

## Battleship Missouri Memorial hosts end of WWII ceremony

MC2 Diana Quinlan

Navy Public Affairs Support  
Element West, Detachment  
Hawaii

Hawaii-based service members, veterans, government leaders and civilians attended a ceremony commemorating the 69th anniversary of the end of World War II held Sept. 2 aboard the Battleship Missouri Memorial.

Now moored at Ford Island, the location where Sailors first witnessed the attack that brought America to war, Battleship Missouri Memorial serves as a monument and a reminder for the beginning and end of WWII for the United States.

On Sept. 2, 1945, Japan officially surrendered as the Japanese Instrument of Surrender was signed on the wooden decks of the "Mighty Mo." Gen. Douglas MacArthur, Fleet Adm. Chester Nimitz, Japanese Foreign Minister Mamoru Shigemitsu and other world leaders oversaw the historic event that is remembered today.

At Tuesday's ceremony, Rear Adm. Robert P.

Girrier, deputy commander, U. S. Pacific Fleet, was guest speaker.

"On Sept. 2, 1945, right here on these decks, World War II was officially ended," said Girrier. "When you consider the lives lost, the emotional and physical suffering, and the damage and destruction left behind, the cost of the war was incalculable. But as the war ended and the world rejoiced, it didn't stay focused on the past; instead, it looked to the future with hope and expectation of great things to come," Girrier said.

He spoke of the collaboration between the United States and Japan after the war in an effort to rebuild the world around them. Girrier also commended constant efforts to improve mutual understanding, respect and a relationship that would lead to vast improvements in technology, economy and reliance on one another.

"Today, the United States has forces forward-deployed in Japan as part of our alliance, and that gave us the ability to respond instantly," said Girrier.

"And we work and train with the Japan Self Defense Forces continuously as we prepare to confront any possible manmade crisis or natural disaster that may challenge stability and security in this important region. We're there for each other and just knowing that is sometimes all that is needed."

He also stressed



Art Albert, a World War II veteran who served aboard USS Missouri from 1944 to 1947, reads a program during a ceremony of the 69th anniversary of the end of World War II aboard the Battleship Missouri Memorial.

the importance of cooperation between all nations and strength that these relationships can offer.

"Today, as our world becomes more and more interconnected and interdependent, as we all rely on freedom of the seas for the safe and efficient movement of trade between nations, the relationships that we have established with our allies, our partners and our friends are important to all of us," Girrier said.

He also expressed his gratitude to the veterans for their sacrifices, their

strength and for the future they secured for the new generations.

One such person, representing today's youth, was Caitlyn Lodovico, a student from Radford High School, who researched and wrote an award-winning essay for the Battleship Missouri Memorial Sept. 2 essay contest. She was at the event and read her essay to the audience.

Art Albert, a World War II veteran who served aboard USS Missouri between 1944 and 1947, spoke of his experience at the ceremony and the feeling of standing on the deck plates of his first ship.

"When you come home, how do

you feel? Good, right? This is how I feel. I am home," said Albert. "I went through the Korean and Vietnam Wars after I left [USS] Missouri but this is it. I do not care about other [duty stations]. This is my home."

Albert recalled the men who gathered on decks and guns of the battleship as Gen. MacArthur arrived and the joy of his fellow Sailors as WWII was officially over. He also spoke of the pleasure he feels of seeing his "home" being taken care of.

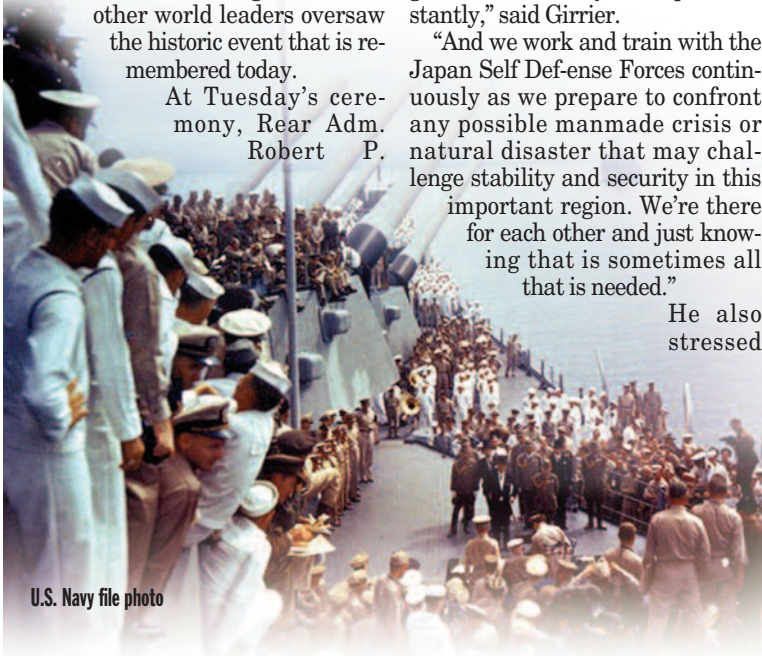
"I am very grateful to the people here who take care of the ship," said Albert. "They work hard, and it is the greatest thing that they did since the ship has been here—bringing it back like I used to know it when it was put in commission in 1944."

Michael Carr, president of the Battleship Missouri Memorial, spoke about the importance of remembering the past, learning from mistakes, and striving for a better future. He thanked veterans as well as current and future service members for their dedication to the nation and its safekeeping.

"We are here today to honor the anniversary of the peace," said Carr. "Our eternal thanks go out to the Soldiers, Sailors, Marines, Airmen, Coast Guardsmen and merchant marines who serve America with distinction and honor and made this day possible."

He also welcomed guests to the unveiling of the newly renovated wardroom, which was restored to its 1991 inspection-ready condition the last year the battleship was in service.

The ceremony concluded with a Joint Base Pearl Harbor-Hickam rifle detail providing a gun salute and the Marine Forces Pacific Band playing echo Taps.



U.S. Navy file photo

## USS Lake Erie departs for new homeport

(Above, below) Sailors aboard the guided-missile cruiser USS Lake Erie (CG 70) man the rails as the ship prepares to depart Aug. 29 from Joint Base Pearl Harbor-Hickam for a scheduled homeport change to San Diego.



U.S. Navy photos by MC2 Tiarra Fulgham

## We're in this together: One suicide is one too many

MC3 Johans Chavarro

Navy Public Affairs Support  
Element West, Detachment  
Hawaii

Starting in September, the Navy will promote the message, "Every Sailor, Every Day," to encourage all Sailors, leaders, families and members of the Navy community to strengthen their connections with those around them in accordance with Suicide Prevention Month.

Unfortunately, suicide is currently one of the top causes of death in the Navy, claiming the lives of approximately 44 Sailors in 2013 alone and, according to Navy Personnel Command, 39 lives so far in 2014.

While these statistics suggest a decrease in frequency of total suicide fatalities from previous years, the numbers show some Sailors feel there is nowhere to go and no other option.

In an organization that requires the cooperation and unity of every Sailor to accomplish its mission, one suicide is one too many.

So how do we keep moving forward?

According to Lt. David Broderick, a psychologist at Makalapa Mental Health Clinic Pearl Harbor, in addition to the web of resources that target raising awareness, reduction and response to suicide, it is also increasingly important to "get ahead of the problem" and address the social challenges and stigmas that may lay at the crux of the issue.

"Efforts need to continue to be made toward de-stigmatizing and being more empathic about suicide so that the person asking for help doesn't feel overwhelmed with asking for it," said Broderick.

"If people are hesitant to go and talk to their chain of command about feeling depressed or hopeless, because they worry their career might get affected, or because



Photo illustration by MC2 Diana Quinlan

maybe they're not yet at that point of really wanting to hurt themselves, then things can certainly end up escalating, the longer they wait," Broderick explained.

Lt. James Ragain, a chaplain attached to Joint Base Pearl Harbor-Hickam, echoed Broderick's sentiments, saying there are a lot of social challenges and stigmas that come with suicide.

"For the person that may be having thoughts about suicide, there's certainly the stigma of, 'am I going to be seen as different?' or, 'are people going to treat me as weak?' said Ragain.

"And on the other end, there's the taboo of asking difficult questions about people's lives and asking the question we're trained to ask, 'are you thinking about suicide?' We may think that by asking this question, this person may reject us and cost us a friendship."

