

FLT.93

WE WILL NEVER FORGET

Every year, the Federal Fire Department assembles a 9/11 memorial mural and holds a small remembrance ceremony at their headquarters at JBPBH. This year's mural was completed on Sept. 8. U.S. Navy photo by Brandon Bosworth | Photo illustration

96th ARS deactivates at JBPBH

Tech. Sgt. Terri Paden
15th Wing Public Affairs

The 96th Air Refueling Squadron (ARS) officially deactivated Sept. 3 during a ceremony held at hangar 13 at Joint Base Pearl Harbor-Hickam.

Base leaders and members of Team Hickam gathered to witness the casing of the 96th ARS guidon, which signified the official deactivation of the squadron.

“We’re here to salute a mission well done, honor those who proudly wore the patch, and look forward to the day when the 96th will once again be pulled from the pages of history and assembled to answer the nation’s call,” said Col. Charles Velino, 15th Operations Group commander.

Though the inactivation process actually took a full year to complete, Velino said the “Screamin’ Eagles” implemented the inactivation in exactly the same way they executed their flying mission—“with passion, with precision, with pride and with the unequaled professionalism we’ve come to expect from the men and women of the 96th.”

The Screamin’ Eagles of the 96th Air Refueling Squadron trace their heritage to the Army Air



Col. Charles Velino, 15th Operations Group commander, receives the guidon as Lt. Col. Jason Work, 96th Air Refueling Squadron commander, relinquishes command during the 96th ARS deactivation ceremony held Sept. 3 at Joint Base Pearl Harbor-Hickam.

Corps’ 6th Reconnaissance Squad-ron (heavy) at March Field, Calif. Originally constituted on Nov. 20, 1940, the unit conducted anti-submarine patrols at the beginning

of World War II. On April 22, 1942, the unit was redesignated as the 39th Bombardment Squadron (medium) and conducted air offensive operations until the end of the

war, operating from Hickam Field, Tarawa Atoll, the Philippines and Okinawa, Japan. Since its inception, the 96th ARS has flown multiple aircraft including PT-

17, B-18, B-25, KC-97 and, most recently, the KC-135. The unit has earned numerous awards including a Distinguished Unit Citation, five Outstanding Unit Awards, and a Meritorious

Unit Award.

The 96th Air Refueling Squadron was reactivated on July 23, 2010 at Joint Base Pearl Harbor Hickam in response to an increased demand for in-flight air refueling support throughout the Pacific theater. The Screamin’ Eagles were an active associate of the 203rd Air Refueling Squadron, a Hawaii Air National Guard unit, and together formed a total force enterprise organization.

Since its reactivation, the 96th Air Refueling Squadron flew more than 1,800 sorties, totaling more than 6,500 hours and offloading more than 36-million pounds of fuel to thousands of joint and multinational aircraft.

The unit has participated in Operations Enduring Freedom, Inherent Resolve and Noble Eagle, as well as multiple exercises including Cope Tiger, Northern Edge, RIMPAC, Red Flag, Sentry Aloha, Cobra Gold and Cope Taufan. The unit has also flown numerous aeromedical evacuation missions and supported movement of the president of the United States throughout the Pacific region.

“When I took command

See 96th ARS, A-2

Pearl Harbor Colors to honor POW/MIAs on Sept. 17

The theme of the Pearl Harbor Colors on Sept. 17 will be “National POW/MIA Recognition”—to pause and remember the sacrifices of veterans who were POWs and those who are MIAs. The ceremony will begin at 7:30 a.m. at the Pearl Harbor Visitor Center. Former Vietnam War POW and Retired Navy Capt. Jerry Coffee will be the guest speaker.

Photo illustration

9/11 remembrance events to be held today

Joint Base Pearl Harbor-Hickam Public Affairs

Rear Adm. John Fuller, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, is scheduled to speak at the annual 9/11 remembrance ceremony from 12:15 to 1 p.m. today at Tamarind Park in Honolulu.

Other participants are expected to include Honolulu Mayor Kirk Caldwell, the Hawaii Congressional delegation, military honor guard, Honolulu Police Department, Honolulu Fire Department and Honolulu Emergency Services Department.

In addition, Navy Region Hawaii and Submarine Force U.S. Pacific Fleet will hold a 9/11 colors ceremony at 8 a.m. today at the boat display at Ford Island. Participants should be in formation by 7:50 a.m.

Federal Fire Department Hawaii is also holding a 9/11 remembrance ceremony from 9:30 to 10 a.m. today at its headquarters, building 284 on Center Drive. The Federal Fire Department Hawaii has also placed a 9/11 mural on the fence at its headquarters.

A Sept. 11 Remembrance March event will also be held from 9 to 10 a.m. today at Hickam Elementary School at Joint Base Pearl Harbor-Hickam. The event starts with a commemoration assembly followed by the march. The march will begin at Manzelman Circle, proceed onto Eighth and Ninth Avenues, and back to the school.

Participants will include Hickam Elementary School faculty and students, the Radford High School band, Federal Fire Department Hawaii, and Joint Base Pearl Harbor-Hickam Security Forces.

Adm. Swift talks to CPO selectees

U.S. Navy photo by MC3 Katarzyna Kobijak

Adm. Scott Swift, commander of U.S. Pacific Fleet, talks to Hawaii region chief selectees and chief petty officers during an all-hands chief selectees call at Sharkey Theater Sept. 3 at Joint Base Pearl Harbor-Hickam. Swift took time to share his knowledge and to answer questions from future chief petty officers.

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Fisher House run honors the fallen
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New pool hours effective after Labor Day
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Lifesaver wave energy converter receives blessing

Story and photo by
Blair Martin Gradel

Joint Base Pearl Harbor-
Hickam Public Affairs

The Fred Olsen Lifesaver wave energy converter (WEC), which utilizes innovative technology to convert wave power into energy, received a special Hawaiian blessing Sept. 3 at Kilo Pier at Joint Base Pearl Harbor-Hickam (JBPHH).

Members of the Lifesaver’s original design team, as well as contracting partners from Sea and Sound Technology, Inc., and representatives from Naval Facilities Engineering Command (NAVFAC) Pacific and NAVFAC Hawaii attended.

Rev. Kordell Kekoa of Kamehameha Schools performed a traditional Hawaiian blessing ceremony.

“This is a great opportunity for us at NAVFAC and the region to support renewable energy projects,” said Lt. Cmdr. Ivan Cavenall, energy program officer for Navy Region Hawaii.

“I think with different technologies that are emerg-



Engineers and contractors affiliated with the Fred Olsen Lifesaver wave energy converter (WEC) participate in a traditional Hawaiian blessing ceremony Sept. 3, performed by Rev. Kordell Kekoa of Kamehameha Schools, at Joint Base Pearl Harbor-Hickam (JBPHH).

ing now, wave energy as a renewable source is important to consider. I think this [blessing] is a great way for

us to show partnership and support for this type of venture,” he said.

The Lifesaver, considered

one of the most sophisticated WECs in the market today, was developed in Norway by Fred Olsen Renewables and

recently shipped to Oahu where it will be deployed for off-shore testing at the Navy’s wave energy test site (WETS), located at Marine Corps Base Hawaii (MCBH) in Kaneohe, set to start in October.

“The [Lifesaver] is probably the most developed wave energy device in the world right now,” said Matthew Ramey, an engineer with Sound and Sea Technologies, a contracting partner with NAVFAC Pacific and NAVFAC Hawaii in charge of overseeing and maintaining the WEC’s operation at MCBH.

“This is one of the only energy converters that have been in the water for any amount of time and has had serious testing done which makes it definitely one of a kind,” Ramey said.

According to Alexandra Devisser, NAVFAC Engineering and Expeditionary Warfare Center based in California, the Lifesaver was successfully deployed for two years at the Falmouth Bay Test Site (FaB Test), an English site where marine renewable energy devices are

also being tested.

“The Fred Olsen company made some design improvements which are in the buoy’s current configuration and will be tested at the (WETS),” she explained.

“There will be other buoys going into the water in the next couple of years, so this isn’t the last of the different systems and configurations that we will see,” Devisser said.

Bryan Law, regional energy program manager for NAVFAC Hawaii, agreed that the Lifesaver is an innovative device that shows considerable promise for Navy applications of wave energy.

“Most installations in the Pacific [Rim] have pretty good access to waves and a shoreline, so there is good potential for those particular bases to reduce their fossil fuel use by being able to plug directly into the grid, so to speak, and harness this kind of wave energy,” he said.

“So we are definitely tracking and supporting thee [Lifesaver’s] progress, especially on the Navy side.”

Training to combat suicide scheduled this month

Navy Region Hawaii Public Affairs

U.S. Pacific Fleet is sponsoring suicide prevention and “postvention” (actions after a suicide attempt or death) training in September.

The training will be led by Dr. Mary Bartlett, a licensed professional counselor, behavioral health consultant, researcher, trainer and adjunct professor of counseling at Lamar University.

She is a master trainer for the Suicide Prevention Resource Center, is an Army National Guard qualified master resilience trainer, and has extensive experience engaging with the Department of Defense on suicide and resilience-related matters.

