattoo restrictions with new policy

#### Commentary by Joe Lacdan <u>Army News Service</u>

To help compete for top talent, the Army has updated its regulations for tattoos, cutting processing times for new recruits who have the body art. Secretary of the Army Christine E. Wormuth made it official today by signing the updated directive that allows recruits and current Soldiers to receive tattoos on their hands, the back of their ears and the back of their necks.

The Army will now allow Soldiers to have one tattoo on each hand that does not exceed one inch in length. Soldiers also have the option to place one tattoo no larger than two inches on the back of their neck and one, inch-long tattoo behind each ear. Additionally, tattoos can be impressed between fingers as long as the designs cannot be seen when the fingers are closed.

Previously, recruits who tattoos in these areas had had to file waiver exceptions and sometimes had to wait weeks before they could be processed into service. greater number of talented individuals the opportunity to serve now."

The Army will continue to prohibit tattoos on a Soldier's face and the body art will continue to be allowed on a Soldier's arms and legs as long as they do not become visible above a Soldier's collar. Soldiers may not cover up tattoos with bandages or wrappings to comply with the regulation.

Sgt. Maj. Ashleigh Sykes, uniform policy sergeant major, said that a Soldier may choose to get tattoos for a wide range of reasons. Some see tattoos as form of creativity while others can get tattoos for religious reasons.

"Everyone has a different reason for getting a tattoo," said Sykes who has tattoos herself. "Some see it as art, some see it as individuality, and some may even have cultural tattoos. Tattoos are more (accepted) now; it's a change in society."

Through May, Army recruiters have filed more than 650 waivers in 2022 for active duty and reserve recruits said David Andrews, Army Training and Doctrine Command enlisted chief.

Andrews said that tattoos have grown in populari-



Sykes added that the waivers, which can take up to 14 days impacts the recruiting process because potential recruits who previously had tattoos in restricted areas could have decided to enlist in another military branch. He said that the Navy and the Marines have less restrictive tattoo policies.

Army Recruiting Command and TRADOC recommended the changes to Army senior leaders. "Some may change their mind or go to a different service," Sykes said. "(Or) they just didn't want to wait anymore."

According to the directive, tattoo designs must not contain any offensive, extremist or hateful words or images. Company commanders perform annual inspections of tattoos so that the tattoos remain within Army regulations.

Soldiers who have tattoos that do not meet the service's restrictions will be counseled. They will then have 15 days to explain to commanders whether they will have the tattoos removed or altered. Soldiers who do not comply could potentially face separation.

While facial tattoos remain prohibited, Sykes said that some Soldiers may file for an exception if they would like to receive a facial tattoo for religious reasons. Previously, the service only allowed ring tattoos on hands.

"(The directive) gives us the opportunity to put people in (the Army) right away that have these types of tattoos," Andrews said. "We don't want people walking away from opportunities in the Army who are otherwise qualified."

The Army relaxed restrictions on tattoos in 2015 when the service updated Army Regulation 670-1 to remove limits on the number of tattoos Soldiers could have on legs and arms. Andrews said the limits on tattoos impacted the Army's ability to recruit top talent.

Several Soldiers have stated that the change allowed them to join the Army including Army Ranger, Staff Sgt. Matthew Hagensick a Madison, Wisconsin native who sports many tattoos on his arms. Hagensick enlisted in the Army after the service updated the regulation in 2015 and he later went on to win the 2018 Soldier of the Year contest.

Photo by Sgt. Rachel Christensen

A Soldier from 325th Brigade Support Battalion, 3rd Infantry Brigade Combat Team, 25th Infantry Division poses after executing physical readiness training on Schofield Barracks, Oahu, Hawaii, May 18.

"We always review policy to keep the Army as an open option to as many people as possible who want to serve," said Maj. Gen. Doug Stitt, Director of Military Personnel Management. "This directive makes sense for currently serving Soldiers and allows a

ty among younger people. According to research by TRADOC, 41% of 18 to 34 year olds have at least one or more tattoos. The Army originally began allowing Soldiers to have tattoos in 2015, granting more freedom for individual expression.

#### Hershel Williams honored at memorial services in West Virginia

#### **By Headquarters, Marine Corps**

liams took place at the State Culture Center Theater, July 3. Memorial and honors services started the day prior with a procession from the Beard Mortuary in Huntington to the State Capitol. Woody lay in state at the coming weeks. the State Capitol Rotunda for public viewing July 2 to 3, where family, friends and people from all over the country came to pay their respects.

