



May 4, 2022

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce.

Island Insight Submission: <https://home.army.mil/ria/index.php/contact/public-affairs>

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Joint Munitions Command Welcomes New Commander

The Joint Munitions Command held its change of command ceremony, May 2, at Memorial Field on the Rock Island Arsenal, during which Brig. Gen. Gavin J. Gardner relinquished command to Col. Landis C. Maddox. The ceremony was officiated by the



Commanding General Army Materiel Command (JMC's higher headquarters), Gen. Edward "Ed" M. Daly. "A change of command is a time-honored tradition which denotes a significant milestone in the history of an Army organization. It's the juxtaposition so to speak of an organization's achievements: past, present, and future. An opportunity, if you will, to recognize an organization with hallowed halls of lineage and history, and to reflect on, and acknowledge the leadership of the commanding general who gave purpose, direction, and motivation. It is also a time to charter the incoming commander with the challenge to look forward to the future and build on an already impressive organizational resume," said Daly. Gardner thanked the JMC workforce for its unwavering efforts during the two years he was

Upcoming Dates

- March-September:** PCS Season
- May 7:** Quarters One Historic Tour, Quarters One, 10 a.m. & 1 p.m.
- May 8:** VE Day
- May 8:** Mother's Day
- May 9:** [Cooking Demo: "Whole Food Plant Based Recipes and Meal Preparation"](#), 1-2 p.m.
- May 11:** Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.
- May 12-13:** Rock Island Commissary Sidewalk Sale, 8 a.m. - 6:30 p.m.
- May 12:** Thirsty Thursday, Lock & Dam Lounge, 3-7 p.m.
- May 13:** Children of Fallen Patriots Day
- May 13:** ImpactLife Blood Drive, Building 333, conference room left of MWR lobby, 10 a.m. - 1:30 p.m.
- May 13:** Lock and Fam Night, Lock & Dam Lounge, 3-7 p.m.
- May 18:** Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.
- May 19:** Strategies to Stay Energized in Highly Stressful Times – to Prevent Burnout, [MS Teams](#), 11 a.m.
- May 19:** Thirsty Thursday, Lock & Dam Lounge, 3-7 p.m.
- May 20:** ImpactLife Blood Drive, Building 333, conference room left of MWR lobby, 10 a.m. - 1:30 p.m.
- May 20:** Lock and Fam Night, Lock & Dam Lounge, 3-7 p.m.
- May 21:** Armed Forces Day
- May 21:** RIA 160th Anniversary and Armed Forces Day Celebration, 10 a.m. - 2 p.m.

in command. “Our people was my No. 1 priority when I got here two years ago, and I can unequivocally assure Col. Maddox and I have discussed this, and that priority remains and endures. It does not change. I promise this speech won’t be that long, because people on this great arsenal need to get back to doing what they always do, which is produce readiness for our Army like they’ve been doing since 1862. But I would like to say a personal thanks to all my JMC teammates, the soldiers, the commanders, our civilians, our contractors, and the Quad-Cities community -- our partners who have truly taken care of me and my family the past two years, for this I am eternally grateful,” said Gardner. (More: www.army.mil/article/256304)

RIA-JMTC Hosts Castings & Forgings Summit To Modernize Capabilities

Rock Island Arsenal-Joint Manufacturing and Technology Center hosted experts and officials across the government, military, industry and academia to discuss how to best modernize and sustain manufacturing operations critical to national security at the U.S. Army Tank-automotive and Armaments Command Casting & Forging Summit April 27-28. The event was the byproduct of ongoing initiatives to ensure that U.S.-based entities, both government and private, are able to maintain the ability to conduct forging and casting operations essential to producing military equipment that protects warfighters. “They’re extremely important,” said Col. Ryan Howell, program manager for Main Battle Tank Systems, Program Executive Office for Ground Combat Systems, of the casting and forging processes. “You can’t make a tank without cast and forged components.” The Army’s PEO GCS provides tank systems to American troops. Casting and forging are age-old processes adapted into modern techniques vital to protecting warfighters. Casting involves pouring molten metal into a detailed mold of the desired shape, whereas forging compresses metal, typically with a hammer, into the required form. (More: www.army.mil/article/256347)



Male Military Spouses: Yes They Do Exist

May 6 is Military Spouse Appreciation Day. It is the day when service members honor the contributions and sacrifices of our husbands and wives. To honor this day, this article will focus on the male spouse, as it is he who is frequently unnoticed, invisible, largely forgotten, and misunderstood by both the public and the community he is a part of. When someone says “military spouse”, what picture comes to mind? Most likely it is a woman. Which is not incorrect. Most spouses are women, because the majority of service members are men. Since most military spouses are women, it makes sense that both the media and Hollywood focus on the military wife. When there is a government shutdown looming, or a unit comes back from deployment, the media usually always seek out a female spouse to interview. Hollywood has also reinforced the idea that military spouses are usually women. From 2007 to 2013, a show called “Army Wives” ran on the Lifetime network. The show followed the lives of four Army wives and one Army husband at the fictional Army base, Fort Marshall, South Carolina. (More: www.army.mil/article/256435)



Growing Up As a Military Child, National Military Brats Day

“Where are you from?” This is a question many military brats dread being asked. How do we answer such a question? We could say “I’m not from anywhere” or, “I’m from everywhere,” but people probably still wouldn’t understand. For those who may not know, a ‘brat’ is a slang term for the child of a military service member. The nomadic lifestyle of a military family is one that is hard to understand unless you have lived it firsthand. I am a military brat myself. In my 22 years of life, I have moved seven times, attended six different schools, and lived on three different continents. That means that, every few years, I had to pick up my life and start fresh in a new place with new cultures, new people, new schools, new houses, new gymnastics teams and even new languages. It is a terrifying, yet invigorating, way to live. Military brats are a special breed of children. They have witnessed more of the world and overcome more adversity than most people will in their whole lives. (More: www.army.mil/article/256268)



Students Explore Bottom of Mississippi River in Dewatered Lock 15

Getting the chance to view the bedrock bottom of the Mississippi River is a rare opportunity but standing on it became a once in a lifetime experience for some visitors this past winter. In January, the Rock Island District hosted a Science, Technology, Engineering and Math (STEM) event where students toured the inside of the dewatered lock chamber at Locks and Dam 15 in Rock Island, Illinois. The dewatering process, something only performed every 30 years or so, was necessary to perform scheduled maintenance and repairs and to allow for inspections of areas normally found under water. During the event, local college and high school educators and their students came from around the Quad Cities area to take part in the tours. (More: www.dvidshub.net/news/419774)



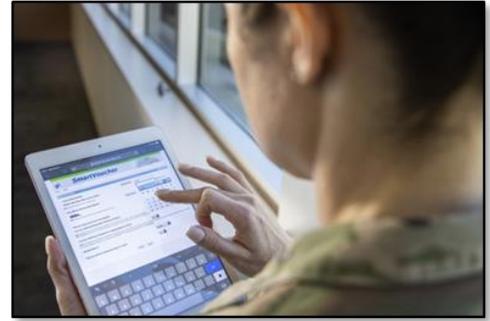
'Iron Rangers' Give Way to Modern-day Fee Collections Options