Bartlett will provide eight sessions on resilience/suicide prevention for all hands, and suicide postvention for specific audiences. The sessions will include:

- A resilience/suicide prevention training session for all hands will be held from 8 to 9 a.m. Sept. 16, 17 and 18 at Sharkey Theater. Navy commands may opt to count this for annual suicide prevention general military training.
- Suicide postvention for stakeholders will be held from 10 to 11:30 a.m. Sept. 16, 17 and 18 at Ford Island Conference Center ballroom, building 89. This event is for suicide prevention coordinators, counselors, medical personnel, chaplains, casualty assistance calls officers, law enforcement, legal personnel and interested command leaders.
- Suicide postvention for command triads will be held from 2 to 3:30 p.m. Sept. 17 at the Ford Island Conference Center ballroom building 89. The event is for commanding officers, executive officers, command master chiefs and chaplains. Command leaders who are unable to make this session are welcome to attend any of the stakeholder sessions.
- Suicide postvention training for ombudsmen/key spouses will be held from 6 to 7:30 p.m. Sept. 17 at the Military and Family Support Center, room 294, 4827 Bougainville Drive.

For more information, contact Lt. Rebecca Miranda, Navy Region Hawaii suicide prevention program manager, at Rebecca.miranda@navy.mil or 474-0045.

Suicide Prevention Month events continue

Joint Base Pearl Harbor-Hickam
Public Affairs

A series of events have been scheduled in September to observe Suicide Prevention Month.

- A friends and fun cosmic bowling and pizza event, part of Free Food Fridays, will be held from 7 to 9 p.m. today at the bowling alley on the Pearl Harbor side of Joint Base. The event is open to all single Sailors and Airmen.
- An Oahu Out of the Darkness Community Walk will be held Saturday at Ala Moana Beach Park and Magic Island in Honolulu. Check-in is at 8 a.m. and the walk will begin at 9 a.m. Participants can walk, volunteer and/or donate to raise awareness and help prevent suicide prevention. Walkers may choose to remember someone lost to suicide. Donations are optional. The event is sponsored by the American Foundation for Suicide Prevention Hawaii Chapter. Participants can register at <http://bit.ly/1cEn29y>. For more information, visit www.facebook.com/AFSPHawaii.
- A joint service suicide prevention fair will be held from 11 a.m. to 1 p.m.

Sunday at the terrace area outside of the 154th Wing dining facility and 154th Medical Group, 360 Mamala Bay Drive, Joint Base Pearl Harbor-Hickam. For more information, email Lt. Col. Tara P. Davis, Hawaii Air National Guard suicide prevention program manager at Tara.davis.3@us.af.mil.

- An outdoor resiliency-building fun event for Sailors and Airmen will be held from 1 to 2:30 p.m. Sept. 18 at Earhart Field. The event will include a lifesaver relay, flag football, tug of war, ability course and team drills. The event is designed to build camaraderie through activities that promote humor, trust, confidence and problem solving, to ensure that we can all be lifesavers to each other when needed.
- A friends and fun spaghetti lunch and billiards, part of Free Food Fridays, will be held from 11 a.m. to 1 p.m. Sept. 18 at the Beeman Liberty Center. The event is open to all single Sailors and Airmen.
- An express yourself karaoke event and Hawaiian dinner, part of Free Food Fridays, will be held from 5 to 7 p.m. Sept. 25 at the Beeman Liberty Center. The event is open to all single Sailors

and Airmen.

- A Joint Base Morale, Welfare and Recreation 5K buddy run and resiliency fair will begin at 8 a.m. Sept. 26 at Hickam Fitness Center. The event is open to all Department of Defense personnel, families and retirees. Pets are allowed. Awards will be provided to the first place winner in men’s, women’s, youth boys, youth girls, and men’s and women’s stroller categories. Community support resources will be on site to provide information about services available.

For more information, visit www.greatlifehawaii.com or call 448-2214.

- An ASIST (Applied Suicide Intervention Skills Training) workshop will be held from 8 a.m. to 4 p.m. Sept. 30-Oct. 1 at Pearl Harbor Memorial Chapel. Participants can learn suicide first aid skills to help pull someone out of the “river of suicide.” The workshop is designed to offer skills to better care for those with thoughts of suicide. It is open to all adult military, civilian and family members. Pre-registration is required. For more information, email rebecca.miranda@navy.mil.

Practice ‘1 Small ACT’

Challenge yourself this month - Suicide Prevention Month - to practice “1 Small ACT” daily that may make a difference in promoting resiliency and possibly saving a life. Some ideas are:

- Smile! A smile helps build connection and shows you care.
- Reach out to someone who is usually quiet and keeping to themselves to show you care.
- Do a form of prayer or

meditation, to help focus your mind on positive things.

- Read a positive motivational quote.
- Remember: “When you get into a tight place and everything goes against you until it seems that you cannot hold on for a minute longer, never give up then, for that is just the place and time when the tide will turn.” - Harriet Beecher Stowe

96th ARS deactivates

Continued from A-1

16 months ago, I expressed how humbled I was by this organization,” said Lt. Col. Jason Work, former 96th ARS commander, during his closing remarks.

“After getting to know them and seeing them in action, I am simply awestruck. Each and every Airman has exemplified and exceeded the eagle standard, and I am deeply honored to have been their commander.”

Work said as this chapter in the 96th ARS history comes to a close, the Air Force will note the squadron’s operational contributions and continued legacy of service to the nation, but that’s not the only thing he will remember.

“What I will note is that our legacy is not solely the number of sorties flown, the number of aircraft refueled, or the pounds of fuel offloaded, but rather the quality of the Airmen who served in the 96th,” he said.

“It is these Airmen who made the Screamin’ Eagles an exceptional organization worthy of remembering. This is their legacy and it does not end here. It goes forward with these men and women to the betterment of our Air Force and our nation.”

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Diverse Views



What are you doing to beat the heat?



Staff Sgt. Susan Day
515th Air Mobility Operations Wing

“Popsicles, lots of popsicles.”

PS2 (SW) Chad Goss
USS O’Kane (DDG-77)

“I beat the heat by taking my family to Sea Life Park.”



Staff Sgt. Sheene Giray
15th Medical Operations Squadron

“Enjoy it! Go to the beach and hike earlier in the mornings.”

Ensign Emily Olszewski
USS O’Kane (DDG-77)

“I beat the heat by experiencing new adventures like shark cage diving surrounded by the deep blue of the North Shore.”



Tech. Sgt. Greg Dela Cruz
15th Maintenance Squadron

“Stay in the A/C as long as possible.”

FC1 (SW) Dallas Vance
USS O’Kane (DDG-77)

“I don’t beat the heat. I join it by working out and challenging my division to sports competitions.”



Capt. Kyle Stewart
535th Airlift Squadron

“Go TDY to Alaska!”

CTT2 (SW) Ryan Larson
USS O’Kane (DDG-77)

“I beat the heat by enjoying the Hawaiian beaches and ocean swims.”



Senior Airman Shawn Kasek
8th Intelligence Squadron

“Go to the beach as much as possible.”

ATAN Corey Salvatore
USS O’Kane (DDG-77)

“I don’t always beat the heat, but when I do I enjoy jet-skiing and hiking three peaks.”



Chief Master Sgt. Melvin Yamamoto
154th Security Forces Squadron

“Grab a cool drink, find a shady tree and relax.”

Maj. Carol Chang
713th Combat Operations Squadron Det. 1

“Shaved ice with the family.”



*Provided by David D. Underwood Jr.
and Ensign Megan Wilson*

*Want to see your command featured in Diverse Views?
Got opinions to share?*

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Commentary

A Pearl Harbor perspective on remembering 9/11

Rear Adm. John Fuller

Commander, Navy Region Hawaii and Naval Surface Group, Middle Pacific



Rear Adm. John V. Fuller

My home is a short walk from the waters of Pearl Harbor.

My office looks out over the ships in Pearl Harbor.

Every day, we who live and work at Pearl Harbor are surrounded by history that reminds us of the need to be vigilant, trained and ready.

We are also reminded of the tenacity, spirit and determination of the American people.

Like the attack on Dec. 7, 1941, the attacks on Sept. 11, 2001 took nearly 3,000 lives and brought devastation and heartbreak to thousands more.

At last year’s Sept. 11 observance, our commander in chief, President Barack Obama, reminded the world about America’s resilience and how the crucible of 9/11 only made us stronger.

He said, “America endures in the strength of ... families ... in the tenacity of our survivors ... in the dedication of those who keep us safe (our first responders) ... [and] in the courage of the men and women who serve under our flag...”

Those of us who wear the uniforms of our nation stand shoulder to shoulder with those who wear the uniforms of our states, cities and counties—as brothers and sisters.

Service members of the Army, Marine Corps, Air Force, Coast Guard and

Navy here in Hawaii—along with the National Guard—train to be ready to respond.

Like other first responders—police, firefighters and EMS—we are prepared to run toward danger, ready to save lives.

Because of the great ohana in Hawaii—and outstanding logistical support here—our nation’s ships, subs, planes and ground forces are able to train with those of partner nations.

Specific to the Navy, we conduct exercises in the Hawaiian Islands, especially at the Pacific Missile Range Facility, Kauai and especially during RIMPAC.

We remain powered-up and ready to deploy. When we operate overseas, among other operations, we disrupt terrorist plots and eliminate terrorist threats before they can do us harm here at home.

For me, 9/11 is a reminder that we are stronger when we work together, that our differences can be the source of our greatest strength, and

that ultimately it’s how we react to adversity that counts.

And 9/11—like Dec. 7 – reminds us all how blessed we are, how hard we must work to avoid disaster, and how we can act with honor during a crisis, together.

This is a time to reflect on the terrible loss sustained on Sept. 11, 2001. And, it is also a time to be proud of our resilience, determination and unity as Americans.

Let’s remember the words of a great patriot and a founder of our nation, Benjamin Franklin. He was a global diplomat, an early supporter of our Navy, and a mentor to John Paul Jones.

Benjamin Franklin famously said: “We must indeed all hang together, or most assuredly we shall all hang separately.”

