

JBPHH holds change of command today

Karen S. Spangler
Managing Editor, Ho`okele

Capt. Jeffrey W. James is relinquishing command of Joint Base Pearl Harbor-Hickam (JBPHH) to Capt. Stanley Keeve Jr. during a change of command ceremony today on Ford Island.

James took command of JBPHH on June 3, 2011.

James is retiring from the U.S. Navy after 30 years of service and plans to stay in Hawaii.

“I’ve lived here longer than I’ve lived anywhere else in my life. This is where we’re staying after I transition out of the Navy,” he said.

“This is my home now. Hawaii means a great deal to me and my family. We’ve been welcomed, and we’ve really embraced the aloha spirit. I really enjoy the culture, a lot that Hawaii has to offer. It’s been great to serve here.

“I look forward to being able to continue to join the community as we stay here beyond my Navy time and be part of the community and still have something to give back,” he added.

James also had some advice to offer to Keeve as he



U.S. Navy photo by SrA Christopher Stoltz
Capt. Stanley Keeve Jr. (foreground), incoming commander of Joint Base Pearl Harbor-Hickam, receives turnover of the JBPHH Installation Development Plan (IDP) from Capt. Jeffrey James, outgoing joint base commander.

takes command of joint base. “Aside from running the base, it’s really about establishing and nurturing relationships we’ve got with the community,” James said.

Prior to taking command of joint base, James served on the staff of Commander, U.S. Pacific Fleet at Pearl Harbor. His previous afloat assignments have included commanding officer of USS Hopper (DDG 70) and USS Pioneer (MCM 9) and as operations officer on USS Elliott (DD 967).

He served as an ordnance officer and navigator on USS Flatley (FFG 21). He also completed tours of duty at Naval Personnel Command and U.S. Northern Command.

Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, is the guest speaker for the ceremony. He praised James for his leadership of joint base.

“As commander of Joint Base Pearl Harbor-Hickam, Capt. James has been directly responsible for the Navy’s third largest fleet concentration area with more than 87,000 Sailors, Soldiers, Airmen and Marines, their fami-

lies, Department of Defense civilians and contractors — at the Navy’s best home-port. Joint base is the home to the U.S. Pacific Fleet, submarine forces, U.S. Pacific Fleet, Hawaii Air National Guard and Pacific Air Force’s key strategic flight line in the Pacific,” Williams said.

“Capt. James’ leadership has been critical in ensuring warfighting readiness, focusing on supporting forward operations, building strong partnerships, and meeting the needs of service members and their families. He built strong ties with our friends and neighbors in the community—fostering education, understanding and a real sense of *aloha* through the annual *makahiki* and in events with the Navy League, Chamber of Commerce and other groups,” he said.

Keeve’s previous assignment was as military assistant to the Defense Business Board in the Pentagon.

A surface warfare officer, he served tours of duty on USS Reuben James (FFG 57), USS Philippine Sea

See COC, A-2

USS Halsey deploys to U.S. 7th Fleet AOR

Navy Region Hawaii Public Affairs

Guided-missile destroyer USS Halsey (DDG 97) departed from Joint Base Pearl Harbor-Hickam on July 7 for a deployment to the western Pacific Ocean.

Halsey is a multi-mission ship with anti-air warfare, anti-submarine warfare and anti-surface warfare surface combatants capabilities, designed to operate independently or with an associated strike group. While deployed, Halsey will conduct theatre security cooperation and maritime presence operations with partner nations.

The mission of Halsey is to conduct sustained combat operations at sea, providing primary protection for the Navy’s aircraft carriers and battle groups, as well as essential escort

to Navy and Marine Corps amphibious forces and auxiliary ships, and independent operations as necessary.

“After an exceptionally challenging training cycle and rigorous training exercises in southern California with the USS Carl Vinson (CVN 70) Strike Group, the 300 strong, proud Sailors of Halsey are ready to be deployed to the waters that our famous namesake sailed in the past,” said Cmdr. Linda Seymour, commanding officer of Halsey.

U.S. Navy photo by JMSDF photographer P01 Makoto Maeda
The Arleigh Burke-class, guided-missile destroyer USS Halsey (DDG 97) departs Joint Base Pearl Harbor-Hickam for a scheduled deployment to the U.S. 7th Fleet area of responsibility.



RIMPAC ships head out for exercise at sea



(Above) The crew of Republic of Korea navy destroyer Seoae Ryu Seong-ryong (DDG 993) wave to shore as the ship departs Joint Base Pearl Harbor-Hickam for the sea phase of Rim of the Pacific (RIMPAC) Exercise 2014.

U.S. Navy photo by MC1 Martin Wright



(Right) The Indian navy frigate Sahyadri (F 49) passes the USS Arizona Memorial while departing Joint Base Pearl Harbor-Hickam. (See additional photos on page A-4.)

U.S. Navy photo by C1 Martin Wright



15th OSS airfield management team kicks into overdrive for RIMPAC See page A-2



RIMPAC See pages A-4, A-5, A-8, B-3, B-6



Mass reenlistment aboard Battleship Missouri See page A-6



Pearl Harbor survivor receives final honors at USS Utah Memorial See page A-7



America’s independence celebrated in a big way See page B-1



Vacation Bible School to be held at JBPHH from July 21-25 See page B-3

Navy Surgeon General visits Peace Ark, Mercy

MC2 Amanda R. Gray

RIMPAC Public Affairs

The U.S. Navy Surgeon General and Chief of the Navy Bureau of Medicine and Surgery, Vice Adm. Matthew Nathan, embarked the People's Republic of China medical ship Peace Ark (T-AH 866) for a tour July 2 while it is in port for the Rim of the Pacific (RIMPAC) Exercise 2014 in Pearl Harbor. Nathan also visited the hospital ship USNS Mercy (T-AH 19).

Not only is this the People's Republic of China's first time participating in RIMPAC, this also marks the first year that the Military Sealift Command hospital ship USNS Mercy (T-AH 19) is participating.

The Peace Ark was commissioned in 2008. The ship's mission is to provide a more rapid humanitarian response to disasters around the world.

"This is very exciting for our Sailors, for our staff on the Mercy and for our Navy," said Nathan. "I am hopeful that this is just the first of many opportunities we have to partner up and learn from each other. The sea can bring tremendous damage to a country and its people, but it can also bring

amazing ships like the Peace Ark and the Mercy to people to help make a difference."

This tour was the final portion of the International Military Medical Symposium, held July 1-2, which allowed members throughout the international military medical community to better enhance their knowledge and experience.

Rear Adm. Colin Chinn, command surgeon, U.S. Pacific Command, also emphasized the significance of the visit with the hospital ships.

"As a U.S. Pacific Command surgeon, one of my priorities is to develop health engagements with all of our world's nations, and we are working very hard to develop engagements with the People's Republic of China," said Chinn.

"This year RIMPAC is significant. The fact that China is participating, the medical community is having a symposium and the fact that we have Peace Ark and Mercy together, actually meets one of my long-term goals," he said.

"I am grateful that the crew of the Peace Ark took the time and the effort to bring this amazing ship with its amazing capabilities to RIMPAC," said Nathan. "I think that this is a very wonderful learn-



ing opportunity for everyone, and I am truly grateful for the opportunity to see the Peace Ark firsthand."

The Peace Ark crew showcased a variety of areas and systems to distinguished guests during their visit of the ship, touring surgical facilities, computerized tomogra-

phy (CT) scan areas, the surgical surveillance system, the flight deck and the wardroom.

"I am encouraged by the beginnings of actually doing things together," said Nathan. "The significance of this exercise is that in the past we have flown to each other's countries and talked about doing

things together, but here we are actually doing things here together, and that can be the start of a more robust relationship and an understanding of each other's desires and capabilities."

For more news from Rim of the Pacific, visit www.navy.mil/local/rimpac/

15th OSS airfield management team kicks into overdrive for RIMPAC

Story and photos by
Tech. Sgt. Terri Paden

15th Wing Public Affairs

The JBPHH flightline is a hub of flight activity for RIMPAC 2014 and with more than 200 aircraft and 25,000 personnel slated to participate in the exercise, the 15th Operations Support (15 OSS) Squadron Airfield Management Flight have their hands full playing host to the array of aircraft and people transiting the airfield.

Rim of the Pacific Exercise 2014, which is a biennial, multinational maritime exercise designed to foster and sustain international cooperation on the security of the world's oceans, kicked off at JBPHH on June 26 and runs through Aug. 1.

"For RIMPAC, it's our job in airfield management to accommodate aircraft parking for joint and multinational forces aircraft, as well as our own," said Tech. Sgt. Bryan Masters, 15th OSS airfield management operations NCO in charge.

"We've had to get creative with our aircraft parking plan due to the limited amount of real estate that we have here, but we made it work."

Masters said it has taken



a staff of 10 airfield management Airmen and more than four months to set up a parking plan to accommodate all the aircraft.

