

Navy in Hawaii wins top prize for energy

Navy Region Hawaii Public Affairs

Joint Base Pearl Harbor-Hickam was the big winner Wednesday in a ceremony at the U.S. Navy Memorial in Washington, D.C. recognizing commands that are leading the way in energy security.

Capt. Jeff James, joint base commander, and teams from Hawaii were on hand to receive the Secretary of the Navy (SECNAV) Energy and Water Management Award.

Secretary of the Navy Ray Mabus recognized select commands for leading the Department of the Navy in reducing energy and water consumption, increasing use of renewable energy sources and constructing sustainable facilities, all while maintaining mission readiness.

“These awards demonstrate the progress that we have made in the last three and a half years to change the way we think about and the way we produce and use energy,” Mabus said. “We are working towards these energy goals to help us become a more effective military force to help us accomplish the mission that the nation gives us.”

Navy leaders have shown how renewable



U.S. Navy photo

Secretary of the Navy Ray Mabus announces energy and water management awards at an Oct. 3 ceremony at the U.S. Navy Memorial.

energy saves lives on the battlefield and provides independence from foreign sources of energy.

Hawaii leads

As SECNAV Platinum Command Award winner, Joint Base Pearl Harbor-Hickam is authorized to fly the SECNAV Energy Flag for one year. There is also a cash award of \$45,000.

The USS Paul Hamilton (DDG 60) was honored with Platinum level status for afloat commands and will receive a \$5,000 award.

Also earning recognition

were the Pacific Missile Range Facility, receiving Gold level of achievement, and the USS Hopper (DDG 70), awarded Blue level of achievement.

“Congratulations to everyone — past and present, ashore and afloat — who earned this tremendous recognition,” said Rear Adm. Frank Ponds, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific. Pearl Harbor-Hickam, USS Paul Hamilton, PMRF and USS Hopper are commended for

strong leadership, commitment and advocacy for energy and water management. I am extremely proud that the honors we received recognize our 'one team' – both the installations and the waterfront.”

Among the accomplishments leading to JBPHH winning the 2012 SECNAV Energy and Water Management Award include reducing energy consumption by 18 percent in the first year of FOC [full operational capability], constructing photo-

voltaic systems at five JBPHH facilities and at the Pacific Missile Range, and conducting more than \$6.5 million in energy and water efficiency projects in fiscal year 2011.

The JBPHH energy team is comprised of Katie Ramirez and Amy Nishijima, installation energy managers, who are also part of the Naval Facilities Engineering Command Hawaii, as well as building energy monitors who conduct weekly audits of energy usage.

“This is a truly a team award, and represents the collective efforts of every command and individual across the entire joint base,” said Capt. Jeffrey James, commander of Joint Base Pearl Harbor-Hickam, after first being notified of the award

“The sheer size and diversity of this base — ranging from SEAL Delivery Vehicle Team One on the Pearl City Peninsula to the Hawaii Air National Guard on Hickam to the Naval Communications/Telecommunications Area Master Station at Wahiawa Annex, and everything in-between—make this recognition all the more meaningful,” he said.

“I couldn’t be prouder to be associated with the outstanding military service members, DoD civilians and families residing onboard JBPHH. It is their commitment and willingness to go the extra mile that make achievements like this possible. As you drive by the flagpole at the JBPHH HQ building and see the SECNAV Energy Award flag proudly waving in the warm trade winds, you can rightly feel a sense of satisfaction knowing that you helped put it there,” James said.

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Frigate USS Reuben James heads out on last deployment

MC2 Tiarra Fulgham

*Navy Public Affairs
Support Element West,
Det. Hawaii*

The Oliver Hazard Perry class guided-missile frigate USS Reuben James (FFG 57) departed Joint Base Pearl Harbor-Hickam for one last independent seven-month deployment to the Western Pacific Oct. 3.

The ship and crew will operate forward to strengthen partnerships and alliances in the Western Pacific and provide maritime security near vital sea lanes.

“We are going to get better, we are going to be doing a lot of training,” said Johannes Gonzales, command master chief. “We want our Sailors to depart the Reuben James and go to the different commands and ships on the waterfront and hold our name proud.”

The ship has deployed multiple times to the Western Pacific and Eastern Pacific since its commission supporting both Maritime Intercept Operations (MIO), Operation Enduring Freedom and counter drug activities. She has also participated in multiple exercises including Rim of the Pacific (RIMPAC),

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U.S. Navy photo by MCSN Diana Quinlan

Sailors aboard the guided-missile frigate USS Reuben James (FFG 57) handle the lines in preparation for a departure on a final seven-month deployment from Joint Base Pearl Harbor-Hickam. Reuben James is scheduled to be decommissioned during the summer of 2013.

Ship named after War of 1812 Sailor

USS Reuben James (FFG 57) has ties to the War of 1812, which commemorates its bicentennial this year.

Reuben James, homeported at Joint-Base Pearl Harbor-Hickam, is an Oliver Hazard Perry class frigate named after a hero in the Barbary Wars against piracy, who saved the life of Lt. Stephen Decatur.

Boatswain’s Mate Reuben James went on to fight in the War of 1812.

FFG57 is the third ship to hold the name Reuben James.

The Oliver Hazard Perry class of frigates is named after the American Commodore Oliver Hazard Perry, the hero of the naval Battle of Lake Erie in the War of 1812.



U.S. Navy photos by MC3 Sean Furey

(Left) Medal of Honor recipients Harold Fritz, Leo Thorsness and Thomas Hudner salute the Medal of Honor Wreath.

Congressional Medal of Honor memorial stone dedicated

MC2 David Kolmel

U.S. Pacific Fleet Public Affairs

52 of the 81 living Congressional Medal of Honor recipients gathered at the National Memorial Cemetery of the Pacific (Punchbowl), Oct. 3 for a ceremony to dedicate a memorial stone.

The stone is dedicated to the men and woman who have received the Congressional Medal of Honor. The stone will later be placed on the cemetery’s memorial walk.

“Well that’s a very prominent spot, so I think it’s a recognition of their special service,” Congressional Medal of Honor recipient Tom Kelley said.

To the people that received the Congressional Medal of Honor, the stone represents the struggles of war and the bravery of the service members who served the country.

“(The stone) I know what it repre-

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U.S. Navy photos by MC3 Sean Furey

The Medal of Honor Memorial Stone is unveiled during the ceremony.



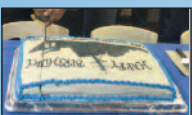
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No obstacle too big for Wounded Warriors
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13th Air Force inactivates, merges with PACAF

PACAF Public Affairs

The 13th Air Force, headquartered at Joint Base Pearl Harbor-Hickam, inactivated Sept. 28, in a ceremony which celebrated its 70-year history of supporting the Pacific region.

The operational roles and responsibilities of 13th AF will be assumed by Pacific Air Forces, making the command an operational component MAJCOM headquarters, or a C-MAJCOM.

These roles and responsibilities involve planning and executing airpower operations across the Asia-Pacific region — excluding the Korea theater — across the range of military operations, from peacetime engagement to major combat operations.

The transition will be seamless as the 13th AF and PACAF staffs have worked side-by-side throughout the past year in order to prepare for this merger.

“Our commitment to the region remains steadfast,” said Lt. Gen Ted Kresge, formerly the 13th Air Force commander and now the PACAF vice commander. “The joining of 13th AF and



(Left) Gen. Herbert J. “Hawk” Carlisle, commander, Pacific Air Forces, furls the 13th Air Force flag during the inactivation ceremony of the unit Sept. 28 at Joint Base Pearl Harbor-Hickam. **U.S. Air Force photo by Edward S. Foster** (Right) Lt. Gen. Stanley T. Kresge, former 13th Air Force commander, passes the guidon to Gen. Herbert J. “Hawk” Carlisle, Pacific Air Forces commander, to signify relinquishing his command during the 13th Air Force inactivation ceremony Sept. 28. **U.S. Air Force photo by Master Sgt. Victoria Meyer**

PACAF not only ensures an effective response in a crisis, but also facilitates increased trust and interop-

erability with allies and partners.”

