

# Airmen participate in Kahuna Exercise



Staff Sgt. John Sciolto, Hawaii Air National Guard 154th Aircraft Maintenance Squadron crew chief, prepares to launch a KC-135 Stratotanker on the flightline during an operational readiness exercise at Joint Base Pearl Harbor-Hickam on Sept. 11. (Above right): Airmen from the 15th Wing and the 154th Hawaii Air National Guard work side by side on exercise procedures at the 15th Wing Operations Center. (See more photos on page A-5)

# New chiefs receive anchors at Pearl Harbor

MCSN Rose Forest

Navy Public Affairs  
Support Element West  
Detachment Hawaii

After six weeks of chief-specific preparations, 48 Sailors received their gold anchors and chief covers during a chief petty officer (CPO) pinning ceremony held Sept. 13 at Joint Base

Pearl Harbor-Hickam and joined the chiefs' mess.

The chief pinning ceremony is part of a long-standing tradition to honor and recognize the years of hard work and service they have given to the U.S. Navy.

"Over 120 years since the grade of chief petty officer was created, only the most talented and capable Sailors have been selected

to wear the golden anchors and have that distinction to be called chief," said Adm. Cecil D. Haney, commander, U.S. Pacific Fleet. "As a chief, you have tremendous influence over the Sailors and officers in a way that is truly unique to our service."

Today's ceremony marks a major accomplishment in these Sailors' careers and

their admittance to an important community in the Navy.

"The big thing about the chiefs' mess is that we are a big team and where one of us might be weak in one area, someone else might be strong, and we all lift each other up so we are that strong unified front," said Chief Intelligence Specialist Seth Phelps shortly after

his pinning.

As part of their new responsibilities, these new chiefs are expected to guide their junior Sailors and uphold the legacy of the chief petty officer.

"As a new chief, the first thing I want to do is ensure I take care of my Sailors. Right now it's not about me anymore," said Chief Hospital Corpsman Ashley

Aldeguer.

"I've reached this point in my career and worked so hard to get where I am, and now it's time to pay it forward and just take care of the Sailors I'm going to lead," Aldeguer said.

After the ceremony concluded, a reception was held for the new chiefs to celebrate with their families, friends and mentors.



U.S. Navy photo by MCSN Rose Forest

Chief select Hospital Corpsman Ashley Aldeguer awaits her pinning ceremony on Kilo Pier.



U.S. Navy photo by MC2 Steven Khor  
Newly pinned Chief Electronics Technician Lawrence Lombard of the Virginia-class fast attack submarine USS Texas (SSN 775) receives his combination cover from Senior Chief Machinist's Mate John Curtis at a chief pinning ceremony at the USS Parche Submarine Park and Memorial.



U.S. Navy photo by MCSN Rose Forest

Newly pinned chiefs gather after their pinning ceremony on Kilo Pier at Joint Base Pearl Harbor-Hickam.

# Navy Ball celebrations set for Oct. 12

Lt. J.W. Rasnake

U.S. Pacific Fleet Public Affairs

The annual Navy Officers and Enlisted Birthday Balls are set for Oct. 12 and will commemorate the Navy's 238th birthday.

The U.S. Navy traces its origins to the Continental Navy, which the Continental Congress established on Oct. 13, 1775. In 1972, then Chief of Naval Operations Adm. Elmo Zumwalt authorized the recognition of Oct. 13 as the Navy's birthday.

There are separate events for officer and enlisted personnel.

The officer's ball will be held at the Hilton Hawaiian Village, Coral Ballroom, and will be hosted by Adm.

Cecil Haney, commander, U.S. Pacific Fleet. The guest speaker will be retired Navy Capt. Gerald Coffee, a former fighter pilot and survivor of seven years as a POW in North Vietnam. Music will be provided by the Pacific Fleet Band.

Officers ball ticket prices vary by type of meal ordered and method of payment. Ticket sales for the officer's ball are available at <https://officers.ticketbud.com/hawaiinavyball>, or from your local command representative. Special package deals with the Hilton Hawaiian Village and childcare with the child development center at Pearl Harbor are available.

The enlisted ball will be held at the Hickam Officer's Club, Pacific

Fleet Master Chief Marco Ramirez will be the guest speaker.

The goal of the enlisted ball is to facilitate and encourage the attendance of junior service members and their families and foster a sense of pride in the Navy community.

Ticket prices for the enlisted ball are \$45 for E1 to E4 (GS1 to 4), \$50 for E5 to E6 (GS5), and \$55 for E7 and above (GS6 and above). Tickets for the enlisted ball can be purchased until Oct. 1 or until they are sold out.

More information on the enlisted Navy ball and ticket sales are available online at <http://www.navyballhawaii.com/> or on Facebook at <https://www.facebook.com/PearlHarborNavyBall>



U.S. Navy photo by MC3 Brennan D. Knaresboro

Chief Joseph Santos, who was meritoriously advanced earlier in the year for being the U.S. Pacific Fleet Sailor of the Year, kisses his wife following his official pinning ceremony on Kilo Pier at Joint Base Pearl Harbor-Hickam.



Repair dripping faucets promptly. If the faucet leaks hot water, the energy used to heat it is costing you money. (One drop a second can waste up to 48 gallons a week.)



MIDPAC holds CPO pinning ceremony at Battleship Missouri Memorial **See page A-2**



Retired CMSAF shares experiences with Airmen at JBPHH **See page A-4**



Suicide Prevention Month: 'Thrive in your Community' **See page A-6**



September is National Preparedness Month: Are you ready? **See page A-7**



'Brassy' band provides finale for summer concert series **See page B-1**



JPAC to host National POW/MIA Recognition Day Ceremony today **See page B-3**



# MIDPAC holds CPO pinning ceremony at Battleship Missouri Memorial

Story and photo by  
MC2 Nardel Gervacio

Navy Region Hawaii  
Public Affairs

Eighteen Sailors from various commands at Joint Base Pearl Harbor-Hickam donned khaki uniforms and combination covers for the first time during the FY14 MIDPAC chief petty officer pinning ceremony held Sept. 13 aboard Battleship Missouri Memorial.

“Today we will place anchors on 18 new chiefs. I would like to remind the perspective chief petty officers that no one accomplishes anything on his or her own,” said Command Master Chief (SW) Patricia Roebuck, Naval Surface Group Middle Pacific. “What has been accom-



Newly-pinned Chief Information Systems Technician Lashandrea T. Young, assigned to Afloat Training Group (ATG) Middle Pacific, salutes the sideboys after receiving her anchors and cover during a chief pinning ceremony at Battleship Missouri Memorial.

plished can almost always be traced back to team effort. Wear your anchors humbly, proudly and confi-

dently,” she said.

Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Service

Group Middle Pacific, congratulated selectees, family members, mentors and other leaders who helped

them advance to chief petty officer. “This week’s CPO selection results are an assurance that hard work, persistence and striving for success can pay off,” he said.

“This period of advancement is not only a very important part of our heritage; it is also a rite of passage. So it is our obligation to make this a priority and a most meaningful event.”

“Our junior Sailors will be made more aware of these events. They will draw meaning, and we will have a chance to influence them and help improve the attributes they can live by,” Williams said.

Family members and friends pinned on two gold anchors to each newly appointed chief’s uniform, and each Sailor’s sponsor placed the combination

cover on their heads.

For the Sailors receiving their anchors, it was an emotional experience.

“I’m just overwhelmed with emotions right now,” said Chief Electrician’s Mate (SW) Eli W. Hollis of Naval Surface Group Middle Pacific.

“This doesn’t seem real. It’s hard to believe that I’m here right now,” Hollis said.

“I’m feeling complete elation. It’s an amazing feeling right now—a lot of hard work getting here,” said Chief Fire Controlman (SW) Nicholas A. Riggs, assigned to Afloat Training Group (ATG) Middle Pacific.

“My first order of business is to take care of my Sailors, get established in the mess [chief’s], and carry out the mission,” he said.

## Hawaii welcomes service members, civilians as newest citizens

Story and photo by  
MCSN Johans Chavarro

Navy Public Affairs  
Support Element West  
Detachment Hawaii

Hawaii welcomed America’s newest citizens as they took the oath of allegiance Sept. 17 aboard the historic Battleship Missouri Memorial at Joint Base Pearl Harbor-Hickam.

U.S. Citizenship and Immigration Services (USCIS) and the U.S. District Court, District of Hawaii, introduced 97 naturalized American citizens during a special Citizenship and Constitution Day naturalization ceremony.

During the ceremony, Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, spoke about the commitment and sacrifice shown during recent events and the responsibility of being an American citizen.

“In becoming citizens of the United States today, you are showing your own commitment to upholding the ideals and values and responsibilities of being an American,” said Williams.

“You pledged allegiance, you exercised the right to vote, you have faith in freedom and equality. I commend

your choice to become an American. I salute your accomplishments, and I look forward to seeing all you will achieve as a citizen of the United States of America.”

The ceremony was part of an annual celebration by USCIS in honor of Constitution and Citizenship Days, which are celebrated on Sept. 17, the day the U.S.

Constitution was signed in 1787.

“It is with a tremendous amount of honor and pride that I’m able to stand before you as the first person to say to my fellow citizens, congratulations,” said U.S. District Judge J. Michael Seabright.

“We all know that your journey to this day has been a long one, but I know how proud each of you are and your loved ones are of you that you can now utter these very simple words, ‘I am an American.’”

Of the newly naturalized U.S. citizens from 28 countries, 10 were service members, including U.S. Navy

Sailors, Personnel Specialist Seaman Mario Alvarez Mendoza and Boatswain’s Mate Seaman Apprentice Christian Morales.

“My family is really proud of me. I’m the first member of my family to become a citizen,” said Mendoza.

“It means a lot to me, being the first one, and having my brothers, sisters and everyone else look up to me. That means a lot,” he said.

“I have always wanted to join the military and for the military to benefit me this greatly,” Morales said.

“I am an actual American citizen and I am protecting my country. I feel really blessed,” he said.



Boatswain’s Mate Seaman Apprentice Christian Morales (right), stationed aboard the guided-missile cruiser USS Port Royal (CG 73), shakes hands with Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, after becoming a U.S. citizen.

