

USS Chung-Hoon returns home to Pearl Harbor

MC2 Tiarra Fulgham

Navy Public Affairs
Support Element West,
Detachment Hawaii

The guided-missile destroyer USS Chung-Hoon (DDG 93) returned to its homeport of Joint Base Pearl Harbor-Hickam Oct. 1 following a six-month deployment to the western Pacific area of responsibility.

Chung-Hoon operated in the U.S. 5th and 7th Fleet areas of responsibility conducting operations supporting regional security and counter-terrorism as well as combating criminal maritime operations.

“We operated forward and worked with our foreign partners in various multi-national exercises improving warfighter skills across a broad range of mission sets and further strengthening our bonds,” said Cmdr. Justin Orlich, commanding officer of Chung-Hoon. “Chung-Hoon Sailors have accomplished a great deal this deployment and have much to be proud of in service to our nation.”

While underway Chung-Hoon participated in Pacific Bond 2013, which is a U.S. Navy, Royal Australian Navy, and Japan Maritime Self-Defense Force maritime exercise designed to improve interoperability and further relations between nations.

“We did a lot of carrier support, independent operations, a lot of submarine hunting and a lot of train-

ing events. We got to do several things with different host nations, which was pretty awesome and we really got a lot of great experience for the ship and the aircraft alike,” said Lt. Cmdr. Alapaki Gomes, Helicopter Anti-Submarine Squadron Light 37.

“It was really active, probably the most I’ve done on deployment, yet I kept telling my younger guys that it’s not usually this busy. It’s not usually this back to back, everything that’s going on, and just told them appreciate it while you got it. We’re knocking it out of the park, it was really awesome to be a part of.”

The ship also participated with the Royal Australian Navy in Talisman Saber 2013, a biennial training exercise aimed at improving Australian and U.S. combat readiness and interoperability.



Family members greet Sailors from the guided-missile destroyer USS Chung-Hoon (DDG 93).



U.S. Navy photos by MC2 Sean Furey

The Arleigh Burke-class guided-missile destroyer USS Chung-Hoon (DDG 93) returns to its homeport of Joint Base Pearl Harbor-Hickam after a deployment to the western Pacific. Commanded by Cmdr. Justin Orlich, the ship and its crew of nearly 280 Sailors conducted integrated operations with allies and partner nations during the ship’s six-month deployment.

“Chung-Hoon performed marvelously throughout their deployment,” said Destroyer Squadron 31 Commodore, Capt. Wallace G. Lovely. “This team

answered the call for mission support on time, every time.”

“Today is a really happy day for me, the USS Chung-Hoon is coming

back. My husband... is coming home and I’m really excited to see him again,” said Ammy Wilson-Rivera, Navy spouse. “My stomach is in knots. I haven’t been able to sleep a lot and I just want to see him. I’m really excited.”

“Today is a great day, the first time I had family come and visit me on deployment so it really made me feel really good when I came here and I saw my sisters and my niece on the pier. It’s really hard for me to try to hold in the tears right now,” said Damage Controlman 2nd Class Mitch Ferdinand. “Deployment was fun. We hit a lot of ports but every day you get closer and closer to come home to your family, just made it amazing. I can’t even speak right now. I’m just too excited.”

Guided-missile destroyers are multi-mission anti-air warfare, anti-submarine warfare and anti-surface warfare combatants that operate independently for the support of carriers and expeditionary and surface strike groups.

Chung-Hoon is named in honor of Hawaii native Rear Adm. Gordon Pai’ea Chung-Hoon, recipient of the Navy Cross and Silver Star in World War II for conspicuous gallantry and extraordinary heroism as commanding officer of USS Sigsbee (DD 502) from May 1944 to Oct. 1945. She is assigned to Commander, Naval Surface Group Middle Pacific, Destroyer Squadron 31.

Southeast Asia refugees tour JBPHH

MCSA Rose Forest

Navy Public Affairs Support
Element West Det. Hawaii

Members of the Association of Chinese from Vietnam, Cambodia and Laos as well as other groups including neighborhood boards and community leaders participated in a special tour Sept. 24 of Joint Base Pearl Harbor-Hickam.

The tour started at the World War II Valor in the Pacific National Monument and included historic sites such as the inactive amphibious assault ship USS Tarawa (LHA 1), USS Utah Memorial, Battleship Missouri Memorial, and USS Arizona Memorial.

USS Tarawa, currently moored in Middle Loch, was a special point of interest for many members of the tour, especially the members of the Association of Chinese from Vietnam, Cambodia and Laos, because the ship was used to evacuate more than 400 refugees during a search and rescue mission in the South China Sea in 1979. Many of the men and women on the harbor tour were refugees during this evacuation effort or family members of people who were.

“That was the ship used to evacuate the Vietnamese during the fall of Vietnam and some of the people here were on that

ship or they had relatives and one of them had a niece who was born on the ship,” said tour guide, Stanford Yuen. “So the ship is very special to them and that is why we spent time around the ship so they could see what it looks like today.”

Near the end of the tour, the boat stopped at the USS Arizona Memorial and the members were able to pay their respects. The memorial sits above the remains of Arizona where more than 1,000 Sailors and Marines died during the 1941 attack on Pearl Harbor.

Before leaving the guests gathered in the shrine at the far end of the memorial, a marble wall that bears the names of those killed on the Arizona, to honor those heroes with a series of three bows.

“These groups were the original refugees from Vietnam, Laos and Cambodia,” said Chulan Shubert-Kwock, Chinatown Business and Community Association representative. “These are our guests from other countries and other states and I really think they got to understand how important this is as a memorial and it becomes a sort of peace center. It has really touched everyone, this memorial.”

This recent tour was part of the bi-annual, world-wide meeting of the Association of Chinese from Vietnam, Cambodia and Laos.



U.S. Navy photo by MC2 Sean Furey

Miyoko Shimoda, a member of the Luk Tung Kuen Group visits the USS Arizona Memorial on Joint Base Pearl Harbor-Hickam. The names engraved on the wall represent the Sailors and Marines who died aboard battleship USS Arizona during the 1941 attack on Pearl Harbor.

15th Wing senior leaders get flu shots



Navy Hospital Corpsman 2nd Class Mishell Miyashiro (far left) from the Navy Health Clinic Hawaii Preventive Medicine (NHCH), and Staff Sgt. Aimee Braxton (far right), 15th Medical Operations Squadron NCO in charge of immunizations, prepare to administer flu vaccinations to (left to right) Col. John Roscoe, 15th Wing commander; Col. Terry Scott, 15th Wing vice commander; Navy Hospital Corpsman 2nd Class Miguel May; and Chief Master Sgt. Leslie Bramlett, 15th Wing command chief. The flu shots were administered Sept. 4 at the 15th Wing headquarters building,

Government shutdown creates impact

The federal government shutdown has caused furloughs for many civilian workers and impacted services.

Those affected by the shutdown can visit the Department of Defense www.defense.gov and Office of Personnel Management www.opm.gov websites for more details on the furloughs.

Additional information about the government shutdown can be found on the U.S. Navy website www.navy.mil along with the Air Force website www.af.mil and Commander, Naval Installations

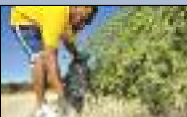
Command website www.cnic.navy.mil. Navy Live, the official blog of the U.S. Navy, also has information about the government shutdown. Visit <http://navylive.dodlive.mil/>.

According to the Joint Base Pearl Harbor-Hickam Military and Family Support Center (MFSC) Facebook page, several classes have been cancelled due to the government shutdown and furlough of employees. Additional classes may be

See shutdown, A-7

Save Energy

Put a lid on it. Cook food and boil water in a covered container whenever possible. This traps the heat inside and requires less energy.



Military volunteers for 20th annual National Public Lands Day
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Service members recognized for educational accomplishments
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Healthy Base Kick Off event planned for Oct. 18 at Ward Field
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Airman’s Attic at JBPHH serves enlisted community
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Military joins Aloha Festivals Floral Parade
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Civil Air Patrol: America’s best kept secret
See page B-3

Military volunteers for 20th annual National Public Lands Day



U.S. Navy photo by MC2 Sean Furey

Ships Serviceman 1st Class Desmen Johnson, stationed aboard the guided-missile cruiser USS Lake Erie (CG 70), participates in a beach clean up as part of the 20th Annual National Public Lands Day (NPLD) at Nimitz Beach. NPLD is the nation’s largest, single-day volunteer effort for public lands.

**Story and photo by
MC2 Sean Furey**

*Navy Public Affairs
Support Element West,
Detachment Hawaii*

Service members and community participated in a beach clean up as part of the 20th Annual National Public Lands Day (NPLD) at Nimitz Beach on the island of Oahu Sept. 28.

NPLD is recognized as the largest, single-day volunteer effort for public lands in the U.S. and this year marks the 20th anniversary of the nation-wide event.

“All across the nation today there will be thousands of people just like us gathered to do whatever work needs to be done to maintain our natural and cultural resources,” said Patty Coleman, the Environmental Outreach Coordinator for Navy Region Hawaii. “Events

like this also gives our young children an appreciation for the environment, they also get to learn about Hawaii and the marine life of the area.”

Assisting in the clean up were volunteers from the guided-missile cruiser USS Lake Erie (CG 70), Girl Scouts from Daisy Troop 669 out of Joint Base Pearl Harbor-Hickam, AECOM Technology Corporation, Fleet Logistics Center Pearl Harbor (FLCPH) and the local community.

“We are here to support public lands and the community as well as bring awareness to our Sailors about the importance of our environment,” said Senior Chief Culinary Specialist Randy Basat, the volunteer coordinator for Lake Erie. “This brings a positive image to our Navy and promotes comraderie between the military and the community.”

When NPLD began in

1994 the event initially had three site locations and nearly 700 volunteers. It has since become a yearly tradition, typically held on the last Saturday in September.

