

CNO talks to Hawaii Sailors, reaches out to families

MC1 Cynthia Clark

Defense Media Activity,
Hawaii Det

Chief of Naval Operations (CNO) Adm. Jonathan Greenert visited with Sailors at various locations in and around Joint Base Pearl Harbor-Hickam on Aug. 12 and 13.

The focus of Greenert's visit was "to listen and learn, and understand what's on people's minds and to tell them that despite some uncertainty as we look into the future, there is some certainty."

At Bloch Arena on Monday, the CNO re-enlisted Sailors and answered questions from those in attendance on issues such as sequestration and sexual assault and rising electricity costs.

During a visit to the guided-missile destroyer USS Halsey (DDG 97) and the fast-attack submarine USS Columbus (SSN-762), Greenert addressed issues such as physical readiness and deployment lengths. He also visited with wounded warriors at Tripler Army Medical Center.

The CNO assured Sailors that when it comes to pay and benefits, the focus should remain on war fighting readiness and not the uncertainty of the future.

"Simply put, pay, allowances and personnel and family benefits will remain



U.S. Navy photo by MCSN Johans Chavarro



U.S. Navy photo by MCC Julianne F. Metzger



U.S. Navy photo by MCC Julianne F. Metzger

(Top) CNO Adm. Jonathan Greenert answers questions during an all-hands call aboard the guided-missile destroyer USS Halsey (DDG-97). (Above left) CNO Adm. Jonathan Greenert holds an all-hands call at Bloch Arena at Joint Base Pearl Harbor Hickam to speak to Sailors about the current status of the Navy and answer any questions they have about the future of the fleet. (Above right) Adm. Greenert greets members of the Joint Base Pearl Harbor-Hickam Coalition of Sailors Against Destructive Decisions.

the same. So I'd like to remind them to focus on the mission at hand—war fighting first, operate forward and be ready."

According to the CNO, the current re-balancing

efforts to the Asia-Pacific region are also not in jeopardy.

"The rebalance to the Asia-Pacific is proceeding ahead regardless of our budget limitations that

may be coming up in the future," he continued.

"Hawaii is our gateway to the Pacific. It is the headquarters for the Pacific, and so it's very important to this rebal-

ance. In fact, the number of ships here in Hawaii will grow throughout this decade to two more ships. Hawaii is the centerpiece geographically. It's strategically important, and it's

a big part of our future."

Greenert also wanted Sailors to know that even with the budgetary issues and the increased responsibility of the Pacific, deployments and their durations are also on his mind.

"I want to get to the point where we can know and understand how long our deployments are going to be, and we'll do that through the budget process," he said.

"As they say, the world gets a vote. This is a very volatile area and the world is dynamic. We need to get to a more stable deployment, I understand that."

While the CNO spent the trip speaking with Sailors here, he also reached out to families.

"I want to say thank you very much for what you're doing. You take care of our Sailors. You're the wind underneath their wings that enables them to be the best Sailors in the world and keeps us the finest Navy."

Finally, he had this message for the Pacific Fleet.

"You are our asymmetrical advantage," he concluded. "You are the difference between us and any other Navy regardless of technology. The Navy is more relevant than it has ever been. They're going to be reaching out to you to get the job done and ensure security, so thanks for being part of the team."

USS Pearl Harbor visits Hawaii following multilateral Pacific Partnership

MC1 Amanda Dunford

U.S. Pacific Fleet Public
Affairs

The dock landing ship USS Pearl Harbor (LSD 52) is scheduled to arrive at Pearl Harbor today after completing the annual Pacific Partnership (PP13) mission, which this year visited six nations in the Oceania region beginning in May.

Pacific Partnership is the largest disaster response preparedness mission in the Indo-Asia-Pacific region and has been conducted since 2006. PP13 mission ports included Samoa, Tonga, Republic of the Marshall



U.S. Navy photo by MC2 Tim D. Godbee

The Military Sealift Command dry cargo and ammunition ship USNS Mathew Perry (T-AKE 9), the amphibious dock landing ship USS Pearl Harbor (LSD 52) and the Royal New Zealand Navy multi role vessel HMNZS Canterbury (LSL 421) transit the Vella Gulf during Pacific Partnership 2013.

Islands, Papua New Guinea, Kiribati, and the Solomon Islands. Non-

governmental organizations partnered with militaries from the U.S.,

Australia, Canada, Colombia, France, Japan, Malaysia, Singapore,

South Korea and New Zealand. Pearl Harbor served as

a centerpiece of the operation and as the command platform for mission phases in Samoa, Tonga and the Marshall Islands.

Australia led the Papua New Guinea mission phase from the Royal Australian Navy's HMAS Tobruk. The Royal New Zealand Navy's HMNZS Canterbury served as the command platform in the Solomon Islands after New Zealand led from USS Pearl Harbor in Kiribati. PP13 marked the first time that partner nations took the lead of individual phases, a significant commitment milestone for future missions.

See PP13, A-3

ALOHA! WELCOME HMAS PERTH (FFH 157)



UH football practice at joint base

Senior quarterback Sean Schroeder warms up his throwing arm during a practice session last year. The University of Hawaii football team began practices Thursday at Earhart Field at Joint Base Pearl Harbor-Hickam. The joint base community may observe the practices from the sidelines. The practices will continue through Tuesday on the following schedule: Saturday, Aug. 17, 10:10 a.m.; Sunday, Aug. 18, 10:40 a.m.; Monday, Aug. 19, 2 p.m.; and Tuesday, Aug. 20, 11 a.m. Video recording of the practices will not be allowed. (See more photos on page A-5.)

U.S. Navy photo by Randy Dela Cruz



Save Energy

Don't dry clothes excessively. Drying laundry excessively uses more energy than is needed and is hard on fabrics. If you purchase a dryer, get one with an electronic sensor that shuts off the dryer when clothes are dry.



JBPHH gears up for Healthy Base Initiative
See page A-2



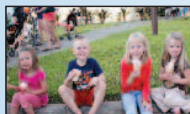
CNO visits USS Columbus at joint base
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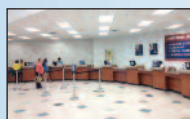
Pacific Partnership commemorates the 71st anniversary of Battle of Guadalcanal
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Pearl Harbor Naval Shipyard graduates 132 apprentices
See page A-4



Hickam Communities celebrates a 'Night Out'
See page B-1



NEX launches renovation project
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JBPHH gears up for Healthy Base Initiative

Grace Hew Len

Joint Base Pearl Harbor-Hickam Public Affairs

Obesity and tobacco use among U.S. military health care beneficiaries add more than \$3 billion per year to the Department of Defense (DoD) budget in health care costs and lost duty days.

Access to high-calorie foods and a more sedentary lifestyle have contributed to a nationwide obesity epidemic. Today, more than one-third of adult Americans are obese, and a fourth of potential new recruits are unqualified due to their weight.

In response to these health concerns regarding military service members and their families, DoD initiated the Healthy Base Initiative (HBI), a demonstration project that examines select military installations' efforts to support improved nutritional choices, increased physical activity, obesity reduction, and decreased tobacco use.

This week, the Office of the Secretary of Defense (OSD) and a team of health professionals visited Joint Base Pearl Harbor-Hickam (JBPHH) to prepare the base for the Healthy Base Initiative. JBPHH is one of 14 bases selected as pilot sites for the year-long project, which seeks to catalogue the smartest practices being implemented to fight obesity and tobacco use and promote health and wellness among service members and their families.

HBI is part of Operation Live Well, which aims to make healthy living the easy choice and the social norm across the Department of Defense.

In a recent message announcing the Healthy Base Initiative, Chuck Milam, principal director at the Office of the Secretary of Defense for Military Community and Family Policy and co-chair of the Healthy Base Initiative, said, "Our vision of success is an installation that provides an environment that makes healthy choices the easy choices, a place that encourages good nutrition, active lifestyles and tobacco-free living."

Key to the success is leadership that is committed to an active, healthy lifestyle like Capt. Jeffrey James, com-

mander of JBPHH.

"The Healthy Base Initiative could also be called the common sense initiative. It aligns what we already know about the benefits of a healthy lifestyle (good nutrition, regular exercise, no tobacco use) with more formal resiliency programs, such as the 21st Century Sailor, to help inform sound decision-making across a broad spectrum of subjects ranging from design of streets, sidewalks and crosswalks, to food options on base, to fitness programs offered to service members and their families," James said.

This holistic approach is especially applicable to JBPHH. "We recently completed a master development plan for the base that incorporates many healthy lifestyle features such as a more walkable/bikeable campus feel to the base, not to mention the fact that we have a climate that supports year-round healthy outdoor activities," added James.

During their installation assessment, the OSD team members interviewed key mission and installation support leaders, profiled on-base programs and facilities, assessed focus areas such as food and health and wellness, determined capabilities to track potential measures and metrics, and catalogued existing installation and/or service-level healthy initiatives, among others.

Key partners include health and medical experts, commissaries and dining facilities, exchanges, education resources, and morale, welfare and recreation programs.

During the assessment phase, the team will create an HBI profile, collect data on installation or service best practices, conduct service member familiarization, and create an action plan based on installation needs and opportunities.

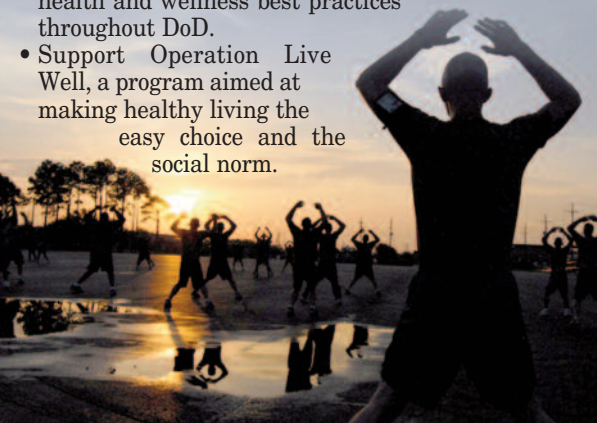
"We are excited to assess/measure our current initiatives as well as incorporate new ideas that promote a healthy lifestyle. The results will ultimately net us a more effective fighting force, all the while improving the lives of our families and reducing unnecessary medical expenses borne out of poor lifestyle choices," James said.