For many years, the ‘Iron Ranger’ was a primary fee collection method for recreation areas across the county. These locked metal cases with small slits in the side for depositing cash payment envelopes, were commonly used at boat ramps, campgrounds and beaches where reservations were not required and onsite fee attendants were not available. This recreation season, the U.S. Army Corps of Engineers, Rock Island District, has introduced two new fee payment methods to replace those Iron Rangers and make fee payment easier for recreational users. Self-serve payment machines and mobile apps, which only accept credit or debit card payments, are now the only method of payment for use at select boat ramps, beaches and even a few campgrounds found throughout the District. No cash, coins or checks will be accepted at these sites. (More: www.dvidshub.net/news/419770)



'Game-Changing' SmartVoucher Pays PCSing Soldiers Faster

SmartVoucher is a wave of the future, putting money into the pockets of Soldiers and their families faster than ever before. Across the Army and around the globe, the U.S. Army Financial Management Command's Army Military Pay Offices are helping deploy the Defense Finance and Accounting Service's SmartVoucher program to automate the Army's permanent-change-of-station travel voucher claim process. "The future is here with SmartVoucher, which is the new and improved way of completing a PCS travel claim," said William French, Fort Leavenworth, Kansas, AMPO director. "Soldiers can complete their voucher on any device anywhere in the world by simply filling out their itinerary, uploading their documents, and submitting their claim for review." The SmartVoucher system can be accessed anywhere in the world with internet access and either a common access card or myPay login and password at <https://smartvoucher.dfas.mil>. (More: www.army.mil/article/256364)



Social Media Group Leads Charge on Policy Change

What started as a Facebook group for active-duty Army mothers to connect as a community, exchange ideas and seek guidance from other Army moms in uniform led to a long-awaited change in postpartum policy. Army Secretary Christine Wormuth issued a new directive April 19, 2022 — Army Directive 2022-06: Parenthood, Pregnancy and Postpartum — which is designed to increase flexibility, improve quality of life and positively impact retention, according to senior Army officials. The directive is a long-term investment in the readiness of military parents by investing in Soldier wellness during and after pregnancy and improving quality of life during parenthood. (More: www.army.mil/article/256257)



Army Highlights Service Cyber Risk Reforms

Lt. Gen. John B. Morrison, Jr. highlighted Army cybersecurity risk management reforms during the opening day of TechNet Cyber 2022 in Baltimore on April 26. "Earlier this year, we published the Risk Management Framework 2.0 that significantly changes how we will attack the bureaucratic parts of the risk management process," Lt. Gen. Morrison said. "It gets us to this notion of continuous monitoring much faster so we spend the vast majority of our time actually focusing on the security of applications, systems and networks that are in operation instead of spending the vast majority of time on paperwork to get approval to operate," he explained. (More: www.army.mil/article/256261)



Official Mail Contract Changes - Effective June 1

Effective **Wednesday, June 1** a new official mail service contract will begin. The new contract eliminates mail delivery. All commands/organizations must pick up and drop off their own mail from the Official Mail and Distribution Center (OMDC) Building 13, south door entrance between the hours of 8 a.m. – 2:30 p.m., Monday – Friday except federal holidays or island closures. Individuals picking up mail will be required to sign a log sheet for tracking purposes. For accountable/registered mail, the OMDC will contact organizations



for pick up. All commands/organizations must provide the OMDC an updated list of those individuals authorized. Please have your CAC or ID available when picking up mail. Please provide your accountable/registered mail authorization memorandum no later than **Tuesday, May 31**. For any questions please contact Joyce Rollins, email joyce.c.rollins.civ@army.mil or 309-782-1245.

Introducing the DoD Dine Smart Traveler Rewards Program

Did you know that your travelers can earn rewards when dining while on official travel? As an extension of the Defense Travel Management Office DoD Dine Smart program, the Traveler Rewards program adds value for Defense travelers and supports Government Travel Charge Card policy compliance. Once enrolled, DoD personnel earn rewards points anytime they use their travel card to pay for meals at participating restaurants when on official travel. Points can be redeemed for gift cards from retailers (like Amazon and Target) and restaurants (like Outback and Jersey Mike's). The Joint Travel Regulations require the use of a travel card for all travel expenses including meals. This program provides a benefit for travelers who adhere to policy and use their cards at participating restaurants. Please help us spread the word to DoD travelers. For convenience, we have a toolkit available with fact sheets, sample newsletter articles, and even social media messaging. For more information on the DoD Dine Smart Traveler Rewards program, visit www.defensetravel.dod.mil/site/dinesmart.cfm or contact the Defense Travel Management Office, Daniel Woodruff, dodhra.mc-alex.dtmo.mbx.communications@mail.mil, 571-372-1239.

Morel Mushroom Hunting Prohibited on Arsenal Island

Due to operational security, liability, and safety issues, Morel mushroom hunting and picking is prohibited throughout Arsenal Island. This includes both the general public, the Arsenal Island workforce, and RIA housing residents. Morels are one of the most desired wild mushrooms in the world. They are not farmed like most grocery store mushrooms, Cremini, Portobello, Oyster, etc. but gathered in the wild. The part that we eat is the fruiting body of the underground organism called mycelium that has a complex symbiotic relationship with trees. Every spring mushroom enthusiasts, foraging chefs, and an ever growing group of commercial harvesters hunt these little forest treasures. Morels vary tremendously in appearance. Their shape can be oblong to bulbous. Their color can be blonde to grey. Their size can be smaller than your fingertip to larger than your hand. Their most identifiable characteristic is what's typically described as a honeycomb like exterior. Bees are more methodical though. The 'combs' or pits on the outside of morels can be tight or loose and form an imperfect pattern. The inside of morels are hollow and white-ish and up close you can detect a goosebump-like texture. The base of the cap joins to a white-ish stem which can be short or tall and the hollow of the cap runs continuous into the stem (this is important to distinguish it from some false morels).



USACE Offers Free Boater Safety Course

If you don't want to end up like this boater, you may want to consider taking a boater safety course. The U.S. Army Corps of Engineers-Mississippi River Project will be hosting three classes on **May 7 & 14**. Classes are free and will be held at the Mississippi River Project Office in Pleasant Valley, Iowa. Some topics that will be covered include: safe operation, required equipment, hazards on the water and how to boat through a lock.

Successfully completing this class will grant you a safe boating card which you may possibly need in order to legally operate a boat. Classes are open to anyone 12 years of age and



older. Class sizes are limited and reservations are required. Please contact the Mississippi River Visitor Center at 309-794-5338 to sign up or for more information.

