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Camp
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Thursday, April 20, 1972
Volume 28, Number 16

Those hateful yellow flower-weeds



By Capt. Robert H. Russell

Opening Round
Boss: Where have you been?
Employee: Getting my hair cut.
Boss: On company time?
Employee: It grew on company time.
Boss: Not all of it!
Employee: Well, I didn't have all of it cut!

I like to think that in most respects I am a man of moderate disposition. I tend to favor one of the major political parties and am inclined to view the other party with some suspicion. Certain sports I watch or participate in with moderation, while others cause me to turn either the dial or my head to another position. I eat steak when it is offered and pass up barbecued ribs. In these and countless other situations, no extremes of passion or enthusiasm mar my serenity.

There is, however, one thing which I hate from the bottom of my otherwise placid soul. Dandelions. Dandelions enrage me on sight, even if they are on someone else's property. I have never been incapacitated by dandelion wine or dandelion greens. In fact in my mild mannered way, I view cannibalism with

less rancor than ingesting dandelions. It is a longstanding vendetta between dandelions and me, and don't think for a minute that they don't know it. I can remember when I was a boy and dandelions grew six and eight inches high before blossoming. For more years than I care to remember, I have been mowing or pulling those hateful yellow flower-weeds. Now I notice that if my mower is set for two and a half inches, the dandelions top out at two inches so that the blade just glides over them. Or else they swing up like a railroad crossing gate after I have passed. Recently I have taken to doing rear-marches in my front yard and surprising upspringing dandelions. (I include this in the event that the neighbors have watched and failed to understand my maneuvers.)

Speaking of neighbors, I have noticed that in repeated instances strong concentrations of dandelions have built up in sanctuary just across the property line, and that under the cover of darkness or inclement weather they have infiltrated my yard. I hereby serve notice that I will follow the hot pursuit rule and cross the

fence line on future search-and-destroy missions if necessary. In this respect I have not hesitated to defoliate up to the borders and will consider retaliatory action across the line where obvious havens of sanctuary have come into being.

Adjusting their height is not the only ploy that modern dandelions use these days. They used to bloom for days before going to seed and spreading their culture across my lawn. Now the blossom remains closed like an inverted green umbrella until I go into the house for a minute. Then before I can get back on station, they turn yellow briefly like a traffic light, snap white as golf balls, and explode all over the premises. If I am not out there watching for the flash of yellow, it is too late and all I grab is a handful of the elusive next generation of the weed.

I have considered paving the entire yard and painting it green, but I have a fear that in a few weeks I would be fighting concrete dandelions.

Parting Shot
 Behind every successful man stands a woman telling him that he is wrong.

Local beauties vie for the throne

Three beauties representing each of the Tri-Commands have been named to compete in the Montford Point Marine Association's "Queen's Contest," which kicked-off Monday.

Cpl. Beulah Scott (Force Troops), PFCs Dawn Leroy (2d Marine Division) and Terry Risser (Marine Corps Base) were chosen to represent each of the three commands here. They were nominated by their immediate OICs, NCOICs and the CO, Women Marine Co.

Also running for this year's local title will be two contestants from Jacksonville and three from Cherry Point. Each contestant is scheduled to preside over dances, fish fries and beach parties in support of their individual fund drives.

Each of the contestants, along with their helpers, will sell votes at the Marine Corps Exchange each afternoon. Contest funds will be used for education grants to Association Marines and their dependents, aiding underprivileged members of the community, and, in general, support MPMA's goals, promoting harmony among the ranks and races within the Corps and Marine communities.

This year's goal has been set at \$7,500, with each sub-command striving for \$2,500.

The contest officially ends May 30 at midnight and the winner will later compete in a nation-wide "Queen's Contest."



Dawn Leroy



Beulah Scott



Terry Risser

Base Briefs

MCSSS — GySgt. Da Hudson was awarded the N Commendation Medal meritorious service while serving with the Third Marine Division Okinawa.

H&S BN. — Cpl. Leroy Port was presented with the N Achievement Medal with Comm "V" for superior achievement while serving with Co. "B", 1st Motor Transport Bn., 1st Marine Division in combat operations against the enemy in Vietnam.

New fitness reports debut May 1

WASHINGTON — Those machine readable fitness reports we have been hearing about will be adopted May 1.

That's the word from Headquarters in ALMAR which told field commanders to start requisition procedures to ensure that the document is hand for the effective date.

The new performance evaluation order which will guide reporting seniors in preparing the reports will be distributed to the field about mid-April, according to the ALMAR.

Myriad of decals soon outmode

WASHINGTON — Current decals on cars having access to Navy and Marine Corps bases, as varied as highway billboards, will soon be a thing of the past.

By June 1, a standard decal will replace the myriad of decals now in use, and they will be honored at most Naval installations across the country. And, if local commanders approve, the frequency of re-registration will be minimized.

Commanders will retain control over issuing procedures, and in some cases may issue additional decals regulating entry into security areas. But a Marine with a Camp Lejeune decal will be waved right through the gate at Camp Pendleton, and will have up to 90 days to get a Pendleton sticker.

The decals will be issued in one of four colors, depending upon the status of the individual requesting it. "Department of the Navy" is in-

scribed at the top, with the name of the issuing activity in the center, along with the appropriate Navy or Marine Corps symbol.

Blue decals will be issued to officers and warrant officers, active duty and retired, and their widows; red to enlisted, active and retired, and their widows; green to civilian employees whose official duties create a need for their vehicles to be driven on installations other than the issuing activity; black to all other civilian employees and members of the public whose vehicles are authorized on the issuing installation only.

Decals will be issued to active duty military personnel and will remain in effect for the duration of their tour of duty or for the duration of their current enlistment, whichever is first, plus 90 days. Retirees and civilian employees will receive a decal which will be effective for up to three years.



Spring having sprung, few variations were noted in young men's fancies.

—First Lt. Fred Alexander

Commanding General MajGen. C.A. Youngdale
 Executive Editor Maj. Lee Preble
 Managing Editor MSgt. Tom Kerr
 Editor-in-Chief Sgt. John Campbell
 Editorial Staff LClp. Tom Dancer and PFC R.C. Teeling
 Sports Staff LClp. Tommy Page and PFC Tom Fagan



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New Chief of Staff

Col. Charles R. Burroughs will assume the post of Division Chief of Staff Monday from Col. Paul B. Haigwood.

Col. Haigwood has received orders to III MAF, Okinawa. Col. Burroughs was relieved as CO, 10th Marines, on Apr. 13 by LtCol. Thomas A. McPheeters.

Prior to commanding 10th

Marines, Col. Burroughs served as Assistant Chief of Staff, Facilities, Marine Corps Base. He has also served with the 1st Marine Division in Korea; Headquarters Marine Corps; 1st Brigade; 11th Marines; 12th Marines; the Joint Chiefs of Staff; and in Vietnam with III MAF.

He enlisted in the Marine Corps in 1942 and was commissioned in 1945.

LtCol. McPheeters began his Marine Corps career 29 years ago, also as an enlisted man. He received a Fleet Appointment to the U.S. Naval Academy and graduated as a Marine officer in 1951.

Before assuming command of the regiment, he was CO, 4th Bn., 10th Marines.



Col. Charles R. Burroughs

Career planners get CG's trophy

The Commanding General's Trophy was presented to the 6th Marine Regiment by BGen. H.L. Beckington, for the unit's excellence in the field of career planning during 1971.

Also given recognition for a reenlistment point average of 90 or better were Hq. Btry., 10th Marines (106 pts.), Hq. Bn. and 2d Shore Party Bn. with 90 point totals.

Four individuals were awarded a certificate of appreciation for contributing to a successful Marine Corps career planning program. They were: GySgts. J.E. Grubbs, NCOIC, Division Career Planning, and J.R. Mcguirk, Regimental Career Planner, 6th Marines; SSgt. W.F. Collins, Career Planner, 3d Bn., 2d Marines; and Sgt. N.J. Barnes, Company Career Planner, 1st Bn., 8th Marines.

Thanks to Ben and Caleb

Libraries have come a long way since the days when Ben Franklin began his private "loaning club" in Philadelphia back in 1777. It was this type venture that may have prompted Caleb Bingham to donate some 150 titles to the town of Salisbury, Conn., in 1803, beginning the public library system we know today.

If Ben and Caleb were alive today, they would no doubt join in the observance of National Library Week (Apr. 16-22).

More than 50,000 books, including 9,000 for children, are available here at three Base libraries. Besides timeless classics, the latest best-sellers, and heavy reference works, these libraries maintain a wide selection of magazines and many major American newspapers.

This library system is accredited by the Southern Colleges and Universities Association, a feat rarely attained by a military library, and is open to active and retired military personnel, their

dependents, and civilians working on base.

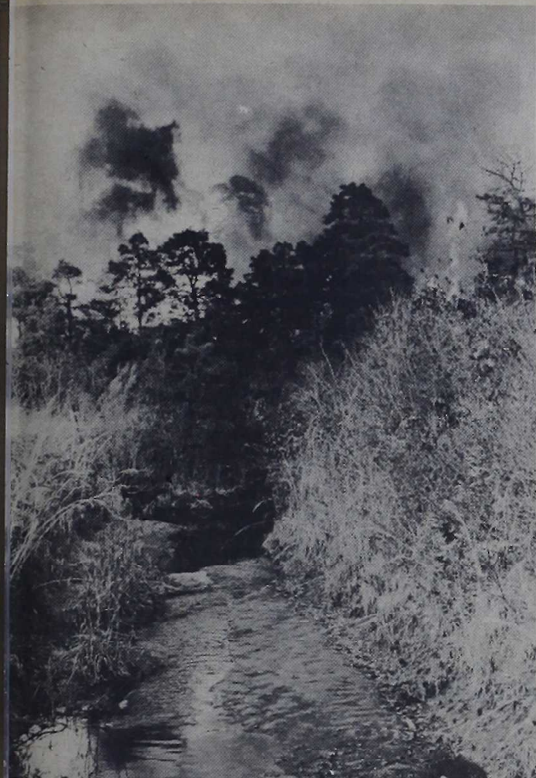
The largest branch, the Central Library, Bldg. 63, is open Monday through Saturday from 10 a.m. to 10 p.m. and on Sundays and holidays from 2-10 p.m.