During the exercise, the airfield management flight expects the ramp to see the most aircraft to participate in RIMPAC in 24 years, including F-15C Eagles, F-16 Fighting Falcons, F-22 Raptors, HH-60G Pave Hawk helicopters, C-130J Super Hercules and a host of aircraft from visiting nations

and sister services.

Masters said that due to the continuation of real-world missions, the biggest challenge for his staff has been finding space for the visiting RIMPAC aircraft while ensuring zero delay of non-exercise related missions.

"The Air Force criteria for parking and staging aircraft and equipment differ from those of our joint partners, so we have to try to work within their confines while

sticking to Air Force criteria as well, and it only gets more complicated when you consider the needs of the multinational aircraft," he said.

Additionally, to ensure more efficient helicopter operations during RIMPAC, Masters' team designed and constructed a temporary helipad on the flightline.

"We don't usually do this, but we wanted to streamline helicopter landing and parking operations which will also allow for better traffic

flow throughout other areas of the airfield," said Masters.

In addition to parking and placement of aircraft, the airfield management flight also oversees the airfield driving program and expects an additional 100 vehicles to be present on the airfield during RIMPAC.

More than 400 personnel have already been trained on the rules of driving on the JBPHH flightline and, in an effort to be even more engaging and proactive, members

of the team visited the USS Ronald Reagan (CVN 76) ahead of the exercise to provide flightline drivers training to Sailors before they arrived at joint base.

"Being the RIMPAC POC for the airfield is by far the busiest I've ever been in my 13-year career," Masters said of the increased work load.

And the extra hard work hasn't gone unnoticed by the airfield's visiting units.

"The airfield management team did an excellent job on the parking plan," said Navy Lt. j.g. Matthew Agee, a pilot assigned to Helicopter Anti-Submarine Squadron Four.

"The helicopter pad that was made for RIMPAC works very well. The parking spots are well spaced with plenty of room between helicopters and equipment. The glint tape is especially helpful for taxiing and definitely helped to avoid confusion about where to taxi on the ramp and how to get to the departure point and back to the parking area after landing."

"The large 'H' made it easy to spot the landing zone from a distance which is very helpful when operating in such a busy and unfamiliar airport. Overall, it was well planned and well executed," Agee said.



Battleship Missouri Memorial hosts naturalization ceremony

Story and photo by
MC2 Diana Quinlan

Navy Public Affairs Support Element West,
Detachment Hawaii

Military service members, civilians and their families attended a citizenship naturalization ceremony held July 3 on the fantail of the historic Battleship Missouri Memorial on Ford Island at Joint Base Pearl Harbor-Hickam.

More than 70 people representing approximately 20 countries took the oath of allegiance to officially become American citizens and be a part of the United States Citizenship and Immigration Services' annual celebration of Independence Day.

Susan Oki Mollway, chief United States district judge, district of Hawaii, presided over the ceremony and introduced the guest speakers, Rear Adm. Alma Grocki, director of Fleet Maintenance, U.S. Pacific Fleet, and Sen. Mike Gabbard, Hawaii State Senate District 20.

"The service was great today," said Grocki.

"I came really not knowing what to expect, but you can just see the pride in people's faces and they are so excited. Different ages, men and women, are equally excited and honored to be citizens. They really get it; they know what it is to be an American."

The admiral also spoke on the importance of diversity in today's world and military.

"Diversity is everything. That is our whole country," said Grocki.

"We are such a melting pot of different people who bring their individual skills and talents, which other countries may not have or may not be as versatile in different skill sets. And that is why diversity in the United States and in our Navy is so important," she added.

During the ceremony, future citizens and their families viewed an official video address from President Barack Obama, congratulating them on becoming a part of this nation.

The Joint Base Pearl Harbor-Hickam Honors and Ceremonial Guard presented the colors accompanied by musical performances provided by the Pacific Fleet

Band Brass Quintet.

Military service members, representing the U.S. Army, Navy and Marine Corps, had the honor to receive their citizenship as well as congratulations and support of their respective commands. Builder 1st Class Marco Wood from Germany, assigned to Naval Facilities Engineering Command (NAVFAC) Hawaii, became an American citizen along with many others.

"Today I was able to take my oath and become a citizen. This is a beautiful and historic place to have the ceremony, and I really enjoyed it, as I was waiting for this moment for a long time," said Wood.

"I have been in the military for 18 years and I already felt like I am an American, but it is nice to be recognized officially, to have all the rights and responsibilities as other citizens do. And I do plan on voting for the first time," he said.

The ceremony concluded with each newly naturalized citizen receiving a certificate of citizenship and celebrating with a families and loved ones.

Joint base CoC

Continued from A-1

(CG 58), USS Guardian (MCM 5) and USS Roosevelt (DDG 80). Some of his other assignments have included flag aide to the commander, U.S. 6th Fleet, commander of NATO Strike Forces Southern Europe, and director of professional development at the U.S. Naval Academy.

"Having served on a frigate homeported in Pearl Harbor 20 years ago, I've always had fond memories of my time on Oahu. Getting the opportunity to serve again on the island and to command such an important and historic joint installation is a great honor," Keeve said.

"I will endeavor to do my very best to lead and serve the men and women of Joint Base Pearl Harbor-Hickam and to be a good partner with our neighboring towns and communities," he said.

Williams offered welcoming remarks to the new commander.

"Today, we welcome Capt. Stanley Keeve to beautiful Hawaii. Capt. Keeve brings a wealth of experience and skills to the base and to the waterfront. He has already hit the ground running—getting involved, showing his concern for Sailors and their families, and ready and willing to make a difference."

"He is the right leader at the right time with the right skill set, and I'm looking forward to seeing what he will accomplish in the months ahead," Williams said.

(See page A-3 for Capt. James' aloha commentary and photos highlighting his command at JBPHH.)

Commentary

Departing joint base commander says *aloha* to our *ohana*

Capt. Jeffrey James

Commander, Joint Base Pearl Harbor Hickam

I turn over command of JBPHH this morning and close out a naval career that has spanned 30 years. As I reflect back over the past three years as your joint base commander, my mind is filled with the rich imagery of the people and the events that have defined this tour.

I can see clearly the quiet stoicism and pride etched into the faces of Pearl Harbor survivors at the 70th anniversary remembrance of the attack, a ceremony which served as the last formal gathering of the Pearl Harbor Survivors Association.

I recall the feelings of awe and immense respect for the late Sen. Daniel Inouye as I stood alongside him at the groundbreaking for the new Joint POW/MIA Accounting Command facility and a year and a half later as I introduced him as the keynote speaker at the blessing ceremony for the Ford Island Child Development Center, a project he championed.

I mostly recall a six-hour luncheon on board a Russian warship during RIMPAC 2012 – and the irony of it given my entry into the Navy at the height of the Cold War. I can see vividly the numerous foreign state



U.S. Navy file photo

(Right) The late U.S. Hawaii Sen. Daniel K. Inouye; Navy Capt. Jeffrey James, commander, Joint Base Pearl Harbor-Hickam, and Navy Adm. Frank Ponds, former commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, participate in a traditional Hawaiian blessing from Kahu, Kordell Kekoa during a Oct. 24, 2012 grand opening ceremony for the new Ford Island Child Development Center (CDC), a Leadership in Energy and Environmental Design (LEED) Gold certification, sustainable facility.



U.S. Navy file photo



Department of Defense file photo

(Left) Capt. Jeffrey James, incoming commander of Joint Base Pearl Harbor-Hickam (JBPHH), departs from his change of command ceremony at Kilo Pier. James relieved outgoing commander, Capt. Richard Kitchens, on June 3, 2011.

(Below) Rear Adm. Dixon Smith, former commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, and Capt. Jeffrey James, commander of Joint Base Pearl Harbor-Hickam (JBPHH), play a stone rolling game at the annual *makahiki* festival on JBPHH on Oct. 22, 2011.

and many others who have given so much for the betterment of our Airmen, Sailors and their families.

I am humbled to have worked among some truly great Americans – like the young Sailors who transport nearly two million visitors a year to the Arizona Memorial, or the Navy, Air Force and civilian security forces who stand guard 24 hours a day, seven days a week to safeguard this base and the people who live and work here, or the incredible Morale, Welfare, and Recreation staff who serve daily at the numerous operations across the base and still find the time and energy to put on spectacular events like the Fourth of July concert/fireworks, or the other incredible folks in housing, Navy Gateway Inns and Suites, public works, port ops and on and on.

I fondly remember meaningful engagement with elected officials, business partners, Native Hawaiian civic organizations and community partners. I do not, however, remember much of the bureaucracy.

I guess I feel very blessed and lucky that I remember what I think is important – the people, the relationships and the outcomes. It is my sincerest wish that my efforts as the joint base commander have left a positive mark on JBPHH, Hawaii and the United States Navy.

With *aloha*, Capt. Jeff James

JBPHH to broadcast morning and evening colors over giant voice on July 14

Joint Base Pearl Harbor-Hickam Public Affairs

Beginning July 14, Joint Base Pearl Harbor-Hickam will commence the playing of

colors in the morning and evening over the basewide giant voice mass notification system sirens. The broadcast of colors—a patriotic song or national anthem—played when the flag is raised and

lowered on military bases, will take place every morning at 8 a.m. and again in the evening at sunset.

