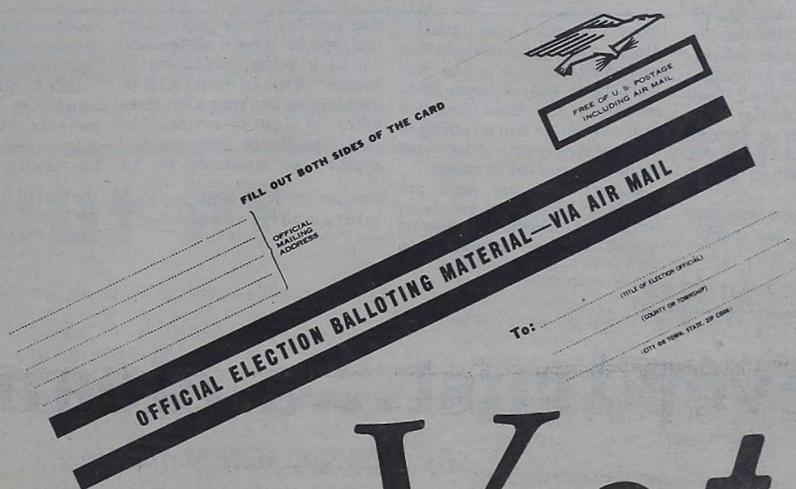


February is military voter registration month

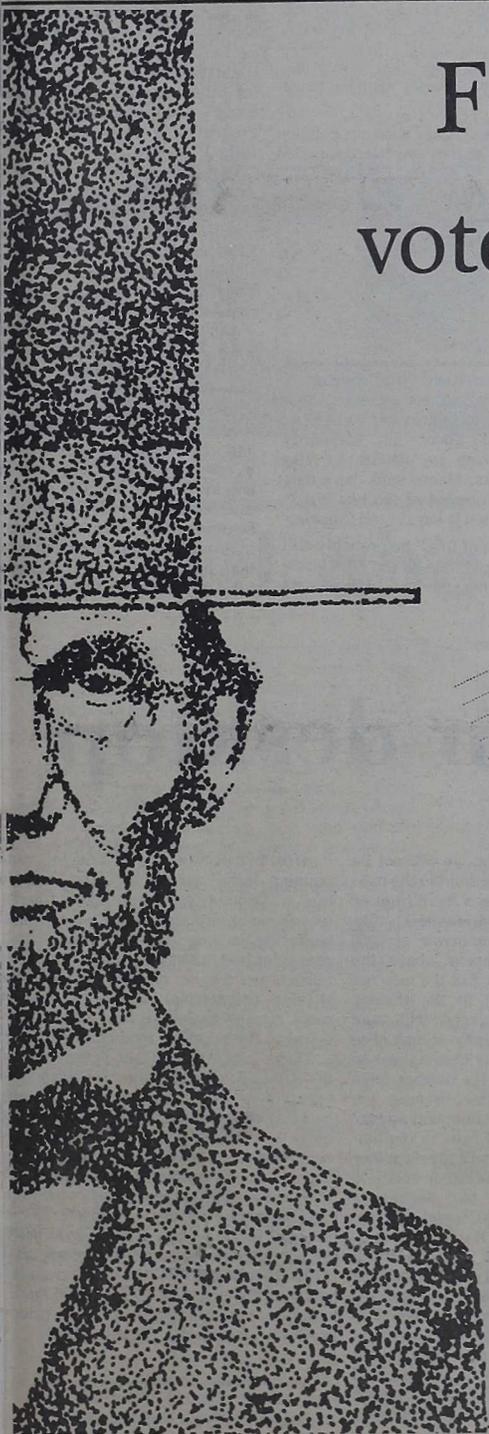


Vote

Celebrate your

American

Bicentennial



*Inside
the
Globe*



*Correctional
Custody
Pgs. B&C*



CB radios P. 5



*Volleyball
begins here
P. 8*



Spotlight on LCpl. Huey P. Moore

Ed. Note: This profile is the first in a series about Marines doing their job here. Marines in the news tend to be super good or not so super. Such is not the case with these profiles which will feature a few Marines of the many who do their job, but are seldom recognized. Thanks for an assist from MCB SgtMaj. J.H. Staggs and CEO Maj. J.A. Moore, OIC of the subject.

LCpl Huey P. Moore, 20, of Leesville, Louisiana is a Marine who still talks about his recruit training some 20 months ago. Moore, a small man who played football and ran track in high school remembers his parents were "afraid I wouldn't be able to make it through boot camp." He had heard about the "proud traditions of the Corps and the way Marines carry themselves" and did indeed make it through. The DI's "house mouse" beat him out for recognition and Moore, named after a famous politician of Louisiana, learned a lesson in human politics called high visibility.

As an administrator assigned to guard duty here last month,

Moore became visible because he was doing a good job on his guard post. He had learned how to stand guard duty at Camp Pendleton when a quota came to send 0151's to Camp Lejeune. He made a coast to coast adjustment and applied his lessons learned. Moore sees administrative and guard duties similar in that there "are certain standards to

asked about off base activities he stated he could get "a better proposition" on base. That term, applied to the price of clothes or stereo tapes off base is a part of Moore's way of talking. He speaks of some Marines "weak way of coping" and if they don't measure up to his standards he will tell them to "let it cease, I can't cope with it." He tends to

This slow talking Louisiana native said his Pentecostal background was a way of having "checked it all out," as he was growing up near an Army base. Some inspecting officers "have asked me about that on my dog tags" he related, without being

too clear about what his religion means to him now. He mentioned

like "those tight peas." This was a reference to his peers who call him a "lifer" but will "not be able to move under the strain of combat," he explained. He went on to talk about his personal standards, the process of looking for "the better proposition and doing a good job and the best in everything." Good luck, LCPL Huey P. Moore.

That ends the brief profile of a young Marine doing his job. A footnote to this quick look at a Marine on the job could be Gen. Eisenhower's words on leadership printed below for you, LCpl. Huey P. Moore and by special request of a "lifer."

Any man who does his work well, who is justifiable self-confident, and not unduly disturbed by the jeers of the cynics and the shirkers, any man who stays true to decent motives and is considerate of others is, in essence a leader. Whether or not he is ever singled out for prominence, he is bound to achieve great inner satisfaction in turning out superior work. And that, by the way is what the good Lord put us on earth for."



follow...to carry out orders." Moore mentioned trouble he had in recruit training as he was learning to tie his boots in 30 seconds but still thinks about that drill and relates it to an ability to carry out orders under "the strain of a combat situation."

Moore's activities here are mostly on base. He is interested "in a lot of movement" involving sports, music and clothing. When

look for life's better propositions and cope, to "think it out first and not be a quitter, non-hacker or boozier." When he drinks a lot he also gets out and runs a lot; three miles "in about 18 minutes," he said. He thinks, reasons and applies his standards to his

conduct. "I'm the type who likes to hang in all the way, and stick it out," he said.

"reincarnation" and having a dream about someone but was "afraid to talk to her" about it.

Asked about his standards compared to others in the barracks, Moore said there was about "one out of ten like him." Interested in karate and "making

the best of life," he probably still isn't as visible as the DI's house mouse because he said he was not

Kentucky windage

Never trust...a clean desktop

By MGySgt. Matt Matheson

"There's been human activity in North Carolina for at least 10,000 years, according to archaeologists." (N.C. Dept. of cultural resources)

"More than Forty million tourists to North Carolina spent \$1,090,000,000 in 1975" (N.C. Travel Development Section)

It's amazing, some of the pieces of paper and bits of information that flow across our desk. Unfortunately, we have a habit of laying such paper on one end or other of the desk which means by the end of any given week, there's not much desk showing, but lotsa paper. When our house keeping is mentioned, we like to quote ole Gunner Bill Kohl's advice to us years ago, and he was messy, too: "Never trust a man with a clean desktop, 'cause he's probably only working on one project at a time instead of several!"

Those two facts above bring to mind something else Gunner Kohl told us when we were barely able to spell journalist, much less be one. "Statistics can always be made to prove any fact you want your readers to believe, and hardly anyone will argue with you about them," the gunner told us. And, for 25 years now, we have used statistics, and had no arguments about most of them we've published.

So, to tell you the truth, we doubt the statistics above. We might go along with the human activity in this state for 10,000 years because we have read enough NATIONAL GEOGRAPHIC magazines in doctor's offices to know scientifically it is possible to determine the ages of ancient diggings and artices, but to state that tourists spent more than a billion bucks in North Carolina in a year is asking us to believe what we can't.

Wonder how the state came up with that \$\$\$\$ figure? How do you tell a tourist from a native (or a Marine stationed here who becomes for a few years at least a citizen of the state?). A billion dollars indeed.

