

Pacific Fleet continues rebalance as Harris takes command

U.S. Pacific Fleet
Public Affairs

With the USS Arizona and Battleship Missouri Memorials as a backdrop, Adm. Harry B. Harris Jr. relieved Adm. Cecil D. Haney as commander of U.S. Pacific Fleet during a change of command ceremony Oct. 16 at Joint Base Pearl Harbor-Hickam.

“The only thing that makes my departure a little easier is knowing that my good friend and Naval Academy classmate Adm. Harry Harris is my replacement,” said Haney.

“He has had an exceptional career filled with challenging assignments that have more than prepared him to command the Pacific Fleet. He knows the Indo-Asia-Pacific region and fully understands its complexities.”

Haney spoke of those complexities and how the Navy's historic role in the region will continue to promote security, stability, prosperity and peace.

“Our nation today looks to the future as we rebalance to the Indo-Asia-Pacific,” said Haney, who assumed command in January 2012 near the beginning of the rebalance initiative.

“The world watches to see how economically and politically this rebalance will work. We've faced austere economic cycles and political turmoil in the past, but we've maintained a continuous, robust and capable naval presence in the Pacific since World War II.”

“Given the consistent message of our political and military leadership, I can stand



U.S. Navy photo by MCI Amanda Dunford
Adm. Harry B. Harris Jr. has his new shoulder boards placed on his uniform by his wife Bruni Bradley (left) and Linda MacKay.

on firm ground and predict that the U.S. will remain a Pacific power far into the future,” Haney said.

“It has been fantastic to see new capability join this vibrant theater—the new littoral combat ship, Virginia-class submarine, EA-18 Growlers, MV-22 Ospreys and MH-60 Romeo and Sierra helicopters.”

“As excited as I am about our new platforms, I am even more excited about the rebalance of intellectual focus and leadership attention to a region where trillions of dollars of trade flows,” Haney said. “Given the uncertainty in the region regarding friction over sovereignty claims and certain nation state provocations, we must continue to maintain a combat-

ready fleet while working peaceful solutions using existing international norms and multilateral approaches.”

Adm. Samuel Locklear III, commander of U.S. Pacific Command (PACOM), commended Haney on his leadership during challenging times.

“Your strategic vision has set the stage for a new level of engagement, dialogue and consistency inside the PACOM area of responsibility,” said Locklear. “You have really done wonderful things in increasing the coordination and information sharing with our allies, to growing those critical partnerships, and on the Navy making sure the rebalance to the Asia-Pacific was

real and realized.”

Locklear presented Haney with the Distinguished Service Medal. The award highlighted Haney's efforts in achieving an unprecedented level of fleet combat readiness, advancing regional partnerships, and leading the 2012 Rim of the Pacific, the largest multinational naval exercise in modern history.

“This award is more about the hard work and sacrifice of so many outstanding Pacific Fleet Sailors, civilians and family members,” said Haney, who moves on to lead the U.S. Strategic Command in Nebraska. “They are the ones who have earned it and who I sincerely thank for their hard work during my tour.”

After reading orders and



U.S. Navy photo by MC2 David Kolmel
Adm. Cecil D. Haney, commander of U.S. Pacific Fleet, passes through the side boys before being relieved by Adm. Harry B. Harris Jr. during a change of command ceremony on the Pearl Harbor waterfront.

assuming command, Harris thanked the men and women of the Pacific Fleet saying: “What you do on a daily basis is of fundamental importance to our nation's defense. I'm proud to be your commander.”

As the former assistant to the Chairman of the Joint Chiefs of Staff, Harris said he would continue the Pacific Fleet's commitment to the rebalance “with our brothers and sisters” in the Air Force, Army, Marine Corps, Special Operations and Coast Guard. “Our president and secretary of defense are clear,” said Harris. “As a nation, we will rebalance to the Pacific, and we will work closely with our allies and partners in the Indo-Asia-Pacific region.”

Harris is the 34th naval officer to command the Pacific Fleet since it was established in February 1941 with headquarters at Pearl Harbor, Hawaii. He graduated

from the Naval Academy in 1978, is a MIT Seminar 21 fellow, and has attended Harvard's Kennedy School of Government, Georgetown's School of Foreign Service, and Oxford University for East Asia security.

As commander of Pacific Fleet, Harris is responsible for 100 million square miles. Covering more than half the Earth's surface, the Indo-Asia-Pacific region is vital to U.S. economic and security interests. Pacific Fleet maintains combat-ready and forward-deployed naval forces that consist of approximately 200 ships/submarines, 1,100 aircraft and 140,000 Sailors and civilians. Whether called to fight and win or to protect the peace, Pacific Fleet operates alongside allies, partners and multilateral organizations to ensure a stable and secure Indo-Asia-Pacific where all nations can prosper.

Message to Department of Defense personnel from Secretary of Defense Hagel on reopening the government

Department of Defense

WASHINGTON (NNS) – Defense Secretary Chuck Hagel released the following message Oct. 17.

To all DoD personnel:

Today the Department of Defense is resuming normal operations across the world, now that Congress has finally restored funding for DoD and the rest of the federal government. This manufactured crisis was an unwelcome and unnecessary distraction from our critical work of keeping the country safe.

I know that each of your lives has been disrupted and affected in different ways. I regret the impact that this shutdown had on so many of our

civilian personnel, particularly those who I was previously unable to recall from emergency furlough.

Starting today, we will be welcoming all of our civilians back to their normal duties. To those returning from furlough, know that the work you perform is incredibly valued by your military teammates and by me. I appreciate your professionalism and your patience during this difficult period of time, which came on top of last summer's sequestration-related furloughs. Your managers will have more information about this, but I can assure you that you will be paid in full for the time you were furloughed during the shutdown.

Now that this latest budget crisis has come to an end, we have an opportunity to return to focusing on the critical work of this department. Unfortunately, Congress did not end the budget uncertainty that has cast such a shadow of uncertainty over this department for much of the year. In the months ahead, they will have an opportunity to do so. My hope is that they will realize that these kinds of crises do great damage to our people, our national security, our economy and America's standing in the world. Congress has a responsibility to govern, and it must fulfill those basic responsibilities in order to keep our country strong.

Pearl Harbor Visitor Center reopens today

World War II Valor in the Pacific National Monument Public Affairs

The Pearl Harbor Visitor Center will re-open at 7 a.m. today. At that time, tours to the USS Arizona Memorial, access to the museum galleries and regular ticketing operations will resume.

The Battleship Missouri Memorial, Pacific Aviation Museum and the USS Bowfin Submarine remain open. These Pearl Harbor Historic Sites are available via the Richardson Pool shuttle just past the Pearl Harbor Visitor Center. National Park Service

rangers and partner staff are pleased to welcome the many visitors from home and abroad. They are happy to be back at work serving the American people and welcoming visitors to their national parks.

“We are proud to be part of the Honolulu community. Closing this important place for over two weeks has been extremely tough on our business partners, our neighbors, our staff and the many visitors who make a once in a lifetime trip to Oahu,” said Paul DePrey, superintendent of WWII Valor in the Pacific National Monument.

Healthy Base Kick Off today at Ward Field to focus on fitness, food, families

Joint Base Pearl Harbor-Hickam

Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam will host an “Operation Live Well” Healthy Base Kick Off event from 2 to 6 p.m. today at Ward Field.

This free event will focus on new and ongoing programs to help people make healthy choices. The event is open to everyone with base access. Families are invited.

The Healthy Base Kick Off event will also include live music from the Pacific Fleet Brass Band, bounce houses and adult obstacle courses.

There will also be fitness demonstrations and workouts, including Navy Operation Fueling Fitness (NOFFS). Attendees can get body fat measurements,

nutritional and fitness guides and tips.

In addition, there will be 15-minute informational sessions on topics such as:

- Zinc – Fact or Fiction?
- How to Rock Out Without Losing Your Hearing;
- Running Shoe Selection Based on Human Movement;
- Bug Off! Good Repellants that are Safe for Your Family;
- Timing of Fueling – Nutrition Tips for Optimal Workouts;
- The Art of Managing Stress.

The film “Hotel Transylvania” will be shown beginning at 6:15 p.m. Attendees can bring their own beach chairs, blanket and snacks.

Food will be available for purchase. For more information, visit www.greatlifeohawaii.com.

JMSDF submarine arrives



U.S. Navy photo by MC2 Steven Khor
Capt. Harry Ganteaume (left), commodore of Submarine Squadron One, shakes hands with Cmdr. Naozumi Harada, commanding officer of the Japan Maritime Self-Defense Force (JMSDF) submarine JDS Unryu (SS 502), following the submarine's arrival in Hawaii for a port visit on Oct. 15. While in port, the submarine crew will conduct various training evolutions and have the opportunity to enjoy the sights and culture of Hawaii. (See additional photo on page A-5.)

Save Energy

Use ceiling fans for air circulation. In hot weather, set the ceiling fan direction to blow air down. The air moving across your skin creates a cooling effect, allowing you to raise the temperature on your thermostat and still feel cool. In cooler weather, set the fan to blow toward the ceiling. This pushes warm air away from the ceiling and evenly distributes heat in the room.