Colors will sound on the entire Joint Base Pearl Harbor-Hickam, including its annexes in Wahiawa, Luahalei, and West Loch. Colors may also be heard in neighborhoods surrounding the base where giant voice sirens are nearby.

For morning colors, a pre-programmed bugle will sound at 7:55 a.m. to alert that colors will commence in five minutes. At exactly 8 a.m., a pre-recorded song of the national anthem will be played, followed by a “carry-on” bugle to indicate that the playing of the anthem is complete and personnel may resume their activities. In the event there are visiting

foreign ships in port, their nation’s national anthems will also be played (maximum of three anthems).

For evening colors, a bugle warning will sound about five minutes before sunset, followed by the playing of “retreat” at sunset.

During colors, it is required that you stop what you are doing. Personnel should stop, face the direc-

tion of the flagpole or music, and stand until the music stops. This also applies when other foreign national anthems are played. Military personnel shall render a salute if in uniform. If wearing a hat, it is customary to remove it. Drivers are required to stop their vehicles and wait for colors to end before resuming driving.

Diverse Views



Who is your favorite movie villain?



STS2 Eric Crow
USS Buffalo (SSN 715)

“Loki, because he’s very much like a real person. His character is developing as he’s changing through the movies.”

Barbara Webster
647th Air Base Group



“I would say the movie villain I liked the most was Hannibal Lecter. I wouldn’t necessarily say I ‘liked him’ but I liked how well Anthony Hopkins portrayed him. He made the character come alive. He made him very believable.”



EM2 Peter Williams
Pearl Harbor Naval Shipyard

“The Avengers’ Loki. You never know if he’s going to be good or bad. He’s kind of an unpredictable character.”

Staff Sgt. Michael Marquez
647th Air Base Group



“My favorite movie villain would have to be Tommy Lee Jones in ‘Under Siege.’ That role was much different than most of the roles he has played. In it, he is cold, calculating and always in control of the situation.”



MR2 Ana Vazquez
Joint Base Pearl Harbor-Hickam

“Hannibal Lecter. My favorite movie of all time.”

1st Lt. Cordell Crawford
647th Air Base Group



“My favorite movie villain would have to be the Grinch, mainly because my favorite holiday is Christmas, and it shows that all villains have the potential to change for the better. A close second is John Travolta in ‘The Taking of Pelham 123.’”

Provided by SrA Christopher Stoltz and Lt. j.g. Eric Galassi

Want to see your command featured in Diverse Views? Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

USS Missouri gets ‘fired up’ at RIMPAC 1990



Photo courtesy of Wikimedia Commons

The battleship USS Missouri (BB-63) fires a Mark 7 16-inch/50-caliber gun from each of its three main gun turrets on April 10, 1990, during exercise Rim of the Pacific (RIMPAC) 1990 near Hawaii.

HO'OKELE

PEARL HARBOR - HICKAM NEWS

Director, Navy Region Hawaii Public Affairs
Agnes Tauyan

Deputy Director, Public Affairs
Bill Doughty

Director, Joint Base Pearl Harbor-Hickam Public Affairs
Grace Hew Len

Managing Editor
Karen Spangler

Editor
Don Robbins

Assistant Editor
Brandon Bosworth

Sports Editor
Randy Dela Cruz

Senior Graphic Artist
Arnold Verceluz

Graphic Artist
Richard Onaha Hutter

Ho'okele is a free unofficial paper published every Friday by The Honolulu Star Advertiser 500 Ala Moana Boulevard Suite 7-500 Honolulu Hawaii 96813, a private firm in no way connected with DoD, the U. S. Navy, Air Force or Marine Corps, under exclusive contract with Commander, Navy Region Hawaii. All editorial content is prepared, edited, provided and approved by the staff of the Commander, Navy Region Hawaii Public Affairs Office: 850 Ticonderoga, Suite 110, Pearl Harbor, Hawaii, 96860-4884. Telephone: (808) 473-2888; fax (808) 473-2876; e-mail address: editor@hookelenews.com World Wide Web address: <https://www.cnrc.navy.mil/Hawaii/> or www.hookelenews.com. This civilian enterprise newspaper is an authorized publication primarily for members of the Navy, Air Force and Marine Corps military services and their families in Hawaii. Its contents do not necessarily reflect the official views of the U. S. Government, the Department of Defense, the U.S. Navy, Air Force or Marine Corps and do not imply endorsement thereof.

The civilian publisher, The Honolulu Star Advertiser, is responsible for commercial advertising, which may be purchased by calling (808) 521-9111. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement of the products and services advertised by the Department of Defense, the U.S. Navy, Air Force or Marine Corps, Commander, Navy Region Hawaii or The Honolulu Star Advertiser. Everything advertised in this paper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. A confirmed violation of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source. Ho'okele is delivered weekly to Navy & Air Force housing units and Navy and Air Force installations throughout Oahu. Housing residents may contact the publisher directly at (808) 690-8864 if they wish to discontinue home delivery.



(Above) The Royal Canadian navy submarine HMCS Victoria (SSK 876) departs Joint Base Pearl Harbor-Hickam for the at-sea phase of Rim of the Pacific (RIMPAC) Exercise 2014.

JMSDF photo by P01 Makoto Maeda

(Right) U.S. Navy patrol boats assigned to Coastal Riverine Squadron (CORIVRON) 11 return to Joint Base Pearl Harbor-Hickam after escorting the Japan Maritime Self-Defense Force Hyuga-class helicopter destroyer JS Ise (DDH 182) through Pearl Harbor for Rim of the Pacific (RIMPAC) 2014.

U.S. Navy photo by MC1 Christopher D. Blachly



(Left) Part of RIMPAC is happening in San Diego. Divers from New Zealand, the Netherlands, Canada, Japan and Chile prepare for a familiarization dive from the amphibious transport dock ship USS Anchorage (LPD 23) which is moored pier-side at Naval Base San Diego for Rim of the Pacific (RIMPAC) 2014.

U.S. Navy photo by MC2 Joshua Scott

(Below and right) An MH-60S Sea Hawk assigned to the Black Knights of Helicopter Combat Support Squadron (HSC) 4 participates in a helicopter training exercise off the coast of the Hawaiian island of Molokai. HSC 4 is attached to Carrier Air Wing (CAG) 2 embarked on the aircraft carrier USS Ronald Reagan (CVN 76). Ronald Reagan is currently in Hawaii for Rim of the Pacific 2014.

U.S. Navy photos by MC2 Jacob Estes





July 11, 2014 Ho'okele A-5

Pearl Harbor-Hickam Highlights



Adm. Harry B. Harris Jr., commander of U.S. Pacific Fleet, ceremoniously pounds rice flour with a mallet during a reception aboard the Republic of Korea Navy's ROKS Soeae Ryu Seong-ryong (DDG 993) as part of Rim of the Pacific (RIMPAC) Exercise 2014.

U.S. Navy photo by MC3 Molly A. Evans



Lt. j.g. Amanda Cousart, the assistant weapons officer and shipboard aviation officer aboard the U.S. Coast Guard Cutter Waesche (WMSL 751), facilitates a helicopter cross-deck brief with aviators from the Japanese navy ship, JS Ise (DDH 182) on July 3 on the flight deck of the cutter Waesche. The helicopter cross-deck brief covered the appropriate landing procedures for the Rim of the Pacific (RIMPAC) Exercise 2014.

U.S. Coast Guard photo by Petty Officer 3rd Class Manda M. Emery

(Right) Sailors aboard the Colombian navy frigate ARC Almirante Padilla (FM 51) conduct a ship tour for service members, families and friends. Almirante Padilla is in Hawaii to participate in the Rim of the Pacific (RIMPAC) Exercise 2014.

U.S. Navy photo by MC3 Johans Chavarro



(Left) Sailors from the USS Ronald Reagan, currently in Hawaii to participate in the Rim of the Pacific Exercise 2014, volunteer their time for a community service project at the USS Utah Memorial on Ford Island. The Sailors did weeding, trimming and picked up litter around the memorial.

Photo courtesy of Pearl Harbor Memorial Chapel

(Right) Fireworks light up the sky behind JS Kirishima (DDG-174) as part of Joint Base Pearl Harbor-Hickam Fourth of July celebrations.

JMSDF photo by PO1 Makoto Maeda



Mass reenlistment aboard Battleship Missouri



Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, serves as reenlisting officer for military service members aboard the Battleship Missouri Memorial on Ford Island, Joint Base Pearl Harbor-Hickam. More than 20 service members took the oath of enlistment on Independence Day, commemorating their past and future service.



Military service members prepare to reenlist beneath the 16-inch guns of Battleship Missouri Memorial.

U.S. Navy photos by MC2 Diana Quinlan



Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, salutes during the national anthem.

