

# Fleet engagement team visits JBPHH Sailors

Story and photo by  
MC2 (SW) Laurie Dexter

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Representatives from Bureau of Naval Personnel Millington/Navy Personnel Command (BPM/NPC) fleet engagement team met with Sailors and leadership at Joint Base Pearl Harbor-Hickam (JBPHH) on Sept. 22-23 to discuss personnel policies and force management measures impacting the fleet.

The two-day visit to JBPHH was intended to update Sailors on Navy force-shaping initiatives. These discussions included topics such as advancement and how important that is to Career Waypoint (C-WAY).

The C-WAY system (formerly Fleet RIDE) is the IT system that supports key Sailor decisions about their next career choice. Areas where C-WAY applies include: Reenlistment (formerly PTS/Perform to Serve), PACT Designation (formerly REGA/rating entry for general apprentice), conversion, transition between active component (AC) and Reserve component (RC), and reclassification.

“The main purpose of this visit



Master Chief Electrician's Mate Ted Hillebrand, fleet engagement team member from Navy Personnel Command, speaks to Sailors at Sharkey Theater.

is to speak to the fleet,” said Master Chief Electrician's Mate Ted Hillebrand, a fleet engagement team member.

“In this case, we're talking to Sailors in Pearl Harbor and others throughout the island of Oahu about things that we feel

and think are important to the Sailor's career and help them make the right decisions in regard to their career,” he said.

To demonstrate the Navy's willingness to ensure Sailors find themselves in their desired field, Capt. Bruce Deshotel, the

head enlisted community manager of BPM/NPC Millington, is assuring all actions are being taken to ensure PACT Sailors are forwarded opportunities for gaining a career path within ratings which best aligns the Sailors skills/desires to the

needs of the Navy.

Deshotel also said there is good news.

“For our fiscal year 13 and more recently recruited FY-14 PACT Sailors, relief is coming,” said Deshotel. “We are committed to offering each Sailor the opportunity to get on the viable career path that is in sync with both our Navy's as well as their requirements and desires.”

“We primarily utilize the “RED” method, or rating entry designation. This basically allows a Sailor to fill a valid, vacant billet onboard the ship they're assigned. This is a win for the ship, the Sailor and Navy,” Deshotel explained.

The BUPERS Millington/NPC team is committed to providing Sailors opportunities for a career in the Navy.

According to Chief Navy Counselor Athena Allen, Navy Region Hawaii career counselor, one of the new improvements under C-WAY will allow Sailors the opportunity to view important actions regarding their career pathway.

Sailors should also contact their command career counselor for more information on C-WAY.

For more news from Navy Personnel Command, visit [www.navy.mil/local/npcl/](http://www.navy.mil/local/npcl/).



Shad Kane, cultural practitioner, conducts a blessing ceremony for the Loko Pa'aiiau fishpond project at McGrew Point on Sept. 29 while representatives of the Navy and Native Hawaiian civic clubs join hands. Mangrove removal at the ancient site began after the ceremony.

## Fishpond restoration effort begins

Story and photo by  
Lt. j.g. Eric Galassi

Navy Region Hawaii Public  
Affairs

Members of local Hawaiian civic clubs and Aiea community members and representatives from Naval Facilities Engineering Command Hawaii gathered at McGrew Point on Sept. 29 for a ceremony to begin work on restoring the historic Pa'aiiau fishpond.

Jeff Pantaleo, Navy cultural resources manager, spoke before the ceremony to describe the fishpond restoration project and its significance for the Navy.

“The main focus is to educate *keiki* on how Hawaiians built these ponds and why, basically, to see integration between the Navy and the community,” Pantaleo explained.

Shad Kane, Native Hawaiian cultural practitioner, officiated the blessing and provided dozens of attendees with a lesson in the history of the Native Hawaiians from the area of Aiea and McGrew Point. Several members of Hawaiian civic clubs presented traditional Hawaiian offerings called *ho'okupu* as part of the ceremony.

Cmdr. Tom Lyons, assistant regional engineer for Navy Region Hawaii, emphasized the Navy's interest in restoring the fishpond.

“This reinforces to me the importance this has, not only to the Navy, but to Hawaii. This is big for the military and our families. They get the chance to learn about Hawaii and pass that on,” Lyons said.

Pono Pacific, Local Hawaii contractor, will clear mangrove and other plant material from the area

around the fishpond.

“It's going to take about three months to clear the area. Once the pond is exposed, we can assess the feasibility and level of work needed to restore it,” Pantaleo said.

During the clearing process, archeological and cultural monitors will be present to ensure that the pond walls are not impacted. Following clearing, the pond will be documented and a preservation plan will be prepared to ensure the pond will be preserved.

There were once 22 fishponds in Pearl Harbor, only three of which are still relatively intact. Of these three, the fishpond at McGrew Point is the most accessible. Fishponds were used to farm fish by the ancient Hawaiians using areas around the shoreline to enclose a feeding area for fish.

## Alternate port to enhance state's readiness

Navy Region Hawaii  
Public Affairs

The state of Hawaii, the U.S. Coast Guard and the U.S. Navy will hold a signing ceremony from 11 a.m. to noon Oct. 6 at Kilo 8 Pier, Joint Base Pearl Harbor-Hickam and bless a new mobile crane that significantly adds to the state's readiness in the event of a natural disaster.

The acquisition of the \$3 million crane has been a collaborative effort among the state of Hawaii, industry, port partners, and the U.S. military to establish an alternate port to enable

cargo off-loading at Joint Base Pearl Harbor-Hickam if Honolulu Harbor is rendered inoperable.

Cargo off-loading at Honolulu Harbor provides more than 80 percent of all commodity goods necessary to the survival of those who live in Hawaii. During hurricanes and other catastrophic events, Honolulu Harbor is vulnerable to the tidal effects of the Pacific Ocean due to lack of physical land barriers to protect the harbor.

Recognizing this vulnerability, the state of Hawaii, industry and port partners secured

funding through a Port Security Grant Program to acquire a mobile crane to be used at Pearl Harbor in time of need.

The mobile crane is the key for enabling immediate off-loading operations. The signing of this “memorandum of understanding,” in recognition of the acquisition of this mobile crane and the hard work on the alternate port concept, serves as the tangible result of the outstanding joint effort undertaken to protect and serve Hawaii's citizens and increase port reconstitution and resiliency throughout the state of Hawaii.



## Events scheduled to celebrate Navy's 239th birthday

Navy Region Hawaii Public Affairs

A series of events has been scheduled for this month in honor of the Navy's 239th birthday. They include:

- A Navy birthday bell ringing ceremony at the Pearl Harbor Visitors Center will be celebrated at 10 a.m. Oct. 10 as a CPO/365 history and heritage event. The bell of the USS Arizona will be rung as part of the ceremony.

- The Pacific Missile Range Facility birthday ball will be held on Oct. 10 at the Grand Hyatt Poipu.

- The birthday ball will be held from 6:30 to 10:30 p.m. on Oct. 11 at the Sheraton-Waikiki. U.S. Rep. Tulsi Gabbard will be the guest speaker.

In addition, in celebration of the Navy's birthday, the Chief of Naval Operations (CNO) and Master Chief Petty Officer of the Navy (MCPON) will hold a worldwide all-hands call Oct. 7 at 1 p.m. Eastern Daylight time.

The call will be televised on Direct-

to-Sailor (DTS), the Pentagon channel, and online without the chat function at [www.navy.mil](http://www.navy.mil) or with the chat function at [www.livestream.com/usnavy](http://www.livestream.com/usnavy).

Questions may be submitted in advance for the CNO and MCPON to answer live. Submissions should be emailed to [socialmedia@navy.mil](mailto:socialmedia@navy.mil) prior to and during the all-hands call.

Questions can also be posted during the all-hands call via [www.livestream.com/usnavy](http://www.livestream.com/usnavy).

Personnel submitting questions should include their name, rank and command.

October is the month of the Navy's birthday and an appropriate time to reflect on the integral role the Navy plays in the country's warfighting mission. It also is a time to remember the vital contribution that families, friends and community partners provide to the Navy in keeping with this year's theme, “Thanking Those Who Support Us.”



USS Paul Hamilton holds  
change of command  
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Blue Angels illustrate precision  
during Wings Over the Pacific  
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Navy chief competes in  
Olympic-style games  
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# USS Paul Hamilton holds change of command

Ensign Ashleigh Share

*USS Paul Hamilton (DDG 60) Public Affairs*

Cmdr. John S. Barsano relieved Cmdr. Luke A. Frost as commanding officer of USS Paul Hamilton (DDG 60) during a change of command ceremony held Sept. 26 at Joint Base Pearl Harbor-Hickam.

“The degree of dedication demonstrated by you all and your families to pour your time, talent and treasure into this call to service is absolutely incredible and humbling and demanded my best effort every single day, because that’s what you gave. I know without a doubt that over the last 40 months, I took much more from Paul Hamilton than I could ever give, and I thank each and every one of you for that,” Frost told the crew.

Frost assumed command in May 2013 in the midst of Paul Hamilton’s extended ballistic missile defense deployment to the U.S. Cen-



U.S. Navy photo by IS1(SW/IDW) Jarrod Fowler

Cmdr. Luke A. Frost is piped ashore at a change of command ceremony held for USS Paul Hamilton at Joint Base Pearl Harbor-Hickam.

tral Command area of responsibility. During his command tour, Paul Hamilton completed its nine-month ballistic missile defense deployment, executing simultaneous and coordinated air, surface and undersea warfare opera-

tions across three geographic theaters supporting three fleet commanders, three combined task forces and four carrier strike groups.

Additionally, Paul Hamilton completed a comprehensive six-month maintenance

overhaul and a rigorous compressed training cycle, certifying 19 mission areas and completing the 26-week BMD basic phase in 19 weeks.

Frost is scheduled for transfer to Commander, U.S. Naval Surface Forces

Pacific to serve as force operations officer. Barsano assumed the position of executive officer of USS Paul Hamilton on April 9, 2013.

“I am excited to take command of a ship from somebody I truly admire,” Barsano said.

