

Welcome back USS Lake Erie

**Story and photos by
MC2 Diana Quinlan**

Navy Public Affairs Support
Element West, Detachment
Hawaii

The Hawaii-based, Ticonderoga-class, guided-missile cruiser USS Lake Erie (CG 70) returned June 16 from a four-month deployment to the western Pacific.

This is the last time the ship and crew of Lake Erie returns home to Pearl Harbor as they are scheduled to change homeports.

“Capt. Banigan and his team have made a difference,” said Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific.

“The crew of Lake Erie stepped up and filled a critical need on this deployment. They represent the epitome of the CNO’s tenets: warfighting first, operate forward, be ready. I couldn’t be prouder.”

Capt. John S. Banigan, commanding officer of Lake Erie, spoke about the deployment and ship’s mission in the Pacific.

“While on deployment, Lake Erie leveraged her accomplishments and proficiencies on the test range and defended the homeland and our allies on multiple ballistic missile defense (BMD) operations,” said Banigan.

“We were always begging to go forward-deployed and we got ourselves ready, and we were able to



Photo illustration by Rico Onaha Hutter

surge and prove that we aren’t just a test ship, that we are fully mission capable,” he said.

According to Banigan, he knows that regardless of homeport, Lake Erie Sailors will lead the way. “It’s bittersweet. We will miss Hawaii, but whatever the

mission, we will succeed,” he said.

Lake Erie is expected to replace USS John Paul Jones (DDG 53) this summer as a rotational BMD deployer from San Diego, as John Paul Jones takes Lake Erie’s place in Hawaii as the nation’s BMD test ship.

“Hawaii’s great,” said Logistics Specialist 2nd Class Andrew Wolk, assigned to Lake Erie. “This is our best port. Returning back to Hawaii is always beautiful.”

Port visits during the deployment included locations in Korea,

(Clockwise from top left): The guided-missile cruiser USS Lake Erie (CG 70) returns to Joint Base Pearl Harbor-Hickam from a four-month western Pacific deployment. Chief Culinary Specialist Alden Johansen reunites with his children upon the ship’s return to Joint Base Pearl Harbor-Hickam. Family members wait for their Sailors aboard the USS Lake Erie (CG 70) as the ship arrives at Pearl Harbor. Gunner’s Mate 2nd Class Haden Colvin kisses his wife Devin after the ship arrives at joint base.

Japan and Guam. Lake Erie Sailors were able to participate in several community relations projects including visiting homes for children and assisting the elderly.

The deployment was designed to promote peace and security, preserve freedom of the seas, and conduct theater security operations with partner nations.

“The mission was very successful,” said Operations Specialist 1st Class Hunter Taylor, assigned to Lake Erie. “The morale is high right now. Everyone is just so glad to be back in Pearl Harbor.”

U.S. Navy guided-missile cruisers are multi-mission surface combatants capable of supporting carrier strike groups, amphibious readiness groups, surface action groups or operating independently.

U.S. 3rd Fleet leads naval forces in the eastern Pacific from the west coast of North America to the international dateline and provides the realistic, relevant training necessary for an effective global Navy.

Region ‘Know Load’ team helps Forest City residents

Karen S. Spangler
Managing Editor, Ho’okele

In its ongoing efforts to help Forest City housing residents manage and reduce their electricity consumption, Navy Region Hawaii and Forest City organized a “Know Load” process in September 2013.

The strategy is simple: If residents know the electricity load their home is carrying each month, it can help them to reduce their monthly electricity consumption.

In March, Navy Region Hawaii announced that the electricity rate charged to residents in privatized housing would decrease, effective April 1, from 58.7 cents per kilowatt-hour to 41.8 cents per kilowatt-hour.

The announcement highlighted the Navy’s

effort to mitigate the impact of a high electricity rate on military families and also encouraged residents to continue using utilities wisely.

According to Darryl Nii, Navy Region Hawaii Resident Energy Conservation Program (RECP) coordinator, the average payment for April was \$84, com-

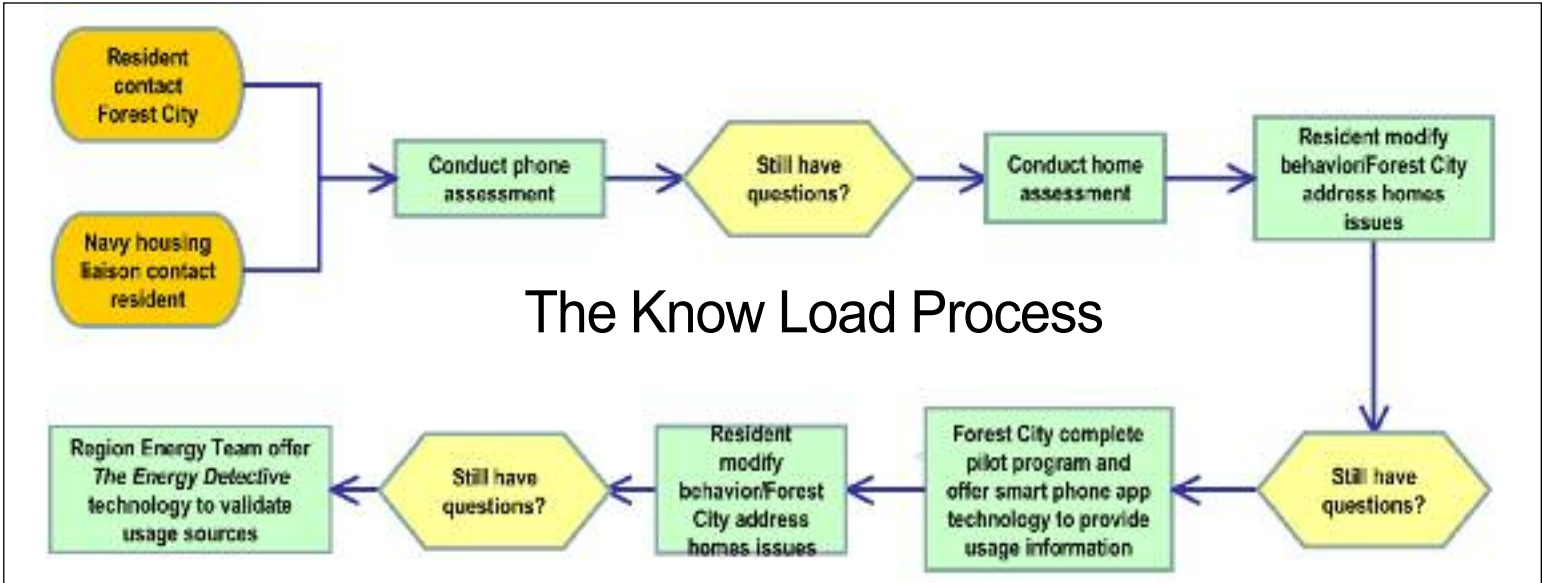
pared to \$118 in March. The average amount of electricity used per home in April was 1,057 kWh (kilowatt per hour), compared to 1,204 kWh a year ago

(April 2013) and 1,409 kWh in April 2010—prior to RECP implementation.

“RECP’s objective is to conserve energy by transferring responsibility for utility

consumption to housing residents, and it’s definitely being achieved at Navy Region Hawaii,” Nii noted.

See Know Load, A-6



U.S. Navy photo by MC1 Jay M. Chu

Rendering honors at USS Arizona

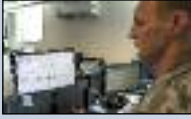
Adm. Samuel J. Locklear, commander of U.S. Pacific Command, and Tony Abbott, prime minister of Australia, render honors during a wreath-laying ceremony at the USS Arizona Memorial at Pearl Harbor.



Impact of RIMPAC, balancing the benefits
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New automated ESD help desk process cuts down wait time
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Battleship to host joint re-enlistment ceremony July 4
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Hawaii blooms with ‘flower power’
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Eagle Scout project helps improve fire safety
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RIMPAC 2014 begins June 26

U.S. Pacific Fleet

Held every two years by Commander, U.S. Pacific Fleet (PACFLT), RIMPAC 2014 is a multinational maritime exercise that takes place in and around the Hawaiian Islands.

This year’s RIMPAC exercise, the 24th in the series that began in 1971, is scheduled from June 26 to Aug. 1, with an opening reception scheduled for June 26 and closing reception Aug. 1. Twenty-three nations, 48 surface ships, six submarines,

more than 200 aircraft and 25,000 personnel will participate.

Units from Australia, Brunei, Canada, Chile, Colombia, France, India, Indonesia, Japan, Malaysia, Mexico, Netherlands, New Zealand, Norway, the People’s Republic of China, Peru, the Republic of Korea, the Republic of the Philippines, Singapore, Thailand, Tonga, the United Kingdom and the United States will participate.

For more info: www.cpf.navy.mil/rimpac/2014.