One of our favorite stories is making the rounds again, and every time we re-read it, we gotta chuckle at it. For the younger generation that may not have seen it, here is the true story of how the word can be and usually is garbled:

GETTING THE WORD

A Colonel issued the following directive to his XO: "Tomorrow evening at approximately 2000, Halley's Comet will be visible in this area; an event which occurs only once every 75 years. Have the men fall out in the battalion area in utilities, and I will explain this rare phenomenon to

them. In the event of rain, we will not be able to see anything, so, assemble the men in the theater and I will show them films of it." XO to Company Commanders: "By order of the Colonel, tomorrow at 2000 Halley's Comet will appear above the battalion area. If it rains, fall the men out in utilities, then march to the theater where the rare phenomenon will take place, something which only occurs once every 75 years."

Company Commander to Lieutenant: "By order of the Colonel, be in utilities at 2000 tomorrow evening, the phenomenal Halley's Comet will appear in the theater. In case of rain, in the battalion area, the Colonel will give another order, something that will occur every 75 years."

Lieutenant to Sergeant: "Tomorrow at 2000, the Colonel will appear in the theater with Halley's Comets, something which happens every 75 years. If it rains, the Colonel will order the Comets into the battalion area and the performance will go there." Sergeant to the Troops: "When it rains tomorrow at 2000, the phenomenal 75 year old General Halley, accompanied by the Colonel, will drive his comet through the battalion area theater going 75 miles an hour dressed in utilities."

SHORT ROUNDS: Is it true a complaining lush "wines" his way through life? ... Ordinarily, we can take or leave teevee commercials, but a couple are beginning to bug us: that Kojak type character that draws lines on his head with lipstick or crayon bothers us, but the shaving commercial where the shaver nicks himself makes us hurt. What happened to the amusing type commercials?

... Thank you, Myrtle Beach is very pretty this time of year and the best part of a vacation is still unpacking in your own home after returning from a couple days away ... Here's one statistic you can believe: several weeks ago in Norfolk, we had a long conversation with SgtMaj. Sam Pierce of the IG Team which will visit here next month. He told us (warned us?) that a member of the team will monitor all PFT by actually running with the troops, and ALL officers and SNCOs of the regular team are first class in PFT! ... You know, inflation wouldn't be so bad, if prices wouldn't keep rising. **CEASE FIRE.**

Exercise your right to vote!

Important principles may and must be flexible.

Abraham Lincoln

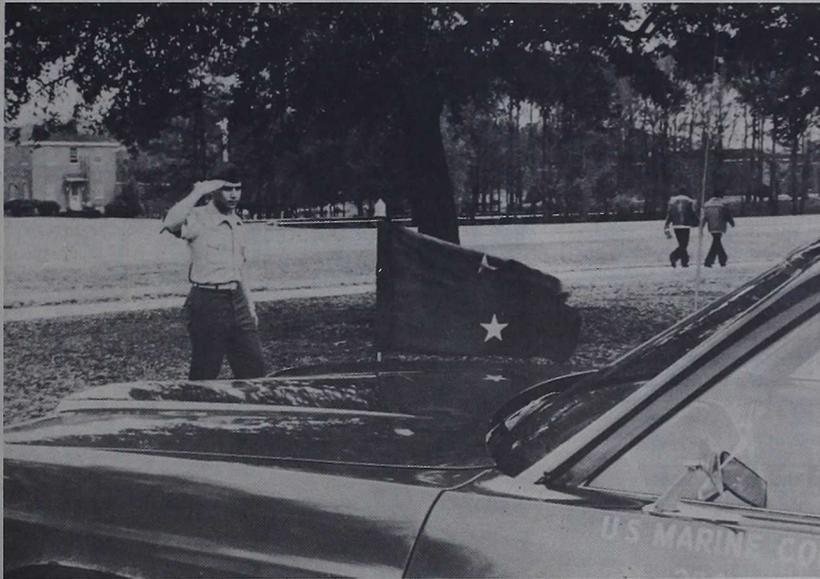


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- Editor SSgt. Doyle Sanders
- Assistant Editor LCpl. Mike Young
- Sports Editor Cpl. Bob Farquhar

Pic of the week

By Sgt. Tom Griggs



IT RATES IT — A general officer's staff car, with the flag flying, rates a salute. It's plain military courtesy, and the general does notice it.

All about PT

Marine Corps leaders believe that when individual effort and command incentives are combined, they provide the necessary ingredients for a successful Unit Commander's Physical Fitness Program (PFP).

Commanders are advised that a minimum program of three hours per week is mandatory, but five hours is considered optimal. Each exercise period, at least three per week, should be at least 60 minutes long and include calisthenics, running and other vigorous activity.

Commanders have also been urged to accomplish this training during normal working hours unless mission requirements, personnel status or workloads preclude implementation. The program can be run during off-duty hours in the latter cases.

The Maintenance Program is 60-minutes of physical fitness that fulfills the three-hour weekly physical activity requirement. Although the program is designed for units with less than 50 Marines, individuals are responsible for their own progress and effort.

Each Maintenance Program begins with a

five-minute warmup phase consisting of general calisthenics followed by a strength phase devoted to strengthening the upper body, shoulder girdle and abdomen and is capped by a lengthy Endurance Phase. Exercises in the strength phase include situps, pullups, pushups and universal gym work.

Cardiovascular endurance is developed in the Endurance Phase, constituting the majority of the overall Maintenance Program. About 35-minutes are used for a 3-5 mile run. The distance, however, depends on the capabilities of the individual. Marines are encouraged to improve their running by increasing the distance covered in each segment or by decreasing the time needed to cover a specific distance.

The Improvement Program employs sporting events, circuit training, obstacle courses and other vigorous exercises. Commanders can develop their own programs for the phase designed to teach leadership, build confidence, increase morale and promote an interest in sports.

At the same time, improvement programs develop and increase physical fitness.

(MCB, 29 Palms)

The Marine Corps Air-Ground Combat Training Center, Marine Corps Base, 29 Palms will be the location for combined arms live fire exercises called "PALM TREE 1 (Phase 1) and 2-76.

Marine air-ground units from east and west coast commands will participate in the live fire exercises January 29 through February 4.

The purpose of the exercises is to create a simulated combat environment in which the participating units can plan and conduct the live fire operations within the doctrine of air-ground training objectives.

During phase 1 of Palm Tree 1-76, January 29-30, the 3rd Battalion, 2nd Marines, 2nd Marine Division and Fox Battery 2nd Battalion, 10 Marines, 2nd MarDiv, both from MCB Camp Lejeune, N.C. will conduct the exercise.

Air support for Marines on the ground will be provided by the 3rd Marine Aircraft Wing (MAW) from Marine Corps Air Station, El Toro, Ca. and AV-8A Harriers from Marine Attack Squadron (VMA-513), 2nd MAW, Cherry Point, N.C.

Aircraft from the 3rd MAW will operate from Marine Corps Air Station, El Toro.

The Harrier squadron along with elements of Marine Air Support Squadron-1 (MASS-1) are scheduled to operate from the landing field aboard this base from January 26 through February 4 and then return to MCAS, Cherry Point.

Ground supporting elements from 1st Marine Division will be Fox Battery, 2nd Battalion, 11th Marines and logistic personnel from 1st Force Service Regiment.

Units participating from Force Troops at MCB 29 Palms will be C Company, 1st Tank Battalion, 3rd 175 Gun Battery and 155 Howitzer Gun Battery from the 1st Field Artillery Group.

Sixty officers and enlisted Marines from the 1st and 2nd Marine Divisions, 2nd and 3rd Marine Aircraft Wings will attend the course.

Operation Palm Tree 1 and 2-76 are two of several combined arms exercises scheduled during 1976 which will enhance the combat readiness of units training at the Marine Corps Air-Ground Combat Training Center.

Meanwhile... back at the base

32D MAU comes home

The 32d Marine Amphibious Unit (MAU) will dock at Morehead City on Feb. 2, completing a 6-month Mediterranean deployment.

Consisting of infantry, aircraft and service support elements from Camp Lejeune and the New River Air Station, the unit is to debark in the morning hours from the ships of Mediterranean Amphibious Ready Group 2-75, which include the USS El Paso, Shreveport, Inchon, Fairfax County and Hermitage.

The MAU personnel will arrive here at approximately noon. A reception center for dependents and friends will be open from noon to 4:30 p.m. in the Area No. 2 Service Club, Bldg. 225.

MSG has enlisted quotas

The 2d Marine Division has quotas for 33 sergeants and below to attend Marine Security Guard (MSG) School. The next class convenes May 26, and nominations are due at Headquarters Marine Corps by Feb. 15.

Each applicant must be a single, U.S. citizen with an excellent performance record, minimum GCT of 90 and have at least 28 months of service remaining upon reporting to MSG School.

For more information, contact the unit career planner, or call the Division Career Planning Office at ext. 2116 or 3769.

Voters month for registration

The Presidential Election will be held Nov. 2 this year. However, presidential preference and state primaries begin next month. Because of this fact, February has been designated as Military Voter Registration Month.

The purpose of this designation is to call attention to all eligible voters required to register in certain states prior to requesting absentee ballots.

Military Voter Registration Month also serves to alert voters from those states holding early primaries. The primaries scheduled for February and March are: District of Columbia, Feb. 3; Wisconsin, Feb. 17; New Hampshire, Feb. 24; Massachusetts, Mar. 2; Florida, Mar. 9; Illinois, Mar. 16; and North Carolina, Mar. 23.

