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Photo by Master Sgt. Reeba Critser

Korean children from the Kyungmin Kindergarten Choir sing and dance to “Rudolph the Red-Nosed Reindeer” at the Camp Red Cloud Tree Lighting Ceremony Dec. 5. After the ceremony, all the children present received a surprise visit from Santa Claus, who arrived on a fire truck. Santa handed out candy canes and gifts to all those on his “nice” list.

Graphic illustration by Staff Sgt. Annette B. Andrews



VOICE OF THE WARRIOR:

What did you always want
for Christmas but never got?



*"I've always wanted to
snowboard on
Christmas Day."*

Spc. Roberto Rosales
HSC, HHBN

*"My whole family
together in one house."*

Spc. Michael Schuemann
HSC, HHBN



"A remote control car."

Pv2 Philip Wilkins
HSC, HHBN

*"A New pair of work
boots"*

Pv2 Christopher Trembler
552 Signal Co., 41st Signal
Battalion



"Red Ryder BB gun."

Pfc. Zach McGregor
Co., A 1-15th FA

"A Go-Kart"

Pfc. Ricardo Zambrano
Co., A 1-15th FA



UNDER THE OAK TREE

SEASON OF THE WARRIOR

By Command Sgt. Maj. Michael Eyer

Division Command Sergeant Major

As the holidays approach, along come the stresses of holiday planning and preparation. We, as a military force, work especially hard when it comes to these festivities. Wherever we are in the world we try to make it feel like home. However like all operations the planning is half the fun; done right it will make for a safe and enjoyable experience. It does not matter if it's just you and the kids or if the whole Family is coming over.

The right preparation is a must. This is where you become the logistical expert, from getting to your home, to the food you are eating and the drinks you are serving; then getting everyone home safely. Send strip maps out with your phone numbers included. Have a plan for weather, because extra Family members are nice to have around, but not for a week at a time. Ensure you have as much non-alcoholic drinks as you have alcoholic beverages and plenty of drinks for the kids.

You might want to do a dry run to the hospital or clinic that will be open on the day of your holiday party, because for some unknown reason Family likes to get hurt at the wrong time. And ensure everyone is safe to drive home or better still have a taxi company on speed dial.

For our single Soldiers you must be just as prepared. Many of you will travel great distances to either get home or visit friends. Again planning is the key. Just like any military mission, a good plan with PCC/PCI and rehearsals will be the key to a successful holiday.

I ask you all to be alert to changes in your battle buddies and Family members during the holiday season. For the holiday season can be a stressful time, especially if this is their first time away from home for the holidays.



I ask leaders to pay particular attention to what and where your Soldiers are.

We have had a successful year. However to continue to be successful we must continue to be vigilant both on and off duty. Take extra time with your Soldiers during "under the oak tree counseling," and stay in touch with battle buddies who are on leave.

Get out of the barracks, take advantage of the BOSS trips, go skiing, ice skating and the discount at the Dragon Hill Lodge. Get out and enjoy this wonderful culture. And lastly, have a wonderful holiday and a Happy New Year. Second to None!



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Indianhead

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No cookies for these 'Girl Scouts'

**Story and photos by
Sgt. 1st Class John D. Brown**

1BCT Public Affairs

On the last Tuesday in November, before the sun could reach over the horizon to bring temperatures above the freezing mark, 109 Soldiers from across the 1st Brigade Combat Team, prepared to embark on one of the toughest challenges of their military career.

Over four days, these Soldiers, from the lowest ranking private to a brigadier general, would share one goal. That goal was to become a member of the Order of the Spur.

The Order of the Spur is a cavalry tradition that dates back to the earliest days of mounted cavalry. When a new trooper was assigned to a cavalry unit, the tail of his horse was shaved to quickly identify the Soldier as a novice in need of extensive training in order to become proficient in their new career field.

The new troopers, commonly referred to as "Shaved Tails," were expected to demonstrate the physical strength, mental agility, stamina, and leadership skills required to be worthy of wearing spurs.

Today, units like the 4th Squadron, 7th Cavalry Regiment, keep that tradition alive by hosting semi-annual "Spur Rides" to honor the Cavalry tradition, and promote esprit de corps.

So on that cold November morning, as cadre from 4th Sqdn., 7th CAV, surveyed the crop of potential Shaved Tails, two faces stood out from the crowd.

Of the 109 Soldiers who volunteered to accept the challenge the Spur Ride offered, only two were female.

Spc. Nixaliz Vasquez, a 31-year-old transportation specialist attached to 4th Sqdn., 7th CAV, and Capt. Nerea M. Cal was a Black Hawk pilot serving in the 1BCT Brigade Aviation Element.

"I knew we'd be a minority . . . given that it's a cavalry squadron . . . but generally in my career field I've been one of a very few, if not the only, female," remarked Cal.

In order to successfully complete the 4th Sqdn., 7th CAV, Spur Ride, Soldiers had to score 270 out of 300 on the Army Physical Fitness Test on Day 1, complete a 4-mile run in under 36 minutes on Day 2, successfully pass a history exam over cavalry history, and then complete a gauntlet of cavalry specific tasks along a nearly 18-mile road course while carrying a 45-pound pack within a 12-hour window that began the evening of Day 3 and ended the morning of Day 4.

For Vasquez and Cal, the APFT posed little challenge. "I find myself to be physically fit . . . I was told the Spur Ride would be challenging when I first got here and I wanted to see," said Vasquez.

Boasting near perfect scores at the end of Day 1, both Vasquez and Cal were confident going into Day 2, but Mother Nature wanted to ensure that the 4-mile run was no cakewalk.

As the "Shaved Tails" gathered in the pre-dawn hours of day two, a mix of rain and snow began falling as the Soldiers prepared to begin the second phase of their quest for spurs.

On this day, however, Mother Nature



Capt. Nerea M. Cal (right), 1st Brigade Combat Team, 2nd Infantry Division, prepares to lead her team through the final phase of the "Spur Ride" as night falls on Day 3.

would lose the battle as both Cal and Vasquez crossed the finish line with several minutes to spare.

"I took it as a challenge and I'm never one to back down from a challenge," said Cal.

The next step was the history exam. Having not attended formal scout training, Vasquez and Cal had to prepare for the exam like college students cramming for finals. Though not easy, both Soldiers passed the exam with little difficulty.

Next it was time for the biggest challenge. Under the veil of night, Dec. 1, the weary Shaved Tails that remained in contention gathered near the 4th Sqdn., 7th CAV motor pool; divided into teams and began preparing for the trek that lay ahead.

Cal said that, "the Spur Ride shows you that people have strengths and weaknesses . . . to succeed you have to leverage the skills of your team, regardless of rank or background, from the lowest private to the team leader."

