



HO'OKELE

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New child development center opens at Ford Island

Brandon Bosworth

Staff Writer

The Ford Island Child Development Center (CDC) had its grand opening on Oct. 24. Speakers at the ceremony included U.S. Senator Daniel K. Inouye and Capt. Jeffrey James, commander of Joint Base Pearl Harbor-Hickam.

James stressed the new facility's environmental friendliness. "We are committed to being good stewards of the environment," he said.

The \$15.9 million, 37,404-square foot facility earned a Leadership in Energy and Environmental Design (LEED) gold rating. LEED is an internationally recognized "green" building certification system, developed by the U.S. Green Building Council for the design and construction of top performing green structures, schools, homes, and communities. The new CDC incorporates features such as low-flow plumbing fixtures, Energy Star appliances, solar water heating, and an efficient air conditioning system.

The new Child Development Center is environmentally aware in another way as well.



U.S. Air Force photo by Tech Sgt. Michael Holzworth

Senator Daniel K. Inouye; Capt. Jeffrey James, commander, Joint Base Pearl Harbor-Hickam, and Rear Adm. Frank Ponds, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, participate in a traditional Hawaiian blessing with Kahu Kordell Kekoa during a Oct. 24 grand opening ceremony for the new Ford Island Child Development Center (CDC).

"This new facility will provide a nurturing environment for our children," said Capt. James. "It will help those at sea or on the flight line to rest easily knowing their children are taken care of."

Inouye spoke about how the Admiral Clarey Bridge to Ford Island played a major part in the building of the

new CDC. "It started with a bridge," he said.

The bridge made access to Ford Island much easier than in the past when getting to the island required taking one of the harbor ferries. With easier access, there were new opportunities for development, such as the CDC.

Joint Base Pearl Harbor-Hickam Child Development

Centers are designed to be a home away from home for children of working parents. They are accredited by the National Association for the Education of Young Children (NAEYC) and certified every year by the Department of Defense.

The 37,404-square foot Ford Island CDC contains 24 flexible activity rooms, a 1,200-square foot commer-



U.S. Navy photo by Brandon Bosworth

Pastor Kahu Kordell Kekoa blesses the playground at the new Child Development Center on Ford Island.

cial kitchen, laundry and restroom facilities, storage, training rooms, and administrative spaces. The floor plan allows classroom windows to overlook central courtyards that feature new playground equipment. It can accommodate over 300 children, ranging in age from six weeks to five years.

Under JBPHH, there are currently 10 CDCs accommodating more than 1,200 children. The Ford Island CDC is the fourth to open this year.

Pastor Kahu Kordell Kekoa led the invocation, blessed the building, and oversaw the untying of a maile lei, the Hawaii version of a ribbon cutting.

"We welcome the child development center to life," he said.

The opening of the new child development center on Ford Island means more parents will be able to take advantage of CDC services, as the current centers have long waiting lists.

"Once the center is fully staffed and operational, the waiting list will be significantly shorter," said Charles Kreisman, deputy director of JBPHH Morale, Welfare and Recreation.

"This beautiful, brand new facility is just the type of thing those stationed at Joint Base Pearl Harbor-Hickam deserve," he added.

Army trains with Air Force in joint aircraft loading exercise

Story and photo by
David D. Underwood Jr.

Joint Base Pearl Harbor-Hickam

Headquarters, 8th Theater Sustainment Command (TSC), Special Troops Battalion, Fort Shafter, Hawaii conducted a static C-17 load on Joint Base Pearl Harbor-Hickam's flightline Oct. 22.

This is the first training exercise between the 8th TSC and the 535th Airlift Squadron. The mission is to validate the readiness capabilities of the Ready Team load plan. The unit must be able to alert and deploy passengers and equipment within 72 hours of notification.

Personnel and equipment are deployed to areas that have been struck by a natural disaster or other emergency requiring immediate humanitarian assistance.

"This is our inaugural effort at putting our package together," said Lt. Col. Matthew Goodman, commander, Headquarters, 8th TSC, Special Troops Battalion. "We wanted to test and see if it



Soldiers of the 8th Theater Sustainment Command, Special Troops Battalion, Fort Shafter, load equipment aboard a C-17 aircraft on Joint Base Pearl Harbor-Hickam Oct. 22.

would all fit into one aircraft," he said. Prior to this exercise, training was done through PowerPoint slides. The exercise allowed a hands-on experience to the troops.

Staff Sgt. William J. Morgan III, 535th Airlift Squadron C-17 instructor loadmaster, said the joint training was an overall success for both the Soldiers and Airmen. The Soldiers gathered valuable experience with the tie down devices and restraint criteria.

"It was a job well done," said Morgan. "Their spirits were great, they showed a lot of enthusiasm, and asked a lot of good questions."

"We really appreciate the Air Force support as well as the Army Battlefield Coordination Detachment Element. It was great training for my Soldiers," said Goodman.

The training is preparation for Operation Key Resolve Disaster Relief Exercise scheduled in March 2013 at the Punahou Training Area or the island of Hawaii.

(See additional photo on page A-5.)

USS Crommelin conducts final fire drill

Lt. j.g. Tyler Sharp

USS Crommelin (FFG 37) Public Affairs

Naval ships face a myriad of dangers while operating at sea. Whether it is independent steaming or part of a larger task force, ships face the potential hazards involving fires, toxic gas leaks and flooding, to name a few.

Along with their job specialty, all Sailors are trained in damage control techniques. Experts in everything from fighting fires to rigging temporary bulkheads, Sailors represent the first and last line of defense against all casualties.

Normally ships inport are equipped and manned to quickly combat these same casualties. However, USS Crommelin (FFG



U.S. Navy photo by Angela Sanders

Firefighters from Federal Fire Department and Sailors from USS Crommelin (FFG 37) conduct Crommelin's last fire drill Oct. 19.

37) has removed most of her damage control equipment in preparation for decommissioning and now looks for emergency support from Joint Base Pearl Harbor Hickam (JBPHH) emer-

gency services.

"We face a unique set of damage control challenges," said Chief Damage Controlman Saul Delacruz, Crommelin's damage control expert in charge of casualty response. "To prepare the ship and Pearl Harbor authorities for ship board fires, we organized a fire drill with the Federal Fire Department."

Crommelin held an exercise with Federal Fire Department on Oct. 19. The exercise simulated a fire taking place during a maintenance period that required assistance from the base fire department.

During these periods, government and civilian contractors assist ship's force with repairs which oftentimes include welding. Although there are estab-

See FIRE DRILL, A-6

USS Crommelin decommissioning ceremony is today

USS Crommelin (FFG 37), a Perry-class guided missile frigate, will be decommissioned during a ceremony this morning at Joint Base Pearl Harbor-Hickam. Commissioned on June 18, 1983, Crommelin was assigned to Destroyer Squadron Nine and reached its homeport of Long Beach, Calif. in August 1983. On Sept. 1, 1991, Crommelin shifted homeports to Pearl Harbor, Hawaii and joined Destroyer Squadron 31. (See next week's Ho'okele for full coverage of Crommelin's decommissioning as well as story and photo coverage of Crommelin's distinguished service and accomplishments in the U.S. Navy.



Aeromedical evacuation training course takes to the skies
See page A-2



USS Russell holds last change of command before hull swap
See page A-2



18th Annual Joint Spouses Conference Hawaii held on historic Ford Island
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Registration drive seeks bone marrow donors to help save lives
See page A-8



ITT offices can assist with neighbor island travel packages
See page B-1



Halloween events, safety tips
See page B-6, B-7

Friedman relieves Boyer as CO of USS Columbia

MC2 Steven Khor

Commander Submarine Force U.S. Pacific Fleet Public Affairs Office

Cmdr. J. Patrick Friedman relieved Capt. Dennis Boyer as commanding officer of the Los Angeles-class submarine USS Columbia (SSN 771) at a change of command ceremony held Oct. 19 at the Battleship Missouri Memorial.

Guest speaker Capt. Rick Stoner, commander of Submarine Squadron Seven, praised Boyer for his exceptional performance while in command of Columbia.

“Congratulations on a job well done. The significance of your accomplishment in such a short period of time cannot be overstated,” said Stoner. “You were the right man for the job and have done extremely well.”



U.S. Navy photo by MCC Josh Thompson

Capt. Dennis Boyer is piped ashore after being relieved by Cmdr. J. Patrick Friedman as commanding officer of USS Columbia (SSN 771) at a time-honored change of command ceremony Oct. 19 at the Battleship Missouri Memorial.

Following his remarks, Boyer was awarded the Legion of Merit Medal for his exceptional performance as commanding officer from May 2012 to October 2012.

Boyer said he loved having the opportunity to command Columbia and working with some fantastic Sailors.

“Every day I tell myself how great it is to be in the continuous company of good Americans trying to do good things,” said Boyer to his assembled crew. “I understand and appreciate the hard work you do every day.”

As Friedman assumed command of Columbia, he addressed the crew about the future.

“Live by Columbia’s guiding principles, strive to be expert submariners and always be true to the Columbia, your shipmates and yourselves,” he said. “We follow a long line of

Columbia warriors who fought and sacrificed to defend our country’s freedoms. I look forward to serving with each of you. In all that we do ... strength and honor!”

The Columbia held the change of command ceremony on Missouri partly due to the fact that Columbia, Mo. had shared the namesake honor for 18 years, along with Columbia, Ill. and Columbia, S.C.

Boyer’s personal awards include the Legion of Merit (two awards), Meritorious Service Medal, Navy and Marine Corps Commendation Medal (seven awards) and Navy Marine Corps Achievement Medal (three awards) as well as numerous unit awards.

Boyer will report for duty to the office of the Secretary of Defense in Washington, D.C.



Photo courtesy of Jamie Jackson

Cmdr. Gary Cave relieved Cmdr. Joseph Carrigan as Capt. Wallace Lovely presided at the ceremony.

USS Russell holds last change of command before hull swap

Ensign Natalie Warren

USS Russell (DDG 59)

USS Russell (DDG 59) held a change of command ceremony Oct. 19 on the waterfront at Joint Base Pearl Harbor-Hickam.

Cmdr. Gary Cave relieved Cmdr. Joseph Carrigan as commanding officer. Guest speaker Capt. Wallace G. Lovely, commander of Destroyer Squadron 31, praised Carrigan for his exceptional performance while in command of Russell.

“The accomplishments of the Sailors under the impressive leadership of Joe Carrigan were many and game changing. Each and every time they were challenged, they raised the bar,” said Lovely.

Carrigan said he was honored to have the opportunity to command Russell and acknowledged that the ship’s success during his time as commanding officer was because of the crew and their hard work.

Speaking of deployment, he said, “This crew did it all, and they never missed a beat. But I think what this crew can be most proud of is the phenomenal reputation that Russell earned on deployment — always on station, always on time, always

full mission capable, the most reliable ship in [U.S.] 5th Fleet, bar none.”