JBPHH anticipates an installation-wide healthy base event to take place in October.

Healthy highlights:

The Healthy Base Initiative aims to create an environment to help people get well, relieve stress, eat better, and exercise more. Highlights include:

- Promote a healthy and fit force, which is essential to national security.
- Increase awareness of the devastating impact of sedentary lifestyles and poor nutrition choices.
- Empower the military community to make better nutritional choices, increase physical activity, decrease tobacco use and lose weight.
- Provide a hands-on look at service-level innovations, which can be used to promote health and wellness best practices throughout DoD.
- Support Operation Live Well, a program aimed at making healthy living the easy choice and the social norm.



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U.S. Navy photo by MC2 Steven Khor

Chief of Naval Operations, Adm. Jonathan Greenert, speaks to Sailors of the Los Angeles-class attack submarine USS Columbus (SSN 762) at an awards ceremony Aug. 13. Greenert pinned the enlisted submarine warfare qualification on two Columbus Sailors during a visit to Joint Base Pearl Harbor-Hickam.

CNO visits USS Columbus at joint base

Story and photo by MC2 Steven Khor

Commander Submarine Force U.S. Pacific Fleet Public Affairs Office

Chief of Naval Operations Adm. Jonathan Greenert visited the Los Angeles-class attack submarine USS Columbus (SSN 762) as part of a two-day visit to Hawaii on Aug. 13.

While visiting Joint Base Pearl Harbor-Hickam, Greenert attended a topside awards ceremony with the Columbus crew in which he pinned the enlisted submarine warfare qualification on Yeoman 3rd Class Antonio Draughn and Fire Control Technician Seaman Parker Birchall.

"Re-enlisting and recognizing Sailors is my favorite thing to do,"

Greenert remarked.

In addition to their submarine warfare qualification, or "dolphins," Greenert awarded each with certificates and a coin to recognize and commemorate their achievement.

Following the awards ceremony, Greenert talked to the crew and held a question and answer session where Sailors were able to hear from the Navy's top officer on topics ranging from quality of life issues to matters of operational importance in the Asia-Pacific region.

"You're my litmus test," Greenert said. "When I look across the Navy, if the submarine force has a problem, then I have a bigger problem."

A career submariner, Greenert lauded the Columbus crew and gave a nod to the submarine community and

the "amazing mystique" it carries.

"The work you do is incredibly important," he said. "You are a professional force, and we depend upon you a great deal."

Greenert added that America needs the Navy more than ever.

"The Navy is more relevant than it has ever been," said Greenert. "We will be counting on each and every one of you to get the job done."

Following the event, both Draughn and Birchall expressed their gratitude that Greenert was able to share in this milestone day.

"It's amazing. I never thought this would happen," said Birchall.

"It's an honor," said Draughn. "It's been a long process (attaining the qualification), and it was nice to have met the admiral."

Pacific Fleet master chief visits USS Paul Hamilton

Story and photo by MC1 Amanda Dunford

U.S. Pacific Fleet Public Affairs

Pacific Fleet Master Chief Marco Ramirez visited Aug. 8 with the Sailors of USS Paul Hamilton (DDG 60) to talk about fleet priorities for the Pacific region.

Ramirez thanked Sailors for their performance following the Arleigh Burke-class destroyer's 277-day deployment.

"I wanted to welcome them home since they're one of the finest warships we have in the Navy and here on this waterfront," said Ramirez.

"I wanted to come and talk to their Sailors and thank them for what they did and also deliver my commander's mission to them."

Ramirez visited the wardroom and offered advice and stressed the importance of communication in a division.

"Every time I have a problem and I have to go deal with it, it's a lack of communication and nine times out of 10, it's from a divisional leader. And what makes the best division is communication from that LPO [leading



U.S. Pacific Fleet Master Chief Marco Ramirez talks with officers and midshipmen in the wardroom aboard the guided-missile destroyer USS Paul Hamilton (DDG 60) during a round-table discussion.

petty officer], chief and division officer, the leadership triad," said Ramirez.

"At the end of the day, you talk between the triad, about what you did well, what you did badly and what you could have done, and you do this every day," he said.

Quartermaster 3rd Class Keith Woodcock was among the Sailors who attended the all hands call for E-6 and below with Ramirez. The open discussion forum allowed Ramirez to talk with Sailors about their role in

warfighting readiness, advancing regional partnerships and alliances, and purposeful forward presence.

"It's beneficial to see fleet on the deckplates because it boosts morale," said Woodcock. "This was a great opportunity for anyone to ask questions. Not every ship gets the chance to have a fleet master chief visit their ship."

Ramirez also discussed the current culture of the Navy. He talked about the importance of Sailors' responsibility for themselves

and their Sailors. He also discussed the Navy's intolerance of sexual assault, the effects it has on the Navy, and the value of Sailors and their families.

"In these times, Sailors wonder what's going on and for their families and civilians as well," said Ramirez.

"But I want them to know that they're valued, and that's what my commander brings back is that they are valued, and there are high-level people that are working really hard to get them the right things."

Chief selectees run morning PT at Ford Island



Fiscal year 2014 chief selectees assigned at Joint Base Pearl Harbor-Hickam run under their guidons during a morning physical training session at Ford Island. Rear Adm. Rick Williams, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, and members of the chiefs' mess led the selectees on their run for motivation, instruction and leadership by example. The selectees are going through a six-week induction phase before officially advancing to chief petty officer.

U.S. Navy photo by CNC Rex Parmelee

Commentary

Clear message from CNO to all: ‘We’re in this together’

**Rear Adm.
Rick Williams**

*Commander, Navy Region
Hawaii and Naval Surface
Group Middle Pacific*

This week Chief of Naval Operations Adm. Jonathan Greenert visited our region. During his visit, he met with Wounded Warriors at Tripler, was hosted aboard USS Halsey (DDG 97) and USS Columbus (SSN 762), conducted several award ceremonies, and spoke with hundreds of Sailors at an all-hands call at historic Bloch Arena on the joint base.

The CNO pledged to do as much as he could to protect Sailors' pay, tuition, family support services and retention in FY14, despite the threat of continuing sequestration. He challenged us to take ownership of the sexual assault problem in our military. And he answered questions and took suggestions from our Sailors from Region/MIDPAC and other area commands.

One Sailor offered a plan for on-the-spot recog-



Rear Adm. Rick Williams

nition. Another asked about retirement benefits. One asked about the effects of rebalancing to the Pacific. Several Sailors recommended improvements to training and ship maintenance. Several more asked about housing and electricity rates.

As the CNO addressed these concerns and listened to suggestions, I noticed a common theme: We're in this together, we own the issues and problems, and we can work on solutions as a team. Adm. Greenert encouraged all of us to make our voices heard, not only via the

chain of command, but also via social media platforms and in open house or town hall settings.

The electricity rate issue

I have a special interest in the issue raised about housing and energy costs to residents. This was a leading discussion topic I want to address here and in the weeks ahead.

We're facing an announced rate increase in FY14 of 123 percent for electricity here for NAVFAC (Naval Facilities Engineering Command) Hawaii-supported customers.

In the weeks leading up to Oct. 1 and the start of the new fiscal year, I will be conducting a thorough review of options, and I will be working to communicate the realities of the situation and what it means for our families. We will also do our best to ensure every resident knows about the changes coming and how anyone can request an assessment or review of their energy consumption, resulting in tangible actions to reduce their utility bill.

Hawaii was a pilot site

for the Resident Energy Conservation Program several years ago with our public-private venture housing partners Forest City. Since then, RECP has been rolled out Navy-wide. At the beginning of FY13, RECP shifted to a 10 percent buffer, meaning those residents who exceeded the normal allowance of electricity by 10 percent for like-type housing had to spend more, while those who were below received more money back. With the upcoming rate increase beginning Oct. 1, those who save more energy will receive even more of a rebate, and those who exceed the buffer will have to pay more.

Here are the June 2013 electricity usage results: Our 4,130 Navy Forest City residents used an average of 1,338 kilowatt hours per home; 1,244 residents (32 percent) were above the 10 percent buffer, owing an average of \$63, while 1,234 residents (32 percent) were below the buffer, receiving an average rebate of \$67. The resident with the highest payment of \$515 was 85

percent above the 10 percent buffer for his like-type housing group, using a total 4,261 kwh in one month. The resident with the highest rebate of \$384 was 81 percent below his like-type housing group buffer, using a total of 333 kwh in one month.

How do some people consistently stay under the buffer? Why do some people conserve and do their best but are still over the buffer? These are some of the questions we'll continue to look into in coming weeks.

Is the system completely fair? I think we all know the answer to that question. Nothing is completely fair. What we can do is look at how we can make the system as fair as possible, commit to helping each other, and realize that every duty station has its pros and cons, its advantages and disadvantages: snow storms, commute time, crime rates, air quality, etc. Hawaii has some distinct advantages, in my opinion, compared with Norfolk and San Diego, where traffic and gas bills are a disadvantage.

'A better community'

We will get more information about electricity rates and energy security to our residents in various ways, and I would encourage everyone to look to the Ho'okele region/base newspaper and Forest City website (RECP) as good sources of accurate energy usage information – available both in print and online.

I'm impressed by the mostly solution-oriented dialogue I've seen so far about RECP and new electricity rates. Many of the social media conversations are focused on "working together for a better community" and "we're in this together."

The CNO closed his all-hands call this past Monday with a special request that Sailors thank their families on his behalf. Whether you have family here in Hawaii, back on the mainland, or somewhere else, I hope you do express appreciation for their service and sacrifice.

As the CNO said, "Thank your families for me. They're a very important part of the team."

Diverse Views



Why do you enjoy going to the pool?