The Courthouse Bay Library, operates Monday through Friday from 8-11 a.m.; 12:30 - 4 p.m. and 6-8 p.m. On Saturday, Sunday and holidays, it is open from 1-6 p.m.

The Montford Point Library is open Monday, Wednesday, and Friday from 8 a.m. to 4:30 p.m. and Tuesday and Thursday from 6-9 p.m. On Saturday, Sunday, and holidays, it is open from 2-9 p.m.

Names Make News

SECOND RADIO BN. — The Joint Service Commendation Medal was presented to MGySgt. John A.W. Rokis for meritorious service as an Intelligence Analyst and NCOIC, Special Support Group Detachment, in Vietnam.



MARINES FIGHT FIRE — A fire in Hofmann Forest, that raged out of control Sunday and Monday, was contained late Tuesday by state and commercial firefighting units. Some 80 Marines from Camp Lejeune assisted firefighters and remained to help "mop up" yesterday. (Photo by Sgt. Chuck Hornick)

NEWS BRIEFS

FISH FRY TONIGHT

The Greater Jacksonville Chamber of Commerce will hold its first Fish Fry of the year tonight for Marines, privates through sergeants, 30 p.m. at Wilson Bay Park in Jacksonville.

"IF YOU WANT IT, COME AND GET IT"

Quarterly screening for Recon volunteers begins Tuesday for Camp Lejeune Marines who want to go "Recon." Starting at 1 p.m. the program will be held at the Force Troops gym, Bldg. 300. For further information call ext. 0261.

ECOLOGY CLUB TO MEET

The Camp Lejeune Ecology Club will hold its first organizational meeting Tuesday, 7:30 p.m., at Marston Pavilion.

Projects already planned include paper, glass and metal recycling. For more information contact Judy Jones (353-2619) or 1stLt. Bill Rogers (451-2323).

As a future note, non-members can help by saving for the paper drive from 8 a.m. to noon Apr. 29 with Marston Pavilion as the drop-off point.

Lt. Vance Gordon, USN, NFMRL, an ecologist, will speak at the meeting on "Interaction of Population and Resources in the USA and the Nations with less Cheery Prospects."

BREWSTER JR. HIGH HOSTS DINNER

A spaghetti supper will be held in the Brewster Jr. High cafeteria on Apr. 27, 6 to 8 p.m.

The meal will cost \$1.25 for adults and 50 cents for children under 6 years old. Proceeds will go toward the student council activities.

LOCK IT UP

The Provost Marshall warns persons not to leave valuable items in their cars. Tapes and players, cameras and other items are being ripped off from locked and unlocked cars. Items of value should be locked in the trunk.

AIR TRAVEL IN CIVVIES APPROVED

Service personnel flying at reduced rates on commercial air lines in now do so in civilian clothes.

The new policy affects all personnel on leave or liberty and applies to all domestic U.S. airlines involved in interstate commerce.

LDO BOARD OUT SOON

WASHINGTON — A selection board, convened at Headquarters to check the Corps' annual complement of new limited duty officers, is expected to report out early next month.

The board, headed by Col. Louis Z. Slawter Jr., is authorized 230 selections. There were 1,037 applicants.

BLT 2-6 DEPLOYS TO CARIBBEAN

Battalion Landing Team 2-6, 2d Marine Division, embarked aboard U.S. Navy ships at Morehead City, Apr. 14 for a scheduled training exercise in the Caribbean.

Under the command of LtCol. J.T. Enoch, the Marines embarked on the USS SHREVEPORT (LPD-12), USS NASHVILLE (LPD-13), USS PORTLAND (LSD-37) and the USS GRANT COUNTY (LST-1174).

Dateline Division

EIGHTH MARINES — SSgt. Charles C. Vasquez was awarded the Navy Achievement Medal for outstanding performance of duties while attached to the 3d Marine Division on Okinawa. HM3 Garry R. Baker, USN, received a Meritorious Mast. Cpls. Lawrence R. Collins and Roderick A. McConnell were promoted to their present rank on Apr. 4.

ABOUT PAGE ONE

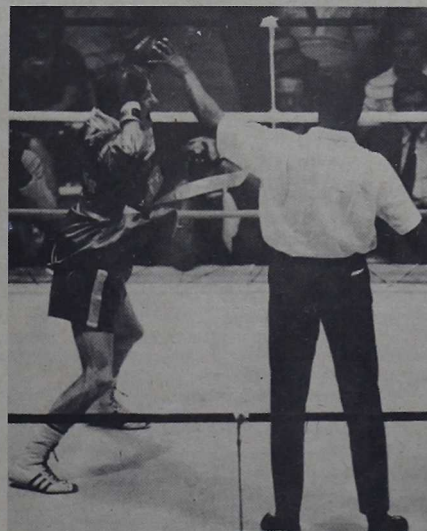
A dark horse brightens

Globe sports staff rated Marine Ray Haley as a dark horse in the 132 lb. class. Haley slugged his way into the Interservice finals with a Wednesday night victory over Javier Muniz of the Army. Muniz, who was on the AAU-Olympic team that went to Russia in January, was labeled as a ranking boxer.

George Dement, USAF, had defeated Marine Frank Santore in the CISM trials here last year and was ranked with Muniz as a favorite for their weight class.

Haley beat both of them. The page 1 pic, by GySgt. Bruce Martin, catches Haley and Dement trading punches in Thursday night's fifth bout. At left, Haley lets his emotions show as the referee announces a unanimous decision in his favor.

For the rest of the scoop on the 1972 Interservice Boxing Finals — and some strong opinions about the "sport" — see pages 6 and 7.



COMMENTARY

This audience is rated 'X'

Peter Profanity goes to see a movie because the guys in the barracks tell him that his conversation is very repetitious. Willy Wit feels that the theater is an excellent place for auditioning a few of his new jokes, plus a good test for adlibbing. Mort Memorybank only needs to hear something once and it is forever imprinted in his mind, and he considers going to see a movie a second time a good test of his recall. Sammy Suction thinks the theater has popcorn shaped just for throwing and catching.

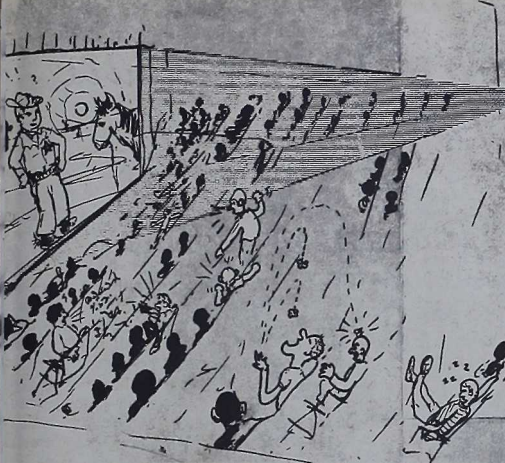
And while Peter Profanity is ripping off his critique of four-letter expletives; and Willy Wit is rollicking on the floor and churning inside from his own humor; and Mort Memorybank is being congratulated by his buddy as the actors echo his dialogue; and Sammy Suction has finally attained his goal of catching popcorn descending from an altitude of 20 feet; Joe Regular hears the flick's

soundtrack something like this: "Last night +\$- &\$'"() from -&\$'++-"- named +\$-'&' the case on +-''"\$('+& murder &\$-'"')+-\$- was pronounced &\$-+'"\$+."

Although Peter, Willy, Mort, and Sammy all apparently have their reasons for going to the theater, a census would prove that they aren't the more popular ones. Also that they show a lack of consideration for other movie-goers.

It should be common courtesy to show some respect for the other guy. Instead of displaying loud distaste for something by outward and boisterous remarks, confine criticisms until they can be heard by someone who will listen and appreciate them, rather than distracting those who look for a few hours of relaxation and entertainment.

If it is so trying to sit through a certain movie, why annoy someone else.



TALK ABOUT A COMMUNICATIONS PROBLEM...

Pioneer 10 aims for outer space with message from Earth

The Pioneer 10, destined to be the first man-made object to escape from the solar system into interstellar space, is carrying a pictorial plaque designed to show scientifically educated inhabitants of some other star system — who might intercept it millions of years from now — when Pioneer was launched, from where, and by what kind of beings.

Launched recently by the National Aeronautics and Space Administration from Cape Kennedy, Fla., Pioneer 10 is on a mission of two years or more to fly beyond the orbit of Mars, pass through the Asteroid Belt, and observe Jupiter en route before being flung into a trajectory that will carry it continuously from the Sun.

The plaque design was etched into a gold-anodized aluminum plate 152 to 229 millimeters (6 to 9 inches) and 1.27 millimeters (0.050 inch) thick, attached to the spacecraft's antenna support struts in a position to help shield it from erosion by interstellar dust.

The radiating lines on the left of the plaque represent the positions of 14 pulsars — cosmic sources of radio energy — arranged to indicate our Solar System as the home star of the launching civilization. The "1-" symbols at the ends of the lines are binary numbers that represent the frequencies of these pulsars at the time of launch of Pioneer F relative to that of the hydrogen atom shown at the upper left

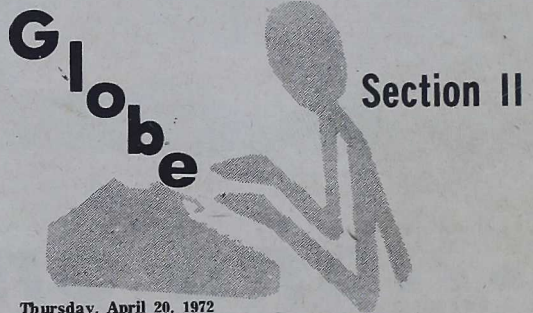
with a "1" unity symbol. The hydrogen atom is thus used as a "universal clock," and the regular decrease in the frequencies of the pulsars will enable another civilization to determine the time that has elapsed since Pioneer F was launched.