The inactivation of 13th AF is a part of an Air Force

initiative calling for the inactivation of three numbered air forces and the consolidation of their duties

to other units. In addition to the inactivation of 13th AF, 19th AF at Joint Base San Antonio-Randolph,

Texas, and 17th AF at Ramstein Air Base, Germany, inactivated earlier this year.

Navy to commission guided-missile destroyer Michael Murphy

Department of Defense Public Affairs

NEW YORK (NNS) – The Navy will commission the newest guided-missile destroyer, Michael Murphy (DDG 112), Oct. 6, during a 10 a.m. EDT ceremony at Pier 88 in Manhattan, N.Y.

The ship will be homeported at Joint Base Pearl Harbor-Hickam, which is also the location of its namesake's former command.

"It's truly an honor for all of us that are part of this initial crew to not only bring this great warship into the Fleet, but to also do our part in upholding the legacy of Lt. Murphy and his 18 additional Operation Red Wings teammates that gave the ultimate sacrifice," said Cmdr. Tom Shultz, commanding officer of PCU Michael Murphy (DDG 112).

Shultz and many of the 280-person crew have trained in Bath, Maine, for close to a year to safely sail the ship away and begin their transit to the ship's future homeport of Pearl Harbor and also the location of Lt. Murphy's former command, SEAL Delivery Vehicle Team 1.

The newest destroyer honors Navy SEAL (Sea, Air, Land) Lt. Michael P. Murphy, who was posthumously awarded the Medal of Honor for his heroic actions during Operation Red Wings in Afghanistan June 28, 2005.

Murphy led a four-man team



U.S. Coast Guard photo by Petty Officer 2nd Class Erik Swanson
The guided-missile destroyer Pre-Commissioning Unit (PCU) Michael Murphy (DDG 112) makes its way through New York Harbor in preparation for its commissioning Oct. 6.

tasked with finding a key Taliban leader in the mountainous terrain near Asadabad, Afghanistan, when they came under fire from a much larger enemy force with superior tactical position.

Mortally wounded while exposing himself to enemy fire, Murphy knowingly left his position of cover to get a clear signal in order to communicate with his headquarters.

While being shot at repeatedly, Murphy calmly provided his unit's location and requested immediate support for his element. He returned to his cover

position to continue the fight until finally succumbing to wounds.

Secretary of the Navy Ray Mabus will deliver the ceremony's principal address. Maureen Murphy will serve as sponsor of the ship named for her late son. The ceremony will be highlighted by a time-honored Navy tradition when she gives the first order to "man our ship and bring her to life!"

"This ship honors the courage, service and sacrifice of Lt. Michael Murphy, his Red Wings brothers, fellow SEALs, special operators and service

members around the world who answer the call of duty every day," said Mabus.

"It is absolutely fitting that the USS Michael Murphy bears a SEAL trident on her crest because, much like Michael and every Navy SEAL who has earned the honor of wearing the trident, this ship is designed to counter threats from above and below the surface of the oceans, in the air and on land."

Designated DDG 112, Michael Murphy is the 62nd Arleigh Burke-class destroyer, capable of conducting operations from peacetime presence

and crisis management to sea control and power projection. Michael Murphy is capable of fighting air, surface and sub-surface battles simultaneously and will contain a myriad of offensive and defensive weapons designed to support maritime warfare.

"USS Michael Murphy, the most flexible, lethal and multi-mission capable ship of its kind, represents the backbone of our surface combatant fleet," said Adm. Jonathan Greenert, chief of naval operations. "It is one of the best destroyers in the world. This ship will operate forward around the globe, assuring allies, projecting power and defending our nation. And, like its namesake Lt. Michael Murphy, this ship will serve to protect, influence and win in an era of uncertainty."

Cmdr. Thomas E. Shultz, a native of El Cajon, Calif., is the commanding officer of the ship and will lead the crew of 279 officers and enlisted personnel.

The 9,200-ton Michael Murphy was built by General Dynamics Bath Iron Works. The ship is 509 feet in length, has a waterline beam of 59 feet, and has a navigational draft of 31 feet.

Four gas turbine engines will power the ship to speeds in excess of 30 knots. The commissioning ceremony will be live at www.livestream.com/usnavy and the conversation can be joined on Twitter with the hash tag #MURPH.

747 Communications Squadron earns Air Force-wide award



U.S. Air Force photo by Michael J. Pausic

From left, S. Sanford Schlitt (chairman of the board, Air Force Association), Tech. Sgt. Michael Langer (747 Communications Squadron (CS)), Tech Sgt. Matthew Henderson (747 CS), Staff Sgt. James Goodman (747 CS), Lt. Col. Dave Hillman (747 CS/CC) and Gen. Hawk Carlisle (commander, Pacific Air Forces) are on hand as the Citation of Honor Award is presented at a Sept. 17 ceremony to the 747 Communications Squadron (CS) located at Joint Base Pearl Harbor-Hickam. The 747 Communications Squadron is only the second "cyber unit" in the Air Force to receive this award and the first in 30 years to obtain such recognition.

Makahiki tomorrow at Hickam Beach

Grace Hew Len

Joint Base Pearl Harbor-Hickam
Public Affairs Director

Joint Base Pearl Harbor-Hickam (JBPHH) will celebrate *Kapuai'kaula Makahiki* from 9 a.m. to noon Oct. 6 at Hickam Harbor Beach.

Military and civilian personnel, their families and sponsored guests are invited to observe *makahiki*, an ancient Hawaiian celebration known as a "Hawaiian Thanksgiving."

The free event is organized by the Oahu Council of Hawaiian Civic Clubs, in partnership with JBPHH.

Families are invited to bring their beach chairs and mats to enjoy the festivities and take part in *makahiki* games, such as *o'o* (spear throwing) and

'ulu maika (stone rolling). Winners will receive homemade kahili or feather standard, as prizes and compete for the "grand champion" plaque.

Before the *makahiki* begins at 9 a.m., paddlers in canoes carrying the Hawaiian deity, Lono, will make a journey from Iroquois Point to Hickam Harbor. Once near shore, the blast of the *pu* (conch shell), will announce their arrival, ushering the start of the *makahiki* with a procession from the beach to the *makahiki* site in the grassy area near Sam Choy's Seafood Grille.

In ancient Hawaiian history, Lono was the embodiment of peace and welfare, and all warfare was strictly forbidden during the time of *makahiki*. The focus on health and welfare made games of skill that tested

a healthy body and mind a focal point of the *makahiki* games.

For more than 2,000 years, the significance of Lono and his contributions to the beliefs and practices of the early Hawaiian people influenced the celebration of events held during *makahiki* festivals throughout the Hawaiian Islands.

According to the ancient calendar of Hawaii, the Hawaiian new year begins on the first night of the rising star constellation *Makali'i*, or Pleiades. The four months following the rise of the *Makali'i*, from October to the end of January, were set aside as a time for Lono to give thanksgiving for the bounty of land and sea.

For more information, contact the JBPHH public affairs Office at 473-2926.

Commissaries announce Columbus Day hours

In observance of Columbus Day on Oct. 8, the Pearl Harbor Commissary store hours of operation will be 9

a.m. to 5 p.m. The Hickam Commissary will be open from 8 a.m. to 6 p.m. on the holiday.

For more information,

call the Pearl Harbor Commissary at 471-8402, ext. 101 or the Hickam Commissary at 449-1363.

Recon Marines wrap up final qualifications with dive in unique territory

Cpl. John Robbart III

15th Marine Expeditionary Unit

Select reconnaissance Marines from Reconnaissance Platoon, Battalion Landing Team 3/5, 15th Marine Expeditionary Unit, and Force Reconnaissance Platoon, 15th MEU, dived in to a unique opportunity to honor the fallen and to start the western Pacific 12-02 deployment, Sept. 17-24.

The swift, silent and deadly divers used the time to sharpen their skills and qualify for some of the unique missions the Marines could be called upon to conduct during the deployment. They viewed the USS Arizona Memorial from an exceptional vantage point and simultaneously earned an open-circuit dive qualification. An open-circuit dive is similar to recreational diving since the Marines use compressed air tanks.

The Force Reconnaissance Platoon acts as a direct action element for the MEU commander, while the BLT’s Reconnaissance Platoon pro-



U.S. Marines photo by Cpl. Bobby Hunt

Reconnaissance Marines with the 15th MEU swim to the USS Arizona during a qualification dive at Pearl Harbor, Sept. 19.

vides amphibious reconnaissance capabilities to the BLT commander.