## USS Lake Erie, PMRF participate in successful BMD test

The Missile Defense Agency (MDA), U.S. Pacific Command, and U.S. Navy Sailors aboard the USS Lake Erie (CG 70) successfully conducted a flight test Sept. 18 of the Aegis ballistic missile defense (BMD) system. The test resulted in the intercept of a complex separating short-range ballistic missile target over the Pacific Ocean by

the Aegis BMD 4.0 weapon system and a Standard Missile-3 (SM-3) Block IB guided missile.

A complex separating short-range ballistic missile target was launched from the Pacific Missile Range Facility on Kauai, Hawaii.

(Editor’s note: See next week’s Ho’okele for more information.)



# Remarks made by SECNAV Ray Mabus to Navy family on Sept. 18:

“As the investigation into Monday’s shooting at the Washington Navy Yard continues, we all remained shocked by this horrific attack on our Navy family. Our thoughts and prayers are with the families of those we lost and with the survivors. I’ve had the opportunity to visit with all the victims who are in the hospital



and their families, and I want you to know they are recovering well and send their thanks for all your well wishes and prayers. I’ve heard stories of great heroism and great honor. Our families, our Sailors, Marines and civilians are familiar with the dangers of service and the challenges of being overseas, but

our security here at home is something we can never take for granted. For that reason, yesterday I ordered a rapid review of security at every Navy and Marine Corps base in the United States. Their report is due to me Oct. 1. Together, as a family, we will grieve, we will comfort and assist the loved ones who have lost so

much, and we will support the men and women who were at this terrible event and who emerged physically unscathed. We will get through this and we will continue the work that is so vital to our men and women around the world. Navy and Marine Corps — unified and civilian — one team — one family.”

Commentary

## Pink razors: A leadership example that influences attitude, actions

Chief Master Sgt.  
Leslie Bramlett

15th Wing Command Chief

Recently I saw a master sergeant taking his son to buy his first shaving razor. His son only had a few whiskers but he was so proud to be buying one. This made me think back to one of my basic training experiences.

I can remember sitting in the dorm dayroom and the training instructor [TI] teaching us how to set up our foot locker. He noticed that we just weren’t getting it, so he asked for a volunteer to retrieve theirs for a demonstration. When the Airman returned, the TI



Chief Master Sgt.  
Leslie Bramlett

started putting everything in order and noticed something different in his foot locker — a pink razor! Oh the grief he gave him about

that razor! It did, however, lighten the mood of his fellow Airmen. The story behind how he got a pink razor is also important.

Growing up, his mom was the only person in his house who bought razors. He didn’t grow up with his dad, so he used her razors to shave the little fuzz off his chin and trim the thin hair on his top lip. He didn’t know there were other razors to use. Naturally, when his recruiter said he needed to bring two razors to basic military training [BMT], he grabbed two of his mom’s. (smile).

As Airmen, we have the opportunity every day to influence others with our attitude and actions. Your

fellow Airmen may not say it, but they want to be just like you, especially if you are a leader (formal or informal).

In fact, I started taking college classes because of a friend who I admired. I was a decent student in high school, but I never thought I was college material. One class led to two, and two led to three and so on. Let me tell you, it wasn’t easy. My duty shifts changed three times, and the Air Force had every right to do this because the mission is paramount.

Therefore, when the shifts changed, I took night classes, then day classes, CLEPs and non-traditional

classes. I was hungry for education and it was all because of the influence of leaders around me.

Recently, tuition assistance [TA] was suspended. Understandably, many were troubled. My question is: What would you have done if it had been suspended for a longer period of time? We always encourage Airmen to sign up for classes.

In a recent two-day period, 150 people signed TA before it was suspended. That may have been a record here, and it was your leadership that made it happen. That leadership is still needed.

I’ve heard it said that a strong stream will cut

through rock to make a path. As leaders, it is important to examine all of the options for education.

So what does this have to do with a pink razor? The Airman took the pink razor to BMT because it was the only thing he knew about. Thankfully, we can still use the GI Bill, CCAF, CLEP, DANTES, FAFSA and scholarships to pursue our education. Airmen are strong streams. We make a way out of seemingly no way.

So thanks, master sergeant, for taking your son to look at all of the options for razors. The pink razor is not the only one they make. Let’s follow this dad’s example.

Commentary

## MCPON thanks Navy ombudsmen

Master Chief Petty  
Officer of the Navy  
Michael Stevens

“Navy ombudsmen, Theresa and I would like to take some time to say ‘thank you’ for your support and dedication that you provide to our Sailors, families and our great Navy.

For the past 43 years, ombudsmen have been an irreplaceable resource for our Sailors while serving as an information link between command leadership and command families.

As an ombudsman, you work collaboratively with the command to maintain

and sustain the morale and welfare of the command’s service members, their families and single Sailors on active duty.

As we all know, family readiness is tied to mission readiness and having a strong family support structure enables Sailors to excel at their jobs and the

Navy to accomplish its missions. Your help successfully navigates the unique challenges of our lifestyle, and know that the job you do is immeasurable.

Thank you, ombudsmen, for your continued support and selfless dedication. MCPON and Theresa Stevens”

### Diverse Views



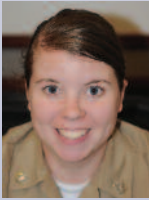
**National Prisoner of War/Missing In Action (POW/MIA) Recognition Day will be observed today. Why is it important to honor those who were prisoners of war and those who are still missing in action?**



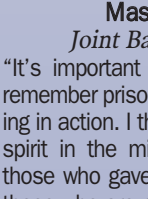
**Maj. Chris Ross**  
*535th Airlift Squadron*  
“Honoring our heroes who gave their all is a constant reminder of our country’s dedication to all of us.”

**Fire Controlman 3rd Class Samantha Barnes**  
*Transient Personnel Unit, Pearl Harbor*

“Sometimes being in Hawaii, you forget that there are people out there sacrificing their lives in dangerous areas. We need to remember these people on this day and pay our respects.”



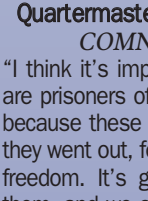
**Staff Sgt. Shameka Risch**  
*647th Force Support Squadron*  
“We honor our POW/MIA because they sacrificed their own freedom to defend our constitution and fellow Americans who are unable or unwilling to defend themselves. There is no greater sacrifice than to willingly lay down your life so another may live.”



**Master Sgt. Alexander Groce**  
*Joint Base Pearl Harbor-Hickam*  
“It’s important that we take the time to remember prisoners of war and those missing in action. I think doing so is really in the spirit in the military tradition of honoring those who gave the ultimate sacrifice and those who are missing in action.”



**Senior Airman Catie Cox**  
*647th Force Support Squadron*  
“It is important to honor POW/MIA still today because of the dedication they made to our country and the sacrifices they made. We want them to know they are not forgotten.”



**Quartermaster 1st Class David Arriola**  
*COMNAVSURFGRU MIDPAC*  
“I think it’s important to honor those who are prisoners of war and missing in action because these guys did something for us, they went out, fought a war, battling for our freedom. It’s good that we look out for them, and we still honor them by celebrating a certain day for them. Give them that honor.”



**Master Sgt. Raymond Jackson**  
*65th Airlift Squadron*  
“So that we never forget that freedom is not free, it comes with a cost. For the POWs and MIAs gave their all, and their sacrifice requires that we pay them their due respect.”

(Provided by David D. Underwood and MC2 Nardel Gervacio)

Want to see your command featured in Diverse Views?  
Got opinions to share?

Drop us a line at [editor@hookelenews.com](mailto:editor@hookelenews.com) or [karen.spangler@navy.mil](mailto:karen.spangler@navy.mil)

### Midshipman rejoices after graduation



Midshipman Ina M. Gomez rejoices after graduating from the U.S. Naval Academy. She was among the first Hispanic American women to graduate from the institution in 1981. Gomez retired as a commander. National Hispanic Heritage Month began Sept. 15 and will continue until Oct. 15.

U.S. Naval Historical Center photograph



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Navy Region Hawaii  
**Rear Adm. Rick Williams**

Chief of Staff  
**Capt. Mark Manfredi**

Director,  
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**Agnes Tauyan**

Deputy Director,  
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**Bill Doughty**

Commander,  
Joint Base  
Pearl Harbor-Hickam  
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# Retired CMSAF shares experiences with Airmen at JBPHH

**Master Sgt. Matthew McGovern**

*Pacific Air Forces  
Public Affairs*

Retired Chief Master Sgt. of the Air Force Robert Gaylor, the fifth to hold that title, discussed Air Force issues with Airmen during five speaking engagements held Sept. 11 through 14 at Joint Base Pearl Harbor-Hickam.

Gaylor shared his experiences and insight with Airmen at a junior enlisted call, First Term Airmen Center, Airmen Leadership School, Top III senior non-commissioned officer group and Air Force Ball participants.

“I started speaking to the enlisted force in 1970 and in those nine years of active duty, I’m sure I talked to thousands of Airmen,” said Gaylor.



U.S. Air Force photo by Tech. Sgt. Jerome S. Tayborn

Retired Chief Master Sgt. Robert D. Gaylor visits with Airmen at Binnicker Professional Military Education Center at Joint Base Pearl Harbor-Hickam.

“Since I retired in 1979, I’ve continued to travel and have the benefit of hearing from the Airmen, not just

talking to them. It’s a mutual exchange,” he said.

This is Gaylor’s 24th base visit this year out of an average of 30 base visits annually. After meeting with PACAF SNCOs, he spoke about leadership attributes to the Top III.

“Someone once asked President Abe Lincoln what the number one leadership trait is,” he said. “There are many choices but it might surprise you what Abe said—he said humility. He wasn’t talking about meekness, impassivity and giving in. He was talking about the humility that comes with the confidence that you have your act together and are comfortable performing as a leader — and that you’re not threatened by the skills of others.”

“President Lincoln also said that with the appropriate amount of humility, you don’t feel the need to go

around blustering and condescendingly dealing with people,” he added.

Gaylor reminded the SNCOs in the room to measure themselves against the president Lincoln’s comments, just as he does.

Gaylor said he tried to keep his humility throughout his career. And between speaking engagements, when asked if he could go back to active duty to work in any career field at any age, he said he would be an ALS instructor all over again.