Pacific Partnership medical specialists make an impact in Tacloban Hospital

Story and photo by
MC2 Karolina A. Oseguera

Medical specialists from Pacific Partnership 2014 fixed ventilators for infants in the neonatal intensive care unit at the Eastern Visayas Regional Medical Center in Tacloban, Philippines on July 9.

“We are working on getting their ventilators set up so they can use them on the pediatric patients,” said Lt. Cmdr. Luke Zabrocki.

Family members were ventilating a two-and-a-half month old patient suffering from meningitis in the NICU with a hand pump. Once a family member needed to take a break, they switched over to another family member who took over pumping. This cycle



Lt. Cmdr. Luke Zabrocki assigns a ventilator to an infant in the neonatal intensive care unit at the Eastern Visayas Regional Medical Center in Tacloban, Philippines.

continued 24 hours a day.

“We are trying to get the ventilators working and hooked up to the patients so it will save the family from having to hand pump them and it more effectively ventilates the babies,” said Zabrocki.

After an hour of troubleshooting, Zabrocki and his counterpart Hospital Corpsman 2nd Class Nicholas Beck were able to fix a ventilator and hooked it up to the patient in the NICU, beginning constant ventilation and allowing the family a rest from hand pumping.

“It is amazing to see the

host nation’s ability to be able to adapt to what they have,” said Zabrocki. “Watching the family members take over and work with what little they have is pretty amazing. This is definitely a great experience to see what an impact we have made here.”

Pacific Partnership is in its ninth iteration and is the largest annual multilateral humanitarian assistance and disaster relief preparedness mission conducted in the Asia-Pacific region.

For more news from Pacific Partnership, visit <http://www.cpf.navy.mil/pacific-partnership/2014/>.

Pearl Harbor survivor receives final honors at USS Utah Memorial

Story and photos by
MC2 Diana Quinlan

*Navy Public Affairs
Support Element West,
Detachment Hawaii*

The ashes of Pearl Harbor survivor Chief Warrant Officer John W. Welton (Navy ret.) were placed in the waters during a ceremony July 2 near the USS Utah Memorial on Ford Island, Joint Base Pearl Harbor-Hickam.

Among those in attendance were Welton's children Robert Welton and Sharon Chamberlin and other family members. Capt. Lawrence Scruggs, deputy commander, Pearl Harbor Naval Shipyard and Intermediate Maintenance Facility, provided remarks as the guest speaker, and Lt. Richard Tiff, a chaplain with Pearl Harbor Memorial Chapel, offered the benediction.

"It is another beautiful day in paradise," said Jim Taylor, Pearl Harbor survivor liaison, who spoke at the ceremony. "Perfect for honoring an American hero. Today [Welton] would have been 96 — happy birthday, John!"

Welton was born in Roseville, Calif. and joined the Navy in September 1936. His career began in the Asiatic Fleet, now known as the U.S. 7th Fleet, and later he was stationed at Pearl Harbor aboard the destroyer USS Sicard (DM 21) on the day of the 1941 Japanese attack.

Welton served throughout World War II and par-



ticipated in numerous battles and campaigns in the Pacific theater, advancing his military career from enlisted ranks of metal-smith chief petty officer to

chief warrant officer.

He retired in December 1953 with multiple awards including World War II Victory, China Service, American Area Campaign,

Asiatic-Pacific and Area Campaign Medal with two stars and others.

"John never wavered in faith or spirit, not on that dreadful day in infamy, nor

in the remaining years to come," said Scruggs.

"His work ethic and a great attention to detail would serve John well and would separate his Navy

career from most in his rate — an officer highly respected by his peers, the enlisted men and the senior officers he served with."

Military honors included a gun salute and the presentation of the flag to the family by the Joint Base Pearl Harbor-Hickam Honors and Ceremonial Guard. During the presentation of the flag, Robert and his sister Sharon joined hands and held them for the duration of the ceremony.

"I understood it was a fantastic ceremony, but there is no way to put in words — it was so much more than I have imagined," said Robert. "Today would have been my dad's birthday, and I cannot think of a better way to honor him."

"Everybody wants to know how they will be remembered, and it is truly an honor to see someone in my family recognized in this way — our dad. It was overwhelming — an unbelievable experience, far more special than I would have imagined," Robert added.

Welton is one of the many Pearl Harbor survivors who joined his shipmates at USS Utah Memorial as their final resting place.

"Chief Warrant Officer John Welton, you have permission to come aboard," said Scruggs.

"God bless you and your shipmates who rest here and those who have gone before us to secure the freedoms we so dearly enjoy today."

USS Halsey hosts friends and family day cruise

Lt. j.g. Rochelle A. Perry

USS Halsey Public Affairs Officer

More than 150 friends and family members recently joined USS Halsey (DDG-97) for a day underway to catch a glimpse of Navy life.

Guests explored the facets of a naval warship's purpose and functionality, including the multiple watch stations, equipment, technical skills and tactical capabilities.

While getting underway and transiting through the harbor, guests were treated to a historical tour of the waterfront, guided by Lt. j.g. Bryan Lay over the

ship's general announcing system.

Cmdr. Linda Seymour, commanding officer, opened the day's events with a warm welcome speech to the friends and family members of Halsey.

"It's a pleasure to have all our loved ones and friends aboard. There are so many remarkable things in the surface community and today you all get to see what it's like to be destroyermen in today's Navy," Seymour said.

Halsey Sailors and their families sailed off the coast of Oahu, spending an afternoon that included high speed maneuvers, live fire demonstrations, a variety of static displays from both



weapons and engineering departments, and a barbecue picnic on the flight deck.

"This was an awesome experience for them and the turnout was amazing," said Ensign Jessica Kreuger, Halsey family and friends cruise coordinator.

"Everyone got to spend time with their Sailors to really get a first-hand look at the types of things they will be doing and experiencing throughout deployment," Kreuger said.

Gunner's Mate 2nd Class Samantha Trump shows family and friend cruise day participants the various weapons on the ship.

U.S. Navy photo by Ensign Erica Bauer

RIMPAC participants team with students in robotics competition

Pearl Harbor Naval Shipyard Public Affairs

U.S. Navy Sailors and Coast Guardsmen from ships participating in the Rim of the Pacific (RIMPAC) Exercise 2014 joined nine Hawaii high school robotics teams in the first RIMPAC 2014 VEX Robotics competition held July 3 and 5 at Pearl Harbor Naval Shipyard and Industrial Maintenance Facility (PHNSY & IMF). The event was organized and sponsored by PHNSY&IMF with support from U.S. Pacific Fleet and the Office of Naval Research.

More than 20 Sailors and Coast Guardsmen from ships based in mainland ports took part in the competition and were randomly assigned to join the robotics teams. Under the students' instruction and encouragement, the service members operated remotely-controlled machines that were designed and built by the robotics teams specifically to stack building blocks into a tower.

No robotics experience was



Photo courtesy of Pearl Harbor Naval Shipyard

U.S. Navy RIMPAC Sailors and U.S. Coast Guard representatives joined Hawaii high school robotics teams at the RIMPAC 2014 VEX Robotics Competition.

required to be a volunteer, said James Ibanez, the shipyard's science, technology, engineering and math and workforce development liaison.

"We were looking for RIM-

PAC participants with an interest in teaming with local Hawaii students to exchange knowledge in a fun way," he said.

Electronics Technician 3rd Class Thomson Butcher of

USCG Cutter Waesche (WMSL 751) was one of three Coast Guard volunteers and said the event was a valuable opportunity for students to learn about real world applications of robotics concepts.

"This was a great interaction," he said. "I deal with servos and motors in my daily job, so this is good for them to interact with someone who handles it in a real world situation and compare it to what they do in these competitions."

"They have been asking us what we do in the military, and I feel like they're curious about our jobs just as we are interested in their knowledge of robotics," said Gunner's Mate 1st Class Jennifer Dickson of USS Rushmore (LSD 47).

The robotics teams of seven public high schools

(Mililani, Waialua, Farrington, Kalani, Pearl City, McKinley and Maui's Baldwin High School) and two private schools (Sacred Heart Academy and Punahou School) welcomed the opportunity to put their newly built robots to the test and learn about the Navy and the RIMPAC exercise.

Yoshio Yoshizumi, a member of the winning team representing Waialua High School, said the competition was a "fun experience for me, because usually my coach teaches me and now I'm coaching the Navy. The Sailors taught me some things about mechanical and electrical systems. They shared their knowledge with me, and I shared what I know about robotics."

While this event was the first robotics competition to

be held at PHNSY&IMF and the first of its kind associated with the RIMPAC exercise, the shipyard has been working with Hawaii robotics since 2008, said Ibanez.

"We have a strong tradition of fostering interest and skills in STEM and robotics because, as Hawaii's largest industrial employer, it's in the interest of Pearl Harbor Naval Shipyard to help build a future work force by encouraging local students to become involved in science, technology, engineering and mathematics," Ibanez said.

In addition to the robotics competition, the students and their team chaperones received a shipyard brief and tours of the shipyard's controlled industrial area and USS Ronald Reagan (CVN 76).