According to Ragain, the programs that are available work effectively to equip individuals with the know-how and insight to identify external indications and red flags as well as providing help to those who need it.

"Oftentimes, the tools can be like giving cough syrup to someone who needs an antibody. We need to get below the

surface," Ragain said.

"If they can't open up to anyone, or if they don't feel safe opening up to anyone, and no one is there to ask that clear and direct question, 'are you thinking about suicide?', then the situation can certainly snowball out of their control," said Ragain.

Lt. Cmdr. Kaarin Coe, previously a social worker and the suicide prevention coordinator at Military and Family Support Center Pearl Harbor, said that while the task of asking a shipmate or co-worker if they are having thoughts of suicide or are in need of professional help may seem daunting, it is important to keep in mind the Navy's core values to intervene when something is out of place in the work place as well as with those around us.

"The Navy's greatest asset is their people," said Coe. "Nothing moves, flies, or sails without someone at the helm—whatever form that may take."

"When we take care of each other, we ensure our Navy stays not only 'fit to fight' but focused on the mission. When we get people support sooner rather than later, they are able to either maintain

See SUICIDE PREVENTION, A-6



735th AMS Warriors take pride in getting their hands dirty  
See page A-2



Navy contractors begin drilling for two new ground water monitoring wells  
See page A-2



Kalowsky relieves Osgood at shipyard change of command ceremony  
See page A-3



Navy holds open house to discuss Radford High School remediation project  
See page A-4



Submarine Sailors target new fitness concept  
See page B-1



Armada Republica Colombia ARC Nariño (FM-55) tours  
See page B-5



# 735th AMS Warriors take pride in getting their hands dirty

Story and photo by  
Tech. Sgt. Terri Paden

15th Wing Public Affairs

The 735th Air Mobility Squadron (AMS) is primarily known for operating the passenger terminal and enabling the space available travel option for active-duty members, retirees and their family members. Many Airmen in the squadron are also hard at work behind the scenes, providing passengers and crew members with a clean, comfortable and safe mode of transportation when they fly.

In addition to checking in passengers and loading baggage onto the aircraft, Airmen in the 735th AMS Fleet Services flight are responsible for cleaning and servicing the aircraft.

To accomplish this, the flight is divided into two sections—dirty fleet and clean fleet.

Dirty fleet Airmen are responsible for cleaning the bathrooms, removing the trash, and making sure there is potable water onboard—a job which could be messy and time consuming. As soon as the aircraft lands, a lavatory service truck is used to suck out the onboard waste and replace it with new fluid in preparation for the next flight—a job that may be dirty, but is highly necessary if passengers intend to use the bathroom.

“It’s a dirty job for sure,” said Staff Sgt. Preston Harris, 735th AMS passenger services representative. “The waste could dump out on you when it’s being removed. It can definitely get really nasty if you aren’t careful.”

While dirty fleet Airmen focus on cleaning the aircraft after it lands, clean fleet Airmen focus on replenishing and preparing for the next flight.



Tech. Sgt. Alejandro Lopez, 735th Air Mobility Squadron non-commissioned officer in charge of aircraft services, prepares to hook a “blue juice” hose up to a C-17 Globemaster III during the de-fleeting process on the Joint Base Pearl Harbor-Hickam flightline Aug. 26. *(See additional photo on page A-5.)*

What clean fleet brings to the table primarily depends on what a particular aircraft needs. They are charged with stocking coolers of water, toiletries, pillows and blankets and, most importantly, food.

“What we do all ties in together,” said Harris. “Once passengers make it onto the aircraft, they want to be comfortable, and that’s what we provide. Nobody wants to travel on a dirty, smelly flight. Nobody wants to be freezing cold and not have a blanket to use or a pillow to lay their head on.”

Harris said the best part about it is being able to take care of the crew and passengers.

“Nobody really knows about us because we work behind the scenes, but what we do is really important,” he said. “If we didn’t do our job, it could become a health and safety concern.”

“Everybody here takes pride in what we do,” Harris added.

For Senior Airman Amanda Wheeling, 735th AMS air transportation journeyman, being a part of fleet services is also about showing the passengers you care.

“I don’t mind that it’s a dirty job. It’s dirty, it’s hot, but I enjoy it,” she said. “Both dirty fleet and clean fleet are extraordinarily important because nobody would like not being able to go to the bathroom on a nine-hour flight, but they also wouldn’t like flying without ear plugs.”

Wheeling, a self-professed organizer, said she loves the physically demanding aspects of her job and being able to make things straight and organized but also likes being a part of the bigger picture.

“I love clean fleet because you get to see every aspect of our job from start to finish,” she said. “My favorite part is getting to go to every aircraft and being a part of the recovery process. It’s fun.”



U.S. Navy photo by ITI Michael Low

Navy contract workers conduct drilling procedures for the installation of the first of two new groundwater monitoring wells north of the Red Hill Bulk Fuel Storage Facility.

## Navy contractors begin drilling for two new ground water monitoring wells

Navy Region Hawaii Public Affairs

Navy contractors began drilling operations Aug. 28 to install two new groundwater monitoring wells north of the Red Hill Bulk Fuel Storage Facility.

There are currently seven groundwater monitoring wells in the vicinity of Red Hill. These two additional wells will enhance understanding of groundwater movement in the vicinity of the facility and provide alerts should any contaminants be detected.

The wells were sited and planned in direct cooperation with, and approval by, appropriate state and federal regulatory agencies, principally the underground storage tank section of the Hawaii Department of Health and the U.S. Environmental Protection Agency.

Planning and fieldwork are being conducted following appropriate regulatory, health, safety and security procedures. Well drilling and installation will be done by Valley Well Drilling, based in Kapolei, and is expected to be completed by the end of October 2014.

Oahu’s drinking water is drawn from sources, including the Navy’s Red Hill water supply shaft, which are sampled and analyzed by certified laboratories regularly to ensure it is safe for consumption. Drinking water collection sources are different in purpose and structure from groundwater monitoring wells, also referred to as sentinel wells, whose purpose is not supply but to detect potential contaminants and provide information on groundwater movement and behavior.

“The siting and installation of these additional groundwater monitoring wells is a direct result of the collaboration between the Navy, state Department of Health and the U.S. Environmental Protection Agency and

our combined interest to further refine understanding of how ground water moves near the Red Hill Bulk Fuel Storage facility,” said Aaron Poentis, environmental program director for Navy Region Hawaii. “We value this precious resource along with our fellow residents, families and friends.”

There is currently a network of seven sentinel wells in the vicinity of Red Hill; six of those are operated by the Navy. Data from the two new wells will be added to the existing network and used to validate models that are intended to describe possible groundwater movement and ability to transport any contamination toward drinking water sources.

Certified civilian and Navy laboratory tests indicate that drinking water sources in the Red Hill vicinity continue to meet federal safe drinking water and state of Hawaii standards.

The Navy awarded the overall contract on May 22 to Battelle Memorial Institute and Parsons Government Services for evaluation of the Red Hill facility, based on their previous experience at other similar Department of Defense sites on Oahu. The contract tasks include planning, fieldwork and documentation for the installation of Red Hill monitoring wells.

The total cost of all three phases of installation for the two wells is expected to be approximately \$670,000 with about 75 percent of that cost invested in the fieldwork phase efforts, which are subcontracted to firms based in Hawaii.

The Red Hill Bulk Fuel Storage Facility is operated within industry standards and maintained under American Petroleum Institute guidelines. It is a national strategic asset and continues to provide vital, secure fuel storage for ships and aircraft of U.S. Pacific Fleet and other military branches.



Commentary

Lessons from the past teach us to be vigilant while reaching out

Rear Adm. Robert Girrier

Deputy Commander, U.S. Pacific Fleet

(Editor's note: This is an excerpt from a speech given by Rear Adm. Girrier at a ceremony commemorating the 69th anniversary of the end of World War II which was held Sept. 2 at the Battleship Missouri Memorial.)

On Sept. 2, 1945, right here on this great ship, World War II was officially ended. Almost seven decades have passed since the end of World War II, but the effect of that war continues to be felt today. It's like a stone thrown in a pond, where the ripples spread out. The center becomes quiet, but the waves don't rest. They keep moving forward—creating change.

