

# DESERT EAGLE

Volume 10, Issue 13  
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379th EAES  
provides MEDEVAC



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Volume 10, Issue 13

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All photographs are Air Force photographs unless otherwise indicated.

Commentaries and Warriors of the Week are scheduled according to a squadron rotation. Unit commanders and first sergeants are the points of contact for submissions.

For more information, call 436-0107.



A patient talks to Tech. Sgt. Andrew Schauble (center) and Master Sgt. Drew McCabe (right) before he deplanes at his destination March 17. Sergeants McCabe and Schauble are 379th Expeditionary Aeromedical Evacuation Squadron technicians. (U.S. Air Force photo by Senior Airman Kasey Zickmund)

## French Fries, Airmen and Excellence

By Chief Master Sgt. Mark Vilella  
USAFCENT Command Chief

In December 2009 I took over as the U.S. Air Forces Central command chief, and since then I've traveled all over the AOR visiting our great Airmen. I've talked with them in their work environment whether it be in an office, on the flightline launching aircraft, guarding resources, or working with our joint and coalition partners. It is during these travels that I've discovered a french fries, Airmen, and excellence relationship.

If you've ever experienced hot french fries, you quickly realize you just can't get enough. This is exactly what our joint and coalition partners are experiencing with our Airmen.

Airmen are so good and are able to adapt to whatever mission is assigned, our Joint Expeditionary Taskings have increased steadily to more than 1,800. Our partners know we will get the mission accomplished.

We have personnel conducting outside-the-wire missions, staffing Joint Operation Center staff positions, conducting convoy operations, performing life-saving skills, partnering with Afghan and Iraqi personnel and a host of other taskings. It is our ability to accomplish missions like these that make us a tasty choice.

Additionally, our nation and partners are counting on us for the president-directed, responsible drawdown in Iraq and plus-up in Afghanistan. We will provide an air armada transporting six Army combat brigades out of Iraq and flow 30,000 personnel into Afghanistan. This doesn't include the daily delivery of life-saving MRAP and M-ATV vehicles.

These actions don't occur without

Airmen at all levels supporting the mission. Some Airmen will be at the tip of the spear and some will be on the handle, but irrespective of their relationship on the spear, a spear isn't a weapon without the sum.

To make a successful close air support mission, a lot of contact time between Airmen is required. Someone has to request the mission; receive and validate the request, and approve the mission; flow the tasking; build and check the bomb; load and fuel the aircraft; fly the aircraft; clear airspace; provide intelligence; and control the entire operation.

Those are just some of the main links. There are many other links in this chain that aren't portrayed, but without an Airman in every link, this mission wouldn't occur.

When asked how our Airmen are performing, my answer is always easy because "Excellence is our Standard." We are doing amazing things and we will continue to do more.

When I talk with leaders and friends from other services, they have nothing but praise for the level of support and excellence we're providing to the joint fight.

The plus-up and drawdown will pose additional challenges, or as I'd like to say, opportunities for our Airmen. It is these opportunities that will enable us to grow and learn both individually and professionally.

Our standards will not waiver during these opportunities as excellence is one of our core values.

I'm proud to be serving our great nation, Air Force and USAFCENT family. And I'm honored to serve alongside our brave deployed Airmen who are as sought after as french fries.



## Commander's Action Line

- The Action Line is your direct link to Brig. Gen. Stephen Wilson, 379th Air Expeditionary Wing commander.
- Use it if you have questions or comments about the base that cannot be resolved by your chain of command or base agencies.
- Each question will be reviewed, answered and may be published on a case-by-case basis. E-mail [379aewactionline@auab.afcent.af.mil](mailto:379aewactionline@auab.afcent.af.mil).

# Safety Snapshot



**Who's the dummy now?**

**Wear your reflective belt.**



U.S. Army photo/Private 1st Class Tara Cook

**Lt. Col. Douglas Waddingham, 3rd Battalion, 43rd Air Defense Artillery commander, along with Command Sgt. Maj. Foua Uini, uncase their battalion colors here, March 9. During a transfer of authority ceremony. The 3-43 ADA, headquartered at Fort Bliss, Texas, officially assumed command of the 1st Battalion, 43rd Air Defense Artillery's former area of responsibility.**

## Fire Fighter Games

The Fire and Emergency Services Flight invites members to participate in Fire Fighter Games April 10. Individuals and 4-person teams, one member of which must be female, will compete against one another in events such as a fire truck pull, bucket brigade, hose jousting and the fire fighter obstacle course. The top three winners in each event will be invited to challenge the Fire and Emergency Services Flight in head-to-head competition. The games will be followed by a BBQ and music. Prizes will be awarded to the top three teams and the top three male and female individual competitors. The sign-up deadline is April 1. To sign up or more information, e-mail Master Sgt. Arthur Clardy or Tech. Sgt. Timothy Smith.