With the mandatory packing list strapped to their backs, Vasquez and Cal

joined their respective teams and began that 18-mile road march back and forth across Camps Casey and Hovey, along the way they completed a series of six tasks which included the disassembly and reassembly of the Bradley Fighting Vehicle's 25mm machine gun, reacting to direct and indirect fire, and properly calling for artillery support.

Vasquez says, "It's the hardest thing I've ever done, I've never rucked so much – I had to ruck 12 miles years ago, but nothing like this."

After four days of rigorous physical training, limited rest, and a series of mental challenges, the troopers of 4th Sqdn., 7th CAV, welcomed 52 new members into the Order of the Spur, including Vasquez and Cal.

"It's important to continue to challenge yourself physically, mentally, and professionally," added Cal,

"I've passed up on opportunities in the past and I regret it . . . you learn a lot about yourself . . . I think it [Spur Ride] is more of a daunting concept than an insurmountable challenge," concluded Vasquez.

Nation observes 70th anniversary of Pearl Harbor



The USS Arizona burns and sinks following the Japanese sneak attack on Pearl Harbor, Hawaii, Dec. 7, 1941. In the background are the battleships USS West Virginia (left) and USS Tennessee, both damaged during the attack.

Army News Story

Compiled by J.D. Leipold

Seventy years ago on Dec. 7, 1941, at 7:55 a.m., more than 350 Japanese fighters, bombers and torpedo planes from six aircraft carriers roared across the Hawaiian sky and began unleashing their deadly payloads.

As ships of the U.S. Pacific Fleet at Pearl Harbor

and planes of the Army Air Force at Hickam Field on the main island of Oahu, Hawaii, began exploding and burning, Sailors, Soldiers, Marines and Airmen ran for their weapons or helped the wounded to safety.

In less than two hours Japanese Imperial forces had killed more than 2,400 Americans and left another 1,282 wounded. That 110-minute attack also resulted in the award of 15 Medals of Honor, 51 Navy Crosses, 53 Silver Stars, four Navy and Marine Corps Medals, one Distinguished Service Medal and three Bronze

Stars.

The next day, as the country lay in shock, President Franklin D. Roosevelt asked Congress to declare war on Japan with his famous "day of infamy" speech, officially bringing America into World War II. Four years would pass until the globe was at peace again.

Seven decades following the attack, President Barack Obama proclaimed Dec. 7 as National Pearl Harbor Remembrance Day encouraging businesses, local governments, groups and individuals to fly the American flag at half-staff.

"We honor the more than 3,500 Americans killed or wounded during that deadly attack and pay tribute to the heroes whose courage ensured our nation would recover from this vicious blow," Obama wrote in the proclamation.

"Their tenacity helped define the Greatest Generation and their valor fortified all who served during World War II. As a nation, we look to Dec. 7, 1941, to draw strength from the example set by these patriots and to honor all who have sacrificed for our freedoms," the proclamation states.

In a later statement issued by the White House press secretary, Obama drew a parallel to today's service members.

"And, as today's wars in Iraq and Afghanistan come to an end and we welcome home our 9/11 Generation, we resolve to always take care of our troops, veterans and military families as well as they've taken care of us," he said.

Warhorse Battalion trains to maintain



Photos by Spc. Peter Adams

A Soldier from the 602nd Aviation Support Battalion, 2nd Combat Aviation Brigade, carries a casualty to safety while reacting to contact during the battalions Combat Patrol Qualification course Nov. 1-14 at Warrior Base. Soldiers train extensively in preparation for the qualification lanes.

Story by
By Staff Sgt. Vincent Abril

2nd CAB Public Affairs

Aviation support Soldiers spent 14 days alongside the "Warhorse Battalion," who together conducted combat patrol qualifications at Warrior Base near



Pfc. Flor Gonzalez of the 602nd ASB, 2nd CAB, mans the turret of her tactical vehicle during combat patrol qualifications Nov. 1-14 at Warrior Base near Panmunjom, South Korea. Soldiers of the battalion receive vital training covering many warrior tasks and battle drills.

Panmunjom, South Korea.

During the exercise Soldiers from 602nd Aviation Support Battalion, 2nd Combat Aviation Brigade, trained with Soldiers from Company E, 3rd General Support Aviation Battalion, 2nd Aviation Regiment, 2nd CAB, on a variety of essential tasks related to conducting convoy operations.

This included reacting to and identifying improvised explosive devices, reacting to contact, convoy troop leading procedures, individual battle drills, as well as securing and cordoning an area.

"We put our Soldiers out on a convoy live-fire testing them on all of the individual crew level tasks they would encounter if they were to go out and conduct actual combat patrols," said Maj. Robert T. Hoffman, executive officer of 602nd ASB and officer in charge of the exercise.

The training also included virtual and simulated scenarios including the Humvee Egress Trainer Assessment and Virtual Battle-Space Two, a videogame-like simulator, which required Soldiers to react to operational situations they might face during a real combat patrol.

"The Soldiers performed admirably and worked together as a team. You could see the light bulb come on during training and

how they understood the importance of all the training they received," said Hoffman.

The virtual classroom experience lead up to the live-fire portion that provided the Soldiers with the necessary know-how to succeed during the actual qualifications.

"Our training was based on a crawl, walk, run method. Starting with the crawl phase during the electronic simulator, better preparing the Soldiers for the scenarios they would face during the qualification phase," Hoffman said.

During the two-week training and qualifications event, the battalion also held an M16, M240 crew served weapon and M249 squad automatic weapons range to ensure Soldiers were qualified prior to taking on the CPQ lanes.

"I think our Soldiers did a great job and to see the leadership aspect come out of them during the live-fire scenarios was great," said 1st Lt. LeRae Brown, fuel and water platoon leader for Company A, 602nd ASB, and convoy commander during the CPQ's.

The combat patrol qualifications were part of the 2nd Infantry Division's vision to help prepare all its Soldiers to be more tactically motivated using lessons learned from Iraq and Afghanistan.

'Death Dealer' Soldiers keep watch over Warrior Country



Photo By Cpl. Tim Oberle

An AH-64 Apache Longbow from the 4th Attack Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, takes off from an assembly area near Wonju, South Korea, during a field training exercise Dec. 5-9. The "Death Dealer" Soldiers train for chemical, biological, radiological and nuclear attacks and patrols the skies during the week-long exercise. The battalion's pilots also flew on reconnaissance routes around the Korean Peninsula. These regular exercises maintain the sharp senses of seasoned Warriors and hones their new Soldiers' skills.

Sports personalities Soldier up



Jeff Hammond, Fox Sports NASCAR announcer; Jay Glazer, Fox Sports NFL announcer, and Ben Henderson, Ultimate Fighting Championship fighter, pose for a photo after going through the HEAT trainer simulator with B Troop, 4th Squadron, 7th Cavalry Regiment, 1st Brigade Combat Team, Nov. 23.

