## HIGH DESERT WARRIOR

Volume 6, Number 6

Feb. 11, 2010

Published in the interest of the National Training Center and Fort Irwin community

#### Stand proud during Reveille, Retreat

**GARRISON COMMAND** 

News Release

Because Fort Irwin is a military installation, the duty day begins with the raising of the American flag and playing of "Reveille" in the morning and ends with lowering of the flag and playing of "Retreat" at the end of the day. For that reason, it is important that the entire Fort Irwin community know the proper way of respecting the American flag in a military installation, such as Fort Irwin.

#### Reveille at 6:30 a.m.:

Reveille signifies the beginning of the official duty day, and the raising of the flag. At the first note of music, military personnel in uniform will come to attention, face the flag (or music if flag is not in view) and render the hand salute. End hand salute on last note of music.

Civilian personnel on the installation should face the flag or music and place their right hand over their hearts for "To the Colors."

All vehicles should come to a stop and remain so until the last note is played. Drivers are expected to safely stop their vehicles and get out of their vehicles to properly render honors. Handicapped persons and small children are not required to exit their vehicles.

Vehicles carrying groups, such as buses, should also stop to allow the senior occupant to exit the vehicle and render honors.

#### Retreat at 5 p.m.:

Retreat signifies the end of the official duty day and the lowering of the flag. Military personnel outdoors and in uniform, at the first note of "To the Colors": if outdoors, come to attention, face the flag (or music if flag is not in view) and render the hand salute; if indoors, stand at attention. Hold this position until the last note of music has been played.

See Reveille, page 18

#### **Celebrate**

**Valentine's Day** and President's Day

## **Two New Fire Trucks**



James Kleiner, Fort Irwin Fire Protection and Emergency Services, right, talks about the rear-mounted panel of a new fire truck with Col. Jim Chevallier, commander, Fort Irwin U.S. Army Garrison, left, at Fire Station 1 on Monday. Fort Irwin Fire Chief Ray Smith, center, also informed Chevallier about the truck's capability. The new truck is one of two purchased by Garrison for the Fort Irwin Fire Department. See story on Page 16.

## **ROCKS** mentor, develop future leaders

STORY AND PHOTO BY GUSTAVO BAHENA

Warrior Staff Writer

It takes time and dedication to establish an organization, but when that association is focused on mentoring and developing future leaders, the endeavor is well worth the effort.

On Fort Irwin, an organization that is on its way to strengthening its standing is the local chapter of ROCKS, Inc. The name of the organization stands for resourcefulness,

officership, commitment, knowledge and scholarship. The Fort Irwin group is part of an Army-wide, non-profit organization that offers developmental guidance to members of the Army officer corps and ROTC cadets. According to the ROCKS, Inc., Web site, the organization provides professional and social interaction or development to strengthen the officer corps. The organization is made up of active duty officers, Reserve officers, retired officers, ROTC cadets, former commissioned

officers, widows, and widowers of deceased members. All military branches are welcome to join and all officer ranks are eligible.

"It started out back in the 60's at Fort Leavenworth with a group of African-American officers as a means to mentor and support one another while they were attending the Command and General Staff College," said Lt. Col. Derrick Farmer, president of the recently formed ROCKS High Desert Chapter at Fort

See Mentor, page 10

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ROTATIONAL SOLDIER USE OF POST FACILITIES						

■ HEAVY USE | ■ MEDIUM USE | ■ MINIMAL USE

Source: Directorate of Human Resources National Training Center and Fort Irwin



Customer Service Warrior awardees are Dr. Jordan Tran, general dentist at Shuttleworth Dental Clinic, second from left; Dr. Son Nguyen, ophthalmologist at Mary E. Walker Clinic, center; and Spc. Shaun Smith, ophthalmic technician at Mary E. Walker Clinic, second from right. With them to present their awards are Col. James Chevallier, garrison commander, right, and Command Sqt. Maj. Mark Harvey, left.

## Fort Irwin NTC "Customer Corner"

BY ADAM COLE

Customer Service Officer

Fort Irwin and the National Training Center recognized three outstanding service provider personnel at Ingalls Recreation Center, Feb. 1. Your ICE comments over the previous nine months helped to inform the Awards Committee's decision. This quarter's "Customer Service Warriors" are:

Spc. Shaun Smith: Spc. Smith serves in Optometry at Mary Walker Clinic as an Ophthalmic Technician and Medic. He screens all Optometry patients, assists in spectacle selection, and performs tests such as corneal topography, and general vision readiness. An excerpt from the four pages of Positive ICE comments submitted with SPC Smith's nomination: "I drove 45 miles and was rewarded by great service. Spc. Smith showed concern and took care of all the issues I have. The trip was anything but a waste of time. Thank You."

Dr Son Nguyen serves at the Mary Walker Clinic as an Ophthalmologist. He provides primary care including examination, diagnosis, and treatment of the visual system. An excerpt from the five pages of positive ICE comments submitted with his nomination: "My experience today with Dr Nguyen is by far the best I ever had. I was treated with respect. I was a little worried that today would not be a pleasant exam. I have had vision problems for a long time and could not afford glasses, I am happy with the product I received, I give my experience a perfect score."

Dr Jordan Tran serves patients at the Shuttleworth Dental Clinic as a General Dentist. He previously served as a dental officer at Fort Drum, and with 2<sup>nd</sup> Brigade Combat Team 10<sup>th</sup> Mountain Division in Iraq. An excerpt from the five pages of ICE comments submitted with his nomination: "Dr Tran is very professional, he went over my medical records in depth and gave me a mirror to look at the areas that he was explaining to me ... service was so great that I was able to take a nap during my treatment."

The Customer Service Warrior Awards process begins each Adam Cole at adam.cole4@us.army.mil or 380-7639.

quarter with commanders, leaders, managers and supervisors installation-wide answering our Customer Service Officer's call to nominate outstanding Service Members, civilian employees, and contractor staff. Existing customer comments in ICE are attached to each nomination and a diverse Awards Committee of Soldiers, civilian employees, and dependents score each nominee in five categories.

Please help our leaders identify and recognize these "Customer Service Warriors" among us who strive to make our lives better through their commitment to great customer service. Your ICE comments count towards making an example out of those folks who give us their all. So from here forth, please state in your ICE comment who you think is a true "Customer Service Warrior" and identify yourself as only ICE. Comments listing customer contact information will be forwarded to our Awards Committee.

Make it a habit to leave at least one ICE comment per week as commanders and other leaders need to know who on their team is doing an outstanding job. And remember that only comments that include contact information will be forwarded to our Awards Committee so make your voice heard.

Most of all, please congratulate this quarter's Customer Service Warriors when you see them.

104 service managers at over 130 service providers on post are waiting for your comments. We currently received between 200 and 400 comments per week. Whether you are being served a meal, receiving your gear or an ID card, recreating with friends, picking up your child at day care, driving through our front gate, keeping your medical appointment, or participating in a community event, you are being served.

Please take five minutes today to go to the ICE website and take a look at our service areas and see how easy it is to leave feedback. You owe it to yourself, your family, and your unit. And we owe it to those service providers who give their best every day.

POC for ICE and other customer comment programs is Mr.

#### **WHO WE ARE**

Brig. Gen. Robert B. Abrams, Commanding General Command Sgt. Maj. Victor Martinez, Post CSM Col. Jim Chevallier, Garrison Commander Command Sgt. Maj. Mark A. Harvey, Garrison CSM John M. Wagstaffe, Director, NTC PAO

#### **High Desert Warrior Staff** Chicpaul Becerra, Editor

chicpaul.becerra@us.army.mil Gustavo Bahena, Staff Writer gustavo.bahena@us.army.mil Charles Melton, Staff Writer charles.melton3@us.army.mil Agustin Rodriguez., Editorial Assistant agustin.rodriguez1@us.army.mil Caroline Keyser, HDW Volunteer Writer caroline.gotler@us.army.mil

Aerotech News Tammi Haynes, Graphic Designer

#### **HIGH DESERT WARRIOR**

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#### **SUBMISSIONS**

Story and photos not pertaining to commercial advertising may be sent to the High Desert Warrior at least two weeks prior to the desired publication date. Submissions may be e-mailed to chicpaul.becerra@us.armv.mil

#### **NEWSPAPER AWARDS**

2nd Place, 2009 U.S. Army IMCOM-West Newspaper Competition—Tabloid Category 2008 Dept. of the Army Mai, Gen, Keith L. Ware

Newspaper competition—Tabloid category

3rd place, U.S. Army Installation

Management Command-West

2007 Honorable Mention, Dept. of the Army

#### SEND US FEEDBACK

Send your questions, suggestions, or problems to:

1. Your chain of command

2. ICE (Interactive Customer Evaluation) 3. CG's Hotline: 380-5463

#### **CORRECTION**

In last week's issue of the Red Cross story (on Page 3), the persons in the photo are Sgt. Carly Bader, Spc. Brittney Shields, Pfc. Kysha Schott, and Sgt. 1st Class David Wade.

