

U.S. and Australia team up during Talisman Sabre

Lt. Jamie C. Seibel

Amphibious Squadron 11 Public Affairs

INDIAN OCEAN (NNS)—For two years, service members from both the U.S. and Australian Navies have prepared for a complex amphibious assault scenario taking place on the shores of the Northern Territory of Australia during Talisman Sabre 2015.

Talisman Sabre is a comprehensive biennial military exercise, allowing a U.S. and Australian Combined Task Force to prepare for crisis actions and contingency operations.

Members of the Australian Fleet Battle Staff and Australian Army are embarked on-board the ships of Expeditionary Strike Group (ESG) 7. They will work side by side with U.S. counterparts throughout the next two weeks.

Fleet battle staff members

are taking on the role as sea combat commander based on-board USS Bonhomme Richard (LHD 6). Capt. Nick Woodley of the Royal Australian Navy and his staff will be overall responsible for all surfaces and subsurface threats entering the battle space during the scenario.

“What we are looking at doing is fully integrating with the amphib piece,” said Woodley, “The aim is to set the pre-conditions which enable an amphibious assault to take place.”

The Australian military brings to the ship their knowledge and skill. They use all U.S. shipboard equipment and, for the time they are embarked, they are standing combat watches beside the ship’s company.

“Within this context, we bring warfare expertise in anti-submarine warfare and anti-surface warfare specialties, but more importantly, command and control which complements the other parts of

the expeditionary strike group,” said Woodley.

“We are trying to build up that ability to handle multiple disciplines of warfare superimposed on the amphibious mission which is critical for this ship, the task force and the exercise.”

“Large ships such as Bonhomme Richard, Ashland and Green Bay are filled with fighting forces, which will go in where they are navigationally constrained to offload their fighting troops,” said Woodley. “We look after those areas that must have threats neutralized.”

The goal for the team as sea combat commander is to maintain sea control and facilitate the landing until the troops are self sufficient and the ships can move out into open water.

Woodley said submarine warfare will be the most challenging warfare element because it’s the nature of the submarine to use stealth to achieve its mission, and the

team will work to counter that.

This year the Australian command team was able to embark early with the strike group, conducting port calls in the Australian cities of Fremantle and Bunbury. The advantage allowed them to prepare and acclimate to the crew, overcome technical difficulties, and settle into the routine of the ship.

“It is one thing to have staff talks and meetings; it’s totally a different thing to get together and operate,” said Capt. Marvin Thompson, commodore of Amphibious Squadron (CPR) 11.

CPR-11 is the forward-deployed naval force amphibious ready group complementing ESG-7 and is responsible overall for the ships where the Australians will train.

This is the sixth iteration of the exercise which will focus on joint training in a mid-intensity, high-end operation. In addition to the amphibious force, the exercise will feature 21

ships, including the U.S. Navy aircraft carrier USS George Washington (CVN 73), more than 200 aircraft and three submarines.

“When we work with Australia, it requires us to be more agile in our thinking, adapting to the size and scope. We sometimes get comfortable operating the same way, and when we work alongside our partners, it challenges us and makes us stronger,” Thompson said.

Talisman Sabre is jointly sponsored by the U.S. Pacific Command and Australian Defence Force Headquarters, Joint Operations Command and runs July 4-18.

(Above) The Arleigh Burke-class guided-missile destroyer USS Preble (DDG 90) (home ported at Joint Base Pearl Harbor-Hickam) is underway to participate in exercise Talisman Sabre 2015.

U.S. Navy photo by MC3 David Flewellyn

Pearl Harbor Colors ceremony honors future service members, leaders

MC1 Meranda Keller

Navy Public Affairs Support Element Detachment Hawaii

U.S. Naval Sea Cadets and future service members who are a part of the Honolulu Military Entrance Processing Station (MEPS) participated in a Pearl Harbor Colors honors and heritage ceremony hosted July 16 by Navy Region Hawaii at the World War II Valor in the Pacific National Monument.

Veterans, past and present, celebrated the enlistment of 34 service candidates into the ranks of the armed forces.

“This morning’s ceremony is what Pearl Harbor Colors is all about,” said Jim Neuman, the Pearl Harbor Colors coordinator.

“It was wonderful to see those 34 young men and women enlisting in the armed forces in front of their families, friends and the hundreds of visitors who stood by watching. You couldn’t ask



U.S. Navy photo by Seaman Michael Ray
Naval Sea Cadets, Hawaii division, form ranks as the national anthem sounds.

for a better venue to start your military career than on the visitor center lawn with the legacy of the USS Arizona Memorial and USS Missouri as a backdrop. Those enlistees will never forget where they took their oath to defend America,” Neuman said.

Every year, thousands of new service members walk through recruiters’ doors with the hopes of joining our nation’s armed forces.

“Our mission at the NSCC is determining the physical, mental and moral qualifications of each applicant that attempts to join the armed services,” said Lt. Cmdr. Andrew C. Gerla, commander of the Honolulu Military Entrance Processing station.

“Knocking on and walking through the front door isn’t easy. And while the door is open to everyone, we are only going to qualify America’s best and brightest.

“So it is my absolute honor to enlist these fine young men and

women standing here in front of us today as they embark on a new journey in their life,” Gerla said.

Sponsored by Navy Region Hawaii in coordination with the National Park Service, the ceremony featured the U.S. Marine Forces Pacific Band, the Joint Base Honors and Ceremonies Guard, an official observance of “morning colors,” and remarks from Gerla and Lt. Cmdr. Loren Relin, regional director of the United States Sea Cadets Corps.

The Navy League of the United States established the U.S. Naval Sea Cadet Corps (NSCC) in 1958 to “create a favorable image of the Navy on the part of American youth.” During those passing years, there have been more than 13,000 enrollments.

NSCC is a nonprofit, federally funded youth outreach program for Americans ages 11-18, committed to the development of future leaders with ties to the military.

Tropical Depression Ela posed no threat, but is reminder

Karen S. Spangler

Managing Editor, Ho’okele

Island residents spent some hot, sticky days last week as Tropical Depression Ela, the first tropical storm of the 2015 hurricane season, passed the island chain. Luckily, other than the oppressive weather conditions and rainy conditions, the storm had little effect on Hawaii.

But it served as a reminder that we are right in the middle of hurricane season and at any time, one of the storms could form and make its way toward the islands. For those residents who haven’t already done so, it is a good time to make an emergency preparedness

plan and assemble a disaster kit.

Emergency management officials agree that it isn’t a matter of if, but when, Hawaii will have to deal with one of the powerful storms. You never know – this might be the year.

“Get back to basics, review or make a family emergency plan, and stock your kit with essential items that you need,” encouraged Dan DuBois, emergency manager for Joint Base Pearl Harbor-Hickam (JBPHH).

“Having an emergency kit is very important—with enough food and water to last your family for three to seven days, medications, etc. and making sure that you have at least \$250 in

cash,” he said.

With widespread power outages, ATMs (automated teller machines) would not be operable and couldn’t dispense money.

“Make sure that important documents, such as your homeowners’ insurance papers and health paperwork, are in waterproof containers, and take those with you to the evacuation shelter,” DuBois said.

There are many things that can happen as the result of a visit by a hurricane, tropical storm, or any other natural disaster. The major result is the high winds, heavy rains, flooding and storm surge brought on by the storm. Those elements can cause major damage, power outages, etc.

