

# Indianhead

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Aug. 11, 2006

## Terrorist attack training prepares first responders

Story and photo by  
**Margaret Banish-Donaldson**  
*Area I Public Affairs Office*

**CAMP RED CLOUD** – A simulated chemical and dirty bomb explosion occurred near a Camp Red Cloud Area I barracks at 9 a.m. Aug. 4. The anti-terrorism and force protection exercise was designed to test all of Area 1 and 2nd Infantry Division defense and emergency respondents - including firefighters, law enforcement and paramedics - as if there was a real terrorist attack.

Seven Soldiers acted as victims of the mock Camp Red Cloud attack. Role players dressed for the part with realistic wounds and genuine wailing.

“Every Soldier needs to be trained in anti-terrorism defense and response techniques,” said Cary Biggart, force protection management specialist for the Directorate for Plans, Training, Mobilization and Security. “An alert person can be the difference between an attack failing or succeeding. The training gives a person the ability to assess situations quickly and make better decisions.”

Area I's first responders were put to the test.

The attack scenario was designed for realism, but did not pose any actual threat and caused minimal inconvenience to personnel and facilities operations.

This drill is part of the ongoing training exercises to keep the CRC emergency responders trained to respond to terrorist incidents.



See **TERRORISM**, page 3    Members of the Camp Red Cloud fire department pull victims from the mock contaminated area.

## Division prepares for WFX'06

Story by  
**Maj. Kimeisha McCullum**  
*2ID Public Affairs Officer*

Thoughts and ideas were formed and shared, questions by commanders and staff were answered and products were produced during the week-long Battle Command Seminar July 24-28.

In preparation for the 2nd Infantry Division's upcoming training exercises, division leadership came together to discuss ideas on how the division will prepare itself to meet the objectives of the 2ID commanding general, Maj. Gen. James A. Coggin.

The BCS is designed to afford the CG an opportunity to focus on the military decision-making process and build his battle com-

mand staff.

“This is a time that we as a staff come together and learn what we have to do to execute the commander's intent,” said Lt. Col. Paul S. Greenhouse, 2ID G3. “We've come a long way. It has been a great learning and training event.”

Twenty five members of the Battle Training Command Program, Fort Leavenworth, Kansas came to Korea to facilitate the BCS in order to support the division as it plans and trains for the Warfighter exercise in December. WFX is a routine training exercise done in the initial year of a new commander and is an opportunity to train and certify the battle staff team.

BTCP is the Army's Capstone Combat Training Center. It supports realistic and challenging

training for the division commander to provide a trained and ready division able to win on the battlefield. WFX is meant to prepare the CG, his commanders and his staff to enhance training essential to battlefield management and decision-making skills.

“The training objectives are based on what the division commander wants to achieve out of his seminar,” said Lt. Col. Paul Gardner, Chief Observer/Trainer. “The commanding general's objectives are the BTCP objectives. We work for him.”

The main purpose of the seminar was to facilitate discussions between the staff and the commander in order for them to gain a better the understanding of how the commanding general thinks.

See **TRAINING**, page 3

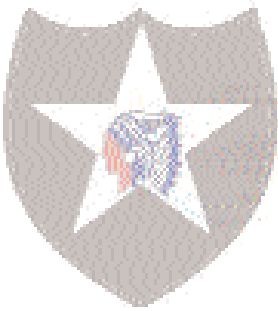


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## VOICE OF THE WARRIOR:

What does  
women's equality  
mean to you?



*"Being independent,  
having the same  
opportunities as  
males."*

*Capt. Gordon Washington  
HHSC, STB*

*"Gender equality in  
the military workplace  
should improve."*

*Spc. Frank Kidd  
HHC, 1-72 FA*



*"Women can do any-  
thing men can do."*

*Sgt. 1st Class  
Charesse Blood  
HQ, 2ID*

*"Women's rights  
have come a long  
way, but they can  
always go further."*

*Pvt. Christopher Harrington  
A Co., 2-9 Inf.*



*"Equality is a coin,  
you must have two  
sides to make the  
coin complete."*

*Pvt. Russell McCanless  
HHSC, STB*

*"Females in the mili-  
tary are opening  
doors."*

*Command Sgt. Maj.  
Aurora Patterson  
516th PSB*



## EEO options; worker's rights

By James Cunningham

Area I Public Affairs Office

CAMP RED CLOUD – In 2002 the Congress of the United States passed the Notification and Federal Employee Anti-Discrimination and Retaliation Act. This act requires federal agencies be accountable for violations of anti-discrimination and whistleblower protection laws; to require each federal agency post quarterly on its public website certain statistical data relating to federal sector equal employment opportunity complaints filed with an agency and for other purposes. The act was signed into law by President Bush May 15, 2002.