Hawaii vendors pitch products at ALA Food Show
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Makahiki will be held Nov. 2 at Hickam Harbor Beach
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Pearl Harbor survivor receives final farewell
See page B-1

Pearl Harbor Sailors celebrate Hispanic Heritage Month
See page A-2

Airmen and Sailors receive 'priceless' financial management advice
See page A-6

Hawaii Sailors celebrate Navy's 238th birthday
See page B-3

Pearl Harbor Sailors celebrate Hispanic Heritage Month

Story and photo by MCSA Rose Forest

Navy Public Affairs Support Element West, Det. Hawaii

Sailors at Joint Base Pearl Harbor-Hickam participated in a Hispanic Heritage Month observance celebration Oct. 10 at the Pearl Harbor Memorial Chapel, highlighting the contributions of Hispanics throughout the history of the U.S. Navy.

The event was held as part of the nationally recognized Hispanic Heritage Month, which is observed from Sept. 15 through Oct. 15, dates that encompass the Independence Day anniversaries of Mexico, Chile, Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua.



Pedro Valdez, videographer for Joint Base Television Pearl Harbor-Hickam, speaks to a group of Sailors and civilians at Joint Base Pearl Harbor-Hickam about the history of Hispanics in Hawaii.

The theme for this year's observance is, "Hispanics Leading and Serving Our Nation with Pride and Honor."

Pedro Valdez, who manages Joint Base Television Pearl Harbor-Hickam, provided an overview of the history of Hispanics in Hawaii and the cultural impact they had when they stopped in Hawaii during their ocean voyages.

"These encounters caused the Hawaiians to adopt the red and gold colors of the Spanish flag," Valdez said. "And the Hawaiians emulated the helmets of the conquistadors."

Stavros Papadimitropoulos, who served on active duty in the Marine Corps, shared his personal experiences of being a Latino in the military.

"I am very proud to have served my country as a first generation American. I am Latino and Greek, but I have always considered myself American first. I don't think, in my personal opinion, there is a better place to assimilate into this country than by serving," said Papadimitropoulos.

Today, more than 58,000 Hispanic active duty and Navy Reserve Sailors and 40,000 Hispanic Marines serve in the nation's military. Of those nearly 100,000 service members, seven are flag or general officers and 230 have earned the rank of master chief or sergeant major.

"Hispanics have played a vital role in the moments and movements that have shaped and strengthened our country

since before the Revolutionary War," said Joint Base Pearl Harbor-Hickam Command Master Chief (SW) Brian Ortega.

"Today during Hispanic-American Heritage Month we celebrate and recognize the achievements and contributions of the Hispanic community."

The U.S. Navy has named 12 warships in honor of Navy and Marine Corps Hispanic-American heroes, including the guided-missile destroyer USS Farragut (DDG 99), named in honor of the Navy's first admiral, David Glasgow Farragut, and the guided-missile destroyer USS Gonzalez (DDG 66), named for Medal of Honor recipient Sgt. Alfredo Cantu Gonzalez.

Hawaii vendors pitch products at ALA Food Show

Story and photo by Randy Dela Cruz

Staff Writer

Even in a slow economy, local vendors made the annual trip to the Hawaii Prince Hotel to audition their products at the 16th Annual American Logistics Association (ALA) Hawaii Food Show, which was held Oct. 16.

A total of 67 companies presented a wide variety of products that included local-made items, such as premium coffees, barbecue sauces, ice cream, cookies and other mouth-watering foods, in hopes of introducing their merchandise into the lucrative commissary marketplace.

"We were still able to get 67 companies here," said Hawaiian Sun sales and marketing manager and food show co-chair Mark Honda. "So that shows support from the local community. They are still hungry for business."

Honda also stated that among the businesses, 14

were first timers, and he credited Hawaii's unique culture for the continuous flow of creative products.

"Hawaii is creative because of its diversity," he said. "Thinking of all the creative things they come up with and, lo and behold, look at all of these products that are coming out."

Eyvinne Umemoto, store director of Pearl Harbor Commissary, said that he is always surprised by the number of new foodstuffs are auditioned every year.

Each show seems to highlight a theme or trend, Umemoto said, and this year was no different.

"They are coming out with some healthier products this year," Umemoto pointed out. "Basically, I try to focus a lot of attention on that because a lot of customers are asking for that when they come into the store. gluten-free, sugar-free products, stuff like that."

First-time vendor Calvin Iwashita was among the many companies that featured healthy fare at the food show.



Fred Siaosi, president of Bony Acai, talks to Defense Commissary Agency (DeCA) buyers.

President of JC International, which operates out of Haleiwa, Iwashita said he hopes his variety of meatless meals will make an impact among Defense Commissary Agency (DeCA) buyers.

Made mainly out of soy, Iwashita's products offer healthy alternatives to ground beef and chicken,

which he used in recipes for meatless chili, beef tofu and lasagna, and mock orange chicken.

"Somebody that liked my product told me that they wanted to buy it in the commissary and that's what started [it]," said Iwashita, whose company has been doing business with the local

marketplace for 18 years. "My goal has always been to expose my products to people that are health conscious. I really like to show people how to eat healthier."

The show also featured vendors who offered healthy sweet alternatives.

Onopops was giving it their second try at breaking into the commissary.

The business, run by Joe Welch and Josh Lanthier-Welch, creates frozen treats on a stick that are made locally using organic ingredients.

Flavors include Mexican chocolate, strawberry lemonade, Kona latte, pineapple vanilla and butter mochi.

Kauai Cookies new line includes butter Kauai coffee macadamia nut, butter passion fruit macadamia nut and butter haupia, made

with zero trans fats.

Hawaii Coffee Company, which distributes Lion Coffee, Royal Kona Coffee and Hawaiian Islands Tea, has a new line of java that featured local restaurateur Alan Wong's name.

Sharon Zambo-Fan, ALA Hawaii show co-chair, said that besides offering a lucrative marketplace for local vendors to sell their products, area companies love doing business with the commissary system because of the tremendous support they receive.

Not only is the commissary and exchange good for local businesses, Zambo-Fan said, but the continual commitment to offer service members the most number of choices is a great benefit for military-affiliated families.

Makahiki will be held Nov. 2 at Hickam Harbor Beach

Kapuaikaula Makahiki, an ancient Hawaiian festival of Thanksgiving, will be held beginning at 9 a.m. Nov. 2 at Hickam Harbor Beach.

Guests can participate in ancient games of skill and learn about Native Hawaiian culture and protocol. Families and children are welcomed.

The event is free and open to personnel with base access and their sponsored guests.

For more information, call 473-0662, 473-0369 or 471-1171, ext. 368.

Commentary

Health of the force, taking care of people - get ready!

Rear Adm. Rick Williams

Commander, Navy Region Hawaii and Naval Surface Group Middle Pacific



Rear Adm. Rick Williams

Let's talk about fitness and readiness this week.

The Air Force promotes "FitFamily." The Marine Corps has "Semper Fit." And "Army Strong" is all about mental and physical fitness. Our Department of the Navy offers the 21st Century Sailor and Marine initiative and other services.

These programs help our

service members hone a combat ready force.

Health and fitness programs — including the new Healthy Base Initiative here — are already helping Wounded Warriors, family members, Department of Defense civilians, retirees and other members of our team get and stay healthy.

The health of the force is of concern to our senior-most military leaders. Capturing what we mean when we say "the health of the force" requires a wide net.

Health and fitness involves nutrition, physical activity, tobacco cessation, responsible alcohol use, and good safety habits. It also means confronting sexual assaults, preventing suicides, and otherwise developing skills to deal with adversity and stress.

Despite the significant challenges of sequestration

and shutdown, I see shipmates helping their shipmates. We've made tremendous inroads in reducing the number of alcohol-related incidents Navy-wide. When it comes to sports and physical readiness training, just take a look at the turnout most days before dawn at our world-class fitness centers, at Ward Field and at other facilities on base.

There's one particular area of health and fitness in which I continue to remain focused — making our swimming pools a viable option and keeping them open wherever and whenever possible.

Most Americans can think back, with a smile, about the pools in their town or community. Most of us remember going to pools, especially during the summer, with our family and friends. Our communities

should be no different.

As I've said on previous occasions, swimming pools are more than recreation only. They are "fitness centers," especially for our wounded warriors. They are alcohol-free alternatives for our warfighters and their families. They provide a social venue for students and visitors, and they provide quality of life, physical fitness and readiness training for us all.

It wasn't possible to keep all the pools open or to expand hours over this past summer due to fiscal challenges. But "summer" is year-round here in Hawaii. Thanks to approval from Commander, Navy Installations Command, we are moving forward to reopen two pools, Hickam Pool One and Makalapa Pool.

While it's true we have the ocean and beaches near-

by, there is every reason for us to continue to keep our pools open for eligible beneficiaries, so I'll continue to do the business cases to try to open more pools at our installations.

I will continue to work on keeping our facilities open and providing services as much as we can, and I appreciate your efforts, ideas and innovative approaches to keeping our communities and facilities the best they can be.

The same approach applies to our own individual fitness and health. Let's embrace the opportunities available to us to be stronger and healthier as we hone our physical and mental readiness. Promoting good health and fitness can save money and otherwise have a positive impact on our careers, our shipmates and our families. Get ready!