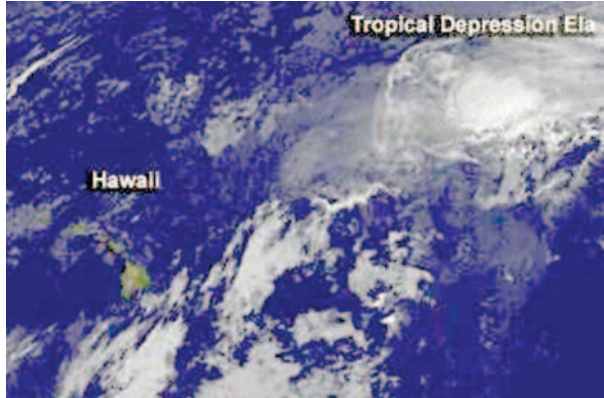


Image courtesy of NOAA

Post-Tropical Depression Ela was located northeast of Hawaii on July 10.

DuBois stressed the importance of residents collecting the food, water, batteries and other supplies that they need ahead of time. Too often, people wait until the last minute to purchase plywood and board up their homes, purchase the necessary supplies, etc., he said.

Another thing to consider is that store shelves are quickly depleted and once

that happens, residents won’t be able to find essential items such as bottled water, food staples, flashlights and batteries. That happened when Hurricane Iniki struck in 1992.

In our island paradise, isolated in the middle of the Pacific Ocean, it could be quite awhile before store shelves are replenished. So it’s important to be prepared.

For more information, about emergency preparedness, visit the Navy Region Hawaii website at www.cnic.navy.mil/hawaii and the JBPHH website: www.cnic.navy.mil/PearlHarbor-Hickam.

Additional information is available at www.ready.gov.



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‘Power up’ for Hickam Super Hero 10K Run See page B-4

Spreading the message: CSADD reminds Sailors to ‘Keep What You’ve Earned’

Story and photo by
MC2 Johans Chavarro

Navy Public Affairs
Support Element
Detachment Hawaii

(Editor's note: Although much of this CSADD story focuses on the Fourth of July holiday, the message is valid throughout the year.)

Honking horns and reciprocal shakas, followed by a verbal cascade of, “Keep What You’ve Earned!,” “CSADD cares!” and “Don’t Be That Guy,” resounded recently near the Makalapa Gate at Joint Base as CSADD reminded drivers to be safe and make the right decisions.

“They can’t miss us,” said Boatswain’s Mate 2nd Class Anthony R. Ramos, president of Pearl Harbor Coalition of Sailors Against Destructive Decisions (CSADD) and assigned to Joint Base Pearl Harbor-Hickam (JBPHH) Port Operations Dock Masters.

“We’re at one of the main entrances of the base, so they have no option but to stop and see the messages. Now, it’s just up to them to make the right decision,” Ramos said.

As an organization run by Sailors for Sailors, CSADD gives junior Sailors the opportunity to get involved in the community and meet other people, while promoting positive choices.

And on this particular morning, armed with posters and their aloha salutes, Ramos and a handful of other CSADD Sailors strategically positioned themselves throughout the



Sailors, part of the Pearl Harbor Coalition of Sailors Against Destructive Decisions (CSADD) chapter, participate in a CSADD gate awareness event July 2 at Joint Base Pearl Harbor-Hickam. CSADD’s mission is to encourage positive social interaction, development of leadership and decision-making skills among junior Sailors.

intersection of Makalapa Road and North Road to promote responsible decision-making on the eve of one of the most popular U.S. holidays, the Fourth of July.

“We’re trying to show the rest of our shipmates, and anyone else who works here on the base, that we care about their well-being,” said Ramos. “We have the Fourth of July weekend coming up, and while it’s a great time for everybody to get some time off and relax, we also want to remind everybody to keep what they

earn.”

“You don’t want to go out there and do things that can damage your career or damage your family,” said Ramos. “So, you know, go out there and have a good time, but do it smartly. Make smart decisions.”

And with each passing car, horn sounding or not, triumphantly the CSADD Sailors held their posters out in front, or over their heads, vigorously urging those passing by to heed their message.

“Drive Sober, or Get Pulled Over,” read one sign.

Another, “CSADD Cares.”

“Don’t Text and Drive.” And finally, “Keep What You’ve Earned.”

“This could be that difference maker for someone who is having a bad day, just seeing one of these signs could help them. They might realize, ‘OK, somebody cares,’” said Ramos.

“We’re here for them and we just want them to know that. We’re physically out here trying to show them we really are here for them.”

For Ramos, that is what

CSADD is all about—Sailors helping Sailors.

“Sailors helping Sailors is where it starts,” said Ramos. “When you go home, your family doesn’t always know what goes on at work and when you’re at work, your coworkers don’t always know what goes on at home, but they see you every day, that’s for sure.”

Ramos joined the Navy seven years ago as a way to get more out of life. “I was doing security before I joined the Navy, and I felt like I just wasn’t getting enough out of it,” said Ramos.

“I really wanted to add more on to my life, do something different. I’m also the oldest of five, so I kind of wanted to set a good path for my brothers and sisters, too,” he said.

It was at his first duty station that Ramos was initially introduced to CSADD and gravitated toward it. So when the opportunity came up to lead the program, shortly after arriving at Pearl Harbor, Ramos didn’t hesitate to seize the opportunity.

“Since he’s got here, he’s just been rolling with everything, trying to get everything going,” said Chief Boatswain’s Mate Michael Espita, assigned to JBPHH Port Operations dock masters.

“One of our first conversations was how he could be more of an asset while he was at the command,” said Espita. “So one of the things I told him was to try and get involved outside of the shop and with the command. A couple of weeks go by and he comes back and is like, ‘I’m the CSADD president.’”

“I took on running

CSADD because I love what it is and what it stands for,” said Ramos. “I felt like I should be giving back in some way, [and as CSADD president], I’m in a good position to do so,” Espita said.

Since then, Ramos and his CSADD team have been working hard to spread the CSADD message, increase membership and CSADD’s involvement in the community.

“We recently went out to some of the other ships, the [USS] Chung-Hoon and Michael Murphy and talked to those guys over there,” said Boatswain’s Mate 2nd Class Mark Bonner, a new CSADD member and one of the Sailors on Makalapa and North Road that morning.

“We also talk to the Sailors that dock the ships about making right decisions.”

Like Ramos, Bonner also emphasized the importance of Sailors helping Sailors and the responsibility one has to those values when holding any particular leadership position.

“When I was an LPO [leading petty officer] a lot of the other Sailors looked up to me, looked at what I was doing, how I carried myself, and how I bettered myself,” said Bonner.

“When you’re out there supporting these causes, people respond and are like, ‘Wow, people are taking the time out of their day to show they care.’ As a collective whole, we feel like our voices will help out the younger generations and the generations after that. And that’s what we’re trying to do today and every other day,” Bonner said.

Consumer and financial protection fair helps military consumers in Hawaii

Story and photo by
Tech. Sgt. Aaron Oelrich

15th Wing Public Affairs

In observance of Military Consumer Protection Day, the Hawaii Department of Commerce and Consumer Affairs (DCCA) hosted a consumer and financial protection fair July 15 at the Pearl Harbor Navy Exchange.

The fair was geared toward military members and the unique financial challenges they and their families may face.

“The DCCA’s responsibility is to reach out to the public and educate them about the resources that are available and empower them to make better decisions as a consumer as well as help protect people from many types of fraud,” said Jacqueline Choy, the consumer protection education specialist with the State of Hawaii Office of Commerce and Consumer Affairs.

More than two dozen government and nonprofit



agencies participated in the event, including representatives from the Department of the Attorney General, Hawaii Homeownership Center, Internal Revenue Service and the Military Family Support Center.

Ashley Carmichael, a military spouse, found what she was looking for at the fair. “It was interesting to see people who could answer my questions and to get brochures with information on things like credit and debt management, home sales and the Servicemember’s Civil Relief Act,” said Carmichael.