President Barack Obama issued a 2013 Presidential Proclamation declaring the nationwide recognition of NPLD and the importance of the event.

“For two decades, Americans have observed this day by lending their time to the restoration of our country’s historic places and natural treasures,” Obama said in the proclamation. “Across our country, volunteers beautify parks, waterways, and wilderness areas. Through these small acts from planting trees to carving out trails, removing litter, and curbing the growth of invasive species volunteers carry forward a long tradition of conservation and public service.”

Submarine veteran visits USS Louisville

**Story and photo by
MCC William Clark**

*COMSUBPAC
Public Affairs*

Navy veteran, Paul “Pappy” Lowe, visited the Los Angeles Class submarine USS Louisville (SSN 724), in Pearl Harbor on Sept. 23. The former submariner had not been onboard his former platform in decades and was amazed by the changes.

Lowe and his family, wife Herowina and son Marc, were given a guided tour of Louisville by Electronics Technician 2nd Class Paul Menchaca. The tour marked

the first time Lowe had been aboard a submarine for Lowe since 1967, when he served as an Electronics Mate aboard a “Guppy” class submarine.

Stepping on the warship brought back the familiar feeling of camaraderie with fellow submariners, along with noticeable differences.

“There is so much more to learn, to qualify on,” Lowe said. “We operated in the era of vacuum tubes and had two large, manually-operated wheels for the dive planes in the control room. We only had one deck level for all our work.”

The tight spaces and passageways also revisited


memories, as did the galley and wardroom. He spoke of “SOS,” his shipmates’ code word for a diet staple, dried beef on toast.

As a crew member on USS Quillbeck (SSN 424) during the Cuban missile crisis, Lowe recalled the intensity of the situation and how the crew was inspired by President John F. Kennedy, as they deployed to Guantanamo Bay.

Lowe served on four different submarines in his Naval career and thanked the current shipmates for “standing the watch” while he continued in other fields supporting the country.



Navy veteran, Paul “Pappy” Lowe, visited the Los Angeles Class submarine USS Louisville (SSN 724), in Pearl Harbor on Sept. 23.



‘Navigate’to Ho’okele website
www.hookele.com or www.cnic.navy.mil/hawaii

Service members recognized for educational accomplishments

Story and photo by
MCSN Johans Chavarro

Navy Public Affairs
Support Element West,
Detachment Hawaii

Navy College Pearl Harbor (NCPH) recognized more than 50 service members from the Navy and Air Force for educational achievements during the past year at a ceremony held at the Ford Island Conference Center on Joint Base Pearl Harbor-Hickam Sept. 26.

The annual ceremony, sponsored by NCPH, acknowledged military personnel who have received or will receive college degrees at the graduate and undergraduate level or an apprenticeship certificate. "Education is important, but especially with the military, knowing how



U.S. Navy photo by MCSN Johans Chavarro

Service members, part of a military recognition ceremony for college graduates, wait for the ceremony to start at the Ford Island Conference Center at Joint Base Pearl Harbor-Hickam.

hard service members work every day, so that the rest of the world can do whatever it is they're doing," said Virginia Martin, an educational advisor at NCPH. "You're

pushing your education to the limits that you can get it to, it just shows you're not just a service member. You're trying to do what everybody else is doing, but you're doing it while

also doing a full time job."

"Furthering your education, past a bachelor's degree, even onto a masters, is just going to open up so many more doors, even for staying in or getting out," Martin said. "And getting out there are so many things you can do, because now you have a degree, which is what companies look at, but you've also got that life experience."

Among the service members recognized was Logistics Specialist 1st Class Karine Rivera, a Sailor who managed to complete her master's degree in business administration in addition to successfully meeting the demands of her military job.

"I was so relieved, finally done," Rivera said. "It was supposed to take 18 months

to 24 months, but it took me three years. So I'm really relieved and finally able to enjoy the Hawaiian life, all my weekends were doing homework and writing papers."

Rivera said furthering her education was her major motivation in leaving her native country of Colombia to move to the United States and join the Navy.

"That was my main goal when I joined the Navy, to finish my bachelor's degree and then my master's degree," Rivera said. "So that was very important to me, it was my main goal in life."

Hoping to one day become an officer was a significant motivating factor said Rivera, who experienced the trials of completing a degree while on deployment in Afghanistan

in 2011 and 2012.

"I took classes over there and it was really hard because the Internet was down a lot of the time," Rivera said. "And it was statistics, which was the most difficult class."

Rivera said she found many of her co-workers within the department became motivated when they saw her taking classes and eventually sought to further their own education because of it.

The Navy College was designed to assist Sailors with opportunities to earn college degrees. According to their mission statement they can provide academic support to Sailors who are pursuing a technical or college degree, regardless of the Sailor's location or duty station. For more information visit their website at www.navycollege.navy.mil.

Diverse Views



Why is it important to be organized, and what do you do to stay organized?



Senior Master Sgt. Joseph Trenholm
HQ PACAF

"In this age of sequestration and financial issues, the main way to help leadership determine priorities is through effective organization. To stay organized we must know how and what we do everyday affects the mission."

ET3 Deija Santana

"With all the stuff to do, it's the only way to get stuff done. I keep a notepad and take notes of what I am doing and when."



Senior Master Sgt. Luis Reyes
561st Network Operations Squadron

"Who likes to live in chaos? Organization provides a roadmap to help you accomplish your goals. I, myself, have a daily 'to do' checklist and another list for my long-term goals."

FCC Brian Faul

"Time management, waste of manpower. If you're not prepared to start, you're behind the curve already. I plan out the week's events with the personnel and materials I need."



Senior Airman Mark Marshall
647th Civil Engineers Squadron

"Organization is what separates humans from animals. Without it, we are still lost beasts in a cave. To keep myself organized, I keep a log book of daily and weekly events."

Lt. Cmdr. Russell Thiem

U.S. Pacific Fleet

"Organization is important. I use Outlook calendars and alerts. I keep a notepad. I look ahead at events going on and coordinate with the people involved."



Tech. Sgt. Karen Castro
8th Intelligence Squadron

"I make about a million 'to do' lists a day. They help me stay organized and ensure I get everything done at the end of the day. I should probably buy stock in post-it notes!"

Master Sgt. Lakeisha Woods

8th Intelligence Squadron

"I think it is important to be organized because as a recovering TBI patient, you will become very forgetful. So if you are not organized, you will lose things, and lose track of things real quick. I write things down, I put things in the same spot all the time."



Provided by Lt. j.g. Eric Galassi
and David D. Underwood

Want to see your command featured in Diverse Views?
Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Event at chapel Oct. 10 to celebrate National Hispanic Heritage Month

The contributions and presence of Hispanic and Latino Americans in the United States will be recognized at an event from 10 to 11 a.m. Oct. 10 at the Pearl Harbor Memorial Chapel.

The event will include keynote speakers Joint Base Pearl Harbor-Hickam Command Master Chief Brian Ortega and retired Navy Capt. Steve Colon from Hunt Companies, Inc.

National Hispanic Heritage Month began Sept. 15 and will be observed until Oct. 15.

According to the Navy Office of Diversity and Inclusion, with a national

theme of "Hispanics: Serving and Leading Our Nation with Pride and Honor," the observance celebrates the histories, cultures, and contributions of Americans who trace their roots to Spain, Mexico, the Caribbean, and Central and South America.

According to 2010 data from the U.S. Census Bureau, Hispanics comprise 16.3 percent of the total United States population, or 50.5 million people, forming our county's largest racial or ethnic minority. Additionally, it is projected that by 2050, a quarter of the nation's workforce will be Hispanic.

Today, more than 58,000 Hispanic active duty and Reserve Sailors serve in the Navy, including five Hispanic flag officers and 216 Hispanic master chiefs.

In his 2012 National Hispanic Heritage Month Presidential Proclamation,

President Barack Obama stated that "our Nation's story would not be possible without generations of Hispanics who have shaped and strengthened the fabric of our Union. They have enriched every aspect of our national identity with traditions that stretch across centuries and reflect the many ancestries that comprise

the Hispanic community."

All commands are encouraged to expand their awareness of Hispanic heritage through programs, exhibits, publications, and participation in military and community events.

For more information about the history of Hispanics in the Navy, visit <http://www.history.navy.mil/special%20highlights/hispanic/hispanic-index.htm>.

For more information on the Oct. 10 event at the Pearl Harbor Memorial Chapel, call Imelda Henry at 473-1810 or email imelda.henry@navy.mil.

WAVES receive training in navigation



U.S. Naval History and Heritage Command photograph

Women Accepted for Volunteer Emergency Service (WAVES) from Puerto Rico learn navigation under the supervision of Navy QM1 Walter M. Zubik on the USS Corduba (AF-32). This exercise took place when Corduba was in port at San Juan, Puerto Rico in November 1951. National Hispanic Heritage Month began Sept. 15 and will continue until Oct. 15.



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expert exchanges. The operation is hosted by U.S. Pacific Command and implemented jointly with other governments, non-governmental agencies and multi-lateral militaries in the Asia Pacific region. Four other operations were conducted this year in the Philippines, Indonesia, Vietnam and Sri Lanka. This is the fifth and final operation this year.

For more information on the healthy recipe cooking contest, including rules, guidelines and how to enter visit <http://www.greatlifeohawaii.com/index/healthy-base-initiative.html>.



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Pearl Harbor-Hickam*Highlights*



U.S. Navy photo by MC2 Tiarra Fulgham

Sailors man the rails as the guided-missile destroyer USS Chung-Hoon (DDG 93) returns to its homeport at Joint Base Pearl Harbor-Hickam on Oct. 1.



U.S. Navy photo by MC2 Tiarra Fulgham

Family members greet the guided-missile destroyer USS Chung-Hoon (DDG 93) on Oct. 1 as it returns to its homeport at Joint Base Pearl Harbor-Hickam following a six-month deployment. Commanded by Cmdr. Justin Orlich, the ship and its crew of nearly 280 Sailors conducted integrated operations with allies and partners during the ship's deployment to the western Pacific.