# MEDEVAC unit provides care



U.S. Air Force photos/Senior Airman Kasey Zickmund

**Members of the 379th Expeditionary Aeromedical Evacuation Squadron unload medical supplies from a C-130 aircraft here, March 17.**

By Staff Sgt. Kelly White  
379th Air Expeditionary Wing  
Public Affairs

*Editor's Note: This is the second of a 2-part story about the 379th Expeditionary Aeromedical Evacuation Squadron. Part 1 was published in the March 14 issue of the Desert Eagle.*

They consider theirs the best patients in the world – patients they serve with honor and pride.

The members of the 379th Expeditionary Aeromedical Evacuation Squadron are prepared to fly anywhere in the area of responsibility to ensure their esteemed patients – America's wounded warriors – get the medical attention they need.

"We're here saving lives, and in doing so, we're preserving combat capability,"

said Col. Barbara Jones, 379th EAES commander and flight nurse. "We underwrite the security of the battlefield by giving our warfighters peace of mind that if they become injured, AE professionals will speed to their side and evacuate them to a level of medical care they require. We give confidence to the battlefield commander; that if their unit falls under enemy fire or sustains casualties, they know with confidence, AE stands ready and capable to move them out of harm's way.

"We offer hope and peace of mind to the families of our warfighters and the American people," she added. "If their loved one, their friend or their neighbor is significantly ill or injured during their service to our nation, they can be comforted knowing we are on the job and will bring them home safely. Com-

manding this unit is the highlight of my career."

The 379 EAES performs three mission-profile classifications. "Mercy" missions are regularly-scheduled flights transporting patients to or from either a medical treatment facility in the AOR or their assigned deployment location. "Bravo" missions are alert-type flights generated because a patient's condition warrants immediate transport to advanced care to save life, limb or eye-sight. Lastly, "In-System Select" missions are tasked to mobility flights in progress and diverted to a particular location to pick up the medical crew. Once aboard, the medical crew configures the aircraft to the needs of their patient, picks the patient up at the nearest airfield and transports them to the level of care their condition requires.

"Every mission is patient-load driven," said Senior Master Sgt. Rod Lindsey, 379 EAES chief enlisted manager and an aeromedical evacuation technician, currently in his tenth deployment. During the medical crew briefing prior to take-off, the on/off-load manifest of patients and their diagnoses are reviewed. Afterward, patients are divvied up among the crew responsible for delivering their in-flight care.

"Our patient assignments are apportioned to leverage the nursing experience and clinical skills of each crewmember. For example, a flight nurse or technician having extensive experience in a critical-care unit would be assigned to a patient suffering from a cardiac condition," the sergeant added.

The basic crew complement of an AE mission is five personnel; two flight nurses and three medical technicians. Each nurse or technician is qualified to fill their role's leadership position for the mission. The medical crew director is the flight nurse with overall responsibility for the mission whereas, the charge medical technician is responsible for coordinating crew duties and interfacing with ground and other flight support personnel.

"The complement of enlisted technicians on any crew is built based on operational experience, leadership qualities and skill level," said Sergeant Lindsey. "To develop our younger flyers, we rotate the duty of charge medical technician from mission to mission. That way, a novice aeromedical evacuation technician can perform the complex duties that role requires under the guidance



# e for America's heroes in AOR



**Members of the 379th EAES review and make notes on patient medical records while in flight aboard a C-130 aircraft March 17. (From left to right) Capt. Danette Butler, flight nurse, Col. Barbara Jones, flight nurse, and Senior Master Sgt. Rod Lindsey, aeromedical evacuation technician.**

of a senior technician. This makes us better medical leaders and preserves our capability into the future.”

Aeromedical evacuation patients on-load at various stops throughout the day. While en route to these stops, the medical crew reviews their stack of Patient Movement Requests.

“The PMR gives patient details from demographics – name, service, rank, Social Security Number, date of birth and gender, to diagnosis, medications and special dietary needs, to names of the physicians sending and accepting the patient,” said Colonel Jones. “It’s our primary means of learning the particulars about our patients so we can develop a targeted nursing care plan. During on-load, we receive the patients’ AE medical records which tell us even more about their episodes of care, much like a patient chart at a hospital.

“The patient receives care at the pick-up location – that’s one episode of care,” she explained. “The care we give them during evacuation is another episode of care, and the care they get at the drop-off location is yet another episode of care.

“If we have a surgical patient, they may not be permitted to have food,” she explained. “The PMR and medical record will tell us this. Another thing we’ll look

to see is what the patient’s pain level was prior to flight. If the PMR states a pain level of 3 out of 10, but in flight the patient tell us it’s 7 out of 10, we know their prescribed pain medication is not meeting their needs and a call to the theater flight surgeon is needed.

