

MC2 Diana Quinlan

See CPO PINNING, A-2



Cmdr. Noel Gonzalez (right), turns over command of the Los Angeles-class fast attack submarine USS Cheyenne (SSN 773) to Cmdr. John Stafford, witnessed by Capt. Craig Blakely, commander of Submarine Squadron Seven.

Stafford relieves Gonzalez as commanding officer of USS Cheyenne

**Story and photo by
MC1 Jason Swink**

*Submarine Force Pacific
Fleet Public Affairs*

The command of USS Cheyenne (SSN 773) was passed on Sept. 12 as Cmdr. John Stafford relieved Cmdr. Noel Gonzalez as commanding officer. The change of command ceremony was held aboard the Los Angeles-class, fast attack submarine at the submarine piers at Joint Base Pearl Harbor-Hickam.

“I am so proud of you guys,” Gonzalez said to his crew. “I don’t have the words to tell you how much gratitude I feel for all we have done in the past 30 months.”

“You have provided me with unbelievable support and dedication,” said Gonzalez. “It has been a privilege and an absolute honor to be your eighth commanding officer.”

In command since May 11, 2012, Gonzalez led his submarine to complete a successful western Pacific deployment and was awarded the 2013 Battle Efficiency Award.

Adm. Harry Harris, com-

mander of the U.S. Pacific Fleet, was the guest speaker and praised Gonzalez and his crew.

“From the time he took command, he set out to sharpen this already high-performance crew into one with a reputation of achievement and success,” said Harris.

Born in Cuba, Gonzalez emigrated with his family from Camaguey, Cuba to the United States to pursue a better life.

“Noel, you have certainly lived that dream, from a little boy of 10 that couldn’t speak English, to the commanding officer of a nuclear-powered submarine,” said Harris. “I hope you continue to tell your story and inspire others you meet to reach for the stars and reach their full potential.”

During the ceremony, Gonzalez, who now hails from West Palm Beach, Fla., was awarded the Meritorious Service Medal for his successes in command of Cheyenne from May 2012 to August 2014.

As Stafford assumed command of Cheyenne, he thanked Gonzalez for the state in which Cheyenne and its crew are in.

“No officer could count

himself more blessed than to be a member of the Cheyenne family, let alone command this great warship and her fine crew,” said Stafford, who calls Staten Island, N.Y. his home.

Homeported in Pearl Harbor, USS Cheyenne is named after the city of Cheyenne, Wyo. It is the 62nd Los Angeles-class submarine and the 23rd improved Los Angeles-class attack submarine. The ship’s sponsor, Ann Simpson, wife of former U.S. Sen. Alan Simpson of Wyoming, christened Cheyenne on April 1, 1995. The ship has since lived by the city’s motto, “Live the Legend.”

In 2001, Cheyenne earned the distinction of “first to strike” when it was the first ship to launch Tomahawk missiles in Operation Iraqi Freedom. Since then, the submariners aboard have modified the motto to “Ride the Legend,” representative of the warrior spirit of the crew and the pride they take in their mission and sponsor city.

For more information about Submarine Force, U.S. Pacific Fleet, visit www.csp.navy.mil.

Binnicker discusses new changes

Continued from A-1

was a visit to a facility named in his honor: the James C. Binnicker Professional Military Education Center. He was able to interact with students as well as staff.

“First of all, thank you for all you do,” Binnicker said to the PME Center staff. “You have such an important job in the Air Force, teaching our Airmen the skills and knowledge they need to know in order to succeed. That’s a lot of responsibility, and I know you will do a great job preparing them for their careers.”

Another hot topic during his tour was the upcoming changes to the enlisted evaluation system. Binnicker said the

new system will be better than the current one because it will put more emphasis on job performance and allow a more accurate, less “inflated” evaluation.

“It’s important for supervisors to be honest with their subordinates during their evaluation and rate them fairly and accurately. That’s how this new system will be successful,” Binnicker said.

Also during his visit, Binnicker met with key base leaders including Gen. “Hawk” Carlisle, PACAF commander; Chief Master Sgt. Buddy Hutchison, PACAF command chief; Col. Randy Huiss, 15th Wing commander; and Chief Master Sgt. James Smith, 15th Wing command chief.

USS Texas holds change of command

**Story and photo by
MC1 Jason Swink**

*Submarine Force Pacific
Fleet Public Affairs*

The command of USS Texas (SSN 775) was transferred on Sept. 9 as Cmdr. Todd Nethercott relieved Cmdr. Andrew Hertel as commanding officer at a time-honored change of command ceremony held aboard the Virginia-class, fast attack submarine at the submarine piers at Joint Base Pearl Harbor-Hickam.

Hertel expressed how proud he is that he had the opportunity to be in command of the submarine for the last 32 months.

“It was the privilege of a lifetime to be your commanding officer. Thank you for giving your best every day,” said Hertel to his crew. “With Sailors like you manning such a vessel, it is no wonder everyone knows, you don’t mess with Texas.”

In command since Feb. 1, 2012, Hertel led his submarine through a 26-month maintenance availability pe-

riod at Pearl Harbor Naval Shipyard (PHNSY).

The ceremony’s guest speaker, Capt. Brian Osgood, former commander of PHNSY, praised Hertel and his crew for a job well done.

“Andy spent much of his command tour in a mission that by no means was glamorous, but in many ways was vitally important to the future of the submarine fleet in the Pacific,” said Osgood.

The first Virginia-class submarine to execute a major depot level maintenance availability and modernization in the Pacific provided extra challenges which Osgood said the crew exceeded expectations.

“Texas is now one of the most advanced submarines on the planet, and the crew can testify to its capabilities,” said Osgood.

During the ceremony, Hertel was awarded the Meritorious Service Medal for his leadership during the first-of-a-kind dry-dock selected availability demonstrating exceptional leadership and superb judgment during his command of

Texas from December 2011 to September 2014.

As Nethercott assumed command of Texas, he thanked Hertel for the ready state of Texas and her crew.

“You should be justifiably proud of the outstanding job you have done bringing the ship, its crew and the families through a complex 26-month shipyard period,” said Nethercott. “I want to thank the crew for all the hard work that went into getting out of the shipyard and back to sea.”

Commissioned Sept. 9, 2006, Texas was the second Virginia-class, fast attack submarine constructed and the first submarine to be named after the Lone Star State.

The state-of-the-art submarine is capable of supporting a multitude of missions, including anti-submarine warfare, anti-surface ship warfare, strike, naval special warfare involving special operations forces, and intelligence, surveillance and reconnaissance.



Cmdr. Andrew Hertel is piped ashore after being relieved by Cmdr. Todd Nethercott as commanding officer of the Virginia-class fast attack submarine USS Texas (SSN 775).

CPO pinning highlights achievements

Continued from A-1

meaning of being a chief and a leader, and what it takes to lead our junior officers and Sailors,” Cooper said.

Cooper, for her first steps as a chief, plans to learn more about the Chief’s Mess and her duties as a chief, plans to learn more about the Sailors she will lead, and wishes to become a subject matter expert on her field.

She also advised Sailors on their path to becoming a chief to never give up and believe in themselves, keep personal ethics and values close to heart, and to never change who they are. Cooper’s sponsor, Chief Information Systems Technician Amberly Clemente assigned to Defense Intelligence Agency, detachment U.S. Pacific Command, stood by her Sailor and said she was proud to be the one who placed the combination cover on Cooper’s head.

“This is an experience that I will never forget, as this is my first time that I have been a sponsor,” said Clemente.

“It is definitely challenging and exciting. It is worth every minute and I wouldn’t have it any other way. [Cooper] soon will be replacing me, so I wanted to make sure that she is up to par, that she is a deckplate leader, and prepared to be a chief,” Clemente said.

The ceremony marks a major accomplishment in these Sailor’s careers and their admittance to an important community in the Navy.

“It feels amazing to put on the anchors and [it’s] a huge accomplishment but also a big responsibility that was given to me as well,” said Chief Master-At-Arms Alexander Andino, assigned to JBPHH.

“It was rough for me personally to be where I am today, because I faced a lot of adversity in my career, a lot of setbacks, a lot of good things but also a lot of obstacles that I had to get over to be at this point. And the last six weeks was a huge hurdle for all of us [chief selectees], and we all had to come together and overcome together. You cannot do it alone; you have to do it as a team,” Andino said.

He advised Sailors who aspire to someday become a chief and a leader.

“Don’t let anything stop you: don’t let adversities, setbacks, captain’s masts, whatever it is in your career, whatever you go through—let it make you stronger, don’t let it deter you,” he said. “I see a lot of Sailors get some hard times in their career and instead of pushing forward they throw their hands up and just ‘coast.’ Do not do that. Keep pushing.”

New app showcases Sailors, projects that can disrupt future of energy

Chief of Naval Operations Energy and Environmental Readiness Division Public Affairs

WASHINGTON, DC (NNS)—The Navy has released a new digital application (app) called “Energy Warrior” that highlights the efforts of Sailors and other naval personnel who are taking innovative steps to conserve energy, lead behavioral change, and get the maximum warfighting punch out of every gallon. The current app can be downloaded and installed for free on Mac and Android tablets.

Related videos are posted on an Energy Warrior playlist on the U.S. Navy YouTube channel. Short summary videos are being provided to Armed Forces Radio and Television Service (AFRTS) channels and can be viewed aboard ships via Direct-to-Sailor (DTS) beginning this month. Videos in this version of the app include profiles of Chief



Graphic courtesy of Chief of Naval Operations Energy and Environmental Readiness Division Public Affairs

Fire Controlman Christopher Roberts, who started a competition aboard USS Benfold (DDG 65) that is optimizing shipboard

energy use.

The app also provides facts about worldwide energy use, U.S. oil production, and the Navy's

ongoing energy projects that are supportive of the Secretary of the Navy and Chief of Naval Operations energy goals.

“Energy isn’t something most of us walk around thinking about every day. We just power up our equipment and get to work,” said Rear Adm. Kevin Slates, director of the chief of naval operations energy and environmental readiness division.