Additional dates will be provided in a forthcoming Marine Corps bulletin. All eligible servicemen and dependents here are encouraged to contact the unit voting officer for further details and to express their right to vote.

Veteran's rep will speak

Slats Mueller, the Local Veterans Employment Representative of the North Carolina Employment Security Commission, will talk to any unit desiring information on unemployment, employment, reemployment rights and veteran benefits.

Interested units can contact Mueller at the Base Education Office by calling 2844.

Lejeune units travel to operation Palm Tree

Guerrilla warfare training

Story and photo by SSgt. Tony Delgado

On Jan. 6, Marines of the 3d Bn., 8th Marines and a twelve man team from the U.S. Army's Special Forces unit at Fort Bragg, N.C., conducted training exercises at Camp Lejeune.

Capt. Frank M. Gyovai, Commanding Officer, Special Forces Detachment of the 755th and his men, parachuted into the training area near Landing Zone Eagle on the night of Jan. 6 to start the 17-day training period.

The idea behind training

"The idea behind the training," explained Gyovai, "is to teach the Marines guerrilla tactics and those skills needed to conduct effective guerrilla warfare."

"These Marines have a good basic knowledge of the things we are teaching," said Gyovai. "What we want to do is build on that knowledge and offer new concepts that will help each and every man function to his best, in a guerrilla environment."

To do this the 12 man team and the 120 Marines set up a base camp, just as might be found anywhere in the world, using the resources at hand to build. They built a bridge across a nearby stream, set up a shower point with hot water, erected a large classroom using a parachute and started classes.

The training is great

"The training is great and the men are really getting a lot out of it," pointed out 2dLt. William S. Gerichten II, of "I" Co., 3d Bn., 8th Marines. Gerichten, the officer in charge of the Marines,

went on to explain, "It's unlike anything most of them are used to, they are learning in a natural setting."

Men with special skills

"Today's classes," he added, "included, building rafts down at the stream, tracking, map and compass courses through the woods, weapons training using the foreign weapons brought down from Fort Bragg, first aid classes in bandaging serious wounds, and an afternoon exercise in retrieving a supply drop by chopper with the use of air panels."

Sgt. Frank S. Perez of "I" Co., 3d Bn., 8th Marines, noted that most of the Marines were enjoying this type of training more than the rigid class room routine received at Camp Geiger. He said that they seemed more willing to learn.

PFC John S. Smith of "L" Company, 3d Bn., 8th Marines, who volunteered to test a makeshift raft down at the stream, was very impressed with the special skills of the Special Forces team.

Learning in a natural setting

The Army team is composed of men who are highly trained in five major areas; medicine, communications, weapons, combat engineering, and operations.

MSgt. Arsten A. Arbogast, an evaluator for the Special Forces unit, summed up the training and the methods used by saying "It's just another day in the life of a guerrilla."
The training exercise ended Jan. 23.



GUERRILLA BRIDGE — Two Marines from "I" Co., 3d Bn., 8th Marines, cross a bridge they helped build during a training exercise conducted here Jan. 6-23.

Veterans job market

Huron Valley Steel Corporation of Trenton, Michigan has six openings for security guards. They prefer that applicants be retired or retiring Marines with experience in military police work or security. The starting pay for these positions is outstanding, the pay being double that of security guards in most areas. Pay raises and bonus payments are rapid and the fringe benefits are excellent. This security force is headed by a former Marine, and the force itself is made primarily of retired and discharged Camp Lejeune Marines. Their aim is to have the finest industrial security force in the country and feel that qualified Marines would help realize this goal.

W.J. McAllister, Security Chief for a large chain of retail stores, will be in this area on Feb. 5, to interview short timers interested in a position as store detective. He will also interview applicants for manager-trainee positions. There are also immediate openings in western Pennsylvania, Annapolis and Baltimore, Maryland. Openings are also available in the following areas; Richmond, Va., Kent, Ohio; Dunbar and Beckley, West Virginia. At the present time there are over 50 openings and there will be others in many

different locations east of the Mississippi later this year. McAllister is primarily interested in Marines with 120 days or less to do and requires an applicant to have a high school diploma or GED and have a clean police record.

Short Timers, Dischargees and Retirees with special skills are needed in Jacksonville. A St. Louis, Missouri firm which has already opened a plant in this area, will move another of its operations into Jacksonville if they can find a modest number of skilled workers who fit their needs. They need a Screw Machine Set up Man and a number of Screw Machine Operators. Experience as a machinist would be acceptable for the operators position.

The Hamilton Beach Division of Scoville Mfg. in Washington, North Carolina has an opening for a Sales Coordinator. You will handle problems with Distributors and Customers and assist the Market Service Manager expedite shipments in coordination with delivery dates. Advancement opportunities are unlimited.

The North Carolina Department of Corrections has an opening for a Food Service Supervisor in the Caledonia Institution at Tillery, North

Carolina. The position is vacant and a qualified individual is needed as soon as possible.

A company in Wilson, N.C., has an immediate need for two good warehousemen. This is a fast growing company which has tripled its size in just two years.

You would still be getting in on the ground floor and have no way

to go but up. You will deal in frozen cold storage and in the words of the company itself, the more you hustle, the more you will make; as they have an excellent profit sharing plan.

Interested Marines are urged to contact Slat's Mueller, Veterans Employment Representative of the North Carolina Employment Security Commission. Mueller also maintains an office at Bldg No. 63 or can be reached by calling extension 2844.

Military med school

The School of Medicine of the Uniformed Services University of Health Sciences, Bethesda, Maryland, will begin its first year in August 1976, according to an announcement made at a recent Department of Defense news briefing.

This new medical school will offer a 4-year comprehensive medical education to young men and women who show potential as career medical officers in the Army, Navy, Air Force or Public Health Service.

The briefing revealed that faculty members will include noted military officers and civilians. Major clinical experience for the students will be provided at the National Naval Medical Center, Walter Reed Army Medical Center and Malcolm Grow USAF Medical Center, plus seven additional facilities.

Basic requirements, explained a DOD spokesman, include a baccalaureate degree prior to matriculation and completion of the following prerequisites: one academic year each of general chemistry, organic chemistry, physics, biology and mathematics, plus six semester hours of

college level English.

Applicants must be citizens of the United States, not older than 28 as of June 30, 1976, and meet the physical and personal qualifications for a commission in the Uniformed Services. All applicants also must have taken the Medical College Admission Test (MCAT).

Students will require no tuition and will receive reserve commissions, being on active duty the entire four years. Graduates will receive regular commissions and be promoted to captain in the Army or Air Force, or lieutenant in the Navy or Public Health Service. They are then obligated to seven years regular active duty.

According to the information provided at the DOD briefing, 36 applicants will be selected for the charter first-year class. Interested individuals, military or civilian, may request application materials and details from the Director of Admissions, Uniformed Services University of the Health Sciences, 6917 Arlington Road, Bethesda, Maryland, 20014.

Open line

Globe welcomes letters to Open Line on subjects that are of general interest to Marines and Navy men and: are written in good taste; serve the purpose of emphasizing or challenging current topics which effect the military and their families; are intended to suggest meaningful and timely change. Only those Open Line letters which are signed by the

author and have a return address will be considered for publication. Globe reserves the right to edit Open Line letters to conform with the style and format of Globe in a manner which will not detract from the content or purpose of the letter. Names of Open Line contributors will be withheld from print at their request.

Opinions on training and voting

Editors note: Globe hit the street this week to ask Marines about their training, and if they plan to vote this year. Their responses appear below.

SSgt. Danny R. Quail, Instructor, Motor Transport School, MCSSS. "Marine Corps training is very good, and it is improving, they have more practical application than they did before. For instance, Motor Transport School has come a long way since I went through it in 1968. We have better equipment, more test equipment, and it is now a longer course. Military subjects training is good, you need to know this kind of information."

Voting? "Yes, if I can find out how to register. It's one time that we get a chance to pick someone of our choice as our leaders."

SSgt. S.I. Densav Jr., Watch Captain, Dining Facility 325, Service Co. HqBn. 2d Marine Division. "Training is lax with insufficient schooling for the troops. More formal schools are needed as opposed to on-the-job training."

Voting? "I don't plan to vote this year."

Cpl. Ron A. Marshal, Admin Chief, Food Service School, MCSSS. "I like the rifle range, that's the best part of the Marine Corps. I think they stress the subjects on the EST too much, especially for someone like myself who is in admin. I think MCI courses are real good, they count for something on the outside."

Voting? "Yes, because I have the right to vote, I'm going to vote. My vote might help get the person I want in office, and it could help make some changes."

Pfc. James Pikington, Student Motor Transport School, MCSSS. "I was in the Army before, and the training in the Marine Corps is more detailed, and they teach you a lot more."

Voting? "Yes I plan to vote, it is a chance to try and better the country. The more people that vote the better you are."