## RSS hosts driver safety training

#### STORY AND PHOTO BY SGT. GIANCARLO CASEM

11th ACR Public Affairs

More than 30 Soldiers sat in a darkened room, in front of them, a video played of a woman talking about her son's untimely death. The Soldiers attended a safety training class that focused on the dangers of driving while intoxicated, Jan. 30.

The Fort Irwin and National Training Center commanding general, Brig. Gen. Robert "Abe" Abrams, recently declared that the NTC was a DUI-free zone. Under the CG's intent, the command team from the Regimental Support Squadron, 11th Armored Cavalry Regiment, hosted the class and invited a California Highway patrolman to speak to the Soldiers.

"Don't drink and drive, that's number 1," said Officer Paul Ellis, the Public Information Officer for the Barstow California Highway Patrol. "If you do drink, get a designated driver or call a cab or walk, whatever it takes, but don't get behind a wheel if you've been drinking."

Officer Ellis reiterated the importance of not driving while intoxicated to the mostly junior Soldiers in attendance. For them, it was another reminder of the consequences of driving while under the influence of alcohol.

"Drunk driving doesn't just affect one person, it affects the family and the unit," said Pvt. Kenneth Braner, 58th Eng. Co., RSS. "Even if you don't get in an accident; there are still lofty fines that come with it."

Braner said the class was a good source of information about the fines and jail time associated with being convicted of a DUI. Jail time for a DUI conviction may include up to six months for a driver's first offense and one year for a driver's third offense. A Soldier convicted of a DUI may face separation from the Army.



Officer Paul Ellis, the Public Information Officer for the Barstow California Highway Patrol, talks with Soldiers from the Regimental Support Squadron, 11th Armored Cavalry Regiment, during DUI safety class, Jan. 30.

Officer Ellis also discussed other safety issues that today's driver face and how important it is for Soldiers to use common sense and pay attention. This is especially true on Interstate Freeway I-15, which is the deadliest road in the country, Officer Ellis said.

"The 15-freeway in San Bernardino County alone is the number one deadliest road in the entire United States, it's not the road that makes it the deadliest, it's a great road, it's the drivers," Officer Ellis said. "Drivers are either driving too fast. They're drinking, falling asleep at the wheel, or talking on their cell phones. They're distracted, so pay attention to what you're doing, you should be focusing solely on driving. Don't drink and drive; think before you drive. If you get behind a wheel, don't be texting; don't be talking on the cell phones. Just use common sense out there, and number one, don't drink and drive."

# Study reveals patriotic, active kids suffer less deployment stress

#### BY MASTER SGT. DOUG SAMPLE

Army News Service

WASHINGTON — Adolescents who believe that America supports the war in Iraq and Afghanistan and that Soldiers are making a difference in the world are less likely to suffer from anxiety and stress when their parent deploys, according to research unveiled Thursday.

Army War College researcher Leonard Wong described his 2009 study during a media roundtable Jan. 28 at the Pentagon. The study, which was supported by U.S. Army Forces Command, examined the effects of multiple deployments on military adolescents.

The research revealed that strong Army Families and increased activity by children also reduced the level of stress, Wong said.

Wong and War College colleague Stephen Gerras conducted a survey of more than 2,000 Soldiers, 700 Army spouses and 550 Army adolescents. They further interviewed more than 100 Army children (ages 11-17) at eight Army installations across the country, asking them a variety of questions based on psychological scales.

The study was based on six factors they believed influenced the amount of stress that a child experiences when their Soldier deploys to war:

- · The cumulative amount of deployments
- Strong families

- Supportive mentors
- Activities
- Communication
- · Personal beliefs

Wong said when children were asked to agree or disagree with the statement:

"The American public supports the war," the results were significant.

"What we saw was not a steep relationship, but a significant relationship, that the more a child agrees with this statement, the lower their stress levels," Wong explained.

He also said their analysis revealed that adolescents, especially teenagers, who were active in sports and came from strong military families, produced significantly lower stress levels as well.

"If we had to pick the one influence that accounts for the most variant in a child's stress level, it is their participation in activities, specifically sports," Wong said. "It (sports) keeps them distracted, takes their mind off the deployment, keeps them busy," he added. "The next largest influence is that you need a strong family."

Wong attributed strong families as the reason why the majority of military children cope well during multiple deployments, noting the 56 percent of children surveyed said they were doing, "not Okay, but well or very well overall with deployments."

"That surprised us, we were really expecting it to be worse," he said.

However, Wong said he was even more surprised when their research revealed the biggest predictor of a child's ability to cope with a life of deployments is the child's belief that Soldiers are making a difference in the world. "This totally surprised us," he added.

Wong pointed out the study showed a cumulative number of previous deployments did not significantly relate with adolescent levels of deployment stress.

"There was no raising of the stress levels," he said. "Interestingly, we found that with each deployment, the child's level of stress went down.

That's because they've coped with it the first time, and then by second time they've already learned how to deal with it, so when third time rolls around, they deal with it even better."

Meanwhile, Wong emphasized that while there are a lot of hurting kids out there — meaning those having trouble coping with a parent's deployment — there are many others who've come to accept it as a way of life.

"There are also a lot of kids out there who have internalized the value of sacrifice, of self-less service, of duty. And they're not happy about their parent being gone, but they understand it, and that helps them to cope."

The complete Army study can be found

on-line at: www.strategicstudiesinstitute.army. mil/pubs/display.cfm?pubID=9

62"target=\_blank> www.strategicstudiesin-stitute.army.mil</a>.

Leonard Wong is a research professor in the Strategic Studies Institute at the U.S. Army War College who focuses on the human and organizational dimensions of the military. He is a retired lieutenant colonel whose career includes serving as the director of the Office of Economic and Manpower Analysis, teaching leadership at West Point, and serving as an analyst for the Office of the Chief of Staff of the Army. He holds a bachelor's degree in science from U.S. Military Academy and a doctorate in business administration from Texas Tech

Stephen Gerras is a professor of Behavioral Sciences at the Department of Command, Leadership and Management at the U.S. Army War College. He is a retired colonel who served in the Army for more than 25 years. His assignments included commanding a light infantry company and a transportation battalion, teaching leadership at West Point, and serving as the chief of Operations and Agreements for the Office of Defense Cooperation in Ankara, Turkey. He holds a bachelor's degree from the U.S. Military Academy and a master's of science and doctorate in industrial and organizational psychology from Penn State University.

For more information go to www.irwin.army.mil

### Crime Watch

#### Information provided by **Provost Marshal Office**

Police respond to a report of a verbal argument that turned physical in the Sage Brush housing area. One person was subsequently charged with assault and transported to County Jail.

Police respond to a report of a large scale physical altercation at a DFMWR facility. Multiple persons were detained and subsequently charged with assault.

Police respond to a report of damage to a privatelyowned vehicle (POV) in a barracks area parking lot.

Two persons were taken into custody near a barracks area based upon allegations of assault and public intoxication.

Police respond to a report of damage to a POV in an office area parking lot.

Police respond to a report of damage to a POV in an office area parking lot.

Police conduct a traffic stop on a vehicle without a front license plate. The driver was subsequently charged with Driving while License is Suspended.

Police respond to a report of damage to a POV in an office area parking lot.

Police respond to a report of damage to a POV in a DFMWR facility parking lot.

Police respond to a report of a traffic collision. Subsequent investigation revealed that the driver was intoxicated. The driver was charged with Driving Under the Influence.

## **Adopt-a-pet**



**Gender:** Male

Age: Approx. 1-year-old lake is still available for adoption at the Fort Irwin Vet's Clinic. Call 380-3025 for more information You can also check out the Fort

Irwin section on www.petfinder.com

## **News Briefs**

#### Memorial for Soldier

A Soldier stationed at the National Training Center at Fort Irwin, Calif., was killed in a vehicle accident in the early morning of Feb. 7. The Soldier has been identified as 20-year-old, Pvt. 1st Class Michael Joe Pana, a native of Jackson, Tenn. Pana was assigned to D Company, 1st Squadron, 11th Armored Cavalry Regiment. Pana was killed when his vehicle struck the rear of a stationary semi-trailer just north of the U.S. Highway 138 Exit on the northbound lane of Interstate 15 in San Bernardino County. Pana is survived by his mother Eliza Dizon, two sisters Ashley and Elizabeth, a brother Marco, and an aunt Emy Montgomery. The memorial ceremony is scheduled for tomorrow/ Friday, 11:30 a.m. at the Center Chapel on Fort Irwin. For more information, contact the 11th ACR Public Affairs Office at 380-5740/5112.

#### Crosswalk Safety

Motorists are asked to be more cautious, aware of school children,

Hundreds of used cars to

choose from, view our

crossing guards and pedestrians at cross walks during the morning and afternoon school hours. There have been several near misses by motorists not paying attention to crossing guards or simply ignoring crossing guard instructions. The Directorate of Emergency Services will follow up on reports of non-compliance.

