

Vehicle registration office at Joint Base is now open for business

Joint Base Pearl Harbor-Hickam Public Affairs

The City & County of Honolulu satellite vehicle registration office at Joint Base Pearl Harbor-Hickam reopened Nov. 2.

The vehicle registration office provides motor vehicle registration services to Oahu military personnel, their family members and civilian personnel who have access to military bases.

The office is located at 915 North Road, building 1314, in the Club Pearl Complex and is open for appointments from 8:30 a.m. to 4 p.m. Monday through Friday. The office will be closed on all state and federal holidays.

Appointments can be



U.S. Navy photo by Brandon Bosworth

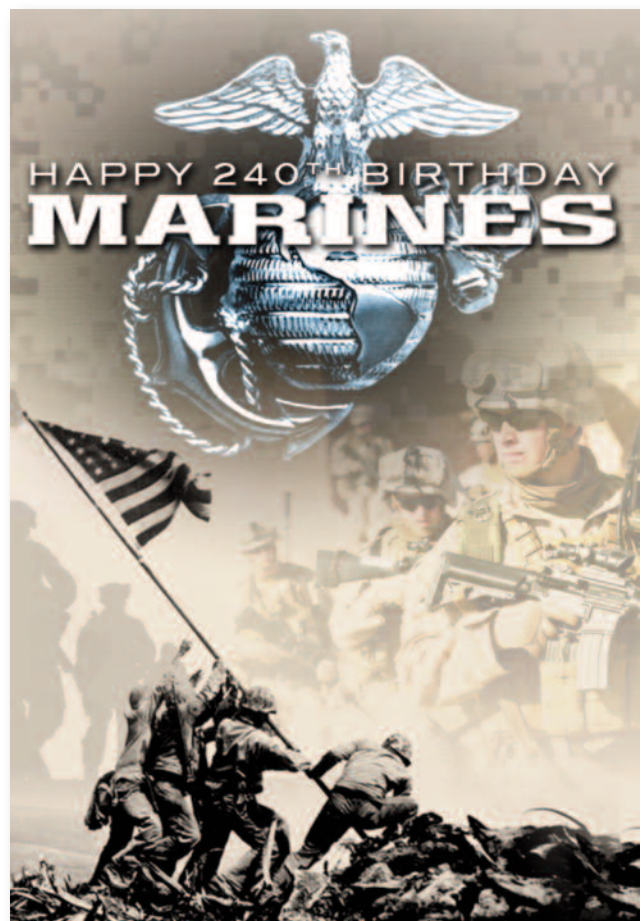
Capt. Stanley Keeve Jr., commander of Joint Base Pearl Harbor-Hickam, speaks with Jessica Pacheco (left) and Sheri Kajiware (right) from the City and County of Honolulu's customer service department at the opening of a satellite vehicle registration office located in the Club Pearl complex, Joint Base Pearl Harbor-Hickam, on Nov. 5.

made at <http://www.satellitecityhall.com/jbphh-motor-vehicle-registration-office.html>, or visit the link at the JBPHH website, www.cnic.navy.mil/pearlharbor-hickam/. The vehicle registration office opened in April 2014 as a year-long pilot project.

The office subsequently closed to make adjustments to the program. The office, previously open for appointments on Tuesdays and Thursdays, will now be open Monday through Friday.

Services offered include the following: Vehicle transactions related to initial vehicle registration, out-of-state permits, transfer of ownership, replacement of Hawaii plates and/or registration emblems, duplicate Honolulu titles and registrations, ordering of special plates, veteran's plates, and organizational plates, and junking and storage.

(For more information, visit the City & County of Honolulu's Satellite City Hall website at <http://www.satellitecityhall.com/>.)



Events to commemorate Veterans Day 2015

Brandon B. Bosworth

Assistant Editor, Ho'okele

Events across Oahu have been scheduled for Nov. 11 to commemorate Veterans Day:

- 10 a.m., Veterans Day Ceremony at the National Memorial Cemetery of the Pacific (Punchbowl).
- 11 a.m., SUBVETS Veterans Day Ceremony, USS Parche Submarine Memorial, Joint Base Pearl Harbor-Hickam.
- 1 p.m., Hawaii State Veterans Cemetery, Kaneohe.
- 4:30 p.m., Veterans Day Sunset Ceremony, Battleship Missouri Memorial, Ford Island.

In addition, the Wahiawa Lions will hold their 69th annual Veterans Day Parade. The

theme of this year's parade is "Honoring Those Who Serve."

More than 80 marching units are expected to participate. Marchers will proceed up California Avenue at 10 a.m. from Ka'ala Elementary School to the Wahiawa District Park.

Grand marshals for the parade are Masaharu Saito from the 100th Battalion and Army veterans, Henry Lee and Paul Olivas.

Army Brig. Gen. Patrick Matlock, deputy commander of the 25th Infantry Division, will be the featured speaker at the ceremonies at the district park following the parade. The program will include massing of the colors and awarding of trophies to marching units. Military equipment will be on display and food will be available.

Super Strypi satellite launch fails but touted as 'step forward'

Navy Region Hawaii Public Affairs

Although the Super Strypi satellite launch in Hawaii failed in mid-flight Nov. 3, the Navy and University of Hawaii officials described the effort as an important first and a step forward.

According to Air Force Space and Missile Systems Public Affairs, the ORS-4 [Super Strypi rocket] mission on an experimental Super Strypi launch vehicle failed in mid-flight after liftoff at 5:45 p.m. Hawaii Standard Time (7:45 p.m. PST/10:45 p.m. EST) Nov. 3 from the Pacific Missile Range Facility off Barking Sands, Kauai, Hawaii.

Capt. Bruce Hay, commanding officer of Pacific Missile Range Facility (PMRF), Barking Sands, Kauai, spoke about the positive aspects of the launch.

"There were a lot of important firsts and records that were achieved with this mission. It was the



U.S. Air Force photo

Air Force set to launch experimental Super Strypi rocket Nov. 2.

first space launch from Hawaii. The Super Strypi launch vehicle was the largest rail-launched vehicle ever," Hay said.

"PMRF greatly expanded its capability to provide range safety in both endo- and exo-thermic environments and proved, yet again, our ability to work internationally in support of Department of Defense programs," he said.

The University of Hawaii (UH) Space Flight Laboratory, established in 2007, was a partner in Tuesday's launch. The three-stage

rocket carried UH's HiakaSat satellite and 12 smaller satellites. Hiaka means "to recite legends or fabulous stories" in Hawaiian.

UH was responsible for the payload development and project management of the rail launcher and Launchpad.

"The best analogy I heard from Dan Meisenzahl at University of Hawaii was, 'This is not a failure. This is a tremendous step forward. This would be like going to the World Series but not winning,'" Hay said.

Come to makahiki celebration Saturday at Hickam Harbor Beach

Joint Base Pearl Harbor-Hickam Public Affairs

Military and Department of Defense personnel, their families and sponsored guests are invited to celebrate the annual makahiki, or ancient Hawaiian festival of Thanksgiving, beginning at 9 a.m. Saturday at Hickam Harbor Beach at Joint Base Pearl Harbor-Hickam.

The annual makahiki at Kapuaukaula (ancient name for the Hickam area) provides a unique opportunity for guests to travel back in time to experience Hawaii's rich heritage and play ancient mahakiki games, a popular part of the festival in which families can participate. The event is free and open to personnel with base access and their sponsored guests.

The Hawaiian deity,

Lono, will journey from Iroquois Point to Hickam Beach via canoes from the Kamaha'o Canoe Club. At 9 a.m. a blast of the pu (conch shell) will announce the arrival, and a procession from the beach to the grassy area in front of Sam Choy's Island Style Seafood and Grille will begin the makahiki.

Organized by the Oahu Council of Hawaiian Civic Clubs in partnership with Joint Base and Navy Region Hawaii, this celebration symbolizes a time when native Hawaiians put aside their differences and gave thanks.

Jeff Pantaleo, cultural resources manager for Naval Facilities Engineering Command Hawaii, is a key planner for the event. "The makahiki parallels the western tradition of Thanksgiving and was a time of peace and thanks to the Hawaiian deity,

Lono, for agricultural bounties and games of strength and skill played," Pantaleo said.

"Makahiki started at Pearl Harbor 14 years ago at Ford Island and has helped improve relationships between the Navy/Air Force and the Native Hawaiian community," he said.

Guests can learn the history of makahiki and compete for prizes given for performance in the traditional Native Hawaiian games of skill, including ulu maika (stone rolling), moa pahe'e (dart tossing), haka moa (one leg wrestling) and maka ihe (spear tossing).