“To the crew of this great warship, and it truly is you that makes the ship great. Nothing in my life prepared me for the feeling I have today or the feeling of pride I have in you. I look forward to building on all that you have achieved here under Cmdr. Frost’s leadership. It is the honor of a lifetime to serve as your commanding officer,” he said.

Barsano is a native of Chicago and enlisted in the Navy in 1988. He received his commission from Officer Candidate School in 1997 through the Seaman to Admiral Program. He holds a bachelor in business administration with an emphasis in finance and marketing from the University of San Diego.

Barsano’s sea tours include serving in both the Atlantic and Pacific Fleets. His operational division officer assignments include duty as ordnance/gunnery officer aboard USS Crommelin (FFG 37) and main propulsion assistant aboard USS Port Royal (CG 73).

As a department head, he served as engineer officer aboard USS Russell (DDG 59). Barsano commanded USS Hurricane (PC 3), USS Firebolt (PC 10), and USS Whirlwind (PC 11) home ported in Little Creek, Va. and Manama, Bahrain with Patrol Coastal Crew HONOLULU.

In addition to the shift of command from Frost to Barsano, USS Paul Hamilton changed its immediate superior in command from the Sea Warriors of Destroyer Squadron 31 to the Rampant Lions of Destroyer Squadron 21.

USS Paul Hamilton was named for the nation’s third secretary of the Navy, serving under President James Madison from 1809 to 1813.

## Halsey CSADD members help shipmates achieve professional goals

Lt. j.g. Rochelle Perry

*USS Halsey (DDG 97) Public Affairs*

MARIANAS, PACIFIC OCEAN —When not engaged in divisional training, daily maintenance, and standing watches in support of U.S. 7th Fleet operations, the Sailors of USS Halsey (DDG 97) decompress through a variety of entertaining activities, thanks to the efforts of Halsey’s Coalition of Sailors Against Destructive Decisions (CSADD)chapter.

CSADD is a Navy-wide organization founded on helping combat some major destructive issues that face Sailors today: alcohol abuse, reckless behavior, and other poor decisions that generally affect one’s ability to represent the Navy’s core

values. For Ship’s Serviceman 2nd Class Olyen Scott, Halsey’s CSADD president, CSADD is more than an organization, it’s a lifestyle.

“I don’t look at CSADD as a collateral duty. I look at it as more of a family that does everything together and looks out for each other’s best interest,” Scott said.

“I am my shipmate’s keeper and our goal as a member is to keep them out of trouble, prevent liberty incidents ,and encourage right decision-making. You don’t have to drink to have fun.”

Halsey’s CSADD chapter has provided activities for the crew underway and has sponsored a variety of activities in port to facilitate and foster positive conditions for safe liberty and non-destructive decision making. These include dinner outings, bowling

and movie nights, group gatherings and a wide range of volunteer COMREL (community relations) projects.

“We plan activities during our port visits and make sure we go out as a group. That way Sailors are guaranteed liberty buddies to make sure they make it back to the ship safely with no liberty incidents,” said Operations Specialist Seaman Ashlyn Millsparker. “Our group keeps people out of trouble and being a part of CSADD contributes a lot in ways they never thought.”

In an effort to break up the routine and monotony of long underway days and weeks, CSADD’s “go hard week” alone boosted morale and raised spirits through events like “team jersey days” and *karaoke* night. Fridays and provided funding for hair down and no shave

chits to the crew for an entire week. “Anything to keep people smiling,” Scott said. “It’s like spirit week in high school. Every day there’s a new and exciting event or happening to look forward to.”

In preparation for the Navy-wide advancement exams, CSADD members also facilitated basic military requirements (BMR) studies weekly to help junior Sailors learn and focus professionally. Now they are focusing their professional studies more on ship-specific professionalism: the enlisted surface warfare specialist (ESWS) qualification.

“We hold a game called ‘Who Wants to be an ESWS Warrior’ where we ask everyone general questions about the Navy in the game show format,” said Culinary Specialist Seaman

Frederick Morris.

“Three times a week we also have study groups on the mess-decks for anyone who wants help or needs a study buddy. Studying with a group definitely makes learning easier and makes preparing for the exam less stressful.”

That’s what CSADD members say being a shipmate is all about: helping to ease stress and have each other’s backs, personally and professionally, on-duty and off-ship.

USS Halsey is currently deployed to the U.S. 7th Fleet area of responsibility.

For more updates on USS Halsey, visit [www.destroyermenblog.blogspot.com](http://www.destroyermenblog.blogspot.com), [www.halsey.navy.mil/](http://www.halsey.navy.mil/) and Halsey’s Facebook Page at <https://m.facebook.com/USSHalsey>.



Commentary

## ‘Take care of our people’ is priority one

By Rear Adm.  
Rick Williams

Commander, Navy Region  
Hawaii and Naval Surface  
Group Middle Pacific

Recently the Secretary of the Navy, Chief of Naval Operations and Commandant of the Marine Corps announced goals and objectives for Fiscal Year 2015, which began this past Wednesday.

Their top goal: “Take care of our people.”

Among the objectives under that goal are “support health and quality of life for military and civilians” and provide support for veterans and wounded warrior reintegration.

Other FY15 goals are related to readiness, sustainable energy, and innovation. All are important to those of us in the center of the rebalance here in Hawaii, but it's clear—as the top goal with the most objectives for FY15, “people” is still the top priority for our leaders.

Our military depends on the support of good citizens



Rear Adm. Rick Williams

in and out of uniform—parents willing to entrust us with the lives and futures of their sons and daughters, men and women in uniform willing to face hardships to serve their country, and military families who sacrifice during moves, deployments and times of uncertainty.

We are successful in large part because of the support of our families.

Last week and this week, I joined our public-private venture partners Forest City for a series of open

town hall meetings in residential housing areas on Oahu. We provided information about security, energy, maintenance and support services. Most of all, we listened to residents.

There was a relatively low turnout, so I assume most people are satisfied; however, I intend to continue to hold these community meetings with Forest City and ensure we're responding to any issues and questions our service members and families raise. We can always improve communication. We can always clarify perception.

A few topics that came up over the past two weeks include: landscaping around homes, move-in inspections, communication through ombudsmen, and energy conservation. We see a lot of interest in our “Know Loads” (know your energy loads) team, who are poised to assist and offer suggestions to residents who want to reduce their electricity consumption and lower their bills.

We'll be providing more

information about the specifics raised in the open house meetings and, with regard to energy, we will continue to provide more details about energy conservation at our Energy Outreach page on our website: <https://cnic.navy.mil/regions/cnrh.htm>. By the way, the theme for the Navy's Energy Month in October is “Energy Action = Mission Success.”

I think we have a strong partnership with Forest City, and I'm pleased to see the willingness to continuously improve to meet the customers' needs, whether it's energy consumption or other issues. I encourage everyone in our residential housing to continue to communicate and provide feedback, and I thank everyone who is working to improve life for our military workforce and their families.

When we take care of our people, it reduces stress and increases efficiency and effectiveness. Quality of life equates to quality of service, which makes us stronger, happier and more fulfilled.

## Navy celebrates Energy Action Month in October

Navy Office of Information

October is Energy Action Month. The Department of Defense theme is Energy Action=Mission Success.

In 2012, President Obama issued a presidential proclamation declaring October National Energy Action Month. In the proclamation, he called upon Americans to work together “to achieve greater energy security, a more robust economy, and a healthier environment for our children.”

The Navy values energy as a strategic resource and we understand how energy security is fundamental to our mission. The Navy is committed to managing its energy consumption afloat and ashore and continues working hard to influence Navy-wide culture regarding energy consumption and the need for increased efficiency.

Navy commands around the world participate in Energy Action Month by hosting events throughout October to share information on energy efficiency and promote an energy conservation culture Navy-wide.

Energy saving actions, such as swapping out old incandescent light bulbs for high-efficiency LED lighting, shutting off unneeded lights, and adding insulation around doors and windows are practical ideas that promote energy efficiency, make us more sustainable, and ultimately support the mission.

During Energy Action Month, the Navy will commission the USS America (LHD-6) in San Francisco. USS America is equipped with a hybrid electric propulsion system that will make it one of the most energy efficient amphibious ships in the fleet.

For more information, visit the Energy Action Month website: <http://greenfleet.dodlive.mil/energy/energy-action-month/>.

## Diverse Views



### What do you like best about being stationed at or working at Joint Base Pearl Harbor-Hickam?



IT1 Karl Smith  
ATG MIDPAC

“I guess it would be the diversity, the different people. Especially having events like RIMPAC, you get to learn about different people. And you can't beat living in Hawaii.”

Senior Airman Andrew Ortega  
647th Logistics Readiness Squadron

“The best part of being stationed at Joint Base Pearl Harbor-Hickam is that it is here in beautiful Hawaii where I can soak up the sun and the culture with my family.”



IC1 Emily Johnson  
Pearl Harbor Naval Shipyard

“The aloha attitude, because it's more laidback than Norfolk, Va.

Tech. Sgt. Precious Mitchell  
Air Force ROTC, Det. 175

“I love working with cadets and cadre members here at the University of Hawaii Detachment 175. I'm also enjoying the nice Hawaii weather.”



Tonya Hutchison  
Air Force military spouse

“I definitely love the weather here. I'm a southern girl and I have missed the warm weather over our last two assignments. Along with the warm weather is the chance to be so active. Right now I am learning to surf, which is a lot of fun, and I am also looking forward to learning to paddleboard.”

Capt. Chris Larson  
25th Air Support Operations Squadron

“Being at the center of the Pacific AOR is a great honor. There are many large exercises to participate in and many challenges to supporting all of them. Also, Hawaii has the best weather in the world. The ocean is clear and a perfect 78 degrees. Golfing is also nice with over 100 golf courses to choose from. Whether it is training or enjoying outdoor activities, Hawaii will keep you busy.”



Provided by Lt. j.g. Eric Galassi  
and David D. Underwood Jr.

Want to see your command featured in Diverse Views?  
Got opinions to share?