"This is a very good act," said Vivian George, Equal Employment Opportunity manager for Area I. "Management should come to see me if they have questions in reference to employees."

Managers should come to see their EEO officer as well as the Management, Employee Relations office if there is a complaint made against them by an employee, George explained.

"When managers have concerns regarding employees, they should come and talk to me to see how we can work it out before it becomes a more problematic matter," George said.

"Managers really need to come to talk to me before the employee files a complaint."

When managers have an employee who is not performing, they should see their EEO officer before taking action.

"If a manager does not help an employee that is not performing, often times the situation gets blown out of proportion and causes bigger problems as time goes on," George said.

When that happens the employee comes to file a complaint before management can solve the problem. Management is aware of the employee's nonperformance, and management should do something to help the employee before it becomes a problem.

Most of the time managers are promoted to

their positions because of their job skills, and many are not skilled in being leaders of people.

"There is a big difference between a manager and a leader. Managers also must be leaders to manage people, help people, mentor employees and help them out," George said.

If employees get the help they need when they need it, most complaints would not happen.

"The programs are here to help management as well," George said. "Civilian Personnel and EEO are good programs to help managers to help the employees and not to create problems."

Some managers are afraid of complaints made by employees they supervise.

"If the manager does the job correctly and an employee says he wants to go to EEO or Management Employee Relations and file a complaint, the manager should pick up the telephone and make the appointment for the employee," George said. "This shows the manager is interested in trying to resolve the complaint. This will keep the problem from escalating."

Managers should be leaders of people as well as adept at their jobs, but often times this is not the case. George provides information to help managers improve their leadership abilities.

"I send out a lot of articles about leadership and mentoring," George said. "Every time I get a new article I send it out to all the managers and supervisors. I have put together a lot of training."

We are a diverse group of people, unless we know how we are going to work together we will continue to misunderstand and not communicate well with each other. Being aware of our differences and helping each other in the work place can enrich our work experience and improve our quality of work, explained George.

"Managers and employees should have confidence now they can get the help they need and have no fear of retaliation," George said.

## Soldier found guilty of theft

2ID Staff Judge Advocate Office

A private 1st class assigned to Headquarters Company, Brigade Troops Battalion, 1st Heavy Brigade Combat Team, pled guilty to stealing another Soldier's debit card and to consuming alcohol during a training exercise in direct violation of General Order #1.

By special court-martial, the Soldier was also found guilty of using the Soldier's debit card in the Tokori Entertainment district without the Soldier's consent, and wrongfully appropriating two other Soldiers' Military Star cards as well as a master barracks key.

The Pfc. was sentenced to 45 days confinement, a reduction to the rank of E-1, a \$849/month forfeiture for four months, and a bad conduct discharge.

### Indianhead

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# Renee Amooore visits Area I

Story by  
**James Cunningham**  
Area I Public Affairs Office

CAMP HOVEY – Women’s Equality Month began with pomp and ceremony at Camp Hovey Aug. 4 with a presentation from Renee Amooore, president and chief executive officer of the Amooore Group.

“I was invited by Chaplain (Capt.) Marcella Barnett, 1st Brigade, Special Troops Battalion, to come here and talk about Women’s Equality Month,” Amooore said. “I am all excited about that because I enjoy going around the world talking about women’s equality, how to enhance it and women’s needs.”

Amooore’s speaking style is one of inspirational and motivational variety. Only the content is one of equality for all, men and women of all races.

“To really instill into women it is real important to be who you are, what you want to be, do the things you want to do and accomplish those visions and those dreams; that is definitely a part of who I am and what I am about,” Amooore said.

Amooore always begins her motivational talks with the women’s suffrage movement and the right to vote.

“We educate women about how important it is for them to vote,” Amooore said. “Just look at the folks who went before us, and really fought hard for the right to vote.”