U.S. Navy photo by MC3 James Vazquez

The Military Sealift Command hospital ship USNS Mercy (T-AH 19) prepares to depart Naval Base San Diego on June 16 for Rim of the Pacific 2014 in Hawaii.

Joint Typhoon Warning Center conducts change of command



U.S. Navy photo by AG3 Bristol Rigby
Capt Ashley D. Evans (left), outgoing commanding officer of JTWC, and Capt. Steven P. Sopko (right), incoming commanding officer, salute to symbolize the official changeover of command.

Lt. Thai Phung

Joint Typhoon Warning Center Public Affairs

Capt. Steven P. Sopko relieved Capt. Ashley D. Evans as commanding officer of the Joint Typhoon Warning Center (JTWC) in a change of command ceremony held June 5 at Joint Base Pearl Harbor-Hickam. The ceremony started with the arrival of the official party, the presentation of the colors, the National Anthem, and “Hawaii Pono’i,” the Hawaii state song, sung by the NSA Hawaii Choral Ensemble. Lt. Cmdr. Keith D. Plavnick offered the invocation.

Dr. William Burnett, the deputy commander and technical director of the Naval Meteorology and Oceanography Command, was the guest speaker and presided over the ceremony.

“In meteorology, there are two meccas where you want to work. One of them is the National Hurricane Center. For the military side, the mecca is the Joint Typhoon Warning Center. It is an honor to be with the men and women, the group of the Joint Typhoon Warn-

ing Center and certainly, the commanding officer. You cannot go any higher,” Burnett said.

Following his remarks, Burnett presented Evans with the Legion of Merit for his outstanding service and accomplishments as commander from May 2012 to June 2014.

During his farewell remarks, Evans praised everyone at JTWC for executing their duties with efficiency and precision, inside and outside the walls every day.

“You guys make it look easy. It, in turn, makes me look good. This award is truly a reflection of all you do.”

Evans said he is proud he had the opportunity to command JTWC and thanked friends and families for a great journey. His farewell would not have been complete without sharing his philosophy with the command one last time: “To take care of yourself, families and shipmates; everything else is secondary.”

Evans will be heading to the Commander, U.S. Pacific Fleet to serve as the fleet oceanographer.

After Sopko assumed command of JTWC, he

thanked Evans.

“I am honored and humbled for the opportunity to command an organization that has such a great history of service in the western Pacific and Indian Ocean. I do have very high expectation for what we can accomplish in the years to come and together, we can meet any challenge that comes our way over the next couple of years,” Sopko said.

Sopko comes to JTWC after serving consecutive tours at the Pentagon on the staff of the assistant secretary of the Navy (research, development and acquisition) and the Chief of Naval Operations staff as deputy navigator of the Navy.

The mission of JTWC is to provide tropical cyclone reconnaissance, forecast, warning and decision support to the United States government agencies operating in the Pacific and Indian Oceans as directed by Commander, United States Pacific Command. It provides tsunami decision support services to Navy and other Department of Defense entities, as necessary, to ensure installation and asset protection at locations around the globe.

Impact of RIMPAC, balancing the benefits

Navy Region Hawaii Public Affairs

Dozens of ships from nearly two dozen countries are arriving in Pearl Harbor next week for the start of RIMPAC—Rim of the Pacific Exercise. RIMPAC 2014 will be held in waters and airspace in and around Hawaii for five weeks beginning June 26.

RIMPAC brings international participants together to foster and sustain cooperative relationships. Training during RIMPAC builds credible, ready maritime forces that help to preserve peace and prevent conflict.

RIMPAC is hosted by U.S. Pacific Fleet, which is headquartered here, and led by U.S. 3rd Fleet, which is headquartered in San Diego but will have most of its key staff here throughout the exercise.

The exercise will be based at Navy Region Hawaii, which includes Joint Base Pearl Harbor-Hickam and the Pacific Missile Range Facility on Kauai. Training will also be held at Marine Corps Base Hawaii, Ka-

neoe and at several other locations in the state.

Some training will be held outside of Hawaii, but most of the exercise will take place in the waters around and near the islands.

The Hawaii operating area and ranges offer a realistic, relevant training opportunity like nowhere else in the world.

Among the land, sea and air training capabilities to be exercised are humanitarian assistance and disaster relief, maritime security operations, sea control and complex warfighting.

Environmental stewardship and protection of marine mammals are top priorities at all times during the RIMPAC exercise.

In the weeks leading up to RIMPAC, crews receive training on sighting marine mammals and required protective measures. Participants follow established and approved procedures to minimize the potential impact on marine life.

The RIMPAC Combined Information Bureau will take calls from the public and answer questions about the exercise: 808-472-0235.

Some temporary noise and crowds

With 25,000 participants coming to Hawaii, there will be more noise, crowds and traffic expected in the last week of June and through most of July. But along with the inconveniences, there are tangible and intangible benefits to the state.

According to the State of Hawaii Department of Business and Economic Development and Tourism Research and Analysis division, the initial economic benefit for RIMPAC 2014 is projected to be \$52.5 million, based on the number of exercise participants and their number of days in port.

By the end of RIMPAC, officially Aug. 1, the overall economic benefit is expected to be tens of millions of dollars higher than \$52.5 after calculations are included for purchases of supplies, fuel and food or the spending by families and friends of participating personnel.

Also, after experiencing the *aloha* spirit of the people of Hawaii and seeing the natural beauty of the *aina*, the visiting spouses, children, extended family mem-

bers and friends of participants are expected to return home and “talk story” about the islands, extending the benefits for years to come.

Raising discussion of garage door openers

Remotely controlled garage door openers legally operate at a very low power on an unlicensed basis. Therefore, they can be affected by electromagnetic activity that is generated by Navy ships, civilian boaters or other sources.

During RIMPAC, some remotely-operated garage door openers may be temporarily affected. This can occur if the device is a

type (FCC-regulated but unlicensed part 15) that operates on frequencies reserved for federal government systems.

Such devices may not work properly from time to time, especially if they aren’t pointed directly at the door. If that happens, drivers may have to remove the opener from their sun visor and point it directly at the door. If the opener still doesn’t work right, garage door owners may have to open and close their doors manually or consider other options for a short time.

The Navy is required to test commercial surface search radars in port prior to getting underway and as

part of scheduled maintenance. Surface search radars are readily available commercially, used by civilian boaters and not a safety issue. Exercising safety is a top priority for the Navy.

Just to be sure their garage door opener will function properly, owners may want to check with their garage door company. At least one company in Hawaii asks their customers to be patient in dealing with the inconvenience, “for a short bit of time, [but] for a lifetime of safety and freedom.”

To learn more about RIMPAC, visit <http://www.cpf.navy.mil/rimpac/2014/>.

15th Wing announces change of command

15th Wing Public Affairs

Col. Randall Huiss will take command of the 15th Wing during a change of command ceremony scheduled for June 27 at base operations.

He will succeed Col. Johnny Roscoe, the current 15th Wing commander, who is retiring from the Air Force after a 26-year career. Roscoe has served as the 15th Wing

commander since July 6, 2012.

Lt. Gen Russell J. Handy, commander of the 11th Air Force, will preside over the ceremony.

The 15th Wing is composed of four groups with specific functions. The operations group controls all flying and airfield operations. The maintenance group performs aircraft and aircraft support equipment maintenance.

The medical group provides medical and dental care. The 647th Air Base Group provides more than 50 installation support functions for joint base operations, supporting more than 38,000 personnel and families. Additionally, the wing staff agencies provide support services to 15th Wing leaders and Airmen including but not limited to financial analysis, public affairs, and legal support.



U.S. Navy photo by MC2 Chelsea Kennedy
Aviation Boatswain's Mate (Handling) 3rd Class Gary Armstrong from Rockford, Ill. signals the pilot of an F/A-18 Super Hornet to stop as it approaches a catapult aboard the aircraft carrier USS Ronald Reagan (CVN 76). Ronald Reagan is underway conducting carrier qualifications. It will participate in RIMPAC 2014 in Hawaii.

Commentary

Commitment to conserve: making a difference

Rear Adm. Rick Williams

Commander, Navy Region Hawaii and Naval Surface Group Middle Pacific

As summer heat arrives, we're making progress in energy conservation, thanks to some "cool" innovations and a strong commitment to saving energy and saving money for ourselves and the Navy. I want to thank our families, service members and civilian employees for helping us get closer to meeting energy security goals.

Of course, with this initiative the work is ongoing and constantly evolving.

Each year we see about a 30 percent turnover in our population, so we have to keep our residents informed. Technology contin-



Rear Adm. Rick Williams

ues to improve, so we have to update our techniques for assessing and conserving. And new innovative ideas arrive all the time, so there's a need to continue the dialog.

Today's energy topic for discussion is the Resident Energy Conservation Program (RECP) and Navy Region Hawaii's "Know Load" program.