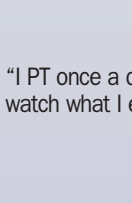
Diverse



What do you do to keep healthy?



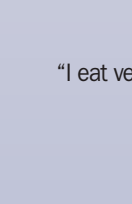
1st Lt. Alessandro Licopoli
7th Engineer Dive Detachment
Eat organic food, drink plenty of water, sleep six hours a night, and daily PT sessions with highly motivated diverse Being healthy is a critical component of effective leadership. You can't lead from the front if you're at home with a cold.



CTTSN Mark Ramirez
NIOC Hawaii
"I PT once a day, try to go for a run. I watch what I eat."



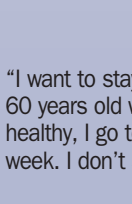
Staff Sgt. Derik Wobbrock
324th Intelligence Squadron
"I'm careful about what I eat, which isn't too difficult since my wife is a dietitian. I also try to run at least every other day or so. Why? Because I feel better and have more energy."



CTR3 Luther Mickey
NIOC Hawaii
"I eat vegetables and work out a lot."



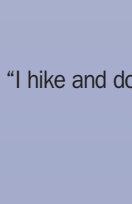
Mabel Wong
Project engineering intern
"I try to eat healthy foods like salads, less rice, and try to drink a lot of water, and not eat a lot of oily foods."



SH1 Abiodun Rahman
USS Halsey
"I want to stay in shape. I don't want to be 60 years old with back pain. I try to keep healthy, I go to the gym three times a week. I don't smoke."



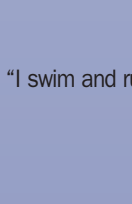
Capt. Kimo Yamashiro
15th Operations Support Squadron
"I try to maintain a healthy balance in my life by working out every day, working hard in the office, and spending quality time with my family every night. Being healthy means finding a happy balance in your life."



Lt. j.g. Kyla Zenan
USS Michael Murphy
"I hike and do sports."



ET3 Dean Bryson
USS Lake Erie
"I take vitamins daily. I exercise any time I can and make sure I'm not eating a bunch of sugar or caffeine."



Ensign Lauren Seebode
USS Michael Murphy
"I swim and run."



Provided by Lt. j.g. Eric Galassi and David D. Underwood

Want to see your command featured in Diverse Views? Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Commentary

What does your 'game face' say about your leadership?

Chief Master Sgt. Leslie Bramlett

15th Wing Command Chief



Chief Master Sgt. Leslie Bramlett

I had the privilege of sitting with an outstanding NCO (noncommissioned officer) recently. The NCO asked for feedback on how to be a better leader.

One of my suggestions centered on a leadership tip that I once received from a general. He was presenting me a memento on stage at the chief recognition ceremony.

While congratulating me, he passed on a word of advice I'll never forget. He pulled me close and said, "Les, you need to smile more." I didn't know it at the time but the general had passed on a powerful leadership tip. His advice to smile was really a

sometimes a furrowed brow and at other times a smile. Each of these are equally important.

I was under the impression that I always needed to show (by expression) how serious I was about the job. For me, at the time, that meant that I had to always have my "game face" on.

Unfortunately, my gameface was that of an intense coach. When I was happy: gameface. Sad: gameface. Angry: gameface. People knew I was serious, but I'm sure they also wondered if I was approachable.

It is tough to earn followership (or leadership opportunities) if approachability is non-existent. Likewise, people won't ask for help if they perceive that you don't care.

One definition of leadership is the ability to inspire,

motivate and direct people to accomplish the mission. Directing is easy; however, inspiring and motivating requires us to rummage through a range of tools that include pulling out a smile.

Maintainers will tell you to use the right tool for the job and make the mission happen. Approachability is one of those tools, and its precursor is oftentimes a smile. A word of caution — approachability and likeability is not the ultimate end goal but a relationship builder to get to the end goal — mission accomplishment. Whether it is flying, fixing or helping Airmen solve challenges, use all of the tools to make it happen. So go ahead, show them your "grill" (smile). You may be surprised at the results.

USS Birmingham assists with fire fighting



U.S. Navy photo courtesy of Wiki Commons

USS Birmingham (CL-62) comes alongside the burning USS Princeton (CVL-23) to assist with fire fighting on Oct. 24, 1944. Shortly before 10 a.m., Princeton was attacked by a lone Yokosuka D4Y, which was called "Judy" by the Allies. The dive-bomber dropped a single bomb, which struck the carrier between the elevators, punching through the flight deck and hangar before exploding. Although structural damage was minor, a fire broke out as a result of the hit. It quickly spread due to burning gasoline and caused further explosions.

HO'okele

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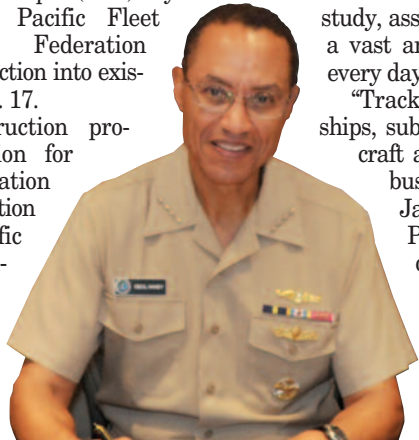
Adm. Haney signs instruction for Pacific Fleet Intelligence Federation

Cmdr. Tony Butera

U.S. Pacific Fleet

Adm. Cecil D. Haney, recent commander of U.S. Pacific Fleet, ushered in a new era for the Pacific Fleet (PACFLT), Naval Intelligence and the Navy's Information Dominance Corps (IDC) by signing the Pacific Fleet Intelligence Federation (PFIF) Instruction into existence on Sept. 17.

This instruction provides direction for the organization and collaboration of the Pacific Fleet's intelligence and cryptologic resources to support the maritime



operational intelligence (OPINTEL) mission of PACFLT.

"Achieving information superiority across the vast Pacific Fleet AOR is a daunting task," Haney said.

"However, the enduring legacy of this federation will support and further enable the cadre of IDC professionals – Sailors, chiefs, officers and civilians – that strive to study, assess and report on a vast amount of activity every day," he explained.

"Tracking adversary ships, submarines and aircraft at sea is our core business," said Capt. James Fanell, the Pacific Fleet's deputy chief of staff for intelligence and information operations. "What is unique about

the PFIF is the collaboration and coordination from Sailors across multiple organizations at various echelons, afloat and ashore, providing the most precise maritime OPINTEL to our afloat forces," he said.

With the origin of the PFIF beginning on the deckplates of the forward deployed naval forces in 2008, the PFIF instruction now formally implements the Pacific Fleet commander's intent to eliminate unnecessary redundancy and improve situational awareness of the maritime domain. The end state is to more effectively and efficiently deliver intelligence to commanders at every echelon operating in PACFLT.

A sense of history has also influenced this effort over the past decade. As the driving force for the PFIF, Fanell has ensured the current generation of naval intelligence and cryptologic professionals understand the heritage and responsibility created out of the devastating attack on Pearl Harbor on Dec. 7,

1941 and the dramatic victory at Midway just six months later.

"Our forebearers at Station Hypo recognized that in order to achieve deep penetration of the adversary, the fleet had to organize its intelligence resources to leverage each and every Sailor's effort to build our tactical awareness of the maritime domain," Fanell said.

"Our federation enables a reconstitution of theater maritime and country-specific experts at the junior officer and senior petty officer level. While our Navy has spent a decade plus at war, mostly ashore and in other parts of the world, the PFIF offers a deckplate solution for supporting the nation's rebalance and its requirement to find ships, submarines and aircraft at sea," he added.

The instruction directs various elements of the U.S. 7th Fleet, U.S. 3rd Fleet and Pacific Fleet-focused IDC shore commands to share intelligence reporting responsibilities and collaborate on various intelligence missions. In an aus-

tere fiscal environment, the PFIF also aligns intelligence activities at all echelons of command, thus providing the commander with a more agile and responsive decision-making cycle.

The instruction also harnesses the output from several Pacific Intelligence Enterprise nodes, such as the Joint Intelligence Operations Center-Pacific, and national intelligence agencies such as the Office of Naval Intelligence in Washington, D.C.

The sharing of tasks and products with PFIF members, DoD and intelligence community partners is the most economical and streamlined approach possible, especially in an era of limited manpower and no infrastructure growth.

Developed from the deckplate up, the performance of the PFIF has gained recognition across the Navy and is now being used as the template for the future of naval intelligence community and its umbrella, Information Dominance Corps.

Adm. Cecil D. Haney, recent commander of U.S. Pacific Fleet, signs instruction for Pacific Fleet Intelligence Federation which provides direction for the organization and collaboration of the Pacific Fleet's intelligence and cryptologic resources to support the maritime operational intelligence (OPINTEL) mission of PACFLT.

Air Force prepares newly minted Senior NCOs with professional enhancement

SrA Christopher Stoltz

Joint Base Pearl Harbor-Hickam Public Affairs

The Air Force's newest master sergeants from across the island of Oahu came to Joint Base Pearl Harbor-Hickam for the Senior Noncommissioned Officer Professional Enhancement (SNCOPE) Course, held at joint base recently.