“The PMR also includes what medications our patients are taking. Medications can tell us a lot about the overall health status of our patients, even if not articulated on their PMR,” Colonel Jones said. “For example, a PMR may state only that a patient is diagnosed with an impacted tooth, yet the medication block states he or she is also taking something for high blood pressure. That sends signals to the medical crew that the patient has underlying hypertension, and obtaining and monitoring the patient’s blood pressure should be a critical component of their nursing care plan.”

At each stop along the way – an average of three to eight stops per flight, depending on the type of mission they’re on – the medical aircrew boards new patients, secures their luggage, and briefs them on safety measures and what to expect during the flight.

As patients reach their destination, the crew escorts them from the aircraft to their next episode of care.

When the aircraft lands back on the 379th Air Expeditionary Wing flightline, every member of the team de-configures the aircraft and repackages the medical equipment, returning it to the EAES warehouse for safe storage and resupply. However, their mission isn’t done yet. The team reconvenes in their squadron’s briefing room to back-brief their command and control agency at the Combined Air Operations Center, file mission-associated paperwork and conduct a post-mission debriefing.

“Regardless of how many missions you fly, there’s always something to be learned,” Sergeant Lindsey said. “Every mission brings something new to the fore – working with a piece of equipment you haven’t used before, treating a patient with a rare disorder or picking up patients from a forward operating base with limited medical support capabilities.

“This is the best job in the Air Force,” he added. “I can’t imagine doing anything else. Bringing home America’s heroes is something very few of my medical colleagues have the privilege to do. But, it comes with enormous responsibility. The back of that airplane is our playing field. We’ve got to always bring our ‘A-game’ – precious lives are at stake, and they deserve it.”



**Tech. Sgt. James Anderson**

64th Expeditionary Security Forces Squadron

Quick Reaction Force truck commander

**Home station:** Andrews Air Force Base, Md.

**Arrived in AOR:** November 2009

**Deployment goals:** My deployment goal is to improve my physical fitness.

**Best part of the deployment:** I enjoy spending time at the gym and pool.

**Hobbies:** I enjoy reading history books.

**Best Air Force memory:** When I was given the opportunity to meet my hometown football team's cheerleaders.

*Nominated by Tech. Sgt. T.J. Hall: "Sergeant Anderson has continually distinguished himself from his peers while serving within his on-and off-duty roles as a non-commissioned officer. While performing duties as a QRF truck commander, he identified the need for additional training in building clearing and close-quarter battle situations. This initiative came about after he aided in the formulation of a building clearing team during an off-duty, life-threatening altercation involving fellow Airmen. Sergeant Anderson's dedication to mission objectives and professionalism as an NCO has effectively raised the bar within his workplace and amongst his peers."*



U.S. Air Force courtesy photo

**Staff Sgt. Ranier Raqueno**

379th Expeditionary Operations Support Squadron

Defense Space Control intelligence analyst

**Home station:** Peterson AFB, Colo.

**Arrived in AOR:** January

**Deployment goals:** To bring out the best in myself and my crew members.

**Best part of the deployment:** Realizing that I'm surrounded by good people; they're hard to find these days.

**Hobbies:** Trying to play soccer, working out, sports and it's not a deployment unless you're on a diet.

**Best Air Force memory:** Whenever I come home from a hard day at work and realize that it was all worth it. Also, the lasting bonds I've made in the past couple of years.

*Nominated by Maj. John Doucet: "Sergeant Raqueno is one of the unsung, selfless heroes who makes our military the finest fighting force in the world. He is always the first to take on the toughest projects as well as offer a helping hand to anyone who needs it. He tackles any and all tasks with a positive attitude and a passion for excellence. His contagious optimism, selfless service and indomitable spirit drive everyone around him to greater heights."*



U.S. Air Force courtesy photo

**Staff Sgt. Joseph Grubbs**

379th Expeditionary Communications Squadron

Cable Antenna Maintenance technician

**Home station:** Four Lakes Air National Guard, Wash.

**Arrived in AOR:** November

**Deployment goals:** My deployment goals are to finish my career development courses and become one of the "go-to-guys."

**Best part of the deployment:** The best part of this deployment has been completing challenging jobs such as the 379th EOSS tower relocation project.

**Hobbies:** I enjoy working on cars, weightlifting and staying fit.

**Best Air Force memory:** My best Air Force memory was when I performed security and rescue assistance during Hurricanes Katrina and Rita.

