

INDIANHEAD



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David A. Lesperance

Commanding General



Saehae bok mani badeuseyo. Our division is unique in the privilege and honor of having you, Korean soldiers, serving across our combined division. You along with the thousands of Asian Americans who have served in our division throughout its history have left an indelible mark on our formations.

This is the Year of the Iminnyeon, meaning black tiger. According to tradition, Black Tigers are known for their bravery and fearless spirit. These virtues are part of each of us who wear, and have worn, the Indianhead patch. As we stand along freedom's frontier, these values are even more important as we all must be ready to "Fight Tonight."

In that spirit, Brigadier General Kim, Namhoon, our newest Deputy Commanding General-ROK, and I send our best wishes for a Happy Lunar New Year. We wish each of you great success in the Year of the Tiger.

Second To None

Fight Tonight

Katchi Kapshida

Shawn F. Carns

Division Command Sergeant Major



I have been reading a book called, "The Unspoken Rules" by Gorick Ng. In the book, he talks about the Three Cs; Competence, Commitment, and Compatibility. Competence - can you do the job? Commitment - are you excited to be here? Compatibility - will we get along? Abiding by the Three Cs can assist you in becoming more successful at your job.

Competence - can you do the job? Are you competent at what you do? Do you have the skill, knowledge, or experience it takes to do the job? Do not wait around for someone to tell you "You're not competent." You know whether you know something or not. If not, go find the answer or take a class to improve your competency. You have a responsibility to your team to improve through self-development, institutional development, or operational development.

What happens is we wait for someone to tell us we are not competent. We then get mad when all along we knew and did nothing about it. Shame on you! Take your career in your own hands. You have a responsibility to be competent at what you do as a Soldier and leader.

Commitment - are you excited to be here? I'm excited every day to be here. I look at every situation as an opportunity to learn and grow. What usually

happens to people is we talk ourselves out of being committed. We have a bad day or two and allow it to ruin our commitment. Don't let yourself or someone else talk you out of your commitment. A bad day is just that, a bad day. It is in the past! The only thing you can control is the now. You can't control what happened after the fact. You can only hope for the future, but you can control what happens now. If you have a bad day, think of how you as a person can prevent those bad days from happening.

When someone tells you something it's them talking, go experience it before making judgement or talking yourself out of it. Learn to be optimistic. If you're not excited to be somewhere, then you won't be passionate about your job, or committed to your organization's goals and priorities. Take every situation as an opportunity to grow and learn as a Soldier, leader and individual.

Compatibility - will we get along? Every time I go into a new situation, I think of it as the first day in kindergarten. You don't know what to expect. Will everyone like me, and will we all get along? Just be yourself! Be genuine and humble. Don't try to be someone who knows everything, and never be afraid to ask for help. It is okay to not know everything. What matters is that you are willing to learn. Ask questions about the job, environment, and the people. Be open to change because the new situation you are in may not be the same as the last. You are the author to your own story. Let others know who you are. What's your background? Your family, hobbies, and goals? When you are yourself, genuine and humble can go a long way to being compatible with your subordinates, peers and leaders.

The Three Cs are tools for any Soldier or leader to help you, the situation and your team be successful at whatever might be put in front of you or your team.



WARRIORS ON THE STREET

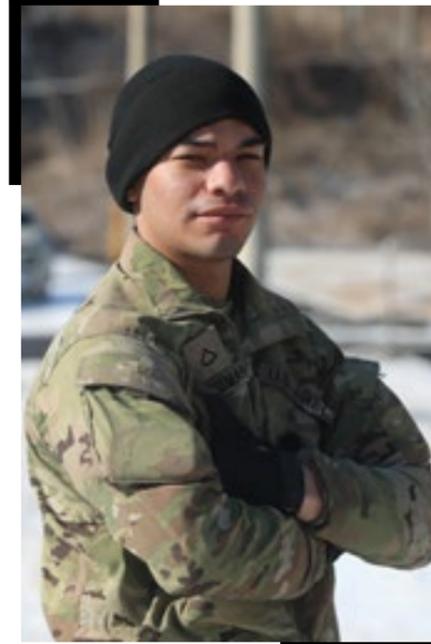
WHAT IS YOUR NEW YEAR'S RESOLUTION?



Capt. Kyong Soo Song

*35A, Military Intelligence Officer
Hanover, Maryland
Headquarters and Headquarters Company, 3rd Armored Brigade Combat Team, 1st Armored Division*

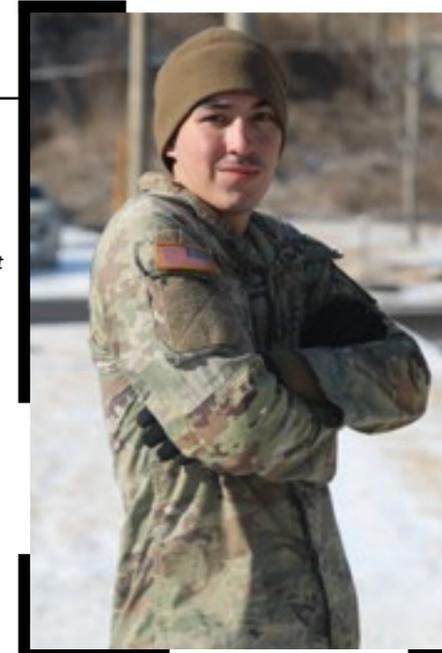
“ My New Year’s resolution for 2022 is to get in better shape and also read a book every week. So 52 books in total for this year. Really excited to see the progress but also how far I could push my limit this year.



Pfc. Adriell Guzman

*19D, Cavalry Scout Lead
Barceloneta, Puerto Rico
Alpha Troop, 2nd Squadron, 13th Cavalry Regiment, 3rd Armored Brigade Combat Team, 1st Armored Division*

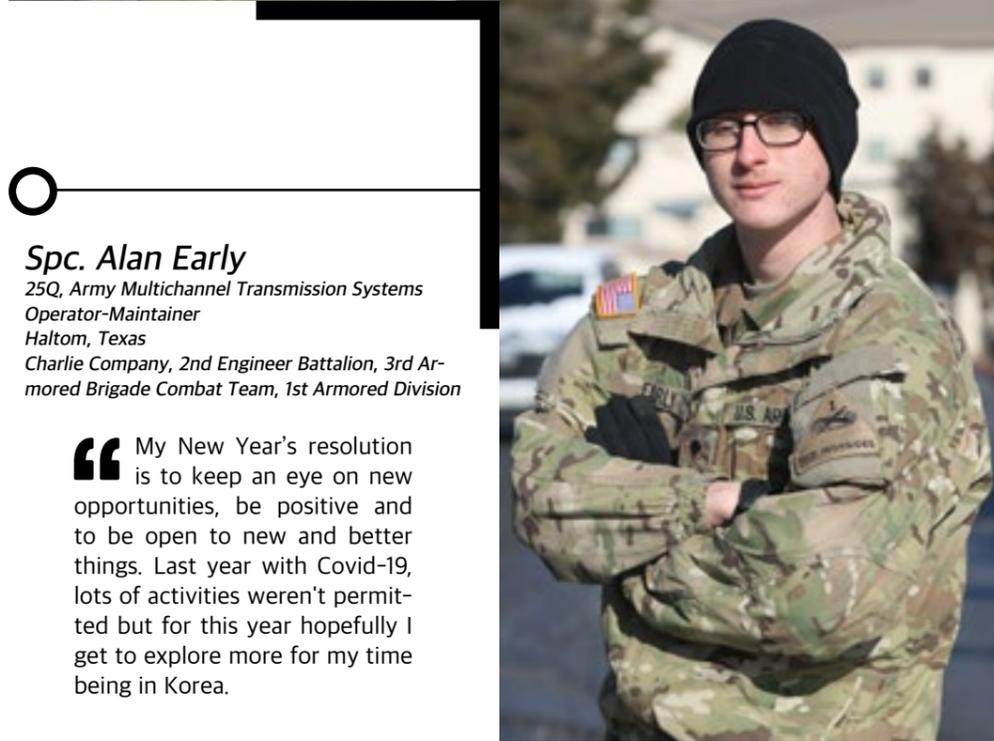
“ Mainly for this year I want to just improve on myself. I want to get in shape and decrease my run time for my next ACFT.



Pfc. Nestor Rodriguez

*19D, Cavalry Scout Lead
Barceloneta, Puerto Rico
Alpha Troop, 2nd Squadron, 13th Cavalry Regiment, 3rd Armored Brigade Combat Team, 1st Armored Division*

“ My New Year’s resolution is to hopefully move to Germany so I can explore more of the world, Europe.



Spc. Alan Early

*25Q, Army Multichannel Transmission Systems Operator-Maintainer
Haltom, Texas
Charlie Company, 2nd Engineer Battalion, 3rd Armored Brigade Combat Team, 1st Armored Division*

“ My New Year’s resolution is to keep an eye on new opportunities, be positive and to be open to new and better things. Last year with Covid-19, lots of activities weren’t permitted but for this year hopefully I get to explore more for my time being in Korea.



Pfc. William Paine

*92Y, Unit Supply Specialist
Oxford, Mississippi
Delta Company, 2nd Engineer Battalion, 3rd Armored Brigade Combat Team, 1st Armored Division*

“ My New Year’s resolution is to become more physically and mentally fit. Raise my physical fitness test score and be generous and positive on things that bother me or might make me sad. Also, obtaining my master’s degree is my main resolution for this year.

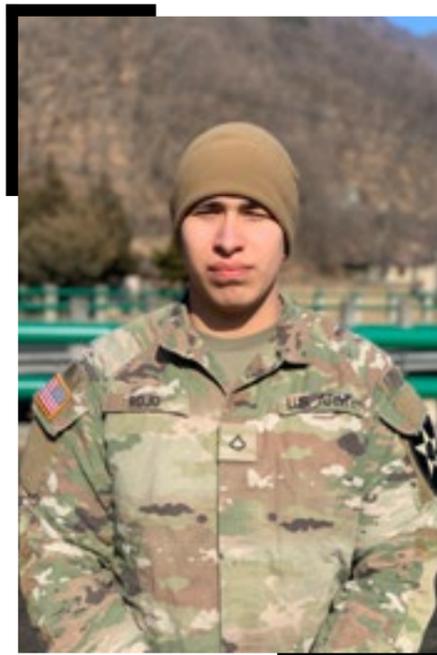
WARRIORS ON THE STREET

WHAT IS YOUR NEW YEAR'S RESOLUTION?