The three-day course concluded with a senior non-commissioned officer recognition banquet highlighting the achievements and promotion of 67 Airmen into the top enlisted tier.

The course was created and is intended to prepare newly-selected master sergeants to successfully lead Airmen at the senior NCO level. It also helps enhance the skills, experiences and professional military education principles of these military professionals.

"The Senior NCO Professional

Enhancement (SNCOPE) Course was designed to provide newly selected master sergeants with an in-depth view of their increased supervisory, leadership and managerial responsibilities," said Master Sgt. Rebecca Pash, wing career assistance advisor.

During the three days of classes, various topics were covered including the Pacific Air Forces mission, equal opportunity, diversity, promotion process, team management, intelligence, joint and total-force initiative relationships and generational communication.

"This course is a very important step in the individual's career," she said. "My hope is that the course makes the transition from NCO to senior NCO easier and more effective, because there are times Airmen are not sure of what is expected of them with their new rank."

"This course gives the selects a strategic view of what is expected of them, their teams and the



Photo courtesy of Master Sgt. Rebecca Pash

Newly-inducted Air Force senior non-commissioned officers attend a lecture during the Senior NCO Professional Enhancement course.

resources they are in charge of managing," Pash said.

In addition to the various classes and lectures, there were five leadership panels during the course. Ranging from squadron commanders to joint senior-enlisted leaders, the panels provided course

participants direct contact with leadership and those who have come before them in the ranks.

"From start to finish, this course teaches them self-improvement, team leadership and their link in the strategic chain of airpower in the Pacific and beyond," said 15th

Air Base Wing Command Chief Master Sgt. Leslie Bramlett.

"The professional enhancement is capped off by a banquet that throws back to our heritage and celebrates the accomplishments, service and sacrifice of both the newly selected SNCO and their family."

The banquet Bramlett mentioned also honors the Airmen's transition into the SNCO ranks by providing them with a custom-engraved koa wood medallion.

Bramlett said it has been rightly pointed out that NCOs are the backbone of the Air Force. However, he said while vital, it takes strong SNCOs to help fortify that backbone.

"Developmental forums like SNCOPE help develop our budding enlisted leaders. It prepares them to not only lead in our Air Force but also the joint environment. Unquestionably, our Air Force is made better by this pivotal program," Bramlett said.

Pearl Harbor-Hickam *Highlights*



U.S. Navy photo by FC3 Andrew Albin

Sailors man the rails as the guided-missile cruiser USS Chosin (CG 65) on Oct. 9 transits out of Sydney Harbor. Chosin is underway in the U.S. 7th Fleet area of responsibility conducting exercises, port visits and operations to enhance maritime partnerships and promote peace and stability in the Indo-Asia-Pacific region.



U.S. Navy photo by MCSN Johans Chavarro

A flag detail lowers Adm. Cecil D. Haney, commander of U.S. Pacific Fleet's, pennant during a change of command ceremony, where he was relieved by Adm. Harry B. Harris Jr. on the Pearl Harbor waterfront.



U.S. Navy photo by MCSNA Rose Forest

Sailors and civilians who attended the Hispanic Heritage event at Joint Base Pearl Harbor-Hickam are treated to a tasting of traditional Hispanic foods.



Photo by Al Balderama

Capt. Kevin Allen, City and County of Honolulu ocean safety, presents Carson Pery (right), driver operator/EMT for Federal Fire Department Hawaii, with an award of recognition at the Federal Fire Department headquarters for saving a life.

The Japan Maritime Self-Defense Force (JMSDF) submarine JDS Unryu (SS 502) arrives in Hawaii for a routine port visit Oct. 15. While in port, the submarine crew will conduct various training evolutions and have the opportunity to enjoy the sights and culture of Hawaii.

U.S. Navy photo by MCI Jason Swink



Airmen and Sailors receive 'priceless' financial management advice

Story and photo by
Tech. Sgt.
Jerome S. Tayborn

15th Wing Public Affairs

Do you ever think about retiring at the age of 40 or 45? Wouldn't it be nice to be financially stable enough to never need to work a day after your military retirement?

If this sounds like something you are interested in, you might want to check out the Million Dollar Sailor/Airman Course offered by the Joint Base Pearl Harbor-Hickam Military and Family Support Center.

Debra Blunt, a 19-year accredited financial counselor and 20-year military spouse, said it can happen, and with very little effort. It's just a matter of keeping track of your finances like it's your own personal business.

To assist service members with this, the Military and Family Support Center offers a two-day course in money management to active duty military members and their spouses.

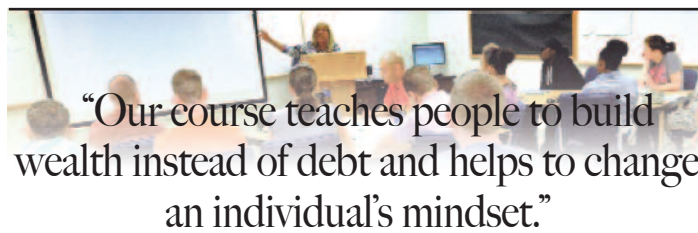
The course was created with the intent to educate people on their financial responsibilities. Attendees receive training on proper budgeting techniques, credit management, savings and invest-



Airmen and Sailors from Joint Base Pearl Harbor-Hickam, listen attentively during the Million Dollar Sailor/Airman program at the Military and Family Support Center JBPHH.

ment options, insurance, military pay and allowances, consumer rip-offs, how to obtain a loan, credit score reports, and new and used car purchasing techniques.

The course has proven to be so useful that some Navy commands require their personnel to attend before they move off a military post, while other commands require all



—Janice Crawley, Military and Family Support Center

E-4s and below to attend the course.

However, Blunt welcomes all ranks and believes that rank and age have nothing to do with how people deal with their finances and feels that anyone could benefit from the course.

"I signed up for the course because I felt it would be helpful for my upcoming permanent change of station move," said Staff Sgt. Angelique Pye, Pacific Command knowledge operations office.

"This course taught me a lot about investing and mutual funds, and I would recommend this course to others, especially to our junior Airmen and Sailors."

According to Blunt, this course is incomparable to any paid class offered in the civilian world and is free. She encourages military personnel and their spouses to take advantage of the valuable training

offered.

"We take a lot of pride in this course that was developed here locally by the Navy in Hawaii. Having been one of the original people who helped create the program, we are proud this program has since been picked up Navy-wide," said Blunt.

And now the Air Force under Joint Base Pearl Harbor-Hickam is participating and eligible to receive the Million Dollar Airman/Sailor course.

"This course can change people's lives," said Blunt.

Blunt recalled an individual who came through the course three years ago and now has more than \$50,000 in his TSP, a feat he directly attributes to the course.

"He now invests 52 percent of his pay into TSP, which is incredible, and now his whole future is set," said Blunt.

Blunt said it's really about teaching service members how to make better decisions with their finances.

"We want our Airmen and Sailors to be informed before they go out and make significant financial decisions," said Blunt.

With the holidays quickly approaching, Blunt offered advice for those looking to celebrate without breaking the bank. She urged people to plan ahead and start saving early.

To keep debt at bay, Blunt advised service members and their spouses to make a list and budget to determine what their holiday limits will be and then to save monthly leading up to the holidays.

"Our course teaches people to build wealth instead of debt and helps to change an individual's mindset," said Janice Crawley, an accredited financial counselor at the Military and Family Support Center.

"It's a struggle to live paycheck to paycheck trying to get through to the next month. We want to teach people how to change their lives and how to manage their finances," Crawley explained.

Those interested in budgeting and investing for their future, can register for the Million Dollar Sailor/Airman course at www.greatlifehawaii.com.

Federal Fire Department employee receives award for saving life

Fire Inspector Angela Sanders

Federal Fire Department Hawaii

The Federal Fire Department held a special award ceremony Sept. 26 to acknowledge Carson Perry, Federal Fire Department Hawaii driver operator/EMT, for his rescue of a person who had fallen off a 30-foot cliff and into the turbulent ocean. The Honolulu City and County Ocean Safety Division also attended and presented Perry with a certificate of appreciation.

On Aug. 18, Perry was off-duty and just completed a volunteer

shift as an escort boat driver for an open ocean canoe race. While enroute from Waikiki to Kaneohe on his 19-foot Boston Whaler, he noticed a person in the ocean frantically waving his arms. The ocean conditions were extremely rough with 6-10 foot waves, swift currents and a rocky coastline with sheer vertical cliffs.

Perry steered his boat toward the person, pulled him into his boat and assessed his condition. He immediately placed the person in the recovery position. The victim then began to cough up seawater.

The victim was a 19-year old active duty military member who

was exhausted, disoriented and had sustained a shoulder injury. At the time of the rescue, ocean currents were pulling the victim farther away from shore and out to sea.

After caring for the shoulder injury, Perry contacted the Coast Guard on his marine band radio for assistance. The Coast Guard put him in contact with the Honolulu City and County Ocean Safety Division and coordinated a rendezvous point approximately 3-5 miles up the coastline.

Perry navigated to the rendezvous location and safely transferred the victim to ocean safety

lifeguards, who then transported the victim to shore with their personal watercraft.