The Know Load group – energy conservation experts from our housing office, Forest City partners and Naval Facility Engineering Command, Hawaii – is bringing RECP support to residents' doorsteps.

Know Load, as in "know your energy load," is designed to provide advocacy for our residents, ensure residents are included in the management process, and give everyone a way to work on outstanding issues together. It's designed to put energy conservation in the hands of service members and their families.

The Know Load team developed checklists and is

conducting energy assessments for Forest City public private venture (PPV) residents. The goal is to identify ways to achieve greater energy efficiency and savings. Solutions to bring down residents' bills can be as simple as checking if air conditioner filters are clean or if water heaters are functioning properly.

In some cases, more work is needed to show why energy use is high. Residents can then use that information to make informed choices. At each step in the process, residents have a voice and can make their requests known.

Through the assessments and follow-up interviews, Know Load experts are able to identify where and when technology can be employed. Where it

makes sense we will make state-of-the-art computerized monitoring systems and an app available as long as we have resources available.

After we began our initiative to improve RECP as it is implemented in Hawaii—and again after electricity rates were lowered in April—we saw a significant positive impact. In October 2013, we had 50 residents with a monthly electricity bill higher than \$400. In March 2014 that number was down to 23, and in April it was down to just five residents with a bill over \$400.

But the Know Loads are not just looking at the highest energy consumers. Any Forest City residents concerned about their energy use can call the housing office or Forest City to begin

the process of requesting an energy assessment.

The Know Loads concept has been so successful we are expanding it to assist the region energy conservation board to offer innovative ideas, techniques and strategies in other areas and facilities.

We are also enlisting assistance from the Naval Post-Graduate School and other educators in a STEM (science, technology, engineering and mathematics) approach to this initiative.

The ultimate goal is to achieve energy security goals while still maintaining a balance between comfort and efficiency. Working together, we're making a difference. To learn more about energy security initiatives in our region, go to <http://go.usa.gov/KGMT>.

Diverse Views



What do you think the most exciting invention in the future will be?



HMC Crystal Ingram
Naval Health Clinic Hawaii

"Some stem-line cancer curing agent, I guess, to detect cancer on the front end instead of waiting to get sick before you find out."

Airman 1st Class Daniel Gonzalez
647th Force Support Squadron



"I am looking forward to the day when there is affordable, sustainable, permanent-alternative fuel. Gas prices are insane, and having a stable energy source like this would be used to power not only cars but homes as well. Everyone could have power and means to transport themselves."



LS2 Rena Wright
USS Chafee (DDG 90)

"Robots and electronics taking over the work that people have to do, like the driverless car."

Lt. Pete Lesaca
PACOM



"Transporters, like Star Trek. No commuting, no airline costs."



Simone Davis
647th Force Support Squadron

"I'm actually looking forward to an invention that will make people's lives more difficult. Technology as is makes everything far too easy for society as it is, which in turn I believe has lead us to being a lazier generation. I'm all for advances and new inventions for medical technology, but for the most part, it is just sad to see how these innovative products we have created are being relied upon more than ever."

OSC Barry Fredericks
CSCS DET Pearl Harbor



"A cure for cancer. Or for people losing limbs, the ability to grow limbs back. We're slowly getting there."



Valerie Radford
15th Medical Group

"I am looking forward to the day when some type of teleportation device is invented. It would make it extremely easy to visit family, friends and loved ones. No lines at the airport and no traffic jams. I understand there could be negative affects to this type of technology but I believe the good would outweigh the bad."

(Provided by Lt. j.g. Eric Galassi and SrA Christopher Stoltz)

Want to see your command featured in Diverse Views? Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Hanks relieves Thompson as CO of VP-4

Lt. j.g. Alexandra Lewis

Patrol Squadron Four Public Affairs Officer

Cmdr. Eric M. Hanks relieved Cmdr. M. Brett Thompson as commanding officer of Patrol Squadron Four (VP-4) on June 18 at hangar 104 at Marine Corps Base Hawaii, Kaneohe Bay.

Thompson, originally from Charleston, S.C., reported to VP-4 in March 2013 and became the squadron's 64th commanding officer in August 2013.

Thompson led the "Skinny Dragons" and ensured maximum operational readiness during a dynamic inter-deployment readiness cycle in preparation for a multi-site U.S.

6th Fleet deployment. Under his direction, the squadron conducted a flawless fleet response training plan, executed 750 sorties encompassing 3,366 flight hours with a 95 percent mission completion rate, surpassing 41 years and 250,000 hours of mishap-free flying.

Thompson will continue his career at U.S. Pacific Command. When asked about his time serving as commanding officer, he said, "This has been the absolute most rewarding tour in my entire 19-year career. The men and women of VP-4 are professional, hard-working Americans. I am beyond proud of each and every one of them. The Skinny Dragon *ohana* are the greatest Sailors I have ever served with."

Hanks reported to VP-4 in August 2013 as the executive officer. A native of Jennings, La., he graduated from the United States Naval Academy in 1997 and earned his "Wings of Gold" in August 1999. His previous flying tours included assignments to VP-16, VT-35 as an advanced maritime instructor pilot, and VP-9 as a department head.

His additional tours included a tour on the USS Theodore Roosevelt and the U.S. Africa Command in Stuttgart, Germany where he served in J3-operations.

"I am thrilled for the opportunity to lead the Skinny Dragons into this upcoming deployment. I have the utmost confidence in their ability to excel and masterfully complete the mission," he said.

Nevada fires during Normandy Invasion



The forward 14-inch/45 guns of USS Nevada (BB-36) fire on positions ashore during the landings on "Utah" Beach in the Normandy Invasion, which took place on June 6, 1944. The invasion took place 70 years ago this month. The Western Allies landed in Normandy, part of northern France. The invasion, commanded by U.S. Army Gen. Dwight D. Eisenhower, opened the long-awaited "Second Front" against Adolf Hitler's Germany.

'Navigate' to Ho'okele website

www.hookelenews.com or www.cnic.navy.mil/hawaii



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Pacific Partnership enhances relations, environment with beach cleanup



Service members from Australia, New Zealand, Timor-Leste and the U.S. participate in a cleaning event June 14 on the beaches of Dili.

**Story and photo by
MC1 Stephen Oleksiak**

*Pacific Partnership
Public Affairs*

DILI, Timor-Leste—In an effort to build community relations and improve the local environment in Dili, Timor-Leste, participants from Pacific Partnership 2014 conducted a beach cleanup with local environmental youth groups on June 14.

Local youth, embassy officials and service members from Timor-Leste, Australia, New Zealand and the United States walked together along a stretch of city beach in Dili, helping to promote community and a clean environment.

According to U.S. Army

Sgt. 1st Class Benjamin Howlett, assigned to the 84th Civil Affairs Battalion and event coordinator, it's not just about a clean beach, but also enhancing relationships.

"Events like these bring everyone a little closer together," said Howlett. "It shows that there are all kinds of people who care about environmental stewardship and will offer assistance, and we enjoy getting to do this in partnership with local youth who also care about the issue."

Naza Santos, 19, and a native of Dili, is a testament to that example.

"I don't think people here are really concerned about the environment as much as they should be," said Santos.

"It was kind of inspiring to see all these foreign people out here helping our community."

As the crowd grew larger with people who were just passing by, participants felt a sense of professional and personal accomplishment.

"It was very moving and rewarding to be out here, especially when all the little kids started joining in," said Australian Air Force Leading Aircraftswoman Teagan Walker. "The best part was having all the nations come together to help out."

Pacific Partnership is in its ninth iteration and is the largest annual multilateral humanitarian assistance and disaster relief preparedness mission conducted in the Asia-Pacific region.

New automated ESD help desk process cuts down wait time

**Story and photo by
Tech. Sgt. Terri Paden**

15th Wing Public Affairs

The 690th Network Support Squadron (690th NSS) Detachment 3 at Joint Base Pearl Harbor-Hickam recently streamlined their enterprise service desk (ESD) trouble ticket process.

Information Assurance Officer (IAO) Express was brought online to assist the ESD with the large volume of trouble tickets sitting in backlog as well as to expedite the support process for new customers.

According to Tech. Sgt. Michael Conedy, 690th NSS mission area team lead of directory services, the ESD deals with two types of computer issues—requests and incidents. Requests are tickets for account requests, such as new account provisioning, being added to an organization account and security group requests, whereas incidents are tickets for problems which could cause work stoppage such as login errors or problems

loading applications.

Previously, the two types of issues were handled by the same people, leading to potentially longer wait times due to the extra time required to resolve incidents, but now IAO Express is equipped to handle the less complicated requests.

As an example, in the past customers had to submit trouble tickets through the unit IAO, then wait for their tickets to move through the queue before having work done on their computer. Now tickets are vetted immediately upon submittal into the IAO Express. The system automatically works on request tickets on a first in, first out basis, leaving only incidents for the ESD staff to handle.

Conedy said the system is also able to work on more than one request at time, a feat which was nearly impossible for his staff to do.