Drop us a line at [editor@hookelenews.com](mailto:editor@hookelenews.com) or [karen.spangler@navy.mil](mailto:karen.spangler@navy.mil)

## STORY IDEAS?

Contact the Ho'okele editor for guidelines and story/photo submission requirements

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Commentary

## Theme of Hispanic Heritage Month emphasizes, past, present, future

Ryan M. Ide

Director of Strategy and  
Future Requirements, Navy  
Region Hawaii

The 2014 Theme for the National Hispanic Heritage Month is, “Hispanics: A Legacy of History, a Present of Action and a Future of Success.” This week-long observance, enacted by President Lyndon Johnson in 1968, was expanded to a month-long event by President Ronald Reagan on Aug. 17, 1988 by the approval of Public Law 100-402 and now runs from Sept. 15 to Oct. 15 each year.

During this time, Americans celebrate the histories, cultures and contributions of current citizens of Hispanic and Latino American ancestry. The term Hispanic

or Latino, refers to Puerto Rican, Caribbean, Mexican, South or Central American, or other Spanish culture or origin regardless of race.

The peculiar start date of the observance, since it does not coincide with a calendar month, is based on significant events in Hispanic history.

Sept. 15 marks the anniversary of independence of the Latin American countries, Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. Sept. 16 is the Mexican anniversary date, and Sept. 18 is the day Chile celebrates their independence. Columbus Day or Día de la Raza, falls on Oct. 12, which closes out the 30 day period.

Throughout history, there have been numerous examples of notable His-

panic achievements. Possibly the most visible of U.S. Navy Hispanic achievements are those of David G. Farragut, who was the first U.S. naval officer to be promoted to the rank of rear admiral in 1862. He was also the first to be promoted to vice admiral and admiral. He is credited with shouting the famous order, “Damn the torpedoes, full speed ahead!”

A prominent Air Force general officer was Elwood R. “Pete” Quesada, who was promoted to the rank of brigadier general in 1940. Through his achievements and success in command, he eventually achieved the rank of lieutenant general in 1947.

Hispanics have also held prominent positions in American government and

culture including U.S. Senate and U.S. Representative seats, U.S. Treasurer, U.S. attorney general, secretaries of transportation, housing and urban development, surgeon general and U.S. Supreme Court Justice. There have been astronauts, Nobel Prize winners in physics and in medicine, Pulitzer Prize and Oscar winners. American athletics has also benefited from Hispanic contributions, most notably, baseball Hall of Fame player Roberto Clemente.

Through their strong commitment to family, faith, hard work and service, Hispanics have contributed in immeasurable ways to creating and maintaining the positive fabric that makes the United States of America so great.



## Farragut became Navy's first full admiral

U.S. Navy Adm. David G. Farragut is shown aboard his flagship USS Franklin during his European cruise. Hispanic Americans have served in the U.S. Navy since the foundation of the United States. Adm. David G. Farragut's father, Jorge Anthony Magin Farragut, was from Spain and fought against the British during the American Revolution. Following his father into the Navy, David G. Farragut became a national hero and was the Navy's first full admiral. National Hispanic Heritage Month began Sept. 15 and ends on Oct. 15.

U.S. Naval History and Heritage Command photograph



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Photo illustration

# Blue Angels

## illustrate precision during

# Wings Over the Pacific

Staff Sgt.  
Christopher Hubenthal

Defense Media Activity —  
Hawaii

Spectators gazed up to the sky when the U.S. Navy Flight Demonstration Squadron Blue Angels performed during the Wings Over the Pacific air show Sept. 27 and 28 at Joint Base Pearl Harbor-Hickam.

The Blue Angels, stationed at Forrest Sherman Field, Naval Air Station Pensacola, Fla., perform at approximately 35 to 36 shows a year, demonstrating choreographed aerobatic maneuvers that showcase skills possessed by all naval aviators.

During last weekend's air show, the team illustrated precision piloting through aerobatics such as the four-plane diamond formation, six-jet delta formation and fast-paced, two solo pilot maneuvers.

Steve Young, an Oahu resi-

dent and airplane enthusiast, said he is always entertained when watching the Blue Angels in action.

"I enjoyed it. I thought it was great," Young said. "I don't think I came to a Blue Angels show where I was ever disappointed and this was awesome. If you ever hear about the Blue Angels coming to town, you have to make it to the airfield. There's no excuse not to get down there."

Cmdr. Tom Frosch, U.S. Navy Flight Demonstration Squadron Blue Angels flight leader, hopes that the performances have a positive impact on their younger audience.

"It starts with hard work, discipline and having a goal," Frosch said. "We're hoping to spark that interest to set some goals. We want them to work hard at whatever they do like school and team sports."

Frosch said that representing the military by serving as part of the Blue Angels team

provides a unique experience for the team members.

"It's a good opportunity for people from the team to represent the 500,000 men and women serving around the world and we take a lot of pride in doing that," Frosch said.

Those in attendance were also able to view static displays of vintage and historical aircraft, tour U.S. Army armored vehicles like the Stryker, and watch aerial performances conducted by the U.S. Air Force F-22 Raptor demonstration team and the U.S. Air Force C-17 Globemaster III demonstration team.

The Blue Angels are set to perform during the Marine Corps Air Station Miramar Air Show in Miramar, Calif. from Oct. 4 to 5 followed by a performance at the San Francisco Fleet Week from Oct. 11 to 12.



U.S. Air Force photo by Staff Sgt. Christopher Hubenthal

The U.S. Navy Flight Demonstration Squadron, the Blue Angels, perform in F/A-18 Hornets during the Wings Over the Pacific air show.



(Right) Blue Angels pilots make their way toward their assigned F/A-18 Hornets.

U.S. Air Force photo by Staff Sgt. Christopher Hubenthal



(Left and above) The U.S. Navy Flight Demonstration Squadron Blue Angels F/A-18 Hornet pilots prepare for launch during the Wings Over the Pacific air show.

U.S. Air Force photo by  
Staff Sgt. Christopher Hubenthal



(Right) Lt. Mark Tedrow, a pilot with the Blue Angels, stops for a photo with a fan following a performance in his F/A-18 Hornet.

U.S. Navy photo by MC1 Steven Khor



(Left) Spectators watch as the Blue Angels perform overhead.

U.S. Navy photo by MC1 Steven Khor



U.S. Navy photo by MC2 Tiarra Fulgham



# PACAF hosts Pacific Rim Air Power Symposium

## Pacific Air Forces Public Affairs

Pacific Air Forces hosted military leaders from 20 countries throughout the Pacific region during the annual Pacific Rim Air Power Symposium held on Oahu from Sept. 22-25.

The PACRIM Airpower Symposium, previously known as the PACAF Director of Operations Conference, builds and improves multi-lateral relationships among air forces in the Indo-Asia-Pacific region.

This year's theme, "International Cooperation, a Capacity and Capability Multiplier," focused discussions on improving cooperation and coordination during humanitarian assistance and disaster relief crises, as well as enhancing the coordination of air assets during con-



U.S. Air Force photo by Master Sgt. Matthew McGovern

Maj. Gen. Paul H. McGillicuddy, Pacific Air Forces vice commander, discusses the role airpower plays in supporting peace and stability in the Pacific region.

tingencies.

"PACRIM Airpower Symposium provides a platform that fosters international cooperation, strengthens partnerships, and builds

understanding of our combined interests in the Pacific," said Maj. Gen. Paul McGillicuddy, the vice commander of Pacific Air Forces, and host of this year's Pacific

Rim Airpower Symposium. "The symposium focuses on increasing interoperability and efficiency in humanitarian assistance and disaster relief response.

"In a disaster response or humanitarian aid scenario, time saved means lives saved. Having connections in place with our partners throughout the region enables us to respond more rapidly and effectively when crises strike," McGillicuddy said.

"Events like these lay the foundation for participation of our allies and partners in other events such as exercises, humanitarian assistance and disaster response, and subject matter expert exchanges."

The Senior Enlisted Leadership Conference, the largest multi-national air force enlisted conference in

the Pacific, was held in conjunction with the PACRIM Airpower Symposium. First held in 2008, the conference complements the PACRIM Airpower Symposium, offering a forum for regional air force senior noncommissioned officers to assemble and discuss common topics of interest.

"In this forum we are able to discuss common issues that affect proper force development and force management of enlisted forces, with the goal of promoting interoperability and relationship building," said Chief Master Sgt. Harold Hutchison, the command chief master sergeant for Pacific Air Forces.

In addition to the discussions focused on this year's theme, leaders also discussed the UN Security Council's "Women, Peace,

and Security" initiative, which promotes women's participation in conflict prevention, management and resolution, as well as post conflict relief and recovery, advances peace, national security, economic and social development, and international cooperation.

The partnerships fostered through participation in the PACRIM Airpower Symposium have proven vital to the continuing peace and stability of the Indo-Asia-Pacific region. These symposiums aid in establishing and enhancing cultural understanding, information sharing and interoperability. They set the stage for participation by Indo-Asia-Pacific nations in other events such as exercises, humanitarian assistance and disaster relief operations, subject matter exchanges, and conferences.

## Joint conference at MCBH benefits military spouses

### Story and photo by Kristen Wong

Hawaii Marine

More than 270 military spouses from various Hawaii military installations attended the Joint Spouses' Conference 2014: "Operation Aloha" held Sept. 27 at Marine Corps Base Hawaii (MCBH).

The annual conference, coordinated by a nonprofit of the same name, provides military spouses with information, resources and activities to support them as they live in Hawaii during their active-duty spouse's tour.

"It (gets) the spouse out of the comfort zone," said Missy Rubino, the director of this year's conference. "(The conference) gives them a chance to try something they wouldn't normally try."

Rubino mentioned that there were also representa-

tives from III Marine Expeditionary Force who attended the conference to get ideas to host their own conference in the future in Okinawa, Japan.

There were 26 workshops to choose from, covering topics from creative writing to cooking.

"This is an amazing experience for spouses to come together," said Kim Gonzales, Army spouse.

Gonzales spent the morning learning different cake-decorating techniques and how to string flower lei. She said she heard about the conference through friends and looked forward to making new friendships.

Several of the workshops were physical activities, including a Zumba class at the Semper Fit Center, hula dancing at the officers' club and stand-up paddleboarding at the base marina.

The conference was an opportunity for Air Force



Military spouses learn to dance hula during the Joint Spouses' Conference 2014: "Operation Aloha," at the officers' club, Marine Corps Base Hawaii on Sept. 27.

spouse Lauren Hamblin to learn new skills.