U.S. Navy photo by MC2 Class Sean Furey

Girl Scouts from Daisy Troop 669 out of Joint Base Pearl Harbor-Hickam assist with a beach clean up as part of the 20th Annual National Public Lands Day (NPLD) at Nimitz Beach on Sept. 28. NPLD is the nation's largest, single-day volunteer effort for public lands.



U.S. Navy photo by Ensign Joshua Flanagan

USS Michael Murphy (DDG 112) conducts a helicopter in-flight refueling (HIFR) with an SH-60B from the Easyriders of HSL-37 as part of its aviation certification.



Photo by Chris Aguinaldo

Adm. Cecil D. Haney, commander of the U.S. Pacific Fleet, spoke at a special presentation Sept. 27 at Hawaii Pacific University's Downtown campus, "The U.S. Rebalance in the Asia-Pacific Region." Haney shared with students and other community members the role of the U.S. Navy in the current U.S. strategy of rebalancing in the Asia-Pacific Region. This event was sponsored by HPU's Departments of Social Sciences and History.

Federal Fire Department reminds residents to prevent kitchen fires

Angela Sanders

Fire Inspector, Federal Fire Department, Navy Region Hawaii

It's time for Fire Prevention Week. From Oct. 6-12, the Federal Fire Department at Navy Region Hawaii is joining forces with the National Fire Protection Association (NFPA) to remind local residents to prevent kitchen fires.

During this year's fire safety campaign, firefighters and safety advocates will be spreading the word about the dangers of kitchen fires (most of which result from unattended cooking) and teaching local residents how to prevent kitchen fires.

According to the latest NFPA research, cooking is the leading cause of home fires. In two out of every five home fires, the fire began in the kitchen, more than any other place in the home. Cooking fires are also the leading cause of home fire-related injuries.

For the majority of fires that have started in the kitchen, the residents indicate that they only left the kitchen for a few minutes.

Sadly, that is all it takes for a dangerous fire to start.

The Federal Fire Department's goal during Fire Prevention Week is to reach out to individuals in the community before they are involved in a kitchen fire in their homes.

The Federal Fire Department recommends the following tips to prevent kitchen fires:

Stay in the kitchen when you are frying, grilling, broiling or boiling food.

If you must leave the room, even for a short period of time, turn off the stove.

When you are simmering, baking, or roasting food, check it regularly, stay in the home, and use a timer to remind you.

If you have young children, use the stove's back burners whenever possible.

Keep children and pets at least three feet away from the stove.

When you cook, wear clothing with tight-fitting sleeves.

Keep potholders, oven mitts, wooden utensils, paper and plastic bags, towels and anything else that can burn, away from your stovetop.

Keep a lid nearby when you are cooking to smother small grease

fires. Smother the fire by sliding the lid over the pan and turn off the stovetop.

Clean up food and grease from burners and stovetops.

If you have a cooking fire, get out, close the doors behind you, and call 9-1-1.

The Federal Fire Department will be at the following locations during Fire Prevention Week to promote this year's prevent kitchen fires campaign.

- Oct. 7, 11 a.m.-1 p.m., Pearl Harbor Navy Exchange
- Oct. 8, 11 a.m.-1 p.m., Schofield Barracks Base Exchange
- Oct. 9, 11 a.m.-1 p.m., Kaneohe Marine Corps Base Mokapu Mall
- Oct. 10, 11 a.m.-1 p.m. Hickam Base Exchange.
- Oct. 10, 4-7 p.m., National Night Out at Aliamanu Military Reservation Community Center building 1788.

The Federal Fire Department will also host fire station tours at various military bases on Oahu. The station tours will be held daily from 9 to 11 a.m. Oct. 7-11 at the following locations:

- Fire Station 4, Ford Island
- Fire Station 8, Marine Corps Base



- Hawaii Kaneohe
- Fire Station 10, Helemano Military Reservation
 - Fire Station 14, Wheeler Army Airfield
 - Fire Station 15, Schofield Barracks.

For more information about the Federal Fire Department, contact Fire Inspector Angela Sanders at 471-3303, ext. 617 or angela.sanders1@navy.mil. To learn more about preventing kitchen fires, visit NFPA website at www.FPW.org.

Airman's Attic at JBP HH serves enlisted community



Junior service members and their families are able to use the free items offered at the Airman's Attic at Joint Base Pearl Harbor-Hickam.

Story and photo by David D. Underwood Jr.

Joint Base Pearl Harbor-Hickam Public Affairs

The Airman's Attic at Joint Base Pearl Harbor-Hickam takes care of junior enlisted service members and their families and provides an opportunity for others to give back to the military community.

It serves all active duty Airmen E-6 and below, Navy E-5 and below, and all other service members living on Hickam.

The attic offers free household items, pots and pans, furniture, clothes, baby items, books and more. This helps young families who are just beginning a household or those who are on a limited budget and need extra assistance.

The shop accepts donations and is a total volunteer activity. Many donations come from families that are leaving the island. Items like canned foods and

bottled water are donated. All items are inspected for cleanliness and safety before being offered to the public.

"Whatever items that are not used in the store are donated back to the local community," said Traycie Sims, the center manager.

"It's a good program for those who need household items," said Myriam Nunez, assistant manager in training.

The shop is open from 10 a.m. to 1 p.m. every Tuesday and Thursday for Air Force members E-6 and below, from 10 a.m. to noon the second Saturday of each month and from 5 to 7 p.m. every third Wednesday of the month for Navy E-5 and below, and the first and last

Thursday of the month for all other military personnel residing on joint base who are E-5 and below.

Volunteer hours are from 9 a.m. to 1 p.m. Tuesdays and Thursdays, from 4 to 7 p.m. on Wednesdays, and from 9 a.m. to noon on Saturdays when they are open.

They are always looking for volunteers to help with inventory, inspections and sorting items.

"I feel blessed being in a position to help with their cause," said Tech Sgt. Donovan Bryan from Headquarters Pacific Air Forces, a volunteer at the center.

For more information or to volunteer or to make a donation, call 449-5677.

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From tragedy to triumph: Hickam Airman overcomes rare form of cancer

SrA Christopher Stoltz

Joint Base Pearl Harbor-
Hickam Public Affairs

It is common knowledge that humans have five senses: sight, hearing, taste, smell and touch. Webster defines sense as one of five natural powers through which we receive information about the world around us.

Let's play a hypothetical game. You must choose to strip yourself of one sense. Would the choice be hearing? Could you live without the sounds of music or the ability to communicate verbally? Or would it be taste? Could you even fathom the inability to taste a slice of Brooklyn-style pizza, a piece of Belgian chocolate, or ice-cold lemonade on a hot summer's day?

I am not sure which sense I would choose. Heck, I don't even want to play this game anymore. But if forced to choose, I certainly know the one I could not live without: my sight. Unfortunately for Technical Sgt. Chris Hart, 647th Force Support Squadron unit training manager, this scenario wasn't a hypothetical situation.

Shutdown

Continued from, A-1

cancelled if the shutdown extends into next week. Minimal services will be available at the MFSC while the furlough is in effect. For more information, call 474-1999 or check the MFSC Facebook page.

Other Facebook pages that may have additional information include the Joint Base Pearl Harbor-Hickam, Navy Region Hawaii and 15th Wing sites. However, there may be few updates to some websites and social media until after the shutdown is resolved.

The Defense Commissary Agency (DeCA) announced that all stateside commissary stores (including Hawaii) are closed as of Oct. 2 due to the shutdown. For more information, check the DeCA website www.commissaries.com. Service members can read the text of the Pay Our Military Act signed by President Barack Obama and passed by both the House of Representatives and the Senate, <http://go.usa.gov/DssF>.

TRICARE beneficiaries can learn more about health care services offered during the shutdown in this official statement, <http://go.usa.gov/DsHT>.

Veterans can learn about the impact of the shutdown on their benefits from the U.S. Department of Veterans Affairs, <http://go.usa.gov/DsH9>.

The Navy Exchange Service Command (NEX-COM) announced that NEXs and Navy Lodges worldwide will remain open during the U.S. government shutdown.

Story Ideas?

Contact
Ho'okele editor for
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Photo courtesy of Technical Sgt. Chris Hart

Technical Sgt. Chris Hart, 647th Force Support Squadron unit training manager, recovers after a surgery to remove cancerous melanoma from his eye on Aug. 8.

It was nearly a certainty that could claim not only his sight, but his life as well.

"Earlier this year, I was in the final stages of approval for Lasik surgery," he said. "In June, during the final stages of my visits and check-ups, the attending optometrist noticed a small, but strange anomaly on the iris of my left eye."

The doctor reassured Hart that it was probably nothing of concern, but said he should have it looked at by a specialist in case he had anything wrong with the eye in question.

Following protocols, Hart was recommended to an ophthalmologist for further review. Upon visits to both the Tripler Army Medical Center and the 15th Medical Group on Hickam, Hart was informed the spot on his eye was possibly melanoma and should have it looked at by an ocular oncologist.

Hart was referred to a retired ocular oncologist living in Hawaii, who specialized in identifying and operating on incidents as rare as

Hart's was.

Unfortunately, Hart's bad luck continued as the oncologist confirmed that the melanoma in his eye was, in fact, cancerous.

"I was completely blown away," he said. "One day, I am being briefed for Lasik surgery. The next, I am being told I need to have surgery to remove melanoma from my eye. This is something so rare that I was informed there are only a few active ocular oncologists in the United States. I'm just glad a retired one was living in Hawaii and could provide some guidance."

After the prognosis, Hart was sent to California for his surgery. His bad luck streak ended as the surgery was successful and yielded no complications.

While most people would be disheartened by the daunting sequence of events, Hart remained optimistic and even had a positive experience from the entire ordeal.