For more information, contact Patty Coleman, Navy Region Hawaii environmental outreach coordinator, at 473-0369 or Grace Hewlen, Joint Base Pearl Harbor-Hickam Public Affairs officer, at 473-2926.



Navy creates cultural awareness through proactive training
See page A-2



USS John Paul Jones participates in ballistic missile defense test
See page A-2



Enlisted Women in Submarines Roadshow invites prospective submariners
See page A-4



USS Santa Fe returns to Hawaii from western Pacific deployment
See page A-4



No wings necessary as Air Force grounds UH
See page B-1



Great American Smokeout to take place Nov. 19
See page B-2

Navy creates cultural awareness through proactive training

Story and photo by
MC3 Katarzyna Kobiljak

Navy Public Affairs Support
Element Detachment Hawaii

CAMP H.M. SMITH, Hawaii—Military service members and civilian employees gathered at the Camp H.M. Smith Fitness Center to participate in a debut proactive training presented Nov. 4 by Pure Praxis group.

The theme of the training was “Retaliation, Ostracism and Maltreatment.” Pure Praxis is a socially adaptive performance group contracted by the Department of the Navy Sexual Assault Prevention and Response Office (DON SAPRO) to deliver a creative and unique workshop that encourages and motivates members to take a stand, to become involved and to accomplish changes that they desire.

“Our training involves the audience and focuses on creating solutions to problems we put on a display,” said Nicole Snell, program and content administrator



Kelly Pfeider, the president of Pure Praxis, engages military members and civilian employees during a proactive training Nov. 4 at the Camp H.M. Smith Fitness Center.

for Pure Praxis.

“During the training, we ask our audience to brainstorm ideas and to change the outcome of the situation to a positive one,” said Snell. “This is a practice audi-

ence members can use in the future.”

In previous trainings, Snell said she noticed audience members weren’t afraid to stand up for “what is right” and was surprised

by how many solutions they would come up with to show they were supporting each other’s ideas.

“We’ve had a lot of positive feedback,” said Snell. “People came to us after the show and tell us how

much they enjoyed the training.”

“This training was very powerful,” said Hospital Corpsman 1st Class Israel Rosa. “I really liked how the actors engaged with us, especially the junior enlisted audience members.”

Rosa said he enjoyed the way the actors portrayed the characters because the audience could really relate to them. Rosa brought up a scene where a male actor plays a victim of a sexual assault.

“The males in the audience were able to recognize the struggles he had to go through as a male victim,” said Rosa.

The Pure Praxis group is raising awareness about victims of sexual assault by involving its audience members in the event through proactive training.

“It was the best SAPR training I have received to date, great interaction between the troupe and the audience,” said Marine Corps Lt. Col. Jesus Claudio.

(For more information and resources about SAPR training, please visit the SAPR website www.sapr.navy.mil.)

USS John Paul Jones participates in ballistic missile defense test

Missile Defense Agency

USS John Paul Jones (DDG-53), homeported at Joint Base Pearl Harbor-Hickam, Hawaii, participated in a ballistic missile defense (BMD) test Oct. 31, conducted by the U.S. Missile Defense Agency (MDA), Ballistic Missile Defense System (BMDS) Operational Test Agency, Joint Functional Component Command for Integrated Missile Defense, U.S. European Command and U.S. Pacific Command.

The event was a complex operational flight test of the BMDS demonstrating a layered defense architecture.

The test, designated Flight Test Operational-02 Event 2a, was conducted in the vicinity of Wake Island and surrounding areas of the western Pacific Ocean. The test stressed the ability of Aegis ballistic missile defense (BMD) and terminal high altitude area defense (THAAD) weapon systems to negate two ballistic missile threats while Aegis BMD simultaneously conducted an anti-air warfare operation.

This was a highly complex operational test of the BMDS which required all elements to work together in an integrated layered defense design to detect, track, discriminate, engage and negate the ballistic missile threats.

BMDS assets included a THAAD battery consisting of a THAAD fire control and communications (TFCC) unit, THAAD launcher, and an Army Navy/transportable radar surveillance and control model 2 (AN/TPY-2) radar in terminal mode; a second AN/TPY-2 radar in forward-based mode; command, control, battle management and communications (C2BMC); and the USS John Paul Jones (DDG-53) Aegis BMD-configured ship with its onboard AN/SPY-1 radar.

At approximately 11:05 p.m. EDT (Oct. 31), a short range air launch target (SRALT) was launched by a U.S. Air Force C-17 aircraft southeast of Wake Island. The THAAD AN/TPY-2 radar in terminal mode detected the target and relayed track information to the TFCC to develop a fire control solution and provide track infor-



U.S. Navy file photo by MC1 Nardel Cervacio

The guided-missile destroyer USS John Paul Jones (DDG 53) departs Joint Base Pearl-Harbor-Hickam for a scheduled underway July 27.

mation for use by other defending BMDS assets. The THAAD weapon system developed a fire control solution, launched a THAAD interceptor missile, and successfully intercepted the SRALT target.

While THAAD was engaging the SRALT, an extended medium range ballistic missile (eMRBM) was air-launched by another Air

Force C-17. The eMRBM target was detected and tracked by multiple BMDS assets including the AN/TPY-2 in forward-based mode and John Paul Jones with its AN/SPY-1 radar. Shortly after eMRBM launch, a BQM-74E air-breathing target was also launched and tracked by John Paul Jones.

As a demonstration of layered

defense capabilities, both Aegis BMD and THAAD launched interceptors to engage the eMRBM. John Paul Jones successfully launched a Standard Missile-3 (SM-3) Block IB Threat upgrade guided missile, but an anomaly early in its flight prevented a mid-course intercept.

However, the THAAD interceptor, in its terminal defense role, acquired and successfully intercepted the target. Concurrently, Aegis BMD successfully engaged the BQM-74E air-breathing target with a Standard Missile-2 Block IIIA guided missile. A failure review is currently underway to investigate the SM-3 anomaly.

Several other missile defense assets observed the launches and gathered data for future analysis. Participants included the command, control, battle management and communications (C2BMC) experimental lab (X-Lab), C2BMC enterprise sensors laboratory (ESL), and the space tracking and surveillance system-demonstrators (STSS-D).

The MDA will use test results to improve and enhance the BMDS.

Wheeler assumes command of Naval Health Clinic Hawaii

Story and photo by
Susan Schultz

Naval Health Clinic Hawaii
Public Affairs

Capt. Lynn Wheeler, Medical Service Corps, assumed command of Naval Health Clinic Hawaii from Capt. Andrew L. Findley Jr., Medical Corps, during a ceremony held Oct. 23 at Kilo Pier 8 at Joint Base Pearl Harbor-Hawaii.

Rear Adm. Bruce L. Gillingham, commander of Navy Medicine West, was the guest speaker. “Today is a day to honor excellence, the excellence of a departing skipper who has truly raised the bar for Naval Health Clinic Hawaii and the excellence of an out-

standing team that has realized his vision with their hard work and their own commitment to excellence,” said Gillingham.

“Today we celebrate Capt. Findley’s dedication and the realization of his vision to establish Naval Health Clinic Hawaii as a model of health care excellence, providing unsurpassed service to the fleet and fleet marine force.

“Today is also about welcoming a new leader, one with fresh ideas and the energy required to drive Naval Health Clinic Hawaii and its staff to even higher levels of achievement and to meet the unknowable challenges ahead. Welcome aboard, Capt. Wheeler,” Gillingham said.

Findley is retiring from



Capt. Lynn Wheeler, left, replaced Capt. Andrew L. Findley, far right, at a Naval Health Clinic Hawaii change of command ceremony held Oct. 23. Rear Adm. Bruce L. Gillingham, commander of Navy Medicine West, center, was the guest speaker.

the U.S. Navy after 34 years of service. He served as NHC Hawaii’s commanding officer since July 2014. Before assuming command, Findley was Tripler Army Medical Center’s deputy commander for two years.

During his remarks, Findley thanked Naval Health Clinic Hawaii for the support, caring and friendship and asked them to always remember why Naval Health Clinic Hawaii is here, “Readiness—job one, patient care, and quality and safety—[are] the foundations for a high reliability organization,” Findley said.

Wheeler served as USNS Mercy’s executive officer before assuming command

of Naval Health Clinic Hawaii. She is no stranger to Hawaii as she served as the deputy surgeon, U.S. Pacific Fleet from 2010 to 2013.