*Nominated by Master Sgt. James Owen: "Sergeant Grubbs has done an outstanding job meeting the needs of the customer for both telephone and networking requirements. As a trusted crew leader, he has handled the most challenging jobs and knocked out the majority of all major projects for the communication operations flight."*



U.S. Air Force photo/Tech. Sgt. Michelle Larche





# Welcome to Air Fest 2010

Honored guests, mission partners and esteemed colleagues, welcome to Air Fest 2010! We have put together this wonderful event to celebrate the cooperation between our hosts and all of the U.S. and Coalition military members located here today. I encourage each of you to take time and visit with our partners and friends, learn more about what each of us has to offer, and continue to build and develop close bonds of respect, friendship and trust. My hope is the bonds and friendships you develop here will last for many years to come! Welcome to Airfest 2010!



By Brig. Gen. Stephen Wilson

الضيوف الكرام ، شركاء المهمة والزملاء المحترمون ، أهلاً بكم في مهرجان الطيران لعام 2010 ! لقد وضعنا معا هذا الحدث الرائع للاحتفال بالتعاون بين البلد المضيف وجميع الأفراد العسكريين الأمريكيين وقوات التحالف الموجودين هنا اليوم. أود أن أشجع الجميع أن يأخذوا الوقت الكافي بزيارة شركائنا وأصدقائنا ، والتعرف أكثر حول ما يمكن لكل منا أن يقدم ، والاستمرار في بناء وتطوير أواصر وثيقة من الاحترام والصداقة والثقة. أمني هو أن أواصر الصداقة التي نقوم بتطويرها هنا سوف تدوم لسنوات عديدة قادمة! نرحب بكم في مهرجان الطيران لعام 2010



# Fast Facts for Air Fest 2010

By 379th Air Expeditionary Public Affairs

The following information contains facts, characteristics and background information on the aircraft that comprise the 379th Air Expeditionary Wing and its tenant units. For more information on U.S. Air Force aircraft visit [www.af.mil](http://www.af.mil).

-The C-17 Globemaster III is the newest, most flexible cargo aircraft to enter the airlift force. The C-17 is capable of rapid strategic delivery of troops and all types of cargo to main operating bases or directly to forward bases in the deployment area.

-The C-17 made its maiden flight on Sept. 15, 1991. The first squadron of C-17s, the 17th Airlift Squadron, was declared operationally ready Jan. 17, 1995.

-The C-17 can reach speeds of 450 knots at 28,000 feet carrying 170,900 pounds of cargo or 102 troops.

-The B-1B Lancer carries the largest payload of both guided and unguided weapons in the Air Force. It is a highly versatile, multi-mission airframe performing long-range, multi-role, heavy bomber operations.

-The B-1 was initially developed in the 1970s as a replacement for the B-52. The B-1B is an improved variant with major changes including the additional structure to increase payload by 74,000 pounds, an improved radar and reduction of the radar cross section by an order of magnitude.

-The C-130 Hercules is a tactical airlift aircraft. It is capable of operating from rough, dirt strips and is the prime transport for air dropping troops and equipment into hostile areas.

-The original C-130A variant of the aircraft began its service in the Air Force in December 1956.

-The C-130J is the latest addition to the C-130 fleet replacing the C-130E. It incorporates state-of-the-art technology to reduce manpower requirements, lower operating and support costs and provides life-cycle cost savings over earlier C-130 models.

-The E-8C Joint Surveillance Target Attack Radar System, or Joint STARS, is an airborne battle management, command and control, intelligence, surveillance and reconnaissance platform.

-The Joint STARS evolved from Army and Air Force programs to develop, detect, locate and attack enemy armor at ranges beyond the forward area of troops. The first two developmental aircraft deployed in 1991 to Operation Desert Storm and also supported Operation Joint Endeavor in December 1995.

-The RC-135V/W Rivet Joint reconnaissance aircraft supports theater and national-level consumers with near real-time on-scene intelligence collection, analysis and dissemination capabilities.

-The Rivet Joint aircraft is a modified C-135, with modifications of the on-board sensor suite which allows mission crews to detect, identify and geolocate signals throughout the electromagnetic spectrum.

-RC-135s have been present in operations in Vietnam, the Mediterranean for Operation El Dorado Canyon, Grenada for Operation Urgent Fury, Panama for Operation Just Cause, and Southwest Asia for Operations Desert Shield, Desert Storm, Enduring Freedom and Iraqi Freedom.

-The KC-135 Stratotanker provides the core aerial refueling capability for the U.S. Air Force and has excelled in this role for more than 50 years.

-Air Mobility Command manages an inventory of more than 415 Stratotankers, of which the Air Force Reserve and Air National Guard fly 235 in support of AMC's mission.

-The C-20 is a twin-engine, turboprop aircraft supporting special air and operations support airlift missions.

-The C-20 A/B, military versions of the Gulfstream III, was chosen in June 1983 as the replacement aircraft for the C-140B Jetstar.