The hydrogen atom is also used as a "universal yardstick" for sizing the human figures and outline of the spacecraft on the right of the plaque. The hydrogen wavelength — about 8 inches — multiplied by the binary number representing "8" shown next to the woman gives her height — 64 inches. The figures represent the type of creature that created Pioneer. The man's hand is raised in a gesture of good will.

Across the bottoms of the plaque are the planets, ranging outward from the Sun, with the spacecraft's trajectory arcing away from Earth, passing Mars, and swinging by Jupiter.

That Pioneer carry an identifying plaque, was suggested by a number of people. The one chosen was designed by Dr. Carl Sagan, Director of the Laboratory for Planetary Studies, Cornell University; his wife, Linda Salzman Sagan, a painter and film maker; and Dr. Frank Drake, Director of the National Astronomy and Ionosphere Center, Cornell.

A more detailed description of the plaque appears in the February 25 issue of Science journal.



Thursday, April 20, 1972

OPEN LINE

'Where do I wash my car?'

Dear Open Line,

I would like to ask a question. Why can't I drive on the yard I am required to maintain and pay rent on? I live in government housing. The Marine Corps does not maintain my lawn or pay the rent yet they can drive all over seeded areas, I can't.

I have paid for seed and fertilizer for two years and did all of the work myself without any help from the base. If we are not allowed to park on the so called "seeded" areas, why doesn't the Marine Corps furnish water and electrical outlets at each parking lot; the fire lanes are for emergency vehicles only.

All of the housing on the base have driveways to the house yet people in T.T. have to pay the same amount for rent.

I would like to hear comments from readers on what they think. I don't think it is right and it should be changed or else there should be authorized car wash areas for the people in government quarters.

Name withheld by request

Dear Sir,

Globe checked with the Assistant Chief of Staff, Facilities, to get an answer to your letter. This resulted in a staff study on your complaint and the following was recommended:

"Base Housing Regulations be modified to permit 'temporary' parking and washing of vehicles on seeded areas in Paradise Point and Berkeley Manor that are part of the vehicle owner's yard, with the tenant being held fully responsible for the repair of any and all damage to lawns.

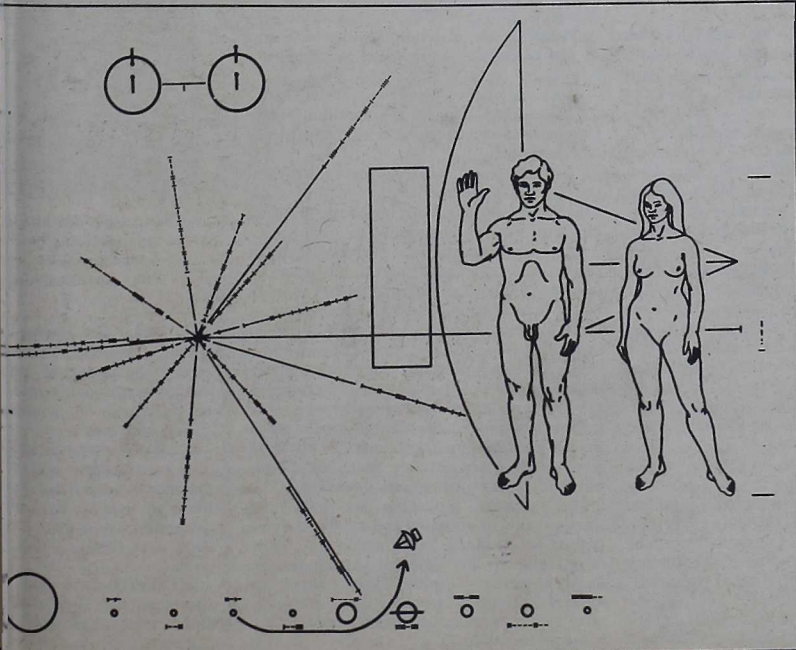
"However, the parking or washing of vehicles on seeded areas should not be authorized in: Tarawa Terrace because many of the occupants cannot park in their yard without crossing his neighbor's yard(s) and driving across curbs and sidewalks, damaging them; Midway Park as due to fire hydrant locations and the limited access to the rear of houses due to clotheslines, the service roads between rows of houses in that area are the primary route for fire apparatus and must be kept clear of parked vehicles for prolonged periods; Knox-Geiger Trailer Parks because the short duration of assignments to temporary housing would result in these lawns being continually repaired.

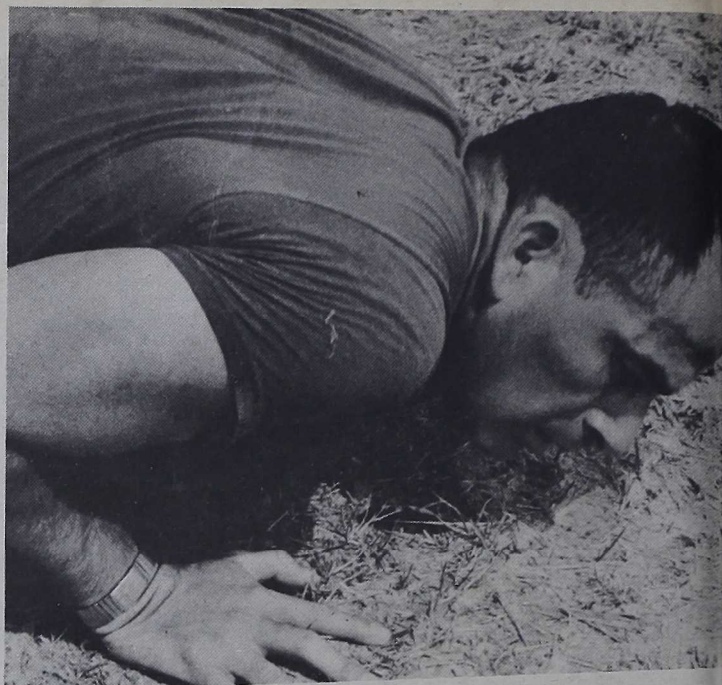
"Long range projects designed to aid tenants in Tarawa Terrace, Midway Park, and Knox-Geiger Trailer Parks are the provision of water-electrical hook-ups adjacent to parking lots and, eventually, centralized vehicle wash facilities.

"Limited quantities of grass seed and fertilizer are at the Quarters Furniture Section (Bldg. 1501) for occupants at Paradise Point, Naval Hospital, Courthouse Bay, Rifle Range and Berkeley Manor, and at Work Request Center (Bldg. TT-2451) for tenants at Tarawa Terrace, Midway Park and Knox-Geiger Trailer Parks. The Marine Corps Exchange also stocks lawn care tools and supplies.

"Stock piles of top soil for filling holes, improving lawns, etc., are available at designated locations in the housing areas for pickup by the tenants; and large quantities of top soil can be delivered by calling the Work Request Center (451-2244)."

Editor





...and one for the CO!

Story & Photos by PFC Jeff Wickland
Physically speaking, the Marines are tightening up — getting leaner and meaner by standards set by the last Commandant and emphasized by the new Commandant. Marines everywhere are getting the word — no fat will be tolerated; turn it into muscle.

One of the first units known to really get with the program with outstanding success is Force Troops' 2d Amphibian Tractor Bn., commanded by LtCol. Richard A. Sulik.

In response to a new physical conditioning policy, 2d Amtracs has formulated a Standard Operating Procedure for Physical Training which won a "noteworthy" rating on the Marine Corps Inspector General's tour of the Tri-Command in January. Another "noteworthy" went to the battalion's Company "A" after taking the IG's Physical Fitness Test (PFT) with a 96.1 percent passing rate. ("Noteworthy" is the highest possible rating to be earned at an IG inspection.)

On the PFT, points are awarded for individual scores in sit-ups, pull-ups, and a 3-mile run. "Passing" for a 17-year-old is 135 points, and 300 is unofficially considered "max," although there is no point ceiling. Now, in a unit where the battalion commander once had the highest PFT scores, marks of more than 200 points are becoming more frequent. At noon chow — the break every Marine waits for — battalion headquarters sheds a flock of office workers in a rainbow variety of sweatgear, all looking for a place to run.

PT is becoming more popular with the Amtrac'ers.

What kind of a program can stimulate this interest and produce results? The secret, as with anything in the Corps, according to LtCol. Sulik, is motivation. Rather than ordering men into shape, 2d Amtracs is luring an increasing number of its men into the fraternity of the fit through voluntary programs.

As a mandatory program for the rank and file, 2d Amtrac's SOP is neither demanding, nor specific. It is a general directive to "keep fit" through a minimum of three hours of physical activity each week. Company commanders generally satisfy this requirement "en masse" with their companies jogging before the working day begins.

The margin of difference lies in a radically unusual incentive program for extracurricular PT.

Sgt. Thomas W. Mosman, of medium build

with thinning dark hair and a granite handshake, is a recent graduate of the Marine Corps Physical Fitness Academy at Quantico, Va. He is 2d Amtrac's Physical Training Instructor.

Although he denies it, members of Battalion S-3 (training section) who produce the new SOP give him major credit for the program's success.

According to Sgt. Mosman's boss, Maj. Joseph H. Alexander, Battalion S-3 Officer, "He was in it before any of us and he's the catalyst."

Sgt. Mosman contends that the program's major factor is that "... it gives a guy an opportunity to get into a program where he can be rewarded for participating in physical activity."

The program provides awards for participation in diverse forms of activity from organized sports to solo long distance running. The spirit of competition and accomplishment in these awards is apparently a prime reason for the enthusiasm shown in the battalion.

An example is the "Century" running program, which includes the "hundred-mile club" and the "five-hundred mile club." Any battalion Marine who runs a total of 100 miles in 90 days, two miles at a time, or 500 miles in six months, receives a recommendation for a 48-hour pass and a certificate of achievement presented before a battalion formation. Further, a recommendation for a 96-hour pass and a trophy are presented to anyone who runs 100 miles in a 30-day period, or 500 miles in less than six months.