History is very important to Amooore, plus teaching women today what their rights are is very important.

“I was not taught history the way I needed to be as

far as I am concerned; it took me a lot of study to understand it, so I am on a mission to make sure women understand where we were, where we came from, how we got this far and where we need to go,” Amooore said.

Women need to look at their goals and objectives; who they are and what they are about, where they are, and where they want to go, she said.

Amooore considers herself a mentor because of her experience in business and people skills.

“Some people need to learn to mentor to women in particular and to men as well,” Amooore said. “I chose to mentor to women because my mother mentored to me. Some folks may not have that opportunity, so I am blessed to be able to give folks that opportunity.”

*“I am on a mission to make sure women understand where we were, where we came from, how we got this far and where we need to go,”*

*Renee Amooore*

Since Joan of Arc women have been going through one kind of suffrage or another and will continue to go through it if they don’t work together, network and spread the word. If women don’t do these things then they will never learn,” she said.

The results of Amooore’s “Johnny Appleseed” style of mentorship are many.

“We have seen women come from welfare, be able to hold a job, provide for their families and for

themselves,” Amooore said. “We have seen women come out of prison, be able to understand who they are better than before. They don’t have to be on drugs and become thieves; they don’t have to be beaten by someone to feel good about who they are. We have seen a lot of progress, but it is slow. If you help someone, that person can help another.”

She says the experiences men have in similar equality struggles are different than for women.

“Women tend to carry a lot of ‘baggage,’” Amooore said. “We have to deal with our children, we want to be everything to everyone; that is what we were taught by our parents or our forefathers; that we need to take care of everybody and we never take care of ourselves. The difference is men understand they need to take care of themselves because they are taught they have to take care of their family.

“Women have the idea they have to take care of everything and everybody first instead of putting themselves first. We need to put ourselves first. If we women are not healthy, we cannot help anyone else. That is the big difference.”

She finds her finest hours as many.

“I have a lot of finest hours,” Amooore said. “Being the first African-American to speak at the Republican National Convention in Philadelphia, Pa. and New York City is an honor, and being the first African-American to be on the school board in Pennsylvania is an honor too.

“The best is having my family. That’s real important because your family gives you support that is greatly needed. Having my family and being able to provide for them is my finest and most important hour.”

## TRAINING

from page 1

“The best training is having the ability to spend a week building

teamwork,” said retired Gen. James T. Hill, BCTP’s senior retired officer.

“This has been a very productive week for the division. As a facilitator, it makes me feel good about what we have accomplished. This division

and its leadership should feel like they are well led,” Hill said.

“I am very pleased with what we have accomplished this week during this training,” Coggin said. “We have gained a situational understand-

ing of ourselves, we have validated our planning process and products within the division and, most importantly, we have a greater understanding of how we will fight and defeat the enemy.”

## TERRORISM

from page 1

The first on the scene at the incident was the CRC fire department unit who deployed with its key pieces of equipment to analyze chemical and biological agents before allowing the medical personnel to rescue the victims. Their mission includes collecting and identifying unknown materials that could kill police, emergency medical response teams and other early response personnel.

“With each mission, we take away important lessons learned and apply them to our training so we can become even better at what we do,” said Area I Fire Chief John Cook. “There are still some issues to work out, but that’s why we have these exercises.”

The truth is that terrorists will try to strike anywhere they can, so every Soldier must be vigilant, whether they are stateside or overseas, Biggart said.

“If people don’t conduct regular risk assessments and training, vulnerability will be exploited sooner or later,” Biggart said. “We develop and write plans that when trained and exercised will greatly increase base security. This is a way to keep sharpening their skills.”

Simulations simply draw out a range of choices and provide some perspective, he said. That’s what it’s all about at the end of the exercise. Prevention of



Margaret Banish-Donaldson

**ROK Army Soldiers observe bio-chemical victim handling procedures during an Aug. 4 exercise.**

terrorism is our number one priority.

After the exercise, a detailed assessment of what went right or wrong is conducted. Biggart said, “the results are helpful in pinpointing weaknesses in our response plans, training and systems.”

Most of the Area I planning team will take a couple weeks off and catch their breath, but then they said it’s back to the drawing board to plan for the next anti-terrorism exercise, which will take place in September.