Cpl. Daniel A. Carter, Field Wireman "L" Co., 8th Comm. Bn. Force Troops-2d FSSG. "Training was better, more demanding, three years ago. Now things have slacked up so much it even seems that the people coming out of boot camp have an attitude problem."

Voting? Yes I certainly will if I can get to voter registration on time."

Captain Merle C. King XO HqCo. H&S Bn. MCB. "Yes I vote in my own city and local elections in Michigan and national elections every four years."



GySgt. Stephen O. Pope, NCOIC NBC, 2d Amtrac Bn. Force Troops-2d FSSG. "There is emphasis on field training, but increased costs are limiting that, resulting in too much emphasis on weight control, physical training and other training which is not combat essential."

Pfc. Everardo Del Real, Student, Motor Transport School, MCSSS. "I like it, it's challenging and different than anything else I've ever done."

Voting? "I would vote if I knew how to register. I want to vote, that I can have a say so in the government and how things would be run."

Pfc. David R. Cyr, Student, Motor Transport School, MCSSS. "It's really good, it has a lot of discipline and you need the discipline. The Marine Corps has real good instructors and method of instruction."

Voting? "Yes, if I saw someone I liked, I'd vote for him."



GySgt. Kyle E. Parris, NCOIC S-3, 2d Amtrac Bn. Force Troops-2d FSSG. "Fuel conservation, boat traffic in the inland waterway and environmental considerations prevent providing past levels of field training."



LCpl. Patrick J. Myrick, Admin man, MCSSS. "I think military training is real good. I don't get much training because of my MOS, but it's important, you're a rifleman number one, and your MOS is your second job, you are suppose to be basically a rifleman."

LCpl. Hal M. Moody, Student Motor Transport School, MCSSS. Voting? "Yes, I want to have a vote in the government and how things would be run."

LCpl. Julio C. Reyes, Driver, "A" Co., 8th Eng. Bn. "When I went to school for my job as a driver, I was highly motivated due to the fact that I had just completed boot camp. I was very eager to learn, and the instructors were doing a fine job of teaching me. My only regret was that the school was not longer."

Voting? "Before voting for any candidate, I would have to know something of the man's background and his political views. As of now, I would like to learn more of the candidates."

LCpl. Fred A. Matthews, Radioman, HqCo., 8th Eng. Bn. "The training I received as a radioman was adequate, and I feel that I am a professional in my field. However, I would like to see more emphasis placed on physical training."



Captain Robert N. Kingrey, XO Service Co., H&S Bn. MCB. "With today's changing policies and current emphasis on updating training he (the Marine) is becoming a better all around individual. Today's young Marine is using the information of his basic infantry (0300) MOS, while at the same time becoming highly specialized in an alternate occupational specialty."

Voting? "Yes, I have voted every year since I was old enough and I plan to this year."

Reserved is a privilege

Open line:

I have a complaint regarding what might possibly be a "double-standard". I have regularly attended the Base Theatre and upon its re-opening, I was amazed to find that I am not allowed to sit in the balcony due to the fact I am not a WM, Staff, Officer or dependent. At none of the other Special Services' facilities aboard Camp Lejeune, am I separated due to my status or sex. It was my belief that I am equal to a WM of the same rank. If this is so why am I separated? Is it that the male Marines are too gauche for WM's, Staff, Officers and dependents? If this is true why not separate us at the PX, Bowling Alley, NCO Club etc?

James K. Boehm

Globe contacted the Base Special Services Officer and received the following response.

The balcony of the Base Theater is reserved for officers, SNCO's, WM's and couples. This regulatory action was taken due to unpleasant experiences encountered by couples and unaccompanied Women Marines. It is unfortunate that there are those few that will not respect the courtesies that typify gentlemanly conduct toward the ladies and couples at the theater. Officers and SNCO's earn privileges by virtue of their responsibilities. The reserved seating in the balcony is but one. This privilege, like all others, is available to any Marine who earns it.

Editor

Correctional custody

It's back break



BUSTING HEAVY — A restraine from the Screening Population of the Joint Correctional Custody Facility, finds breaking rocks no easy task. "Busting" rocks is just part of the training the restrainees get, to motivate them and push them to new levels of endurance.



UPSIDE DOWN — Restrainees find the going a bit rough as they run the obstacle course at the Joint Correctional Custody Facility. The obstacles were constructed by the restrainees and are geared to test their confidence.

It's back breaking and nobody quits," is the motto of Correctional Custody Facility here.

Correctional Custody (CC) is a form of punishment awarded, under the Uniform Code of Military Justice. The punishment is normally awarded for a minor offense. U. S. Correctional Facility where a man is "jailed," CC is to motivate the man without the stigma of incarceration.

The Joint Correctional Custody Facility, is located in an area near the rifle range. To this location Marines, Sailors and Guardsmen are sent, for a week to 30 days.

According to First Lieutenant Richard B. Twohey, Correctional Custody Officer, "Our mission is to retrain servicemen," he continued, "We make it as hard as we can, but as difficult as possible. We don't let them quit!"

"Most of the men who come out here are potential quitters. They are non-high school graduates, 17 to 19 years old. They are in school and now want to quit the Marine Corps," he continued, "We drive them until they want to quit, then we show them that we are more."

Starting at 5 a.m., they are on the go until 10 p.m. Their day is filled with physical training, classes, working parties and physical training.

When he reports to the facility, a man is assigned to the Screening Population. Here he's indoctrinated in the rules of the facility, and is put through the paces of getting into shape.

Rules are strictly enforced, if an individual doesn't cooperate, he finds himself in more trouble. A form of confinement is provided, an alternative is breaking rocks with a pound sledge hammer.

While in the Screening Population, he finds himself always being pushed, and someone is always guiding and pushing him. When he goes out for physical training, or on working parties, he is pushed to his limits of endurance. When he wants to quit, he isn't allowed to.

Once a man learns he can't drop out, he builds confidence in the job done. Assignment to General Population is the next step for the restrainees. The same type of routine goes on here, but isn't any let up in the program. Sore muscles and blisters are a part of the process. A man must learn to cope with his problems and be a quitter.

Physical training rubs the sleep out of the eyes of the men in the morning. To some the fast, early start is a form of basic training over again.

After physical training and breakfast, the restrainees run obstacle courses to build confidence or obstacle courses. The rest of the morning is spent with military subjects training, classes and drill.

When there is no training, they go on working parties. They dig and pick up shovels and picks or sledge hammers. They dig and hammer with no let up. They can't quit.

They dig and hammer

with no let up.

Again during the afternoon the men are assigned to working parties, and then it's back on another three mile run. On Saturday, the restrainees go on a 10 mile force march. Again they are driven hard and not allowed to quit.

Physical pain isn't the key to rehabilitation of the restrainees. They are counselled on how to deal with their problems, what to do and how to go about seeing the right person. When they have a problem, they learn what their alternatives are.

Staff Sergeant J.P. Harrison, a counsellor at the facility, said, "Our biggest problem is showing them that their care. This is difficult, when the unit representatives sometimes fail to visit a man weekly, or fails to pick him up when he is released."

Other forms of help are provided to the restrainees. A counsellor visits weekly, holds church services and teaches a class; "Deal with Problems." Disbursing, Veterans Administration, Provost Marshal, Education and Red Cross representatives visit the facility and hold classes.

How well does the program work? Lt. Twohey pointed out that longer we have a man, the better chance we have of rehabilitating him. We can't do much in seven days. We need him for at least 10 weeks; thirty days is even better."

study

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The facility keeps track of former restraints. During the last three months, better than 75 percent of the former restraints have been rehabilitated according to their records.

One restraint reflected on his arrival at the facility, "That was it. I thought it was the end for me! It wasn't something I wanted." He continued, "I then found I could help myself, by doing what I was told. You do a lot of thinking here, I want to and will go along with the program. It's been really rough, but now I want to go back to my unit and do my job."

The program is only as good as the Marines who run it. Marine noncommissioned officers, are hand picked and are assigned for six to 12 months. Lt. Twohey stated, "The program depends on our assigned NCO's. We turn about half of them down when they report here. We guide the noncommissioned officers and let them run the program."

Lt. Twohey said that the major problem faced by the facility is people reporting with little or no clothing or equipment. SSGT. Harrison said, "We won't accept a restraint who doesn't have the right gear." If the unit wants the man motivated, then they must check to see he is ready for our training.