"Basically, the process helped cut a backlog of approximately 1,600 tickets down to nearly 1,000 in the first month that it was brought online," said Staff

Sgt. Brett Walker, 690th NSS senior crew chief.

"The system closed out about 20,000 tickets in the month of May. That means there were 20,000 tickets automatically handled without being touched by a person, and tickets which may have otherwise taken weeks to get to were handled on the spot. This allowed ESD technicians to focus on the backlog of tickets, drastically reducing a backlog of more than 13,000 tickets in February to 163 post-Memorial Day weekend," Walker explained.

Though automating the process eliminated the need for ESD personnel to work on "simple" tickets, Walker said what it really comes down to is better customer service. The new process now provides a more direct route for customer support.

"The new system frees up the manpower needed to work on more complicated issues," said Walker. "We want to shift our focus to eliminating the wait times on the phone calls that come in.

"Our goal is to have zero wait times for customers call-



Staff Sgt. Brett Walker, 690th Network Support Squadron Detachment 3 senior crew chief, checks the Information Assurance Officer (IAO) Express for completed trouble tickets.

ing in for support. Someone will be able to pick up an incoming ticket and work on it immediately. This means customers spend less time waiting on the phone and less time waiting to have their ticket worked on," he said.

Conedy said the program has had overwhelmingly positive feedback. Initially

created as an avenue to send information directly to users, IAO Express has evolved into a workhorse.

"We encourage IAOs to utilize this," said Conedy. "Some people get stuck in the old way of doing things, but this is a faster, more direct and efficient way of doing things. I think as

members realize the efficiency garnered by IAO Express, usage will increase, which will be a huge win for all.

For more information about IAO Express, visit ESD self-help site link: <https://esd.us.af.mil> or speak with a unit information assurance officer.

Pearl Harbor-Hickam Highlights

The aircraft carrier USS Ronald Reagan (CVN 76) and Carrier Air Wing Two departed from the Southern California operating area June 18 to participate in the biennial Rim of the Pacific (RIMPAC) exercise scheduled June 26 to Aug. 1 in and around the Hawaiian Islands. In this file photo, USS Ronald Reagan transits the Pacific Ocean with ships participating in the RIMPAC 2010 combined task force.

U.S. Navy photo by MC3 Dylan McCord



The guided missile cruiser USS Cape St. George (CG 71) departs San Diego on a deployment to the U.S. 7th Fleet area of responsibility (AOR). Cape St. George is scheduled to participate in the Rim of the Pacific (RIMPAC), the world's largest international maritime exercise and then proceed to the 7th Fleet AOR to conduct theater security cooperation missions.

U.S. Navy photo by MCCS Donnie W. Ryan



Aviation Boatswain's Mate (Handling) 3rd Class Harris Michael directs a CH-53E Super Sea Stallion helicopter assigned to Marine Heavy Helicopter Squadron (HMH) 465 during flight operations June 17 aboard the amphibious assault ship USS Peleliu (LHA 5). Peleliu will participate in exercise Rim of the Pacific (RIMPAC), a large multinational naval exercise, as the command ship for the expeditionary strike group and is scheduled to conduct a follow-on deployment to the U.S. 7th Fleet area of responsibility.

U.S. Navy photo by MC3 Katarzyna Kobijak



The Military Sealift Command hospital ship USNS Mercy (T-AH 19) transits the San Diego Bay on June 16 for Rim of the Pacific 2014. Rim of the Pacific provides a unique training opportunity that helps participants foster and sustain cooperative relationships that are critical to ensuring the safety of the sea lanes and security on the world's oceans.

U.S. Navy photo by MC3 Huey D. Younger Jr.



A landing craft cushion, assigned to Assault Craft Unit (ACU) 5, approaches the amphibious assault ship USS Peleliu (LHA 5) on June 17. Peleliu will participate in exercise Rim of the Pacific 2014. Peleliu is the command ship for the expeditionary strike group and is scheduled to conduct a follow-on deployment to the U.S. 7th Fleet area of responsibility.

U.S. Navy photo by MC3 Katarzyna Kobijak



(Left and right): Retired professional football player Adalius Thomas participates in a guided tour aboard the guided-missile destroyer USS Halsey (DDG 97) on June 12. Thomas was aboard USS Halsey as part of a visit to Joint Base Pearl Harbor-Hickam.

U.S. Navy photos by MC2 Tiarra Fulham





Force Master Chief Russell Mason (left) relieves Force Master Chief Cash Caldwell as the senior enlisted advisor to Commander, Submarine Force, U.S. Pacific Fleet (COMSUBPAC).

Mason is new SUBPAC force master chief

**Story and photo by
MC1 Steven Khor**

*Submarine Force Pacific
Fleet Public Affairs*

The senior hands of deck-plate leadership changed June 6 with the arrival of the 15th force master chief to Commander, Submarine Force, U.S. Pacific Fleet.

Force Master Chief Russ Mason relieved Force Master Chief Cash Caldwell in a change of office and retirement ceremony as families and friends gathered at Joint Base Pearl Harbor-Hickam for the event.

“I am very excited about this responsibility and look forward to working with the finest men and women the United States has to offer,” said Mason.

In his new assignment as the force master chief for the Pacific Submarine Force, Mason highlighted three key objectives.

“First, we need to get a better handle on the chief petty officer sea billet gaps in Guam and Hawaii,” said Mason. “Our chiefs run the submarine force, and we need to do a better job of filling gapped billets by getting reliefs on board at the periodic rotation dates

(PRD) of those chiefs that have completed a full sea tour.

“We are doubling our efforts to notify chiefs and prospective chiefs of the boat at least one year prior to their PRDs to allow them to prepare their families for the moves. We are doing too much just-in-time detailing, and that is not fair to the Sailor, their family, the submarine or the Navy. Sailors work hard while on sea duty, and they deserve a full shore tour when the time comes so we need to fix that,” Mason said.

As a second key objective, Mason identified a need to create quality shore duty opportunities for first-term Sailors. “We are looking at ways to provide more opportunities for petty officers that have completed their first sea tour to be able to go to shore duty in their field of expertise, to better prepare them for their second sea tour which is typically their leading petty officer tour,” he explained.

Third, Mason wants to increase the visibility of Sailors doing great deeds and empower Sailors to be active bystanders to stop their shipmates before they make bad choices that re-

flect negatively on their shipmates and the submarine force.

He said it is the Sailor’s personal responsibility to determine how successful they will be in the Navy and in life.

“Most Sailors don’t have success without some setbacks, and the successful Sailors are always the ones who don’t let those setbacks define who they are,” said Mason.

“Sailors will never go wrong if they remember Master Chief Petty Officer of the Navy Mike Stevens’ mantra of working hard, staying out of trouble, and being good and decent people.”

Mason would like every Sailor to ask themselves two questions every day.

“In the morning, ask yourself, ‘How am I going to improve on the legacy already established.’ In the evening, ask yourself, ‘What did I do today to improve myself, my command and the Navy.’ When each Sailor can answer these questions positively and honestly, Sailors’ quality of life will improve exponentially and the submarine force and Navy will get better as a whole,” Mason said.

Battleship to host joint re-enlistment ceremony July 4

USS Missouri Memorial Association

The USS Missouri Memorial Association will host a joint re-enlistment ceremony July 4. The ceremony will take place at 9 a.m. under turret one.

Service members from all branches of the military are invited to participate in this event. Following the ceremony, those who have re-enlisted are welcome to fly their personal United States flag

from the Tomahawk Deck.

Certificates for flags will be provided by the Battleship Missouri. Flags will be the responsibility of the re-enlistees. It is requested that paperwork be signed by the service member and chain of command prior to arrival at the USS Missouri.

Guests are welcome to attend this event which will be open to the public. Participants should plan to arrive by 8:30 a.m. and will form on the pier prior to

boarding the ship. Uniform of the day is as follows:

Navy: Summer whites; Marine Corps: Class “C”; Army: Class “B”; Air Force: Service Uniform; and Coast Guard: Tropical Blue.

Re-enlistments should be scheduled no later than June 27 via the following link: <https://battleshipmissouri.memorialmil.acuityschedule.com/schedule.php>.

For more information, contact Jenny Moss at jennym@ussmissouri.org.

Know Load

Continued from A-1

The first step in the “Know Load” process encourages residents to contact their Forest City resident services office to schedule a phone assessment. During the phone assessment, residents can address questions or concerns about RECP and discuss why they believe their usage is higher than it should be.

If the phone assessment doesn’t resolve all questions or concerns, Forest City will schedule a home assessment. Forest City’s energy team will visit the home to address reasons for excess energy consumption, including resident energy habits, as well as efficiency of the central air conditioning and solar water heater systems.

The region housing office also conducts outreach to residents who have the highest electricity bills each month and offers a phone assessment and subsequent home assessment, if necessary. This proactive effort uses the same checklists as Forest City’s assessments. Whenever home deficiencies are found, Forest City will also

complete those existing work orders.