“During my three years at U.S. Pacific Fleet, I learned that the people of Hawaii demonstrate a special kind of devotion to family and friends. Ohana translates into English as “family,” but it is so much more than being related,” Wheeler said.

“It implies a deep dedication and commitment to the welfare of the members of the ohana. I am truly honored to be part of the Naval Health Clinic Hawaii ohana, and I am committed to do my best to ensure the welfare of the command,” she added.

Hickam shoreline to be closed for mangrove removal

Naval Facilities Engineering Command Hawaii

As part of the Navy’s mission to restore and improve the natural habitats at Joint Base Pearl Harbor-Hickam (JBPHH), mangrove removal along the Hickam shoreline will occur daily beginning Nov. 17.

The area includes the beach starting at the Navy’s Fort Kamehameha Wastewater Treatment Plant to the Air National Guard parking lot (including Kamehameha Beach

Park, commonly known as Dog Beach).

This closure is necessary as a public health and safety precaution due to the use of heavy machinery such as chainsaws, chippers and large work trucks. To ensure safety, the whole area, including the parking lot, will be closed from Nov. 17-Jan. 31, 2016 (or until NAVFAC Hawaii Natural Resources staff determines that conditions are safe).

All dogs, even those on a leash, will not be permitted in the parking lot, on the shoreline, or in the waters from the area by

the Navy treatment plant to the Air National Guard parking lot throughout the removal process.

People should observe all posted signs and not enter the work area designated by the orange safety fencing, both into the parking lot and along the shoreline. JBPHH base security will be patrolling the area to ensure compliance.

Dog walking options

While the Hickam shoreline is closed, dog owners have a number of optional locations to take their canine friend for a walk.

On JBPHH there are three dog parks: Moanalua Dog Park (2900 Moanalua Road, Kamila Dog Park (7250-7288 Ohana Nui Circle), Pearl City Peninsula Dog Park (Lehua Avenue) and Ford Island Dog Park (1275 Saratoga Blvd.).

In addition, the Hawaiian Humane Society’s web page, <http://www.hawaiianhumane.org/dog-friendly-beaches.html>, lists dog friendly beaches.

To report any issues regarding this mangrove removal action, contact NAVFAC Hawaii Environmental, 471-1171, ext. 243.

Salute warriors Nov. 19

The monthly Pearl Harbor Colors honors and heritage ceremony will begin at 7:30 a.m. Nov. 19 at Pearl Harbor Visitor Center.

The theme will be Warrior Care Month and the U.S. Marine Corps Birthday.

Pearl Harbor Colors is an opportunity for local residents and international visitors to witness a U.S. military ceremony and meet veterans, service members and their families. Attendees can learn about various aspects of military history.

For more information, visit www.cnic.navy.mil/pearlharborcolors.

Diverse Views



If you could thank any veteran, living or dead, who would it be?



2nd Lt. Nicole Augins
647th Logistics Readiness Squadron

"I would thank my dad, a retired first sergeant in the United States Marine Corps. He instilled leadership, integrity and selflessness in me throughout my childhood and till this day. He taught me the importance of 'taking care of your people' as well as getting the mission done."

CTR3 Andrew Charles Buzzanco
PACFLT



"I would like to thank my father, who is an Air Force veteran. He was working at the Justice Department in New York City during 9/11, and my family's experience during this time made me join the military."



Staff Sgt. Daryl Duenas
766th Specialized Contracting Squadron

"Capt. Kristen Griest and 1st Lt. Shaye Haver, the first female Rangers, for opening more doors to everyone and setting the bar for their peers."

OS1 Trina Gray
CTF-34



"I would like to thank the former CNO, Adm. Roughhead, for his work on the Navy's diversity policy."



Senior Master Sgt. Ann Goede
PACAF

"Esther Blake (the first woman in the Air Force) for being strong enough to pave the way for the rest of us."

STG2 Chan Patrick Wakefield
MIDPAC



"I would like to thank my grandfather who served in Korea. I want to thank him for his service. Him being a role model contributed to my dad joining the Army and me joining the Navy."



Tech. Sgt. Micah Paulino
735th Air Mobility Squadron

"Will and Rick Paulino, my dad and uncle, for doing their time in Vietnam, setting the example for other members in our family."

1st Lt. Thomas Walker

8th Intelligence Squadron



"I would thank one of the unknown Soldiers in the Tomb of the Unknown Soldier. Making the ultimate sacrifice for your country is the greatest honor one can have. Having done so and remain unknown is the true meaning of selfless sacrifice and patriotism."

Provided by Lt. Paul Fylstra and David D. Underwood Jr.

Want to see your command featured in Diverse Views?
Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Commentary

Happy 240th birthday, Marine Corps

Gen. Robert B. Neller

Commandant of the United States Marine Corps



Gen. Robert B. Neller

When the Continental Congress raised up two battalions of Marines in 1775, it launched the greatest fighting force the world has ever known—a force revered globally for its uncommon valor, unparalleled adaptability and ferocious tenacity. Over the past 240 years, the battlefields and equipment have changed, but the spirit of the United States Marine Corps has prevailed in every clime and place.

One hundred years ago, Marine Corps Recruit Depot Parris Island opened its doors as the first base dedicated solely to making Marines. Since then, hun-

dreds of thousands of men and women have forged into elite warriors at Parris Island, Marine Corps Recruit Depot San Diego, and The Basic School in Quantico.

Each recruit had a different reason for stepping onto

the yellow footprints, but all are unified by the intangible traits that characterize United States Marines and the remarkable legacy that has carried on across generations.

Whether you served on the hallowed grounds of Belleau Wood, fought on the iconic island battlefields of World War II, navigated the harsh terrain and climate of the Chosin Reservoir or Vietnam, conducted assaults during Desert Storm, marched on Baghdad, fought in close combat in Fallujah, or conducted combat operations in Afghanistan, everyone who wears the Eagle, Globe and Anchor is a member of that storied legacy.

As we celebrate the 240th birthday of our Corps, we pay tribute to all who have

served and we remember our fallen heroes. We take great pride in our legacy and in the fine men and women who carry our colors into the future. And we extend heartfelt thanks to our families for their steadfast support.

Our 26th commandant, Gen. Louis Wilson, once said, "In the last analysis, what the Marine Corps becomes is what we make of it during our respective watches. And that watch of each Marine is not confined to the time he spends on active duty. It lasts as long as he is 'proud to bear the title of United States Marine.'" Thank you all for guarding the legacy of our Corps during your watch.

Happy birthday, Marines! Semper Fidelis.

Combined Federal Campaign pledge drive is in full swing

Lt. Scott Carr

Coast Guard District Fourteen Public Affairs



HONOLULU—The Combined Federal Campaign is in full swing, and pledges are tallying up as federal employees donate to their favorite charity during the annual giving campaign which runs through Nov. 20.

Federal employees from 125 agencies have already committed more than 5,300 individual pledges to the campaign. This year's theme for the CFC Hawaii-Pacific is, "Giving Together, Making a Difference."

The Hawaii Pacific Area campaign is traditionally one of the nation's largest and most successful campaigns. But in recent years participation has dropped 24 percent.

"Our goal this year is to ensure 100 percent contact with all federal employees," said Lt. Cmdr. Nicolas Jarboe, Hawaii Pacific Area CFC project

officer. "Everyone should have the opportunity to donate."

CFC is a great opportunity to put your contribution directly toward something meaningful to you, whether that recipient organization is national, regional or local.

"I give to CFC because it is a way for me to honor my niece's memory," said Master Sgt. Ryan Kruse, bureau manager, Defense Media Activity Hawaii.

"The foundation I donate to researches the disease that claimed her life seven years ago," he said.

"I donate to CFC because I want to contribute to charities that go out and

make a difference in the world," said Sgt. Kristen May, Marine Corps Base Hawaii.

"When I was 12, my mother was diagnosed with lung cancer and she was six months pregnant with twin girls. Due to the quick progression of the cancer, my mother had to undergo an emergency caesarean section. Luckily my sisters were delivered successfully.

"Over the next few weeks, thanks to people like you and I who donate, my mother was able to receive the best care possible before she passed away. This experience in my life has motivated me to get involved and donate to the CFC," May said.

"I participate in CFC because it is an easy, proven avenue in which I can confidently contribute to organizations and causes important to me and my family," said JoAnna McFall with the U.S. Coast Guard.

(For more information about giving to CFC, visit <http://www.cfc-hawaii.org/> or speak to your agencies' coordinator.)

Volunteers are needed for Pearl Harbor Day

Joint Base Pearl Harbor-Hickam Public Affairs

The Navy and National Park Service need more than 700 active duty military personnel from all services to volunteer in various events commemorating the 74th anniversary of the attack on Pearl Harbor.