“The dive gave us an appreciation of the monument and gave us a chance to pay our respects to those who gave the ultimate sacrifice,” said Capt. Drew A. MacDougall, platoon commander, Reconnaissance Platoon, BLT 3/5, 15th MEU.

The USS Arizona has been at the bottom of Pearl Harbor

for more than 70 years. Approximately 1,000 members of the crew died on the USS Arizona, several of whose remains are still inside the skin of the ship to this day.

“This was really a once in a lifetime opportunity,” said Staff Sgt. Roland C. LeBlanc, assistant platoon sergeant, Reconnaissance Platoon, BLT 3/5, 15th MEU. “We were all very excited to go

and experience something like this. It was the best way to start a deployment,” added the 28-year-old native of Chicago.

A military dive qualification requirement is needed in order to dive around the monument, and only a couple hundred people have ever dove down there, said MacDougall.

“It was a real honor and privilege to be able to dive it,”

said Gunnery Sgt. Brent M. Wright, platoon sergeant, Reconnaissance Platoon, BLT 3/5, 15th MEU. “It was very humbling to see all of the history [behind the monument].”

After the dive, the platoons’ leadership gave a history lesson covering the events surrounding the sinking of the USS Arizona. The class took place inside the national monument, which is open to the public, and they impressed upon them the magnitude of diving at the memorial.

“I am truly honored to have been a part of this dive. It was one of the best experiences I’ve ever had,” said Cpl. Bobby D. Hunt, reconnaissance Marine, Reconnaissance Platoon, BLT 3/5, 15th MEU. “Over the course of the week, we were able to refine our standard operating procedures before joining the rest of the MEU for the deployment,” added the 20-year-old native of Enterprise, Utah.

In addition to qualifying at the memorial, the teams also qualified on the windward side of the island at Kaneohe Bay on Marine

Corps Base Hawaii.

“We spent the week confirming and expanding the dive capabilities that BLT Recon and Force Recon provide to the MEU,” said MacDougall. “Over the course of the week, we conducted two 500-meter swims and two 1000-meter swims at day and night. We also conducted a final exercise, practicing infiltration and exfiltration,” added the 28-year-old native of Newport R.I.

Exercises such as this cannot be conducted without the assistance of other units. To help make the training possible, the Marines were supported with gear and boats from 4th Force Reconnaissance Company at MCB Hawaii. Mobile Dive Salvage Unit 1 in Pearl Harbor and the National Park Service assisted the Marines by guiding them around the monument.

The 15th MEU is currently embarked as part of the Peleliu Amphibious Ready Group, while they serve as the nation’s rapid-response sea-based Marine Air Ground Task Force for western Pacific Deployment 12-02.

MOH

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sents, and to me that’s the most important thing,” Congressional Medal of Honor recipient Hiroshi Miyanura said. “It’s quite an honor to have people recognize the Medal of Honor for what it is.”

For the active duty service members who attended the service, it gave them a chance to honor those members who have preceded them and it reminds them why they joined.

“This is just a subtle reminder for me of why I joined the military, and what it is I am fighting for,” said Marine Cpl. Kyle Cummings, with Combat Logistics Battalion 3.

There are 32 people who are buried in Punchbowl who are Congressional Medal of Honor recipients.

The Congressional Medal of Honor is the United States of America’s highest military honor, awarded for acts of valor above and beyond the call of duty.

The event is part of a weeklong celebration to honor the recipients of the Congressional Medal of Honor throughout the Honolulu area.



Medal of Honor recipients pose for a photo during the Medal of Honor Memorial Stone Dedication Ceremony Oct. 3 at the National Memorial Cemetery of the Pacific (Punchbowl).

(Far left) Ken E. Stumpf, recipient of the Medal of Honor, talks with Kimberly Joyce Bayudan from Farrington High School Junior Reserve Officer Training Command. (Right) Donald “Doc” Ballard (left) and George “Bud” Day, both recipients of the Medal of Honor, attend the Medal of Honor Memorial Stone Dedication Ceremony.

Utah Memorial will be closed through Oct. 31

The USS Utah Memorial located on Ford Island at Joint Base Pearl Harbor-Hickam will be closed for renovations through Oct. 31. The closure began Oct. 1.

The work includes the recycling of three existing ramps replacing them with a new concrete ramp, the installation of wire cables between existing rails, repainting the Memorial deck and various landscape

improvements.

Completion of the project will bring the memorial into compliance with the Americans with Disabilities Act.

All equipment, supplies and labor associated with the USS Utah Memorial renovation are donated to the National Park Service as part of an Eagle Scout Service Project from Troop 180 of the Aloha Council.

Reuben James

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Cooperation Afloat Readiness and Training (CARAT) and Koa Kai.

“Reuben James has worked very hard to prepare to deploy, everything we’ve asked them to do, they have answered the call and now they will answer the call of their nation as we sail over the horizon and say farewell

to our family and friends,” said Cmdr. Daniel Valascho, commanding officer of Reuben James. “I’m proud of them all and I know they are excited to participate in the ships final deployment before decommission.”

Gonzales said it’s a special time and it has been challenging but the Sailors have worked very hard preparing to get her underway.

FFG 57 is the third Navy ship to have the name Reuben James. The first ship was DD 245, which was sunk during World War II, and the second was DE 153, decommissioned in 1947.

The Reuben James was commissioned March 22, 1986 and is scheduled to be decommissioned during the summer of 2013.

Pearl Harbor-Hickam*Highlights*



(Left) Members of the graduating Department of the Navy guard class for Joint Base Pearl Harbor-Hickam take their oath of service Sept. 28 at a hangar at Pacific Aviation Museum. Contract guard services transitioned to the government effective Sept. 30 at the joint base.

U.S. Navy photo by CW03 Thomas Muehlhauser



(Right) A Department of the Navy guard takes over duty at Joint Base Pearl Harbor-Hickam from a Hana Group guard at midnight Sept. 29. Contract guard services transitioned to the government effective Sept. 30 at the joint base.

U.S. Navy photo by CW03 Thomas Muehlhauser



(Left) Sailors from Pacific Missile Range Facility and veterans participated in a recent Native American Kauai Powwow on the island. The event included a blessing of the grounds and a grand entry. During the ceremony, the arena is filled with dancers wearing their grand regalia.

Photo courtesy of Pacific Missile Range Facility



(Right) Senior Airman Christopher Rainwater and Airman 1st Class Breanna Soutra, 647th Security Forces Squadron, participate in a National POW/MIA Recognition Day run Sept. 20 on Joint Base Pearl Harbor-Hickam.

U.S. Navy photo by David D. Underwood, Jr



(Above) Aviation enthusiasts tour a static C-17 Globemaster III at the 2012 Kaneohe Bay Air Show at Marine Corps Base Hawaii.

U.S. Air Force photo by Senior Airman Lauren Main



(Below) The Pacific Air Forces C-17 Globemaster III demonstration team performs a demo at the 2012 Kaneohe Bay Air Show at Marine Corps Base Hawaii, Sept. 29. The demonstration team performed a short-taxi landing with reverse thrust engines as well as other maneuvers which make the C-17 the most capable cargo aircraft in the world.

U.S. Air Force photo by Senior Airman Lauren Main

Chung-Hoon commemorates eight years afloat with birthday celebration

Ensign Augustus Karisch

SOUTH PACIFIC – Sept. 18, 2012 marked the eighth anniversary of the commissioning of USS Chung-Hoon (DDG 93).

Her crew celebrated with a birthday cake and a program that included personal anecdotes from three Sailors and an original poem from two more, along with a brief history lesson and an inspirational speech from Cmdr. Justin Orlich, Chung-Hoon’s commanding officer.

Chung-Hoon is named after Rear Adm. Gordon P. Chung-Hoon, who graduated from Punahou School and later became the first graduate of the United States Naval Academy of Hawaiian ancestry. Chung-Hoon commanded USS Sigsbee (DD 502) during World War II, fighting in the Pacific theater and ultimately earning a Silver Star and Navy Cross.

Chung-Hoon’s motto is “Imua e na koa kai” (Hawaiian for, “Go forward sea warriors”) and the ship strives to provide its young Sailors with extraordinary opportunities to excel.