"I've had so much fun," Hamblin said.

Jill Rutan Hoffman, a pilot, writer and 25-year Air Force spouse, was a featured guest speaker at the conference. Rutan Hoffman's father is Dick Rutan, a famous pilot, and her uncle is well-known aeronautical de-

signer Burt Rutan.

"Once we read her bio, we knew she was a perfect fit," Rubino said. "I think she did a great job today."

Rutan Hoffman encouraged the spouses to try activities that made them "uncomfortable." For instance, she said if they saw an activity they thought they would like, but weren't

sure they would be able to do it well, they should still try it.

"This morning felt uncomfortable surfing in the rain," Rutan Hoffman said. "But I did it and it felt good."

Rutan Hoffman said she was "thrilled and honored" to speak at the conference and enjoyed her stay in Hawaii.

Lt. Gen. John A. Toolan, commanding general of U.S. Marine Corps Forces, Pacific said that the spouses put together such an elaborate and incredible conference "without missing a beat."

"They've done a great job," Toolan said. "It was great to be able to be here today and say 'hi' to all of the spouses get to know them a little bit and have fun."

The conference included an information expo and recognition ceremony. Representatives from various organizations, including the Tripler Army Medical Cen-

ter Department of Pediatrics, the Semper Fi Fund and Military OneSource were on hand.

Rear Adm. Cari B. Thomas, rear admiral of the 14th Coast Guard District, was among the distinguished guests at the conference. Thomas has experienced being both a service member and military spouse. While she was deployed, her husband took care of their daughter, who came down with pneumonia.

"I would not be in my job were it not for my spouse," Thomas said. "He was the rock during my deployment."

Thomas said the conference benefited the spouses in various ways from being able to make friends to learning about a new culture.

For more information on how to register for next year's conference, visit [jschawaii.com](http://jschawaii.com).



# Entomology Airmen combat pests at JBPHH

Story and photo by  
Tech. Sgt. Terri Paden

15th Wing Public Affairs

Pest management is the name of the game for Airmen in the 647th Civil Engineer Squadron (CES) entomology section. Whether it's hunting down economic pests, such as termites or cockroaches, or educating base personnel on pest prevention, the entomology flight is a one-stop shop.

Currently, the entomology section is hard at work trying to rid the base of the coconut rhinoceros beetle, an invasive insect which feeds on coconut palm trees and poses a threat to Hawaii's ecosystem if left unrestrained.

In the nearly 10 months since the first beetle was discovered on base, the flight has helped to trap and remove nearly 800 beetles, working closely with the U.S. Department of Agricul-



Senior Airman Joy Cooper, 647th Civil Engineer Squadron entomology section journeyman, sprays a bush with a mixture of soap and water to combat pests on the golf course at Joint Base Pearl Harbor-Hickam on Sept. 23.

ture to set and check the traps and dispose of the beetles.

However, according to Se-

nior Airman Joy Cooper, 647th CES entomology section journeyman, the coconut rhinoceros beetle is

far from the only pest she spends her days pursuing.

"We control the pests on base through integrated

pest management," she said. "We try to do preventative maintenance like setting traps or bait stations and educating personnel on sanitary practices that prevent pests or infestations."

In addition to the coconut rhinoceros beetle, Cooper said rats, roaches and ants are the primary pests she spends her days hunting.

"It's a dirty job but someone has to do it, and I'm trained so I'll do it," she said.

Cooper said though she has never been afraid of any particular pest, working as a full-time exterminator did take some getting used to.

"I don't think I've ever had a fear of pests," she said. "I used to be creeped out but now once I get a call about a job, I get excited and I spring into action."

In fact, Cooper said her favorite thing about her job is discovering and learning about different species of insects.

In addition to ridding the

world of pesky critters, Airman 1st Class Ryan Shea, 647th CES entomology section apprentice, said the entomology section also saves the base countless amounts of dollars.

"By eliminating pests on base, we save money that would be used to repair damage to the infrastructure caused by things like termites," he said.

Shea said he also enjoys the helping aspect of his job.

"I like helping other people the most. No one wants to deal with pests but I do it because I like making people's work environment a better place to be," he said.

Cooper said the dirty work definitely has tangible results that make the work worth it.

"A lot of the buildings on this base are historically significant and they can't be replaced," said Cooper. "To know that we aren't allowing pests to destroy them is very rewarding."

## Cyber Café helps military service members ship household goods

Story and photo by  
Jim Murray

NAVSUP Fleet Logistics  
Center Pearl Harbor

A new café has opened in the Moanalua Shopping Center and although it doesn't offer coffee or sandwiches, it is already attracting a steady stream of customers.

Known as the "Cyber Café," the new establishment is located inside the Joint Personal Property Shipping Office (JPPSO), and it offers only one product: a fast and convenient method for service members to ship their household goods.

At first glance, there is little about the Cyber Café that appears noteworthy. A peek inside the door reveals a

large room with six computer stations, most of which are occupied by military personnel or family members intent on completing shipment applications. Hovering over them and moving from workstation to workstation are two JPPSO outbound counselors who are engaged in helping all of the customers.

The fact that the two counselors are able to simultaneously help six customers with their shipments is the reason behind the Cyber Café's creation. In a nutshell, it saves a lot of money.

"The Cyber Café enables JPPSO to be prepared for future budget cuts," said Rick Rohr, JPPSO director. "Now we can have one outbound counselor take care of three to four customers in



Lt. Keith Anderson, who is bound for Japan, completes documents to ship his household goods and privately owned vehicle. Helping him is Faata Leafa, outbound counselor.

the same time as he or she could help one customer using our traditional one-on-one counseling. We have

increased throughput without an increase in personnel."

The Cyber Café was estab-

lished on Sept. 1 and to ensure people knew of its existence, Ben Delacruz, outbound supervisor, went on an ambitious "road tour" to publicize it. Delacruz spoke to all command master chiefs in their monthly meeting at Lockwood Hall. He addressed Air Force chiefs at the Historic Hickam Officers Club and briefed an audience of transferring personnel at the Military Fleet Support Service Center. In addition, he spoke to Navy Submarine Support Center Sailors as well as command PASS coordinators for all Pearl Harbor Hawaii Navy commands.

A retired master chief, Delacruz said he is the ideal person to work with the Cyber Café's customers. "I've been in their situation, and I

know how stressful transferring can be. I tell each of my counselors to "put yourself in their shoes," Delacruz said.

Helping Delacruz in the Cyber Café is Faata Leafa, who retired in 2005 after 20 years in the Navy.

"The customers have a lot of questions, so it comes in handy when you have someone who understands the situation," said Leafa.

"The Cyber Café is good for customers, and it's good for us. On some days, we have people waiting to use the kiosks. This will be real helpful during next year's peak moving season."

JPPSO is located off the base in Moanalua's Aloha Center, 4825 Bougainville Drive. It shares the building with the Navy Housing Services Center.



## USS Chafee holds pinning



(From left) Chief Boatswain's Mate Ryan Flores, Chief Damage Controlman Mark Kryger, Chief Gas Turbine Systems Mechanical Technician Charles Tweedy, and Chief Gas Turbine Systems Electrical Technician Jame Souriyavongsa look on as Cmdr. Anthony Littmann, commanding officer of USS Chafee (DDG-90), speaks at Chafee's recent pinning ceremony at USS Utah Memorial.



Chief Damage Controlman Mark Kryger bends down as his daughter Addison pins on one of his anchors at USS Chafee's pinning ceremony at the USS Utah Memorial.

U.S. Navy photos by NCC (SW/EXW) Scott Lane

## Federal Fire Department Hawaii reminds residents: Working smoke alarms save lives

**Angela Sanders**

*Fire Inspector, Federal Fire Department Hawaii*

Working smoke alarms can make a life-saving difference in a fire. That's the message behind this year's Fire Prevention Week campaign, "Working Smoke Alarms Save Lives: Test Yours Every Month!"

Along with firefighters and safety advocates nationwide, Federal Fire Department Hawaii is joining forces with the nonprofit National Fire Protection Association (NFPA) during Fire Prevention Week, Oct. 5-11, to remind local residents about the importance of having working smoke alarms in the home and testing them monthly.

According to the latest NFPA research, working smoke alarms cut the chance of dying in a fire in half. Meanwhile, almost two-thirds of home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms.

"In a fire, seconds count. Roughly half of home fire deaths result from fires reported at night between 11 p.m. and 7 a.m. when most people are asleep," said Jeffrey Fernaays, Federal Fire Department Hawaii prevention chief.

He said that according to NFPA statistics, home smoke alarms can alert people to a fire before it spreads, giving everyone enough time to get out."

This year's Fire Prevention Week campaign includes the following smoke alarm messages:

- Install smoke alarms in every bedroom,

outside each separate sleeping area, and on every level of the home, including the basement.

- Interconnect all smoke alarms throughout the home. This way, when one sounds, they all do.

- Test alarms at least monthly by pushing the test button.

- Replace all smoke alarms when they are 10 years old or sooner if they don't respond properly.

- Make sure everyone in the home knows the sound of the smoke alarm and understands what to do when they hear it.

The Federal Fire Department will be at the following locations during Fire Prevention Week:

- Oct. 3, 10 a.m.-2 p.m., Hickam Base Exchange (BX).

- Oct. 7, 10 a.m.-2 p.m., Marine Corps Base Hawaii at Mokapu Mall.

- Oct. 8, 10 a.m.-2 p.m., Schofield Barracks PX.

- Oct. 9, 10 a.m.-2 p.m., Pearl Harbor Navy Exchange (NEX.)

- Oct. 10, 4-6:30 p.m., National Night Out at Aliamanu Military Reservation Community Center, building 1788.

Through these educational, family-oriented activities, residents can learn more about the importance of working smoke alarms and testing them monthly.

For more information about the Federal Fire Department, contact Angela Sanders, fire inspector at 471-3303, ext. 617 or [angela.sanders1@navy.mil](mailto:angela.sanders1@navy.mil). For more information about smoke alarms and "Working Smoke Alarms Saves Lives," visit NFPA's Web site at [www.firepreventionweek.org](http://www.firepreventionweek.org).