#### H1N1 Vaccine Available

MEDDAC has received 3,000 doses of H1N1 vaccine. This is sufficient vaccine to immunize all remaining active duty Soldiers and DoD employees. Soldiers and DoD employees may receive their vaccine at Preventive Medicine (Bldg. 172) Mon., Wed., and Fri., 8 a.m.-4:15 p.m.; Tue. and Thu., 10 a.m.-4:15 p.m. Groups larger than 20 people are asked to coordinate with the Preventive Medicine clinic in order to minimize wait times. 11th ACR units will receive vaccine at their regimental aid station, please call the aid station to coordinate. Call Preventive Medicine clinic, 380-3235/3053.



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## **Chapel Services**

#### **CATHOLIC**

Rosarv 20 Min before Mass Center Chapel Holy Mass Sunday-9 a.m. Center Chapel M, T, Th, & F-11:45 a.m. Center Chapel Daily Mass Confession 30 Min before Mass Center Chapel Center Chapel Choir Rehearsal Wednesday-6:30 p.m. **CWOC** Thursday-9 a.m. Center Chapel

#### FWISH

MUSLIM

Jewish Service Friday—6 p.m. Black Horse Chapel

#### LATTER DAY SAINTS

Sacrament Meeting Sunday—1 pm. Blackhorse Chapel
Sunday School Sunday—2:15 p.m. Center Chapel
Priesthood/RSE Sunday—3:10 p.m. CFLC/Bldg 317

Bldg 317

#### Protestant Liturgical Worship Service 9 a.m., Sunday at Blackhorse Chapel

#### **PROTESTANT**

lSunday School Sunday-9:30 a.m. Center Chapel Center Chapel Chapel Next (SANC) Sunday-11 a.m. Sunday—11 a.m. Center Chapel Protestant (LAR) Sunday—6 p.m. Center Chapel PEWS (Contem) PYOC (Youth) Monday-7 p.m. Bldg 317 PWOC Morning Tuesday—9 a.m. Center Chapel Tuesday—6 p.m. Center Chapel PWOC Evening Praise Team Rehearsal Wednesday—7:30 p.m. Center Chapel Protestant-Liturgical Worship Service, 9 a.m., Sunday, Blackhorse Chapel

AWANA
(3vrs- 6th grade)

Friday-1 p.m.

AWANA
(3yrs- 6th grade) Wednesday—4 p.m. Center Chapel
Life Teen Wednesday—6:30 p.m. Bldg. 320
MOPS 2nd and 4th Wed—9 a.m. Center Chapel
Edge Sunday—10 a.m. Center Chapel

Note: For more information on chapel activities contact the Center Chapel staff at 380-3562 or the Blackhorse Chapel staff at 380-4088. See back cover for addresses and telephone directory. AWANA: Approved Workmen Are Not Ashamed (2 Tim 2:15)

CWOC: Catholic Women Of the Chapel
PEWS: Protestant Evening Worship Service
PWOC: Protestant Women Of the Chapel
PYOC: Protestant Youth Of the Chapel
CFLC: Chaplain Family Life Center, Bldg. 320
MOPS: Mothers Of PreSchoolers, Bldg. 317
Childcare services for ages 0-5 yrs are provided free of charge for all

scheduled chapel services.

#### GOSPEL

Sunday School Sunday-9:30 a.m. Blackhorse Chapel \*Sunday School is held every Sunday except the first Sunday of the month Worship Service Sunday-11 a.m. Blackhorse Chapel Prayer Warriors Blackhorse Chapel Wednesday-6 p.m. Children's Church & Wednesday—5 p.m. Choir Practice Blackhorse Chapel Adult Bible Study Wednesday—7 p.m. Blackhorse Chapel Prayer Men Of Integrity/Women of Excellence

2nd Wednesday

of the Month-7 p.m. Blackhorse Chapel











- ✓ Up-front tuition assistance through GoArmyEd
- ✓ Servicemember Opportunity College
- ✓ Army ConAP partner

Jones International University (JIU°) is one of the top military friendly universities in the world. JIU is dedicated to providing the value and flexibility to help military students easily achieve their goals by offering affordable tuition, waived fees, flexible online class and degree policies, professional career counseling and multi-dimensional support from admissions to graduation.

#### AFFORDABLE EDUCATION

- Reduced undergraduate tuition—military tuition assistance rates.
- 20% graduate tuition scholarship—graduate scholarships for military personnel and their dependents.
- Military Undergrad Book Program

#### TOP TEN ONLINE UNIVERSITY

- Top 10 Online University—by The Best and Worst in Online Degree Programs.
- Top 20 Online MBA—by CEO Magazine in 2009.

## **Community Happenings**

#### Reggie's Valentine Menu

Fall in love with our Valentine's menu at Reggie's, 5-9 p.m., Sunday. Enjoy menu items like Roasted Red Pepper Gouda Bisque, New York Strip with Seared Bay Scallops, Cream Poached Lobster Tail and more. Call 380-6717 for details.

#### **Military Career Expo**

Military.com and NCOA will co-host a Military Career Expo at Camp Pendleton's South Mesa Club, located at 202850 San Jacinto Road, Camp Pendleton, California 92055, from 10 a.m. to 2 p.m., Tuesday. Military.com hosts the largest veteran job board in the world while NCOA has been a leader in hosting military job fairs around the country.

#### **Comics On Duty**

Have some fun and see FREE SHOW Comics on Duty at Shock Wave, 7 p.m., Feb. 25. Hear Steve Bills, P.J. Walsh, James P. Connolly and Gary Brightwell. Call 380-8646 for more information.

#### Sweetheart 5k Run/Walk

February 27 is the Sweetheart 5K run/walk. Registration forms will be available at the Fitness Connection, Memorial and Freedom Fitness centers. Registration will also be available the day of the event at the Fitness Connection, 6:30 a.m. All run/walk participants need to be at the Fitness Connection no later than 7 a.m. Run is open to all residents of Fort Irwin and the surrounding communities. For more information, contact Scoop at 380-3457.

#### **Annual Mardi Gras**

OCSC's Fort Irwin Spouses' Club will hold its annual Mardi Gras at Reggie's, 6 p.m. to midnight, Feb. 27. Tickets cost \$12 each and are available at the door. Tickets get you buffet, doubloons for the gambling tables, and entertainment. Festivities include gambling tables, basket auction, silent auction, Bayou Bakery and Gift Shop. Child and Youth Services will offer childcare service (children need to be registered with CYS and reservation). Funds raised at the Mardi Gras will be used to support Fort Irwin community's scholarship and welfare campaigns. For more information, contact Heather Telley, 706-974-8526.

#### **GSAB FRG Events**

Following are upcoming General Support Aviation Battalion, Family Readiness Group events:

#### HHD, GSAB

Feb. 18: HHD FRG meeting; Time: 6 p.m., Location: Bldg. 200 Forum

Topic: Financial Readiness. If you should have any questions please contact Ms. Hunter at 380-7781 or email: hhdfrg507@gmail.com.

#### AAD, GSAB

AAD FRG has not yet scheduled their next meeting. If you should have any questions, please contact Sherry Martin at (207) 664-8021 or email: aadfrg@gmail.com.

#### AVCO, GSAB

AVCO FRG meeting has not been scheduled as of yet. If you should have any questions, please contact Ms. Hunter at 380-7781 or email: avcofrg@gmail.com.

#### **Empowering Women**

Register now for the 2010 Fort Irwin Women's Conference, to be held on April 9, 8 a.m.-4 p.m., at Reggie's. The event will be hosted by the Fort Irwin Officers and Civilians Spouses Club and MWR. Enjoy creative workshops, and hear luncheon guest speaker Tanya Biank, author of "Army Wives." Her book inspired the hit Lifetime series Army Wives. Child care is available. Please contact FortIrwin Womens Conference@gmail.com or visit www. fortirwinocsc.org for pricing and more information.

#### Women's Basketball Team

Looking for players interested in coming out to represent the Fort Irwin Women's Basketball Team. If interested, signup at the Freedom Fitness Center and Fitness Connection. Contact Raquel Ayers at work, 380-3721 (work) or by cell (907) 687-6925.

#### Wanna Be A Lifeguard?

Lifeguard classes are now being offered at the Oasis Pool. Contact the Oasis Pool, Bldg 325. For more information, call 380-3046.

## **At the Movies**

Sunday, Feb. 14

Chipmunks (PG)

Did You Hear About The

Morgans (PG-13)

Alvin and The

Wednesday, Feb. 17

Closed (PG-13)

Tuesday, Feb. 16

7 p.m. Closed (PG-13)

Chipmunks (PG)

Leap Year (PG)

4 p.m. Alvin and The

7 p.m. Daybreakers (R)

Monday, Feb. 15

#### Thursday, Feb. 11

7 p.m. Closed (PG-13) Friday, Feb. 12

7 p.m. Leap Year (PG)
7 p.m. Did You Hear About The

Morgans (PG-13)

9:30 p.m. Youth in Revolt (R) 9:30 p.m. Sherlock Holmes (PG-13)

#### Saturday, Feb. 13

7 p.m. Leap Year (PG)
7 p.m. Did You Hear About The
Morgans (PG-13)

9:30 p.m. Youth in Revolt (R)

9:30 p.m. Sherlock Holmes (PG-13) 7 p.m.