In the decades following the war, nations torn asunder began to rebuild. They grew, they prospered, and they thrived.

Today, our once-bitter enemies are some of our closest allies. Germany and Italy are part of the NATO



Official U.S. Navy photograph U.S. Navy Fleet Adm. Chester W. Nimitz, signs the Instrument of Surrender as United States representative, aboard USS Missouri (BB-63) on Sept. 2, 1945.

alliance, and Japan is one of only five bilateral treaty allies we have in the Pacific. Over the decades, these alliances have withstood the test of time—through peace and through crisis.

That is perhaps the greatest effect World War II has had on the world—the relationships we established before, during and after the war. Today we are on friendly terms with the nations in the Indo-Asia-Pacific as we build our future—together. We work at it all the time, and it's more

than worth it.

Many of you saw an example of this type of hard

work this summer as we hosted the Rim of the Pacific Exercise—(RIMPAC) here in Hawaii. During RIMPAC 2014, we had ships from 22 nations here in port and conducted exercises around these islands, just one of the many ways we work on those all-important relationships.

By working together now, we're building the relationships necessary for stability and security in the coming decades and into the next century. That is the reason why our nation has renewed its focus and attention to this vital part of the world as we rebalance to the Indo-Asia-Pacific.

For decades, the Greatest Generation—those who fought in World War II—have been here to remind us of that important time in history so that we don't forget. Now, sadly, each year we see fewer and fewer in attendance at these events, fewer veterans to remind us of heroic deeds of the past, or to warn us of the perils we may face in the future.

Our job is to teach the next generation to take on the task of remembering and honoring those who fought so hard and of upholding our principles.

We've come a long way over the last seven decades. And it's essential to remain

vigilant and strong—always—keeping a weather eye on the future as there will be more and more challenges.

But I also know that the opportunities that continue to ripple through time as a result of World War II have given us a chance at something truly unique and special in this world—a world where we learn from the past, we remember, and strive to work together, in friendship and peace, for the prosperity of all.

In our increasingly globalized world, this combination—to be vigilant and ready while also reaching out—seems to me like common sense.

Kalowsky relieves Osgood at shipyard change of command ceremony

Pearl Harbor Naval Shipyard Public Affairs

During a change of command ceremony Aug. 29 at Joint Base Pearl Harbor-Hickam, Capt. Jamie Kalowsky relieved Capt. Brian Osgood as the 46th commander of Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility (PHNS&IMF).

The presiding officer for the ceremony was Vice Adm. William H. Hilarides, commander, Naval Sea Systems Command. The guest speaker was Rear Adm. Phillip G. Sawyer, commander, Submarine Force U.S. Pacific Fleet (SUBPAC). Both flag officers praised Osgood for his leadership of the shipyard and commended the work force for their support to the fleet.

Osgood, a Florida native and University of South Florida graduate, spoke about the shipyard's many accomplishments during the past four years and their reflection of his guiding principles: "Work Hard, Play Hard and Live



U.S. Navy photo by Danielle Jones Capt. Brian Osgood, outgoing commander of Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility, renders a salute as he is piped ashore at the end of the change of command ceremony held Aug. 29.

Strong."

"I'm proud of how we have executed one of the most important missions in the Department of Defense—delivering material readiness to the homeported ships and submarines in Hawaii and Guam and providing emergent response to the Pacific Fleet anywhere in the Pacific area of

responsibility," he said.

Osgood's next assignment will be on the SUBPAC staff as the submarine maintenance officer.

Kalowsky, a native of Scranton, Pa. and a 1991 graduate of the U.S. Naval Academy, assumes command of PHNSY&IMF following duty as operations officer at Portsmouth Naval

Shipyard in Kittery, Maine.

During the ceremony, he thanked shipyard management and labor leadership for an outstanding turnover.

"It is readily apparent that you value people, you have purpose, and you never quit. I look forward to working with you to achieve shared success," he said.

Diverse Views



What is one of the best books you have ever read and why?



BM2 Charles McConnell Pearl Harbor Naval Shipyard

"'Fearless', by Eric Blehm. It's a biography of Adam Brown, a Navy SEAL who passed away."

Master Sgt. Michael Shannon PACAF



"'The Last Honest Place in America.' An interesting read on how Las Vegas was developed."



CT12 Jason Harrington NIOC Hawaii

"'The Demon-Haunted World,' by Carl Sagan. It gives you a more scientific way of looking at the world to keep from being overcome by fear and superstition."

Tech. Sgt. DeRon Branch 647th Civil Engineer Squadron



"One of the best I have read would be 'The Pursuit of Happyness.' Very profound book."



ET3 Julia Lawrence MALS-24

"I have to be honest and say 'Harry Potter.'"

Maj. Eric Theriault PACAF



"I really enjoyed 'Ender's Game.' Even though it was written in the '70s, I found it fascinating, and the struggles Ender went through at such a young age engrossed me."



Lt. Daniel West USS John Paul Jones (DDG 53)

"'Last Stand of the Tin Can Soldiers.' It speaks to what a well-assembled team can do even when they're faced with overwhelming odds."

Staff Sgt. Justin Davenport 535th Airlift Squadron



"'Scar Tissue.' An interesting look behind the scenes of the Red Hot Chili Peppers."

Provided by Lt. j.g. Eric Galassi and David D. Underwood Jr.

Want to see your command featured in Diverse Views? Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Ceremony ends World War II



Adm. William F. Halsey and Vice Adm. John S. McCain chat by the rail on USS Missouri (BB-63), after the conclusion of the surrender ceremonies of Imperial Japan on Sept. 2, 1945. The ceremony formally ending World War II took place 69 years ago this week in Tokyo Bay.

Official U.S. Navy photograph

HO'OKELE

Director, Navy Region Hawaii Public Affairs Agnes Tauyan

Deputy Director, Public Affairs Bill Doughty

Director, Joint Base Pearl Harbor-Hickam Public Affairs Grace Hew Len

Managing Editor Karen Spangler

Editor Don Robbins Assistant Editor Brandon Bosworth

Sports Editor Randy Dela Cruz

Sr. Graphic Artist Sr. Antonio Verceluz

Graphic Artist Richard Onaha Hutter

Ho'okele is a free unofficial paper published every Friday by The Honolulu Star Advertiser 500 Ala Moana Boulevard Suite 7-500 Honolulu Hawaii 96813, a private firm in no way connected with DoD, the U. S. Navy, Air Force or Marine Corps, under exclusive contract with Commander, Navy Region Hawaii. All editorial content is prepared, edited, provided and approved by the staff of the Commander, Navy Region Hawaii Public Affairs Office: 850 Ticonderoga, Suite 110, Pearl Harbor, Hawaii, 96860-4884. Telephone: (808) 473-2888; fax (808) 473-2876; e-mail address: editor@hookelenews.com World Wide Web address: https://www.cnrc.navy.mil/Hawaii/ or www.hookelenews.com. This civilian enterprise newspaper is an authorized publication primarily for members of the Navy, Air Force and Marine Corps military services and their families in Hawaii. Its contents do not necessarily reflect the official views of the U. S. Government, the Department of Defense, the U.S. Navy, Air Force or Marine Corps and do not imply endorsement thereof.

The civilian publisher, The Honolulu Star Advertiser, is responsible for commercial advertising, which may be purchased by calling (808) 521-9111. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement of the products and services advertised by the Department of Defense, the U.S. Navy, Air Force or Marine Corps, Commander, Navy Region Hawaii or The Honolulu Star Advertiser. Everything advertised in this paper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. A confirmed violation of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source. Ho'okele is delivered weekly to Navy & Air Force housing units and Navy and Air Force installations throughout Oahu. Housing residents may contact the publisher directly at (808) 690-8864 if they wish to discontinue home delivery.





The Los Angeles-class, attack submarine USS Greeneville (SSN 772) moors to the pier at Joint Base Pearl Harbor-Hickam as it returns Aug. 25 from a six-month deployment to the western Pacific.

## USS Greeneville returns home

**Story and photo by  
MC1 Steven Khor**

*Submarine Force Pacific  
Fleet Public Affairs*

An excited crowd lined the submarine piers for a warm *aloha* welcome as the Los Angeles-class, fast attack submarine USS Greeneville (SSN 772) returned to Joint Base Pearl Harbor-Hickam on Aug. 25 following a deployment to the western Pacific.