The Sergeant Major of the Marine Corps, Sgt. Maj. Troy E. Black, was the master of ceremonies and welcomed everyone to a packed theater. Black spoke to Woody's selfless character and asked those in attendance to celebrate his life.

"Let's celebrate one of the few from one of the greatest generations. Let's celebrate all the things we know about Woody. Let's celebrate all of those he's impacted. Let's celebrate his family, his friends, let us celebrate Woody", said Sgt. Maj. Black.

mine," said Gen. Berger.

West Virginia State Senator Joe Manchin delivered remarks about his The West Virginia State Memorial services for Hershel 'Woody' Wil- relationship with Woody, and how impacted he was by Woody's selfless character. The Senator made a special announcement that Woody Williams will lie in state in the U.S. Capitol Rotunda, Washington, D.C. in

The memorial services included an honored casket march, with Marines from Marine Barracks Washington at 8th & I escorting the casket outside of the Capitol building and placing Woody into a hearse that carried him to the steps of the Capitol Culture Center. Minutes after the hearse reached the Culture Center Theater, an honorary military flyover went directly above the hearse and the crowd gathered around outside.

A Wreath Laying Ceremony immediately followed the memorial service at the Gold Star Families memorial on the Capitol grounds. Marines from Marine Barracks Washington paid tribute and full honors to Woody with a 21-Gun salute and the playing of "Taps". Gen. Berger presented

The Commandant of the Marine Corps, General David H. Berger, also participated in the ceremony, providing remarks about Woody's life's passion for serving others. Gen. Berger honored Woody's legacy and remarked that it will live on forever. "A lot of people are going to mourn his passing. And we know his legacy, as a Marine, as Woody, that's going to continue. His bravery, his selflessness, his humility, all of that exemplified the best virtues of this nation. His



the National Ensign to Woody's daughter, Tracie Ross, and Sgt. Maj. Dusty Jones, command senior enlisted leader of the West Virginia National Guard, laid a wreath at the base of the Gold Star Family Memorial Monument.

The Gold Star Families Memorial Monument is just one of over 100 monuments established across all 50 states and U.S. territories. All were made possible by the Woody Williams Foundation and Woody's desire and passion to honor and recognize Gold Star Families.

Medal of Honor recipients Marine Corps retired Maj. Gen. James E. Livingston and retired Corporal William Kyle Carpenter fired artillery cannons to close out the weekend of memorial honors to Woody.

Marine Corps retired Chief Warrant Officer 4 Hershel Woodrow "Woody" Williams, the last living World War II Medal of Honor recipient, passed away in the early morning of June 29, 2022. Woody was surrounded by his family at the VA Medical Center in Huntington, West Virginia.

Photos by 1st Lt. Mallory VanderSchans

CWO4 Hershel "Woody" Williams, the last living Medal of Honor recipient from World War II, was honored at Memorial services in Charleston, W. Va. Family, friends, fellow Marines, and people from all over the country came to pay respects to Woody while he lay in state at the State Capitol Rotunda, July 2 and 3. A State Memorial Service in Woody's honor was held at the State Culture Center Theater the afternoon of July 3. The service included several tributes, to include special remarks by the Commandant of the Marine Corps, General David. H. Berger, and the Sergeant Major of the Marine Corps, Sgt. Maj. Troy E. Black.

Born on October 2, 1923, in Quiet Dell, WV, Woody enlisted in the Marine Corps Reserve on May 26, 1943, and advanced to the rank of Chief Warrant Officer 4 before his retirement in 1969 after 17 years of service. During WWII, Woody served in New Caledonia, Guadalcanal, and Guam before landing in Iwo Jima where his actions earned him the Medal of Honor.

tributions, enduring to our heritage, I think they have left an indelible mark on the legacy of our Marine Corps. His legacy is yours and

enduring con-



Woody exemplified the warfighting spirit of all Marines-a combat-proven leader whose lifelong dedication to all service members and Gold Star families began with his heroic actions at the Battle of Iwo Jima. His legacy as a warrior and an advocate for veterans will live on among all Marines, and he will be deeply missed.