This schedule is subject to change at the last minute to accommodate changes in movies and free showings. ID cards are required from all personnel not in uniform when purchasing movie tickets. For more information and movie updates, call 380-3490.

#### **Village Mayors Wanted**

The mission of the mayoral program is to enhance the quality of life and to provide information and referral to Fort Irwin residents. If you're interested, contact Army Community Service at 380-3776.

#### Spouses' Orientation Tour

Are you new to Fort Irwin? Check out the 2-day Spouses' Tour - attendance required for both days of the tour. Participants must be military ID card holders. The tour is free of charge and child care is provided. Space is limited and children must be enrolled at Central Enrollment. For more information, call 380-2258.

#### Stay Connected

Stay Connected with United Through Reading Military Program. Read a book aloud via DVD for your child to watch at home. Book your session today. Recording sessions will be from March 17-19. For more information, contact Joanna Gadd at Army Community Service (ACS) 380-2399/4784.

#### **Weight Watchers**

Weekly meetings are on Thursdays, at 12 noon, Bldg. 317 (2nd Street and Avenue E). Signup and weigh-in start at 11:30 a.m. Public is free to check out the meeting. More information: call Christine at 298-3438 or getfit@ww-Christine.com.

#### **Affordable Disney Vacations**

The Shades of Green Resort, an Armed Forces Recreation Center, and Walt Disney World in Orlando, Fla., have teamed up to make a 4-day vacation for service members and their families even more affordable. From now until July 31, active or retired members of the U.S. military may purchase up to six special 4-day promotional tickets for \$99 each. The military promotional tickets are available through the Shades of Green Attraction Ticket Sales Office. For more info: (407) 824-1403.

#### **SKIES Unlimited Classes**

INSTRUCTOR OPPORTUNITIES. SKIES is always looking for new instructors and class interests. Please contact Sharnae Hayes if you have an interest instructing a class for Child, Youth, and School Services.

The following classes are being offered by SKIES Unlimited— Schools of Knowledge, Inspiration, Exploration and Skills:

Classes will start again soon for cheerleading, tumbling, dance, voice lessons, modeling and acting lessons!!

**Babysitters Course.** Feb. 17-March 3. Classes will be Wednesdays, 1:30 p.m.-4 p.m. Classes will certify teens in CPR/first aid and babysitting. Class size is limited to only 12 teens.

Tutoring for 1st-12th Grade. Private Tutoring classes continue for March. These classes will vary in cost and times depending on instructor availability. Instructors are Ms. Amy Phillipson, Ms. Fellina Floravit, and Ms. Jennifer Ceraso. \*\*New middle school and high school tutoring\*\*

Spanish Lessons. Private Spanish classes taught by Fellina Floravit continue for March. These are offered afterschool at a cost of \$70 for four weeks. Please call Sharnae to setup times available.

Karate Classes. Classes offered on Mondays and Wednesdays, 5:15-7:40 p.m., depending on age and rank. Classes will be offered from March 1-24. Ages three and up. Cost varies from \$44-48 depending on age.

More information: Sharnae Hayes at 380-7751 or e-mail sharnae.hayes@us.army.mil.

#### Child And Youth Activities

#### **Middle School Activities**

Thursday — Cooking Club Fortune Cookies, Photography Club

Friday — Bear Door Knob, New Year's Necklace, Card Making

Monday — CLOSED

Tuesday — Beaded Mardi Gras Necklace, Mardi Gras King Cake

Wednesday — Smart Girls, 4-H, ULTIMATE JOURNEY, Jester's Hat

#### **Teen Activities**

Friday — FAT TUESDAY Food!

Saturday — Mardi Gras Masked Dance @ STARZ Bldg. 7-11

#### Hours of Operation:

Middle School: M-F until 6 p.m.

Teen Center:

Friday — 6-11 p.m.

Saturday — 3:30-11 p.m.

Sundays and Holidays — Closed

More information: Kristin Morgan at 380-3732.

For more information go to www.irwin.army.mil

## **Fort Irwin Community Calendar**

#### Thu.. Feb.11

ASAP Training

8:30 a.m. Bldg. 573 380-4153

#### Thu., Feb. 11

Green to Gold Briefing

11 a.m.-3:30 p.m. Education Center 380-4218

#### Sun., Feb. 14

Sweetheart's Dinner

5-9 p.m. Reggie's 380-6716

#### Tue., Feb. 16

COR Certification Training by ALMC

All Day MICC Bldg. 503 Ernest Hill, 380-8311

#### Wed., Feb. 24

Troop to Teachers Presentation 11:30 a.m.-1 p.m.

11:30 a.m.-1 p.m. Fort Irwin Education Center, Bldg. 1020 380-4218

#### Thu., Feb. 25

Comics on Duty 7 p.m. Shock Wave 380-8646

#### Sat., Feb. 27

Mardi Gras Fund Raiser 6-12 a.m. Reggie's Heather Telley, 706-974-8526

#### Sat., Feb. 27

Sweetheart's 5K Run/Walk

7 a.m. Fitness Connection



#### Check out these upcoming activities at Fort Irwin

## **President's Day**

A historical perspective on how this day became a holiday

#### HISTORY CHANNEL

Web site Information Page

Initially observed on February 22, 1796, on George Washington's birthday, Americans did not officially recognize Washington's birthday until the year 1832, 100 years after this first President's date of birth.

Then, along came Abraham Lincoln, whose birthday was on February 12. Congress wanted to give the same reverence to Abraham Lincoln as was given to George Washington, so Abraham Lincoln's Birthday was officially celebrated in 1865, a year after his assassina-

tion and 33 years after Washington's birthday. Although his birthday was not honored as a Federal holiday like George Washington's, many states adopted Lincoln's birthday as a legal holiday. These two great Presidents were honored on different days in February, which to some created a problem on having too many holidays close together. Therefore, in 1968, Congress passed legislation placing any federal holiday on a Monday, including Lincoln's birthday. In 1971, the then President Richard Nixon combined Washington's and Lincoln's birthdays into

President's Day. It would be celebrated on the third Monday in February, regardless of which day it fell on.

The term President's Day was largely a marketing phenomenon, as advertisers sought a catchall phrase to capitalize on the opportunity for three-day or weeklong sales. However, for veterans, the holiday offers another opportunity to

> honor the country's veterans and to pay our respect to George Washington who was considered "The Father of Our Country" as the first president; a man who played a key role in the drafting of the Declaration of Independence, signed on July 4, 1776; and of Abraham Lincoln, our 16th President, who

was considered "The Great Emancipator." It is fitting that Abe Lincoln, who helped to abolish slavery through creation of the 13th Amendment to the Constitution of the United State, also be honored on President's Day.

So why celebrate President's Day as a holiday? It would make sense to honor both George Washington's and Abraham Lincoln's memory by reading books about them and understanding the tremendous lives these two presidents lived in their day. Let's remember why we celebrate President's Day.

A look back on how this day became

## Valentine's Day

#### HISTORY CHANNEL

Web site Information Page

Have you ever wondered how this popular holiday came to be?

Every February, across the country, candy, flowers, and gifts are exchanged between loved ones, all in the name of St. Valentine. But who is this mysterious saint and why do we celebrate this holiday? The history of Valentine's Day and its patron saint — is shrouded in mystery. But we do know that February has long been a month of romance. St. Valentine's Day, as we know it today, contains vestiges of both Christian and ancient Roman tradition. So, who was Saint Valentine and how did he become associated with this ancient rite? Today, the Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred.

One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men — his crop of potential soldiers. Valentine, realizing the injustice of the decree, defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death.

Other stories suggest that Valentine may have been killed for attempting to help Christians escape harsh Roman prisons where they were often beaten and tortured.

According to one legend, Valentine actually sent the first 'valentine' greeting himself. While in prison, it is believed that Valentine fell in love with a young girl - who may have been his jailor's daughter - who visited him during his confinement. Before his death, it is alleged that he wrote her a letter, which he signed 'From your Valentine,' an expression that is still in use today. Although the truth behind the Valentine legends is murky, the stories certainly emphasize his appeal as a sympathetic, heroic, and, most importantly, romantic figure. It's no surprise that by the

Middle Ages, Valentine was one of the most popular saints in England and France.

While some believe that Valentine's Day is celebrated in the middle of February to commemorate the anniversary of Valentine's death or burial — which probably occurred around 270 A.D - others claim that the Christian church may have decided to celebrate Valentine's feast day in the middle of February in an effort to 'christianize' celebrations of the pagan Lupercalia festival. In ancient Rome, February was the official beginning of spring and was considered a time for purification. Houses were ritually cleansed by sweeping them out and then sprinkling salt and a type of wheat called spelt throughout their interiors. Lupercalia, which began at the ides of February, February 15, was a fertility festival dedicated to Faunus, the Roman god of agriculture, as well as to the Roman founders Romulus and Remus.

Now you know Valentine's past. Have a wonderful Valentine's Day with your loved ones.



## Military OneSource offers free tax filing

BY ELAINE WILSON

American Forces Press Service

WASHINGTON — Defense officials encourage military families to once again take advantage of the free electronic tax filing services offered through Military OneSource.