According to Choy, supplying hundreds of informational pamphlets and books with topics ranging from identity theft and debt to phone scams and

vehicle lemon laws, the fair provided a venue for consumers to gain awareness on a variety of important topics in one location.

“A lot of the time, people don’t have an awareness of the resources that are there to help them out,” said Capt. Kevin Estes, officer in charge of the legal assistance office for Marine Corps Base Hawaii, Kaneohe.

“So an event like this gets them talking to their friends, families and coworkers, helping to create greater awareness of the resources that are available.”

Choy said this is the second year DCCA has held this annual event, and they are looking forward to continuing to promote consumer and financial protection to military members and their families for many years to come.

(For more information visit the Military Consumer Protection Day website at [http:// www.military.ncpw.gov](http://www.military.ncpw.gov) and the Hawaii DCCA website <http:// cca.hawaii.gov/>.)

In observe of Military Consumer Protection Day, the Hawaii Department of Commerce and Consumer Affairs hosted a consumer and financial protection fair July 15 at the Pearl Harbor Navy Exchange.

Diverse Views



What is your favorite childhood song?



Lt. Mike Carney
USS Port Royal (CG 73)

“Because I’m grumpy and getting old, ‘Peace Train’ by Cat Stevens. Reminds me of Saturday mornings of yester years, listening to it on a reel to reel.”

Lt. Col. Jacque Wilson
HQ PACAF

“I’m going to laugh and say, ‘We Will Rock You’ by Queen. To this day, I still listen to it with my children.”



Ensign Alexis Trelka
USS Port Royal (CG 73)

“My favorite song growing up was ‘Son of a Son of a Sailor’ by Jimmy Buffet. Reminds me of my childhood.”

Senior Airman Briona Morris
65th Airlift Squadron

“‘Bills, Bills, Bills’ by Destiny’s Child. My sister and I choreographed a routine to it, and I’m reminded of that every time I hear that song.”



CS3 Joseph Dee
JBPHH

“My favorite childhood song growing up was ‘Time’ by Pink Floyd. A good song that helps you to mellow out, chill out and really nice to relax to. Makes you feel good all over.”

Master Sgt. Ruben Mindieta
766th Specialized Contracting Squadron

“I would have to say, ‘Rockin’ In The Free World’ by Neil Young. Listening to it brings back great memories of working in my dad’s garage on the family car.”



QMSN Robert Torres
JBPHH

“‘Poison’ by Bell Biv DeVoe. Every time I used to hear that song, it made me want to, ‘get down, with the get down.’ A song that you can’t help but dance to.”

Provided by Lt. Damall Martin
and David D. Underwood Jr.

Want to see your command featured in Diverse Views?
Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

GOT SPORTS

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Navy Region Hawaii is conducting the command climate survey through July 31

Navy Region Hawaii is conducting the command climate survey through July 31. The command climate survey is a commander’s management tool that allows them to proactively assess critical organizational climate dimensions that can impact the organization’s mission.

The survey will assess 23 climate factors by posing questions that survey takers respond to using a four-point scale. The questionnaire focuses on four primary areas: Military Equal Opportunity (EO), Civilian Equal Employment Opportunity (EEO), Organizational Effec-

tiveness (OE), Perceptions of Discrimination/Sexual Harassment and Sexual Assault Prevention & Response (SAPR). The region is striving for 100 percent participation, so all personnel are highly encouraged to complete the survey.

The survey takes about 25 minutes to complete and provides multiple opportunities for respondents to enter their personalized comments.

If you have any questions about the survey, call MA1 William Woolery at 474-6205.

Men of Air National Guard take break



Photo courtesy T. Merrill, retired 154th Wing historian

In 1960 the Hawaii Air National Guard’s (HIANG) 154th Fighter Group (predecessor of the current 154th Wing) stood up at former Hickam Air Force Base, reorganizing what had been a fighter squadron with support sections, into a group with subordinate squadrons. The photo shows some aircraft maintenance personnel from the 154th Consolidated Aircraft Maintenance Squadron (CAMRON.) They are shown in this photo circa 1960-63 wearing the newly designed 154th Fighter Group Ku-ka’ili-moku emblem that is still in use today.

HO'OKELE

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Ho'okele is delivered weekly to Navy & Air Force housing units and Navy and Air Force installations throughout Oahu.

New commander takes charge of 15th MDG

Tech. Sgt. Terri Paden

15th Wing Public Affairs office

Col. Christopher Paige assumed command of the 15th Medical Group (MDG) from Col. Virginia A. Garner during a change of command ceremony July 14 at the Missing Man Formation at Joint Base Pearl Harbor-Hickam.

During the ceremony, Garner was presented with the Legion of Merit for her outstanding service and accomplishments as commander of the 15th MDG. She expressed her gratitude to leadership, members of the local community, and the Airmen of the 15th MDG for their dedication and service throughout her command.

“To the men and women of the 15th MDG, I’d love to call each of you out by name because every one of you has touched the lives of so many, either directly or indirectly, through your support,” she said.

“I could not be more proud and more humble than to have been working for you. It has truly been an honor and privi-



Col. Randy Huiss, 15th Wing commander, receives the 15th Medical Group guidon from Col. Virginia A. Garner, 15th MDG commander July 14 during the 15th MDG change of command ceremony at Joint Base Pearl Harbor-Hickam.

lege. Keep taking good care of each and our nation’s most precious resources—it’s people. You have a pretty amazing new leader taking over. Chris Paige comes with a wealth of experience and leadership credentials that I’m sure will propel this group to even higher levels of success,” Garner said.

Garner also expressed her appreciation for the great working relationships and medical partnerships forged during her time as commander.

“I really feel like the spirit of cooperation and collaboration has set the standard for the future of healthcare in the Department of Defense,” she said. “It has been awesome working side-by-side with each of you in caring for our nation’s heroes and their families.”

As her last act as 15th MDG commander, Garner advised Paige to “take care of the Airmen, and they will take care of you.”

Paige comes to the 15th MDG from Maxwell Air Force Base where he was a student at the Air War College.

As the new 15th MDG com-

mander, Paige will lead nearly 243 personnel and three squadrons, overseeing a \$35 million infrastructure, operations and maintenance budget. He is responsible for providing medical and dental services for 14,800 beneficiaries and ensuring quality healthcare service for 90,000 outpatient visits, 22,000 dental visits, and more than 125,000 pharmaceutical distributions annually.

After thanking Garner and the 15th Wing leadership and members of the local community for the “warm reception,” Paige turned his attention to his “superstar Airmen.”

“I am in awe of this community, of this group and of this wing,” Paige said just after taking command.

“Without a healthy community, this mission cannot be accomplished. I look forward to working with my all-star team to give this community world class health care. I am honored to be here and honored to take command of this outstanding organization. We look forward to meeting you and your families,” he said.

Millinocket crew, Pacific Partnership personnel save life in Solomon Islands

**Pacific Partnership
Public Affairs Office**

HONIARA, Solomon Islands (NNS)—The quick reactions of personnel from Pacific Partnership and the Military Sealift Command joint high speed vessel USNS Millinocket (JHSV 3) saved the life of a man who was drowning in the waters near the ship, July 10.

After arriving in port earlier in the day, three civilian mariners, Frederick Beck, Daniel Claycomb and Shannon Alves, noticed a semiconscious man floating in the water, unable to keep himself afloat.

“We saw some splashing in the water after one of the ferry boats had went by,” said Beck. “We immediately alerted the medics and attempted to

keep him afloat.”

The crew quickly threw him a life buoy to try to pull him from the water.

“We had to drag him while he was on the buoy around the ship to the pier,” said Claycomb. “If it were not for us throwing that out there, he would have drowned.”