Marines can gain similar recognition and passes for outstanding achievement in the "Aerobic" athletics program. "The New Aerobics," a physical fitness handbook by Dr. Kenneth Cooper, was S-3's guide for the Aerobics program. Dr. Cooper contends that accelerating the heart's tempo to 130-150 beats per minute for at least 20 minutes daily is the best strengthener for heart, lungs, liver and the circulatory system.

"Aerobic points" are awarded by the battalion for participating in practically any type of athletics. The number of points depends on the type and duration of exertion. For instance, an hour-long handball workout earns 12 points, a 5-mile run in 39 minutes earns 25 points, and an hour of volleyball brings in four points.

Practically every form of activity is accepted, from fencing and lacrosse to football. A minimum of 250 points in a month earns a

certificate and recommendation for a two-day pass. Five-hundred points wins a trophy and recommendation for a four-day pass.

Amtracs has increased the required number of PFTs for the individual from two to four each year. But a Marine can earn additional awards simply by passing the required tests, provided he scores high enough.

A minimum of 135 points for the pull-ups, sit-ups, and 3-mile run is passing. Marines from 17-26 years of age earn a certificate and recommendation for special liberty for turning in a score of 225. The 27-39 age group must score at least 200, and the 40-45 group must pull 175. Added benefits are earned by carving out the year's highest PFT score, or by exceeding the minimum passing score by 175 points.

The awards themselves are not the only incentive. The good feeling of competing with oneself for better marks and with others for the best is also a driving force.

This is exemplified in the case of 1st Lt. James D. Shimp of S-3, who performed the remarkable feat of joining the 100-mile club in just 18 days — an average of 5.5 miles a day.

A unit record?

"I guess so," grinned the youthful former high school teacher and coach. "Nobody else has done it."

"A lot of people have sworn to beat him though," Maj. Alexander says with a smile. "We're thinking of putting him on duty during lunch so he can't run so much."

One lance corporal, who prefers to remain anonymous, added along similar lines that he personally enjoys some parts of the running better than others — the parts where he can leave staff noncommissioned officers behind in his dust.

The voluntary activities of those already reasonably fit are only part of the program. For those too overweight or underweight for the Corps' standards, or those who fail a PFT, S-3 has produced another almost as intricate program designed not only for physical trim but to keep the participants interested.

The remedial programs are based on theory taught at Quantico and consist of three phases of training: toughening up, slow improvement, and finally, sustaining the gains in physical fitness. These phases, as applied by Sgt. Mosman, are overload, progression, regularity, specific adaptation to imposed demands, and variety.

"These are the tools to utilize in Physical

Training," he says. "As long as you follow these principles, he can do his own programs."

"Overload" is shooting beyond the distance in a set time, pushing further or faster than required.

"Progression" is extending the effort in each successive training session.

"Regularity" is sticking to the program.

"Specific adaptation to imposed demands" is making the body adapt to the demands of the program.

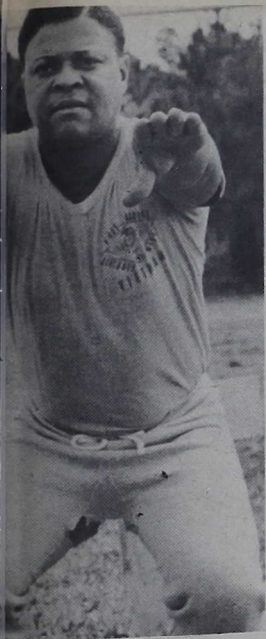


FIFTY MILES
indicating he has completed 50 miles of swimming. He earned this for his achievement.

Story and Photos by PFC Jeff Wickland
A lot of Marines, especially the ones who pride themselves on the distance they rack up through jogging, are themselves not only in shape but they frequently fail a fitness test they frequently fail.

Many of these joggers have earned mile certificates proving the distance to earn them. For those whose many miles has been exhausted, sweaty and some don't have time to shower to work.

At Camp Lejeune, medical agreement that there's a better way to stay in shape than jogging. One doctor here... "virtually all the muscles of the body as well as



is warming up before exercises, and off afterwards. Key to motivation and, ultimately, the success of the remedial program, is variety — new roads to muscle strain. Rather than a simple long distance run, remedial participants work at a variety of activities, from hikes to close to recruit-style circuit courses. The circuit course is a variety package of 12 calisthenic stations mixed with sprints. When the remedial sections do resort to techniques like the "far-run" or the "cross-promenade" run are, respectively, short runs with sprints interspersed, or running at paces over various terrain. A Marine in the overweight and remedial sections works at one of these acutely for up to an hour. The success of these tactics can be

measured by observing that some of those placed on the remedial program stay with it voluntarily after they have qualified to escape.

In formulating these proven programs, S-3 worked in direct response to specifications set down by the 2d Amtracs battalion commander.

LtCol. Sulik has always been inclined toward physical fitness training and runs three or four miles a day and works out in a universal gym.

Before the new program, he led the battalion PFT scores with marks of more than 200. A new Marine Corps order, which spelled out the Corps' tougher physical standards, was an opportunity for him to bring his own goals to his unit.

Overall, LtCol. Sulik has been "very pleased" with the physical fitness effort so far.

"It has been sort of sluggish in the past," he

commented, "but it has been kind of spurred on by the new Marine Corps order. We are now jumping into it with both feet."

LtCol. Sulik estimated that participation in physical fitness activity may have as much as tripled in 2d Amtracs with the new program.

The 2d Amtracs commander feels the importance of physical fitness not only for himself and his unit, but for the entire Corps.

"I think that, if the Marine Corps wants to serve as a force in readiness in the future, we've got to make sure that we're Spartans . . . the best America has to offer."

This is where the new order of physical readiness fits in.

He added that the newest policy applies regardless of rank or duty, and points out that " . . . the day of the fat gunny is gone."

Even with most members of the battalion involved, and its early success, 2d Amtracs is still working out its program.

Not every part of the command has gotten into it yet, and certain handicaps, such as the

lack of a fully equipped circuit training course, have yet to be overcome. But the results are already promising. The list of men involved in the voluntary programs grows daily, and almost everyone exposed to the program is enthusiastic about it, or at least agrees that it is effective.

Cpl. Michael T. Stevens of 2d Amtracs mourned the loss of 10 pounds he didn't want to lose, but commented that " . . . this program is really pretty good. It'll definitely get you into shape . . . if it doesn't 'kill' you first."

A typically enthusiastic response to the program is that of SSgt. Maynard G. Riddle of H&S Company, who lost 20 pounds he did want to lose.

"The program we've got out here," Riddle believes, "is the best I've seen, and I've been in the Marine Corps 16 years."

"It's about time everyone got with it. They'll find they really enjoy it."



The water way

never took a lesson nor entered into any form of swimming competition.

It was in 1940, just four months after he enlisted in the Corps' reserve, that he was mobilized to active duty along with other Marine reservists. This act, coincidentally, led to his getting in the swim in many countries around the world. But, it also afforded one rather quick and unexpected introduction to water through an accident which produced a severe back injury.

The accident occurred in 1942 when the colonel (who had earlier been commissioned a second lieutenant while serving with the 10th Marines) was a passenger in an artillery prime mover on Samoa.

It was a rainy day and the mountain roads were slick, causing the driver to lose control of the vehicle which sent it — and Col. DuPRE — plummeting over a 40-foot cliff.

"I bounced out of the vehicle and through some rocks, ending up in the ocean," the colonel recalls. "When I tried to stand up, I couldn't."

When he made it to shallow water, his legs would not support him. At the age of 24, Col. DuPRE had sustained a ruptured disc in his back, an injury that time aggravated to the point of requiring surgery in 1960.

Following surgery, Col. DuPRE's doctor advised that he take up swimming as a means of therapy and as a way to maintain his good physical condition. (Before the doctor made his recommendation, Col. DuPRE had long favored swimming as a rewarding recreation. He has, during his career, swum in many nations where his duties carried him, including several visited during his 3-year tour as a member of the CINCEUR staff in Paris, France.)

Today, while maintaining the philosophy that "age is mostly frame of mind," Col. DuPRE continues to heed his doctor's advice.

The 50 miles he has tallied — "not a one made me winded" — afforded him the honor of being the first known Marine with the rank of colonel here to earn a certificate acknowledging his accomplishment as part of the American Red Cross "swim for fitness" program.

He earned the recognition by hitting the Area Two Pool every chance he had during his lunch hour, after working hours and on week-ends. (From the time he started recording his mileage on Dec. 2 to the day he stroked his 50th mile, Mar. 7, Col. DuPRE had to absent himself from swimming for a total of about three weeks while he was TAD or attending special instruction or meetings.)

"I use eight different strokes and four different styles of kick — all self-taught — in the course of one session," Col. DuPRE explains.

To chalk up a mile, he swims the length of the 50-meter pool 36 times, or takes 18 laps around it.

It takes the six-foot, three-inch tall colonel about an hour and five minutes to stroke out a mile in one

(Continued on page D)

sets out the record in a mile of swimming for American Red Cross

respiratory systems;" swimming!

One of Camp Lejeune's trimmest heavies uses swimming to keep himself in "ready-to-go" shape, and his physical appearance belies his age and the 32 years he has served the Corps.

He's Col. Paul DuPRE, Assistant Chief of Staff for Supply Services, Marine Corps Base.

When asked his age, Col. DuPRE replied that it closely parallels the number of miles he tallied in a three-month period of swimming almost daily: " . . . well past 50 and still going strong."

Born in Louisiana's Bayou Country before the U.S. entered World War I, Col. DuPRE began his swimming avocation in the original "skinny dipper" fashion after his family moved to California (where swimming holes were abundant) during his boyhood.

He grew into swimming as the years went by, but



BREAKIN' HEAVY — Col. DuPRE strokes gracefully through the water on his way to a 100-mile swimming certificate. He is the first Marine here known to have completed a recorded 50-mile swim for fitness.