Life & Leisure

B

America's independence celebrated in a big way

U.S. Navy photo by MC2 Laurie Dexter

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Thousands of patrons gathered on the Fourth of July at Ward Field at Joint Base Pearl Harbor-Hickam to celebrate America's independence with activities and attractions provided by joint base Morale, Welfare & Recreation.

Nick Scott, an active duty Navy service member, and his wife, Trish, were among the many eager patrons to get started early.

"We were in line at 3:30 and there was a big line to get in," Trish said.

The favorite activity during the early celebration for them and their daughter

Abigail was the dragon slide, a huge inflatable slide that stood out among the rides. The Scotts have been stationed at JBPHH for a couple years and said they were looking forward to the concert and fireworks this year.

The kids weren't the only ones with fun things to do. Steve and Sherry Snyder relaxed on the grounds of the concert portion of the event and said they enjoyed attractions such as the car show.

"We just got married recently so she's never really experienced a military (event) before," said Steve, who is an active duty service member in the Army.

Another patron, Chris Garcia, experienced one of the new attractions MWR

introduced this year. Garcia, his active duty Army wife, and their son Anthony all went into the 360-degree photo booth.

"It was too cool," he said. "We all did our own little poses and everything and then you get to view it online."

Many of those who attended said they were eager to hear multi-platinum artists 3 Doors Down and see the fireworks.

Active duty Navy service member Charles Wood and his wife, Michelle, said they were glad their son had the many rides to enjoy, but they were drawn here for the concert.

"I actually saw them perform back in Mississippi before they got really big," Charles said. He said he



U.S. Navy photo by MC2 Laurie Dexter
Photo illustration by Rico Onaha Hutter

3 Doors Down performed for the holiday crowd at Ward Field. Bursts of fireworks lit up over Pearl Harbor and RIMPAC ships from 22 countries.

was stationed there when the band was starting out and went to one of their shows. Charles was looking forward to seeing them again after all these years.

As darkness fell, those

standing and sitting on Ward Field saw 3 Doors Down take the stage. The band played new songs in between the crowd favorites. The biggest roar came during the band's en-

core, when they played their first big hit, "Kryptonite."

After the last song, fireworks lit up the sky, drawing oohs and ahhs from the audience.

3 Doors Down vocalist, Brad Arnold, hands a drumstick to an audience member.



U.S. Navy photo by MC2 Laurie Dexter

Japan Maritime Self-Defense Force photo by PO1 Makoto Mameda



Fireworks light up the sky behind JS Kirishima (DDG-174) as part of Joint Base Pearl Harbor-Hickam Fourth of July celebrations.



MWR Marketing photo



MWR Marketing photo

(Above): A young girl has fun traveling through the dragon slide.

(Below): Rock climbing and thrill rides for the kids were popular activities at the celebration.



MWR Marketing photo



U.S. Navy photo by MC2 Laurie Dexter

Wahine Koa squares off against Lady Paniolos for title

**Story and photo by
Randy Dela Cruz**

Sports Editor, Ho'okele

In sports, they say that in order to be the champs, you've got to beat the champs, but for the first time in their storied championship run of five seasons, the defending champs Wahine Koa will enter July 13's Ohana Sports Alliance women's flag football title showdown against the Lady Paniolos as huge underdogs.

The championship game will be played at Manana Community Park in Pearl City. Kickoff for the battle between Wahine Koa and Lady Paniolos will take place at 2 p.m.

The Wahine Koa women's flag football team are a mixture of civilians and active-duty military or armed forces family members based at Joint Base Pearl Harbor-Hickam, while many of the Paniolos players and coaching staff have military backgrounds as well.

Two weeks ago, the Lady Paniolos, which finished the regular season as the only team without a loss, dismantled Wahine Koa by a score of 21-0.

Wahine Koa head coach August Young said although it feels a bit unusual to play for the title as underdogs, he welcomes the challenge.

"Actually, it feels good," he said, "because it will be that much more glorious to take it from them. When you got that number one spot, it's a target on your back and everyone's coming for you. So I want my girls to go that much harder, knowing that we're the number two seed, we're the underdog, and we're being looked at like we don't have it."

In the Wahine Koa's semifinal matchup against



Wahine Koa receiver Dee Hawkins, wife of Lt. j.g. Gennaro Hawkins, reaches up before catching a pass to complete the team's two-point conversion attempt.

the Marine Corps Base Hawaii-based team the Wardawgs, the defending champs started off on fire but cooled off quickly and had to hold off the visitors from Kaneohe.

On the Koa's first drive of the game, quarterback Dana Hester took the first snap from her own 23 and connected with Dee Hawkins, wife of former Koa offensive coordinator Lt. j.g. Gennaro Hawkins, for a five-yard pickup before going over the top to find Army veteran Simone Davis with a bomb that put the ball at the Wardawgs' 25.

Then, on the very next play Hester zipped a pass into the arms of Sierra Iona for a touchdown.

Hester followed up by completing a pass to Hawkins inside the end zone for a two-point conversion and a quick 8-0 lead.

The lead stood up through halftime, but on their first possession of the second half Wardawgs quarterback Aviation Electronics Technician 2nd Class Lachandra Owchokwo, Patrol Squadron 47, reduced the margin of difference down to 2 when she lobbed an 11-yard toss into the arms of Marisol

Malson, a Marine spouse, for a touchdown.

The Wardawgs then went for the tie by setting up for a two-point conversion, but the pass was broken up in the end zone by Koa linebacker Cryptologic Technician (Technical) 2nd Class Michelle Dannenberger of Navy Information Operations Command (NIOC) Hawaii, to preserve the lead and the game, which ended at 8-6 in favor of Koa.

While Wahine Koa struggled in their semifinal game, the Lady Paniolos blew away the Bombshells

by a score of 32-0.

Paniolos QB Kate Robinson said that after a season of earning lopsided wins, she feels good about her team's chances of bringing the Koa's championship reign to an end even though she won't be able to attend the showdown.

"We feel good," she admitted. "We've got a good team. All of our players are athletic. We have players that played college sports, so being athletic makes things a lot easier."

Although Robinson said that she isn't looking at the game in an all-or-nothing

sense, her coach Army Sgt. Marcello MacDade said that the team didn't get this far to lose.

"To make it all the way undefeated, that's good, but the championship is the real prize," he admitted. "If we go undefeated and lose the championship game, then it's a wasted season. It's all or nothing. We're champs, man. It's our season."

With both teams loaded with skilled players, it's easy to get lost watching the quarterbacks, receivers and running backs.

However, in a battle of top teams, the war could be won inside the trenches.

If that is where the fight begins, Koa has several linemen who are more than capable of finishing it.

Offensive guard Ramona Miyagishima is one of the league's most devastating blockers and is a big reason why Hester has been so effective for the past two years.

Despite being underdogs, Miyagishima said that she and her teammates will be ready to rumble on Sunday—especially against the Paniolos.

"I think it gives us more incentive," she said. "They beat us really good, and we weren't prepared and now we're going to be prepared. We just got to come out, execute, make our blocks and make it happen."

Young, although facing his toughest challenge to date, said he isn't about to concede anything to the Paniolos.

"On any given Sunday it can go either way," he said. "I'd hate to give a prediction and it go wrong. My hopes are really high though. In my mind, I see us winning, but at the same time, you never know what could happen. I'm just hoping we flip the cards over and get Gennaro Hawkins a royal flush."

Female figure athlete balances family and sport

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

Being a mother of two and the wife of a Navy senior chief is more than enough to keep any spouse busy.

Throw in a life that incorporates one of the toughest sports to compete in, and you have a picture of what it's like to walk in the shoes of Aarolyn Casillas.

Since arriving in the islands a year ago, Casillas, who is married to Senior Chief Information Systems Technician (SW/IDW/AW) Wilfredo Casillas, executive flag communicator, Commander United States Pacific Fleet (COMPACFLT), has changed her life around by adopting a healthier lifestyle.

In an astounding makeover that saw her lose 60 pounds, Casillas watched her diet, worked out at Hickam and Joint Base Pearl Harbor-Hickam Fitness Centers, and has competed in not one, but two, bodybuilding contests as a fitness/bikini competitor.

"I had a friend that works



Aarolyn Casillas on stage while competing in the 2014 Pacific Rim Armed Forces Natural Bodybuilding and Fitness Championships.

out at the gym and he said, 'You should try it,'" Casillas said. "I got to Hawaii and I said, 'Ok, I'll try it once and see what happens.'"

Despite not feeling quite ready, Casillas entered the National Physique Committee (NPC) Paradise Cup, an annual event that is held in Hawaii.

Entering just to get her feet wet, Casillas surprised herself by placing fourth against much more seasoned competitors.

"Of course I wanted to win, but up against the ladies I was competing against, I wasn't even going to place and I was OK with that," she said. "But I got fourth place."

Encouraged by her inaugural showing, Casillas was back on stage in June. This time she took on masters' bikini competitors at the Pacific Rim Armed Forces Natural Bodybuilding and Fitness Championships.