Cpl. Isidro Balza
19D, Cavalry Scout Leads
Pago Pago, American Samoa
Alpha Troop, 2nd Squadron, 13th Cavalry Regiment, 3rd Armored Brigade Combat Team, 1st Armored Division

“ I want to work out more and continue to improve my physical fitness and leadership skills so I can help my unit as best as I can. The Army has done a lot for me so I am trying to do as much I can for the Army.



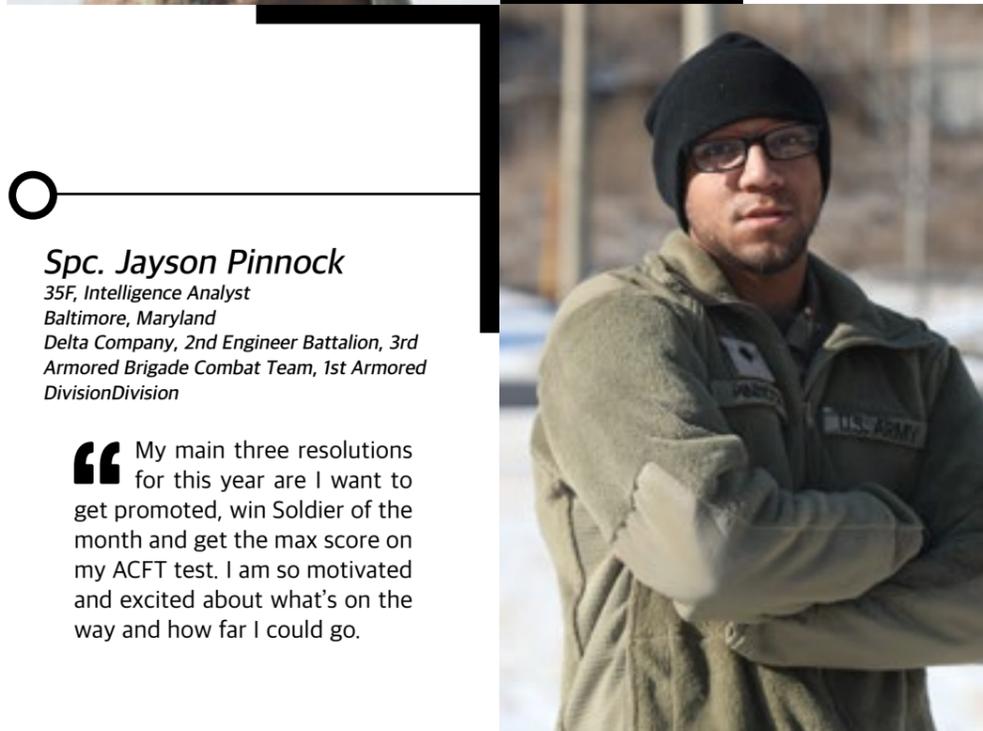
Pfc. Daniel Rojo
13J Fire control specialist
Riverside, California
6-37th Field Artillery Regiment 210th Field Artillery Brigade

“ For me, I want to be in the best shape of my life both physically and mentally. Also, I want to get better at my Spanish.



Sgt. Julian Stout
13F, Joint fire support specialist
Merced, California
210th Field Artillery Brigade

“ I would like to improve myself both physically and mentally, and try to have a more positive outlook on life. Also, I will try to sleep more than five hours a day.



Spc. Jayson Pinnock
35F, Intelligence Analyst
Baltimore, Maryland
Delta Company, 2nd Engineer Battalion, 3rd Armored Brigade Combat Team, 1st Armored Division

“ My main three resolutions for this year are I want to get promoted, win Soldier of the month and get the max score on my ACFT test. I am so motivated and excited about what's on the way and how far I could go.



Pvt. Christopher Scott Smith
13M, High mobility arty rocket system crew member
harnett county, North Carolina
Bravo Company 3-13 Field Artillery Regiment, 210th Field Artillery Brigade

“ I want to achieve and overcome any obstacle in the military and pursue a better life in the Army. Also, I would like to develop and become a better person.

Soldiers from the 1st Battalion, 38th Field Artillery Regiment, 210th Field Artillery Brigade fire a multiple launch rocket system round during a live fire in "Rocket Valley" in Pocheon, Republic of Korea, Jan. 15, 2022. The M270 multiple launch rocket system is an armored, self propelled multiple rocket launcher. (U.S. Army photo by Sgt. Willis Hobbs, 210th FAB PAO)



Making it Rain in Rocket Valley

CAMP CASEY, Republic of Korea- Soldiers from the 1st Battalion, 38th Field Artillery Regiment, 210th Field Artillery Brigade, 2nd Infantry Division/ROK-U.S. Combined Division participated in a live fire exercise in "Rocket Valley"- a training area near Camp Casey, Republic of Korea.

The first live fire of the year for the Thunder Brigade started in the morning of the 25th, the temperature was frigid with a light snowfall. While the weather was challenging this did not stop the Steel battalion from completing their mission.

"The weather did not slow us down," said Lt. Col. Jason B. Washburn, the 1-38 FAR Commander. "It just created conditions that leaders had to pay more attention to for safety of our troopers and accomplishment of the mission."

While the weather was one obstacle the unit had to get over, COVID-19 was another they'd have to face. It is expected that the virus can take a toll on training and the completion of the mission.

When asked about how it has affected the formation, Washburn ensured that they were doing everything they could to mitigate the spread of COVID-19, despite the limits it set on their ability to prepare

and conduct training. The entire 210th Field Artillery Brigade has been put on a restriction of movement since the beginning of the year which gives some units less time to prepare for their missions.

"Our efforts to mitigate this virus have limited our preparations in some ways," said Washburn,

“ But the completion of the live fire and all of our training objectives demonstrated our readiness to ‘Fight Tonight’ and our Soldiers’ capability and resilience. ”

During the live fire event 1-38 FAR fired 18 rockets and qualified six multiple launch rocket system crews and six fire direction centers. While the virus adds another obstacle to the accomplishment of the mission, the Thunder Brigade shows that it is still possible to get things done safely and effectively.

Story by Spc. Willis Hobbs
210th Field Artillery Brigade
Public Affairs Office

Soldiers from the 1st Battalion, 38th Field Artillery Regiment, 210th Field Artillery Brigade prepare to start a live fire exercise in Damteo Valley, Pocheon, Republic of Korea, 25 January 2022. The 1-38th FAR qualified six Multiple Launch Rocket System crews during the live fire exercise. (U.S. Army photo by Sgt. Willis Hobbs, 210th FAB PAO)

A Multiple Launch Rocket System from the 1st Battalion, 38th Field Artillery Regiment, 210th Field Artillery Brigade launches a rocket over "Rocket Valley" in Pocheon, Republic of Korea, 25 January 2022. 1-38 FAR launched 18 rockets during the live fire exercise. (U.S. Army photo by Sgt. Willis Hobbs, 210th FAB PAO)





Three Soldiers from 2ID/RUCD participate in the 2ID Ruck'n Challenge on Jan. 19 on Camp Humphreys, Republic of Korea. (U.S. Army photo by Lt. Col. Ryan Donald, 2ID/RUCD PAO)

2ID Rings in New Year with Ruck Challenge

#2IDRUCKNCHALLENGE

CAMP HUMPHREYS, Republic of Korea - The 2nd Infantry Division ROK/U.S. Combined Division held the 2ID Rucking Challenge Jan. 14-31, 2022. The challenge asked Soldiers in the Warrior Division to conduct ruck marches as a way to promote physical fitness and mental resilience.

Lt. Col. Jereon Hall, battalion commander of the 194th Division Sustainment Support Battalion, 2nd Infantry Division Sustainment Brigade was one of the participants who set out to accomplish this goal. Hall felt the challenge was a great reason to get a breath of fresh air and to start his day off right.

"It's a great way to just get you out of the house and around base," said Hall. "It really is one of the best ways to see things you would never get to see otherwise."

"As a commander, it can be hard to find time to yourself," said Hall. "This gives me some time to myself to stretch my legs and think through some things."

Mental benefits were not the only thing Hall experienced as part of the challenge, he was also seeing physical benefits as a result as well.

"I definitely believe this helped my physical readiness; before on weekends I would go rucking and do about five miles, but for the challenge we had to change it up" said Hall. "I found myself building to more and more each time."

Soldiers who participated rucked with 35 pounds for a total of 48 miles across the 17 days the challenge took place.

Hall feels that everyone should do something like this at least once. He also believes that there is a key to doing anything as demanding as this challenge.