“This app and related videos can help our Sailors and civilians understand how truly critical energy is, both to our daily jobs and to enable combat capability through greater distance, increased time on station and the ability to carry more and new payloads,” Slates said.

Plans are underway for additional video profile interviews for a future version of the app. Commands with innovative energy projects, people and ideas are encouraged to contact the Navy's energy team at energywarrior@navy.mil.

For more information, visit the Energy Warrior page at <http://greenfleet.dodlive.mil/energy/energywarrior>.

DoD flu vaccination schedule announced

It is mandatory for all Department of Defense (DoD) unformed personnel who are not medically or administratively exempt to receive the seasonal influenza vaccine.

Vaccination against seasonal influenza is also mandatory for civilian personnel who provide direct patient care in DoD medical treatment facilities and for civilians where it is written in their position description as a condition of employment.

The Oahu Joint Services Vaccination Team will conduct multi-service mass influenza vaccination campaigns for shore-based DoD personnel assigned to a command or activity in Hawaii.

The schedule is:

- Sept. 23 to 25, 6 a.m. to 4 p.m., at Bloch Arena and Makai Recreation Center at Joint Base Pearl Harbor-Hickam and Marine Corps Base Hawaii.
- Sept. 23 to 25, 7 a.m. to 4 p.m., Kaneohe Bay Branch

Health Clinic, Kunia Naval Computer and Telecommunications Area Master Station Pacific.

- Sept. 25, 8 a.m. to 5 p.m., Wahiawa Branch Health Clinic, building 22, Center Drive and Rochefort/Navy Information Operations Command (NIOC) NCTAMS PAC.
- Sept. 23 and 24, 8 a.m. to 5 p.m. at Rochefort Building, Camp H.M. Smith.
- Sept. 24 and 25, 8 a.m. to 4 p.m. at Pollock Theater, U.S. Marines Forces Pacific building four.

Beginning Oct. 1, family members, other TRICARE beneficiaries and Department of the Navy and Department of the Air Force civilians can receive the flu vaccination at the following immunization clinics:

Naval Health Clinic Hawaii enrollees should go to the Makalapa and Kaneohe Bay Branch Health Clinics.

Department of the Navy civilians should go to the Makalapa, Kaneohe Bay and Pearl Harbor Naval Shipyard Branch Health Clinics.

The 15th Medical Group enrollees and Department of the Air Force civilians should go to the Hickam Allergies/Immunizations Clinic.

TRICARE beneficiaries family members may also receive the flu vaccine at no cost from a participating retail pharmacy. A list of pharmacy chains offering the vaccine can be found at www.express-scripts.com/tricare/pharmacy.

The pharmacy should be called in advance to ensure availability of the vaccine and that they have no age restrictions.

Proof of vaccination at a retail pharmacy can be brought to any of the above clinics for documentation in the patient's electronic record.

Seasonal flu vaccinations will also be offered at the exchanges. DoD beneficiaries who present a valid common access card (CAC) or military identification card can receive the flu vaccination at the following locations from 9 a.m. to 2 p.m.: Hickam BX on Oct. 4, Pearl Harbor NEX on Oct. 10 and 11, Kaneohe Bay MCX on Oct. 18, Schofield Barracks PX on Oct. 25 and Fort Shafter on Oct. 30.

For more flu vaccination information, call the Oahu Joint Services Flu Hotline at 433-1FLU (1358).

Meetings for Forest City residents start next week

Darryl Nii

Public-Private Venture Programs Director, Navy Region Hawaii

Three neighborhood meetings for Forest City residents will be held at the end of the month for residents who want to learn more about what is happening in their neighborhoods. The meetings will provide residents with an opportunity to visit various information booths and meet with Forest City representatives regarding all aspects of living in Forest City homes.

The meetings will be held from 6 to 7:30 p.m. Forest City residents are welcome to attend any one of the following meetings regardless of the neighborhood they live in:

- Sept. 23 at Hukulani Community Center
- Sept. 25 at Catlin Park Community Center
- Sept. 29 at Ford Island Community Center

“This open house ensures all participants can have their individual questions and concerns addressed in a one-on-one forum,” said Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific.

“The representatives will also collect questions and feedback directly from residents that can be used to make necessary improvements,” he added.

Information stations will be staffed by Forest City's resident services, maintenance, security and Resident Energy Conservation Program (RECP) points of contact as well as representatives from the Honolulu Police Department and Navy Region Hawaii housing office.

Residents who have questions regarding any of the neighborhood meetings can contact their Forest City RSO (resident service office) or Todd Thom, Navy Region Hawaii housing liaison at 474-1804.

Diverse Views



Other than the United States, what country would you most like to live in and why?



PS2 Melissa Dennis
USS Michael Murphy (DDG 112)

“Germany. I took German for three years in high school, and I heard it's one of the best duty stations.”

Senior Airman Andrew Kocsis
8th Intelligence Squadron

“I've always wanted to spend time living in the United Kingdom. I always thought I would look good in a powdered wig.”



Lt. Stacy Carfly
DESRON 31

“I liked Japan when I lived there. I liked the cuisine. The people are outgoing and friendly. Even though there's crime there, it's a very safe place. Children can walk home from school without their parents.”

Master Sgt. Jerome Tayborn
PACAF

“I would love to move to Mexico. It's a beautiful country, though at times dangerous. We love to visit.”



FC3 Andrew Bugaj
USS Preble (DDG-88)

“I would have to choose between a few places. Australia, because I hear it's fun. I could revisit my roots in eastern Europe, like Russia or Ukraine ... My family comes from those areas.”

MM2 James Millard
USS Buffalo (SSN 715)

“I would have to say Canada because of the beautiful sites and health benefits if I wasn't in the military.”

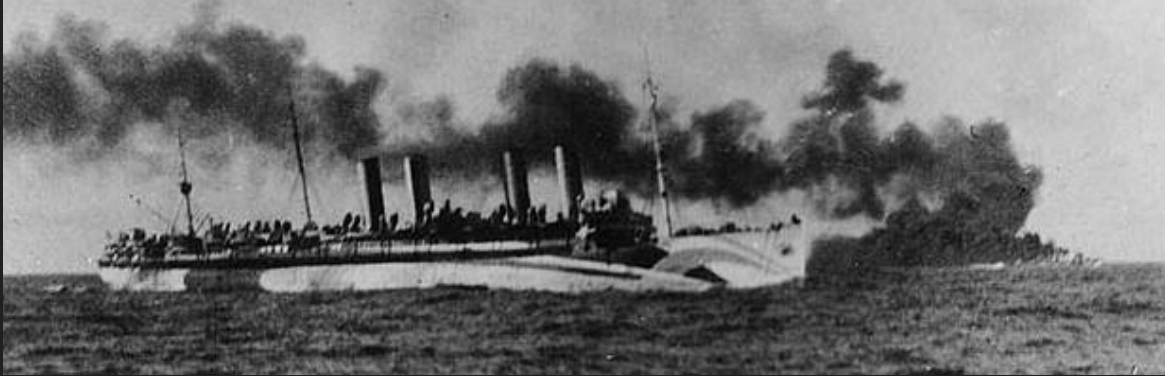


Provided by Lt. j.g. Eric Galassi and David D. Underwood Jr.

Want to see your command featured in Diverse Views? Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

USS Mount Vernon torpedoed by German sub



U.S. Naval History and Heritage Command photograph

USS Mount Vernon steams toward Brest, France, after it had been torpedoed by German submarine U-82 in the eastern Atlantic on Sept. 5, 1918, 96 years ago this month. Thirty-six members of Mount Vernon's crew were killed and another 13 injured. Mount Vernon had been en route back to the United States after delivering troops to the European war zone during World War I when it was torpedoed. An escorting destroyer is laying a smokescreen in the background.

HO'OKELE

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Agnes Tauyan

Deputy Director, Public Affairs
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Grace Hew Len

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HIANG unit conducts first Pacific Unity operation in Papua New Guinea

Story and photo by
Tech. Sgt. Terri Paden

Pacific Unity Public Affairs

MOUNT HAGEN, Papua New Guinea—Pacific Unity has been ongoing in the Asia-Pacific region since 2010. However, the current iteration in Mount Hagen Papua New Guinea marks the first time the Air National Guard (ANG) has taken the lead on the humanitarian assistance-based operation.

Pacific Unity (PACUNITY) is a bilateral engineering civic action program conducted with host nation civil authorities and military personnel. The primary mission of Pacific Unity 14-8 is to construct two new dormitories for female students at Togoba Secondary School while promoting interoperability between the U.S. and Papua New Guinea, a task the Hawaii Air National Guard's 154th Wing readily agreed to take on.

"This is a big commitment by the National Guard Bureau," said Lt. Col. Brad Waters, 154th Civil Engineer Squadron commander.

"This is a first for us, but I knew we were going to be successful from day one. We wanted to showcase that the Guard is a viable option for projects like this. We have the knowledge, capability and resources."

In addition to showcasing the ANG as an operational force,



Members of the Hawaii Air National Guard 154th Civil Engineer Squadron move bunk beds into place inside a newly built dormitory at Togoba Secondary School as Pacific Unity 14-8 in Mount Hagen, Papua New Guinea wraps up.

Waters said PACUNITY has provided his team with a vital opportunity to strengthen their core skills and grow as a team.

The PACUNITY 14-8 team from the 154th Wing is comprised of volunteers from within the unit. Though most hold Air Force specialty codes within the civil engineer skill set, few of the volunteers had construction backgrounds or experience.

"I was amazed at the level of

support from our team," Waters said. "We didn't shy away from volunteers with skill sets that weren't construction, and we've been amazed at what non-traditional construction Airmen have been able to do."

In approximately four weeks, the Pacific Unity 14-8 team, which includes not only HIANG Airmen, but active-duty Airmen, Papua New Guinea Defense Forces and day laborers from the

local community as well, has managed to complete the construction of two dormitories, upgrade the electrical system in the school's administrative building, re-paint the entire school, re-roof four boys' dormitories, renovate the dining hall, add gravel to the school's entry road, reconstruct the covered walkway, and build new basketball goals for the school's recreation area.