In the ongoing fight against violent extremism—and in our efforts to prevent terrorists from reaching our shores again—we must hang together, work together, and defend together.

Plane crashed into Pentagon on 9/11



Photo courtesy of Pacific Air Forces

On Sept. 11, 2001, terrorists hijacked four commercial airliners in order to destroy heavily populated and highly symbolic targets in the United States. Two planes crashed into the twin towers of the World Trade Center in New York City. The third plane crashed into the Pentagon (shown in this photo.) Passengers and flight crew on the fourth aircraft tried to retake control of their plane – and it crashed in a field in Pennsylvania. Excluding the 19 hijackers, a confirmed 2,977 people died in these attacks.

Islands get reprieve from Ignacio, Jimena

Karen S. Spangler

Managing Editor, Ho’okele

Two more tropical storms, Ignacio and Jimena, veered close to the Hawaiian island chain over the past couple weeks. But other than some heavy downpours, scattered thunderstorms and flooding, the islands again got a reprieve from the direct influence of a major storm.

With about three months still left in hurricane season, which ends Nov. 30, there is still a chance that local residents could see more of an impact from a hurricane or tropical disturbance.

Emergency management officials caution about being too complacent, reminding that it isn’t a matter of if one of the storms will pay the islands a direct visit, but when.

According to various disaster preparedness websites, including www.ready.gov, it’s essential to make a basic disaster supplies kit. If you haven’t already assembled your disaster kit, this

may be a good time.

A basic emergency supply kit should include the following recommended items:

- Water, one gallon of water per person per day for at least three to seven days, for drinking and sanitation.
- Food, at least a three-day to seven-day supply of non-perishable food.
- Battery-powered or hand crank radio and a NOAA weather radio with tone alert and extra batteries for both.
- Flashlight and extra batteries.
- First aid kit.
- Whistle to signal for help.
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place.
- Moist towelettes, garbage bags and plastic ties for personal sanitation.
- Wrench or pliers to turn off utilities.
- Manual can opener for food.
- Local maps.
- Cell phone with chargers, inverter or solar charger.

• Prescription medications and glasses.

• Infant formula and diapers.

• Pet food and extra water for your pet.

• Cash or traveler’s checks and change.

• Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container. You can use the emergency financial first aid kit - EFFAK (PDF - 977Kb) developed by Operation Hope, FEMA and Citizen Corps to help you organize your information.

• Emergency reference material such as a first aid book and other helpful information from emergency preparedness websites.

• Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.

• Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a

cold-weather climate.

• Household chlorine bleach and medicine dropper —When diluted, nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.

• Fire extinguisher.

• Matches in a waterproof container.

• Feminine supplies and personal hygiene items.

• Mess kits, paper cups, plates, paper towels and plastic utensils.

• Paper and pencil.

• Books, games, puzzles or other activities for children.

For more information about emergency preparedness, visit the Navy Region Hawaii website at www.cnrc.navy.mil/hawaii and the JBPHH website at www.cnrc.navy.mil/PearlHarbor-Hickam. Additional information is available at www.ready.gov.



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Pacific Submarine Force holds change of command

MC1 Jason Swink

*Submarine Force Pacific
Fleet Public Affairs*

After two years at the helm, Rear Adm. Phillip G. Sawyer turned over duties as commander of Submarine Force, U.S. Pacific Fleet (COMSUBPAC) and commander of Task Force 134, to Rear Adm. Frederick J. “Fritz” Roegge during a ceremony held Sept. 3 at Sharkey Theater at Joint Base Pearl Harbor-Hickam.

Having assumed command in August 2013, Sawyer ran the daily business of 60 percent of the U.S. Submarine Force. This included oversight of the Pacific component of the nation’s ballistic missile submarine force as Task Force 134.

Sawyer was instrumental in the integration of women as members of eight submarine crews and has laid the groundwork for women to enjoy further opportunities to serve in the submarine community.

“In the submarine force, our center of gravity is the individual submarine, operating independently, far, far forward,” Sawyer said.

During his command, Sawyer deployed 42 submarines through 29 attack and guided missile submarine deployments and 40 strategic deterrent patrols in support of six combatant commands.

A native of Phoenix, he



U.S. Navy photo by MC2 Johans Chavarro

Adm. Cecil B. Haney, left, commander of U.S. Strategic Command, presents Rear Adm. Phillip G. Sawyer, outgoing commander of Submarine Force, U.S. Pacific Fleet (COMSUBPAC), with the Legion of Merit award during the COMSUBPAC change of command ceremony Sept. 3 at Joint Base Pearl Harbor-Hickam.

graduated from the U.S. Naval Academy in 1983 with a bachelor of science degree in systems engineering. He received a master’s degree in engineering management from Old Dominion University.

Sawyer’s leadership provided COMSUBPAC’s forces with a vision for maintaining dominance in the undersea domain while guiding the professional and personal development of submarine force personnel.

He was instrumental in maintaining a constant fo-

cus on forward operations with consideration to the Pacific rebalance, resulting in the location of four submarines to Naval Base Guam.

Sawyer’s guidance for improving worldwide undersea rescue capabilities resulted in the certification of state-of-the-art rescue vessels assigned to Undersea Rescue Command.

He will remain in Hawaii, taking over as deputy commander and chief of staff for U.S. Pacific Fleet.

Adm. Cecil B. Haney,

commander of U.S. Strategic Command, was the ceremony’s guest speaker. He also received the report of relief for Task Force 134 from both Sawyer and Roegge, while Adm. Scott H. Swift, commander, U.S. Pacific Fleet, received the report of relief for the Pacific Submarine Force.

“The reach and the endurance of our submarine force as part of our whole of government rebalance to the Asia-Pacific is vital to regional stability, maritime security, the world’s economic engine, and assuring

our allies both in and beyond this region,” said Haney.

Haney said that under Sawyer’s leadership, the Pacific Submarine Force was prepared to carry out vital missions in the service of the United States while supporting its allies and ensuring freedom of navigation throughout the Pacific.

“I would also like to salute all the Sailors and our civilian workforce who operate, maintain and provide security for our submarines, day-in and day-out, for our nation. They are the best in the world,” Haney said.

During the ceremony, Sawyer received the Legion of Merit for his superior service to the Pacific Submarine Force.

Sawyer said he was convinced that COMSUBPAC is the best “two-star job” in the Navy and described Roegge as a “submarine force superstar.”

“SUBPAC is in extremely good hands,” said Sawyer.

In his final remarks, Sawyer expressed his gratitude to the men and women of the Pacific Submarine Force.

“What you do every day matters. It matters to our nation, our friends, our partners, our allies, and it matters to any country who may seek to undermine the security and stability of the Indo-Asia-Pacific Region,” Sawyer said. “I thank you

for your service and sacrifice.”

The productive work started by Sawyer will continue under the watch of Roegge, who most recently served as director, military personnel plans and policy division, at the office of the Chief of Naval Operations in Washington, D.C.

Roegge, an honors graduate of the University of Minnesota with a bachelor of science in mechanical engineering, was commissioned through the Reserve Officers’ Training Corps program. He earned a master of science degree in engineering management from the Catholic University of America and a master of arts degree with highest distinction in national security and strategic studies from the Naval War College.

As Roegge assumed command, he expressed his pride in the new assignment at COMSUBPAC.

“All of us submariners are the products of the proud history and traditions of our submarine force,” Roegge said. “There’s no better place to remember that than here in Pearl Harbor.”

“This is an exciting time to be a submariner,” Roegge told those who had gathered for the change of command ceremony. “Our submarine force will lead the way once again, deterring conflict, but being ready to prevail should deterrence fail.”

15th Wing command chief: ‘Look, listen, learn, lead’

Senior Airman
Christopher Stoltz

15th Wing Public Affairs

The 15th Wing Public Affairs office recently sat down with the new 15th Wing command chief master sergeant for this month’s Airman spotlight.

Q: What’s your name and what do you do?

A: I am Command Chief Jerry Williams and I arrived on island July 29. I am new to the command chief arena. My primary functional background is civil engineering, specifically heating, air conditioning and refrigeration. I am coming here from Aviano, where I was the mission support group superintendent.

Q: How many years have you been in the Air Force?

A: I just crossed the 25-year threshold.

Q: How long have you been a chief master sergeant?



Command Chief Jerry Williams

A: Since 2010, so a little over five years.

Q: Do you have any family here?

A: My wife and two children, one daughter and one son. This is also the first time traveling with a pet, so that was an interesting

experience as well.

Q: What do you hope to accomplish during your tenure here as the 15th Wing command chief?

A: My mindset going into any position is to always leave it a little better than when I found it. So understanding that my predecessor did a fabulous job, but just trying to pick up where he left off and take it to the next level. My concept with anything is try to make a positive difference.

Q: Any personal goals?

A: I have some fitness goals. I like to run a bit, but I want to become a little more consistent in that running and increase the distance I can run. I want to lead by that positive example.

Q: Personal leadership philosophies?

A? First and foremost, servant leadership and keeping a certain level of humility is key. However, my philosophy is you look, listen, learn and then lead. It is easy to

be impatient and try to make change too early. If you follow those steps and take the time to follow the steps, you will be able to make a long-term, lasting difference.

Q: What do you expect out of your Airmen?

A: The expectation(s) for me are simple. I’m sure you’re familiar with the little brown book, so the expectation is to be a good Airman. Follow the guidance that is set forth and lead by that positive example. Also, follow the Air Force core values, making sure we lead and take care of each other. I highly value a strong wingman.

Q: Your leaders?