#### Pentagram



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**Col. David Bowling** Commander **Command Sgt. Maj.** Matthew Majeski **Command Sergeant Major**  **Sherry Kuiper** Interim Public Affairs Officer Pamela Kulokas Command Info. Chief

## Community



Photos by Joint Base Myer-Henderson Hall Religious Support Office

Chaplaincy resource manager Maj. Gen. Scott Ingram speaks to JBM-HH Vacation Bible School attendees at Memorial Chapel during the weeklong event June 20 to 24. At "Treasured," children participated in Bible-learning activities and played team building games.



Photos by Joint Base Myer-Henderson Hall Religious Support Office

The Governor of American Samoa, Lolo Letalu Matalasi Moliga, visits with the Samoan congregation at Old Post Chapel June 26.



## Chaplain's Corner Mirror, mirror on the wall

#### By Retired Chaplain (Brig. Gen.) Ray Bailey Former deputy chief of Chaplains

You get dressed in the morning for the day. You gaze at your reflection in the mirror and notice the changes that are subtly and maybe not too subtly happening to you. Possibly extra weight in the wrong places, hair having some grey or maybe even less hair overall; clothes needing upgrading, and tired lines under the eyes are some of the reflections you gaze upon. On the positive side though, you notice better muscle tones, slimmer waistlines, clothes hang just right, and the tan is getting better.

We tend to notice ourselves in a more critical view, wanting to see improvement and something to be proud of. We know time can many times not be our friend, but we want to hold that off as long as we can.

a bathroom mirror, and that is the reflection of who we are beyond the surface. We need to do this too.

As I take my daily runs and walks to fight off the surface aging, I find myself reflecting on more personal things about myself. I ponder the day, the week, the that is critically necessary for all of us. It's essential to years ago, and then ponder tomorrow and beyond. This is much more personal and deeper to my soul. It can be somewhat fearful in what I discover, but yet life



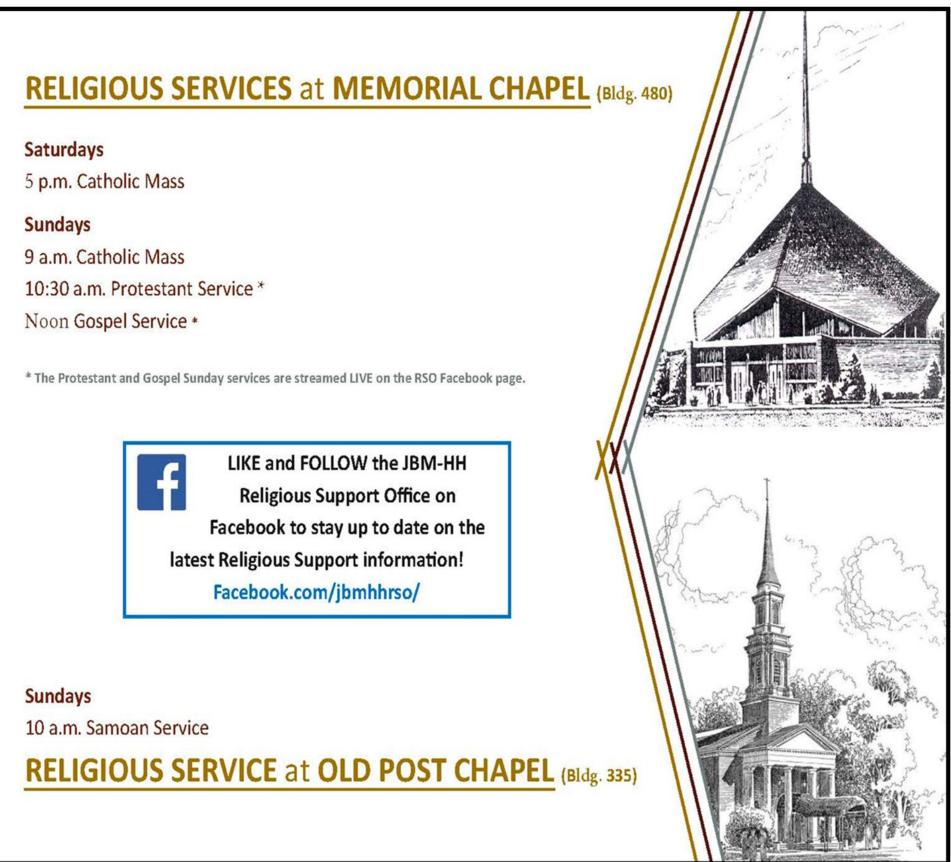
changing.