"Working on an installation is great because it's mostly maintenance," Waters said. "But when we go into our wartime task, we have to be able to construct. That's why small-scale construction projects and training opportunities like this that involve all of our skill sets are invaluable."

To offset the lack of experience, Waters said the operation has relied heavily on the knowledge of the senior NCOs on the team. Five SNCOs with extensive construction experience were chosen as team leads.

"This project was perfect for what we intended to do, which was get our Airmen familiar with the construction process," said Chief Master Sgt. Robert Davis, 154th Civil Engineer Squadron chief enlisted manager and structures subject matter expert.

"The first week was a learning experience but after the first week, we felt confident they were knowledgeable to do things on their own."

Davis said they knew they had the leadership and experience to

move the project through completion but wanted to take the opportunity to offer younger Airmen in the unit something they couldn't get at home station—real construction experience.

"The unit will lose its current subject matter experts through attrition, so we are trying to grow our unit again and develop new leaders," he said. "Exposing them to construction is one way we can do that."

Waters said he has seen significant growth in the younger Airmen over the course of the operation.

"One of the challenges we face in the Guard is to teach people to perfect a skill they don't do every day, and you can't do that over one weekend a month," Waters said. "That's why we need to continue to seek out these opportunities and be ready for anything that comes our way."

"Our Airmen are educated, and they've been able to take instruction and run with it," Waters said. "It's about being able to take direction and understand it and execute it. I would take this team anywhere to complete any mission."

"Our capabilities make this a unit that is very flexible and able to meet any type of objective," he added.

Waters said the 154th Wing looks forward to taking the lead and participating in many future opportunities.

Ready Now, anytime, anywhere for an emergency situation

Ensign
Egdanis Torres-Dominicci

Commander, Navy Installations Command Public Affairs

WASHINGTON (NNS) — President Barack Obama proclaimed September as National Preparedness Month.

This culminates in a day of action Sept. 30 to prepare for six specific hazards: earthquakes, floods, hurricanes, tornadoes, wildfires

and winter storms.

In support of this initiative, Commander, Navy Installations Command (CNIC) has launched an emergency preparedness campaign called "Navy Ready."

"I want to see the National Day of Action, Sept. 30, become a Navy Day of Action where every member of the Navy is able to say 'yes' to the challenge, Are You Ready?" said Vice Adm. William French, commander, Navy Installations Command.

To be informed, Ready Navy is the "must go" link to emergency preparedness resources. Navy personnel and families are encouraged to visit www.ready.navy.mil to gain information, tools and resources that enhance the Navy family to prepare, react and recover when confronted with any emergency, with or without warning.

"Throughout the month of September, installation emergency managers will also be educating

the community about emergency preparedness, and each day during the second week of National Preparedness Month, Ready Navy will highlight resources to meet a variety of emergency preparedness needs through Facebook and Twitter," said Jeff Sanford, CNIC emergency management specialist.

Navy personnel can take advantage of presentations, information fairs and displays that may be present at installations taking place throughout the month.

"Preparedness is the key to survival in any type of disaster," said Capt. Anthony Calandra, director of operations for Navy Installations Command.

"Throughout the year personnel at our regions and installations participate in and/or conduct exercises like Citadel Gale, HURREX, Solid Curtain-Citadel Shield and Citadel Rumble to put into practice the necessary actions when an incident occurs aboard an installation," Calandra said.

Pearl Harbor-Hickam*Highlights*



U.S. Navy photo by MC2 Tiarra Fulgham
(Above) Chief (selectee) Legalman Erica Keels is pinned to the rank of chief petty officer by her 6-year-old son during a chief pinning ceremony held on Sept. 16 at Joint Base Pearl Harbor-Hickam.



U.S. Navy photo by MC2 Tiarra Fulgham
(Above) Chief petty officers salute a newly pinned chief.



(Left) Chief Hospital Corpsman Lesley Prasad, assigned to Naval Health Clinic Hawaii, receives his combination cover.
U.S. Navy photo by MC2 Tiarra Fulgham

Chief selectees perform in front of Navy chiefs during a pride drill competition at the CPO Pride Day Hawaii held on Sept. 12 at the Battleship Missouri Memorial.

U.S. Navy photo by MC2 Diana Quinlan



Chief petty officer selectees stand in formation during a pride drill competition at the CPO Pride Day Hawaii.

U.S. Navy photo by MC2 Diana Quinlan



(Left) Members from Navy Region Hawaii Honors and Ceremonies Detachment present Honolulu Mayor Kirk Caldwell with an American flag during a Honolulu Chamber of Commerce 9/11 Remembrance Ceremony at Tamarind Park in Downtown Honolulu.

U.S. Navy photo by MC1 Ernesto Bonilla



U.S. Navy photo by MC3 Johans Chavarro
(Above) Senior Airman Joy Cooper, entomologist at 647 Civil Engineering Squadron, shows Donald R. Schregardus, deputy assistant secretary of the Navy (Installations & Environment), a preserved coconut rhinoceros beetle (CRB) larva during his visit to Joint Base Pearl Harbor-Hickam (JBPHH). The CRB is a high profile invasive species and is a pest of coconut palms and other palm species. During his visit, Schregardus toured multiple CRB mitigation sites on JBPHH, as well as environmentally significant areas at Pacific Missile Range Facility, including Nohili Dunes, Turtle Cove and the shearwater seabird nests and sanctuary.

(Right) Navy Region Hawaii Federal Fire Department members observe a moment of silence during a 9/11 memorial ceremony to remember the 343 fallen New York fire fighters, paramedics and those who lost their lives in the attacks.

U.S. Navy photo by MC1 Ernesto Bonilla



Wings Over the Pacific



Sept. 27-28

Event highlights

- 11 a.m.: Opening ceremony featuring U.S. Navy Parachute Team, Leap Frogs
- Noon: Air Combat Command F-22 Demonstration Team
- 1:30 p.m. C-17 Globemaster III Demonstration
- 4 p.m.: U.S. Navy Flight Demonstration Squadron, Blue Angels

Static displays:

- USCG HH-65 Dolphin & Rescue C-130
- USMC RQ-7 Shadow
- A-4 Skyhawk
- 25 ASOS TACPs w/ MRAP & MATV
- 25 ID assets- Stryker mobile gun system, Stryker infantry fighting vehicle, Stryker mortar carrier vehicle, Howitzer variants, MRAP, HMMV, UH-60, OH-58, EOD team, Military police APC, Zodiac boat
- Local assets- (KC-135, C-17, F-22)
- Aloha 99s Oahu chapter w/ aircraft and Model T
- B-52 Stratofortress
- Vintage SNJ (T-6)
- P-3C Orion
- F-104 Starfighter (PAM)
- USAF Crash, Fire & Rescue Team
- Rescue rig and boat
- Big Island Air Caravan
- Hawaiian Air 1929 Bellanca
- UH-1 Huey
- Hawker Hunter F-58
- Kamaka Air DC-3
- MAG 24 MH-53
- Various civilian general aviation aircraft
- CH-47 Chinook

Base access

On Sept. 27-28 from 9:30 a.m. to 7 p.m., the O'Malley Gate will be used solely for the Wings Over the Pacific airshow traffic. All base residents should use alternate gates for access. All personnel who utilize O'Malley Gate during the above-mentioned times will be directed to general parking on the flightline. For more information, call base security at 449-1002.

Increased noise advisory

Residents of Joint Base Pearl Harbor-Hickam and the surrounding community can expect increased noise during the following times:

- Sept. 25: 4-5:15 p.m.
- Sept. 26: 4-5:15 p.m.
- Sept. 27: noon to 5:30 p.m.
- Sept. 28: noon to 5:30 p.m.

Seating

Upgraded tickets

The air show is free and open to the public. No tickets are required for entry. Optional premium seating tickets are available for purchase at wingsoverthepacific.com/tickets.

Discounted tickets for military are available at all Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (MWR) ITT offices while supplies last.

* Note: Special parking is not included with ticket purchase. Tickets are non-refundable.

VIP flight line club

The VIP Flight Line Club is a chalet located directly on the flight line with the best views of the flying action. Individual tickets may be purchased for this prime viewing area.

Premium box seats

The premium box seats offer a dedicated numbered seat located directly on the flight line area.



Entry restrictions:

- All carry-in items and persons are subject to search.
- All unattended bags and items will be removed from the premises.
- Cameras may be used to monitor the facility.
- No RV parking allowed.
- Smoking is allowed outside the spectator gates and in the parking lots.

Approved items include:

- Small purses or fanny packs.
- Cameras and/or camcorders with "small" camera bags.
- Diaper bags.
- Baby strollers.
- Small hand-held umbrellas.
- Small lawn chairs or camp chairs (no lounge chairs).
- Wheelchairs, canes, guide/working dogs to assist disabled individuals.

The following restrictions apply:

- No large purses, backpacks or bags of any kind.
- No food or beverages.
- No coolers, loose ice, cans, glass, or alcohol.
- No pets.
- No weapons of any kind
- No tents or awnings.
- No cooking equipment.
- No bicycles, scooters or roller-blades.
- No ladders, large umbrellas or wagons.

To minimize imposition, it is recommended that airshow patrons bring only necessary items on their person and limit the size and contents of carry-in items to those that are essential.

Air show concession stands will offer a variety of food and beverage options for patrons' enjoyment and convenience.

Contact the "Wings over the Pacific" Airshow at 473-2920 or email at wingsoverthepacific@gmail.com. Visit www.wingsoverthepacific.com for more information.