Carrigan was awarded the Meritorious Service medal for his exceptional performance as commanding officer from March 2011 to October 2012. His awards include the Meritorious Service Medal, the Joint Commendation Medal, the Navy and Marine Corps Commendation medal (six awards), the Navy and Marine Corps Achievement Medal and various campaign and service honors.

Carrigan will next report for duty to the Office of Legislative Affairs, Washington, D.C.

Carrigan then relinquished command to Cave who spoke with fondness of his time as executive officer.

“It has been a point of pride and my distinct pleasure to serve as Russell’s executive officer over the past 17 months, and I am deeply humbled by the opportunity now to serve as commanding officer of this fine ship,” Cave said.

This is the last change of command for Russell while homeported at Pearl Harbor. The crew will swap hulls with USS Halsey out of San Diego this January.

(See additional photo on page A-5.)

Aeromedical evacuation training course takes to the skies at week-long session

Story and photo by Staff Sgt. Mike Meares

Joint Base Pearl Harbor-Hickam Public Affairs

Providing lifesaving medical care to a critically ill patient comes with an inherent stress level. When the patient needs to be flown over thousands of miles of ocean in what is considered a flying intensive care unit, dealing with life in the balance takes on entirely new heights.

More than 30 U.S. Army, Navy, Air Force, civilians and international aeromedical evacuation specialists recently attended the Joint Medical Attendant Transport Team (JMATT) training class, a week-long training class focusing on providing a realistic hands-on and wheels-up experience in critical care air transport operations in the Pacific theater.

The JMATT course, hosted by Theater Patient Movement Requirements Center-Pacific, the aeromedical evacuation regulating organization for U.S. Pacific Command, focused on the aeromedical evacuation of critical care patients and equipment proficiency skills, including a neonatal intensive care transport.

There is a 5,300-nautical-mile expanse of water in the theater between Okinawa, Japan and California that, coupled with limited divert options across the Pacific Ocean, poses challenges to safely transporting critically ill patients.

“For us, it’s a different population of patients coming out of the Pacific theater,” said Navy Capt. Janet Myers, Okinawa Naval Hospital pulmonary critical care physician. “I think it’s important for us to work together and get them from one point that is very far away (to receive care). Okinawa is very far away being nine hours from (Hawaii), and we’re still not all the way back to the United States.”

To meet the unique aeromedical response needs in the region, the course, which began in October 2008, is designed to train students through lectures. The training focuses on patient care and dealing with altitude, aircraft turbulence, hands-on training using aeromedical equipment, and airframe familiarization. As part of the C-17 training mission,



Joint medical teams provide medical care to a “critically ill” patient while airborne on a C-17 Globemaster III during Joint Medical Attendant Transport Team training class, a week-long training class focusing on providing a realistic hands-on and wheels-up experience in critical care air transport operations in the Pacific theater.

students set up a patient, monitor them, and undergo rigorous simulated scenarios while in flight.

“We all know how to do medical,” she said. “But to add in that extra aspect of making sure that our equipment marries up and that we all know how to operate the Air Force equipment versus the Navy equipment, or even the Army, it’s been good to realize there’s different things we need to be aware of.”

In today’s expeditionary military culture, working with sister servicemen is not a new concept. For these medical practitioners, even those from Australia and Thailand attending the course, the medical terminology might be the same but how it’s communicated in the air could be considered a foreign language.

“While the medical language may be the same, the transport language, all the acronyms we are used to in the Navy, are different from the acronyms they use in the Air Force,” Myers said. She discussed the forms and familiarization with the setup of the different aircraft and their capabilities. “These are things I wasn’t thinking about before, but now I do.”

At the culmination of the course, the students took to the air in the C-17 Globemaster III through the Hawaiian Island chain, providing critical care to “dummy patients.” During the flight, they were forced to deal with rigorous scenarios while

dealing with a turbulent aircraft.

“I’ve been an ICU nurse for several years, but it’s been in a hospital, which is grounded,” said Army Capt. Jessica Fetter, intensive care unit nurse at Tripler Army Medical Center, Hawaii. She explained that people sometimes forget that intensive care patients who need specialized treatment have to get to the hospital somehow.

Fetter said the aircraft turbulence didn’t phase her one bit. “I guess I was so excited to be up there. The turbulence didn’t (bother me),” she said. “I don’t think it made me miss a step at all. It kind of excited me. It adds an extra challenge to the whole situation.”

The course proved to be a stepping-stone training exercise for Royal Thai Army Capt. Woranis Amornsongchai. She said she will take this experience back to her hospital and apply the techniques she has learned.

“I’ve learned a lot here,” said Amornsongchai, an emergency physician and flight surgeon, who has performed medical evacuations in rotator wing aircraft with the Royal Thai army and the C-130 with the Royal Thai air force. “Normally, when we transfer patients through aviation, mostly we do stable patients, not many critical patients. We can use this training to adapt and improve our mission in the future.”

Commentary

Quotes I learned from the 624 RSG

Chaplain (Capt.)
Jason Barker

624th Regional Support
Group

In the noisy days we live in, sometimes it is hard to know what noises to give your attention. You can easily become overloaded by information that tells how you should eat, sleep, dress, exercise, rest, vacation, work, etc. With so much going on, it is easy to shut down and go into autopilot.

It is important to have a few voices that help give you principles to live by. I have heard a few voices that I have tuned into during my time here at the 624th Regional Support Group. I believe in living a principled life one memorable quote at a time. I have included a list of the principles I will carry with me.

- The problems you face today can be the victories you celebrate tomorrow if you walk with wisdom and ask for help when you need help.

- *E Hana Pu, A Ole Olelo Wale No* (actions not words) 48th Aerial Support Group

- “Kind words do not cost much. Yet they accomplish

much.” Blaise Pascal.

- *Ahi poke* is good and good for you, too.

- “We’re not losers,” Gabby Douglas said. “We’re superheroes. We do tricks no one can do.”

- *Aloha* and *mahalo* are good ways to start and end emails.

- Readiness, readiness, readiness.

- A mentor is a person whose hindsight can become your foresight.

- There is a reciprocal relationship between who you are and what you represent.

- “Commitment is staying true to a worthy decision long after the emotion of making that decision has passed.” Wayne Cordeiro.

- We got the grace, pick up the pace.

- Generating an attitude of gratitude is one of the best ways to dismantle anxiety in your life.

- Don’t lose hope, develop perseverance, and finish the race before you.

- *A Hui Hou Kakaou, Ohana Nui* (until we meet again, one family) Col. Maynard Mendoza, 624th RSG commander.

- Thank you, 624th RSG. I will carry these with me.

Warfighting: The fight against cyber war

Review by Bill Doughty

When Richard A. Clarke says, “sometimes the boy who cries wolf can see the wolf coming from a lot farther away than anyone else,” he might be describing himself.

Once a passionate voice for counterterrorism in the Clinton and Bush II administrations continually warning against Osama bin Laden and Al Qaeda – before 9/11 – he should now be looked upon as a Paul Revere for the 21st century. This time the wolf is cyber warfare, defined by Clarke as “actions by a nation state to penetrate another nation’s computers or networks for the purposes of causing damage or disruption.”

Assisted by Robert K. Knake, Clarke lays out the case that U.S. is at greater jeopardy because of its advanced technologies, reliance on a computerized grid, and – the very thing that makes the United States strong – our freedom and openness.

“Cyber War: the Next Threat to National Security and What to Do About It” is new on the CNO’s updated Navy Professional Reading Program list. It offers a surprising number of references to the U.S. Navy and its role in the development of cyber warfare and defense. Clarke sees a parallel between cyber warriors and the codebreakers of World War II and what a false sense of invulnerability brings.

“Some historians believe that the U.S. Navy defeated the Imperial Japanese Navy precisely because of code-breaking skills. Certainly the decisive U.S. victory in the Battle of Midway was due to the advanced knowledge of Japanese plans gained from code-breaking.”



Richard A. Clarke

Just as they played a key warfighting role in the War in the Pacific, the Navy’s aircraft carriers would be critical in a cyber war. In a hypothetical exercise, Clarke shows that if cyber war were to be declared by an enemy of the United States, carrier strike groups – always ready to operate forward – would respond anywhere in the world.

Today Russia, China and North Korea are actively developing cyber warfare strategies, including using civilian hackers, “hacktivists.”

Clarke reminds us how quickly we can come to the brink of world war. In the late ’60s, during the height of the Vietnam War, President Nixon considered bombing North Korea in response to the capture of USS Pueblo in January 1968 and the shooting down of an Air Force EC-121, in which all 31 Americans on board were killed.

In “Cyber War” Clarke mentions USS Gato, USS Baton Rouge and USS Yorktown as he gives historical examples of why the nation’s defensive strategy needs to adapt to include cyber security.

He outlines five vulnerabilities of the Internet,

gives a 20-question quiz about cyber security, and offers a three-point “defensive triad” to show how to develop “credible defense” – a strong backbone of tier 1 ISPs, a secure power grid, and stronger defense “of defense itself.”

He describes DoD’s NIPRNET, SIPRNET and JWICS and discusses methods for adding protection to those systems.

Clarke shows how the cyber threat will inevitably be part of combat unless steps are taken to mitigate the risk. Now, he says, the United States is greatly at risk from invisible attacks from an unseen enemy that can knock out the nation’s infrastructure silently and quickly, crippling defense and command-and-control means for preventing escalation of an all-out kinetic war. He warns against initiating cyber warfare without understanding the potential consequences.

“If you are going to throw cyber rocks, you had better be sure that the house you live in has less glass than the other guy’s or that yours has bulletproof windows.”

Clarke ties in great military strategy thinkers Sun-Tzu, Clausewitz and Herman Kahn on the

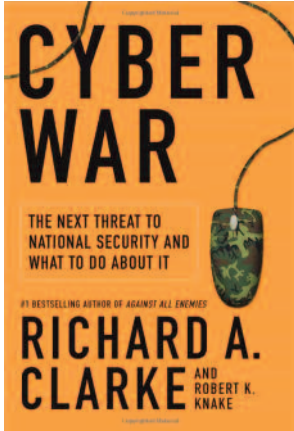


Image courtesy of Navy Reads

importance of defining and redefining strategies – accepting change, innovation and new technologies as realities. An underlying message seems to be: One cannot live in the past, and if there’s a desire to continue living in the present then be ready for future threats.

His discussion about Kahn’s deterrence theory shows the power of the pen. Kahn’s “On Thermonuclear War” and “Thinking About the Unthinkable” were widely read by global leaders in the ’60s. About Kahn, Clarke writes, “His clear matter-of-fact writing about the likely scope of destruction undoubtedly helped to deter nuclear war.”

Other writers discussed are Thomas Friedman, H.G. Wells and Barbara Tuchman. Clarke uses movies to make his point, too: “Crimson Tide,” “Ocean’s Eleven,” “War Games,” “The Italian Job,” and “Team America: World Police.”