Stay tuned 'cause here they come

By LCpl. Tom Dancer
Benny Barbara with his lovely ladies and his Tijuana Band will lay on some fantastic shows, at the SNCO Club on Saturday and at the COM on Sunday (Check the following columns for what times).

While Benny and Band do their musical thing, the gals put on a show you won't forget and together with all talents combined, the Benny Barbara Tijuana Band and Floor Show you can't forget. Don't miss it.

THE TOPS ARE COMING

Yes, the Four Top's Revue are COMING BACK, to try it again. They didn't make it last time because of an illness in the group, but now they are back in full swing.

The Tops will be appearing at the Goettge Memorial Field House on Thursday, Apr. 27 for a two-hour special starting at 7:30 p.m.

Tickets are on sale now at the Reservations office in the Field House and at WXQR on Bell Fork Road in Jacksonville at \$2.50 per person. Tickets will be \$3 per person at the door the night of the show.

The public is invited. Special gate passes will be available at the Main Gate to Camp Lejeune the night of the show for civilian spectators.

Check the following columns for your other favorite groups at your favorite club.

SNCO

FRIDAY — The Sunset Playboys will play at Hadnot Point from 9 p.m. to 1 a.m.

SATURDAY — Benny Barbara and his Tijuana Band and Floor Show will do their thing at the Hadnot Point Club from 9 p.m. to 1 a.m. Reservations may be made at the club at \$2 per person. The Town and Country Boys will play at Montford Point while the Dawn Busters will lay it on at Courthouse Bay. All performances are from 9 p.m. to 1 a.m.

SUNDAY — The Sunday Buffet will be served at Hadnot Point from 3 to 6 p.m. while Ronnie Griffin entertains on the organ and piano.

USO

This week's free movies include **VANISHING POINT** and **DIRTY DOZEN**.

COM

FRIDAY — Happy Hour from 5 to 7 p.m. The main dining room is open from 6:30 to 10 p.m. The Duprees will furnish the sounds from 9 p.m. to 1 a.m.

MONTFORD POINT OFFICERS CLUB — Music by the Onyx.

SATURDAY — Main dining room hours are from 6:30 to 10 p.m. with music by The Revolutions from 9 p.m. to 1 a.m.

CAMP GEIGER OFFICERS CLUB — Music provided by Lenny Allen.

SUNDAY — Brunch will be served from 8 a.m. to 1:30 p.m. Smorgasbord hours are from 5 to 8 p.m. Recording artist, Benny Barbara with his Tijuana Band and Floor Show will be in the main dining room from 9 p.m. until 1 a.m.

TUESDAY — Sing Along time from 7 to 10 p.m. with 5 cent beer from 7 to 8 p.m.

WEDNESDAY — Beefeaters Buffet in main dining room from 6 until 9 p.m. with music by The Revolutions. Also, see the latest fashions modeled by some lovely ladies.

NCO

THURSDAY — One of the top Country and Western stars, Gary Van will be appearing with his group for a four-hour special. Don't miss the Gary Van Show, beginning at 7:30 p.m. There will be a \$2 cover charge.



LOVELY LADIES — These four lovely gals make up the vocal group Pink Champagne who'll be appearing on base. (Photo courtesy of the Central Area Club)

FRIDAY — Rocky Road will lay it on from 8 p.m. until midnight.

SATURDAY — The Blue Run will entertain from 8 p.m. until midnight.

SUNDAY — Taste of Honey will sweeten your evening from 7:30 until 11:30 p.m.

WEDNESDAY — The Duprees will do it to it from 7:30 to 11:30 p.m.

CENTRAL AREA RECREATION CENTER

WEDNESDAY — Pink Champagne, a lovely group, will do what they do best (entertain) in a one-hour special from 8:30 to 9:30 p.m.

Times of second showing are approximate		April 20-27							
+6:30 p.m. on Saturdays and Sundays		Today	Fri	Sat	Sun	Mon	Tue	Wed	Thur
Midway Park 7 p.m.		N	O	P	Q	R	S	T	U
Courthouse Bay 7 p.m.		M	N	O	P	Q	R	S	T
Naval Hospital 7 p.m.		L	M	N	O	P	Q	R	S
Rifle Range 7 p.m.		K	L	M	N	O	P	Q	R
Geiger Indoor 7 p.m. +		I	J	K	L	M	N	O	P
Camp Theater 2, 6 & 8:30 p.m.		G	H	I	J	K	L	M	N
Montford Point Indoor 7 p.m.		F	G	H	I	J	K	L	M
Geiger Outdoor (Closed)									
Air Station 6 & 8 p.m.		D	E	F	G	H	I	J	K
Drive In 7 p.m.		C	D	E	F	G	H	I	J
Onslow Beach 7 p.m.		B	C	D	E	F	G	H	I
French Creek Outdoor 7 p.m.		A	B	C	D	E	F	G	H

2 P.M. Matinees

MIDWAY PARK
Saturday "SUPPORT YOUR LOCAL SHERIFF" RT-90
Sunday "NAVAJO JOE" RT-85

GEIGER INDOOR
Saturday "POPI" RT-115
Sunday "SUPPORT YOUR LOCAL SHERIFF" RT-90

NAVAL HOSPITAL
Saturday "BATTLE OF BRITAIN" RT-130
Sunday "NAVAJO JOE" RT-85

AIR STATION
Saturday "NAVAJO JOE" RT-85
Sunday "BATTLE OF BRITAIN" RT-130

COURTHOUSE BAY
Saturday "YOUNG BILLY YOUNG" RT-88
Sunday "HANNIBAL BROOKS" RT-109

CAMP THEATER
Saturday "HANNIBAL BROOKS" RT-109
Sunday "YOUNG BILLY YOUNG" RT-88

The water way

(Continued from page C)

session. Compared to this, before he had the surgery performed on his back, he recalls that he could jog four miles in 40 minutes and says that, for him, the main difference in jogging, and swimming is that after jogging, I was very tired, sweaty and hot."

Now, Col. DuPRE says: "After a swim of an hour's duration, I leave the pool feeling both fresh, cool, clean, invigorated, experience no tiredness — and I'm completely free of any offensive odors."

"In fact, I come out of the pool whistling, rather exhilarated, and ready for a full afternoon of work."

"I recommend swimming for both sexes of any age group, provided, of course, a person has no health condition which would prohibit it."

Healthwise, the colonel — who is a non-smoker, light drinker and prefers milk with his meals — reports that doctors say his heart idles along "like a guy of 24." He feels that not only has swimming done this for him, but it has helped keep his lungs in shape and helps him maintain the coordination and endurance he needs to pilot private aircraft.

Col. DuPRE, who has held key leadership and staff posts throughout his career, recognizes the responsibility that every being has in maintaining his own physical fitness. But he feels that Marines especially owe it to themselves, their country and to their Corps to be physically ready to go anywhere, anytime.

"A man who claims the title 'Marine' should be in condition to respond to the utmost demands of his energies at any time," the colonel emphasizes.

"As a Marine, I've always felt it my duty to be in good condition, and swimming helps me stay that way."

"It's a duty I enjoy!"

CHOW TIME

April 20-26	DINNER	SUPPER
TODAY	Frankfurters	Beef Steaks
TOMORROW	Seafood Platter	Swedish Meat Balls
SATURDAY	Chile Con Carne	Veal Cutlets
SUNDAY	Brunch	Roast Beef
MONDAY	Liver	Roast Pork
TUESDAY	Hamburgers	Baked Chicken
WEDNESDAY	Poor Boys	Grilled Steaks

Short order meals will be served in messhalls No. 211 and No. 508 for Division Marines who miss supper. Late meal hours will be from 7 to 9:30 p.m. nightly.

Flicks in Focus

Beginning Apr. 30, all movies at outdoor theaters will begin at 8:30 p.m.

A — ADIOS SABATA (RT 106 PG) Starring Yul Brynner and Dean Reed. Sabata aims to kill... and his gun does the rest, in this thrill-packed western.

B — JOE HILL (RT 113) Starring Tommy Berggren, Anja Schmidt and Kevin Malave as "The Fox" in this touching story of a Swedish immigrant in 1910 America.

C — FLIGHT OF THE DOVES (RT 107 G) Starring Ron Moody, Jack Wild, Dorothy McGuire and Stanley Holloway, in this funny, family misadventure.

D — HELLO DOLLY (RT 148 G) Starring Barbra Streisand, Walter Matthau and Michael Crawford. About a meddling widow who tries her hand at matchmaking.

E — THE MERCENARY (RT 105 PG) No information available.

F — BELIEVE IN ME (RT 88 R) No information available.

G — ABOMINABLE DR. PHIBES (RT 93 PG) No information available.

H — THEY MIGHT BE GIANTS (RT 88 G) No information available.

I — WATERLOO (RT 123 G) A fantastic movie of the famous battle.

J — SUMMERTREE (RT 89 PG) Starring Michael Douglas, Jack Warden, Brenda Vaccaro and Barbara Bell Geddes. Once there was a girl... and a guitar... and a summertree...

K — THE ORGANIZATION (RT 107 PG) Starring Sidney Poitier and Barbara McNair. One rebel cop has the guts to take on the organization.

L — WHAT'S THE MATTER WITH HELEN (RT 101 GP) Starring Debbie Reynolds and Shelley Winters in this spine chilling drama with people dying to meet them.

M — WHO SLEW AUNTIE ROO (RT 91 PG) No information available.

N — LADY AND THE TRAMP (RT 78 G) A wonderful Walt Disney production. It's love and laughter ever after in the happiest canine cartoon of all. Don't miss it.

O — 20,000 LEAGUES UNDER THE SEA (RT 120 G) Based on Jules Verne's exciting novel of undersea adventure.

P — WILLARD (RT 95 PG) Rats, rats, and more rats in this tale of mystery.

Q — SKIN GAME (RT 102 PG) James Gardner, as Quincy gives you the word. Lou Gossett as Jason gives you the hussle. Just a couple of bunco-artist dudes who really lay it on the country boys in this comedy-western.

R — SAM WHISKEY (RT 95 PG) Starring Brian Keith in this most a western-type movie.