People can access the H&R Block at Home program by going to Military One-Source at http://www.militaryonesource. com/ and clicking on "Tax Filing Services."

More than 200,000 service members filed their tax returns through this resource last year, officials said.

"We have such a mobile force, and you have folks dispersed all over the world. It's a quick link for the family to link up with the [service member]," said Tommy T. Thomas, deputy undersecretary of defense for military community and family policy. "It's a convenience for you to be able to go on that site and file that tax form."

The program is open to active duty, Guard and Reserve service members, regardless of activation status, as well as spouses, dependent children and family members standing in for a deployed service member.

Participants can e-file up to three state

resident returns for each federal return, Thomas said. However, he added, they should ensure they're filing through Military OneSource. People who file through H&R Block directly may be charged for services, he cautioned.

The program is set up for basic returns. People who wish to upgrade to the premium program also may incur charges.

For tax assistance, filers can call a Military OneSource tax consultant from

7 a.m. to 11 p.m. Eastern Standard Time (EST), seven-days-a- week, at 800-730-3802.

"That's a tremendous service," Thomas said. "We feel it's important to give our military families the absolute best."

Along with the consultants, people with complicated tax returns can visit a legal assistance office on a military installation for more in-depth advice, he said.

Whether online or on base, people should file early, Thomas said.

"Don't run up against the 15 April deadline," he said. "And when you get the return, look at it as the means to secure your family's finances," whether it's paying off debts, adding to a savings account or contributing to a Thrift Savings Plan.



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## Soldiers display loyalty by reenlisting

#### STORY AND PHOTO BY GUSTAVO BAHENA

Warrior Staff Writer

The mass reenlistment ceremony had the feel of military splendor and tradition. Twentyone Soldiers stood on a wide stretch of pavement in front of two Army Lakota helicopters and a commander's Humvee. The backdrop to this scene was open skies and mountains as far as the eye could see.

Feb. 5 morning was significant not just to the Soldiers who would extend their military service, but also to the 916th Support Brigade of Fort Irwin. After all, the Soldiers serve within the brigade. These Soldiers exemplify the importance of the 916th mission, which is to provide various support operations and rotary-wing aviation sustainment to rotational units, National Training Center customers, and other government and civil agencies. The 916th SB also provides trained and ready warriors to support combat operations in the Global War on Terror while simultaneously providing exceptional quality of life to Soldiers, civilians, and family members.

The Soldiers who reenlisted that day are: Staff Sgt. Shannon Alvarez, Spc. Andrew Barker, Spc. Crystal Benbow, Spc. Dionicio Cabrera, Sgt. Justin Caesar, Staff Sgt. Carlos Clavijomurillo, Sgt. Javier Delatorre, Spc.



Col. David Gaffney, commander of 916th Support Brigade, reads the oath of enlistment to a group of Soldiers who were reenlisting at the Fort Irwin helicopter landing pad. The Feb. 5 ceremony recognized 21 Soldiers of the 916th SB and made the commitment to stay in the Army in front of peers, family and friends.

Edward Espinosa, Sgt. Dujuan Jackson, Sgt. Vetoun Khy, Sgt. Justin McMullen, Spc. Anthony Peak, Sgt. Jesse Salvatierra, Sgt. Tyler Sowder, Spc. Christopher Tilton, Spc. Hong Vophuac, Spc. Brandon Zmiga, Staff Sgt. Shannon Patrick, Spc. Joseph Soares, Staff Sgt.

Nikelcia Addy and Sgt.Keith McKern.

Col. David Gaffney, 916th Support Brigade commander, addressed the audience that included elements of the 916th and family and friends of the reenlisting Soldiers. He praised the members of the unit for their service.

"What you do in the brigade every day is truly amazing," Gaffney said. "Thanks for all you do, but more importantly, thanks for what these Soldiers have done."

Gaffney then spoke to the reenlisting Soldiers and appreciated them for bringing family members to the ceremony. He thanked them for reenlisting and emphasized that their recognition was important.

Staff Sgt. Shannon Patrick, a heavy construction equipment mechanic and squad leader with 699th Maintenance Company, said that it was significant to reenlist in front of his unit's Soldiers, some of who deployed with him to Iraq for a year.

"It means a lot for me to have them here," Patrick said. "It's another tool to help them out. It shows that if I can reenlist, they can do it also. It's great to have them here to receive their support, and I'm also here to support them in their future."

The 916th SB supports the reenlistment success of the National Training Center. Gaffney mentioned that the NTC is first at U. S. Army Forces Command in the reenlistment mission. The brigade has contributed to attaining that position by meeting its reenlistment goals for initial reenlistments and for mid-career reenlistments. The unit has achieved 83 percent in the career reenlistment category.

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#### Mentor, from page 1\_

Irwin. "It has transformed over the years to a very ethnically diverse organization of all races. It's still pretty much the same intent mentorship."

The organization also provides mentorship and scholarships to ROTC cadets. Scholarship opportunities occur annually at the national and local level, said Farmer.

The local chapter hosted a luncheon Feb. 1 to assemble members. recruit others and promote the mission of ROCKS, Inc. Guest speaker at the event was Fort Irwin and National Training Center Commander Brig. Gen. Robert "Abe" Abrams.

Abrams explained that ROCKS is not well known outside of minority groups. Soon after arriving to Fort Irwin in 2009, he inquired about, and then sanctioned the establishment of a local ROCKS chapter. He thanked the officers who took the lead in creating the

"My hats off to Lt. Col. Farmer and other officers for taking responsibility to step up and start our own ROCKS chapter here in the High Desert," Abrams said.

Attending the luncheon to receive information and possibly join ROCKS was 2nd Lt. DeMario Butler, an armor officer in C Troop of 1st Squadron with the 11th Armored Cavalry Regiment. Being relatively new to Fort Irwin, he was interested in networking and in particular with higher-ranking officers, who could offer advice on career progression.

"It's great a networking opportunity," Butler said. "I get to meet officers who are ranked above me. It gives me an opportunity to mingle and meet the commanding general," Butler said.

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Col. David Gaffney, commander, 916th Support Brigade at the National Training Center and Fort Irwin, right, speaks with two armor officers with C Troop, 1st Squadron, 11th Armored Cavalry Regiment – 2nd Lt. DeMario Butler (center) and 2nd Lt. Justin Foster. The tank platoon leaders met Gaffney during a luncheon hosted by the ROCKS Inc., High Desert Chapter at Fort Irwin, Feb. 1.

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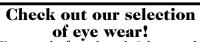


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## **Band rocks Shockwave**

Los Angeles-based rock band Another Dying Breed performs for troops at Shockwave on Fort Irwin, Calif., Jan. 30. The band was presented by the Fort Irwin MWR and played to an appreciative crowd.

# Fort Irwin Basketball Rebels stave off Edwards AFB

#### BY LT. COL. JON NEGIN

Wrangler 07 Chief, Leader Training Program Operations Group

The Fort Irwin Post Basketball team held off a second half charge by Edwards AFB to win 79-78 at Memorial Gym on Feb. 6. Clutch free throws by Sgt. Robert White, after some key baskets from Captain Mark Fraser, helped seal the victory.

Fort Irwin's tough man-to-man defense

and fast break helped them jump out to an 11-2 lead in the first half and the Rebels ended the half with a 19-4 run, which gave them a seemingly insurmountable 52-28 half time lead.

However, Edwards AFB switched to man-to-man defense and put together a 14-0 run early in the second half, based on 10 straight Fort Irwin turnovers, followed up by a 20-4 run to take a 62-60 lead at the 8 minute mark.

Fort Irwin was able to retake the lead 76-

74 with 2 minutes remaining after a driving score by Fraser, and White sealed the victory with his clutch free throws.

In a complete turnaround, in the second half, Fort Irwin only scored two fast break points and committed 27 turnovers, leading to 18 fast break points for Edwards AFB. Fraser ended the game with 16 points and 5 assists. The Fort Irwin Rebels are now 3-, heading into a tournament at Las Vegas during President's Day weekend.

Here are the stats for the game:

	1st Half	2nd Half	Irwin Game	1st Half	2nd Half	Edwards Game
Score	52	27	79	28	50	78
Field Goals	23-40	11-23	34-63	11-29	18-35	29-64
FG %	58	48	54	38	51	45
Free Throws	2-3	6-11	8-14	4-8	10-14	14-22
FT %	67	55	57	50	71	63
Turnovers	8	27	35	14	14	28
Fast Break Pts.	24	2	26	4	18	22
3-pointers	4-6	0-5	4-11	1-5	1-5	2-10
Rebounds	22	19	37	15	15	30

### The Fitness Connection Fitness Class Schedule

#### Thursday, February 11

Morning 6:30 a.m. No class 8:30 a.m. Body Shop/Sandy 11:45 a.m. Spin/Sandy Afternoon 5:30 p.m. Cardio Craze/Robin 6:30 p.m. Pilates/Robin

#### Friday, February 12

**Morning** 8:30 a.m. Step/Tamara 9:30 a.m. Pilates/Cara Afternoon
3 p.m. no class

8:30 a.m. Step/Iamara 9:30 a.m. Pilates/Cara 11:45 a.m. Boot Camp/Sandy

Monday, February 15

No class

#### Tuesday, February 16

Morning Afternoon
6:30 a.m. Spin/Sandy \*\* FREE CLASS 5:30 p.m. Zumba/Robin
8:30 a.m. Body Shop/Tamara 6:10 6:30 p.m. Yoga/Robin
9:30 a.m. Belly Dancing B/Tamara 8: El
11:45 a.m. Kickboxing/Sandy

#### Wednesday, February 17

8:30 a.m. Cardio Craze/Tamara 12:15 p.m. Bottom Line/Robin 9:30 a.m. Belly Dancing C/Tamara 130 minute 11:45 a.m. Cardio Cardio/Tamara\* 30 minutes 3 p.m. Yoga/Michell 5:30 p.m. No class

> Class Prices: \$3 single pass \$20 punch card/ 10 classes \$30 unlimited pass

For more information about fitness classes, call Sandy Clark at 380-7240.