Photo illustration | Photos courtesy of Blue Angels, Leap Frogs

Halsey Sailors honor naval and Marine Corps history near Iwo Jima

Lt. j.g. Rochelle Perry

USS Halsey (DDG 97)
Public Affairs

NORTHERN MARIANAS —Halsey Sailors recently witnessed the unforgettable sight of the four-mile long island of Iwo Jima, just miles off the bow of the ship. As Halsey approached, the officer of the deck shared an excerpt from Halsey's namesake's biography and chief petty officer (selectees) took turns sharing the historical significance of Iwo Jima with the crew throughout the day. Chief Fire Controlman (select) Eric J. Wemmer detailed the battle over the 1MC (ship's general announcing system). "Iwo Jima was strategically important as an air base for fighter escorts supporting long-range bombing missions against mainland Japan," Wemmer announced. "The invasion began in



U.S. Navy photo by Ensign Erica Bauer
Boatswain's Mate Seaman Jonathan Valles stands a vigilant watch as he overlooks the waters off the island of Iwo Jima and reflects on the fierce battle that took place 70 years ago.

February of 1945, when U.S. Navy warships started three days of pre-landing preparations for the Marines as ships and aircraft methodically tried to destroy the island's defenses," he said. The fighting that took place during the 36-day assault on Iwo Jima would be immortalized in the words of Adm. Chester W. Nimitz, commander, Pacific Fleet/commander in chief, who said, "Among the

Americans who served on Iwo Island, uncommon valor was a common virtue." For one crew member, seeing the island of Iwo Jima had special meaning and personal significance. Ensign Frances Klimczak recounted a childhood visit to Washington, D.C. where she and her father visited the Iwo Jima Memorial at night. "The first visit to the Iwo Jima Memorial had a lasting impact on me. Throughout my college career, I always enjoyed reading different books about the battles that took place in the Pacific—particularly Iwo Jima's," she recalled. "In my junior year, I finished the Marine Corps marathon at the base of the Iwo Jima Memorial, and now that I had the opportunity to see the island, it really brought those experiences to life," Klimczak said. Others believed that learning about naval history through the Battle of Iwo Jima proved a significant event. Gas Tubine System Technician (electrical) 1st Class Jose Meza explained the importance of understanding past events and battles as an active service member to his peers. "We need to continue to learn about our past, so that we can make a better future for ourselves," he said. "By learning about our Navy's history, we understand what we are fighting for and what we represent." "From the standpoint of seeing where our country has been and what it has gone through, it's easy to see why all branches have come together to defend and protect our way of life," Wemmer said. "And that's what my service is all about: protecting and defending our way of life from those who want to change it," he said. USS Halsey (DDG-97) is currently deployed to the U.S. 7th Fleet area of responsibility.

Hawaii Airman teaches clinic students during Pacific Unity 14-8

Story and photo by
Tech. Sgt. Terri Paden

Pacific Unity Public Affairs

MOUNT HAGEN, Papua New Guinea—Maj. Nathaniel Duff is deployed to Papua New Guinea in support of Pacific Unity 14-8 but recently took time out from his duties as the team medic to host a self-aid and buddy care clinic for students at Togoba Secondary School in Mount Hagen. Pacific Unity is a bilateral engineering civic action program conducted in the Asia-Pacific region in collaboration with host nation civil authorities and military personnel. This year marks the fourth iteration of the operation with efforts focused on the construction of two new dormitories for female students at the school. In addition to constructing the

dormitories, the Pacific Unity 14-8 team has embarked upon several endeavors to further improve the school and local community, including teaching basic life-saving medical skills to the clinic attendees. Duff, who is deployed from the Hawaii Air National Guard's 154th Medical Group as the medical officer for Pacific Unity 14-8, taught the class of more than 40 biology, chemistry and physics students. He taught them how to check for a pulse, perform cardiopulmonary resuscitation, stabilize a neck injury, make a splint, wrap a pressure bandage, make a sling, and apply a tourniquet. "We are working at a school, so teaching is a valuable way to interact with the students and provides a medium to share and learn," Duff said of his decision to teach the class. "It's a way for them to learn a little about us and for me to learn



Maj. Nathaniel Duff, Hawaii Air National Guard 154th Medical Group and Pacific Unity 14-8 medical officer, demonstrates the proper way to wrap an injury during a basic first-aid clinic at Togoba Secondary School in Mount Hagen, Papua New Guinea.

about their culture." Duff said his goal was to teach the students basic first aid which could be used by anybody any-

where, but he also wanted to inspire them. "I think his demonstration was really cool, and I think I could do some of those things if I had to. I could help someone without the assistance of a doctor," said Belinda Tau, a senior at Togoba Secondary school who attended the class. Tau, who aspires to be the first female neurosurgeon in Papua New Guinea, said she has been interested in medicine since she was a young child and was impressed and appreciative of the interactive demonstrations by Duff. Though the focus of the clinic was basic first aid procedures, Duff said he also wanted to show the students yet another side of the U.S. Air Force from what they had seen on television or at the construction site. "The point was interaction," he said. "This wasn't about medicine. It was about spending time with the kids, making them laugh, and answering questions. This [medicine] was the medium I used to do that."

96th ARS participates in aircrew CBRN training

Story and photo by
Staff Sgt.
Alexander Martinez

15th Wing Public Affairs

Members of the 96th Air Refueling Squadron (ARS) conducted emergency preparedness training Sept. 5, ensuring they are able to operate in a chemical, biological, radiological or nuclear contaminated environment.

With assistance from the 15th Operations Support Squadron aircrew flight equipment section and the 15th Maintenance Group, 96th ARS members were able to practice using their protective equipment so that in the event of a real-world CBRN attack, they are prepared.

“Today is very important because we don't have many opportunities to train in this equipment,” said Capt. Richard Brown, 96th ARS. “The important thing about this training is that we work out any issues and get it right the first time so we're ready.”

Unlike common CBRN individual protective equipment, aircrew members use a special system, the aircrew eye and respiratory protection system (AERPS), which ensures they don't contaminate



Members of the 96th Air Refueling Squadron prepare to board a KC-135 Stratotanker during an emergency preparedness training event Sept. 5 at Joint Base Pearl Harbor-Hickam.

the inside of the aircraft. The equipment includes a motorized breathing system that pumps air into their filtered gas mask, a plastic hood, two layers of gloves, plastic booties over their boots,

and a clear plastic body bag that ensures full-body coverage of their flight suit.

At the aircraft, maintenance technicians did their part in the training by assisting aircrew

members into the KC-135 Stratotanker where the aircrew practiced unhooking from the AERPS and hooking into the aircraft's oxygen system. After exiting the aircraft, the aircrew members made

their way to the aircrew contamination control area where AFE Airmen were ready for the decontamination process.

“We're out here helping the aircrew practice and become familiar with the decontamination process,” said Tech. Sgt. Ryan Hunt, 15th OSS AFE. “This helps them stay prepared and helps us train our people as well.”

AFE members set up the ACCA in a condensed area, but normally the ACCA stations would be spread out over the length of a football field and positioned in compliance with wind direction in order to ensure a successful decontamination. Each station included detailed instructions on how to decontaminate the aircrew member with the last station allowing them to remove their gas mask.

Brown said the main reason for the training is for preparation of an upcoming unit compliance inspection but added that this training is valuable to have.

“We might be able to practice once more before the inspection, but this training is extremely valuable to have, regardless,” he said. “We also practice flying with this equipment in our simulator, so all of this training keeps us up to date and prepared.”

Enlisted retention board out-brief informs Airmen on process

Staff Sgt.
Alexander Martinez

15th Wing Public Affairs

A 2014 Enlisted Retention Board member provided JBPHH Airmen with the opportunity to better understand the recent force-shaping process during an out-brief recently at the Hickam Memorial Theater.

Col. Michael Addison, Pacific Air Forces deputy director of logistics, instal-

lations and mission support, was a board member of the 2014 technical sergeant, staff sergeant and senior Airmen enlisted retention board, which convened June 16 to consider the retention of Airmen in over manned career fields.

Addison explained the legal and technical aspects of the board process, including the official guidance they needed to follow, information they could and could not discuss with each

other and others, training the board members attended, and score determination factors for the records reviewed.

The authority governing the process included guidance outlined in Title 10, U.S.C. 1169—Regular Enlisted Members: Limitations on Discharge, Air Force Policy Directive 36-32—Military Retirements and Separations, Air Force Instruction 36-3208—Administrative Separation of

Airmen, Air Force Personnel Center Instruction 36-103—Enlisted Retention Boards, and a formal charge from Air Force leadership directing the order to carry out the boards.

Addison explained how board members used the Electronic Board Operating Support System, a program that included Airmen records of performance such as Air Force Form 911—Enlisted Retention Recommendation Form, medal

citations and awards, a board brief that gave board members an overall snapshot of an Airman's career, and other important career documents Airmen had on file.

Questions from the audience garnered many key messages, including the need for Airmen to ensure their records are correct and up-to-date and ensuring reports are written in “plain English” and easy to read.

“There were a lot of holes in the records we reviewed,” Addison said. “Front-line supervisors need to help their subordinates with ensuring their records are in line and up-to-date because you never know when another board may convene.”

For information on maintaining career records, Airmen can contact the Total Force Service Center at 800-525-0102 or 210-565-0102.



Life&Leisure

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Ceremony honors Pearl Harbor survivor Chief Click



(Above) The ashes of Chief Radioman John Kelley Click, a survivor of the Dec. 7, 1941 attack on Pearl Harbor, were scattered in the waters near the USS Utah Memorial on Ford Island during a ceremony held Sept. 11.

(Right) Peggy Termer is presented with the U.S. flag at a ceremony honoring her father.



(Above) Chief Radioman John Kelley Click.

(Below) Jim Taylor (far left), Pearl Harbor survivor liaison, meets with Navy chiefs and chief selectees prior to a ceremony held Sept. 11 at the USS Utah Memorial honoring Chief Radioman John Kelley Click, a survivor of the Dec. 7, 1941 attack on Pearl Harbor.

Story and photos by Brandon Bosworth | Assistant Editor, Ho'okele

The ashes of Chief Radioman John Kelley Click, a survivor of the Dec. 7, 1941 attack on Pearl Harbor, were scattered in the waters near the USS Utah Memorial on Ford Island during a ceremony held Sept. 11.