-The C-21 is a twin turboprop engine aircraft used for cargo and passenger airlift. The aircraft is the military version of the Lear Jet 35A business jet.

-The C-21 is capable of transporting one litter or five ambulatory patients during aeromedical evacuations.

*Editor's note: This information is printed on the next page in Arabic.*



# حقائق سريعة للمعرض الجوي لعام 2010

اصدار العلاقات العامة للجناح الجوي 379  
المعلومات التالية تحتوي على حقائق وخصائص ومعلومات أساسية عن الطائرات التي يتألف منها الجناح الجوي 379 و وحداتها المقيمة. لمزيد من  
الامريكية يرجى زيارة [www.af.mil](http://www.af.mil) المعلومات عن طائرات القوات الجوية

## Globemaster C-17

- ان المرونة. انها قادرة على التسليم السريع للقوات Globemaster C-17 الثالثة هي أحدث طائرة شحن انضمت للقوات الجوية وهي الأكثر الاستراتيجية، وجميع أنواع البضائع إلى القواعد الرئيسية العاملة، أو مباشرة إلى القواعد الأمامية في مناطق الانتشار.
- لقد قامت السي 17 برحلتها الأولى في 15 سبتمبر، 1991. ان السرب الأول للسي 17، سرب الجسر الجوي 17، أعلن الاستعداد للعمل في 17 يناير 1995.
- تصل سرعة السي 17 الى 450 عقدة على ارتفاع 28,000 قدم و تحمل 170,900 باوند من البضائع أو 102 جندي.

## B-1 Lancer

- ان الـ B-1B لانسر تحمل حمولة أكبر من الأسلحة الموجهة وغير الموجهة في سلاح الجو. فهي تتمتع بتنوع وتعدد الهياكل لأداء المهمات طويلة المدى ومتعددة الأدوار، وعمليات القاذفات الثقيلة.
- لقد تم تطوير الـ B-1 في البداية في عام 1970 كبديل عن الـ B-52. ان الـ B-1B البديل المحسن مع تغييرات كبيرة بما في ذلك الهيكل الإضافي لزيادة الحمولة بي 74,000 باوند، وبرادار محسن والحد من المقطع العرضي للرادار.

## C-130 هيركوليز

- ان سي 130 هيركوليز هي طائرة نقل تكتيكية. فهي قادرة على العمل على ارضيات خشنة ومتسخة وهي واسطة النقل الجوي الرئيسية لإنزال القوات والمعدات.
- البديل الأصلي لـ سي 130 A بدأ الخدمة في القوات الجوية في ديسمبر عام 1956.
- ان الـ سي 130 J هو أحدث إضافة إلى طراز سي 130 لتحل محل سي 130 E. انها قطعة فنية تشمل اخر ما توصلت اليه التكنولوجيا لتقليل الاحتياجات للقوى العاملة، وخفض تكاليف التشغيل والدعم، وتتيح تميزاً بتوفير التكاليف خلال الدورة العمرية على طراز السي 130.

## E-8C Joint STARS

- الـ E-8C نظام الرادار للهجوم لاهداف المراقبة المشتركة، أو النجوم المشتركة، هي إدارة المعركة محمولة جواً والقيادة والسيطرة والاستخبارات والمراقبة ومنصة الاستطلاع.
- النجوم المشتركة نتاج مشاركة برامج من الجيش والقوات الجوية لتطوير واكتشاف وتحديد مكان ومهاجمة الدروع المعادية على مدى أبعد من حدود المنطقة إلى الأمام من القوات. لقد تم تطوير أول طائرتين في عام 1991 لعملية عاصفة الصحراء، و أيضاً لدعم عملية المساعي المشتركة في ديسمبر عام 1995.

## CR- 135V/W Rivet Joint

- هي طائرة استطلاع البرشام المشترك تدعم المسرح والمستهلين على المستوى الوطني في الموقع بوقت حقيقي بجمع المعلومات الاستخباراتية وتحليلها ونشر القدرات.
- ان الـ CR- 135V /W - طائرة استطلاع البرشام المشترك هي تعديل لـ C-135، مع تعديلات من على متن جناح الاستشعار الذي يسمح لطواقم البعثة بالكشف وتحديد هوية ومكان الإشارات في جميع أنحاء الحقل الكهرومغناطيسي.
- لقد كانت الـ C-135s حاضرة في العمليات في فيتنام، وجرينادا لعملية Urgent Fury، وبنما لعملية القضية العادلة، وجنوب غرب آسيا لعمليات درع الصحراء، عاصفة الصحراء، والحرية الثابتة وحرية العراق.