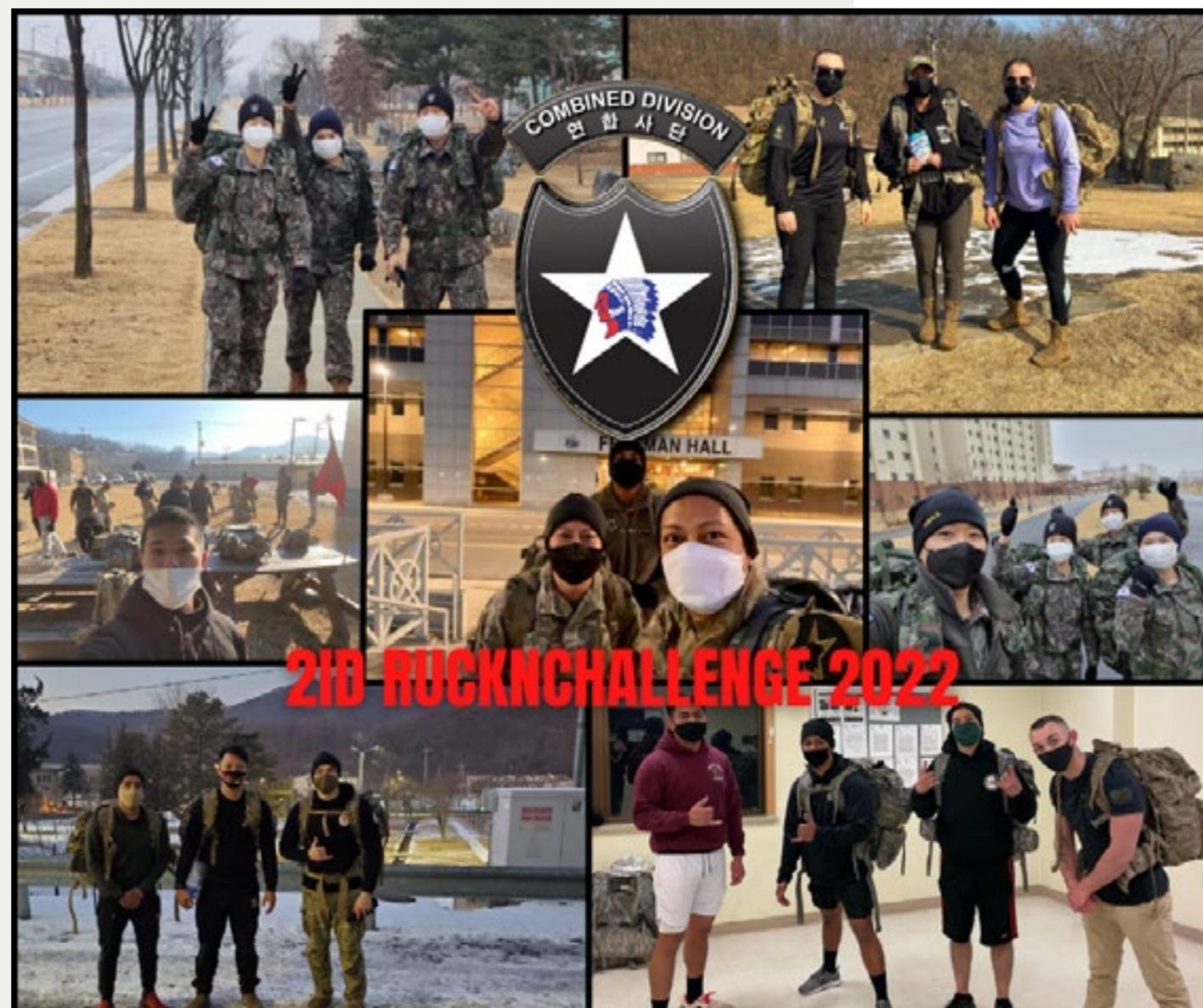
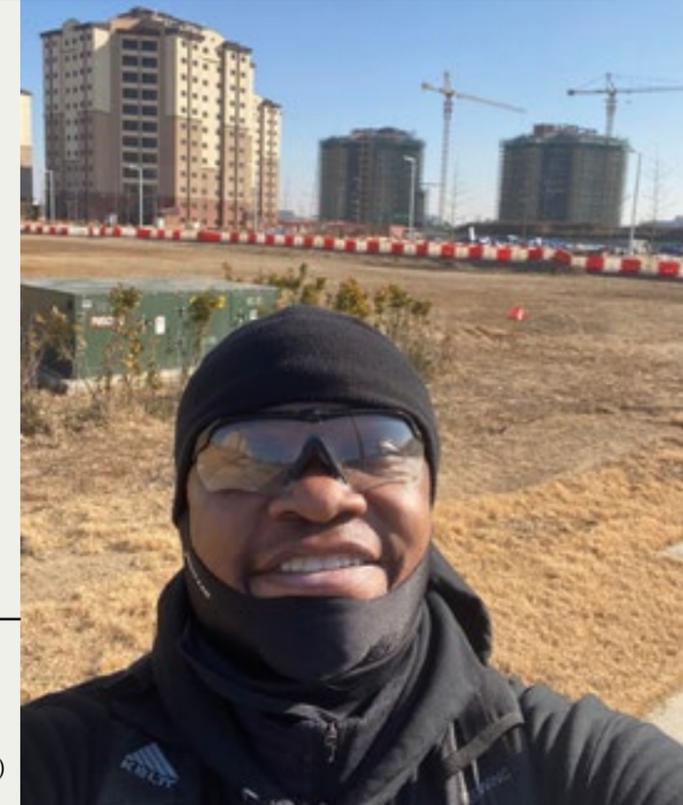
"Know your limits and be realistic with where you're at, and pace yourself. Once you've done that you can start to work past those limits," said Hall.

By the end of the challenge Hall was glad that he had invested as much time and effort as he did into the challenge.

"Overall it was a great experience," said Hall. "The support people have given me and the support I've seen people give to each other through this has been amazing."

Story by Pfc. Kade M. Bowers
2nd Infantry Division/ROK-U.S. Combined Division
Public Affairs Office

Lt. Col. Jereon Hall, the battalion commander of 194th Division Sustainment Support Battalion, participates in the 2ID Rucking Challenge Jan. 22, 2022 on Camp Humphreys, Republic of Korea. The challenge was used as a way to promote mental resilience and physical readiness. (U.S. Army Photo by Lt. Col. Jereon Hall)



MILITARY FAMILY DEMONSTRATES SERVANT LEADERSHIP



CAMP HUMPHREYS, Republic of Korea - Just before the break of dawn on the day after a damaging storm, Chief Warrant Officers 3 Kourtney and Rebekah Roundtree from the 4th Attack Battalion, 2nd Combat Aviation Brigade, 2nd Infantry Division walked the flight line on Camp Humphreys and inspected aircraft and aviation maintenance equipment.

Kourtney joined the military 19 years ago, and currently serves as the AH-64D Senior Aviation Maintenance Officer and a mentor to all warrant officers within 4-2 Attack Battalion. Though he has served nearly two decades, Kourtney says he's not thinking about retirement.

"There's more I can do," said Roundtree, a Dallas, Texas native. "As long as I can positively affect

the unit or formation, I'm going to continue to serve."

Rebekah, on the other hand, was from a well-travelled family. With a mother from the United Kingdom, and a father from the United States, Rebekah brought a wealth of experience with her. After starting her military career in the British Army as an explosive ordnance specialist and serving six years, Rebekah then decided to join the United States Army and become an AH-64D Apache aviator, and has been serving for ten years. She currently serves as the AH-64D Apache senior safety officer in 4-2 Attack Battalion.

The couple met while stationed at Fort Bliss, Texas. Kourtney was performing his duties by conducting a required test flight after some heavy maintenance on the AH-64D Apache. These test flights require a test pilot (Kourtney) and another rated aviator to assist with the flight duties (Rebekah). The two met during these test flights and discovered their shared love for their



jobs and the experience of flying. Since then, they have been happily married for three years and counting, with a one-year-old daughter named Alexandria.

"So far, it's been awesome; our command team has been very supportive," Rebekah said about being dual military in Korea. "When we have field exercises, they understand that it isn't easy to find someone to watch your kid for a week."

"The support of the command team has helped us maintain our posture here in Korea," said Kourtney. "The support even comes from the company level as the companies work together to ensure that we never have to fly on the same night."

After the storm which uprooted trees and tore off roofs in the town of Pyeongtaek, the Roundtree family received a call around 6:00 a.m. to be at the hangar that Saturday morning to walk the flight line. Daycare was

closed at the time so they made a last-minute decision to bring Alexandria with them. Their leadership gave them full support because they understood their situation.

"Knowing what I do matters makes it that much more meaningful as an attack aviator," Kourtney said. "When I get the call or when that voice comes over the air from the Soldier on the ground who is in desperate need of help. When I arrive, everything stops. That ability to provide them breathing room or time to reposition themselves and maneuver for advantage. That matters, and it's important." He then added, "The other thing, honestly is my wife and my daughter. They're my motivation."

Mr. and Mrs. Roundtree live the definition of servant leadership. Their story shows hard work and commitment to duty do not necessarily have to get in the way of starting a family. They also show that family and work can be incorporated, even if it isn't

easy and it's impossible to know just what kind of storm is around the corner. Whether it is a damaging storm or the next move to a new station, they take it all in stride, make their organization better, and set the standard while doing it.

Story by Staff Sgt. Jared Scott
4-2 Attack Battalion

Doing the Most to Keep Our Soldiers Safe

CAMP HUMPHREYS, Republic of Korea - Staff Sgt. Stefan Bankert, a combat medic assigned to Headquarters and Headquarters Company, Division Special Troops Battalion, 2nd Infantry Division Sustainment Brigade, 2nd Infantry Division, has seen the ups and downs of the COVID-19 virus since it first made itself known in early 2020. As the DSTB rolled into the new year and positive cases began to spike, medical staff was to remain on constant standby and ready to spring into action at a moment's notice. Bankert is the driving force behind this.

The recently turbulent state of COVID-19 has had Bankert and his staff working overtime to keep Soldiers and Families safe and out of harm's way from the virus.

"I remember on Christmas Eve, I received a call from our company commander explaining that I needed to come in and administer (COVID-19) tests to the Soldiers as soon as possible," said Bank-

ert. "Although many would be caught off guard, I was more than ready to make sure our Soldiers were unaffected. I was able to spend Christmas Eve with the Soldiers and that's what really mattered to me."

With Bankert's help, the brigade was able to identify positive individuals rapidly and accurately, sending record numbers to quarantine facilities across Camp Humphreys where affected Soldiers could isolate and recover in a timely manner.

Serving alongside Bankert is Spc. Goeonho Park, a fellow combat medic who has also spent hours upon hours administering COVID-19 tests to Soldiers across the brigade. He recalls his New Year's Eve as not being what he expected.

"I was in my room, enjoying the night off from work and awaiting the new year, when I received the urgent news to meet at the company for more Covid testing," said Park, a Los Angeles, California native.

"It was a long night of work, but knowing that my actions preserve the well-being of the brigade as a whole keeps me constantly motivated."

Despite the constant hours of meticulous work, both Bankert and Park continue to maintain readiness within their ranks with an unwavering dedication. Through early and accurate testing, their hard work and long nights have slowed the spread of COVID-19 dramatically throughout the brigade.

"Just knowing that both Park and I having an impact on our Soldiers is enough to keep me going, day-after-day, test after test," said Bankert. "Keeping Soldiers safe and healthy is something that I've loved doing for the past 10 years, and will continue to do for many more."