“I like working with the Senior Airmen. The younger the audience, the more fired up I get because I think I’m in a better position to influence their thinking,” he said.

“Yesterday I spoke to the ALS Airmen. They were in their first day. I could have stayed there all afternoon. I didn’t want to leave.”

Some of Gaylor’s audience members are repeat customers and find his messages to be a rewarding inspiration.

“This is the third time I heard him speak, but every time, I walk out thinking about where I can grow as a SNCO to help my Airmen,” said Master Sgt. Jason Glockner, PACAF executive services superintendent.

“You can tell he still loves the Air Force as much as he did the day he came in, and all he wants to do is continue to inspire the next generation and the next generation,” Glockner said.

Born in 1930 in Bellevue, Iowa and raised in the town of Mulberry, Ind., Gaylor enlisted in the Air Force in 1948, a year after its birth. More than 65 years later, he continues to travel to motivate Airmen and be an active part of the Air Force community.

# JBPHH, Forest City host open house for residents

**Story and photo  
by SrA  
Christopher Stoltz**

*Joint Base Pearl Harbor-Hickam  
Public Affairs*

Residents of Forest City communities had the opportunity to speak with joint base leadership and Forest City housing representatives during a community open house event held Tuesday at the Hokualani Community Center.

Capt. Jeffrey James, commander of Joint Base Pearl Harbor-Hickam, and Susan Ridgeway, director of property management for Forest City, were available to answer residents’ questions regarding their community.

“We are having an open house to inform them of some of the changes that are occurring here,” said Ridgeway. “There is a change in the electric rate, so we wanted to let them know how they can help mitigate the expense increase.”

Forest City personnel were on hand to sign residents up for an energy audit, which is an in-depth review of their utilities to see how much power is being used and can provide ways to



Capt. Jeffrey James (far right), commander of Joint Base Pearl Harbor-Hickam, speaks to housing residents at a community open house event held Tuesday at the Hokualani Community Center.

reduce the resident’s energy footprint. Local police and fire department personnel were also at the event to field questions regarding safety in the local areas.

“We like to always stay in touch with our residents,” she said.

“We like to have a two-way dialogue with our residents, so what we are delivering to them is really what they need,” Ridgeway explained.

That two-way dialogue was ever present at the event as James and Ridgeway fielded questions from those who attended.

“These types of events provide a venue for more personal interaction, allowing residents to engage in a face-to-face conversation rather than speaking to someone on a stage,” he said.

James explained that an added benefit to events like the open house is that some people feel more comfortable expressing themselves in one-on-one conversation rather than speaking in front of a large audience.

“I appreciate the great turnout and some of the passionate conversations with the residents here,” he said.

“You can see they are passionate about their community and I am just as passionate to do my best to support them,” James said.



# Pearl Harbor-Hickam*Highlights*



Airmen from the Hawaii Air National Guard 154th Aircraft Maintenance Squadron conduct preflight checks prior to launching a KC-135 Stratotanker on the flightline during an operational readiness exercise Sept. 11 at Joint Base Pearl Harbor-Hickam.

U.S. Air Force photo by Tech. Sgt. Jerome S. Tayborn



Members of the 15th Wing and the Hawaii Air National Guard 154th Wing discuss operation procedures near hangar 17 during an operational readiness exercise at Joint Base Pearl Harbor-Hickam.

U.S. Air Force photo by Tech. Sgt. Jerome S. Tayborn



Airman Leadership School Class 13-D Airmen recite the Airman's Creed at the conclusion of a reveille ceremony dedicated to prisoners of war/missing in action at the Binnicker Professional Military Education Center at joint base. The ceremony was held Sept. 16.

U.S. Air Force photo by Tech. Sgt. Jerome S. Tayborn



A newly pinned chief petty officer from the Los Angeles-class fast attack submarine USS Buffalo (SSN 715) receives his combination cover at a chief pinning ceremony at the USS Parche Submarine Park and Memorial on Joint Base Pearl Harbor-Hickam, Sept. 13.

U.S. Navy photo by MC2 Steven Khor



Attendees recite the Oath of Allegiance at the Battleship Missouri Memorial during a naturalization ceremony at Joint Base Pearl Harbor-Hickam. Ten service members and 87 civilians became U.S. citizens.

U.S. Navy photo by MCSN Johans Chavarro



# Suicide Prevention Month: ‘Thrive in Your Community’

**Lt. Cmdr. Kaarin Coe**

*Suicide Prevention Coordinator, Military and Family Support Center, Navy Region Hawaii*

The theme of this year's Navy Suicide Prevention (SP) Month is "Thrive in Your Community." Sailors, civilians and family members are encouraged to get involved within their community and installation during the month of September by finding ways to volunteer to help others. However, it is important to recognize that this is a year-round evolution, and small acts of kindness can be given at any time.

Suicide prevention starts with early detection (warnings signs noted below). Recognizing warning signs means paying attention to changes in those around us.

Stress and crisis can be perceived differently by everyone. What may be identified as a significant

stressor for one person may not seem that difficult to handle for another. Our own history, coping skills and resiliency play a large role in how we manage different types of stress.

Taking the time to ask "how are you doing" and actually listening to the response is a powerful intervention — one that many many realize has a powerful positive effect.

**Reaching out for help is a sign of strength**

If you are experiencing thoughts of suicide, know that you are not alone. Free, confidential resources are instantly available to aid you if you are in crisis. To get help immediately, call the Military Crisis Line at 800-273-8255 and press 1, or chat online for 24/7 access to trained counselors.

**How do I know if I am showing warning signs?**

Contact a friend, family member, commanding officer, health professional or the Military Crisis Line



immediately if you are:

- Thinking about hurting or killing yourself.
- Seeking access to pills, weapons or other means of harming yourself.
- Talking or writing about

death, dying or suicide.

- It is also important to seek out professional help if you are experiencing any of these signs of concern:

- Being unable to sleep or oversleeping.

- Withdrawing from friends, family or society.
- Increasing alcohol or drug use.
- Acting recklessly or engaging in risky behavior.
- Experiencing excessive rage, anger or desire for revenge.
- Having feelings of anxiety, agitation or hopelessness.
- Reliving past experiences.
- Experiencing dramatic changes in mood.
- Feeling hopeless.

**National data on suicides**

Suicide is the 11th leading cause of death in the United States, with one suicide occurring on average every 15.2 minutes.

Suicide is the third leading cause of death among 15- to 24-year-olds.

The elderly make up 12.6 percent of the population, but comprise 15.7 percent of all suicides.

Approximately 900,000 Americans attempt suicide each year.

It is estimated that 5 million living Americans have attempted to kill themselves.

Every year in the United States, more than 17,000 men and women kill themselves with a gun, two-thirds more than the number who use a gun to kill another person.

An estimated 4.6 million Americans are survivors of the suicide of a friend, family member or loved one.

The 2013 Prevent Suicide Hawaii Conference will take place Nov. 20 (8:30 a.m. to 4:30 p.m.) at Koolau Ballrooms in Kaneohe. For more information and to register for the conference, go to <http://www.preventsuicidehiconf.org>.

Throughout the month, resources will be released on [www.suicide.navy.mil](http://www.suicide.navy.mil) (Suicide Prevention Month) to guide discussion on stress navigation, comprehensive wellness and a sense of community—all protective factors against suicide.

## Navy hosts Singapore Staff College students in Hawaii

**Story and photo by MCSN Johans Chavarro**

*Navy Public Affairs Support Element West Detachment Hawaii*

More than 50 Singapore Armed Forces officers recently visited the U.S. Pacific Fleet headquarters compound and historic Pearl Harbor sites as part of a wider program with U.S. military counterparts in Hawaii.

Students and faculty of Singapore's Goh Keng Swee Command and Staff College (CSC) overseas study program spent Sept. 9-12 on Oahu in an international exchange of cooperation and ideas with U.S. Pacific Command and service components in Hawaii, while also being introduced to historic and cultural sites.

The visit was organized to educate and familiarize Singapore CSC students and faculty with the missions of Pacific Command,



William J. Wesley, executive director for plans and policy for Commander Pacific Fleet, speaks to students and faculty of Singapore's 44th Goh Keng Swee Command and Staff College during an informational brief.

Marine Corps Forces Pacific, Pacific Air Forces, and U.S. Army Pacific, in addition to the responsibilities of the Navy's

Pacific Fleet.

The students were briefed on the Pacific Fleet mission, "emphasizing the importance of maritime

relations," according to Lt. Cmdr. Andrew Tam of the fleet's plans and policies directorate.

Keynote speaker William

J. Wesley, Pacific Fleet's executive director for plans and policy, stressed the importance of establishing, building and growing international relationships in the Pacific region.

Wesley is the principal advisor to the commander on matters of policy and planning development regarding foreign engagement, strategic planning, operational research and joint and Navy doctrine.

"The reason we want to advance our relationships with friends, partners and allies is the fact that we all have to work together for a common good and a common cause," Wesley said.

"We all have an economic inter-dependence on each other to ensure the free flow of goods and services continues unabated.

"Maritime security is an environment that all of us have to strive for and, to do so effectively, we need everybody to work together," Wesley said.

The students later visited the USS Arizona Memorial and the Pacific Aviation Museum.

"I find all of these engagement opportunities as very fortuitous for Pacific Fleet, so that we gain a better understanding not only of us but of them as well. There's reciprocity there as we exchange ideas because we can learn from each other," Wesley added.

## Navy Region Hawaii to host suicide prevention program

As part of Suicide Prevention Month, Navy Region Hawaii will host Ishmael "Uncle Ish" Stagner from 10 to 1 a.m. and from 1 to 2 p.m. Sept. 24 at Sharkey Theater, Joint Base Pearl Harbor-Hickam.