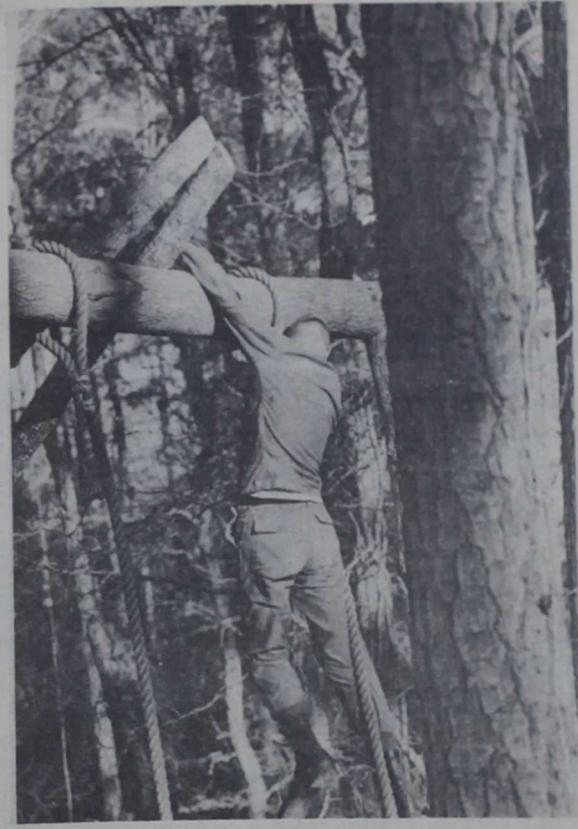
"If a man isn't salvagable, we don't want him"

Twohey stressed, "If a man isn't salvagable, we don't want him sent to us. Neither do we want men who are awaiting a discharge. We should get the man after he commits his first or second offense, not after three or four offenses."

Also on hand is a full time medical corpsman. He indicated that the main problems at sick call are blisters and sore muscles. "We don't tolerate 'sick bay commandos.' They are quitters who use sickness as an excuse to get out of work." If there is something really wrong with the man, however, the corpsman sees that the restraint receives proper medical attention.

The restraints become highly motivated by the end of their stay at the facility. They want to go back to their units, and prove themselves," Twohey concluded.

The name of the game at the Joint Correctional Custody Facility here is hard work and understanding. Restraints learn how to deal with their problems, to find confidence in themselves and to know that a 'quitter' has no future in the Marine Corps.



JUST A LITTLE FURTHER — A restrainte shimmies down the ropes of the "A" frame at the Correctional Custody Facility's obstacle course.

Story and photos
by GySgt. Ken Willitts

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ALL THE WAY — As restraintees at the Joint Correctional Custody Facility make their morning run they chant: "All the Way, Can't Quit."

What's happening



JIMMY CARTER — The Jimmy Carter Show will be entertaining at the SNCO Club Jan. 31 for your dancing and listening pleasure from 9 p.m. to 1 a.m.

Jimmy Carter at COM

COM

Jan. 30 — Happy hour from 5 to 7 p.m. Steak Night 6:30 to 9:30 p.m. Dinner music will be provided by Changing Times. Oakwood entertains from 8:30 p.m. to 12:30 a.m.

Jan. 31 — Brunch is served from 8 a.m. to 1 p.m. The Dining Room is open from 7 to 10 p.m. Blue Autumn will entertain from 8:30 p.m. to 12:30 a.m.

Feb. 4 — Beekeepers Buffet from 6 to 9 p.m. Reservations can be made by calling 5978 or 1316.

+Note — Sweetheart Dance sponsored by Group I of the Officer Wives Club will be held Feb. 14 for all members and guests.

SNCO

Jan. 30 — Night Lifers entertain at Hadnot Point from 9 p.m. to 1 a.m.

Jan. 31 — The Jimmy Carter Show entertain at Hadnot Point for your dancing and listening pleasure from 9 p.m. to 1 a.m.

NCO

Jan. 30 — Electric Funk will perform from 8:30 p.m. to 12:30 a.m.

Jan. 31 — Electric Funk will return to entertain from 8:30 p.m. to 12:30 a.m.

ENLISTED

Jan. 29 — G.T. Corporation will be at Camp Geiger and Blue Exit will be at Area No. 2. Shows are from 6:30 to 10:30 p.m.

USO

Jan. 30 - Feb. 1 — This weekends free movies are **TROUBLE WITH GIRLS** and **FIVE MAN ARMY**. Don't forget the free cookies and cake served every Sunday at 1 p.m.

Menus

Friday — Lunch: Seafood platter, baked potatoes, vegetables. Dinner: Swiss steak, mashed potatoes, vegetables.

Saturday — Lunch: Turkey pot pie, french fries, vegetables. Dinner: Grilled pork slices, mashed potatoes, vegetables.

Sunday — Dinner-Brunch: Roast veal, mashed potatoes, vegetables.

Monday — Lunch: Fried chicken, mashed potatoes, vegetables. Dinner: Roast Pork, mashed potatoes, vegetables.

Tuesday — Lunch: Hamburgers, baked beans, vegetables. Dinner: Beef pot roast, oven brown potatoes, vegetables.

Wednesday — Lunch: Spaghetti, vegetables. Dinner: Fried ham steak, baked potatoes, vegetables.

Thursday — Lunch: Salisbury steak, mashed potatoes, vegetables. Dinner: Breaded pork slices, oven brown potatoes, vegetables.

In the library corner

THE CAVES OF GUERNICA by Samuel Edwards

If you like novels with a hint of political intrigue, you will enjoy **THE CAVES OF GUERNICA**. Both foreign and domestic intrigue are present as the book deals with the Basque nationalist movement in the mountain region of Spain and France, and the pre-campaign maneuvers of a U.S. presidential candidate.

A wealthy entrepreneur engages Margot Todd, art-expert and widowed daughter-in-law of a presidential candidate, in the search for a legendary Goya painting of a Basque nationalist. The Spanish, French, and an art thief extraordinaire would also like to get their hands on the painting, and the Basque underground is not even sure it wishes to bring the painting out of

hiding unless it is used to publicize their movement. A further dilemma develops as Margot finally befriends the Basques and discovers the Goya actually exists; if she becomes too deeply involved it would be construed that her father-in-law supports the Basque freedom movement, in the face of a long-established diplomatic relationship with Spain.

The climax develops as the American Consulate in Bilbao is taken over by Basque patriots who hold Margot, the art thief, and the tight-rope-walking American Consulate, who is about to marry a Basque girl, as hostages. To find out the resolution to such a situation, read **THE CAVES OF GUERNICA**, available to you at the Base General Library, Bldg. 63, Lucy Brewer Avenue or phone 3178.

CINEMA

MIDWAY PARK FAMILY THEATER 7 p.m.

COURTHOUSE BAY 7 p.m.

RIFLE RANGE 7 p.m.

MONTFORD POINT INDOOR 7 p.m.

GEIGER INDOOR 7 p.m.

CAMP THEATER 7 p.m.

AIR STATION 7 p.m.

DRIVE-IN 7 p.m.

ONSLow BEACH 7 p.m.

FRENCH CREEK OUTDOOR 7 p.m.

	Today	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.	Thurs.
MIDWAY PARK FAMILY THEATER 7 p.m.	N	O	P	Q	R	S	T	U
COURTHOUSE BAY 7 p.m.	M	N	O	P	Q	R	S	T
RIFLE RANGE 7 p.m.	K	L	M	N	O	P	Q	R
MONTFORD POINT INDOOR 7 p.m.	F	G	H	I	J	K	L	M
GEIGER INDOOR 7 p.m.	I	J	K	L	M	N	O	P
CAMP THEATER 7 p.m.	G	H	I	J	K	L	M	N
AIR STATION 7 p.m.	D	E	F	G	H	I	J	K
DRIVE-IN 7 p.m.	C	D	E	F	G	H	I	J
ONSLow BEACH 7 p.m.	B	C	D	E	F	G	H	I
FRENCH CREEK OUTDOOR 7 p.m.	A	B	C	D	E	F	G	H

A — THE OTHER SIDE OF THE MOUNTAIN (PG RT 100) The true story of a girl who is paralyzed while trying out for the U.S. Olympic ski team. Stars Marilyn Passet and Beau Bridges.

B — THE THIEF WHO CAME TO DINNER (PG RT 105) An honest thief tries to outwit the law and a chess master while committing his master plan. Stars Ryan O'Neal.

Q — HEARTS OF THE WEST (PG RT 102) The story of the life of an Iowa farm boy who tries to make a career in Hollywood. Stars Jeff Bridges and Andy Griffith.

C — PHASE IV (PG RT 84) The science fiction story of a world overrun by ants. Stars Michael Murphy.

S — HARD TIMES (PG RT 93) The story of a street fighter and the hustler he works with. Stars Charles Bronson and James Coburn.

F — THE WHITE DAWN (PG RT 109) When two men get rescued by Eskimos after their ship sinks they find out that their hospitality is short-lived. Stars Warren Oates and Timothy Bottoms.

G — RAGE (PG RT 99) A story of terror as a Wyoming sheep farmer and his son get a whiff of toxic gas escaping from an Army plane. Stars George C. Scott and Richard Basehart.

H — THE GREAT WALDO PEPPER (PG RT 108) A daydream turns into reality when Waldo ends up fighting his archrival in a movie. Stars Robert Redford and Bo Svenson.

I — TOM SAWYER (G RT 99) Musical of the classic Mark Twain novel. Stars Johnny Whitaker and Celeste Holm.

J — TAKE A HARD RIDE (PG RT 103) Western story of a black man and the problems he encounters in the old west. Stars Jim Brown and Fred Williamson.

K — TERROR IN THE WAX MUSEUM (PG RT 94) Jack the Ripper returns to life in the Wax Museum. Stars Ray Milland and Broderick Crawford.