## KC-135 Stratotanker

- ان KC-135 Stratotanker توفر القدرة على التزود الأساسي بالوقود جواً للقوات الجوية الأمريكية، وتفوقت في هذا الدور لأكثر من 50 عاماً.
- ان قيادة الحركة الجوية تدير موجودات تزيد عن 415 Stratotanker، و الذي توفره القوات الجوية والحرس الوطني الجوي 235 كإحتياطي في دعم الاحتياجات العالمية لإعادة التزود بالوقود جواً.

## C-20

- الـ C-20 ذات المحرك التوربوفان المزدوج، لعمليات الدعم الجوي للطائرات.
- ان الـ C-20A /B، النماذج العسكرية للغولف ستريم الثالث، اختيرت في يونيو 1983 كبديلة لطائرة C-140B جت ستار.

## C-21

- الـ C-21 هي الطائرة ذات محركات التوربوفان المزدوجة المستخدمة لنقل البضائع والنقل الجوي للركاب. الطائرة هي النموذج العسكري لطائرة الـ Jet Lear 35 A.
- ان الـ C-21 قادرة على نقل حاملة مرضى واحدة أو خمسة مرضى خلال عمليات الإخلاء الطبي الجوي.

# Air Fest 2010 Flightline Map



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	C-130J Hercules		EP-3E Aries II
	C-17 Globemaster III		KC-135 Stratotanker
	C-20 Gulfstream		P-3 Orion
	C-21 Learjet		RC-135S Rivet Joint
	E-8 Joint STARS		UC-35D





**TOP:** Staff Sgt. Juan Hernandez (right) and Senior Airman Nick Bentler, 379th Expeditionary Maintenance Squadron aerospace maintenance, build-up and overhaul an E-8C J-STARS aircraft wheel and tire assembly here, March 16.

U.S. Air Force photo/Tech Sgt. Michelle Larche

**CENTER RIGHT:** Senior Airman Tameka Chesser and Airman 1st Class Sami Mo-fadi, 379th Expeditionary Security Forces Squadron Fly Away Security Team members, practice security procedure scenarios on Staff Sgt. Frank Ritz, 379 ESFS FAST team member here, March 17.



U.S. Air Force photo/Tech Sgt. Michelle Larche



U.S. Air Force photo/Staff Sgt. Erik Burger

**CENTER LEFT:** Army Spc. Jorge Diaz, United States Central Command heating ventilation and air conditioning technician, checks an A/C unit's power here, March 17.



U.S. Air Force photo/Senior Airman Kasey Zickmund

**BOTTOM:** KC-135s deployed here, March 21.



# EXERCISE, EXER

## Ferocious Falcon exercise gives U.S., Host-Nat

Staff Sgt. Travis Putnam, 379 ESFS member, stands ready during an exercise scenario here, Tuesday.



U.S. Air Force photo/Capt. Patrick Cordova

Host-Nation forces discuss how to proceed during the next step of an exercise scenario here, Tuesday.



U.S. Air Force photo/Capt. Patrick Cordova



U.S. Air Force photo/Senior Airman Kasey Zickmund

Members of 379 ESFS, 379 ECES and Host-Nation forces stand ready during an exercise scenario here, Tuesday.



U.S. Air Force photo/Capt. Patrick Cordova

Col. Hassan Mubarak Al-Ghareeb, Host-Base security commander, and Lt. Col. Gregory Reese, 379 ESFS commander, discuss the exercise scenario taking place here, Tuesday.



# CISE, EXERCISE:

## Host-Nation Air Forces opportunity to train together



U.S. Air Force photo/Senior Airman Kasey Zickmund

A Host-Nation member stands ready while members from the 379th Expeditionary Security Forces Squadron prepare to respond to an exercise scenario here, Tuesday.



U.S. Air Force photo/Capt. Patrick Cordova

Members of the 379th Expeditionary Civil Engineer Squadron and 379 EMDG monitor mock hostiles' health while Host-Nation members provide security during an exercise scenario here, Tuesday.



U.S. Air Force photo/Senior Airman Kasey Zickmund

A 379 ESFS member secures a mock hostile, while a Host-Nation member provides security during an exercise scenario here, Tuesday.

### By 379th Air Expeditionary Wing Public Affairs

The 379th Air Expeditionary Wing's Host-Nation led an exercise testing its ability to respond to a regional conflict involving terrorism and weapons of mass destruction here, Tuesday.

Various Host-Nation allies participated in the exercise, including U.S. Air Force members from the 379 AEW. The Airmen participated in the exercise as mutual aid and combined partners.

"The goal of the exercise was to demonstrate the combined security capabilities and response options open to the Host-Nation and United States Air Force," said Lt. Col. Gregory Reese, 379th Expeditionary Security Forces Squadron commander.

Through the exercise, the U.S. and our Host-Nation were able to build a partnership capacity, increase understanding and trust between our two nations, and prepare the installation to respond to an actual threat, he added.