One of the residents who saw some benefit from the “Know Load” program was Cori Shields and her family. Shields, whose husband is active duty Navy, and three children live in a four-bedroom home in the Halsey Terrace neighborhood.

“They came in and did an energy audit. It was a big help and our bill did come down. That was really beneficial,” Shields explained.

She offered some additional tips that has helped her family reduce their electricity bill. “We have everything set to run in the morning and at night. We also try to use more electricity during the day when the solar is kicking in,” she said.

Shields recommended setting the hot water heater for hours when residents are at home and for whatever suits their family. Another strategy her family uses is to set a higher temperature for the air conditioner when they are not at home.

Forest City is also engaged in a pilot program with a private energy-savings company that, if successful, could offer smart

phone app technology to residents to give them immediate information on where electricity is being used.

The Navy Region Hawaii energy team will use other new technology where possible, too. The Energy Detective (TED) connects to a home’s electricity breaker panel and can provide instant electrical data in both dollar and kilowatt per hour amounts. This technology helps residents to determine how to lower their electric bills.

Information regarding TED is at: <https://www.theenergydetective.com/downloads/HowTED-proWorks.pdf>. Although these resources are limited, this initiative could be helpful when questions remain after the previous assessments.

Other initiatives are underway to communicate the Navy’s interest in helping residents. The region’s monthly energy conservation board meetings will invite residents to offer their suggestions on how to improve RECP and the energy conservation program.

(See Adm. Williams commentary on managing electricity consumption on page A-3.)

Life & Leisure

B

Hawaii blooms with flower power

Story and photos by
Don Robbins

Editor, Ho'okele

When people say "lucky you live Hawaii," one of the things that often come to mind are the colorful tropical flowers that grow year-round, including orchids of all shapes, sizes and colors that can be seen across the island.

For example, members of orchid clubs throughout the state avidly grow and display their orchids at shows including the recent annual Kunia Orchid Show held at Leilehua High School. Besides orchids, a few of the other exotic plants popular in Hawaii include bromeliads, anthuriums and cactus and *bonsai* trees.

The state and city offer programs open to the public that can help increase knowledge and answer questions about plants. Among them, the University of Hawaii Master Gardener program holds monthly Second Saturday at the

Garden educational programs. The events include tours of the garden center, ongoing demonstrations, UH Master Gardeners' "Got a Plant Question?" table, and seeds, herbs and ornamentals for sale. The urban garden center is located in Pearl City, near Joint Base Pearl Harbor-Hickam.

For more information on the urban garden center, visit <http://www.ctahr.hawaii.edu/ougc/> or call 453-6050 or 453-6055.

In addition, the City and County of Honolulu Department of Parks and Recreation has several botanical gardens that the public, including military members and their families, can visit to experience a variety of plant life.

They include Foster Botanical Garden, Koko Crater Botanical Garden and Lili'uokalani Botanical Garden in Honolulu, Wahiawa Botanical Garden and Ho'omaluhia Botanical Garden in Kaneohe.

For more information on the gardens, visit <http://www.honolulu.gov/parks/hbg.html>.



Navy, Air Force score big at bodybuilding championships

Story and photos by
Randy Dela Cruz

Sports Editor, Ho'okele

Navy and Air Force bodybuilders showed off their physiques at the International Natural Bodybuilding Association (INBA) 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships on June 14 at Nanakuli High School.

Bodybuilders and fitness athletes from across the spectrum of Hawaii's armed forces took to the stage to display the results of their hard work and dedication. When the final calls were announced, two of the night's biggest winners represented Joint Base Pearl Harbor-Hickam.

Two years after winning the INBA Aloha Classic, Senior Chief Sonar Technician Arvin Combs, Commander, Destroyer Squadron 31, scaled the mountain once again to capture not only the men's masters' title, but also the men's overall open championship.

Meanwhile, Air Force Capt. Anjanette Lowe, 109th Air Operations Group, dazzles the audience with her posing at the 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships. Lowe captured Bikini Divas title and overall bikini open championship. (Right) Senior Chief Sonar Technician Arvin Combs, Commander, Destroyer Squadron 31, displays his muscularity at the 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships. Combs won the men's masters' title and the men's overall open championship.

Lowe, who competed and won in the novice division last year, came back to win the Bikini Divas title and overall bikini open championship.

Army Staff Sgt. Donna Fagarang, 524th Combat Sustainment Support Battalion, won the overall women's fitness crown.

While Combs and Lowe enjoyed outstanding evenings, they weren't the



(Left) Air Force Capt. Anjanette Lowe, 109th Air Operations Group, dazzles the audience with her posing at the 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships. Lowe captured Bikini Divas title and overall bikini open championship. (Right) Senior Chief Sonar Technician Arvin Combs, Commander, Destroyer Squadron 31, displays his muscularity at the 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships. Combs won the men's masters' title and the men's overall open championship.

only members of Navy and Air Force to earn high marks for their efforts.

Cryptologic Technician (Collection) 2nd Class Brad Angell-Tiedemann, Navy Information Operations Command (NIOC), received second place in the men's open novice division, while Senior Airman William Jones, 15th Maintenance Squadron (15th MXS), got

second in the men's open short category and Tech. Sgt. Jeremy Wilson, 647th Civil Engineer Squadron (647 CES), picked up third place in the men's open physique.

Show promoter Robert Chun said that putting the armed forces event together is always a pleasure and noted that the men and women on the stage repre-



sent our country's finest in health and fitness.

"We're committed to the military because it is the backbone for the Pacific Rim," Chun said. "We look back at the commitment they gave us for our freedom and we give it back in our competitions."

Chun revealed that the organization is at the cutting edge when it comes to drug

testing and that every contestant is the real deal.

"It's a 100 percent all-natural show," he said. "We want them as healthy as possible. If you notice the athletes that we have, six months later, they'll still look like that."

Although Combs has reached the pinnacle of local bodybuilding before, he said that he plans to take things a

bit further this time around. "I've qualified for pro, but I've never competed as a pro," he admitted. "I made it, but I didn't feel that I was ready. This felt good. I've got my eyes set on the natural Olympia and I had to win here to qualify. The guy who has won, has won five times, so I'm hoping to beat him."

Even though Combs looked flawless and ready to take on the world, he noted that he's got his work cut out for him, but at least he knows what to work on.

"I guess it's the same as last time," he said. "I need to continue to put size on my legs and get leaner."

Like Combs, who praised his wife for being so understanding, Lowe thanked her spouse Maj. Kimo Lowe, 15th Wing, for believing in her passions for living healthy and competition.

Building off of her win in the novice division last year, Lowe admitted that while she had high hopes for this year, she didn't expect to garner two open division championships.

"I decided to do the open and was a little nervous with the younger crowd," she said. "But, fortunately for me, I was successful."

Lowe said that while dieting can be a challenge, she loves doing what she does and even shared her secret for competing at a high level.

"Get a good support system," he pointed out. "You need someone that you can talk with, share your feelings and someone that will support you and say, 'you're doing good, keep going, keep eating that chicken, you got two more weeks to go.' You need that support system and mentor."

Naval Health Clinic Hawaii wins soccer championship

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

After two back-to-back grueling days of playoffs, Naval Health Clinic Hawaii (NHCH) got past the 15th Maintenance Group (15 MXG) Rum Runners, 1-0, in the season's grand finale on June 15 to win the 2014 Joint Base Pearl Harbor-Hickam intramural soccer championship at Ward Field.

Winners of the White Division title during the regular season, NHCH ousted 515th Air Mobility Operations Wing (515 AMOW) in the first round and then defeated the defending champions Kunia Gallos and USS Cheyenne (SSN 773), before edging the 15th MXG to win it all.

"I don't want to say we're surprised," said NHCH team captain Hospital Corpsman 3rd Class Matthew Tharp. "We play without the expectation of taking first place because we work together and we're all friends. We didn't think anything more than getting through the first day. The first 8-0 team lost and when we heard that the other (8-0 team) fell,



Lance Cpl. Isidro Hernandez lets the game-winning kick fly to the goal to give Naval Health Clinic Hawaii (NHCH) a 1-0 win over the 15th Maintenance Group (15 MXG) Rum Runners.

then we realized that we're the last team with the best record. Beating the Cheyenne and shutting them out of goals was, I think, what led to this."

The only score of the game came midway through the first half when NHCH striker Hospital Corpsman 3rd Class Talla Mamadou was tripped up

near the Rum Runners' goal.

Unable to take the penalty kick, NHCH called upon newcomer Lance Cpl. Isidro Hernandez to step

up for the shot.

Hernandez, who only recently came to the islands, positioned himself before booting the ball past the goalkeeper for the 1-0 lead.

"It all starts with the confidence that the team gives you," Hernandez said. "The team trusts you to do what you need to do and it's pretty much instinct. It was a spot kick and I was, like, just put it in."