Paul Zacharias
Lifeguard and Water Safety Instructor

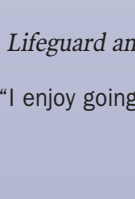


"Other than working as a life guard, I enjoy going to the pool because it provides fitness and aquatic experience and I love the water, swimming and all things water."



Airman 1st Class John Ribbins
647th Force Support Squadron

"The base pool is safer and a great alternative for my children than the beach. Adults and children alike can be swept up in a rip current. I don't have to worry about things like this at the base pool."



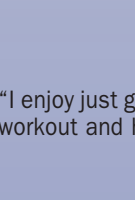
Mika Taylor
Lifeguard and Water Safety Instructor

"I enjoy going to the pool to exercise."



Senior Airman Jose Rivera
647th Force Support Squadron

"I actually do not use the base pool at all. I see the need and want for one, but why use a base pool when you live in Hawaii? People should be enjoying the beaches."



Mason Tavares
Family Member

"I enjoy just going to the pool for a good workout and have a good time."



Airman 1st Class Jared Smith
647th Force Support Squadron

"The base pool is great for lap swimming. I believe in maintaining a high level of fitness, and lap swimming can help one in achieving that goal."

*(Provided by SrA Christopher Stoltz
and MC2 Nardel Gervacio)*

*Want to see your command featured in Diverse Views?
Got opinions to share?
Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil*

PP13 mission ports included six nations

Continued from A-1

"Sharing the lead responsibilities and logistical resourcing among partner nations kept this incredibly impactful mission sustainable in light of future fiscal challenges," said U.S. Navy Capt. Wallace Lovely, Pacific Partnership mission commander.

"I could not be more proud of the multilateral planning effort that has gone into this year's mission. It has been a true team effort," he said.

Overall, Pacific Partnership held 85 disaster response events, 49 engineering civic action projects,

treated 18,679 medical and dental patients, held 136 medical training engagements, evaluated 4,925 animals, hosted 208 subject matter expert exchanges, and organized 102 community service events.

"I congratulate all participating nations and organizations who demonstrated incredible commitment and leadership to improve our collective disaster response," said Fleet Commander Adm. Cecil Haney.

"Ultimately, multilateral missions such as Pacific Partnership benefit all Pacific nations by strengthening relationships that are critical to deter conflict while

increasing regional stability and enhancing peace and prosperity."

Pearl Harbor was commissioned May 30, 1998 and is homeported in San Diego, Calif. The Harpers Ferry-class dock landing ship is named after Pearl Harbor, the site of the Dec. 7, 1941 Japanese attack on Oahu and is the only ship named after that historic event. The attack on Pearl Harbor was the turning point for America as it declared war on Japan, leading the United States' entry into WWII.

During Pearl Harbor's visit, Sailors will enjoy many activities on Oahu, including tours of historic memorials in their namesake port.

Flying the flag at the end of war



Official U.S. Navy photograph

USS Monterey (CVL-26) flies an extra-large U.S. ensign on the day news was first received of Japan's surrender, Aug. 15, 1945. The news was received 68 years ago as of yesterday. Monterey was then operating off Japan.



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Pacific Partnership commemorates the 71st anniversary of Battle of Guadalcanal

MCC Chris Fowler

Navy Public Affairs
Support Element West

HONIARA, Solomon Islands (NNS) -- Pacific Partnership 2013 leaders, crew members and partnership service members joined Aug. 7 with international dignitaries near the historic battle site, "Bloody Ridge," to commemorate the 71st anniversary of the Battle of Guadalcanal.

Seventy-one years ago the mission was to provide liberty, said U.S. ambassador to the Solomon Islands, Walter E. North. Now standing in its wake is Pacific Partnership 2013, another mission to the Solomon Islands to provide liberty.

This time, rather than through war, liberty comes through increased maritime security and disaster preparedness.

"I had a chance to visit the various ground activities, both here and in Papua New Guinea, and it was awesome," said North. "I'm not surprised that our military, which is the best in the world, would do a remarkable job. The execution was amazing."

At the invitation of the U.S. Consular, Keithie Saunders, and on behalf of the U.S. Guadalcanal Memorial Committee, the ceremony honored those who fought and those who lost their lives in the effort to liberate the island and



U.S. Navy photo by MC3 Samantha J. Webb

Capt. Wallace Lovely, Pacific Partnership 2013 mission commander, renders honors for three fallen Marines during a ceremony at the Guadalcanal American Memorial commemorating the 71st anniversary of the landing of U.S. Marines on Guadalcanal during World War II. The remains of the three Marines, who died during World War II, were discovered just days before the ceremony. (See additional photo on page A-5.)

secure an important logistics way point that prevented further Japanese expansion into the Pacific.

"The sacrifices born on these hallowed grounds must not be forgotten," said Capt. Wallace Lovely, PP13's mission commander, after recognizing the dignitaries and service members, both past and present.

"We stand here today as a continual reminder that the strength of our alliance was forged in the past sacrifices of those who came here

before us and of those who never left," he said.

For many in the audience, not forgetting was seen in a historical context, but for one person, Lt. Cmdr. Karrey Sanders, USS Pearl Harbor's (LSD 52) executive officer, not forgetting meant remembering someone whom he would never meet.

"My grandfather fought here," Sanders said. "I don't know much about his experiences during World War II because he never spoke about them until one

Thanksgiving when I was a BM2 [boatswain's mate second class]."

"It was after dinner and we were watching football. Out of nowhere, he started to talk about Guadalcanal," he said.

Sanders said his grandfather was a member of an aircraft squadron. One day he was assigned to go on a mission, but he was sick. A friend volunteered to go in his place.

"His friend never came back," said Sanders. "As my

grandfather was telling me the story, some of my other family members started to gather around to listen."

When his grandfather noticed the crowd, he stopped talking and never again spoke of the person who took his place on that ill-fated mission.

The Battle of Guadalcanal is remembered by many for its role in securing U.S. air superiority in the Pacific. It is also remembered for the sacrifice of the approximately 38,000 com-

bined U.S., Allied and Japanese men who lost their lives during the battle.

Perhaps none felt the history of those who died during the battle more than the Pacific Partnership's Marine Corps members. For Sgt. Jonathan Braun, a member of the civil military coordination center, standing on the very spot where such brutal fighting had happened 71 years ago to the hour, meant a lot.

"Looking around the island that morning, I could see smoke from fires, probably people just burning trash, but to me it seemed a fitting reminder of the fires that must have raged in these very hills during the battle," said Braun.

Braun spent the first three years of his career with 1st Marine Division, known as the Guadalcanal Division, a name they earned for their role in the battle.

"I'll talk about this ceremony for the rest of my career," said Braun. "Being able to represent 1st Marine Division at its fiercest battle is something I will always remember."

Pacific Partnership 2013 is a collaborative effort of military members and civilians from 10 partner nations including Australia, Canada, Colombia, France, Japan, Malaysia, Singapore, South Korea, New Zealand and the United States that improves maritime security through disaster preparedness.

PACOM civil engineers give back to Sri Lankan community

Air Force
Staff Sgt. Blake Mize

PACANGEL Public Affairs

JAFFNA, Sri Lanka--Seventeen U.S. Pacific Command civil engineers have been given the opportunity to utilize the skills they have honed throughout their time in the service to give back to a community in need.

The engineers include troops from the U.S. Air Force, U.S. Army and U.S. Marine Corps who are supporting Operation Pacific Angel- Sri Lanka, a joint and combined humanitarian and military civil assistance mission led by Pacific Air Forces to provide medical and engineering support to the people of Jaffna.

The construction projects the engineers are completing alongside their Sri Lankan counterparts include installing electricity and plumbing where none existed before. The team is also installing commodes, urinals and sinks to replace holes in the ground and water spouts.

Additionally, the team is repairing roofs, painting buildings inside and out, installing lighting and fans, building walkways, pouring concrete and doing whatever else

is within their capabilities to refurbish the schools. These efforts are to improve quality of life for the students and to address safety concerns..

"For this specific mission, we're providing construction and repair to three local schools to make the facilities a more effective learning environment and more comfortable for the kids," said Air Force Lt. Col. Douglas Woodard, PACANGEL 13-4 mission commander from Joint Base Pearl Harbor-Hickam, Hawaii.

"The work we are doing here alongside our Sri Lankan counterparts will make the local community more resilient when another disaster strikes in the region," he said.

The construction projects are being conducted at Othe Atchelu Saivapragasa Vidyalayam Grade School, Kuddiyapaulam Mixed School and the Punnalaikkadduvan Primary Grade School in Jaffna.

For the most part, the engineers volunteered to support PACANGEL. Many liked the idea of using their skills to help those less fortunate.

"I loved what the mission was and what we're doing and I was excited to come along," said Air



U.S. Air Force photo by Master Sgt. Kerry Jackson

1st Lt. Renee Kittka, 354th Civil Engineering Squadron, Eielson Air Force Base, Alaska, paints a window during Operation Pacific Angel 13-4 in Jaffna, Sri Lanka on Aug. 6.

Force 1st Lt. Renee Kittka, 354th Civil Engineering Squadron base energy manager at Eielson Air Force Base, Alaska. "This is a

great opportunity."

There are a total of 55 U.S. military members participating in PACANGEL 13-4. Along with the

engineers, there are medical professionals providing health care to in-need Sri Lankans, as well as communication, contracting logistics, finance, public affairs and security personnel.

The PACANGEL operations are done every year in different countries throughout the Pacific region. "We typically conduct four operations per year but this year we're conducting five," Woodard said.

"Already this year we've been to Indonesia, the Philippines, Vietnam and Sri Lanka, and we're getting ready to head to Cambodia in September for our fifth mission." Woodard said operations like these are vital in improving our humanitarian assistance capabilities.

"There is significant benefit in participating in an event like this," he said. "Most obviously, it enhances our ability to provide humanitarian assistance and disaster relief efforts in the region. Secondly, it gives us experience with deploying aircraft and large numbers of personnel into and out of a partner nation, which is going to be required for a disaster response."

The Sri Lankan peoples' hospitality is making the operation much easier, Woodard said.