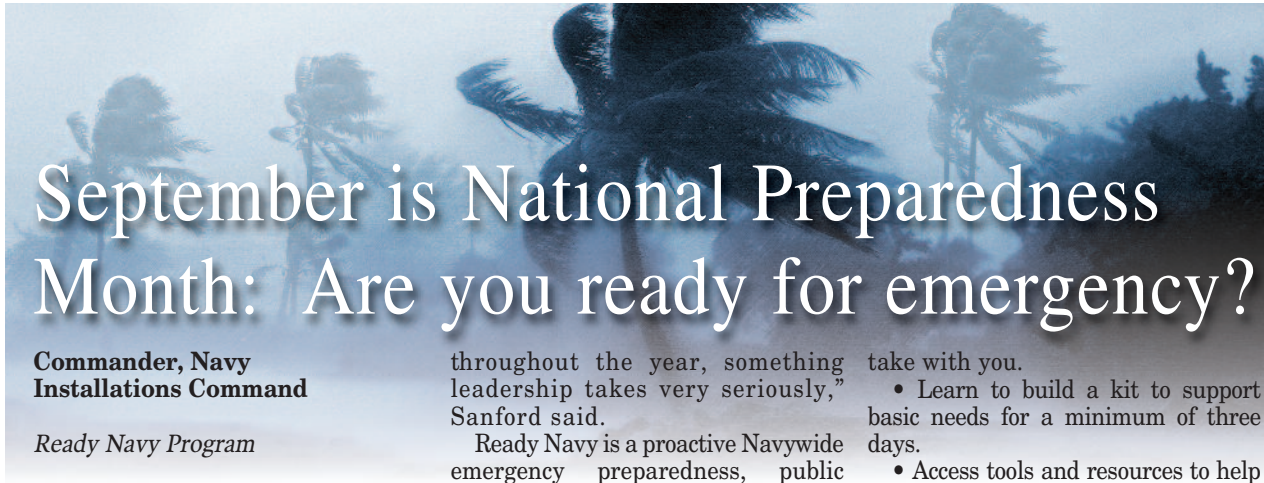
A Native Hawaiian born and raised on Oahu, Stagner is a published author and educator with more than 50 years of teaching experience. He is an active member of the Prevent Suicide Task Force, Oahu and works with at-risk youth in settings from classrooms to prisons.

Stagner's passion for suicide prevention stems from personal tragedy. In 2008, his son, a United States Air Force staff sergeant, committed suicide while he was stationed at Eielson Air Force Base, Alaska.

Stagner will tell his story and discuss the impact his son's death had not only on his family, but also on his work within the community.

For more information, call Lt. Cmdr. Kaarin Coe at 474-1999 or email [kaarin.coe@navy.mil](mailto:kaarin.coe@navy.mil).





# September is National Preparedness Month: Are you ready for emergency?

**Commander, Navy Installations Command**

*Ready Navy Program*

September is National Emergency Preparedness Month. Commander, Navy Installations Command's (CNIC) Ready Navy Program asks Sailors and their families to make certain they are prepared if an emergency occurs.

“National Preparedness Month reminds us all to be informed, make a plan, build a kit, and stay informed, not just for a month, but every day,” said Jeff Sanford, CNIC emergency management specialist.

“Ready Navy provides a road map and creates a state of mind for Navy personnel and families to be and stay prepared for any potential hazard throughout the year, something leadership takes very seriously,” Sanford said.

Ready Navy is a proactive Navywide emergency preparedness, public awareness program. It is designed for the Navy community, to increase the ability of every person and family on or near Navy installations to meet today's challenges head on and plan and prepare for all types of hazards, ranging from hurricanes and earthquakes to terrorist attacks.

By exploring the links on the Ready Navy site, you will:

- Be informed of potential hazards and what to do before, during and after an emergency.
- Understand the steps to make an emergency plan that includes what to do, where to go, and what to take with you.
- Learn to build a kit to support basic needs for a minimum of three days.
- Access tools and resources to help you and your family prepare for emergency situations that could arise at any time with no warning.

Navy personnel and families are strongly encouraged to strengthen emergency planning at home, as well as at work, by reading and following the tips and information found at [www.Ready.Navy.mil](http://www.Ready.Navy.mil).

Be ready Navy! We are. Are you?

For more information on how to prepare for any disaster, visit <http://www.ready.navy.mil>. Follow us @ReadyNavy.

Ready Navy is a CNIC-sponsored emergency preparedness program.

## JBPHH Emergency Management officials remind residents to prepare

**Meg Petrone**

*Contributing Writer*

Hawaii residents are reminded that September is National Emergency Preparedness Month. It is important to have a plan in the event that disaster strikes and to prepare an emergency kit.

“If you are forced to evacuate your home, be sure not to leave empty-handed. Just grab any supplies you have on hand, such as canned food, clothes, toiletries, blankets, etc.,” said Larry Sabatine with the JBPHH Emergency Management Office.

“It is important to bring supplies when you evacuate to a shelter because no supplies are provided, and you may be

there for hours, days or even a week,” Sabatine said.

Emergency management officials also advise that residents should have a plan in case disaster strikes while they are away from home.

It is never too late to prepare for a disaster, they said. The best idea is to be informed, have a plan, and make a kit.

Resources are available at Ready Navy and Ready Air Force to help point you in the right direction. Hurricane season is still in effect until November.

Information about preparing for a disaster will be available at the Hickam Exchange from 9 a.m. to 3 p.m. today and at the Pearl Harbor Navy Exchange from 9 a.m. to 3 p.m. Sept. 27.

# Sailors, elected officials honor 9/11 first responders

**Story and photo by MC1 Cynthia Clark**

*Defense Media Activity, Hawaii*

Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, along with the Joint Base Pearl Harbor-Hickam Honor Guard, participated in the Honolulu 9/11 Remembrance Ceremony held Sept. 11 at Tamarind Park, Bishop Square, Honolulu.

The ceremony also featured speeches from Hawaii Gov. Neil Abercrombie and Honolulu Mayor Kirk Caldwell.

It was designed to not only honor those who were lost that fateful day in 2001, but to also thank Hawaii's first responders – the Honolulu Police Department, Honolulu Fire Department and Emergency Medical Services.

“What could I possibly say that either has not been said before or be a pale reflection of what that



Joint Base Pearl Harbor-Hickam Honor Guard stands ready with members of the Honolulu Police Department for the 9/11 ceremony at Tamarind Park, Bishop Square, Honolulu, held Sept. 11.

meaning can have for us in terms of the power of remembrance?” Abercrombie said.

“We find ourselves, I think, experiencing what can only be a

minor miracle, but rather than despair, rather than give in, rather than feel all is hopeless, we see life as it is—a miracle.”

Hawaii U.S. Sen. Mazie Hirono,

U.S. Sen. Brian Schatz and Rep. Tulsi Gabbard also shared remarks with those gathered.

Honolulu Mayor Kirk Caldwell also spoke and received a flag from Navy Region Hawaii Sailors.

“Why do we come together on 9/11, 12 years now? For me, it's about renewing faith around our first responders,” said Caldwell.

“The rest of us run away from danger. Their job description, it's running to danger. It's renewing faith in these first responders, it's renewing faith in the men and women who serve in our armed forces, who after 9/11 signed up in droves ... to fight on the front lines against terrorism ... who put their lives ahead of ours.”

It was two of those service members who presented the mayor with a flag in honor of Honolulu's first responders.

“Presenting the flag to Mayor Caldwell meant everything to me,” said Ship's Serviceman 2nd Class Andre Bogus.

“When Sept. 11 happened, I

was a senior in high school. I remember sitting in class watching it on television. It actually is the main reason that I joined the Navy. It gave me a sense of pride and wanting to defend my country. It's a tremendous honor to come out here and be a part of this ceremony,” Bogus said.

Builder 2nd Class Reynaldo Castro was also a senior in high school on Sept. 11, 2001 and watched the attacks unfold live on television. The honor of presenting the flag was important for him as well.

“I get a sense of pride doing this, especially presenting the flag to the mayor,” Castro said.

“It was an honor, especially after all the words and thanks he gave in his speech.”

Lt. Rick Tiff, Joint Base Pearl Harbor-Hickam chaplain, provided the benediction. Taps was performed by Musician 2nd Class Kevin Creasy and Musician 3rd Class Ann Franeck, members of the U.S. Pacific Fleet Band.



# Life&Leisure

## ‘Brassy’ band provides finale for summer concert series

Emily McNulty

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

The Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (MWR) Summer Concert Series ended with a Sept. 13 performance at the grassy field behind the Information, Tickets and Travel Fleet Store.

The event included music and theatrics by the Marine Corps Forces Pacific (MARFORPAC) Band with more than 400 people in attendance.

The MARFORPAC party band, which plays music similar to a New Orleans brass band,

warmed up the crowd.

“We were honored to be asked to play the last show in the summer concert series and are excited to participate next year as well,” said emcee and singer Chief Warrant Officer 3 Michael J. Smith, officer-in-charge/director for MARFORPAC Band.

He said that the summer concert series is renewing the relationships between all the military bands from the various services.

“We are all excited to reengage the home crowd, which is our military crowd,” Smith said.

“We want to take care of the military community and military families.

The big thing is giving them an evening of entertainment from professional musicians at a low cost,” Smith added.

The band played several instrumental pieces, including the themes from “Star Trek” and “Captain America.” Because the performance took place on Friday the 13th, the event included appearances by the characters Phantom of the Opera and “Jason” from the Friday the 13th movie series.

The band also played a song as the Green Man Group, a take on the famous Blue Man Group.

“Our son is a Marine, so we always like to see the MARFORPAC band play, not to mention a great location and the weather are just icing on the cake,” said

Ron Cunitz, a retired Army service member and Navy civilian at the Pearl Harbor Naval Shipyard.

The MARFORPAC band brought in vocalist Chief Master Sgt. Laura Noel for several songs.

Noel sang “America the Beautiful” in the first set of music and closed out the show with “God Bless America.”

“Our goal is for the audience to walk away entertained. Someone made the decision to spend their night with us, and we want to give them what they came for,” Smith said.

The final four songs were played after sunset. The MARFORPAC Band set up two screens that displayed images

throughout the songs. One theme was Disney pictures while another was of service members deployed and coming home.

“Music makes you feel every emotion. I always say if a picture paints a thousand words, then music should paint a thousand pictures,” Smith said.

“Not only was the music impressive, but they added costumes, characters and narratives, including playing off of the Friday the 13th theme, bringing light comedy and fun to the stage,” said Lara Katine, MWR special events director.

Next year’s concert series is scheduled to begin in the spring.