L — LADY SINGS THE BLUES (R RT 144) The tragedy of a young singing star and how she gets her career ruined through drugs. Stars Diana Ross and Billy Dee Williams.

M — THE TAKING OF PELHAM 1-2-3 (R RT 105) A train is hijacked and a million dollars is the ransom. Stars Robert Shaw and Martin Balsom.

U — WHO (PG RT 93) An important U.S. scientist is involved in a mysterious auto accident and the FBI tries to solve. Stars Elliott Gould and Trevor Howard.

O — WHO (PG RT 93) Drama of an international scientist and his mysterious death. Stars Trevor Howard.

P — DIRTY MARY CRAZY LARRY (PG RT 93) After a race car driver robs a store to support his sport a wild chase takes them across the country. Stars Peter Fonda and Susan George.

Q — THE DROWNING POOL (PG RT 109) Blackmail leads to murder in the life of a Southern oil heiress. Stars Paul Newman and Joanne Woodward.

R — ROOSTER COGBURN (PG RT 107) Rooster after being relieved of his duties as sheriff joins forces with Katherine Hepburn to capture outlaws and redeem himself. Stars John Wayne and Katherine Hepburn.

S — THE FRONT PAGE (PG RT 105) A wild story of the newspaper life and its never ending job. Stars Jack Lemmon and Walter Matthau.

T — FAREWELL MY LOVELY (R RT 95) A drama of two people in love and how their affair was meant not to be. Stars Robert Mitchum and Charlotte Rampling.

U — BLACK SAMSON (R RT 88) Street fighter and bar owner keeps his turf clean until the mob moves in, then its time for action. Stars Rochne Tarkington and William Smith.

The Citizens Band Radio Boom

By Sgt. Erny Richardson

CB or citizens band radios have become an "in" thing both in the civilian and military worlds and have even been immortalized in song.

Less complex than ham radio setups, the trend for CB's began in 1958, when the federal government set aside 23 channels for citizen band use.

From this beginning, today, there are over 10 million CB's in use and they have proven their worth. Although, sometimes just considered as toys or hobbies, CBers use their two-ways for a

variety of things from reporting traffic conditions and accidents, to helping in searches for lost children and assisting police in spotting suspects.

Occasionally, much to the annoyance of law officers, the CBers will also report the

positions of police cars and radar traps to one another.

Many Marines are also jumping on the CB band wagon. According to Master Sergeant Clinton Coleman, Base Com-

munications Chief, the number of registered CB's in 1974 here only touched the 100 mark.

"However," Coleman added, "by the end of 1975, we had 600 registered radios, which gives an idea of the popularity surge of the CB's."

Unfortunately, the CB's popularity and price tag, they cost from \$80 and up, have made them the targets of thieves. Here at Camp Lejeune, during the month of December, 19 CB's were stolen.

"The really sad part about this," commented First Lieutenant Michael Clarke, "is that out of the 19 cases, 14 of the victims did not keep any record of the machine's serial numbers. When you consider how many radios there are of the same make and model, the problem is evident. It is practically impossible to recover a stolen machine, unless there is a record of the serial number.

"Keeping a record of the serial number is enough," Clarke continues, "but if a person wants, he can take his machine to building 4000 where they will engrave the numbers on it."

"Additionally, if the machine can be removed from the car, then it pays a person to do so, especially if he is leaving it overnight or longer." He added,

"This also applies to the aerials on the automobiles, many of which just screw or clamp on the car and are fairly easy to remove."

While the CB's do provide beneficial functions, they can

cause trouble, especially in the area of registration, both on Base, and with the Federal Communications Commission (FCC).

"For an individual to legally use a CB, both on and off Base, he must have a license from the FCC and have his radio registered with us here at Building 24." Coleman said "Usually, when a person buys a radio there will be a card with it that has to be filled out and sent with \$4.00 to the FCC to get the 5-year license."

"Once he has the FCC License he can legally transmit over the radio, but only when he is off-base. The CBER must register with us and we will issue him a sticker, to legally transmit while on base," Coleman continued.

"The FCC license takes from six to eight weeks to get to the person," he added, "once it does, he brings it, his license plate and base decal numbers down to us, and we'll fix him right up."

Both the MP's here, and the FCC are cracking down on illegal use of CB's. A person finding himself caught can expect to face charges, pay a fine, and have the radio confiscated.

Many reasons for the CB's popularity have been given. For some, the radios are a distraction for long hours on the road. Others, such as truckers, put the radio to more practical uses, such as those mentioned earlier.

Then again, perhaps the reason for the CB's phenomenal popularity is that people just like to talk to one another.



Photo by GySgt. Jack Holsomback

TARGET FOR THIEVES — The CB, or citizens band radio, has grown in popularity both in the military and civilian worlds. However, they have also become the target of thieves. In December, 1975, 19 CB radios were stolen at Camp Lejeune and in 14 of the cases, the victim kept no record of the radios serial number. Owners of CB radios are encouraged to keep a record of the serial number and when possible, remove the radio when the vehicle is to be parked overnight or longer, as safeguards against theft.

Prep GED for SNCO's

Prep-school for Staff NCO's seeking high school equivalency diplomas began in December at 2d Marine Division's Education Center here.

Before December, all enlisted ranks shared the same classes preparing to take the General Education Development Test (GED). Now, staff noncommissioned officers (SNCOs) can work separately toward passing the test. SNCOs' classes will be taught Mondays, Wednesdays, and Thursdays from 6:00 p.m. to 9:00 p.m. for four weeks in Building 306 here.

Applicants are screened before acceptance and a certain level must be achieved on a math and reading test to be eligible for the prep-school.

The course is part of the Marine Corps' Education Improvement Program (EIP) and provides an opportunity to obtain high school equivalency required for reenlistment by Marine Corps Order P 1040.31 of 1975.

The classes cover every subject on

the GED and the course is completed when the test is given. If SNCOs maintain the schools current success percentage, 70-80 per cent will pass, according to Sgt. Sylvester T. Dozier, Division's Education NCO.

Dozier added, "It will take two or three weeks for scores to be returned and an additional two months or so to actually get a diploma." Still, EIP reduces a normally four year effort to 36 class hours for the Staff NCOs.

While 2d Marine Division personnel handle administration, teaching at the prep-school is provided by qualified civilian dependents of military personnel under contract from Coastal Carolina Community College.

Staff NCOs will still be accepted in the day classes with other enlisted personnel if their units will let them go during that time period.

Further information may be obtained from any unit's Education NCO or by calling 2d Division Education Center extension 1382.



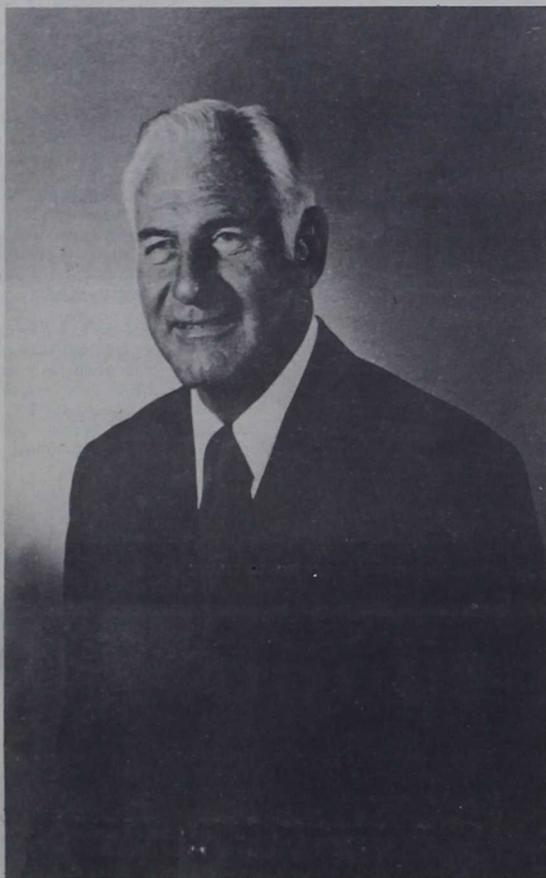
Photo by Sgt. Brenda Lanclos

SAY GOODBYE — The gradual phasing out of Camp Lejeune's Knox Trailer Park by the newly established Knox Mobile Park is underway. Knox Mobile Home Park, now completed is located directly across from the old trailer park. It has a total of 112 lots, each enclosed by a chain-link fence.

Residents who still live in the old park and wish to move will have to pay their own relocation costs. Wives living at the park whose husbands are overseas will not be allowed to move into the new mobile home park.

Marines applying for trailer space and current residents of Knox Trailer Park who wish to relocate to Knox Mobile Home Park, can apply at the Base Housing Office, Bldg., TT 43.

Family News



HAPPY ANNIVERSARY — The National President of the Navy Relief Society, Lt. Gen. Donn J. Robertson, USMC (Retired) visited the Camp Lejeune Society offices Jan. 27-28 to help celebrate the Navy Relief's 72d Anniversary which was held Jan. 23. The former 3d Marine Amphibious Force, Vietnam commander is the first Marine to hold the top Navy Relief position.