Pearl Harbor Naval Shipyard graduates 132 apprentices

Story and photo by
Pearl Harbor Naval
Shipyard &
Intermediate
Maintenance Facility
Public Affairs

Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility (PHNSY & IMF) graduated 132 apprentices from its apprentice program at a ceremony held Aug. 9 at Joint Base Pearl Harbor-Hickam.

The graduates, representing 25 shops and 19 trades, completed four-year, full-time, paid apprenticeships that combined academic study with on-the-job work experience. They earned associate's degrees from Honolulu Community College as well as certification in their respective trades from the Navy and U.S. Department of Labor. Graduates transitioned to mechanic or journey worker status in shipyard jobs paying an average of nearly \$30 an hour.

"Welcome to your new role as leaders," said Capt. Brian Osgood, shipyard commander, as he congratulated the graduates.

"Every member of our



A Pearl Harbor Naval Shipyard journey worker receives congratulations from Sen. Mazie Hirono after graduating from the 2013 Pearl Harbor Naval Shipyard Apprentice Program at a ceremony held Aug. 9 at Bloch Arena at Joint Base Pearl Harbor-Hickam.

shipyard *ohana* looks forward to continuing to work with you every day for many years to come in order to keep the U.S. Pacific Fleet ships and submarines 'fit to fight.'"

Hawaii Gov. Neil Amercrombie was keynote speaker at this year's graduating class.

"These graduates were chosen from amongst the

thousands that applied," the governor said. "They have met standards set 105 years ago when the shipyard was first founded. They represent a legacy of apprenticeship that goes back generations, all the way to the Middle Ages. It's a great honor and privilege to be here."

In a letter written by U.S. Sen. Mazie Hirono

and presented to each graduate, the senator expressed her congratulations to the 2013 class.

"As journeymen and women, you assume integral roles by helping to maintain the most powerful Navy in the world," the senator wrote. "I am confident in the shipyard leadership and your newly recognized skills which con-

tinue to make America strong."

Momilani Loveland, shop 57 insulator, and Kevin Matsumoto, shop 26 welder, offered remarks on behalf of the apprentice class.

Loveland reflected on her memories growing up as a shipyard child with both of her parents working at the yard. She said there were days her father had to work late or cancel vacations due to the shipyard's mission. Loveland's mother balanced life as a shipyarder along with the responsibilities of being the head of the household.

"It was hard growing up as a shipyard kid, but now that I am here, I understand why. I see the big picture," she said.

"I reflect upon what my parents have accomplished and what a legacy they have left me to carry on—to keep this shipyard viable and always 'fit to fight.'"

Matsumoto encouraged his fellow graduates to not change from the hard work and dedication they showed during the last four years to get through the program. He also challenged his peers to

own the shipyard.

"We're always told that each and every one of us plays a role in determining the future of the shipyard. It's true," Matsumoto exclaimed.

"If we continue to do the best work we can do, if we better ourselves and our shipyard, we will continue to show the Navy that we are the *no ka oi* shipyard and an invaluable asset."

Twenty-one individual awards were presented to the apprentice class. Nineteen received outstanding craftsman awards.

Freddie Ancheta, shop 56 pipefitter, was the recipient of the Federal Managers Association Chapter 19 Outstanding Scholar Award and Cheryl Yamanaka, shop 52 electronics measurement equipment mechanic, was presented the Pearl Harbor Naval Shipyard National Association of Superintendents Superior Craftsman Award.

The shipyard's first apprentice class graduated in 1924. More than 4,800 journey workers and future leaders have graduated from the program since its inception in 1924.

Pearl Harbor-Hickam*Highlights*



Chief of Naval Operations (CNO) Adm. Jonathan Greenert visits the Pearl Harbor-based guided-missile destroyer USS Halsey (DDG 97) for lunch and a tour of the ship Aug. 13. Prior to departing his visit to the ship the CNO was on-hand for an awards ceremony where he praised the ship's Sailors for doing an outstanding job in the Pacific Fleet area of responsibility.

U.S. Navy photo by MCSN Recruit Rose Forest



U.S. Navy photos by MCSN Johans Chavarro (Left, Above) University of Hawaii football team members practice Aug. 15 at Joint Base Pearl Harbor-Hickam. The practice took place on Earhart Field which overlooks the Hickam flight line.



U.S. Navy photo by MC2 Sean Furey
Culinary Specialist 3rd Class Deshawn Thornton (left) and Culinary Specialist 1st Class Miguel Zavala prepare food at the Silver Dolphin Bistro at Joint Base Pearl Harbor-Hickam in preparation for the Edward F. Ney Memorial Award for food excellence.



U.S. Navy photo by MC3 Samantha J. Webb
Sailors and Marines participating in Pacific Partnership 2013 look at a plaque at the Guadalcanal American Memorial during a ceremony commemorating the 71st anniversary of the landing of Marines on Guadalcanal during World War II.



(Left) U.S. Pacific Fleet Master Chief Marco Ramirez talks with Sailors on the mess decks aboard the guided-missile destroyer USS Paul Hamilton (DDG 60) during an all-hands call Aug. 8.

U.S. Navy photo by MC1 Amanda Dunford

Halsey’s back and ready to ‘hit hard, hit fast and hit often’

Ensign Joseph H. Quinn

USS Halsey (DDG 97)

The past few months have been a busy time for USS Halsey, finishing a lengthy SRA (selective restricted availability) and completing multiple certifications and testing to get the ship ready for underway.

Across all departments and warfare areas, from technicians and engineers, to seamen and shiphandlers, Halsey’s crew prepared their ship to get underway. It has been six months since Halsey last put to sea and, in that time, the crew has experienced a considerable turnover and has received two major upgrades to combat systems capability (in the undersea warfare and cryptologic areas).

Halsey’s two-and-a-half day underway schedule of events went round-the clock. In addition to re-ori-



U.S. Navy photo by MCSN Johans Chavaro

The guided-missile destroyer USS Halsey (DDG 97) performs maneuvers off the coast of Oahu.

enting the crew to routine bridge, engineering and combat information center watchstanding and special details, Halsey “shook down” its engineering plant, tracked aircraft, shot its close-in weapon system gun,

tested its installed damage control systems, calibrated antenna signals, ran its boats, and streamed its

newly installed anti-submarine array.

For all of the testing of new gadgets, cabling and valves, the most important aspect of this underway was the watch stander experience the crew gained. Halsey had not been underway for six months and during that time, nearly one-third of the crew were newly

reported Sailors.

Many of these Sailors recently completed their A-school and had never been to sea before. Two of these Sailors, Cryptologic Technician (Technical) 3rd Class Richard Sherman and Seaman Apprentice Abril Ramirez, talked about their first underway experience.

“I liked the underway a

lot. I had more time to work on my qualifications and even finished RPPO (repair parts petty officer) qual. I thought the ship did really well with responding to the drills,” Sherman said.

Ramirez discussed what she thought about standing watch as helmsman under instruction while underway.

“It was a lot to learn at

first. I was getting orders to move the helm and steer the ship while I was still practicing proper repeat backs and verbiage to the conning officer. I had help from the master helmsman who helped me step-by-step. The underway gave me a lot of experience and time to work on my quals that I couldn’t complete while in port,” she said.

This underway provided the venue for new Sailors to learn their craft, experienced Sailors to hone their skills, and old salts to relieve their glory days and train their reliefs.

“I am amazed at just how self-sufficient this ship is,” said Hospital Corpsman 1st Class (FMF) Devon Schefano, Halsey’s new independent duty corpsman who has spent all of his career prior with the Marines.

USS Halsey is back and ready to “hit hard, hit fast, and hit often.”

Dolphin Store ‘makes a splash’ with grand re-opening

Meg Petrone

Contributing Writer

The Dolphin Store at Joint Base Pearl Harbor-Hickam held a celebration Aug. 2 in honor of its grand re-opening.

The store, which has been open for more than 15 years, is located on the submarine side of the base. Operated by the Pearl Harbor Submarine Spouses Association (PHSOSA) and the Pearl Harbor Submarine Officer’s Spouses Charitable Association, it is volunteer driven.

Proceeds from the store’s sales, along with donations from the annual Dolphin Scholarship Auction, are given to the Dolphin Scholarship Foundation and other local charities.

“Being a part of the Dolphin Store is rewarding, exciting and fun. The best part is we have the ability to give back to the children of submariners since we donate some of our proceeds to the Dolphin Scholarship



U.S. Navy photo by Brandon Bosworth

Trisha Marsh, manager, and Jody Finlay, buyer, arrange merchandise at the recently reopened Dolphin Store.

Foundation,” said Michelle Rogeness, the shop’s former manager.

When the store re-opened after closing for summer break, the new store manag-

er, Trisha Marsh, and the store’s volunteers upgraded to a new point of sale system. The new system will not only keep volunteers from having to handwrite price tags, but

it will allow for an easier shopping experience for customers since everything will be priced ahead of time and merchandise will include barcodes.

The Naval Submarine Support Command woodshop renovated the store while it was closed.

The Dolphin Store is named after the warfare insignia that submariners earn after being on board for approximately one year and completing all of the necessary qualifications.

“It is a great and unique place that sells items that can be customized,” said Lee-Anne Hardy, a Dolphin Store volunteer.

“We have great gifts for retirements, change of commands and other military events. It is also a great place to buy a unique and personal gift for family on the mainland,” she said.

The majority of the volunteers at the store are wives of active duty submariners. “All of our volunteers have generous hearts.

Marsh arranged for vendors to be located outside of the store during the grand re-opening and promote their businesses. One of those vendors was Beach

Betty, a local military wife who creates custom signs.

“Having my products for sale at the Dolphin Store would be a great opportunity to expand my business, since people would be able to look at the signs in person rather than just online. Also, it still gives me the flexibility of working from home which is great,” said Jill Pearson, the owner of Beach Betty.

Beach Betty is not the only home business vendor. About 85 percent of the Dolphin Store’s vendors are home-based businesses that are run by military family members who are stationed all over the world.

The Dolphin Store is located in building 661 on Clark Street, next to the dive tower. With its re-opening, the Dolphin Store has also introduced new hours.