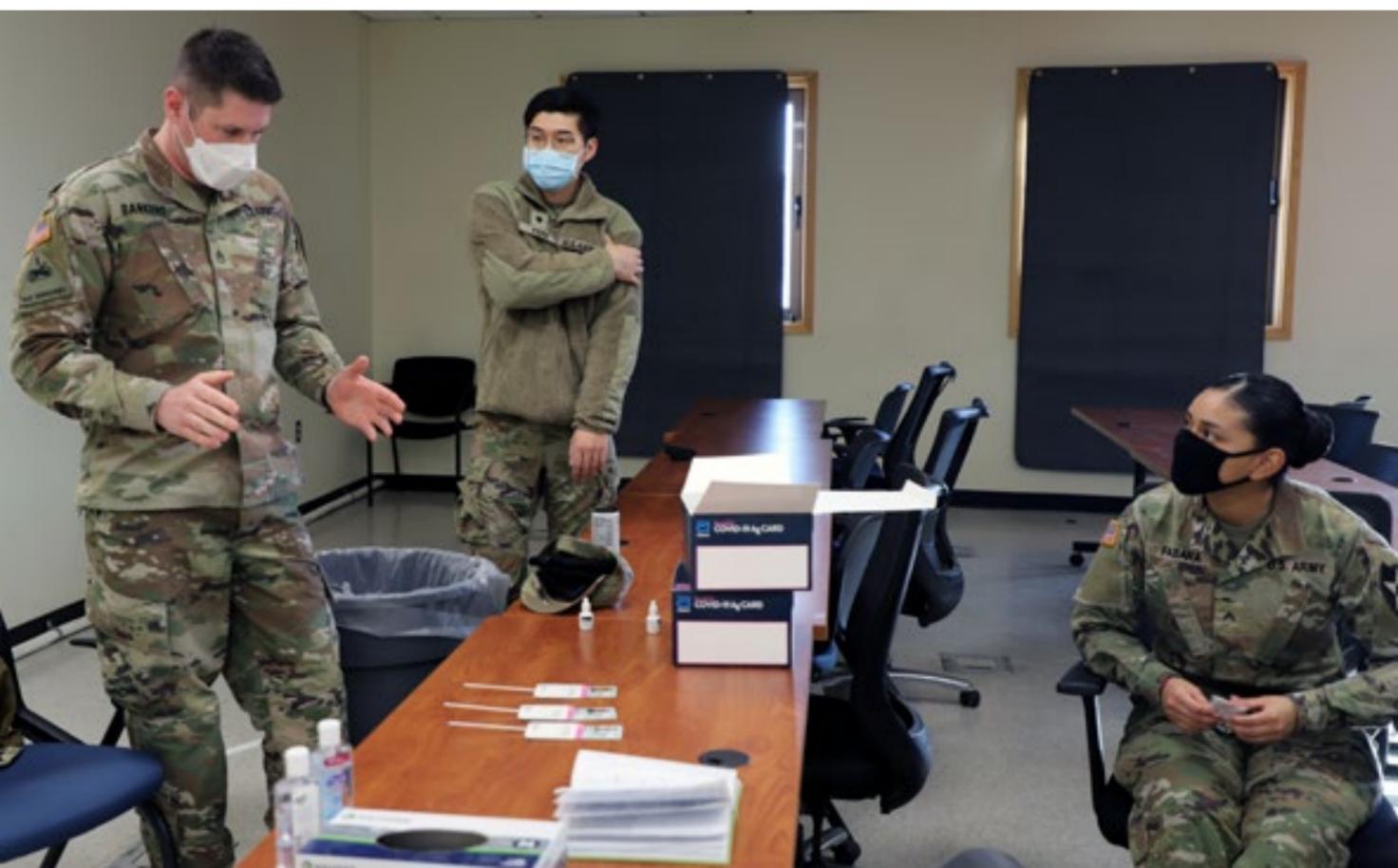
Story by Sgt. Seth Aaron
2nd Infantry Division Sustainment Brigade
Public Affairs Office



U.S. Army Spc. Goeonho Park, a combat medic attached to the Division Special Troops Battalion, performs a Polymerase Chain Reaction nasal swab on a Soldier on Camp Humphreys, Jan. 22, 2022. On this day, Park said he conducted over 50 PCR tests within just one hour, making it one of the busiest days for him. (U.S. Army photo by Sgt. Seth Aaron, 2SBDE PAO)



U.S. Army Staff Sgt. Stefan Bankert, a combat medic assigned to the Division Special Troops Battalion, takes a break from his long day of work for a quick photo in his office at the Higher Headquarters Company, Camp Humphreys, Jan. 22, 2022. Bankert spends many late nights in his office making sure his COVID-19 tracker is as up to date as possible for higher echelons to review. (U.S. Army photo by Sgt. Seth Aaron, 2SBDE PAO)



U.S. Army Spc. Goeonho Park, a combat medic with the Division Special Troops Battalion, performs a nasal swab on Pfc. Karl Schmidt at the Higher Headquarters Company motorpool, Camp Humphreys, Jan. 22, 2022. Park said he waits approximately 15 minutes for each swab to rest in order to get the most accurate results, preventing the spread of COVID-19 one swab at a time. (U.S. Army photo by Sgt. Seth Aaron, 2SBDE PAO)

U.S. Army Staff Sgt. Stefan Bankert, a combat medic with the Division Special Troops Battalion, briefs his medical team on the upcoming tasks planned for the week at the Higher Headquarters Company COVID-19 testing site. Bankert has overseen the Polymerase Chain Reaction tests for the last three months, and on average conducts 50-80 tests per day. (U.S. Army photo by Sgt. Seth Aaron, 2SBDE PAO)

Interested in the Army's Funded Legal Education Program? Here's what you need to know:

Law school may seem like an unattainable dream while in the Army, but there's a way to earn your law degree and continue serving: the Army's Funded Legal Education Program.

Law school is a rigorous but manageable academic journey that normally takes students three years to complete. Although it might be intimidating, law school is the perfect endeavor for Soldiers who want to challenge themselves in a new and exciting way. Law school pushes students to think outside of the box, write clearly and persuasively, see every side of complex issues, and advocate for themselves and others. Law school is full of challenging and rewarding opportunities for self-development while providing opportunities to assist those in need.

The FLEP enables certain active duty Soldiers to go to law school, become certified to practice law, and then serve as an active duty judge advocate. Previously, only officers between the ranks of first lieutenant and captain could apply for the FLEP. Now, the Army has expanded the program to include enlisted Soldiers. Service members between the ranks of sergeant and sergeant first class in possession of a bachelor's degree, a secret security clearance, and four to eight years of service on their anticipated law school start date are eligible to apply. Note, however, that an officer must have served between two and six years on their first day of law school.

Applications for the FLEP are available on www.jagcnet.army.mil from August through October of each calendar year, and the deadline to apply is by the first of November each year. Other parts of the application packet are a valid Law School Admissions Test score, all official college transcripts, a personal statement, a list of desired schools, all officer and noncommissioned

officer evaluation records as applicable, and an updated Soldier records brief to the selection board. An interview with the local staff judge advocate is also required.

Once accepted into the FLEP, participants must apply to at least one American Bar Association accredited law school. Participants generally must attend a public school in their state of legal residency or an out-of-state school that offers in-state tuition to out-of-state residents. Applicants who are accepted into the FLEP must begin law school during the following fall semester. The great news is that while attending law school, FLEP students continue to receive their active duty pay and allowances and accrue time in service for purposes of retirement. FLEP students also conduct on-the-job training each summer with SJA offices around the world.

At the conclusion of law school, students will study for and take the bar exam in any state or the District of Columbia. Upon receiving a passing score and gaining a license to practice law, participants begin a six-year active duty service obligation in the Judge Advocate General Corps. JAG Corps attorneys practice in several different areas of law and have countless unique opportunities such as advising commanders, prosecuting and defending Soldiers at courts-martial, advocating for sexual assault victims, and helping commanders understand the legality of combat operations. The FLEP is the perfect way for Soldiers to seamlessly transition to the JAG Corps without skipping a beat in their military careers!



Commander's Open Door Policy



"Soldiers are responsible for ensuring that the commander is made aware of problems that affect discipline, morale, and mission effectiveness; and an open door policy allows members of the command to present facts, concerns, and problems of a personal or professional nature or other issues that the Soldier has been unable to resolve. They are responsible for ensuring that Soldiers are aware of the command's open door policy." (Ch. 2-1, para. a.)

Command redress - As a general rule, IGs will encourage the Soldier or Civilian employee to discuss any issues, allegations, or requests for assistance first with the commander, chain of command, or supervisor as provided in Army Regulation 600-20. Allowing the chain of command to handle the matter underscores the chain of command's importance and credibility.

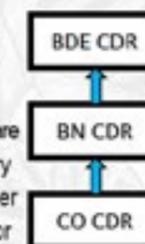
- * Soldier's may use the open door policy to resolve matters without fear of reprisal or retaliation
- * Soldier's do not require permission from their leadership to use the open door policy

Chain of Command

"The chain of command assists commanders at all levels to achieve their primary function of accomplishing the unit's assigned mission while caring for personnel and property in their charge. A simple and direct chain of command facilitates the transmittal of orders from the highest to the lowest levels in a minimum of time and with the least chance of misinterpretation. The command channel extends upward in the same manner for matters requiring official communication from subordinate to senior." (Ch. 2-1, para. a.)

Commanders exercise broad disciplinary powers in furtherance of their command responsibilities.

Command responsibilities - "When commanders are apprised of complaints or accusations against military personnel, they are expected to inquire into the matter and attempt a resolution. When a written complaint or accusation is received against military personnel, COs of units or installations will take action. All complaints will be acknowledged and/or documented, in writing." (Ch. 5-11, para b.)



NCO Support Channel

"The NCO support channel (leadership chain) parallels and complements the chain of command. It is a channel of communication and supervision from the CSM to the 1SG, and then to other NCOs and enlisted personnel of the unit" (Ch. 2-19, para. a.)