Logistics Specialist Second Class, Krystal Spencer made the point that, “Many of us get to the ship as teenagers who don’t know a whole lot about the world. Chung-Hoon gave me a place to grow up into a better woman and Sailor.”



Photo by PS3 Domicia Humphries

Crew members celebrate the eighth anniversary of the commissioning of USS Chung-Hoon (DDG 93).

Quartermaster Third Class, Christopher Brock spoke about the pride and sense of accomplishment he felt at being able to finally strike a rate after arriving as an undesignated Seaman.

“It’s a pretty big deal for us [undesignated Seamen] to pick a rate, pass the advancement exam, and put on Third Class,” he said. “It wouldn’t have been possible without

the great leadership and crew of this ship.”

The crew honored its namesake and celebrated serving on “Hawaii’s Destroyer.” “The crew takes a lot of pride in the opportunity to serve aboard a ship commemorating a war hero like Rear Adm. Chung-Hoon, especially one tied so closely to its heritage here in Pearl Harbor,” Ensign Travis Leary said.

USS Russell welcomes Army Soldiers as visitors

Lt. Jada Johnson

Operations Officer

USS Russell (DDG 59) recently went green (and purple) with a visit from Army Soldiers of 1st Platoon, Delta Company, 25th Infantry Division from Schofield Barracks.

The platoon spent the morning touring Russell, a ballistic missile defense destroyer homeported in Pearl Harbor at Joint Base Pearl Harbor-Hickam, to get an understanding of the U.S. Navy’s at-sea capabilities.

Lt. Suneal Chandran, Russell’s training officer, led the platoon throughout the ship,

focusing on the bridge, topside spaces and combat information center.

The highlight of the tour was “definitely the guns,” said Chandran, “they were extremely interested in our firepower.”

Members of a heavy weapons platoon (part of a light infantry battalion), the Soldiers were most intrigued by Russell’s warfighting capabilities.

“Tomahawk missile operator sounds like a pretty cool job, even if you never get to fire them!” said 2nd Lt. Grue, the platoon leader.

The tour provided an excellent opportunity for 1st Platoon and Russell crewmembers to interact and learn about one another’s respective services.



Hidden treasures abound on USS Crommelin

Lt. j.g. Luke J. Adams

USS Crommelin (FFG 37)
Public Affairs

As crew members secure equipment and offload years of operational gear on the soon-to-be decommissioned USS Crommelin (FFG 37), decades of hidden treasures are emerging, and Sailors are realizing that there is more to their task than just shutting off the power.

“It’s our job to make sure that this ship and the noble missions her crew conducted will never be forgotten,” said Lt. j.g. Blaise Cummo, the ship’s navigator and historical curator.

“Certain things like the ship’s commissioning plaque and the ship’s bell are being sent to Washington, D.C. to

be saved for posterity,” he said.

In addition to the “big ticket” items like the commissioning plaque, Sailors all over the ship are finding artifacts of both personal and historic significance.

“This is the original promotional booklet for the air search radar,” said Electronics Technician Seaman Dane Throop, holding a dog-eared booklet full of bleached color photos and technical expositions. “It’s really cool to find old stuff like this.”

And in the wardroom, they found a rare treasure indeed—a pamphlet from Crommelin’s commissioning ceremony, complete with photos of her first crew members.

“Look at the beards on

those guys,” said Ensign Andrew Jeter, the electrical officer. “A lot has changed since then.”

But while styles and regulations may have changed since Crommelin was commissioned 30 years ago, the Sailors said that one thing has remained constant—their love and care for their ship.

“I’ll always remember this as my first ship, where I went from a green college graduate to an experienced naval officer,” Jeter said. “I’m going to miss this old girl.”

Crommelin, the 28th ship of the Oliver Hazard Perry-class, guided-missile frigates, will finish up her 30 years of commissioned service with a decommissioning ceremony on Oct. 26.

Traffic will be redirected during Saturday’s Making Strides walk

Joint Base Pearl Harbor-Hickam operations

The American Cancer Society will host the annual Making Strides Against Breast Cancer walk from 7 a.m. to 1 p.m. this Saturday, Oct. 6 from Richardson Field to Ford Island.

More than 10,000 people are expected to participate in the

walk to support the fight against breast cancer.

The five-mile route will start at Richardson Field, cross the Adm. Clarey (Ford Island) Bridge on the North Lane closest to Aloha Stadium, circle the Ford Island runway, cross the bridge again in the north lane, and finish at Richardson Field.

The biggest impact to vehicle traffic on Ford Island will be

between 7 and 8 a.m. The north lane of the Ford Island/Adm. Clarey Bridge (the lane closest to Aiea) will be closed, and traffic will be one-way (outbound only) on the south lane from 7 to 8 a.m.

From 8 to 10:30 a.m., lanes on the bridge will not be closed but the south lane will be contra-flowed to allow for two-way traffic until the event is finished at 1 p.m.

Drivers should be alert for pedestrians throughout the event. Residents on Ford Island should expect delays and redirection by traffic control personnel and posted signs around the airfield.

The right lane of east-bound Kamehameha Highway between the Salt Lake Boulevard lanes will be closed from approximate-

ly 5:30 to 11 a.m.

Honolulu Police Department will be directing traffic at the Ford Island/Kamehameha Highway intersection.

Traffic control personnel will be stationed at intersections on Ford Island to assist walkers and motorists.

Drivers should be cautious of road guards and walkers.

(See related story on page B-6)



Military joins cleanup for National Public Lands Day

Story and photos by
MC3 Dustin W. Sisco

Navy Public Affairs Support
Element West Det. Hawaii

Military service members and other volunteers from Boy Scout and Girl Scout troops celebrated National Public Lands Cleanup Day by volunteering their services Sept. 29 at Ahua Reef

and the Halealoha Haleamau burial platform on JBPHH.

Some of the work completed included pulling or cutting non-native plants, outplanting of native plants and spreading mulch after outplanting has occurred. Outplanting consists of transplanting from a nursery bed, greenhouse or other location to an outside area.

"About 30 percent of coastal wetlands in Hawaii have been destroyed, and the ones that

are left are very degraded, and there's not many native species that remain," said Tiffany Thair, botanist and environmental planner for SWCA environmental consultants. "So today we have some kids pulling pickle weed, which is a non-native invasive plant, and then planting some native Hawaiian species."

At the burial platform, volunteers trimmed the *naupaka* hedge and grass and planted *ti*

leaf to beautify the site.

The volunteers learned about elements of Hawaii's environment, how to preserve and take care of Hawaii's wetlands and the animals that live there.

"One of the primary reasons we do this is because the Navy has a responsibility to be good stewards to the natural and cultural resources under our stewardship," said David Sullivan, the deputy regional

environmental coordinator for Navy Region Hawaii. "Another important reason is to engage the military community and their children, to show them what we're doing as stewards of the environment. Hopefully, we'll inspire them to be good stewards as well."

For more information on how to volunteer or initiate a cleanup, call the Navy Region Hawaii Public Affairs Office at 473-2926.



No obstacle too big for Wounded Warriors

Story and photos by
Randy Dela Cruz

Sports Editor

To see the Wounded Warriors Amputee Softball Team (WWAST) perform, it seems as if everything fits on the team's title except the word "wounded."

Watching the team practice Oct. 1 at Millican Field, Joint Base Pearl Harbor-Hickam (JBPHH), it quickly became clear that the players on the team are proof positive that anything is possible.

The squad was in Hawaii this past week to promote a series of games that it will play against teams from JBPHH and Marine Corps Base Hawaii in January.

For those teams that are looking to take it easy on the visitors, former Marine Lance Cpl. and now WWAST third and first baseman Josh Wege has only one request: "bring it!"

"I think it's a common theme anywhere we play," said Wege, who has been with the team since it began in 2011. "When you think of amputee, it's an ugly word. It means that you're not whole. If I was playing against a team of amputees, I'd be like, 'Hey, let's not try and humiliate them.' But if you think like that, you're giving us an advantage. Bring it on. I can't wait to see what we do with this."

Tom Plant, who is the team's volunteer media representative, holds the same sentiment.