Noticing the unfolding event on the pier, Australian Army Lt. Col. Rodney Petersen and

Australian Navy Lt. Cmdr. Alison Zilko quickly ran to the pier and, with help from the ship’s crew, successfully pulled the man from the water. Zilko then began administering medical treatment.

“This man was very lucky to have been noticed by the Pacific Partnership 2015 personnel and ship’s crew,” said Zilko.

According to Petersen, the man was only minutes away from dying if not for the quick actions of the crew.

Master-at-Arms 1st Class Charles Runner immediately contacted the local authorities to send a vehicle to retrieve the man.

The man survived and was taken away for further medical treatment.

Now in its 10th iteration,

Pacific Partnership is the largest annual multilateral humanitarian assistance and disaster relief preparedness mission conducted in the Indo-Asia-Pacific Region.

Additional information on the Pacific Partnership mission is available on the U.S. Pacific fleet Pacific Partnership website at www.cpf.navy.mil/pacific-partnership/2015/.



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Pearl Harbor-Hickam*Highlights*



More than 125 Department of Defense civilians, service members and contractors arrive at Andersen Air Force Base, Guam, July 15, in a C-17 Globemaster III assigned to the Hawaii Air National Guard at Joint Base Pearl Harbor-Hickam, after evacuation from Wake Island in preparation for potential surges caused by Typhoon Halola.

U.S. Air Force photo by
Airman 1st Class Alexa A. Henderson

(Right) Col. Randy Huiss, 15th Wing commander, passes the 15th Medical Group (MDG) guidon to Col. Christopher Paige, 15th MDG in-coming commander, during the 15th MDG change of command ceremony July 14 at Joint Base Pearl Harbor-Hickam.

U.S. Air Force Photo by Tech Sgt. Aaron Oelrich

(Below) Members of the 15th Wing salute the American flag before the 15th Medical Group (MDG) change of command ceremony July 14 at Joint Base Pearl Harbor-Hickam. Col. Christopher Paige assumed command of the 15th MDG from Col. Virginia A. Garner during the ceremony.

U.S. Air Force Photo by Tech Sgt. Aaron Oelrich



U.S. Navy photo by Seaman Michael Ray

Civilians swear an oath to join the military during a flag ceremony at the Pearl Harbor Visitor Center. Each month, civilians and military personnel join together to render honors during the ceremony.

Pacific Partnership hosts opening ceremony in Solomon Islands

**Pacific Partnership
Public Affairs**

HONIARA, Guadalcanal —Building and sustaining relationships was the underlying theme of the opening ceremony of the Pacific Partnership 2015 mission in Solomon Islands, July 13.

The Military Sealift Command’s joint high speed vessel USNS Millinocket (JHSV 3) is in the Solomon Islands as part of the PP15 mission.

“The relationship between our two countries goes back since the Second World War,” said Solomon Islands Prime Minister Manasseh Sogavare. “I acknowledge the courage and bravery of allied troops along with the local scouts and coast watchers. They fought side by side for a more peaceful world in which their younger generations could grow and prosper.”

“I believe that the values and principles for which they fought are ones that our people in the present age also aspire to live under. In this connection, I continue to acknowledge the United States for continuing to make the world a better place to live,” Sogavare said.

Further emphasizing the long-standing relationship the two countries have shared, Walter North, U.S. ambassador to the Solomon Islands, spoke to the people of the Solomon Islands about the shared issues both nations face.

“Solomon Islands and the United States have enjoyed a close relationship since your independence in 1978,” said North. “Our two nations

U.S. Marine Corps photo by combat correspondent Sgt. James Gulliver
Commodore, Task Force Forager Capt. James Meyer delivers remarks during the July 13 opening ceremony for Pacific Partnership 2015 in the Solomon Islands.

have grown closer in recent years, working together on issues such as adapting to the impacts of climate change, combating deforestation and rural poverty, and spurring economic development.”

North also noted he is excited the Solomon Islands is hosting Pacific Partnership 2015 because it allows for further collaboration on disaster response preparedness.

“This year, Pacific Partnership 2015 continues the annual deployment of United States Pacific Fleet forces in cooperation with regional governments, partner military forces, humanitarian, and non-government organizations,” said North.

“Besides providing medical and humanitarian assistance, Pacific Partnership’s overarching goal is to improve the interoperability of the region’s military forces, governments, and humanitarian organizations during disaster relief operations,” he said.

Millinocket and embarked Task Force Forager, led by an expeditionary command element from the Navy’s 30th Naval Construction Regiment (30 NCR) from Port Hueneme, Calif., are currently serving as the secondary platform for Pacific Partnership 2015. The primary platform for the mission is the Military Sealift Command hospital ship USNS Mercy (T-AH 19).



Pearl Harbor Navy Exchange is one of 2014 Bingham Award winners

Navy Exchange Service Command

The Navy Exchange at Joint Base Pearl Harbor-Hickam is runner-up in the category of sales above \$85 million for the 2015 Bingham Award, according to an announcement made by the Navy Exchange Service Command (NEXCOM).

The Bingham Award is presented to the best of the best NEXs in nine sales categories for overall financial results and customer service.

“Winners of the Bingham Award exemplify the true spirit, dedication and professionalism of all our associates and management teams,” said Retired Navy Rear Adm. Robert J. Bianchi, chief executive officer, NEXCOM.

“The Bingham Award recognizes our stores for work they do throughout the year in support of our customers. By design, this award is presented to both the NEX and the local Navy command to recognize their partnership and dedication in supporting the quality of life of our military members and their families,” Bianchi said.

The winner in the category for sales above \$85 million was Naval Base Guam.

Other winners and runners-up of the 2014 Bingham Award are:

Sales \$36 - \$85 million

Winner, Naval Support Activity Naples, Italy; runners up, Naval Station Mayport,

Fla. and Naval Station Guantanamo Bay, Cuba.

Sales \$23 - \$36 million

Winner, Naval Station Rota, Spain; runners up, CFA Sasebo, Japan and Naval Station Everett, Wash.

Sales \$14 - \$23 million

Winner, Naval Support Activity Norfolk Naval Shipyard, Portsmouth, Va.; runner up, Naval Air Station Sigonella, Italy.

Sales \$7 - \$14 million

Winner, Naval Air Station Key West, Fla.; runner up, Naval Base Ventura County, Point Mugu, Calif.

Sales \$3 - \$7 million

Winner, Naval Air Station Fallon, Nev.; runners up, Navy Region Center, Singapore and NSAHR Portsmouth Annex Navy Exchange, Portsmouth, Va.

Sales \$1.4 - \$3 million

Winner, Navy Exchange Hario, Japan; runner up, Navy Shipyard Portsmouth, N.H.

Sales \$700,000 - \$1.4 million

Winner, Naval Support Facility, Indian Head, Md.; runner up, Naval Support Activity, Mechanicsburg, Pa.

Sales \$85,000 - \$700,000

Winner, SCSC Wallops Island Navy Exchange, Va.; runner up: Naval Support Activity Gaeta, Italy.

The Bingham Awards will be presented during local ceremonies to be determined at a later date.

Blood drive to be held July 28 at NEX

Armed Services Blood Program

An Armed Services Blood Program (ASBP) drive will be held from 11 a.m. to 3 p.m. July 28 at Pearl Harbor Navy Exchange (NEX) main entrance.

The Tripler Armed Services Blood Program will hold the drive to help support ill or injured service members, veterans and their families worldwide.

All blood types are needed, although types O and AB are in the most demand. A free T-shirt will be provided with every donation.

There are a few basic requirements that must be met in order to donate blood with the ASBP. In general, donors must:

- Have not donated blood previously within the last eight weeks.
- Weigh at least 110 pounds.
- Be at least 17 years of age.
- Have been feeling well for at least three days prior to donating.