S — MACHINE GUN MCCAIN (RT 100 PG) Starring John Cassavetes, Britt Ekland and Peter Falk. He killed for a reason... he liked it.

T — A GUNFIGHT (RT 90 PG) Hello folks, it's Johnny Cash and Kirk Douglas, seen as Abe Gross and Will Tenneray, two notorious gunfighters who agree to a paid confrontation — winner take all.

U — LOVING (RT 90 R) Tells it all. A perfect fragment of life... taut, tremulous and tough. Starring George Segal and Eva Marie Saint.



PROTESTANT — Bldg. 16 — Sunday, Holy Communion 9 a.m.; Worship Service 9:15, 11 a.m.; Bible Study 6:30 p.m.; Evening Fellowship 7:30 p.m. (All of the following services are on Sunday morning.) Camp Geiger Chapel, Worship Service 10, 10th Marines, Worship Service 10, Courthouse Bay, Worship Service 10:45, Midway Park, Worship Service 11, Montford Point Chapel, Worship Service 11, Naval Hospital, Worship Service 11, Stone Street School, Worship Service 9:15; Sunday School 9:15, Tarawa Terrace Chapel (Elementary School 11), Sunday School 9:45; Worship Service 11.

SEVENTH DAY ADVENTIST — Montford Point Chapel, Saturday, Worship Service 11 a.m.

CATHOLIC — Bldg. 17 — Saturday, Confession 5 p.m.; Mass 6 p.m. Sunday, Mass 8:30, 10, 11:30 a.m. and 5 p.m. (All of the following services are on Sunday morning.) Camp Geiger Chapel, Mass 8:30, Courthouse Bay, Mass 9:30, Midway Park, Mass 9, Montford Point Chapel, Mass 10, Naval Hospital, Mass 10, Tarawa Terrace Chapel (Elementary School 11) Mass 8:30.

CHRISTIAN SCIENCE — Bldg. 67 — Sunday, Worship Service 11:15 a.m.

GREEK ORTHODOX — Bldg. 67 — Sunday, Divine Liturgy 9:45 a.m.

JEWISH SERVICES — Bldg. 67 — Friday, Regular Service, 8 p.m.

Trading Marine green for police blue

By PFC Jeff Wickland

About 150 Marines here bound for civilian status this year will exchange their "forest greens" for "police blues" in an era where both civilian and military authority is taking a beating.

Many of these discharge-bound Marines have found an invaluable helping hand on their way through Project Transition's Operation Police Manpower.

While there are probably more than 150 Marines here who might like to consider the rewards and responsibilities of becoming a law enforcement officer, those whose past service indicates that they are high and sincere character will find that Project T can turn them on with a training program that yields unexpected benefits; 240 hours of professional police instruction while they're still on active duty; aid in finding a job; and the opportunity for a cut of 90 days off their enlistments if they land definite jobs with civilian police forces.

To enroll in the program a Marine must first contact his career planner to apply for Project Transition. Succeeding in this, he is directed to a small building behind the Project Transition headquarters for six hours of instruction, five days a week, for the next eight weeks.

Basic police subjects, such as law enforcement history, organization of police departments, police procedures, and the

use of the polygraph, are taught by a former chief warrant officer from Parris Island Civil Investigation Department. Other instructors, including defense and prosecution attorneys, and Red Cross personnel, teach law and first aid. All students learn to handle the standard .38 revolver under the tutelage of a former North Carolina pistol champion.

Further instruction for the 30 member OPM class comes in the form of field trips to nearby correctional and law enforcement facilities.

The educational part of OPM is designed for the military by the International Association of Chiefs of Police, and is put into effect at Camp Lejeune by Coastal Carolina Community College.

The people at OPM also aid in job placement, first by helping the student prepare his personal resume and job applications. These are sent out to police agencies at the beginning of classes so that replied will be available by the time the applicant completes the course.

Second, OPM arranges for visits by recruiters from police forces throughout the nation, including Baltimore, Raleigh, and, at one time, Los Angeles. The recruiters describe the advantages of working in their departments, and then conduct individual interviews and tests.

Those departments who don't send recruiters are frequently represented by

their recruiting pamphlets. The bulletin boards in the OPM site bristle with such literature.

Richard Smith, Police Recruiter for the New Jersey Civil Service, is one of those who regularly visits the Camp Lejeune OPM facility in search of rookie cops.

According to Smith, the military has been an adequate source of motivated, responsible personnel for New Jersey police departments.

Smith says, "So far New Jersey has hired 300 Operation Police Manpower graduates from military posts all across the nation."

This enthusiasm for ex-servicemen is shared by many police departments for many reasons. A former Marine, says Smith, is already accustomed to the military organization, atmosphere, and discipline of a police establishment.

Once he has made it, a former Marine may find policework rewarding from a cash standpoint alone. Police departments, realizing that in an age of social skepticism and experimentation the patrolman carries a heavier responsibility, are offering more pay to attract better men.

A typical opportunity is illustrated in the case of Hillside, N.J., a city with 24,000, of whom 70 are policemen. A starting patrolman with the mandatory one year of college earns \$9,400 per year.

Full health insurance coverage is provided as well as \$225 uniform allowance. First year men may take up to 12 days paid vacation. The work week is 40 hours long in one of five divisions: patrol, traffic, records, detective, and narcotics.

Other starting salaries offered by the police are \$7,100 per year in Raleigh; \$8,500 per year in Washington; \$9,500 in Newark, N.J.; and \$10,000 per year in Philadelphia.

Even with this in mind, the question arises, "Why be a policeman?"

The question is similar to asking, "Why join the Marines?" The answer seems to be pretty much the same vague mixture of pride, responsibility, and security.

Students at Operation Police Manpower here give answers ranging from "I don't want to get laid off," to "I want to be my own boss."

To one, it was an expression of civic pride: "I like my town, and I want to see it get ahead."

As with the Marine Corps, there is also the simple acceptance of a challenge, expressed by one student, who said, "I was an MP overseas, and I learned how tough it was to enforce the law. I decided then it was something I wanted to get in on."

Whatever the reason, Marines seeking the excitement, challenge, or security of a law enforcement career can find a boost through Operation Police Manpower.

Field crowded? Change over

WASHINGTON — Headquarters has released the latest list of grade and occupational field imbalances which will govern the lateral movement program through June 30.

The program is intended to balance the number of career Marines in occupational fields

and better their chances for promotion. It provides that enlisted men serving in overpopulated fields must switch when it comes time to reenlist. Additionally, enlisted men are encouraged to change from the "over" fields at anytime.

Each quarter a list is published showing the status of all oc-

cupational fields. It also contains "deficient" MOSs from which there cannot be any lateral movement regardless of the condition the occupational field.

The following, by grade, are the deficient MOSs:

—E-9: 0493, 4093, 5997.
—E-8: 0251, 2874, 5959, 6019, 6079, 6251.

—E-7: 0251, 1381, 1811, 2574, 2861, 2862, 2866, 2872, 3042, 4014, 4036, 4069, 5541, 5821, 5959, 5961, 6012, 6014, 6042, 6055, 6078, 6082, 6122, 6214, 6724, 6757, and 6842.

—E-6: 0431, 0846, 0848, 1381, 1811, 2144, 2574, 2575, 2576, 2811, 2818, 2829, 2861, 2862, 2866, 2881, 3042, 3081, 3211, 3441, 3461, 3471, 4014, 4033, 4091, 4312, 4421, 5546, 5927, 5932, 5959, 5961, 5981, 6012, 6013, 6014, 6015, 6042, 6044, 6055, 6068, 6077, 6078, 6082, 6122, 6123, 6124, 6132, 6214, 6217, 6233, 6242, 6244, 6251, 6712, 6724, 6757, 6842, and 7011.

—E-5 and Below: 0251, 0431, 0846, 0848, 1142, 1443, 1461, 1811, 2112, 2131, 2532, 2574, 2575, 2576, 2577, 2811, 2818, 2822, 2825, 2829, 2853, 2862, 2866, 2881, 3042, 3061, 3141, 3211, 3441, 3461, 3471, 4014, 4019, 4091, 4111, 4312, 4313, 4421, 4681, 5922, 5926, 5934, 5952, 5953, 5972, 5974, 6038, 6052, 6073, 6074, 6078, 6123, 6125, 6233, 6261, 6712, 6752, and 6821.

Staff NCO Wives observe anniversary this month

The Camp Lejeune Staff NCO Wives Club celebrates its 22d anniversary this month. A birthday party Saturday night at the Montford Point SNCO Club highlights the month-long observance. Saturday's party gets underway at 6 p.m. in the main ballroom. The theme is "The Fabulous Fifties."

Organized in 1950, the club was formed for the purpose of bringing SNCO wives together on a social level and providing useful community service.

Among the projects which the club is involved in are the Thrift Shop and Sitter Service. The money earned from the Thrift Shop is placed in a scholarship fund for students at Camp Lejeune, Jacksonville and White Oak High Schools.

SNCO Wives also provide hospitality kits for personnel checking in and out of the base who do not have their personal household items with them.

In addition, they give volunteer service to the Girl Scouts, the Navy Relief Society and the Red Cross.

Other activities held this month included an Easter Egg Hunt Apr. 2; a luncheon and fashion show Apr. 6 (the club's actual anniversary); and a sidewalk sale Apr. 8 at the Tarawa Terrace Community Center.

4 Cs do it again

By LCpl. Tom Dancer

Coastal Carolina Community College is again offering tuition-free classes.

Contemporary Social Problems will be held on Mondays and Wednesdays at Brewster Junior High School from Apr. 24 to July 12 in room 106 and Psychology I in room 107 on Tuesdays from Apr. 25 to July 11.

A course in Criminology will be held at the Base Education Office, Bldg. 63 on Tuesdays and Thursdays.

For hobbyists there will be four classes on Mondays, 6:30 to 9 p.m., from Apr. 24 through July 10 in Woodworking (Bldg. 1106); Ceramics (bldg.

1107); Basic Auto Repairs (Bldg. 1120); and Auto Body Mechanics (Bldg. 1103).