The Honolulu City and County Ocean Safety Division informed Perry that it would have taken them 15-20 minutes to launch the personal watercraft and another 15 minutes to navigate through the rough ocean to the victim's location. They concluded, based on the victim's condition, a rescue would not have been successful if Perry had not retrieved the victim from the ocean.

"Carson Perry selflessly navigated dangerous ocean conditions close to the rocky shoreline," said

Federal Fire Department District Chief Warren Ferguson.

"He placed himself at risk attempting to access the patient and pull him aboard his boat. Despite the conditions, he was able to communicate to additional rescue units to assist in getting the patient to safety and definitive care and treatment.

The prompt actions of Carson Perry, with the outstanding support of Honolulu City and County Ocean Safety, directly contributed to the successful rescue and treatment of the patient," Ferguson said.

(See related photo on page A-5.)



This is a view of the entrance of the new Camp H.M. Smith Fitness Center from the uncovered parking area. Upon entering the building, the workout space is to the right and the gym/basketball court is to the left.

New Camp H.M. Smith Fitness Center gets ready for workouts later this year

Story and photo by Denise Emsley

Naval Facilities Engineering Command Hawaii

Personnel from Naval Facilities Engineering Command (NAVFAC) Hawaii, Marine Corps Base (MCB) Hawaii and Marine Corps Community Services (MCCS) recently performed a walk-through of the new fitness center at Camp H.M. Smith, Oahu, to identify any last minute items that may need adjustment.

Over the next few months, the center will be prepared for use with the installation of furniture and equipment. The estimated date for opening is late 2013. MCCS will announce the grand opening.

"The Marines and other service members aboard Camp H.M. Smith have improvised, adapted and overcame to meet their fitness and recreation requirements," said U.S. Marine Corps Capt. Tyrone Barrion, leeward facilities officer, Marine Corps Base Hawaii.

"Antiquated fitness facilities were demolished over the years and 'temporary' fitness areas were created from underutilized administrative spaces. However, with the completion of this military construction (MIL-

CON), Camp H.M. Smith and its tenant can now exploit the fitness center to its fullest capability and experience recreation and fitness comparable to those found on other bases corps-wide," he added.

A \$25.4 million contract was awarded to AMEC-Nan Joint Venture, Honolulu Hawaii in June 2011. The design-build project was to construct a low rise fitness center at Camp H.M. Smith and provide repairs and improvements to an existing athletic field at MCB Hawaii, Kaneohe.

The new fitness center is 29,943 square feet and includes energy-saving technology, such as LED and CFL lighting, daylighting tubes, occupancy sensors, etc., that will reduce lighting energy consumption.

The 1,032 photovoltaic panels on its roof and supporting structures will supply 100 percent of the building's needs. Hot water will be generated by a heat pump while providing free chilled water for the air conditioning system. A solar water heating system with separate storage tanks that will pre-heat water is also part of the building.

A backup, gas-fired (LPG) water heater has been installed to support the heat pump water heating system in instances of additional immediate

demand. In addition, the landscaped areas around the facility are designed to reduce fertilizers, pesticides and water use by using a xeriscape design approach.

"I am very proud to be a part of this challenging, but very interesting building construction," said Allan Ng, NAVFAC Hawaii project manager.

"The building automation and energy-saving features of this facility will provide decades of cost-savings to MCB Hawaii and MCCS," Ng said.

Originally slated for Leadership in Energy and Environmental Design (LEED) Silver certification, the new fitness center has exceeded the standards and achieved Gold with the possibility of ultimately reaching Platinum, the highest certification. The final decision will depend on the points the facility accumulates in sustainable sites, water efficiency, energy and atmosphere, materials and resources, and indoor environmental quality which has still to be determined.

For the athletic field at MCB Hawaii, construction continues after a short delay. The natural turf will be replaced with an artificial turf surface which will save maintenance and water usage costs. The field is scheduled for completion in spring 2014.

Life & Leisure

B

Pearl Harbor survivor receives final farewell



A burial ceremony in honor of retired chief petty officer and Pearl Harbor survivor Yuell Chandler took place Oct. 10 at the National Memorial Cemetery of the Pacific (Punchbowl). The event in the historic Punchbowl cemetery was attended by U.S. Navy Sailors, friends and family members. Chandler passed away Oct. 2 at the age of 95.

Story and photos by MC2 Tiarra Fulgham

Navy Public Affairs Support Element
West, Det. Hawaii

(Right) Friends and family members attend a remembrance and burial ceremony in honor of U.S. Navy retired chief petty officer and Pearl Harbor survivor Yuell Chandler at the National Memorial Cemetery of the Pacific (Punchbowl).

Machinist's Mate 1st Class Andrew Williams presents a flag to family members (below).



Chandler was born April 28, 1918 in Richmond, Va, where he started off his military career by joining the U.S. Army in March 1939. He later enlisted as a Seabee in the U.S. Navy, and retired as a chief petty officer.

"Of the ceremonies I have participated in, this was the first one that I was actually participating in the burial of a fellow Seabee," said Navy Utilitiesman 2nd Class Jeremy Orndolf, assigned to Joint Base Honors and Ceremonies. "It was an honor to be a part of this, knowing that we are saying farewell to one of our own."

Chandler served in many battles during his service in the military including the Japanese attacks on Pearl Harbor in 1941 and the Battle of Iwo Jima from February to March of 1945.

While in the Navy he served in Vietnam.

An overview of Chandler's life was provided by Jim Taylor, Pearl Harbor survivors liaison, who recounted some of Chandler's experiences.

"He told the story of how he actually tripped over a box of grenades the Japanese had set for a trap. Luckily none of them exploded," Taylor said. "The family still has two of them he saved. Of course they are diffused and are harmless."

According to Taylor, Chandler found himself in another dangerous incident during his time in Iwo Jima in which he found himself sleeping on top of a buried dud explosive under his bed.

Following his time at war, he became a helping hand to his shipmates. Chandler helped them obtain benefits they were to receive and pro-

vided guidance to fellow Pearl Harbor survivors on medical care and equipment.

"He helped with all the paperwork which can be very difficult. Obviously he cared for his shipmates," Taylor said.

"While in the Navy, he served in Vietnam and was responsible for overseeing a mortuary facility. He discovered some servicemen who had died were being kept out in the heat in coffins. He told the officer in charge they needed to be refrigerated to ensure they did not deteriorate and cause disease. The OIC didn't do anything, so Yuell reported this to the general and the OIC was relieved of his duties," Taylor said.

Taylor also discussed Yuell's advice to his family.

"One of the things Yuell taught his family was when they undertook any task, large or small, they were to do their best and see it through to the finish. He was not a big talker, but, when he did talk, the family listened. Bottom line, Yuell was a man of few words. But when he spoke to the family, they knew it was about important things. He always emphasized education as being a major factor in getting ahead in life," Taylor said.

At the end of the ceremony, Chandler received full military honors including a rifle salute by the Joint Base Honors and Ceremonial Guard and the playing of Taps by a Navy bugler. His family was given the national ensign during a flag presentation.

More than 13,000 Soldiers and Sailors who died are laid to rest in the Punchbowl Cemetery, whose Hawaiian name, "Puowaina," means "Hill of Sacrifice."

Port Royal Hoyas beat Lake Erie to win championship

Story and photo by
Randy Dela Cruz

Sports Editor

USS Port Royal (CG 73) Hoyas capped off an undefeated season by trouncing USS Lake Erie (CG 70) "A," 64-35, to capture the 2013 Summer Basketball League championship on Oct. 12 at Joint Base Pearl Harbor-Hickam Fitness Center.

The Hoyas stormed out to a fast 16-4 lead and took a 35-12 advantage going into halftime before breaking the game wide open with 12 straight points to start the second half.

Port Royal entered the playoffs with a perfect 8-0 record and then took care of business by beating Lake Erie "B" in the semifinals and Lake Erie "A" in the final.

"It feels good when you work hard and set a goal," said Port Royal head coach Airman 1st Class Charlton Burton, who was on last season's championship team as a player on the 647th Security Forces Squadron Pound Town. "It's an accomplishment. Nobody can say anything."

Coming into the title game, Port Royal received a break when they got a free pass into the semifinals after their opponent failed to show up and lost in a forfeit.

After easily dispatching Lake Erie "B" in the semifinals, Port Royal watched as Lake Erie "A" upset Shipyard to set up the championship final.

Against Lake Erie "A," the well-rested Hoyas immediately put their fresh legs to work and pressured their opponent from baseline to baseline.

The strategy worked, as Lake Erie "A," coming off a tough battle versus Shipyard, faded under the run-and-gun Hoyas.



USS Port Royal (CG 73) Hoyas guard Seaman London Waldon scores on a lay-up in the second half of the team's championship showdown against USS Lake Erie (CG 70) "A" team.

"We definitely wanted to jump out and set the tone," Burton said. "We had the game plan, we stuck to it. It starts with defense, trickles

down to rebounding, hustle points, and by the time you look up, you're up double digits."

Up at 16-4 with 10:42

remaining before the half, Electronics Technician 3rd Class Anthony Hawkins stepped up and pumped in eight points in three min-

utes to distance the Hoyas even further away from Lake Erie "B."