Photos courtesy of MWR Marketing



# Port Royal Hoyas storm past Lake Erie ‘B’

Story and photo by  
Randy Dela Cruz

*Sports Editor*

Even against the fourth-place team in the league, USS Port Royal (CG 73) Hoyas made it look easy.

Against USS Lake Erie (CG 70) “B,” the undefeated and league-leading Hoyas turned a 27-11 halftime lead into a 50-15 rout on Sept. 14 in a Summer Basketball League matchup at Joint Base Pearl Harbor-Hickam Fitness Center.

The win marked Port Royal’s seventh victory of the season, while Lake Erie “B” fell to a game under .500 at 3-4.

“We still have to work on fundamentals,” said Port Royal head coach Airman 1st Class Charlton Burton, who played on last summer’s championship squad Pound Town of the 647th Security Forces Squadron.

“What we’re trying to keep focused on is the championship. We can win these games day in and day out, but at the end of the day, it’s all about whoever is holding the hardware at the end of the season.”

Burton isn’t the only add-on to the Port Royal lineup that was a member of the title-winning Pound Town team.

Recent addition, Airman 1st Class Lortavius Smith, was one of Pound Town’s top players last season and he is picking up



right where he left off.

Smith scored a game-high 14 points, which included a couple of rim-rattling dunks, to lead Port Royal past Lake Erie.

A basket by Smith at the 10-minute mark of the first half gave Port Royal their first double-digit lead at 17-6.

Then with only two minutes remaining before halftime, the high-flying Smith slammed down a thunderous dunk that raised the lead to 15 at 25-10.

“We just came out, execute, run, rebound, play defense and just give and go,” Smith said about the team’s dominating first half performance.

For Lake Erie, things went from bad to worse after the break as Port Royal used a man-to-man press that totally dismantled the “B” team.

Back-to-back baskets early in the second half put Port Royal ahead by 20 at 31-11 with 15:13 remaining in the game.

The team then let its defense go to work as Port Royal held Lake Erie scoreless until the 7:20 mark of the second half.

Port Royal would only give up two more points to hold Lake Erie to a total of four points in the entire second half.

“It’s our quickness and

speed,” Smith said about his team’s defense. “We stress our run and go. That’s our game.”

Burton stated that each time Port Royal steps out on the court, it’s all about heart and how much the team wants it.

“We’re hungry. That’s the best way I can put it,” he said. “We’re not satisfied with one steal, we’re not satisfied with two steals. We’re hungry and we’re going to keep going until the buzzer sounds.”

Besides 14 from Smith, the Port Royal also got eight close-range points from center Yeoman 3rd Class Erieck Ausbey. A total of eight players scored for the Hoyas.

After helping Pound Town win the summer title last year, Smith said that, while it’s hard to compare teams, he believes he is on another contender this season.

So far, Port Royal has won all of their games by double figures, which includes a 14-point win over second place Shipyard.

Although Shipyard said that losing to Port Royal won’t happen again, Burton said he’s not so sure.

“You know what? If that’s the way that they feel, that’s the way that they feel,” Burton responded. “They’ll get their chance again. And when they do, they’ll just have to come out and play their game. We’ll see what happens.”

(Left) Airman 1st Class Lortavius Smith finishes off a dunk in a Summer Basketball League game between USS Port Royal (CG 73) Hoyas and USS Lake Erie (CG 70) “B” squad.

## Forest City communities plan upcoming activities

Forest City Residential Management has scheduled upcoming activities at its communities. They include:

- Today, 8 a.m. to noon. A family book swap event will be held at the Moanalua office. Residents can bring new or used books to swap. For every book they drop off, they can take one. For more information, call 839-8640.

- Sept. 23, 3 to 4:30 p.m. A fall crafting event will be held at Halsey Terrace Community Center multipurpose room. Materials will be provided. For more information, call 839-8620.

- Sept. 23, 3:30 to 4:30 p.m. A fall crafting event will be held at the PMRF office. Materials will be provided. For more information, call 839-8620.

- Sept. 24, 3 p.m. A free family-friendly movie will be shown at the Manana Community Center media room. Children should be accompanied by an adult. The event is for Manana and Camp Smith communities residents. For more information, call the Kaneohe office at 839-8700 or the Manana office at 839-8752.

- Sept. 25, all day. Residents can

come to the Moanalua office wearing the “mystery color” and win a prize. For more information, call 839-8640.

- Sept. 26, 3 to 4 p.m. Residents can make paper bag scarecrows and pumpkins at a crafts event at Pearl City Peninsula Community Center. For more information, call 839-8670.

Residents of the Manana and Camp Smith communities can also participate in a Patriot Day Essay Contest and Back to School Coloring in September. For more information, call the Kaneohe office at 839-8700 or the Manana office at 839-8752.

### Blood drive schedule

- Sept. 23, 9 a.m. to 1 p.m., Naval Submarine Support Command, 822 Clark St., building 661.
  - Sept. 26, 7:30 a.m. to 12:30 p.m., Makalapa Clinic, Joint Base Pearl Harbor-Hickam.
- For more information, call 433-6699 or 433-6148 or email [michelle.lele@amedd.army.mil](mailto:michelle.lele@amedd.army.mil).

## STORY IDEAS?

Contact the Ho’okele editor for guidelines and story/photo submission requirements

**Phone: (808) 473-2890/2895**

**Email: [editor@hookelenews.com](mailto:editor@hookelenews.com)**



# Paul Hamilton kicks off season by beating Chafee

Story and photo by  
Randy Dela Cruz

Sports Editor

USS Paul Hamilton (DDG 60) Destroyers quarterback Boatswain's mate Seaman Darius Greenwood passed for four touchdowns in leading his team to a 27-7 mercy-rule victory over USS Chafee (DDG 90) Bulldogs on Sept. 14 in an Afloat Division flag football season-opening game at Ward Field, Joint Base Pearl Harbor-Hickam.

In leading the attack, Greenwood generously spread the ball around and connected on scoring tosses to four different receivers in the 20-point win.

"Our goal, each and every game, is to come out here and spread the ball around," Greenwood said. "Just get the ball in the right person's hands, so we can score."

On the Destroyers first possession, Greenwood put the team's game plan into action and drove 65 yards on five plays to score the first touchdown of the day.

Greenwood covered the final 26 yards of the drive on a scoring toss to Yeoman 1st Class Tyson Huff for a 6-0 lead.

"That was tremendous," said Greenwood about getting on the scoreboard first. "To come out here in week one, it was off the charts. It just gave us that much more motivation."

After both teams gave up



Yeoman 1st Class Tyson Huff, wide receiver for USS Paul Hamilton (DDG 60) Destroyers, makes a catch before turning it up field for a touchdown against USS Chafee (DDG 90) Bulldogs in an Afloat Division intramural flag football game.

the ball on downs on the next two series, the Destroyers received a huge break when a bad snap on a punt attempt by Chafee placed the ball in great field position for Paul Hamilton.

On first down and goal-to-go on the 10, Greenwood quickly took advantage of the Bulldogs miscue by find-

ing Electronics Technician 3rd Class Giovanni Barbera in the corner of the end zone for six.

The Destroyers converted the point after touchdown to take a 13-0 lead going into halftime.

In the second half, the Bulldogs seemed to get right back into the game when they took the ball

after the break and marched 65 yards to pull to within six at 13-7.

Using a platoon system at quarterback, Chafee alternated between Hull Maintenance Technician 3rd Class Daniel Allred and Operations Specialist Seaman Chad Casey before Casey connected with Lt. Greg Shinego for three

yards and the score.

While momentum seemed to shift a little to the Bulldogs, the Destroyers squashed any thoughts of a Chafee comeback when Greenwood, on first down at the 15, swung an outlet pass to Damage Controlman 3rd Class Rodney Durham, a lineman who snuck out into an open

spot on the field.

Durham caught the pass, took off down the left sideline and got into the end zone but had the score called back after he dove over the goal line.

"I got a little carried away when I dove in there," he admitted. "We're not supposed to leave our feet, but we're out here to have fun, so that's what I was doing."

The play immediately led to the Destroyers third touchdown of the game, when, on the very next play, Greenwood hooked up with Lt. j.g. Mike McCall for a 20-7 advantage.

Chafee was forced to give up the ball on downs in their next possession and, with Greenwood working with a short field on the Bulldogs 19-yard line, the Destroyers QB completed his fourth and final touchdown pass of the game – a 19-yard connection to Fire Controlman 3rd Class Corey Potts.

"We're looking forward to having a good season," Greenwood said following his team's decisive victory. "We've got a pretty good team."

Durham agreed with his quarterback and although this was the first game of the season, he feels that the Paul Hamilton is good for a few more wins this year.

"We haven't been scouting on the other teams, but if we play like we did today, hopefully we'll win all of them," he stated.

## JPAC goes over the top to trounce 747th CS Marauders

Story and photo by  
Randy Dela Cruz

Sports Editor

Quarterback Master Sgt. Rick June threw for five touchdowns, including long scoring tosses of 30, 33 and 50 yards, to lead Joint Prisoner of War/Missing in Action Accounting Command (JPAC) to a 34-0 thrashing of 747th Communication Squadron (747 CS) Marauders on Sept. 17 in a Red Division season-opening intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

June, who sat out the entire season last year due to a torn ACL, said he was 85 percent recovered from the injury but looked 100 percent effective in stretching out the field with a long-range vertical attack.

"In the beginning of the game, I noticed that they were biting on everything," June pointed out. "So all I had to do was look them off for a second, and then I had my players maintain on the opposite side and that's what resulted in them being wide open."

On JPAC's opening drive, June started the aerial fireworks early, when on first down at the JPAC 23, June connected with Sgt. 1st Class Dharwin Delarna for a 33-yard pickup that put the ball on the Marauders 24.

Two plays later, June hit Sgt. 1st Class Craig Prouty for 10 yards and a touchdown. The point after TD was good to put



Joint Prisoner of War/Missing in Action Accounting Command (JPAC) quarterback Master Sgt. Rick June, flanked by Department of Defense civilian Rafael Santana, leads an option during the team's Red Division intramural flag football game versus the 747th Communication Squadron (747 CS) Marauders.

JPAC on top at 7-0.

While JPAC moved the ball effectively on offense, the team's defense was just as impressive.