"The one fortunate aspect out the unfortunate set of

occurrences is the fact I was able to see my son Ethan," he said. "He lives on Travis Air Force Base, which is about an hour away from

UCSF. My family was also able to visit and stay with me during my recovery. "I can barely see out of my left eye at the moment, but

I'm slowly recovering," he said.

"It is almost like seeing out of a clear shower curtain, but I should regain most of my sight within eight weeks. I'm just glad the specialists here were able to help me, because it's crazy to imagine that if this went untreated, it could eventually claim my life," he explained.

Hart is doing well these days and is currently on medical leave. He is set to visit a specialist every six months to ensure there is no recurrence of the melanoma which once plagued his eye. He recommends that all Airmen take their health seriously and make sure to follow up on anything suspicious, even if it doesn't seem like a big deal.

"I'm just glad the doctors saved my life, and I have the chance to be there for my son," he said. "It would be one thing if I couldn't see him, but it would be much worse if he couldn't see me."

PMRF observes UN International Day of Peace



Pastor Tom Iannucci, with the Breath of Life Christian Ministries in Lihue and also a police chaplain with the Kauai Police Department, speaks to Sailors, base employees and family members at the Pacific Missile Range Facility's observance of the United Nations International Day of Peace on Sept. 21.

US Navy photo by MC2 Matthew Diendorf

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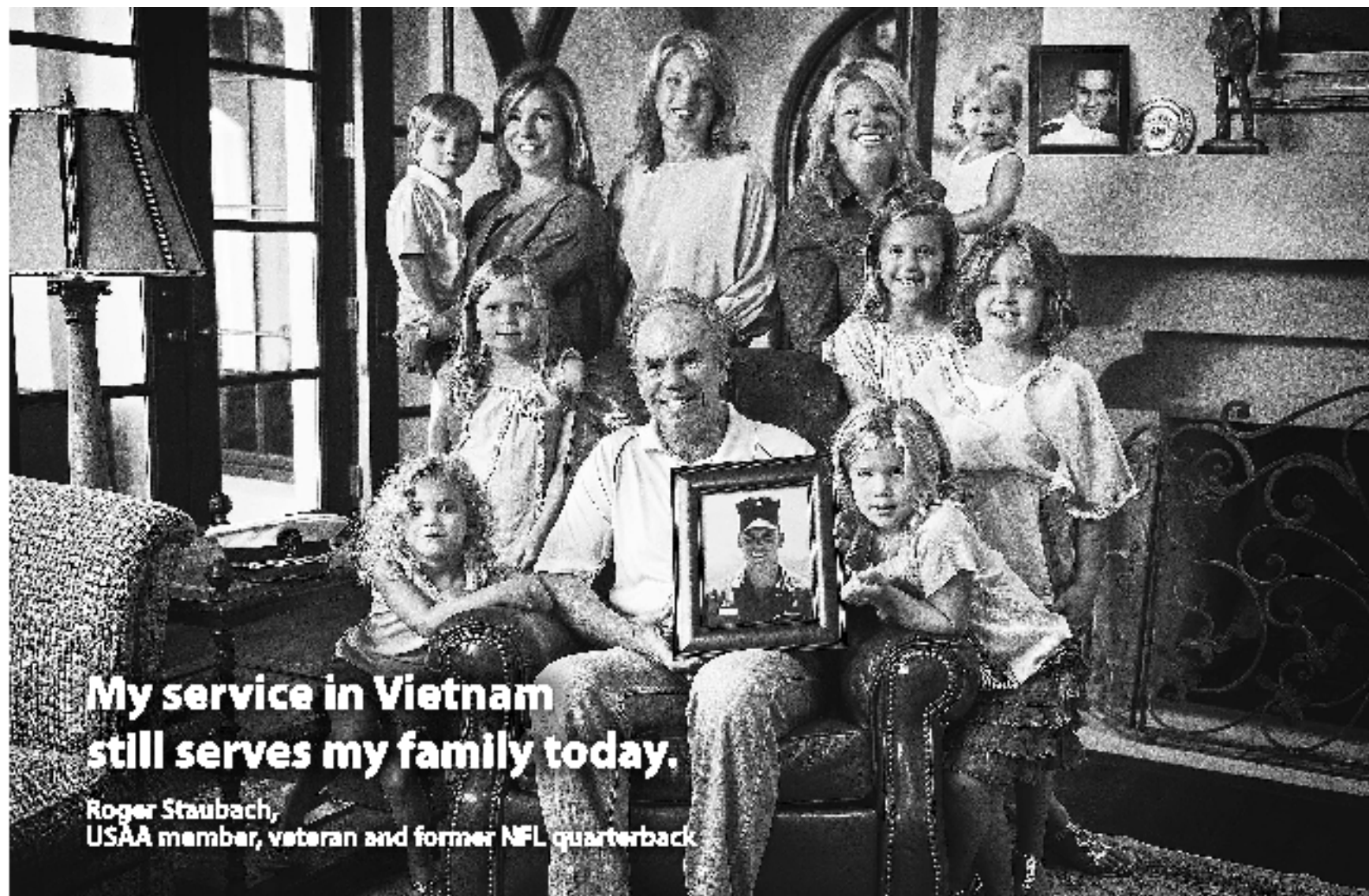
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Airmen and Sailors receive ‘priceless’ financial management advice

**Story and photos by
Tech. Sgt. Jerome
S. Tayborn**

*15th Wing Public
Affairs Office*

Do you ever think about retiring at the age of 40 or 45? Wouldn't it be nice to be financially stable enough to never need to work a day after your military retirement? If this sounds like something you are interested in, you might want to check out the Million Dollar Sailor/Airman Course offered by the Joint Base Pearl Harbor-Hickam Military and Family Support Center. Debra Blunt, a 19-year accredited financial counselor and 20-year military spouse, says it can happen, and with very little effort. It's just a matter of keeping track of your finances like it's your own personal business.

To assist service members with this, the Military and Family Support Center offers a two-day course in money management to active duty military members and their spouses.

The course was created with the intent to educate people on their financial responsibilities. Attendees receive training on proper budgeting techniques, credit management, savings and investment options, insurance, military pay and



Airmen and Sailors from Joint Base Pearl Harbor-Hickam, listen attentively during the Million Dollar Sailor/Airman program at Military and Family Support Center at JBPHH, Sept. 18.

allowances, consumer rip-offs, how to obtain a loan, credit score reports, and new and used car purchasing techniques.

The course has proven to be so useful that some Navy commands require their personnel to attend before they move off a military post, while other commands

require all E-4s and below to attend the course.

However, Blunt welcomes all ranks and believes that rank and age have nothing to do with how people deal with their finances and feels that anyone could benefit from the course.

"I signed up for the course because I felt it would be



“Our course teaches people to build wealth instead of debt and helps to change an individual’s mindset.”

—Janice Crawley, Military and Family Support Center

helpful for my upcoming permanent change of station move,” said Staff Sgt. Angelique Pye, Pacific Command knowledge operations office.

“This course taught me a lot about investing and mutual funds, and I would recommend this course to others, especially to our junior Airmen and Sailors.”

According to Blunt, this course is incomparable to any paid class offered in the civilian world and is free. She encourages military personnel and their spouses to take advantage of the valuable training offered.

“We take a lot of pride in this course that was developed here locally by the Navy in Hawaii. Having

been one of the original people who helped create the program, we are proud this program has since been picked up Navy-wide,” said Blunt.

And now the Air Force under Joint Base Pearl Harbor-Hickam is participating and eligible to receive the Million Dollar Airman/Sailor course.

“This course can change people’s lives,” said Blunt.

Blunt recalls an individual who came through the course three years ago and now has more than \$50,000 in his TSP, a feat he directly attributes to the course.

“He now invests 52 percent of his pay into TSP, which is in incredible, and now his whole future is

set,” said Blunt.

Blunt said it's really about teaching service members how to make better decisions with their finances.

“We want our Airmen and Sailors to be informed before they go out and make significant financial decisions,” said Blunt.

With the holidays quickly approaching, Blunt offers advice for those looking to celebrate without breaking the bank. She urges people to plan ahead and start saving early.

To keep debt at bay, Blunt advises service members and their spouses to make a list and budget to determine what their holiday limits will be and then to save monthly leading up to the holidays.

“Our course teaches people to build wealth instead of debt and helps to change an individual’s mindset,” said Janice Crawley, an accredited financial counselor at the Military and Family Support Center.

“It’s a struggle to live paycheck to paycheck trying to get through to the next month. We want to teach people how to change their lives and how to manage their finances,” Crawley explained.

If you are interested in budgeting and investing for your future, please register for the Million Dollar Sailor/Airman course at www.greatlifehawaii.com.

Federal Fire Department employee receives award for saving life



**Fire Inspector
Angela Sanders**

The Federal Fire Department held a special award ceremony on Sept. 26 to acknowledge Federal Fire Department-Hawaii Driver Operator/EMT Carson Perry for his rescue of a person who had fallen off a 30-foot cliff and into the turbulent ocean. The Honolulu City and County Ocean Safety Division also attended and presented Perry with a certificate of appreciation.

On Aug. 18, Perry was off-duty and just completed a volunteer shift as an escort boat driver for an open ocean canoe race. While en-route from Waikiki to Kaneohe on his 19-foot Boston Whaler, he noticed a person in the ocean frantically waving his

The City and County of Honolulu Ocean Safety Captain Kevin Allen presented Federal Fire Department Carson Perry Driver Operator/EMT, right, with an award of recognition Sept. 26, at the Federal Fire Department headquarters.

Photo by Al Balderama,
Federal Fire Department

arms. The ocean conditions were extremely rough with 6-10 foot waves, swift currents and a rocky coastline with sheer vertical cliffs.

Perry steered his boat towards the person, pulled him into his boat and assessed his condition. He immediately placed the person in the recovery position. The victim then began to cough up seawater.