Among those in attendance were Click's daughter, Peggy, her family, and Cmdr. Timothy Wilkie, commanding officer, Afloat Training Group (ATG) Middle Pacific (MIDPAC). Chaplain Lt. Daniel Clark, Pearl Harbor Memorial Chapel, presided over the services. Also in attendance were more than 30 Navy chiefs and chief selectees.

"Today would have been John's birthday," said Jim Taylor, Pearl Harbor survivor liaison, who spoke at the event. "He was born Sept. 11, 1921 in Farlee, Texas. After his schooling, he joined the Navy June 11 of 1940 and became a member of the West Virginia's crew in December of that year. One year later, his life would change

forever."

On the morning of Dec. 7, 1941, Click was serving as a radio operator aboard the West Virginia. The radio room was below the third deck, on the left side of the ship. During the attack, torpedoes struck the West Virginia both in front of him and behind him. Soon water was flooding the ship from all angles. Click made for the main deck.

"He managed to walk to the back of the ship by holding on to railings," said Taylor. "He was a very scared young man! Amongst other things, he was worried about the magazine where all the ammunition was stored possibly blowing up. To make matters worse, he had to dodge bullets from the incoming

planes strafing them with their machine guns."

Eventually the order was given to abandon ship, and Click dove into the harbor, swimming away from the burning oil. A motorboat rescued him.

Throughout the rest of World War II, Click served on destroyers. He was honorably discharged in 1946, leaving the Navy as a chief petty officer.

Upon re-entering civilian life, Click worked for the U.S. Postal Service before transferring to the Federal Aviation Administration. He got married, and he and his wife Viola were together for more than 60 years. Click retired in 1976 and moved to Arizona in 1996, where he and Viola lived for the rest of his life.

He passed away in May of this year.

"John Click was an American hero," said Taylor. "He never wavered in faith or spirit, not on the morning of Dec. 7, nor in the remaining years to come. It is this type of bravery and selflessness all our Pearl Harbor survivors share. His story describes very humbly the dedication of his generation."

Peggy Termer described her father as a gentle man and a caring father. She was very pleased by the ceremony held in his honor.

"I can't even think of the words," she said. "My dad deserved this."

Peggy Termer said the ceremony honoring her father was "excellent."



Asheville stops point-after for win as time expires

Story and photo by
Randy Dela Cruz

Sports Editor, Ho’okele

USS Asheville (SSN 758) used a torrid pass rush to turn back USS Hopper (DDG 70) Spartans and then preserve a 7-6 victory on Sept. 13 in an Afloat Division flag football season-opening game at Ward Field, Joint Base Pearl Harbor-Hickam.

After giving up a touchdown in the final minute of play, the Asheville defense kept Hopper from going ahead by sacking quarterback Sonar Technician (Surface) 3rd Class Austin Conwell on the two-point attempt.

The Asheville starts off the season at 1-0, while the Spartans will have to wait for week two to go after their first win.

“We’ll be a force throughout the season,” promised Asheville QB Electrician’s Mate 2nd Class Michael Fajardo. “As long as we get guys to the games, practice enough and work hard we’ll be a force to be reckoned with.”

In the first series of the game, the Asheville defense gave the Spartans a glimpse of what was to come by forcing Hopper to give up the ball at the Asheville 26-yard line.

With the ball in his hands, Fajardo went out on a keeper and rushed out to the 40-yard line on Asheville’s first play from scrimmage.

Then after completing two passes to put the football on the Spartans’ 20, Fajardo got back and scrambled to the nine before taking it to the house on the very next



Machinist’s Mate 1st Class Timothy Hill raises his arms up in triumph as USS Hopper (DDG 70) Spartans quarterback Sonar Technician (Surface) 3rd Class Austin Conwell walks away in dejection after failing to complete a go-ahead, two-point conversion.

play to give Asheville a 6-0 lead.

Asheville converted their point after touchdown to take a 7-0 advantage early in the first half.

Hopper was forced to punt the football away on their next set of downs to give the ball back to Asheville at their own 23.

An incompletd pass, followed by a sack and false-start penalty, put the ball back to the 14, but Fajardo connected on an over-the-top-pass to Sonar Technician (Submarine) Seaman Aaron Murphy for

a long gainer that set the Asheville up at the Spartans’ 10-yard line.

However, on the very next play, Hopper came up with a huge stop when Lt. j.g. Dustin Reid intercepted the ball to stop the threat.

Hopper was able to move the ball from their own 20 out to the Asheville 30, but a sack of Conwell ended the drive and sent the teams into halftime with Asheville clinging to a 7-0 advantage.

Hopper got the ball to start off the second half, but turned the ball

over to give Asheville good field position at the Spartans’ 20-yard line.

Fajardo completed a pass to Murphy on the first play for a first-and-goal on the Hopper one-yard line, but for the second time in the game, Asheville couldn’t convert on their red-zone opportunity and were forced to turn the ball over on downs.

“There is no preseason for us, so we can’t really work out the kinks,” Fajardo explained about the red zone failures. “I believe we’ll be

there once we work out the edges. We’ll be fine.”

After Hopper was stopped on the Asheville eight-yard line with only 1:45 remaining on the clock, it appeared that the game was all but done.

Instead, Reid came up with his second pick of the game to give Hopper one more chance from the Asheville 21.

Three plays later, Conwell found receiver Ship’s Serviceman 2nd Class Montrell Thomas in the right corner of the end zone for a touchdown.

The Spartans went for the win by going for the two-point conversion, but Conwell couldn’t get the pass off before being sacked in the backfield to end the game.

“They (Asheville defense) answered the call,” Fajardo said. “They got us the win.”

Asheville defensive lineman Machinist’s Mate 1st Class Timothy Hill said that right from the start, the team’s big “D” wanted to press the action.

“Our plan was to make the quarterback throw the ball quick, so the linebackers could do their job, our safeties can spy the quarterback and to get as many sacks as we can,” Hill said. “If they ran the ball, we were all right with that. We didn’t want anything deep.”

While the defense seems to be on track, Fajardo admitted that the offense is a bit behind.

Once the offense catches up with the defense, Fajardo said that they would be tough to beat.

“We’re definitely looking to win,” he said. “We take it one game at a time. Playoffs are online, but the next game is our next challenge.”

MiCare: bridging the gap between military patients and providers

Capt. Louis Edwards

15th Medical Group

The 15th Medical Group (MGD) at Joint Base Pearl Harbor-Hickam has been using MiCare, the military’s online confidential secure messaging service, for nearly a year and patients are responding positively.

In fact, 15th MDG patients are sending messages to their health care team at a higher rate than any other medical facility in the Pacific.

MiCare has been shown to significantly reduce the number of phone calls between patients and providers, increase patient satisfaction and save time for the medical office staff

and the patient, so the clinic aims to continue to enroll as many patients as possible into MiCare.

Secure messaging has become a primary form of communication between patients and their healthcare teams.

In MiCare, patients can request appointments with their healthcare providers, get test results, request

prescription refills or ask their healthcare team non-urgent medical questions via a secure electronic message that bypasses phone-trees, voicemail and having to play phone tag.

The goal for the clinic is to respond to each patient message as quickly as possible. Messages are flagged for immediate response if not answered

within 72 hours.

Those who have not already registered can sign up for MiCare. Patients can visit the 15th MDG to initiate the face-to-face registration process at any clinic front desk. Patients will need to show their military identification card and provide basic information such as name, social security number,

birthday and email address.

An email will be sent to finish enrollment and confidential messaging may begin. As a note, patients should check their junk mail box as well. The invite email may be filtered there.

For more information, visit www.airforcemedicine.af.mil/micare/.

Hawaii team reaches finals of military world cup

Randy Dela Cruz

Sports Editor, Ho'okele

Described as the military's version of the World Cup, the 10th annual Defender's Cup Military Soccer Tournament was held over the Labor Day weekend in San Antonio, Texas with a slightly different look from previous competitions.

For the first time since its inaugural event, a squad from Hawaii participated in the tournament.

While the caliber of local soccer may have been a question mark to the 37 other teams competing in the tourney, the Armed Forces Hawaii Futbol Club (AFHFC) left with an emphatic answer once it was over.

Led by team captains All-Navy soccer players Electrician's Mate 1st Class Luis Zamora, USS Chafee (DDG 90), and Information Systems Technician 1st Class Jay Reynard, Naval Computer and Telecommunications Area Master Station Pacific (NCTAMS PAC), the AFHFC easily made it to the knockout rounds as the No. 8 seed and went on to square off for the tournament's championship title against the Fort Irwin soccer team.

Although team Hawaii dropped a heartbreaking 1-0 game against the team from California, AFHFC left no doubt about the level of soccer played throughout the military bases on the islands.

"I don't think people realized how many skillful players are here in Hawaii," Zamora said. "We definitely made an impression up there."

After getting past the team's first game with a win, Zamora said that AFHFC entered a much



Photo courtesy of Luis Zamora

Armed Forces Hawaii Futbol Club co-team captain Electrician's Mate 1st Class Luis Zamora tries to get past a defender during the championship game against Fort Irwin soccer team.

tougher part of the schedule with multiple matches over the next couple of days.

Once AFHFC made it out of the round-robin brackets, Zamora said that the team was ready to rumble.

"There was 10 groups total with four teams in each,"

said Zamora about the round-robin schedule. "We ended up qualifying number eight out of the 38 teams. From there, we moved on to the knockout round, which was single-game eliminations, and we just took off from there."

Despite having only a limited

time to trim the tryouts from 100 down to 18 players and then gain familiarity with team members from Joint Base Hawaii Pearl Harbor-Hickam, Schofield Barracks, Marine Corps Base Hawaii and United States Coast Guard Base Honolulu, Zamora said he

went up to San Antonio feeling confident.

"The work that we put in here, practices twice a week, and then just getting that cohesion with the players, I think that helped out a lot. Even though we've been only playing since August, it looked like we've been play-

ing (together) for a while. We were well structured and we were blowing teams out of the water."

Senior Airman Jeremy Reding, 93rd Intelligence Squadron, led all team Hawaii scorers with seven goals at the tournament.

Reding, who has played in the tournament before, said that he also felt AFHFC would do well after departing Hawaii and heading off to Texas.