After traveling with the squad, Plant said that he is constantly amazed at what the players can do and has seen other teams playing catch-up ball when they



(Left) Twenty-three-year-old Matias Ferreira, catcher on the Wounded Warriors Amputee Softball Team (WWAST) and former Marine, keeps his eyes on the ball as he connects with a pitch during batting practice at Millican Field. Ferreira and his teammates will be back in January to battle teams from Joint Base Pearl Harbor-Hickam and Marine Corps Base Hawaii. (Right) Josh Wege, a former Marine Lance Cpl. and current third and first baseman for WWAST, makes the long throw from third to first during infield drills at Millican Field. Wege, like Matias, is a double amputee.

underestimate Wege and his teammates.

"That happens a lot," he acknowledged. "The first thing people say is, 'It's nice that they're doing this, but I don't want them to hurt themselves. Then in the second inning, they're going, 'Gosh, they're kind of good.' By the third inning it's like, 'They're going to win.'"

Slugging catcher and former Marine Matias Ferreira was among the WWAST

players who put on a show during batting practice at Millican Field.

Like Wege, Ferreira is a double amputee who is missing both legs from his knees down.

Although Ferreira said that since he can no longer get his hips into his swing, he has adapted his stroke to use more of his upper body strength.

The change didn't appear to cause any problems to his

hitting, as Ferreira, who said he is trying to be more of a line-drive hitter, ricocheted shot after shot off of the left-field fence at Millican.

"Today, I was using a 27-ounce bat," he said. "If I were to pick up a 30-ounce bat, I could hit the ball over the fence without a problem."

According to Plant, the team, which also has players that are missing a hand, an arm and two players with missing right feet, has a col-

lective prosthetic price tag of \$2 million.

However, no amount of equipment is worth the heart and determination of each and every player on the WWAST.

Wege lost both his legs to a blast from a 200-pound improvised explosive device in 2009, while Ferreira suffered the same condition, when he jumped off a building onto a landmine in 2011. Both incidents happened

while they were serving their country in Afghanistan.

From the time of the incident, it took only six months for Wege to step back out onto the ball field.

Wege, who admits that he hit a wall after he got out of the hospital, credits the support from Walter Reed Army Medical Center for helping him adjust to everyday life.

"Just being at Walter Reed is therapy in itself," Wege explained. "It was absolutely a blessing being around guys in similar cases or unfortunately in worse off situations than you are. It's just a matter of working with your brothers and getting better."

Ferreira also benefited from the brotherhood when, during a low period in his life, he got a big boost from Wege.

"I was sitting in bed and Josh comes in, and I'm like, 'I don't want anybody coming in here today,'" Ferreira said. "He came over in jeans, so I couldn't tell. He walks in and says, 'Hey, I'm Josh, I play softball, snowboard and sky-dive.' Then when he showed me his legs, I was even more impressed. Then you have that possibility, you have that hope that you're going to be able to do these things. I don't know how, but I'm going to do them."

The same camaraderie can be seen on the ball field between all members of the WWAST.

Even though the mission can be overwhelming at times, Wege said that he couldn't think of doing anything else.

"I just love playing this game," he pointed out. "Honestly, playing with this team is a humbling experience. It's very rewarding in so many ways."



Online

<http://www.hookelenews.com/> or visit

<https://www.cnic.navy.mil/Hawaii/index.htm>



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Kunia Gallos close out legacy with final title

Story and photos by Randy Dela Cruz

Sports Editor

Over the past few years, the Kunia Gallos have dominated soccer play on base with a core of talented and savvy players that know how to get the job done.

After winning their second consecutive Joint Base Pearl Harbor-Hickam (JBPHH) intramural soccer championship on June 30, the Gallos completed their reign as base kingpins, Sept. 29, by downing the Blue Penguins, 3-1, to win the Summer Soccer League crown at Quick Field, JBPHH.

Kunia team captain Cryptologic Technician (Interpretive) 1st Class Steven Bloom, who has seen the Gallos win five intramural crowns, two summer championships and a RIMPAC title during his tenure, said that while the win was sweet, it's also heartbreaking to know that this was the team's final hooray.

"It's kind of sad you know," said Bloom, who admitted that he might have also seen his playing days on base come to an end. "Now with all the guys leaving, I can't see it continuing with a different team. Plus it takes time away from my wife and kids, so I think this is it."

If Bloom never roams the soccer fields on base ever again, at least he will have the memory of knowing that he left as a champion, but it wasn't easy.

Like in their regular-season meeting on Aug. 25, the Blue Penguins, a team that is mostly comprised of members from the 15th Operations Group, got on the scoreboard first, when striker Ensign Jamie Gaines got behind Bloom and goalkeeper Lt. j.g. Donny George and boot-

ed in a shot for an early 1-0 lead. "I just had poor communication with the goalkeeper," Bloom pointed out. "He was kind of half coming out and I didn't know what he was going to do. We talked about it after-



(Above) Members of the 2012 Summer Soccer League champions Kunia Gallos pose wearing their championship T-shirts after winning the title at Quick Field. The Gallos, who have dominated soccer play on base for the past five years, played their final game together as a team.

(Right) 1st Lt. Leon Hontz of the Blue Penguins soccer team tries to kick the ball through the defense of Navy Diver 3rd Class Brian Ledyard of the Kunia Gallos during the 2012 championship game of the Summer Soccer League at Quick Field.



wards. We couldn't let that happen again."

Although momentum seemed to be with the Blue Penguins after the goal, the tide changed quickly when Cryptologic Technician (Interpretive) 2nd Class Allen Noel delivered a hard shot from the left wing that sailed past the goalie and into the net for a 1-1 tie.

Then, moments later, the Gallos struck again, when Culinary Specialist 3rd Class Christian Diaz navigated his way through a crowded backfield to score on an unassisted shot and put Kunia ahead at 2-1.

"Get past the defender, before he gets to me," said Diaz about what was going through his mind as he approached the goal. "I always stay a step ahead of them, especially on a tight little weave, and there were probably around three or four guys."

The lead stood up through halftime and shortly into the second half, before Diaz struck again to raise the lead to 3-1.

Being up by two goals proved to be plenty, as the Blue Penguins offense went dry following their game-opening goal.

Blue Penguins captain 1st Lt. Daniel Montilla explained that after the goal by Gaines, the team tried to focus on stopping the Gallos, but the plan backfired.

"We starting playing more defensive after that, but they scored two and we were down," he said.

Still, even in defeat, Montilla said that reaching the finals was more than the Blue Penguins ever expected.

"This was so much fun playing with these guys," he stated. "It's funny because our roster is pretty big, but people are on TDYs and missions, and on any given day, we might have seven or 14. Going into this game, we were pretty excited because we're like, 'Oh man, the other guys have played three games, we got a chance.' But they're (Gallos) just solid."

While Bloom, who recently returned from the soccer All-Navy tryouts at Naval Base San Diego, has experienced the top of the hill many times before, for Diaz, the feeling is still new.

Diaz was a member of the SEAL Delivery Vehicle Team-One (SDVT-1) Navy intramural champs three years ago, but had come up empty since then.

"I've missed this feeling," said Diaz, who joined the Gallos midway through the summer season. "To be back with a good team and win a championship, you can't ask for anything else. Whenever you're out here trying to have fun, a championship doesn't hurt."

Photo by Cpl. Reece Lodder



Photo by Cpl. Reece Lodder



U.S. Navy photo by MC2s Daniel Barker



Blue Angels thrill audiences at 2012 Kaneohe Bay Air Show

The U.S. Navy Flight Demonstration Squadron, the Blue Angels, demonstrate choreographed flight skills in F/A-18 aircraft during the 2012 Kaneohe Bay Air Show on Marine Corps Base Hawaii, Kaneohe Bay. Many other aircraft including An Air Force C-130, CH-53E Super Stallion helicopters, AH-1 Cobra attack helicopters and U.S. Marine Corps C-130T Hercules, known as "Fat Albert," performed maneuvers and demonstrations. Thousands of visitors flocked to the air show, Sept. 29 and 30. The free event was open to the public and celebrated the centennial of Marine Corps aviation.