A: I expect leaders to lead. What I mean by that is sometimes it is difficult to make the hard call. If someone is not doing what they are supposed to, let’s hold them accountable. Likewise, if someone is doing a wonderful job, let’s give them a pat on the

back and reward them for it. But we have to be those gatekeepers.”

Q: Do you love what you do?

A: Absolutely. I love it because it gives us all the chance to serve our country. And when I say serve my country, I mean taking care of all Americans. Whether it is immediate family or the brethren you serve with at each assignment, it gives us the ability to make a difference for those we may encounter along the journey that we call our military career.

Q: Do you have anything else to add?

A: I am totally excited about being stationed here. Likewise, I am looking forward to getting out and meeting and greeting all of Team Hickam and hopefully making a lasting and positive impression.”

(For more information about Williams, or to see more Airman spotlights, visit the 15th Wing Facebook page, or visit www.15wg.af.mil.)

Pearl Harbor-Hickam*Highlights*



Running teams consisting of military service members stand in formation prior to the Fisher House Hero and Remembrance Run, Walk or Roll event Sept. 5 at Ford Island.

U.S. Air Force photo by Staff Sgt. Christopher Hubenthal



U.S. Air Force Hickam Honor Guard members render honors during the Fisher House Hero and Remembrance Run, Walk or Roll event.

U.S. Air Force photo by Staff Sgt. Christopher Hubenthal

(Right) Rear Adm. Frederick Roegge, incoming commander, Submarine Force, U.S. Pacific Fleet (COMSUBPAC), walks through the side boys during the COMSUBPAC change of command ceremony Sept 3 at Joint Base Pearl Harbor-Hickam.

U.S. Navy photo by MC2 Class Johans Chavarro



(Below) Adm. Cecil B. Haney, commander of U.S. Strategic Command, delivers remarks during the Commander, Submarine Force, U.S. Pacific Fleet change of command ceremony.

U.S. Navy photo by MC2 Class Johans Chavarro



CNO on SAPR: ‘Jackassery’ OUT, dignity and respect IN

MC1 Elliott Fabrizio

Chief of Naval Operations
Public Affairs

WASHINGTON (NNS)—The Chief of Naval Operations (CNO) Adm. Jonathan Greenert recently discussed the progress and future challenges of the Navy Sexual Assault and Prevention Response (SAPR) program.

CNO discussed SAPR on the Weekly Wire Rundown, an informational video blog produced by the Office of Chief of Naval Personnel (CNP).

Greenert began the conversation by outlining the progress the Navy has made in SAPR.

“We’ve gone from denying—‘we don’t really have this problem, do we?’ or ‘it’s somebody else’s problem’—to, frankly, a wide awakening: We have a problem,” said Greenert.

In 2013, the Navy established the 21st Century Sailor Office, to support the CNO’s tenets, primarily “Be Ready,” by building Sailor resilience and taking overall

responsibility for the Navy’s SAPR program.

Greenert said the office has succeeded in implementing a myriad of new initiatives, such as the Victims’ Legal Counsel (VLC) Program and other command advocacy programs and positions that have become the Navy’s “tools” in combating sexual assault.

“We have the tools,” Greenert added. “Now it’s time to get into execution. Let’s make the victim the survivor.”

One positive sign Greenert noted is that more women are coming forward to report being the victim of sexual assault, up from one out of 10 in 2012 to one in three today.

Greenert said this indicates confidence in the chain of command to properly handle these sensitive cases.

Overall, the Navy has experienced a decline in the prevalence of unwanted sexual contact by one third from 2012 to 2014.

Many challenges remain, however, with as few as one in 12 men coming forward to report sexual assault and a



U.S. Navy file photo

Chief of Naval Operations Adm. Jonathan Greenert conducts an all hands call for more than 500 Hawaii-based Sailors at Sharkey Theater Jan. 19, 2012 at Joint Base Pearl Harbor-Hickam.

growing need to define and prevent retaliation.

“We have to be conscious that what we may feel is not retaliation is, in fact, retaliation to the victim, to the sur-

vivor,” said Greenert. “We’ve got to be clear on what retaliation is and what could be perceived as retaliation to the victim, to the survivor.”

The CNO said he believes

the Navy’s next step in eliminating the issue of sexual assault is creating a culture of dignity and respect that penetrates down to the Navy’s microclimates—the individ-

ual work centers.

“No more of the sexist jokes,” said Greenert. “No sexual harassment. That’s out. We’ve got to get down to that deckplate level and say, ‘hey look, I’m just not going to tolerate this anymore.’ That’s how we did it with racism. That’s how we did it with drugs, and I think that’s how we’re going to get by this challenge.”

This year, the 21st Century Sailor released the Navy’s Sexual Assault Prevention and Response Strategic Plan and an update to the Navy SAPR policy.

The strategic plan describes sexual assault as a crime that erodes warfighting capacity and charges every Sailor with the responsibility of eradicating it.

“We don’t have time for what some call ‘jackassery,’” said Greenert in closing.

“We are a serious business. We need dignity, respect and trust, so that we can get out there and do the job that we need to do. It’s a difficult task enough,” he said.

Events next week will remember POW/MIA

Joint Base Pearl
Harbor-Hickam Public
Affairs

POW/MIA Memorial Week commemorations from Sept. 14 to 18 have been scheduled at Joint Base Pearl Harbor-Hickam and the National Memorial Cemetery of the Pacific (Punchbowl).

- A reveille will begin at 7 a.m. Sept. 14 at Atterbury Circle.

- A name reading will be held from 6 a.m. to 6 p.m. at the POW/MIA monument, Sept. 14; 15th Wing Headquarters, Sept. 15; the Courtyard of Heroes, Sept. 16; Earhart Track, Sept. 17; and Missing Man Formation, Sept. 18.

- A sentinel post will be held from 7:30 a.m. to 4:30 p.m. Sept. 15 at Atterbury Circle.

- A remembrance run will be held from 6 a.m. Sept. 17 to 6 a.m. Sept. 18 at Earhart track.



- A closing ceremony will begin at 7 a.m. Sept. 18 at Atterbury Circle.

This is a time of remembrance for those who were held prisoner and those who have yet to come home. Members of the JBPHH community are welcome to participate, including as volunteers.

For more information, call Tech. Sgt. Mary Witherow at 448-1428, Master Sgt. Amy Mendonca at 449-8775 or Tech Sgt. Rudy Mendez at 448-1231.

- A Defense POW/MIA Accounting Agency remembrance ceremony will begin at 10 a.m. Sept. 18 at the National Memorial Cemetery of the Pacific (Punchbowl). For more information, call 488-1935.

- The monthly Pearl Harbor Colors honors and heritage ceremony at 7:30 a.m. Sept. 17 at the Pearl Harbor Visitor Center will focus on national POW/MIA recognition. Former Vietnam War POW retired Capt. Jerry Coffee will be the guest speaker.

Suicide Prevention Month proclamation



Photo courtesy of State of Hawaii Department of Health Injury and Prevention Services Branch

Left to right, Lt. Rebecca Miranda, suicide prevention program manager for Navy Region Hawaii; Curtis Gilland, N91 regional programs director at Navy Region Hawaii; and Capt. Mark Manfredi, chief of staff for Navy Region Hawaii; attended a suicide prevention week proclamation presentation ceremony held Sept. 4 at Honolulu Hale. Honolulu Mayor Kirk Caldwell signed the proclamation which was presented to the Prevent Suicide Hawaii Task Force by Roy Amemiya, Honolulu managing director. September is Suicide Prevention Month.



HO'OKELE Online

<http://www.hookelenews.com> or <https://www.cnlc.navy.mil/hawaii>

Flooring replacement begins at USS Arizona Memorial

Final phase will complete three-year restoration project

Pacific Historic Parks

HONOLULU—Pacific Historic Parks announced Sept. 4 that the final phase of the USS Arizona Memorial restoration project is has begun.

The third and final phase of the restoration project will replace the terrazzo flooring on the memorial. Over the years, the memorial has weathered natural exposure from the elements, salt water spray, and foot traffic from more than 50 million visitors.

“The site is significant to so many people,” said Rhonda Loh, acting superintendent for World War II Valor in the Pacific National Monument, National Park Service.

“By replacing the ter-



U.S. Navy file photo

razzo floor, we are helping to ensure that the memorial will continue to be a place where individuals can come to honor those men who died aboard the USS Arizona,” she said.

“A visit to the USS Arizona Memorial is one of the most impactful experiences in Pearl Harbor,”

said Gene Caliwag, president and CEO of Pacific Historic Parks, a non-profit cooperating association of the National Park Service.

Pacific Historic Parks has led the effort to restore the USS Arizona Memorial, working with public and private entities to col-

lect the approximately \$468,000 needed to complete the phase three repairs.

“We are proud to work with the National Park Service at World War II Valor in the Pacific National Monument and Hawk Contracting Group in our continued steward-

ship and effort to ensure that the memorial is protected and preserved for future generations,” Caliwag said.

“Pacific Historic Parks is especially grateful to the many friends and donors who have made it possible through their generous philanthropic support of all phases of the memorial's restoration.”

Phase three, work on the terrazzo flooring with construction work carried out by Hawk Contracting Group, starts this month and will continue over a period of 50 working days. The terrazzo flooring covers approximately 4,650 square feet.

The USS Arizona Memorial will remain open during the period of construction. No work will be done while visitors are on the memorial. The flooring project will be done in sections, and visitors will be prevented from walking on

the sections of flooring under active work.

During part of this time, visitors won't be able to walk into the Shrine Room but will still be able to look into that room through the doorway.

Phase one of the restoration started in June 2012 and involved the replacement of skylights, railings and doors; repainting the interior and exterior; installing LED light fixtures; and repairing concrete irregularities.