The more I do this inner reflection examining my There is another level of reflection than just through life in response to family, friends, goals, aspirations, failures, life frailty, answers to challenges, new ideas, and a host of other insights, the more I find firmer footing to the future.

> Life itself is a mirror. It is where I see in it the reflection of my inner self. It's such a humbling process

find out why you think, say, and do certain things... then better yourself to make the future with hope and joy. We must remember that we do not learn FROM experience, but we learn from reflecting ON experiences we have and make changes to our life for the better. Time spent in this self-reflection is never wasted. It is one of the most intimate moments we have with ourselves when we expose our lives to ourselves. I have found about myself that I overvalue my failures and shortcomings and even who I really am, when I need to undervalue them. I am more than that in greater proportion.

We all need to question ourselves daily. Selfreflection brings moments when we ask ourselves questions about our values, assessing our strengths and failures, thinking about our perceptions and interactions with the world around us, and just imagining where we want to take our lives in the future. Our current age, status in life, goals, or any other factor is never a pause or even the end of self-reflection. We all need it.



#### **EFMP from Page 3**

Have special education needs?

"If the answer is 'yes' to any of the questions, you should make an appointment at your local Medical Treatment Facility EFMP office for family medical screening and enrollment," said Col. Scott Gregg, EFMP director for the Army Office of the Surgeon General.

"Soldiers and families who need additional assistance or want to learn

more about EFMP should contact their local Army Community Service EFMP family support systems navigator," said Sharon Swisher, EFMP manager, at Army Installation Management Command. "Family support is available to assist families before, during and after relocation with information and resources."

Soldiers and/or families can also submit their question(s) to: usarmy.pentagon.hqda-dcs-g-9.mbx.efmp@army.mil.



# See something, say something — prevent environmental pollution

#### Commentary by Jenny Tolbert JBM-HH Environmental Management Division

Spring has brought warm weather, flowers, and green trees to Joint Base Myer-Henderson Hall Outdoor activities increase as people take advantage of the warm weather. These outdoor activities along with spring and summer rains can cause an increase in water pollution as more pollutants may be present that are washed into storm drains and eventually the Potomac River and Chesapeake Bay.

Everyone can help prevent harm to these waterways by identifying and reporting potential pollution incidents. Preventing stormwater pollution means protecting the community's water supplies, wildlife and human health.

Staff members from JBM-HH Directorate of Public Works and the Environmental Management Division cannot have eyes on the entire installation to catch all potential pollution issues. The public, residents and employees at JBM-HH can help protect the health of the environment by being aware of their surroundings, understanding when something could be a pollution concern and knowing how to report it.

To help prevent pollution, the public should keep an eye out for "illicit discharges."

#### What are illicit discharges?

Illicit discharges are materials that enter storm drains from nonstormwater sources that are not allowed under JBM-HH's storm water permit Common illicit discharges include wash water from vehicle and equipment washing, oil leaks from vehicles and equipment, sedimentladen water running off construction sites and trash and liquid substances from illegal dumping.

#### How to identify illicit discharges

Addressing pollution requires recognizing the signs and knowing when and how to report them.

#### What to do if you identify an illicit discharge

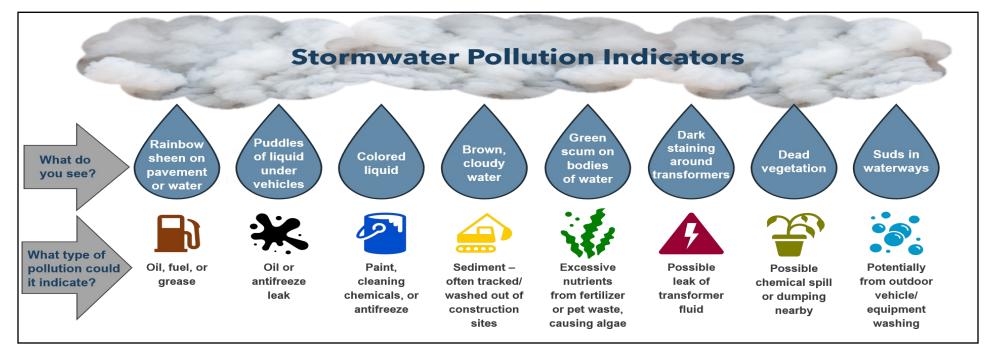
Don't assume someone else will report it. It is always better to have multiple people report a potential pollution problem and allow the issue to be addressed before it can cause harm.