# Heat Injury Prevention

Story and photo by  
Cpl. Lee, Seung Hyub

KATUSA Editor

As soon as the long rainy season is over, the hot weather sets in. These days the temperature on this peninsula is usually around 95 degrees F. High temperatures are not the only problem. Humidity also plays a role. Heat injury prevention is important.

In this hot weather, heat exhaustion can occur. Symptoms of heat exhaustion, range from headaches, dizziness and nausea to cool, pale, moist or flushed skin. It occurs due to lack of water and electrolytes which are lost from sweating.

Those at risk are people who spend their time doing outdoor activities. Soldiers often spend their time outdoors while training, and doing PT and many other activities.

If you become sweaty from outdoor activities, you should replenish water which contains electrolytes to prevent heat injury. The most important thing is to drink plenty of liquids. How much and how often depends on the person, the temperature and the type of activity.

Water is not the only thing a person needs to replenish. As people sweat, they lose electrolytes such as sodium and potassium that help with nerve conduction, muscle contraction and other body functions.

That's why the symptoms of a heat injury can include slowed reflexes, dizziness and unconsciousness. To replenish electrolytes, swig a sports drink.

When people are exposed to the sun for long period of time, they may experience dizziness, black outs, and finally they may pass out.

Treatment is to rest in a cool, shaded area and loosen clothing. Usually people recover quite fast. However they should rest for the day indoors even if they feel fine after a heat injury.

Heat stroke doesn't happen often, but it is more severe than heat exhaustion. Sometimes people's nervous system, which controls body temperature, quits working because of the high temperatures.

This rise in body temperature can cause uncon-

sciousness, and and could lead to a coma. If this happens, the patient's body should be drenched with cold water and cooled with a fan to decrease body temperature.

Remember: loosen belts, undo buttons and loosen boots. The patient should be taken to a hospital as soon as possible to receive professional care.

The best thing is to prevent heat injury before it happens. Drink the appropriate amount of liquid, take in certain amounts of electrolytes and do the appropriate exercises to keep you healthy.

Work/Rest and Water Consumption Table							
Applies to average sized, heat-acclimated soldier wearing BDU, hot weather.							
Easy Work		Moderate Work		Hard Work		<ul style="list-style-type: none"><li>The work/rest times and fluid replacement volumes will sustain performance and hydration for at least 4 hrs of work in the specified heat category. Fluid needs can vary based on individual differences (± ¼ qt/hr) and exposure to full sun or full shade (± ¼ qt/hr).</li><li>NL = no limit to work time per hr.</li><li>Rest = minimal physical activity (sitting or standing) accomplished in shade if possible.</li><li><b>CAUTION: Hourly fluid intake should not exceed 1½ qts.</b></li><li><b>Daily fluid intake should not exceed 12 qts.</b></li><li>If wearing body armor, add 5°F to WBGT index in humid climates.</li><li>If doing Easy Work and wearing NBC (MOPP 4) clothing, add 10°F to WBGT index.</li><li>If doing Moderate or Hard Work and wearing NBC (MOPP 4) clothing, add 20°F to WBGT index.</li></ul>	
<ul style="list-style-type: none"><li>Weapon Maintenance</li><li>Walking Hard Surface at 2.5 mph, &lt; 30 lb Load</li><li>Marksmanship Training</li><li>Drill and Ceremony</li><li>Manual of Arms</li></ul>		<ul style="list-style-type: none"><li>Walking Loose Sand at 2.5 mph, No Load</li><li>Walking Hard Surface at 3.5 mph, &lt; 40 lb Load</li><li>Calisthenics</li><li>Patrolling</li><li>Individual Movement Techniques, i.e., Low Crawl or High Crawl</li><li>Defensive Position Construction</li></ul>		<ul style="list-style-type: none"><li>Walking Hard Surface at 3.5 mph, ≥ 40 lb Load</li><li>Walking Loose Sand at 2.5 mph with Load</li><li>Field Assaults</li></ul>			
Heat Category	WBGT Index, F°	Easy Work		Moderate Work		Hard Work	
		Work/Rest (min)	Water Intake (qt/hr)	Work/Rest (min)	Water Intake (qt/hr)	Work/Rest (min)	Water Intake (qt/hr)
1	78° - 81.9°	NL	¼	NL	¾	40/20 min	¾
2 (GREEN)	82° - 84.9°	NL	½	50/10 min	¾	30/30 min	1
3 (YELLOW)	85° - 87.9°	NL	¾	40/20 min	¾	30/30 min	1
4 (RED)	88° - 89.9°	NL	¾	30/30 min	¾	20/40 min	1
5 (BLACK)	> 90°	50/10 min	1	20/40 min	1	10/50 min	1