The joint National Park Service and U.S. Navy 74th Anniversary Pearl Harbor Day commemoration will be held beginning at 7:45 a.m. Dec. 7 at Kilo Pier, Joint Base Pearl Harbor-Hickam.

Volunteers are needed to help with the Navy and National Park Service 74th Anniversary Pearl Harbor Day commemoration, USS Utah Memorial sunset ceremony,

USS Oklahoma Memorial ceremony, USS Arizona interment ceremony and the FOX Sports Pearl Harbor Invitational. Volunteer tasks include the following:

- Nov. 24 - Dec. 3: Grounds preparation, ceremony setup, staging
- Dec. 1-7: Site preparations and event day support for the FOX Sports Pearl Harbor Invitational at Bloch Arena
- Dec. 6: USS Utah Memorial sunset ceremony, setup and breakdown
- Dec. 7: Navy and National Park Service Pearl Harbor Day commemoration, ushers, escorts, parking attendants and crowd control
- Dec. 7: USS Oklahoma Memorial ceremony, setup/breakdown and ushers

- Dec. 7: USS Arizona interment ceremony, sideboys and setup/breakdown

Volunteering provides an opportunity for active duty members to personally contribute to the Pearl Harbor Day commemoration, preserving the memory and honoring those who made the ultimate sacrifice 74 years ago.

To volunteer, contact Chief Ken Bohan at Kenneth.p.bohan@navy.mil, (904) 434-9485, or Lt. Cmdr. Michael Genta at michael.genta@navy.mil, (808) 473-5752. Volunteers should sign up by Nov. 24.

For general information about Pearl Harbor Day events, contact the JBPHH Public Affairs Office at 473-2926 or 473-2880, or visit www.pearlharborevents.com.

Airfield shown from 'birds-eye' view



Photo courtesy of Hawaii Department of Transportation, Airports Division
Former Hickam Field is shown here in an aerial photo dated Nov. 16, 1943 (72 years ago this month).

HO'OKELE

PEARL HARBOR • HICKAM NEWS

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Enlisted Women in Submarines Roadshow invites prospective submariners

**Story and photo by
Ensign
Krystyna Nowakowski**

*Navy Region Hawaii Public
Affairs*

The submarine community opened its doors to female officers a few years ago and is now looking for enlisted women to become submariners.

The Enlisted Women in Submarines (EWIS) task force hosted a "roadshow" Nov. 2 at Joint Base Pearl Harbor-Hickam.

Eligible E-6 and below female Sailors from all communities and rates are being offered a cross-rate opportunity, if rating eligible, or conversion into the submarine community.

Chief petty officers within the logistics, yeoman, information technology, culinary and hospital corpsman ratings are being offered conversion to submarines as well.

With Lt. Jennifer Carroll, one of the first female officers to serve in

the community, and Force Master Chief Wesley Koshoffer of SUBLANT leading the discussion, Sailors were able to learn about exciting new opportunities.

U.S. Pacific Fleet Master Chief Susan Whitman was a member of the panel for the initial selection board to bring female Sailors aboard submarines, and she was on-hand during Tuesday's brief.

"I think having women on submarines is fantastic," said Whitman. "This is just one more avenue for female Sailors to excel and, more importantly, have a larger role in today's Navy."

Aircrew Survival Equipmentman 2nd Class Christina Gonzalez from Marine Aviation and Logistics Squadron 24 was interested in the submarine community as soon as she saw the Navy administrative message, which was released in August. She currently is working on a package to convert and wants to be part of history as one of the first enlisted female submariners.

Gonzalez was enthusiastic in the



Lt. Jennifer Carroll answers questions from prospective submariners following the briefing.

challenge of becoming one of the first enlisted women to wear the coveted silver dolphins. "The more people that question why I want to do it is what makes me want to do it more," Gonzalez said.

Sailors like Gonzalez will be led by both female officers as well as chief petty officers, such as Chief Culinary Specialist Dominique Saavadra. A former CPO aboard the USS Michael Murphy (DDG 112), Saavadra said her prior command was "100 percent supportive"

when she expressed interest in conversion.

"It's really great to see other people interested [in the submarine community] as well," she said.

Currently, Ohio-class guided and ballistic missile submarines are being integrated with enlisted female Sailors, one crew at a time. Integration of female crew members aboard fast-attack submarines will begin in 2016.

Force Master Chief Russell Mason, senior enlisted advisor for the

Pacific Submarine Force, spent time underway with the USS Ohio (SSGN 726) while four female officers were serving aboard, and he said he was impressed with the exemplary professionalism the women displayed.

Other Sailors also seem supportive of the change. Electronics Technician 2nd Class Robert Pegg of USS Buffalo (SSN715) said, "It doesn't matter who it is, it matters the quality of the person."

Though it may be surprising, her answer was a straightforward and confident "no." "It was not being a female, but rather being a junior officer [and trying to earn qualifications] that was most challenging."

The Enlisted Women in Submarines Roadshow continued as the team made their way to San Diego for additional briefings on Nov. 5. Next month they will be visiting the Jacksonville/Mayport area.

(For more information, visit the EWIS website at <http://www.public.navy.mil/subfor/ewis>.)

USS Santa Fe returns to Hawaii from western Pacific deployment

**Story and photo by
MC2 Jeff Troutman**

*Navy Public Affairs Support
Element West, Det. Hawaii*

The Los Angeles-class, fast-attack submarine USS Santa Fe (SSN 763) returned Oct. 28 to Pearl Harbor, fulfilling a regularly-scheduled six-month deployment to the western Pacific.

The deployment was Santa Fe's second in three years to the western Pacific and included port visits to Japan, Guam and Singapore.

"We had an outstanding deployment," said Cmdr. Timothy Poe, Santa Fe's commanding officer. "We conducted extended operations in some of the world's most challenging environments and helped develop the next generation of submarine experts. I could not be prouder of this crew and all their accomplishments. They met every challenge and exceeded every expectation."

New Mexico Gov. Susana Martinez was on hand to welcome the Santa Fe crew home, joining the crew for the ride into the pier-side



Culinary Specialist 1st Class Devon Dumas greets his children as the Los Angeles-class fast attack submarine USS Santa Fe (SSN 763) returns home to Pearl Harbor. *(Additional photo on page A-5.)*

homecoming, where she talked directly with Santa Fe Sailors and families to express appreciation and share the strong namesake relationship between the submarine and the capital city of New Mexico.

"Reflecting on today's events, I can't put into words the pride I feel celebrating the homecoming of the Santa Fe with its crew members," said Martinez.

"It's unbelievable, the sacrifices the men of the Navy's submarine community make to protect this great country of ours. Saying 'thank you' is never enough, but it's the only words to express the gratitude I have for their service," she said.

Many of those at the homecoming also expressed their gratitude for the strong namesake support.

"Just knowing that the people of Santa Fe stand behind our crew while we are on mission makes the hard days bearable," said New Mexico resident Lt. Keith Skillin, the navigator and operations officer onboard.

"This career makes it easy to feel like the rest of the world has forgotten you, but knowing that

the support from the people of Santa Fe, and the people back home reminds us all that even though we are the 'silent service,' there are people out there thinking about us and remembering we are here," Skillin said.

While deployed, 30 Sailors and three officers earned their designation as qualified in submarines and now wear their dolphin warfare insignia.

"Getting qualified in submarines and earning my dolphin warfare insignia was the most rewarding part of this deployment for me," said Electronics Technician 3rd Class Nathan Tillery. "I'm looking forward now to venturing around the island of Oahu. I didn't get a chance to when I first got here because we left on this deployment soon after I arrived."

Measuring more than 360 feet long and weighing more than 6,000 tons when submerged, Santa Fe is one of the stealthiest submarines in the world.

Commissioned on Jan. 8, 1994, Santa Fe is the 52nd ship of the Los Angeles-class and is homeported at Pearl Harbor.

Foret relieves Poe as commanding officer of USS Santa Fe

MC2 Jason Swink

*Submarine Force Pacific
Public Affairs*

Command of the Los Angeles-class fast attack submarine USS Santa Fe (SSN 763) was passed Oct. 30 as Cmdr. Jacob A. Foret relieved Cmdr. Timothy Poe during a ceremony at the submarine piers at Joint Base Pearl Harbor-Hickam.

Poe expressed his appreciation in having a great crew that showed resilience and determination through the high operations tempo as well as a strong namesake city relationship with support from the USS Santa Fe committee and others throughout the city of Santa Fe and the state of New Mexico.