They will now be open from 10:30 a.m. to 1 p.m. Tuesdays through Fridays, from 5 to 8 p.m. the first Friday of every month, and from 9 a.m. to noon the first Saturday of each month.

Commentary

Tips offered on disposal of electronic devices

Marcus Hokama

Cyber Security Specialist
Navy Region Hawaii

In today’s high-tech world we all generate high volumes of electronic waste (e-waste) every day and should know the proper way to safely dispose of it securely and in an environmentally safe way. Many manufacturers and retailers offer take-back, trade-in and recycling programs.

Eliminate personal information from your electronic devices before disposing

Before recycling or donating your unused cell phones to a charity or friend, you need to ensure your personal information, pictures, messages and contacts are erased. Your cell phone more than likely contains large amounts of personal information.

Erase all stored information, phone numbers, contacts, messages and email. Using the “reset to factory default settings” is a quick and easy way to do this.



your cell phone. The safest and most secure way of doing this is to remove your hard drive before disposing of the device.

If you choose to donate or dispose of your computer with your hard-drive, it is recommended that you securely format or delete the entire drive’s contents.

The University of Hawaii has an article specifically targeted to securely delete electronic information from your computer’s hard drive at: <http://www.hawaii.edu/askus/706>.

Properly donate/ recycle/ dispose of your electronic devices

Many cell phone carriers have donation, recycling or trade-in programs that will give you a credit toward a new purchase when you turn in your old cell phone. Many organizations accept cell phone donations. They will

either donate the device to those in need or use the profits from recycling non-working devices.

The Hawaii State Coalition Against Domestic Violence (HSCADV) is a local non-profit organization that accepts both working and non-working cell phones. They provide donated phones in working condition to victims who are leaving abusive situations.

Money received from recycling non-working phones goes back into HSCADV programs. For more information, visit the nearest University of Hawaii bookstore or <http://www.bookstore.hawaii.edu/manoa/SiteText.aspx?id=3648>.

There are other organizations like HSCADV to which you can donate cell phones you no longer use.

Personal computer equipment can be donated to local schools and organizations. There are more than 150 schools throughout the state that participate in a program that rebuilds donated personal computers for use in classrooms through the Hawaii

Computers for Kids program, coordinated by the Rotary Club of Honolulu.

For more information, visit: <http://www.catii.com/comp4kids.html>.

Many non-alkaline batteries contain heavy metals. State law requires auto battery dealers to accept and recycle old auto batteries. You can also take them to a city convenience center.

Many retailers have collection boxes for cell phone, laptop, rechargeable batteries and power tool batteries. Regular alkaline batteries are no longer produced with heavy metals and can be disposed of with your normal trash.

Other electronic devices such as monitors, printers, digital cameras, televisions, etc. should also be disposed of properly.

Many manufacturers and retailers offer various programs so electronic devices can properly be disposed of or donated.

For more information on recycling electronic devices, visit the City & County of Honolulu’s Division of Environmental Services website at www.opala.org.

JBPHH Security Department offers theft prevention tips

JBPHH Security Department

The Joint Base Pearl Harbor-Hickam Security Department has identified an increased frequency of thefts at the base as the summer months advance. The department has released the following safety tips to reduce the likelihood of becoming a victim of theft:

- Lock all exterior doors and windows before leaving the house or going to bed.
- If residents expect to be absent from home for a few days, they should attempt to create the illusion that they are still present, such as leaving the lights on, having friends or neighbors walk through the house or parking their vehicle in the driveway.
- Keep the garage door closed and locked.

- Never leave a house key under a mat, under a flower pot, or above the door.
- Do not leave valuables like GPS units, MP3 players, laptops, wallets, purses and money visible in a vehicle. If possible, remove all valuables from the vehicle.
- Inventory valuables by taking photos or documenting serial numbers.
- Draw all curtains or shades at night to prevent viewing from the street.
- Light up your residence, lock your doors at all times, and call the JBPHH Security Department at 474-6754 or 449-9072 if something or someone looks suspicious.

For more crime prevention tips, contact Staff Sgt. Olivia Rogers-Stinson at 449-9710.

Talking on the phone while driving is unsafe behavior

Capt. Louis-Philippe Noel

JBPHH Security Operations
Officer

Whether it is talking or texting, use of a cell phone while driving may result in a motorist being pulled over and cited by joint base police.

The increase in unsafe behavior on the road had led to the revision of the base traffic and parking regulation (JBPHHINST 5560.1), which will include the Big Five Plus Three program.

The Big Five Plus Three program has been implemented to identify traffic safety violations and issue the appropriate response.

For example, with the issuance of a citation for any of the safety violations under this program, the driver will also receive a mandatory court appearance.

The new JBPHHINST 5560.1 addresses many questions regarding cell phone use while driving.

One paragraph states, “All military and civilian operators of vehicles on the JBPHH installation shall not use cell phones unless the vehicle is safely and legally parked or unless they are using a hands-free device. The wearing of any other portable headphones, earphones, or other listening devices (except for hands-free cellular phones) while operating a motor vehicle is prohibited.”

Driving with something in or over the ear(s) is dangerous.

First, not only does it prevent the driver from hearing warnings from sirens or first responders on foot, but in the event of a major vehicle accident tangled wires present an additional hazard and obstacle to medical personnel.

Additionally, Bluetooth headsets, though wireless, can still pre-

sent a major distraction to the driver should they malfunction or the driver have trouble finding the correct button to make a call.

Finally, the term “hands-free” has often been misinterpreted as placing the call on speaker phone while holding it in a free hand.

However when used in the base instruction, it refers to any equipment that enables the driver to talk freely without using a hand to manipulate an earpiece or a phone (often an installed Bluetooth equipped stereo or auxiliary stereo cable).

Although some may think that talking while holding a phone or wearing low-profile headphones are practices that may avoid detection from base security, they are still dangerous. Joint Base Security is here for safety as there is no such thing as a “free hand” while driving 4,000 pounds of moving metal.

Life&Leisure

B

Hickam Communities celebrates ‘Night Out’

Hickam Communities

Approximately 350 residents and guests attended Hickam Communities and the National Association of Town Watch “National Night Out” block party held Aug. 6 at Ka Makani Community Center, Joint Base Pearl Harbor-Hickam.

Activities for the entire family took place. The event included interactive safety demonstrations, contests, games, prizes, a dinner buffet, music and dancing.

Other features of the night out included balloon-twisting, air-brush tattoos, a kiddie bounce house and an ice cream truck. The event also featured a K-9 demonstration by security forces and rides on a historic fire truck.

“Our annual celebration is a great opportunity to promote safety and share information and resources with our families in an enjoyable environment,” said Stephen Quinn, Hickam Communities director of property management.

“We really appreciate the support and participation we receive from Joint Base

Pearl Harbor-Hickam agencies and community organizations that came out with exhibits and some really fun hands-on activities that helped heighten awareness and keep safety top-of-mind,” Quinn said.

National Night Out is an effort where, across the country, law enforcement partners and neighborhoods join forces to heighten crime prevention awareness, generate support for and participation in local anti-crime efforts, and strengthen neighborhood spirit and police/community partnerships.

“I think that National Night Out was a wonderful opportunity to get residents from all communities together to reinforce crime prevention and neighborhood spirit. The food and entertainment was great,” said Air Force Capt. Brandon Kalski of 792 Intelligence Support Squadron, Hickam Communities resident.

“National Night Out was a great family event, and the kids especially loved the ice cream truck,” said Kristina Fletcher, Hickam Communities resident.



Photos courtesy of Hickam Communities



Window on Pearl Harbor-Hickam



Joint Base
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Furloughed – but not forlorn

Karen S. Spangler
Managing Editor

Today is my last furlough day. Like many Department of Defense (DoD) civilians, I was caught off guard when it was announced that we would be furloughed for 22 days – not that we ever expected it to happen. The government furloughing its dedicated civil servants? Totally unlikely, we thought.

Then we watched as the wheels of government continued to grind on, and the announcement was made that the original number of 22 furlough days would be reduced to 11. Still, we thought it was highly unlikely that we would be furloughed for even 11 days. After all, how could this happen?

But when we reached the 30-day notification period and received letters about the impending furlough, it became very likely that the furlough wheels that had been set in motion would continue to turn. Beginning the week of July 8, furloughs did indeed come to pass and I, along with my DoD civilian counterparts, began to take an extra unpaid day off

each week for the anticipated 11 weeks. A couple weeks ago, we were overjoyed to hear the news as Secretary of Defense Chuck Hagel announced that the furlough days would be reduced from 11 to 6.

My paychecks have been reduced drastically, it became a struggle to pay the bills, and there was no longer a little left over for any leisure or extras. But it also greatly concerned me about how I would be able to produce a newspaper in four days when it is a constant challenge to get it done in five days and then some.

With a high work ethic, I couldn't compromise the quality of the newspaper, couldn't fail in my responsibility to ensure that the leadership's messages were conveyed, and wouldn't let down the readers who depend on our newspaper to stay informed.

But some things had to change. It became necessary to downsize the paper, meaning that there wasn't enough space for everything. By holding some stories, they weren't as timely when they were published a week later.

Fortunately, I have a great team of contractor employees

who have the same commitment to producing a quality newspaper.

Sucking up the unpaid furlough days and operating with smaller paychecks hasn't been easy, but it's not like I had a choice. No matter what, I had to deal with it.

Along with the hardships I gained a new outlook, a new perspective on my situation. For one thing, since I was spending less time in the office, I was able to accomplish more outside the office.

Although the furloughs were forced on me and resulted in various hardships, I had no choice but to try to make the best of it. And that's what I did. I spent those three-day weekends (since my furlough day was on Fridays) spending more time with my family and friends, relaxing, and just enjoying things that I ordinarily would not have the time to do. Of course, those things were limited to what was free or at a minimal cost.

With a tighter budget and more free time, I had more opportunities to enjoy and appreciate many of the things that I frequently take for granted. There have been more days

at the beach, or more time spent just reading a good book or watching a classic old movie.