True Lifestyle Medicine Wellness 9-Month Series

Army Contracting Command – Rock Island (ACC-RI) is proud to announce a 9-month Health and Wellness series presented virtually via MS Teams by Dr. Cheryl True of True Lifestyle Medicine, LLC which will start next month in February. This series is geared toward individuals who wish to embrace a healthier lifestyle and increased benefits of self-care. Schedule and topics are presented below with this [MS Teams link](#) (link is the same for each session). You must register in TEDs no later than the day prior to the event and self-certify in TEDs after the event to receive credit. Those that do not self-certify within one week will be deleted from TEDs. If you do not register in advance, you are welcome to attend using the teams' link, but you will need to add it to your TEDs history after the fact. TEDs key word: "True Lifestyle Medicine,"

1 CLP. The sessions will not be recorded.

- **May 9:** [Cooking Demo: "Whole Food Plant Based Recipes and Meal Preparation"](#), 1-2 p.m.
- **June 13:** [Exploring the Pillars: Physical Activity "Moving Through Your Day"](#), 1-2 p.m.
- **July 11:** [Exploring the Pillars: Stress & Resilience "The Human Capacity to Adapt and Thrive"](#), 1-2 p.m.
- **Aug. 8:** [Mindfulness, Meditation & Relaxation "Putting Your Mind to Work. Your Body is Listening"](#), 1-2 p.m.
- **Sept. 12:** [Exploring the Pillars: Social Relationships "The Power of Connections"](#), 1-2 p.m.
- **Oct. 17:** ["The Basics: Incorporating Lifestyle Changes at Home and at Work"](#), 1-2 p.m.

Health and Wellness POC: Theresa Fahrenkrug, 563-650-2093, theresa.m.fahrenkrug.civ@army.mil; TEDs POC: Rebecca Peterson, 563-210-4436, Rebecca.a.peterson.civ@army.mil.

Blood Donors Urgently Needed

May 3, ImpactLife marked their one year anniversary of their name change to ImpactLife. They are recognizing the one year anniversary of the blood center's name change with an invitation for donors to support blood industry relief efforts in Ukraine. Donors are invited to contribute points through the Donor for Life Rewards now through World Blood Donor Day (**June 14**). ImpactLife will match the cash equivalent of donated points up to \$10,000 and send funds through a matching program established by Blood Centers of America (BCA). Blood industry vendor Fresenius Kabi has pledged to match up to \$250,000 of qualifying donations made to the BCA fund by June 30, 2022. ImpactLife has a blood drives scheduled on Arsenal Island for the month of May:

- **Friday, May 13 and 20:** 10 a.m. - 1:30 p.m. in Building 333, conference room left of MWR lobby.

The demand for platelets remains extremely high and our first time platelet conversion promotion is in effect until Sept. 11. All donors who register to give with ImpactLife **March 21 – May 15** will get a voucher to redeem for an electronic gift card plus a tree planted on their behalf to support reforestation efforts. All automated donations/deferrals (platelet, plasma, and double red) will be eligible to redeem their voucher for their choice of a \$25 gift card; whole blood donors will get a \$10 gift card. Physical gift cards available on demand. Eligible donors will be able to redeem their vouchers through **May 22**. Gift card options: Amazon, Home Depot, Lowe's, Target, Subway, Starbucks, and Walmart. If you would like to donate at either of these blood drives, feel free to



email bhancock@impactlife.org with the time you'd like to schedule, or call the Donor Scheduling Team at 800-747-5401; you may also log on to www.ImpactLife.org and use code 029 to locate the blood drives.

- Moline Donor Center – 3600 16th Street
- Davenport Headquarters – 5500 Lakeview Parkway
- West Davenport Center – 1320 W. Kimberly Road

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information: www.militaryblood.dod.mil

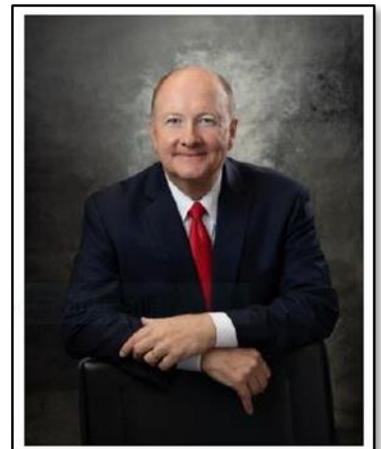
RIA Energy Resilience Readiness Exercise

Rock Island Arsenal will be conducting an Energy Resilience Readiness Exercise (ERRE) on **Monday, May 16**. The ERRE is a DoD-directed exercise to test installation emergency and standby energy generation systems, critical infrastructure and equipment to inform senior leaders of what infrastructure is required to support critical mission on the installation. For more information, contact Rock Island Arsenal Public Affairs at 309-782-1121.



Strategies to Stay Energized in Highly Stressful Times – to Prevent Burnout

In conjunction with the Health Promotion & Fitness (HP&F) Working Group of the Rock Island Arsenal Commander's Ready and Resilient Council (CR2C), the U.S. Army Joint Munitions Command (JMC) is proud to host guest speaker, C. Dwight Bain. Join us **Thursday, May 19** from 11 a.m. - noon as Bain will discuss Strategies to Stay Energized in Highly Stressful Times – to Prevent Burnout. This will be an engaging presentation, and attendees will receive (via email) a workbook with tools, techniques, and tactics to protect our energy in these stressful times. Dwight is a Certified Life Coach. He coaches leaders to grow by creating strategic change, and he founded one of the largest coaching organizations in the world and has trained thousands of coaches since being credentialed as one of the first certified John Maxwell Leadership coaches (1999). He is a critical incident stress debriefing trainer and CISM team member with Orange County Sheriff's office. He led a crisis recovery team after the terrorist attacks of 9/11 in New York City described in his book, "The Ground Zero Experience." The event will be held on MS Teams. You can access it using this link:



https://dod.teams.microsoft.us/l/meetup-join/19%3adod%3ameeting_b9594f641c0248ea9d21d85dced00fd0%40thread.v2/0?context=%7b%22id%22%3a%22fae6d70f-954b-4811-92b6-0530d6f84c43%22%2c%22oid%22%3a%22fb9ad5a5-3190-435a-95a4-345372fe1dcd%22%2c%22IsBroadcastMeeting%22%3atru%7d

You must register in TEDs no later than **Wednesday, May 18** (search using TEDs key words: "Health Promotion") and self-certify in TEDs after the event to receive credit. Those that do not self-certify within one week will be deleted from TEDs. If you do not register in advance, you are welcome to attend using the MS Teams link, but you will have to add it to your TEDs history after the fact. One CLP will be awarded for completing the session, which will not be recorded. There will be an opportunity to post questions in the chat. The POC for this event is JMC Wellness Coordinator Sherrie Newman, sherrie.l.newman2.civ@army.mil.

Rock Island Arsenal 160th Anniversary and Armed Forces Day Celebration

The Rock Island Arsenal invites the greater Quad Cities to be a part of our 160th Anniversary and Armed Forces Day Celebration on **Saturday, May 21**, from 9 a.m. to 3 p.m. Rock Island Arsenal welcomes the Quad Cities to come together and thank those who serve in America's Armed Forces. This year's celebration includes military equipment displays, watercraft, armed forces recruiters, history of the Arsenal displays, a large Kid's Zone with a petting zoo, six food trucks, a festival pavilion with local favorite beverages, a spring bazaar, music from "Cody Road Live," and much more. The event will kick off with the America Kid's Run, mascot races, and the Run the Rock 5K & 10K race. Those participating in any of the run/walk events can get registered today at <http://getmeregistered.com/RIARunTheRock>.