## Does your workout need a kick?

#### BY SANDY CLARK

Fitness Connection Fitness Coordinator

Kick Box, cardio kickboxing, fitness kickboxing, aerobic kickboxing; call it what you like, but call it a great total body workout. Kickboxing is not a class designed to make you a "fighter", nor is it a class used to teach self defense. It is a class designed to give you a well balanced workout, offering both cardio and strength training aspects.

Kickboxing is an excellent way to improve your all over physical fitness. It's a total body workout that will increase flexibility, balance, as well as coordination. Powering through your punches, will give you added upper body strength while tightening up your core. The kicks will strengthen your legs, your glutes, and also your core. Together with the cardiovascular intervals such as bobbing & weaving, jumping rope, and jumping jacks, it gives you the total body workout experience.

Kickboxing is a high energy class that will challenge your strength and endurance. The class here at Fort Irwin, consists of punching and kicking combinations that will have you loving to hate it. You will glove up, grab a partner, some bags, and go at it.

It's fun for both men and women. So come out get fit and relieve some stress. You'll be tired but a good tired.

\*check schedule for class times

\*if you would like to schedule a class for a group please contact Sandy Clark at sandy.clark70@yahoo.com.

## **Archeologists serve Fort Irwin by protecting** cultural resources

#### STORY AND PHOTOS BY CAROLINE KEYSER

Warrior Volunteer Writer

Think you need to travel to Egypt or Rome to find important cultural artifacts? Think again - more than 1,000 historically important cultural resource sites have been identified in Fort Irwin's own backyard, and the staff of its Cultural Resources Program is there to protect those sites every day.

"What we're really protecting is Fort Irwin's legacy," said Clarence Everly, installation Natural and Cultural Resources Manager.

Fort Irwin's Cultural Resources Program employs five full-time archeologists whose jobs are to identify, protect and inventory any places or items on post that are historically or culturally significant, especially those that fall under the National Register of Historic Places' listing criteria. That means that any time digging, construction, or other land-disturbing activities such as training are proposed on post, archeologists ensure those activities are in line with the federal government's mandate to protect its cultural resources under the National Historic Preservation Act. If a cultural resource is identified in an area where land will be disturbed, the archeologists will either remove the resource, fence off the area around it, or cover it.

"It's so important to preserve these resources because once they're lost, they're lost forever," said Paula Sutton, lead archeologist and senior cultural resources specialist.

Fort Irwin's cultural resources staff collaborates with the California Office of Historic Preservation, and with Native American tribes to make sure their interests are taken into account when cultural resource sites are identified. Eighteen tribes have expressed interest in Fort Irwin's cultural resources, and the archeologists are careful not to disturb sites that have religious or cultural significance, said Tiffany Newman, cultural resource collections manager.

While thousands of projectile points — spearheads, arrowheads, darts and other sharp manmade objects - and pieces of debris from constructing them have been found on post, Fort Irwin is home to a wide variety of cultural resources. Relics from the area's mining days in the late 19th and early 20th centuries include dish fragments, remnants of buildings, tobacco tins, and part of a woman's metal corset. The Bitter Springs redoubt, an encampment built by frontiersman Kit Carson in the 19th century, is located on what is now Fort Irwin and marked by a stone marker.

In certain cases, cultural resources staff may work with architecture experts to determine whether a building should be classified as a cultural resource site, Everly said.

Because Fort Irwin has been in use since the 1940s, and even before, there are some buildings old enough to fall under the National Register of Historic Places criteria for listing," he said.

One such example is the Irwin House, which is more than 50-years-old, and therefore could be eligible for listing as an

While Fort Irwin's cultural resource sites are closed to the public — it is illegal to remove or disturb the resources — cultural resources staff is happy to arrange guided tours for interested groups, Everly said. To request a tour, contact the Directorate of Family, Morale, Welfare and Recreation. And, some of Fort Irwin's cultural resources are preserved at the Fort Irwin Curation Facility, Bldg.



4999. The facility is open to the public, from 7:30 a.m. to 4 p.m. Monday through Friday.

In the future, cultural resources staff will continue serving Fort Irwin by aiming for a lofty goal: surveying all of the post's 750,000 acres, an area larger than Rhode Island, Everly said. As of January 2010, only one-third of the post had been surveyed. This means that there are probably many more cultural resource sites that haven't yet been identified, Sutton said.

"Just because a site isn't protected by a fence, doesn't mean it's not important," she said.

"People think there's nothing in the desert (worth protecting); but there certainly is," Newman said.





Thousands of projectile points and debitage pieces, the debris from making projectile points, have been found on post. These projectile points range from approximately 13,000 to 1,000 years old.



Many tobacco tins from the Fort Irwin area's mining days in the late 19th and early 20th centuries have been found on post. While not all the tins have been well preserved, some, like this one, still contain documents the miners stored in them.

## Post's Red Cross station needs volunteers



Stephanie Luce, Station Manager, explains volunteer opportunities to a spouse during a Red Cross promotional event, Jan. 16.

BY: HEATHER ADAMS

Red Cross Public Affairs Chairwoman

The Fort Irwin Red Cross Station is a strong and valuable asset to the Fort Irwin community. In the midst of an emergency, they offer a helping hand and give direction. Stephanie Luce is the station manager, arriving at Fort Irwin in December 2009, and manages the Red Cross Station. She moved here from Fort Riley, Kansas and has already spent countless hours devoted to improving the lives of soldiers and their families at Fort Irwin.

The Fort Irwin Red Cross Station held two events in

The first was a promotional event at the Post Exchange on Jan. 16 to increase awareness of the Red Cross Station and to encourage volunteerism. Various promotional materials were passed out including frisbees, balloons, pens, and key chains.

The Red Cross also hosted an open house on Jan. 20 as

a way to show appreciation to those who invest their time and energies volunteering and allowed the opportunity to socialize with friends of the Red Cross Station. A big 'thank you' to all those who invest their valuable time and make the Red Cross and Fort Irwin a better place.

If you are interested in volunteering, there are a variety of ways to do so.

The Red Cross is looking for someone to fill the position of station chairman, working with Stephanie Luce, the station manager, to help direct, guide and implement programs and services at Fort Irwin. The Station is also in need of caseworkers, a volunteer chair, and advisors. Outside the immediate Red Cross Station, there are volunteer opportunities in a variety of offices on post including the museum, tax center, veterinarian clinic, and the summer youth program. Volunteering is a great way to increase your professional skills and get to know others on post. If interested, stop by the Red Cross Station at Bldg. 571 and/or contact Stephanie at 380-3697.

For more information go to www.irwin.army.mil

#### Fort Irwin partners with Southern California Edison

## Unique conservation program explores energy consumption

BY DAVID CANADY

Department of Public Works

Operations and Maintenance Division

Over the course of 2009, the National Training Center and Fort Irwin partnered with Southern California Edison (SCE) for a unique energy conservation program called the Participating Load Pilot, or "PLP." The goal of the PLP was to explore whether very short reductions in air conditioning energy consumption could be used as a resource to compete against generating power plants in California's wholesale electric market.

Fort Irwin has a long history of participation in SCE's energy conservation programs and had previously partnered with SCE on energy efficiency, conservation and demand response programs. Fort Irwin was the ideal program participant, and the base's participation and cooperation was a key success factor for several reasons:

Fort Irwin is a participant in SCE's Summer Discount Program (SDP), with over 3,200 air conditioning cycling devices installed prior to the pilot

Fort Irwin is located in the Mojave Desert, where SCE could anticipate significant air conditioning load during the PLP testing period.

In what amounts to the electrical equivalent of a cul-de-sac, Fort Irwin lies at the end of a transmission circuit where there are basically no other customers which simplified the analysis



DPW COURTESY PHO

Lance K. Toyofuku, director, Directorate of Public Works, receives the ceremonial check of \$325,500 from Southern California Edison. In the photograph are, from left to right, Muhammad Bari, deputy director DPW; John King, federal accounts manager, SCE; Toyofuku; Jeremy Laundergan, project manager, SCE; and Hossam Kassab, resource energy manager, DPW.

portion of the pilot.