“Cyber War” is an easy-to-read, informative and contemporary warning and prescription from the voice of the “boy who cried wolf” – and the man who really sees a wolf coming.

Read more reviews on the Navy Reads blog: <http://navyreads.blogspot.com>.

Diverse Views

“What has been your most memorable operational or overseas assignment?”

Tech. Sgt. Jennifer Medeiros
HQ PACAF



“My most memorable moment would have to be when I was given the opportunity to participate in an airlift drop over Afghanistan from Al Udeid Air Base, Qatar. I watched the back of the plane open up and drop 64 pallets of fuel to the Army guys below, fuel that would otherwise have to be traveled by convoy hundreds of miles away through very dangerous terrain. That was a very memorable moment in my time as an enlisted aide.”



Lt. Lindsey Henry
Naval Computer and
Telecommunications Area Master
Station, Pacific

“Japan. It was my first time at a forward operating deployment. The pace of day-to-day operations was like nothing I had experienced. You wake up and you are in theater.”

Senior Master Sgt. Jeff Johnson
HQ PACAF



“While deployed to the detention facility in Parwan, Afghanistan, I had the opportunity to work with members of the Army, Navy, Air Force and the Afghan National Army. I learned lessons and saw true leadership from so many individuals, regardless of their rank or title.”



Logistics Specialist, 1st Class
Keshawn Spence
USS Croomelin (FF 37)

“I’d probably say the port visit to Kauai. It was an opportunity to see other parts of Hawaii and get out and do some community service. We helped build a house for Habitat for Humanity.”

Senior Airman Curtis Conrad
324th Intelligence Squadron



“While deployed to Al Udeid Air Base, Qatar, I got the chance to dedicate my free time with the Army assembling air drop pallets for forward operating bases. Some of the Army worked on their days off, from sunrise to sunset, and it felt great to give them a hand.”

(Provided by David Underwood Jr.
and Brandon Bosworth)

Want to see your command featured in Diverse Views?
Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

15th MG announces new hours

15th Medical Group

The 15th Medical Group (MDG) will be open from 7:30 a.m. to 4:30 p.m. Monday to Friday starting Nov. 5.

It will be closed on federal holidays, Pacific Air Forces family days and the third Thursday of each month.

The clinic does not provide emergency services, so please call 911 or go to the nearest emergency room for any emergency care needed.

If medical or dental care

is needed outside of normal hours or on the weekend, call 448-6000 and select option two when prompted. This will redirect to an after-hours line that will contact the provider on call who will assist with your urgent care needs.

Please visit the 15th MDG Facebook page, “AFMS Hickam 15th Medical Group,” and Twitter account, “@AFMS15MDG.” These resources provide continual updates on operational hours, services and health care information.

Aircraft line up in ‘plane’ sight



Photo courtesy of www.hawaii.gov/hawaiiaviation

U.S. Army Air Corps bombers line up at the former Hickam Field in 1939.



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C-17 demo team rocks the ROK at Osan air show

Story and photo by
Sr Airman Lauren Main

15th Wing Public Affairs

OSAN AIR BASE, Republic of Korea – Thousands of visitors looked to the skies as the C-17 Globemaster III demonstration team from Joint Base Pearl Harbor-Hickam (JBPHH), Hawaii flew over Osan Air Base on Oct. 20 and 21.

The annual “Air Power Day” air show attracted aviation enthusiasts from around the country. The C-17 Globemaster III demonstration team, assigned to the 535th Airlift Squadron (AS) at JBPHH, traveled more than 5,000 miles to showcase one of the Air Force’s most capable cargo aircraft.

“The [purpose of the] C-17 demonstration is to project a positive image of the U.S.



Spectators at the "Air Power Day" air show take photos of a C-17 Globemaster III from the 15th Wing at Joint Base Pearl Harbor-Hickam as it performs an aircraft demonstration Oct. 20 at Osan Air Base, Republic of Korea.

Air Force throughout the Pacific area of responsibility,” said Capt. Chris Ross, a

C-17 demonstration team pilot assigned to the 535 AS. “It’s to show our capabilities

to our allies and strengthen international ties by demonstrating the C-17’s capabilities.”

ties.”

Following the aerial demonstration, the jet was converted into a static display to allow U.S. military families, Republic of Korea citizens and ROK Air Force airmen to venture into the belly of the “beast” and tour the jet’s cargo bay and flight deck.

Airmen from the 535 AS were standing by to greet them, answer their questions, and even take photos with the crowd as they filtered through the jet.

“I especially enjoyed meeting all of the Korean nationals who were veterans of the Korean War,” said Capt. Bart Murphy, a C-17 pilot assigned to the 535 AS.

“They are very grateful to the U.S. military for our support during the war, and you can still feel a sense of camaraderie.”

The partnership between the airmen of the ROK Air

Force and U.S. Air Force was evident as squadron patches and handshakes were exchanged between forces. Many Korean citizens who witnessed the C-17 in flight waited for more than an hour in line to view the cockpit of the aircraft and have an opportunity to speak to the pilots.

“Our goal is to build a relationship with the community and project a good public perception of the Air Force,” said Ross. “The people [we’ve met here] have a really positive attitude toward the U.S. Air Force.”

The C-17 demonstration team currently has three more air show performances scheduled around the world with more to come next summer, with each opportunity providing a chance for the team to display combat airpower worldwide.

(Additional photo on page A-5.)

18th Annual Joint Spouses Conference Hawaii held on historic Ford Island

Story and photo by
MC2 Daniel Barker

Navy Public Affairs
Support Element West, Det. Hawaii

The Joint Spouses’ Conference (JSC) Hawaii 2012 was held Oct. 20 at the Ford Island Conference Center at Joint Base Pearl Harbor-Hickam.

The annual conference provides a forum for spouses of active duty, reserve and retired military members of all services and ranks to learn, network and help each other in their challenging roles as spouses, parents, professionals and community leaders through workshops and special guest speakers.

This year’s conference, themed “Anchors Away in Paradise,” featured guest speaker Mrs. Hawaii 2012,

Stacey Bass Snee.

Snee, a Navy spouse, mother of two children, former naval officer, and registered dietician, was selected as second runner-up in this year’s Mrs. America Pageant held in Tucson, Ariz.

At the JSC she offered her insights on the role of military spouses in their communities.

“My two passions are nutrition and military families, and I saw Mrs. Hawaii as an opportunity to pursue those passions,” Snee said. “Everyone has something to offer to their neighborhood, city or the broader community, and it may just take stepping a bit out of one’s comfort zone to ultimately be in a position to put your talents to work.”

Snee, whose first-time pageant experience came with her win in this year’s



Hawaiian dancers perform during the Joint Spouses Conference on Ford Island.

Mrs. Hawaii pageant, said, “It was definitely a step out of my comfort zone to compete as the oldest contestant this year. But with challenge comes growth.”

She had some advice to offer other military spouses, encouraging them to share their talents and time with others.

“No matter what branch of service your spouse serves, Marines, Army,

Navy, Air Force, Coast Guard, we all share an understanding of the hardships they endure,” Snee said. “We are the core of the military family, we manage accounts, mow the lawn, and take our children to the emergency room. We all have to hold down the fort and make sacrifices.”

Snee also emphasized that every military spouse is also an ambassador—for

their country, for their families and for themselves.

During the Joint Spouses Conference, attendees were able to choose from more than 25 workshops, held at such venues as Battleship Missouri Memorial, Pacific Aviation Museum, control tower and hangar 79, Navy Lodge, Rainbow Bay Marina and Pearl Harbor barges.

Some of the workshops featured hands-on instruc-

tion in Asian cooking, travel tips, digital photography, interior decorating and painting. There were also personal styling and beauty workshops.

A workshop featuring a remembrance tour of Dec. 7, 1941 provided an opportunity for conference attendees to board a VIP Navy barge and enjoy a special narrated tour of Pearl Harbor.

“There’s great satisfaction in watching nine plus months of teamwork and planning come together. The hard work and attention to detail is often complex and time consuming, but we keep a sense of humor and are motivated to deliver,” said Kim Becker, a Navy spouse and JSC director.

The Joint Spouses’ Conference is a non-profit organization chartered to enrich the lives of military spouses stationed in Hawaii.

Pearl Harbor-Hickam *Highlights*

A ski-equipped LC-130 Skibird owned by the 109th Airlift Wing of the New York Air National Guard sits on the flightline Oct. 18 at Joint Base Pearl Harbor-Hickam, Hawaii. The LC-130 is the polar version of the familiar C-130 cargo plane; its ski-equipped landing gear enables operation on snow or ice surfaces throughout Antarctica. The plane also has wheels for landing on prepared hard surfaces. The aircraft is the backbone of U.S. transportation within Antarctica and also provides air service between McMurdo Station, Antarctica and New Zealand. The LC-130 fleet permits Department of Defense support to the National Science Foundation led United States Antarctic Program in a wide range of scientific research on climate change, global warming, ozone depletion, earth history, astronomy and environmental change.

U.S. Air Force photo by Capt. Ben Sakrisson



(Left) John Fisher and Larry Simon, retired U.S. Army veterans and volunteers, work on a Douglas (DC-3) Aircraft guage panel, which is being reconstructed for the Pacific Aviation Museum on Ford Island, Joint Base Pearl Harbor-Hickam. The DC-3 is a fixed-wing, propeller-driven aircraft used as an air transport in the 1930s and 1940s.

U.S. Navy photo by MCSN Diana Quinlan

(Right) Firefighters from Federal Fire Department and Sailors from USS Crommelin (FFG 37) conduct Crommelin's fire drill Oct. 19.

U.S. Navy photo by Angela Sanders



U.S. Air Force photo by Sr. Airman Lauren Main

(Above) A Korean boy peers through a flight deck window into the cargo bay of a C-17 Globemaster III from the Pearl Harbor-Hickam's 15th Wing during the "Air Power Day" air show Oct. 20 at Osan Air Base, Republic of Korea.



(Above) Cmdr. Joseph Carrigan, outgoing commanding officer of USS Russell (DDG 59), salutes during a change of command ceremony Oct. 19.

Photo courtesy of Jamie Jackson



(Left) Soldiers of the 8th Theater Sustainment Command, Special Troops Battalion, Ft. Shafter, wait for a pre-flight briefing aboard a C-17 aircraft at Joint Base Pearl Harbor-Hickam.

U.S. Air Force photo by David D. Underwood Jr.

Navy and Air Force families receive training about synthetic drugs

Brandon Bosworth

Staff Writer

The use and availability of synthetic drugs such as Spice and bath salts remains a problem for the armed forces. To increase awareness of these sorts of drugs, Lt. j.g. John White, Region Legal Service Office Hawaii, conducted a seminar recently for Navy and Air Force spouses and ombudsmen at Sharkey Theater.

White previously conducted similar sessions for active duty members, but this was his first specifically for family members.