Photo by Cpl. Reece Lodder



Photo by Cpl. Reece Lodder



U.S. Navy photo by MC2s Daniel Barker



NAVFAC Pacific contract award bolsters environmental restoration program

NAVFAC Pacific Public Affairs

Naval Facilities Engineering Command (NAVFAC) Pacific at Joint Base Pearl Harbor-Hickam on Sept. 27 awarded AECOM Technical Services Inc. a cost-plus-award-fee, indefinite-quantity indefinite-delivery contract with a maximum amount of \$85 million for architect-engineer, environmen-

tal, technical and engineering services in support of the Navy's Environmental Restoration Program in the Pacific.

"Our Environmental Restoration Program is a key element upon which we rely to manage our responsibility towards protection and preservation of the environment," said Capt. Pete Lynch, vice commander, NAVFAC Pacific. "The Navy continues to take this

duty to environmental stewardship very seriously as we work to remediate areas on our active bases."

The work may include performing field investigations; analyzing environmental samples; validating and evaluating analytical data; performing human health and ecological risk assessments; providing community relations support; preparing remedial designs; performing construction oversight; and

preparing project reports.

"The Navy's restoration program includes the Installation Restoration Program (IRP) and Munitions Response Program (MRP)," said Karen Sumida, environmental business line manager. "This contract award is essential for the sustainability of these programs as we continue to meet our compliance mandates under the Comprehensive Environmental

Response, Compensation, and Liability Act (CERCLA)."

Work on this contract will be predominantly performed at various Navy and Marine Corps Activities within the NAVFAC Pacific area of responsibility including Hawaii and Guam. Work may include services for other Department of Defense or federal agencies.

The term of this contract is not to exceed five years.

Strong second half leads Thundercats past 17th OWS

Story and photo by
Randy Dela Cruz

Sports Editor

Quarterback Air Traffic Controller Airman Bobby Walker threw for four touchdowns, while the defense stepped up to shutdown the 17th Operational Weather Squadron (17 OWS) in the second half to help the Fleet Area Control and Surveillance Facility (FACSFAC) Thundercats earn a tough 27-14 win in a National Division intramural flag football game Oct. 2 at Ward Field, Joint Base Pearl Harbor-Hickam.

Walker threw scoring strikes of 39, 61, 19 and 10 yards to lead the Thundercats, which had to rally from a 14-13 deficit at halftime.

The first three of Walker's touchdowns passes were caught by Operations Specialist 2nd Class Kelvin Marmolejos, while Air Traffic Controller 1st Class Justin Blackwood punched in the final tally.

"For a little bit, there were some broken plays," Walker said. "But for the most part, whoever is open is going to get the ball."

The Thundercats' first drive of the game appeared to stall after Walker was sacked on third down for an 11-yard loss back to the 17 OWS 39-yard line.

However, on fourth down, Walker went over the top and connected on a clutch toss in the back of the end zone to Marmolejos for six.

"He (Marmolejos) just got loose," Walker said. "I just let it go and usually, a guy like that, he'll go up and get it."

The Thundercats converted their one-point conversion to take a 7-0 lead, but it didn't take long for the 17 OWS to respond.

Led by signal caller Aerographer's Mate 2nd Class Dan Hicks, the 17 OWS began their drive on their own 15 and needed only five plays to march down to the



Air Traffic Controller Airman Bobby Walker, quarterback for the Fleet Area Control and Surveillance Facility (FACSFAC) Thundercats, scrambles while looking for a receiver during the team's National Division intramural flag football game versus the 17th Operational Weather Squadron (17 OWS). Walker threw for four touchdowns to lead the Thundercats past the 17 OWS.

Thundercats 16, before Hicks rushed in for a touchdown.

The extra-point attempt was good to tie the score at 7-7.

Then with the Thundercats back on offense, Walker, following a penalty, took a snap at the 19 before hurling a pass into the direction of Marmolejos.

The toss was overthrown and deflected by the 17 OWS backfield, but instead of falling to the ground the ball was tapped into the arms of Marmolejos, who took the gift and streaked down the right sideline and into the end zone.

"We got a little lucky there," Walker admitted. "It was a poor pass on my part, but sometimes we need a break like that."

The team failed to notch its extra point but still seemed to secure the lead going into the half when the Thundercats defense stood tough and forced the 17 OWS to punt with less than two minutes remaining before intermission.

Instead, three plays into the Cats' drive, Walker was picked off by 17 OWS defensive back Tyler Lundy, a mili-

tary spouse, at the eight-yard line.

Needing to travel 62 yards with only a few ticks on the clock before halftime, Hicks delivered by completing two passes, with the second toss going 43 yards and into the hands of Airman 1st Class Derrick Smith for six points.

The extra point was good as time expired to give the 17 OWS a 14-13 lead at the break.

In the second half, the 17 OWS was stopped on a quick four-and-out and immediately handed the ball over to the Thundercats.

Starting on their own 38, the Thundercats moved to the 17 OWS 10-yard line on two rushes by Walker and pass completions to Blackwood and Operations Specialist 2nd Class Ruffie Salazar.

Then, after a bad snap put the ball back on the 19, Walker delivered another scoring strike to Marmolejos.

Walker rushed in for a two-point conversion to make it 21-14, and then put the game into the hands of the Thundercats defense.

With time running out and forced to pass, Hicks tried to

sneak in a toss to the left sideline, but wound up being intercepted by Salazar, who returned the pick to the 17's 28-yard line.

Two plays later, Walker put the game away on a crossing pattern to Blackwood, who made the catch and scampered into the end zone.

"We killed ourselves," said a dejected Hicks following the defeat. "We played terrible. We're much better than that. If our regular defense was out there I feel like we could beat that team. We'll see. I'm sure we'll get another shot at them."

Yeoman 2nd Class Jarvis Williams, acting head coach of the Thundercats, said that the win confirms the team's dedication, which means practice, doing their jobs and executing.

With the team's fast start this season, Williams said that every game is seen as a step towards the Thundercats' ultimate dream.

"Our hopes and dreams right now is to win the championship," he said. "Me personally, I've never been past the second round. With this team, I'm trying to get to the championship game and win."

New Operation Mahalo honoree named



MA1 Kelly Wilson, accompanied by his wife, Elizabeth, and son, Bryson, receives the Operation Mahalo award.

Story and photo by Brandon Bosworth

Contributing Writer

Master of Arms 1st Class Kelly Wilson, of Commander, Navy Region Hawaii, is the latest recipient to be honored by the Armed Forces YMCA Operation Mahalo program.

"Kelly Wilson has gone above and beyond the call of duty," said Stanley Lum, executive director of Armed Services YMCA of Honolulu, at the Oct. 2 ceremony at Joint Base Pearl Harbor-Hickam.

"He has been called the command's most knowledgeable and effective investigator."

Lum also praised Wilson's role as a mentor to 40 Sailors as well as a volunteer tutor at Pearl City Elementary School.

Operation Mahalo was launched by Paul Brown of Hawaii's Paul Brown Salons in appreciation of the sacrifices made daily by military members and their families. Winners receive a personalized hair and body makeover, as well as dinner and a two-night hotel stay.

Wilson said he did not expect the honor.

"I was shocked," he said. "I knew I was coming here today for some sort of recognition, but I didn't know what."

Wilson and his wife, Elizabeth, hope to take advantage of the free hotel stay before December, when they transfer to a new duty station in Georgia.

As for the makeover, he said his wife would be the one to use it, though she had other thoughts.

"He deserves the pampering," she said.

PEARL HARBOR-HICKAM Maniawa Nanea LEISURE

Morale Welfare & Recreation

DIVE-IN MOVIE

A free movie showing at Pool 2 takes place Friday evening. The movie will begin at sunset. Children under the age of 10 must be accompanied by an adult. FMI: 448-2223.

SNORKELING SHARKS COVE WITH LIBERTY

There will be a free snorkeling trip to Shark’s Cove on the North Shore with liberty on Saturday. Departures are from Beeman Center at 8:45 a.m., Instant Liberty at 9 a.m., Makai Recreation Center at 9:15 a.m. and Liberty Express at 10 a.m. This event is for single active-duty Sailors and Airmen only. FMI: 473-2583.

YOUTH ULTIMATE FRISBEE REGISTRATION

Registration for youth ultimate frisbee begins Monday. The season runs Dec. 2012–Feb. 2013, and games will be played at Richardson Field. The \$65 fee includes jersey, shorts and award. Youth ultimate frisbee is open to ages 10-16. FMI: www.greatlifehawaii.com.