- Be well hydrated and have eaten something prior to donating.

- Have picture ID and know when/where you have traveled.

- Be able to list the types of medications currently being taken.

All donations made will directly support Tripler Army Medical Center and deployed service members.

The Tripler Blood Donor Center is one of more than 20 ASBP blood donor centers worldwide. The ASBP is the official military blood program of the United States and provides a direct connection between those who give and military service members in need of lifesaving blood.

A video from the Armed Services Blood Program is available at <https://www.youtube.com/watch?v=uoz14-KRq0w>

For more information, call Michelle Lele-Himalaya at 433-6699 or email michelle.lele.civ@mail.mil.

HO'OKELE

Life & Leisure

Photo Illustration



Joint Base Pearl Harbor-Hickam Teen Center photo by Randall Cayco



Joint Base Pearl Harbor-Hickam Teen Center photo by Zachary Pigott

Teen summer campers explore Oahu

Joint Base Pearl Harbor-Hickam Teen Center photo by Randall Cayco

(Above right) A camper swims at Waimea bay. (Above left) Staff and campers fly through the air via parasail. (Left) Campers enjoy the sun at Bellows Beach.

Olivia Mills

Contributing Writer
Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Upon winning the Navy Teen Summer Camp Scholarship Program contest, teenagers of military families from other areas arrived on Oahu for a recent summer camp with feelings of excitement, apprehension and uncertainty.

A majority of the teens in the program, held from June 12-26, arrived from Japan or places on the mainland such as Virginia, California, South Dakota and Texas. The contest selects military children worldwide and grants them opportunities to vacation to various sites and explore the culture.

The program is open to youth ages 13 to 17 who are family members of active duty at Navy-operated bases. The camp is overseen by the Commander, Naval Installations Command Child and Youth Program. It is intended to improve Navy teens' sense of a "Navy teen community" and provide them with opportunities and exposure to educational/recreational activities.

This year, there were six camp locations: Hawaii, Florida, Italy, Japan, Maryland and Rota. The winners were chosen depending on how they answered the questions, "Why do you want to go to this camp, and how will it benefit you?" and "How has being a military family affected you?"

"Work hard on your essays because this camp is so much fun. It's the experience of a lifetime," advised Kiana Boulanger, one of the teens in the camp.

Many of the participants had never been to Hawaii, traveled alone, or met another group of military children in the same situation as them. This program, however, allowed these teens to experience all of that.

The staff at the Makai Recreation Center at Joint Base Pearl Harbor-Hickam welcomed the winners and helped to get them settled. Shortly after, the teens began a series of island adventures that both excited and inspired them. This was a life-changing moment for them. After the two-week vacation, they had connected with people like them and gained new friends.

The main theme of the camp was hiking and outdoor activities. Adventures included horseback riding, visiting the USS Arizona Memorial, exploring a pirate ship, hiking up 2,000 steps on a Koko Head hike, and learning to surf for

the first time. They also explored Bellows Beach and Waimea and went shopping in malls and local stores. Many of the teens called parasailing their favorite activity of the camp.

"The fact that it was mainly centered around these types of activities united people with the same interest," said Neil Goodwin, one of the teens.

MWR staff helped the teens get the most out of their trip. According to MWR staff, they wanted to keep the atmosphere fun and welcoming, so the teens would feel encouraged to work hard in their games.

The Koko Head hike was not only exercise but also a team-building experience. Some of the athletes of the group sprinted up and cheered their friends on from the top. Others lingered near the bottom and middle to support climbers who had never hiked before.

After the tough hike, the crew went to a local restaurant to look out onto the ocean and savor some food and drink. Quickly afterwards, they set out for their next site, the pirate ship tour. The group moved from one activity to the next, and while it was a lot to take in, the teenagers said they were excited to experience the next new adventure.

Surfing lessons at White Plains Beach were a highlight for many of the visitors. Surfing is an activity common in regions like Hawaii, so kids who did not live by an ocean considered this a treat.

The surf instructor guided the newcomers through basic maneuvers and exercises. The group was divided into smaller groups, and they took turns paddling out to sea and then riding the incoming wave. The teenagers couldn't get enough of the water.

"I'm going to surf my heart out," remarked one girl as she prepared to go back to the waves.

Between each event, the teenagers laughed and ate meals together, making many new friends.

When the camp ended, the new friends parted. It was an emotional moment for teens as they left the camp. Almost all of the teens said the most memorable part of the trip as a whole was the friendships they had made.

The teenagers said they want to bring back the spirit of aloha and friendship when they return to their homes. They added that they hope they can introduce the personality of Hawaii to places on the mainland, especially for other military kids.

(Olivia Mills, a teen summer hire with Joint Base MWR, spoke with teens chosen for the recent Navy Teen Summer Camp, and accompanied them on some of the activities.)



MWR Marketing photo by Reid Kagemoto

The pillbox hike at Lanikai featured a setting sun which cast light over all of the land around the hikers.



MWR Marketing photo by Reid Kagemoto

This teenager feels the thrill of surfing.



MWR Marketing photo by Olivia Mills

The surf instructor led the campers in a race to warm up before their surfing.



MWR Marketing photo by Reid Kagemoto

The hikers were rewarded with a picturesque sunset.



MWR Marketing photo by Cherise Castro

Campers ride through Kualoa Ranch on horseback.

Defending champs HIANG too tough for 690th COS

**Story and photo by
Randy Dela Cruz**

Sports Editor, Ho'okele

Both teams entered their Blue Division showdown with identical 2-0 records, but in the end, Hawaii Air National Guard (HIANG) proved that they are still the team to beat by getting past the 690th Cyberspace Operations Squadron (690 COS) in straight sets, 25-9 and 25-20, on July 9 in an intramural volleyball game at Hickam Fitness Center, Joint Base Pearl Harbor-Hickam.

After missing out on the finals for the first time in 10 seasons three years ago, the HIANG came back with a vengeance to claim the last two crowns in back-to-back fashion.

With the new season barely two games old, the HIANG, led by veteran hitters, Tech. Sgt. Stephen Lorenzo and Staff Sgt. AlanMichael Warner, appear as tough as ever and came through their first test of the season with flying colors in dismantling the 690 COS.

Damage Controlman 1st Class Dorothy Keeler was picked up from the player's pool

and is a first-year member of the HIANG.

She said that she wasn't aware of the team's perennial trips to the championship round but is quickly learning about its legacy.

"Thankfully, they picked me up," she said. "I'll try my best, but they're all really great though. I'm having fun and that is all that really matters."

In the first set, a kill by the 6-foot-10-inch Airman 1st Class Theryn Hudson foretold of a back-and-forth battle that was worthy of the division's top two teams.

Instead, the experience of the HIANG quickly put the defending champs in the driver's seat.

Two kills by Navy Lt. Chuck Wood and a couple of blocks by HIANG veteran Tech. Sgt. Stephen Lorenzo led to an 8-0 run and a 10-2 advantage.

Later, Keeler led a three-point rally from service that included an ace to put the HIANG up by a dozen at 19-7, which secured the team's win in the first set.

"Serving is always the key," Keeler said. "Service and passing are the most important things, and consistency."

While the HIANG picked up right where they left off heading into the second set, the 690 COS, which was playing without hitter 6-foot-6-inch Senior Airman Demetrius Harvey, fought back and refused to back down.

After falling behind by as much as seven points, the 690 COS rallied twice to shrink the lead down to three.

The first time, the 690 COS followed the service of Senior Airman Jamille Henry to pick up four straight points to make it an 18-15 game.