Phase two, completed in November 2014, replaced the Shrine Room wall that lists the names of the 1,177 Marines and Sailors who lost their lives on Dec. 7, 1941. Work for phase one and two of the restoration also was carried out by Hawk Contracting Group.

For more information about the restoration of the USS Arizona Memorial, visit www.pacifichistoricparks.org.

Pacific Partnership personnel return home to Guam

MC1 Trevor Andersen

Pacific Partnership Public Affairs

ASAN, Guam—Pacific Partnership 2015 personnel stationed in Guam, but recently assigned to the hospital ship USNS Mercy (T-AH 19), returned home Sept. 4 as the ship pulled into U.S. Naval Base Guam for a liberty port call.

While many other PP15 personnel will stay with Mercy until Hawaii or the ship's homeport in San Diego, Airmen from the 554th Redhorse Squadron and Sailors from U.S. Naval Hospital, Guam have reached their final destination and were reunited with their families, friends and parent commands.

“I’ve been in the Air Force for nine years,” said Staff Sgt. Benjamin Preisler from the 554th Redhorse Squadron. “This was a rewarding experience, being part of something outside of myself. Now I’m looking forward to seeing my wife and kid and enjoying some island life.”

Nine Redhorse engineers from the squadron worked alongside U.S. Navy Seabees, Royal Australian Army engineers, Japanese Self Defense Force engineers, engineers from Malaysia and Timor-Leste, as well as engineers from the host nations of Fiji, Papua New Guinea and Vietnam, to build or renovate schools and hospitals.

Eight Sailors from U.S. Naval Hospital, Guam returned home as well.

“It’s been hard work, but it’s fulfilling to successfully help the patients we set out to help,” said Chief Hospital Corpsman Eric Lindain, a PP15 country site supervisor.

Lindain had mixed feelings about returning home. “It will be nice to relax, but it was a great journey—lots of friendships and camaraderie,” he said.

Pacific Partnership is in its 10th iteration and is the largest annual multilateral humanitarian assistance and disaster relief preparedness mission conducted in the



U.S. Navy photo by MC2 Mark El-Rayes

A Sailor greets his friend after departing the hospital ship USNS Mercy (T-AH 19). Sailors and Airmen stationed in Guam were deployed aboard Mercy for Pacific Partnership 2015 for the past four months.

Indo-Asia-Pacific region. While training for crisis conditions, Pacific Partnership missions to date have provided real world medical care to approximately 270,000 patients

and veterinary services to more than 38,000 animals. Critical infrastructure development has been supported in host nations during more than 180 engineering projects.

Life & Leisure

Combat boots representing fallen service members lined the route of the Fisher House Hero and Remembrance Run, Walk or Roll.

Fisher House Remembrance Run HONORS *the* FALLEN

Story and photos by
Staff Sgt. Christopher Hubenthal

Defense Media Activity Hawaii

Several thousand runners gathered Sept. 5 on Ford Island at Joint Base Pearl Harbor-Hickam for the 8K Fisher House Hero and Remembrance Run, Walk or Roll to honor service members who have fallen after 9/11.

According to their official website, the Fisher House Foundation is best known for a network of comfort homes where military and veterans' families can stay at no cost while a loved one is receiving medical treatment. The 8K event was another way the foundation aimed at serving military families.

After losing family friend Army Pfc. Timothy Vimoto in 2007, Theresa Johnson, the Fort Hood Fisher House manager and founder of the Hero and Remembrance Run, started the event several years later to honor the memory of those who have fallen and those that serve.

"In 2012, sometime in early spring, my son was actually getting ready to go on his deployment," Johnson said. "Knowing that Timothy had died several years prior, we think about his family every day, I realized that it could be me. I'm a mother of a Soldier and a wife of a Soldier. I just wanted to do something to honor Tim's sacrifice and his life but also honor the service of my husband and my son. That's where it all began."

More than 7,000 combat boots, each adorned with a photo of a fallen service member, lined the 8K running route to honor the memories and the sacrifices of the military men and women who gave their lives while serving their country.

"I wanted to do a unique run that would raise awareness but also bring the personal names and faces back," Johnson said. "What we did was we created the run and, we had a picture of each fallen service member on the boot that they run past."

"After the run is over we pick them up and there will actually be a display of the 7,000 all at once."

"I came out here to honor all of the



"I came out here to honor all of the fallen Soldiers, Sailors, Airmen and Marines. A couple of my buddies fell as well and I just wanted to honor them today."

— Navy Chief (select) Electronics Technician Nathan Hurst, USS Hopper electronics technician

fallen Soldiers, Sailors, Airmen and Marines. A couple of my buddies fell as well and I just wanted to honor them today," said Navy Chief (select) Electronics Technician Nathan Hurst, USS Hopper electronics technician. "It's a very humbling event. I wish I had my kids out here. We had them out last year and gave them a little bit of history and let them know what daddy does."

Katie Garling, a runner during the Hero and Remembrance Run, Walk or Roll event, lost her husband, a major in the U.S. Army on July 11, 2014 and ran in the event to honor him.

"He was a big runner and since he passed I've been doing a lot more running and I joined the survivor outreach services group here, and there were a group of us that ran today," Garling said. "He was a really strong person, and I get on with my life every day because I know that's what he would want me to do. I think there is no better motivation then seeing all of the boots lined up and honoring the people who've made the ultimate sacrifice for our country. When you're tired just looking at those boots it is motivating to make yourself want to keep going."

"For me this was more of a reconnecting," said Navy Cryptologic Technician

Interpretative 2nd Class Christina Hart, Navy Information Operations Command. "Sometimes we get really brought down with the day-to-day grind, and sometimes we forget why we do the things that we do. Running this and seeing those who have gone before me and have truly paid the ultimate sacrifice was a spiritual thing for me."

Hart added, "Don't get caught up in the day-to-day frustrations. Running this and seeing the families and the team members that were left behind, we truly don't forget. It's things like this that really bring it into perspective."

Anita Clingerman, Tripler Fisher House manager, hopes that the event helps let military families know that Fisher House is there for them.

"It's one way to tell people that we're here," Clingerman said. "There are so many people who don't know what Fisher House is, and this is a great way to spread the word and let our military families know that we're here for them. Just talking about the run you get emotional. They paid the ultimate price. I'm honored to be a part of this run."

Johnson said she is proud of the teamwork and camaraderie volunteers and participants show during these events.

"This is our fourth here in Hawaii," Johnson said. "I couldn't be more proud because this event is not a fund raiser. Everything is done by volunteers. It really is a community event where different businesses have reached out to help us. All this is done by volunteers, from moms with babies strapped on their front and back and service members from all branches. My heart is just overflowing right now. This is bringing everybody together."

A runner pays respects to fallen service members.





Above, Hickam Harbor staff and divers with a nice catch of tako (octopus) and fish. At right, a diver with his speared catch, a kumu and palani.

Hook a *fresh catch*

with MWR Outdoor Recreation

Justin Hirai

*Joint Base Pearl Harbor-Hickam Morale,
Welfare and Recreation*

Whether you're an avid fisherman or have never caught a fish before, Joint Base Morale, Welfare and Recreation Outdoor Recreation (ODR) has a few classes and scheduled activities that can get you on the right track to fishing in Hawaii.

Saltwater fishing is the primary type of angling done in Hawaii, due to living on an island surrounded by the ocean and also because of the lack of freshwater resources. Hawaii, like other locations throughout the world, has different styles and techniques for fishing. ODR offers bottom fishing excursions, kayak fishing, a learn to spearfish class, and a spearfishing excursion. All these styles are popular ways to go after your fresh catch in Hawaii.

Bottom fishing

Bottom fishing is basically using a sinker, hook and bait to try and catch fish on the bottom of the ocean floor. Excursions take place at Hickam Harbor and are for people who have never fished, families or even the experienced fisherman. The harbor staff will provide all the gear participants need, including the fishing poles, bait and boat. They can provide tips to make the fishing experience more enjoyable and for beginners, they can help cast the pole.

The trip goes out into the channel waters of Hickam Harbor and if the weather conditions are right, they will head out into deeper water near the Pearl Harbor Channel. The excursion is three hours, and a variety of reef fish like taape, toau, weke, moana and more can be caught. Some people catch larger fish like papio, ulua (giant trevally), oio (bone fish) and even a shark.

Kayak fishing

Kayak fishing popularity has risen in the past few years in Hawaii and around the U.S. The ODR excursions are offered during the summer months and take place at different locations around the island.

The guides check the weather and ocean conditions to pick the most suitable areas to fish. Participants can fish areas right outside of Hickam or off beaches on the North Shore. This excursion is geared for people with some fishing and kayaking experience.

Everything needed is included, such as the kayak, fishing poles, other fishing gear, bait and transportation.

The kayak fishing trip requires a lot of work, since participants will be paddling along the coast, pulling bait behind them for a few hours in hopes of catching the big one. Depending on the group's skill level and weather conditions, the guides will either take participants along reef ledges for large reef fish or out into deeper waters for a chance to catch pelagic fish. Fishers might take home a mahimahi (dorado), ono (wahoo), shibi or ahi (yellow fin tuna).



MWR Marketing photos

Frank Supranovich, above, kayak fishes in the channel outside of Hickam Harbor, reeling in a lai. Below, a diver in shallow water practices with a three-prong.

Learn to spearfish

Spearfishing in Hawaii is a popular way to catch fish. The two preferred ways to spearfish are either with a three-prong pole spear (Hawaiian sling) or a speargun. In the learn to spearfish class, instructors will go over the basics of using a three-prong, other basic equipment, safety including tide changes and currents, rules and regulations set by the state and training.