Register early for the best price: April adults - \$38, kids - \$18; May adults - \$40, kids - \$20. The food trucks that will be available to satisfy everyone's hunger will include Cindy's Tropical Shaved Ice, Stevie's Eat'z (BBQ), Bragg BBQ, Simba's Dog Palace (hot dogs), Chicken Trap (fried chicken), Capriottis Sandwiches, Nellie B's (burgers and ribeyes).



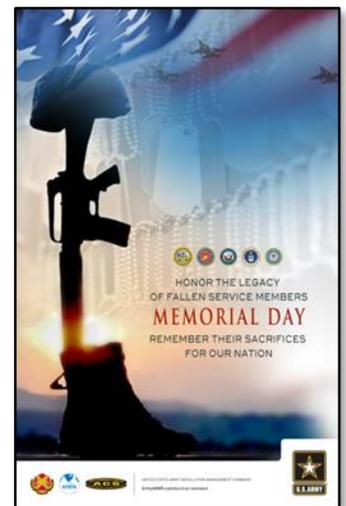
Memorial Day Flag Placement

Cemetery volunteers are needed for placement of American flags on **Thursday, May 26**. The Rock Island National Cemetery is seeking volunteers to place American flags at the headstones of fallen service members in honor of Memorial Day. Work to place the flags will begin at 4 p.m., **Thursday, May 26** rain or shine. Please plan to arrive early due to the incredible support from the greater Quad Cities area, which will result in high traffic into the Cemetery. In the event of severe weather, flag placement will be 4 p.m., **Friday, May 27**. All volunteers need to show up inside the cemetery to receive flags and instructions. For more information, call 309-782-2094. Hotdogs will be served to participants and volunteers at the conclusion of flag placement. Work to remove the flags begins at 8 a.m., **Tuesday, May 31** weather permitting.



Memorial Day Ceremony

A Memorial Day Ceremony will begin at 10:45 a.m., **Monday, May 30** at Rock Island National Cemetery. There will be no parking at the cemetery for this ceremony except for individuals who are wheelchair bound. Parking for all others will be behind Memorial Park in the large lot. Buses will be transporting people from the parking lot to the cemetery and will run 9 a.m. to 1 p.m. Visitors should arrive early to ensure enough time to park their vehicles and be transported to the cemetery. Memorial Park is located off of the main Island road, Rodman Avenue at the corner of East Street. For more information, call 309-782-2094. Memorial Day represents a day of national awareness and reverence, honoring the military men and women who gave their lives in defense of the nation and its values. Memorial Day honors fallen service members while Veterans Day is an opportunity for Americans to publicly recognize living military veterans. Memorial Day was originally known as Decoration Day. It was first widely observed on May 30, 1868, to commemorate the sacrifices of Civil War Soldiers and a day to honor the nation's Civil War dead by decorating their graves. Maj. Gen. John A. Logan, commander-in-chief, Grand Army of the Republic, proclaimed May 30 as Decoration Day by General Order No. 11. The Uniform Monday Holiday Act moved Memorial Day from May 30 to the last Monday in May. The law took effect in 1971 at



the federal level. In 2000, Congress established the National Moment of Remembrance on Memorial Day.

Show Support for National Poppy Day

The American Legion Family has called upon Congress to designate **May 27**, as National Poppy Day to expand awareness and provide support everywhere for all who have served and sacrificed in the U.S. armed forces. "The American Legion is pleased to bring Poppy Day to the United States, joining countries around the world who use the symbolic flower to remember our fallen and support the living," American Legion National Commander Charles E. Schmidt said. (More: www.legion.org/poppyday)



Visit a Toastmasters Club

Toastmasters International is a non-profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. Since 1924, Toastmasters International has helped people from diverse backgrounds become more confident speakers, communicators, and leaders. Improved skills can benefit your community, your corporation, your family, and you, personally. For information about local Toastmasters clubs, please visit www.toastmasters.org or contact Mike at immikecox@gmail.com.

ID & Common Access Card (CAC) Office (Building 56)

- Monday; Wednesday - Friday: 8 a.m. – 3:30 p.m. (Closed for lunch 12-1 p.m.; No walk-ins after 11 a.m. & 3 p.m.)
- Tuesday: 7:15 a.m. – 12 p.m. (No walks-in after 11 a.m.).

We recommend customers schedule appointments when possible to reduce waiting times.

Appointments may be scheduled at following website: <https://idco.dmdc.osd.mil/idco> Customer may contact the ID card office by phone - 309-782-0596; email – usarmy.ria.usag.mbx.id-card-office@army.mil.

VIOS Scheduling Eliminated, Garrison PA Assumes Limited Command Photos

The Visual Information Ordering System (VIOS) will no longer be available to schedule official Department of the Army photos previously taken monthly by a representative from Fort Eustis' Multimedia Visual Information Center and coordinated through the Garrison's Directorate of Plans, Training, Mobilization & Security (DPTMS) Visual Information section. This was due to the impact of COVID-19 and former Army Secretary Ryan McCarthy and former Chief of Staff Gen. James McConville's direction to suspend the use of the photos from officer promotion board packages effective Aug. 1, 2020. Official U.S. Army "head and shoulders" command photos (**leadership photo board photography**) duties have been assumed by Garrison Public Affairs for on-Island commands **that do not have a public affairs office**; this will take place by appointment only at 309-782-1121. The scheduled photos will be taken at the Photo Studio in Room B11 in the basement of Building 90. The 8"x10" head and shoulders – command photos will not be printed, but will be made available digitally. The previous service administered through VIOS and Fort Eustis personnel included government passport photography, which is suspended along with service record/DA Photos. Walk-in appointments are not available.



Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — Contents of the Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army.

- **DSW – Designer Shoe Warehouse**, 4241 Elmore Ave. in Davenport, exclusive offer for RIA civilians, 20% off regular-priced items, 10% off clearance items, valid **May 23-27**, offer valid during normal operating hours; exclusive offer for RIA active duty and retired military veterans, 20% off regular-priced items, 10% off clearance items, valid **May 30 - June 3**, offer valid during normal operating hours.

This information is included for general workforce interest and does not constitute endorsement of the businesses or products.



Arsenal Traffic/Construction



East Street Road Closure

East Street from Rodman Avenue to North Avenue and North Avenue to the Building 56 south parking lot entrance is closed from April 18 through **Friday, June 17**, to conduct Phase 2 of the East Street Construction Project including sewer, sidewalk and road replacement work. There is not any on-street parking allowed on East Street adjacent to Building 68 (First Army) during this period. Residents in East Circle have access via the North Avenue-East Street Intersection. Employees and customers transiting to the ID Card Facility, Education Center, Garrison Staff Offices and Child Development Center (CDC) use Gillespie Avenue and Ramsey Road to detour the construction area. CDC Customers may then use King Drive to drop-off and pick-up at CDC buildings 11, 15, and 16. East Street remains open from Ramsey Road/King Drive to the Building 56 north parking lot entrance and Building 90 north parking lot entrance. Signage and barricades are in place for safety and traffic control.

East Street Sidewalk Closure

Directorate of Public Works will close the sidewalks on both sides of East Street from Rodman Avenue to the Building 56 and Building 90 North Entrances in order for the contractor to replace them as part of the ongoing East Street project. The sidewalks will be closed from **Monday, April 25 through Friday, Aug. 5**. Signage and barricades will be placed for safety. As this is an active construction zone with trucks and heavy equipment, personnel are requested to avoid crossing barricades and transiting areas under construction.