Families and friends showed off signs, banners and lei as the submarine came into view in the harbor.

Cmdr. Martin Muckian, the submarine's commanding officer, said the crew was outstanding during deployment.

"I am very proud of the crew," said Muckian.

"They performed superbly in every area, from the tactical watchstanders, to the nuclear propulsion plants operators, to the cooks. Every Sailor did his job and did it well, and that enabled Greeneville to do some great things for [U.S.] 7th Fleet on this deployment," he said.

The 150-man crew of

Greeneville was forward-deployed for more than six months, completing a variety of operations and missions vital to national security.

For a young seaman, it was his very first deployment while for a seasoned senior chief, it was his 12th deployment.

In addition to gaining the experience of operating in the western Pacific, the deployment afforded Sailors the opportunity to work on critical qualifications.

Over the course of the deployment, 15 enlisted Sailors and two officers became submarine qualified and are now able to wear their respective submarine warfare insignia, or "dolphins."

"The crew is feeling sky high after this deployment," said Muckian.

"They were asked to do some difficult things and they know they delivered. It's a great feeling for them. When you combine that feeling of accomplishment with the joy of seeing your family and friends again, it makes homecoming a great day."

While on deployment, Greeneville's crew helped

strengthen community ties in Guam as well as with foreign allies in Republic of Korea and Singapore.

Muckian said Greeneville Sailors were great ambassadors for the U.S. Navy, and they had a lot of fun on deployment and did everything from mountain hiking in South Korea to scuba diving in Guam.

"It was a memorable experience for everyone," added Muckian.

For Meghan Scassero, having her husband, Electrician's Mate 1st Class Joshua Scassero, home after such a long time meant the opportunity to enjoy their anniversary together.

"Tomorrow is our anniversary," said Scassero. "So we're going to spend time together. I've missed him terribly, so it is nice to have him home."

USS Greeneville is the 61st Los Angeles-class submarine and the 22nd improved Los Angeles-class attack submarine.

USS Greeneville was commissioned a U.S. naval warship at Norfolk Naval Base on Feb. 16, 1996. Greeneville changed homeport to Pearl Harbor, Hawaii in March 1997.

## Navy holds open house to discuss Radford High School remediation project

**Story and photo by  
Denise Emsley**

*Naval Facilities Engineering Command  
Hawaii*

Navy and contractor subject matter experts, along with representatives from the Hawaii Departments of Health and Education, spoke with Radford High School, Makalapa Elementary School and Navy Hale Keiki school parents at an informational meeting held Aug. 28 in the high school cafeteria. The purpose of the gathering was to discuss remediation actions at Radford's track and field which began Aug. 25.

"We wanted to reach out to the community directly impacted by this remediation project with as much detail as possible, so they would understand that we are looking out for the safety and well-being of everyone that may be affected: site workers, teachers, students, family members and the public," said Aaron Poentis, NAVFAC Hawaii environmental director.

"This project is complex, and our goal is to ensure everything is done properly and thoroughly the first time," he said.

The open house meeting was held for two hours and provided an opportunity where attendees could learn about what

had occurred since initial discovery and reporting to the Navy in late January and the work and timeline for this fall.

Various poster boards describing the remediation project were accompanied by subject matter experts to assist attendees' understanding of the remediation process in a one-on-one environment.

"The whole point of this meeting was to provide as much information as possible so that everyone is informed, comfortable with our actions, and to answer as many questions as possible," said Poentis.

In December 2013, the State of Hawaii Department of Education (DOE) encountered buried debris during excavation work to replace the high school's cinder running track with a synthetic track. The Navy was informed of the discovery of the debris in January 2014. Since then, the DOE, Hawaii Department of Health and the Navy have coordinated remediation action for the track and field.

The Navy received right of entry paperwork from the City and County of Honolulu on Aug. 25 and immediately began preparations such as coordinating equipment to be moved to the site, securing the remediation area, and initiating

**See REMEDIATION, A-7**



Naval Facilities Engineering Command (NAVFAC) and contractor environmental specialists speak with concerned parents of students attending Radford High School, Makalapa Elementary School and Navy Hale Keiki School at an open house meeting held Aug. 28. The event provided an opportunity to learn about the remediation issue and the Navy's future actions.



# Pearl Harbor-Hickam *Highlights*

Joint Base Pearl Harbor-Hickam rifle detail awaits orders during a ceremony of the 69th anniversary of the end of World War II aboard the Battleship Missouri Memorial. On Sept. 2, 1945 Japan officially surrendered as the Japanese Instrument of Surrender was signed onboard the ship by Gen. Douglas MacArthur, Fleet Adm. Chester Nimitz, Japanese Foreign Minister Mamoru Shigemitsu and other world leaders.

U.S. Navy photo by MC2 Diana Quinlan

(Below) Senior Airman Coby Hargrove, 735th Air Mobility Squadron air freight journeyman, backs a lavatory service truck up to a C-17 Globemaster III in preparation for de-fleeting the aircraft on the JBPHH flightline Aug. 26. During de-fleeting, waste water is removed from aircraft using a lavatory service truck and replaced with "blue juice" in preparation for the next flight.

U.S. Air Force photo by Tech. Sgt. Terri Paden



The crew of the Los Angeles-class, fast attack submarine USS Greeneville (SSN 772) throws lines to moor pierside at JBPHH after completing a six-month deployment to the western Pacific region on Aug. 25.

U.S. Navy photo by MC1 Steven Khor

The official party (from left: Capt. Jamie Kalowsky, incoming shipyard commander; Vice Adm. William Hilarides, NAVSEA commander; Capt. Brian Osgood, outgoing shipyard commander; Rear Adm. Phil Sawyer, commander, Submarine Forces U.S. Pacific Fleet) salutes during posting of colors at the Pearl Harbor Naval Shipyard change of command ceremony held Aug. 29.

U.S. Navy photos by Danielle Jones





# Suicide prevention emphasized by Navy leaders

## Continued from A-1

their ability to be mission-focused or return to duty faster than if they wait until there is a crisis. I believe this is the cornerstone of our core values,” she said.

Ragain said to continue moving forward it is crucial that Sailors and individuals find the honor, courage and commitment to initiate early avenues of communication with those who may be showing signs of suicide.

“When someone starts that internal dialogue about suicide and they have someone they can talk with about what’s going on in their life, it lets them get everything out onto the table and for a lot of people, it’s like a huge weight’s been taken off their shoulders,” said Ragain.

“For others, as they listen to themselves talk about suicide and about their issues, it’s almost like they convince themselves not to do it because they now have that connection with someone and they know they’re no longer alone.”

Because of this, it is imperative that Sailors and individuals remain perceptive to changes in behavior and attitude of someone who they may suspect is struggling emotionally, said Ragain.

“One thing that happens when people are thinking about suicide is they give out invitations to people, to connect with them and talk about their feelings,” said Ragain.

“I use ‘invitations’ as opposed to ‘warning signs’ because what they’re doing is inviting other people to talk about this major decision they’re going to make in their life. These invitations may come in the form of the things

they say like, ‘There’s no hope for me. Things will be better once I’m gone’ or as blatant as, ‘I’m going to kill myself.’ Invitations also come in the form of their appearance or how they isolate themselves from other people,” Ragain explained.

Coe said that anyone can become susceptible to suicidal thoughts. Thus it becomes important that everyone recognize their role as a resource by remaining vigilant to the signs that may be out of the ordinary with their co-worker or shipmate.

“Being aware of changes in mood, demeanor and behaviors are key in recognizing early that something may be going on,” said Coe. “Knowing the resources available can also help get someone to the support they need sooner.”

Once contact and communication are established, Sailors and individuals can then move on to subsequent resources that will work more directly to provide the support and help necessary.

At this stage in the Navy, Broderick suggested that commands continue to stress that Sailors seek help and resources.

“Commands need to continue stressing that, and eventually people may find themselves more willing, or not as nervous, to seek help and go talk to someone,” Broderick said.

“The clinic is a place for everyone to come for outpatient treatment for whatever life stresses they may have going on,” said Broderick.

“We offer therapy groups here to individuals with psychologists and social workers. We also have psychiatric nurse practitioners and psychiatrists

available here to work on the medication aspect. Our mission is to get people back to work and to feel stronger about going back to work.”