For more information call CCCC (455-1221, ext 25) or Base Education Office (451-5512).

According to Base Bulletin 1760 of Apr. 3, Aetna Life and Casualty Company has employment opportunities for persons leaving active duty.

The area recruiter for Marine Corps Base will be in the Project Transition Office, Bldg. 304 on Tuesday, Apr. 25 at 8 a.m. to conduct interviews for a variety of positions in the insurance industry field.

For appointments, call Mrs. Stone at the Project Transition Office (ext. 5316 or 2674) prior to noon, Apr. 21.



CALL FOR QUICK RESPONSE — A Department of Defense voting action line has been put into service in Washington to assist voting officers and counselors world-wide in their drive to register military voters. The new telephone information service will be able to provide quick response to queries from all levels concerning the Federal Voting Assistance program. The majority of the questions are expected to be in problem area where specific information is not provided to voting officers. Much of the confusion in the field also arises from the newly franchised voters in the 18-20 year old age bracket. The telephone service will be manned from 8:30 a.m. to 5 p.m. Monday through Friday. An automatic answering service will accept calls during off-duty hours which will be promptly answered by telephone or air mail letter. The service can be reached by calling (202) 694-4777 or through the automatic voice network (AUTOVON) at 22-44777. Don't expect actress Mary June Will (above) to be on the other end of the Voting Action Line, she is busy with her road show part in Cabaret. She was kind enough to lend her lines to help call attention to action line. (AFPS Photo)

Sport in the truest sense

Sports Commentary by PFC Tom Fagan
Is boxing to be considered a sport?

Quite assuredly in the opinion of those involved — these being the coaches, trainers and the boxers themselves. A sport, yes, and in the strictest sense of the word, a contact sport. But these men are not walking into the ring blindfolded. They have been through a rigid training course and are now showing just what they have learned from the hours upon hours of practice. But a good fighter is not without the grace and the dignity that a fine athlete has developed throughout his playing years. He is poised and agile, making the target very hard for his opponent to batter.

But a boxer is also an impatient man, who, after qualifying in endless bouts to earn a name, feels that the fruits of victory are not an offsetting factor in his quest to go professional. This will result in many good boxers giving up the sport much earlier than they should. The reason for this being the bare chances of turning pro as compared to an equally physically demanding activity. For example take football. It involves years of training and is

rewarding in more than just one way. Whereas in boxing, the fighter is just waiting for his opportunity to earn a tidy sum to repay his efforts.

Boxing is one of the most showy competitions in any sport, two fighters, pitted against each other and maintaining the interest of the audience throughout the battle. The highlight in any match is to receive a standing ovation. To merit such an honor a boxer must perform exceptionally or lay his foe face down on the mat quite forcefully. A majority of the ring kings do quite a job of entertaining and satisfying the crowd's demands.

The crowd's most popular type of competition is the even match, where one has very little edge on his contestant and a strong will to be in the winning corner when the fight ceases.

And when it is finally over, one boxer has taken the system of training and weigh-ins, box-offs, dieting, self-denials, physical examinations and used it to cut down his foe and keep working at his chance to really become a fighter.

Boxing in his opinion is truly a sport and a very competitive one at that.

The cock and the glove

Sports Commentary
By Sgt. John Campbell

Cock fights, a once popular spectator sport among Americans, are now outlawed in the United States due to the efforts of the Society for the Prevention of Cruelty to Animals (SPCA). Boisterous and unrestrained throngs gathered to watch two cocks pitted against each other in these blood-drenched fight-to-the-finish contests for some unorthodox excitement . . . and to satiate their sadistic desires.

Boxing, an ever-growing spectator sport, thrives today in this country — as evidenced by the outrageous sums paid to the fighters and the frequency of these matches. Although from all outward appearances the crowds at a boxing match differ from those of the archaic cock fights, the inward desires still persist. And the style of contest remains nearly unchanged — a battle until one of the two opponents can no longer stay in the ring without severe damage inflicted upon him.

Of all sports in this country today, boxing is unique in that the contestants oppose each other with the explicit pur-

pose of beating the other until he can't withstand any more punishment. Or, if a fighter is lucky, he'll reach the pinnacle of success in the ring by knocking out his opponent.

One only needs to listen to the audience at a boxing match in order to follow the contest. During the moments of poking, jabbing, weaving, ducking and bobbing a soft, whispering murmur prevails. But the shouting and screaming of the fanatical fans can only mean one thing — one of the boxers is undergoing a series of brutal smashes to his face.

Undoubtedly, these men are physically well-trained, have an unestimated amount of stamina, and razor sharp reflexes. And for the winner all these attributes combined enable him to leave the ring nearly unscathed, even after a number of matches. But for someone who continually meets a foe and is overcome each time — and sometimes even for the victors — a fighting career could, and often does, lead to brain atrophy.

Since Man can think and reason, he considers it an undue cruelty to match two cocks against one another.

Service team

The Army, Navy and the Marine Corps shared first place in the Interservice Boxing finals held at Goettge Memorial Field House last week.

Getting it on for the Marines were Paschel Waldo, Jimmy James and Ray Haley in the 106, 112 and 132 lbs. respectively.

Paschel Waldo started things popping for the Marine Corps as he won a unanimous decision over the Army's William 'Flea' Hawthorne in the light flyweight class. Waldo utilized quick jabs and hooks to keep Hawthorne busy in the first round. Waldo started smoking in the second round as he would bob and weave and then cross with his left which invariably connected. He moved so well in the third that Hawthorne had trouble knowing where he was and maintained the pressure with jabs and an occasional overhand right.

Marine Jimmy James overcame the reach of the Navy's Richard Dean to score his second TKO victory of the tournament in the flyweight division. A series of jabs and crosses stopped the Navyman for the mandatory eight count early in the round and a right slam put him on the canvas at 2:16 of the first round. At that point the referee stepped

in to stop the contest and James the victory.

In the next bout, the aggressive slugging of Ricardo C. USAF kept the sweat pop of his victim, John David to capture the 1972 Interservice bantam weight title. C looked his best in the first with a powerful smash almost put David down perked up in the second with speedy uppercuts but not keep up with the pace Carreras.

For the featherweight championship it was the Bruce Thompson overcame the Navy's Marcum, USMC, by a decision. Although Marcum was quite agile in the first round, he suffered from vicious uppercuts. Thompson used his reach best of his advantage to hooks and jabs to Marcum drawing blood. A grudge slugfest proved the Navyman in the final round. Thompson gained the victory.

Ray Haley, USMC, proved too much for George Dement, the Air Force as he captured the light heavyweight division. Haley about the start of the fight in a cautious manner as Dement appeared to be the aggressor. Haley was content to



CONSTANT JABBING — Marine Ray Haley kept sticking his jabs into either the head or body of the Army's Javier Muniz until he won a shot at the Interservice finals. He went on to decision George Dement, USAF, for the title in the light-weight division. (Photo by Sgt. Edward E. Driver)



BENDING A GIANT — Marine Paul Marcum lands a hook on the mid-section of the Navy's Bruce Thompson in the Interservice finals last Thursday. However, he could not overcome the Navy's southpaw as Thompson went on to win the featherweight title. (Photo by Sgt. Edward E. Driver)

earrove even match

his jab out until he had opponent out. He then ned a flurry of punches to elm his foe.

hardest hitting contest of vening, the Army's no decisioned Frank , USAF, in the light eight class. The first exploded into a slugfest Lawson delivering a or number of blows. 3 at close quarters, no got inside with light- ick uppercuts but Lawson pounding with crosses. no did the burning from n, laying Lawson on the the third. Throwing wild ouses and missing the y of the time Palomino tent to slip his punches at ning. The boxers received ing ovation at the end of ch for the 110 percent they each round.

the poised Freddie gton, USA, won a ous decision over Lamar i, USAF, in the welter- division. Washington's rhythm of jabs, up- and hooks enabled him to ll three rounds. He was get off and quick to block. ination of uppercuts and rew blood in the second

Valdez, USAF, was slow started on the Army's Johnson, who's constant kept him off beat through round. Valdez unleashed s speed, agility and skill remainder of the fight to e decision in the light- weight class.

oving Valdez in the ring is owing a streak of light, nson soon learned how he his reputation as a m amateur boxer. It that Johnson did not here he was coming from

until he delivered a repetition of stunning blows.

Russell Fickling, USN, captured the middleweight title by winning a decision over Jerry Otis, USAF. In a toe to toe duel of slugs, Fickling sent Otis winding to the canvas in the first round. At the end of the round after Otis had dropped his hands to turn towards, his corner Fickling, apparently not being able to pull back his punch stunned him again. For this the referee had each judge take a point away from Fickling. Otis took a mandatory eight count in the second round. Weary, but not quitting, Otis took a beating in the third and lost the decision.

Lewis Slaughter, USA, gained the light heavyweight title in a decision over Jerry Dobbs, USMC. The fight was a battle to the wire, with Slaughter turning the tide by doubling up on Dobbs roundhouse lunges, jabs and overhand blasts.

In the final bout of the Interservice competition, the Navy's Duane Bobick won a unanimous decision over Nick Wells, USAF. Bobick fought a cautious bout and presented very little target for his opponent. Rather than go for the KO, Bobick thrashed Wells with awesome combinations which ended with a punishing right hook.

This 1972 tournament marks the first three-way tie in the history of Interservice Boxing. The last tie was in 1969 between the Navy and the Air Force.

The points in the tournament show that a four-way tie actually existed as was formerly announced. That is, the Air Force was the leader going into the finals with seven semi-finalists, while the other services had five each. Each semi-finalists receives one point while each

champion receives two. However at the end of the matches, the Air Force had two winners while the other services had three each. This gave each team 11 points.

The rule which clarifies the resulting three-way tie states: "In case of ties, the service having the greatest number of champions will be the winner. If ties still exist, the trophy will be shared by each service for an equal period of time." Therefore the 1972 Interservice Champion Teams are the Army, Navy and the Marine Corps.