Then at the 5:03 mark, Airman 1st Class Marvin Martin scored a hoop to give Port Royal a 21-point lead at 27-6.

Chief Cryptologic Technician (Collection) Josh Smith added a basket-and-one to take a 23-point lead into the break.

Following halftime, Port Royal continued the attack without any letdown.

Up by a comfortable margin, the Hoyas pounded the ball inside to their big man Yeoman 3rd Class Eriek Ausbey and he responded by throwing down nine

Weilenman.

"My captain promised that if we bring it home this year, he'd give us special liberty," Waldon explained. "We made sure we were going to get it this time."

The joy coming from the Hoyas was a stark contrast to Lake Erie "A", which quietly collected gear and exited out of the fitness center.

Among the most dejected was Gas Turbine System Technician (Mechanical) 3rd Class Joseph Francis, who has now reached the finals four times as a member of the squad but has come up short in each attempt.

"It's my fourth champi-

"We definitely wanted to jump out and set the tone. We had the game plan, we stuck to it. It starts with defense, trickles down to rebounding, hustle points, and by the time you look up, you're up double digits."

—Port Royal head coach Airman 1st Class Charlton Burton

straight close-range points, before Seaman London Waldon knocked down a try to lock down the victory with more than 10 minutes remaining on the clock.

"Like I said earlier in the year, he's (Ausbey) a force," Burton pointed out. "To not give him the ball would be foolish. So we gave him the ball and he did what he does best — take it to the hole."

The final buzzer set off the celebration and after the team received their trophies, another roar could be heard from the team as the Hoyas received recognition from ship commanding officer Capt. Eric

onship, and every single one has ended something like this," he related. "It was a feat just to get here. So I ain't hanging my head about it. I think Lake Erie showed a lot of heart today."

Waldon said that he can sympathize with Lake Erie, since he was on two Port Royal teams that fell short in the playoffs.

However, Waldon offered no apologies for the team's 29-point win over Lake Erie.

"We had to make a statement," he said. "Let them know that this is our time and we're going to take it home."



The Hawaii Navy Officers' 238th Birthday Ball took place in the Coral Ballroom at the Hilton Hawaiian Village Waikiki Beach Resort.

Hawaii Sailors celebrate Navy's 238th birthday

MC3 Class
Diana Quinlan

Navy Public Affairs
Support Element West,
Det. Hawaii

U.S. Navy officers and enlisted Sailors assigned to various commands in Hawaii, along with their guests, celebrated the 238th birthday of the U.S. Navy Oct. 12.

Every year the Navy celebrates its establishment on Oct. 13, 1775 by organizing the Navy Birthday Ball to commemorate the Navy's heritage and dedication to the country for more than two centuries. This year's theme for the ball was "Defending America with Pride since 1775."

The Hawaii Officers' Navy Ball was held at the Hilton Hawaiian Village Waikiki Beach Resort in Waikiki and the Hawaii Enlisted Navy Ball took place at the Hickam Officers' Club on Joint Base Pearl Harbor-Hickam.

The official ceremonies began with the parading of colors by a Navy color guard and playing of the national anthem by the Navy Pacific Fleet Band.

Capt. Jim Fanell, Pacific Fleet deputy chief of staff for intelligence and information operations, was the master of ceremonies for this year's Hawaii Officers' Navy Ball. Fanell opened the ceremony by speaking



U.S. Navy photo by MCI Daniel Barker
Navy retired Capt. Gerald Coffee, a seven-year survivor as a North Vietnamese prisoner of war, celebrates the Navy's birthday.

about the significance of the Lone Sailor Table, a set table with a single empty chair leaning against it.

"Military traditions and ceremonies are filled with symbolism. This table symbolizes that members of our professional arms are absent from our gathering tonight," Fanell said.

"They are referred to as prisoners of war and missing in action; we call them brothers and sisters. They are unable to be with us tonight so we remember them here. All Americans

should never forget the brave men and women who answered our nation's call and served the cause of freedom in a special way."

Adm. Cecil Haney, commander of U.S. Pacific Fleet, welcomed the officers and guests in attendance at the officers' ball.

"I want to thank all of our Sailors, Marines and civilian employees for your tremendous service," Haney said. "Let us not also forget those that are on watch, whether they are at sea or ashore doing busi-

ness so that we can enjoy freedoms such as enjoying this ball tonight. Every day those who serve in the Navy work hard to keep our seas safe and secure in this uncertain world we live in and I truly appreciate all that you all do. Happy 238th birthday!"

U.S. Navy retired Capt. Gerald Coffee shared his experiences of survival in combat, capture and as a prisoner of war for seven years in a North Vietnamese prison.

"The key to my survival was faith, four aspects of faith," Coffee said. "First of all — faith in myself to recognize and pursue my duty to the best of my ability. The second aspect of faith is faith in one another, faith in the people with whom we work each day. The third aspect is faith in our country, America, her basic institutions and our national purpose and cause at any given time. And the fourth aspect of faith is faith in my God."

"I was guided by the same principles, values and traditions, so much so that you were there with me every day giving me the strength, sustenance and the will to go on," Coffee said. "And for your help, for what you do, who you are and what you represent, and the pride you feel in serving our country and United States Navy, I want to say thank you so very much."

Coffee explained and demonstrated a code signal of knocking on walls that he and the other POWs used while in captivity. He concluded his speech by knocking a coded message on the podium, "God Bless, God Bless America. Thank you."

By tradition, the youngest and the most senior Sailors had the honor of cutting the celebratory birthday cake with a ceremonial cutlass. At the officers' ball this honor went to Capt. Kevin Kalanta, commanding officer Dental Corps, Naval

Health Clinic Hawaii and Ensign Matthew Neal, guided-missile cruiser USS Port Royal (CG 73), who used a cutlass that was aboard the battleship USS Missouri (BB 63) during the end of World War II.

At the Navy Enlisted Ball, Mass Communication Specialist Seaman Apprentice Rose Forest, the youngest enlisted Sailor, joined U.S. Pacific Fleet Master Chief Marco Ramirez in cutting the Navy's birthday cake.

"As the oldest Sailor, I had the honor of meeting the youngest Sailor and I think that's what this is all about — passing on the legacy to the future of the Navy," Ramirez said. "It makes me happy to see all the young Sailors out here who are going to be my replacements. I want to say 'Happy Birthday United States Navy' and 'thank you' to all who have gathered here today for the celebration on the Navy's 238th birthday."



U.S. Navy photo by MGSN Rose Forest
Children perform a traditional Hawaiian dance for the Sailors and their guests at the 2013 Hawaii Navy Enlisted Ball celebrating the Navy's 238th birthday.

Army hosts Joint Spouses Conference 2013 'Operation Hooah'

Erika White
Kristin Bartholomees

Joint Spouses
Conference 2013

Hundreds of military spouses participated in the 2013 Joint Spouses Conference, "Operation Hooah," held Oct. 5 at Schofield Barracks.

The annual conference, which include more than 25 different workshops, was capped off by talks from keynote speakers, Army Gen. Vincent Brooks, USARPAC commander, and his wife, Dr. Carol Brooks.

Dr. Brooks encouraged military spouses "to undertake what is necessary to survive as a military spouse by embracing the adventure



Photo courtesy of Joint Spouses Conference
Military spouses participate in activities during the 2013 Joint Spouses Conference on Oct. 5.

that is this military life." The general addressed the tough nature of the military spouse and the need

for spouses to take time for themselves and their relationships.

Throughout the day-long

conference, attendees enjoyed a variety of educational and hands-on workshops that centered on being active and the adventure of living in Hawaii. From adventures in water sports in Waikiki, to courses in culinary arts, painting and photography, as well as workshops in native Hawaiian culture, there was something for everyone at this year's conference.

Sheila Johnson, director for the conference 2013, explained her focus. "My goal was to introduce military spouses to the positive adventures of military life, to view this lifestyle as a challenge to consistently learn and grow and better themselves by taking full

advantage of their surrounding — wherever their duty station may be."

Lori Tuite, a conference participant and Army spouse, said, "Being able to meet other military spouses from across the island was great. I definitely learned a lot today and really enjoyed the cooking class and historical trolley tour. All the presenters were excellent."

The 20th Annual Joint Spouses' Conference will be hosted by the Marine Corps in 2014.

The Joint Spouses Conference is a non-profit organization whose purpose is to conduct educational and informational workshops for spouses of active duty, Reserve, National Guard and retirees from all

of the armed services, as well as spouses of international military officers assigned to a U.S. military unit.

The conference is designed to enrich, enlighten and empower attendees in their role as spouses, parents, professionals and community leaders. Participating in this annual event is a way for up to 400 spouses from all services to network while sharing their experiences in paradise and military life.

For more information about JSC 2013, Operation Hooah! Visit <http://www.jaschawaii.com/index.html> or consult the Joint Spouses' Conference 2013 Facebook page at <http://ow.ly/pT44Y>.