"It went well," White said. "The audience was very attentive and asked many questions."

According to White, many attendees had heard of Spice and bath salts, but didn't really know any details about the drugs.

"They were interested in learning about the side effects," he said. "They also wanted to know about availability, especially for kids."

The easy availability of synthetic drugs is a major factor in their widespread use. These types of drugs are available online, at convenience stores, and at so-called head shops. In addition, the manufacturers are often adept at skirting the law or



U.S. Navy photo by MC2 (SW) Mark Logico

The Criminal Investigative Division at Commander, Navy Region Hawaii, displays examples of seized evidences of synthetic drugs, commonly known as "Spice" as part of an awareness campaign and training against its use.

attempts at regulation.

"Access is much greater than for other drugs," said White. "Synthetic drugs can be sold as bath salts or jewelry cleaner or potpourri. These products seem benign, but not to people in the know. Also, the drug makers can tweak their formulas to bypass laws."

Most synthetic drugs are now illegal under federal and Hawaii laws, as well as the Uniform Code of Military Justice.

The military's efforts to combat the use of synthetic drugs appear to be working. On the Navy side, White credits joint efforts between his office, the Naval Criminal Investigative Service, and medical professionals.

"We are working together to get the message out," he said. "Sailors are much more educated about synthetic drugs. We have had fewer positive urinalysis results."



USS Chafee Sailors cut a cake to commemorate the Navy's 237th birthday.

USS Chafee rings eight bells for Navy

Story and photo by Ensign Caitlin Smith

USS Chafee (DDG 90)
Public Affairs Officer

Sailors aboard USS Chafee (DDG 90) tolled the bell at 9 a.m. Oct. 12 on the forecastle of Chafee nine times to commemorate the 237th birthday of the U.S. Navy. While the Navy's birthday is typically celebrated on the Oct. 13, this year it was arranged so that on the morning of the Oct. 12, ship and shore commands worldwide would ring the birthday bells in concert.

Accompanied by a traditional naval ceremony, ringing the bell eight times signifies the end of the watch and represents the end of the current birthday year. A final single bell was then struck to signify the start of a new watch, representing the

Navy's 238th year.

"It is a day to be proud of what you do and where you come from," said Cmdr. Justin Kubu, Chafee commanding officer. Kubu discussed historical battles at sea and pointed out why the Navy's birthday should be important to each Sailor. "It isn't the ships, it's the Sailors who fought on the ships. And while you may never see a battle firsthand, you are each a Sailor of this great history and heritage. Be proud of where you came from," Kubu said.

The ceremony concluded with the oldest and youngest crew members cutting a cake prepared by Culinary Specialist 2nd Class Kenneth Yinug. Chafee's oldest crew member is Senior Chief Culinary Specialist (SW/AW) Ceasar Nucum, whose hometown is the Philippines and has

served in the Navy since May 1990. The crew's youngest member is Seaman Anyela Valdez who joined the Navy in January 2012 and hails from Central Falls, R.I.

Coincidentally, a mere five days after the Navy's birthday is the birthday of Chafee. On Oct. 18, Chafee will celebrate her ninth anniversary of commissioned service. The crew will commemorate the occasion with a small ceremony, and of course, a birthday cake.

Chafee is the 40th Arleigh Burke-class destroyer and was built by Bath Iron Works in Bath, Maine. She was named after the late Rhode Island Sen. John Hubbard Chafee.

Sen. Chafee served in the Marines during World War II and the Korean War and was elected Secretary of the Navy in 1969.

Firefighters learn shipboard firefighting tactics

Continued from A-1

lished procedures in place to prevent an accident, the increased possibility of a fire is always a concern. Crommelin's unique status makes training for emergencies even more important.

"The best defense against shipboard casualties is training. Joint exercises like this one will ensure we are

ready to combat a fire," said Lt. Mike Wiederholt, Crommelin's damage control assistant

The fire that caused more than \$450 million in damages onboard the submarine USS Miami in May highlighted the importance of joint firefighting efforts. More than 100 firefighters combatted the USS Miami fire. Last week's exercise on

Crommelin will improve the base fire department's knowledge of shipboard firefighting techniques and tactics.

Crommelin will complete 29 years of distinguished commissioned service during a decommissioning ceremony today at Joint Base Pearl Harbor Hickam.

(Additional photo on page A-5.)

Women’s Memorial celebrates 15th anniversary

1st. Lt. Kathleen A. Eisenbrey

15th Medical Group

The 15th anniversary of the Women in Military Service for America Memorial in Washington, D.C. was commemorated Oct. 21.

The Women’s Memorial honors all women who have shown courage, selflessness and dedication in service to the nation during times of conflict and peace and is located at the entrance to Arlington National Cemetery.

“Women had lagged behind in recognition for our service to America,” said Debra Straight, vice president of the Federal Women’s Program at Joint Base Pearl Harbor-Hickam.

“I was thrilled to be a [Women’s Memorial] charter member, and I attended the dedication ceremony in 1997 with fellow service members and mentors. It brought together women who served our nation in many capacities and from many eras, even World War I women,” she explained.

Endorsed by the Departments of Defense, Transportation, Veterans Affairs and Interior, the Women’s Memorial is the only major national memorial honoring women who have served in, or with, the United States Armed Forces since the American Revolution.

“Duty. Honor. Pride. These words reflect the spirit of generations of American women who

have sought to defend the rights and freedom of others,” said Eric Shinseki, Secretary of Veterans Affairs.

“At the Women in Military Service for America Memorial, these [three] words come to life in the stories and memories of the nearly two million women who have served in defense of our nation,” according to the Women in Military Service for America Memorial Foundation website.

Led by the visionary leadership of retired Air Force Brig. Gen. Wilma L. Vaught, construction for the Women in Military Service for America Memorial began June 22, 1995.

The Women’s Memorial was built upon the existing 4.2-acre ceremonial entrance to Arlington

National Cemetery, which was never completed and had been neglected since its dedication in 1932.

Visitors are greeted by the memorial’s 250-foot arched roof that consists of glass tablets inscribed with quotations by women and about women who have served in national defense. The glass tablets illuminate the cemetery hillside at night and serve as skylights to the interior of the education center and the Hall of Honor during the day.

Located in the “heart” of the Women’s Memorial, a central registry serves as an active resource by providing information about approximately 250,000 women who have registered with the Women’s

Memorial. Visitors may access the photographs, military histories and individual stories of registrants by simply typing names into a computerized registry terminal.

The foundation is actively seeking to register approximately two million eligible veterans, Active Duty, National Guard and Reserve servicewomen. Women from service organizations who served overseas during times of war, as well as cadet nurses, are also eligible to register.

For information on how to register, access <http://bit.ly/Gm8S8>.

“I strongly encourage all women who have been in service to America to support the monument dedicated in their honor,” said Straight.

Blessing held for historic building 9 at Pearl Harbor Naval Shipyard

Story and photo by
Danielle Jones

Pearl Harbor Naval Shipyard and Intermediate Maintenance Facility Public Affairs

Project managers and the project construction team attended a recent blessing for the renovation of Pearl Harbor Naval Shipyard and Intermediate Maintenance Facility’s (PHNSY & IMF) historic building nine at Joint Base Pearl Harbor-Hickam (JBPHH).

The \$18.8 million project was awarded by Naval Facilities Engineering Command, Hawaii (NAVFAC Hawaii) as a design-build undertaking to Nan, Inc., in September 2010. The plan is to renew the nearly 100-year-old structure by retaining its historic exterior structure



Rev. Derrick K. Kalei (left) leads officials from Pearl Harbor Naval Shipyard and Intermediate Maintenance Facility; Naval Facilities Engineering Command, Hawaii and Nan, Inc. in prayer during a blessing for an \$18.8 million renovation project of historic building nine at the shipyard.

while creating a fully functional modern office building inside for the shipyard’s nuclear engineering and planning department.

After a year of design, renovation work of building nine began with a blessing ceremony, led by Rev. Derrick K. Kalei of the Lanakila Church.

“It was an honor to me. The history of the land and the building made me connect back to the land. I felt it was very important because of its history, and it gave me a chance to not just look at Pearl Harbor, but Oahu,” the reverend said.

Personnel from the shipyard, NAVFAC Hawaii and

Nan, Inc. joined in the ceremony to acknowledge the progress of the project from design to construction. Building nine is one of various buildings within the shipyard that are being renovated or scheduled to be renovated over the next few years.

“The building will be

refurbished and sheared with many system upgrades like air conditioning,” said Michael Mock, shipyard nuclear project engineer, as he described the end result. When it is finished, it will hold the nuclear inspection and radiological engineering divisions.

Since many shipyard buildings are declared historical structures, updating them can take more time than usual, said Mock.

“As a carpenter, I know it is always good to pray for construction to go smoothly because so much can happen,” Kalei said. “I called upon God to bless building nine, the land around us and all the workers, whether construction workers from the shipyard or contracted personnel, and of course, the project managers and teams helping on all levels.”

The information resource management division had a hand in helping this mission by setting up computer and network sites for all the temporary relocation offices for previous tenants.

The restoration is scheduled to be completed in February 2014. “That’s when the contractors turn over the building to us. We then have security requirements and other items to check off before we begin our migration back into the building,” Mock stated.

It took three to four months to fully relocate the roughly 300 people in the building, and moving them back in is expected to require the same amount of time. In the meantime, the former tenants have been temporarily housed across the shipyard and are expected to move back in the summer of 2014 into their new workspace.

Registration drive seeks bone marrow donors to help save lives

Story and photo by
Don Robbins

Assistant Editor

Navy Region Hawaii is hosting an island-wide push to register personnel for the National Bone Marrow Registry during the week of Nov. 26-30 in an urgent effort to help save lives.

More than 500 military personnel and family members throughout the Department of Defense (DoD) are sick with disorders such as leukemia and need life-saving bone marrow transplants, said Dr. Jennifer Ng, director of the C.W. Bill Young Department of Defense Marrow Donor Program. Ng traveled to Oahu this week to lead the initial training sessions.

The upcoming drive on Oahu will include registration booths in front of the Pearl Harbor Navy Exchange (NEX) and commissary complex from 9 a.m. to 4 p.m. Nov. 28-30. There will also be a registration table at the Fleet Store near Bravo Piers.

In addition, another goal of the registration effort is to have each command select and designate a point of contact who will hold more registration drives aboard ships and in their respective commands, Ng said.

The drives are open to all active duty, family members, DoD civilians and contractors, who are ages 18 to 60.

"I encourage our service members, civilians and families to be courageous, step forward and participate in this bone marrow registration drive," said Rear Adm.



Dr. Jennifer Ng, director of the C.W. Bill Young Department of Defense Marrow Donor Program.

Frank Ponds, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific. "It never hurts to give, and technology has made it painless and very easy to register."

"We should endeavor to exceed all expectations for this bone marrow drive," he added.