LIGHT HEAVY — Marine Jerry Dobbs shakes out before his meeting with Larry Davis, USAF. Dobbs won the contest but lost a later decision to the Army's light heavyweight, Lewis Slaughter in the finals. (Photo by GySgt. Jack Holsomback)



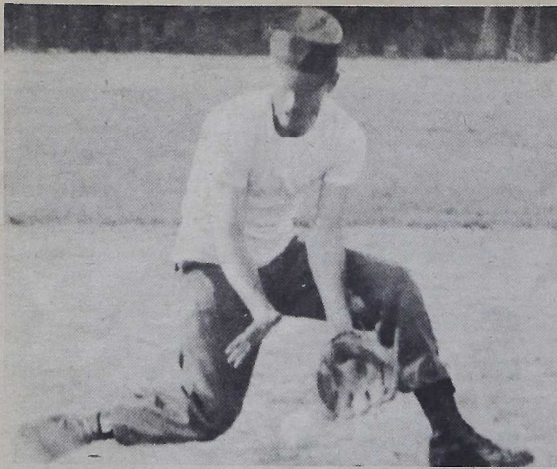
SLIPPING A PUNCH — Paschel Waldo, USMC slows Chicky Rivera, USAF with a blow to the jaw. Waldo went on to the finals, where he won a unanimous decision over the Army's William Hawthorne. (Photo by Sgt. Edward E. Driver)



THE CHIN — Lamar Jackson, USAF and the Navy's Billie Daniels. Jackson won the contest but was shot down by Freddie Slaughter, USA, in the finals. (Photo by Sgt. E. Driver)



POUNGING — The Navy's Duane Bobick doubles up on his opponent, Nick Wells, USAF, in the heavyweight contest. Bobick won a unanimous decision. (Photo by Sgt. Edward E. Driver)



SEASON IS NIGH — A short stop with Supply Bn., Force Troops puts the leather on the cowhide as the start of the 1972 softball season is in the making. (Photo by LCpl. Tommy Page)

FOR DIVISION AND FORCE TROOPS

Softball season commences

The 1972 2d Marine Division intramural fast pitch softball season will commence league play May 25. Each Battalion and Regimental Headquarters Company-Battery may enter one team. Teams will be limited to 15 men, including player-coach.

The league will consist of an Eastern and Western Division, both utilizing a single round robin schedule. The first and second place teams of both divisions will enter a double elimination playoff upon completion of the league competition.

Commanding General Trophy Points will be awarded to the first, second, third and fourth place teams as determined by the

playoffs. Team trophies will be awarded to the winning and runner-up teams.

The teams that finish one, two and three in the Division playoffs will represent Division in the FMFLant Tournament slated for July 24-28.

The Force Troops intramural fast pitch softball season begins May 1 with the forming of the American and National leagues. Team entries are due no later

than Apr. 26 to the Force Troops Athletic Officer, 1st Lt. J. Herndon.

Teams will play a 10 game schedule with all weekday games scheduled to begin at 4:30 p.m.

At the conclusion of regular season play each league will have a playoff to determine the league leader. Following this will be a best three out of five series between the top team of each league.

Keglers tourney terminates

The 1972 All-Camp Bowling Tournament drew to a close last Friday to end three days of competition at the Bonnyman Bowling Lanes.

The results were: in the over-all score the title went to Joe Herndon, who rolled a 3445 and second in the tournament was John Matson, who bowled a 3437. Joe Herndon also took the singles championship with a tally of 1186. His nearest contender was A.M. Taylor, 1165.

The doubles displayed the combination of Don Race and Phil Zimarino, together with a 2281 total and the first place title.

Following close behind in the same class were Bob Kelly and Richard Ganson.

Bowling the highest game in the competition for the tournament was Phil Zamarino with a 258.

Joe Herndon, who won the All-Event, took his same position for a second consecutive year.

The scores for each team were figured out by tallying up the best of five of the six members of the team and then adding the totals. The team in first place belonged to H&S Bn., MCB. Runner-up went to Force Troops. The scores were 5568 and 5530, respectively.

Globe

Sports

Thursday, April 20, 1972



Smokers go today

The 2d Marine Division intramural boxing championships will get underway this afternoon at 2 p.m. at the 8th Marines Gym, Bldg. 401.

Boxers will be in contention for 11 AAU weightclasses, as AAU rules will govern the tournament. Protective gear and 12 oz. gloves will be provided at the Boxing Center, however, each contestant must furnish his own boxing or tennis shoes.

The following units have actively supported the program and have prepared prospective teams for the bouts: 2d Recon Bn., 1-8, Hq. Bn., 3-2, 1-6, 2d Eng. Bn., and 3-8. A team trophy will be presented to the championship team and runner-up team as well as a trophy for the most outstanding boxer in the tournament.

Devilfish host relays

Camp Lejeune's Devilfish Swim Team will host its First Annual Relay Invitational Swim Meet Saturday at the Area 5 Swimming Pool. Sponsored by the Devilfish Booster Club, President W.O. Dean Shultis, the meet will open at 9 a.m., with 400 swimmers from all over the state expected. The meet is sanctioned by the North Carolina AAU and will feature some unusual events among the 44 that are scheduled; such as the 1600 yd. freestyle, parent-swimmer relays, and the novel Chinese relays, using one swimmer from each of the five age groupings per team.

Meet Director, Capt. Jerry Hayes, advises that persons interested in competitive swimming will see some of the state's finest swimmers at this meet.

Sports Shorts

ALL CAMP TRACK-FIELD MEET

The All Camp Track and Field Meet will be held Tuesday and Wednesday at Liversedge Field beginning at 1 p.m. daily.

Track events open are the 100 yd. dash, 120 yd. high hurdles, 220 yd. dash, 220 yd. low hurdles, 440 yd. dash, 440 yd. relay, 880 yd. run, the mile run and the mile relay.

Field events will consist of the high jump, long jump, shot put and the discus throw.

MOTO-CROSS RACE

The Camp Lejeune Motorcycle Club Track is the site of the Moto-Cross Race, which is open to all the military and their families. The track, on Hwy. 172 on base, will open at 10 a.m. and the actual race starts at 1 p.m. on Saturday, Apr. 29.

The race is broken into three separate classes; 0 to 125, 126 to 250, 251 to open. Trophies and medals will be awarded to the first, 2nd, and the 3rd place winners. Admission to the event will be 25 cents and the riders fee will be 50 cents.

Bikes not registered aboard Camp Lejeune must be trucked to the track.

SKEET SHOOTING TOURNAMENT

The 1972 FMFLant Skeet Shooting Championship will be conducted here May 1-5 at the MCB Skeet Range.

Each of the following commands may participate with a limitation of two, five men teams: 2d Division; 2d MAW; Force Troops; H&S Bn., FMFLant; Hq. Squadron, FMFLant; Guantanamo Bay, Cuba; and Camp Garcia, Vieques.

The tournament will consist of the 410, 20, 28 and 12 gauge events, with National Skeet Shooting Association Rules applying.

MCB BADMINTON TOURNAMENT

On Apr. 24 through 28, the Goettge Memorial Field House will be the site of the MCB Badminton Tournament. All persons assigned with the MCB will be eligible to enter two teams in doubles competition and no more than four players in the singles.

The tournament will be set up on a best of two out of three basis and the matches will be single elimination. A drawing will be conducted prior to the tournament and all contestants will be notified as to their matches.

HIGH SHOOTERS

The high shooters on the range last week were D.V. Vilinciz, a sergeant with H&S Bn., MCB, who fired a 135 out of 170 for the high score on the rifle range.

On the pistol range the honors went to J.D. Vitosky, a captain with 2nd ANGLICO, who fired a 356 out of 400.

Physically fit to front ranks

With the current PFT in progress, the physically fit seem to advance to the front ranks. The forerunners at the present represent both the enlisted and the officer ranks. 1st Lt. J.F. Bierly, with Division, scored the considered maximum, 300, on Apr. 13. LCpl. Rufus Jefferson, of 2d Bn., 10th Marines, attained the 300 status shortly afterwards.

Lt. Bierly is currently serving as the assistant director of the Division NCO school, MCSS.

FROM TEE TO GREEN

By Ann and Lou Smith

Question of the week: When is a hole-in-one not a hole-in-one? The resident expert on such querulous queries is Danny Rizzo. Playing the eighth hole on Course 1 last Saturday, Danny missed his first shot, took a "mulligan," and smacked the sphere in the hole. Cruel are the gods of golfdom!

Also stroking the ball smartly last week was Tom McGhee with an eagle on 16 for about the umpteenth time, and a runner-up spot in Saturday's Shrine Crippled Children's Hospital Tourney. Winner of the affair was Kurt Schrader who parlayed a 77-9, 68 to edge McGhee and McClendon by one stroke.

Coming up for male golfers this month is the popular Burger Bucket at Cherry Point on Saturday, in which all primary and alternate slots are filled, and a COGA match with Ft. Fisher on the 30th at Ft. Fisher. About half the primary slots are still open for this match. Entry fee is \$3.00. If you're an active duty or retired officer, you belong in COGA. Sign up in the Pro Shop or call Lou Smith at 353-4751 for details.

On the distaff side of the green, Sue Mancari is the winner of the 1972 Julie Tompkins Tournament. Congratulations are in order to Nell Hinds for cracking the 100 barrier. Her game included seven consecutive three-putt greens. If this gal could putt, she'd really be dangerous! In a "Throw out the Three Worst Holes" Ladies Day tournament, Barbara Treble won in A Flight, while Marge Owens, Margo Tuma, and newcomer Sybil Patterson were winners in B. Sue Mancari and Betty Fitzgerald took honors in C Flight, with Beth Leddy and Joan Gerichten winning in D. E Flight victors were Rose Martino, Verna Muldrow, and Susan Hill.

Due to space limitations, we're a day tardy with this information, but it is important. According to Jim Gantz, the rule for play of a ball in the area of the new pine seedlings, is that the ball may be moved no nearer the hole if either your stance or swing will endanger the plantings. Also, if at all possible, try to avoid pulling your cart into the seeded area.