"I didn't dream of a second-place finish, but I knew we would do well," he admitted. "Everyone had a great background in the game. There was a whole lot of experience from all of the players that we had. Add some good training beforehand and our team jelled really quickly."

Reding said that after coming so close this year, he couldn't wait to go back with the same bunch of guys in 2015.

Currently, AFHFC is playing in the Major Island Soccer Organization season and plans for another attempt at the Defender's Cup next year.

"This is definitely one of the top experiences," he stated. "To be able to have the opportunity to represent the military and the island of Oahu and go play the game we love is definitely up there."

Zamora said that to place second among the nation's top military soccer teams is a huge boost to the team's confidence.

The hardest thing that the team now faces is that they won't be able to sneak up on the other squads the next time around.

"We went up and represented Hawaii very well, but the hardest thing is going to be maintaining that," he noted. "We're definitely looking forward to continuing the tradition."

Navy Suicide Prevention Month: 'Every Sailor, Every Day'

Rear Adm. Rick Snyder

Director, 21st Century Sailor Office

September is Navy Suicide Prevention Month and the launch pad for year-long engagement across the Navy, ultimately fostering sustainable efforts that support open communication, resilience and seeking help as a sign of strength. We're all in this together.

Suicide affects everyone, and suicide prevention is an all hands effort—all of the time. We can make a difference through our everyday actions. In September, we join the global

community to highlight suicide prevention.

Last September, we focused on what we can do as communities to support and help our shipmates. This year, we'll zero in on what we can do as individuals, on a daily basis, to continue that support.

The 2014 Navy Suicide Prevention Month theme is "Every Sailor, Every Day."

We are encouraging every member of our Navy team, from shipmates, to leaders, to civilian employees, to family and friends, to set a positive example, reach out and engage with one another.

Building resilience and preventing suicide require

all of us to actively communicate with each other, and not just when we think someone is in immediate danger.

Everyday actions, that foster trust and build meaningful connections, can start or continue conversations so we can more effectively intervene when we see signs of a shipmate in distress. By actively communicating and staying engaged, we may be more likely to notice small signs of distress in our shipmates and intervene early, before a crisis occurs.

I challenge you to be there for "Every Sailor, Every Day," through meaningful, intentional actions.

Take time to ask others how they are doing—and actively listen. As Vice Adm. Nathan, Navy Surgeon General, reminds us, we must especially connect with those who are transitioning from one job to another, experiencing career setbacks or some sort of loss, or going through relationship troubles. Start a dialogue to support each other during stressful times. Share strategies to navigate challenges, including speaking up and seeking help. We are a Navy team, and none of us are ever alone.

Another way you can support "Every Sailor, Every Day" is by pledging to

ACT (Ask, Care, Treat). It's a voluntary commitment to yourself and others, and one of the many ways we can be there for every Sailor, every day, by every Sailor, every day. Visit <http://ow.ly/BFdYi> to "Pledge to ACT" today, and urge your shipmates to do the same.

I encourage commands to highlight Suicide Prevention Month in their own way. Talk about bystander intervention, peer support and the many ways each of us can lead by example when it comes to physical and psychological health, showing that it's okay to speak up when you're down.

Resources will be released on www.suicide.navy.mil throughout the month to support your efforts. Each day, we have an opportunity to make a difference—and those opportunities may end up saving lives.

For more information and various resources for Navy Suicide Prevention Month, visit www.suicide.navy.mil.

If you or someone you know is in immediate danger, call 911. If you or someone you know is in crisis, help is just a call or click away. Call the Military Crisis Line at 1-800-273-TALK (option 1) or visit www.vetcranscrisisline.net.

Sailor sets his sights on gold at Wounded Warrior Games

SrA Christopher Stoltz

Joint Base Pearl Harbor-Hickam Public Affairs

Roel Espino is a hospital corpsman (HM2) at the Directorate for health services, located at Naval Health Clinic Hawaii, Kaneohe Bay. He is also a wounded warrior athlete.

Espino, along with approximately 200 other athletes, are slated to participate in the Fifth Annual Wounded Warrior Games, which will be held Sept. 28 through Oct. 4 in Colorado Springs, Colo.

Although Espino usually assists and provides care to patients during his work as a hospital corpsman, he found himself on the receiving end of care after an incident in March that left him dealing with a traumatic brain injury.

"I suffered from a TBI in March of 2014. While I look pretty normal on the outside, I still suffer from memory loss, difficulty writing, motor issues and a few other ailments," Espino said.

Espino said he started with the Navy's wounded warrior program in March

2014 following his injury. This September will be the first time he will participate in the Wounded Warrior Games.

"I tried out at the Navy trials in Virginia Beach in May of 2014," he said. "While there, I competed against 60 of the Navy's wounded warriors in all the events I could, from track and field to wheelchair basketball."

Track and field, along with wheelchair basketball, proved to not be Espino's destiny, as he was not selected for either of those events. However, he demonstrated skill and was selected to compete in the prone rifle shooting and compound archery events.

"When the trials for the team finished in May, I didn't think I would get selected," said Espino. "The next thing you know, my name is on the roster, and I'm hopping all over the country attending training camps and preparing with my teammates. I don't think I have prepared more for anything in life than to bring my best to these games," he said.

Espino said preparing for the games and participating

in the events give wounded warriors purpose and help them overcome whatever ailment they may be facing. He also said the event gives the opportunity for people to see the athletes demonstrate their capabilities, not their disabilities.

Espino said while each day is a challenge, he has a great support network including friends, both old and new, his doctors, members of his command, and the Navy Safe Harbor Program, which is the Navy's organization for coordinating the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen.

"Being part of the program has extended and enhanced the recovery experience by twenty," he said. "I never would have seen an amputee teach an able bodied person how to swim more effectively, and I most definitely would have never been able to meet the fine group of men and women I am honored to call my teammates today, if it wasn't for the Navy Safe Harbor Program."

"In my short but brief time with the Navy Safe Harbor program, I will



U.S. Navy photo by MC1 Aidan P. Campbell

Hospital Corpsman 2nd Class Roel Espino takes aim during the archery competition at the 2014 Wounded Warrior Team Navy Trials at Naval Station Norfolk.

never forget the words I overheard one of the returning athletes say to one of the new athletes. "He said, 'You

can sit around and be the life of your own pity party, or you can do something about it.' And that's exactly

what I plan on doing."

For more information, visit <http://safeharbor.navylive.dodlive.mil>.



Live the Great Life



MWR Marketing photo

Saturday is the last showing in the “Created Equal” series at the library.

Your Weekly Fun with MWR

Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine.

Free Golf Clinic will begin at 9:15 a.m. Saturday at Barbers Point Golf Course. FMI: 682-1911.

Wood Shop Safety class will be held from 4:30 to 7:30 p.m. Saturday at the Hickam Arts & Crafts Center. Upon completion, participants will be issued a safety certification card enabling them to use the shop tools and equipment and to go on to more advanced woodworking classes. The cost is \$20. FMI: 448-9907.

NFL Football Sunday will begin at 6:30 a.m. Sunday at J.R. Rockers Sports Café. There will be a special breakfast menu for \$7.50 for Air Force Club members and \$9.50 for non-members. FMI: 448-2271.

Gridiron Breakfast will be

held from 7 to 11 a.m. Sunday at Brews & Cues. Patrons can watch NFL football games and have free fruits and pastries. FMI: 473 1743.

Command Fitness Leader Course will be held Sept. 22 to 26 at the Joint Base Pearl Harbor-Hickam Fitness Center. This free course is open to Navy and Marines only. It provides the basic fitness and nutrition tools for personnel to go back to their respective commands and design fitness programs, facilitate classes, and become the ambassadors of fitness and nutrition. Registration is through CNIC. Documents should be sent to vicki.teran@navy.mil and/or cfitraining@navy.mil. FMI: 808-471-2021, 202-433-4367.

Half-Price Aeration Special

will be in effect from Sept. 23 to 28 at Mamala Bay Golf Course. Green fees will be half-price while the greens are being aerated. The course will be closed Sept. 22. FMI: 449-2304.

Oktoberfest will be held from 4:30 to 7:30 p.m. Sept. 23 at the Historic Hickam Officers' Club. A buffet featuring Oktoberfest cuisine will be served, and the Alpine Quintet Band, performers at Hale Koa Hotel's Oktoberfest, will play traditional music. Reservations are recommended. The cost is \$28 for Air Force Club members and \$35 for non-members. FMI: 448 4608.

Preschool Story Time will be held from 9 to 10 a.m. Sept. 24 at the Joint Base Pearl Harbor-Hickam library. The theme of this free program

JBPHH Library ‘Created Equal’ series ends Saturday

Justin Hirai

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

The Joint Base Pearl Harbor-Hickam Library will host its free finale of four documentary and film discussions for the “Created Equal” series beginning at 1 p.m. Saturday.

The series, documenting the civil rights struggle in America, has been sponsored by the Hawaii Council for the Humanities and featured a guest speaker for each film. The film shown tomorrow will be “The Abolitionists,” and the discussion will be led by Mitch Yamasaki of Chaminade University.

“The Abolitionists” cap-

tures the struggles of the men and women who led the battle to end slavery, which began in 1830. The video uses reenactments and narration to describe the lives and feelings of Lloyd Garrison, an England newspaper editor; Frederick Douglass, a former slave, author and activist; Angelina Grimke, the daughter of a rich South Carolina slaveholder; Harriet Beecher Stowe, the author of “Uncle Tom’s Cabin”; and “John Brown”, who was executed for his armed seizure of the federal arsenal at Harpers Ferry.

Phyllis Frenzel, head librarian, said that regardless of a person’s ethnicity or race, watching this series will be an eye-opener.

Yamasaki is currently a professor of history and di-

rector of applied humanities research and grants at Chaminade University of Honolulu.

He has been a part of many organizations, such as the Hawaii Council for the Humanities, the National Endowment for the Humanities and Hawaii Council for History Education.

Yamasaki has also worked on publications focusing on America’s civil rights movement. He will lend insight during the viewing and will lead a discussion of the film after its conclusion.