"The Sailors are the heart and soul of this ship," said Poe. "I like to remind them they are the best

crew, any time, any place.

"And one of the most rewarding aspects of my command tour has been rekindling the relationship the ship has with our namesake city," said Poe.

During the last three years, Santa Fe committee members have attended each of the last two homecomings, supported visits for more than 20 crew members to experience the hospitality, dedication and uniqueness of "the city different," and has continuously provided the ship with local-flavor coffee and cuisine from New Mexico.

"The respect and appreciation shown to these Sailors by the people of northern New Mexico cannot be described in words," said Poe.

While in command, Poe led his submarine through the completion two deployments and five missions vi-



U.S. Navy photo by Lt. Brett Zimmerman
Rear Adm. Phil Sawyer, right, deputy commander U.S. Pacific Fleet, presents Cmdr. Timothy Poe with the Legion of Merit.

tal to national security, and participated in Rim of the Pacific Exercise (RIMPAC) 2014.

On liberty, his crew participated in community re-

lations projects abroad and during visits to New Mexico, adopting causes like Kitchen Angels, an organization that provides meals to shut-ins.

"If these young men are representative of our country's future, we are in good hands and the future is bright," said Poe.

The ceremony's guest speaker, Rear Adm. Phil Sawyer, deputy commander of U.S. Pacific Fleet, praised Poe for bringing the best out of his crew.

"You and your team have succeeded across the board; success for the submarine force, the Pacific Fleet, the U.S. Navy and for our nation," said Sawyer.

"Deploy forward to be where it matters, when it matters, is what Santa Fe has done, quietly but relentlessly, under Cmdr. Poe's leadership for the past three years," he said.

During the ceremony, Poe was awarded the Legion of Merit medal for his performance aboard Santa Fe from November 2012 to October 2015.

As Foret assumed command, he thanked Poe for turning over a strong, mission-executing crew and passed along guidance to the crew.

"Serving as a submariner, we recognize that there are no extra personnel on board, and each of us plays an essential role in ensuring the warfighting readiness of our boat," said Foret. "My challenge to you is to rise each day, dedicated to making your service on Santa Fe count."

Santa Fe is the second U.S. Navy ship to bear the name of the capital of New Mexico. An improved Los Angeles-class fast-attack nuclear-powered submarine, it features an advanced fire control system, retractable bow planes, and 12 vertical launch tubes for Tomahawk cruise missile strikes.

Pearl Harbor-Hickam Highlights



U.S. Navy photo by Susan Schultz
An Asia-Pacific Military Medicine Roundtable, chaired by Rear Adm. Colin Chinn, U.S. Pacific Command surgeon, was held Oct. 22 to discuss health care in the Pacific. The focus of the meeting was on sharing information between the joint services medical commands and component surgeons.

Cmdr. Timothy Poe is piped ashore after being relieved of command by Cmdr. Jacob Foret as commanding officer of the Los Angeles-class attack submarine USS Santa Fe (SSN 763) during a change of command ceremony Oct. 30 at the submarine piers at Joint Base Pearl Harbor-Hickam.

U.S. Navy photo by Lt. Brett Zimmerman



(Above) Adm. Scott Swift, commander of U.S. Pacific Fleet, speaks to more than 350 Sailors at an all-hands call held Nov. 4 at Pearl Harbor. Swift co-hosted the all-hands call with Pacific Fleet Master Chief Susan Whitman. They addressed questions about maternity and paternity leave, deployment schedules, physical fitness and overall state of the Pacific Fleet.

U.S. Air Force photo by Staff Sgt. Christopher Hubenthal

(Right) This AN/FSC-78 was installed by Ford Aerospace in 1976. After almost 40 years of service, Wahiawa SATCOM dismantled the 60 foot, 52,500 pound parabolic dish of the X-Band satellite antenna in preparation for the installation of a second modernized enterprise terminal (MET) AN/GSC-52B(V5) antenna (first MET can be seen in the background). Systems Applications Services (SAS, Inc.), the same company that has been performing maintenance and corrosion control of this antenna for the last 15 years, is performing the de-installation.

U.S. Navy photo by Lt. j.g. Denise Baumeister



Former first lady congratulates USS Houston on final deployment

MC1 Jason Swink

Submarine Force Pacific
Public Affairs

Former first lady of the United States and ship's sponsor Barbara Bush congratulated the crew of the Los Angeles-class fast attack submarine USS Houston (SSN 713) via video message for a job well done before it returned Oct. 28 to Pearl Harbor from the final scheduled deployment to the western Pacific region.

"I am extremely proud of the work you have done on this final deployment," said Bush. "Years from now, you will look back and feel a deep sense of honor and pride on your accomplishments."

Bush congratulated the commanding officer, Cmdr. Scott McGinnis; the executive officer, Cmdr. Steven Dawley; and chief of the boat, Sonar Technician Senior Chief Paul McCrory. "Your leadership has paved the way for the successful conclusion to the amazing 33-year journey of warship Houston," she said.

"To the crew, it is your hard work that has made a difference in preserving freedom and protecting our way of life," said Bush. "Like those brave Sailors that took to the sea in the cause of freedom aboard the previous USS Houston, you are the guardians of their heritage, and you carry their noble spirit in the service of our great nation."

McGinnis attributed the success of one of the oldest submarines in the fleet to the outstanding performance of his crew, guided and mentored by the wardroom and chief's mess.

"Chiefs and division officers utilized their vast experience to coach young Sailors into a cohesive, success-driven team," said McGinnis.

"The deck-plate leadership energized and motivated the significant portion of the crew who had not



The crew of the Los Angeles-class fast-attack submarine USS Houston (SSN 713) walk across the brow to reunite with their families Oct. 28 after completing its final scheduled deployment to the western Pacific Ocean.

U.S. Navy photo by MC1 Jason Swink

Electrician's Mate 1st Class Joshua Rasmussen proposes to his girlfriend Samantha Barnes at the homecoming ceremony.

U.S. Navy photo by Lt. Brett Zimmerman

previously deployed."

Steaming more than 35,000 nautical miles, Houston conducted a variety of operations vital to national security and bilateral exercises in support of U.S. 7th Fleet theater security cooperation goals. Houston's crew enjoyed five port calls conducting community relations activity and engaging with foreign navy counterparts.

During the deployment, 16 enlisted submariners and three officers became submarine-qualified and are now entitled to wear the submarine warfare insignia, or dolphins. Houston Sailors also advanced in rank at a rate 20 percent higher than the Navy average, including four new chief petty officers.

McCrory said he was impressed with his crew's ship

handling and their ability to stay on station through some very unique operations.

"This was a great last ride for the Houston," said McCrory. "Out of the seven deployments I have done, that was by far the best performance I have seen from any crew I have had the pleasure of serving with."

Friends and families gathered at the submarine piers at Joint Base Pearl Harbor-Hickam with banners and signs to welcome home the Houston crew as it returned to Pearl Harbor's historic submarine piers.

"We're so proud of him," said Theresa Rodriguez, who traveled from her hometown of Brick, N.J. to welcome home her son, Electronics Technician 2nd Class John Rodriguez. "We



just can't imagine what he goes through, but it's amazing."

Electrician's Mate 1st Class Joshua Rasmussen surprised his girlfriend, Samantha Barnum, when he dropped to one knee on the red carpet with a marriage proposal.

"It's so surreal. I don't even believe it," said Barnum. "I am very proud of

him and glad he's back."

As the ship's sponsor, Bush christened the 360-foot attack submarine in March 1981. In its 33-year career, Houston has earned numerous awards and accolades, including two Navy Unit Commendations and two Meritorious Unit Com-

mendations. "Thank you for your dedication, service and hard

work. I wish you a safe journey home. God bless USS Houston and all who sail and have sailed aboard her," said Bush.

Houston is the fourth U.S. Navy vessel named in honor of the city of Houston, Texas. It is a Los Angeles-class submarine, displacing 6,900 tons. It can be fitted with Mk-48 torpedoes and Tomahawk missiles.



Life & Leisure

Falcons quarterback Karson Roberts takes off for a long gain in the first quarter of the team's MWC showdown versus University of Hawaii.

NO WINGS NECESSARY

as Air Force grounds UH

Story and photos by
Randy Dela Cruz

Sports Editor, Ho'okele

The annual Oceanic Time Warner Military Appreciation Night turned out to be anything but a nightmare for the visiting Air Force Academy and their supporters, as the Falcons made the most of their Halloween night appearance by commanding a 58-7 victory over the University of Hawaii at Aloha Stadium.