The Marauders were forced to punt on their first possession and after JPAC took over on downs, June went back to air and burned the Marauders' secondary for a

50-yard strike to Prouty for six.

Prouty was also on the receiving end of another June pass for the extra point and a 14-0 lead.

Down by two scores, the Marauders took a chance and went for a first down on fourth and 10 yards to go.

However, the 747 CS failed to

move the chains and once again, June made them pay.

With the ball resting on the Marauders 30-yard line, June heaved a rainbow over the defense that fell into the arms of Department of Defense civilian Rafael Santana, who made an over-the-head catch and ran

untouched into the end zone for the team's third touchdown and a 21-0 advantage.

Minutes before halftime, the Marauders finally mounted a drive into JPAC territory, but the run stalled on the 22 – leaving June with just enough time for one more quick strike.

Despite being up by three touchdowns, June quickly completed two passes to put the ball on the Marauders 33.

Three plays later, with 15 seconds on the clock before halftime, June found Santana for a touchdown and a 28-0 lead at the break.

"Until the referee says game over, we're going to play," June explained about why the team didn't take a knee and just walk off the field with a comfortable lead.

Minutes into the second half, JPAC seemed to put the game away for good when the defense stepped up once again and held the Marauders short of a first down.

Working with a short field at the Marauders 18-yard line, June completed his fifth and final touchdown pass of the game on a four-yard toss to Staff Sgt. Andrew Smith.

June said that although it was the team's first game of the season, everyone on the squad was itching to get on the field – especially June, who is hungry after sitting out all last year.

"We're hoping to win it," he said.

## Vaccinations available at military installations this month

### Naval Health Clinic Hawaii

It is mandatory for all Department of Defense (DoD) uniformed personnel who are not medically or administratively exempt to receive the seasonal influenza vaccine.

Vaccination against seasonal influenza is mandatory for civilian personnel who provide direct patient care in DoD medical treatment facilities and for civilians where it is written in their position description as a condition of employment.

To ensure effective and timely administration of the influenza vaccine, the Oahu Joint Services vaccination team will conduct multi-service mass influenza vaccination campaigns for shore-based DoD personnel assigned to a command or activity in Hawaii.

The schedule at area military

installations are:

- Joint Base Pearl Harbor Hickam, Sept. 24-26, 6:30 a.m. to 5:30 p.m. at Makai Recreation Center, Hickam building 1859, McChord St.

- Marine Corps Base Hawaii, Sept. 24-26, 7 a.m. to 4 p.m., at the Kaneohe Bay Branch Health Clinic, building 3089, D Street.

- Rochefort/NIOC/NCTAMS Pac, Sept. 26 from 8 a.m. to 3 p.m. at the Rochefort Building.

- Camp H.M. Smith, Sept. 24-25, 8 a.m. to 4 p.m., at Pollock Theater (Marine Corps Forces Pacific).

Beginning Oct. 1, family members, other Tricare beneficiaries and Department of the Navy and Department of the Air Force civilians can receive the flu vaccination at the following immunizations clinics:

- Naval Health Clinic Hawaii

enrollees: Makalapa and Kaneohe Bay Branch Health Clinics.

Department of the Navy civilians: Makalapa, Kaneohe Bay and Pearl Harbor Naval Shipyard Branch Health Clinics.

- 15th Medical Group enrollees and Department of the Air Force civilians: Hickam allergy/immunizations clinic.

Dependent Tricare beneficiaries may receive the flu vaccine at no cost from a participating retail pharmacy. A list of pharmacy chains offering the vaccine can be found at [www.expresscripts.com/tricare/pharmacy](http://www.expresscripts.com/tricare/pharmacy).

Call the pharmacy in advance to ensure availability of the vaccine and verify age restrictions. Proof of vaccination at a retail pharmacy can be brought to any of the above clinics for documentation in the patient's electronic record.

## JPAC to host National POW/MIA Recognition Day Ceremony today

The Joint POW/MIA Accounting Command (JPAC) will honor the nation's heroes and commemorate National Prisoner of War/Missing in Action (POW/MIA) Recognition Day at 10 a.m. today at the National Memorial Cemetery of the Pacific (Punchbowl). The ceremony is free and open to the public.

This year's program will be led by Maj. Gen. Kelly McKeague, JPAC commander.

The keynote speaker, former Air Force pilot Guy Gruters, was a prisoner of war for five years during the Vietnam War. He completed more than 400 combat missions and was shot down twice during his service.

He was captured after his second shoot down on Dec. 20, 1967 and held as a prisoner of war for five years. He was ultimately released

as part of Operation Homecoming in 1973.

Highlights this year include a wreath-laying ceremony, speeches and a rendition of Taps played in honor of former prisoners of war and those still missing in action. Organizations are welcome to participate in the wreath-laying ceremony by laying a wreath or flowers.

Appropriate attire for the event is military class B or service equivalent or civilian casual or *aloha* wear.

The ultimate goal of the Joint POW/MIA Accounting Command, and of the agencies involved in returning America's heroes home, is to conduct global search, recovery and laboratory operations in order to support the Department of Defense's personnel accounting efforts.





# Live the Great Life



MWR Marketing photo

MWR patrons take a breather before exploring Chinaman's Hat.

## Outdoor Adventure Center offers variety of activities

Emily McNulty

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

OAC Outdoor Adventure Center (OAC) is located inside the Information, Tickets and Travel (ITT)-Fleet Store on the Pearl Harbor side of Joint Base Pearl Harbor-Hickam. OAC offers hiking, biking, paddling, kayaking and other activities. OAC will host a day hike beginning at 9 a.m. Sept. 29 to Nuuanu-Judd/Hidden Palace. Participants can sign up by

Sept. 26. This trail travels through a dense forest with many of Hawaii's natural flowers. The cost of the trip is \$10 per person.

Those who prefer water activities can kayak to Chinaman's Hat with OAC beginning at 9 a.m. Sept. 29. Participants should sign up by Sept. 26. This trip costs \$30 per person and includes transportation to and from Kaneohe Bay. Participants can paddle out to one of Hawaii's landmark locations. OAC will provide guides and experienced instructors. For more information on these or upcoming trips, call 473-1198 or visit [greatlifehawaii.com](http://greatlifehawaii.com).

## Military and Family Support Center offers employment assistance

Emily McNulty

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation patrons looking for a job or who need to update their resume can get help from the Military and Family Support Center (MFSC). Classes include "federal resume writing," "writing your best resume," "job fair success" and "employment in Hawaii."

Visitors can find an employment newsletter and job link pages at the [greatlifehawaii.com](http://greatlifehawaii.com) website under helpful links.

MFSC also offers assistance through the Family Employment Readiness Program (FERP), which provides a variety of services and resources to assist transitioning military spouses, family members, active duty military members and veterans.

Patrons can visit the employment resource center located at MFSC Pearl Harbor. This self-service center is offered to service members and their families. It offers employment information, job search resources, local job announcements, and three computers with Internet and printers. For more information on MFSC, call 474-1999 or visit [greatlifehawaii.com](http://greatlifehawaii.com) to register for classes.



MWR Marketing photo

MFSC has three locations, including this location at Naval Computer and Telecommunications Area Master Station Pacific in Wahiawa.

## Your Weekly Fun with MWR

Visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or subscribe to MWR's digital magazine Great Life Hawaii.



**Free Golf Clinic** will begin at 9:15 a.m. Saturday at Barbers Point Golf Course. FMI: 682-1911.

**UFC 165 in HD** will begin at 2 p.m. Saturday at JR Rockers Sports Café. Patrons can watch Jon Jones and Alexander Gustafsson battle it out for the UFC light heavyweight championship. Live action will be from the Air Canada Centre in Toronto beginning at 3 p.m. FMI: 448-2271.

**Dollar Fifty Monday** will be held from 5 to 9 p.m. Sept. 23 at Naval Station Bowling Center. Shoe rental, bowling games and a hot dog are all \$1.50 each. FMI: 473-2574.

**Preschool Story Time** will be held from 9 to 10 a.m. Sept. 25 at the Hickam Library.

The theme is fall harvest. FMI: 449-8299. **Wooly Wednesdays** will be held from 2:30 to 5:30 p.m. Sept. 25 at Hickam Arts and Crafts Center. Participants of all skill levels may participate, including beginners. Patrons can bring their current project to knit and crochet. FMI: 448-9907.

**Intramural Racquetball Tournament** registration ends Sept. 25 at the Joint Base Pearl Harbor-Hickam Fitness Center. This free double-elimination tournament will be held Oct. 7 to 11 at the racquetball courts. The event is limited to players who are on active-duty at JBPHH, Department of Defense civilians and family members over age 18. FMI: 473-2494 or 473-2437.

**Adult Wheel Throwing class** will be held

from 6 to 8:30 p.m. on Wednesdays from Sept. 25 to Oct. 30, and Thursdays from Sept. 26 to Oct. 31 at the Hickam Arts and Crafts Center. Creating ceramic forms on the potter's wheel is the main focus of this class. All of the fundamentals will be covered, as well as advanced techniques. The class will progress at each individual's speed. FMI: 448-9907.

**Advanced Adult Watercolor class** will be held from 6 to 8 p.m. on Thursdays from Sept. 26 to Oct. 31 at the Hickam Arts and Crafts Center. This class is structured as a continuation of the Beginning Adult Water Color class. The focus is on additional techniques and exercises, pictorial composition, guidance for self-directed projects. FMI: 448-9907.

**Oahu Highlights Tour** will be held from 8:30 to 3:30 p.m. Sept. 26, departing from Information, Tickets and Travel (ITT)-Hickam. Highlights will include Hanauma Bay, Halona Blow Hole, Pali Lookout and National Memorial Cemetery of the Pacific (Punchbowl). Lunch is included. FMI: 448-2295.

**Federal Resume Writing class** will be held from 1 to 3 p.m. Sept. 26 at MFSC Pearl Harbor. This workshop provides an overview of the federal employment system and the application process. It identifies how to search for a federal job, build an effective public sector resume, identify and post supporting documents, and analyze the job announcement/questionnaire. FMI: 474-1999 or [www.greatlifehawaii.com](http://www.greatlifehawaii.com).



Morale Welfare & Recreation

BACK TO SCHOOL 5K RUN/WALK

A free back to school 5K run/walk will begin at 7 a.m. Sept. 26 starting at the Wahiawa Annex Fitness Center. FMI: 653-5542.