Animal Shelter's new policy

The Base Animal Shelter has adopted a new policy for the adoption of pets. No cats or dogs will be given for adoption unless the animal has been neutered (de-sexed).

According to the Base Provost Marshal the policy was established so that the Base Animal Shelter doesn't contribute to the existing overpopulation of unwanted pets that now exist at Camp Lejeune and in the surrounding communities.

All persons desiring to adopt a

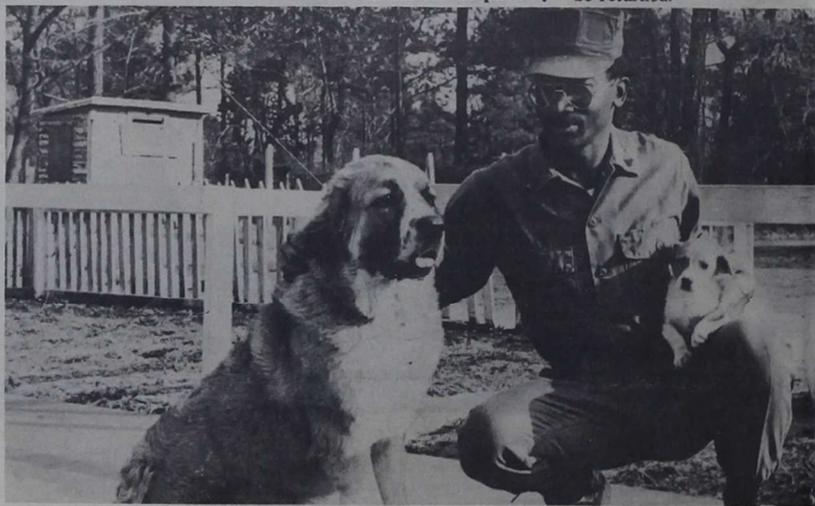
pet, will not be allowed to do so until they bring a receipt from a veterinarian indicating pre-payment for the operation. The operation for female animals can cost \$45.00 and for males \$30.00.

Once a pet is selected the prospective owner will notify the Animal Shelter of his choice, and the animal will then be reserved for them, for a period of 72 hours. If the prospective owner doesn't furnish the pre-payment receipt for neutering within 72 hours—weekends and holidays excepted—the animal selected may be made available for adoption by

someone else.

Upon presentation of the receipt for neutering, the Noncommissioned Officer-in-Charge of the Base Animal Shelter will re-verify the identity of the animal with the new owner and transport the animal to the veterinarian selected.

Arrangements should be made between the prospective owner and the veterinarian, that in the event a pet is not in good health and suitable for adoption, appropriate portion of the fee will be returned.



BIG AND SMALL — Cpl. Eddie N. Lamb, Noncommissioned Officer-in-Charge of the Camp Lejeune Animal Shelter shows that the dogs available for adoption come in all sizes and breeds.

Marine Corps lets you move it

When the peak moving season arrives this summer, many Marines may have an additional option in moving their household effects, if a "Do It Yourself" method of moving personal property is approved.

The concept was tested on a limited scale in CONUS by the Navy and subsequently approved on a CONUS wide basis. The Corps is testing the program through May 31, 1976.

Eleven Marine Corps bases have been designated to participate in the test outlined in Marine Corps Bulletin 4050 of Nov. 28, 1975. West Coast installations include: Yuma, Ariz.; Barstow, Twentynine Palms, San Diego, Camp Pendleton and El Toro, Calif. The East Coast locations are: Cherry Point and Camp Lejeune, N.C.; Beaufort, S.C.; Albany, Ga.; and Quantico, Va.

Under the program, individual Marines are provided with materials to pack their own household effects and a rented vehicle (truck or trailer) to transport them to their next duty station. The program, officials emphasize, is strictly voluntary.

While officials encourage use of the program, there is no mandatory requirement for Marines to move property on their own. It is, however, an alternate

means of moving in CONUS, with the Corps providing all rental equipment.

Do it yourself moving was developed to increase shipping options available to personal property shipping offices and to provide the best suited transportation service to Marines and their families.

Here's how the program works: During a Marine's initial interview with transportation officials, he will be advised of the materials needed to pack his gear, and the use of truck or trailer will be resolved. Transportation officers will also arrange for packing materials, vehicles and other rental equipment needed to complete the packing and shipping of household goods.

Officials also recommend that Marines have a residence at the new duty station before departing or making arrangements to move themselves. This allows for immediate unloading of household effects at the new duty station. A residence, however, is not necessary since arrangements can be made to place household effects in storage.

Although the program is strictly a test, Marines can also choose a combination of moves (do it yourself and conventional), or they can specify one type. Corporals and below with less than two years of service may choose only one method.

Officials say the program could relieve some of the congestion associated with the summer move season, when civilians and military personnel flock in droves to packers and shippers.

Marines also have the advantage of moving their gear on the date they desire, rather than awaiting packer and shipper availability.

While the expenses involved in moving are paid by the Corps, the Comptroller General ruled that Marines moving their own gear are entitled to mileage allowances at eight cents per mile. And dependents riding to the new duty station in a POV or rental truck are also entitled to allowances.

Marines separated (retiring, discharged, etc.) from the Corps who use the program are paid for the mileage at the time of separation and are not entitled to additional mileage allowances.

Marines can also be reimbursed for money they spend in hiring people to help load and unload trucks and trailers. They may not, however, be reimbursed for work done by themselves, family or relatives who assist in the move.

The Corps pays for the rental vehicle, and through the rental agent, gives an allowance for gas, oil, toll fares, special

permits and weight tickets.

Allowances, however, are not paid on trailers. The transportation officer makes arrangements for the rental vehicle with the rental agent who determines the date the vehicle must be returned to an authorized agent at the destination.

Local moves are limited to 48 hours time-wise, but there is no limitation on the number of miles traveled. Marines, however, do not receive travel pay for local moves.

On intercity moves, the mileage is limited. It is calculated by using the official table of distances and adding 10 percent or 50 miles to that total, whichever is greater. If a Marine exceeds the mileage limit, he pays out of his pocket when the rental truck is returned at the final destination.

Officials recommend that Marines who prefer to do it themselves stay in contact with local transportation offices before their departure. They can assist in smoothing the rough areas and provide insight in packing household effects for a safe journey.

It should be noted that the Traffic Management Officer will authorize the "do it yourself method" only after a determination of cost effectiveness is made.

Sports on the line

Editor's note: Conforming to its New Year resolution, the Globe continues to keep its promise and presents more troop feelings on matters of importance to them with regards to sports and the relation it plays to the overall picture here.

Two weeks ago, Globe Sports went out on the street and contacted several Marines who opted to run, lift weights, do situps and pushups and play volleyball rather than spend their 90 minute lunch period "loafing and-or eating."

Using this format, Globe Sports once again "hit the street" during the "lunch hour trek" and obtained a few more answers on what prompted Marines to train "above and beyond the call of duty."

Richard Zasada, H&S Co., 1st Bn., 6th Marines, was observed

place where one can workout in the sport.

"And even here its not the safest place. There's no safety equipment. I think there would be a lot more participation in gymnastics if the proper equipment, with safety devices included, were provided.

"Sports in general aboard the base are good, that is for what is offered. And the equipment for those sports is good. But I feel programs offered are restrictive and perhaps it wouldn't hurt if these programs were expanded — to include gymnastics."

do, most guys sleep, trying to catch up on what they've missed."

Both expressed a fervent desire to have some indoor racquetball courts. "We don't get to play racquetball that much and today, when we got a chance, we had to play in the rain. But, at least we had the time! With the IG coming up, we probably won't be able to play for a while."

With regards to sports in general, both agreed that they enjoy reading about them, but, "I just wish there were more opportunity for me to participate,



getting no where fast on a stationary rowing machine.

According to Zasada, "It's really a fantastic machine. Not only does it help to strengthen the arms and legs, it aids tremendously in attaining endurance and increasing the wind."

A native of Minnesota, Zasada has been a hockey player most of his life and feels that the mandatory physical training he has done in his almost four years in the Corps has helped him.

"As far as my opinion concerning sports aboard the base, well, the programs offered are good and the equipment is abundant. But as long as this type of extracurricular training remains a personal goal then I don't have to worry about the gyms being overcrowded."

The second Marine contacted in the Area 4 gym was Terry



Still unable to avoid the lunch time runner, Globe Sports queried Dennis Verzera, a member of Hq. Co., 8th Engineer Bn.

"Well, I don't know what everyone else is saying, but I feel there is plenty of opportunity for Marines aboard the base to pursue any kind of activity they want.

"Some of the equipment is in need of repair or replacement, but Marines are used to making do with what they've got."

There is one thing Verzera would like to see more of: saunas. "After a good, hard workout, it's a great feeling to recuperate in a sauna, but there just aren't that many of them here. Yes, we could use more saunas."

Gary Hebb and Alan Porter, members of "F" Co., 2d Bn., 6th Marines disagree with Verzera when it comes to having plenty of opportunity to pursue activities.