The game was the second big one in a row for the Falcons, which topped 40 points in a previous-week 42-14 win over Fresno St. and has kept the team in the running for the Mountain West title with a conference record of 4-1.

While local military fans got to see an armed-forces-affiliated school do them proud, there were also many activities on the sidelines and at center field that honored the many men and women whose main duty is to keep our country safe.

Prior to kickoff, the evening started off with ceremonies saluting spouses of the year in the Eighth Annual Key Spouse

Award presentation, where all branches of the military were recognized.

Representing the Air Force was Kristianne Swanson, who is the spouse of Master Sgt. Eric Swanson, 8th Intelligence Squadron, while the recipient for the Navy was Valerie Larocque, whose husband is Navy Counselor 1st Class Garrick Larocque, USS Paul Hamilton (DDG 60).

Swanson and Larocque each received a \$500 cash award, tickets to the game and recognition from the Navy League and the Honolulu City and County Mayor Kirk Caldwell.

At halftime, a color guard comprising members of the Air Force Academy and University of Hawaii ROTC, preceded a procession of Soldiers, Sailors and Airmen, marching in formation before the appreciative crowd at Aloha Stadium.

The Air Force marching unit included Airmen from various squadrons, while the Navy was represented by USS Preble (DDG 88).

On Nov. 7, Air Force will try and keep their winning streak going with a home game against the Black Knights of West Point.



Above, Falcons running back Jacobi Owens plunges through the UH defense to score the game's first touchdown.



Above left, Key spouse recipient Valerie Larocque stands with her cash prize that was presented by the Navy League. Kristianne Swanson, above right, holds up her cash prize for her outstanding work.



Above, Air Force Academy breaks out with music to celebrate a Falcons touchdown. Below, An Air Force Academy cheerleader strikes an acrobatic pose after the Falcons picked up another six.



Chosin War Dragons wreak havoc on Jefferson City

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

Going into week seven, USS Chosin (CG 65) War Dragons had nothing to prove, having won five out of their six games this season.

Still, playing against USS Jefferson City (SSN 759), the War Dragons came out as if on a mission and dominated on both sides of the ball to score a decisively scary 36-0 victory on Halloween in an Afloat Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

"We was on deployment last year, so we came back and the boys have been hungry for over a year," said Damage Controlman Fireman 3rd Class Demetrius Terrell, who locked down the safety position with two picks, with one going all the way. "Our motto is we eat and we eat every game."

While the War Dragons offense couldn't quench the team's hearty appetite on its first drive from scrimmage, the defense took a huge bite out of Jefferson City when Boatswain's Mate Seaman Fred Pippens picked off a pass to give Chosin great field position at their opponent's eight-yard line.

On second down and goal from the eight, quarterback Seaman Andre White dropped back into the pocket and zipped a strike into the hands of Yeoman 2nd Class Will Chiles for a touchdown.

Chosin went for the two-point conversion and hit pay dirt to take an early 8-0 advantage.

Back on the field, the War Dragons defense continued to bring it and forced three incomplete



Chosin quarterback Seaman Andre White beats the rush with a quick pass to move the chains.

passes to compel Jefferson City to punt after only four downs.

The War Dragons took possession deep at their own 16, but the extended field did nothing to prevent them from picking up touchdown number two.

On second down from his own 32, White looked down field and found Fire Controlman 2nd Class Travis Holleman down the left sideline with a strike.

Holleman made the catch and, after applying a couple of nifty moves, broke away from the pack and crossed the goal line for a 48-yard, catch-and-run touchdown.

Again, Chosin elected

to go for two and made good on their attempt to take a 16-0 advantage.

With only minutes to go before halftime, the War Dragons weren't satisfied with the two-score advantage and set about to get on the board one more time.

The defense did its part in forcing another punt on just four downs and with 55 seconds left to go in the first half, Chosin got one more chance starting at the Jefferson City 28.

A completed pass put the ball on the 16 and on second down, White went back to Chiles, who made the grab and crossed over the goal line for a 22-0 lead.

The nightmare for Jefferson City wasn't over yet with only seconds remaining on the clock.

On first down from the 15, Jefferson City went for a long pass to try and get something going before the break.

However, the play was interrupted by Terrell's first pick of the game, as the veteran safety stole the pass and rambled 40 yards untouched into the end zone for the team's fourth touchdown of the half.

Another completed two-point attempt made it 30-0 going into halftime.

For the first half, the War Dragons defense completely shut down Jeffer-

son City's offense as the unit held the opposition to minus three yards in total offense, gave up no first downs and came away with two interceptions.

"We saw the quarterback didn't want to go deep," Terrell said about the defense's stifling performance. "We just kind of bottled up the quarterback and kept him in the box. We just made plays on balls being aggressive."

Midway in the second half, White got his fourth and final touchdown pass of the game on a 19-yard toss to Chief Electronics Technician Adam Rodrigues to complete the 36-0 rout.

"It's a lot of comfort knowing that I can trust anybody," said White who hit three different receivers for touchdowns. "Whether it's a deep pass over their defender or just checking down short, they can make a play."

Even in a lopsided win, Terrell said that Chosin still has a lot more to improve before the postseason comes around.

A member of several competitive teams with Chosin, Terrell said that the season is special and wants the team to finish with a bang.

"This better be," Terrell said. "It's my last year."

Great American Smokeout to take place Nov. 19

Brandon Bosworth

Assistant Editor, Ho'okele

November's health topic at Naval Health Clinic Hawaii (NHCH) is tobacco-free living. This theme coincides with the Great American Smokeout taking place later this month.

"The Great American Smokeout is on Nov. 19," said Eleanor Bru, nurse educator, NHCH Health Promotion.

"This nationwide event encourages smokers to take a stand and to quit smoking. At the same time, it encourages non-smokers to show support to those who are making this life-altering decision."

"According to the Centers for Disease Control and Prevention, 16 million Americans are living

with a disease caused by smoking," she said. "That is a considerably large amount. The effort to quit smoking or dipping may be hard for some. However, if you take the first two steps, which is getting the support you need and committing to a plan, then you are already heading in the right direction."

For information about quitting tobacco use, contact NHCH Health Promotion at 471-2280.

Navy Medicine tobacco cessation programs are available to all Sailors, Marines, beneficiaries, family members and retirees.

On the Hickam side of Joint Base Pearl Harbor-Hickam, the Human Performance and Rehabilitation Center offers tobacco cessation programs for service members and family members. For more information, call 448-6170.



TO SUBMIT YOUR STORY IDEAS:
Call 808-473-2890
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Armed Forces Hawaii Futbol reaches national finals

Randy Dela Cruz

Sports Editor, Ho'okele

After moving up in divisions in the Major Islands Soccer Organization, the Armed Forces Hawaii Futbol Club (AFHFC), a combined squad of all military branches on Oahu, haven't missed a beat, winning all six of their games in the league's open Division III.

While AFHFC has only been in operation for the past two years, the team has made a huge splash in soccer locally and on the mainland.

During the Labor Day weekend, coach Information Systems Technician 1st Class Jay Reynard, Naval Computer and Telecommunications Area Master Station Pacific (NCTAMS PAC), brought his squad up to San Antonio, Texas to square off in the annual Defender's Cup Tournament, which welcomes military teams from around the globe to challenge for the military's version of the World Cup.

Last year, in their first appearance, AFHFC surprised everyone at the prestigious event by placing second to Fort Irwin, who beat team Hawaii 1-0.

Although the field of 42 teams were well aware of the talented Sailors, Soldiers and Airmen from Hawaii this time around, it made no difference as the determined players from 808 reached the finals once again to face their old nemesis Fort Irwin for the title.

In a heated back-and-forth exchange AFHFC scored first but fell behind when Fort Irwin booted in the next three goals to take a 3-1 lead.

Staging an outstanding comeback, AFHFC scored the next two goals to tie the game up at 3-3.

However, as time neared expiration, Fort Irwin kicked in their fourth and game-winning goal to be the first Army team to win back-to-back Defender's Cup championships.

"We're evenly matched,"



Photo courtesy of AFHFC

Hawaii Armed Forces Futbol Club team captain Information Systems Technician 1st Class Jay Reynard (right) maneuvers the ball past a defender during the team's semifinal showdown at the Defender's Cup.

Reynard said about how close AFHFC is to Fort Irwin. "It's just the game of soccer. Somebody puts it in the back of the net and somebody misses a chance. That's how it came out. They are our toughest competition. No disrespect to the rest of the teams, but at the end of the day, they were the only team that we let get by us. We're going to change that next year."