NORTH SHORE BIKE RIDE

The Outdoor Adventure Center-Fleet Store will host a bicycle trip to the North Shore beginning at 8:30 a.m. Sept. 28. The trip is about seven miles on level terrain starting at Waimea Bay and going just beyond Sunset Beach. The registration deadline is Sept. 25. FMI: 473-1198.

CHINATOWN FOOD, HISTORIC TOUR

A tour of Honolulu's Chinatown, featuring a traditional dim sum lunch, will take place from 8:45 a.m. to 12:45 p.m. Sept. 28. The tour departs from Information, Tickets & Travel-Hickam. FMI: 448-2295.

JUNIOR GOLF CLINIC

There will be a free junior golf clinic which begins at 9 a.m. Sept. 28 at the Mamala Bay Golf Course. FMI: 449-2304 or 449-2305.

WATER AEROBICS CLASSES

Water aerobics classes will be held at both Scott Pool and Hickam Pool 2. Scott Pool classes are held Mondays, Wednesdays and Fridays from 9 to 10 a.m. Hickam Pool 2 classes are held Tuesdays and Thursdays from 9 to 10 a.m. FMI: 473-0394 or 260-9736.

WINTER BOWLING LEAGUE SIGNUP

Registration is open for Hickam Bowling Center's winter bowling league. Pau Hana League bowls on Mondays at 5:30 p.m. The 825 Invitational League bowls on Tuesdays at 6:30 p.m., and PACAF Mixed is on Thursdays at 7 p.m. Ball and Chain League is on Fridays at 6:30 p.m., and Youth Bowling is on Saturdays at 9:30 a.m. Leagues will start in October and November. FMI: 448-9959.

LIBRARY KNOW-HOW

The Hickam Library will hold a free educational tour at 2 p.m. Oct. 5. The staff will demonstrate how to find e-books, audio-books, music, online foreign language training, and explain the Universal Class for online continuing education and the Dewey Decimal system. FMI: 449-8299.

HALLOWEEN 5K

The Hickam Fitness Center will hold its free Halloween 5k beginning at 8 a.m. Oct. 26. Costumes are optional. FMI: 448-2214.

Community Calendar

SEPTEMBER

25 — A Bridal Bazaar will be held from 9 a.m. to 1 p.m. at the Navy Marine Corps Relief Society (NMCRS) Thrift Store. There are 24 new designer wedding gowns that have been donated to NMCRS. Sizes range from 4 to 10. Vendors will be on site to help plan that special day. For more information on the dresses, contact Jennifer Miller at 473-4512 or Jennifer.1.miller2@navy.mil or Emma Surge at mifa-the@yahoo.com. FMI: https://www.facebook.com/#!/NMCRSPearlHarbor

25 — The Joint Employment Management System (JEMS) will hold its 26th annual job fair from 9 a.m. to 1 p.m. at Club Pearl, Joint Base Pearl Harbor-Hickam. Recruiters from local businesses, mainland companies and government agencies will be available. FMI: 474-1999 or www.greatlifehawaii.com or www.jemsjobs.com.

28 — The 2013 Armed Services YMCA Father-Daughter dance will be held from 6 to 10 p.m. at the Hickam Officers Club, Joint Base Pearl Harbor-Hickam. The cost is \$55 for the father-daughter pair and \$20 for each additional daughter. FMI: 473-3398 or email pearlharbor@asymcahi.org.

28 — Volunteers are invited to participate in the Joint Base Pearl Harbor-Hickam National Public Lands Day Outreach event. The event will include a beach and picnic area cleanup at Nimitz Beach in Kalaeloa. Assignments will be given out at 7:30 a.m., and the cleanup will be from 8:15 to 9:30 a.m. FMI: patricia.colemon@navy.mil or call 473-0369 by Sept. 23.

28 — Smithsonian Magazine Museum Day Live will be held from 9 a.m. to 5 p.m. at Pacific Aviation Museum Pearl Harbor. The event will feature free admission to the museum, which is a Smithsonian affiliate. Free tickets are available at http://www.smithsonianmag.com/museumday/. FMI: www.PacificAviationMuseum.org.

OCTOBER

10 — The contributions and presence of Hispanic and Latino Americans in the United States will be recognized at an event from 10 to 11 a.m. at the Pearl Harbor Memorial Chapel. The event will include keynote speakers, Joint Base Pearl Harbor-Hickam Command Master Chief Brian Ortega and retired Navy Capt. Steve Colon from Hunt Companies, Inc. FMI: Imelda Henry at 473-1810 or email imelda.henry@navy.mil.



ELYSIUM (R)

In the year 2154, two classes of people exist: the very wealthy, who live on a pristine man-made space station called Elysium, and the rest, who live on an overpopulated, ruined planet. The people of Earth are desperate to escape the crime and poverty that is now rampant throughout the land. The only man with the chance to bring equality to these worlds is Max, an ordinary guy in desperate need to get to Elysium.

SHARKEY THEATER

TODAY 9/20

7:00 PM Elysium (R)

SATURDAY 9/21

2:30 PM Planes (PG)

4:40 PM The Wolverine (PG 13)

7:30 PM 2 Guns (R)

SUNDAY 9/22

2:30 PM The Smurfs 2 (3D) (PG)

5:00 PM Percy Jackson: Sea of Monsters (PG)

7:00 PM You're Next (R)

THURSDAY 9/23

7:00 PM The Wolverine (3D) (PG 13)

HICKAM MEMORIAL THEATER

TODAY 9/20

6:00 PM Planes (PG)

SATURDAY 9/21

4:00 PM R.I.P.D (PG-13)

7:00 PM Elysium (R)

SUNDAY 9/22

2:00 PM Planes (PG)

THURSDAY 9/23

7:00 PM Elysium (R)

Movie Showtimes





# MFSC offers variety of free programs

The Joint Base Pearl Harbor-Hickam Military and Family Support Center (MFSC) offers a variety of free programs to help Air Force and Navy members, their families and Department of Defense civilians develop skills, improve relationships, and handle the military way of life.

The MFSC's goal is to maintain healthy individuals, strengthen families, prevent individual and family dysfunction, and facilitate overall self-sufficiency and personal, family and community well-ness.

The MFSC is a joint Air Force and Navy service center that supports the military's operational readiness by providing a wide range of services and assistance to active duty service members, retirees and family members. This support positively impacts the quality of life for service members, retirees and their families.

Upcoming classes include:

- Sept. 24, 8 to 11 a.m., Anger Management at MFSC Pearl Harbor, 4827 Bougainville Drive, Honolulu. The class is designed for people who want to better control their anger in either work or social/family settings.

- Sept. 24, 9:30 to 11 a.m., Sponsor Training at MFSC Wahiawa, 500 Center St., building 392. This class gives the new sponsor information, resources and tools needed to assist incoming personnel and families, in order to ease their transition to a new environment. Spouses are encouraged to attend.

- Sept. 25, 8 to 11 a.m., Pre-separation Briefing (U.S. Air Force only) at MFSC Hickam, 655 Vickers Ave., building 1105. The

briefing mandates retiring or separating members receive pre-separation counseling no later than 90 days prior to leaving the service. This mandatory counseling covers Veterans Administration benefits and entitlements, employment, education, medical, and community resources, among others.

- Sept. 25, 9 to 11 a.m. Managing Money and Credit at MFSC Pearl Harbor. The class covers the basic skills and techniques for managing money and budgeting, gaining an awareness of credit cards and loans, and learning how to plan savings goals.

- Sept. 26, 1 to 3 p.m., Federal Resume Writing at MFSC Pearl Harbor. This workshop provides an overview of the federal employment system and the application process. It identifies how to search for a federal job, build an effective public sector resume, identify and post supporting documents, and analyze the job announcement/questionnaire.

- Sept. 26, 1 to 3 p.m., Car Buying Strategies at MFSC Pearl Harbor. The class includes what someone should know before purchasing a car such as determining what you can afford, planning for the various expenditures of a car, and learning to get the best deal on the purchase.

- Oct. 1, 8 and 15, 10 a.m. to noon, Couples Class: Mastering the Art of Relationship Skills at MFSC Pearl Harbor. This relationship-enhancing class for couples will include information on communication skills, love languages, relationship stages and struggles, and understanding the differences in personality types.

- Oct. 3, 7:30 a.m. to 3:30 p.m.

Capstone Event at MFSC Pearl Harbor. This is a workshop to measure a service member's transition readiness from a military to civilian career. The member may be connected to external agencies for additional assistance to ensure a successful transition. Must be completed no later than 90 days prior to separating/retiring. Completion of this component is mandatory. Transition GPS is a pre-requisite.

- Oct. 3, 9 to 11 a.m. Acing the Interview at MFSC Hickam. This workshop provides knowledge and skills training to help prepare you for an effective interview. It identifies various interview scenarios, different question types, how to prepare effective answers, what to bring, and how to dress for the interview.

- Oct. 3, 11:30 a.m. to 12:30 p.m. Single Parents Network at MFSC Hickam. This group meets monthly for all Joint Base Pearl Harbor-Hickam single parents. The purpose is to provide an opportunity to network, identify common concerns, share ideas and learn new information and skills on various parenting and personal issues as a single parent. All military, Department of Defense civilians and contractors are invited to attend.

- Oct. 4, 9 a.m. to noon Company Recruitment: FBI at MFSC Hickam. FBI agency representatives will be available to talk about the many career choices available and to discuss qualification requirements and hiring procedures.

For more information, call 474-1999 or visit the website [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

## Naval Health Clinic Hawaii to have limited health care operations Sept. 27

All Naval Health Clinic Hawaii (NHCH) health care will close at noon Sept. 27.

This includes all medical and dental facilities at Branch Health Clinics Makalapa, Camp Smith, Wahiawa, Marine Corps Base Hawaii Kaneohe Bay and Pearl Harbor Naval Shipyard. Medical and dental services will be provided from 7:30 a.m. to noon.

Beneficiaries are asked to take this into consideration when scheduling care. All routine care should be planned prior to or after Sept. 27. This includes appointment scheduling, prescription refills and laboratory draws.