But to accomplish this mission first requires one to make that uncomfortable effort and ask that difficult question, “Are you thinking about suicide?”

It is only through increased empathetic and open communication that this can be achieved, said Coe.

“The more a difficult topic is discussed open and honestly, the more it breaks down the taboo/stigma. Recognizing that we all need help at different points in our lives is key,” she said.

From Sept. 1-30, “I Pledge to ACT,” a web-based effort, will take place to encourage all Sailors, families and members of the Navy community to take steps in building personal resilience, supporting their shipmates, and intervening if they notice signs of distress. The pledge is completely anonymous and available to all audiences through the NPC website, [www.public.navy.mil](http://www.public.navy.mil).

For more information about suicide awareness, visit

- [www.chaplain.navy.mil](http://www.chaplain.navy.mil). Navy chaplains have 100 percent confidentiality and cannot break this without the person’s consent. If someone isn’t sure where to start, chaplains can also help someone figure out where they need to go for help.

- [www.militaryonesource.mil](http://www.militaryonesource.mil). Referrals are made to local community providers. Services are not connected to service record.

- [www.suicide.navy.mil](http://www.suicide.navy.mil)

- [www.suicideoutreach.org](http://www.suicideoutreach.org)

Or call the National Crisis hotline at 800- 273-TALK to get in touch with trained counselors 24/7.

# Remediation at Radford to begin soon

**Continued from A-4**

work to establish a temporary access road behind Navy Hale Keiki School next to the H-1 Freeway that will exit onto Bougainville Boulevard.

This temporary road will provide a safe path for trucks that will leave the track and field area, avoiding the main entrance road into Radford High School and Makalapa Elementary School off Salt Lake Boulevard. The access road will also be protective of students at Navy Hale Keiki School.

Excavation efforts at the track and field will begin in early September and continue into October. During this time, contaminated soil and debris will be screened and properly disposed of at an appropriate permitted disposal facility.

The track area will be excavated to a depth of approximately one foot beyond where the DOE construction project intended to excavate. A geo-

fabric barrier will be placed followed by clean soil. This action will protect construction workers from exposure while the track resurfacing is completed.

Although the football field surface is free from contamination, the Navy will remove approximately one foot of clean soil and one to three feet of contaminated soil to a depth that irrigation or utilities may be placed. Then a geo-fabric barrier will be placed, followed by clean soil to prevent exposure to buried debris during future maintenance or renovations. In November the Navy will work with DOE to shape the football field with their design.

All track and field debris will be screened for any possible munitions type debris. This action results from two items that were found on the excavated track site. One was seen in January (a small projectile fuze) and another in April (a few empty small arms ammunition cartridge casings).

In addition to these two items, a photograph of an empty and cut five-inch projectile cartridge base was provided by the DOE construction contractor. Certified personnel will ensure any potential explosive hazards are safely addressed.

“During remediation, the site will be secured with established safety exclusion zones, and we have plans in place to ensure all students may continue to attend classes at Radford High School, Makalapa Elementary School and Navy Hale Keiki School,” Poentis said.

The Navy expects to complete remediation of the track and field by the end of November, so that the DOE’s construction contractor will be able to install a new irrigation system for the football field and complete the resurfacing of the track. The last action for the Navy will be to place new sod on the field in late spring, following DOE grassing requirements, in time to meet the 2015 football schedule.





# Life & Leisure

## Submarine Sailors target new fitness concept

Story and photos by MC1 Steven Khor  
*Submarine Force Pacific Fleet Public Affairs*

Rashidi Gibson, personal trainer, trains Sailors from Submarine Force, U.S. Pacific Fleet during command physical training Aug. 22 at the submarine base gym at Joint Base Pearl Harbor-Hickam.

Sailors from Commander, Submarine Force, U. S. Pacific Fleet (COMSUBPAC) were introduced Aug. 22 to a new physical fitness training (PT) concept at the submarine base gym at Joint Base Pearl Harbor-Hickam, mixing a variety of different exercises for a full body experience into one session.

Rashidi Gibson, a certified personal trainer from Florida who is a member of the National Federation of Professional Trainers, has extensive experience in the past in training military members including military special forces. Gibson is in Hawaii to help train Navy, Army and Air Force service members as a way to give back to the armed forces and introduce them to new ways of physical training.

"I just want to bring awareness to show people there are different ways to work out and that there is always a way to get better," said Gibson. "It is very advantageous for them and will motivate a lot of them to get involved again."

Intelligence Specialist 1st Class Cedric Green, assigned to COMSUBPAC, sought the help of his cousin Gibson in

the past when he was in need of physical therapy and weight management for a knee injury. Through Gibson's extensive knowledge of training and diet, Green was able to fully recuperate and pass the Navy physical readiness test as well as acquire a critical Navy enlisted classification in his rating. Immediately, Green saw the potential benefits in bringing Gibson to Hawaii to train with his fellow COMSUBPAC Sailors.

"It's just something he wanted to do to give back to the armed forces and raise awareness on health and how they can be physically fit just using body workouts," said Green about Gibson.

Green himself was able to attend the Army workout and said he enjoyed it very much.

"It was good," said Green. "I enjoyed it. He's always kicking my butt. I hope he comes back to train us again."

The training helped spread new ideas on the way the Navy could run physical fitness training in the future.

Sr. Chief Logistics Specialist Bryant Guzman, the command's fitness leader, said that this is an attempt to try to bring in new facets of up-to-date physical

fitness that may benefit Sailors and help shape the future of PT for the Navy.

"He might shed new light on physical fitness, and I want to take it on board to see if this is probably something that we should be doing," said Guzman.

During the fitness session, Gibson incorporated movements from various types of exercise including CrossFit, Pilates, boot camp and yoga. Gibson taught stretching and breathing techniques he devised from his experiences in training around the world.

"The workout gives Sailors more energy and will leave the body feeling refreshed," said Gibson. The training was well received by the Sailors.

"Today's workout was great," said Information Systems Technician 1st Class Bryana Eastman, the command's career counselor.

"It incorporated a lot of upper body exercises and a lot of what we have never done before. Bringing in different trainers is great, because we get to work out different parts of our body that we normally don't get to work out. My personal ambition is to run a lot, so it gives me something different on Fridays instead of

my usual cardio routine," Eastman said.

"The variety with the types of exercises just made it a very enjoyable workout," said Sr. Chief Logistics Specialist Thomas Daly.

With Gibson in Hawaii to train with other commands, including the Army and the Air Force, COMSUBPAC's fitness leaders knew this was an opportunity to include local submarine Sailors.

"It was great. He brought a new perspective to training that we have not considered before, right along with different types of exercises and ways to incorporate cardio," said and Intelligence Specialist 2nd Class Henry Wendelin.

"I really liked the cool down stretches. They were a lot harder than I thought," said Information Systems Technician (Submarines) 2nd Class Ronald Nimmo.

Gibson received praise for sharing his experiences and training. Following the event, Gibson thanked everyone for letting him be a part of their PT session.

"I'm thankful for the opportunity to bring a new experience to the Pacific Submarine Force and I appreciate the experience overall," said Gibson.





# Coast Guard sends Chung-Hoon to first defeat

Story and photo by  
Randy Dela Cruz

Sports Editor, Ho'okele

Coast Guard United (CGU) scored three goals in the second half to overtake and beat USS Chung-Hoon (DDG 93), 3-1, on Aug. 30 in a Summer Soccer League game at Quick Field, Joint Base Pearl Harbor-Hickam.

With the win, the Coast Guard is now in fifth place with a record of 3-3-1 and 10 points, while Chung-Hoon fell from the ranks of the undefeated and are clinging to fourth place by a single point with a league mark of 3-1-2.

“We’re pushing for the playoffs, so this was our do-or-die game,” said Avionics Electrical Technician 2nd Class Preston Cox, CGU team captain. “These guys (Chung-Hoon) are the only people remaining that are above us on the table, so we needed that.”

While CGU has been one of the most competitive squads in the summer league, the team has struggled with consistency due to lineup changes.

Starting off with yet another combination of players, CGU paid the price early when Chung-Hoon scored in the first 10 seconds of the game on a breakaway shot from Damage Controlman Fireman Nghi Pham.