Command sergeant major - This position title designates the senior NCO of the command at battalion or higher levels. They carry out policies, enforce standards, and advise the commander on the performance, training, appearance, and conduct of enlisted Soldiers. The CSM administers the unit Noncommissioned Officer's Development Program." (Ch. 2-19, para b.2)

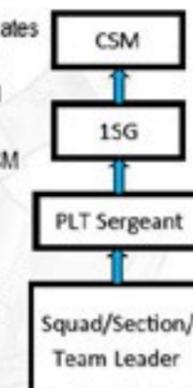
First sergeant - "The position of 1SG designates the senior NCO at company level. The 1SG of a separate company or equivalent level organization administers the unit NCOs Professional Development Program." (Ch. 2-19, para b.3)

Platoon sergeant - The platoon sergeant is the key assistant and advisor to the platoon leader. In the absence of the platoon leader, the platoon SGT leads the platoon." (Ch. 2-19, para b.4)

Section, squad, and team leaders - "These direct leaders are the NCOs responsible at this level." (Ch. 2-19, para b.5)

*** DA Pam 611-21 and TC 7-22.7 contain specific information concerning the responsibilities, command functions, and scope of NCO duties. ***

NCOs do not have authority to impose non-judicial punishment on other enlisted Soldiers under the MCM (UCMJ, Art. 15). However, the commander may authorize an NCO in the grade of SFC or above, provided such person is senior to the Soldier being notified, to deliver the DA Form 2627 (Record of Proceedings under Article 15, UCMJ) and inform the Soldier of his or her rights. In cases of non-judicial punishment, the recommendations of NCOs should be sought and considered by the unit commanders. (Ch. 2-19, para c.(2))



References:

AR 600-20, Army Command Policy, 24 JUL 2020

Points of Contact

Camp Humphreys
BLDG P6500 (Freeman Hall), Room 108.01
usarmy.humphreys.2-id.list.web-ig@army.mil

Hours of Operation
Monday-Wednesday 0900-1700
Thursday 1300-1700

2ID/RUCD IG Team

Command IG ————— 756-7351
Deputy IG ————— 756-7352
NCOIC ————— 756-7353
Office ————— 756-7662
Commercial ————— 0503-3356-7662

Satellite IG Office

BLDG S2031, Camp Casey ————— 722-1753
Commercial ————— 050-3330-1753
Walk-in's only on Wednesday from 0900—1500

Other IG

8A IG ————— 755-0540
19th ESC IG ————— 763-4079

Have questions? Email us using the QR code





HUMPHREYS TAX CENTER

Maude Hall Building 6400, Room R301 (Legal Office)

01 February - 22 April 2022

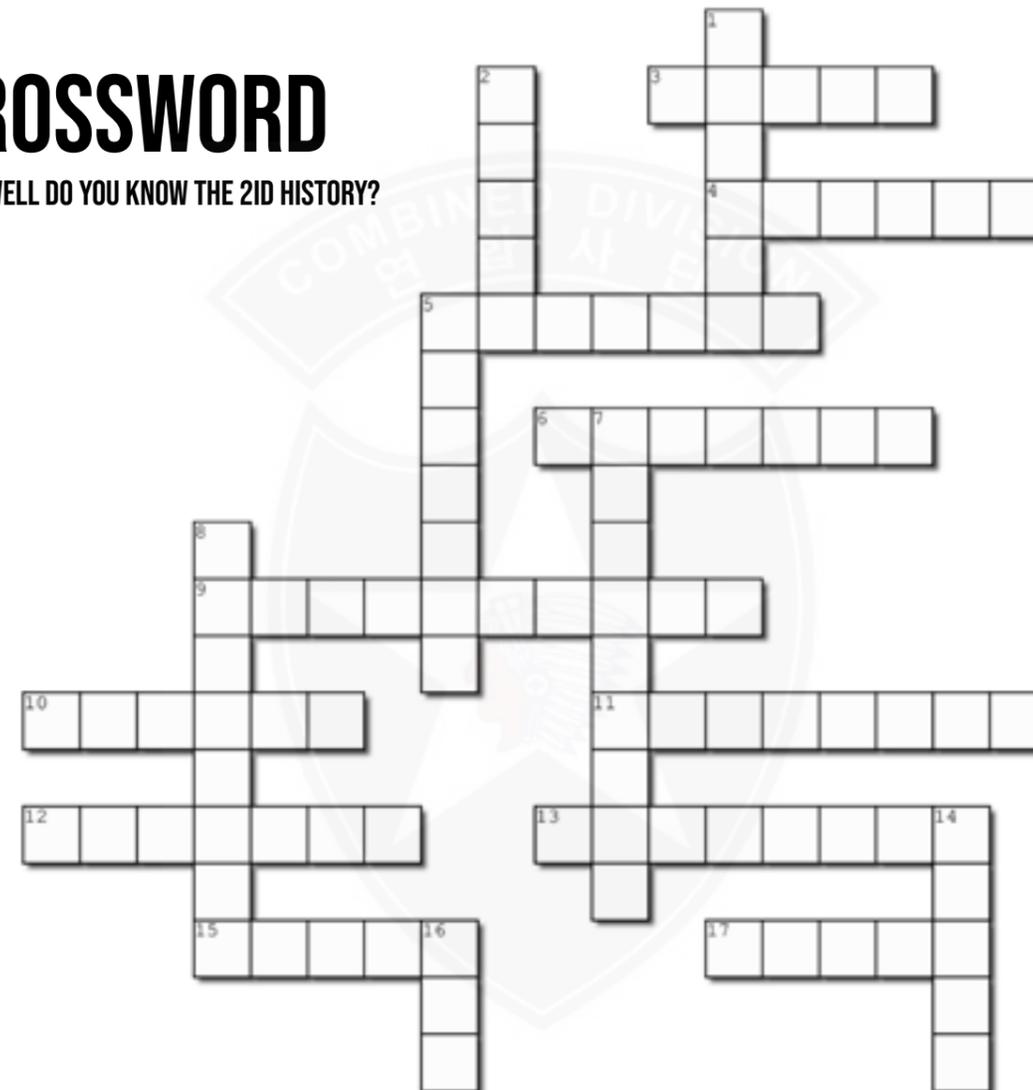
- There will be tax assistance kiosks for self-help tax filing via computer available for service members (and their families filing jointly) to prepare their taxes using tax software provided by Military OneSource.
- Trained personnel will be present to assist service members with the software.
- All services at the tax center are free.
- For non-service members, including civilians and retirees, the tax center will provide referrals to other resources located on- and off-post. Those resources will enable personnel to complete their own taxes elsewhere at their own expense.
- For non-service members falling below the federal poverty line, eligible to receive Social Security, and with extenuating circumstances, the tax center may be able to provide full service tax preparation services, resources permitting. These individuals will apply for special tax assistance at the tax center.
- One-on-one tax preparation assistance, as provided in past years, will not be available.

For more information, contact Camp Humphreys Client Legal Services 757-2621 or 757-2622



CROSSWORD

HOW WELL DO YOU KNOW THE 2ID HISTORY?



ACROSS

- 2ID was the _____ division to deploy directly from the US during Korean War.
- The only Medal of Honor recipient from Chipyeong-Ni was SFC William _____. (Gym in Camp Humphreys is named after him)
- In 1958, 2ID stood up at its new home in the US, Fort _____.
- 2ID HQ has been at four camps from 1965 to present. Humphreys, Red Cloud, Casey, and _____.
- Nickname for the 2ID
- Nickname for the 9th Infantry Regiment
- Nickname for the 23rd Infantry Regiment
- The Commanding officer of the 23rd Regimental Combat Team at Chipyeong Ni was Paul Lamar _____ Jr.
- June 3, 2015, 2ID became the first and only _____ division in the US Army.
- Fort _____, the new home of 2ID after WWII, prior to Korean War
- Prior to the deployment to Europe in WWII, 2ID trained in Fort _____.

DOWN

- This city was liberated on May 7, 1945 at the end of WWII, celebrated as 2ID day.
- During the Battle of the _____, the 2ID held their position on Eisenborn Ridge during WWII.
- 5th and 6th Marine Regiments fought at _____ Wood.
- The Commanding General of the 2ID during WWII
- "If you have a son in Korea, write to him; if you have a son in the 2ID, pray for him," said Walter _____.
- First Commanding General of the 2nd Infantry Division
- Prior to WWII, the home of the 2ID was Fort _____ Houston.

Gapyeong

[가평]



image from ytn.co.kr

Gapyeong, a tourist city created by the natural environment.

Gapyeong, a city located in the northeastern part of Gyeonggi-do, Korea, has many mountains, rivers, and valleys so you can enjoy nature. Therefore, it is a place that many couples and families visit.

Myeongji Valley in Gapyeong was created by water flowing down from Myeongji and Hwaak Mountains. It is a tourist destination where families can spend summer together with beautiful scenery around them. In particular, there is Myeongji Falls which is about 8 meters high in the middle of the valley, and visitors can enjoy autumn colors and cool off in summer.

Nami Island is located 5 minutes away from Gapyeong Station, and it is an uninhabited island created as a tourist destination. There is a wooden path with various trees on Nami Island. In the spring, you can ride a bicycle on the cherry tree path, enjoying the wind and cherry blossom scenery. In addition, Donghwa and Norae Villages are on Nami Island with various exhibition halls and museums. Therefore, anyone can enjoy various things to see and experience in those villages.



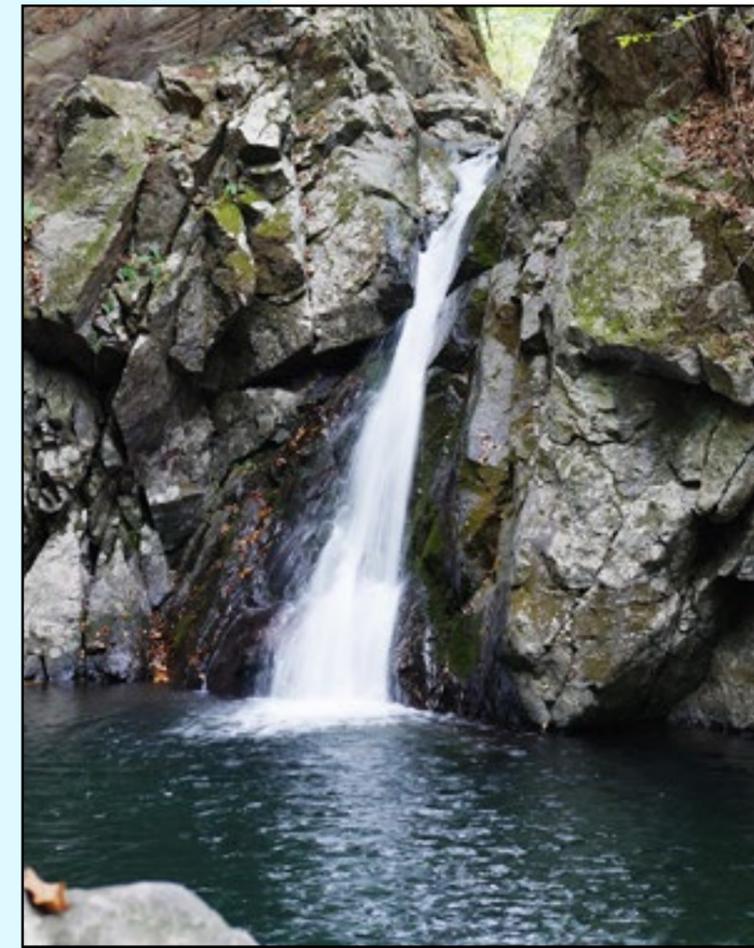
image from travelled.k

image from 123rf.com

Forty percent of Korea's pine nut production comes from Gapyeong. Therefore, there are a variety of foods using pine nuts - pine nut chicken galbi, pine nut noodles, and pine nut tofu. In particular, there are many good restaurants for pine nut chicken galbi and pine nut noodles around the North Hangang River, so you can enjoy the food while looking at the scenery of the river.