## Warrior News Briefs

### Holy Water

Soldiers need to maintain control of beverages at all times when at a bar or a local establishment. There have been recent reports throughout the Korean Peninsula of a new type of drug called Holy Water. Holy water is a mixture of the drug Ecstasy in bottled beer. It has been reportedly served at several clubs in the Yongsan area. Report any suspicions of this drug mixture to Command Presence Patrols, local KNPs or the MP desk.

### Free Cleaning

The Quartermaster Laundry provides a free organizational clothing and individual equipment cleaning service for all items issued by the Central Issue Facility. This service is available to all active duty Soldiers (including KATUSAs).

You can pick up your items three working days or more due to delivery schedule.

You can drop off your items at Camp Casey, building T-1879 or at Camp Humphreys, building S-688

All other Camps call 736-4397 for laundry drop points.

### Area I Sports

Morale, Welfare and Recreation is sponsoring a Camp Red Cloud 5K run Aug. 12 at 7 a.m. beginning at the CRC Fitness Center. The event is open to active duty military, DoD civilians and their adult family members stationed on USFK installations in Korea. For more information contact Warrior Sports at DSN 732-6276/6927, or contact Camp Casey Sports at 730-2322 or CRC Sports at 732-7757/6309.

### 2ID Safety Guy Show

Tune in Fridays at 1700 on Warrior Radio FM for “The 2ID Summer Safety Show” featuring Charles ‘Chuck’ Ryan, the 2ID Safety Guy. Listen all-week to the station, learn that week’s Safety Phrase that Pays, be the right numbered caller, and you’ll win a \$50 AAFES coupon courtesy of Area I Exchange New Car Sales.

### Area I Sports

The Korean Embassy is holding its amnesty program through Aug 31 for illegal aliens who wish to depart Korea but previously couldn’t due to excessive fines. Illegal alien spouses who are married to U.S. Soldiers may stay, but to do so they must pay the applicable fine or face deportation if found.

This would be a good time for spouses who are awaiting U.S. Visas to return home to await confirmation and receipt of their Visa through their country’s US Embassy and avoid the huge fines they may have accrued.

Mr. Toney Price, Camp Red Cloud’s Army Community Service’s immigration contact, is available at 730-3032 for further questions.

### Camp Humphrey Prefix Change

Korea Telecom has established a new incoming commercial prefix for Camp Humphreys telephone number with the 754 prefix.

After Sept. 1, 690-XXXX will not work for numbers with the 753 prefix. This does not affect Camp Humphreys numbers with the 753 prefix.

If you have any questions, please contact the Area III DOIM at 754-8584.



# 302nd BSB spends day with local handicapped children

Story and photos by  
2nd Lt. Kelley Hann  
A Co. 3rd Platoon Leader

DONGDUCHEON - The Rising Sun school for the mentally disabled welcomed the 302nd Brigade Support Battalion as volunteers from the 302nd spent the day with 33 children ranging in age from 3-11 years old. Some of the children at the facility are blind, deaf, and/or mentally disabled.

The 302nd BSB adopted The Rising Sun as a partnership of the Good Neighbor Program operated through the USO on Camp Casey.

The Good Neighbor Program has assisted in strengthening the bond between the U.S. and Korea in activities such as the Dongducheon River clean up, nursing home volunteers and the Bosan English Program.

The Rising Sun opened its doors August 2005 by founder and director Kim, Ji Wook. Kim, partially blind himself due to a high school baseball accident. He created The Rising Sun Disability Foundation in 2001.

Kim says this type of specialty



Soldiers from 302nd BSB visit the Rising Sun School for disabled children.

school is important because unlike a physical disability, where people can work and function in the real world, for the mentally disabled is hard to live and function in society.

It is his goal to work with these children so that they can live better lives. For that reason Kim opened the Rising Sun in Dongducheon, the only

center of its kind the Gyeonggi-do province.