“We were out of position because this isn’t our starting lineup,” Cox said. “We got six of our starters out today. It’s ragtag. A lot of the guys are our subs.”



Lt. j.g. Michael Carman celebrates after scoring the go-ahead goal for Coast Guard United (CGU).

Still, after giving up the first score, CGU stepped up their defense and managed to go into half-time only trailing by a score of 1-0.

In the second half, CGU’s offense began to match the play of the defense and minutes after the break, the team got a game-tying shot from Avionics Electrical Technician 1st Class

Dennis Butierries.

Moments later, CGU went up by a score of 2-1 on a shot from Lt. j.g. Michael Carman, who stated that after being shut out in the first half, it was only a matter of time before the team went on a run.

“We had many chances in the first half,” Carman said. “We just

had to keep on trying and eventually, they’re going to go in.”

For Carman, the goal was especially sweet as it marked a milestone in his life as a soccer player.

“That’s the first goal of my whole life,” he noted. “I just followed up and ran in on every play, got a good pass from Dennis, and was in the right

spot at the right time.”

Then with time running out, CGU put the game away for good when the team got one final goal on a kick from Avionics Electrical Technician 2nd Class Dale Locker.

“We held strong on our defensive formation after that first play,” Carman said. “We maintained possession for about 70 percent and just got a lot more chances on goal.”

In order to overcome the team’s shortfall of starting players, Cox said that strategy became the focus of the Coast Guard’s attack.

Maintaining possession was the key to coming out on top and Cox said that the team had the perfect plan to do just that.

“Looks like a lot of these teams like to play their best players forward,” Cox pointed out. “We try to play a different strategy. We play our best players in the back and when we play through the back, we play possession. We play the middle, close it up and then get wide when we’re in our offense. It’s just textbook soccer. We executed really well today.”

Cox stated that the win over Chung-Hoon has put CGU on the verge of where they want to be.

With the playoffs right around the corner, Cox believes that CGU is primed to make a run for the title.

“I think we’ll do pretty well,” he said. “We were No. 3, but we went into a slump because we didn’t even have nine players. We’ll get right back up there.”

## 8K on Saturday to remember fallen service members

### Tripler Fisher House

The Tripler Fisher House will hold the 2014 Tripler Fisher House 8K Hero & Remembrance Run from 6 to 9 a.m. Saturday on Ford Island.

This event honors every fallen service member since the Sept. 11, 2001 attacks and includes a boot with a photo identification tag for each of the more than 7,000 fallen service members.

The race starts on Ford Island and the boots will line the route. All participants are encouraged to be on island by 5 a.m. due to the high traffic volume. The official welcome

and military honors will be held from 6:30 to 7 a.m. Shortly after, the “Patriot Guard” and motorcycle riders will lead off the run, followed by Wounded Warriors (handbikes and wheelchairs), military units in formation, and the rest of the participants. This free event is open to the public and military and pays homage to those who have paid the ultimate price.

As this event is being held on a military installation, all non-military ID card holders are subject to search per base regulations. Any riders wishing to participate in a Patriot Guard style escort are wel-

come to join as long as they have proper personal protective equipment and register.

The Ford Island Bridge will be closed from 7 to 7:45 a.m. Saturday.

Once the event is over, the boots will be reassembled on Ford Island on the corner of Enterprise and O’Kane and will stay on display for approximately one week.

This will allow the community an opportunity to look through the boots to find the names and pictures of loved ones who paid the ultimate price. There will be a prayer service at the boot display for the fallen service members at

9 a.m. Sept. 11.

For non-military ID card holders wishing to see the display or attend the service, shuttles will run from the USS Arizona Memorial.

The Tripler Fisher House is the organizer of this race and is situated behind the Tripler Army Medical Center. A Fisher House is “a home away from home” for veterans and military families of patients receiving treatment at military medical centers.

For more information visit [www.eventbrite.com](http://www.eventbrite.com), email [anita.f.clingerman.naf@mail.mil](mailto:anita.f.clingerman.naf@mail.mil) or call 561-7423.



Photo courtesy of Tripler Fisher House

The 2014 Tripler Fisher House 8K Hero & Remembrance Run includes a boot with a photo identification tag for each of the more than 7,000 fallen service members.



# New-look Wahine Koa gets back on winning track

Story and photo by  
Randy Dela Cruz

Sports Editor, Ho'okele

The Wahine Koa shook off the dust from their opening-season loss to defeat the Wardawgs, 13-7, in an Ohana Sports Alliance women's flag football game on Aug. 30 at Keehi Lagoon Park, Honolulu, Hawaii.

The Wahine Koa women's flag football team are a mixture of civilians and active-duty military or armed forces family members based at Joint Base Pearl Harbor-Hickam, while many of the Wardawgs personnel are affiliated with Marine Corps Base Hawaii from Kaneohe.

The win evened out the Wahine Koa's record at 1-1, but more significantly, may have signaled the beginning of resurgence to the team's glory days that accounted for three consecutive league championships before being overthrown by the Lady Paniolos last season.

"I told the girls this is our first stepping stone," said Wahine Koa head coach August Young. "So let's use this and keep stepping up and not miss a step and stumble back down."

In the first half, both teams had difficulties generating any offense and entered halftime with the score tied at 0-0.

While Koa quarterback Dana Hester was able to complete a couple of long passes to Hospital Corpsman 2nd Class Adriana Tirado-Young, Naval Operation Support Center, and Sam Andrews, the biggest play in the first half came on the defensive side of the ball



Hospital Corpsman 2nd Class Adriana Tirado-Young, Naval Operation Support Center, beats coverage to haul in a pass during an Ohana Sports Alliance women's flag football game.

when Navy spouse Kimberly Hoyt intercepted a pass from Wardawgs QB Johnnelle DeJesus.

The Wahine Koa offense came out of the break a bit flat, but an interception by Sharda Ingano put the ball in good field position to start Koa's second series of the half.

"That was such a momen-

tum builder," said Young about the pick. "Once we did that, the momentum really shifted in our favor."

On the first play from the line of scrimmage at the 39, Hester dropped back into the pocket and put an over-the-top spiral into the hands of receiver Cryptologic Technician (Technical) 2nd Class Michelle Dannenberger,

Navy Information Operations Command (NIOC) Hawaii, who ran untouched into the end zone for six points.

"They had a weak side," Hester pointed out. "Their right side was their weak side, so I wanted to pick on that."

The added point-after-touchdown made it 7-0 in fa-

vor of the Wahine Koa.

Hester's hot hand was still on fire on the team's next offensive set as the QB needed only four plays to move Koa 40 yards and into the end zone for a 13-0 lead.

After misfiring on first down, Hester connected on back-to-back passes to Dee Hawkins, before placing a strike to Sgt. Danielle Little

for eight yards and the touchdown.

In trying to come back, the Wardawgs ran their two-minute offense to perfection in picking up 59 yards on two passing plays with the final toss covering 37 yards from DeJesus to Venessa Dempsey for the team's only touchdown. But the score was too little and too late.

"We started with a new quarterback and because this was her (DeJesus) first game, we took it slow," said Wardawgs head coach Hospital Corpsman 2nd Class Arthur Manning, 3rd Marine Regiment, about the team's sluggish start. "The whole point of this game was to get her in rhythm and show her what she could do."

Manning added that he was pleased with the progress of DeJesus and said that if the team can pick up a few more players, the Wardawgs should be back in contention.

Meanwhile, for Young, contention isn't enough for a Wahine Koa team that, up until last season, dominated the league.

In looking over the previous year, Young said that he knows where Wahine Koa went wrong and believes that all of the team's shortcomings will be corrected by the time this season's playoffs roll around.

"I'm really confident," he assured. "I believe that we're going to take our title back. It's sort of like we dropped our wallet and left it on the field. Pretty much we dropped our championship and the Paniolos picked it up, but we're going to get it back."

## Health fair raises awareness about prescription medications

Story and photo by  
David D. Underwood Jr.

Joint Base Pearl Harbor-Hickam  
Public Affairs

A mini health fair took place Aug. 27 at Club Pearl, Joint Base Pearl Harbor-Hickam, to bring awareness to Sailors, Marines and family members on the proper use and disposal of prescription medications.