Gapyeong's combination of nature, culture, and food create a unique experience that you have to try for yourself.

Story by
 KPfc. Cho, Hee Won
 2nd Infantry Division/ROK-U.S. Combined Division
 Public Affairs Office



Doenjang -Jjigae



Ingredients

- 3 ounces pork
- 9 ounces tofu
- 1/2 medium zucchini
- 2 ounces Korean radish
- 1/4 medium onion
- 1 chili pepper green or red
- 1 scallion
- 2 tablespoons soybean paste
- 2 teaspoon of Chili powder
- 2 teaspoons minced garlic
- 2 cups of water

Instructions

1. Cut the ingredients into bite size pieces.
2. In a pot, combine the pork, soybean paste and chili pepper flakes.
3. On a stove on medium heat, cook the pork for 4 minutes or until cooked thoroughly.
4. Add water and radish. Boil for 3 minutes.
5. Add onion, garlic, tofu, zucchini, scallion and chili pepper.
6. Boil for 5 to 6 minutes.
7. Serve with a bowl of rice and enjoy.

FEBRUARY OUTLOOK

09

Weightlifting Skill Clinic - Recap & Maxes

In conjunction with a local subject matter expert, Human Performance presents a Snatch, Clean and Jerk skill clinic series

12

Valentine's Day Declaration of LOVE Dinner

Join us at the River Bend Golf Course, White Heron Restaurant for this special couples dinner

12

Lego Club

Give children the opportunity to get creative and build!

14

Super Bowl LVI Watch Party

Join us at the Flightline Tap Room for the ultimate Super Bowl watching experience!

17

Ping Pong Tournament @ Warrior Zone

\$5 entry fee. Prize for 1st place

26

Seafood Bucket Boil-Up (Fat Tuesday edition)

Strap on that bib and lick your lips. We're bringing New Orleans to you!

27

27 Quilting Class

Have you ever wanted to learn to Quilt? Here is a great class for you!

The above schedule is tentative. For the latest information, visit Humphreys Family and Morale, Welfare and Recreation (MWR - QR code on the right).

*All participants are required to adhere to the current HPCON measures, which includes wearing a mask and / or practicing social distancing.



인 디 언 헤 드

THE INDIANHEAD MAGAZINE / KOREAN EDITION



인디언헤드

THE INDIANHEAD MAGAZINE

2022년 1월호 / 제 59권, 제 1호, 통권 제 699호

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그래픽 디자이너

일병 조희원
한글판 편집장

인디언헤드지는 미 제2보병사단/한미연합사단을 위해 사단 공보참모처에서 발행하는 미 국방성 공인신문입니다.

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기사 관련 문의 / 이메일:
2idkoc@gmail.com

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BUILDING 6500

취재 요청은 DSN (315) 756-7559 으로 전화 바랍니다.

공식 홈페이지
<https://www.2id.korea.army.mil/>

인스타그램:
<https://www.instagram.com/2ndinfantrydivision/>

페이스북:
<https://www.facebook.com/pg/2IDKorea/>

트위터:
<https://www.twitter.com/2infdiv/>



인디언헤드

2022년 1월호 / 제 59권, 제 1호, 통권 제 699호

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黃勇夏

인디언헤드지 총 편집장
상병 황용하

조정현

인디언헤드지 그래픽 디자이너
상병 조정현

조희원

인디언헤드지 한글판 편집장
일병 조희원

소장 데이비드 A. 레스퍼런스

사단장



새해 복 많이 받으세요.

우리 사단은 연합사단으로서 한국군 장병들과 함께 복무하는 특권과 영예를 가진 유일무이한 부대입니다. 더불어 그간 사단에서 함께 헌신해 온 수천 명의 아시아계 미국인들을 비롯한 여러분들은 사단의 역사에 큰 업적을 남겨 왔습니다.

올해는 검은 호랑이의 해인 임인년(壬寅年)입니다. 전통적으로 검은 호랑이는 용맹한 기개로 널리 알려져 있습니다. 이는 인디언헤드 부대마

크를 부착하고 복무하는 우리의 정신과도 일맥상통합니다. 자유민주주의의 최전선에 서 있는 우리는 "Fight Tonight"이라는 우리의 구호와 같이 전투준비태세를 완비하고 있어야 함을 다시 한번 강조합니다.

이러한 마음을 담아, 연합사단 협조단장과 사단장은 우리 사단 장병 모두의 행복한 새해를 기원합니다. 호랑이의 해, 여러분 모두 건승하십시오.

Second To None! Fight Tonight!
같이 갑시다!

주임원사 션 F. 칸스

사단 주임원사



저는 고리크 응의 "말할 수 없는 규칙"이라는 책을 읽고 있습니다. 이 책에서 저자는 능력, 헌신, 그리고 적합성에 대해 이야기합니다. 능력 - 당신이 업무를 수행할 수 있습니까?, 헌신 - 당신은 이곳에 온 것에 대하여 만족합니까? 그리고 적합성 - 사람들과 잘 어울릴 수 있습니까? 이러한 세 가지를 잘 준수한다면 당신이 직장에서 성공하는데에 도움이 될 것입니다.

능력 - 당신이 업무를 수행할 수 있습니까? 당신은 당신이 하는 일에 유능합니까? 당신은 그 일을 하는데에 필요한 기술, 지식, 경험을 가지고 있습니까? 누군가가 당신에게 '당신은 유능하지 않아요'라고 말할 때까지 기다리지 마세요. 당신은 스스로 자신이 어떠한 것을 아는지 알고 있습니다. 만약 그렇지 않다면, 답을 찾거나 당신의 능력을 향상시키기 위한 노력을 하세요. 당신은 당신의 팀에게 자신의 능력, 제도 그리고 조직을 발전시킬 책임이 있습니다.

우리는 인간으로서 누군가가 우리에게 능력이 없다고 말해주길 기다립니다. 그리고 우리는 스스로가 능력이 없음을 알아음에도 불구하고 화를 냅니다. 하지만 그것에 대하여 아무 것도 하지 않습니다. 이러한 것들은 부끄러운 것 입니다. 당신은 군인으로서, 리더로서 유능해야 할 책임이 있습니다.

헌신 - 당신은 이 곳에 온것에 대하여 만족합니까? 저는 여기에 있어서 매일이 기대됩니다. 저는 모든 상황을 배우고 성장할 수

있는 기회로 봅니다. 사람들은 대개 헌신적이지 않는 것에 대하여 스스로에게 합리화합니다. 우리는 일진이 좋지 않은 날에도 우리가 헌신적이지 않아도 냅둡니다. 당신이나 다른 사람이 당신이 헌신적이지 않도록 하는 것을 내버려 두지 마십시오. 일진이 좋지 않은 날은 그냥 그날에 일진이 좋지 않은 것입니다. 당신이 통제할 수 있는 것은 현재입니다. 당신은 이미 일어난 것은 통제할 수 없습니다. 당신은 앞으로 일어날 것에 대해서는 통제할 수 있으며 미래를 바라볼 수는 있습니다. 당신이 일진이 좋지 않은 날을 겪게 되면 앞으로 그러한 일이 일어나는 것을 예방하도록 노력하세요.

다른사람이 말하는 것에 휩쓸리지 말고 긍정적이도록 노력하세요. 만약 당신이 일하는 것에 흥미를 느끼지 못하면 당신의 일에 열정적일 수 없으며 또한 당신의 조직의 목표와 우선순위에도 헌신적이지 못합니다. 모든 상황을 기회로 삼아 군인으로서, 리더로서, 그리고 개인으로서 성장할 수 있도록 하세요.

적합성 - 사람들과 잘 어울릴 수 있습니까? 저는 새로운 상황을 맞닥뜨리면 항상 처음으로 유치원에 간 날을 생각합니다. 당신은 어떠한 상황을 마주할지 모릅니다. 그냥 당신 스스로가 되십시오! 진실하고 겸손하세요. 모든 것을 아는척 하지 말고 도움을 청하기 두려워하지 마세요. 모르는 것이 있어도 괜찮습니다. 중요한 것은 당신이 배울 의지가 있다는 것입니다. 일, 환경과 사람들에 대해서 질문을 하세요. 당신이 처한 새로운 상황이 지난 번과는 다를 수 있기 때문에 변화를 두려워하지 마세요. 당신은 당신의 이야기의 작가입니다. 다른 사람들이 당신이 어떠한 사람인지 알 수 있도록 하세요. 당신의 배경은 어떠한입니까? 당신의 가족, 취미, 목표는 어떠한입니까? 당신이 스스로의 모습을 보여 줄 수 있고 진실되며 겸손할 때 당신은 당신의 부하들, 동료들, 그리고 리더들과 함께 나아갈 수 있을 것입니다.

능력, 헌신 및 적합성은 주변의 장병이나 리더가 당신을 도와줄 수 있도록 하고 팀이 성공하고 마주하는 어떠한 어려움도 이겨내는 것을 도울 수 있는 도구입니다.