Tharp said that the situation was typical of how the team played the entire season. When one player goes down, he said, someone else steps up.

"That's the thing," Tharp pointed out. "Since we're all corpsmen we all kind of step up when one falls down."

Heading into the game, Tharp said he felt that the team matched up well against the 15 MXG and liked their chances of winning.

"We noticed after we saw them play the first time and saw how they played, that we had a strategic advantage," he said. "We know what it's like to have one goal scored against you and being down there is a certain anxiety that sets in. We could see it setting

in their plays."

The 15 MXG had a golden chance to tie the score when Tech. Sgt. Dustin Jose broke away into the open and had a one-on-one opportunity.

However, NHCH goalkeeper Lt. Mike Hill challenged the shot and made a key block at the top of the box to preserve the lead.

"He (Hill) kind of speared into my stomach," Jose said. "I tried to put it in, but it was what it was. It was a good play by him."

Jose admitted that the two-day tournament was tough, but he felt good about the way the season came to a close.

A few more through balls against NHCH and, Jose said, things might have turned out differently.

"We adjusted our lineup," he said. "We played as good as we could, but they got the win."

Hernandez also admitted that the two-day tournament started to take its toll on the players, but where there's a will, there's a way.

"The body gets tired, but passion is there, the fire is there," Hernandez said. "We just kept on pushing. It's a great feeling."

Wahine Koa keeps perfect football record with 14-0 win

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

It wasn't the grand send-off that defending champions Wahine Koa wanted to give departing offensive coordinator Lt.j.g. Gennaro Hawkins, Computer Telecommunications Area Master Station Pacific, but the team, despite dropped passes and numerous penalties, still prevailed over the Air Force Falcons, 14-0, on June 15 in an Ohana Sports Alliance women's flag football showdown at Manana Community Park in Pearl City.

Both women's flag football teams are a mixture of civilians and active-duty military or armed forces family members.

Wahine Koa got two touchdown passes from quarterback Dana Hester to running back Shardae Ingano to escape with the victory for their fourth straight win against zero defeats.

The Falcons remained tied for fourth place with a record of 1-3.

"We had a few hiccups," Hawkins admitted. "We're past the days of beating a team by 30, 40 (points). Every team we play, every week, they're going to come with their best. At the end of the day, that's what we like. We keep it going, we keep it a battle, and we keep it fun."

On the opening drive of the game, the Falcons defense appeared to stop the Koa on four plays, but offsetting penalties gave

Wahine another chance and Hester made them pay.

Facing fourth down and 10 from the Falcons' 39-yard line, Hester found Dee Hawkins, the coach's wife, down the left sideline for a huge pickup that placed the ball on the 28 and a first down.

Two plays later, Hester connected with a wide-open Ingano, who made the catch and ran into the end zone for a 6-0 advantage.

The lead stood through halftime and most of the second half, but with time running out in the game, Hester led the Koa on the most impressive drive of the game.

Starting at their own three-yard line, the Koa sealed the game by embarking on a time-consuming, 77-yard drive that took 12 plays to complete.

The last 15 yards of the drive saw Hester hook up with Ingano for their second touchdown of the game.

This time, Ingano beat coverage to the left corner of the end zone before jumping up to cradle her second scoring pass.

The Hester-to-Ingano duo then put the finishing touch on the win by locking up for the two-point conversion.

While Koa hit a few road bumps on their way to the win, the Falcons didn't help their cause by missing coverage in the backfield and fumbling the ball four times on exchanges from their center to quarterback.

Falcons head coach Chief Cryptologic Technician (Collection) Kenny Wright said that tentative play on de-



Running back Shardae Ingano goes up to grab her second touchdown pass of the day in leading Wahine Koa to a 14-0 win over the Air Force Falcons. Wahine Koa goes up against the Marine Corps Base Hawaii (MCBH) based Wardaws on June 22 at Manana Community Park in Pearl City. Kickoff is set for 2 p.m.

fense may have cost them the game.

"There was too much peeking in the backfield by our defensive backs," he pointed out. "That's the main thing that, to me, killed us."

As for mishandling the ball at the line of scrimmage, assistant coach Army Sgt. Nick Ford said that it is

a problem that is being addressed.

"We switched to a new center, so we're still trying to get to work on their exchange," Ford acknowledged. "We're adjusting that and working on it every week."

For Hawkins, the game also represented the end of 13 consecutive years of ser-

vice in Hawaii. He now departs for Sasebo, Japan where he will serve two years on USS Bonhomme Richard (LHD 6).

Besides his service in the Navy, Hawkins, who met his wife of 10 years here in the islands, has had a stellar career as an athlete and coach.

In total, he has accumu-

lated 10 championships as a coach and in intramural athletics on base.

"I'm just happy to be part of something that is special," said Hawkins about coaching Wahine Koa. "We started four or five years ago and where we are as a league, as an organization, it's just been a pleasure. It's home now."

Pacific Air Forces Airmen team up for Air Force Marathon

Tech Sgt. Joy Meek

PACAF Public Affairs

It starts by placing one foot in front of the other, increasing speed, building endurance and the next thing you know, 26.2 miles have passed. OK, well, it may not be that easy, but some Pacific Air Forces Airmen have the opportunity to experience exactly what it takes to train for and complete the Air Force Marathon.

Ten Airmen from bases throughout the Pacific region were selected to represent PACAF in the Air Force Marathon on Sept. 20, in either the half or full marathon at Wright Patterson Air Force Base in Dayton, Ohio.

"This year is the first year that PACAF will officially be sending a full team of 10 runners for the MAJCOM Challenge," said Master Sgt. Terilynn Madrona, PACAF services sustainment branch noncommissioned officer

at Joint Base Pearl Harbor-Hickam. "In previous years, PACAF only funded four full marathon runners."

The AF Form 303, Request for USAF Specialized Sports Training, is the official document the athletes use to apply for the team which lists their last three years of run times and accomplishments. All of the applications are evaluated by a PACAF Services board which selects the participants.

With 59 applicants, Madrona said it wasn't an easy selection decision for the board.

"It was a lengthy process to go through each application as many candidates had multiple recent run times to evaluate," Madrona said. "The AF Form 303 asks for sports experience and significant performance or training for the past three years."

Airman 1st Class Andrew Riesenberger, civil engineer with the 51st Civil Engineer Squadron at Osan Air Base,

South Korea, one of six PACAF runners selected for the half marathon, said he looks forward to meeting other military running enthusiasts.

"It's really exciting for me because I've been running for so long on high school and college teams it's cool to have a different kind of team to run and compete with," Riesenberger said.

His sentiment was shared by fellow half marathon participant, 2nd Lt. Herman Reinhold, 374th Force Support Squadron Readiness and Plans chief at Yokota Air Base, Japan. "I'm excited to meet other running enthusiasts from across PACAF," Reinhold said. "Sometimes I feel like I'm the only crazy guy out there doing laps around the flight line in 40 degree weather when everyone else is already home watching TV."

For some participants it may be a new experience, but for Master Sgt. Karissa Gunter, fit-

ness center section chief with the 36th Force Support Squadron at Andersen Air Force Base, Guam, this will be her ninth full marathon and second time on the PACAF team.

She credits her running passion to a previous assignment.

"I was stationed at Aviano [Italy] in 2007 and running encouraged me to get out and see all the fascinating sites in Europe," Gunter said.

Proper training and running a few half or full marathons is important for anyone wanting to be on a future team, according to Madrona. For helpful training information, visit the USAF Marathon site at www.usafmarathon.com/training.htm.

For anyone interested in applying to participate in next year's AF Marathon, Reinhold offers some advice.

"All it takes is a strict running regime and a little bit of confidence. Turn off the TV for a few minutes, load some music onto your MP3

player, tie your shoes and go."

The full team representing PACAF in the 2014 Air Force Marathon is listed below:

Full Marathon:

Maj. Luke Casper, 35 Fighter Wing Safety, Misawa AB

Master Sgt. Karissa Gunter, 36 FSS, Andersen AFB

Master Sgt. Traveller Hill, 25 Air Support Operation Squadron, JBPHH

SrA Kevin McInerney, 5 ASOS, Eielson AFB

Half-Marathon:

Col. Dondi Costin, HQ PACAF Chaplin, JBPHH

Capt. Allison Easterly, 962 Airborne Air Control Squadron, JBER

2nd Lt. Herman Reinhold, 374 FSS, Yokota AB

Staff Sgt. Joshua Johnson, 51 Operation Support Squadron, Osan AB

SrA Lauren Weimer, 647 Civil Engineer Squadron, JBPHH

A1C Andrew Riesenberger, 51 CES, Osan AB



Live the Great Life

Summer Reading Program continues at Hickam Library

Reid Tokeshi

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

The summer reading program at Joint Base Pearl Harbor-Hickam Library is still accepting registration for all ages. The program began May 28 and participation is free.