As Hebb put it, "There's not enough time for me to go out and play racquetball anytime I want. Being a brown-bagger, I don't get many opportunities after work because its too late."

Porter, who lives in the barracks, added, "When Hebb goes home, we usually don't have that much free time for ourselves in the barracks. So whenever we

especially in racquetball."

Because these pages are open to all Marines, Globe Sports made special efforts to contact Women Marines and was successful in the form of Virginia Hall and Deanna Locke, members of WM Co.

They were found running the track at Liversedge Stadium, exercise they perform during the lunch hour when duty permits.

Hall from Montana and Locke from Washington State were quick to agree that sports for WM's here is practically non-existent.

There are sports that we can actively participate in", stated Locke, "but except for the few organized activities such as volleyball, basketball and badminton there's nothing else a WM can do."



As for their purpose in running at noon, Locke said she did it "because I enjoy it."

Asked to explain, the young WM said, "When I first started out, it wasn't that much fun. As a matter of fact, I really hated it. But after a while, it became enjoyable. I guess all it took was getting involved."

Hall expressed her reasons as basically the same, with one exception: "Running has always been a big part of my life, and as long as I'm able to do it, I will."

SPORTS SHORTS

Rugby tryouts slated

The Camp Lejeune Rugby Team has announced tryouts for the 1976 team will be held today and Feb. 5 for all interested persons.

The team, which represents the Marine Corps on a local level against colleges and universities, is open to anyone of any command.

Robert McGowan, coach-player of the team, has said the only requirement is the desire to play. "We'll teach the rest."

Location of the tryouts will be on the lighted softball field behind Liversedge Stadium at 5 p.m.

Further information may be obtained by contacting Lt. Robert McGowan during working hours at exts. 3843 or 2813.

Ste-e-e-rike!

Persons with any type of experience in umpiring (whatever the sort) are needed to help officiate high school baseball in this area.

Being in an area with approximately 22 high schools in the region, there is more than enough action scheduled for the umpires here.

Interested persons can contact Bill Kuhn at 455-1693 for information concerning clinic and practice locations.

High level Ping-Pong here

The 1976 FMFLant Table Tennis Tournament will be held here Feb. 24-26.

Hosted by the 2d Marine Division, the tourney will be played under double elimination rules for both singles and doubles events.

One team consisting of a maximum of 12 players for each command is the team limit while the host command will provide all equipment. Those participants desiring to use their own paddles may do so providing each has been inspected and approved by the Tournament Director.

Further information may be obtained by contacting Maj. D.L. Davis, Division Special Services, exts. 5623 or 3636.

Watch your trap

According to the Base Game Protector, six unmarked steel traps were found approximately 50 yards from the Berkeley Manor Housing Area here Monday.

He said that traps must be set at least 500 yards away from any housing area, they must be marked with a name and address, and the game protector must be informed of where traps will be set. In addition, he noted that all traps must be checked daily.

The game protector pointed out that setting traps too close to a housing area creates a significant danger to small children and household pets.

For further information on trapping regulations, or if anyone notices illegally placed traps, contact the Base Game Protector Unit at ext. 2196.



Burleson, a member of Hq Co., Hq. Bn.

Why so far away from other gyms closer to his work area? "Because this is the only gymnasium around here that has any kind of gymnastics equipment."

An active participant in gymnastics since he was three, Burleson regrets that there are not more areas where a Marine can avidly pursue the sport.

"Gymnastics is a sport involving almost all the muscles of the body, so it can only help on the PFT. Yet, this is the only

Big Shots



Volleyball action begins here

Force Troops- 2d FSSG was the first league to begin action in the intramural volleyball league last Monday and three teams sported victories with consecutive wins over their opponents.

In the first encounter of the 1976 season, 8th Comm. Bn. took on arch rival Maint. Bn. and the "communicators" easily defeated their opponents.

Game one showed a determined Maint. Bn. team that got as close as one point from 8th Comm. But the guys from French Creek were not to be denied victory. Playing sound volleyball, successfully utilizing the set-up and finding the weaknesses in the Maint. Bn. defense, Comm. went on to take the game 15-12.

In the second game in the best out of three match, it was 8th Comm. Bn. all the way as they alternated players consistently and went on to an easy victory, 15-7.

Main. Bn. player-coach Evan Emerson commented on the game this way: "Our biggest disadvantage was lack of battalion support. When you've only got six or seven players, it's hard to go against teams with 12 or 13."

Match number two showed an extremely well balanced 2d Tank. Bn. team edge 2d Amtracs 15-10 in the first game while the second contest could hardly be described as that, a contest.

Not holding back in the least, Tanks went on to crush their opponents 15-3.

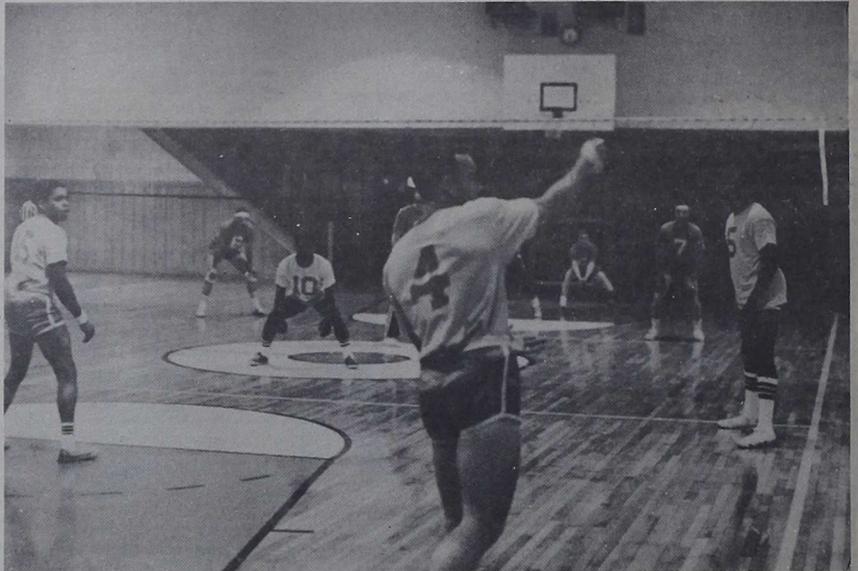
It was the third match up of the night that showed the strangest, if certainly not the most unique, form of action of the night.

Tony Romer, a member of the 2d Radio Bn. team, shutout 8th Motor Transport by the score of 15-0, all by himself.

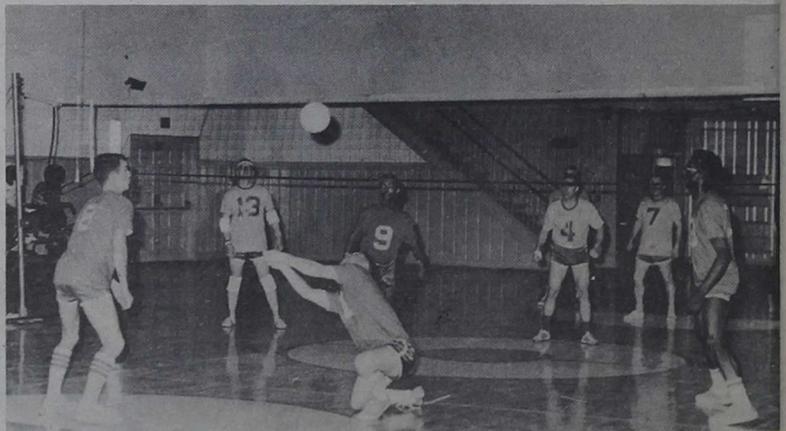
By stating it was Romer by himself is no mistake. The volleyball served 15 straight points and before 8th Motors could figure out a defense against the tricky, twisting serve, the game was over.

Romer's only claim to previous participation in the sport was while stationed in Okinawa.

Completely changing the line-up for the second game, Romer didn't get a chance to demonstrate his unique skill again, but Radio Bn., went on to take that match, 15-9.



THE SERVICE — Tom Shirk of Maint. Bn. demonstrates one version of the serve as teammates Bobby James (15), Isaiah Kelly (5) and Azriel Stovall (10) stand ready to help. In the background, members of the 8th Comm. Bn. team prepare to return the serve.



OVER-THE-SHOULDER — Clenching his hands to prevent a double hit penalty, 8th Comm's Mike Jordan uses an unorthodox position to get the ball over the net. Ready to aid him are teammates Chuck Bilderback (8) and Roy Lopez (9).



THE SMASH — Mike Jordan (11) successfully employs the smash against the attempted block of Maint. Bn.'s Evan Emerson. Using this shot several times, 8th Comm. Bn. went on to beat Maint. Bn. 15-12 and 15-7 in Monday nights action.



THE SET-UP — Azriel Stovall uses the clenched fist method to set-up the ball for teammates Isaiah Kelly (5) and Evan Emerson (9). The smash usually follows the set-up. On the defense for 8th Comm. is Louis Rave (10) and Sterling Bass (13).

Photos by Cpl. Bob Farquhar