### O'Malley, Atterbury lane closures announced

Turn lanes into the parking lot next to the Pacific Air Forces (PACAF) headquarters building are closed off daily from O'Malley Boulevard and Atterbury Circle now through Oct. 22 to access communication manholes. The work schedule is from 9 a.m. to 2 p.m.

Vehicle and pedestrian traffic control will be provided during the lane closures by the contractor, including signs, cones and flag personnel.

Motorists should seek alternate routes during this time and plan for delays.

## STORY IDEAS?

Contact the Ho'okele editor for guidelines and story/photo submission requirements

**Phone: (808) 473-2890/2895**

**Email: [editor@hookelenews.com](mailto:editor@hookelenews.com)**





# Life&Leisure

**B**

## COMMANDS, TEAMS 'REACH FOR THE CUP'

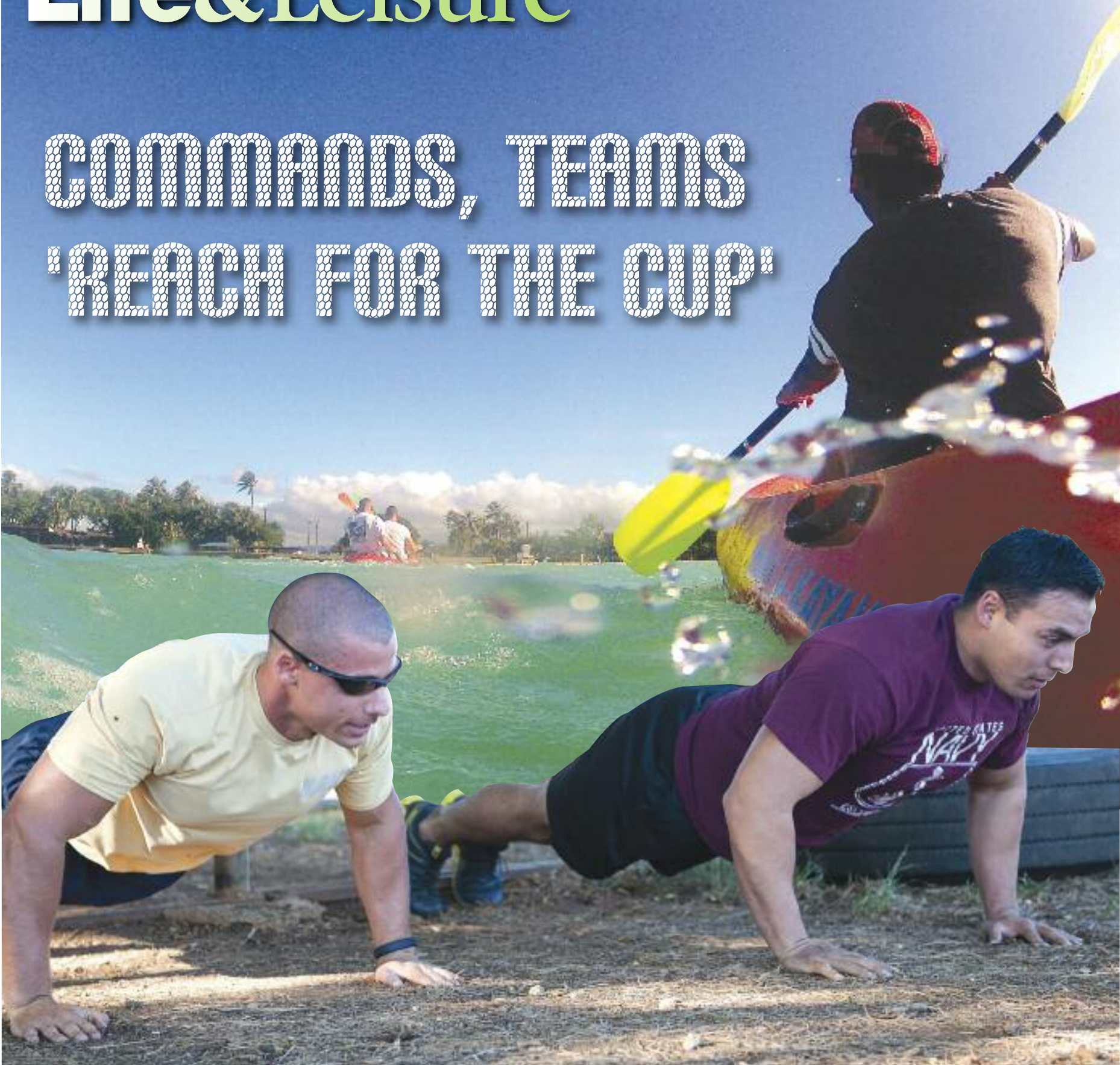


Photo illustration by Richard Onaha Hutter

**Story and photos by  
MC3 Johans Chavarro**

*Navy Public Affairs Support  
Element West, Det. Hawaii*

Service members throughout Joint Base Pearl Harbor-Hickam (JBPHH) competed in the annual Captain's Cup event hosted by JBPHH Morale, Welfare, and Fitness the week of Sept. 22 to 26.

The Captain's Cup Olympics competition is a week-long fitness competition that fosters an opportunity for commands and Sailors to display their "esprit de corps."

Commands throughout JBPHH competed in various physical challenges including flag football, sand volleyball, basketball, a two-man kayak relay and tug-o-war. Participating commands received points for the order in which they finished.

While there is no official prize, except bragging rights by the winning command, the winning command receives the Captain's Cup trophy to put on display throughout the year. At the end of the Captain's Cup season, the trophy is returned for presentation to the next winner. This year's winner was the Fleet and Family Readiness Program department at JBPHH.



Commands throughout JBPHH competed in various physical challenges including flag football, sand volleyball, basketball, a two-man kayak relay and tug-o-war.





# HIANG defeats Tiger-Hawks to capture volleyball title

**Story and photo by  
Randy Dela Cruz**

*Sports Editor, Ho'okele*

After not reaching the finals two seasons ago, the Hawaii Air National Guard (HIANG) is proving that the team is back with a vengeance by winning a second title in a row and 12th out of the past 13 years with a straight-set 25-17 and 25-21 victory over 324th Intelligence Squadron (324 IS) Tiger-Hawks on Sept. 26 at Joint Base Pearl Harbor-Hickam Fitness Center.

The match was a replay of last season when the HIANG defeated the Tiger-Hawks, who have now reached the finals three years in a row but have come up short each time.

“It’s always rewarding,” said HIANG hitter Tech. Sgt. Stephen Lorenzo. “Just to know we can put all of our guys together and focus all of our efforts into one common goal, that’s rewarding.”

While last year’s sweep was more one-sided, this year’s match went back and forth until HIANG gained the upper hand at the end of each set.

Lorenzo got the team started in the first set with three kills and a block to put HIANG up at 4-1, but with Department of Defense civilian Cliff Torrigos at service, the Tiger-Hawks stormed back from three behind to tie it at 6-6 before going ahead by three at 9-6.

Later, with the Tiger-Hawks clinging to an 11-9 advantage, the HIANG made their move behind back-to-back kills by Staff Sgt. AlanMichael Warner.

Another kill by Warner, two by Lt. Col. Rick Cox, and a hitting error by the Tiger-Hawks put the HIANG up at 15-11 and in full control of the set.

Up at 23-17, Cox finished it up with back-to-back kills to put HI-ANG up 1-0.

The second set turned out to be a classic with it being tied a total of 11 times and the last deadlock at 20-20.

After being tied at 7-7, the HI-ANG, behind the hitting of Warner and Lorenzo, appeared to



Hawaii Air National Guard hitter Tech. Sgt. Stephen Lorenzo (right) goes against the defense of Tech. Sgt. Tim Harris and Senior Airman Alex Niles of 324th Intelligence Squadron (324 IS) Tiger-Hawks during the intramural volleyball championship game.

be on their way of ending it early by grabbing a 15-10 lead.

However, Senior Airman Alex Niles and Torrigos responded for the Tiger-Hawks to give their team a lead at 19-18.

During the run, Niles delivered four kills while Torrigos served up an ace to lead the comeback.

A kill, by Warner and a hitting error by the Tiger-Hawks put HI-ANG back out in front at 20-19, but Niles added another kill to tie the game up for the last time at 20-20.

As in the first set, Cox came up with a couple of crucial kills down the stretch that may have sealed

the game for HIANG.

A late kill by Cox put the HI-ANG up by three at 23-20, and then after a kill by Senior Airman Stephan Renehan pulled the Tiger-Hawks to within two, Cox placed another spike to the floor for side-out and a 24-21 lead.

“It’s more of as the game gets on the line, the adrenaline kicks in and I just want to rise up and play the best I can,” Cox said about his late-set heroics. “I get really fired up and want to do well.”

After HIANG secured the final point on a hitting error, Cox said he was very impressed with the

challenge posed by the Tiger-Hawks.

“This team we played tonight was really, really good,” Cox acknowledged. “It was a very competitive game, and it looks like the competition is really heating up. Even the semifinals were very competitive.”

Torrigos, who ended his first season with the Tiger-Hawks, said that although the team ended up short once again, he is confident that it will be back in the hunt come next season.

“We’re still melding as a team,” he noted. “These guys (HIANG) have been playing together for a

really long time and we’re still relatively new together. We know we’re good enough to win. We just came up a little short today.”

Lorenzo, who has been part of the HIANG’s gravy years, also agreed with Cox that the competition is getting better every year.

While he admits that the team is getting older, he believes that the best is still yet to come.

“We’re still reaching,” he said. “The other teams are getting better and it forces us to push harder. We’re looking for it (three-peat). We’re not going to just roll over and die. If they (other teams) want it, they’re going to have to earn it.”



# Navy chief competes in Olympic-style games

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Chief Navy Counselor Ching Dressel (NCC) is living proof that injury or illness does not mean you stop living your life.

In fact, she turned what was a life-threatening illness into a positive, fulfilling journey. This journey culminated in what she calls one of the most amazing experiences of her life.

Dressel recently returned to Hawaii after representing the Navy and the United States in the first Invictus Games in London, an international competition among wounded warriors from 13 nations with more than 400 athletes participating. Dressel took home a bronze medal in track.