In only her second meet ever, Casillas took one giant step forward by winning the overall Masters Bikini Diva division.

"It was (rewarding)," Casillas admitted. "I'm do-

ing what I really want to do."

While making it to the top of any sporting event is the ultimate for many competitors, the road to the podium is tough and Casillas is no stranger to hard work.

Casillas admits to adhering to a schedule that isn't for the faint of heart, but if it helps her reach her dreams, she's all for it.

Every Monday, it's back to the gym for legs (legs workout), which is followed on Tuesday for a session that focuses on her back.

More lower body workouts are scheduled for Wednesday and Thursday before closing out the weekdays on Friday with chest day.

"Saturday is shoulders," she said. "Sunday is supposed to be a rest day, but I work out anyway. I love it because I was overweight for most of my childhood. And then after I had my two boys, I gained weight, so this helped me get rid of that."

Juggling so many things at once requires determination, but Casillas said that she wouldn't be able to do it if it wasn't for the support that she gets from her family.

"It was hard at first because it does take a lot of time," she acknowledged. "He (Wilfredo) and the boys were already here and then I came and right away, I wanted to do the Paradise Cup. That didn't make sense (to her husband). But at this time, he's really into it and gotten more supportive."

While two competitions in a year is a full plate for many fitness athletes, Casillas said that the year may be half over, but she isn't done competing in 2014.

In about two weeks, Casillas will be on the stage again, although this time she will be facing national competition in the 2014 NPC Battle of the Bay, which will be held in Corpus Christi, Texas on July 26.

After that, it's back to the gym to prepare for this year's Paradise Cup, which will be held on Nov. 22 at the Sheraton Waikiki.

"It would be great to get my pro card," said Casillas about her long-term goal. "I know that does take some time. My thing is if you really want something, if you just keep going, you'll achieve it."

Navy inspired Tanner holds big dreams for future

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

With mottos such as "striving for the excellence in you," retired Navy Lt. Donta Tanner has used lessons that he learned while serving in uniform for 20 years to reach the pinnacle of bodybuilding by earning his pro card at the 2012 International Federation Bodybuilding (IFBB) North American Championships.

Now a civilian, Tanner is still following his dream of getting to the Mr. Olympia, but it isn't the only goal he has on his mind.

Since leaving Naval Supply Systems Command Fleet Logistics Center Pearl Harbor (NAVSUP FLCPH), Tanner is now fully employed as a physical trainer at Joint Base Pearl Harbor-Hickam Fitness Center and at his own location in downtown Honolulu.

"This is a big responsibility," said Tanner about taking the leap into an industry that is already highly saturated. "This is actually brick and mortar now."

While a new endeavor can be scary stuff for anybody, Tanner said that the Navy has given him a background to steady the course and keep moving forward.

Armed with a mission to direct military and non-military people and families into a healthier lifestyle, Tanner said that the task is just another opportunity to get things done, just like his time served in the Navy.

"The Navy instilled honor, courage and commitment," he acknowledged, "to have the courage to get out there and do something. What describes you is who you envision yourself to be and, hopefully, that's a champion."

In putting his game plan together, Tanner said that he hopes to use his knowledge in physical training to let people in on the same kind of experience that earned him his IFBB pro card—something that is held by very few trainers in the islands.

Watching the excitement of his clients go through a transformation, said Tanner, is matched by the happiness he feels for everyone he trains.

"They hire me, not because they think I'm cool, they hire me because they want results," he said. "People communicate with me; they send me pictures and say, 'Hey, I been working on stuff,' or say, 'Hey, Donta, look, I've got a two-pack. Can you see it at the top?'"

Getting from point A to point B, said Tanner, wouldn't be as effective if you took shortcuts along the way.

In his program, Tanner said that he does a full-body assessment first to get a baseline of his client's fitness level.

"You've got to know where you're at," he points out. "It's like being at a kiosk that says, 'You are here.' I measure your neck, your arms, waist, thighs, calves and do calipers to figure out your body fat." Although the process seems



Retired Navy Lt. Donta Tanner is embarking on a new career that puts the focus on physical fitness.

pretty mundane, Tanner said that just getting people to put their trust in him is enough to get him excited.

"I'm fired up. I'm living the dream," he said and again credits the Navy for his new career. "The Navy contributed to me, not feeling afraid to fail. I've failed a lot, but I've always been able to find my

way to the top. The Navy also taught me that no one is an island. You carve your own path, but you don't do it alone."

Tanner said he knows that the road to any dream will have its bumps along the way, but if your goal is to get healthier or reach for the bright lights of the competitive stage, he would be there every step

of the way because he cares.

"My Sailors didn't care about what I knew; they were more concerned about if I cared about them," he said. "If I cared about them, then they would trust me to take care of the things I needed to do. That's huge."

For more information, contact Tanner at www.dontatanner.com.

RIMPAC impacts social media

Anna Marie General

Joint Base Pearl Harbor-
Hickam Public Affairs

As the Rim of the Pacific (RIMPAC) exercise kicked off at Joint Base Pearl Harbor-Hickam (JBPHH) on June 26, social media engagement increased among Navy command Facebook pages in Hawaii.

Based on data collected during the week of June 25 to July 1, JBPHH Facebook showed an increase on post reach, page likes and engagement, particularly on

RIMPAC-related posts.

With an increase of 235.4 percent of its total reach and 126.4 percent of people engaged, the interaction on JBPHH Facebook showed a significant growth compared to previous weeks.

Simultaneously, JBPHH Facebook reached a milestone with more than 16,000 fans in a couple of weeks from reaching 15,000.

Numerous interactions among family members and fans boosted the social media engagement as the aircraft carrier USS Ronald

Reagan (CVN 76) arrived at JBPHH on June 26.

"Proud to say that my hubby is on that great ship. You probably saw him up top as they pulled in," said Michelle Schimke.

"Was taking a tour in a small experimental biplane and flew almost right over it when it was coming in to Pearl – great sight!" said John Stiles.

"We got to see it yesterday. It was seriously amazing to see this ship that close in person," said Lindsey Taylor.

The single photo post of

the USS Ronald Reagan reached 12,764 people with a total of 472 likes, comments and shares.

JBPHH Facebook was flooded with likes and comments from fans around the world including the United States, Philippines, Japan, Germany, Brazil, Italy, India, Australia and Mexico

as the top 10 countries engaged.

With RIMPAC held every two years and hosted by the Commander, U.S. Pacific Fleet (PACFLT), 22 nations, more than 40 ships and submarines, more than 200 aircraft and 25,000 personnel are participating in this year's RIMPAC exer-

cise from Jun. 26 to Aug. 1.

'Like' us on Facebook at <http://www.facebook.com/JointBasePearlHarborHickam>. To view the latest on RIMPAC, 'like' the official RIMPAC Facebook page at <http://www.facebook.com/RimofthePacific> or visit <http://www.cpf.navy.mil/rimpac/2014/>.



Canadian Forces Combat Camera photo by Sgt. Matthew McGregor

Cmdr. Alex Kooiman, commanding officer of HMCS Victoria (SSK 876), speaks with Rear Adm. Yasuki Nakahata, vice commander, Combined Task Force for exercise Rim of the Pacific (RIMPAC) on July 6.

Vacation Bible School to be held at JBPHH from July 21-25

Brandon Bosworth

Assistant Editor, Ho'okele

Vacation Bible School (VBS) will be held at Pearl Harbor Memorial Chapel and Hickam Chapel, Joint Base Pearl Harbor-Hickam from July 21 to 25.

The kindergarten through second grade class will be held from 9 a.m. to noon at the Hickam Memorial Chapel. The third through sixth grade class will be held from 9:30 a.m. to 12:30 p.m. at the Pearl Harbor Memorial Chapel. Times are staggered in order to accommodate families with children on both campuses. Preschool and nursery services will be available at the Hickam Campus and will

be open to children of volunteers only.

Every year, VBS features a different theme. The theme this year is "SonTreasure Island: Discovering the Treasure of God's Love."

"The two chapels will become tropical island getaways for the week," said Marta Linzy, VBS director. "Through songs, skits, Bible stories, crafts and games, the kids at VBS will learn that God's love is giving, kind, caring, forgiving and forever."

Parents can pick up registration forms at any of the three base chapels. Registration will stay open until VBS reaches full capacity.

For more information or to volunteer, contact Linzy at mail2martajean@gmail.com or 757-831-9820.





Live the Great Life

MWR helps RIMPAC participants discover, enjoy Hawaii

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Rim of the Pacific (RIMPAC) exercises going on now have brought service members from around the Pacific and beyond to Hawaii.

The significance of these exercises is well documented, but for many of the participants the experience goes beyond that. Many of the thousands in attendance are visiting Hawaii for the first time ever.

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (MWR) scheduled numerous activities every day the ships were in port to help them make the most of their time here.

MWR's Information, Tickets & Travel (ITT) provided bookings for many of Hawaii's favorite attractions, including circle island tours, trips to Kualoa Ranch and Sea Life Park and even shark tours. One of the most popular activities was the Hawaiian *luau* and ITT set

up trips on many days to give visitors the flexibility to choose.