Story and photo by
Staff Sgt. Kenneth G. Pawlak
1BCT Public Affairs

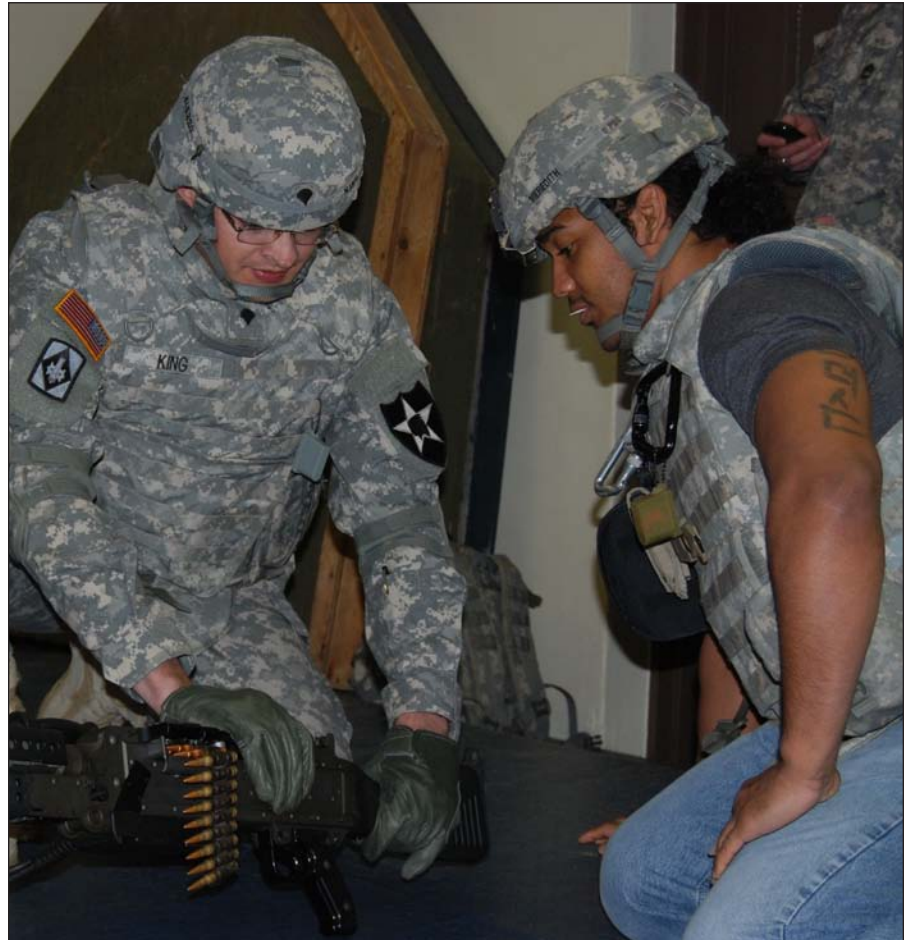
Fox Sports broadcasters and Ultimate Fighting Championship fighter Ben Henderson visited Camp Casey and Hovey to boost morale and participate in training with Soldiers Nov. 23. Fox Sports also filmed footage of the visit to use during the Detroit Lions vs. Green Bay Packers football game on Thanksgiving Day.

"So many troops throughout the world are fighting for our freedom, we [Fox Sports] wanted to make sure the troops in South Korea were not

forgotten," said Jay Glazer, Fox Sports NFL announcer and host of the Glazer's Edge.

While on the camps, the Fox personalities spent time in the Humvee Egress Assistance Trainer; "fired" on the Equipment Simulation Trainer for a simulated turkey hunt with the M240B machine gun; watched a Tae Kwon Do demonstration with students from Casey Elementary School; were some of the first visitors to South Korea to witness the technological advancements of the new Bradley Fighting Vehicle; and finished the day with an autograph session at the post exchange.

"I was very impressed with the opportunity to experience training that you can see the benefits of," said Jeff



Ben Henderson, Ultimate Fighting Championship fighter, is taught how to use a weapon during a simulated EST turkey shoot with Soldiers Nov. 23.

Hammond, Fox Sports NASCAR announcer. "The [HEAT] training allows the troops reactions to become second nature to them so it does not become a panic situation.

"It's like in a pit stop, when you get a pit stop down pat it all happens because of natural reactions," said Hammond.

"It was great to show the guys our perspective of training and have the broadcasters experience the training that we [Soldiers] go through," said Spc.

Matthew Valloni, a scout with B Troop, 4th Squadron, 7th Cavalry Regiment, 1st Brigade Combat Team.

Experiencing the training with the Soldiers was one way to boost morale and give back to the Soldiers.

"By coming over, it gave me an opportunity to see firsthand what the Soldiers are going through," said Hammond. "I know how blessed I am to live in the U.S.A. and to have these men and women taking care of business."

Modern Army Combatives Program spreads like wildfire

Story by Cpl. Tim Oberle
and Pvt. Ahn Byung-Hoon

2nd CAB Public Affairs

The world of Mixed Martial Arts exploded onto the American television landscape during the early 1990's with the advent of a new mainstream sporting event called the Ultimate Fighting Championship.

Around this same time, leaders from Fort Benning, Ga., began to take notice of the sport's superiority over other forms of hand-to-hand combat. Finally in 1995, the fighting styles effectiveness coupled with the need for an Army-wide unified hand-to-hand combat fighting style, led to the creation of the Army's own form of mixed martial arts called the Modern Army Combatives Program.

Since its beginnings at Fort Benning, MACP has spread like wildfire across the rest of the Army and most recently took root at U.S. Army Garrisons across the Korean Peninsula.

"The Modern Army Combatives Program started in 1995 with Sergeant First Class Matt Larsen at Fort Benning and spread throughout the Army," said Staff Sgt. Anthony J. Wikstrom, the host of the tournament from the 498th Combat Service Support Battalion at Camp Carroll. "There are fights at major bases all around the globe and we are trying to mirror what the rest of the

Army is doing."

Since the sport's induction here in Korea, the Camp Carroll Fitness Center has played host to the peninsula-wide MACP tournaments and the 2nd Combat Aviation Brigade, 2nd Infantry Division, MACP team from Camp Humphreys has taken the overall team championship in the last two tournaments with the most recent win during a tournament Nov. 11-13.

On the first day of the three-day event, competitors weighed-in to determine their weight class. Competitors then engaged in three rounds of fighting.

"You have to beat your opponent on the ground to make it to the finals and to do that it requires all aspects of fighting and a well-rounded fighter," said Sgt. 1st Class Michael A. Craig, Headquarters and Headquarters Company, 2nd CAB. "To be a well-rounded fighter, you need to close the distance, gain dominant position, and finish the fight."

At the completion of the tournament, judges presented trophies to the best individual competitors and the best overall team. There was a sense of déjà vu when the 2nd CAB MACP team walked away from the tournament with the top honors.