The Invictus Games was envisioned by Britain's Prince Harry. His inspiration came after visiting the U.S. Warrior Games (a paralympic-like competition among wounded warriors from all branches of the military) in Colorado in 2013. He was driven to put on a similar but larger event that would bring together service members from across the globe.

"It was amazing. There's so many adjectives I want to use," Dressel said. "They treated us as if it was the Olympics so you can imagine how spectacular that was. We were competing with different countries, but at the same time it was a brotherhood and sisterhood coming together that was heartfelt."

Medals were given to the top finishers of each event, but Dressel said the games weren't just about who won



Photo courtesy of NCC Ching Dressel

Chief Navy Counselor Ching Dressel competed in track and cycling at the Invictus Games and Warrior Games.

or who lost. "It felt like everybody was a winner," she emphasized.

She admitted that every person was still out there contending for first. "Competition was absolutely fierce. You know most military people are type-A personalities. So we all want to compete, we all want to win. You still have that because it's in our nature. But the fact that everybody was rooting for each other touched my heart," Dressel said.

Besides her bronze medal in the 400-meter run, Dressel also competed in cycling. She said participating in these events is a far cry from where she was before being introduced to Navy Wounded Warrior Safe Harbor.

Dressel is one of many service members who, with the help of Navy Wounded Warrior Safe Harbor, are able to endure a life-changing event and push forward. The program assists service members wounded in com-

bat, as well as those stricken by serious illness or injury.

In her case, Dressel was diagnosed in 2009 with myelodysplastic syndrome (MDS), a condition in which the bone marrow doesn't produce enough healthy blood cells. Doctors determined it could be cured by a bone marrow transplant.

She said she received a week of strong chemotherapy and then the bone marrow transplant in February 2012. But enduring the treatment didn't stop Dres-

sel from earning her promotion to chief petty officer and, after completing treatment, Dressel returned to work at U.S. Pacific Fleet.

There, her boss at the time introduced her to Navy Wounded Warrior Safe Harbor. The people at Safe Harbor heard she was into running and asked if she was interested in participating in the Wounded Warriors team. Dressel jumped at the chance.

"That geared me. As I'm trying to do normal

things—trying to walk and do as much I can physically to regain mobility—it was put in my mind that I can be part of the Wounded Warrior team, or at least try out. Everything shifted for me. My competitive side kicked in. So I started doing more and more because I have a goal," Dressel said.

Dressel said the program helped her keep moving forward. "It's done so much for me. Plus I had other athletes to talk to. We all had different types of wounds, injuries, illnesses or whatever it may be. But we all had one goal: to be better, to get back to the normalcies of life."

The support helped Dressel as she also fought to remain on active duty. She is in remission and was found fit to continue her service in June of this year.

At the time of this interview, Dressel had been back for only two days and was preparing to leave the next day for the Warrior Games in Colorado.

And upon returning from there, she has to prep for her PCS to Quantico. But she doesn't mind the hectic schedule.

"I wouldn't miss it for the world," said Dressel. "I couldn't pass either of them up. It's been such a significant part of my recovery that I couldn't miss it."

She also participated in the 2013 Warrior Games and believes other affected service members would greatly benefit from contacting Navy Safe Harbor (or their respective service's counterpart) and inquiring about the Warrior Games.

"It's done so well for me that if others can take advantage of it, then I would absolutely love for somebody else to take my place if it can help them," Dressel said.

## Warriors break deadlock to win over Marauders

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

The 735th Air Mobility Command (735 AMC) Warriors got a goal-line stop to open the second half and then went 78 yards to score the go-ahead score to defeat the 747th Communications Squadron (747 CS) Marauders, 18-12 on Sept. 30 in an intramural flag football Red Division game at Ward Field, Joint Base Pearl Harbor-Hickam.

With the win, the Warriors claimed sole possession of first place in the Red Division with a record of 4-0, while the Marauders lost for only the second time in four tries.

"Honestly, it was just keep on our game," said Warriors quarterback Tech. Sgt. Marco Knight about the game-winning drive. "We like to slowly, methodically work down the field. That was our game plan."

While the Warriors defense was able to shut out the Marauders in the second half, the first half looked like a shootout with both teams exchanging touchdowns for a 12-12 deadlock at intermission.

The Marauders got the jump on the Warriors by taking the opening drive 65 yards, which ended with Airman 1st Class Karoum Bilal taking it in for the touchdown.

Knight and the Warriors answered the drive as the team also successfully navigated its way to the end



Sgt. Jason Huestis catches a pass in the end zone to score the game-winning touchdown for the 735th Air Mobility Command (735 AMC) Warriors.

zone for a 6-6 tie.

The final play came on a short toss from Knight to Information Systems Technician 2nd Class Nicholas

Williamson, who made the grab just inside the end zone for six.

Back with the ball in his hands, Airman 1st Class

Zach Murphy stayed on fire and quickly drove the Marauders downfield, needing only four plays to break the goal line.

This time, Murphy, with the ball resting on his own 20, dropped back into the pocket and delivered a deep spiral into the hands of Senior Airman David William, who rambled in for the score and a 12-6 advantage.

With time winding down before halftime, Knight quickly got the team out from the 15 to the 38 before running an option to 1st Sgt. Blane Woodard, who scampered all the way down to the Marauders' two-yard line.

Then on the very next play, Knight connected to Staff Sgt. Logan Kurtz for the game-tying score and a 12-12 tie at halftime.

In the second half, the Warriors opened play and moved from their own 15 out to the 31.

On fourth down the team went for it but was stopped to hand the ball over in good field position to the Marauders.

Staff Sgt. Larry Best took over the signal calling and quickly moved the Marauders to the Warriors 11-yard line.

However, the Warriors defense came up with a big goal-line stop and prevented the Marauders from scoring.

"That was huge," Knight said. "He (Best) was killing us up the middle. He wasn't going outside, he wasn't going over the top, so we knew that he was coming right down the middle. So we just collapsed on the outside and had a meeting in the middle. We were right there, so it was just pull his (Best) flag."

According to Bilal, the

stop was probably the most pivotal play of the entire game.

"They (Warriors) should have never stopped us," Bilal said. "It was a good play on them. We lost our momentum after that."

After dodging the bullet, Knight marched his team back the other way, using short passes and options to place the football at the Marauders 11-yard line on seven plays.

With the defense stiffening in the red zone, the Marauders appeared to come up with a big stop of their own but instead the team got flagged two times on fourth down for illegal use of the hands and a personal foul to give Knight two more chances.

Finally, on fourth and 10, Knight zipped a pass into the arms of Sgt. Jason Huestis, who beat coverage on the left and cradled the pass into his hands for the game-winner.

Huestis appeared to bobble the football, but referees ruled that he had it long enough for a completion.

"He had the ball," Knight said. "He did bobble it when he first got it, but he (Huestis) came down with it. The thing is, the guy (defensive back) hit the ball out of his (Huestis) hands and you can't do that."

Bilal affirmed what Knight explained and said that the Marauders will just have to come out and do better next time around.

"The ref made a good call," Bilal said. "We need to play better and control our heads."

## TRICARE shines a light on suicide prevention awareness efforts

TRICARE

Suicide is the 10th leading cause of death for Americans, and military veterans make up 20 percent of suicide deaths each year.

TRICARE works with the Defense Suicide Prevention Office, the Department of Defense's oversight authority to reduce the im-

pact of suicide on service members and their families, to provide mental health resources to all TRICARE beneficiaries.

People who know someone who needs help or just needs someone to talk to, should encourage them to reach out to people who may have been exactly where they are right now—fellow veterans and family

members. Vets4Warriors is a free, confidential peer-to-peer support service.

The Vets4Warriors call center is staffed by veterans and family members representing all branches of the services. They can be contacted anytime by phone (1-855-838-8255), online chat (visit Vets4Warriors.com), or e-mail (Info@Vets4Warriors.com).

In more urgent situations, if someone is in distress or may be contemplating suicide, they can contact the Military Crisis Line immediately via phone, online chat, or text message. Just call 1-800-273-8255 and press 1; visit www.militarycrisisline.net; or text 838255. Trained professionals are always there—24 hours a day, 365

days a year.

TRICARE's Nurse Advice Line is also a resource for beneficiaries currently dealing with the unique stressors of life in the service. Sometimes stress becomes mental health issues. Those who are feeling depressed, anxious or are thinking of harming themselves can contact the Nurse Advice Line for help. NAL nurses

can talk to the person and help them get the care they need. To access the Nurse Advice Line call 1-800-TRICARE, option 1. To learn more about TRICARE's Nurse Advice Line visit www.tricare.mil/nal.

Visit www.tricare.mil/mh-care or contact a TRICARE regional contractor for more information about getting behavioral health care.





# Live the Great Life

## Children’s theatre to return to JBPHH

Justin Hirai

*Joint Base Pearl Harbor-Hickam*  
*Morale, Welfare and Recreation*

The Missoula Children’s Theatre (MCT) will return to Joint Base Pearl Harbor-Hickam on Oct. 6 to host open auditions for first through 12th graders. Auditions will begin at 10 a.m. at the Hickam Memorial Theater. Selected youth will participate in a weeklong camp, leading up to a final production of “Rapunzel” at the theater.

The open auditions will run approximately two hours and those selected will stay for camp and practice. The camp will continue throughout the week until Oct. 10. The camp schedule is still to be determined. The final production of “Rapunzel” will begin at 11:30 a.m. Oct. 11. Admission will be free. MCT’s last visit to JBPHH was in June and more than 120 youth participated in the auditions. MCT brings performing arts opportunities to communities, most notably to

kids who might not have access to them. They send out teams of touring artists, also known as tour actor/directors or TADs, who cast kids in a children’s musical which they perform after only six days of rehearsal. They strive to use participation in the performing arts as a vehicle to develop social skills, self-discipline, a strong work ethic, an understanding of the team concept and self-esteem. For more information, call 449-3354.



Tour actor/directors lead children in auditions held in June at Joint Base Pearl Harbor-Hickam.

### Your Weekly Fun with MWR

Visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or subscribe to MWR’s digital magazine.



**First Friday BOGO Bowling** will be held from 5:30 to 8:30 p.m. today at the Escape Bowling Center, Wahiawa Annex. Bowling games are BOGO—buy one, get one game free. FMI: 473-2651.