Especially during those times at the beach, I have had a chance to reflect on all of the beauty surrounding me. Being near the ocean has been calming and de-stressing. Even though being furloughed has been difficult, spending more time just enjoying nature and appreciating all of the good things life has to offer has its benefits.

I have also spent some of those hours reflecting on the chaos that is part of the world today. And although being furloughed hasn't been a good thing, it has reminded me of how fortunate I am to have a job and make a living, to be able to provide for my family, have a roof over my head, and put food on the table.

It made me think about the homeless who live in our parks and along our beaches. The only roof over their heads is the sky above, and they don't know where their next meal is coming from. They carry everything that they own in a shopping cart as they move from place to place. I thought to myself that I'm better off than a lot of people. But it was also an eye opener. Things

could quickly change. With such drastic cuts in my paycheck, which is already stretched to its limit, I caught myself wondering if continued furloughs and sequestration could force me onto the sidewalks someday, too.

For employees like myself with years of dedicated government service, it was hard to accept that what was once unthinkable was truly happening—that we were forced to endure furloughs and 20 percent pay cuts.

So, although the furlough days haven't been a good thing, I think it's also important to look at the situation in another way—more time to enjoy families and friends, to appreciate the beauty that surrounds us, to just enjoy life.

Despite the furloughs, I'm counting my abundant blessings and am thankful for many things.

And I'm most thankful that today is the last day for furloughs and that, hopefully, we will never see them again.

(We welcome comments from readers. If you have comments, please send them to: Karen .spangler@navy.mil .)

Chafee and 324th IS battle to 0-0 deadlock

Story and photo by Randy Dela Cruz

Sports Editor

Scoring against a top team can be a difficult task and with two undefeated squads squaring off against each other, the result is often a low-scoring affair.

The 324th Intelligence Squadron (324 IS) and USS Chafee (DDG 90) affirmed the point after the two unbeaten teams battled to a 0-0 deadlock on Aug. 10 in a Summer Soccer League showdown at Quick Field, Joint Base Pearl Harbor-Hickam.

The two teams entered the matchup with identical 2-0 records and in a three-way tie for first place along with Pearl Harbor Naval Shipyard Futbol Club (PHNSY FC).

"We were relieved," said Chafee head coach Lt. Joe Candrilli about the stalemate. "They (324 IS) outplayed us today. They were in very good shape, they were very crisp, and they were moving very well today. So we're very satisfied with the tie."

While no team was able to put the ball through the uprights, there was little doubt as to which squad was in control for the majority of the contest.

Throughout the first half and for most of the second

half, the 324 IS was a constant presence in enemy territory and used their position to shoot and shoot often.

However, no matter how many shots on goals were booted by 324 IS strikers, Chafee's backfield defense stepped up each and every time to keep the ball out of their goal.

"Our keepers stepped up," Candrilli admitted. "We had two keepers going today and they did a fantastic job. Without them, we would have been down three or four to nothing. And our hustle saved us a lot today. Our speed and our being able to sub in fresh players all the time was the advantage that evened the score for us."

Although Chafee's defense frustrated the 324 IS shooters, it didn't keep the intelligence squadron from continuing their assault on the goal.

Strikers Cryptologic Technician (Interpretive) 3rd Class Ian Vecino, who played on this year's intramural soccer base championships Kunia Rochefort, and teammate Staff Sgt. Todd Barney tried their best to kick in a game winner but ended up short each time.

Barney, a new arrival to the islands, came especially close when he set up for a shot inside the box.

Instead of putting his

team ahead, his shot sailed over the top of goal due to the challenge from two Chafee defenders.

"I blew it a couple of times. I just couldn't finish it," Barney said.

While no team was able to put the ball through the uprights, there was little doubt as to which squad was in control for the majority of the contest.

"I wouldn't say it was frustrating. I just come out here to have a good time, but obviously I wanted to score."

Without a goal, the 324 IS was forced to hold their own on defense, and fortunately for them, they did.

Not only did the 324 IS defense keep Chafee away from the goal, but the team also did a good job of keeping the Sailors away from midfield.

Candrilli complimented the 324 IS on their defense, but added that Chafee con-



Staff Sgt. Todd Barney, a striker for the 324 IS soccer team, tries to blast a shot past two USS Chafee (DDG 90) defenders during a Summer Soccer League game.

tributed to their own offensive woes.

"For us, it was a lot of poor first touches," he said. "Once we touched the ball, it got away from us a lot. Our hustle was good, but our first touch wasn't."

The tie placed both teams a half-a-game behind

PHNSY FC, which raised their record to 3-0 with a win on Saturday.

With the season only three games old, Barney said that the 324 IS is still in the hunt and should get even better once the players get to know each other's capabilities.

Meanwhile, after being outplayed by the 324 IS, Candrilli said there's only one way to fix the Chafee offense.

"We start working on fundamentals," he stated. "Go back to one-touch, two-touch type things and start communicating more."

Fast-breaking Michael Murphy beats Chafee Blue Devils

Story and photo by
Randy Dela Cruz

Sports Editor

USS Michael Murphy (DDG 112) combined an aggressive ball-hawking defense with a torrid fast-break attack to beat down USS Chafee (DDG 90) Blue Devils, 45-7, in a Summer Basketball game Aug. 10 at Joint Base Pearl Harbor-Hickam Fitness Center.

The win improved Michael Murphy's record to 3-0 and bumped the team into sole possession of first place over USS Port Royal (CG 73) Hoyas, which drew a bye from league play last week-end and has a 2-0 record.

"So far, every game we've played has been exactly like this," said Michael Murphy guard Quartermaster Seaman Apprentice Kelub Dunbar. "We start noticing (on our team) who's on and who's not on. But like the people who don't get on, they play hard defense and that creates offense for us."

For the first half and well into the second, the game belonged to Michael Murphy, which pressed the action from the start.

Only six minutes after the tipoff, Michael Murphy got their first double-digit lead when Culinary Specialist 3rd Class Terrance Sample scored on an easy lay-up off of a fast break assist from teammate Gas Turbine System (Mechanical) 2nd Class Martin Houston for a 10-0 advantage.

Then at the 7:36 mark in the first half, a basket by Seamna David

Estell doubled the lead at 20-0.

The onslaught continued as Michael Murphy picked up eight more points, while holding the Blue Devils scoreless for the entire first half to take a 28-0 advantage into the break.

Sample led the charge into halftime with 10 points while Dunbar came off the bench to

Seconds into the second half, Sample finished off a fast break with lay-up after receiving a behind-the-back pass for an assist from Houston for a 30-0 lead with 15:40 remaining in the game.

throw down eight points.

"Our coach was telling us the game plan for today: get the fast break," Dunbar said. "That's exactly how he said to do it."

Although Michael Murphy freely substituted for the rest of the game, the strategy to work the fast break continued.

Seconds into the second half, Sample finished off a fast break with lay-up after receiving a behind-the-back pass for an assist from Houston for a 30-0 lead with 15:40 remaining in the game.

Michael Murphy added eight



Culinary Specialist 3rd Class Terrance Sample, guard for USS Michael Murphy (DDG 112), goes up for two of his game high 14 points in a Summer Basketball League game against USS Chafee (DDG 90) Blue Devils.

more points over the next three minutes before a basket by Blue Devils forward Seaman Alejandro Carral finally broke the drought at the 12:20 mark to make it 38-2. Carral scored all of Chafee's seven points.

"We noticed who could handle the ball on their team and who couldn't," Dunbar said about his team's defensive tactics. "We noticed that none of them could really handle the ball. So we just forced it. We just came out and went at them. And you know, they just couldn't handle that."

Despite sitting for most of the second half, Sample led all scorers with 14 points and was followed by Hull Maintenance Technician Fireman Zach Snow, who scored nine points in a reserve roll.

Dunbar scored all of his eight points in the first half, while teammate Houston scored two baskets and was a perfect four-for-four from the free-throw line.

While the blowout victory should confirm Michael Murphy as a bona fide contender for the league championship this season, Dunbar indicated that although the win was impressive, there is still more to come.

"Today was a good game, but we had our kinks," Dunbar admitted. "We usually hit threes; that's our strong point. But today, we couldn't hit those threes, so we kept on pounding it in."

The fast 3-0 start this season is gratifying, but Dunbar said only one thing will satisfy the team's thirst for success.

"We want that championship. We want that," he emphasized.

Division-leading HIANG beats JPAC in straight sets

Story and photo by
Randy Dela Cruz

Sports Editor

Perennial contender Hawaii Air National Guard (HIANG) claimed sole possession of first place in the Gold Division by rolling past Joint Prisoner of War/Missing in Action Accounting Command (JPAC) in straight sets, 25-10 and 25-11, in an intra-mural volleyball match Aug. 8 at Hickam Fitness Center, Joint Base Pearl Harbor-Hickam.

The game matched up the top two teams in the Gold Division with both squads entering the battle with identical 5-0 records.

Led by the solid frontline play of Staff Sgt. AlanMichael Warner and Tech. Sgt. Stephen Lorenzo, HIANG took advantage of a shorthanded JPAC squad that was missing several key players, which included top hitter Senior Chief Explosive Ordnance Disposal Jeremy Porter.

Lorenzo, who had three kills in sets one and two, said that no matter who was on the court for JPAC, he knew that the HIANG would have to be at their best to come out on top.

"We couldn't take them lightly," Lorenzo said. "We had to take them as seriously as possible because we knew they had other stars on the team that could hit just as hard."

Sensing a need to take control early in the game, HIANG came out on fire in the first set and quickly built up an 8-3 lead with Lorenzo recording two kills and an ace.

While JPAC was able to interrupt the HIANG's momentum a couple of times during the first set, there was no stopping the HIANG as the team strung together runs of three, four and five points before closing out the first set with the 15-point victory.

"We just came out and tried to execute what we had to do," Lorenzo explained about the team's dominating first set win.



Joint Prisoner of War/Missing in Action Accounting Command (JPAC) defenders form a wall to try and stop a kill by Hawaii Air National Guard (HIANG) hitter Staff Sgt. AlanMichael Warner.