Sylvan Drive Phase II Construction Project

DPW will continue Phase 2 construction on the Sylvan Drive Repair Project effective March 28. Construction is planned to be complete on **Thursday, June 30**. The following traffic changes will be made on March 28:

- The south section of the road will be opened to allow JMTC's employee parking lot access via Beck Avenue.
- Sylvan Drive will be closed at the intersection of Rodman Avenue to the south in order to replace the road and sewers.

- USACE, Navy Reserve Center, Commissary, the Exchange, and Outdoor Rec will follow Beck Avenue to Gillespie Street to Rodman Avenue. Signage and barricades will be placed for safety and traffic control.

Building/Space Closures



There are no announcements at this time.

Active Duty/Reserve Zone



There are no announcements at this time.

Safety Spotlight



**ARMY SAFE
IS ARMY STRONG**



The top priority of the installation safety office is to safeguard and protect service members, their families, civilian employees and Army property as well as to create the safest workplace and living environment possible. Website: <https://home.army.mil/ria/index.php/about/Garrison/safety-office>

Power Outages

Power outages can lead to more than just your lights going out. Forcing sensitive electronics to shut down unexpectedly can result in data loss or damage to electrical systems. When power returns, a surge can damage TVs, appliances, and even heating and AC systems. Power outages can be impossible to predict, so be sure to prepare your home with the following devices. (More: www.esfi.org/power-outages)

Severe Thunderstorm Safety

Severe thunderstorms are officially defined as storms that are capable of producing hail that is an inch or larger or wind gusts over 58 mph. Hail this size can damage property such as plants, roofs and vehicles. Wind this strong is able to break off large branches, knock over trees or cause structural damage to trees. Some severe thunderstorms can produce hail larger than softballs or winds over 100 mph, so please pay attention to the weather so you know when severe storms are possible. Thunderstorms also produce tornadoes and dangerous lightning; heavy rain can cause flash flooding. These hazards are covered in more detail under the tornado, lightning safety and flood safety websites. (More: www.weather.gov/safety/thunderstorm)

Equal Employment Opportunity Focus

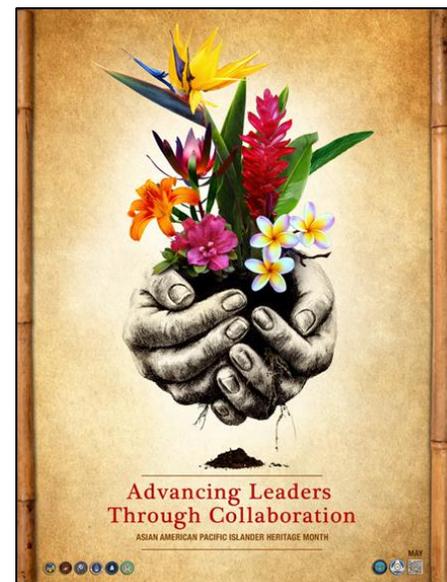


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It is the policy of the Department of Army to provide equal opportunity in employment for all people and to prohibit discrimination in employment because of race, color, religion, sex, national origin, age (40 and over), disability, genetic information, and/or reprisal for prior EEO activity. Any Department of the Army employee, former employee, or applicant for employment, and certain contract employee, who believes they have been discriminated against because of race, color, religion, sex (includes pregnancy, equal pay, gender identity, and sexual orientation), national original, age (40 and over), mental or physical disability, genetic information, and/or reprisal for prior EEO activity in an employment matter, subject to the control of the Army, may initiate the EEO complaint process. To file an EEO complaint, you must contact the Garrison EEO Office within 45 calendar days of the alleged discriminatory incident and express your intent to initiate the complaint process. The Garrison EEO office is currently providing services virtually. Please contact EEO staff at 309-782-2548.

Asian American Pacific Islander Heritage Month

Asian American Pacific Islander Heritage Month celebrates the important contributions of individuals of Asian/Pacific Islander descent to the nation, both historically and in today's society. The month of May was chosen for this commemoration because it marks the anniversary of the arrival of the first Japanese immigrants to American on May 7, 1843, and the completion of the transcontinental railroad by predominantly Chinese laborers on May 10, 1869. The theme for 2022 is "Advancing Leaders Through Collaboration." The Army commemorates and celebrates the contributions of Asian and Pacific Islanders to the nation and the Army. Asian and Pacific Islander American warriors have served in America's Army since the Civil War. The 442nd Regimental Combat Team, the all Japanese-American unit from WWII, is still one of the most highly decorated units in military history. This distinguished unit earned 9,485 Purple Hearts, eight Presidential Unit Citations, and 21 of its members were awarded Medals of Honor. In October 2017, Congress awarded the Congressional Gold Medal to Filipino veterans of World War II in honor of 260,000 Filipinos who fought alongside American forces during the war. (More: www.army.mil/asianpacificamericans) ([2022 White House Proclamation](#))



Morale, Welfare & Recreation



Army MWR is a quality-of-life program that directly supports readiness by providing a variety of community, Soldier, and family support programs, activities and services. Included in MWR are social, fitness, recreational, educational, and other programs and activities that enhance community life, foster Soldier and unit readiness, promote mental and physical fitness, and generally provide a working and living environment that attracts and retains quality for U.S. Army Soldiers, Family members, Retirees and its civilian workforce. Visit the MWR website at <https://rockisland.armymwr.com> for information on all MWR programs. How is MWR doing? Tell us by going to <https://ice.disa.mil>, navigate to "Rock Island Arsenal" and search "MWR" for a full listing of all our programs and services.

Island Oasis Outdoor Grill

The Island Oasis Outdoor Grill began service outside of Building 67 effective April 11. The Island Oasis Outdoor Grill is open Monday-Friday from 11 a.m. – 1 p.m. There are lots of delicious items on the menu. Call 309-782-6319 for more info on the Island Oasis Outdoor Grill.

Run the Rock 5K/10K Race, American's Kids Run

Run the Rock 5K/10K Race and the American's Kids Run have returned! Join us on **Saturday, May 21** as we celebrate Armed Forces Day with the ever popular Run the Rock 5K/10K and the American's Kids Run. Along with the races we will have a kid's zone, petting zoo, food and beer trucks, live music, military displays and so much more. Get registered today at <http://getmeregistered.com/RIARunTheRock>.

Appointments Available at the Auto Service Center.

Please call to make an appointment with our skilled team of mechanics. Some of our top services are oil changes, brake service, alignments, AC service, tire service and suspension repair. We can also provide you with a variety of other vehicle maintenance and repairs. Make an appointment for our experienced team of mechanics to diagnose that noise or error code and fix it at a fair and honest rate. Whether you're simply due for an oil change, tire rotation or have a major repair, let us provide you with quality service. For more information and appointments, call 309-782-8631, Tuesday – Thursday: 8 a.m. – 4:30 p.m.

Company Kitchen Temporary Closure

All three Company Kitchen café locations in buildings 60, 212 and 350 are closed; a monthly evaluation is ongoing – at this time the lower RIA daily on-island workforce population continues to have Company Kitchen in a holding pattern before consideration of reinstating services. For more information please contact the MWR management assistant at 309-782-6319.