Clock expires as Hail Mary keeps Texas Aggies undefeated

Story and photo by
Randy Dela Cruz

Sports Editor

Machinist's Mate 2nd Class Gordon Reichert pulled down a Hail Mary pass from quarterback Logistics Specialist 3rd Class Jesse Olstad with 26 seconds remaining on the clock to give USS Texas (SSN 775) Aggies a 26-20 victory over USS O'Kane (DDG 77) Got Em Coach in an Afloat Division intramural flag football game on Oct. 12 at Ward Field, Joint Base Pearl Harbor-Hickam.

Reichert made the clutch catch on fourth down and 25 yards to go for a touchdown.

The win raised the Aggies' record to 3-0, while the hard-luck O'Kane fell to 1-3.

"The whole game, we felt he (Reichert) was getting double covered," Olstad said. "We were trying to get him the ball. He's just our guy; he's a big target with big hands. So when we got down, we were like this is our last play. We just knew that's where we had to go. Lucky for us he had single

coverage and it worked out really well for us. It's nice to have a weapon like that."

Although O'Kane jumped out in front by scoring a touchdown on their opening drive, Texas quickly followed by scoring the next three TDs to take a commanding 20-6 lead.

O'Kane scored their six points on a 10-play, 65-yard drive that ended with quarterback Cryptologic Technician (Technical) 2nd Class Jared Eckert running it in from two yards out and a 6-0 lead.

Olstad answered immediately and swiftly, needing only four plays to travel 65 yard and a game-tying touchdown.

The Aggies punched it in on a 10-yard pass from Olstad to Sonar Technician (Subsurface) 3rd Class David Tarallo.

Texas converted their point after touchdown (PAT) to leapfrog ahead at 7-6.

With time winding down before halftime, the Aggies came up with a huge defensive stop to force the ball over on the O'Kane 19-yard line.

Three plays later, Olstad came up with his second

touchdown pass of the game, this time hitting Torpedoman's Mate 2nd Class Brendan Abernathy with a two-yard toss for six.

Once again, Texas made good on their PAT and took a 14-6 lead into halftime.

In the second half, Texas continued to build up their momentum and extended their lead to 20-6 after Olstad led the team on a long, clock-eating drive that traveled 65 yard on eight plays.

Olstad completed the drive by connecting with Machinist's Mate 3rd Class Nick Canino on a three-yard lob into the left corner of the end zone.

While Texas seemed to be in full control of the game, O'Kane had other thoughts on their mind as the team began to rally.

On the O'Kane's very next drive, Eckert went over the top and hit a wide open Boatswain's Mate Seaman Apprentice Jahleen Tabor, who made the grab and raced down the right sideline for a 42-yard, catch-and-run into the end zone.

"I pulled the team over and first thing I said was this wasn't over," Eckert



Machinist's Mate 2nd Class Gordon Reichert makes a two-handed grab before touching down in the back of the end zone for the game-winning score as USS Texas (SSN 775) Aggies beat USS O'Kane (DDG 77), 26-20, in an Afloat Division intramural flag football game.

said. "One big stop and we're back in this."

As if on cue, O'Kane immediately struck again

as the defense turned a turnover into six.

With ball on the 38, Olstad threw a pass into the flat that was picked off and taken to the house by O'Kane defensive back Gas Turbine System Technician (Mechanical) Fireman Jermaine Williams.

O'Kane then tied the score at 20-20 by going for and completing a two-point conversion.

As the clock wound down, Olstad quickly moved the ball from his own 15 to the O'Kane 17 on only three plays.

However, the offense stalled until the final play from Olstad to Reichert.

"I got bailed out," Olstad admitted. "Our defense stepped up in a big way and Gordo had a great catch in the end zone. It was a fun game."

Although Texas kept their unbeaten streak intact, Olstad said that the team is far from reaching its potential.

"Hopefully we can keep it going," he said. "We got to hit practice hard and make sure that we learn from the mistakes we've made."



Live the Great Life

Personal stories bring Hickam Historical Tour to life for patrons at JBPHH

Reid Tokeshi

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

Decades-old buildings still bear bullet holes. Historical sites and memorials call to mind the people who helped make Hickam Field a significant part of U.S. military history. These are some of the images patrons see on Morale, Welfare and Recreation's Hickam Historical Tour.

Besides just providing chronological facts, guide Jessie Higa paints a picture illustrating the personal side of history. Anecdotal stories and first-person accounts are shared, lending an emotional weight.

Tour director Mark Saruwatari explained that the personal accounts are what make this tour unique.

Saruwatari added that, unlike other excursions offered around the island, this tour "is the only one of its kind. There is no other tour for Hickam."

Tour attendees can hear about Hickam during World War II, including little known tidbits about the unique botanical and architectural landscape. The explanation for why Hickam is also known as the "garden city" is also provided on this tour.

The Hickam Historical Tour



This photo shows the Hickam military police back in 1942 at Hickam Field. Participants of this tour can see this photo and many more on the Hickam Historical Tour.

departs at 9:30 a.m. every Friday from the Hickam Information, Tickets and Travel (ITT) office. The price is \$45 for adults and \$40 for children (ages 3-11) and includes lunch. For more information, call the ITT office at 448-2295.

Healthy Base Kick Off event to be held today

Emily McNulty

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam has been selected to be one of 14 installations across the Department of Defense (DoD) to participate in the Office of Secretary Defense Healthy Base Initiative. The goal of the one-year initiative is cataloguing the best practices being implemented to promote good health and fight obesity and tobacco use among military families across DoD.

"One of the goals of this initiative is to make the healthy choice the easy choice. One of the reasons Joint Base Pearl Harbor-Hickam was selected is because of the great programs that are already in place to help in accomplishing this goal. The healthy base initiative will help to measure these programs that are already in place," said James Duff, Joint Base Pearl Harbor-Hickam Healthy Base representative.



Patrons participate in TRX at the Joint Base Pearl Harbor-Hickam Fitness Center. TRX will be demonstrated at the Healthy Base Kick Off event.

The Healthy Base Kick Off Event will take place from 2 to 6 p.m. today at Ward Field. It will be followed by a movie under the stars at 6:15 p.m. Attendees are encouraged to dress in clothes that allow them to move and groove while trying out old and new programs at the event and to bring chairs and blankets for the movie.

This free event features live music, bounce houses, kids and adult obstacle courses. There will be fitness demonstrations

including NOFFS (Navy Operational Fueling Fitness) and TRX, gate analysis and body fat measurements, nutritional and fitness guides, and tips and mini information sessions.

Attendees can purchase fresh island produce from commissary vendors. Snacks from Camille's on Wheels, Simply Ono and Ono Pops will be available for purchase.

For more information on the event, visit www.greatlife.hawaii.com.

Your Weekly Fun with MWR

Visit www.greatlife.hawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



MWR Healthy Holiday Recipe Contest is being held now through Oct. 28. Those with a healthful holiday dish or dessert to share with Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation and the readers of "Great Life Hawaii" magazine can send in their recipe by Oct. 28 to info@greatlife.hawaii.com. The winner will receive a \$25 gift card to Wright Brothers Café & Grille or to J.R. Rockers Sports Café. FMI: visit Facebook at [Facebook.com/GreatLifeHawaii](https://www.facebook.com/GreatLifeHawaii) or www.greatlife.hawaii.com.

Fruity Family Friday will begin at 5:30 p.m. today at the Hickam Teen Center. Families of teens currently registered at the center, as well as new teens and their families, can participate. FMI: 448-0418.

Machine Quilting: I Spy Quilt will be held from 9 a.m. to noon Saturdays from Oct. 19 to Nov. 7 at the Hickam Arts & Crafts Center. Participants will learn how to cut fabric and assemble the pattern while learning quilting tips and how to complete an "I Spy" quilt from start to finish. FMI: 448-9907.

UFC 166 in HD will begin at 2 p.m. Oct. 19 at JR Rockers Sports Café. Patrons can watch current champion Cain Velasquez and top contender Junior Dos Santos battle it out for the UFC Heavyweight championship in Houston starting at 3 p.m. FMI: 448-2271.

Dollar Fifty Monday will be held from 5 to 9 p.m. Oct. 21 at Naval Station Bowling

Center. Shoe rental, a bowling game and a hot dog are \$1.50 each. FMI: 473-2574.

Free Golf Clinic will begin at 9:15 a.m. Oct. 19 at Barbers Point Golf Course. FMI: 682-1911.

The Bead Mom Open Studio will be held from 1:30 to 3 p.m. Oct. 22 at the Hickam Arts & Crafts Center. Participants can start new projects or finish old ones. FMI: 448-9907.

MWR Newcomers Lunch will be held from 11 a.m. to 12:30 p.m. Oct. 23 at JR Rockers Sports Café. Patrons who are new to Joint Base Pearl Harbor-Hickam or the island of Oahu, can eat a free buffet lunch, see

Morale, Welfare and Recreation information booths, sponsor tables and giveaways in the ballroom. The whole family is invited and activities for the kids are scheduled. The event is open to all military-affiliated personnel. FMI: www.greatlife.hawaii.com.

Jewelry Making 101: Basics - Bracelet will be held from noon to 1:30 p.m. or 4:30 to 6 p.m. Oct. 22 at the Hickam Arts & Crafts Center. Participants can learn the basic knowledge of jewelry making with a focus on contemporary design. FMI: 448-9907.