Reynard, like the rest of his fellow teammates, was disappointed to lose the crown by only one goal for the second year in a row, but he said that considering how many new players are on the current squad, AFHFC did an out-

standing job of representing local military and the state of Hawaii.

"This was actually a completely different team," Reynard revealed. "We only brought five guys back from last year's team, so it was a completely new group of players that have never been through this before."

At first, Reynard said he had his doubts about the team when it started practicing together, but after the members recommitted themselves, things really started to shape up.

"After reaching out to the guys and letting them know what the expectation was, that's when practices starting picking up," he recalled. "Then

going up there four days before the start of the tournament, the guys got together again and we were able to jell. We were running two a day."

Cpl. Nixon Keago was one of the few returnees to make it back to San Antonio to play in his second Defender's Cup.

He said even after AFHFC lost their first game in the tournament, the players were confident that they would bounce back.

The title would have been theirs, he thought, if AFHFC were quick enough to make a few adjustments early against Fort Irwin.

"We definitely have a quality squad," Keago

said. "We're definitely a team they look out for. It was a little bit better, but it's good high-level soccer, so there is a lot to learn."

Although Reynard would like to go back next year with the same team intact, he said that he already knows that the team will have a different look once again.

"Due to being in the military, it will be another transition year," he admitted. "From this team, we'll be missing eight players. So we need new guys."

One player who said he would be back is Chief Warrant Officer 2 Raul Almendarez, who played in his first Defender's Cup.

Almendarez said that

while he really enjoyed the experience, he has some unfinished business to take care of next year.

"I can't even put it into words," he said. "As a football player, it burns inside of me. So I think about it every day because we should have definitely came back with the trophy. Next year, we're bringing back that trophy."

AFHFC holds practices and tryouts every Wednesday and Friday at Earhart Field starting at 5:30 p.m.

(For more information, email Reynard at armed-forceshawaiiifc@gmail.com.)

NSSC Kraken cools off streaking Maintenance Group

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

Defense and great pocket passing from quarterback Lt. Derrick Olson helped Naval Sea Systems Command (NSSC) Kraken control the line of scrimmage and defeat Maintenance Group (MXG), 30-7, on Nov. 3 in a Red Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

Kraken, which raised their record to 5-1, surprised MXG with only their second loss of the season after winning six straight.

"We just played as a team," Olson said about his team's dominating performance against a legitimate contender. "We got a bunch of players that work well together and are just having fun."

Although NSSC stalled on their first drive of the game, the team's defense immediately stepped up to give the Kraken offense another try.

After the offense handed the ball to MXG by losing possession on downs, the Kraken defense came up with a turnover when Operations Specialist 3rd Class Dylan Brune picked off a pass at the MXG 21.

"That's big momentum," Brune said. "Anytime our defense steps up and gets a pick, it fires up the offense, it fires up the defense and it just gives us a bunch of momentum."



Machinist's Mate 2nd Class Jason Astorga tries to squirm away from a defender.

Olson took full advantage of the take-a-way and drove the team downfield to the MXG eighty-yard line.

Then facing fourth and goal-to-goal from the eight, Olson spied the field before burning in a pass to Information Systems Technician 3rd Class Brandon Finley in the back of the end zone for a touchdown and 6-0 lead.

"I just trust my athletes," Olson said about the clutch completion. "I just wanted to put the ball in play. I understand that we have a height advantage, so I put the ball up in the air and give my athletes a chance to make a play."

The lead stood up through halftime, but in the second half, NSSC came out on fire.

Like in the first half, Kraken had to punt the ball on their first possession, but also like in the first half, the defense took control once again.

With the ball on their own 12, MXG went to the air on second down, but quarterback Airman 1st Class Cody Vinavong got picked off for the third time in the game.

The steal placed the

ball in good field position for Olson and on second down, the QB took it in himself to give Kraken a 12-0 lead.

The MXG got right back into the game by tallying a touchdown and extra-point conversion to make it 12-7, but the momentum for the Maintenance Group was very short-lived.

Back with the ball near

midfield, Olson, on only the second play of the drive, went over the top and hit a bulls-eye to Airman 1st Class Anthony Lopez to put the Kraken back in full control.

"We just played the game," Olson stated about the team's cool-headed response after the MXG score. "Take care of the ball, get first downs and just go from there."

Another interception, this time by Chief Yeoman Markus Howard, led to Olson's third touchdown pass of the game with an over-the-top toss to Machinist's Mate 2nd Class Jason Astorga.

Then, fittingly, the defense put the game away for good on a pick six by Fireman Apprentice Deyln Gibson.

"They (MXG) had been running a bunch of little quick hitch routes," Gibson said. "Our defensive line was applying a lot of pressure on the quarterback, so he had to get rid of the ball really fast. I just sat on the route and broke on it."

With the month of November still remaining before the playoffs, Brune said that no one is looking past anyone.

However, if the team continues to produce and gets better, Brune said he sees no reason why the Kraken can't go all the way.

"I don't want to sound cocky," he said. "But we can play with the best teams out here. If we're clicking like that, we can give anybody a ball game."



GREAT*Life* HAWAII

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JBPHH facilities offer Thanksgiving dinner options



MWR Marketing photo

Reid Tokeshi
Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Eateries at Joint Base Pearl Harbor-Hickam are offering patrons a variety of options for Thanksgiving.

Joint Base Catering at the Historic Hickam Officers' Club will offer their annual Thanksgiving Day lunch buffet featuring traditional Thanksgiving favorites. There are three seating times to choose from. Those who want to dine with the harbor as a backdrop can dine on the lanai at 11 a.m. or 2 p.m. Those who prefer air-conditioned comfort can choose the dining room with a noon seating time. Prices are \$32.95 for adults, \$18.95 for kids 7-12 years, \$12.50 for kids 4-6 years and children 3 years and under free. Club members can get a \$2 discount on the adult price. Reservations are required and are being accepted now until Nov. 24. Call 448-4608 for more information.

At Hickam Harbor, Sam Choy's Island Style Seafood Grille will offer a Thanksgiving buffet featuring traditional favorites such as oven-roasted turkey and ham as well as salmon, pork loin and more.

The special buffet is open from 11 a.m. to 8 p.m., making it an available option for lunch or dinner. Prices are: \$29.95 for adults, \$14.95 for kids 6-12 years and free for children 5 and under. Reservations are being taken now. Call 422-3002 for more information.

For those who want to spend Thanksgiving at home, Joint Base Catering provides Thanksgiving turkey to-go. For \$130, customers get a ready-made meal for 6-8 people.

The package includes a 10-12 pound turkey, stuffing, gravy, dinner rolls, cranberry sauce and pumpkin pie. Customers can pick up their meal at Wright Brothers Cafe & Grille Thanksgiving morning from 9:30 to 11 a.m.

Reservations for the to-go deal are required and are accepted now through Nov. 24. Customers can call the catering office at 448-4608 to order a to-go package.

Post-Thanksgiving Black Friday camp

Reid Tokeshi
Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation's (MWR) will host a Black Friday camp on Nov. 27 from 9 a.m. to 4 p.m. The camp is open to children ages 7-15 years, with 7-9 year olds meeting at Hickam Harbor and 10-15 year olds meeting at Rainbow Bay Marina.

Both age groups can take part in various outdoor activities depending on location and the children's abilities. Possible options include swimming, fishing, kayaking, stand up paddle boarding, sailing and outrigger canoe paddling.

Cost of the camp is \$40 per person, and signups begin Nov. 7. For more information, call the outdoor recreation office at 449-5215.



Sailing, fishing, kayaking and other activities will be offered during the Black Friday camp on Nov. 28.

MWR Marketing photo

Community Calendar

NOVEMBER

TOYS FOR TOTS DRIVE

NOW — Pearl Harbor Navy Exchange (NEX) and the Marine Corps is holding a Toys for Tots drive for children in need from now through Dec. 15. Customers can drop new, unwrapped toys in collection boxes at the NEX aloha center concierge desk mall rotunda. FMI: 423-3287 or Stephanie.Lau@nexweb.org.

KAPUAIKAULA MAKAHIKI

SATURDAY — The annual makahiki (festival) at Kapuaikaula (Hickam) will begin at 9 a.m. at Hickam Harbor Beach. The event honors Hawaii's rich past and heritage with an annual celebration involving a procession of canoes from Iroquois Point, offering of ho'okupu (gifts) and popular games of skill for all guests. The Joint Base population is invited to participate. FMI: Patty Coleman at 473-0369.