"Doing the right thing comes natural for most, and doing the right thing for those who are facing adversity makes it even more special and significant," Ponds said.

Ng explained that bone marrow registration drives are easy to organize and registration is simple. All it takes are two pages of paperwork and four cotton swabs. A simple self-administered swab of the cheek and the registration process is done, Ng said.

In addition, bone marrow donation has changed dramatically for the better in recent years, she said. "It is now as easy as giving blood. The key is educating troops on how important and easy it is to be a donor," she said.

"This military community

on Oahu and this drive will save lives, but we need as many people as possible to get out there and register. We want to have the largest bone marrow drive in Department of Defense history," Ng said.

"I want everyone to think about how it would feel if your son or daughter, your brother or sister, or your spouse had leukemia. What would you do, would you be a donor? Yes, of course you would," Ng said.

However, she added that only about a quarter of people are able to find a bone marrow donor match within their own family, and the rest must find one through the national registry. "Would you want somebody to sign up and help you?" Ng asked.

The last Oahu-wide drive took place in March 2009 with more than 7,500 personnel registered. Ng explained that on average, one person is called to be a donor, thus showing the impact of multiplying efforts and teamwork.

Ponds agreed that a concerted effort on the part of many participants is key to the success of this year's bone marrow drive.

"We all need to work together to meet these goals. Individual achievement is commendable but is no match for teamwork in helping others," Ponds said. "So join me in this altruistic effort by doing what comes natural, giving of ourselves so that others may benefit."

Senior Chief Quartermaster Anthony Bastidas is leading the effort to coordinate the registration drives at Joint Base Pearl Harbor-Hickam. He

Air Force wife needs bone marrow donor

Don Robbins

Assistant Editor

Air Force spouse Karen Gibson needs a bone marrow donor match.

What she originally thought was low blood iron was diagnosed as an extremely rare bone marrow disorder called myelofibrosis. She explained that the only cure in sight is a bone marrow transplant.

As a wife whose husband serves in the 165th Airlift Wing, Savannah, Ga., and a mother of three children, she said that she has a lot of great reasons to get healthy.

She added that she is lucky to be surrounded by friends and family who are willing to stand with her through her current health crisis, but she asked that more people consider joining the bone marrow registry to give the gift of life.

"The more people who are registered as donors, the more opportunities we have to find matches. It is not a painful process to register as a donor," Gibson said.

If there is a match, the actual donation is similar to giving blood. "It will give a mother and others the opportunity to spend a lifetime with their fami-



Photo courtesy of the Gibson family

Karen Gibson, who is in need of a bone marrow donor match, stands with her husband Staff Sgt. Chris Gibson and their children Chase, 14, Madison, 10, and Logan, 4.

ly," Gibson added.

Although Gibson is still waiting for her match, she has already been working with the Department of Defense bone marrow program and the national "Be The Match" donor registry to increase the number of participants.

So far, with the help of friends, she said she has

coordinated four registration drives.

"I've registered 180 new donors into the program. My goal is to continue to have drives and register as many people as possible. I would like to give as many people as possible an opportunity to have a new life," Gibson explained.

explained he has already had training sessions with the Marines, Air Force and Navy personnel.

"You can start the drive

early. Individual commands can start the drive as soon as they receive the materials from me," Bastidas said.

For more information, or

to set up your own command bone marrow registration drive, contact Bastidas at 780-7968 or email Anthony.bastidas@navy.mil.

Life & Leisure

B

ITT offices can assist with neighbor island travel packages

Story and photos by Don Robbins

Assistant Editor

Military members and their families looking for the best beaches, hotels or coffee farms in Hawaii can get help through Joint Base Pearl Harbor-Hickam's Morale, Welfare and Recreation Information, Tickets and Travel (ITT) offices.

Sights such as those shown in the photos on this page of the Big Island of Hawaii's Kona coast can be experienced when exploring the islands. Among the features of the Big Island are rugged lava-rock-studded beaches, unique flora and fauna and Kona coffee farms. The island also features cultural activities and colorful festivals.

When planning a neighbor-island getaway adventure, ITT's Travel Connections agents can help put together a travel package (air, room and car) to suit your needs, from the best value to the ultimate in pampering, said Reid Tokeshi of the Joint Base MWR ITT office.

A seven-day around-the-islands cruise for the ultimate in "island hopping" is also available.

ITT can help book activities for a destination, as Hawaii is noted for its range of cultural and outdoor activities. Just a few include snorkeling and fishing cruises, luau, helicopter rides and ziplines.

For more information, and to find the nearest office location and monthly specials, go to Greatlifehawaii.com and find ITT under the "leisure" tab.

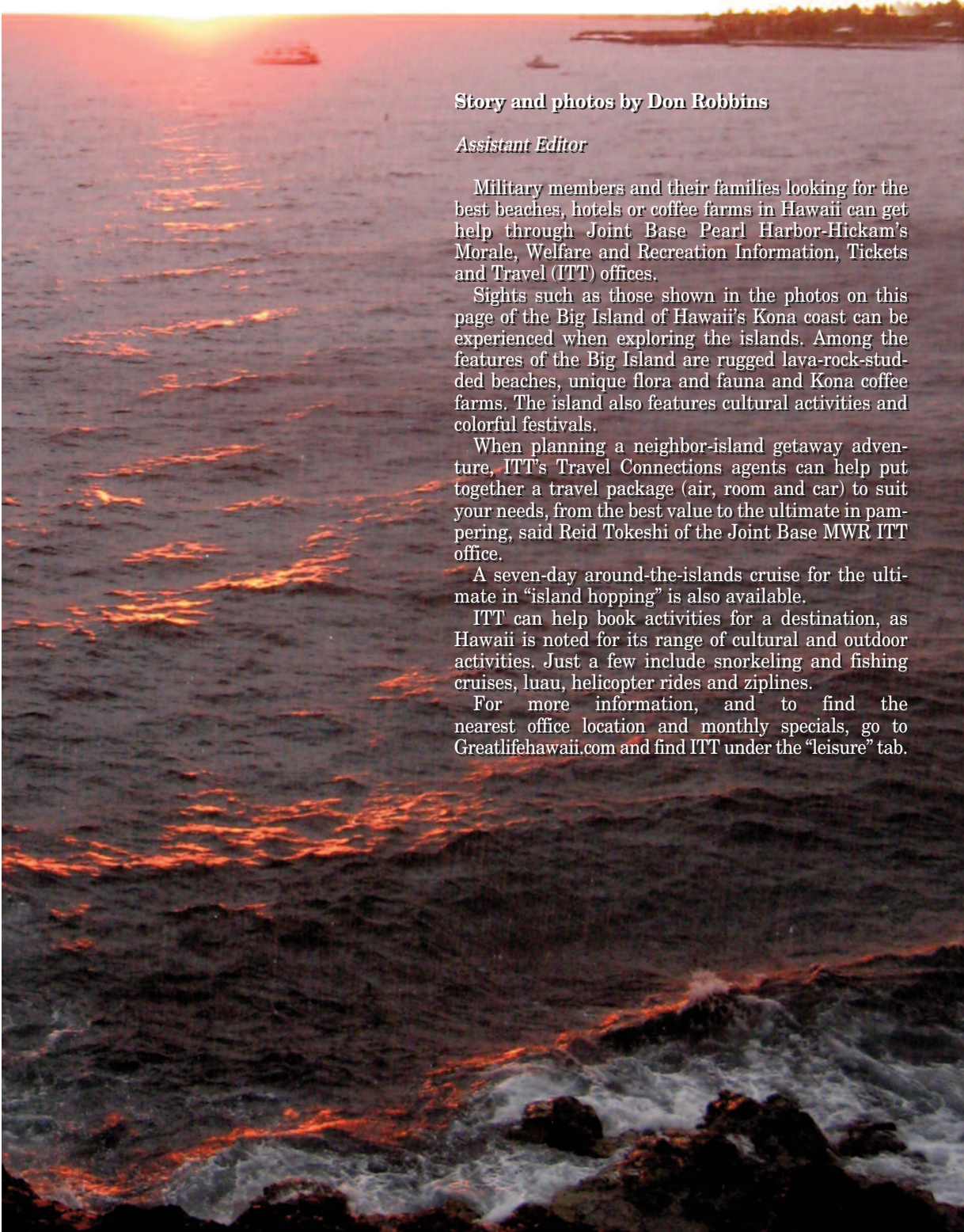


Photo illustration

Defense helps Texas LLM double up Hopper

Story and photo by
Randy Dela Cruz

Sports Editor

A ferocious pass rush led by Machinist’s Mate 1st Class Mickey Leslie and a solid game from quarterback Logistics Specialist 3rd Class Jesse Olstad led USS Texas (SSN 775) Lower Level Mafia (LLM) to a 24-12 victory Oct. 20 over USS Hopper (DDG 70) in an intramural flag football Afloat Division showdown at Ward Field, Joint Base Pearl Harbor-Hickam.

Olstad threw for three touchdowns and ran in for another to lead the offense, while Leslie teamed up with Senior Chief Machinist’s Mate Jeff Hiscocks and Chief Torpedoman’s Mate Jon Bailor for four sacks to shut down Hopper’s attack.

“One of the biggest things we do that a lot of people don’t is that we put our bodies in harm’s way and attack the ball,” said Leslie about the team’s defensive front. “If we need that extra extension, we just dive for it. We average around five sacks a game.”

The rock ‘em, sock ‘em style of play paid off immediately as Bailor yanked the flag off of Hopper starting QB Seaman August Young on the very first play of the game for a 12-yard loss.

Then after a one-yard pickup, under pressure Young forced a hurried pass upfield only to have it picked off by Torpedoman’s Mate 3rd Class Mark Williams who returned the ball to the Hopper’s 10-yard line.

Texas had the ball pushed back to the 18 on a bad snap and faced a fourth and goal after Olstad mis-



Chief Torpedoman’s Mate Jon Bailor of USS Texas (SSN 775) Lower Level Mafia flag football team sacks USS Hopper (DDG 70) quarterback Seaman August Young for a loss during an Afloat Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

fired on his first two passes of the game.

Down to his final snap, Olstad came up with a clutch pass to Machinist’s Mate 2nd Class Gordon Reichert for 18 yards and a touchdown to take a 6-0 lead.

Shortly after, the LLM got the ball back when Hopper handed the ball over after their second drive stalled on the Texas 32.

Olstad took over in good field position, but the QB failed to connect with his first two passes and Texas got called for offensive pass interference which put the ball back on the 20.

Facing third and long,

Olstad found Machinist’s Mate 3rd Class Nick Canino for a first down at the Hopper 37, then connected with Williams at the 14 before hooking up with Reichert with a pass to the middle of the field for the duo’s second touchdown of the day and a 12-0 lead.

Olstad said getting the quick scores gave Texas a huge advantage – especially when the team’s defense has been shutting down the opposing offense throughout the season.