During the Host-Nation-led exercise, armed forces practiced responding to threats and running through contingencies.

"The personal friendships and trust built in this exercise will help shape the trust and friendship between our two nations for years to come," said Colonel Reese. "It is one thing to be deployed to a nation and see members of their military. It is an entirely different thing to train, sweat and trust each other."



## VICTORY CHAPEL

Open seven days a week,  
24 hours a day,  
'And overtime on Sundays'

## WORSHIP SCHEDULE

### Protestant Saturday

7:30 p.m., Contemporary, Chapel

### Sunday

9:45 a.m., General Protestant,  
CAOC 1st Floor conference room

9:45 a.m., Contemporary, Chapel

11:30 a.m., Traditional Service,  
Chapel

1:30 p.m., LDS Service, Chapel

4 p.m., Liturgical, Chapel

7:30 p.m., Gospel, Chapel

### Roman Catholic Mass

6 p.m., Monday-Friday

Blessed Sacrament Chapel

### Saturday Mass

6 p.m., Mass, BPC Mall area

### Sunday Masses

8 a.m., Mass, Victory Chapel

11 a.m., Mass, CAOC 1st floor  
conference room

6 p.m., Mass, Victory Chapel

### Muslim Buddhist Orthodox

### Jewish

### Earth Religions

See Chapel staff or call 437-8811 for  
more information.

# Relationship languages

By Chap. (Maj.) James Parrish  
379th Air Expeditionary Wing Chapel

I am leading a marriage enrichment study by Dr. Gary Chapman titled, *The Five Love Languages*. The basic premise of the study is to teach people to express lifelong commitment to their mate.

Dr. Chapman writes about five different languages people have and derive their life fulfillment from. His theory is, if you can learn the love language of your significant other, you can have a very fulfilling relationship for a lifetime.

The five languages are: words of affirmation, quality time, receiving gifts, acts of service and physical touch. Basically, he says we each have a "storage bank" and when we connect with someone in a positive experience we make deposits in the bank. The times we have a negative experience we make a withdrawal from the bank.

We are continuously making deposits and withdrawals from each other's bank. The greatest challenge is to learn what the language of the other person is and how to maximize the deposits. The thought is, if we learn their language they will learn ours as well, thus we have a reciprocating and fulfilling relationship with the person we chose.

A problem arises when a member in the relationship does not fill the other person's bank, yet still continues to routinely make withdrawals, which can create a broke account.

Visiting with the broken person is where I come in as a chaplain and spiritual advisor. This is the person I see who may feel used and helpless in the relationship; I've heard this expression often, "I've given all I can and I have nothing left!"

These situations are heart breaking, and yet the positive side is a good number of "deficit-enriched relationships" have a very good chance of being reconcilable. If both individuals are willing to invest prayer, hard work and time, the relationship can be recovered.

Perhaps the short of this very long description of good relationships between people is the simplest thought, "treat everybody like you want to be treated!" Sometimes referred to as the golden rule; this profound thought, which strikes me as the simplest solution to many relationships, comes from words taught in all major religions of the world.

The sad fact is some people choose not to treat others as they want to be treated. Can you imagine how different our relationships would

be if we choose to abide with this teaching as taught by our respective faith?

Early in my marriage, I learned this lesson by experience. I played in a church men's softball league, and my team was one game from going to regionals. As pastor, I deceived myself into believing I was a key player to victory or defeat. The very day of the big game I had a board meeting with the ladies auxiliary, which proceeded like pouring molasses in winter time. I sat there for two hours trying to focus between Christian missions and thoughts of rounding the bases on the field.

As soon as the meeting adjourned I raced home, went directly into the bedroom, tossed my work clothes in various locations around the room and bolted to play softball.

Coincidentally, my wife had worked hard all day cleaning the house for me. Needless to say, I did not see the immaculate condition of our castle. But I do know when I left, it did not look anything as before.

I arrived at the softball field for the last two innings and we lost. If I timed it right in my mind, we got behind just as Ms. Johnson was telling of the \$35.35 in the treasury and the need to wash the curtains in the "Gospel Glory" Sunday School class.

When I got home I was utterly defeated, I felt I had let the team down. When I opened the front door I was shocked! It literally looked as if an Oklahoma tornado had waltzed through our house! I had never seen a house trashed like that before.

I asked my blushing bride, "What happened, honey?"

She responded, "When you rushed in and tossed your clothes all over the bedroom I thought you wanted to live in those conditions, so I cluttered up the place so you'd feel comfortable."

I learned a big lesson that day and thankfully, the house was not difficult to clean again. After I made my deposit into the 'bank,' my wife was very pleased that I cleaned the house back up. I've learned through Dr. Chapman's book that my wife's language is "Acts of Service." I don't like to clean the house, wash the dishes or do the laundry, but the times I do I make huge deposits in her bank.