Launched years ago as an incentive to keep everyone reading throughout the summer and when school is out of session, The program rewards readers for reaching certain goals.

Readers are divided into three groups: Read to Me (birth to 7 years), I Can Read (8 to 15 years) and Young Adult/Adult Reader (16 years and up). Each group has three levels of goals to reach, based on the amount of reading



MWR Marketing photo

Magician Glen Bailey entertains children at last year's final party for the summer reading program. Bailey will return for this year's party on July 19.

they accomplish and log in an online account.

This year's theme is "Paws to Read," and weekly activities match the theme. A dog demonstration will take place on July 28 to teach about human-animal interaction. Additional games, puzzles and crafts will be offered in July. The program

ends on July 12, and a final party with prizes, food and entertainment for the participants will be held July 19.

The program is provided courtesy of the Department of Defense (DoD) Library system every year. For more information, visit the library or call 449-8299.

Beachside restaurant to celebrate two-year anniversary on JBPHH

Reid Tokeshi

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

Sam Choy's Island Style Seafood Grille opened its doors two years ago on the waterfront of Hickam Beach at Joint Base Pearl Harbor-Hickam. Sam Choy's will host a family fun day Saturday on the grassy area in front of the restaurant to celebrate the occasion. The free event will be held from 11 a.m. to 3 p.m.

Activities for the kids include jumper castles, face painting and *keiki* hot dogs. Shaved ice and cotton candy will be available for purchase. For the adults, live music from Push-O-Verse can be heard on the Hapa Deck from 1 to 4 p.m.

Working with Joint Base Pearl Harbor-Hickam Morale, Welfare & Recreation, the restaurant has adjusted their service to fill the needs the military community. Donovan Maples, the general manager, said they recognized the unique needs of those patrons working on the base.

He explained that one example was the start of their lunch in a rush buffet that runs Monday through Friday. On alternate days, the restaurant offers a burger bar or taco bar. Fridays is their *aloha* Friday buffet with a larger selection.

"Because we are on the opposite side of the base from where most people work, this allows food to be ready so people can eat and go in the matter of minutes," Maples said. "They can still get the great service we offer and good food without the normal wait time of other restaurants."

The expanded service has also benefited the restaurant. Maples said they have been rewarded with increased patronage from groups holding their functions there.

"We are now the go-to spot for farewell lunches, promotion ceremonies and office gatherings," Maples said.



MWR Marketing photo

Sam Choy's Island Seafood Grille located at Hickam Harbor will hold a family fun day from 11 a.m. to 3 p.m. Saturday.

Your Weekly Fun with MWR

Free Advance Screening of "Transformers: Age of Extinction" will be shown in 3D at 3 p.m. Saturday at Sharkey Theater. Assigned seating tickets will be issued at the ticket box office at 1:30 p.m. to the first 400 authorized patrons. Active duty ID cardholders can receive up to four tickets. Family members, retirees and Department of Defense cardholders can receive up to two tickets. FMI: 473-0726.

Cardio Kickboxing Instructor Certification class will be held from 10 a.m. to 4 p.m. June 22 at the Joint Base Pearl Harbor-Hickam Fitness Center. Students can learn proper punch and kick techniques and combinations plus safe ways to lead a kickboxing class. The registration fee is \$300 and includes a pre-mixed

music CD and workout DVD. Registration is through www.cardiokickboxing.com. FMI: 471-2019.

Command Fitness Leader Course will be held June 23 through 27 at the Joint Base Pearl Harbor-Hickam Fitness Center. This free course is open to Navy and Marines only. It provides the basic fitness and nutrition tools for personnel to go back to their respective commands and design fitness programs, facilitate classes, and become the ambassadors of fitness and nutrition. FMI: 471-2021, 202-433-4367.

Registration for Group Swim Lessons will open at noon June 23. Morning classes will be held at Hickam Pool 2 Mondays through

Thursdays for parent and child (ages 6 months-3 years); preschool (ages 3-4 years); levels 1-3 and levels 4-5 (ages 5-16 years); and adults (ages 17 years and older). Available sessions are: June 30-July 10, July 14-24, and July 28-Aug. 7. The cost is \$60 per session. Youth registrations are through www.greatlifehawaii.com, and adult swimmers may register in person at Hickam Pool 2. FMI: 260-9736.

Fashion Illustration class will be held from 3:45 to 5:15 p.m. every Monday from June 23 through July 21 at the Hickam Arts & Crafts Center for youth ages 12 years and older. Fundamentals such as proportion, form, anatomical exaggerations and gesture will be covered. Basic sketching and painting experience is a

plus but is not required. Tuition is \$65. FMI: 448-9907.

Summer Craft Camp will be held from 10 a.m. to noon June 24 through 27 at the Hickam Arts & Crafts Center. Weekly sessions are available until the end of July for youth ages 7 years and older. New creative projects will be offered each session. The cost is \$55 per session. FMI: 448-9907.

Beginning Adult Watercolor class will be held from 6 to 8 p.m. every Tuesday from June 24 through July 29 at the Hickam Arts & Crafts Center. Students can learn how to use and apply basic tools, techniques and procedures of watercolor to compose and paint pictures. Tuition is \$70. FMI: 448-9907.

Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



Community Calendar

JUNE

HOMEWARD BOUND

NOW — The Army & Air Force Exchange Service’s Homeward Bound campaign is offering giveaways to celebrate the home-coming of America’s warfighters and honor those who serve. Shoppers who visit the exchange’s Facebook page at www.facebook.com/AAFES.BX.PX have a chance to win various prizes throughout the month. FMI: www.shopmyexchange.com/homewardbound.

BLOOD DRIVE SCHEDULE

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP).

- June 23, 9 a.m. to 1 p.m., Naval Submarine Support Command, 822 Clark St. suite 400, Joint Base Pearl Harbor-Hickam.
- June 24, 9 a.m. to 1 p.m., 205th Military Intelligence Battalion, Fort Shafter.
- June 30, 9 a.m. to 1 p.m., Marine Aviation Logistics Squadron 24, building 375, Marine Corps Base Hawaii.
- July 8, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
- July 10, 9 a.m. to 1 p.m., Pearl Harbor Naval Shipyard, building 2, Joint Base Pearl Harbor-Hickam.

FMI: 433-6699 or 433-6148, email michelle.lele@amedd.army.mil or www.militaryblood.dod.mil.

CHINATOWN FOOD AND HISTORIC TOUR

28 — A Chinatown Food and Historic Tour will be held from 8:45 a.m. to 1 p.m. Participants can discover the history of Honolulu’s Chinatown, sample Chinese treats and have a traditional *dim sum* lunch. The tour departs from Information, Tickets & Travel Hickam office. FMI: 448-2295.

KAYAKING THE MOKULUA ISLANDS

28 — A Kayaking the *Mokulua* Islands excursion will begin at 9 a.m. MWR Outdoor Adventure Center staff will lead a paddling trip to the Mokulua Islands, a protected bird sanctuary located off Kailua and Lanikai beaches. This activity is somewhat moderate in the level of difficulty, depending on winds and ocean conditions. The cost is \$35. The sign-up deadline is June 25. FMI: 473-1198.

LEARN TO SPEARFISH

28, 29 — A Learn to Spearfish class will begin at 9 a.m. with instructors from the Outdoor Recreation-Hickam Harbor staff. On day one, class is held at the pool. On day two, depending on skill level, there may be two ocean dives from the boat. Mask, fins and snorkel are required. Other equipment and transportation will be provided. The cost is \$60. The sign-up deadline is June 25. FMI: 449-5215.

TRAIL HIKE

29 — A Nu’uanu-Judd Hike will begin at 9 a.m. MWR Outdoor Adventure Center staff will take participants on a trail that runs along the ridge of the Ko’olau Mountains through dense forest, bamboo and banyans and ends at the Pali Lookout. Hikers are advised to bring mosquito repellent. The cost is \$10. The sign-up deadline is June 27. FMI: 473-1198.

JULY

HUMAN CAMERA

2 —The “Human Camera, Artemio” will be available to draw three-minute portraits of people and animals from 3 to 6 p.m. at the Pearl Harbor Navy Exchange mall second floor. This is a free event for authorized patrons only. FMI: 423-3287.

PICK & PAINT

2, 3 — The Hickam Craft Center will hold a “Pick & Paint” event from 11 a.m. to 3 p.m. at the Pearl Harbor Navy Exchange, second floor books department. Participants can choose a piece, color it and take it home that day. Children and adults are welcome to attend the free event for authorized patrons only. FMI: 423-3287.

STORY-TELLING AND SUMMER READING CRAFTS

3 — Hickam Library will hold a story-telling and craft-making event from noon to 3 p.m. at the Pearl Harbor Navy Exchange, second floor books department. This is a free event for authorized patrons only. FMI: 423-3287.