"We went in with fewer fighters this time than we did in August, but our Soldiers really came through and placed, giving us the lead going into the final rounds," said Craig. "I think that the win just puts the icing on the cake because our Soldiers work so hard in training."

Soldiers stationed at Camp Humphreys interested in joining the 2nd CAB MACP team can stop in at the Camp Humphreys Super Gym for more information.

"We take people, from all the units, with any type of experience," said Capt. Nicholas A. Lucchetti, from HHC, 2nd CAB. "Anyone can come down to learn how to defend oneself and combatives can really help one gain confidence and it is one of the best types of physical training you can get."



Photo by Pvt. Ahn Byung-hoon

Two Soldiers compete Nov. 12 during a Modern Army Combatives Tournament at Camp Carroll, South Korea. The MACP was developed during the 1990's at Fort Benning, Ga., and has since spread through the Army like wildfire.

Continuing effort to prevent sexual harassment

Story by
Master Sgt. Michelle M. Johnson

2nd ID Public Affairs

Brigadier General Charles Taylor, 2nd Infantry Division assistant commander for maneuver, will take the lead as the senior officer on the Area I Sexual Assault Review Board, starting immediately.

The board is responsible for reviewing open sexual assault cases and making recommendations to the chain of command on the next steps for victims and offenders.

The move is part of what the division commander says is a continuing effort to prevent sexual harassment and assault.

"Ninety-nine point nine percent of our Soldiers are doing the right thing, but even one case of sexual misconduct is one too many. Sexual misconduct breaks trust, is absolutely against our values as professional Soldiers, and can have a significant impact on the alliance and our ability to accomplish our mission," said Edward C. Cardon, the 2nd Infantry Division commanding general.

Previously, the board post was held by the garrison commander. But, most of the Soldiers involved in cases – whether they be victims, responders, perpetra-

tors or their leaders – belong to the tenant units.

Taylor said having someone in this position on the committee will lead to better accountability by the chain of command.

"As a general officer in their chain of command, I have the needed connection to the Soldiers and leaders involved and will ensure the board's recommendations are followed-up through the chain of command," said Taylor.

Taylor has already received briefings from Dan Silvia, the Area I sexual assault response coordinator and plans to begin reviewing cases along with the rest of the board next month.

"I'm concerned with the question, 'are we doing things right; are we doing the right things; what are we missing?' We've added CCTV in the barracks, we've trained Soldiers. Are these the appropriate measures to take and how can we measure their effectiveness? As a member of the board I can bring all this data together and ensure we are doing what should be done to prevent these heinous acts," said Taylor.

Cardon sees Taylor's addition to the review board as part of a continuous effort against sexual assault and harassment in his division; prevention, response and review are the hallmarks of the plan.

The mission began days after Cardon took command, when he halted all operations for a full day so experts could conduct awareness and response training

for all of the division's 9,000 uniformed personnel.

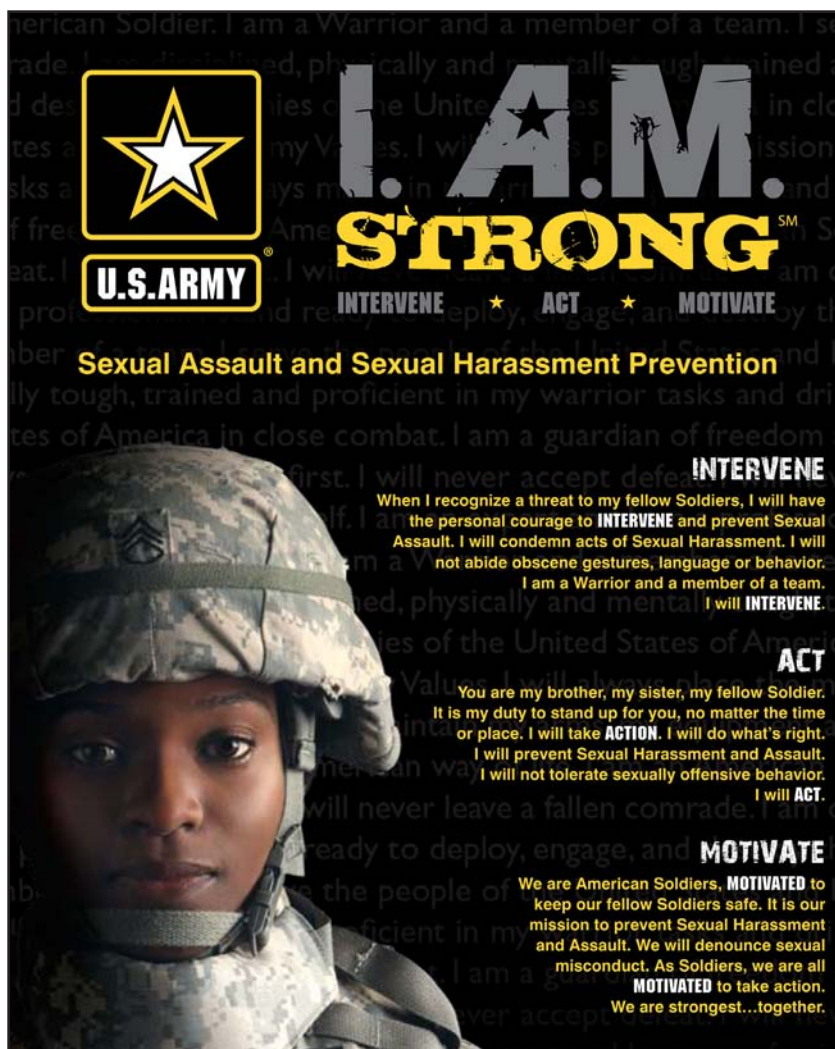
The division has also reached out to local Korean women's organization in Dongducheon City, the Korean National Police and local civilian leaders to discuss the issues, help educate Soldiers, coordinate joint law enforcement patrols of entertainment districts and help identify "at risk" Soldiers who may be drinking too much to prevent incidents from ever occurring.

Beginning mid-December, each class of newly-arrived Soldiers at the Warrior Readiness Center will receive Sexual Assault Prevention and Response Program training to help reinforce Army Values and emphasize the division's zero-tolerance policy on sexual assault and harassment.

The division's Responsible, Educated, Alcohol-Limiting Warriors committee is also focusing on creative training tools like the interactive play "Sex Signals" and the speaker's program "Can I Kiss You," which all Soldiers were required to attend in November, as ways to bring awareness to the issue and prevent assaults.

Taylor sees his position on the SARB as a means to synergize all efforts to ensure they are synchronized and coordinated across the Division.

"We're looking at what happened in each case, how we can prevent another incident and reviewing policies, procedures and regulations that could be tweaked to prevent these cases," said Taylor, "This is an Army priority and it's our obligation."



I. A.M. STRONG is the Army's campaign to combat sexual assaults by engaging all Soldiers in preventing sexual assaults before they occur.