If you see a condition that is causing or could cause storm water pollution, notify the JBM-HH Environmental Management Division by calling 703-696-1222 or emailing usarmy.jbmhh.asa.mbx.fort-myer-fortmcnair-stormwater-program@army.mil. If you see an oil spill or other hazardous material, report it by calling 911 immediately and then report it to EMD.

Additionally, if you observe a potential illicit discharge off installation property in another community, call the county's department of public works or the nonemergency police line to report it.

- in other words, discharges that are not 100% rainwater. Basically, if it did not fall from the sky, it should not go down the storm drain.

To learn more, visit https://home.army.mil/jbmhh/index.php/ teamJBMHH/about/Base/stormwater-pollution-prevention-jbm-hh-1.



# What's happening at Henderson Hall?



Participants line up at the starting line on the morning of June 17 for the annual Chesty's 5K race at Henderson Hall.

Photos by JBM-HH Public Affairs





(From left to right) Noah Harrington, Joshua Owino and Kurt Rorvik finish the Chesty's 5K, June 17, as the top three in the male division.

(From left to right) Yuko Whitestone, Lilly Harrington and Sara Talone finish the Chesty's 5K, June 17, as the top three in the female division.

## **News** Notes

#### **Death notice**

Anyone with debts owed to or by the estate of PFC Vincent J. Krivan, 3rd U.S. Infantry Regiment, 1st BN (HHC) (Fort Myer), must contact CPT Luke Boehm, the Summary Court Martial Officer for the Soldier. PFC Krivan recently passed away May 26. Call CPT Boehm at 828-999-2556.

#### Fort McNair 2nd Street Road Closure

The Fort McNair 2nd Street Gate will be closed 7 a.m. to 5 p.m. July 16 for the Directorate of Public Works to repair damages to the gate.

#### Pershing's Own 100th **Anniversary Alumni Concert**

Former members of "Pershing's Own" will gather to play favorite band charts from the long-storied past of the U.S. Army Band in this very special 100th Anniversary Alumni Convert starting at 7:30 p.m. June 24 at Conmy Hall.

#### **Road closures for ANC southern** expansion

As part of Arlington National Cemetery's southern expansion construction project, the westbound portion of Southgate Road from Columbia Pike to S. Oak Street has been closed for construction. This closure will last approximately three months. As part of the construction in that section of the road, the traffic pattern on the eastbound side of Southgate Road is now two way.

#### **DFMWR** pool and grill

The DFMWR Pool Complex is open 7 days a week from 11 a.m. to 8 p.m. now through Labor Day weekend. Season tickets may be purchased at Patton Hall, Bldg. 214, 10 a.m. to 1 p.m. weekdays. The MWR Grill is open to everyone daily from 11 a.m. to 7:30 p.m. daily.

#### **Twilight Tattoo**

There are only three Twilight Tattoos left in the season.

- July 13
- July 20
- July 27

from the stadiums and to be aware of the potential for increased criminal activity. Be advised that the Trusted Traveler Program is suspended, so anyone 18 years of age and older must have a DoD ID, AIE pass, or a day pass to access the installation. A day pass may be requested in advance at https:// pass.aie.army.mil/JBMHH/. Non-DoD affiliated guests may also be dropped off outside of and before entering the installation.

#### **Fort Myer Fitness Center**

The Fort Myer Fitness Center is offering 24/7 customer access and is registering CACs for access to the facility. Active Duty Military, AD Family Members, DoD Civilians, Retirees, and their Family members may stop by the facility between 6 a.m. and 5 p.m. to register their CAC.

#### Never too late senior fitness classes

Never too late senior fitness classes will be held Mondays, Wednesdays and Fridays from 9:45 to 11 a.m. at the Community Activity Center, 228 McNair Rd., Bldg. 405, next to the bowling center.

The N2L fitness class is open to all Department of Defense ID card holders, military, civilians, retirees, reservists and military spouses. For more information, please contact Chester Taylor at gotlander6@gmail.com.

#### **Civilian Leave Assist**

JBM-HH Directorate of Public Works employee Daniel Wilhite and Directorate of Emergency Services employee Talia Rankin have been approved to receive leave under the Volunteer Leave Program.