WOMEN’S SURFING CLASS

Hickam Harbor will offer a women’s surfing class at 9 a.m. Oct. 13. Instructors will teach surf history, wave science, etiquette and technique. Participants must be able to swim without a lifejacket. The fee is \$30 per person, and the registration deadline is Oct. 8. FMI: 449-5215.

PRESCHOOL STORY TIME

Preschool story time will be held 9 to 10 a.m., Wednesday, at the Hickam Library. The theme for the day is “show and tell.” FMI: 449-8299.

STAND-UP PADDLEBOARD KAILUA

There will be a paddleboarding excursion to Kailua Beach at 10 a.m., Oct. 13. Departures are from the Outdoor Adventure Center-Fleet Store. The fee is \$24 per person, and transportation, instructions and equipment are provided. The registration deadline is Oct. 10. FMI: 473-1198.

OAHU HIGHLIGHTS TOUR

There will be a tour of Oahu 8:30 a.m.-3:30 p.m. Oct. 11. The tour features the major sights of east and central Oahu, including Hanauma Bay, Pali Lookout and Punchbowl Cemetery. The cost is \$45 for adults, \$40 for children, and free for children ages 2 and under on an adult’s lap. Lunch is included. Departures are from ITT-Hickam office. FMI: 448-2295.

FREE LADIES’ GOLF CLINIC

There will be a free ladies’ golf clinic at 10 a.m., Oct.11 at the Barbers Point Golf Course. FMI: 682-1911.

For more information on events, visit www.greatlifehawaii.com.

Community Calendar

October

5 ~ In conjunction with Fire Prevention Week, the Federal Fire Department (FFD) will promote fire escape planning and practice 11 a.m. to 2 p.m. Oct. 5 at Pearl Harbor Navy Exchange. FFD will also be at the Schofield Barracks Base Exchange, 11 a.m. to 2 p.m. Oct. 10, and at the Kaneohe Marine Corps Base Mokapu Mall, 11 a.m. to 2 p.m. Oct. 11. FMI: Fire Inspector Angela Sanders at 471-3303, ext. 617 or email angela.sanders1@navy.mil.

5-6 ~ Dozens of Medal of Honor recipients will join the public with Gary Sinise and his Lt. Dan Band during a block party 5 to 10 p.m. Oct. 5 in downtown Honolulu, on Nimitz Highway between Smith Street and Nuuanu Avenue. The event is free and open to the public. In addition, more than 50 Medal of Honor recipients will be on hand at two sessions, 9 to 11 a.m. and 11 a.m. to 1 p.m. Oct. 6 at the Hale Koa Hotel for a book signing. Tickets for the event are \$20 and can be purchased online. This event is open exclusively for those who purchase tickets in advance. Only 500 tickets for each session will be sold. FMI: MedalofHonorConvention2012.com.

6 ~ The 2012 “makahiki” at Kapuai’kaula (Hickam Beach) will be held 9 a.m.-noon at Hickam Harbor Beach, Pearl Harbor-Hickam. Families are invited to participate in the free ancient Hawaiian games of skill and experience the educational cultural event. FMI: email patricia.colemon@navy.mil, jeff.pantaleo@navy.mil, or grace.hewlen@navy.mil.

9 ~ The Armed Forces Communications and Electronics Association (AFCEA) Hawaii Chapter monthly luncheon meeting will be held 11 a.m.-1 p.m. at Fort Shafter’s Hale Ikena. The guest speaker will be Maj. Gen. Norman J. Brozenick, Jr. commander, Special Operations Command Pacific. FMI: http://www.afceahawaii.org/program/default.htm.

27 ~ Bellows Boofest will be held 11 a.m.-9 p.m. at Bellows Air Force Station. The event will include a pumpkin carving contest, scavenger hunt, costume contest, trick or treating, spooky story telling, a movie under the stars and “Kiddieland” with the purchase of \$5 wristbands. Activities will also include include bouncers, a water slide, face painting, arts and crafts and a disc jockey. FMI: www.bellowsafs.com.

Movie Showtimes



Total Recall (PG13)

Total Recall is an action thriller about reality and memory. Welcome to Rekall, the company that can turn your dreams into real memories. For factory worker named Douglas Quaid, even though he’s got a beautiful wife who he loves, the mind-trip sounds like the perfect vacation from his frustrating life – real memories of life as a super-spy might be just what he needs. But when the procedure goes horribly wrong, Quaid becomes a hunted man. Finding himself on the run from the police-controlled by Chancellor Cohaagen, the leader of the free world – Quaid teams up with a rebel fighter to find the head of the underground resistance and stop Cohaagen. The line between fantasy and reality gets blurred and the fate of his world hangs in the balance as Quaid discovers his true identity, his true love, and his true fate.

SHARKEY MOVIE THEATER

TODAY
7:00 PM Total Recall (PG-13)

SATURDAY
2:30 PM The Odd Life Of Timothy Green (PG)
4:45 PM The Campaign (R)
7:00 PM Bourne Legacy (PG-13)

SUNDAY
2:30 PM The Odd Life of Timothy Green (PG)
4:45 PM The Campaign (R)
7:00 PM Total Recall (PG-13)

HICKAM MEMORIAL THEATER

TODAY
6:00 PM Sparkle (PG-13)
8:30 PM Hit and Run (R)

SATURDAY
4:00 PM Sparkle (PG-13)
7:00 PM Hit and Run (R)

SUNDAY
2:00 PM Madagascar 3 (PG)



Peleliu Amphibious Ready Group resupplies, relaxes in Hawaii

Story and photo by
Lance Cpl. Timothy Childers

15th Marine Expeditionary Unit

USS RUSHMORE – After spending a week at sea, Marines and Sailors aboard the USS Rushmore, part of the USS Peleliu Amphibious Ready Group, were given a break when they arrived at Joint Base Pearl Harbor-Hickam. Many took the opportunity to relax on Hawaiian beaches or shop for souvenirs before continuing on their western Pacific deployment.

The PELARG left the piers of Hawaii, Sept. 25, after spending a day resupplying, refueling and relaxing. The USS Rushmore, USS Green Bay and USS Peleliu will continue their deployment that began the week before.

“After we depart Hawaii we will head to the western Pacific where we plan to conduct theater security cooperation exercises with foreign nations,” said Maj. Bryan Boyle, executive officer, Combat Logistics Battalion 15, 15th MEU. “Apart from training exercises, we also plan to provide humanitarian assistance with engineering, medical and dental aid to other nations.”



Marines from the 15th Marine Expeditionary Unit watch as the USS Rushmore leaves Joint Base Pearl Harbor-Hickam, a week into the unit's western Pacific Deployment, Sept. 25. The MEU and Peleliu Amphibious Ready Group will continue their deployment, where they plan to conduct theater security cooperation exercises and humanitarian operations.

The servicemembers have a long float ahead of them as they travel thousands of miles west, but many of them are ready and well rested after spending some free-time on the tropical island of Oahu.

“It's nice to have some time away

from work every once in a while,” said Lance Cpl. Christopher Moore, field artillery cannoner, Battery B, BLT 3/5, 15th MEU. “I wouldn't be able to go to Hawaii on my own outside the Marine Corps.

The time we had in Hawaii made

me look forward to future destinations,” added the 20 year-old Columbia, Mo., native.

An important aspect of mission readiness is troop welfare. Even a few liberty stops overseas can raise the moral of shipmates while they

are underway and away from home.

“It's good to have liberty ports. Everyone needs time to relax,” said Lance Cpl. Jeffrey C. Cook, fire direction controller, Battery B, Battalion Landing Team 3/5, 15th MEU. “I'm afforded the opportunity to visit foreign nations that I would normally not be able to go to. It makes the deployment far more enjoyable,” added the 20 year-old Orlando, Fla. native.

Besides being able to unwind, the troops took something more away with them while visiting Hawaii.

“Liberty is a good thing for Marines. Servicemembers are exposed to and learn about different cultures and those cultures are able to see our Marines and Sailors and learn a little about us,” said Boyle, a 41-year-old native of Wilkes-Barre, Pa. “It also gives Marines a chance to relax and decompress from being at-sea for long periods of times.”

After spending the day docked, the Marines and Sailors mustered on board the following morning before the ship pulled away from dock. They were rested, motivated, happy and ready to take on the challenges that awaited them.