Donna Matsushita, community activities director, said some groups even set up their own tours with ITT.

"We set up a lot of individual command luaus. They wanted to do their own, just them," Matsushita said. The Canadian ship Calgary was among the commands choosing to set up individually, with more than 70 people heading out for a *luau*, Matsushita said.

The MWR Outdoor Recreation program also set up daily trips for those who wanted to experience the natural side of Hawaii.

Kyle Candilasa, a recreation guide with the MWR Outdoor Adventure Center office, liked the amount of participation this year.

"This is the fourth RIMPAC I'm doing," said Candilasa. "I like (this year) because we're always doing something. We're having good turnouts."

Candilasa said the most popular tours he has led were the snorkeling and kayaking tours.

"A lot of them haven't been in water where they can see a lot of fish. When we take them to marine sanctuaries like Shark's Cove or Hanauma Bay, they have a lot to see out there," Candilasa said.

Paddling out to Chinaman's Hat was also fun, according to Candilasa.

"A lot of people liked it because it's paddling off to a separate island. We take them out to the back side where there are tide pools and a little beach you can swim at," Candilasa said.

By contrast, Candilasa's co-worker Eric Ordorica was experiencing his first RIMPAC.

"You're taking people out and they're enjoying the trip, and you're also enjoying the trip. So I thought it was fun, it was good, lot of hard work," Ordorica said.

Ordorica said feedback overall from customers has been very positive.

"I talked to a lot of people one-on-one while we were doing the hikes, snorkeling and whatnot. Everyone seemed to be impressed. They liked doing the out-



Surf lessons are a popular activity for visitors.

door activities, especially the hiking. A lot of people liked the nature, the forest and the waterfalls," Ordorica said.

MWR's Liberty Program also offered activities every day during the in-port period. On-base activities such as themed nights at the centers as well as golf, fishing

and bowling were provided for those visitors wanting to stay close by. For those wanting to venture beyond the gates, everything from dinner cruises to go-kart racing, horseback riding to hiking and even a water park visit were available.

The visitors return in about three weeks with a

few more days to enjoy Hawaii. Candilasa and Ordorica said they are looking forward to another round of outdoor fun.

"Oh yeah, definitely," Ordorica said. "We normally only do this on the weekends and now we get to do this every day, which I found out is very tiring, but it's good."

Your Weekly Fun with MWR

Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.

Barbers Point Invitational Tournament will continue today at Barbers Point Golf Course. The course will be closed for non-tournament play but will re-open at 11:30 a.m. Saturday. FMI: 682-1911.

Single Airmen & Sailors Cosmic Bowling Night will be held from 7 to 9 p.m. tonight at the Naval Station Bowling Center. Free bowling, pizza and soda are available for single, active-duty Airmen and Sailors only. FMI: 473-2583.

Teen Sip-a-Slushie Sleepover will be held from 7 p.m. tonight through 7:30 a.m. Saturday at the Hickam Teen Center. Activities will include dodgeball, video games, pool, slushies and Spam musubi. Teens should bring pillows and blankets. Attendees need to have a current registration form filled out with a parent's signature. The fee is \$25 or \$20 with a canned food donation. FMI: 448-0418 or facebook.com/jbphhteen center.

Outdoor Adventure Film Night will begin at 7:35 p.m. tonight at Hickam

Harbor. Films highlighting outdoor adventure, preservation, environmental awareness and extreme sports will be shown for free. Attendees may bring chairs, drinks and snacks. This event is recommended for adult audiences. FMI: 449-5215.

Super Hero 5K Run will begin at 8 a.m. Saturday at the Hickam Fitness Center. Participants may run in this free event dressed as their favorite super heroes. FMI: 448-2214.

Free Golf Clinic will begin at 9 a.m. Saturday at Mamala Bay Golf Course. FMI: 449-2304.

Adult Hand-Building with Clay class will be held from 9 a.m. to noon every

Saturday from July 12 through Aug. 2 at the Hickam Arts & Crafts Center. Students can learn basic ceramic techniques for pinch-pots, coil building, etc. and about underglaze and glaze technique. Tuition is \$45. FMI: 448-9907.

"Paws to Read" Summer Reading Program electronic reading logs need to be completed on the Evanced website by Saturday (manually prepared logs will not be accepted). A party for all who participated in the program will be held from 10 a.m. to noon July 19 at Hickam Library with prize drawings, entertainment by magician Glen Bailey, and refreshments provided by the Hickam Library Friends. FMI: 449-8299.

Fall Junior Team Tennis Registration period opens July 14 and closes Aug. 15 for youth ages 7 to 18 years old. The fall season runs August to November. The fee is \$40 and does not include USTA membership. Registration is available at www.greatlifehawaii.com. FMI: 473-0789.

Summer Craft Camp will be held from 10 a.m. to noon July 15 through July 18 at the Hickam Arts & Crafts Center. Weekly sessions are available until the end of July for youth ages 7 years and older. New creative projects will be offered each session. The cost is \$55 per session. FMI: 448-9907.

Community Calendar

JULY

FEDS FEED FAMILIES

NOW — Joint Base Pearl Harbor-Hickam (JBPHH) is once again participating in the annual Feds Feed Families program through Aug. 31. The program is a charitable campaign by the United States Department of Agriculture that collects canned goods and non-perishable food items for those in need. Collection boxes for the food items have been placed at several locations around JBPHH including base chapels, the Naval Surface Group Mid-Pacific administration building, and the third floor of building 150. Individual commands will place their own collection boxes. FMI: Chief Religious Program Specialist Kimberly Bell at 473-4512 or www.fedsfeedfamilies.gov.

AMERICAN HERO OF THE YEAR

NOW — The Army & Air Force Exchange Service will salute the American Hero of the Year. All active-duty and retired U.S. military personnel and their family members are eligible to win a grand prize of \$25,000 or one of four runner-up prizes of \$1,000. Entries will be accepted through July 17. FMI: www.shopmyexchange.com/homewardbound.

WATER TOWER PROJECT

NOW — The base exterior utilities shop has announced a Freedom Water Tower project that began July 8. They are routing a new 12-inch water main from the intersection of Beard Avenue down 8th Street toward Freedom Tower. FMI: Staff Sgt. Aaron Weathers at 448-1067 or aaron.weathers@us.af.mil.

BOOT CAMP FOR NEW DADS

SATURDAY — A Boot Camp For New Dads will be held from 9 a.m. to 12:30 p.m. at Halsey Terrace Community Center, 620 Pool St., Honolulu. The camp will include advice for dads on holding a newborn, feeding their baby and changing a diaper. FMI: 474-1999 or www.greatlifehawaii.com.

WRITING YOUR BEST RESUME

15 — A Writing Your Best Resume workshop will be held from 9 to 11 a.m. at Military and Family Support Center Hickam. The workshop will discuss how to create an effective private sector resume. FMI: 474-1999 or www.greatlifehawaii.com.

BLOOD DRIVE SCHEDULE

16, 21, 29, 30 — Tripler Army Medical Center Blood Donor Center has blood drives.

- July 16, 10 a.m. to 1:30 p.m., Schofield Barracks Tropics, Schofield Barracks.
- July 21, 8 a.m. to noon, Makalapa Clinic, Joint Base Pearl Harbor-Hickam.
- July 29, 9 a.m. to 12:30 p.m., SEAL Division Team-1 SDVT-1 classrooms.
- July 30, 9 a.m. to 1 p.m., Club 14, U.S. Coast Guard Sector Honolulu, Sand Island.

FMI: 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

LIMITED CLINIC OPERATIONS

16 — Naval Health Clinic Hawaii will have limited health care. For Makalapa Clinic, there will be limited health care operations from 7:30 a.m. to 4 p.m. Laboratory, pharmacy and radiology services area available. For Kaneohe Bay, Camp Smith, Wahiawa and shipyard clinics, all health care operations are closed including laboratory, pharmacy and radiology services. Beneficiaries can speak to a health care provider anytime at the toll-free nurse advice line at 1-800-874-2273, ext. 1. For emergencies, dial 911 or go to Tripler Emergency Center. For active duty dental emergencies, call 864-4705.

MWR NEWCOMERS LUNCHEON

16 — The joint base Morale, Welfare and Recreation Newcomers Luncheon will be held from 11 a.m. to 12:30 p.m. in the ballroom at the Tradewinds Club. There will be a free buffet lunch, MWR information booths, sponsor tables and giveaways, and activities for children. This event is open to military-affiliated personnel. Register online. FMI: www.greatlifehawaii.com.

FEDERAL RESUME WRITING

22, 24 — A Federal Resume Writing workshop will be held from 3 to 5 p.m. on July 22 and 24 at Military and Family Support Center Pearl Harbor. Participants can learn how to search for job openings, interpret vacancy announcements, recognize key words, and build a proficient and well-organized federal resume. FMI: www.greatlifehawaii.com or 474-1999.