Preschool Story Time will be held from 9 to 10 a.m. Oct. 23 at the Hickam Library. The theme is Halloween. FMI: 449-8299.

Morale Welfare & Recreation

HEALTHY BASE KICK OFF

Joint Base Pearl Harbor-Hickam will host a Healthy Base Kick Off event from 2 to 6 p.m. today at Ward Field. This free event focuses on new and ongoing programs to help people make healthy choices. Activities will include live music from the Pacific Fleet Brass Band, a healthy recipe cooking contest, bounce houses and adult obstacle courses. There will also be fitness demonstrations and workouts, including Navy Operation Fueling Fitness (NOFFS). Attendees can get body fat measurements, nutritional and fitness guides and tips. FMI: www.greatlifehawaii.com.

CRUD TOURNAMENT

There will be a free crud tournament from 6 to 10 p.m. Oct. 25 at the Hickam Officers' Club (Koa Lounge). Crud is a team game played on a billiards table with players using their hands instead of pool cues. No experience with the game is necessary, and all branches and skill levels are welcome. FMI: 448-4608.

HALLOWEEN 5K

The Hickam Fitness Center will hold its free Halloween 5k at 8 a.m. Oct. 26. Costumes are optional. FMI: 448-2214.

CHINATOWN FOOD, HISTORIC TOUR

A tour of Honolulu's Chinatown featuring a traditional dim sum lunch will be held from 8:45 a.m. to 12:45 p.m. Oct. 26. The tour departs from Information, Tickets & Travel-Hickam. FMI: 448-2295.

MAUNAWILI FALLS DAY HIKE

There will be a day hike to Maunawili Falls beginning at 8 a.m. Oct. 26. Departures are from the Outdoor Adventure Center-Fleet Store. Hikers are asked to bring water, sun protection and a camera. The last day to register is Oct. 23. FMI: 473-1198.

YOUTH BASKETBALL REGISTRATION

Registration for youth basketball runs now through Nov. 8. The season runs from December to March. Registration is open to youth ages 5-15. FMI: www.greatlifehawaii.com or call 473-0789.

BEGINNER'S GOLF CLINIC

There will be a free beginner's golf clinic at 9 a.m. Oct. 26 at Mamala Bay Golf Course. FMI: 449-2304 or 449-2305.

KAYAKING CHINAMAN'S HAT

There will be a kayaking excursion to Chinaman's Hat beginning at 9 a.m. Oct. 27. Departures are from the Outdoor Adventure Center-Fleet Store. This trip can sometimes be moderate in the level of difficulty. The deadline to register is Oct. 24. FMI: 473-1198.

Community Calendar

OCTOBER

TODAY — A National Disability Employment Awareness Month event will be held from 11 a.m. to noon at the Hickam Makai Recreation Center. The event will include a discussion about employment of the disabled from a panel of speakers including Duane Keys, Pacific Air Forces Equal Opportunity Office, State Division of Vocational Rehabilitation counselors, and Air Force and Navy civilian employees. FMI: Val Nomura at 471-0275 or email Valetta.nomura@navy.mil.

TODAY — The fourth annual Wounded Warrior Golf Tournament will be held beginning at 12:30 p.m. today at Waieke Golf Club. More than 30 members of the armed forces from the military rehabilitative program will be playing alongside golfers from local businesses, military and the communities. FMI: Russell Shimooka at 256-9788.

18, 19, 25, 26 — The Seabee Ball Committee will hold "the Warehouse of Terror" on the Pearl Harbor side of Joint Base Pearl Harbor-Hickam. The event will be from 6 to 9 p.m. at the Self Help building 292. Admission for adults is \$5 and for children is \$3. FMI: UT2 Daniel Rhine at 474-0890.

19 — "A Better You – Healthy Base Initiative" will be held from 10 a.m. to 2 p.m. at the Pearl Harbor Navy Exchange in the shoes and sporting goods department. The event will include food samples, Morale, Welfare and Recreation training instructors, as well as analysis by the Air Force, Human Performance and Rehabilitation Center (HPARC), breast cancer awareness booth by Naval Health Clinic, fitness product giveaways and clinics. FMI: 423-3287.

19 — Child and Youth Program Job Fair will be held from 9 a.m. to noon at Pearl Harbor Kai Elementary School. More than 200 full time, part time and flex jobs will be available. FMI and to register visit www.greatlifehawaii.com/index/cyp.html.

21, 23 — Currently scheduled Tripler Army Medical Center blood drives include Oct. 21, 9 a.m. to 1 p.m., building 1, Camp Smith, and Oct. 23, 11 a.m. to 3 p.m., Schofield Barracks PX. FMI: 433-6699 or 433-6148, email michelle.lele@amedd.army.mil or visit www.militaryblood.dod.mil.

NOVEMBER

2 — Kapuaikaula Makahiki, an ancient Hawaiian festival of Thanksgiving, will be held beginning at 9 a.m. at Hickam Harbor Beach. Guests can participate in ancient games of skill and learn about native Hawaiian culture and protocol. Families and children are welcomed. The event is free and open to personnel with base access and their sponsored guests. FMI: 473-0662, 473-0369 or 471-1171, ext. 368.



HOTEL TRANSYLVANIA (3D) (PG)

The film tells a story of Dracula, the owner of Hotel Transylvania, where the world's monsters can take a rest from human civilization. Dracula invites some of the most famous monsters, including Frankenstein's monster, Mummy, a Werewolf family, and the Invisible Man, to celebrate the 118th birthday of his daughter Mavis. When the hotel is unexpectedly visited by an ordinary 21-year-old traveler named Jonathan, Dracula must protect Mavis from falling in love with him before the hotel's guests learn there is a human in the castle, which may jeopardize the hotel's future.

Movie Showtimes

SHARKEY THEATER

TODAY 10/18
7 PM Rush (R)

SATURDAY 10/19
2:30 PM Hotel Transylvania (3D) (PG)
4:40 PM Insidious Chapter 2 (PG-13)
6:50 PM The Family (R)

SUNDAY 10/20
2:30 PM Hotel Transylvania (3D) (PG)
4:40 pm One Direction: This is Us (PG)
6:40 pm Prisoners (R)

HICKAM MEMORIAL THEATER

TODAY 10/18
6:00 PM THE BUTLER (PG-13)

SATURDAY 10/19
4:00 PM The Smurfs 2 (PG)
7:00 PM The World's End (R)

SUNDAY 10/20
2:00 PM The Smurfs 2 (PG)

THURSDAY 10/24
7:00 PM The Mortal Instruments: City of Bones (PG-13)





Military service members were among 7,500 walkers and runners in the 5th annual Making Strides Against Breast Cancer Walk across the Ford Island Bridge, Joint Base Pearl Harbor-Hickam.

Service members 'make strides'

**Story and photo by
MC2 Tiarra Fulgham**

*Navy Public Affairs
Support Element West
Det. Hawaii*

Military service members were among nearly 7,500 people including breast cancer survivors, volunteers, and their families in the five-mile Making Strides Against Breast Cancer walk Oct. 12 on Ford Island, Joint Base Pearl Harbor-Hickam.

Many of the participants wore pink ribbons, clothing or accessories as an international symbol of breast cancer awareness and to express moral support for women with breast cancer. The annual event was one of nearly 300 events held across the country supported by the American Cancer Society.

"The American Cancer Society does a lot in terms of research, education, support and advocacy," said Sharon Chun, a five-year cancer survivor. "It's a really great event. I am really glad to see all of the walkers and runners here today to show their support."

Each year eight women are selected from across the country to be named "Pink power mom" for their efforts in the fight against breast cancer. This year one of the honorees is a Sailor stationed in Hawaii, Chief Warrant Officer 3 Vanderla Akaka, Afloat Training Group Middle Pacific and 2013 Pink Power Mom.

"It's always a blessing to see so much pink and so many people out here for "Making Strides Against Breast Cancer," Akaka said. "We are doing so much. We are making changes around the world one step at a time. I know so many people that have had cancer enter their lives. We stay empowered, we help each other and we serve each other — because that's what we do, that's what we were born to do, so I am honored to be here this morning."

Prior to the kickoff, Akaka presented a \$5,000 check donation from Pink Power Mom to the American Cancer Society's Making Strides Against Breast Cancer.

The event and the funds raised help provide free resources and support to women newly diagnosed with breast cancer. Funds raised also assist scientific and medical research to find, prevent, treat and cure breast cancer, as well as help ensure access to mammograms for women who need them.

"Today I ran just because I wanted to run," said Boatswain's Mate 3rd Class Charles McGrath, assigned to guided-missile cruiser USS Lake Erie (CG 70). "My chief asked me if I wanted to and I said sure. I think it's awesome that so many people are here today running for a cause."

Since 1993, more than 9 million cancer charity walkers across the country have raised more than \$528 million through "Making Strides Against Breast Cancer" events. In 2012 supporters and events raised \$68 million

nationwide to help in the fight against the disease.

The Making Strides Against Breast Cancer Hawaii chapter is celebrating its fifth year of operating on the island.

Service members interested in helping and supporting the fight against breast cancer can donate through the annual Hawaii Pacific Area Combined Federal Campaign currently running until Oct. 31.