Grounded by our shared belief in the Army values, we are a band of brothers and sisters, placing mission first, never accepting defeat, never quitting and never leaving a fallen comrade. Our interdependence and shared respect among comrades frames who we are as a team and an Army – team that finds sexual assault reprehensible and beyond toleration. Those who commit assaults hurt a member of our team and wound our Army. This criminal act is cowardly and damaging to the very moral fiber that gives our Army its innermost strength.

As Soldiers and proud members of our team, we are duty bound to Intervene, Act, and Motivate (I. A.M.) others to stop sexual assaults and the sexually offensive language and gestures that create an environment friendly to this abuse.

Novelist speaks about dating scene



The author of the book, *Can I Kiss You?*, Mike Domitrz, talks to Soldiers in Warrior Country Nov. 22-23 about sexual assault awareness.

Story and photo by
Cpl. Tim Oberle

2nd CAB Public Affairs

The annual Warrior Speaker Program kicked off here in Warrior Country with acclaimed novelist and public speaker Mike Domitrz spoke to Soldiers Nov. 21-23 on Warrior Country installations about sexual assault awareness and the realities of intimacy in the current dating scene.

During the hour-long presentation Domitrz connected with Soldiers by inviting them up on stage for an interactive portion that kept the audience clamoring for more.

From there Domitrz introduced the audience to clever ways of approaching the anxiety and uneasiness of dating in a culture where you need to ask before you act.

"How will you know when it is the right time to make your move?" asked Domitrz. "Will it make you

look like a loser if you ask to kiss your partner?"

"You simply can't rely on body language anymore because it is unreliable even when you have known a person for a long time," said Domitrz. "Even married people misread body language, so the only way you can really know for sure is to ask."

Throughout the afternoon the main point that Domitrz wanted to drive home was that it is better to ask than to get in trouble for sexual assault.

"If someone is really attracted to you than they will appreciate the respectful gesture," said Domitrz, "and you will walk away from it feeling better because you will know the intimate feelings were mutual."

Following the presentation Domitrz allowed the Soldiers to ask questions and handed out prizes to those in attendance including shirts and bracelets.

Soldiers celebrate education week



Pfc. Maricris Celas Cosejo, from the 348th Quartermaster Company, 194th Combat Support Supply Battalion, studies at the Camp Humphreys Education Center Nov. 16 for an aviation maintenance course at Central Texas College.

**Story and photo by
By Staff Sgt. Vincent Abril**

2nd CAB Public Affairs

The Camp Humphreys Education center celebrated Army Education Week Nov. 14 -18 at Camp Humphreys highlighting Soldiers and their educational achievements while serving their country full time.

"I spent six years going to school part time and working full time with no clear path and finally decided to enroll in the Reserve Officer Training Corps program," said keynote speaker, Lt. Col George Ferido, deputy brigade commander of the 2nd Combat Aviation Brigade, as he offered words of inspiration to current and potential students seeking a higher education.

Ferido also reminded Soldiers of the vast amount of educational resources available to them while serving on active duty.

"Servicemembers are blessed with great educational opportunities sponsored and paid for by the Department of Defense that encourage you to get a degree," Ferido said. "As a Soldier, you should take full advantage of this while you can."

During the week Soldiers spoke of the hardships and experiences they had endured while pursuing a degree and serving their country full time.

"It's a struggle seeking education, but through dedication and perseverance Soldiers can accomplish their goals," said Spc. Jamie Sasse of Company A, 602nd Aviation Support Battalion, 2nd Combat Aviation Brigade.

The Camp Humphreys Education Center offered briefings during the week on educational programs and opportunities available to Soldiers that show an interest, but motivation seemed to be an over arching theme.

"The main message we want to share is that anything is possible," said Beverly Suenaga, the education service officer of the Camp Humphreys Education Center.

Katchi Kapshida

Story By William Eric Davis

Professor, Daejin University

For the past few years, Daejin University and the U.S. Army have been meeting up for hiking trips, museum visits, temple tours and bowling sponsored by the Gyonggi-do Office of Military and Government Cooperation Division.

These meetings have helped to spawn a new attitude among the students, According to Professor Yang Kyoon Won, Chairman of the Daejin University English Department.

"We are now seeing our students travel to America on exchange programs on a regular basis," he said. "This is a very exciting time for our university. We currently have students at universities in Missouri and Kentucky and we're expanding our global reach. We're very excited to see our students succeed in English-only environments. And we think our partnership with the Gyonggi-do Office of Military and Government Cooperation Division has helped to boost our program to an even higher level."

Students had a chance to visit the Camp Red Cloud 2nd Infantry Division Museum, bowl and eat pizza with their American counterparts on their most recent outing in a place that one student from Daejin University, Nam Yejee, described as "Little America."

"I had a great time," said Park Mirae, a student. "The Soldiers are very kind to us. And they're just nice people."

Concerts on the Village Green offered Koreans and Americans a chance to share in a universal language, music, which has been known to bring people together.

"It's a great opportunity to meet with native speakers and we had fun listening to some really good musicians, both Korean and American. There was also a B-boy dance team that performed, and so I think the American people got to see some very talented Korean performers," said Cho So Yeon, a regular at CRC's summer concert series.

Students also made friends with Americans during hiking tours along the fence-line near North Korea.

"I really found out that the American Soldiers are not so different than us," said Kim Soon Mee. "Getting to know them helps us speak English with more confidence. And for them, spending time with us I think makes them feel bonds of friendship and less of a feeling of homesickness."

Kim is now beginning a one-year internship as a Korean language and culture guide at Camp Stanley.

"If it hadn't been for MGCD friendship program, I would have never gotten this opportunity," she said.

Strong Bonds Program promotes healthy relationships



Soldiers from the 2nd Infantry Division, 1st Brigade Combat Team, participate in the Strong Bonds Program retreat Oct. 27-29 at the Dragon Hill Lodge in Seoul.

**Story and photo by
Staff Sgt. Kenneth G. Pawlak**

Looking for love in all the wrong places could be avoided with assistance from the Strong Bonds program that helps Soldiers build healthier friendships and relationships.

1st Brigade Combat Team Soldiers met at the Dragon Hill Lodge in Seoul for a Strong Bonds retreat, Oct. 27-29, and received "tools" for starting and

maintaining better connections.

"Strong Bonds is a unit-based, chaplain-led program, which assists commanders in building individual resiliency by strengthening the Army Family," said Sgt. Stephen Fassett, chaplain assistant, 1st Brigade Special Troops Battalion. "A strong Soldier is a strong Army."

Soldiers are taught a deeper understanding of relationships and what to explore when looking for a partner.

Spc. Andrew Hudson, Alpha Battery, 1st Battalion, 15th Field Artillery Regi-

ment, is a Soldier that invested his time at the retreat to learn how to improve his personal life.