The victim was a 19-year old active duty military member who was exhausted, disoriented and had sustained a shoulder injury. At the time of the rescue, ocean currents were pulling the victim farther away from shore and out to sea.

After caring for the shoulder injury, Perry contacted the Coast Guard on his marine band radio for assistance. The Coast Guard put him in contact with the Honolulu City and County Ocean Safety Division and coordinated a rendezvous point approximately 3-5 miles up the coastline.

Perry navigated to the rendezvous location and safely transferred the victim to Ocean Safety lifeguards, who then transported the victim to shore

with their personal watercraft.

The Honolulu City and County Ocean Safety Division informed Perry that it would have taken them 15-20 minutes to launch the personal watercraft and another 15 minutes to navigate through the rough ocean to the victim’s location. They concluded, based on the victim’s condition, a rescue would not have been successful if Perry had not retrieved the victim from the ocean.

“Carson Perry selflessly navigated dangerous ocean conditions close to the rocky shoreline,” said Federal Fire Department District Chief Warren Ferguson. “He placed himself at risk attempting to access the patient and pull him aboard his boat. Despite the conditions, he was able to communicate to additional rescue units to assist in getting the patient to safety and definitive care and treatment. The prompt actions of Carson Perry, with the outstanding support of Honolulu City and County Ocean Safety, directly contributed to the successful rescue and treatment of the patient.”

New Camp H.M. Smith Fitness Center construction is complete

**Story and photo by
Denise Emsley**

*Naval Facilities
Engineering
Command Hawaii*

Personnel from Naval Facilities Engineering Command (NAVFAC) Hawaii, Marine Corps Base (MCB) Hawaii and Marine Corps Community Services (MCCS) performed a walk-through on Sept. 20 of the new fitness center at Camp H.M. Smith, Oahu, to identify any last minute items that may need adjustment.

“The Marines and other service members aboard Camp H.M. Smith have improvised, adapted and overcame to meet their fitness and recreation requirements,” said U.S. Marine Corps Capt. Tyrone Barrion, leeward facilities officer, Marine Corps Base Hawaii.

“Antiquated fitness facilities were demolished over the years and ‘temporary’ fitness areas were created from underutilized administrative spaces. However, with the completion of this military construction (MILCON), Camp H.M. Smith and its tenant can now exploit the fitness center to its fullest capability and

experience recreation and fitness comparable to those found on other bases corps-wide,” he added.

A \$25.4 million contract was awarded to AMEC-Nan Joint Venture, Honolulu Hawaii in June 2011. The design-build project was to construct a low rise fitness center at Camp H.M. Smith and provide repairs and improvements to an existing athletic field at MCB Hawaii, Kaneohe.

The new fitness center is 29,943 square feet and includes energy-saving technology, such as LED and CFL lighting, daylighting tubes, occupancy sensors, etc., that will reduce lighting energy consumption.

The 1,032 photovoltaic panels on its roof and supporting structures will supply 100 percent of the building’s needs. Hot water will be generated by a heat pump while providing free chilled water for the air conditioning system. A solar water heating system with separate storage tanks that will pre-heat water is also part of the building.

A backup, gas-fired (LPG) water heater has been installed to support the heat pump water heating system in instances of additional



A view of the entrance, or front side of the new Camp H.M. Smith Fitness Center, from the uncovered parking area Sept. 20. Upon entering the building, the workout space is to the right and the gym/basketball court is to the left.

immediate demand. In addition, the landscaped areas around the facility are designed to reduce fertilizers, pesticides and water use by using a xeriscape design approach.

“I am very proud to be a part of this challenging, but very interesting building construction,” said Allan Ng, NAVFAC Hawaii project manager.

“The building automation

and energy-saving features of this facility will provide decades of cost-savings to MCB Hawaii and MCCS,” Ng said.

Originally slated for Leadership in Energy and Environmental Design (LEED) Silver certification, the new fitness center has exceeded the standards and achieved Gold with the possibility of ultimately reaching Platinum, the highest

certification. The final decision will depend on the points the facility accumulates in sustainable sites, water efficiency, energy and atmosphere, materials and resources, and indoor environmental quality which has still to be determined.

Over the next few months, the center will be prepared for use with the installation of furniture and equipment. The estimate

date for opening is late 2013. MCCS will be announcing the grand opening.

As far as the athletic field at MCB Hawaii, construction continues after a short delay and the natural turf will be replaced with an artificial turf surface which will save in maintenance and water usage costs. The field is scheduled for completion in spring 2014.

Life & Leisure

B

Military joins Aloha Festivals Floral Parade



Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, participated as the senior representative for the military services in Hawaii for the Sept. 28 Aloha Festivals Floral Parade in Waikiki.

Other military units participating included the 25th Infantry Division marching unit, U.S. Pacific Fleet marching band, Pacific Air Forces marching unit and the U.S. Marine Corps Forces Pacific marching band.

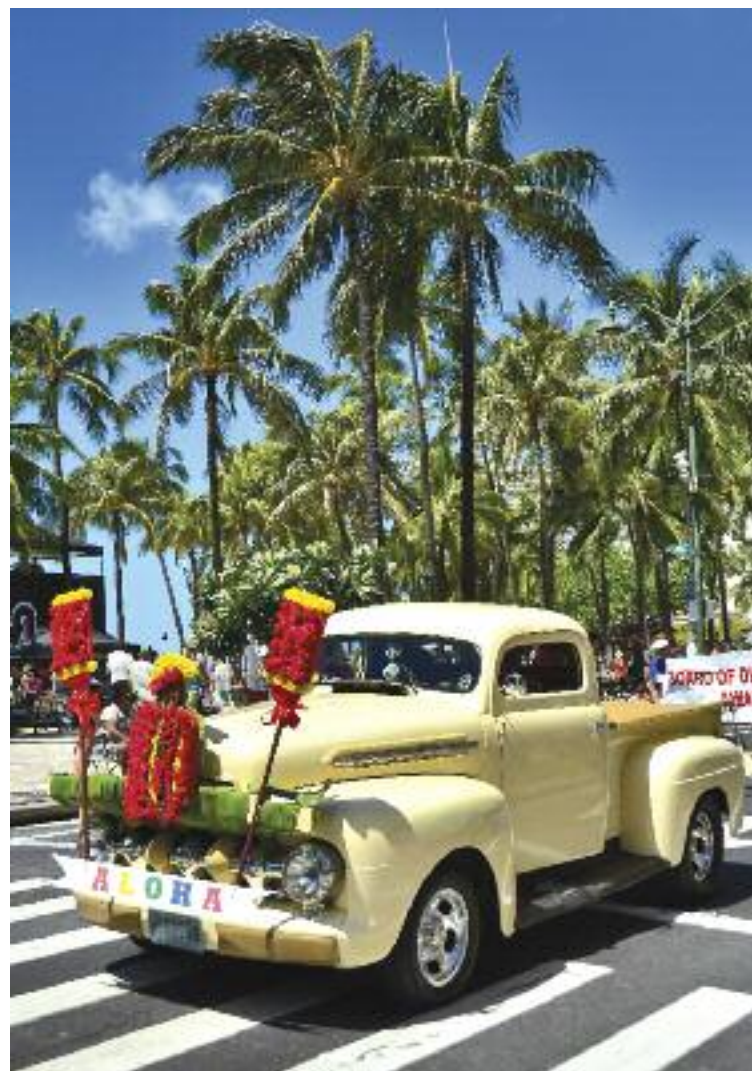
The parade began at Ala Moana Park and moved down Ala Moana Boulevard to Kalakaua Avenue, ending at Kapiolani Park.

The theme of the 2013 Aloha Festivals was "Moana Nui Kea: Celebrating Traditional Hawaiian Ocean Voyaging," in honor of the Polynesian Voyaging Society's 40th anniversary.



U.S. Navy photos by MC1 Daniel Barker

Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific participates with his wife Suzy in the 2013 Aloha Festivals Parade.



Maintenance Group holds off COMSUBPAC comeback

Story and photo
by Randy Dela Cruz

Sports Editor

Quarterback Airman 1st Class Aaron Maxwell staked the 15th Maintenance Group (15 MXG) to a 13-0 lead on two touchdown tosses and followed up with two more scoring drives to help his team hold off Commander Submarine Force U.S. Pacific Fleet (COMSUBPAC), 27-19, on Oct. 1 in a Red Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

Maxwell, who missed the entire season last year due to deployment, frustrated the COMSUBPAC defense with his ability to scramble and throw the long ball.

“We just wanted to move the ball down the field and score on each possession,” Maxwell said. “Our offense is everybody just line up and get open.”

From the game’s opening drive Maxwell executed the Maintenance Group’s game plan to near perfection, as the QB needed only four plays to move the ball 65 yards, before finishing off the drive on a pass to a wide open Staff Sgt. Art Gandy, who was camped out on the right side of the end zone.

The converted point after touchdown (PAT) put the MXG ahead by a score of 7-0.

Then after the MXG defense stopped COMSUBPAC on downs, Maxwell went back to work from his own 39-yard line and completed another scoring drive with a 15-yard pass to Senior Airman Kenneth Clouse for a 13-0 advantage.

With everything going the Maintenance Group’s way, COMSUBPAC quarterback Fire Controlman 2nd Class Frank Lofton gave his team a quick about-face, when on the very first play from scrimmage, he dropped back from the 15 and hoisted a long over-the-top rainbow that settled down into the arms of a streaking Information Systems Technician Seaman Aramis McCray, who made the grab and ran untouched into the end zone for a touchdown.

The converted PAT pulled



Airman 1st Class Aaron Maxwell (right) deflects away a pass intended for a Commander Submarine Force U.S. Pacific Fleet (COMSUBPAC) receiver.

“After that missed play on safety, I said, ‘hey, we’re going to come down and score.’ I was going make them pay for scoring.”