MWR Leisure Travel Office



We offer substantial discounts on tickets to local attractions, concerts, amusement parks and regional bus trips to exciting destinations. Check with us first for all your entertainment needs, we can save you money. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. Contact the office at 309-782-5890. (email: anna.winters@us.army.mil) (website: <https://rockisland.armymwr.com/programs/leisure-travel-office>)

American Forces Travel

Spring is just around the corner! Looking to plan a spring break vacation or even plan a staycation? Check out (www.americanforcetravel.com) for discounted airfare, hotels, rental cars, local attractions, and more.

Discounted Movie Tickets

MWR Leisure Travel Office has discounted movie tickets for Moline Regal Cinema and Davenport 53rd Cinema. Davenport tickets are \$10 each and we also have a concessions card for \$8 (junior popcorn and small fountain). Regal tickets are \$10 and we offer a gift packet that includes two movie tickets and a \$10 concession card. For more information call 309-782-5890.

Pella Tulip Festival Bus Trip

Join us for our Pella Tulip Festival Bus Trip on **Saturday, May 7**, departing the Visitor Welcome Center at 7 a.m. Cost is \$30 per person. Pella is beautiful and unique all year long, but at Tulip Time it comes alive with tulips, Dutch attire, food, fun, and more. Thousands of residents wear Dutch attire and celebrate our Dutch heritage. Three days each spring, Pella is bursting with color and excitement for Pella residents and visitors alike. Contact the Leisure Travel Office to get your seat at 309-782-5890.

Quarters One Historic Tour

Join us for our Quarters One Historic Tour on **Saturday, May 7** and choose between one of two tours at 10 a.m. and 1 p.m., cost is \$15 per person. On Mother's Day weekend treat your mother to a tour of historic Quarters One. When Quarters One was still being used as military quarters, this majestic and historic Italianate-style mansion, with 51 rooms and 21,965 square feet, was the second-largest residence in the federal government system — second only to the White House. Refreshments available after the tour. For more information or to reserve your spot contact the Leisure Travel Office at 309-782-5890.

Wanted – Crafters & Vendors

MWR is looking for crafters and vendors for upcoming events.

- **Saturday, May 21:** MWR Armed Forces Day Celebration, 10 a.m. - 2 p.m.

Cost is \$25, we provide the table and two chairs. Contact the Leisure Travel Office for more information at 309-782-5890.

Cubs Baseball Trips – Baseball is Back

The MWR Leisure Travel Office has two bus trips planned.

- Wrigley Field
 - St. Louis Cardinals vs. Chicago Cubs
 - **Saturday, June 4**, game time at 12:20 p.m.
 - \$169 per person
- Wrigley Field
 - Milwaukee Brewers vs. Chicago Cubs
 - **Sunday, Aug. 21**, game time at 12:20 p.m.
 - \$159 per person

Contact the Leisure Travel Office to purchase your seat at 309-782-5890

Princess Etiquette Class

Join us for Princess Etiquette Class on **Saturday, June 11** at 10 a.m. at Quarters One. Cost is \$30 per student. Our MWR Princesses will be offering an etiquette class designed to instruct your little Princess or Prince in manners, charm and character development. Students will have a lesson, make a craft and have a graduation ceremony followed by desserts and lemonade. Contact the Leisure Travel Office at 309-782-5890 for more information.

Planet Funk Con

Join us **June 24-26** for Planet Funk Con at the River Center in Davenport. For the last couple of years Planet Funk Con has held the biggest pop culture convention the Quad Cities has ever seen. Join our thousands of attendees for comics, toys, anime, celebrities, cosplay, panels, table top game, video games, tournaments, and a ton of fun. Join us for three days of fresh and funky fun. MWR Leisure Travel Office has tickets available for sale. Friday/Sunday \$10, Saturday \$15, weekend pass \$25, V.I.P pass \$55. For more information contact the Leisure Travel Office at 309-782-5890.

Family Paranormal Investigation

Join us for Family Paranormal Investigation on **Saturday, July 9** at 6 p.m., at Quarter One. Cost is \$30 per person. Is your child interested in the paranormal? MWR is working with Illinois Paranormal Research Group to offer a night of learning and exploring. IPR will have a class on the instruments they use and answer all questions. The investigation will follow the class. This event is offered to children ages 12+ -- limited spaces available... reserve your spot today. Leisure Travel Office 309-782-5890.

Bus Trips Are Back

MWR Leisure Travel Office has planned a day trip to Chicago on **Saturday, July 9**. The cost is \$50 per person. Deadline for sign up and payment is **Thursday, June 9**. Contact the Leisure Travel Office for more information at 309-782-5890. Navy Pier is a 3,300-foot-long pier on the shoreline of Lake Michigan. Navy Pier encompasses more than 50 acres of parks, gardens, shops, restaurants, family attractions and exhibition facilities and is one of the top destinations in the Midwestern United States, drawing nearly two million visitors annually. Taste of Chicago (also known locally as The Taste) is the world's largest food festival, held for five days in July in Chicago, Illinois in Grant Park. The event is also the largest festival in Chicago.

Child & Youth Services



Child & Youth Services provides a full range of child care programs and services for children ages six weeks through senior year in high school. Services include full-day, part-day, hourly, pre-k, school outs, summer programming, sports and fitness, and instructional classes. All CYS programs/facilities will be closed all federal holidays, CYS CDC/CD Home/FCC staff in-service day and any other additional days/installation closures approved by the garrison commander. Fees will not be reduced, refunded, or prorated for these days. (Website: <https://rockisland.armymwr.com/programs/cy>) (Facebook: www.facebook.com/RIACYSS)

MWR's Armed Forces Day Kids Run

On the morning of **Saturday, May 21**, all teens are welcome to volunteer for MWR's Armed Forces Day Kids Run. For more information call 309-782-6793. All 6th-12th grade military, civilian, veteran, and contractor CYS registered teens are welcome to participate in CYS teen events.

CYS Teen Council

CYS is looking for youth leaders to join our Teen Council. It is held the first Wednesday every month from 4:30-5:30 p.m. at the School Age / Youth Center, Building 150. Teens will earn service learning hours while helping to plan future teen events and learning marketing, budgeting, event planning and leadership skills. Youth must be registered with CYS to participate, but no sign up is necessary. For more information call 309-782-6515. All military, civilian, veteran, and contractor teens are welcome to participate.

Army Community Service



Army Community Service is an Army-wide community, social service program that provides services that assist Soldiers, Family members, and Department of the Army civilians maintain readiness, develop self-reliance, resiliency and stability. U.S. Army Installation Management Command provides these services through a network of programs that support goals related to recruitment, retention, morale, and operational readiness of the force. ACS on RIA is located in Bldg. 110, 1st floor SE; visit our ACS website <https://rockisland.armymwr.com/programs/army-community-service> or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here: www.facebook.com/RIAACS. 24/7 Domestic Violence Crisis Line: **309-912-6089**. The ACS center is open Mondays, Tuesdays, Thursdays, and Fridays from 7 a.m. - 4:30 p.m., and Wednesdays from 12-4:30 p.m. ([ACS on MS Teams](#))

Active Duty Out Processing Levy Brief

Out Processing Levy Brief schedule - this briefing is designed to provide you with access to the information and resources you need to complete your permanent change of station move. Service members that are put on assignment will sign up for the next available briefing. Spouses are encouraged to attend with or without their sponsor and should bring a power of attorney in case specifics need be discussed or coordinated. Upcoming Levy Brief dates:

- **Wednesday, July 20**

Delivered through MS Teams, 9:30 a.m. – noon; to register call MPD at 309-782-1526.