The structures at Fort Irwin closely resemble the types of structures one might find in a Southern California suburb, such as Irvine or Rancho Cucamonga, which makes pilot findings applicable to other areas as well.

The project plan for the Participating Load Pilot was to turn off all of the air conditioners for 15 to 20 minutes during tests conducted between June and October. The total electric load reduction would then add up to about the

output of a small power plant. SCE equipped 555 air conditioners with two way communicating sensors to determine how much electricity was being used at any given time. SCE could then deliver this "load intelligence" in near real time to the California Independent System Operator (CAISO), which acts like an air traffic controller for the electricity grid: coordinating the dispatch of electricity generators and demand predictions to ensure that the amount of energy flowing onto the grid always

matches the amount being used.

SCE cycled off the base's air conditioners 30 times during the pilot. Twelve of these events were actually bid into the CAISO's wholesale power market in the same way that a generator would bid its output. On the most successful dispatch, the output of the air conditioning pseudo-generator reached over 7 megawatts, or enough energy to power 2,000 average-size homes.

After conducting the experimental curtailments, and analyzing the resulting data, SCE found that this type of air conditioning "demand response" could successfully operate within the CAISO's processes and systems. Based on a 110 home sample of internal temperatures, SCE also found that indoor temperatures rose less than one-half of one degree over 20 minutes, even on the hottest days of the year. This finding indicates that these events can be conducted in the future without impacting the comfort of program participants.

The implications of these findings are potentially far-reaching. For example, as California uses more and more variable-output renewable resources, like wind and solar, to meet electricity demand, more back-up generation will be required to operate when the wind doesn't blow and the sun doesn't shine. Using load reductions to smooth this variable output, instead of turning on a conventional power plant, could be cheaper, more reliable and better for the environment.

## Recycled Water Program officially on tap at Fort Irwin

BY DAVID CANADY

Department of Public Works

Operations and Maintenance Division

Water is a precious commodity to the Fort Irwin community, and a key reason behind the adoption of several water efficiency programs related to conserving water. The post faces considerable water challenges on many fronts. Most challenges pertain to the current demand on sources of supply and water quality, and lingering unresolved issues with the potentially overdrafting groundwater basins.

One such endeavor that is aimed at offsetting water use and extending the life of the existing water supplies is Fort Irwin's Recycled Water Program. This program is one of a number of innovative water supply solutions being adopted at the post.

Eventually, the majority of water for irrigating baseball and soccer fields, and roadway landscaping will be sprinkled with recycled water. This will account for approximately 21 acres of turf irrigation. Approximately 20 percent of total water use is forecasted to be offset by recycled water by the year 2011.

Recycled water is good for our environment. Reusing our water, instead of disposing it, is the most efficient use of our most important resource. By using recycled water for irrigation, we can conserve our precious drinking water supply and help maintain water supplies in our groundwater basin.

Fort Irwin is interested in maximizing the supply of recycled water produced by its wastewater treatment plant in order to:

- Reduce dependence on drinking water supplies for turf irrigation.
- Extend water supply reliability.
- Reduce wastewater discharges to percolation ponds.
- Reduce potentially overdrafting groundwater basins.
- · Facts about recycled water

#### What exactly is it?

Recycled water is wastewater that has been processed through modern primary, secondary, and tertiary treatment for beneficial reuse following the strict standards of state and local agencies. Fort Irwin residents and businesses generate wastewater that flows through a network of pipeline to a wastewater treatment plant located at the end of 5th Street. From that location, it undergoes extensive cleansing through primary and secondary treatment processes before it is discharged to evaporation and percolation ponds. Water that will be recycled goes through an additional treatment step, a "tertiary" stage that uses flocculation, filtration, and disinfection to further remove bacteria and viruses from the water.

#### Why is Fort Irwin pursuing water recycling?

Water is a precious natural resource that is in short supply at Fort Irwin and throughout California. It is apparent that the current sources of supply, which consist of three different groundwater basins, are inadequate for the long-term sustainability of the post. Based on current projections, the three existing groundwater sources may support Fort Irwin for as long as 50 years or as little as 35 years. Therefore, aggressive water management and conservation measures must be implemented to extend the existing sources of supply and to potentially develop alternative water sources. Neither are simple or immediate actions, but both are vitally important to Fort Irwin.

#### What is it used for?

Recycled water is most commonly used for landscape irrigation of schools grounds, parks, and golf courses. More recently, however, recycled water also has been used for recreation purposes, habitat restoration, and commercial uses such as paper production, heating and cooling. Initially, recycled water uses at Fort Irwin will be used for irrigating baseball and soccer fields, as well as dust control for construction activities.

#### How safe is it?

In California, recycled water has been used safely for over four decades. Although it frequently meets the same standards as drinking water, recycled water is not used or intended for consumption. In fact, recycled water pipelines, which are colored purple, are entirely separate from drinking water lines. State and local regulators strictly guide the use of recycled water to protect public health and safety. Extensive testing is performed on recycled water to ensure water quality standards are met. Continual monitoring, testing, and treatment ensure that this water supply meets the highest quality standards set by state regulations for the intended uses.

#### Who regulates it?

The Lahontan Regional Water Quality Control Board and the State Department of Public Health have developed regulations for recycled water. The Department of Public Health has developed Title 22, Division 4 of the California Code of Regulations, which establish the water reclamation health requirements. The recycled water produced by Fort Irwin's tertiary treatment plant meets the most stringent standards established by Title 22 and is safe for all human contact, except drinking,

#### History of recycled water

Orange County Water District has been using recycled water to form a ground water barrier to stop seawater intrusion since the 1960s. The City and County of San Francisco continue today to include water reuse in their master plan for water resources management. Hundreds of other water and wastewater agencies statewide are also actively recycling our State's "liquid gold."

#### For more information go to www.irwin.army.mil



## Big, red shiny things are good

Garrison delivers two new fire trucks to post Fire Department

STORY AND PHOTO BY GUSTAVO BAHENA

Warrior Staff Writer

You probably remember as a kid waving to fire trucks as they went by on the street. The trucks seemed huge and indestructible. Well, Fort Irwin has officially rolled out two brand new fire trucks that are the Hummers of fire vehicles.

Col. Jim Chevallier, Fort Irwin U.S. Army Garrison commander, ceremonially handed over two sets of keys to Ray Smith, chief of the Fire Department here, at Fire Station 1 on Monday. Chevallier stated that the trucks improve the fire department's ability to protect the community on Fort Irwin. He refers to the mission of protecting the community as "the absolute crystal ball" that cannot be dropped.

"I appreciate all that you gentlemen do to ensure that we never drop that ball," Chevallier told the fire personnel present at the ceremony.

The trucks serve as formidable tools in the fire department's arsenal of resources focused on the safety of the Fort Irwin populace and property. The trucks are capable of performing in off-road areas for suppression of range and wildlife fires, said Josh Cooper, B shift supervisor of the Fire Department. The trucks are significant for another reason – timeliness.

"These are the first brand new fire engines this post has had in over 20 years," Smith said. "The command staff has made a tremendous investment, and it shows as far as the support we're getting for equipment, training and supplies that we need to perform our mission in protecting the community."

Cooper said the diesel engine trucks are 4-wheel drive, have a 500-gallon water tank, and use an air-ride suspension. The trucks are built in similar fashion to what the National Forest Service uses. The control panel is located in the rear to allow easier operation in case of narrow roads. The trucks are outfitted with the latest equipment, gear and technology.

"There's a lot more advanced technology in the vehicles to allow our firefighters to get to the scene quicker and to able to mitigate whatever the emergency," Smith said. "These vehicles are more versatile than some of our other vehicles, because we can do structural firefighting, wild land firefighting, and vehicle rescue. What we were looking for is a vehicle that is all-risk capable."



Col. Jim Chevallier, commander, Fort Irwin U.S. Army Garrison, center, hands off keys to Mike Butolph, deputy director of Emergency Services, left, and Fort Irwin Fire Chief Ray Smith, right, during a ceremonial rollout of two new fire trucks at Fire Station 1 on Monday.

## Thinking — Outside The Box!

BY AL POTTHOFF

Post Librarian

This day and age fewer people come to the Post Library for books and more come to use the computers. Some actually conduct business. More resort to amusement. Sometimes we begin to wonder, what would people do for amusement if suddenly deprived of the internet?

We hope many folks would choose reading. But, even we recognize there are times one wants to get the mind actively engaged without resorting to worrying about ones own or other people's problems. We are reminded of the engrossing qualities of a crossword puzzle, Sudoku, seek-a-word or even the good, old-fashioned card game of solitaire. They should still be fun, but, can people trained to play by years of mouse-handling still play effectively

without a high-tech intermediary?

Why not give it a try? The All That Matter

The All That Matters Book Group has selected a number of challenging books on problem solving, card tricks, sting games – ways to amuse the brain in the absence of high-tech toys. If you think you would like a challenge, a reminder of the old days, or are just curious about how the dinosaurs did things, come to Post Library. Browse the Brain-enticing

additions. Even if you do not check out the book, you may find a few ways to stimulate your brain when you need to think your way outside the box.