"For the first set, we had a lot more focus and concentrated on minimizing our errors."

In the second set, HIANG picked up right where they left off in the first by quickly moving ahead 3-1 on a kill and two service aces from Lorenzo.

Although a kill by Department of Defense civilian Gary Stark put JPAC even with HIANG at 4-4 that would be as close as JPAC would get.

Back-to-back kills by Lt. Col. Rick Cox and Warner started a four-point run that stretched the lead back to four for the HIANG.

Later, up by three, Col. Steve Su'a-Filo put down two aces with his left-handed, overhead serves

in a five-point run that gave HIANG a 15-7 advantage.

"I was just picking spots," said Su'a-Filo about his successful turn at service. "I was trying to find and exploit weaknesses, also, hitting the ball a certain way."

The short rally seemed to give HIANG full control of the set, and later when Lorenzo spearheaded a seven-point run to make it 23-9, the match was all but over.

"We tried, but we were short-handed," said JPAC hitter Master Sgt. Rick June. "We knew that we were coming into the game shorthanded, but we wanted to make sure that we make them work for the win. They're a great team, but I did expect us to

Later, up by three, Col. Steve Su'a-Filo put down two aces with his left-handed, overhead serves in a five-point run that gave HIANG a 15-7 advantage.

step up a little bit. We'll get the next one. We'll see them again in the playoffs."

By defeating JPAC, HIANG is now the only remaining team in the league without a loss.

Lorenzo said being undefeated feels great, but he realizes that there is much more work to be done.

Last season, for the first time in 10 years, HIANG failed to win a base championship.

"Every team wants to win. Nobody wants to come out here and say I'm going to lose," Lorenzo pointed out. "As far as redemption goes, we look forward to it."



Photo courtesy of the Pearl Harbor Navy Exchange

As part of new renovations, the NEX's refunds, layaway, and special orders departments will all be in one location.

NEX launches renovation project

Brandon Bosworth

Staff Writer

Pearl Harbor Navy Exchange (NEX) is currently undergoing extensive renovations.

The renovations aim to more efficiently use available space by updating store fixtures and rearranging merchandise.

"Although the NEX is not adding square footage, we are repurposing space to highly sought after categories and introducing new

brands," said store manager Joy Oshiro. "To name a few, coming soon are Bobbi Brown cosmetics, Aveda, Bumble and Bumble, Crislu and John Hardy."

One new addition will be special tribute walls.

"The Sailor tribute wall is located at our fleet store and recognizes individual Sailor achievement," said Oshiro. "What our valued patrons will see in the main store are welcome, heritage and thank you walls."

During renovations, NEX

customers will notice that some merchandise has been temporarily relocated to accommodate construction. "The most noticeable impact to customers will be the temporary placement of major categories such as shoes in the big white tent," Oshiro said. "Signs, maps and associates are available to assist customers as we progress through the transitional stages."

Expected completion for NEX renovations is early November 2013.



Live the Great Life

MWR bowling centers offer special promotions



MWR Marketing photo

Patrons participate in the Hickam Bowling Center \$1.50 bowling special offered on Wednesdays.

Joint Base Morale, Welfare and Recreation (MWR) patrons can visit the Naval Station Bowling Center at Pearl Harbor for \$1.50 Monday specials on shoes, games and hot

dogs from 5 to 9 p.m. On Wednesdays, patrons can head over to Hickam Bowling Center from 4 to 9 p.m. for a \$1.50 game, shoe rental and hot dog.

“Customers are always

looking for a deal, and the Monday and Wednesday \$1.50 bowling specials are a great hit and they come out to participate,” said Millie Gomes, bowling program director.

Single Sailors and Airmen can get free cosmic bowling, shoe rental, pizza and soft drinks every second Friday of the month from 6:30 to 8:30 p.m.

“We’ve partnered up with

the Liberty Program to have a safe and fun night with free food and bowling. There was a great turnout this past weekend, and it’s great to see new patrons coming into our centers,” Gomes said.

For more information, call Naval Station Bowling Center (Pearl Harbor) at 473-2651, the Hickam Bowling Center at 448-9959 or the Liberty Center at 473-2574.

Movie night returns to Hickam Pool 2



U.S. Navy photo by Brandon Bosworth

Patrons await the start of movie night at Hickam Pool 2.

Back by popular demand, the aquatics department will be bringing back movie night, also known as “Dive-In Movie” starting tonight. The event will feature the Disney movie, “Tangled.”

“We got a lot of positive feedback about putting on the movie night at Hickam Pool 2, that we decided to bring it back just for the patrons. Best of all it’s free,” said Greg Brown, aquatics program director.

Patrons may bring their

own inflatables and pool toys while watching a family-friendly movie.

“It’s a great family event where you can do two things at once – enjoying the pool and being with your family and friends,” Brown said.

The event will start at 5:30 p.m. with movie showing at 7 p.m. The next movie night will be Sept. 13. The movie shown will be “The Princess And The Frog.” For more information, call 260-9736.

Your Weekly Fun with MWR

Visit www.greatlifehawaii.com or subscribe to MWR’s digital magazine Great Life Hawaii.



Morale Welfare & Recreation

USTA JUNIOR TEAM TENNIS

Today is the last day to register for USTA Junior Team Tennis. The season is from August to November. USTA Junior Team Tennis is open to ages 7-18. FMI: www.greatlifehawaii.com or 473-0789.

MWR NEWCOMERS LUNCH

A free MWR Newcomers Lunch will be held from 11 a.m. to 12:30 p.m. Aug. 21 at the Tradewinds Enlisted Club. This event features lunch, Morale Welfare and Recreation information booths, sponsor tables, and activities for kids. This event is open to all military-affiliated personnel during their first six months of arrival. FMI: 473-2570.

JBPHH HALF-MARATHON

The seventh annual Joint Base Pearl Harbor-Hickam Half-Marathon will begin at 6:15 a.m. Aug. 24 at Earhart Field. Check-in is at 5 a.m. Participants can sign up by Aug. 23 online at www.greatlifehawaii.com or at the Hickam Fitness Center. FMI: 448-2214.

PRESCHOOL STORY TIME

Preschool story time will be held from 9 to 10 a.m. Aug. 28 at the Hickam Library. The theme will be “colors and shapes.” FMI: 449-8299.

GLASS BOTTOM BOAT TOUR

A glass bottom boat tour of Kaneohe Bay will be held from 9:15 am to noon Aug. 24. The tour departs from Information, Tickets & Travel-Hickam. FMI: 448-2295

CRUD TOURNAMENT

There will be a free crud tournament from 6 to 10 p.m. Aug. 30 at the Hickam Officers' Club (Koa Lounge). Crud is a team game played on a billiards table with players using their hands instead of pool cues. No experience with the game is necessary, and all branches and skill levels are welcome. FMI: 448-4608.

CHINATOWN FOOD, HISTORIC TOUR

A tour of Honolulu's Chinatown featuring a traditional dim sum lunch will take place from 8:45 a.m. to 12:45 p.m. Aug. 31. The tour departs from Information, Tickets & Travel (ITT)-Hickam. FMI: 448-2295.

SNORKELING AT HANAUMA BAY

There will be a snorkeling excursion to Hanauma Bay beginning at 8 a.m. Sept. 1. Departures are from Outdoor Recreation-Hickam Harbor. Aug. 28 is the last day to register. FMI: 473-1198.

Community Calendar

AUGUST

Today — The U.S. Chamber of Commerce Foundation will host Hiring Our Heroes – Honolulu, a hiring fair for veterans and military spouses, from 10 a.m. to 2 p.m. at the Hale Koa Hotel. The event will also include a free employment workshop featuring one-on-one mentoring sessions on resume building, job search tools and interviewing techniques. Interested job seekers can register for free at hoh.greatjob.net. Walk-in job seekers are allowed (veterans must provide proof of service). FMI: www.hiringourheroes.org.

SATURDAY — A Pearl Harbor Navy Exchange (NEX) Pet Expo will be held from 10 a.m. to noon at the NEX mall tent two. Attendees can learn about responsible dog ownership, pet massaging, pet wellness, terrier and dachshund breeds, grooming, animal boarding, breeding referral and animal protection. The event will also include a biggest dog contest, small dog contest, pet food samples and giveaways. Specialists will be onsite for question-and-answer sessions. This is a free event for all authorized patrons. FMI: 423-3287.

20 — An Armed Services Blood Program drive will be held from 11 a.m. to 3 p.m. at the Tripler Army Medical Center NEX. FMI: 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

28 — In conjunction with Feds Feed Families, federal employees are collecting food nationwide for federal food banks. Non-perishable food items will be picked up from collection boxes at the Pearl Harbor Memorial Chapel, building 1601 on Aug. 28, which is the last day of the campaign. FMI: www.FedsFeedFamilies.gov or www.facebook.com/fedsfeedfamilies.

SEPTEMBER

4, 5, 13, 14 — Jewish High Holy Day services at Aloha Jewish Chapel at Joint Base Pearl Harbor-Hickam have been announced. They include Rosh Hashanah eve service at 7:30 p.m. Sept. 4, Rosh Hashanah service at 10 a.m. Sept. 5, Kol Nidre at 7:30 p.m. Sept. 13 and Yom Kippur service at 10 a.m. Sept. 14. Cmdr. Joel Newman will preside. FMI: 473-3971.

7 — The Fisher House 8K Hero & Remembrance Run, Walk or Roll will begin at 7 a.m. at the Pacific Aviation Museum on Ford Island. The official welcome and military honors will be held from 6:30 to 7 a.m. The free event is open to members of the military and the public. Register online at the website <http://triplerfisherhouse.eventbrite.com> or visit the Tripler Fisher House Facebook page. FMI: thersa.m.johnson2.naf@mail.mil or 561-7423.

26 — Joint Base Pearl Harbor-Hickam will hold a military recognition ceremony at 10 a.m. in the Ford Island Conference Center. The event will honor graduates from the Navy, Air Force and Marine Corps who have earned their college degree or high school equivalency. RVSP no later than Sept. 6. FMI: Staff Sgt. Terrance Greenwood at ter-rance.greenwood@us.af.mil.