Full-length versions of the four documentaries in the series will also be available for borrowing. For more information, call the library at 449-8299.

will be “autumn colors.” FMI: 449-8299.

Defy Gravity: Lift Your Body in Stages class will be held from 11:30 a.m. to 12:30 p.m. Sept. 25 at the Joint Base Pearl Harbor-Hickam Fitness Center. This class will include meditation and a warm-up sequence. It will be followed by a fluid series of yoga postures, emphasizing arm balances. Class will end with a muscle awareness cool-down and deep relaxation. The cost is \$5. FMI: 471-2019.

Mongolian Barbecue will be offered from 5:30 to 8 p.m. Sept. 25 on the lanai of the Historic Hickam Officers' Club. A variety of meats, vegetables and sauces will be available for 85 cents per ounce. Rice, noodles, soup, beverages and fortune cookies are included. FMI: 448-4608.

MWR’s Information, Tickets & Travel (ITT) is now offering

rides aboard the “Holo Holo” trolley to a monthly food truck and street food rally, Eat the Street Hawaii in Honolulu. The next one is scheduled for Sept. 26 and will have an Oktoberfest theme. There will be entertainment and special events for children. Interested patrons can sign up with ITT for \$7 per person and children under age 5 on an adult’s lap will be admitted free. Reservations can be made at any ITT location. FMI: Fleet Store at 473-0792, Hickam at 448-2295, NEX at 422-2757, Barbers Point at 682-2019 or Wahiawa at 564-4445/4446.

Hickam Historical Tour will be held from 9:30 a.m. to 1:30 p.m. Sept. 26 with visits to the original World War II Hickam Field buildings. The tour departs from ITT-Hickam office and from Royal Alaka'i Lodge and includes lunch. Due to the nature of the tour, it is not recommended for children under 6 years old. FMI: 448-2295.

Kayaking the Moku Islands excursion will begin at 9 a.m. Sept. 27. MWR Outdoor Adventure Center staff will lead a paddling trip to the Mokulua Islands, a protected bird sanctuary located off Kailua and Lanikai beaches. This activity is somewhat moderate in the level of difficulty, depending on winds and ocean conditions. The cost is \$35, and the sign-up deadline is Sept. 24. FMI: 473-1198.

Learn to Spearfish class will begin at 9 a.m. Sept. 27 and Sept. 28 with instructors from the MWR Outdoor Recreation-Hickam Harbor staff. On the first day, class is held at the pool. On the second day, depending on skill level, there may be two ocean dives from the boat. Mask, fins and snorkel are required. Other equipment and transportation will be provided. The cost is \$60. The sign-up deadline is Sept. 23. FMI: 449-5215.

Community Calendar

SEPTEMBER

COMBINED FEDERAL CAMPAIGN

TODAY — The Navy Combined Federal Campaign (CFC) kick-off event will be held from 11 a.m. to 1 p.m. at Ward Field at the outdoor obstacle course behind Bloch Arena at Joint Base Pearl Harbor-Hickam. The event will include climbing the alpine tower, a six-on-six dodgeball tournament, Navy ninja warrior competition, 1.5-mile run/walk, charity fair, food and music. No registration is necessary for the free event. Participants of all skill levels are welcome. FMI: email Michael.barksdale@navy.mil or call 221-1418.

The 2014 Hawaii-Pacific Area Combined Federal Campaign began Sept. 15 and will continue through Oct. 31. The CFC is the annual fund-raising drive conducted by federal employees in their workplace. The mission of the CFC is to encourage philanthropy and to provide all federal employees the opportunity to improve the quality of life for all. FMI: www.cfc-hawaii.org.

NATIONAL POW/MIA RECOGNITION DAY EVENTS

TODAY — Ceremonies for national POW/MIA Recognition Day include:

- A POW/MIA remembrance ceremony will be held from 8:15 to 9 a.m. at the 15th Wing building, Joint Base Pearl Harbor-Hickam. The guest speaker will be U.S. Air Force Col. Henry “Hank” Fowler (Ret.). FMI: Senior Master Sgt. Ricardo Russo at 449-0492.
- The Joint POW/MIA Accounting Command will host a commemoration of National POW/MIA Recognition Day beginning at 10 a.m. at the National Memorial Cemetery of the Pacific (Punchbowl). The ceremony is free and open to the public. Appropriate attire for the event is military class B or service equivalent, or civilian casual or *aloha* wear. The keynote speaker, former Navy Capt. (ret.) James Hickerson, was a prisoner of war during the Vietnam War. Other ceremony highlights include wreath presentations by veterans’ groups and a solemn reading of former missing in action service members whose remains were identified in the last year. Organizations are welcome to participate in the floral presentations by laying a wreath or flowers. FMI: 448-1939.
- A special POW/MIA remembrance day meal will be held from 11 a.m. to 12:30 p.m. at the Silver Dolphin Bistro. The meal price is \$4.65. The meal is open to all active duty military, Department of Defense employees, retirees and family members of active duty with valid ID cards. The menu will include grilled tenderloin steak, barbecue pork ribs, grilled salmon, rice pilaf, parsley buttered potatoes, broccoli and cauliflower combo, corn on the cob, shrimp gumbo and French bread. The meal will also include a fresh salad bar, crab salad and pasta salad, assorted desserts, ceremonial cake and an ice cream bar. FMI: 473-2948.

KARAOKE NIGHT

TODAY — A karaoke night will be held from 6 to 10 p.m. at Turtle Cove, Bellows Air Force Station. Snacks and pupus will be available while supplies last. FMI: 259-4112.

UNDER THE BLOOD-RED SUN

SATURDAY — In conjunction with International Peace Day, the World War II Valor in the Pacific National Monument scheduled a special showing of the brand new film “Under the Blood-Red Sun” at 6 p.m. on the Pearl Harbor Visitor Center lawn. The novel by author Graham Salisbury is required reading for most fifth and sixth grade students on Oahu and tells the story of the attack on Pearl Harbor and WWII in Hawaii through the eyes of a young boy. A book signing will precede the film. This event is open to the public. FMI: www.pacifichistoricparks.org/phh_events.php



WHEN THE GAME STANDS TALL (PG)

The film portrays the journey of legendary football coach Bob Ladouceur, who took the De La Salle High School Spartans from obscurity to a 151-game winning streak that shattered all records for any American sport.

SHARKEY THEATER

TODAY 9/19
7:00 PM Guardians of the Galaxy (PG-13)

SATURDAY 9/20
2:30 PM Teenage Mutant Ninja Turtles (3-D) (PG-13)
4:30 PM The Expendables 3 (PG-13)
7:20 PM When the Game Stands Tall (PG)

SUNDAY 9/21
2:30 PM Guardians of the Galaxy (3-D) (PG-13)
5:10 PM Into the Storm (PG-13)
7:00 PM Lets Be Cops (R)

BLOOD DRIVE SCHEDULE

Tripler Army Medical Center blood donor drives include:

- Sept. 22, 9 a.m. to 1 p.m., Camp Smith Pollack Theatre, Camp Smith.
- Sept. 23, 9 a.m. to 1 p.m., 205th Military Intelligence Battalion, Fort Shafter.
- Sept. 24, 8 a.m. to noon, Makalapa Clinic, Joint Base Pearl Harbor-Hickam.
- Sept. 29, 8 a.m. to 3 p.m., TAMC Department Blood Battle, Blood Donor Center, room 2A207, Tripler Army Medical Center. FMI: 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

FORD ISLAND RUNWAY CONSTRUCTION

23 — Beginning at 2 a.m. Sept. 23 through Sept. 24, construction will be ongoing on the Ford Island runway. Traffic will be affected at the entrance traffic circle at Chafee Boulevard and Wasp Boulevard. Phase one will last four to six hours. Phase two will begin at 8 a.m. and last 18 hours. Traffic control detour signage will be provided to reroute vehicles. Vehicles will be provided continuous access to the NOAA facility, senior enlisted housing and Navy Gateway Inn and Suites by detours. FMI: Ryan Tanaka at 474-3220, ext. 255 or email ryan.m.tanaka@navy.mil.

RESPIRE CARE INFORMATION FAIR

24 — An information fair on exceptional family member program (EFMP) respite care will be held from 9 to 11 a.m. at the Military and Family Support Center Pearl Harbor. FMI: www.greatlifeohawaii.com or 474-1999.

AIR FORCE BIRTHDAY FUN RUN

24 — Pacific Command leaders will hold an Air Force Birthday Fun Run which will begin at 6 a.m. at hangar 54 parking lot, Joint Base Pearl Habor-Hickam. All services and civilians with CAC access are invited to participate and celebrate the Air Force birthday.

SAND DUNE RESTORATION PROJECT

27 — A sand dune restoration project will be held from 8 a.m. to 2 p.m. at Bellows Air Force Station, near pavilion A and the bathhouse building 201. Snacks and cold beverages will be provided. FMI: Craig Gorsuch at 927-1867.

WINGS OVER THE PACIFIC VOLUNTEERS

27, 28 — Volunteer opportunities are available for the 2014 “Wings Over the Pacific” Airshow scheduled from 10 a.m. to 5:30 p.m. both days at Joint Base Pearl Harbor-Hickam. Volunteer opportunities are open to military and civilians. Volunteers need to be at least 16 years old. Volunteer tasks include set up/tear down, event operations, chalet ushers and parking. The airshow will feature the Navy’s Blue Angels demonstration squadron and other aerial demonstrations. FMI: Lt. Cmdr. Alex Torres or ENC Jewel Fautanu at 471-3521 or email, alex.n.torres@navy.mil or jewel.s.fautanu@navy.mil.