“It makes my job a lot easier,” he admitted. “The nice thing about our defense is that if I throw an interception or have to punt, just knowing that our

defense is there to back us up is definitely a plus.”

Just before halftime, the defense pulled off another big play, when Torpedoman’s Mate 3rd Class Brendan Abernathy stole another pass from Young to set Texas up at the Hopper’s 37.

Three plays later, Olstad rewarded Abernathy by tossing him a pass for a 19-yard touchdown and an 18-0 lead going into halftime.

In the second half, Hopper’s defense gave the team a needed spark, when Gas Turbine System (Mechanical) 2nd Class Joshua Mullicam intercepted a pass from Olstad at the 21.

Cryptologic Technician (Technical) Seaman Louis Siegrist took over at quarterback and directed 69-yard drive on eight plays that ended on a Siegrist to Young hookup for 15 yards and a touchdown to make it 18-6.

However, Texas responded with a seven-play, 65-yard drive and a touchdown that put the game on ice at 24-6.

Texas covered the final eight yards of the scoring drive on an option from Olstad to Canino.

Hopper posted one last touchdown on a 30-yard scamper by Siegrist before Texas ran out the clock to post their fourth win

against only one defeat.

Following the game, Olstad said that the win gave his team a huge boost after it suffered its first loss of the season in the previous week.

Not only did the victory keep Texas LLM in the running for a league title, but also, Olstad said, it showed that the team is putting all of the pieces together.

“Our goal, just like everyone else, is to win it all. That’s what we’re hoping for right now,” he pointed out. “We’re starting to hit our stride. When we can get together like this, it kind of shows that we’re starting to get it.”

Chosin remains unbeaten with win over Lake Erie

Story and photo by
Randy Dela Cruz

Sports Editor

In a battle of guided missile cruisers, USS Chosin (CG 65) fell behind early, but rallied back to defeat USS Lake Erie (CG 70), 28-14, Oct. 20 in an Afloat Division intramural flag football matchup at Ward Field, Joint Base Pearl Harbor-Hickam.

Down 14-7 at intermission, Chosin scored twice in the second half before defensive back Damage Controlman Fireman Demetrius Terrell put the game away with a pick-six late in the game to keep the War Dragons' unbeaten winning streak intact at 4-0.

"Once the second half started, we got our composure," said Chosin head coach Cryptologic Technician (Maintenance) 1st Class Kevin Henyard. "They took themselves out of the game plan that we had."

O n c e

they got the game plan back on track, we started to click."

The game started off as a defensive struggle, but Lake Erie finally got things going on their second offensive series after getting the ball in good field position at the their own 32.

Lake Erie quarterback Interior Communications Electrician 3rd Class J.J. Perez connected on a long bomb to Aviation Electronics Technician 3rd Class Justin Lassiter that placed the ball on the

Chosin three-yard line to set up a short dive for a 6-0 lead.

Next it was Chosin's turn as quarterback Fire Controlman 2nd Class A l d e n

Gamat led the team on a six-play, 65-yard drive for six.

The big play of the drive came on a third-down toss from Gamat to Seaman Terron Outlaw that moved the chains from the Chosin 30-yard line to the Lake Erie 17.

Two plays later, Gamat spotted

by Perez and an offside penalty by Chosin put the ball on the four before Seaman Dorian Smalls sacked the Lake Erie QB back to the 14.

On second down, Smalls appeared to pull the flag off of Perez one more time, but no whistle sounded to stop the play.

While everyone stopped in their tracks thinking that the play was dead, Perez calmly delivered a strike to the back of the end zone into the arms of Information Systems Technician 3rd Class Marlon Cabrera for a touchdown.

The two-point conversion was good to give Lake Erie a 14-7 lead at halftime.

In the second half, Lake Erie was forced to turn the ball over on downs in its first drive after the break.

Gamat, who started the team at the Lake Erie 39, struggled to advance the ball and was facing a dire situation with fourth and long at the 35.

Instead of punting, Henyard rolled the dice and went for it and the gamble paid off.

Gamat sent a long pass toward Logistics Specialist Seaman Anthony Hagerty, who fought off a defender and came up with a clutch completion before taking it to the house.

Chosin made good on a two-point conversion to pull ahead at 15-14.

With time running down, the Chosin defense came up with a huge stop by forcing Lake Erie to punt the ball away after only four plays from the line of scrimmage.

Gamat took control at his own 35 and after his first two passes fell incomplete, he went back to

Outlaw for a 20-yard pickup that put the ball at the 15 with 2:30 remaining in the game.

On the next play, Gamat gave Chosin more breathing room when he connected with Corella again for a touchdown to increase the team's lead to seven at 21-14.

Perez desperately tried to rally his team and brought Lake Erie to the Chosin 26-yard line with a long completion to Lassiter.

However, the next pass from Perez was battled into the air and fell into the arms of Terrell, who took it all the way for the final score.

Smalls, who anchored an aggressive defense that shut down Lake Erie in the second half, said that with the offense struggling he knew it was up to the defense to get the team going.

"I seen my team falling apart, so I had to do something to step up," said Smalls, who picked up five sacks and forced numerous hurried throws.

"This defense is the best on the waterfront by far. We're a family our here. We're not just teammates. There is nobody who can stop that."

Henyard said that with the combination of new and veteran players, he believes that the team has a good shot of winning the Afloat Division and beyond.

Smalls agreed with his coach, but took it one step further.

"We all can get it done, no matter what," he said. "I think we're going to finish undefeated. No, I guarantee an undefeated season."



Wide receiver Seaman Terron Outlaw of USS Chosin (CG 65) War Dragons fights off a USS Lake Erie (CG 70) defender to make a catch in an Afloat Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

USS Hopper Sailors lend their cooking talents to local students

Story and photo by
Brandon Bosworth

Staff Writer

Students at Radford High School's culinary classes had their days sweetened a bit when Sailors from the USS Hopper (DDG 70) visited to assist in making the classic New Orleans dessert Bananas Foster.

"We were looking for activities out in the community to do while our ship is in drydock," said Culinary Specialist 3rd Class Jessica McCaskill. "Coming to the school was one of the options."

McCaskill said they decided to do a cooking demonstration.

"We're culinary specialists, and we wanted to teach something we learned and are excited about."



Culinary Specialist Seaman Tara Wooten (right) helps students at Radford High School prepare Bananas Foster.

Bananas Foster originated at Brennan's Restaurant in New Orleans and is made from bananas and vanilla ice cream, with the sauce made from butter, brown sugar, cinnamon, and rum.

"When I was in high school, I saw a chef at an expo make Bananas Foster," said Culinary Specialist Seaman Tara Wooten. "We chose to make it for the students because it's something different, and the fact you flame the sauce makes it more exciting."

Wooten really enjoyed cooking for the Radford students.

"I wish someone had come to my high school culinary class to do something like this," Wooten said.

The Sailors chose to demonstrate how to make Bananas Foster on Monday and help the

students make their own batches on Tuesday and Wednesday. At any given time, McCaskill and Wooten were overseeing five or six different cooking stations as students chopped bananas, measured ingredients and combined them all in large industrial skillets.

How did the students' culinary creations measure up?

"They did good," said McCaskill. "If they made mistakes they improvised and fixed them. Everything came out very nice."

Teacher Jamie Kahalewai was happy to welcome the Sailors to her classroom.

"It's been a positive experience," she said. "And it's good for me to have the extra help. The more eyes the better!"

McCaskill said, "We are just grateful for this opportunity."

Da Luv Boat sets stage for domestic violence awareness event

Story and photo by
Karen S. Spangler

Managing Editor

Da Luv Boat sailed into Pearl Harbor for a special couples "cruise" Oct. 19 at Pearl Harbor Memorial Chapel.

Six military couples found out just how well they knew their spouses as they competed to win top prizes.

Patterned after the "Newlywed Game" television show, the first ever Da Luv Boat event was a featured part of Domestic Violence Awareness Month activities.

The marriage enrichment evening was hosted by the chaplains at Pearl Harbor Memorial Chapel and the staff at Joint Base Pearl Harbor-Hickam (JBPHH) Military Family and Support Center.

We're making marriages stronger," said Lt. James Ragain, JBPHH staff chaplain.

He began the event with a presentation of "The Five Love Languages" by Dr. Gary Chapman.

"New relationships can become old relationships very quickly because of optempo, deployments, many reasons," Ragain explained.

"Being on a cloud and in bliss only lasts two to three years. Then reality sets in and life happens. You see your relationship isn't completely perfect."

He noted, "Relationships can become normal and routine. Date night goes away."

The chaplain emphasized that it is important to make sure to show your partner that you really care.

"The key is sharing attention. It's about a hug, a touch on the arm. It's about giving the other person your undivided attention, and you know the other person cares about you. We all have a gauge of how much we feel loved," he said.

Although the evening was filled with fun and laughter, there was an underlying message.

"We wanted to provide tools to married couples so that they are able to communicate with one another more effectively and love one another more completely," Ragain said.

"The idea is that each one of us is wired to have a primary language by which we feel loved by our spouse. When we are communicating the other's love language, we make good deposits into our loved one's 'love bank.' When we don't, we are making withdrawals."

"Our hope with this training is that couples will know how to love one another more effectively as they speak one another's love language. In a positive way, we begin to see reciprocity of love going back and forth, creating a home environment that is not conducive to domestic violence," Ragain explained.

Using the theme for the former television show, "Love Boat," Michelle Dewberry and Tyra Lamb from MFSC sported special "cruise ship" hats as they served as mistress of ceremonies for the evening. Husbands and wives took turns answering a series of questions and predicting what their significant others would say.

After the points were all tallied up, two couples tied for first place. It



Mistresses of ceremony for the evening, Tyra Lamb (shown in background left) and Michelle Dewberry (right background), presented the couple with their prize.

was only after three rounds of tiebreakers that one couple emerged as the grand prize winner.

Air Force Master Sgt. Charles Freeman, assigned to Bellows Air Force Station, and his wife, Shari, who won the grand prize were actually nowhere near the lead as the contest started. But at the end, they took the lead, winning a two-night stay at the cabins at Barbers Point and a "romance basket" filled with such goodies as a bottle of wine, a bottle of sparkling cider, massage set, two wine glasses, a fleece throw and chocolates.

Shari talked about what she and her spouse do to make their marriage stronger.

"We prefer periodic marriage maintenance, such as going to CREDO retreats. We are studying the "Love Dare" book, a 40-day chal-

lenge," Shari explained.

"We have a lot of insight about what the true meaning of love is as opposed to movies and tv, how to truly love each other unconditionally. We're excited about how far we have come," she said.

Shari added, "We credit our successes to our spiritual background."

The couple has been married seven and a half years and have a two-year-old son Davis. Originally from the East Coast, they have lived in Hawaii since August 2009.

Air Force Sgt. Nathan Haback, assigned to the 324th Intelligence Squadron, and his wife Heather were in the lead for most of the contest. Falling to second place after the tie breaker rounds, they won dinner for two at Sam Choy's Breakfast, Lunch and Crab.