로켓 벨리에 비를 내리게 하다



제210야전포병여단 1-38야전포병연대의 다연장로켓시스템이 2022년 1월 25일 포천시 "로켓벨리" 상공에서 로켓을 발사하고 있다. (사진 출처: 병장 윌리스 홉스, 제 210 야전포병여단)

캠프 케이시, 대한민국- 제210야전포병여단 제38야전포병연대 제1대대 장병들은 2022년 1월 25일 캠프 케이시 근처의 "로켓 벨리" 훈련장에서 실탄 사격 훈련에 참가했다.

썬더여단의 올해 첫 실사격은 25일 오전 10시경부터 시작됐고 이때 기온은 낮았으며 가벼운 눈이 내리기도 했다. 비록 날씨가 좋지 않았지만 강철대대는 임무를 성공적으로 완수하였다.

제38야전포병연대 제1대대 대대장인 워시번 중령은 날씨가 실사격 훈련을 하는 장병들에게 어떤 영향을 미쳤는지에 대한 질문을 받았을 때 "날씨는 우리를 늦추게 하지 못합니다"라고 답하였다. "날씨는 우리 부대원들의 안전과 임무를 완수하기 위해 지휘관들이 더 많은 관심을 기울여야 하는 조건들을 조성했을 뿐입니다." 라고 그는 말하였다.

날씨는 제38야전포병연대 제1대대가 넘어야 할 하나의 장애물이었지만, 그들이 직면해야 할 또 다른 장애물은 코로나19였다. 코로나 바이러스가 훈련과 임무 완수에 타격을 줄 수 있기 때문이다. 워시번 중령은 코로나19가 훈련에 어떠한 영향을 주었느냐는 질문에 대하여 훈련 준비 및 훈련 실시에 한계가 있음에도 불구하고 코로나의 확산을 완화하기 위해 할 수 있는 모든 것을 하고 있다고 말했다. 제 210 야

전포병여단 전체가 연초부터 이동제한으로 인해 일부 부대가 임무준비를 할 시간이 부족했다.

워시번 중령은 "코로나19를 완화하려는 우리의 노력은 우리가 훈련을 준비하는데에 제한을 두었다"고 말했다. "그러나 실탄 사격 훈련 및 모든 훈련 목표 달성은 '당장 싸울 수 있는' 전투태세 완비와 장병들의 능력 및 회복력을 보여주었다." 라고 말했다.

실사격 훈련동안, 제38야전포병연대 제1대대는 18발의 로켓을 발사하여 6명의 다연장로켓 발사 시스템 운용요원들과 6개의 화력발사센터의 요구조를 만족시켰다. 코로나 바이러스가 임무 완수에 있어 장애물이긴 하지만, 썬더 여단은 여전히 안전하고 효과적으로 임무를 완수하는 것이 가능하다는 것을 보여주었다.

병장 윌리스 홉스 / 기사
제 210야전포병여단

상병 황용하 / 번역
미 제2보병사단/한미연합사단
공보참모처



제210야전포병여단 1-38야전포병연대의 다연장로켓시스템으로 2022년 1월 25일 포천시 "로켓벨리" 상공에서 로켓을 발사하고 있다. M270 다연장 로켓 시스템은 자체 추진식 방사포다. (사진 출처: 병장 윌리스 홉스, 제210야전포병여단)



제210야전포병여단 1-38야전포병연대 장병들이 2022년 1월 25일 포천 담터계곡에서 실탄사격 훈련을 시작할 준비를 하고 있다. 제38야전포병연대 제1대대는 18발의 로켓을 발사하여 6명의 다연장로켓 발사 시스템 운용요원들과 6개의 화력발사센터의 요구조를 만족시켰다. (사진 출처: 병장 윌리스 홉스, 제210야전포병여단)

제210야전포병여단 1-38야전포병연대의 다연장로켓시스템이 2022년 1월 25일 포천시 "로켓벨리" 상공에서 로켓을 발사하고 있다. (사진 출처: 병장 윌리스 홉스, 제210야전포병여단)



장병들의 건강과 안전을 위해 최선을 다하다

캠프 험프리스, 대한민국 - 2사단 특수대대 본부 및 본부중대에 배속된 스테판 뱅커트 하사는 코로나 바이러스의 성쇠를 목격했다. 특수대대가 새해로 접어들면서 코로나 양성 사례가 급증하기 시작했다. 이는 의료진이 항상 임무수행할 준비가 되어있어야 한다는 것을 의미했다. 뱅커트 하사는 이러한 일의 원동력의 역할을 하고있다.

최근 격동하는 코로나19 사태로 인해 뱅커트 하사와 의무장병들은 장병과 가족들을 바이러스로부터 보호하기 위해 초과 근무를 해왔다.

뱅크트 하사는 "크리스마스 이브에 중대장으로 부터 가능한 한 빨리 군인들에게 코로나 검사를 해야 한다는 전화를 받은 것으로 기억합니다"라고 말했다. "비록 많은 이들에게는 갑작스러운 소식이겠지만, 저는 장병들이 코로나에 걸리지 않았음을 확실히 할 준비가 되어 있었습니다. 저는 크리스마스 이브를 군인들과 함께 보내게 되

었지만 그것이 저에게 정말 중요한 것입니다."

뱅크트 하사의 도움으로 여단은 코로나에 걸린 장병들을 신속하고 정확하게 식별할 수 있었고, 양성 판정을 받은 장병들이 즉시 격리 및 회복할 수 있도록 캠프 험프리스 전역에 걸친 격리시설로 보냈다.

뱅크트 하사의 옆에서 함께 일을 하는 박군호 상병은 여단 전체에 걸쳐 병사들에게 PCR 검사를 실시해 온 동료 의무병이다. 그는 자신의 새해 전날이 그의 예상과는 달랐다고 회상한다.

캘리포니아 주 로스앤젤레스 출신인 박 상병은 "퇴근을 즐기고 새해를 준비하고 있는데, 이 때 더 많은 코로나 검사를 위해 중대로 가야 한다는 긴급한 소식을 들었다"고 말했다. "긴 밤 근무였지만, 제가 취한 행동들이 여단 전체의 안녕을 지켜주는 것은 저에게 지속적으로 동기를 주어져 주었습니다."

끊임없는 작업에도 불구하고 뱅커트 하사와 박상병은 항상 준비태세를 유지하고 있다. 그들의 노고와 신속하고 정확한 코로나19 테스트는 여단 전체에 코로나19의 확산을 극적으로 늦추었다.

뱅크트 하사는 "박 상병과 나 둘 다 장병들에게 미치는 영향이 크다는 것을 아는 건 우리에게 지속적으로 열심히 일할 수 있는 동기를 부여해 준다"고 말했다. "장병들의 안전과 건강을 지키는 것은 제가 지난 10년 동안 매우 좋아했던 일이고 앞으로도 계속 할 것입니다."

하사 세스 애런 / 기사 제2보병사단 지원여단

상병 황용하 / 번역 미 제2보병사단/한미연합사단 공보참모처



미 육군참모부. 특수병력대대의 의무병인 스테판 뱅커트 하사가 상급본부중대 코로나 시험장에서 의료진에게 이번 주에 예정된 임무에 대해 설명하고 있다. 뱅커트 하사는 지난 3개월 동안 PCR 테스트를 감독해 왔으며, 평균적으로 하루에 50-80회의 테스트를 실시하고 있다. (사진 출처: 하사 세스 애런, 제2보병사단 지원여단)

특수대대 소속 박군호 상병이 2022년 1월 22일 캠프 험프리스에서 병사 한 명에게 PCR 검사를 하고 있다. 이날 박씨는 한 시간 만에 PCR 검사를 50회 이상 실시해 가장 바쁜 날 중 하나가 됐다고 말했다. (사진 출처: 하사 세스 애런, 제2보병사단 지원여단)



특수대대 소속 박군호 상병이 2022년 1월 22일 캠프 험프리스에 있는 상급본부중대 모터풀에서 칼 슈미트 일병에게 PCR 검사를 하고있다. 박씨는 가장 정확한 결과를 얻기 위해 표본 1개당 약 15분간 휴식을 취한다고 밝혔다. (사진 출처: 하사 세스 애런, 제2보병사단 지원여단)



군인 가족이 서번트 리더십을 발휘하다



캠프 험프리스, 대한민국 - 피해가 큰 폭풍우가 지나간 다음 날 동이 트기 전에 미 제2보병사단 제2전투항공여단 제4 공격대대의 코트니 준위와 리베카 라운드트리 준위가 캠프 험프리스에서 항공기와 항공기 정비 장비를 점검했다.

코트니 준위는 19년 전 군에 입대해 현재 4-2 공격대대의 AH-64D 아파치헬기 선임 항공정비 장교로 복무 중이며 그는 다른 준위들에게 멘토이다. 비록 코트니 준위는 20년 가까이 복무했지만 은퇴할 생각은 없다고 밝혔다.

"제가 할 수 있는 일이 아직 많습니다." 라고 텍사스 달라스 출신의 라운드트리 준위가 말했다. "제가 부대나 조직에 도움을 줄 수 있는 한, 저는 계속 복무할 것입니다."

반면 리베카 준위는 여행을 많이 다니는 집안 출신이었다. 영국 출신의 어머니와 미국 출신의 아버지 사이에서 자란 리베카 준위는 많은 경험을 얻을 수 있었다. 폭발물 특기병으로 영국 육군에 입대해 6년간 복무한 리베카 준위는 미국 육군에 입대해 AH-64D 아파치헬기 조종사가 되기로 하고 10년째 복무 중이다. 그녀는 현재 4-2 공격대대에서 AH-64D 아파치헬기 선임 안전 장교로 복무하고 있다.

이 부부는 텍사스주 포트 블리스에서 주둔하는 동안 만났다. 코트니 준위는 항공 정비 장교로서 AH-64D아파치 헬기를 정비한 후 시험비행을 수행하고 있었다. 이러한 시험 비행에는 시험 조종사(코트니 준위)와 비행 의무를 지원하기 위한 또 다른 비행사(리베카 준위)가 필요하다. 이 두 사람은 시험 비행을 하는 동안 만났고 그들의 직업과 비행 경험에 대한 공통적인 사랑을 알게 되었다. 이후 그들은 3년 동안 행복하게 결혼생활을 하고 있으며 알렉산드리아라는 한 살짜리 딸도 낳게 되었다.