Henry said that better concentration by her and her teammates kept the 690 COS in the second set.

"We instilled the faith that we could win the game," Henry said about the team's comeback. "But they (HIANG) are a really tough team. They play really good. If we could block stronger, that would really help if we play them again."

Henry also admitted that the team was hurt without having Harvey on the court.

Although this was only the third game of the season for both squads, Keeler said that any time you can get past a



Hawaii Air National Guard (HIANG) Staff Sgt. AlanMichael Warner goes up for a kill during the team's straight-set win over 690th Cyberspace Operations Squadron (690 COS).

solid team, it's always a good thing.

Beating the 690 COS can only make the HIANG better, said Keeler, and that will go a long way toward getting their

third title in a row.

"They (690 COS) were really good," she said. "I guess this makes us better. This is my last year on the islands, so I'm going out with a bang."

My Favorite Photo...

Do you enjoy taking pictures and have a favorite photo? Would you like to see it featured in Ho'okele? Here is your opportunity.

Your favorite photo can be just about anything, but keep in mind that it should be in good taste.

We aren't looking for posed family shots, but action and candid shots of family members and pets are fine. If you have a photo that you think is interesting and creative, here is your chance to see it published.

Photo submissions will be reviewed

by Ho'okele editors who will determine if and when they will run in the newspaper.

Along with your photo, please send a little bit of information about the photo, such as where it was taken or any interesting details. Also include the name of the photographer and contact information.

Please send your photos to editor@hookelenews.com and Don Robbins, editor, at drobbins@hookelenews.com. Brush up on your photography skills. Ready, set, shoot!



Historians to speak at Pearl Harbor Visitor Center tonight

Historians Justin Vance of Hawaii Pacific University and Anita Manning of Bishop Museum, contributing authors to the book "Asians and Pacific Islanders and the Civil War," will be the featured guests at a free After Dark in the Park event beginning at 6 p.m. today at the Pearl Harbor Visitor Center.

Daniel Martinez, park chief historian, will moderate a discussion on Pacific Islanders and their military service in the U.S. Civil War, as part of the book's launch in Hawaii.

Gates open at 5:45 p.m. Civil War re-enactors will also be on hand. The event is free and open to the community. No bags are allowed in the visitor center.

The program will also be made available via live stream at <http://tinyurl.com/PacificIslandersCivilWar>.

For more information, call Emily Pruett at Pearl Harbor Visitor Center at 753-4428 or email epruett@pacifichistoriparks.org.



HO'OKELE Online

PEARL HARBOR - HICKAM NEWS

<http://www.hookelenews.com> or <https://www.cnic.navy.mil/hawaii>

Khaos rally to hand Wahine Koa first loss of season

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

Since the start of the new season, the defending champs Wahine Koa women's flag football team has had their way with the rest of the squads in the Hawaii's Finest Flag Football (HF3).

After picking up their sixth straight win against no defeats with a 34-0 romp over the Wardaws in the first game of a doubleheader, the Wahine Koa, which started off as the Navy Sharks four seasons ago, suffered their first defeat of the year after being stopped by Khaos, 14-12, on July 11 at Manana Community Park in Pearl City.

Although Wahine Koa is still in the league's driver's seat with a record of 6-1, the loss to Khaos has now put a repeat performance in serious jeopardy.

The Wahine Koa was a member of an all-military women's flag football league that started back in 2011 under the leadership of then-Hospital Corpsman 3rd



Staff Sgt. Jenna Martin of Khaos steps in front of Staff Sgt. April Kelley to pick off a pass.

Class Eustacia Joseph.

Since being shuffled through four different leagues over the years, the teams, while still heavily stocked with military personnel from Joint Base Pearl Harbor-Hickam, Marine Corps Base Hawaii and Schofield Barracks, have now evolved to include civilians from around the various communities.

Although the Wahine Koa just finished up their game with the Kaneohe-based Wardaws, the team showed no signs of slowing up against Khaos — especially early in the first half.

On the first play from the line of scrimmage, Koa quarterback Aubrey Kiemnec connected on a pass to Dee Hawkins, wife of Lt.j.g. Gennaro Hawkins, that placed the ball on the Khaos 24.

Kiemnec finished off the drive with back-to-

back completions to Staff Sgt. April Kelley for a touchdown and 6-0 lead.

With the Wahine Koa now on defense, the team got a big break when Spc. Tiera Bamore picked off a pass from Khaos quarterback Staff Sgt. Jenna Martin at the Koa 21-yard line.

After a misfire, Kiemnec followed up with a short completion into the hands of Sabrina Gonzalez on a slant to the middle.

Gonzalez turned it up field and cruised all the way downfield and into the end zone for a 12-0 lead.

However, just before halftime, Khaos responded with a five-play drive to pay dirt that, with the two-point conversion, made it 12-8.

Quarterback Martin connected with a leaping Spc. Chalyn Hosea, who stretched out at the top and came down with the ball.

Khaos head coach Sgt. Lonnie Robins said that the touchdown just before halftime may have been the turning point of the game.

"That gave our defense life," Robins said. "And so we went out there and shut them out in

the second half."

On the team's first drive after halftime, Khaos completed the comeback on a scoring pass from Martin to Spc. Kodie Robins, who made the catch and cut through the right corner of the end zone for the go-ahead touchdown.

From that point on, the Khaos defense stepped up to lock down the win.

"They (the defense) know how to make adjustments on the field, said Khaos defensive coordinator Spc. Pedro Cruz. "We just call the plays to them and they know where to be."

Following the game, Robins said that the win not only shows how much Khaos has improved, but also how they have the potential to go all the way.

"We're expecting to go undefeated the rest of the way," he admitted. "I told everybody that we won't have a full team until week four. Since week four, we've gone 4-1. I let the girls know that we're here now."

(For more information about the HF3, contact league owner Mike Todd at 782-4347.)

Champion Volcanoes finish off Pearl City Paniolos

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

In a game that had all of the makings of an Army versus Navy clash, the Honolulu Volcanoes topped off a miraculous season by beating the Pearl City Paniolos, 19-8, to capture the 2015 Hawaii Gridiron League tackle football championship on July 12 at St. Louis High School in Honolulu.

Both teams are stocked with numerous active-duty military members with many of the players on the Paniolos, such as Ensign Nick Morahan, Aviation Boatswain's Mate (Equipment) 2nd Class Isaac Atkins, Gunner's Mate 1st Class Jarae Thurmond and Chief Master-at-Arms James Jones, serving commands at Joint Base Pearl Harbor-Hickam.

Meanwhile, the Volcanoes have a lineup that is stocked full of active-duty Army personnel with players such as Spc. Kirk Balter and Spc. Chris McCutchin playing big roles for the squad.

While both teams got off to solid starts in the championship showdown, it was

the Volcanoes who came up with enough big plays to walk off with the title trophy.

The Volcanoes received the opening kickoff and behind the workhorse-like effort of running back Apelu Soalo, managed to punch the ball over the goal line from 62 yards out on eight plays to take a 7-0 lead after the touchdown and extra point.

Not to be undone by the Volcanoes, the Paniolos unleashed a potent ground game of their own with Jones getting the bulk of the work.

Jones carried the ball four times and picked up 17 yards in helping the Paniolos penetrate the Volcanoes red zone down to the nine yards.

From there, Maurice Melton finished off the drive with a plunge into the end zone for six points before the team added a two-point conversion to take an 8-7 advantage, which stood up through halftime.

In the second half, the Volcanoes tightened up their defense and really began to put the squeeze on the Paniolos.

After a quick four-and-out by the Paniolos, the

Volcanoes got the ball back at their own 38-yard line.