My language is "Words of Affirmation" and she is constantly lifting me up with kind words and affirmation. We complement each other and in reality bring balance to our lives. I've also learned if I treat her with the same respect and thoughtfulness I like, we are both much happier. But isn't that true in all our relationships?



**Follow the happenings of the 'Grand Slam' Wing at <http://379aew.dodlive.mil>, on Facebook at '379th Air Expeditionary Wing' and on Twitter @379AEW**

### **Air Fest**

A base air festival is scheduled for April 1, 7:30 a.m.-1 p.m., highlighting aircraft and mission static displays from Coalition military services, at the south end of the North Airfield Ramp. There will also be a Coalition vs. Host-Nation soccer game available for spectators on the Host-Nation soccer field, kick-off starting at 7 a.m. All events are free to the base public, with transportation provided. Breakfast and lunch will be served on the flightline. Information about bus routes and displays, as well as a pullout souvenir program is included in this edition of the Desert Eagle.

### **Air Fest Bus Route**

Bus routes for Air Fest 2010 are as follows: Existing routes to the flightline (red line) will remain the same. The stop for the Air Fest is 20 (Air Ground Equipment).

The sports challenge transit is scheduled to begin picking up people at 6 a.m. at the BPC BX parking lot and the CC Commander's stop. The sports challenge transit is scheduled to begin dropping people off at 8 a.m.

### **Arabic Speakers Wanted**

Public Affairs seeks base members who speak Arabic and are interested in becoming involved in a community relations "Goodwill Ambassador" team. The team will participate in off-base events such as reading to school children, speaking engagements with local youth groups or colleges, and generally communicating why we are here and what we do. For more information or to participate, call Capt. Patrick Cordova at 436-0100.

### **Tax Center**

The Tax Center is scheduled to be open through April 30, Monday – Friday, 10 a.m. - 3 p.m. and weekends, 11 a.m. - 3 p.m. The Tax Center is located at the 379 AEW Legal Office, Bldg. 3892 in OPS Town. A volunteer will usually be available to assist with electronic tax filing. If no representative is available in the center, one will be contacted as soon as possible. Required documents: all W2's, all Form 1099's, SSN's of taxpayer & all dependents, legal documents (divorce, custody, etc.), bank info to include routing & account numbers, childcare documents, Form 1098 and if you happen to have your 2008 returns, which we will not have access to. Returns that include Schedule C (profit

of loss from business), Schedule E (rents and losses), and any tax return which is deemed "complicated" or "advanced" cannot be prepared by tax center personnel. For more information, call 437-2707.

### **Share-a-Ride**

Drivers picking up riders in the base Share-a-Ride program must remain vigilant and cognizant of increased threat at all times. If the driver cannot vouch for a passenger via personal recognition, he must physically check the individual's CAC before entering the CC/BPC ECP. For more information, click [here](#).

### **CCAF Degree**

Servicemembers nominated for CCAF Degree candidacy in the past nine months, or who think they may be close to completing their degree should contact the Education Center at 437-0015 or e-mail [Al\\_Ude-idbtes@auab.afcent.af.mil](mailto:Al_Ude-idbtes@auab.afcent.af.mil).

### **Running Rules**

Running on Enduring Freedom Road in Coalition Compound is prohibited. Runners and walkers should use the sidewalk along the trailers. Also, headphones or earbuds are not authorized while running or walking on base roads. Always run against traffic, in single file. Runners must yield to vehicles at all times.

### **Enlisted Luncheon**

First Friday of each month, 11:30 a.m. - 12:30 p.m., Manhattan DFAC Twin Towers Room, junior enlisted personnel, ranks E-1 through E-6, are invited to have lunch with senior enlisted leaders.

### **Wear of Sunglasses/Eyeglasses**

Conservative ornamentation on frames and lenses are authorized on non-prescription sunglasses or eyeglasses, frames may be black or brown material or gold or silver wire. Brand name glasses may be worn with small logo on frames or lenses. Conservative wrap-around sunglasses may be worn. Conservative, clear, slightly tinted or photosensitive lenses are allowed, faddish styles and mirrored lenses prohibited. Not worn around the neck or on top/back of head or exposed hanging on uniform. Eyeglasses/sunglasses will be worn in manner for which made. For more information, consult AFI 36-2903.

### **Post-Deployment LES Review**

Redeploying members are encouraged to review their LES to ensure applicable taxes are once again deducted from their pay, and that all deployment-specific entitlements have stopped. For more information about entitlements or what to do once redeployed to home station, contact 379 ECPTS Customer Service at [379ecptscustomerserv@auab.afcent.af.mil](mailto:379ecptscustomerserv@auab.afcent.af.mil), or call 437-8686.



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