"I went expecting to learn about relationships and build stronger bonds amongst my peers," said Hudson. "It was more than just a chance to get away but an opportunity to learn more in depth about finding a partner."

One of the perks to attending the retreat was Soldiers received a workbook called "How to Avoid Falling for a Jerk," not only a visual aid, but something solid to refer to as they improve their communication skills.

This program teaches Soldiers how to make good relationship choices through the use of a Relationship Attachment Model, RAM.

"RAM teaches Soldiers to get to know their partner, develop trust, ways to rely on someone, form a commitment, and properly express themselves physically and emotionally," said Fassett.

"We teach single Soldiers how to be better prepared to get into a healthy marriage so that there is less stress in that marriage," said Fassett.

The RAM conceptualizes the five bonding links; know, trust, rely, commit, and touch, which make up the closeness and connection in a relationship, according to "How to Avoid Falling for a Jerk."

"By using the RAM scale, I learned skills for building and maintaining a relationship," said Hudson. "I gained knowledge to make a more informed decision about relationships."

Besides gaining knowledge about building healthy relationships, the retreat was an opportunity for the Soldiers to relax for the weekend.

"Soldiers enjoy the retreats because the retreats take the Soldiers out of the 'madness' of their busy schedules and training which allows them to relax and open their minds," said Fassett.

Soldiers were given the time off from their company to go into Seoul for the retreat.

"I enjoyed the retreat and recommend this to every single Soldier. It will help in picking the right partner which will hopefully lead to marriage," said Hudson.



Greetings

with Korea

Cloud

Camp Stanley

Camp Humphreys

SPECIAL TO THE INDIANHEAD: REMEMBRANCE

Holidays bring thoughts of gratitude for selfless service



Army News Service

Spc. Tyler Ahrens, a military policeman from the 488th Military Police Company, Maine Army National Guard, renders a hand salute Dec. 10 after laying a wreath upon a grave at Arlington National Cemetery. Ahrens has attended the wreath laying ceremony at Arlington National Cemetery six times and has been asked to escort Sir Stanley A. Wojtusik for the past two years. Wojtusik is a World War II veteran who fought in the Battle of the Bulge, and who now serves as member of the board of trustees for Wreaths Across America.

Story by C. Todd Lopez

Army News Service

As part of a tradition now 20 years old, thousands of volunteers showed up early morning at Arlington National Cemetery to place wreaths at the grave-stones of those buried there.

This year, about 85,000 wreaths made their way from Maine to the cemetery -- donations from both Americans and from wreath manufacturer Morrill Worcester, of the Worcester Wreath Company. Worcester began laying wreaths at the cemetery in 1992.

Thousands of volunteers, including civilians from Virginia, Maryland and Maine as well as other parts of the country, along with service members, and young people from scouting and cadet programs, gathered in the Memorial Amphitheater at the cemetery before placing the wreaths.

Speaking to the crowd were both Morrill and wife Karen Worcester -- founders of the "Wreaths Across America" program. Volunteers from the program brought wreaths to Arlington and 740 other cemeteries this year. Also speaking were Kathryn A. Condon, executive director, Army National

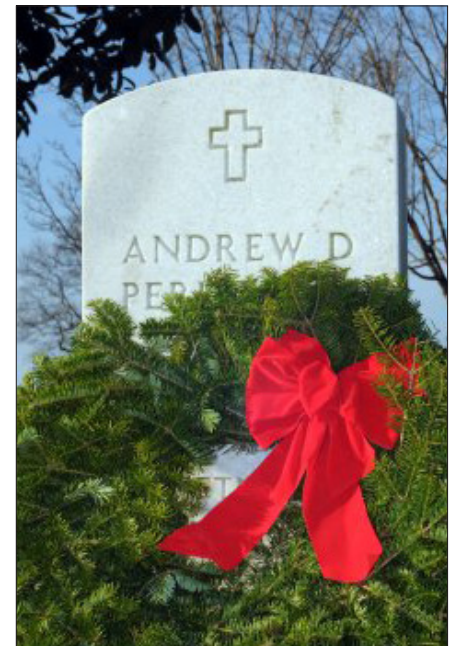
Cemeteries Program, and Wayne Hanson, chairman of the board for Wreaths Across America.

Hanson said the wreaths were a "thank you for the service and sacrifice" of those buried in the cemetery.

After Hanson's words, the crowd poured into the cemetery and volunteers gathered around the several tractor trailers that had carried the wreaths down the east coast from Maine. When the doors opened, volunteers passed boxes of wreaths out to the waiting crowds, who quickly distributed the wreaths among eager hands to place on grave sites.



A young boy places a wreath upon a grave of a fallen Soldier at Arlington National Cemetery Dec. 10,



This year, about 85,000 wreaths made their way from Maine to Arlington National Cemetery. Donations were made by both Americans and from wreath manufacturer Morrill Worcester, of the Worcester Wreath Company. Worcester began laying wreaths at the cemetery in 1992.

SPECIAL TO THE INDIANHEAD: SPOUSES' COLUMN

Make it a Christmas adventure to remember

Story by Kelley Scrocca

Warrior Country Spouse

Christmas is fast approaching for us here in Korea. Luckily, Christmas is a holiday that many Koreans share with us as well, so there are sights, sounds and events that we can take part in to get a bit of that Christmas feeling. Only 25 percent of the Korean population is Christian, so although Christmas is an official holiday it is not one of Korea's largest holiday celebrations. Exchanging gifts is common in Korean, although often fewer gifts are given than we may be used to in the U.S. and money is a common gift to exchange. Lights, a tree, decorations, caroling and even Santa are also common parts of Christmas in Korea.

Unfortunately Christmas in Korea also means a holiday spent without most of the Family and traditions many of us are used to taking part in. Missing traditions that happen every year, not having that Christmas meal or thoughts of grandparents at home missing out on Christmas spent with a young grandchild can easily lead to sad thoughts during this holiday season and perhaps some frustration about having to be in a foreign country. Here are a few suggestions to help cope with some of these feelings:

1. Find or create your own special events to celebrate with the family and Friends you do have in

Korea. Take advantage of events on post and seek out events off-post that interest you. This could include holiday concerts, sightseeing in Seoul to look at light displays or making reservations for dinner or plans to cook, perhaps even a pot-luck with others bringing favorite dishes that are part of their traditional Family meal.

2. Arrange time to call or Skype with your Family when they will be together celebrating. They would love to hear from you and if you Skype they can see you too. You could arrange to open their gifts while talking and they can pass "you" around to all in attendance. Although clearly not the same as being there, this can be quite uplifting for everyone on both ends and reiterates the importance of Family during the holiday season. Keep in mind the time difference, this will allow you to open your presents on Christmas morning while those back in the States are still enjoying Christmas Eve.