**Origami Paper Folding classes** will be held every Saturday from Oct. 4 through Oct. 25 at the Hickam Arts & Crafts Center. The beginners’ class for youth ages 10 and older meets from 12:30 to 2:30 p.m. The intermediate class for youth ages 13 and older

meets from 3 to 5 p.m. Students can learn about Japanese culture and origami as an art form. Tuition is \$40 for each class. FMI: 448-9907.

**Library Know-How** will begin at 2 p.m. Saturday at the Joint Base Pearl Harbor-Hickam Library. This free session will cover how to search the online catalog and use the Dewey Decimal system and will include demonstrations of available online resources. FMI: 449-8299.

**Youth Sports Fall Soccer Camp** for youth ages 6 to 14 years old will be held from 9 a.m. to noon Oct. 6 through Oct. 11 at Lynch Field. Registration is available at [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or in person at the youth sports office at Bloch Arena. Space is limited. The fee is \$100. FMI: 473-0789.

**Youth Winter Baseball Registration** period opens Oct. 6 and closes Nov. 7. The season runs December through March for youth ages

5 to 14 years old. The fee is \$60 and includes jersey, hat and award. Registration is available at [www.greatlifehawaii.com](http://www.greatlifehawaii.com). FMI: 473-0789.

**Youth Winter Basketball Registration** period opens Oct. 6 and closes Nov. 7. The season runs December through March for youth ages 5 to 15 years old. The fee is \$70. Registration is available at [www.greatlifehawaii.com](http://www.greatlifehawaii.com). FMI: 473-0789.

**Fall Craft Camp** for youth ages 7 years and older will be held from 10 a.m. to noon Oct. 7 through Oct. 10 at the Hickam Arts & Crafts Center. The fee is \$55. FMI: 448-9907.

**Preschool Story Time** will be held from 9 to 10 a.m. Oct. 8 at the Joint Base Pearl Harbor-Hickam Library. The theme of this free program will be “Bed Time.” FMI: 449-8299.

**Kids’ Book Club** for youth in fourth and fifth grades will begin at 2 p.m. Oct. 8 at the Joint Base Pearl Harbor-Hickam Library. FMI: 449-8299.

**Moonlight Paddle at Hickam Harbor** will begin at 7 p.m. Oct. 8. Participants of all paddling abilities are welcome. The trip will be led by Hickam Harbor’s MWR Outdoor Recreation staff and includes all required gear. The cost is

\$25. The sign-up deadline is Oct. 5. FMI: 449-5215.

**Props and Modifications Yoga Class** will be held from 11:30 a.m. to 12:30 p.m. Oct. 9 at the Joint Base Pearl Harbor-Hickam Fitness Center. The fee is \$5. FMI: 471-2019.

**Free Golf Clinic** will begin at noon Oct. 9 at Navy-Marine Golf Course. FMI: 471-0142.

**Navy Birthday Party** will be held from 4:30 to 6:30 p.m. Oct. 10 at Brews & Cues. There will be free hot dogs and birthday cake, a pool challenge, and giveaways for patrons to celebrate the Navy’s 239th birthday. FMI: 473-1743.



Community Calendar

OCTOBER

LANE CLOSURES ANNOUNCED

**NOW** — Ongoing through Oct. 22, turn lanes into the parking lot next to the Pacific Air Forces (PACAF) headquarters building are closed off daily from O’Malley Boulevard and Atterbury Circle to access communication manholes. The work schedule will be from 9 a.m. to 2 p.m. Vehicle and pedestrian traffic control will be provided during the lane closures by the contractor, including signs, cones and flag personnel. Motorists should seek alternate routes during this time and plan for delays. In addition, the out-bound lane of Kuntz Gate will be closed from Oct. 20 through Dec. 3 for repaving. Motorists should obey all lane closure signs and traffic cones, which will be posted throughout the repair work. Large trucks exiting the base should use O’Malley Gate.

COMBINED FEDERAL CAMPAIGN

**NOW** — The 2014 Hawaii-Pacific Area Combined Federal Campaign (CFC) began Sept. 15 and will continue through Oct. 31. The CFC is the annual fund-raising drive conducted by federal employees in their workplace. The mission of the CFC is to encourage philanthropy and to provide all federal employees the opportunity to improve the quality of life for all. FMI: [www.cfc-hawaii.org](http://www.cfc-hawaii.org).

USS ARIZONA MEMORIAL SHRINE ROOM WORK

**NOW** — The National Park Service is replacing the marble panels on the shrine room wall. During the next month or so, access to the shrine room will be limited. Wreath presentations should be considered for the area near the flagpole or viewing well. Work days will be after public hours until approximately 10 p.m.

MAKING STRIDES AGAINST BREAST CANCER

**SATURDAY** — The American Cancer Society is scheduled to conduct their sixth annual Making Strides Against Breast Cancer walk from 6 to 10:30 a.m. at Joint Base Pearl Harbor-Hickam. The three-mile route will begin and end at Richardson Field and include the Ford Island Bridge and park. Lanes will be coned for a short time but the bridge will not be closed. FMI: [www.makingstrideswalk.org](http://www.makingstrideswalk.org).

SATURDAY FLU DRIVES

**SATURDAY, 18** — Patients enrolled in Tripler Family Medicine and who are 6 months of age or older, can walk into Saturday flu drives from 8 a.m. to noon in the family medicine clinic. FMI: 433-2809 or [ana.m.allen2.civ@mail.mil](mailto:ana.m.allen2.civ@mail.mil).

BLOOD DRIVE SCHEDULE

Tripler Army Medical Center blood donor drives include:

- Oct. 6, 9 a.m. to 1 p.m., TAMC Department Blood Battle, room 2A207, Tripler Army Medical Center.
- Oct. 7, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.

FMI: 433-6699 or 433-6148 or email [michelle.lele@amedd.army.mil](mailto:michelle.lele@amedd.army.mil).

COUPLES CLASS

**7, 14, 21** — Couples Class: Mastering the Art of Relationship Skills is relationship-enhancing class which will be held from 10 a.m. to noon at Military and Family Support Center Pearl Harbor. The class is for couples and will include topics on communication skills, relationship stages and struggles, love languages, and understanding and different personality types. FMI: [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or call 474-1999.

HOW TO AVOID FALLING IN LOVE WITH A JERK/JERKETTE

**8** — The class “How to Avoid Falling in Love with a Jerk/Jerkette” will be held from 10 a.m. to noon at MFSC Pearl Harbor. Participants can discover the warning signs of difficult partners and break the destructive dating patterns that have prevented happiness in the past. FMI: 474-1999 or [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

COSTUME FUN RUN

**11** — The 515th Air Mobility Operations Wing (515 AMOW) costume 5K fun run will begin at 7:45 a.m. Registration and sign in will be from 7 to 7:30 a.m. The run will be on the missing man trail behind Hickam Elementary School. Those with a CAC card are welcome to participate in addition to those with a military sponsor. Participants can wear their best costume for a chance at the trophy or try to be fastest male or female for a chance to win a trophy. Registration is open now on [www.active.com](http://www.active.com). Search for costume fun run. Registration fees are \$30 until Oct 10. After that date the fee will be \$35. FMI: Tech Sgt. Andrea Conn at 448-0000 or email [andrea.conn@us.af.mil](mailto:andrea.conn@us.af.mil) or Tech. Sgt. William Vanek at 448-6562 or email [william.vanek@us.af.mil](mailto:william.vanek@us.af.mil).

BOOT CAMP FOR NEW DADS

**11** — A “Boot Camp for New Dads” will be held from 9 a.m. to 12:30 p.m. at Halsey Terrace Community Center. This is a workshop for first-time fathers-to-be. FMI: [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or 474-1999.

A BETTER YOU EXPO

**15 TO 28** — A Better You Expo will be held from 10 a.m. to 2 p.m. daily at the Pearl Harbor Navy Exchange, second floor. The event will include participation from Morale, Welfare and Recreation fitness, Naval Health Clinic Hawaii, Tripler Army Medical Center and other health care organizations. FMI: 423-3287 or email [Stephanie.lau@nexweb.org](mailto:Stephanie.lau@nexweb.org).

SPACE ‘A’ BRIEF

**16** — A “space available” brief to those interested in the benefit will be held at 11 a.m. at the Hickam Memorial Theater. FMI: 449-6833 or <http://www.facebook.com/HickamAMC>.

READY NAVY ZOMBIE CHALLENGE

**31** — Ready Navy has issued a zombie challenge to the kids of Navy and Marine Corps families. This year’s challenge is to create a comic strip or, for those wanting a bigger challenge, to create a short, YouTube-type video. The deadline for entries to be emailed to [ready.navy@navy.mil](mailto:ready.navy@navy.mil) is Oct. 31. FMI: <http://ow.ly/BQ8q2>.

TRUNK OR TREAT EVENT

**31** — Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation will hold a “trick or treat” outing for kids from 3:30 to 5:30 p.m. at the Hickam Harbor parking lot. Community members can join in by “spooking up” the trunk of their car or van, and provide treats for kids. The event is open to all Department of Defense civilians, active duty military and family members.



Chef (R)

A chef who loses his restaurant job starts up a food truck in an effort to reclaim his creative promise while piecing back together his estranged family.

SHARKEY THEATER

TODAY 10/3

7:00 PM Chef (R)

SATURDAY 10/4

2:30 PM The Identical (PG)  
4:40 PM When the Game Stands Tall (PG)  
7:00 PM The November Man (PG)

SUNDAY 10/5

2:30 PM The Expendables 3 (PG-13)  
5:20 PM Let’s Be Cops (R)  
7:30 PM As Above, So Below (R)

HICKAM MEMORIAL THEATER

TODAY 10/3

7:00 PM When the Game Stands Tall (PG)

SATURDAY 10/4

4:00 PM The Expendables 3 (PG13)  
7:00 PM November Man (R)

SUNDAY 10/5

2:00 PM When the Game Stands Tall (PG)

Movie Showtimes





# Navy Gold Star Program launches

**Ensign Egdanis Torres**

*Commander, Navy  
Installations Command  
Public Affairs*

WASHINGTON (NNS) —A new initiative to assist Gold Star Families—those whose military members have died in service—launched Oct. 1 by Commander, Navy Installations Command (CNIC).