Department of the Army civilian employees who would like to donate annual leave can fill out form OPM630a, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Within Agency)," at www.opm.gov/forms/ pdf\_fill/opm630a.pdf.

For federal government civilian employees outside the Department of the Army who would like to donate annual leave, please complete form OPM 630b, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Outside Agency)," at www.opm.gov/ forms/pdf fill/opm630b.pdf.

#### Commissary early bird hours, Click2Go

The Commissary offers early bird services every day. The Commissary hours are Monday to Friday from 7 a.m. to 7:30 p.m., Saturday 7 a.m. to 6:30 p.m. and Sunday 7 a.m. to 6 p.m. Don't forget the Commissary's CLICK2GO online shopping and curbside pickup service individuals can access from their mobile devices. For full details, visit https:/ www.commissaries.com/ shopping/click-2-go. For additional information on the JBM-HH Commissary, visit the Commissary official website at https:// www.commissaries. com/ shopping/store-locations/

#### **Giant Voice and Mass Alert** System testing

The Giant Voice and Mass Alert notification system testing will occur every Tuesday at 10 a.m.

#### **DoD Dine Smart Traveler Rewards Program**

The Defense Travel Management Office sends notice that DoD travelers can earn rewards when dining while on official travel through the DoD Dine Smart program. The traveler rewards program adds value for Defense travelers and supports Government Travel Charge Card policy compliance.

Once enrolled, DoD personnel earn rewards points anytime they use their travel card to pay for meals at participating restaurants when on official travel. Points can be redeemed for gift cards from retailers and restaurants.

Joint Travel Regulations require the use of a travel card for all travel expenses including meals. This program provides a benefit for travelers who adhere to policy and use their cards at participating restaurants. A toolkit with fact sheets is available at https://

www.defensetravel.dod.mil/Docs/ Toolkit Dining Traveler Reward s.pdf.

#### **TAP** returns to in-person services

still provided. Workshops remain virtual until further notice.

Soldiers must register for their Individualized Initial Counseling and Pre-Separation Counseling no later than 12 months out from separation or retirement.

#### See something, say something

iSALUTE is an Army counterintelligence reporting program to prevent espionage, sabotage, subversion and international terrorism. iSALUTE seeks Armywide community support to report threat incidents, behavioral indicators, and counterintelligence matters that are potential indicators of espionage, terrorist-associated insider threat and extremist activity.

Visit the SALUTE website at https://www.inscom.army.mil/ isalute. iWATCH Army is a community program to help protect Army communities from terrorist activities. Any member of the Army community can report behaviors and activities that make them feel uncomfortable and do not look right (suspicious behaviors).

#### McNair parking advisory

Effective through July 30, 2022, the Fort McNair Fitness Center parking lot to the west of the front entrance will be closed for use as a temporary construction staging area. The parking lot to the north of the gym will remain open, and the existing ADA spaces west of the gym will be relocated to the Lincoln Hall parking lot to the south of the gym. The western parking lot will be utilized by Ritz Construction, the construction contractor currently completing renovations of NCO Duplexes 23-27. This project will provide 10 modernized housing units for Army Families.

#### **Town Hall July 21**

The next town hall will be Thursday, July 21 at 1 p.m. Please submit questions in advance via the JBM-HH Facebook page.

#### **FERS Workshop July 27**

Are you retiring within the next five years or seeking information to properly plan for retirement? If so, reach out to Jennifer Souza at jen nifer.s.souza2.civ@army.mil to **RSVP** for the next FERS retirement planning workshop held Wednesday, July 27 from 8 a.m. to 4 p.m. at the Memorial Chapel fellowship hall. The FERS retirement workshop is open to the first 30 participants who RSPV.

#### Sports are back

With the return of games and events at Nationals Park and Audi Field, all are advised of the increase in traffic on roads surrounding Fort McNair, to include P Street and 2nd Street, prior to and following games. Personnel who park at Fort McNair are advised to exercise caution walking to and

The JBM-HH Transition Assistance Center and Program have returned to in-person services at its present location in the Tri-Services parking lot near Memorial Chapel. Hours are from 7:30 a.m. to 4 p.m.

All services are provided except for classroom instruction, scheduled to begin in June. Virtual capabilities for all services are