COLORING WITH SPIDERMAN

3 — Authorized patrons can color their favorite portrait of Spiderman with web-wonder himself from 3 to 5 p.m. at the Pearl Harbor Navy Exchange. Picture-taking is also welcomed. This is a free event for authorized patrons only. FMI: 423-3287.

SUMMER BASH LUNCHEON

3 — A Summer Bash Luncheon will be held from 11 a.m. to 12:30 p.m. at the Silver Dolphin Bistro. The price is \$4.65 and the meal is open to all active duty military, Department of Defense employees, retirees and family members of active duty with valid IDs. Menu items will include ribs with dry rub, hamburgers, hot dogs and more. FMI: 473-2948.

FOURTH OF JULY CELEBRATION

4 — Joint Base Pearl Harbor Hickam Morale, Welfare and Recreation will hold a Fourth of July celebration from 3:30 to 9:30 p.m. at Ward Field. Featured artist 3 Doors Down will perform beginning at 7:30 p.m. Fireworks will begin at 9 p.m. The event is open to all military-affiliated personnel and their sponsored guests. FMI: www.greatlifehawaii.com.



TRANSFORMERS: AGE OF EXTINCTION (3-D) (PG-13)

Mechanic Flynn Vincent, his daughter and her racing driver boyfriend make a discovery that not only awakens the Autobots and the Decepticons but a paranoid FBI agent who wants to throw them into jail and throw away the key.

Movie Showtimes

SHARKEY THEATER

TODAY 6/20

7:00 p.m. The Amazing Spider-Man 2 (3D) (PG-13)

SATURDAY 6/21

3:00 p.m. Transformers: Age of Extinction (3-D) (PG-13)
Free to the first 400 authorized patrons. Assigned seating tickets will be distributed at the ticket booth at 1:30 p.m. active duty personnel can receive up to four tickets. Others; military family members, military retirees, DoD personnel with ID card can receive up to two tickets.
7:00 p.m. Godzilla (3-D) (PG-13)

SUNDAY 6/22

2:30 p.m. Maleficent (3-D) (PG)
5:10 p.m. Blended (PG-13)
7:10 p.m. Neighbors (R)

HICKAM MEMORIAL THEATER

TODAY 6/20

6:00 p.m. Godzilla (PG-13)

SATURDAY 6/21

4:00 p.m. Mom’s Night out (PG)
7:00 p.m. Neighbors (R)

SUNDAY 6/22

2:00 p.m. Godzilla (PG-13)

THURSDAY 6/26

7:00 p.m. Godzilla (PG-13)



Eagle Scout project helps improve fire safety

Don Robbins

Editor, Ho'okele

Owen Woelper, son of Navy Capt. Eric Woelper and Leah Woelper, led the Scouts of Troop 180 based out of Aiea in his Eagle Scout project at Barbers Point Stables on June 7 and 8. The stables are a recreational facility in Ewa.

Owen's project was based on improving fire safety at the stables and involved clearing a field of trees, brush and debris to facilitate fire engine access to a long overgrown fire hydrant and installing fire extinguishers around the stables. Godfrey Akaka, Navy Region Hawaii fire inspector, met with Owen prior to the project to provide advice on the placement of the fire extinguishers.

Ten Scouts and four parents from Troop 180 participated in the project, dedicating their Saturday and Sunday to improving their community. Owen directed the efforts of the group.

"I feel a sense of pride and accomplishment in completing the project as well as the merit badges required to become an Eagle Scout. I have learned a lot of useful skills both during this project and throughout my Scouting experience," Owen said.

"The Eagle Scout project is an important part of the requirement for Eagle because the Scout has to practice the leadership skills that he has honed through his years in Scouting and give back to the community."

Owen identified wasted

efforts and readjusted assignments to maximize the efficiency and effectiveness of his team of Scouts. The Scouts hauled away 12 trailers' worth of debris, which was used to bolster the sides of a horse corral made wholly of cleared debris.

After the debris was cleared, the team constructed boxes made of PVC siding to provide sun and weather protection for fire extinguishers.

The Scouts mounted 10 fire extinguishers and their corresponding boxes to provide readily available extinguishers through a large portion of the stable grounds.

"This was a great experience watching my son take charge of a group of Scouts," said Eric Woelper. "I'm thrilled to see him set a goal several years ago and demonstrate both leadership and work ethic in completing his Eagle Scout project. I am obviously very proud of him."

"We were excited when Owen approached us for a project idea. Owen and his troop exceeded all expectations," said Valerie Van der Veer, a volunteer and president of the Barbers Point Riding Club.

"Owen's project was especially valuable because it involved interactions with multiple civil authorities which is a skill that we specifically seek to develop in our Scouts. This was a great Eagle Scout project," said Carey Pantling, who participated in the project with three of his sons and is the Troop 180 chaplain.



(Top left) Owen Woelper places a fire extinguisher into the weather-proof box installed on the coconut tree. (Top right) Brothers Adam and Aaron Pantling work together to construct the box for the fire extinguishers. (Bottom) Adam Pantling, Aaron Pantling, Tristan Lundy and Koa Thoemmes load up the trailer with cut-down debris that had blocked the fire hydrant.



Photos courtesy of the Woelper family



Online

<http://www.hookelenews.com/> or visit

<https://www.cnmc.navy.mil/Hawaii/index.htm>



SCRA law helps

Lt. Nick Hambley

Region Legal Service Office Hawaii

The Service Members Civil Relief Act, or SCRA, is U.S. federal law which provides numerous protections and benefits for service members and their families.

Who does it protect?

Benefits and protections in the SCRA cover all active duty members and activated Reservists and may also cover their families. In addition, the SCRA covers National Guard members, public health service officers, National Oceanic and Atmospheric officers, and some U.S. citizens serving with allied forces.

What does the SCRA do for me and my family?

The SCRA provides numerous protections and benefits. Below is a brief summary of some of the ways the SCRA can help you and your family. Keep in mind that sometimes whether or not the SCRA can benefit you is complicated, and you may be best served by visiting your local legal assistance JAG office.

- Lower a pre-service loan interest rate to 6 percent. The SCRA enables you to lower the interest to 6 percent on debt you incurred prior to joining the military. This includes student loans, credit card debt and home mortgages. You will need to provide a written request referencing your right under the SCRA to the loan servicer as well as a copy of your orders.
- End a lease early when deploying or PCSing. The SCRA permits you or sometimes your family to break a lease early without penalty when you have orders to deploy, PCS or retire. You should provide your landlord at least 30 days' written notice and will need to send a copy of your new orders.
- End other types of installment contracts early. You may also end cell phone contracts, auto leases and other types of installment contracts early when deploying or PCSing. You should request an early termination in writing or seek legal assistance.
- Delay or reopen court proceedings. You may request a stay for any civil court proceeding when your military service affects your ability to appear. If you did not find out about the court proceeding until after there was a default judgment against you, you will be granted a rehearing under certain circumstances. These rights apply to all civil state and federal proceedings. It is a good idea to seek legal assistance from an attorney on these matters.
- Pre-service foreclosures must be through court order. For mortgages you had before you became active, a foreclosure must be done through the court. Some states, like Hawaii, require all foreclosures to go through the court, but other states, like California, allow for a bank to foreclose on a home without necessarily involving the court. The SCRA also prevents certain storage leases from being foreclosed without a court order.
- Evictions must be through the court. A landlord may not evict you or your family without a court order as long as your lease is under a certain amount (that amount is \$3,135 for 2014).

Groundbreaking held for new library

Story and photo by
SrAirman
Christopher Stoltz

Joint Base Pearl Harbor
Hickam Public Affairs

Although students are dismissed for summer break, there is going to be a lot of noise at Hickam Elementary School for the next year or so. Hickam Elementary faculty members and Hawaii House District 31 Rep. Aaron Ling Johanson celebrated the construction of a new library at the school with a groundbreaking ceremony June 17 at the school.

The new addition to Hickam Elementary is being constructed next to where the main office and current library stand and is expected

to be completed in the next 12 to 14 months. Construction is currently delayed as pipes near the building's foundation are being rerouted to meet building code standards.

According to Richard Shimabukuro, acting principal for Hickam Elementary, the facility will host a state-of-the-art library, administrative offices and a new computer lab, which will further promote the use of technology in Hickam Elementary and help give their students the chance to further expand their learning capabilities.

"A unique feature of the building is the fact that if you see an aerial view of it when it is completed, it will be shaped like a fighter plane," he said. "It will be interesting



Hickam Elementary faculty members, JBPHH personnel and Hawaii State Rep. Aaron Ling Johanson celebrate the construction of a new library at the school with a groundbreaking ceremony held June 17 at Hickam Elementary School.

to hear what those who fly over it think about it."

Special guests were in attendance at the ceremony, including former Hickam Elementary principal

George Okino

"I am glad the school contacted me to help," he said. "I know this project will be great for both the school and the students who attend."