The Navy Gold Star (NGS) program provides Gold Star Families a level of long-term assistance and support not previously available through the Navy. It is enhanced with the active participation of new NGS region and installation coordinators, which are the lead agents for actions within the long-term casualty supporting process.

“I am excited about this new Navy program. I believe in it,” said Vice Adm. William French, commander, Navy Installations Command during his opening comments for the NGS coordinators’ initial training held at the CNIC headquarters in Washington, DC.

French said that Gold Star Families need their sacrifices to be recognized. “I envy you all because you come to an organization that makes a big difference to families.”

According to Mike Bruner, the NGS program manager for CNIC, NGS coordinators play an important role providing support for family members through a very difficult time, helping them build resilience and establish a new normal.

Guided by the coordinators, Gold Star Families will be able to connect with support groups and grief counselors. Additionally, new services may also include chaplain care, school liaison assistance, and family employment.

The training for the coordinators is a two-day program filled with informational tools including the description of the duties and responsibilities of the casualty assistance calls officers, an overview of all CNIC fleet and family support programs, discussions on the standardized procedures for survivor assistance, and training on the Defense Casualty Information Process System (DCIPS), among others.

“Another great benefit is the inclusion of financial counselors that can provide education on budgeting and investing,” added Bruner. “These financial counselors are committed to assisting survivors to create a solid foundation for financial success.”

At the training, French also spoke to each one of the coordinators and stressed the importance of collaboration and team work.

“You are building this program. Take all the great ideas from our counterparts, the best ones and leverage each other, push the headquarters. We want all of you to have the tools in place to be successful,” he said.

French spoke about the standardization of procedures across the enterprise and emphasized that this new program provides the opportunity to work on regulating the delivery of services across the regions.

In order to accomplish this, he highlighted the importance of the coordinators and urged them to begin working on achieving consistency, identifying the inconsistencies they come across, selecting the ones that really matter, and then feeding back to CNIC so that leadership may be involved in helping solve those inconsistencies.

“A program like this one cannot be managed from the headquarters,” French said. “We need the people from the deck to push us for change.”

For more information about the Navy’s Gold Star Program, visit <http://www.navygoldstar.com>.

## Bike path cleanup planned Oct. 18

The Joint Base Pearl Harbor-Hickam community and other military volunteers can participate in the Pearl Harbor Bike Path cleanup, led by the City and County of Honolulu, from 8:30 to 11 a.m. Oct. 18.

Volunteers, including family members ages 12 and above, can help in the

area along the bike path near Kalauao Stream behind the Pearl Kai Shopping Center.

Volunteers should meet at the Pearl Harbor Bike Path behind Pearl Kai Shopping Center by 8:30 a.m.

Work will include trash removal, weeding and beautification. Volunteers should dress to get dirty,

wear covered shoes, and bring sunscreen.

Contact MAC William Matteson, [william.n.matteson@navy.mil](mailto:william.n.matteson@navy.mil) or (209) 216-7190 to volunteer. For more information, call Lt. j.g. Eric Galassi at 473-0660 or e-mail [eric.galassi@navy.mil](mailto:eric.galassi@navy.mil) or Tom Clements, Navy Region Hawaii outreach, at 473-0662.



# Defense helps 561st NOS end PACOM/JIOC's winning streak

Story and photo by  
Randy Dela Cruz

Sports Editor, Ho'okele

The 561st Network Operation Squadron (561 NOS) Det.1 used a skintight defense that picked off five passes to help the team hold off previously undefeated Pacific Command/Joint Intelligence Operation Center (PACOM/JIOC), 15-12, in an intramural flag football Red Division game, Sept. 30, at Ward Field, Joint Base Pearl Harbor-Hickam.

The NOS got three interceptions from Sgt. Chris Terrell, one from Senior Airman Nicolas Chung and another from Senior Airman Michael Kelley to beat PACOM/JIOC.

Kelley's interception not only stopped PACOM/JIOC inside the red zone, but also turned out to be the game-winner when he picked off the pass from Sgt. Michael Cox and returned it 75 yards for a touchdown.

The win raised the NOS's record to 3-1, while PACOM/JIOC dropped out of a tie for the division's top spot by losing for the first time this year.

"We do this a lot," said Terrell, who got all three of his takeaways in the first half. "We practice a lot and we teach the guys to read the route, but a lot of it is the QB, especially from my position (safety). I read the QB and if he doesn't sell it to the opposite direction, then I just go to where he's going."

While the NOS defense was outstanding, the guys opposite the ball for PACOM/JIOC were also playing pretty tough as well.

The secondary for PACOM/JIOC got three picks to set up a defensive struggle that lasted throughout the game.

After both teams traded the football on their first two offensive sets, the NOS, after Terrell's second pick, started to put things together under the signal calling of Staff Sgt. Jacee Lawary.

Starting at his own 20, Lawary used his feet to bid time and pitched two completions to Tech. Sgt. Wayne Fiery and Airman 1st Class Robert Light and another to Chung to place the ball on the PACOM/JIOC 22-yard line.

From there, Lawary used his scrambling ability to take it to the house and put NOS ahead at 6-0, before a converted point-after made 7-0 going into halftime.

In the second half, both teams exchanged the foot-



Senior Airman Michael Kelley tries to make a diving catch while in the backfield of the 561st Network Operation Squadron (561 NOS) Det.1.

ball on turnovers, but PACOM/JIOC got the best of it when their takeaway set the team up on the NOS's 17.

A short pass advanced the football to the 14 but after misfiring on his next two attempts, Cox tried to thread the needle on fourth down, only to have his pass battled up into the air and into the arms of Kelley.

The NOS defensive back ran up the left sideline and then cut back to the middle to take the ball all the way for a 13-0 advantage.

The lead was increased to 15-0 when, on first down from their own 15, PACOM/JIOC lost the ball on a bad snap through the end zone for a safety.

PACOM/JIOC got on the scoreboard with only 6:37

remaining in the game before mounting one final drive in the closing seconds.

While Cox got the score the team needed by connecting with Sgt. John Becker for a touchdown with 22 seconds left on the clock, the team couldn't convert on its three-point attempt to tie the game.

Although Cox ended up with two pass completions

for touchdowns, he said the late start by the offense might have been too much to overcome.

"We just came out rusty," he explained. "First of all, we didn't have half of our team here. Our offense didn't get going until late in the second half. There are things that just don't go your way."

Terrell said that while

the NOS defense seems to be ahead of the offense at this time, he promises that things will even out very soon.

"Offense is the hardest because you have no time to throw the ball," Terrell admitted. "If you can get the quick routes down and bring everybody up and get that deep game, that's how you beat them."

## Heritage meal soon

A Hispanic Heritage Month special luncheon will be served from 11 a.m. to 12:30 p.m. Oct. 15 at Silver Dolphin Bistro. The cost of the meal is \$4.65.

This meal will be open to active duty military members, Department of Defense CAC card personnel, retirees and their families.

Menu items will include aguadito de pollo (Peruvian chicken soup), pollo alajilo (Panamanian garlic chicken), lechon asado (Cuban grilled pork), and Nicaraguan-style steak. Other menu items include papas choreadas (Colombian potatoes with cheese sauce), arroz poblano (poblano pepper rice), carraotas negras (Venezuelan black beans) and Brazilian collards.

In addition, the meal will include pan de maiz (Dominican Republic cornmeal bread), a fresh salad bar, assorted desserts, ceremonial cake and an ice cream bar.

Guests are advised to bring exact change to expedite time spent at the cashier stand. For more information, call 473-2948.



# My Favorite Photo...

This Haleiwa sunset photo was taken by Ho'okele graphic artist Richard Onaha Huutter.



How to submit: Email your (non-posed) photos to [editor@hookelenews.com](mailto:editor@hookelenews.com)

## 7 things Sailors should know

### Chief of Naval Personnel

This spring, based on fleet feedback, the Navy revised the final multiple score (FMS), the weighted formula used to select Sailors for advancement.

The new formula rewards sustained superior performance and increases the role of the command triad in the advancement of Sailors, officials said.

Changes to the formulation were made to achieve the right balance between technical skill proficiency, as measured by the test, and on the job performance as gauged by chain of command input through the evaluation process. It also places less emphasis on longevity-based elements.

This fall's petty officer advancement results will be the first use of the new formula.

Here are seven things Sailors should know about FMS:

- FMS is a weight-based calculation used to rank Sailors eligible for advancement.
- The advancement examination is the largest factor considered for advancement to E4 and E5, increasing in weight by eight percentage points, going from 37 percent to 45 percent.
- For E6 and E7, performance mark average (PMA) becomes the largest factor in determining Sailors' FMS. For advancement to E6, PMA increased three percentage points and now counts for 50 percent of the FMS calculation. For advancement to E7, PMA increased 10 percentage points to count for 60 percent of the total FMS.
- Sailors who pass the advancement exam, but do not advance due to quota limitations, are eligible to receive pass not advanced (PNA) points. However, the new policy limits PNA points to the top 25 percent of Sailors—1.5 PNA points go to the top 25 percent of Sailors by test score, and 1.5 go to the top 25 percent by performance mark average. However, for the next five test exams, those who have PNA points will have those points carried over.
- Total PNA points in the FMS are determined from a Sailor's last five advancement cycles for a maximum of 15 possible points.
- Service in pay grade has been reduced from 7 percent to a weight of 1 percent of FMS for advancement to E4 through E6.
- The Good Conduct Medal and the Reserve Meritorious Service Medal will no longer contribute award points in the FMS.

For more news from Chief of Naval Personnel, visit [www.navy.mil/local/cnp/](http://www.navy.mil/local/cnp/).

# Trim-A-Home

## At Your Marine Corps Exchange

### Opening October 3, 2014

Christmas is closer than you think and your Marine Corps Exchange's Trim-A-Home Shop will be here to make sure that all your decorative needs for the Holiday Season are met. Select merchandise from such well known companies as Island Heritage®, Poi People®, Maui By Design®, Hotert® and Hollywood Ribbon – Just To name a few. We have a wide selection of artificial Christmas trees, garland, lights, Hawaiian ornaments and décor, boxed ornaments, tree skirts and so very much more!!!!

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