—Quarterback Airman 1st Class Aaron Maxwell

COMSUBPAC to within six points at 13-7 and seemed to halt the MXG momentum. However Maxwell wasn’t done.

On only three plays, Maxwell moved the team 65 yards and a score, which ended on a 15-yard pass to Airman 1st Class Justin Casanova for six and a 20-7 lead

after the PAT.

“After that missed play on safety, I said, ‘hey, we’re going to come down and score,’” Maxwell said. “I was going make them pay for scoring.”

With time running out before intermission, Lofton appeared to be on track to answer the MXG

score by leading a drive all the way down to the MXG 18-yard line.

However, the drive was halted by an interception in the end zone.

“We tried to go to the end zone, when it was 20-7,” Lofton recalled. “We wanted to go in just down a touchdown, so we could get the ball back. But the cornerback made a good play.”

Following halftime, Lofton led a 65-yard drive to pay dirt that culminated with a 20-yard scoring toss to Electronics Technician 2nd Class Thomas Siler to narrow down the margin back to seven at 20-13.

Once again, Maxwell rose up to the challenge and led another 65-yard drive to the end zone.

This time, Maxwell rushed into the end zone from nine-yards out

and capped things off by converting the PAT for a 27-13 lead.

Lofton did manage to throw another touchdown pass on a completion to Information Systems Technician 3rd Class Morgan Meyer, but it was too little, too late.

Coming off a loss, Maxwell said that getting the win over COMSUBPAC was a good start in turning things around.

Although the team has a few more things to improve upon, Maxwell said that the team is on the right track.

“We’re almost where we want to be,” he admitted. “We still got some people on leave. Once we get all that settled down in practice, we’re going to be a pretty good team.”

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PHNSY Futbol Club wins Summer Soccer League title

**Story and photo by
Randy Dela Cruz**

Sports Editor

Goalkeeper Department of Defense (DoD) civilian Keoni Wongwai knocked down kick number four in an overtime shootout to help Pearl Harbor Naval Shipyard Futbol Club (PHNSY FC) beat the 324th Intelligence Squadron (324 IS) and win the Summer Soccer League championship on Sept. 29 at Quick Field, Joint Base Pearl Harbor-Hickam.

The game ended in regulation deadlocked at 2-2 and after both teams made good on their first three penalty kicks, Wongwai came up with the huge stop on ball kicked by Senior Airman Randy Kelso to end the game.

"It's a weight on your shoulders, but when I'm in that scenario, I don't even watch what's going on," Wongwai explained about keeping focused under pressure. "I'm off in my own world. I don't know if we're wining or losing — just play it the best you can."

The dramatic climax ended an extremely competitive affair that saw the 324 IS come back twice after



Nate Hogue, a DoD civilian, gets past the goalkeeper before scoring a goal for the Pearl Harbor Naval Shipyard Futbol Club.

falling behind in regulation to extend the game into overtime.

PHNSY FC was held scoreless against the 324 IS in the final game off the regular season, but got off to fast start in the championship game, when DoD civilian and team captain Moussa Niang cleaned up on an errant shot from a teammate and kicked in the

first goal of the game.

"One of our players took a lead on the outside and I just started opening right in the middle between the defenders," Niang said. "When he dropped the ball inside, I put my foot in and it was a lucky shot."

The lead didn't last long as the 324 IS responded on a goal of their own to tie the game up at 1-1.

Kelso knocked in the tying score after the 324 IS pushed the ball through the box, where Fire Controlman 2nd Class Michael Farbridge-Currie passed the ball straight to Kelso for the goal.

The game remained at a stalemate into halftime, but only minutes into the second half, PHNSY FC went back out on top on a break-

away goal from DoD civilian Nate Hogue to make it 2-1.

With the PHNSY FC defense effectively shutting down the 324 IS offense, the one-goal advantage looked like it would be enough as time wound down inside a minute remaining on the clock.

However, Farbridge-Currie, standing before a wall of PHNSY FC defenders, shot a penalty kick that somehow got through the defense and into the net for a 2-2 tie.

"I just got lucky," Farbridge-Currie said. "That was not what we were planning to do. I just got a lucky bounce."

Niang admitted that he was disappointed in the lapse in defense, but after making it to the championship game, he told his teammates to go into overtime and finish what they started.

"I talked to the guys that if we made it this far, I don't want anything less than a championship," he said.

After locking down the victory, Niang admitted that although he gave the team a pep talk just prior to overtime, he wasn't feeling good about the team's chances.

"Today, I have to admit

that I was not very comfortable," he stated. "A lot of the guys, including me, did not want to take a shot. We relied on Keoni, with his long arms to make a stop and he did. We were lucky."

After finishing the regular season with the best record in the regular season, Farbridge-Currie said it was disappointing to come up short in the playoffs.

Still, Farbridge-Currie said that he had a great time and is looking forward to doing it again.

"This was fun," he said. "This is my first time playing with these guys. Hopefully, we do it again next year."

For the moment, Niang said that this was a game to savor — especially after the team has now won two summer championships in three years.

While winning the first title was nice, Niang said the second one is even more special because it's the last game for one of the team's top players.

"This is the sweetest because it's Nate's (Hogue) last day," Niang pointed out. "Sending him away with a championship is the best thing we can do for him."

Lake Erie 'A' out to surprise competition in upcoming playoffs

**Story and photo by
Randy Dela Cruz**

Sports Editor

USS Lake Erie (CG 70) "A" secured the third seed in the postseason by coming back to defeat USS Chafee (DDG 90) Bulldogs, 49-29, in the final regular-season game of the Summer Basketball League on Sept. 28 at Joint Base Pearl Harbor-Hickam Fitness Center.

Lake Erie started off the summer with back-to-back losses and then ran the board to finish out the regular season with a 6-2 record.

Despite ending the season behind USS Port Royal (CG 73) Hoyas and Shipyard, Lake Erie finds itself in a position to finish off the playoffs with a big surprise.

"I'm not going to say that we're going to have to have a perfect game because that's not going to happen," Gas Turbine System Technician (Mechanical) 3rd Class Joseph Francis Lake Erie guard said. "But we're going to have to get on all cylinders. We cannot afford to get out on a slow start the way we did today."

The playoffs begin on Oct. 5 with Lake Erie "A" squaring off against Chafee in a rematch at noon, while Shipyard plays USS Michael Murphy (DDG 112) at 11 a.m., and Port Royal meeting the winner of the USS Texas (SSN 775) vs. Chafee Blue Devils at 1 p.m.

Winning teams from the first round will advance to

the final four on Oct. 12, which will be immediately followed by the championship showdown. All games will be played at JBPHH Fitness Center.

Against the Bulldogs, Lake Erie, playing without the services of center Culinary Specialist Seaman Christopher Bouie for the entire first half, fell behind early as Chafee zeroed in from long-range to start the game.

Back-to-back treys by Logistics Specialist Seaman Mark Manimtim and Ensign Temi Jones put Chafee in front a 6-0, before a basket at the 9:43 mark by Jones gave the Bulldogs their biggest lead at 10-2.

With Chafee on the verge of a double-digit lead, Port Royal mounted a comeback on the strong play of Francis.

Two baskets and two free throws by Francis helped the Hoyas tie the score at 13-13 with 2:44 remaining in the first half.

However, Chafee got two baskets from Cryptologic Technician (Collection) 3rd Class Anthony Dawson and a buzzer-beating trey from Damage Controlman Fireman Michael Villanueva to give the Bulldogs a 20-15 lead at halftime.

In the second half, Bouie, who arrived at intermission after working his duty station, entered the game and made his presence known immediately.

Rebounding with authority and controlling the paint, Bouie's strong play freed his teammates to run the court and dominate the Bulldogs.

Information Systems Technician 3rd Class Lorenzo Nichols basket on an assist from Francis at the 14:24 mark gave the Hoyas their first lead of the game at 21-20.

Lake Erie scored three more baskets to cap off a 12-0 run and take a 27-20 advantage that continued to grow until final horn sounded.

Besides controlling the boards, Bouie, in just one half of play, led Lake Erie in scoring with 17 points, while teammate Francis chipped in with 14 points.