3. Save the gifts and cards you receive to open on Christmas. Sure you may be saving your gifts to open, but it's also nice to save the cards you receive to open later as well. This way, if you are feeling low and focused on being half a world away on Christmas Day you can open the cards and see all the people who are thinking of you.

4. Think of all the hassles you get to miss out on! This could be the drama and stress involved in Family get-togethers or general holiday nightmares like holiday office parties, travel troubles and delays or the joys (or horrors) of holiday shopping to include fights over parking, inconsiderate crowds and out-of-stock items.

5. Remember and celebrate the reasons why you are here. For those of us here with our Soldier spouse remember that we made the choice to come to Korea to be with him or her. When we made that choice we knew that we were setting off on an adventure, which would include missing events and holidays with people back home. Despite that knowledge, we opted to travel to a foreign land to live and spend time with our immediate family and the ones we love the most. Cherish them this holiday season. Be thankful you made the choice you did and don't let nostalgic thoughts of being home take away from what you do have right here in Korea.

Note: The Indianhead is published for the information of members of the 2nd Infantry Division and their Families. The commentary published does not necessarily reflect the view or constitute the endorsement of the 2nd Infantry Division, Eighth Army, the United States Army or the Department of Defense.

My Korea, My Life

A brief insight into Soldiers, Civilians and Family members in Warrior Country

My name: Sgt. Jorge G. Gomez

My job: I am a 91A, an M1A1 Abrams Tank Maintainer with Company E, 302nd Brigade Support Battalion, 1st Brigade Combat Team.

My childhood ambition: When I was a child my father would take me to race tracks to watch muscle cars drag race. I always wondered what it was like behind the wheel of one of those machines.

My soundtrack: I listen to a little bit of everything but I would have to say Linkin Park's album Hybrid Theory.

My last purchase: Of course Call of Duty Modern Warfare 3. But if you asked about my most expensive purchase, my 2011 Dodge Nitro Shock. I love the color, Detonator Yellow.



My alarm clock: It's a Korean song I can't understand, but the title is "Daddy's Morning Call."

My fondest Memory: Like any father, it was the birth

of my kids, but aside from that, my vacation in the Philippines would be my fondest memory.

My retreat: Relaxing on the beach of Puerto Guerria. The most beautiful place I ever saw.

My perfect day: Getting up early, going to English-town Raceway Park, and watching my dad race down the track.

My indulgence: Chips A'hoy cookies, a glass a milk and Reddi whip cream.

My wildest dream: To own a Ford GT40.

My Hobbies: Anything that involves cars or trucks racing, paintball and PS3.

My biggest challenge: My biggest challenge was losing weight to re-enlist. I used to be 250 pounds at one time and lost 20 pounds in two weeks just to re-enlist. I never worked out so hard in my life.

My proudest moment: The proudest I have ever been was the day my son and daughter were born. I was so proud of my wife.

My favorite music: I like everything, but If I had to choose it would be Hardbass music.

My inspiration: At one point and time I did it for my mom and dad. I was the oldest and hoped that being in the Army would make them proud of me. Now I do it for my mom, dad and my Family. I hope to give them a better life just like everyone wants for the Family.

My Korea, My Life: Korea is my life; it's where every-



thing started. I came here at the age of 21; I was single and no kids. Now I'm 25, I'm married and have two kids. My tour really didn't go as planned but I can't complain. If I didn't volunteer to serve in the Land of the Morning Calm, I wouldn't have all the things I have now. My Family, friends that will last a life time, and plenty of stories to tell my grandkids. My Korea, My Life.

Would you like your own My Life, My Korea published in an upcoming Indianhead issue? Send in your answers to the same questions in this article to: 2id.PAO.submissions@korea.army.mil. Be sure to include an appropriate photograph with your submission.

Infantrymen send season's greetings



Photo from www.olive-drab.com

Dressed in parkas, Missouri infantrymen pose for a New Year's greeting. The Soldiers were with the 19th Infantry Regiment, Kumsong front, South Korea. The photo was taken on Dec. 14, 1951.

WARRIOR NEWS BRIEFS

Road conditions

When road conditions are RED, post shuttles and inter-post shuttles that operate between the installations, as well as the Incheon International Airport shuttle continue to run unless the service is temporarily suspended by senior U.S. Army leaders.

These contract bus drivers have extensive professional drivers training and certification to safely operate a vehicle during adverse weather conditions. Senior Army leaders will not permit anyone to drive in road conditions that could potentially put drivers and their passengers in danger.

Camp Red Cloud DFACs

Kilborne DFAC is offering reduced rate meals for dependents of E-4's and below. Meal prices are as follows: breakfast \$1.95, lunch and dinner \$3.65, brunch \$4.20, supper \$4.95, and holiday meals are \$5.95.

Kilbourne DFAC will be closed: Dec. 16-18, and will be open for brunch and supper on Dec. 23-24 and Dec. 30-31. Hours of operation for Christmas Day are breakfast 7-8 a.m., lunch 12-2 p.m., and dinner 4-5 p.m.

CG's Mess will be closed Dec. 23-26 and Dec. 30-31, and will be open for brunch and supper on Dec. 16-18.

All other days not specified will operate under normal business hours.

Passports and VISA photos

Passport and VISA photos will be available for anyone stationed in Area I starting January at the FMWR marketing office located in bldg. T-25 on Camp Red Cloud.

Photos will cost \$10 and are processed same day. For more information call DSN 732-6274 or 9531.

Holiday dinner special

Area I clubs are offering a complete holiday dinner that serves eight for \$89 through December.

The take-out dinner includes a whole turkey, gravy, corn bread dressing, candied yams, buttered corn, green beans, mashed potatoes, cranberry sauce, rolls and choice of desert. For an additional \$10 it will include a three-pound smoked ham.

Orders must be placed at least three days before the required date. For more information and to place an order call Mitchell's Club at 732-8191, the Warrior's Club at 730-2193 or Reggie's at 732-5485.

Beware of spam

Some postal customers are receiving emails referencing a package delivery. These emails contain a link that when opened installs a malicious virus that can steal information from your personal computer.

Simply delete the message without taking any further action. The Postal Inspection Service is working to resolve the issue and shut down the malicious program. For more information call 1-800-275-8777.

Thrift Store donations

Donations to the Camp Red Cloud Second to None Thrift Shop may be made on Tuesdays and Thursdays from 10 a.m. to 2 p.m., at bldg. 14, which is near the post exchange.

Donation times correspond with their hours of operation.

The store has a Facebook page, which can be searched for under "Second to None Thrift Store." For more information call 010-8060-0570 or email Second2NoneThriftStore@gmail.com.

Military identification cards

Photocopying of U.S. government identification is a violation of Title 18, U.S. Code Part I, Chapter 33, Section 701.

It is recommended that military and Department of Defense personnel provide a state drivers license or other form of photo identification to be photocopied if an establishment insists on a photocopy of a traveler's identification.