MWR Outdoor Recreation Office



Outdoor Recreation is your one-stop rental shop for all your outdoor adventures, special events, home maintenance and repair. No matter the season, we have the equipment to get you out into the great outdoors. From campers to canoes, we have you covered. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Building 333, Phone: 309-782-8630. (email:

eric.t.leffler.naf@army.mil), Website: <https://rockisland.armymwr.com/programs/outdoor-recreation>

Community Gardens Are Back

MWR is happy to bring back this popular program to military families to include National Guard, Reserve, Retirees and DoD civilians. If you are looking for a place to enjoy the outdoors and get your hands dirty we have the place for you. Our new community gardens are located on the north side of the Island off of Blunt Road. The new and improved layout will provide you with four different garden size options, a pavilion, water source, fencing, and dedicated driving path for loading and unloading. To reserve your garden you must come into Building 333 to complete your paperwork and make your selection. For more information call Outdoor Recreation at 309-782-8630. Outdoor Recreation is open Monday through Friday – 8:15 a.m. - 4 p.m. (closed all federal holidays).

MWR RV Lot Spaces

MWR has RV Lot spaces available – if you are the outdoor type and have recently purchased a RV or you have a boat or vehicle and are looking for some place for storage, MWR has the solution. MWR has spots open for small and large vehicles in our storage lots. There is only a few spots in each lot so please hurry to reserve yours today. This will be on a first come first serve basis. Outdoor Recreation is open Monday through Friday 8:15 a.m. – 4 p.m. (closed all federal holidays). To reserve your space you can either come into Building 333 to complete your paperwork or the staff can send the information via email. For more information call Outdoor Recreation at 309-782-8630.

Employee Assistance Program



The ASAP/EAP is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. The ASAP/EAP promotes healthy lifestyles. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal. ASAP/EAP is located in Bldg. 56, 1st floor; visit our ASAP/EAP website <https://home.army.mil/ria/index.php/my-fort/all-services/army-substance-abuse-program> or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. Find us on Facebook click here: www.facebook.com/RIAEmployeeAssistanceProgram.

WeCare Rock Island Arsenal App

The WeCare Rock Island Arsenal App (WeCare RIA) is available for download to mobile devices from the App Store. At the touch of a finger you can readily access vital tools and resources available to you and your family. The WeCare RIA App was developed to support the Rock Island Arsenal and US Army's Domestic Abuse, Resilience in the Workforce, Suicide and Sexual Harassment/Assault Prevention campaigns. It serves as an educational and resource tool for the user to recognize and reduce high risk behavior. The app allows all military, civilians, and family members who are aware of, witness to, or involved with a high risk behavior the ability to have points of contact and resources readily available with one click of a button. The main features include emergency phone numbers for local and national points of contact on a one-touch dialer. Go to the App store and download the WeCare Rock Island Arsenal App or from the below link:

- Apple's iOS: <https://itunes.apple.com/us/app/wecare-rock-island-arsenal/id1454377310?ls=1&mt=8>
- Android: <https://play.google.com/store/apps/details?id=mil.army.wecarerockisland&hl=en>

Tell your Family and friends.

Education/Training Review



Army Continuing Education System (ACES) is the Army's method for delivering educational opportunities to Soldiers that remediate, develop, and enhance skills needed for present and future jobs. The Army Continuing Education Division (ACED) promotes lifelong learning, readiness and resilience through flexible and relevant education programs, services and systems in support of the Total Army Family. The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 8 a.m. – 3:30 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. Contact Mary Hansarik at mary.p.hansarik.civ@mail.mil for Education Center requirements. Please visit our website to learn more: <https://home.army.mil/ria/index.php/my-fort/all-services/continuing-education-services>

CPR and First Aid Classes

The Rock Island Arsenal Fire Department will be offering CPR and First Aid training. Both trainings will be offered once a month. The trainings are open to civilian employees, military, and military Families. These classes will be free to take, but it will cost \$20 if you would like a card. This has to be paid in cash at the class. All classes will be scheduled for 9 a.m. at Building 225 (Fire Department) in the training room. There is a minimum attendance of 8 people and a maximum attendance of 16 people. Classes that do not meet the minimum requirement will be cancelled. All registrations are required on week prior to class delivery dates. POC for this opportunity is Timothy Weller, Firefighter/Paramedic, 309-782-6107. Class description and dates are as follows. Heart Saver CPR – • What does this course teach? • Describe how high-quality CPR improves survival • Explain the concepts of the Chain of Survival • Recognize when someone needs CPR • Perform high-quality CPR for an adult • Describe how to perform CPR with help from others • Give effective breaths using mouth-to-mouth or a mask for all age groups • Demonstrate how to use an AED on an adult • Perform high-quality CPR for a child • Demonstrate how to use an AED on a child • Perform high-quality CPR for an infant • Describe when and how to help a choking adult or child • Demonstrate how to help a choking infant. Dates: Fridays – **May 20, June 17, July 1, Aug. 5, Sept. 16, Oct. 21, Nov. 4, and Dec. 16**. TEDs key word search: RIA Fire Department Heart Saver CPR. Heart Saver First Aid – • What does this course teach? • First aid basics • Medical emergencies • Injury emergencies • Environmental emergencies • Preventing illness and injury. Dates: Fridays – **May 6, June 3, July 15, Aug. 19, Sept. 2, Oct. 7, Nov. 18, and Dec. 2**. TEDs key word search: RIA Fire Department Heart Saver First Aid. Those without access to TEDs should contact the training POC, Timothy Weller at 309-782-6107, to reserve your slot.

Blanket Tuition Assistance Exception to Policy Still Available for FY22 Courses

Eligible Soldiers unable to request TA in ArmyIgnitED for courses with start dates between **Oct. 1 - Sept. 30** before the start date of the course are still able to receive TA under the blanket ETP until the ETP is discontinued. Contact your Army Education Center for additional information about the TA ETP. Find your AEC at <https://home.army.mil/imcom/index.php/customers/ACES>.

Transition Assistance Program

The Transition Assistance Program (TAP) is a U.S. Department of Defense (DoD) led program that provides information and training to ensure service members transitioning from active duty are prepared for their next step in life – whether pursuing additional education, finding a job in the

public or private sector, or starting their own business. It is highly recommended transitioning service members begin the transition process 365 days prior to transitioning for those who are separating and two years prior for those who are retiring. In the event of an unanticipated separation or retirement, or a member of the reserve component is demobilized with less than 365 days, TAP must begin as soon as possible within the remaining time period of service. Upcoming TAP dates:

- **May 9-13**
- **Aug. 8-12**

TAP is a week-long class; to register please contact Carol Beauford at usarmy.ria.usag.mbx.hrm-tsm@army.mil.