ADVANCED SCREENINGS

SATURDAY, 14 — A free advance screening of the movie "The 33" will be held Saturday at Hickam Memorial Theater. In addition, a free advance screening of "Kilo Two Bravo" will be held Nov. 14 at Hickam Memorial Theater. Doors open at 2 p.m. The movie starts at 4 p.m. for both films. Tickets will be available at the Hickam food court. FMI: 422-4425.

TURKEY TROT

SATURDAY — A turkey trot 10K race will begin at 7 a.m. at Dewey Square, Marine Corps Base Hawaii, Kaneohe Bay. The event is open to the public. Participants can register at the Semper Fit Center. FMI: mccshawaii.com/races.

ITT VETERANS DAY SALUTE

10 — A free Veterans Day salute will be held from 4:30 to 6:30 p.m. at Foster Point Pavilion at Hickam Harbor. Entertainment will be provided by the Air Force Band of the Pacific. The event will feature light pupus, leisure and travel vendors and prize giveaways. The grand prize will be a trip for two to Maui. Registration is required. FMI: 448-2295 or visit the Information, Tickets and Travel Hickam office.

WATER FOR THE WORLD REGISTRATION

14, 15 — Registration for a Water for the World event will be

held from 11 a.m. to 2 p.m. Nov. 14 and 15 at the Pearl Harbor Navy Exchange mall shoe department. The focus of the event will be supplying clean water across the globe. The Water for the World 5K walk/run will be held Dec. 26 starting at Waikiki Shell. FMI: 423-3287 or Stephanie.Lau@nexweb.org.

PEARL HARBOR COLORS

19 — The monthly Pearl Harbor Colors honors and heritage ceremony will begin at 7:30 a.m. at Pearl Harbor Visitor Center. The theme will be Warrior Care Month and the U.S. Marine Corps Birthday. Pearl Harbor Colors is an opportunity for local residents and international visitors to witness a U.S. military ceremony and meet veterans, service members and their families. Attendees can learn about various aspects of military history. FMI: www.cnic.navy.mil/pearlharborcolors.

SPECIAL OLYMPICS HAWAII

21-22 — Special Olympics Hawaii will host its Holiday Classic from 6:30 to 9:15 p.m. on Nov. 21 and from 8 a.m. to 1 p.m. Nov. 22 at Club Pearl, Joint Base Pearl Harbor-Hickam. The Holiday Classic is a multi-competition event where teams from neighboring islands and on Oahu gather to compete in sports. The event is open to spectators who have Joint Base access. Volunteers are also needed for the event. FMI: Cindy Ujimori at volunteers@specialolympicshawaii.org.

MUSTDASH 5K TURKEY TROT

26 — The Surface Navy Association's (SNA) Pearl Harbor Chapter will hold the third annual MustDash 5K Turkey Trot on Thanksgiving. The run will begin at 8 a.m. at the intersection of O'Kane Boulevard and Wasp Boulevard on Ford Island. Prizes will be awarded in three categories: best real mustache, best fake mustache and worst in show (for those men that try their hardest to grow a mustache yet fail miserably). Registration is \$15 and covers a race T-shirt. Participants can register by contacting Ensign Christopher Zeleznik and provide their shirt size. Shirts are in men's sizes only. The last day for registration is Nov. 24. T-shirts are limited to the first 100 people registered. FMI: Ensign Christopher Zeleznik at wingmasterz870@aol.com.



PAN

Pan is the story of an orphan who is spirited away to the magical Neverland. There he finds both fun and dangers, and ultimately discovers his destiny — to become the hero who will be forever known as Peter Pan.

Movie Showtimes

SHARKEY THEATER

TODAY 11/06
7:00 PM Pan (3-D)

SATURDAY 11/07
2:30 PM Pan (PG)
7:00 PM Sneak Preview, The 33 (PG-13)
Free to the first 400 authorized patrons.

SUNDAY 11/08
2:30 PM Hotel Transylvania 2 (PG)
4:40 PM Pan (3-D) (PG)
7:00 PM The Martian (PG)

THURSDAY 11/12
7:00 PM Bridge of Spies (PG-13)

HICKAM MEMORIAL THEATER

TODAY 11/06
6:00 PM Hotel Transylvania 2 (PG)

SATURDAY 11/07
4:00 PM Studio appreciation advance screening (free admission) (PG-13).

SUNDAY 11/08
2:00 PM Hotel Transylvania 2 (PG)
6:00 PM The Intern (PG-13)

THURSDAY 11/12
7:00 PM Sicario (R)



Choose fresh food from farm to your table

Karen Hawkins

Where does the food we eat come from? This question is one part of the farm-to-table experience, which is taking place across the nation.

And the experience really begins with where the food is grown on the farm. Often we choose to create our own unique farm-to-table experience when purchasing local fruits and vegetables in season.

Preparing and eating food that you enjoy is also part of the farm-to-table experience.

Eat close to farm

To eat close to the farm, choose foods that have the least amount of processing done to them.

Fresh fruits and vegetables have little or no processing, so include a variety in your diet. To help manage your budget, buy the fruits and vegetables that are in season.

Choose foods with minimal processing, and try to limit foods in your diet that have more than five ingredients.



Fresh fruits and vegetables are foods that have little to no processing done to them.

Photo courtesy of the Defense Commissary Agency

Planning meals ahead of time that include more whole foods is also useful. Here is a farm fresh recipe that is quick and easy to prepare:

Butternut squash with black beans

Ingredients

- 2 3/4 cups butternut squash, cubed (1 small squash, about 1 pound)
- 1 teaspoon vegetable oil
- 1 onion (small, chopped)
- 1/4 teaspoon garlic powder

- 1/4 cup red wine vinegar
- 1/4 cup water
- 2 cans black beans (16 ounces each, rinsed and drained)
- 1/2 teaspoon oregano

Directions

- Heat the squash in the microwave on high heat for 1-2 minutes. This will soften the skin.
- Carefully peel the squash with a vegetable peeler or small knife.
- Cut the squash into one half inch cubes.

- Peel and chop the onion.
- In a large pan, heat the oil. Add the onion, garlic powder and squash.

- Cook for 5 minutes on medium heat.

- Add vinegar and water. Cook on low heat until the squash is tender, about 10 minutes.

- Add the beans and oregano. Cook until the beans are heated through.

Easy way to get the children involved

Another area that the farm-to-table experience is growing in is schools.

Children in school are now enjoying more fresh fruits and vegetables in school meals. This provides a great opportunity to talk with them about where their food comes from and how it was grown.

Children are more likely to eat something that they learn about, help purchase and prepare. To further spark their interest, questions to ask include:

Where were the carrots grown? How long does it take

for carrots to grow?

How much water does it take to grow carrots?

Here's an easy recipe for carrots that children can help make at home:

Crunchy carrot salad

Ingredients

1 pound raw fresh carrots (washed and scrubbed or peeled, shredded)

1/2 cup raisins

8 ounces low-fat vanilla or lemon yogurt

Directions

- Mix all ingredients in a large mixing bowl.
- Cover with plastic wrap and refrigerate for at least one hour.

- Toss again before serving.

Recipe adapted from Kansas State University.

About the author: Karen Hawkins is a registered dietitian and works for the Office of the Secretary of Defense, Military Community and Family Policy.

(For more information, visit www.commissaries.com.)

Upcoming blood drives

- Nov. 12, 9 a.m. to 1 p.m., Makalapa Clinic, Joint Base Pearl Harbor-Hickam.
- Nov. 13, 9 a.m. to 1 p.m., Pearl Harbor Naval Shipyard, building 2, Joint Base Pearl Harbor-Hickam.
- Nov. 16, 10 a.m. to 1:30 p.m., Naval Submarine Support Command, 822 Clark St., suite 400, Joint Base Pearl Harbor-Hickam.
- Nov. 23 and 25, 1 to 3:30 p.m., room 2A207, Tripler Army Medical Center.
- Nov. 30, 9 a.m. to 1 p.m., Pollock Theatre, Camp Smith.

(For more information, contact Michelle Lele-Himalaya, Armed Services Blood Program, Tripler Army Medical Center, at 433-6699 or email Michelle.Lele.civ@mail.mil.)



MY FAVORITE PHOTO



Brandon Bosworth, Ho'okele assistant editor, used a zoom lens to take this photo of a Hawaiian monk seal at Fort DeRussy Beach from a distance. The National Oceanic and Atmospheric Administration (NOAA) recommends viewing Hawaiian monk seals from a distance of 50 yards or more. It is against federal and state law to disturb or harass a Hawaiian monk seal.

How to submit:
Send your (non-posed) photos to editor@hookelenews.com.