Following the team's success on the ground on their first drive of the game, Iu decided to take the ball over the top and take advantage of the Paniolos defense, which was now packing the box to stop the run.

A pass to Daniel Fidow set down the ball on the Paniolos 38 and, after Soalo was stopped for no gain, Iu found Balter all alone down the right side line for a touchdown and a 13-8 lead.

"That really helped us a lot," Iu said about starting off with an effective ground game. "Coming into the game, we knew that we needed to run the ball. You know that running the ball makes everything easy on offense."

Finally, with the game still in reach for the Paniolos, the Volcanoes pulled out a trick play that may have broken the Paniolos' will and back.

With time winding down and the ball resting at the Paniolos 36, Iu threw a quick outlet to the sideline to Fidow, who turned up field and hoisted a bomb into the arms of a wide open Spc. Chris Mc-



Honolulu Volcanoes running back Apelu Soalo bursts between two defenders to score the first touchdown of the game.

Cutchin, who made the grab and streaked past the defense for the game winner.

"It's funny because me and Daniel coach in a junior prep football league," Iu said. "We run that play and it always works in our league. I figured, this is the championship game, lets go out with a bang, and it worked."

Jones said that the Pan-

iolos were feeling pretty good after finishing off their first drive with a score, but as the game wore on, the team just couldn't adjust fast enough.

"I think bringing the pressure is what kind of changed the dynamics of the game," Jones admitted. "They (Volcanoes) brought it and did what they were supposed to do."

For league owner and head coach of the Volcanoes Darrick Branch, winning the championship might have been the sweetest victory in a storied career that started with the University of Hawaii in 1992.

Branch said that this year's Volcanoes lost their first four games of the season before turning things around.

However, more than adding another title to his resume, Branch said his post-football role as community bridge builder far exceeds anything that he has done on the field.

"We always talk about the magic of sports," he stated. "No matter what's going on, no matter if communities haven't gotten along in the past, you put on these shoulder pads and play between these lines and all of that is gone. It's about respect for each other. That's what it's all about. We want to build these relationships with the communities."

Window on



Joint Base Pearl Harbor-Hickam

karen.spangler@navy.mil

It's a different time, time to lock doors

Karen S. Spangler

Managing Editor, Ho'okele

I have many memories of growing up and reaching adulthood in a small town in a rural area of northwestern Pennsylvania. One of the things that I remember is the total lack of concern we had for locking up anything. And we never worried that anything would happen to it.

Most people left their cars unlocked and windows down. The biggest fear was that it would rain overnight and if your windows were open, you would have to sit on soggy seats until the sun dried them out. People even left their keys in the ignition!

And nobody locked the doors to their houses. They left their doors unlocked while they made a trip to the grocery store, or to enjoy a movie, without any concerns for the safety of their belongings. When my family and I visited my mother-in-law, who lived several hours away, we knew that even if she was working (she worked shift work), the doors to the house would be unlocked and we would be able to get into the house.

Those of you who are older may remember those times. It was a time of trust and innocence. And that brings me to the present day.

Unfortunately, we no longer live in that time when we can trust everyone to do the right thing, when we can rely on the honesty of others, when we can feel that our stuff is always safe and protected—even without locks and keys and fences and alarms.

In this day and age, it is important to constantly be aware and to always exercise our own personal responsibility in taking care of our own stuff. This holds true whether we live in a military community or in a civilian community.

Through the years that I have lived here in Hawaii, there have always been some fairly common occurrences with regard to thefts. Most have occurred—and I point out here that I am saying "most" and not "all"—have happened when belongings were left where they could easily be taken.

The other frequent occurrence was that such incidents were perpetrated by people living within that community. That

means that security, gate guards, fences, whatever, would not have been a deterrent to those incidents—because the people who did the crimes were already there.

And unfortunately, there were quite a few crimes that were committed by kids in those neighborhoods—kids with some free time, kids who had an opportunity, and who may not have had well-developed impulse control.

I know it's hard to think that people who live in our own community could stoop to such a low level and steal our stuff, but it's a fact of life. And we know that some people have a really hard time resisting temptation when it is put right in front of them. That's just reality. Maybe they didn't intend to steal a purse from the front seat of the car, but there it was, and the door wasn't locked or the window was down. It was "easy pickins."

Perhaps valuable items were left in an unlocked car while the owner made a "quick trip" into the house. Or maybe the garage door stood open and there was an expensive mountain bike just sitting there—an open invitation to someone to take it and run.

I'm not saying it's right. But it is part of the world we live in. So what can we do? What we can do—and have to do—is to take personal responsibility for our stuff. We can't leave purses and wallets and cash and laptops in plain sight in an unlocked car (or a locked car with the windows rolled down).

We can't leave the doors to our homes unlocked and hope that someone won't violate our personal space. We simply can't trust others—especially those we don't know very well—to respect our belongings and to be able to resist temptation, to do the right thing.

What we can do to help, in addition to taking care of our stuff, is to be aware of anyone in our communities who we don't know, or anyone who is behaving in a suspicious way. We can look out for our friends and neighbors.

Another way to help protect our belongings is to work with security personnel and law enforcement to form neighborhood/crime watch groups. Those can go a long way to deter crime.

(More helpful information and tips on preventing crime was published on pages A-1 and A-7 of the July 10 edition of Ho'okele.)

STORY IDEAS?

Contact the Ho'okele editor for guidelines and story/photo submission requirements

Phone:
(808) 473-2890

or email:
editor@hookelenews.com

WHO'okele

‘Power up’ for Hickam Super Hero 10K Run

Helen Ko

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

The Super Hero 10K run will begin at 8 a.m. July 25 at the Hickam Fitness Center.

Runners and walkers can dress up in their favorite super hero costume for the event.

A costume is not required, but organizers said that it’s a fun way for participants, especially families, to enjoy the run/walk.

Sign ups for the run are taken on the day of the event and it is free to participate.

“This themed run came up due to the current popularity in super hero movies, games and adventures, so we thought it would be a fun idea to incorporate it into one of our runs. The Hickam community is very responsive to the themed runs,” said Dawn Pierce, Hickam Fitness

Center manager.

Awards will be provided to first place winners in each of the following categories: men’s, women’s, youth boys, youth girls, men’s and women’s stroller, best super hero costume.

This is the final run in preparation for the ninth annual Hickam Half Marathon on Aug. 22. The fitness center held 6k and 8k runs earlier in the year, which had an attendance of approximately 120-150 runners each. Pierce is hoping to receive even more participants this time around.

“We want people to know you can be a DC Comic super hero, a Marvel super hero or maybe you have a super hero in your family or community, so please come out and enjoy the run,” Pierce said.

(For more information, visit greatlifehawaii.com or call 448-2214.)



MWR Marketing photo

MWR ‘Paint & Sip’ activity to expand

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Those looking for a way to discover their creative side, or perhaps just a fun evening activity to do with friends, will soon have more chances to indulge in a popular Joint Base Morale, Welfare and Recreation activity.

Beginning in August, Paint & Sip at the Historic Hickam Officers’ Club will be held every Wednesday.

Paint & Sip is held from 5:30 to 8:30 p.m. Wednesdays and is open to all ranks. The cost is \$40 and includes all art supplies.

Food and beverages are available for purchase from the Koa Lounge.

Paint & Sip is a social event where attendees get informal instruction on painting while also enjoying food and beverages. The activity has grown in popularity and attendance since beginning in December of 2014. Up until July, the event was held twice a month.

“Paint & Sip is going weekly to keep up with demand,” said Victoria Ledford, instructor. “These fun and informative painting sessions have been so popular that going weekly seemed the appropriate thing to do. The request had been mentioned for some time.”