Exchange Zone



Rock Island Exchange information is located at:

www.shopmyexchange.com/company/storeDetails.jsp?storeId=1074020.

Exchange Giving Away \$2,000 in Gift Cards for National Military Appreciation Month

May is National Military Appreciation Month, and the Army & Air Force Exchange Service and Subway are saluting two military shoppers with \$2,000 in prizes. Through May 31, authorized shoppers 18 and older can enter to win one of two \$1,000 Exchange gift cards. (More:

<https://publicaffairs-sme.com/ExchangePost/2022/05/03/exchange-giving-away-2000-in-gift-cards-for-national-military-appreciation-month>)

Commissary Corner



Rock Island Commissary information is located at: www.commissaries.com/shopping/store-locations/rock-island-arsenal

May Sidewalk Sales to Offer Discounts on Variety of Everyday Items at Stateside Commissaries, RIA Commissary May 12-13

Commissary customers stateside can enjoy significant savings while stocking up on their favorite items during the Defense Commissary Agency's Military Appreciation Month Sidewalk Sale event in May. "We are striving to be our customers' grocery provider of choice," said Bonita Moffett, DeCA's director of sales. "These sidewalk sales help us do that by offering our stateside military members and their families a chance to realize extra savings during Military Appreciation Month." (More: www.commissaries.com/our-agency/newsroom/news-releases/military-appreciation-month-may-sidewalk-sales-offer-discounts)

Arsenal Archive



Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. (website: www.arsenalhistoricalsociety.org) (Facebook: www.facebook.com/RIAMuseum)

RIA Museum Closed For Renovation

The Rock Island Arsenal Museum is undergoing a \$1.5 million renovation. The project includes the biggest modernization of the museum in more than 50 years. The renovation will refocus the exhibits on the history of the U.S. Army's organic industrial base, Rock Island Arsenal, and the Arsenal's current role in producing Army readiness. It is part of the U.S. Army Museum Enterprise's five-year reform effort to refine its collection and enhance education and training capabilities at its 47 field museums. To provide a sneak peek of the new exhibits, a series of virtual presentations will be held this summer outlining the new interpretation and exhibit design. Stay tuned for updates on the [Museum's Facebook page](https://www.facebook.com/RIAMuseum) or website, arsenalhistoricalsociety.org, as it undergoes this exciting process. The museum has been closed since March 2020 due to a nationwide surge in COVID-19 cases. For more information or questions contact 309-782-3518.



Healthbeat



Run Toward The Fire: My Journey Through Mental Illness

Suicide has been a part of my Air Force journey. It took a conversation with someone I trust and respect greatly, who also happens to be a mental health professional, to realize that suicide came nearer to defining my own story than I'd been willing to admit. "I'm going to give you one piece of advice," he said. (More: <https://health.mil/news/articles/2021/05/21/run-toward-the-fire-my-journey-through-mental-illness>)

The New Public Health Director Talks about His Goals for Force Readiness

Rear Adm. Brandon Taylor was recently appointed to be the new director for the Defense Health Agency's Public Health directorate. In an interview, he discussed how he is approaching his new role, his goals for Public Health within the Defense Health Agency, and the importance of Public Health to a medically ready force and a ready medical force. Taylor has been in the U.S. Public Health Service Commissioned Corps for more than 24 years and most recently was chief of staff for the Indian Health Service within the Department of Health and Human Services. He has a doctorate in pharmacy and is board certified in pharmacotherapy. He is an enrolled member of the Seneca-Cayuga Nation. (More: <https://health.mil/News/Articles/2022/04/05/The-New-Public-Health-Director-Talks-about-His-Goals-for-Force-Readiness>)

RIA at HPCON-Alpha

The senior commander at Rock Island Arsenal authorized a change in the installation's operational status to Health Protection Condition - Alpha, effective April 11. On April 4, the Department of Defense issued a memo updating guidance directing Health Protection Level to coincide with CDC

county levels. HPCON Alpha now coincides with Low county transmission. HPCON-Alpha lifts the restrictions on indoor locations. With this change, the following recommendations have been issued by the Department of Defense:

- Less than 100 percent of normal occupancy in the workplace, with telework as appropriate.
- Communicate to personnel how and when to report illness and seek care for potential influenza-like illness.
- Common areas and large venues (e.g., sit-down dining, movie theaters, gyms, sporting venues, and commissaries) should adhere to established cleaning and sanitation protocols.
- DoDEA schools will operate following CDC recommendations and guidelines specific to schools as implemented in operational procedures and guidance from the Director, DoDEA. Children are not required to mask. Any DoD guidance that is more stringent than CDC guidance must be followed.

The change also allows the resumption of installation services. Family and MWR facilities can operate at full capacity; Child Development Centers can open additional spaces for youth; and guests may attend ceremonies and events at full capacity. Senior leadership and health personnel at the Rock Island Arsenal continue to encourage the Arsenal workforce and their families to get the first COVID-19 vaccine. Any questions regarding this change should be addressed through your supervisory chain. For more information, please reference the full DoD memorandum located at <https://go.usa.gov/xuaVG>.

RIA Health Clinic Appointment Number 📞

Rock Island Arsenal Health Clinic's patient appointment line has changed. Appointments should be made by calling **1-866-524-4677 (HOSP)** or by using TRICARE Online at www.tricare.online.com. Since June 7, the old appointment line is no longer available and patients must use the central appointment line to speak with appointment personnel. Rock Island Arsenal Health Clinic hours are the same, 7 a.m. to 4 p.m., Monday through Friday. "This central appointment line booking will help with access to care and better customer service for our patient population," said Sgt. First Class Matthew Brockway, Rock Island Arsenal Health Clinic noncommissioned officer in charge.

Notes for Veterans

VA Establishes Presumptive Service Connection for Rare Respiratory Cancers for Certain Veterans

As part of President Biden's Unity Agenda commitment to support the nation's Veterans, the Department of Veterans Affairs is adding nine rare respiratory cancers to the list of presumed service-connected disabilities due to military environmental exposures to fine particulate matter. The following list of rare respiratory cancers have been added to VA's regulations through an Interim Final Rule published in the Federal Register on April 26, 2022. (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5786)

Around the Q.C.



An interactive version of Around the Q.C. is now available at:
www.facebook.com/groups/275103093432020

Once you have joined you can see a listing a the Facebook events people have posted to the group at:
<https://www.facebook.com/groups/275103093432020/events>

The impact to these events in light of COVID-19 is unknown. It is recommended that employees look at the event link for details.

Island Insight



Col. Todd J. Allison, Garrison Commander; Staci-Jill Burnley, Public Affairs Officer; Mark Kane, Editor The Army publication, *Island Insight*, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1
https://armypubs.army.mil/ProductMaps/PubForm/Details.aspx?PUB_ID=1020482 by the Rock Island Arsenal-Garrison Public Affairs Office. **Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office.** Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Public Affairs, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For submission of announcements to the *Island Insight*, use the following link: <https://home.army.mil/ria/index.php/contact/public-affairs>. To send comments email usarmy.ria.imcom-central.mbx.usag-ria-pa@army.mil or phone 309-782-1121.