리베카 준위는 "지금까지 우리 지휘부가 많은 지원을 해주었습니다" 라고 말했다. 또한 그는 "우리가 야전 훈련을 할 때, 지휘부는 일주일 동안 아이를 돌봐줄 사람을 찾는 것이 쉽지 않다는 것을 이해합니다."

코트니 준위는 "지휘부의 지원이 한국에서의 생활하는 것에 큰 도움이 됐습니다" 라고 말했다. 또한 그는 "우리가 같은 날 밤 비행기를 타지 않도록 중대 차원에서 지원해 줍니다." 라고 말했다.

나무를 뽑고 지붕을 날려버릴만큼의 엄청난 폭풍우가 평택을 지나간 후, 라운드트리 가족은 토요일 아침 06시경 격납고에 와달라는 연락을 받았다. 당시 탁아소가 문을 닫아서 그들은 딸 알렉산드리아를 함께 데려가기로 했다. 그들의 지휘부는 그들이 처한 상황을 이해했기 때문에 그들에게 전폭적인 지원을 해주었다.

"제가 무엇을 해야하는지 아는 것은 제가 하는 일들에 더 큰 의미를 줍니다."라고 코트니 준위는 말했다. 또한 그는 "공격헬기 비행사로서 도움이 절실히 필요한 장병의 연락을 받을 때 제가 도착하고 나면 비로소 모든 난관은 멈춥니다. 그때 그들에게 쉴 수 있는 공간이나 시간을 제공하는 능력, 그리고 상황을 개선시키기 위해 그들의 위치를 옮기는 것은 매우 중요합니다. 다른 하나의 동기는 솔직히 제 아내와 딸입니다. 그들은 늘 제게 동기를 부여합니다" 라고 말했다.

라운드트리 부부는 서번트 리더십의 정의를 실천하며 살아간다. 그들의 이야기는 열심히 일하고 군 복무에 대한 헌신이 반드시 가정의 정을 꾸리는 것에 방해가 되지 않는다는 것을 보여준다. 또한 그들은 어려움이 닥치더라도 가족과 일이 병립될 수 있다는 것을 보여준다. 피해가 큰 폭풍이건 근무지를 옮기는 것이던, 그들은 모든 것을 성실히 받아들이고 소속된 조직을 더 좋은 곳으로 개선하며 일을 수행하면서도 기준을 지킨다.

하사 재러드 스콧 / 기사
4-2 공격 대대

일병 조희원 / 번역
미 제2보병사단/한미연합사단
공보참모처





군장구보 챌린지로 새해를 맞이한 미 제2보병사단

2사단/연합사단의 세 명의 군인들이 1월 19일 한국 캠프 험프리스에서 열린 2ID 군장구보 챌린지에 참가한다. (사진 출처: 미 제2보병사단/한미연합사단)



194사단 지속지원대대 대대장 중령 제레온 홀이 2022년 1월 22일 캠프 험프리스에서 열린 2ID 군장구보 챌린지에 참가했다. 이 도전은 정신 회복력과 신체 준비성을 증진시키는 활동이었다. (사진 출처: 중령 제레온 홀, 194사단 지속지원대대)



캠프 험프리스, 대한민국 - 미 제2보병사단/한미연합사단은 2022년 1월 14일부터 31일까지 미 제2보병사단 군장구보 챌린지를 개최했다. 이 챌린지는 워리어 사단(미 제2보병사단의 별칭)의 장병들에게 신체 건강과 정신 회복력을 증진시키기 위해 개최되었다.

이 목표를 달성하기 위해 출발한 참가자 중 한 명인 제194 사단지속지원대대 대대장 제레온 홀 중령은 군장구보 챌린지가 신선한 공기를 마시고 하루를 제대로 시작하는 것에 좋다고 말했다.

"이 챌린지는 당신을 집에서 나와 기지 주변을 돌아다닐 수 있게 하는 좋은 방법입니다"라고 홀 중령은 말했다. 그는 또한 챌린지는 평소에 보지 못한 것들을 볼 수 있게 하는 최고의 방법 중 하나라고 덧붙였다. "지휘자로서, 스스로를 위한 시간을 갖는 것은 어려울 수 있습니다"라고 홀 중령은 말했다. 또한 그는 군장구보 챌린지가 그에게 운동을 하고 여러 가지를 생각할 수 있는 시간을 준다고 말하였다.

홀 중령은 군장구보 챌린지 참여를 통하여 정신적인 이점 뿐만이 아니라, 체력적인 이점 또한 볼 수 있었다.

홀 중령은 "이전에는 주말에 5마일씩 군장구보를 하며 체력운동을 했으나 챌린지를 통해 체력을 더욱 강화 하면서 신체적인 준비태세를 갖출 수 있습니다"고 했다. 그는 또한 스스로 체력이

강화되는 것을 느낄 수 있었다고 말했다.

참가한 장병들은 17일 동안 48마일을 35파운드의 무게의 군장을 짊어지고 참가했다. 홀 중령은 누구나 한번쯤은 이러한 도전을 해봐야하고 이번 챌린지와 같이 많은 노력이 필요한 것에는 얻어갈 것이 꼭 있다고 말했다.

홀 중령은 "여러분의 한계와 현재 위치를 알고 여러분이 직접 속도를 선정하세요. 이후에 점차 여러분의 한계를 넘도록 해보세요." 라고 말했다. 챌린지가 끝나고 홀 중령은 그가 챌린지에 많은 노력과 시간을 투자한 것에 대해 만족스러워 했다. 홀 중령은 "결과적으로 챌린지는 매우 좋은 경험이었습니다. 제가 사람들에게 받고, 서로에게 해준 지원은 엄청난 경험이었습니다" 라고 말했다.

병장 세스 에런 / 기사
제2보병사단 지원여단, 공보정훈과
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공보참모처



자연환경이 만들어진 관광의 도시
가평

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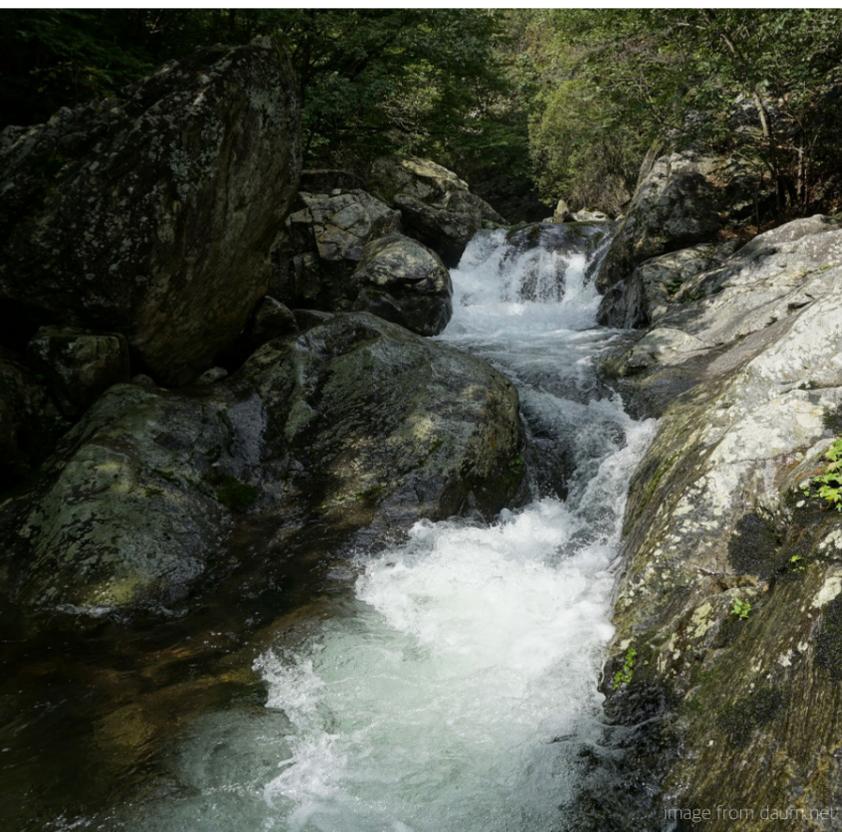


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대한민국 경기도 동북부에 위치한 자연의 도시 가평은 산과 강, 계곡이 많아 자연을 즐기며 여행할 수 있는 도시입니다. 따라서 커플 여행과 가족여행으로 사람들이 많이 찾는 곳입니다.

가평의 명지계곡은 명지산과 화악산에서 흘러내린 물이 만나 만들어진 계곡으로 수심이 너무 깊지 않고 주변의 아름다운 경치가 함께 어우러져 가족들이 함께 피서를 보낼 수 있는 관광지입니다. 특히, 계곡의 중간지점에는 높이 8미터 정도의 명지 폭포가 있는데 가을에 방문해보면 단풍과 아름다운 장관이 만들어지고 여름에는 더위도 식힐 수 있는 곳입니다.

가평역에서 5분거리에 남이섬이 위치해있는데, 남이섬은 사람이 살지 않는 작은 섬을 관광지로 조성하여 만든 곳으로 자전거로 여행하기 알맞은 곳입니다. 남이섬에는 다양한 나무들이 세워져 있는 나무 길이 있는데 특히 봄에는 벚꽃나무길에서 자전거를 타면 바람을 맞이하며 벚꽃 경관도 즐길 수 있습니다. 또한 남이섬에는 동화마을과 노래마을이 있는데 이 두 마을에는 각종 전시관과 박물관들이 있어서 아이들과 함께 간다면 아이들이 다양한 볼거리와 체험거리를 즐길 수 있을 것입니다.

가평은 전국 잣 생산량의 40%를 차지할 만큼 잣이 특산물인 지역입니다. 따라서 잣을 활용한 다양한 음식이 있는데, 그중 잣 닭갈비, 잣 막국수와 잣 두부는 가평에서 많이 볼 수 있는 메뉴입니다. 특히, 북한강이 지나가는 곳 주변에 잣 닭갈비와 막국수 맛집이 많으니 강을 보면서 음식을 즐길 수도 있을 것입니다.

가평은 자연과 문화공간, 그리고 먹거리가 함께 어우러진 곳으로 다양한 경험을 할 수 있는 도시입니다.

일병 조희원 / 기사
미 제2보병사단/한미연합사단
공보참모처



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