"We didn't actually go to win. We

just planned on having a good time," Heather said.

She shared some pointers about how she and her husband work together to keep their marriage healthy.

"We've gone through rough patches but we work together to work through every problem we have," she said. "We're both talkers," she said, stressing the importance of communication.

Heather said that they had already studied "The Five Love Languages."

"Keeping the love languages in mind really helps," she said.

The couple has four children, ranging in ages from two years to seven and a half years, and do a lot of volunteer work. Heather said they aren't sure when they will have a chance to use their dinner prize although they are looking forward to it.

At the end of the evening, the competing couples were treated to a special rendition of the "Love Boat" theme crooned by Chaplain Lt. Rick Tiff.

"The purpose of the event was to showcase and highlight that there are healthy relationships among our military couples that do not end or result in a domestic abuse situation," Dewberry said.

The chaplains and MFSC plan to hold more marriage enrichment events in the future.

"With continued training and education, the message only reinforces our commitment to our military families and the stance against ending domestic abuse," Dewberry said.

Ageless HI 5-0 pitches shutout versus 324th IS

Story and photo by
Randy Dela Cruz

Sports Editor

Retired Marine Frank Lohman tossed a complete game shutout, and USS Chafee (DDG 90) Engineman 2nd Class Paul Salas broke up a scoreless duel with a two-run jack in the fourth inning to lead HI 5-0 to a 4-0 win over the 324th Intelligence Squadron (324 IS), Oct. 20, in a Winter Softball American League game at Millican Field, Joint Base Pearl Harbor-Hickam.

The win raised HI 5-0's record to 5-1 and kept them in the hunt for the league pennant by remaining only a half game out of first. The 324 IS dropped to 0-7.

HI 5-0 bounced back to beat the 324 IS after the team suffered their first loss of the season in falling to USS Columbia (SSN 771) by a score of 7-3 earlier in the day.

The victory over the 324 IS highlighted the outstanding resiliency of HI 5-0, a team which is mostly comprised of retired military veterans from ages 50 and above.

According to Lohman, who



USS Chafee (DDG 90) Engineman 2nd Class Paul Salas, an outfielder for the HI 5-0 softball team, hammers a pitch for a two-run homer in a Winter Softball American League game versus the 324th Intelligence Squadron (324 IS) at Millican Field, Joint Base Pearl Harbor-Hickam.

retired as a gunnery sergeant from the Marines in 1988, only three members of the squad are under the age of 50.

Salas, who is one of those younger players, broke the scoreless tie when he came up to bat in

the fourth inning and smashed the second pitch from 324 IS hurler Master Sgt. Dennis Henry over the left-field fence and into the parking lot.

The blast was a two-run shot that also drove in retired Navy

veteran Johnny Arroyo, who had singled to open the top of the fourth inning.

Salas said that with the score tied at 0-0, he came up to the plate with the thought of getting a good pitch to drive.

“That’s all I was looking for,” he said. “It was inside and chest high.”

Up by two runs, HI 5-0 was looking for more, but saw their efforts come to a screeching halt, when outfielder Tech. Sgt. Coleby Buenerkemper came up with a momentum-killing, unassisted double play in right field.

The teams traded zeros for the rest of the way until the top of the seventh when HI 5-0 played small ball to plate two more runs.

Back-to-back singles by veteran Mike Brown and Lohman opened the inning and were driven home on an error off the bat of Arroyo and a sacrifice fly from Salas.

Lohman preserved the complete-game victory by tossing a shutout in the bottom of the seventh, despite giving up two singles in the inning.

After his shutout performance, Lohman said that while HI 5-0 is the oldest team in the league, familiarity with one another and

the competitive spirit drives it to be one of the best squads every season.

“We’ve been all playing against each other or with each other for years,” Lohman said. “Mike and I played on a team that was world champions last year, and I play with Family Stone and we won the championship this year. We are competitive and we have this ego. All of us, at one time or another, were premier players on the teams that we played with, and we just kind of maintained the health that has allowed us to play.”

Although Salas is one of the few players under 50, he said that no matter what age, everyone is made to feel like part of the team.

“It’s just the chemistry of the team,” he pointed out. “Everyone knows how everyone plays and gets along pretty well.”

While the season is still fairly young, Lohman said that HI 5-0 is in it to win it.

Last year, the team finished in third place in the winter season, and Lohman is keeping a positive outlook for this year.

“Anything can happen in softball,” he stated. “There are some real good young teams, but we’ll be competitive.”

Volunteers needed for Nov. 3 Pearl Harbor Bikepath cleanup at two locations

Volunteers are needed for a Pearl Harbor Bikepath cleanup which will take place from 8:30 to 11 a.m. Nov. 3.

The cleanup is a partnership of Joint Base Pearl Harbor-Hickam with the City and County of Honolulu.

Navy and Air Force volunteers are needed at two locations: McGrew Point in Aiea and Pupuole Mini Park in Waipahu. Meet at either location by 8:30 a.m.

Turn on McGrew Loop off Kamehameha Highway to get to McGrew Point. There will be a cleanup of Aiea Bay Park and the bike path from McGrew Loop to Blaisdell Park, with emphasis on “hot spots” behind Pearl Kai Center, Home World

and Best Buy.

Pupuole Mini Park is located at 94-427 Pupuole St., Waipahu.

Volunteers will pick up trash and bulky items at Pupuole Park area and clean up the ditch and area behind the apartment buildings.

Dress to get dirty. Wear covered shoes and sunscreen.

Contact MAC James Wooten to volunteer via email at James.wooten2@navy.mil, or call 472-7149 or 225-5347.

For more information on the event, contact Tom Clements, Navy Region Hawaii Outreach via email at Tom.clements@navy.mil or call 473-0662 or (808) 482-0036.

PEARL HARBOR-HICKAM

Maniawa Nanea

LEISURE

Morale Welfare & Recreation

MOONLIGHT PADDLE

There will be a moonlight paddle at 7:30 p.m. Monday at Outdoor Recreation-Hickam Harbor. All paddling abilities are welcome. The trip includes kayaks, gear and professional guides. Today is the final day to register, and the cost is \$20 per person. FMI: 449-5215.

YOUTH BASKETBALL REGISTRATION

Registration for youth basketball ends Nov. 9. The season runs from December to March. Registration is open to youth ages 5-15. Teams compete in the Hawaii Military Youth Athletic Association. The fee is \$65, and includes jersey, shorts and award. FMI: www.greatlifehawaii.com.

FREE BEGINNERS GOLF CLINIC

Mamala Bay Golf Course will host a free beginners’ golf clinic Friday at 4 p.m. Space is limited. FMI: 449-2300.

CRUD TOURNAMENT

There is a “crud” tournament from 5:30 p.m.-11 p.m. Friday at the Hickam Officers’ Club Koa Lounge. No experience with the game is necessary, and all branches and skill levels are welcome. This is a free event. FMI: 448-4608.

GLASS BOTTOM BOAT RIDE

There will be a glass bottom boat ride with Liberty on Saturday. Departures are from Liberty Express at 10 a.m., Beeman Center at 10:45 a.m., Instant Liberty at 11 a.m. and Makai Recreation Center at 11:15 a.m. The cost is \$5 per person. This event is for single active-duty Sailors and Airmen only. FMI: 473-2583.

CHINATOWN FOOD AND HISTORIC TOUR

A tour of Honolulu’s Chinatown featuring a traditional dim sum lunch will take place from 8:45 a.m. to 1 p.m. Saturday. The cost is \$25 for adults, \$20 for children ages 3–11 years old, and departs from Information, Tickets & Travel-Hickam. FMI: 448-2295.

TURTLE TRAMPOLINE

There will be a turtle trampoline from 3 to 4:45 p.m. Saturday at Hickam Pool 2. Children under the age of 10 must be accompanied by an adult and have passed the swim test. This is a free event. FMI: 448-2223.

YOUTH BASEBALL REGISTRATION

Registration for youth baseball ends Nov. 2. The season runs December through February. Youth baseball is open to ages 5-15 years old. The cost is \$55 per player. The fee includes jersey, hat and award. Teams compete in the Hawaii Military Youth Athletic Association. FMI: www.greatlifehawaii.com.

For more information on events, visit www.greatlifehawaii.com.

Community Calendar

October

Now ~ Enter to win a \$250 Navy Exchange (NEX) gift card by participating in the NEX annual food service program survey. It is live now and ends Nov. 2. This is the survey link: https://www.nexresearch.com/nex_food.

26 ~ A fall festival will be held from 6 to 8 p.m. at the Pearl Harbor Memorial Chapel. The event will include food, games and a bounce house. FMI: 473-3972.

November

1 ~ The City & County of Honolulu will conduct the monthly statewide outdoor warning siren test at 11:45 a.m. The Joint Base Pearl Harbor-Hickam “Giant Voice” works in conjunction with Honolulu’s outdoor warning sirens and will sound a steady tone for 45 seconds.

3 ~ The Hawaii Armed Services YMCA (ASYMCA) will hold a father/daughter dance Nov. 3 at Hickam Officers’ Club. Call ASYMCA to purchase tickets. FMI: 473-3398.

10 ~ The 37th annual fall craft fair will be held from 9 a.m. to 3 p.m. at the Hickam Arts and Craft Center. The event is free. The center is located at 335 Kuntz Ave., building 1889. Vendor booths are sold out. Public access will be via Elliot Street and Kuntz Gate, or through public transportation via The Bus #19. FMI: 448-9907, ext. 101 or www.greatlifehawaii.com.

11 ~ The Battleship Missouri Memorial will salute veterans with a sunset ceremony from 4:30 to 5:30 p.m. at the memorial at Ford Island. The free event is open to the public, RSVP by Oct. 30. This year’s ceremony pays special tribute to women in the military in addition to paying tribute to all veterans, past and present. For those without base access, complimentary round-trip shuttle service will be provided from the Pearl Harbor Visitor Center beginning at 3:30 p.m. FMI: www.usmissouri.org/veteransdaysvp

15 ~ The Junior Officer Spouses’ Ohana will hold a workshop from 5:30 to 8:30 p.m. at Lockwood Hall at Joint Base Pearl Harbor-Hickam. The theme of the workshop is “Island Stylin” and will feature a stylist and crew who will provide free demos and tips for looking your best at official functions and beyond. There will be food, giveaways, and the chance to meet other spouses. This event is open to Navy and Coast Guard spouses of CWO 1-5 and O1-04 officers. There is no fee for this event. RSVP by Nov. 2. FMI 474-1999 or hawaiijospouse@gmail.com.

Movie Showtimes



House at the End of the Street (PG-13)

A mother and daughter move to a new town and find themselves living next door to a house where a young girl murdered her parents. When the daughter befriends the surviving son, she learns the story is far from over.