ANGER MANAGEMENT

22 — An anger management workshop will be held from 8 to 11 a.m. at Military and Family Support Center Pearl Harbor. The workshop is designed for people who want to better control their anger in work, social or family settings. FMI: 474-1999 or www.greatlifehawaii.com.

STARTING YOUR OWN BUSINESS

24 — A workshop, Starting Your Own Business, will be held from 9:30 to 11:30 a.m. at Military and Family Support Center Pearl Harbor. This comprehensive seminar will include tips on creating a business plan FMI: 474-1999 or www.greatlifehawaii.com.

FREE SOFTBALL CLINIC FOR GIRLS

29 — Operation Military Kids will hold a free softball clinic for girls ages 8 to 18 and will be instructed by two-time Olympic gold medalist Crystl Bustos from 1 to 4 p.m at Lynch Field Baseball Complex. The complex is at 620 Main St., Honolulu, off Nimitz Highway at the corner of Valkenburgh Street. The clinic is open to military youth from all branches and of active duty, National Guard and Reserve service members. Limited spots are available and registration is required. Completed forms should be submitted to omk@ctahr.hawaii.edu or faxed to 956-9082. FMI: www.ctahr.hawaii.edu/4h/OMK/education.htm or call 956-4125.

AUGUST

OPERATION HELE ON

15 — Operation “Hele On” is an annual youth deployment day that gives children of Air Force and Navy families an opportunity to go through a mock deployment processing line at a simulated Air Force base. It includes events such as issuing of dog tags, an obstacle course, demonstrations by an Air Force bomb squadron, military working dogs and more. This year’s event will be held from 7:30 a.m. to 3 p.m. Aug. 15. at Military and Family Support Center Pearl Harbor. Registration will be open on www.greatlifehawaii.com from July 18 to 1 Aug. 1. There will be an application fee of \$5. FMI: 474-1999/0096 or 474-0109.



MALEFICENT (PG)

A beautiful, pure-hearted young woman, Maleficent, has an idyllic life growing up in a peaceable forest kingdom until one day when an invading army threatens the harmony of the land. Maleficent rises to be the land's fiercest protector, but she ultimately suffers a ruthless betrayal—an act that begins to turn her pure heart to stone. Bent on revenge, Maleficent faces a battle with the invading king's successor and, as a result, places a curse upon his newborn infant Aurora. As the child grows, Maleficent realizes that Aurora holds the key to peace in the kingdom—and perhaps to Maleficent's true happiness as well.

SHARKEY THEATER

Sharkey Theater is closed until further notice.
For updates, visit <https://www.facebook.com/greatlifehawaii>.

HICKAM MEMORIAL THEATER

TODAY 7/11
6:00 PM X-Men: Days of Future Past (PG-13)

SATURDAY 7/12
4:00 PM Maleficent (PG)
7:00 PM Edge of Tomorrow (PG-13)

SUNDAY 7/13
2:00 PM Maleficent (PG)

THURSDAY 7/17
7:00 PM 22 Jump Street (R)

Movie Showtimes



RIMPAC bowlers compete



U.S. Navy photo by MC2 Brian T. Glunt

A People's Republic of China People's Liberation Army (Navy) service member competed in the Rim of the Pacific (RIMPAC) Exercise 2014 bowling competition held July 2 at Joint Base Pearl Harbor-Hickam.

Swimmers ‘dive into’ RIMPAC sports

U.S. Navy photo by MC1 Daniel Gay



Two swimmers begin the men's 50-meter backstroke event during the Rim of the Pacific (RIMPAC) Exercise 2014 swim meet.

New teen program aviation adventure to take off

Pacific Aviation Museum Pearl Harbor

Teens will have an opportunity to soar at Pacific Aviation Museum Pearl Harbor's new cross-cultural aviation adventure program scheduled to launch this month.

The three-day/two-night program will provide a view of aviation from ancient Hawaii up to the present day. Two time frames are available to choose from Tuesdays through Thursdays from 9 a.m. to 4 p.m. July 15 to 17 and July 22 to 24.

Aviation adventure is designed to immerse teens in the rich history of Ford Island and Pearl Harbor, as well as the science, technology, engineering and math concepts of aviation. Hands-on, practical experiences bring these principles to life

in the museum's historic hangars and aboard the Battleship Missouri Memorial.

This program is open to teens who have completed the basic Pacific Aviation Museum Pearl Harbor Flight School program or those who are at least 13 years of age. They will be joined by teens of the same age from China. Overnight accommodations are provided aboard the Battleship Missouri Memorial

Cost of the three-day program is \$300, which includes all materials, meals, snacks, overnight accommodations and an aviation adventure logo T-shirt.

For more information and to register for aviation adventure, go to www.PacificAviationMuseum.org/Education/AviationAdventure or email Education@PacificAviationMuseum.org.

That Guy.com



15th MDG updates appointment policies

Capt. Louis C. Edwards

15th Medical Group

Do you know the 15th Medical Group (15 MDG) appointment show time, no-show and late show policies? We recognize how busy our beneficiaries are and hope these policies provide consistent and simplified guidance to all 15 MDG clinics and beneficiaries.

The appointment policies are:

Show time

The show time for all medical appointments at all clinics, with the exception of dental, is the scheduled appointment time. Patients do not need to arrive 15 minutes prior to their medical appointment. Due to system constraints, the dental clinic still requires beneficiaries to arrive 15 minutes prior to their scheduled appointment time.

No show

Beneficiaries will be considered a no show if they fail to present for their appointment, leave without being seen, arrive 10 minutes after their scheduled appointment time, or fail to cancel their appointment two hours prior to the scheduled appointment time. If the appointment is before 9 a.m., you must cancel the appointment prior to the close of business the previous duty day.

Late show

If you check into the clinic more than 10 minutes after your scheduled appointment time, you will be considered a no-show. At this time, the clinic will determine if they can still see you based upon staff availability and patient workload. If they are unable to

see you, the clerk can reschedule your appointment or you can reschedule at your convenience. Please remember that patients who arrive on time will not be displaced by those who show up late.

Beneficiaries can use TRICARE online (TOL) to schedule, cancel or receive appointment reminders via email and/or text message at www.tricareonline.com. If you are not enrolled in TOL, you can cancel your appointment by calling the 15 MDG Central Appointment line at 448-6000, option 1, between 7:15 a.m. and 4 p.m. Monday through Friday, with the exception of PACAF family days and federal holidays.

Missed appointments not only cost the 15 MDG and taxpayers a significant amount of money, but they also prevent other beneficiaries from receiving the care they need. Canceling your appointment two hours prior and not checking in late are not only 15 MDG policies, but also Air Force directives.

The 15th MDG realizes emergencies arise and plans change, but we ask that you please be respectful to fellow beneficiaries as well as staff members and cancel your appointment as soon as possible. The 15th MDG is not immune to sequestration, the loss of contract personnel and tightened budgets, which only emphasizes the fact that every appointment truly does count.

Please steer clear of being a late show or no-show to your next medical appointment, and remember 10 and two—10 minutes is late and you must cancel two hours before your appointment.

Military Consumer Protection Day Fair to be held July 16 at NEX

The first Military Consumer Protection Day Fair will be held from 10 a.m. to 1 p.m. July 16 at the Pearl Harbor Navy Exchange (NEX), 4725 Bougainville Drive.

Local, state and federal agencies will offer free consumer protection and financial fraud information.

The fair is open to the

public, including active and retired service members, military families, veterans and civilians in the military community.

Free shredding will be available for consumers during the fair. There is a limit of two boxes per household or organization.

For more information, visit cca.hawaii.gov.

Federal Voting Assistance Program helps military members, families

Federal Voting Assistance Program

The Federal Voting Assistance Program (FVAP) encourages the use of the Federal Post Card Application (FPCA) to start the absentee voting process for the military voter as it is standardized for use across all states and will extend eligibility to receive a ballot for all federal elections for at least one calendar year.

The FPCA acts as both a registration and absentee ballot request form. FVAP encourages military voters to submit a new FPCA every year and when they move.

Each service provides extensive voting assistance starting at the unit level. Assistance with any portion of the absentee voting process can be obtained by contacting the installation voter assistance office. Service specific voting information can be found by contacting the service vot-

ing action officer.

Military service members can register to vote, request an absentee ballot or check the status of their ballot. They can select their state or territory of legal residence online to get started.

Military spouses and eligible family members may be covered under the same law that protects military members' absentee voting rights. This means if a military spouse or family member lives outside the legal voting jurisdiction, he/she can vote absentee in all federal elections. Whether changing states or moving to another country, the website FVAP.gov provides resources for military members to send their vote home.

FVAP also offers information on transition assistance and other resources for service members.

For more information, visit the www.FVAP.gov website.



Retired BM2 Christopher Black took this Fourth of July photo from Ford Island.

How to submit: Email your (non-posed) photos to editor@hookelenews.com



Story Ideas?

Contact Ho’okele editor for guidelines and story/photo submission requirements.

473-2890 / editor@hookelenews.com