Ledford brings a painting to each session and guides patrons through the process of creating their own version. Now that it’s weekly, she says the paintings will be a mix of new subjects and some popular ones returning for those who may



MWR Marketing photo

Patrons take part in a recent Paint & Sip session. The activity is open to all ranks and will be held every Wednesday beginning in August.

have missed it the first time around.

“Popular favorites will be repeated, but new scenes are going to keep things fresh,” said Ledford.

Samples of upcoming paintings are on view at the Joint Base Pearl Harbor-Hickam Arts & Crafts Center, where registration takes place.

Repeat customers are evidence of the popularity of Paint & Sip. Ledford said customers tell her they surprised themselves with their finished paintings.

“I love seeing new attendees discover their abilities and repeat painters improve. I truly love every piece of art people produce,” said Ledford.

She added that conducting the sessions has also improved her own skills as both an artist and instructor.

(For more information and to sign up, call the Joint Base Pearl Harbor-Hickam Arts & Crafts Center at 448-9907, ext. 103 or visit www.greatlifehawaii.com.)

Your Weekly Fun with MWR

Visit www.greatlifehawaii.com or subscribe to MWR’s digital magazine Great Life Hawaii.



Free Golf Clinic will begin at 9:15 a.m. Saturday at Barbers Point Golf Course. FMI: 682-1911.

Pre-Teen Brunch-In will be held from 10 a.m. to 1 p.m. Saturday at Makai Recreation Center for ages 9 to 12 years old. The cost is \$5. FMI: 448-0418.

\$1.50 Mondays will be held from 5 to 9 p.m. July 20 at the bowling center on the Pearl Harbor side of Joint Base. Bowling

games, shoe rental and hot dogs are \$1.50 each. FMI: 473-2574.

Family Night: Americana will be held from 5:30 to 8 p.m. July 21 at the Joint Base Pearl Harbor-Hickam Teen Center. Families of teens ages 13–18 years old are invited to the center. New families of teens are welcome. This is a free event. FMI: 448-0418.

Mongolian Barbeque will be offered from 5:30 to 8 p.m. July 23 on the lanai of the Historic

Hickam Officers’ Club. A variety of meats, vegetables and sauces will be available. Rice, noodles, soup, beverages and fortune cookies are included. FMI: 448-4608.

Spearfishing Excursion will begin at 9 a.m. July 25 at the MWR Outdoor Recreation-Hickam Harbor. Participants need to have taken the “Learn to Spearfish” course to participate, as the skills needed for this activity can be moderate to difficult. The cost

is \$20. The sign-up deadline is July 23. FMI: 449-5215.

Snorkeling at Sharks Cove will begin at 9 a.m. July 25 at the MWR Outdoor Adventure Center-Fleet Store. Participants can explore the tide pools and swim with the turtles. The cost is \$20. The sign-up deadline is July 23. FMI: 473-1198.

Junior Golf Clinic will begin at 1 p.m. July 25 at Mamala Bay Golf Course. Golf pros will be avail-

able to offer tips for junior golfers. This event is free. FMI: 449-2304.

Learn to Surf at Hickam Harbor will begin at 9 a.m. July 26 at the MWR Outdoor Recreation-Hickam Harbor. The instructors will familiarize participants with techniques, gear, etiquette and methods on how to surf. Participants need to be able to swim without a lifejacket. The cost is \$30. The sign-up deadline is July 23. FMI: 449-5215.

Community Calendar

JULY

O’MALLEY BOULEVARD CONSTRUCTION NOW THROUGH JULY 30— From 1:30 to 8 p.m. daily, construction will be ongoing on the left-hand out-bound lane (nearest the guard post) on O’Malley Boulevard, with traffic controls on O’Malley Boulevard. Traffic will be directed away from the guard post. All personnel should plan accordingly and be cautious.

BLOOD DRIVE TODAY — A blood drive will be held from 9 a.m. to 1 p.m. at the Pearl Harbor Naval Shipyard, building 2. FMI: 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

LUAU, SHOW WITH LIBERTY 18 —A luau and show with Liberty will be held at the Polynesian Cultural Center. The cost is \$20. Transportation will leave from Liberty Express at 3 p.m., Beeman Center at 2 p.m., Instant Liberty at 2:15 p.m. and Makai at 2:30 p.m. Dinner starts at 6:30 p.m. and participants will return at about 10 p.m. The event is open to single, active-duty military from E1 to E6 only. FMI: 473-2583.

FREE MOVIES, POPCORN 20, 22 — Free movies and popcorn will be offered on Mondays and Wednesdays at 4 p.m. at Turtle Cove. The movies include “Project Almanac” (PG) on July 20 and “The SpongeBob Movie: Sponge Out of Water” (PG) on July 22. The events are open to active duty personnel, military retirees, Reservists, National Guard members, current and retired Department of Defense civilian employees with an authorized ID card and their families. FMI: www.bellowsafs.com.

RAISING FINANCIALLY FIT KIDS 21 — A Raising Financially Fit Kids class will be held from 10 a.m. to noon at Military and Family Support Center Pearl Harbor. The class will discuss the pros

and cons of giving kids allowances, regular savings and providing debit cards to children. FMI: 474-1999 or www.greatlifehawaii.com.

SAPR TRAINING 21, 22, 28 — Base-wide Sexual Assault Prevention and Response (SAPR) training will be conducted at the Hickam Memorial Theater at 9 a.m. and 2 p.m. July 21 and at 2 p.m. July 22 and 28. All military personnel assigned to Joint Base Pearl Harbor-Hickam are required to attend one of the four training sessions.

EFMP MEET AND GREET 23 — An Exceptional Family Member Program (EFMP) meet and greet event will be held from 10 a.m. to noon at Military and Family Support Center Pearl Harbor. The event is open to current enrollees and military community members who would like to learn more. FMI: 474-1999 or www.greatlifehawaii.com.

EARHART BIRTHDAY CELEBRATION 24 — Pacific Aviation Museum Pearl Harbor will celebrate famous aviatrix Amelia Earhart’s 118th birthday with a “Happy Birthday, Amelia!” party from 8 a.m. to 5 p.m., offering free admission to visitors dressed in period aviation costumes. Free admission will also apply to accompanying family members. The event will include an all ages “Amelia look-alike” costume contest with judging at 1 p.m. FMI: www.pacificaviationmuseum.org or 441-1000.

AUGUST

OPERATION HELE ON 21 — Operation Hele On will be held from 7:30 a.m. to 3:30 p.m. Aug. 21 at Club Pearl, Joint Base Pearl Harbor-Hickam. Operation Hele On is a mock deployment event for children ages 8-14. The deadline to apply is July 24. FMI: FMI: 474-1999 or www.greatlifehawaii.com.



TOMORROWLAND (PG)

Bound by a shared destiny, a teen bursting with scientific curiosity and a former boy-genius inventor embark on a mission to unearth the secrets of a place somewhere in time and space that exists in their collective memory.

Movie Showtimes

SHARKEY THEATER
TODAY 7/17
7:00 PM Inside Out (3-D)
SATURDAY 7/18
2:30 PM Tomorrowland (PG)
7:00 PM Sneak Preview: Southpaw (R)
SUNDAY 7/19
2:30 PM Inside Out (PG)
4:40 PM Jurassic World (PG-13)
7:10 PM Dope (R)
THURSDAY 7/23
7:00 PM Dope (R)

HICKAM MEMORIAL THEATER
TODAY 7/17
6:00 PM Jurassic World (PG-13)
SATURDAY 7/18
4:00 PM Aloha (PG-13)
7:00 PM Jurassic World (PG-13)
SUNDAY 7/19
2:00 PM Tomorrowland (PG)
THURSDAY 7/23
7:00 PM Insidious Chapter 3 (PG-13)