The Coalition of Sailors Against Destructive Decisions (CSADD) and Navy Alcohol and Drug Abuse Prevention (NADAP) hosted the event to provide information and promote the new program titled "Prescription for Discharge: Zero Tolerance. Infinite Risk."

The Navy has a zero tolerance policy on drug and substance abuse and started testing for more drugs two years ago. With increased testing, there have been more Sailors testing positive for illegal prescription drugs, so the campaign was launched in April to curb the rising trend.

Misuse of prescription medica-



Kristina Cook, an associate with Booz Allen Hamilton, Inc. and in support with the Navy Alcohol and Drug Abuse Office, provides Sailors and Marines with information on the proper use and disposal of prescription medications during a mini health fair at Club Pearl, Joint Base Pearl Harbor-Hickam on Aug. 27.

tions can be harmful to one's health and also could be a career ender and lead to a dishonorable discharge, officials emphasized.

Culinary Specialist Chief (CSC) Edwin Ebreo, Navy Region

Hawaii alcohol and drug control officer, said it is important to keep Sailors informed. He serves as the liaison between NADAP and the enlisted force.

"I send out the message from

NADAP about what's going on with prescription drugs," said Ebreo. "'It's not so much about abuse. It's just not knowing what they are supposed to do, and so they don't pop positive for a simple mistake."

Sailors sometimes may take medications not prescribed to them, or share prescribed medications with families, friends or shipmates and may not be aware that this is illegal. This campaign is designed to educate Sailors about misuse that includes taking a drug incorrectly, for a purpose other than what the prescription states, taking someone else's prescription, and wrongfully possessing or distributing prescribed drugs.

"We provide substance abuse prevention materials and Navy policy information," said Sara Sisung, marketing information specialist, Millington, Tenn. "We conduct focus groups and the feedback we get from Sailors is what makes material relevant."

The campaign also offers points on the proper disposal of unused or expired medications. The Na-

tional Take Back Day is hosted by the U.S. Drug Enforcement Administration (DEA) along with the Navy and is a twice a year event, April and October, where people can turn in unused and expired medications. The Navy Exchange is the local location for turn-ins on the designated days. The event is nationwide.

A safe way to dispose of drugs at home is to remove meds from the original container, place in a sealable bag to prevent leaking, mix with an undesirable substance like kitty litter or used coffee grounds, and throw the bag in the trash. Personal information should be scratched off from medicine labels before recycling the containers.

For more information visit [www.nadap.navy.mil](http://www.nadap.navy.mil). In case of an emergency, call 911. For Military OneSource confidential counseling, call 800-342-9647, and for the Military Crisis Line, call 800-273-TALK (8255). CSC Edwin Ebreo, Region ADCO can be reached at 474-1930, or email [edwin.ebreo@navy.mil](mailto:edwin.ebreo@navy.mil).

### Runners go full-out for half-marathon at joint base



(Above) A half-marathon runner catches her breath and a cup of water. (Below) Half-marathon runners wave at the camera during the eighth annual Joint Base Pearl Harbor-Hickam Half-Marathon held Aug. 30.

U.S. Air Force photos by SrA Christopher Stoltz

### Blue Angels to perform at JBPHH on Sept. 27, 28



Joint Base Pearl Harbor-Hickam Public Affairs

The "Wings Over the Pacific" airshow will feature the Blue Angels, the U.S. Navy's world-famous

flight demonstration squadron, from 10 a.m. to 5:30 p.m. Sept. 27 and 28 at Joint Base Pearl Harbor-Hickam.

The Leap Frogs, the Navy Parachute Team, and an F-22 demo team

will also perform.

The show is free and open to the public. Security restrictions will be in place.

For more information, visit [www.wingsoverthepacific.com](http://www.wingsoverthepacific.com).





# Live the Great Life



Hundreds of job seekers attend the JEMS Job Fair each year.

MWR Marketing photo

## JEMS Job Fair to be held Sept. 10

**Reid Tokeshi**

*Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation*

Job-seeking members of the military community will have an opportunity to meet potential employers at the annual Joint Employment Management System (JEMS) Job Fair from 9 a.m. to 1 p.m. Sept. 10 at Club Pearl Complex

at Joint Base Pearl Harbor-Hickam.

The event is free to attend. The fair will be presented by JEMS in cooperation with Military Family Support Services (MFSC).

More than 100 employers will be in attendance to fill positions in their organizations. Scheduled attendees include federal organizations, state and county departments, retail

and hospitality businesses and other companies. The job fair is primarily to provide job opportunities for those leaving active military service. However, all members of the military community are welcome to attend.

Due to the nature of the event, no children or strollers will be admitted. For more information, visit [www.JEMSjobs.com](http://www.JEMSjobs.com) or call MFSC at 474-1999.

## Aeration specials planned at MWR golf courses

**Helen Ko**

*Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation*

Twice a year the golf courses at Joint Base Pearl Harbor-Hickam and Barbers Point Golf Course in Kalaeloa have their greens aerated, typically in the spring and fall. During this time, the golf courses are not in their best shape so they offer a special to the patrons, which is a discounted rate while the course is going through improvements.

The practice of aeration helps alleviate compaction of the soil and overcrowding of the turf grass. "This practice is a vital role that needs to be implemented to ensure healthy greens, which in return will produce exceptional putting and playing golf

surfaces," explained Kekoa Willing, superintendent at Navy Marine Golf Course.

The process of removing thousands of cores out of the green and filling them with sand, soil conditioners and fertilizers takes about six weeks.

"All the courses have their share of regular players that help support us through the year, whether we are in good shape or not so good during the aeration time. So to give back is the right thing to do," said David Chin, head professional at Navy Marine Golf Course.

Chin said that many players who are new to the game of golf visit the courses during the aeration period because it is less intimidating and crowded.

For more information on the aeration specials at each course for September, visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com).



Mamala Bay Golf Course (pictured), Navy Marine Golf Course, and Barbers Point Golf Course will run special discounted rates certain weeks in September.

MWR Marketing photo

## Your Weekly Fun with MWR



Visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or subscribe to MWR's digital magazine.

**Junior Lifeguard/Ocean Safety Registration** period for youth ages 11 to 17 years old closes today. The fall session runs September to October. The fee is \$95. Registration is available at [www.greatlifehawaii.com](http://www.greatlifehawaii.com). FMI: 473-0789.

**Machine Quilting: T-shirt quilt class** will be held from 9 a.m. to noon every Saturday from Sept. 6 through 27 at the Hickam Arts & Crafts Center.

Students can learn how to cut fabric and assemble the pattern while learning quilting tips and how to complete a quilt from start to finish. Tuition is \$100. FMI: 448-9907.

**Library Know-How program** will begin at 2 p.m. Saturday at the Joint Base Pearl Harbor-Hickam Library. This free session will cover how to search the online catalog and use the Dewey Decimal system and will include

demonstrations of available online resources. FMI: 449-8299.

**"Hats Off To You" Teen Social** for youth ages 13 to 18 years old will be held from 4 to 8 p.m. Saturday at the Hickam Teen Center. Teens should wear a cool or funny hat and can play games, eat and socialize. The cost is \$5. FMI: 448-0418.

**Gridiron Breakfast** will be held from 7 to 11 a.m. Sunday at Brews & Cues. Patrons can watch NFL football games. The cost is \$5. FMI: 473-1743.

**Ford Island & Battleship Tour** will be held from 8 a.m. to noon Sept. 10. This tour focuses on the battleships docked on Ford Island. Round-trip transportation from the Information, Tickets and Travel (ITT)-Hickam office is included. FMI: 448-2295.

**Preschool Story Time** will be held from 9 to 10 a.m. Sept. 10 at the Joint Base Pearl Harbor-Hickam Library. The theme of this free program will be "Eat Your Veggies." FMI: 449-8299.

**Kids' Book Club** will begin at 2 p.m. Sept. 10 at the Joint Base Pearl Harbor-Hickam

Library for youth in fourth and fifth grades. FMI: 449-8299.

**Back to School 5K** will begin at 7 a.m. Sept. 11 at Wahiawa Annex Fitness Center. This free event is open to all eligible patrons. FMI: 653-5542.

**Hickam Historical Tour** will be held from 9:30 a.m. to 1:30 p.m. Sept. 12 with visits to the original World War II Hickam Field buildings. The tour departs from ITT-Hickam office and from Royal Alaka'i Lodge and includes lunch. Due to the nature of the tour, it is not recommended for children under 6 years old. FMI: 448-2295.