The Rising Sun has 20 faculty members who specialize in linguistic, cognitive and musical treatment. It is only partially funded at 80 percent for facility wages.

The other 20 percent is produced by Kim himself who spends the rest of his time helping children in poverty with the Angel Foundation.

Soldiers of 302nd BSB were received by a gracious opening ceremony and immediately created five teams consisting of two Americans, one Korean soldier, three teachers and six children.

Each team created a unique flag and the games began. The Soldiers played a series of games, resembling duck-duck-goose, sang songs, went hiking, and played in several pools. The pools were filled separately with mud, live fish, water balloons, flour and popcorn.

When The Rising Sun principal Choi, Keum Sook was asked if she thought the language barrier would be a problem for the children she said, "No, because although only an educated, trained person can teach them, anyone can play and have fun with them."

Additionally Choi said, "This is a great development opportunity for the children to see and interact with others who look and speak different." However, she continued, "They cannot tell you that they are happy. You must see it on their face."

Judging from the faces of the Rising Sun students and the 302nd BSB Soldiers, the experience was both fun and rewarding for all.

Arrangements are being made for the second meeting to further strengthening the bond between both nations.



Soldiers play in the water with the children, giving hands-on help during their visit to the school organized by the USO on Camp Casey.

## Movies

### Camp Red Cloud

Show times: Fri.-Sat. 7 & 9 p.m., Sun. 6 & 8 p.m., Mon.-Tue. & Thur. 7p.m.  
Aug. 11 ... *RV; The Omen*  
Aug. 12 ... *The Fast and The Furious : Tokyo Drift; Silent Hill*  
Aug. 13 ... *American Dreamz; The Fast and The Furious : Tokyo Drift*  
Aug. 14 ... *United*  
Aug. 15 ... *The Fast and The Furious : Tokyo Drift*  
Aug. 17 - 18 ... *Talladega Nights : The Ballad of Ricky Bobby*  
Aug. 18 - 19 ... *Nacho Libre*  
Aug. 19 ... *Poseidon*  
Aug. 20 ... *The Sentinel; The Lake House*  
Aug. 21 ... *Garfield : A Tale of Two Kitties*  
Aug. 22 ... *Just My Luck*  
Aug. 24 ... *World Trade Center*

### Camp Casey

Show times: Fri.-Sat. 6:30 & 8:30 p.m., Sun. 3, 6:30 & 8:30 p.m., Mon.-Thur. 7:30 p.m.  
Aug. 11 ... *The Fast and The Furious : Tokyo Drift; Lucky Number Slevin*  
Aug. 12 ... *The Omen; American Dreamz*  
Aug. 13 ... *Poseidon; The Fast and The Furious : Tokyo Drift; X-men : The Last Standing*  
Aug. 14 ... *RV*  
Aug. 15 ... *The Fast and The Furious : Tokyo Drift*  
Aug. 17 ... *Stick it*  
Aug. 18 ... *Nacho Libre; Goal! The Dream Begins*  
Aug. 19 ... *The Da Vinci Code; The Lake House*  
Aug. 20 ... *Nacho Libre*  
Aug. 20 - 21 ... *Talladega Nights : The Ballad of Ricky Bobby*  
Aug. 22 ... *Garfield : A Tale of Two Kitties*  
Aug. 24 ... *The Omen*

### Camp Hovey

Show times: Mon. -Fri. 7 p.m., Sat.-Sun. 3 & 7 p.m.  
Aug. 11 ... *The Break-up*  
Aug. 12 ... *RV; The Fast and The Furious : Tokyo Drift*  
Aug. 13 ... *The Omen; The Break-up*  
Aug. 14 ... *Just My Luck*  
Aug. 15 ... *Goal! The Dream Begins*  
Aug. 16 ... *Poseidon*  
Aug. 17 ... *The Omen*  
Aug. 19 ... *Talladega Nights : The Ballad of Ricky Bobby; Nacho Libre*  
Aug. 20 ... *The Fast and The Furious : Tokyo Drift ; The Lake House*  
Aug. 21 ... *Nacho Libre*  
Aug. 22 ... *Talladega Nights : The Ballad of Ricky Bobby*  
Aug. 23 ... *Garfield : A Tale of Two Kitties*  
Aug. 24 ... *The Fast and The Furious : Tokyo Drift*