They will also help participants to identify what they can and cannot eat. The class is set up for beginners who have little to no experience. All they need is their own mask, snorkel and fins.

The rest of the basic spearfishing gear, such as three-prong, weight belt and gloves, will be provided. If participants have their spearfishing equipment, wetsuit and/or rash guard, they can bring it.

The spearfishing class is a two-day course usually held over a weekend. The first day, participants will spend some time out of the water discussing the basics previously mentioned. They will then get some water time and be able to take shots with the 3-prong at foam targets set up in a pool. The second day they will be diving in the ocean outside of Hickam Harbor from a boat.

Depending on the skill level of the group, the first dive is usually only in 6 to 12 feet of water. The instructors will gather the group back on the boat to discuss how the dive went and answer any questions. The second dive of the day will be in 10 to 20 feet of water, depending on the group's ability. Participants will have an opportunity to

catch a variety of reef fish such as manini, toau, taape, kole, moanas, or even a tako (octopus). The guides always try to find a suitable spot for the group.

Those who complete the Learn to Spearfish course can sign up for any of the spearfishing excursions. The excursions are three-hour open-water boat dives, which provide an opportunity to expand on spearfishing skills.

Besides providing excursions, classes and staff, MWR Outdoor Recreation staff can also show participants how to clean their catch and suggest their favorite ways to eat certain fish. MWR activities are open to active duty and retired servicemembers and their families as well as Department of Defense civilians,.

*(For more information
or to sign up, visit
ODR at Hickam
Harbor Marina or
call 449-5215.)*



613th AOC hang on to win and division top spot

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

With the 613th Air and Space Operation Center (613 AOC) Aces sitting atop of the Gold Division and the 25th Air Support Operation Squadron (25 ASOS) Bushmasters languishing at the bottom, it appeared that onlookers in attendance were in for a short night at Joint Base Pearl Harbor-Hickam Fitness Center.

Although the 613 AOC did manage to pull out a straight-set win, each set was stretched wire-to-wire before the Bushmasters succumbed by scores of 25-23 and 25-20 on Sept. 2 in an intramural volleyball matchup.

The win kept the 613 AOC in first place with a 6-1 record, while Bushmasters dropped down to 1-7.

“I saw them (the 25 ASOS) play last year, so I was totally surprised that they were struggling,” said Aukai Gonsalves, a Department of Defense civilian. “But when I saw them warming up, I knew that it was going to be a tough game.”



Capt. Justin Rogue and teammate 1st Lt. Josh Gooch of the 613 AOC try to stuff a kill attempt by 25th Air Support Operation Squadron (25 ASOS) Bushmasters hitter Senior Airman Alex Niles.

From the first set, the game was touch and go, as each team fought to go ahead on almost every serve.

In just the first set alone, the game was tied a total of seven times, with the final deadlock coming late in the

set at 20-20.

While the 613 AOC used a more balanced attack with Capt. Justin Rogue, Staff Sgt. Heath Hall, 1st Lt. Josh Gooch, Gonsalves and his son Kai leading the way, the 25 ASOS battled back with the frontline play

of Staff Sgt. Torren Stoner and Senior Airman Alex Niles.

Late in the set, a kill and side-out by Gooch seemed to give the Aces enough of a lead at 19-15 to finish off the Bushmasters.

Instead, the Bushmasters

mounted a late comeback and tied the score at 20-20 on a kill by Stoner.

From that point on, Rogue took over service and led the 613 AOC on a run of four straight points that started off with three aces in a row before Gonsalves knocked down the final kill for the win.

“I just knew that the team counted on me,” said Rogue about his clutch serving. “As the captain of the team, I have to set the example. It’s like, ‘hey, we’ve overcome the deficit and now we’re just pushing for the last five.’”

The second set looked like a carbon copy of the first, as both teams resumed the back-and-forth battle once again.

It was tied six times, with the final one coming at 16-16. A kill by Heath broke the tie on a side-out before Gonsalves took over at service.

Clinging to a one-point lead, Gonsalves picked up where Rogue left off in the first set and helped the Aces build up a 22-16 lead.

Holding on to a four-point advantage at 24-20, Gooch got the final kill to put the tough Bushmasters

away for good.

Quietly, Gonsalves played a superb game as he consistently came up with some big points throughout both sets.

Gonsalves came up with three kills that broke ties, while adding the set-winner in the first set and serving up two aces.

“I think those plays played a key in at least stopping their (the Bushmasters) momentum,” Gonsalves said. “And it brought our team together. It’s not like one player is going to win the game.”

In preparing for the play-offs, Gonsalves admitted that while the team is tempted to try out different things, the Aces would probably just stay the course and continue doing what has brought them success so far.

The biggest challenge facing the Aces, Rogue said, is keeping a full roster, which hasn’t been an easy thing to do.

“As far as a deep run, I have my set six in mind,” he stated. “But one of them is TDY, another one has obligations. I think it all depends if we can get our starting six to show.”

690th COS keep pace with division’s league leaders

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

The 690th Cyberspace Operations Squadron (690 COS) stayed within arms’ reach of the Blue Division leaders by trouncing the 67th Cyberspace Wing (67 CW) in straight sets, 25-16 and 25-20, on Sept. 3 in an intramural volleyball game at Joint Base Pearl Harbor-Hickam Fitness Center.

The win raised the 690 COS to 8-2, which is good enough for third place in the Blue Division behind leader Hawaii Air National Guard and second-place Pearl City Peninsula Warriors.

Although the 67 CW fell to another defeat, the team, which is still searching for that elusive first win, has played much better of late and put up a good fight against the COS, but it wasn’t enough.

“It’s nice having people you can trust,” said Jordan Davies, a military spouse, who specializes as a back-court player for the COS. “Having teammates that you know have your back, that’s all it is. It’s nice.”

In the first set, the match was tied at 6-6 before the COS started to bring the heat from the frontcourt.

After allowing four more points to the 67 CW, Senior Airman Tim Johnson picked



Capt. Alan Geason (right) tries to slam the ball past two blockers.

up a kill and two blocks in a short run to tie the score at 10-10.

Another kill by Johnson put the COS out in front at 11-10, which seemed to place momentum firmly in the hands of the 690.

A kill by Capt. Alan Geason made it 15-13, but it wasn’t until 6-foot-6-inch Senior Airman Demetrius Harvey began putting them

down did the 690 pulled away.

A service ace by Johnson made it 17-14, and then Harvey slammed down three consecutive kills for a 20-14 advantage.

Geason added the final three points by serving up three aces in a row for a 25-16 win.

Harvey, who was used sparingly against the 67

CW, continues to be among the top newcomers in the league.

An established beast on the basketball court, Harvey is one of the league’s most dominating spikers despite not having very much experience in volleyball.

“I think volleyball is fun,” Harvey said. “Being in the frontcourt and being able to

jump high, basketball is a transition to that. My hops helps a lot. That’s what makes it fun for me.”

In trying to avoid being swept, the 67 CW came out in the second set and pushed the 690 COS to the brink.

The 67 CW led early in the second set and tied the 690 COS a total of five times with the last logjam

coming in at 18-18.

A kill by Staff Sgt. Steve Frost broke the tie and then Davies came up with back-to-back aces to give the 690 COS a 21-18 advantage.

The 690 COS closed out the win by scoring five of the last seven points, with kills by Johnson and Frost along the way and a game-ending ace by Tech. Sgt. Wayne Fiery.

Davies said that with the regular season coming to a close, she feels that the 690 COS is pretty close to where they want to be as the playoffs roll around.

“If we play like we know that we can, then I think we can do some damage,” she stated. “I feel pretty confident. There are a few things that we need to work on. We need to work on covering the whole floor and we need to talk more. Other than that, I think we’re a pretty solid team.”

When the players take the court in the postseason, one member of the squad that will definitely see more playing time would be Harvey.

Even though he admits to not having a lot of experience, Harvey said he’d welcome the opportunity to be the team’s primary weapon.

“I’d do my best and try to stay out there as much as possible,” Harvey said. “Back row, not so much, but in the front row, definitely.”

DPAA topples DISA-PAC in three sets

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

In a matchup where both teams were only one player away from a forfeit, Defense POW/MIA Accounting Agency (DPAA) got enough clutch kills to stretch out and then defeat Defense Information Systems Agency Pacific (DISA-PAC) in three sets, 25-24, 23-25 and 17-16, on Sept. 2 in a Gold Division intramural volleyball game at Joint Base Pearl Harbor-Hickam.

Both squads entered the contest with only five players in their lineup, which under Morale, Welfare and Recreation rules is the bare minimum to hold an official game.

DPAA desperately needed the win in order to continue holding down the eighth and final playoff spot from the division while DISA-PAC, despite the loss, maintained a grip on the seventh berth with a record of 5-4.

said retired military veteran Gary Stark, who is a Department of Defense civilian and captain of the team. “People would make mistakes, but then they’d step up, tried to improve, tried to correct, didn’t get down and kept at it.”

Every set was an exercise in fortitude as both teams went back and forth throughout the entire night.

The game was tied nine times in just the first set alone with no team holding a lead larger than six points at any given time.

DPAA fell behind at 11-5 in the first set, but Stark, from service, led a run of six straight points to tie the score up at 12-12.

The first set stayed tight all the way through the end, but came to an abrupt close for DISA-PAC.

Tied at 24-24, DISA-PAC appeared to have the upper hand by holding service for the final point.

Instead, Army Staff Sgt. Joseph Purswell came up with a huge kill for DPAA to gain a 25-24 win.