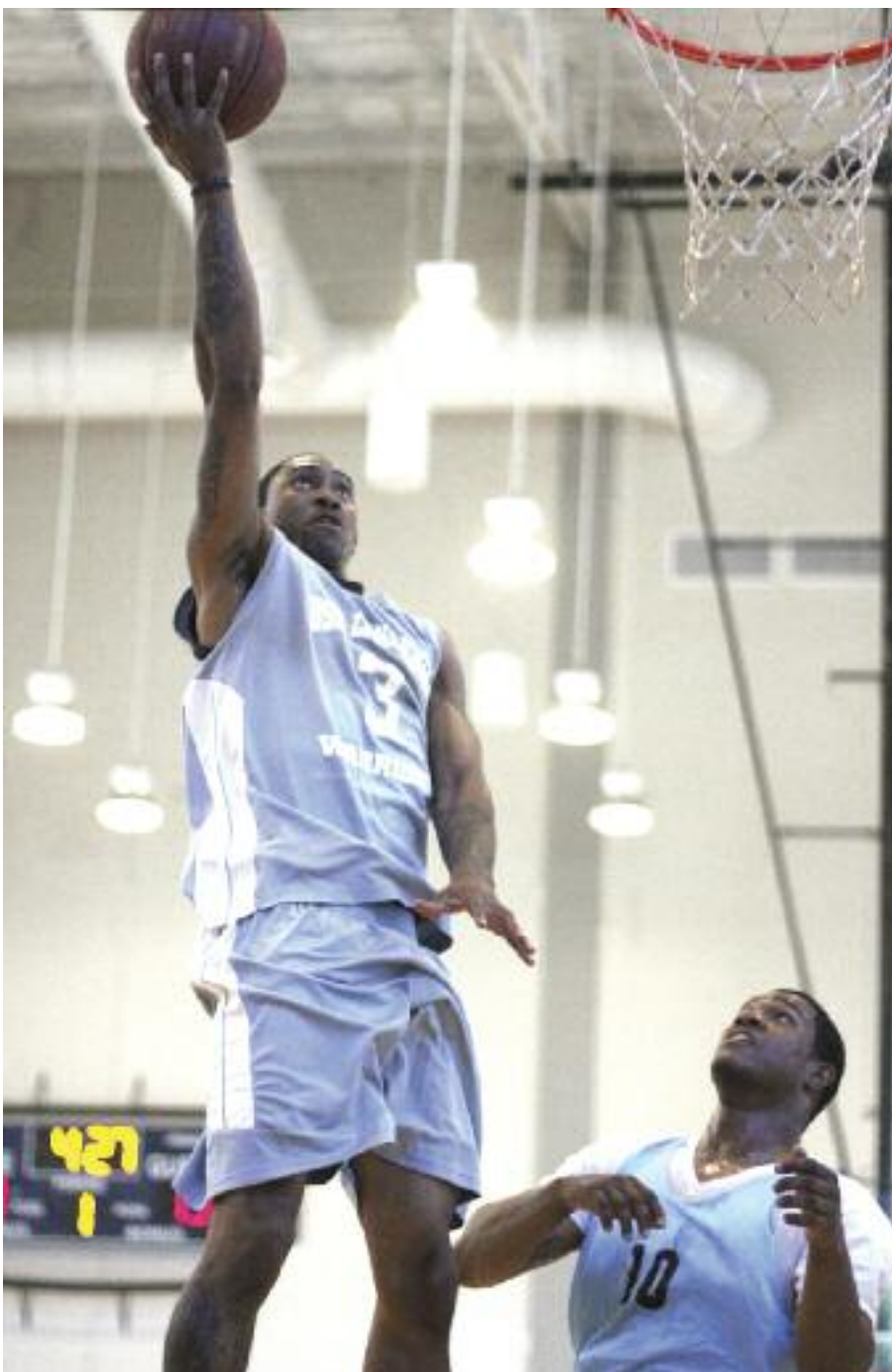
"My team spread everything out and I did the rest," Bouie said about his dominating play in the second half. "My teammates saw what was going on and I just capitalized."

In looking ahead towards the playoffs, Bouie said that despite the team's slow start out of the gates in the regular season, he believes that the championship is well within reach.

"I feel we're at the top," he announced. "Overall, we have the most depth, most skill, so outside of some mental lapses, we're at the top right now."

Although Francis wasn't ready to guarantee that Lake Erie will win it all, he felt confident that the team would be in the final showdown.

"It's going to end up Lake Erie versus Port Royal for championship. That's what I see," he said. "We're going to have to play with a sense of desperation and a sense of team."



Gas Turbine System Technician (Mechanical) 3rd Class Joseph Francis, guard for USS Lake Erie (CG 70) "A" team, goes up past Cryptologic Technician (Collection) 3rd Class Anthony Dawson of USS Chafee (DDG 90) Bulldogs for two of his 14 points.

Civil Air Patrol: America's best kept secret supports Air Force

Staff Sgt. Terri Paden

*15th Wing Public
Affairs office*

Throughout its 66-year history, the U.S. Air Force has been successful in its mission to fly, fight and win largely because of the capabilities it offers through various specialized components and commands. One of these components is the Civil Air Patrol (CAP), located at Joint Base Pearl Harbor-Hickam.

The CAP, which is a humanitarian and educational nonprofit organization, is the official civilian auxiliary of the Air Force, and is often referred to as America's best kept secret, said Abraham Cheng, CAP member. With more than 500 aircraft nation-wide, the CAP boasts the largest fleet

of single-engine aircraft in the nation.

The organization is composed of more than 56,000 volunteer members who work together to support the Air Force and its mission. With pilots, aircrew members, support, logistic, medical and religious personnel, the CAP offers a variety of ways for volunteers to serve.

"The amount of education and training we provide our members is awesome," said Col. Jeffrey Stickel, 66th Composite Squadron commander. "We consider ourselves to be a military force multiplier."

As an officially sanctioned, though little known, Air Force component, CAP provides state assistance with search and rescue, dis-

aster relief, aerial reconnaissance, communication, transportation of high value equipment and personnel and homeland security.

Even though there is a CAP presence in each state and U.S. territory, the organization is particularly active in Hawaii where it's charged with the tsunami warning mission as well. With Hawaii's most severe natural threat being tsunamis, CAP offers a reliable way for the state government to reach the 70 percent of the population that the warning sirens cannot reach in case of emergency.

"Here at Joint Base Pearl Harbor-Hickam the CAP

plays an active role in support of not only the Air Force, but the Coast Guard, the Department of Emergency Management and the Hawaii State Civil Defense," Cheng said. "Recently teams from the 66th CS successfully located two distress beacons within an hour of activation and deployment. This event not only demonstrated the dedication and commitment displayed by Civil Air Patrol members nationwide, but also potentially saved the military and state government thousands of dollars in man-hours, maintenance and operational costs that could have been incurred had CAP not covered the mission."

In addition to providing state and military support, the CAP also offers young adults ages 12-18 leadership

opportunities and mentorship through the Civil Air Patrol Cadet Program.

"Kids that come into Civil Air Patrol find the value of giving," Stickel said. "It's a safe place for young people to experiment with leadership and find out what they can do as leaders. It's an investment in the future and we do our best to get these kids ready for life."

According to Stickel, the program, which allows cadets who come into the organization before the age of 18 to stay until they are 21, provides the cadets with character development, military leadership, aerospace education emergency services skills and leadership training opportunities.

However, though the CAP is closely connected with the Air Force and is guaranteed three slots at the Air Force

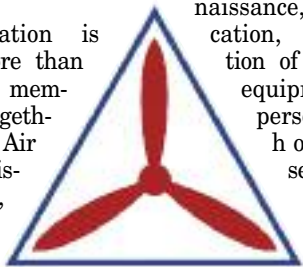
academy a year for its members, cadets are not required to join the military after completion of the program.

"This equips the kids with a variety of essential skills whether they are going into the Air Force or not," Stickel said. "These are systematic skills and can make them very well rounded people."

With a mission as diverse as humanitarian relief, disaster relief, national defense and cadet mentorship, Stickel said there are countless opportunities for would-be members to do their bit to better the world.

"The only motivation a person needs to join Civil Air Patrol is a desire to serve their community," he said.

For more information on Civil Air Patrol, visit www.cap.gov or call 1-800-FLY-2338.



New classes bring added variety to Hickam Arts & Crafts Center

*Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation*

One new class is the Japanese art of origami. In this class, students ages 12 years and up will



Photo courtesy of Shutterstock
A mother and daughter make jewelry.

For more information, call 448-9907.

*Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation*

The Child and Youth Programs



MWR Marketing photo

A Morale, Recreation and Welfare employee works with young children at a child care facility.

The job fair will provide interested applicants with a better understanding of Child and Youth Programs. Staff will be on hand to explain and/or answer questions applicants have regarding the programs. Walk through tours of a Child Development Center will be available during

For more information, to download the application or register for the job fair, visit www.greatlife-hawaii.com/index/cvp.html.

Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



Adult Hand-Building with Clay will be held from 9 a.m. to noon Saturdays Oct. 5 to 26 at the Hickam Arts & Crafts Center. The class will teach students who are interested in learning basic ceramic techniques, including pinch-pots, coil building and how clay transforms. FMI: 448-9907.

Warrior Friday will be held from 4:30 to 10 p.m. today at the Hickam Officers' Club. FMI: 448-4608.

Portrait Drawing & Painting will be held from 11 a.m. to 1 p.m. Saturdays Oct. 5 to 26 at the Hickam Arts & Crafts Center. The class will teach students how to draw portraits from subjects in real life and from photographs. FMI: 448-9907.

Library Know-How will begin at 2 p.m. Oct. 5 at the Hickam Library. This workshop will teach participants how to find e-books, audiobooks, music, online training for foreign languages and more. FMI: 449-8299.

Beginning Origami will be held from 2:30 to 4:30 p.m. Saturdays Oct. 5 to 26 at the Hickam Arts & Crafts Center. Students will learn the basic art of Japanese paper folding. FMI: 449-5299.

Fall Cheer Camp will be held from noon to 2

p.m. Monday to Friday Oct. 7 to 11 at Bloch Arena. The camp is open to youth ages 5 to 15 and is facilitated by the Radford High School Cheer Squad. Participants can register at www.greatlifeohawaii.com. FMI: 473-0789.

Youth Winter Baseball Registration will be held from Oct. 7 to Nov. 8. Winter Baseball is open to youth ages 5 to 15. The season runs December to March. Participants can register at www.greatlifeflowai.com. FMI: 473-0789.

Intramural Racquetball Tournament will be held from 11 a.m. to 1 p.m. Monday to Friday Oct. 7 to 11 at the Joint Base Pearl Harbor-Hickam Fitness Center. Spectators are invited to watch this tournament. FMI: 473-2494 or 473-2437.

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Morale Welfare & Recreation

YOUTH BASKETBALL REGISTRATION

Registration for youth basketball begins Oct. 7. The season runs from December to March. Registration is open to youth ages 5-15. FMI: www.greatlifehawaii.com or call 473-0789.

PRESCHOOL STORY TIME

Preschool story time will be held from 9 to 10 a.m. Oct. 9 at the Hickam Library. The theme will be “an elephant you’ll never forget.” FMI: 449-8299.

KE’ALOHİ PAR 3 AERATION SPECIAL

Half-price green fees will be in effect at Ke’alohi Par 3 Golf Course from Oct. 9-14. The course will be closed Oct. 8. FMI: 448-2318.

FREE GOLF CLINIC

There will be a free golf clinic at the Navy-Marine golf course at noon on Oct. 10. FMI: 471-0142.