**Kayaking Haleiwa/North Shore excursion** will begin at 9 a.m. Sept. 13. MWR Outdoor Adventure Center staff will lead a paddling trip along Anahulu Stream in Haleiwa. Transportation, instruction and equipment will be provided. The cost is \$30. The sign-up deadline is Sept. 10. FMI: 473-1198.

**Bottom Fishing excursion** will depart at 8:30 a.m. Sept. 14 from Hickam Harbor. This trip is for both experts and beginners and includes gear, bait, guides and boat. The cost is \$30. The sign-up deadline is Sept. 11. FMI: 449-5215.



Community Calendar

SEPTEMBER

SHIP VISIT

**TODAY, SATURDAY** — The Armada Republica Colombia (ARC) Nariño (FM 55) welcomes CAC holders and sponsored guests on a tour of their ship from 2 to 5 p.m. today and Saturday. The ship is located at Bravo Pier 26 across from Ward Field at Joint Base Pearl Harbor-Hickam. Visitors should be prepared to climb ladders/stairs and walk on gridded deckplates. Closed-toe shoes and long pants are recommended. ARC Narino arrived at JBPHH for a brief port visit while en route San Diego.

NEW TRIPLER PARKING LOT

**NOW** — Tripler Army Medical Center (TAMC) is constructing a new parking lot in the area between the ball field and the ocean-side lower D-wing parking lots. During construction, the makeshift parking area near the old TAMC driving range will be fenced off. Alternate parking space is available at the TAMC ball field parking lot and the Tripler Army Hotel. The Tripler Trolley will stop at these areas for pickup. FMI: <http://www.tamc.amedd.army.mil/> or <https://www.facebook.com/TriplerArmyMedicalCenter>.

FREE MOVIES, POPCORN AT BELLOWS

**8, 10** — Bellows Air Force Station will show the movie “Transcendence” (PG-13) on Sept. 8 and “Ride Along” (PG-13) on Sept. 10. Movies begin at 4 p.m. at Turtle Cove. The events are open to active duty military, military retirees, Reservists, National Guard, current/retired Department of Defense civilian employees with an authorized ID card, and their families. FMI: [www.bellowsafs.com](http://www.bellowsafs.com).

BLOOD DRIVE SCHEDULE

Tripler Army Medical Center Blood Donor Center drives include:

- Sept. 9, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
- Sept. 10, 10 a.m. to 2 p.m., Schofield Barracks Tropics, Schofield Barracks.
- Sept. 12, 8:30 a.m. to 1 p.m., Pearl Harbor Naval Shipyard, building 2, Joint Base Pearl Harbor-Hickam;
- Sept. 15, 9 a.m. to 1 p.m., Naval Submarine Support Command, 822 Clark St., suite 400, Joint Base Pearl Harbor-Hickam. FMI: 433-6699 or 433-6148 or email [michelle.lele@amedd.army.mil](mailto:michelle.lele@amedd.army.mil).

9/11 REMEMBRANCE EVENTS

**11** — Events remembering the 9/11 terrorist attacks on America will be held on Sept. 11. They include:

- Hickam Elementary School will hold a remembrance parade from 9 to 10 a.m. Approximately 700 students, parents and bands, including the Air Force, Royal Hawaiian Band and Radford High School marching band, will participate.
- Remembrance ceremony by the Honolulu Chamber of Commerce from 12:15 to 1 p.m. at Tamarind Park in Honolulu.
- The Battleship Missouri Memorial will conduct a joint re-enlistment ceremony under turret one at 9 a.m. Rear Adm. Alma Grocki, director for fleet maintenance, U.S. Pacific Fleet, is scheduled to preside over the event and offer remarks.
- USS Bowfin Submarine Museum Remembrance Ceremony at 6 p.m. The Gear Up Foundation is from New York City and will honor those who perished in the Sept. 11, 2001 attacks on the World Trade Center, the Pentagon and United Airlines Flight 93.

AIR FORCE SPOUSE 101

**12** — Air Force Spouse 101: Heart Link will be held from 7:45 a.m. to 1 p.m. at Military and Family Support Center (MFSC) Hickam. The program is designed to introduce participants to all aspects of Air Force life, provide them with an opportunity to establish a peer network with other Air Force spouses, and help them learn tools to adapt to the military way of life. Lunch will be included. FMI: call 474-1999 or register online at [www.greatlifehawaii.com](http://www.greatlifehawaii.com) under the Families/Military and Family Support Center tab.

LEISURE AND TRAVEL SHOWCASE

**13** — A Leisure and Travel Showcase will be held from 9 a.m. to 2 p.m. at the Pearl Harbor Navy Exchange. The free event will include travel advice and information about activities and attractions on Oahu, the neighbor islands and the mainland. FMI: 473-0792.

DOMESTIC VIOLENCE PREVENTION SPEAKER

**16, 17** — In conjunction with Domestic Violence Awareness Month, Joint Base Pearl Harbor-Hickam Military and Family Support Center will sponsor Jackson Katz, American educator, filmmaker and author. He will speak from 9 to 10:30 a.m. Sept. 16 at the Hickam Theater and 1 to 2:30 p.m. at the Marine Corps Base Kaneohe Bay Chapel. He will also speak from 8 to 9:30 a.m. Sept. 17 at the Schofield Barracks Chapel and 10:30 a.m. to noon at Sharkey Theater. FMI: [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

MWR NEWCOMERS LUNCHEON

**17** — A Morale, Welfare and Recreation Newcomers Luncheon will be held from 11 a.m. to 12:30 p.m. at the Tradewinds Club ballroom. The event will include a free buffet lunch, information booths, sponsor tables and giveaways. The event will include activities for children and is open to all military-affiliated personnel. FMI: [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

KARAOKE NIGHT

**19** — A karaoke night will be held from 6 to 10 p.m. at Turtle Cove, Bellows Air Force Station. Snacks and pupus will be available while supplies last. FMI: 259-4112.

BISHOP MUSEUM, PLANETARIUM WITH LIBERTY

**20** — A free visit to the Bishop Museum and Planetarium with Liberty event is for single, active-duty Sailors and Airmen only. Transportation will leave from the following Liberty locations: Express at 9 a.m., Beeman at 9:30 a.m., Instant at 9:45 a.m. and Makai Recreation at 10 a.m. FMI: 473-2583, 422-7167 or 653-0220.

CREATED EQUAL DOCUMENTARY

**20** — A free Created Equal documentary film and discussion on “The Abolitionists” will begin at 1 p.m. at the Joint Base Pearl Harbor-Hickam Library. The abolitionists’ cause towards freeing the slaves began in 1830, but it was not until two executive orders signed by President Lincoln 30 years later that the long road towards civil rights officially began. This is the final film in the Created Equal series sponsored by the Hawaii Council for the Humanities. Discussion after the screening will be led by Mitch Yamasaki of Chaminade University. FMI: 449-8299.



THE HUNDRED-FOOT JOURNEY (R)

“The Hundred-Foot Journey” is a story about how the hundred-foot distance between a new Indian restaurant and a traditional French one represents the gulf between different cultures and desires. It focuses on the rivalry and resolution of the two restaurants and is based in Lumière, France.

SHARKEY THEATER

**TODAY 9/5**  
7:00 PM Teenage Mutant Ninja Turtles (3-D) (PG-13)

**SATURDAY 9/6**  
3:00 PM Dolphin Tale 2 (PG): free advanced screening  
5:40 PM Into the Storm (PG-13)  
7:30 PM The Hundred-Foot Journey (R)

**SUNDAY 9/7**  
2:30 PM Teenage Mutant Ninja Turtles (PG-13)  
4:40 PM Guardians of the Galaxy (3-D) (PG-13)  
7:00 PM Get On Up (PG-13)

HICKAM MEMORIAL THEATER

**TODAY 9/5**  
6:00 PM Into the Storm (PG-13)

**SATURDAY 9/6**  
2:00 PM Step Up: All In (PG-13)  
6:00 PM Dolphin Tale 2 (PG): free advanced screening

**SUNDAY 9/7**  
2:00 PM Into the Storm (PG-13)

Movie Showtimes