Although the second set was only tied three times,

in actuality the set was even closer than the first, as the lead never ventured beyond four points.

The final deadlock came at 23-23, but was broken on a kill from Spc. Jorge Pando before DISA-PAC sent the game to its third set by coming up with the winning point at 25-23.

By the final set, it seemed as if DPAA was ready to put the game away early, but each time they made a run, the team hit a roadblock by the clutch play of Tech. Sgt. Shamar Jones, whose timely kills kept DISA-PAC in contention.

Down by three points at 13-11, DISA-PAC got a spark on a kill by Pando before Jones picked up two kills with the final one tying the score at 14-14.

Jones tied it up one final time at 16-16, but a hitting error by DISA-PAC finally wrapped it up for DPAA.

“It was just minor errors,” Jones said about the defeat. “Our usual team is not here today. So just by missing a few key players,

that hurt us a lot.”

Jones, whose solid third set almost stole the game away from DPAA, said if everybody comes back in time for the playoffs he is sure that DISA-PAC would do well.

“We’re definitely capable of winning the whole thing,” Jones stated. “Communication is going to be job number one.”

With the postseason just around the corner, DPAA just needs to win out to lock down the final playoff berth.

If the team is fortunate enough to make it, DPAA will have to do it without the services of their captain, who, due to job commitment, played his final game of the season.

Stark said that making the playoffs would be icing on the cake, but second to the fact that the team has come so far in such a very short time.

“It’s been a lot of fun,” he said. “We have a couple of people who never played volleyball before and they’ve come a long way. They’re fun to watch.”



Army Staff Sgt. Joseph Purswell meets Spc. Jorge Pando at the top of the net.



Fans can get their football fix at MWR facilities

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Football season has begun, with the first game of the NFL season kicking off yesterday. Fans looking for a fun place to root for their favorite teams have

two locations on Joint Base Pearl Harbor-Hickam to choose from.

On the Pearl Harbor side, Brews & Cues at the Club Pearl Complex will be opening early on Sundays with lots of seating and TVs so patrons can watch their NFL team on high-definition screens. Doors open at 7 a.m. and a \$5 continental

breakfast will be available starting at 7:30 a.m. Brews & Cues is open to 18 years and older people.

Brews & Cues will also show the Monday and Thursday night games live. Those games begin at approximately 2:30 p.m. Free pupus, while they last, will be offered beginning at 4:30 p.m. On the Hickam side of

Joint Base, the 10th Puka Lounge at Ke'alohe Golf Course opens just before kickoff and stays open well into the evening. La Familia Mexican restaurant is next door and opens at 7 a.m. with a special breakfast menu.

Both Brews & Cues and the 10th Puka have the NFL Sunday Ticket, which

means every NFL game is available; not just what's on the network channels.

Other MWR locations may not have satellite or special packages, but might also be showing football during normal business hours. Some examples include the Hapa Bar at Sam Choy's Island Style Seafood Grille, Wright Brothers Café & Grille at the

Historic Hickam Officers' Club and, for single service members, the Liberty Centers at Club Pearl and Beeman Center.

(For more information on Brews & Cues, call the Club Pearl Complex at 473-1743. Call Kealohi Golf Course at 448-2318 for more information about the 10th Puka Lounge.)

Mongolian barbecue remains a staple at Historic Hickam Officers' Club

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

On Thursdays, Historic Hickam Officers' Club offers Mongolian barbecue on its lanai.

For those unfamiliar with the setup for Mongolian barbecue, here's how it works. A hostess greets customers as they arrive and shows them to their seats. Once seated, the customer goes up to a table filled with food choices. The customer has more than 20 different vegetables to choose from, five meat and seafood options and up to 10 sauces to personalize their meal.

The customer then goes to the register where their food is weighed, and the customer pays 85 cents per ounce. They are given a number after payment, and then can take their food to the grills where the chefs will cook it for them. When their number is called, the meal is ready. Rice, fortune cookie, chow mein, fried rice and soup are also included in the price.

"Mongolian barbecue is a



MWR Marketing photo by Reid Kagemoto

Chefs prepare meals at the Mongolian barbecue held on Thursdays at the Historic Hickam Officers' Club.

family-friendly event at a beautiful sunset hour," said Joint Base catering director Alexis Ybarra. "We have three chefs cooking your food right in front of you,

and the lanai bar is open for cocktails."

As testament to the event's popularity, retired MWR director Frank Faria said Mongolian barbecue has

been a staple dining option on base since the mid-1960s.

There is lots of room for walk-ins, but Ybarra said reservations are accepted for parties of 12 or more. Larger

groups of 25 or more can also reserve private spaces.

Mongolian barbecue happens every Thursday from 5:30 to 8 p.m. except when special/private functions

are scheduled.

(For more information, or to make reservations, call the Joint Base Catering office at 448-4608 ext. 16.)

SEPTEMBER

HAWAII NAVY BALL TICKETS

NOW — Tickets for the 2015 Hawaii Navy Ball are now on sale. The event will be on Oct. 17 at the Sheraton Waikiki. Uniform for the ball will be dress whites. Options for the meals will be a chicken/beef plate and a vegetarian plate. The event is open to all military, DoD civilians and contractors. Prices for tickets are as follows: E1 to E4 is \$40, E5 to E6 is \$55, E7 to O4 (GS-13 and below) is \$80, and O5 (GS-14) and above is \$90. Payments need to be in cash or a check. If using a check, make it payable to Hawaii Navy Ball. FMI: BM1 Garrett Bowman at 223-2142 or email garrett.a.bowman@navy.mil or BMC George Glover at George.glover@navy.mil.

ARIZONA MEMORIAL RESTORATION

NOW — The National Park service began restoration work to the Arizona Memorial on Sept. 8 and work will continue until at least Nov. 3. The memorial will remain open during normal business hours from 8 a.m. to 4 p.m. and visitors will be impacted minimally while the flooring is restored in sections. The flooring in the shrine room will require extensive work and is closed from Sept. 10 to 21. Visitors will not be able to enter the room during this time, but will be able to view the ongoing construction from the doorway.

ZUMBA JAM

SATURDAY— A back-to-school Zumba Jam will be held from 9 to 11:30 a.m. at the Joint Base Pearl Harbor-Hickam Fitness Center. A Zumba step segment will be showcased, providing toning and strengthening for the legs and glutes. The cost is two group exercise coupons. FMI: 471-2019.

PET ADOPTION CLINIC

SATURDAY — A pet adoption clinic will be held from 10 a.m. to 2 p.m. at the Pearl Harbor Navy Exchange mall tent and outdoor living center. This is a free event for authorized patrons only. The mall will host the Oahu SPCA and the outdoor living center will host the Hawaiian Humane Society. FMI: 423-3287 or email Stephanie.lau@nexweb.org.

RESIDENT ADVISORY PANEL

15 — A Hickam Communities Resident Advisory Panel meeting

will begin at 3 p.m. Residents of Hale Na Koa 1 and 2 will meet at Ka Makani Community Center; Earhart Village residents will meet at Earhart Community Center; and Officer Field and Onizuka Village residents will meet at Hickam Communities housing office. FMI: <https://www.hickamcommunities.com/CurrentResidents/Resident-Programs/Resident-Advisory-Panel>.

WORLDWIDE DAY OF PLAY

15 — A free family event for the Boys & Girls Clubs of America Worldwide Day of Play will be held from 5:30 to 7:30 p.m. at the Joint Base Pearl Harbor-Hickam Teen Center. Teens and their families are invited to meet the center’s staff and have free food to celebrate. FMI: 448-0418.

PEARL HARBOR COLORS

17 — The monthly Pearl Harbor Colors honors and heritage ceremony will begin at 7:30 a.m. at the Pearl Harbor Visitor Center. The event will focus on national POW/MIA recognition day. Former Vietnam War POW retired Capt. Jerry Coffee will be the guest speaker.

OCTOBER

NATIONAL PUBLIC LANDS DAY

3 — Naval Facilities Engineering Command (NAVFAC) Hawaii needs volunteers for National Public Lands Day from 9 a.m. to noon at the Loko Pa’aiau Fishpond at Joint Base Pearl Harbor-Hickam. Volunteers will clear the area of debris, remove invasive mangrove seedlings and put in native plant species. Those interested in participating should sign up by Sept. 30. FMI: Patty Coleman at patricia.colemon@navy.mil or 473-0369.

PINK RUN

7 — A free two-mile Pink Run celebrating Breast Cancer Awareness Month will be held at the Pearl Harbor Navy Exchange parking lot. Registration will begin at 6:15 a.m. and the run will begin at 7 a.m. Authorized patrons are invited to wear pink and spend the morning getting exercise, winning prizes and trying healthy food samples. The event is sponsored by NEX, the Defense Commissary Agency and Naval Health Clinic Hawaii. FMI: 423-3287 or email Stephanie.Lau@nexweb.org



STRAIGHT OUTTA COMPTON

In 1988, a groundbreaking new group revolutionizes music and pop culture, changing and influencing hip-hop forever. N.W.A's first studio album, "Straight Outta Compton," stirs controversy with its brutally honest depiction of life in southern Los Angeles. With guidance from veteran manager Jerry Heller, band members Ice Cube, Dr. Dre, Eazy-E, DJ Yella and MC Ren navigate their way through the industry, acquiring fame, fortune and a place in history.