This does not apply to medical establishments or government agencies who may require a photocopy for official government or medical business.

Should you witness activity that may be criminal or terrorist in nature, contact the Pentagon Forces Protection Agency at DSN 703-692-2729.

Hospital tours

Tours of the St. Mary's and Dongguk University Hospital are scheduled for Dec. 19, Jan. 16, and Jan. 20. Buses are scheduled to depart the Camp Casey Clinic at 1 p.m.

Sign up at the Camp Casey Health Clinic or Casey Army Community Services Center. For more information call DSN 730-4332 or DSN 730-3107.

Holiday worship schedule

The Camp Casey Memorial Chapel hosts a Protestant Candlelight Service Dec. 24 at 6 p.m., and a Gospel New Year's Eve Service Dec. 31 at 10 p.m.

The Camp Stanley Chapel hosts a Protestant Christmas Eve Candlelight Services Dec. 24 at 6 p.m.

The Camp Hovey Chapel hosts a Protestant Christmas Day Service Dec. 25 at 4 p.m.

The Camp Red Cloud Chapel hosts a Protestant Christmas Eve Candlelight Service Dec. 24 at 6 p.m., a Catholic Christmas Eve Mass Dec. 24 at 10 p.m., a Catholic Christmas Day Mass Dec. 25 at 9 a.m., a combine Protes-

tant Service Dec. 25 at 11 a.m., and a COGIC New Year's Eve Service Dec. 31 at 10 p.m.

Chapel service times

The Camp Red Cloud Chapel hosts a Catholic service Sundays at 9 a.m. A Protestant service follows at 11 a.m. A COGIC service starts at 12:30 p.m., and a KATUSA service begins at 7 p.m. For more information call 732-6073 / 6706.

The Camp Casey Stone Chapel hosts a Protestant service Sundays at 10 a.m. and a KATUSA service at 6:00 p.m.

The Camp Casey Memorial Chapel hosts a Gospel service at 11 a.m. and their KATUSA service begins at 6:30 p.m.

The West Casey Chapel hosts a Protestant service Sundays at 9:30 a.m. The West Casey Chapel also hosts a Catholic service that starts at 11:30 a.m., an LDS Worship service that starts at 4 p.m., and an LDS Bible study Thursdays at 7:30 a.m. and a Korean Protestant service at 10:30 a.m. For more information contact the Memorial chapel at 730-2594 or the West Casey Chapel at 730-3014.

The Camp Hovey Chapel hosts a Catholic service Sundays at 9:30 a.m., and is followed by the Protestant service at 4 p.m. The KATUSA service is held Tuesday at 6:30 p.m.

The Old Hovey Chapel hosts an Orthodox service every first and third Sundays of the month at 10 a.m., and the Crusader Chapel hosts their Protestant service Sunday at 11 a.m. For more information call 730-5119.

The Camp Stanley Chapel hosts a Protestant service each Sunday at 10 a.m., and a Gospel service every Sunday at 12:30 p.m. For more information call 732-5238.

The Camp Humphreys Freedom Chapel hosts a Catholic service Sundays at 9 a.m., followed by a Protestant service at 11 a.m., then a Gospel service at 1 p.m., and will have a Church of Christ service at 5 p.m.

The Freedom Chapel will also hold a KATUSA service Tuesdays at 7 p.m. For more information call 753-7952.

2nd Infantry Division (Official Page)



www.2id.korea.army.mil

Movies

Prices: \$5 for first run movies, \$4.50 for regular releases. Children 12 and under: be \$2.50 and \$2.25 respectively. Find the full list of movies online at: <http://www.shopmyexchange.com/reeltime/theatres/reeltime-landing.htm>

Camp Casey

Show times: Mon. & Wed. 7:30 p.m.
Fri. & Sun. 6:30 & 8:30 p.m.
Sat. 3:30, 6:30 & 8:30 p.m.

Dec. 16: 50/50 / Real Steel
Dec. 17: The Ides of March / Drive
Dec. 18: 50/50 / Moneyball
Dec. 19: Arthur Christmas
Dec. 21: Moneyball
Dec. 23: New Year's Eve (2)
Dec. 24: New Year's Eve / The Thing
Dec. 25: Johnny English / Paranormal Activity
Dec. 26: New Year's Eve
Dec. 28: The Three Musketeers
Dec. 30: Foot Loose / Sherlock Holmes

Camp Red Cloud

Show times: Mon.-Sun. 7 p.m.
Fri. 7 & 9 p.m.

Dec. 16: Hugo / The Thing
Dec. 17: The Ides of March
Dec. 18: Johnny English
Dec. 19: Real Steel
Dec. 20: Shark Night
Dec. 22: Arthur Christmas
Dec. 23: Alvin and The Chipmunks / The Thing
Dec. 24: The Three Musketeers
Dec. 25: Johnny English
Dec. 26: Paranormal Activity
Dec. 27: Foot Loose
Dec. 29: New Year's Eve
Dec. 30: New Year's Eve / In Time

Camp Hovey

Show times: Mon.-Sun. 7 p.m.

Dec. 16: Drive
Dec. 17: Real Steel
Dec. 18: The Ides of March
Dec. 20: The Thing
Dec. 22: New Year's Eve
Dec. 23: The Thing
Dec. 24: Johnny English
Dec. 25: New Year's Eve
Dec. 27: Shark Night
Dec. 29: Sherlock Holmes
Dec. 30: Shark Night
Dec. 31: Paranormal Activity

Camp Stanley

Show times: Sun., Mon. & Thurs. 7 p.m.
Wed. & Sat. 7 & 9 p.m.
Fri. 9:30 a.m., 7 & 9 p.m.

Dec. 16: Real Steel / The Ides of March
Dec. 17: Hugo (2)
Dec. 18: Hugo
Dec. 19: Drive
Dec. 21: New Year's Eve (2)
Dec. 22: 50/50
Dec. 23: Shark Night / The Thing
Dec. 24: Johnny English / The Thing
Dec. 25: Arthur Christmas
Dec. 26: Shark Night
Dec. 28: Sherlock Holmes (2)
Dec. 29: The Ides of March

Camp Humphreys

Show times: Mon.-Fri. 6:30 & 9 p.m.
Wed., Sat. & Sun. 3:30, 6:30 & 9 p.m.

Dec. 16: The Ides of March (2)
Dec. 17: Arthur Christmas / The Ides of March
Dec. 18: Arthur Christmas / Moneyball
Dec. 19: Moneyball
Dec. 20: The Thing
Dec. 21: The Thing
Dec. 22: Shark Night
Dec. 23: New Year's Eve
Dec. 24: Johnny English / New Year's Eve
Dec. 25: Johnny English / New Year's Eve
Dec. 26: Shark Night
Dec. 27: The Three Musketeers
Dec. 28: The Three Musketeers