Movie Showtimes

HICKAM MEMORIAL THEATER

TODAY 9/19
6:00 PM The Expendables 3 (PG-13)

SATURDAY 9/20
4:00 PM The Expendables 3 (PG-13)
7:00 PM Lets Be Cops (R)

SUNDAY 9/21
2:00 PM The Expendables 3 (PG-13)



COMSUBPAC Wolfpack beats back NIOC HI X-Div

Story and photo by
Randy Dela Cruz

Sports Editor, Ho’okele

Down by six points early in the second half, Commander Submarine Force U.S. Pacific Fleet (COMSUBPAC) Wolfpack stormed back to post two touchdowns and gain a 21-13 win over Navy Information Operations Command (NIOC) Hawaii X-Div on Sept. 16 in a Red Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

The win evened out the Wolfpack’s record at 1-1, while X-Div lost their first game of the season after starting off last week with a lopsided victory.

“We knew we were going to have to score more touchdowns because they could put up points and they got a good quarterback,” said Wolfpack QB Fire Controlman 2nd Class Frank Lofton.

Realizing that NIOC had the potential to light up the scoreboard, Lofton got the Wolfpack out of the gates quickly by breaking the goal line on the team’s very first drive of the game.

Starting at his team’s own 15, Lofton made two clutch passes to Information Systems Technician 2nd Class Matthew Johnson to place the ball on the NIOC 13-yard line before the QB rushed for a three-yard gain and then connected with Electronics Technician 2nd Class Jesse Gauf on a 10-yard scoring pass.

The converted extra point gave the Wolfpack a quick 7-0 lead.

While Lofton hardly broke a sweat in putting his team ahead, X-Div quarterback



Commander Submarine Force U.S. Pacific Fleet (COMSUBPAC) Wolfpack quarterback Fire Controlman 2nd Class Frank Lofton breaks away from a pass rush in a Red Division showdown against Navy Information Operations Command (NIOC) Hawaii X-Div.

Cryptologic Technician (Maintenance) 3rd Class Michael Quash make things look just as easy by directing a six-play, 65-yard drive that led to a 7-7 tie.

Quash picked up three

consecutive first downs and then followed up on a 10-yard scoring pass to Cryptologic Technician (Collection) 2nd Class Jeremy Duty three plays later.

The X-Div had a golden

opportunity to take the lead going into halftime but couldn’t cash in after driving the ball all the way down to the Wolfpack two-yard line.

After intermission, NIOC

made up for the missed chance by going on an impressive 11-play, 65-yard-scoring drive to take a 13-7 lead.

The drive ended on a clutch 20-yard touchdown

toss from Quash to Cryptologic Technician (Interpretive) 3rd Class Doran Martin on fourth down.

With the expected shootout in full swing, Lofton knew he had to keep up with NIOC and on the very next drive he delivered.

The Wolfpack QB needed only four plays to move the ball 65 yards before connecting with Electronics Technician 2nd Class Jerrell Clemmons for the game-tying touchdown.

Lofton then converted the point-after on a keeper to put the Wolfpack up by a point at 14-13.

With time running out, Quash tried to put X-Div back in the driver’s seat, but on the very first play from the line of scrimmage, the NIOC QB made a big mistake when his pass was picked off by Information Systems Technician 2nd Class Logan Hawkins to give the Wolfpack the ball at the NIOC 37.

Sensing the win, Lofton went in for the kill and got it when he connected with Gauf once again for a touchdown.

“That was big,” said Lofton about the pick by Hawkins. “Once we got that one, it was it. We needed that interception. It sealed the game.”

While the Wolfpack got beat in their first game, a win over a solid team like NIOC is a good indication of where the team is headed for in 2014.

Lofton said that if the team stays on track, he believes that this could be the year.

“Once we get that chemistry down, we’re going to be like the Seahawks,” he said. “I think we can win it all with this team.”

NAVSUP announces 2014 holiday season mailing deadlines

NAVSUP Office of Corporate Communications

The Naval Supply Systems Command’s (NAVSUP) mail-by dates for pre-Dec. 25 deliveries of holiday cards, letters and packages were released Sept. 15.

For mail addressed to/from APO/FPO/DPO AE zips 090-098 (except 093); AA zips 340; AP zips 962-966:

- Priority express mail military service: Dec. 17
- First-class and priority mail (letters/cards and packages): Dec. 10
- Space available mail: Nov. 26

- Standard post mail: Nov. 8 APO/FPO/DPO AE ZIP 093
- Priority express mail military service: N/A
- First-class and priority mail (letters/cards and packages): Dec. 3
- Space available mail: Nov. 26

- Standard post mail: Nov. 8 Domestic mail (For ships in port and personnel on shore duty in the U.S. mailing to U.S. destinations-not including APO/FPO).

- First-class mail: Dec. 20
- Priority mail: Dec. 20
- Priority express mail: Dec. 23

International first-class packages and priority mail addressed to Africa and Central and South America should be mailed no later than Dec. 2.

International First-class packages and priority mail addressed to Asia/Pacific Rim, Australia/New Zealand, Canada; Caribbean, Mexico, Europe, and the Middle East should be mailed no later than Dec. 9.

All classes of mail addressed to FPO addresses must contain the proper nine-digit zip code or the New Navy Standardized Address format, which includes ship or mobile unit number, (or

PSC number for ashore FPOs), virtual mail box number, and five-digit ZIP code to ensure delivery. Mail not addressed correctly could be returned to sender as undeliverable.

Priority express mail military Service (PEMMS) is available from selected military post offices. If mailing to an APO/FPO/DPO address, check with your local post office to determine if PEMMS service is available and specific delivery service standards.

Space available mail (SAM) refers to parcels mailed to APO/FPO addresses at parcel post rates first transported domestically by surface, then to overseas destinations by air on a space available basis. The maximum weight and size limits are 15 pounds and 60 inches in length and girth combined.

From overseas locations, items mailed at standard post

rates are sent to CONUS by air on a space available basis. The maximum weight and size limits are 70 pounds and 130 inches in length and girth combined.

It is recommended customers check with local civilian or military post offices for information regarding size restrictions and customs declaration form requirements.

Customers are advised mailing restrictions apply and some items cannot be mailed. Examples of non-mailable items are: alcohol, switchblade knives, pornography, controlled substances, and explosive or incendiary devices. If in doubt, contact your local civilian or military post office.

As a final note, customers should ensure articles are packaged properly for mailing and packages do not display markings related to any type of hazardous material, such as bleach, alcohol or cleaning fluids.

Parcels found by U.S. Postal Service with such markings or labels on the outside of the box will not be processed.

The NAVSUP and Navy Supply Corps team share one mission—to deliver sustained global logistics capabilities to the Navy and joint warfighter.

NAVSUP/Navy Supply Corps’ diverse team of more than 25,000 civilian and military personnel oversee a diverse portfolio including supply chain management for material support to Navy, Marine Corps, joint and coalition partners, supply operations, conventional ordnance, contracting, resale, fuel, transportation, security assistance, and quality of life issues for the naval forces, including food service, postal services, Navy Exchanges and movement of household goods.

For more news from Naval Supply Systems Command, visit www.navy.mil/local/navsup/.

Motorcycle safety courses offered

Joint Base Pearl Harbor-Hickam

Safety Office

Motorcycle safety courses that are offered to military service members include a Motorcycle Safety Foundation (MSF) Basic Rider Course, MSF Military Sport Bike Course and MSF Advanced Rider Course.

An Advanced Motorcycle Rider Track Day is also offered, but that one is held less frequently (about twice a year or less).

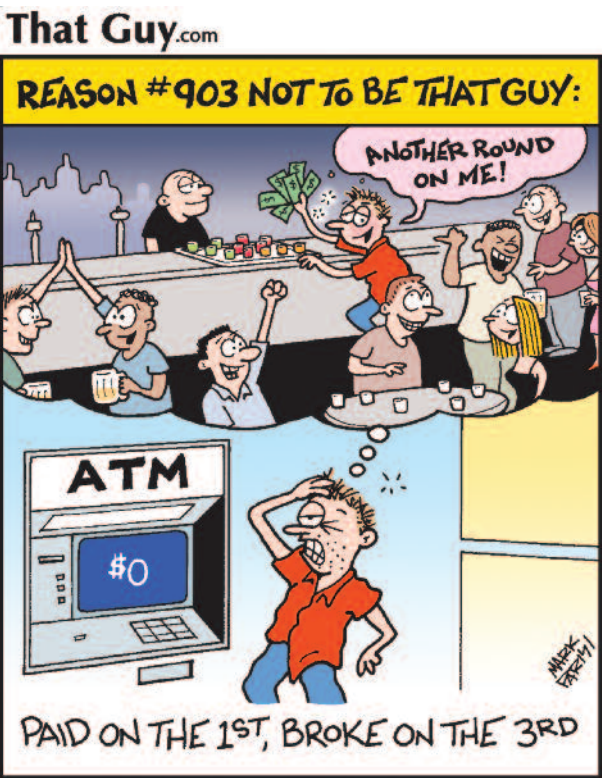
A drivers' improvement course is offered monthly or as required.

The courses are held at

Barbers Point by the Army National Guard building. Maps can be found on ESAMS under the class documents section when registering on the classroom training schedule.

In order to sign up for the classes, participants can either go to ESAMS (Enterprise Safety Applications Management Systems), or call Ranold Fujioka, the region motorcycle safety course coordinator at 473-1165.

To register for the class in ESAMS, click my links classroom training schedule and then the month tab when you want to take the training.



Jewish High Holy Days services scheduled

Joint Base Pearl Harbor-Hickam Religious Ministry Services

Jewish High Holy Days services at the Aloha Jewish Chapel, Joint Base Pearl Harbor-Hickam include:

- Rosh Hashanah:

Evening service at 7:30 p.m. on Sept. 24.
Morning service at 10 a.m. on Sept. 25.

- Yom Kippur:

Evening service (also called Kol Nidre) at 7:30 p.m. on Oct. 3.
Morning service at 10 a.m. on Oct. 4.
For more information, call 473-4088.

My Favorite Photo...

Brandon Bosworth, Ho’okele assistant editor, took this recent photo of two stand-up paddlers off the coast of Portlock in Hawaii Kai.



How to submit: Email your (non-posed) photos to editor@hookelenews.com

Navigate to Ho’okele website

www.hookelenews.com or www.cnrc.navy.mil/hawaii