Community to walk for breast cancer awareness

MC2 Amanda Dunford

U.S. Pacific Fleet Public Affairs

The American Cancer Society is hosting the fourth annual Making Strides Against Breast Cancer Walk in Hawaii Oct. 6 at Joint Base Pearl Harbor-Hickam.

Registration is also open the morning of the walk, starting at 6:30 a.m. at Richardson Field, with a rolling start from 7 to 9 a.m. on the Ford Island Bridge.

Celebrating its 20th anniversary, the event raises awareness and funds to help end breast cancer by supporting the society's efforts to find cures and support programs and services for all people fac-

ing the disease.

Thousands of local breast cancer survivors, volunteers, businesses and community members will walk the five-mile route from Aloha Stadium to Richardson Field.

Mary Johnson, a registered nurse and breast health educator at Naval Branch Health Clinic Hawaii-Makalapa and Tripler Army Medical Center, supports the walk every year.

“I will be working with other exercise professionals to warm up this year's participants, I have performed this role for the last four years for the making strides effort,” said Johnson. “My passion for combatting breast cancer was born a little over a decade ago when my sister-in-law was

diagnosed with the disease. She received her treatment at Tripler Army Medical Center and I began my journey as a breast cancer navigator. I have cared for several women who have been diagnosed with breast cancer over the past nine years. I have learned an incredible amount of patience, strength and knowledge from them. I walk to honor them and to honor those friends whom I have lost.”

“One in every two women newly diagnosed with breast cancer reaches out to the American Cancer Society for help and support,” explained Milton Hirata, director of communications, American Cancer Society, High Plains

Division - Hawaii Pacific. “An estimated 226,870 new cases of invasive breast cancers are expected to occur among women in the U.S. during 2012, about 2,190 new cases are expected in men.”

Funds raised through the Making Strides Against Breast Cancer Walk enable the American Cancer Society to provide free resources and support to the one in two women newly diagnosed with breast cancer who turn to the society for information and help; to invest in research to find, prevent, treat and cure breast cancer, and to ensure access to mammograms for women who need them.

(How traffic will be affected: page A-6)

ASBP blood drive schedule announced

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP).

Currently scheduled drives include:

Oct. 9, 10 a.m. to 2 p.m., Schofield Barracks Tropics, Schofield Barracks

Oct. 10, 7:30 a.m. to 12:30 p.m., Joint Base Pearl Harbor-Hickam Makalapa Clinic.

Oct. 15, 9-11 a.m., 18th MEDCOM Fort Shafter Flats, 210 Suehiro Rd Bldg. X1510, Fort Shafter

Oct. 16, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.

Oct. 17, 9 a.m. to 1 p.m., 205th MI Battalion, Bldg. 520, Fort Shafter.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

National disability employment awareness event to be held Oct. 25

Navy Region Hawaii
Comptroller
Department

The Navy Region Hawaii Comptroller Department will hold a National Disability Employment Awareness Month event from 10 to 11 a.m. Oct. 25 at Pearl Harbor Memorial Chapel.

The theme of the event is “A strong workforce is an inclusive workforce: what can you do?”

This event's keynote speaker will be Brock McNabb from the Department of Veterans Affairs, Honolulu Veterans Center.

The event will also include information and resources to help organizations build an inclusive workforce.

For more information, call 473-1809.

Bluegrass Hawaii announces spring camp

Bluegrass Hawaii has announced its spring 2013 Bluegrass in the Ko'olaus camp.

The camp is scheduled for April 26-29 at Ho'omaluhia Botanical Garden in Kaneohe.

Bluegrass musicians of all levels, from professional to amateur, will gather for three days of jamming, performances, workshops and a gospel singing session.

Both campers and day-visitors are welcome to attend.

Bluegrass music is typically played on fiddle, banjo, guitar, mandolin, bass fiddle, dobro, autoharp and sometimes ukulele. Amplification is prohibited at Ho'omaluhia and all the music will be acoustic.

For more information, visit www.bluegrasshawaii.com/bluegrassinthekoolaus.html.

Email mikespengel@bluegrasshawaii.com to register for camping.

Tripler hosts its first regional behavioral health summit

Stephanie Bryant

Tripler Army Medical Center Public Affairs

Tripler Army Medical Center hosted its behavioral health summit in the Pacific region, Sept. 13-14.

The 2012 Pacific Region Behavioral Health Summit focused on the theme of “Answering the Call: Addressing the Challenges of Behavioral Health within the Pacific Rim.”

At the summit, Air Force, Coast Guard, Marine, Navy, local hospital and university behavioral health providers gathered together to share knowledge and discuss the latest tactics, strategies, technologies, systems, treatments, processes and services for patient care.

Providers were offered the opportunity to build partnerships between and within the Department of Defense, Veterans Affairs and the community to assist in developing effective behavioral health



U.S. Air Force Tech. Sgt. Michael Holzworth

Col. C.J. Diebold, chief, Department of Psychiatry, Tripler Army Medical Center, participates in a panel presentation addressing how Tripler cares for service members and families behavioral health needs in the Pacific region at the 2012 Pacific Region Behavioral Health Summit, Sept. 13-14, in Tripler’s Kyser Auditorium.

prevention strategies.

Dr. David Brown, chief, Behavioral Health, Pacific Regional Medical Command, opened the summit by discussing the importance of knowledge sharing. Brown said as a child he learned about Hermann von Helmholtz, a German physicist, and his ideas about the creative process.

“As we learn our crafts

and our skills, we saturate ourselves with knowledge,” Brown said. “The knowledge incubates and, after awhile, you have that eureka moment.”

Presentations and discussions were held during the two-day gathering covering areas ranging from resiliency and suicide prevention to post-traumatic stress disorder

and mild traumatic brain injuries.

Brig. Gen. Keith Gallagher, commander, PRMC and TAMC, echoed Brown’s message about the importance of knowledge sharing to combat behavioral health issues.

“Because you are here signifies how important behavioral health is ... (as well as) your desire to effectively treat the vari-

ous diseases that our service members, our families and our veterans are going through,” Gallagher said. “It also signifies your thirst for knowledge.”

“The Army continues to put forth great effort, great intellect and funding in order to mitigate some of the effects of some of the challenges (our military) faces today,” Gallagher added.

Due to the region’s geography, the Pacific has additional challenges obstructing its efforts that other geographic areas of responsibility do not. In an effort to overcome these challenges, PRMC has embraced tele-health and it has become an important resource for providers, especially those who work in behavioral health.

“Tripler really is leading the way in tele-behavioral health,” said Karl Kiyokawa, vice president, Hawaii Operations, TriWest Healthcare Alliance.

“I had an opportunity to observe a pilot program (for

behavioral health) and to sit behind the providers as they did the (video teleconferences). I (also) talked to the Soldiers and the providers. The growth and evolution of (the tele-behavioral health) program is just phenomenal.”

In addition to current services, treatments and technologies, the summit allowed providers to work together to identify areas for future research on the spectrum of behavioral health and its impact on service members, veterans, families, caregivers and health care providers.

As the providers looked to future initiatives, the key focus stays on reaching the beneficiaries who need them.

“When you get injured, shot or blown up, you can see those wounds, but many of our Soldiers are hiding wounds from the tragedies they have experienced and the fighting they have done,” Gallagher said. “What we have got to do is get them to come forward and talk about that with us. Once they start talking about it, the healing begins.”

This Week’s Trivia

What day is recognized as the birthday of the U.S. Navy?

Last Issue’s Question:

When was the U.S. Air Force founded as an independent service, equal in status with the Army and Navy?

Answer:

The Air Force became an independent service on Sept. 18, 1947. W. Stuart Symington took his oath as the first Secretary of the Air Force.

GOT SPORTS

Phone: (808)473-2888

editor@hookelenews.com

WHO SAID IT?

“It follows then as certain as that night succeeds the day, that without a decisive naval force we can do nothing definitive, and with it, everything honorable and glorious.”

Last Week’s

WHO SAID IT?

“I say there is no darkness but ignorance.”

William Shakespeare



Lt. Cmdr
Kathleen A. Elkins

Navy Region Hawaii
Legal Service Office

You have the right to vote!

Service members have a history of greater-than-average participation in elections.

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