GROUP SURF LESSON

There will be a group surf lesson at 8 a.m. Oct. 10 at White Plains Beach. The registration deadline is Oct. 9. Shuttle service is included via the Outdoor Adventure Center-Fleet Store. Participants must be able to swim without a lifejacket. FMI: 473-1198.

NORTH SHORE BIKE RIDE

The Outdoor Adventure Center-Fleet Store will host a bicycle trip to the North Shore at 8:30 a.m. Oct. 13. This trip is about seven miles round-trip on level terrain and is an easy ride for beginners. The trip includes gear, transportation and guides. The registration deadline is Oct. 10. FMI: 473-1198.

FORD ISLAND HISTORICAL TOUR

There will be a Ford Island historical tour from 8:30 to 10:30 a.m. Oct. 16. Ford Island played a significant role in World War II, and this tour will visit often-overlooked historical battle sites. FMI: 448-2295.

HALLOWEEN 5K

The Hickam Fitness Center will hold its free Halloween 5k at 8 a.m. Oct. 26. Costumes are optional. FMI: 448-2214.

Community Calendar

OCTOBER

8 — The Armed Forces Communications and Electronics Association (AFCEA) luncheon will be held at Hale Ikena Club, Fort Shafter. Check in is at 11 a.m. and the buffet is at 11:30 a.m. The speaker is Lt. Col Michael Rich, 352d Network Warfare Squadron commander who will discuss privacy in electronic communications. The cost is \$14 for AFCEA members who pre-register; \$17 at the door or for non-members. FMI: <http://afcea-hawaii.org> or call 441-8524.

8, 10 — The Silver Dolphin Bistro will have a special meal to observe the Navy's 238th Birthday Oct. 8. The Silver Dolphin will also observe Hispanic Heritage Month on Oct.10 with a special meal. These meals will be served from 11 a.m. to 12:30 p.m. and be open to military members and their families, retirees and Department of Defense employees. The individual cost of each meal is \$4.60. FMI: 473-2948.

10 — The contributions and presence of Hispanic and Latino Americans in the United States will be recognized at an event from 10 to 11 a.m. at the Pearl Harbor Memorial Chapel. The event will include keynote speakers Joint Base Pearl Harbor-Hickam Command Master Chief Brian Ortega and retired Navy Capt. Steve Colon from Hunt Companies, Inc. FMI: Imelda Henry at 473-1810 or email imelda.henry@navy.mil.

12 — The annual Navy officers and enlisted balls are set for Oct. 12 and will commemorate the Navy's 238th birthday. There are separate balls for officer and enlisted personnel. The officers ball will be held at the Hilton Hawaiian Village Coral Ballroom. The enlisted ball will be held at the Hickam Officers’ Club. Ticket prices can be found online. FMI: <https://officers.ticketbud.com/hawaiinavyball> or <http://www.navyballhawaii.com/>.

12 — The 2013 Making Strides Against Breast Cancer walk will take place from 7 to 11 a.m. beginning at Richardson Field and proceeding to Ford Island, Joint Base Pearl Harbor-Hickam. FMI: visit the website www.MakingStridesHonolulu.org or email honolulustrides@cancer.org.

18 — A Joint Base Pearl Harbor-Hickam Healthy Base Initiative/Operation Live Well kickoff event will be held from 2 to 6 p.m. at Ward Field. The event will include a healthy cooking contest, informational booths from vendors, talks on health and fitness subjects, demonstrations, a Zumba class, youth and adult obstacle courses, bounce houses, food trucks and prizes from JBPHH Morale, Welfare and Recreation. FMI: www.greatlifehawaii.com.



RIDDICK (R)

Vin Diesel's Riddick character gets a new lease on life in this third film from writer/director David N. Twohy. Katee Sackhoff and Bokeem Woodbine head up a group of assassins out to kill Riddick, who lures them to a desolate planet when confronted with a hostile alien species.

SHARKEY THEATER

TODAY 10/4

2:30 PM (3D) One Direction: This is Us (PG)

SATURDAY 10/5

4:40 PM Mortal Instruments: City of Bones (PG-13)
7:20 PM The World’s End (R)

SUNDAY 10/6

2:30 PM (3D) One Direction: This is Us (PG)
4:40 pm Getaway (PG-13)
6:40 pm Riddick (R)

THURSDAY 10/10

7:00 PM 6:00 PM Elysium (R)

HICKAM MEMORIAL THEATER

TODAY 10/4

6:00 PM Elysium (R)

SATURDAY 10/5

4:00 PM Planes (PG)
7:00 PM Kick-Ass (R)

SUNDAY 10/6

2:00 PM Planes (PG)

THURSDAY 10/10

7:00 PM R.I.P.D. (PG13)

Movie Showtimes



Hawaii Sailor honored as Pink Power Mom recipient

Brandon Bosworth

Staff Writer

Chief Warrant Officer 3 Vanderla Akaka, Afloat Training Group Middle Pacific, was recently named a 2013 Pink Power Mom by the baby product company Kids II. She is the first Armed Forces member and Hawaii resident to receive this honor.

Every year the Pink Power Mom program seeks out and honors eight mothers in communities across the nation who have not only survived breast cancer, but have helped others.

“It is an honor to be named a Pink Power Mom,” Akaka said. “It’s empowering, and

gives me more strength to serve others.”

Akaka is herself a two-time breast cancer survivor. She was diagnosed with the disease both in 2008 and again in August 2012. Akaka completed her final round of chemotherapy in January of this year.

Her diagnosis led Akaka to form a Jazzercise group to raise funds for the American Cancer Society. She also dedicates her time to Making Strides Against Breast Cancer. Her key focus is helping women become proactive with their health. Akaka also helps young children through programs such as Special Olympics, the Read Out Loud Program and the Boys

and Girls Club Hawaii.

At 7:50 a.m. Oct. 11, Akaka will appear on “Hawaii News Now Sunrise” to present my \$5,000 donation from Pink Power Mom to the American Cancer Society’s Making Strides Against Breast Cancer. She will also be at Windward Mall on Oct. 6 from 1 to 2 p.m. with her Jazzercise breast cancer team.

Akaka will participate in the 2013 Making Strides Against Breast Cancer walk, which will be held from 7 to 11 a.m. Oct. 12 beginning at Richardson Field.

For more information about this event, visit the website www.MakingStridesHonolulu.org or email honolulustrides@cancer.org.



Photo courtesy of Making Strides Against Breast Cancer

Chief Warrant Officer 3 Vanderla Akaka, Afloat Training Group Middle Pacific, was recently named a 2013 Pink Power Mom.

Forest City plans series of October events

There are several events taking place in Forest City communities throughout October.

Beat the Heat with an Ice Cream Treat from 2 to 4 p.m. Oct. 7 at the Pearl City Peninsula office. Residents can stop by and pick up an ice cream treat. One ice cream is available per customers and children under 16 years old must be accompanied by

an adult. For more information, call 839-8670.

Pumpkin Spice and Everything Nice will be held from 9 to 10:30 a.m. Oct. 9 at Moanalua Community Center and McGrew Community Center. The event is open to West Community residents. Residents are invited to bring in a pumpkin dessert. The winner of best dessert will win a

prize. Pumpkin refreshments will also be served. For more information, call 839-8640.

A Sidewalk Chalk event will be held from 3 to 4:30 p.m. Oct. 11 at Halsey Terrace Community Center. The event is open to East Community residents. This event will feature four square and hopscotch. For more information, call 839-8620.

Residents challenged to save energy, win big

Hickam Communities LLC

It’s National Energy Awareness Month and families at Hickam Communities at have a chance to win \$500 by reducing their October energy consumption.

“Our mock utility billing program is well underway and our families have started to understand what their energy use is and what they can do to manage it,” said Stephen Quinn, property manager for Hickam Communities. “We thought a contest challenging them to reduce their consumption even more would be a great way to get the community involved in saving energy.”

Five cash prizes of \$500 each along with other prizes will be awarded. Residents are being challenged to reduce their October energy consumption by at least 10 percent based on their August 2013 consumption. All residents who meet the contest requirements automatically will be entered into a random drawing to be held in November. Contest details can be found at www.HickamCommunities.com/Go/Win.

Hickam Communities and its utility partner, Minol USA, are offering tips and resources that can help families meet their energy goals. For more information, log on to www.HickamCommunities.com/Go/Conserve.

Blood drive schedule updated

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP).

Currently scheduled drives include:

- Oct. 8, 9 a.m. to 1 p.m., Seal Division Team-1 SDVT-1 classrooms;
- Oct. 9, 11 a.m. to 3 p.m., Hickam BX;
- Oct. 29 and 30, 9 a.m. to 1 p.m., 3rd Radio Battalion, Marine Corps Base Hawaii.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

Bellows Boofest to provide haunting experience Oct. 26

Boofest 2013 will be held from 5 to 9 p.m. Oct. 26 at Bellows Air Force Station.

Participants will experience a haunted village, with creepy cabins to explore.

The schedule of events includes:

- Costume contest check-in from 5 to 5:15 p.m.;
- Costume contest from 5:30 to 6 p.m.;
- Trick or treating from 6 to 7 p.m.;
- Bounce houses, campfire Halloween “hair spraying,” and movies on the lanai from 6 to 9 p.m.;
- Haunted village from 7 to 9 p.m.

The Halloween festivity is open to all ages. Participants should bring a picnic blanket, lawn chair or cooler and lounge by the campfire. They can also bring a costume and bag for trick or treating. Prizes will be awarded. Food and beverages will be available for purchase.

The event is open to active duty, military retirees, reservists, National Guard, current and retired Department of Defense civilian employees with an authorized ID and their families.

For more information, call 259-4136 or visit the website www.bellowsafts.com.

‘Navigate’ to Ho’okele website



www.hookele.com or www.cnic.navy.mil/hawaii



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