### Camp Humphreys

Show times: Mon. -Fri. 6:30 & 9 p.m., Sat.-Sun. 3:30, 6:30 & 9 p.m.  
Aug. 11 - 13 ... *The Fast and The Furious : Tokyo Drift*  
Aug. 12 - 13 ... *The Ant Bully*  
Aug. 14 - 15 ... *Silent Hill*  
Aug. 16 - 17 ... *Nacho Libre*  
Aug. 18 - 20 ... *Talladega Nights : The Ballad of Ricky Bobby*  
Aug. 19 - 20 ... *Cars*  
Aug. 21 - 22 ... *The Lake House*  
Aug. 23 - 24 ... *Superman Returns*

For more information on movie schedules or to see if there are any changes, visit [www.aafes.net](http://www.aafes.net).



# Visiting Namsangol Hanok Village



Buildings are layed out in a natural setting so visitors to Namsangol Hanok Village experience the reality of Korea's past despite being surrounded by the skyscrapers and metropolitan life of Seoul.

**Story and photos by  
Pfc. Kim, Sang Pil**

*Staff Writer*

The beauty of Seoul City lies not only in the vital life of its dwellers day and night, but also in the co-existence of past, present and future.

One such way to experience Korea's past is by visiting the village of traditional houses in Namsan valley.

Namsangol Hanok Village ('Hanok' means Korean traditional house) is a restoration of traditional Korean houses and gardens. It's built in the very center of the city where it is surrounded by high rise buildings and metropolitan facilities.

Pil dong, the town where there used to be a Hanok village alongside the northern foot of Namsan mountain back in Joseon Dynasty (1394 -1910 A.D.), had a ravine and Chunwoogak (a pavilion) where people went in the summer season to cool down. The town was also known as Cheong-hak dong because it had such beautiful scenery that wizards and blue

cranes were said to have lived there. ('Cheong-hak' means blue crane in Korean.) Cheong-hak dong was one of the top five beautiful towns (Sam-Cheong, In-wang, Sang-gye, and Bag-woon were the rest) in Hanyang (Seoul's old name in Joseon Dynasty).

To revive the old sentiment and provide it to the citizens, they made a ravine to let water flow, built pavilions and planted trees creating a traditional garden. On a 7,934 square meters of area, they moved five Hanoks including Bak, Yeong Hyo's mansion which was one of Seoul's top eight houses and the residence of simple folks or common people.

In these houses or Hanoks, whose sizes vary according to the class of people who lived in them, the furniture is organized in a very traditional way so that visitor can see and learn the lives of the ancestors.

In addition, at the traditional craftwork exhibition, the works of those people who are designated as intangible cultural assets are displayed.

played.

Every Friday to Sunday, you can also get an opportunity to try on Hanbok (Korean traditional clothing) and have two Polaroid pictures taken for 5,000 won.

There, you can also find a time capsule where 600 articles were buried Jan 1, 1994 when the city marked its 600th anniversary. Buried articles include civilization of Seoul in 1994 and microfilms of pictures stored in a CD-DVD format. The capsule is to be reopened 400 years later when the city is 1,000 years old. On the top surface of the capsule, there are greeting messages from sister cities around the world including Beijing, Tokyo and Washington D.C.

You can get there by subway. From Uijongbu station, take line number 1, the dark blue line, go down to Changdong station (6 stops). Transfer to line number 4, the light blue line, and go south (11 more stops). Get off at Chungmuro station and take exit number 3, and you can't miss the entrance. Entrance Fee to Hanok Village is free.



At Namsangol Hanok Village, N Seoul Tower is seen.

Area I MWR has planned a trip to Hanok Village along with a visit the N Seoul Tower on Saturday, August 26 (Transportation fee is \$15

and entrance fee to the N Seoul Tower is 7,000 Won). For more information, you can call Area I MWR 732-6190.



## Crenshaw Elite Gospel Choir



Courtesy Photo

Iris Stevenson, director of the Crenshaw Elite Gospel Choir, rocks the Yongsan community Aug. 3 at the Seoul American High School auditorium. The choir, from Crenshaw High School, Los Angeles, was in South Korea as part of an annual visit with the World Cultural and Sports Foundation. The California-based organization's president, Grand Master Chon Tan-suk, brought the choir to South Korea six times to help bridge the gap between African-American and Korean cultures. The Choir performed in Area I at Camp Casey Aug. 1.