All clinics will re-open for regular business hours Sept. 30. For NHCH hours of operation, visit the website at <http://www.med.navy.mil/sites/nhch>.

Beneficiaries can speak to a healthcare provider any time the clinics are closed by calling the "provider after-hours advice line" at 473-0247, ext. 3. For emergencies, call 911 or go to Tripler Army Medical Center. For active-duty dental emergencies, call 864-4705.

## Pouhala Marsh work day to be held Sept. 28

The Hawaii Nature Center's next work day is set for 8:30 to 11:30 a.m. Sept. 28 at Pouhala Marsh.

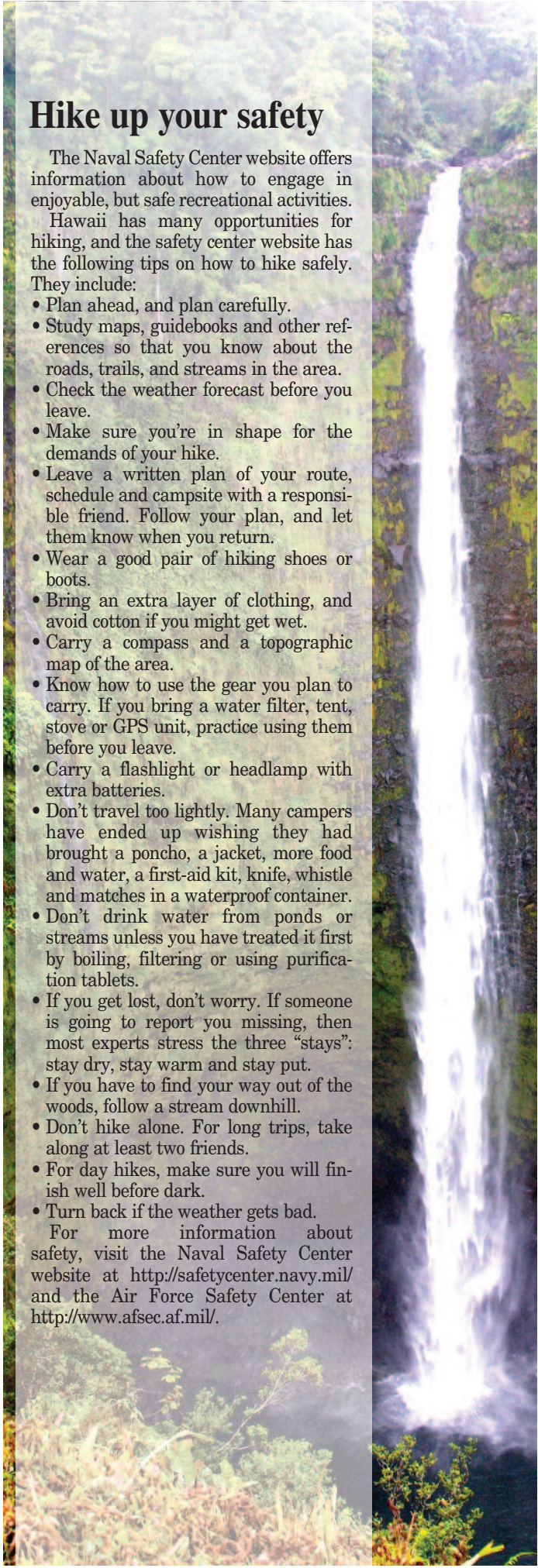
The project will continue with the removal of California grass from Kapakahi Stream.

- Work will be very wet and muddy. Volunteers should bring a change of clothes, towel, and plastic bag for wet clothes.

- Shoes or boots are a must. Volunteers should not have bare feet and open cuts, scratches, blisters or new tattoos.

- Long sleeves are strongly recommended. The grass has fine hairs on it that will make volunteers itchy.

For more information or to volunteer, contact Pauline Kawamata at 955-0100, ext. 118 by Sept. 25 or visit the website [www.hawaiinaturecenter.org](http://www.hawaiinaturecenter.org).



## Hike up your safety

The Naval Safety Center website offers information about how to engage in enjoyable, but safe recreational activities.

Hawaii has many opportunities for hiking, and the safety center website has the following tips on how to hike safely. They include:

- Plan ahead, and plan carefully.
- Study maps, guidebooks and other references so that you know about the roads, trails, and streams in the area.
- Check the weather forecast before you leave.
- Make sure you're in shape for the demands of your hike.
- Leave a written plan of your route, schedule and campsite with a responsible friend. Follow your plan, and let them know when you return.
- Wear a good pair of hiking shoes or boots.
- Bring an extra layer of clothing, and avoid cotton if you might get wet.
- Carry a compass and a topographic map of the area.
- Know how to use the gear you plan to carry. If you bring a water filter, tent, stove or GPS unit, practice using them before you leave.
- Carry a flashlight or headlamp with extra batteries.
- Don't travel too lightly. Many campers have ended up wishing they had brought a poncho, a jacket, more food and water, a first-aid kit, knife, whistle and matches in a waterproof container.
- Don't drink water from ponds or streams unless you have treated it first by boiling, filtering or using purification tablets.
- If you get lost, don't worry. If someone is going to report you missing, then most experts stress the three "stays": stay dry, stay warm and stay put.
- If you have to find your way out of the woods, follow a stream downhill.
- Don't hike alone. For long trips, take along at least two friends.
- For day hikes, make sure you will finish well before dark.
- Turn back if the weather gets bad.

For more information about safety, visit the Naval Safety Center website at <http://safetycenter.navy.mil/> and the Air Force Safety Center at <http://www.afsec.af.mil/>.



# NAVFAC Pacific celebrates 171 years of Navy and Marine Corps service

## Naval Facilities Engineering Command Pacific

Rear Adm. Bret J. Muilenburg, commander of Naval Facilities Engineering Command (NAVFAC) Pacific, and his team of military and civilian personnel recently celebrated 171 years of proud Navy and Marine Corps service in the Pacific.

"I am honored to be among a fine group of professionals and this great organization serving our supported commanders and our nation," said Muilenburg during a cake-cutting ceremony to honor the organization's birthday.

"NAVFAC Pacific has a proud history of delivering quality products and services, so let's continue to and build upon the NAVFAC heritage and breadth of experience," he said.

The 13th Secretary of the Navy, Abel P. Upshur, officially established NAVFAC's predecessor, the Bureau of Naval Yards and Docks, in 1842 to execute the design, construction and maintenance of Navy yards and a few other shore stations around the eastern seaboard of the United States.

Eventually the bureau and its responsibilities grew into the global enterprise known as NAVFAC, which was officially established in May 1966.

NAVFAC Pacific operates as the headquarters for facility engineering

commands in Hawaii, Guam and Japan. Its area of operation spans from Diego Garcia in the Indian Ocean to Hawaii. Muilenburg recounted the many significant projects and initiatives that have been successfully completed throughout the decades by the command's employees.

"We continue to execute a robust program in the Indo-Asia-Pacific region to enable war fighting capabilities, drive efficiencies in energy, bolster environmental stewardship, and provide humanitarian assistance in remote disadvantaged locations," Muilenburg said.

NAVFAC's signature is visible on every Navy and Marine Corps installation. Nearly every pier, runway, building, gymnasium, barracks, road, utility plant, and other facilities on shore has been constructed or acquired by NAVFAC.

Wes Ishizu, NAVFAC Pacific business director, said he is pleased to be a part of this great legacy. "We have the opportunity to work on and execute remarkable projects in amazing locations," said Ishizu.

"Our team's diversity is part of our strength and adds to our unique expertise in support of the fleet," he added.

Muilenburg spoke of the growing importance of the military to regional stability in the Pacific and extended his appreciation to the team for their continued dedication to duty.

# NAVFAC Pacific awards \$10M task order to improve underwater waterline

## Naval Facilities Engineering Command Pacific

Naval Facilities Engineering Command (NAVFAC) Pacific awarded a \$10 million task order under a multiple award construction contract to Honolulu-based Watts-Healy Tibbitts A JV for work to replace a 24-inch underwater waterline crossing Pearl City Peninsula to Ford Island at Joint Base Pearl Harbor-Hickam.

"This project is part of a larger effort undertaken by the Navy to upgrade existing deteriorating cast iron waterlines and replace them with new polyvinyl chloride pipes," said Ralph Luca, NAVFAC Pacific chief engineer and capital improvements business line manager.

"We continue to work towards improving water quality and output, and this is one

critical tool to facilitate that objective," Luca said.

The work to be performed provides for the replacement of approximately 3,800 linear feet of pipe from Pearl City Peninsula to Ford Island, utilizing horizontal directional drilling. Approximately 2,400 linear feet of the existing waterline is underwater.

"Water distribution systems are extremely vital to the health and welfare of our service members, their families and our personnel," said Capt. Pete Lynch, NAVFAC Pacific vice commander. "Continuous maintenance and investment in infrastructure upgrades will enable mission readiness for our troops," he said.

Work will be performed in Pearl City and is expected to be completed by April 2015. Five proposals were received for this task order.



# Nation celebrates Constitution Day and Citizenship Day 2013 Sept. 17

## Navy Office of General Counsel

On Sept. 17, the nation celebrated the 226th anniversary of the signing of the Constitution.

Constitution Day and Citizenship Day is a time to reflect upon both the legal foundation of the nation and system of government as well as the basic rights and responsibilities of citizenship.

The late Sen. Robert C. Byrd, the primary sponsor of the 2004 legislation designating Constitution Day, observed that: "Our Constitution is a remarkable document – truly remarkable. It is remarkable for its simplicity, and it is remarkable for its astute understanding of human nature. The governmental struc-

ture that was devised in Philadelphia did not depend on extraordinary men in order to work but, rather, the system relied upon the ambitions of many ordinary men to check and balance each other, keeping any one man or any one branch of government from becoming another tyrant like King George. It is fitting and appropriate that we honor the document that established this government and that we as a nation take steps to ensure that our Constitution and our system of government are known, understood, and cherished by the people they were established to serve."

For more information, visit <http://www.archives.gov/education/lessons/constitution-day/>.

## My Favorite Photo...

Karen Spangler took this photo recently at Haleiwa Beach Park.  
(Send your non-posed photos to [editor@hookelenews.com](mailto:editor@hookelenews.com))