The All That Matters Book Group meets on the fourth Wednesday of each month at 10:00 AM to discuss book selections and topics that matter. Please join us. For more in formation please come in to the Fort Irwin Post Library, Building 331 or call us at 390-3462.

#### **Book Review**

## Meyered in the Twilight

BY AL POTTHOFF

Post Librarian

Dreamers, though politely admired on a superficial level, suffer the criticism that, well, they are dreamers; not doers. The stereotypical dreamer would be viewed as one who wanders aimlessly, in a murky twilight haze, neither accomplishing much nor intending to. It does not seem likely that there is all that much substance to dreams. It seems even less likely that the substance would ever be captured. And, if a dream ever was captured, it probably would be of little interest to anyone beyond the dreamer.

So it comes as a pleasant surprise to find that the world of dreams, or at least one of them, is not only interesting, but enchanting. Stephenie Meyer captured a notion she literally dreamed up. In fact, she captured the dream in a four volume series of books — The Twilight Saga. Her results indicate that dreaming may just be

perfect for trapping imagination.

Stephenie Meyer also captured the imagination of a loyal, devoted, and sometimes eerie following of folks who are enthralled by her dream. Readers who casually start on Book 1, Twilight, usually become so involved that it becomes intolerable not to read Book 2, New Moon; Book 3, Eclipse; and Book 4, Breaking Dawn; as quickly as humanly possible. Such a dramatically engaging series is, well, the stuff of dreams for readers.

The Fort Irwin Post Library Read & Relax Book Group selection for February 2010 are the books of The Twilight Saga by Stephenie Meyer. Please come to the Fort Irwin Post Library. Check out, at the very least, Twilight. Join us on Feb. 13, 4 p.m. for a real world discussion of a dream come true.

For more information call the Fort Irwin NTC Post Library at 380-3462.

## Library is for lovers

BY AL POTTHOFF

Post Librarian

February is a month for celebrating Ground Hogs, Presidents, and, of course, right in the middle of the month -- Love. It turns out libraries need love too. Thus, February has also been declared, "Library Lovers Month."

Those who savor a touch of ambiguity might wonder whether Library Lovers Month is for those who love libraries or those who have romantic assignations among shelves or, maybe, those who love the books, movies and services the Library has to offer. Here at the Fort Irwin Post Library, as long as your observance is both respectful and G-rated, we have room for everybody to celebrate.

Whether you have bonded with a library, in a library or because of a library, come to the Fort Irwin Post Library to see our Library Lovers Month display. While you are here — take a look around. Find

out what's to love! We have books to read, books to listen to, magazines, programs, movies, book groups and more! You may fall in love. Maybe we'll just be friends.

Please join us in celebration of Library Lover's Month. For more in formation please come in to the Fort Irwin Post Library, Building 331 or call us at 390-3462.





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## MPs, civilian police receive state certification

BY CAPT, JASON KIM

Military Police Commander

The Fort Irwin and National Training Center Military Police Company hosted for the first time training that certified MP Soldiers and Fort Irwin Police Officers to the same baseline standards met by all California peace officers.

This training, known as California Penal Code 832 Arrest and Firearms Course, is a statewide pre-requisite for anyone that conducts peace officer duties and is governed by the California Commission on Peace Officer Standards and Training (POST).

Because MPs and Fort Irwin Department of Army police serve as federal law enforcement within a military jurisdiction, they are not subject to any peace officer requirements set forth by the state. However, voluntarily receiving the PC 832 certification increases validity when dealing with outside agencies, provides a common language of enforcement, and is a statewide standard recognized in court. Because of Fort Irwin's remote and isolated location, we rely heavily on outside agency support for training and also in emergency situations. By having our MPs and police officers certified, it enhances interagency cooperation from the organizational level, down to the individual police officer level.

The certification consisted of both classroom topics such as laws of arrest, case law, and hands-on portions such as: patrol techniques, use of force, and firearms qualification. Although PC 832 standards are very similar to federal standards met by MPs and DA police officers, state-level certification s always a learning experience and reinforces critical law enforcement skills.

The instruction was provided by deputy sheriffs from the Los Angeles County Sheriff's Department, who also serve as Advanced Officer Survival Cadre at their own training academy. The training was made possible through the NTC MP Company's Law Enforcement Excellence Program (LEEP), which centers on strong partnership with the California National Guard State Military Reserve. Many key members of that Guard unit are full-time law enforcement officers with various agencies and have leveraged instructional support for MP Soldiers on an unprecedented scale. In the end, the Fort Irwin community benefits by having a higher caliber of MPs and police officers protecting the community.



Fort Irwin Military Police Officer Staff Sgt. Matthew Ambriz and Fort Irwin Department of Army Police Officer Sgt. David Byrnes "arrest" Los Angeles County Sheriff's Deputy David McCabe during a scenario that was part of training held Jan. 25-29. The training event was facilitated by Deputy Sheriffs from the Los Angeles County Sheriff's Department and provided MPs and DA police with certification in California Penal Code 832 Arrest and Firearms.

#### Reveille, from page 1.

If in civilian clothing, both military members, and civilians should take the same actions as in uniform, with a few exceptions: Men will remove their hats with their right hand and hold it at the left shoulder with the

right hand over the heart. Men, without hats, and women will stand at attention and place their right hand over their heart.

All vehicles should come to a stop and remain so until the last note has ended. Drivers are expected to safely stop their vehicles and get out of their vehicles to properly render honors. Handicapped persons and small children are not required to exit their vehicles. Vehicles carrying groups, such as buses, should also stop to allow the senior occupant to exit the vehicle and render honors.

NOTE: Veterans not in uniform may render a salute during the hoisting, lowering or passing

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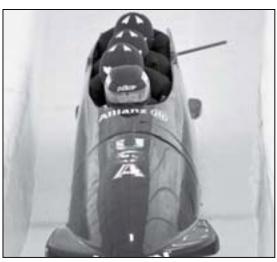




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## Seven WCAP Soldiers, alums make Team USA for **Olympic Winter Games**



FMWRC Public Affairs

ALEXANDRIA, Va. - Seven current and former members of the U.S. Army World Class Athlete Program have earned spots on Team USA for the XXI Olympic Winter Games, scheduled for Feb. 12-28 in Vancouver and Whistler, British Columbia, Canada.

Five current and former WCAP bobsledders, along with U.S. men's assistant bobsled coach Sgt. Bill Tavares, will tackle one of the world's fastest tracks in Whistler, site of the bobsleigh competition Feb. 20 through 27.

WCAP biathlete Sgt. Jeremy Teela earned a spot on his third consecutive U.S. Olympic Team in biathlon, a combination of crosscountry ski racing and rifle shooting from standing and prone positions. Five men's biathlon races of different distances will be staged Feb. 14 through 26 in Whistler, site of the best performance of Teela's career

Four of the six U.S. men's and women's bobsled pilots learned the tricks of their trade while serving in WCAP under the tutelage of fivetime Olympian Tavares, who will assist U.S. men's bobsled head coach Brian Shimer.

WCAP Sgt. John Napier of Lake Placid, N.Y., will drive Team USA II's four-man sled. His WCAP teammate, 1st Lt. Chris Fogt of Alpine, Utah, will be among that crew, joined by Chuck Berkley of Clayton, Calif., and Steve Langton of Melrose, Mass

Napier also will pilot USA II in the two-man competition with Langton aboard.

"Since my earliest memories, all I remember thinking about is this moment," Napier said after being named to the U.S. Olympic Team. "It's a dream come true."

Shimer pointed out that Napier, at age 23, is perhaps the most experienced of the U.S. drivers because he's the son of a bobsledder and began competing at age 8.

"This has just been a breakout season for John," Shimer said. "The world has been awakened and they are not looking over him. John was under the radar. His first statement was to let the world know he was here. Some of these guys were his idols, and now he's beating them down the hill."





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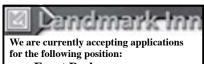
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## **IDENTITY THEFT HITS 5-YEAR HIGH**

Leader in I.D. Theft Protection Strikes Back with Free Protection Offer for All

TEMPE, ARIZONA – Identity theft has topped the Federal Trade Commission's list of consumer complaints for the past eight years.

Now, a stunning new survey shows a record 9.9 million Americans were victims of identity theft last year – a shocking 22% increase over the prior year – according to Javelin Strategy & Research.

This study sends a clear message: in the wake of the global economic crisis, identity theft is a big business. It's up to consumers to take proactive steps to protect themselves.

That's why for a limited time, LifeLock, the industry leader in identity theft protection, is offering 30 days of guaranteed identity theft protection service at no cost.

"All you have to do is call 1-866-213-9039 for an individual membership, or 1-866-213-9040 if you are enrolling more than one member," said Todd Davis, the CEO of Life-Lock known for giving out his real Social Security number in advertising to show his confidence in the service. "It's that simple."

Immediately upon enrollment, all LifeLock members are protected by LifeLock's \$1 Million Total Service Guarantee.

#### **HOW TO GET FREE IDENTITY THEFT PROTECTION**

Call now to protect your family **FREE for 30 days**. Hurry – this exclusive offer is limited only to those that call and use the promotion code below.

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