DESPICABLE ME 2 (PG)

Once upon a time, Gru (voice of Steve Carrell) dreamed of stealing the moon - these days he's a single adoptive father of three precocious girls. Having given up his spectacular life of crime, Gru now aims to produce a delicious new line of jams with the help of his tiny minions and his old pal Dr. Nefario (voice of Russell Brand).

SHARKEY THEATER

FRIDAY 8/16

7:00 The Heat (R)

SATURDAY 8/17

2:30 Turbo (PG)
5:00 Despicable Me 2 (PG)
7:20 The Conjuring (R)

SUNDAY 8/18

2:30 3D Turbo (PG)
5:00 Grown Ups 2 (PG-13)
7:10 The Heat (R)

HICKAM MEMORIAL THEATER

TODAY 8/16

6:00 The Lone Ranger (PG13)

SATURDAY 8/17

4:00 Grown Ups 2 (PG13)
7:00 Pacific Rim (PG13)

SUNDAY 8/18

2:00 Despicable Me 2 (PG)

Movie Showtimes



Air Force band to be featured at upcoming concerts

Story and photos by Don Robbins

Assistant Editor

Joint Base Pearl Harbor-Hickam is home to the U.S. Air Force Band of the Pacific-Hawaii, and its members will be featured in several upcoming concerts across Oahu.

The U.S. Air Force Band of the Pacific-Hawaii consists of smaller groups such as Hana Hou!, the Jazz Trio and Papana. For example, Hana Hou! per-

forms pop, Hawaiian, rock and country, while Papana is an eight-piece jazz ensemble.

A primary performing group for the Air Force Band of the Pacific-Hawaii, shows from Hana Hou! have entertained military and civilian audiences throughout Hawaii and the Pacific.

The band also has “small kine” smaller acoustic groups and individual musicians to provide sounds and styles for concert and protocol events.

They include vocalists and a bugler for military ceremonies. The band also has Christmas carolers during the holiday season.

Members of the nine-piece Hana Hou! ensemble performed classic rock hits Aug. 9 at the Town Center of Mililani.

“Music has always been a part of my life. I grew up in a family of musicians. Being able to serve my country and doing this, what I love to do, is great. I love reaching people’s hearts and minds,” said



Master Sgt. Darryl McEachin, the keyboard player for Hana Hou! He said he has been in the band for 10 years and an Air Force service member for 24 years.

“As I grew up, I loved singing and have loved it throughout my entire life,” said Staff Sgt. Courtney Clifford, one of the three vocalists for Hana Hou!. She explained that she sang in school and church choirs and took private vocal lessons.

Upcoming band concerts include:

- Aug 18, 11:30 a.m. and 2:30 p.m., Hana Hou! will play at the Hale Koa beachfront in support of the Wounded Warrior Canoe Regatta.
- Aug. 23, 5:30 p.m., the Papana ensemble and the

Pacific Fleet VIP Combo band will perform at the Summer Concert Series in the grassy area between the Fleet Store and Scott Pool. This event is open to all Department of Defense ID cardholders.

- Aug 26, 12:15 to 1:30 p.m., Papana will play at the Kapiolani Community College, 4303 Diamond Head Road, Honolulu.
- Sept. 7, 7:30 p.m., Papana will perform at the Atherton Performing Arts Studio in Honolulu.
- Sept. 15, 11:30 to 1 p.m., Papana will perform at the Honolulu Museum of Art.
- Sept. 18, 10 a.m. to 2 p.m. Papana will perform at Leeward Community College, 96-045 Ala Ike St., Pearl City.
- Sept. 28, 6 to 7:30 p.m.,

Hana Hou! will perform at the Hawaii Kai Towne Center, 46-056 Kamehameha Highway.

The band’s history goes back more than 30 years ago when Hickam was home to the 501st Air Force Band. The 35-piece unit performed for base and community functions from 1947 to 1975.

During the drawdown following the Vietnam War, the band was deactivated. However, in 1995, a need was seen to bring an Air Force band back to the Headquarters Pacific Air Forces, and the United States Air Force Band of the Pacific-Hawaii was born.

For more information and a list of upcoming performances, visit the website at <http://www.bandofthepacific-hawaii.af.mil>.



Members of the U.S. Air Force Band of the Pacific-Hawaii Hana Hou! ensemble perform Aug. 9 at the Town Center of Mililani.

Fatburger to start serving breakfast at MWR location on JBPHH

Emily McNulty

JBPHH Morale, Welfare and Recreation

For those who are looking for something different for lunch, Fatburger offers a new take on burgers.

Fatburger is open to all who have base access and is located on the Pearl Harbor side of Joint Base Pearl Harbor-Hickam. Fatburger is located in the Morale, Welfare and Recreation Beeman building 711, across from the sub base gym off North Road. Turn left at the mini mart, turn

right at the stop sign and it’s on the right.

Ernie Abarro, Fatburger Pearl Harbor franchisee, said that Fatburger provides a complete gourmet burger experience. He added that Fatburger prides itself on offering custom grilled-to-order burgers, made right in front of the customers.

“In addition to utilizing fresh, 100 percent lean beef, we provide an array of topping selections to choose from, such as chili, guacamole, grilled mushrooms and bacon,” Abarro said. “We are dedicated to providing an unparal-

leled dining experience in which we cater to your taste preferences.”

Sides and drinks offered include fat and skinny fries, chili cheese fries, homemade onion rings and real ice cream milkshakes.

If customers are looking to stay on the healthy side, Fatburger offers options including turkey and veggie burgers, grilled chicken sandwiches and salads.

“We have a variety of burger options to select from, which range in size from S to XXXL,” Abarro said.

Fatburger will start serving breakfast in the next

couple of weeks and will offer a traditional breakfast that includes eggs prepared the way customers want them, hash browns, rice or fried rice and a choice of bacon, sausage patty, Portuguese sausage or spam, plus a choice of white or wheat toast.

Customers can also order omelettes with their choice of toppings, pancakes or

French toast, and finish it off with a cup of coffee.

Fatburger currently offers “kids eat free” seven days a week. If customers purchase a medium deal or larger, they receive one kids’ meal free. This is a dine-in only option.

Happy Hour is from Monday through Thursday from 4 to 6 p.m. If customers buy a medium deal

or larger, they can receive one medium burger free.

“I want patrons to know that we place great focus on the quality of the food we serve. Additionally, we provide a friendly atmosphere for customers to enjoy their food,” said Abarro.

Visit www.greatlife.hawaii.com to view the menu. For more information, call 312-3457.



Patrons eat lunch at Fatburger Pearl Harbor.

Forest City community events include ‘Ride the Wind Day’

There are several events that will be held in Forest City communities in August, both on Oahu and Kauai.

Ride the Wind Day, 2:30 to 4:30 p.m. Aug. 23 at Halsey Terrace field. The event is open to all residents. Participants will be constructing kites and flying them.

National Trail Mix Day, 3 to 4 p.m. Aug. 30 at Radford multi-purpose room. The event is open to all residents. Participants will be making their own trail mix.

Ride the Wind Day, 3 to 4 p.m. Aug. 23

at Pacific Missile Range Facility (PMRF) office. The event is open to PMRF residents. Participants can pick up their kite-making kit at the PMRF office.

National Dog Day, Aug. 25 to 30 at PMRF office. The event is open to PMRF residents. Residents can send PMRF a picture of their four-legged family members to add to the next issue of the newsletter. E-mail photos to pariscousin@forestcity.net.

For more information about any of these events, call 839-8620.

Naval Health Clinic Hawaii health care operations limited today

All Naval Health Clinic Hawaii health care facilities will be closed starting at 11:30 a.m. today.

This includes all medical and dental facilities at Branch Health Clinics Makalapa, Camp Smith, Wahiawa, Marine Corps Base Hawaii Kaneohe Bay and Pearl Harbor Naval Shipyard.

Medical and dental services will be provided from 7:30 to 11:30 a.m. Beneficiaries are asked to take this into consideration when scheduling care.

All clinics will re-open for regular business hours Monday. For NHCH hours of operation, visit the website at <http://www.med.navy.mil/sites/nhch>.

Beneficiaries can speak to a health-care provider at anytime the clinics are closed by calling the “Provider After-Hours Advice Line” at 473-0247, ext. 3.

For emergencies, dial 911 or go to Tripler Army Medical Center. For active duty dental emergencies, dial 864-4705.

History springs to life at museum event

Pacific Aviation Museum

The stories of pioneers and heroes of the past sprang to life Aug. 10 at the Pacific Aviation Museum Pearl Harbor's Living History Day event.

Sharing history in a talk-story kind of format, visitors to the museum interacted with costumed interpreters and storytellers from World War II, the Korean War and the Vietnam era plus Pan Am flight and command veterans, Cornelia Forte, Rosie the Riveter and other figures from history.

An actual "Rosie" and pilots attended Living History Day as spectators

and also shared their stories with the guests.

Living History Day also featured Hawaii Military Vehicle Preservation Association vehicles in front of the hangars, student history exhibits and multimedia presentations on "The Flying Tigers" by Kaiser High School students and the museum's "flight school" for boys and girls graduates.

Guests visited the "Spirit of '45" exhibit, met Capt. Alex Kane, the author of "Now That's Livin" and "Now That's Flyin", interacted with Philip Baham of The Tuskegee Airmen, and "talked story" with veterans and re-enactors from several periods.



U.S. Navy photos by MC3 Diana Quinlan
A student dressed as "Rosie the Riveter" displays WWII Comics and Cartoons during the Living History Day at the Pacific Aviation Museum Pearl Harbor on Ford Island, Joint Base Pearl Harbor-Hickam.



Philip Baham, former crew chief of the 377th Composite group Tuskegee Field, Army Air Corps, signs books dedicated to the Tuskegee Airmen.



Guests explore a Seahawk helicopter during the Living History Day at the Pacific Aviation Museum Pearl Harbor.

'Navigate'to Ho'okele website
www.hookele.com or www.cnic.navy.mil/hawaii