SHARKEY MOVIE THEATER

TODAY
7:00 PM Lawless (R)

SATURDAY
2:30 PM Finding Nemo 3-D** (G)
4:45 PM Premium Rush (PG-13)
7:00 PM Resident Evil 3-D** (PG-13)

SUNDAY
2:30 PM ParaNorman 3-D** (PG)
4:45 PM House at the End of the Street (PG-13)
7:00 PM The Possession (PG-13)

**\$1 for 3-D Glasses Rental

HICKAM MEMORIAL THEATER

TODAY
6:00 PM Paranorman (PG)
8:30 PM Lawless (R)

SATURDAY
4:00 PM Paranorman (PG)
7:00 PM The Odd Life of Timothy Green (PG)

SUNDAY
2:00 PM The Odd Life of Timothy Green (PG)

‘Spooktacular’ Halloween activities at joint base include costume contests

Brandon Bosworth

Staff Writer

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation has announced a bunch of “boo-tiful” Halloween activities during the upcoming week culminating in Halloween night on Wednesday, Oct. 31. They include:

Halloween 5K

The Hickam Fitness Center will hold its Halloween 5k at 8 a.m. Oct. 27. Costumes are optional. Awards will be

given to first, second and third place finishers for men, women and kids (under 16), and for best costume. This is a free event. For more information: 448-2214

Halloween bash

J.R. Rockers annual Halloween Bash takes starts 9 p.m. Oct. 27. Doc J and the Uptown Crew will host this year’s event. There will be a costume contest with prizes awarded for best overall male, best overall female and best overall couple. For more information: 448-2271.

Halloween costume contest

The Brew & Cues costume contest will be held 11:30 p.m. Oct. 27. There will be first, second and third place cash prizes for the best overall costumes. Be sure to register with the DJ before 11 p.m. For more information: 473-1743.

Halloween costume contest

The Naval Station Bowling Center costume contest takes place noon to 1:30 p.m. Oct. 28. All participants dressed in costume will get one free game of cosmic bowling plus free

shoe rental. Prizes and goodies for best costumes will be awarded by age groups (4 years old & younger, 5–8 years old, and 9–12 years old). For more information: 473-2574.

Halloween costume party

The Escape Bowling Center will host a costume party from noon to 1:30 p.m. Oct. 28. All participants dressed in costume will get one free game of cosmic bowling plus free shoe rental. For more information: 473-2651.

Ghost Tours: Orbs of Oahu with Liberty

There will be a tour of the haunted places of Oahu with Liberty on Oct. 30. Departures are from Liberty Express at 5 p.m., Beeman Center at 5:30 p.m., Instant Liberty at 5:45 p.m., and Makai Rec Center at 6 p.m. The cost is \$5 per person. This event is for single active-duty Sailors and Airmen only. For more information, call 473-2583.

Halloween ghost tour

A ghost tour takes place 3 p.m. Oct. 31. This tour visits haunted areas of the island while providing background on these his-

torical sites and some of the horrifying events that have taken place. Departures are from the Outdoor Adventure Center-Fleet Store. Cost is to be determined. For more information: 473-1198.

Halloween cosmic bowling party

Hickam Bowling Center will host a cosmic bowling party 3-5 p.m. Oct. 31. Cosmic bowling and shoe rental will be \$1 each. All those in costume will receive treats, and free popcorn and juice will be served. For more information: 448-9959.

Haunted Lagoon returns this year to Polynesian Cultural Center

Polynesian Cultural Center’s “Haunted Lagoon” has returned this year with new thrills and chills.

The activity runs Mondays to Saturdays through Oct. 31.

Canoes run from 6:30 p.m. and “milder” children’s canoes run 6:30 to 7:30 p.m.

Haunted Lagoon is a full-scale production featuring a haunted canoe ride.

This year guests will be taken on an all-new journey into the conflicted mind of the Laie Lady. Travel through the dark depths of the lagoon featuring special effects, animatronics and more.

Tickets are available through Joint Base Pearl Harbor-Hickam’s Information, Tickets and Travel offices.

To experience this year’s Haunted Lagoon, voyagers are



Photo courtesy of Polynesian Cultural Center

strongly advised to act quickly and book tickets in advance as seats are limited and often sell out.

General tickets are \$25 per adult and \$20 for children ages 5-11. Kamaaina tickets are \$19.95 for adults and \$14.95 for keiki.

Fast Pass tickets are available

for an additional fee and allow guests to move to the front of the line.

The Polynesian Cultural Center is located at 55-370 Kamehameha Highway in Laie.

For more information, visit www.HauntedLagoon.com.

Ready Navy Kids will hold Halloween poster contest

Calling all kids and teens: Halloween is right around the corner and Ready Navy Kids is holding a “Zombie Apocalypse Halloween Poster Contest.”

With your parents’ permission, create an 8.5-by-11-inch sized poster showing how you would prepare for a zombie

apocalypse and submit it to jefrey.sanford@navy.mil.

Remember, being ready involves being informed, making a plan, and building a kit. Include these steps in your “Ready for Zombie Apocalypse” poster.

The top posters in the following age categories

(ages 5-9, ages 10-13, ages 14-18) will be featured on the Ready Navy Kids page for all to see.

All entries must be received by Oct. 30.

The poster contest is open to all extended Navy family and friends ages 5-18.

Ready Navy is a Commander, Navy

Installations Command-sponsored emergency preparedness, public awareness program serving the entire Navy community.

For more information on being Ready Navy, visit www.ready.navy.mil/kids.

Trick-or-treat hours at JBPHH announced

Halloween trick-or-treating will take place Oct. 31. Trick-or-treat hours for Joint Base Pearl Harbor-Hickam, including Forest City and Hickam Communities housing areas, are from 6 to 8 p.m. Halloween night.

In addition, Forest City will hold a Halloween coloring contest Oct. 26 at its central community with entries due by 2 p.m., a costumed-dog contest from 11 a.m. to 1 p.m. Oct. 29 at Pearl City dog park, and a Halloween block party from 2 to 4:30 p.m. Oct. 31 at its east community.

Around the island at other military installations, the Wheeler Saddle Club, with the help of BOSS (Better Opportunities for Single Soldiers), will hold a haunted house and fall fest 5 to 9 p.m. Oct. 26-27

at Wheeler Stables. The stables are located at Denny Road, Wheeler Army Airfield.

Admission is \$7 for adults, children 12 and under will be admitted free. The event is open to anyone with access to a military installation. Civilians can attend with a base pass.

In addition, Bellows Boofest will be held 11 a.m.-9 p.m. Oct. 27 at Bellows Air Force Station.

The event will include a pumpkin-carving contest, scavenger hunt, costume contest, trick-or-treating, spooky story telling, a movie under the stars, and “Kiddieland. Activities will also include bounce houses, a water slide, face painting, arts and crafts, and a disc jockey. For more information, visit the website www.bellowsaifs.com.

Haunted ship sails tonight

The Center for Security Forces (CENSECFOR) at Ford Island’s Morale Enhancement Committee will hold a haunted ship in hangar 54 Oct. 26 from 6 to 9 p.m.

The event is free, although donations will be accepted. The event will include a bake sale.

For more information, call STG1 (SW) Jeremy R. Sosh at 472-0395 or 266-0363.

Halloween safety precautions announced

Joint Base Pearl Harbor-Hickam Public Affairs

Below are some important Halloween safety precautions to remember.

For children:

- Buy or make costumes that are flame resistant and short enough to prevent tripping and falls. Wear shoes that fit. Make sure accessories (such as swords) are of soft, flexible material.
- Costumes must be bright enough to be clearly visible to motorists. Decorate costumes with reflective tape that will glow in the car's headlights. Bags or sacks should also be light colored or decorated with reflective tape.
- Use masks that don't restrict breathing or obscure vision. Try face painting instead.
- Children should carry a flashlight.
- Young children should always be accompanied by an adult or older, responsible child.

- Know the route your kids will be taking if you aren't going with them.
 - Only visit homes where you know the residents and where the outside lights are on.
 - Children shouldn't enter homes unless they are accompanied by an adult.
 - All treats need to be checked by an adult before eaten.
 - Make sure children obey all traffic laws.
 - Tell children not to run. Children should be cautioned against running out from between parked cars or across lawns and yards where ornaments or furniture present dangers.
 - Use sidewalks, cross streets at corners or crosswalks, and obey all traffic signals when crossing streets.
 - Make sure to set a curfew and stress the importance of returning home on time.
- For homeowners:**
- If you expect trick-or-treaters, turn on outdoor lights and prepare your



- lawns, steps and porches by removing anything that could be a tripping hazard.
- Use only battery operated lights for jack-o'-lanterns. No open flames!
 - Secure all pets inside the house to avoid contact with trick-or-treaters.
- For motorists:**
- Drive slowly in residential areas. Watch out for children darting from behind and between parked cars.
 - At night, watch for children in dark clothing walking down the road, in the shoulder of the road or on the median.
 - Watch carefully for trick-or-treaters when backing vehicles out of driveways.

Lecture about WWII women pilots to be held Nov. 10

World War II Valor in the Pacific National Monument will hold an “After Dark in the Park lecture” at 6:30 p.m. Nov. 10 about women pilots during World War II. This is free and open to the public. Author and historian Vera Williams will discuss her book “WASPs: Women Airforce Service Pilots in WWII.” The National Park Service will host the event for a closer look into an often-overlooked contribution to World War II, the use of women pilots in the war. According to the National Park Service, 1,074 women earned their wings flying for the Army Air Force and became the first women ever to get behind the controls of American military aircraft to

fly non-combat missions. Women Airforce Service Pilots (WASPs) contributions to the success of the war were unprecedented at a time when women were not considered equal. Author and historian Williams interviewed more than 200 WASPs to shed a light on this subject and to share the stories and sacrifices these women made. Williams is the daughter of a WWII Army Air Corps veteran and said that the sacrifices of her mother as a military wife have been influential. The event is free and open to the public. Due to limited seating, RSVP to Amanda Carona at 423-7300, ext. 7048.

ASBP blood drive schedule

Currently scheduled Armed Services Blood Donor Program drives include:

Oct. 29 and 30, 8 a.m. to 1 p.m., Marines CLB 3 Kaneohe Bay, building 1044, Marine Corps Base Hawaii.

Nov. 6, 9 a.m. to 1 p.m., Naval Computer and Telecommunications Area Master Station NCTAMS Gym, 500 Center St., Wahiawa.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

WHO SAID IT?

“Without music, life would be a mistake.”

Last Week's
WHO SAID IT?

“Fortune befriends the bold.”

Emily Dickinson

This Week's Trivia

On Oct. 21, 1942, the head nurse at Hickam Hospital became the first woman to be awarded a Purple Heart. Who was she and why did she receive it?

Last Issue's Question:

What is the naval origin of the widely used term “clean bill of health?”

Answer:

The term has its origins in the document issued to a ship showing that the port it sailed from suffered from no epidemic or infection at the time of departure.