# To regain the light of freedom: the Korean Independence Day

Story and photo by  
Cpl. Lee, Seung Hyub

KATUSA Editor

**K**wangbokjeol, the National Liberation Day, is coming soon. What does Kwangbok, now at its 61st anniversary, mean to us? What do we celebrate on this day? Literally Kwangbok means "To regain light." What light did we regain on Aug. 15th, 1945?

Korea became a colony of Japan in 1910 after Japan had won the war against Russia and China.

For 36 years, Japan deprived Koreans of basic rights and put Koreans into forced labor and draft. Japanese forcefully banned us from learning our own history and language. They also got rid of our traditional names and made us use Japanese names.

Against such horrible oppression Korean people strived for independence. In the first independence movement, Kimi Manse Movement, which is also known as March 1 Independence Movement, 2,023,000

Korean people rallied. The efforts to free the country were made not only domestic but also abroad. In April 1919, the temporary government of Republic of Korea was established in Shang-hai, China, and the Korean Independence Army was built to lead the movement.

These internal efforts of independence movement and the international circumstance of Japan's surrender combined to make Kwangbok, the independence Aug. 15th, 1945. Korea regained the light of national freedom as Korea got rid of 36 years of Japan's rule.

However, this didn't mean true independence. For three years after the liberation, military governments were established in both Koreas, with the 38th north parallel line as the border - the Russian army to the north and the U.S. Army to the south. Because of this conflict, the land and ideology of one nation split in half. Three years after the liberation, South Korea founded National Assembly through a general election and established constitutional law. On Aug. 15th, 1948, the Republic of



Hung in front of the Independence Hall of Korea, 815 Taegukgi Korean flags stand to celebrate Korean Independence Day.

Korea was established, and then Korea was finally recognized as an independent nation.

We, living in today's world, cannot feel the strong emotion that our ancestors had then. However, from

history, we learn how precious the light that we regained is. Our mission is to keep the light and accomplish unification which is our history's ultimate goal, to regain light once more.



# 1HBCT win sets recreation complex off to bright start

Story by  
**Maj. Christopher McGowan**  
*1st HBCT Brigade Engineer*

CAMP CASEY – 1st Heavy Brigade Combat Team was victorious in the first Battle of the Brigades Flag Football Game. The Iron Team's 38-14 victory over Fires Brigade highlighted the grand opening of the new Warrior Park Sports and Recreation Complex located next to Carey Fitness Center on Camp Casey. The game was originally scheduled for July 27, however, heavy rains postponed the game until July 28.

The 1HBCT team was comprised of 15 players from across the brigade. 1HBCT jumped out to an early 14-0 lead with back to back touchdown passes from Alfredo Garza of HHC, 2-9 to Bradly Washington of A Co., 302nd and to Ralph Decaro of 4th Chem. Co.

With great protection up front this trio continued to hammer Fires Brigade, moving the ball up and down the field at will. Throughout the game the Iron Team only punted once, all other possessions resulted in a score.

Behind the coaching of Edward Hern of 4th Chem. Co., the Iron Team defense was true to its name, limiting Fires Brigade to only 3 first downs and 14 points.

Highlights included a critical interception by Dwayne Rogers of HHC, 2-9 and numerous back field tackles by Morris Cambell and Raymond Ross of 4th Chem. Co.

After the game the team was presented with the Battle of the Brigades Trophy by the Garrison Commander Lt. Col. Terry Hodges and Morale, Welfare and Recreation sports coordinator Jim Williams. Additionally, Col. Christopher Queen presented all team members with the Iron Brigade coin.



Ho, Tong O

Football teams from Area I played against each other during the grand opening of Warrior Park Sports and Recreation Center on Camp Casey July 28.

## Camp Casey Bike Race

Staff Sgt. Jennifer Adams, 41st Signal Battalion, 1st Signal Brigade took first place during Camp Casey's 30K bicycle race that kicked off at Hanson Field House Aug. 5.

"It's good training in preparation for upcoming events," said 2nd Lt. Mike Woudenberg.

Woudenberg also competed in the race on Camp Casey.

The race was open to all active duty military, DOD civilians and their adult family members stationed in Korea.



Pvt. Jennifer Dolsen