Movie Showtimes

SHARKEY THEATER

TODAY 9/11

7:00 PM Straight Outta Compton (R)

SATURDAY 9/12

2:30 PM Shaun The Sheep Movie (R)
4:40 PM Pixels (3-D) (PG-13)
7:00 PM Ricki and the Flash (PG)

SUNDAY 9/13

2:30 PM Pixels (3-D) (PG-13)
4:50 PM Fantastic Four (PG-13)
7:00 PM Straight Outta Compton (R)

THURSDAY 9/17

7:00 PM The Man from U.N.C.L.E. (PG-13)

HICKAM MEMORIAL THEATER

TODAY 9/11

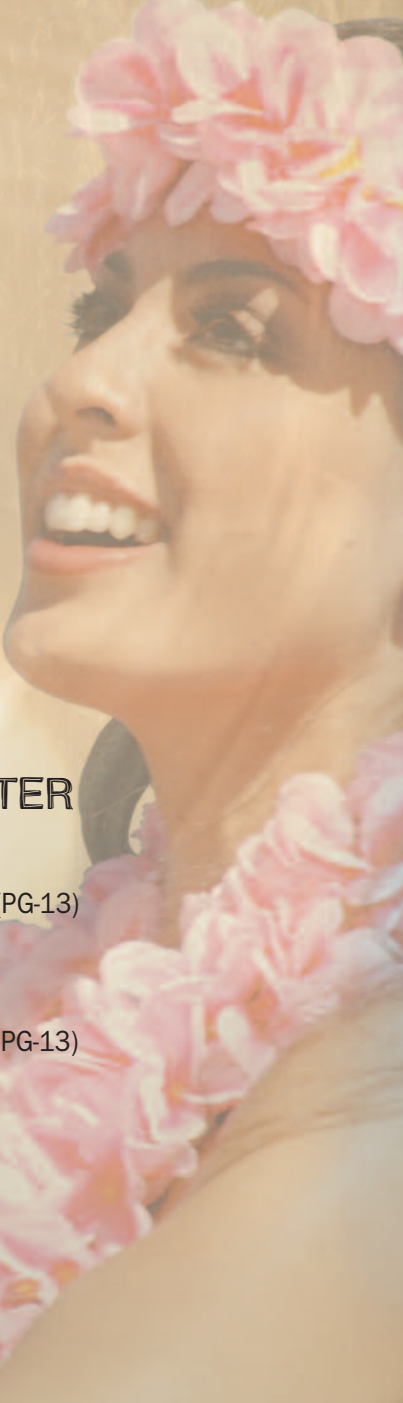
6:00 PM Mission Impossible: Rogue Nation (PG-13)

SATURDAY 9/12

4:00 PM Paper Towns (PG-13)
7:00 PM Mission Impossible: Rogue Nation (PG-13)

SUNDAY 9/13

2:00 PM Pixels (PG-13)



Donor center describes eligibility screening criteria

Tripler Blood Donor Center

The Tripler Blood Donor Center would like to simplify the first step to a successful blood donation. The following criteria can be used to determine the eligibility of a potential blood donor. This information may not answer all questions and is continually updated. Therefore, direct specific questions to qualified blood donor staff at 433-6148.

Travel issues

- You can’t donate if you have traveled or lived:
- From 1980 to 1996 in the United Kingdom for a cumulative period of three months or longer.
 - A cumulative period of six months or longer from 1980 to 1990 in Belgium, Netherlands, or Germany; from 1980 to 1996 in Spain, Portugal, Turkey, Italy, or Greece; from 1980 to 1996 in Saudi Arabia.
 - A cumulative period of five years or longer from 1980 to present in Europe including Saudi Arabia.
 - In a malaria endemic area within the last 12 months.
 - In a malaria endemic area for five consecutive years or longer (deferred for three years after departing the area).
 - You have been deployed to Afghanistan, Iraq or Pakistan within the last 12 months.
 - You have been stationed or traveled to north of Seoul, South Korea: in these areas Camp Bonifas (Boniface), Camp Casey, Camp Castle, Chunchon, Camp Dodge, Camp Edwards, Camp Essayons, DMZ, Camp Falling Water, Camp Garry Owen

(aka Pelham), Camp Giant, Camp Greaves, Camp Hovey, Camp Howze, Infiltration Tunnels, Camp Jackson, Joint Security Area (UN), Camp Kyle, KTC Airfield, Camp Laguardia, Camp Mobile, Multi Purpose Training Area, Munsan, Camp Nimble, Camp Page, Panmunjom, Camp Paju, Camp Red Cloud, Camp Rodriquez, Camp Sears, Camp Stanley, Camp Stanton, Tongduchon, Uijongbu and Warrior Base.

For five years or less you are deferred for two years after departing the area. For more than five years, you are deferred for three years after departing the area.

Other issues

- You can’t donate if:
- You are participating in airborne operations in the next 72 hours.
 - You have donated blood in the last 56 days (at 57 days you can).
 - You have a cold, flu, or flu like symptoms, or do not feel well within the last 72 hours.
 - You’re currently taking antibiotics or had dental procedures (root canal, oral surgery, or tooth extraction) within the last 72 hours.

Further clarification

- You must be at least 17 years of age (with parental consent form) unless active duty Soldier, and weigh at least 110 lbs.
- Ear piercing done at a licensed facility is not deferred. Body piercing requires a one year deferral.
- If you have had a tattoo, for more information visit www.militaryblood.mil or call 433-6148.



A Sailor donates blood at a JBPHH blood drive.

U.S. Navy photo by Brandon Bosworth

Can I donate?

Tripler Blood Donor Center

Most healthy adults are eligible to give blood. However, there are some reasons a person may be deferred from donating — temporarily, indefinitely, or permanently. Deferral criteria have been established for the protection of those donating and those receiving transfusions in accordance with the Food and Drug Administration guidelines, AABB standards, and Department of Defense policies. A temporary deferral should not discourage donors from coming back.

In general, to donate blood you should:

- Weigh at least 110 pounds.
- Be at least 17 years of age.
- Have been feeling well for at least three days.
- Be well hydrated.
- Have eaten something prior to donating.

Upcoming blood drives

- Sept. 11, 9 a.m. to 1 p.m., Pearl Harbor Naval Shipyard, building 2, Joint Base Pearl Harbor-Hickam.
- Sept. 29 and Oct. 20, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
- Oct. 21, National Oceanic and Atmospheric Administration (NOAA), 1845 Wasp Blvd., Ford Island, Joint Base Pearl Harbor-Hickam.

(For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.)

New pool hours effective after Labor Day

Pool hours effective Sept. 8 through Memorial Day 2016



U.S. Navy photo by Brandon Bosworth

Hickam Pool 1

Lap swim:

Mon - Fri: 5-7 a.m. (early bird lap swim),
11 a.m. - 1 p.m. (lunch lap swim)
Closed weekends and federal holidays

Hickam Pool 2

Open swim:

Mon - Tues : Closed
Wed - Fri: 1-5 p.m.
Sat, Sun & holidays: noon - 5 p.m.

Scott Pool *(Pictured above)*

Lap swim:

Mon - Fri: 5-7 a.m. (early bird),
11 - 11:30 a.m. (lunch lap swim)
Mon - Thurs: 5-7 p.m. (night lap swim)

Sat & Sun: 10 a.m. - noon
(weekend lap swim)
Open swim:
Mon - Fri: 1-5 p.m.
Sat, Sun & holidays: noon - 5 p.m.

Towers Pool

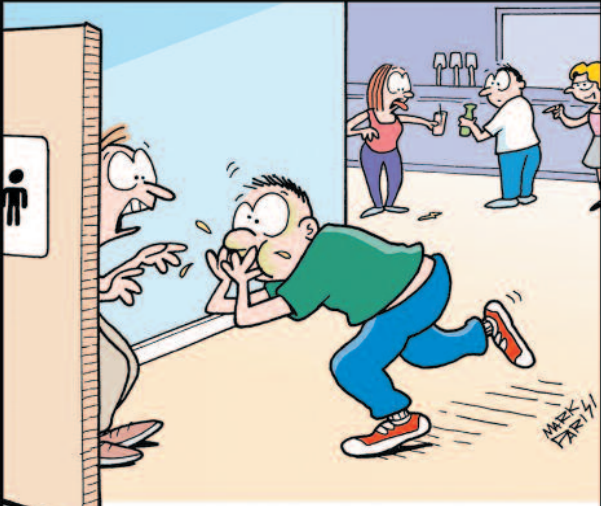
Lap swim:

Mon - Fri: 11 a.m. - 1 p.m.
Open swim:
Friday: 1-5 p.m.
Sat & Sun: Noon - 5 p.m.
Closed all federal holidays

Arizona Pool

*Closed Sept. 8 until Memorial
Day 2016*

REASON #312 NOT TO BE THAT GUY:



TASTING YOUR MEALS
ONCE IS ENOUGH

THATGUY.COM

My Favorite Photo...

Do you enjoy taking pictures and have a favorite photo? Would you like to see it featured in Ho`okele? Here is your opportunity.

Your favorite photo can be just about anything, but keep in mind that it should be in good taste. We aren't looking for posed family shots, but action and candid shots of family members and pets are fine. If you have a photo that you think is interesting and creative, here is your chance to see it published.

Photo submissions will be reviewed by Ho`okele editors who will deter-



mine if/when they will run in the newspaper. Along with your photo, please send a little bit of information about the photo, such as where it was taken or any interesting details. Also include the name of the photographer and contact information.

Please send your photos to editor@hookelenews.com and "cc" Karen Spangler, managing editor, at karen.spangler@navy.mil and Don Robbins, editor, at drobbins@hookelenews.com. Brush up on your photography skills. Ready, set, shoot!

HO'OKELE Online

<http://www.hookelenews.com> or <https://www.cnic.navy.mil/hawaii>